

YOUTH AND FAMILIES MATTER

England & Wales · Charity number 1128524

Details

Status Registered

Legal form Charitable company

Company number [06732673](#)

Registered 2009-03-12

Register [View on the Charity Commission register](#)

Contact

Address Testwood Baptist Church
283a Salisbury Road
Totton
Southampton
SO40 3LZ

Phone 02380860320

Email info@youthandfamiliesmatter.org.uk

Website www.youthandfamiliesmatter.org.uk

Activities

Objects: TO ACT AS A RESOURCE FOR CHILDREN, YOUNG PEOPLE AND FAMILIES LIVING IN THE TOTTON AREA OF HAMPSHIRE OR ELSEWHERE (THE AREA OF BENEFIT) BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF: (A) ADVANCING THEIR LIVES AND DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS; (B) ADVANCING EDUCATION; (C) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE BEEN BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS. 2. THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONGST PEOPLE LIVING IN THE AREA OF BENEFIT BY THE PROVISION OF INFORMATION AND ADVICE RELATING TO HEALTHCARE AND PARENTING ISSUES. 3. THE ADVANCEMENT OF EDUCATION AND TRAINING OF ADULTS IN THE AREA OF BENEFIT

Activities: Youth and Families Matter provides the following support... Parenting Support Schools Work for children with emotional difficulties Detached youthwork Family work, including befriending Practical help, as an

agency of Basics Bank project. A combined coffee and charity shop to help provide funds for the work carried out by YFM and to serve as a community base for the locality.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Economic/community Development/employment
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** HAMPSHIRE
- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£313,229	£290,993	-	-
2023-12-31	£282,601	£280,388	-	-
2022-12-31	£249,000	£262,000	-	-
2021-12-31	£236,650	£218,600	-	-
2020-12-31	£242,060	£197,532	-	-

Trustees

Name	Role	Appointed
Raymond Vincent Maher	Chair	
Beatrice Njah		2024-09-18
HUGH FRANCIS BSC HONS		
Julie Sweeney		2023-04-23
Tara Madgwick		2025-09-22

YOUTH AND FAMILIES MATTER

England & Wales - Charity number 1128524

Accounts

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024
FOR
YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)**

YOUTH AND FAMILIES MATTER
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FOR THE YEAR ENDED 31st DECEMBER 2024

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YOUTH AND FAMILIES MATTER
COMPANY INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2024

TRUSTEES: R Maher ACA – Chair
S Reynolds (resigned 7 January 2025)
H Francis FCA
B Njah (appointed 18 September 2024)
J Sweeney
J Woodhouse (resigned 18 September 2024)

REGISTERED OFFICE: Testwood Baptist Church
283A Salisbury Road
Totton
Southampton
Hampshire
SO40 3LZ

REGISTERED NUMBER: 06732673 (England and Wales)

CHARITY NUMBER: 1128524

INDEPENDENT EXAMINER: Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

BANKERS: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024

The Trustees (who are also directors of the charitable company for the purposes of the company law) present their report together with the financial statements of Youth and Families Matter for the year ended 31st December 2024. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter (YFM) exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following –

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

In planning activities for the period, the Trustees have considered the Commission's guidance on Public Benefit and the needs of the local community. The Governors have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The Public Benefit narrative within this report is also set out taking account of PB3.

INTRODUCTION



**The Queen's Award
for Voluntary Service**

YFM is an independent grassroots charity established in Totton (Hampshire) in 1993. We work directly with vulnerable and disadvantaged children, young people and their families to strengthen family relationships, develop resilience and support children, young people, adults and families to thrive. Embedded in the community, volunteers, Trustees and staff are local residents that consult beneficiaries to ensure our services are grounded in local needs. In 2020, in recognition of the charity's impact and excellent use of volunteers, YFM was honoured with the Queens Award for Voluntary Service (the highest award available to charitable organisations and equivalent to an MBE).

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024

Each week the charity works with up to 300 people, who are living in financial hardship or poverty as well as experiencing one or multiple challenges including abuse, addiction, long-term illness, disability and family breakdown. YFM works with people of all backgrounds and a significant proportion of our caseload is made up of people from under-represented groups.

Totton is an area just outside of Southampton with high housing costs and poor social housing, limited affordable housing, inadequate public service provision and low education and training attainment as evidenced by the Index of multiple deprivation¹.

The Trustees have established that the aims and purposes of YFM will primarily be achieved by providing work that is designed around the person and draws from four areas of services offered by the charity. Keeping a family or individual central to the approach, work can take the form of individualised support, group work, educational courses or help with financial hardship – or a blend of one or more of these areas.



YFM offers a person-centred, holistic service that is not timebound, works at the pace appropriate to the complexity of individual needs and circumstances and can work with the whole family unit in a safe, secure and non-judgemental environment. The charity regularly works in different settings with a child, young person and caregiver all affected (often in different ways) by the same situation. This not only gives YFM more insights to provide more targeted help and safeguarding, but it also gives the charity more opportunities to improve outcomes for individuals and the family unit as a whole.

¹ 2019 *English Indices of Deprivation* report: two wards fall within the 10% most deprived neighbourhoods for BARRIERS TO HOUSING AND SERVICES DOMAIN; four fall between 20-30% most deprived neighbourhoods for EDUCATION, SKILLS AND TRAINING DOMAIN and half the wards YFM works in score in the bottom half of the overall INDEX OF MULTIPLE DEPRIVATION.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31st DECEMBER 2024

ACTIVITIES

Throughout 2024 YFM’s activities and achievements were as follows –




Individualised support

For children and young people –


122 children and young people received one to one support in 2024. The majority of this support has been delivered on a medium to long-term basis. The six most common reasons for referral for this support were:

01.




FAMILY BREAKDOWN

02.




MENTAL HEALTH

03.




TRAUMA

04.




SOCIAL DIFFICULTIES

05.



CHAOTIC HOME LIFE

06.



LOSS

1866 one to one sessions took place with children and young people, 1783 of these sessions took place in nine school locations and the remaining 83 sessions took place with young people who are non-attenders or for whom support in school isn’t appropriate.

For adults and families –


266 adults and families received one to one support throughout the year. Some of this intensive support took place over a medium to long term period, whereas some people only needed shorter-term help. The six most common reasons for referral for this support were:

01.




FAMILY CRISIS

02.




MENTAL HEALTH

03.




HOUSING & BENEFITS

04.




DOMESTIC ABUSE

05.



POVERTY

06.

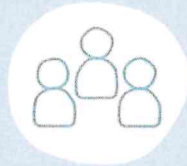


PARENTING

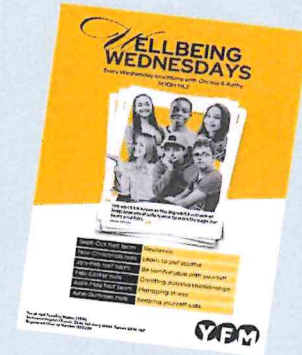
YFM continues to be recognised for the value of offering responsive, flexible and in-home support for adults and families who are vulnerable or in crisis. Feedback from a local school:

“There is always a very quick response from YFM which is often needed as a child and/or family is in crisis and even though multi-agency referrals are put in, these are often accompanied by a lengthy wait for any sort of response. YFM staff are ready and able to visit parents and children in their homes and many parents have fed back how helpful they have found this as appointments are made available which fit in with work too. We also think it is really valuable that parents can be seen at home as they are often more relaxed and able to be open at home.”

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024



Group work



Regular groups –

LUNCHTIME WELLBEING DROP IN at Testwood School, with the aim of covering specific topics during each term. These included wellbeing, exam anxiety, digital safety and personal identity, amongst other things and supported 52 young people.

TBC FRIDAYS - YFM continued to partner with Testwood Baptist Church, to provide a space for Carers to come with their babies, a group for children, and a youth group. The charity supported this initiative with family workers, children, and youth workers. YFM support workers were specifically able to help the children with additional needs to access this provision.

TIDES/STREAMS – bi-weekly support groups for women suffering from depression and anxiety.

COMMUNITY LUNCH – a group for individuals who may feel isolated and don't often get the chance to eat together. This is held at The Chapel.

POST ADOPTION GROUP – This group finished during 2024

ADHD/AUTISM GROUP – a monthly support group for parents of children with ADHD and Autism.

Seasonal group activities –

Community coach trip to the seaside and community family picnic sessions

Christmas Production – Red Riding Hood, performed by Saltmine Theatre

Kung Foo Panda film screening event for families

A summer kayaking trip took place and a separate movie and pizza night for 17 young people

Two specialist nurture days, specifically aimed at the more vulnerable children in the charity's caseload. This was a small group, to enable children to feel comfortable and for the leaders to spend quality time with them. 13 children engaged with these days, most of whom YFM also supports through school.

Alongside the Community hub, seven play sessions were provided during the school holidays.

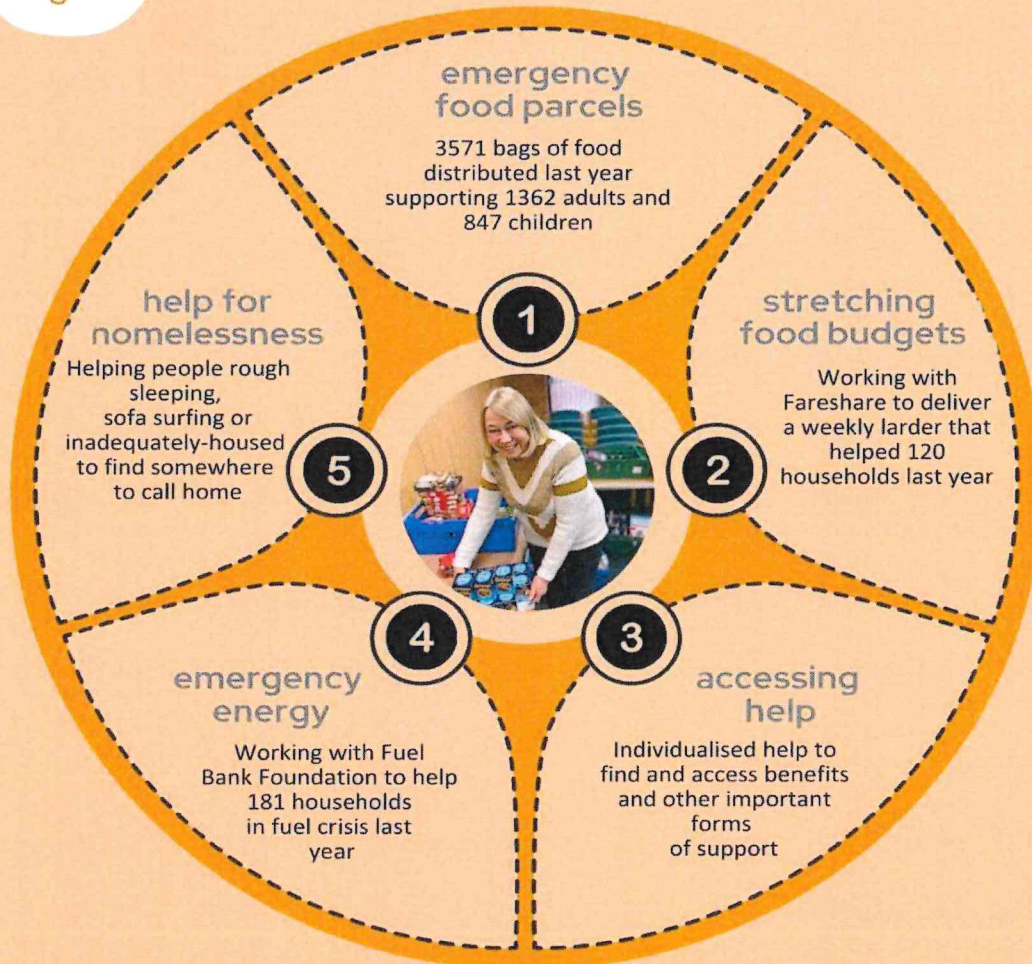
YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31st DECEMBER 2024



Hardship support



Basics Bank (food bank) – There was an increase in the number of working households accessing the support of basics bank. The local community continued to support this project, as well as many organisations and supermarkets, both with food and finances. Notwithstanding this, donations don't cover as much as they used to and more funds now go to topping up food parcels.

Fuel Bank – 181 applications were made to the Fuel Bank Foundation.

Fareshare Larder – run by Fareshare with support from YFM, to provide groceries, for a small charge. Alongside the Fareshare larder, YFM supported clients with benefits advice, housing information, medical appointments etc. This was done through our YFM staff, but also through the New Forest District Council Housing team. The larder here is one of the busier locations for Fareshare and, with average weekly attendance rising to 50 in 2024, the project has come under more pressure in terms of supplies.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024



Courses

MANAGING YOUR CHILD'S ANGRY FEELINGS – three of these courses were run during 2024, supporting 23 people. This group looks at how parents and carers can help their child with anger, focusing on triggers, how to lengthen the fuse and calming strategies.

WILD - a basic skills course for people who may have experienced rejection or felt overlooked by mainstream education or employment support services. WILD is a tailored programme combining emotional coaching and life skills training in an accessible format. Each six-week theme focuses on a specific set of skills like cooking, budgeting, communication, or emotional literacy and the sessions are delivered weekly during term time. 34 sessions took place in 2024 along with 8 outdoor learning trips.



FUNDRAISING ACTIVITIES

Regular newsletters or short videos update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

PARTNERSHIP WORKING

YFM continued to work alongside many local partners during 2024.

Staff attended networking meetings to gain and share information, including New Forest Partnership meetings with NFDC, CAB, Community First, local food banks, and other local organisations. The Project Leader attended the Local Children's Partnership meetings and the team continued to work closely with Children's Services.

YFM continued to be a part of the 'New Forest Cost-of-Living Steering Group', with the aim of addressing poverty to help residents in local communities. The University of Southampton also approached YFM in 2024 to partner on a future research project around food insecurity.

The team were pleased to welcome the CEO of New Forest District Council, along with Cllr Cleary and Cllr Poole, and Ryan Stevens (Service Manager – Revenues, Benefits and Customer Services) to see the work of YFM in action.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024

As in other years, Families Matter (in Hythe) continue to be a valued partner in running selected parenting courses and the charity received increased referrals from the local mental health and social prescribing team for vulnerable adults.

STAFF & VOLUNTEERS

Our team of staff and volunteers continue to be YFM's biggest asset.



Changes in staffing arrangements throughout 2024:

Christina Harris, Children and Youth Worker left her role in December 2024.

Jackie Woodhouse left her role as Trustee of YFM in September 2024 due to relocation.
Beatrice Njah joined the board of Trustees in September 2024.

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

THE CHAPEL

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

The Chapel celebrated 10 years in operation in December 2024 which was an opportunity to celebrate the achievements of the project to date and the considerable impact it has made within the local community.

SAFEGUARDING

Safeguarding is of the utmost importance to YFM and sits on the agenda of every Trustee meeting. The charity's safeguarding policies are reviewed and updated annually by the Board of Trustees and staff and volunteers receive regular training. Kelly Price (Project Leader) is the charity's designated safeguarding lead, with Julie Sweeney serving as the responsible safeguarding trustee.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31st DECEMBER 2024

All staff and volunteers are subject to Disclosure & Barring Service checks before working with children, young people and vulnerable adults. The charity works very closely with Hampshire County Council Children Services department and regularly attend relevant child protection and other relevant meetings as part of joint casework.

SUSTAINABILITY

The fundraising landscape is increasingly challenging, however, YFM is fortunate to have a breadth of support both locally and further afield.

Alike many small charities, YFM has a cautious and considered approach to financial governance including rationalising costs where possible, maximising available income opportunities and pursuing wise investments where relevant.

FEEDBACK FROM PEOPLE YFM HAS SUPPORTED

From a vulnerable woman who received individualised, group and hardship support:

“You’ve helped me come so far. I know I’ve a road to go, yet the climb has been made easier by you. Getting out of the house to a safe place is worth winning the lottery. You remind me of the saying ‘when I only saw one set of footprints I thought I was alone’. I wasn’t though, I had people carrying me.”

From a woman with long term health problems who received group support and attended a course:

“The course has helped me believe in myself and my choices. I feel like it’s given me the ability to accept my limitations, but not be limited by them.”

From a young person who received individualised support:

“I can talk about things that I can’t with my Mum. You don’t have to always talk about negative things- could just have a quiet talk.”



YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024

FINANCIAL REVIEW

Total receipts on unrestricted funds were £168,725 (2023: £146,710). Restricted funds of £144,504 (2023: £135,891) were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net income of £22,236 (2023: £2,213) for the year and reserves are in surplus by £258,161 (2023: £235,925), of which £98,410 (2023: £96,363) are in restricted funds.

The Trustees have recognised the risk to future risk and have allocated unrestricted designated funds of £95,986 (2023: £98,106). Allocated as follows:

- Monies held to ensure cashflow is available to pay salaries as they fall due of £25,000 (2023: £25,000);
- Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service of £15,986 (2023: £18,106);
- The Chapel Café 2025 lease renewal fixed asset reserve of £55,000 (2023: £55,000).

RESERVES POLICY

The Trustees have set a reserves policy which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The Trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2024, free reserves amounted to £63,765 which are in line with the policy.
- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

DIRECTORS AND TRUSTEES

The registered directors of the company are also the Trustees, and details of the Trustees are listed on page 1. Trustees are recruited and appointed by the board of Trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of Trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

Newly appointed trustees are provided with an induction to the Charity through provision of training courses and mentoring by established trustees.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2024

The Trustees delegate the day-to-day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the Trustees are required to: -

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:



R Maher – Director

Date: 22nd September 2025

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the company for the year ended 31st December 2024, which are set out on pages 13 to 24.

Respective responsibilities of Trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records:
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date: 26/9/25

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31st DECEMBER 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME					
Income and endowments from:					
Donations and legacies	3	74,461	-	74,461	56,114
Charitable activities	4	25,533	144,504	170,037	159,499
Other trading activities	5	64,559	-	64,559	64,919
Investment income		4,172	-	4,172	2,069
Total incoming resources		<u>168,725</u>	<u>144,504</u>	<u>313,229</u>	<u>282,601</u>
EXPENDITURE ON:					
Cost of raising funds	6	86,504	-	86,504	77,557
Charitable activities	7	62,032	142,457	204,489	202,831
Total expenditure		<u>148,536</u>	<u>142,457</u>	<u>290,993</u>	<u>280,388</u>
Net income/(expenditure) before transfers		20,189	2,047	22,236	2,213
Transfers between funds		-	-	-	-
Net Movement in Funds for the year		<u>20,189</u>	<u>2,047</u>	<u>22,236</u>	<u>2,213</u>
Total Funds:					
Brought Forward		139,562	96,363	235,925	233,712
Carried Forward		<u>159,751</u>	<u>98,410</u>	<u>258,161</u>	<u>235,925</u>

All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 24 form an integral part of these financial statements.

YOUTH AND FAMILIES MATTER

BALANCE SHEET AT 31st DECEMBER 2024

Company Registration No. 06732673

		2024		2023	
	Notes	£	£	£	£
Fixed Assets					
Tangible assets	11		5,948		277
Current assets					
Debtors	12	5,861		7,429	
Cash at bank and in hand		<u>252,191</u>		<u>234,460</u>	
		258,052		241,889	
Creditors: Amounts falling due within one year	13	<u>(5,839)</u>		<u>(6,241)</u>	
Net current assets			252,213		235,648
Total assets less current liabilities			<u>258,161</u>		<u>235,925</u>
The funds of the charity:					
Restricted Funds	14		98,410		96,363
Unrestricted funds					
Designated funds		95,986		98,106	
General funds		<u>63,765</u>		<u>41,456</u>	
			159,751		139,562
Total charity funds			<u>258,161</u>		<u>235,925</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2024 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the Board of Trustees on 22nd September 2025 and signed on its behalf by:



 R Maher - Director

The notes on pages 15 to 24 form an integral part of these financial statements.

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2024

1 General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

2 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Statement of compliance and basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (Charities SORP (FRS 102)), the Companies Act 2006 and the Charities Act 2011.

Accounting convention

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

Classification of expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets costing, or deemed value for donations, more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Asset	Depreciation rate
Leasehold improvements	Over period of lease
Equipment	25% straight line
Motor vehicles	25% straight line

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2024

2 Accounting policies (continued)

Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 14 to the accounts. Designated funds are allocated out of unrestricted funds by the Trustees for specific purposes. The use of such funds is at the trustees' discretion.

Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangement entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transactions. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for similar debt instruments.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Donations and legacies

	Unrestricted Funds		Restricted Funds		Total Funds	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Testwood Baptist Church	4,248	4,200	-	-	4,248	4,200
Gift Aid	8,942	2,999	-	-	8,942	2,999
Other donations and gifts	46,671	40,115	-	-	46,671	40,115
	59,861	47,314	-	-	59,861	47,314
Gifts in kind:						
Minibus	5,000	-	-	-	5,000	-
Office space provided by Testwood Baptist Church	9,600	8,800	-	-	9,600	8,800
	74,461	56,114	-	-	74,461	56,114

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2024

4 Charitable activities

	Unrestricted Funds		Restricted Funds		Total Funds	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Grants and Awards (note 14)	-	-	144,504	135,891	144,504	135,891
Fees received	13,983	14,702	-	-	13,983	14,702
Other income	11,550	8,906	-	-	11,550	8,906
	<u>25,533</u>	<u>23,608</u>	<u>144,504</u>	<u>135,891</u>	<u>170,037</u>	<u>159,499</u>

5 Other trading activities

	Unrestricted Funds		Restricted Funds		Total Funds	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
The Chapel café	41,208	41,707	-	-	41,208	41,707
Sale of donated goods	21,999	22,270	-	-	21,999	22,270
Rent received	-	-	-	-	-	-
Fundraising events	1,352	942	-	-	1,352	942
	<u>64,559</u>	<u>64,919</u>	<u>-</u>	<u>-</u>	<u>64,559</u>	<u>64,919</u>

6 Costs of raising funds

	Unrestricted Funds		Restricted Funds		Total Funds	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Staff costs	21,756	18,239	-	-	21,756	18,239
Publicity	744	5,251	-	-	744	5,251
	<u>22,500</u>	<u>23,490</u>	<u>-</u>	<u>-</u>	<u>22,500</u>	<u>23,490</u>
The Chapel café costs	26,565	21,299	-	-	26,565	21,299
The Chapel staff costs	37,439	32,768	-	-	37,439	32,768
	<u>64,004</u>	<u>54,067</u>	<u>-</u>	<u>-</u>	<u>64,004</u>	<u>54,067</u>
	<u>86,504</u>	<u>77,557</u>	<u>-</u>	<u>-</u>	<u>86,504</u>	<u>77,557</u>

The Chapel costs represent 69.7% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services.

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2024

7 Charitable activities costs

	Unrestricted Funds		Restricted Funds		Total Funds	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Staff costs	23,816	44,259	141,831	119,022	165,647	163,281
Direct costs	26,927	30,843	626	-	27,553	30,843
Support costs	9,202	6,877	-	-	9,202	6,877
Governance costs	2,087	1,830	-	-	2,087	1,830
	<u>62,032</u>	<u>83,809</u>	<u>142,457</u>	<u>119,022</u>	<u>204,489</u>	<u>202,831</u>
<i>Staff costs:</i>						
Staff salaries	23,208	42,406	141,831	119,022	165,039	161,428
Training	608	1,853	-	-	608	1,853
	<u>23,816</u>	<u>44,259</u>	<u>141,831</u>	<u>119,022</u>	<u>165,647</u>	<u>163,281</u>
<i>Direct costs:</i>						
Project costs	15,505	19,694	626	-	16,131	19,694
Church (gifts in kind)	9,600	8,800	-	-	9,600	8,800
Depreciation	347	92	-	-	347	92
Travel expenses	1,475	2,257	-	-	1,475	2,257
	<u>26,927</u>	<u>30,843</u>	<u>626</u>	<u>-</u>	<u>27,553</u>	<u>30,843</u>
<i>Support costs:</i>						
Bank charges	815	370	-	-	815	370
Equipment	918	96	-	-	918	96
Insurance	1,725	2,439	-	-	1,725	2,439
IT costs	1,397	677	-	-	1,397	677
Payroll administration	2,160	1,164	-	-	2,160	1,164
Postage and stationery	458	244	-	-	458	244
Sundry	929	1,250	-	-	929	1,250
Telephone and internet	800	637	-	-	800	637
	<u>9,202</u>	<u>6,877</u>	<u>-</u>	<u>-</u>	<u>9,202</u>	<u>6,877</u>
<i>Governance costs:</i>						
Sundry	47	-	-	-	47	-
Independent Examiner's fee	2,040	1,830	-	-	2,040	1,830
	<u>2,087</u>	<u>1,830</u>	<u>-</u>	<u>-</u>	<u>2,087</u>	<u>1,830</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 10,012 hours of voluntary work (2023: 9,537).

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2024

8 Staff costs

No remuneration or expenses were paid to Trustees in the year (2023: £nil). The costs of the remaining staff were:

	2024	2023
	£	£
Wages and salaries	209,191	199,068
Social security costs	5,937	5,092
Pension costs	9,106	8,527
	<u>224,234</u>	<u>212,687</u>

No employee earned more than £60,000 during the year.

The number of staff employed by the charity during the year was as follows:

	2024	2023
	No.	No.
Average full time equivalent number of staff employed	<u>6.8</u>	<u>7.3</u>
Average number of staff employed (headcount)	<u>15.0</u>	<u>15.0</u>

9 Net income/ (expenditure) for the year

This is stated after charging:

	2024	2023
	£	£
Depreciation of tangible fixed assets	347	92
Independent examiner's remuneration	<u>2,040</u>	<u>1,830</u>

10 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are administered by Trustees in a fund independent from those of the charity. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £9,106 (2023: £8,527).

YOUTH AND FAMILIES MATTER

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2024**

11 Tangible fixed assets

	Short Leasehold Improve- ments	Motor vehicles	Fixtures & Equipment	Total
	£	£	£	£
Cost or valuation				
As at 1 January 2024	23,745	-	8,365	32,110
Additions	-	5,000	1,018	6,018
As at 31 December 2024	<u>23,745</u>	<u>5,000</u>	<u>9,383</u>	<u>38,128</u>
Depreciation				
As at 1 January 2024	23,745	-	8,088	31,833
Charge for the year	-	-	347	347
As at 31 December 2024	<u>23,745</u>	<u>-</u>	<u>8,435</u>	<u>32,180</u>
Net book value				
As at 31 December 2024	<u>-</u>	<u>5,000</u>	<u>948</u>	<u>5,948</u>
As at 31 December 2023	<u>-</u>	<u>-</u>	<u>277</u>	<u>277</u>

In 2014, the charity received a licence to occupy the property known as "The Chapel". The Chapel Trustees are in the final stages to extend the lease to Youth and Families Matter for a further 7 years.

12 Debtors

	2024	2023
	£	£
Trade debtors	-	4,513
Gift Aid recoverable	4,666	2,916
Prepayments and accrued income	1,195	-
	<u>5,861</u>	<u>7,429</u>

13 Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	1,498	652
Social security and other taxes	-	-
Other creditors and accruals	4,341	5,589
	<u>5,839</u>	<u>6,241</u>

YOUTH AND FAMILIES MATTER

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

14 Funds

	Balance at 1 January 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2024 £
Restricted Funds:					
Abri Grant	-	3,000	(1,826)	-	1,174
Albert Hunt Trust	2,000	-	(2,000)	-	-
ASDA (Equipment & Resources)	-	1,200	(439)	-	761
ASDA Foundation (Basics Bank)	-	1,000	-	-	1,000
Barker Mill Foundation	2,625	-	(2,625)	-	-
Churchill Foundation	1,666	-	(1,666)	-	-
Co-Op Local Community Grant	2,040	-	(2,040)	-	-
F J Wallis Charitable Trust	87	3,000	(1,781)	-	1,306
Garfield Weston Foundation	-	25,000	(21,705)	-	3,295
Hampshire County Council: Connect4Communities	1,650	3,265	(2,383)	-	2,532
Hampshire County Council: County Councillor Grant (DH)	944	1,622	(1,511)	-	1,055
Hampshire County Council: Leaders Grant	-	2,700	-	-	2,700
Hampshire & Isle of Wight Community Foundation (HIWCF)	7,921	8,052	(6,327)	-	9,646
It's Your Choice	1,036	2,116	(2,516)	-	636
Local Children's Partnership	2,887	1,559	(3,900)	-	546
MJB Charitable Trust	27,300	30,000	(29,800)	-	27,500
Neville Close	18,081	-	(18,081)	-	-
New Forest District Council: Councillor John Sleep	-	300	(300)	-	-
New Forest District Council: Councillor Richard Young	-	100	(100)	-	-
New Forest District Council: Revenue Grant	2,503	9,500	(9,015)	-	2,988
Peggy Heron Fund	-	20,000	-	-	20,000
Red Hill Trust	4,455	5,630	(5,427)	-	4,658
Royal Warrant Holders Association	1,668	-	(1,668)	-	-
Simply Health LCIF	2,500	-	(2,500)	-	-
The Edward Gostling Foundation (The Act Foundation)	17,000	25,000	(24,000)	-	18,000
The Listeners Trust	-	1,460	(847)	-	613
	<u>96,363</u>	<u>144,504</u>	<u>(142,457)</u>	<u>-</u>	<u>98,410</u>
Designated Funds					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	(2,120)	-	15,986
(c) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>(2,120)</u>	<u>-</u>	<u>95,986</u>
General Funds					
Other charitable funds	41,456	168,725	(146,416)	-	63,765
	<u>41,456</u>	<u>168,725</u>	<u>(146,416)</u>	<u>-</u>	<u>63,765</u>
Total unrestricted funds	<u>139,562</u>	<u>168,725</u>	<u>(148,536)</u>	<u>-</u>	<u>159,751</u>
Total Funds	<u>235,925</u>	<u>313,229</u>	<u>(290,993)</u>	<u>-</u>	<u>258,161</u>

YOUTH AND FAMILIES MATTER

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2024**

14 Funds (continued)

	<i>Balance at</i>				<i>Balance at</i>
2023	<i>1 January</i>	<i>Incoming</i>	<i>Resources</i>	<i>Transfers</i>	<i>31 December</i>
	<i>2023</i>	<i>resources</i>	<i>expended</i>		<i>2023</i>
	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
Restricted Funds:					
Albert Hunt Trust	-	3,000	(1,000)	-	2,000
Asda Foundation	-	(200)	200	-	-
Barker Mill Foundation	-	3,000	(375)	-	2,625
Churchill Foundation	-	2,000	(334)	-	1,666
Citizens Advice Bureau: Community Hub	1,688	-	(1,688)	-	-
Co-Op Local Community Grant	1,228	2,380	(1,568)	-	2,040
Exxon Mobile	-	500	(500)	-	-
F J Wallis Charitable Trust	-	1,000	(913)	-	87
Garfield Weston Foundation	10,639	-	(10,639)	-	-
Hampshire County Council: Connect4Communities	-	4,950	(3,300)	-	1,650
Hampshire County Council: County Councillor Grant (DH)	1,120	2,009	(2,185)	-	944
Hampshire County Council: Get Going Again Fund	3,305	-	(3,305)	-	-
Hampshire & Isle of Wight Community Foundation (HIWCF): National Emergencies Trust (NET-DCMS)	2,741	7,921	(2,741)	-	7,921
Hampshire County Council: Neville Penman	-	500	(500)	-	-
Hampshire County Council: Website	-	2,600	(2,600)	-	-
Henry Smith	3,696	-	(3,696)	-	-
Julia & Hans Rausing	-	8,233	(8,233)	-	-
It's Your Choice	-	4,000	(2,964)	-	1,036
Local Children's Partnership	-	5,450	(2,563)	-	2,887
MJB Charitable Trust	21,887	30,000	(24,587)	-	27,300
Neville Close	15,860	11,699	(9,478)	-	18,081
New Forest District Council Business Grant	3,722	-	(3,722)	-	-
New Forest District Council: Councillor Russell Grant	600	-	(600)	-	-
New Forest District Council: Restart Grant	8,000	-	(8,000)	-	-
New Forest District Council: Revenue Grant	1,644	10,000	(9,141)	-	2,503
New Forest District Council: Supporting Communities	341	-	(341)	-	-
New Forest District Council: Warm Space Fund	600	-	(600)	-	-
Red Hill Trust	2,423	5,349	(3,317)	-	4,455
Royal Warrant Holders Association	-	2,500	(832)	-	1,668
Simply Health LCIF	-	2,500	-	-	2,500
The Edward Gostling Foundation (The Act Foundation)	-	25,000	(8,000)	-	17,000
The Listeners	-	500	(500)	-	-
The Westerleigh Group	-	1,000	(1,000)	-	-
Total restricted funds	79,494	135,891	(119,022)	-	96,363

YOUTH AND FAMILIES MATTER

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2024**

14 Funds (continued)

	<i>Balance at</i>				<i>Balance at</i>
2023	<i>1 January</i>	<i>Incoming</i>	<i>Resources</i>	<i>Transfers</i>	<i>31 December</i>
	<i>2023</i>	<i>resources</i>	<i>expended</i>		<i>2023</i>
	£	£	£	£	£
Designated Funds					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(c) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>98,106</u>
General Funds					
Other charitable funds	56,112	146,710	(161,366)	-	41,456
	<u>56,112</u>	<u>146,710</u>	<u>(161,366)</u>	<u>-</u>	<u>41,456</u>
Total unrestricted funds	<u>154,218</u>	<u>146,710</u>	<u>(161,366)</u>	<u>-</u>	<u>139,562</u>
Total Funds	<u>233,712</u>	<u>282,601</u>	<u>(280,388)</u>	<u>-</u>	<u>235,925</u>

Designated Funds

- (a) Monies held to ensure cashflow is available to pay salaries as they fall due.
- (b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.
- (c) The Chapel Café 2025 lease renewal fixed asset reserve.

Restricted Funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Monies received from:

- Abri grant for Basics Bank
- Albert Hunt Trust Income for out of school youth work
- ASDA (Equipment and resources) for Basics Bank
- ASDA Foundation (Basics Bank) for food
- Barker Mill Foundation for one to one work
- Churchill Foundation for one to one youth work
- Co-Op Local Community Grant for community work
- FJ Wallis Charitable Trust for core costs
- Garfield Weston Foundation for core costs and revenue spending
- HCC Connect4Communities for Basics Bank
- HCC Grant (Cllr David Harrison) for Autism support group
- HCC leaders grant towards a new parenting course
- HIWCF towards WILD- skills group for adults
- It's Your Choice for youth work
- Local Children's Partnership for activity sessions for children
- MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk
- Neville Close for core costs
- New Forest District Council Revenue Grant for running costs
- New Forest District Council Cllr John Sleep for Basics Bank
- New Forest District Council Cllr Richard Young for Basics Bank
- Peggy Heron Fund for core costs
- Red Hill Trust towards the cost of work in schools
- Royal Warrant Holders Association for tides and streams funding
- Simply Health Local Community Impact Fund was towards one to one work
- The Edward Gostling Foundation (The Act Foundation) towards core costs
- The Listeners Trust towards work with vulnerable adults

YOUTH AND FAMILIES MATTER

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2024**

15 Analysis of fund balances between net assets

	Total				
	General	Designated	Unrestricted	Restricted	Total
	funds	funds	funds	funds	funds
	£	£	£	£	£
Tangible fixed assets	5,948	-	5,948	-	5,948
Current assets	63,656	95,986	159,642	98,410	258,052
Current liabilities	(5,839)	-	(5,839)	-	(5,839)
Total funds	63,765	95,986	159,751	98,410	258,161
	£	£	£	£	£
<i>2023</i>					
<i>Tangible fixed assets</i>	277	-	277	-	277
<i>Current assets</i>	47,420	98,106	145,526	96,363	241,889
<i>Current liabilities</i>	(6,241)	-	(6,241)	-	(6,241)
<i>Total funds</i>	<i>41,456</i>	<i>98,106</i>	<i>139,562</i>	<i>96,363</i>	<i>235,925</i>

16 Financial instruments

	2024	2023
	£	£
Categorisation of financial instruments:		
Financial assets that are debt instrument measured at amortised cost	256,857	241,889
Financial liabilities measured at amortised cost	5,839	6,241

Items of income, expense, gains or losses

The total interest income for financial assets not measured at fair value through profit or loss is £4,172 (2023: £2,069).

17 Related party transactions

There were no related party transactions during the year.

YOUTH AND FAMILIES MATTER

England & Wales - Charity number 1128524

Accounts

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

FOR

YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)

YOUTH AND FAMILIES MATTER

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FOR THE YEAR ENDED 31st DECEMBER 2023

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YOUTH AND FAMILIES MATTER

COMPANY INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2023

TRUSTEES:	R Maher ACA – Chair S Reynolds H Francis FCA J Woodhouse
REGISTERED OFFICE:	Testwood Baptist Church 283A Salisbury Road Totton Southampton Hampshire SO40 3LZ
REGISTERED NUMBER:	06732673 (England and Wales)
CHARITY NUMBER:	1128524
INDEPENDENT EXAMINER:	Scott Vevers Ltd Chartered Accountants & Registered Auditors 65 East Street Bridport Dorset DT6 3LB
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

The trustees who are also directors of the Charity for the purposes of the Companies Act present their report together with the financial statements of the Charity for the year ended 31st December 2023. They are also prepared to meet the requirements for a director's report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following -

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have established that the aims and purposes of Youth and Families Matter will primarily be achieved by providing the following -

- Parenting support
- Schools work
- Detached youth work
- Family work, including befriending
- Community development work
- Practical help through the provision of food parcels

In planning activities for the period, the Trustees have considered the Commission's guidance on Public Benefit and the needs of the local community. The Governors have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The Public Benefit narrative within this report is also set out taking account of PB3.

Throughout the period our activities and achievements were as follows -

Family & Community Work

- Coffee morning – a weekly support group for adults, including sessions on specific topics (Craft, Managing your money, parenting tips).
- ADHD/Autism support group – a monthly support group for parents of children with ADHD and Autism. As well as support from our Community Worker and volunteers, we have invited in specialist speakers to give advice on specific topics affecting these families.
- One to one support – targeted support to assist vulnerable families or families in crisis.
- Basics Bank (food bank) – Emergency food parcels for families in need. Basics Bank supported 2491 adults and children during 2023. We saw an increase in the number of families with children accessing the support of basics bank. The local community continued to support this project, as well as many organisations and supermarkets, both with food and finances, although we did notice a decrease in the amount of donations, in part due to the cost-of-living increases affecting everyone. We had to spend more money on topping up groceries and were thankfully successful in obtaining a couple of specific grants towards this work.
- Fuel Bank – 167 applications were made to the Fuel Bank Foundation, an increase of 33% from 2022. With the rising cost of fuel during 2023 we were expecting to see the rise.
- Fareshare Larder – run by the Fareshare Charity and using the church site, with support from YFM, to provide groceries, for a small charge, to those in need. Approximately 95 families were represented over the year, with between 30-40 attending each week. Alongside the Fareshare larder, we supported clients with benefits advice, housing information, medical appointments etc. This was done through our YFM staff, but

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

also through Citizens Advice, NFDC Housing and benefits team. We also welcomed other local agencies to provide advice and support on ways to save money.

- TIDES – support group for women suffering from depression and anxiety.
- STREAMS – a second group for women suffering from depression and anxiety.
- Managing your child's angry feelings – two of these courses were run during 2023, supporting 18 people. This group looks at how to help your child with their anger, focusing on triggers, how to lengthen the fuse and calming strategies.
- Supporting Parents of Teenagers (SPOT) – one of these courses was run during 2023, supporting 7 parents. This group looks at topics such as communication, rules and boundaries, behaviour and conflict, parenting styles
- Belong – a group for vulnerable adults to have company and improve community integration.
- Community Lunch – a group for individuals who may feel isolated and don't often get the chance to eat together. This is held at The Chapel.
- Post-Adoption Group – The group supports families who have adopted children and gives them the opportunity to meet with others in a similar situation. This group meets at The Chapel.
- Warm Space – due to the cost-of-living crisis, we hosted a warm space on a Wednesday morning, alongside the Community Hub.
- Family trips – we hosted a community picnic for our families
- Christmas film and grotto – we hosted a family film and Santa's grotto for the families we work with at no cost to them.

On top of basics bank and the larder, we supported over 300 individuals through 1:1 and group work. We delivered over 250 group sessions over 2023. Our partnership with schools developed to provide them with family support, as well as support for the children in school.

Schools & Youth Work

- One to one mentoring with eight primary and two secondary schools – working with 151 children and young people who have emotional needs, or who are at risk of exclusion.
- Out of School Mentoring – working with seven young people out of school, to provide support and guidance.
- Activity Day – we hosted a movie and pizza night for the young people.
- We held two nurture days, specifically aimed at the more vulnerable children we work with. This was a small group, to enable them to feel comfortable and for the leaders to spend quality time with them. We were able to support 15 children through this, most of whom we also support through school.
- Alongside the Community hub, we provided eight play sessions for the children to attend during the school holidays.
- We continued to provide a lunchtime drop-in at Testwood School, with the aim of covering specific topics during each term. These included wellbeing, exam anxiety, digital safety and personal identity, amongst other things.
- We continued with our partnership project with Testwood Baptist Church, to provide a space for Carers to come with their babies, a group for children, and a youth group. YFM supported this initiative with family workers, children, and youth workers. We have been very encouraged to see so many of the children and young people we support continue to come along to build on friendships, learn new skills and enjoy time out. We were specifically able to help the children with additional needs to access this provision.

Our partnership with local schools developed over this year, and we started to provide more than one session of support in three of the local schools. In total we worked with over 350 children and young people.

Fundraising Activities

Regular newsletters or short videos update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

Community Involvement

YFM hosted the children's tent at the Totton Family Fun Day, which was held at Testwood School in June 2023, and was very well attended.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2023

YFM had involvement in Totton Lantern Parade, hosting a games tent.

Partnership Working

We continued to work alongside many of our local partners during 2023.

We attended networking meetings to gain and share information, including New Forest Partnership meetings with NFDC, CAB, Community First, local food banks, and other local organisations. We attended the Local Children's Partnership meetings. We continued to support the Early Help Hub meetings, run by Children's Services.

We continued to be a part of the 'New Forest Cost-of-Living Steering Group', with the aim of producing a poverty action plan to help residents in our local communities.

Staff & Volunteers

Noami Maher left her role as Youth Worker in June 2023

Carolyn Chance left her role as Communications Office in May 2023

Hannah Price joined the team as Project Coordinator in July 2023

Kathy Harrison joined the team as a Children and Youth Worker in September 2023

Julie Sweeney became a YFM Trustee in April 2023

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

The Chapel

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

PLANS FOR FUTURE PERIODS

Family & Community Work

Continuation of current work, including

- TIDES – weekly support group for adults, including sessions on specific topics.
- Streams - weekly support group for adults, including sessions on specific topics.
- ADHD & Autism support group – for parents of children with ADHD and Autism.
- One to one – One to one support for vulnerable families and families in crisis.
- Family trips – These enable parents and children to spend a day out together, provided at a discounted rate, with travel included.
- Basics Bank – provision of emergency food parcels to families in need.
- Fuel Bank – provision of support, working with the Fuel Bank Foundation
- Community hub – providing support through Fareshare, as well as partnerships with other local agencies.
- SPOT (Supporting Parents of Teenagers) – a six-week course for parents of teenagers, looking at communications, rules & boundaries, conflict & behaviour, parenting styles.
- Anger Management – a six-week course for parents, to help them in managing their children's angry outbursts. The programme was written by Youth and Families Matter, Families Matter and Hampshire Education Psychology service.
- Family Foundations Parenting course/bespoke parenting course.
- Post-Adoption group.
- A new project called 'WILD' - focusing on the development of life skills, community empowerment and coaching for 'hidden learners. Aimed at those who need a bit of extra support to access learning.
- Community Lunch.
- Christmas Treat Day.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

Schools & Youth Work

Continuation of current work, including -

- One to one mentoring with primary and secondary pupils – working with children who have emotional needs, or who are at risk of exclusion.
- Out of school mentoring for young people aged 11 – 18, to provide a positive role model, information, advice, and guidance.
- After School drop-in.
- A summer programme for children and young people.
- Partnership working to provide a youth club and other appropriate youth activities.
- Lunchtime drop-in session for pupils at the local secondary school, focusing on issues of concern.
- Holiday provision, including play days alongside community hub.

The Chapel

We aim to continue developing The Chapel to improve community access to our sessions. The staff team will continue to recruit and train volunteers. The Chapel celebrates 10 years of operating in September 2024.

Staff & Volunteers

We will continue to support and train our staff and volunteers, and look to fill any gaps in the team, to enable us to support the growing numbers of referrals.

Sustainability

Due to the changing financial climate, and a decrease in available statutory funding, we continue to find alternative ways to fund the work of YFM. This is done in a variety of different ways:

- The Chapel
- Increased personal donations
- Development of school contributions towards schools and parenting work
- Grants and fundraising

FINANCIAL REVIEW

Total receipts on unrestricted funds were £146,710. Restricted funds of £135,891 were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net income of £2,213 (2022 – deficit of £12,743) for the year and reserves are in surplus by £235,925, of which £96,363 are in restricted funds.

RESERVES POLICY

The trustees have set a **reserves policy** which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2023, free reserves amounted to £41,456 which are in line with the policy.
- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

DIRECTORS AND TRUSTEES

The registered directors of the company are also the trustees, and details of the trustees are listed on page 1. Trustees are recruited and appointed by the board of trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

The Trustees delegate the day-to-day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the trustees are required to: -

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:


R Maher – Director

24/9/24
Date:

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH AND FAMILIES MATTER

I report on the accounts of the company for the year ended 31st December 2023, which are set out on pages 8 to 19.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date: 28/09/24

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST DECEMBER 2023

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and endowments from:					
Donations and legacies	2	56,114	-	56,114	56,140
Charitable activities	3	23,608	135,891	159,499	138,868
Other trading activities	4	64,919	-	64,919	53,381
Investments (Bank interest)		2,069	-	2,069	568
Total income		<u>146,710</u>	<u>135,891</u>	<u>282,601</u>	<u>248,957</u>
Expenditure on:					
Cost of raising funds	5	77,557	-	77,557	75,501
Charitable activities	6	83,809	119,022	202,831	186,199
Total expenditure		<u>161,366</u>	<u>119,022</u>	<u>280,388</u>	<u>261,700</u>
Net income/ (expenditure) for the year		(14,656)	16,869	2,213	(12,743)
Transfers		-	-	-	-
Net movement in funds for the year		<u>(14,656)</u>	<u>16,869</u>	<u>2,213</u>	<u>(12,743)</u>
Reconciliation of funds					
Funds at 1st January 2023		154,218	79,494	233,712	246,455
Total funds at 31st December 2023		<u><u>139,562</u></u>	<u><u>96,363</u></u>	<u><u>235,925</u></u>	<u><u>233,712</u></u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 10 to 19 form part of these financial statements

YOUTH AND FAMILIES MATTER
BALANCE SHEET
AS AT 31ST DECEMBER 2023

	Notes	2023		2022	
		£	£	£	£
Tangible fixed assets	9		277		-
Current assets					
Debtors	10	7,429		7,552	
Cash at bank and in hand		234,460		232,888	
		<u>241,889</u>		<u>240,440</u>	
Creditors: Amounts falling due within one year	11				
		<u>(6,241)</u>		<u>(6,728)</u>	
Net current assets			235,648		233,712
Total assets less current liabilities			<u>235,925</u>		<u>233,712</u>
The funds of the charity:					
Restricted income funds	13		96,363		79,494
Unrestricted income funds:	12				
Designated funds		98,106		98,106	
Other charitable funds		<u>41,456</u>		<u>56,112</u>	
Total unrestricted funds			139,562		154,218
Total charity funds			<u>235,925</u>		<u>233,712</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime under the Companies Act 2019.

The Financial statements were approved by the board on 17th September 2024



R Maher -Director

The notes on pages 10 to 19 form part of these financial statements

General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102), the Companies Act 2006 and the Charities Act 2011.

1.2 Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

1.3 Expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold improvements	Over period of lease
Equipment	25% straight line

1.5 Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 13 to the accounts. Designated funds are allocated out of unrestricted funds by the trustees for specific purposes. The use of such funds is at the trustees' discretion.

2 Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Testwood Baptist Church	4,200	-	4,200	16,959
Gift Aid	2,999	-	2,999	6,474
Other donations and gifts	40,115	-	40,115	24,353
	<u>47,314</u>	<u>-</u>	<u>47,314</u>	<u>47,786</u>
Rent & Services from the church (Gifts in kind)	8,800	-	8,800	8,354
	<u>56,114</u>	<u>-</u>	<u>56,114</u>	<u>56,140</u>

2022	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Testwood Baptist Church	16,959	-	16,959	13,200
Gift Aid	6,474	-	6,474	6,090
Other donations and gifts	24,353	-	24,353	34,484
	<u>47,786</u>	<u>-</u>	<u>47,786</u>	<u>53,774</u>
Rent & Services from the church (Gifts in kind)	8,354	-	8,354	7,595
	<u>56,140</u>	<u>-</u>	<u>56,140</u>	<u>61,369</u>

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Grants and Awards:				
Albert Hunt Trust	-	3,000	3,000	-
Arnold Cark	-	-	-	(238)
Asda Foundation	-	(200)	(200)	-
Barker Mill Foundation	-	3,000	3,000	-
Churchill Foundation	-	2,000	2,000	-
Citizens Advice Bureau: Community Hub Play Sessions Grant	-	-	-	1,000
Citizens Advice Bureau: Community Hub Grant	-	-	-	1,688
Co-Op Local Community Grant	-	2,380	2,380	1,859
Exxon Mobile	-	500	500	-
F J Wallis Charitable Trust	-	1,000	1,000	5,000
Garfield Weston	-	-	-	20,000
Hampshire County Council: Connect4Communities	-	4,950	4,950	-
Hampshire County Council: County Councillor Grant (DH)	-	2,009	2,009	2,300
Hampshire County Council: Get Going Again Fund	-	-	-	6,162
Hampshire County Council: Oaks Federation	-	-	-	(1,086)
Hampshire County Council: Neville Penman	-	500	500	-
Hampshire County Council: Website	-	2,600	2,600	-
Hedley Foundation	-	-	-	800
Henry Smith	-	-	-	5,000
HIWCF	-	7,921	7,921	4,051
Julia & Hans Rausing	-	8,233	8,233	-
It's Your Choice	-	4,000	4,000	-
Local Communities Fund	-	5,450	5,450	-
Local Impact Community Fund (Simply Health)	-	2,500	2,500	-
MJB Charitable Trust	-	30,000	30,000	30,000
Neville Close	-	11,699	11,699	20,000
New Forest District Council Basics Foodbank	-	-	-	8,677
New Forest District Council: Councillor Russell Grant	-	-	-	600
New Forest District Council Revenue Grant	-	10,000	10,000	10,000
New Forest District Council: Warm Space Fund	-	-	-	600
Red Hill Trust	-	5,349	5,349	3,184
Royal Warrant Holders Association	-	2,500	2,500	-
The Edward Gostling Foundation (The Act Foundation)	-	25,000	25,000	-
The Listeners	-	500	500	985

The Westerleigh Group	-	1,000	1,000	-
Fees received	14,702	-	14,702	10,070
Other income	8,906	-	8,906	8,216
	<u>23,608</u>	<u>135,891</u>	<u>159,499</u>	<u>138,868</u>

3 Income from charitable activities (continued)

2022	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<i>Grants and Awards:</i>				
Arnold Cark	-	(238)	(238)	1,000
Citizens Advice Bureau: Community Hub Play Sessions Grant	-	1,000	1,000	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	1,688	-
Co-Op Local Community Grant	-	1,859	1,859	-
F J Wallis Charitable Trust	-	5,000	5,000	5,000
Garfield Weston	-	20,000	20,000	20,000
Hampshire County Council: County Councillor Grant (DH)	-	2,300	2,300	1,900
Hampshire County Council: Get Going Again Fund	-	6,162	6,162	-
Hampshire County Council: Oaks Federation	-	(1,086)	(1,086)	3,000
Hedley Foundation	-	800	800	-
Henry Smith	-	5,000	5,000	5,000
HIWCF	-	4,051	4,051	3,381
HMRC JRS Grant	-	-	-	11,194
Local Impact Community Fund (Simply Health)	-	-	-	4,074
MJB Charitable Trust	-	30,000	30,000	25,000
Neville Close	-	20,000	20,000	10,000
Newby Trust	-	-	-	5,000
New Forest District Council Business Grant	-	-	-	9,374
New Forest District Council Basics Foodbank	-	8,677	8,677	-
New Forest District Council: Councillor Russell Grant	-	600	600	-
New Forest District Council: Fuel Bank	-	-	-	2,000
New Forest District Council Restart Grant	-	-	-	8,000
New Forest District Council Revenue Grant	-	10,000	10,000	7,500
New Forest District Council Supporting Communities	-	-	-	1,000
New Forest District Council: Warm Space Fund	-	600	600	-
Red Hill Trust	-	3,184	3,184	3,067
Rotary (1&2)	-	-	-	1,500
The Edward Gostling Foundation (The Act Foundation)	-	-	-	7,000
The Listeners	-	985	985	-
Fees received	10,070	-	10,070	11,232
Other income	8,216	-	8,216	210
	<u>18,286</u>	<u>120,582</u>	<u>138,868</u>	<u>145,432</u>

4 Other Trading Activities

	Total 2023 £	Total 2022 £
The Chapel café	41,707	41,109
Sale of donated goods	22,270	12,211
Rent received	-	-
Fundraising events	942	61
	<u>64,919</u>	<u>53,381</u>

5 Cost of raising funds

	2023 £	2022 £
Staff costs	18,239	23,636
Publicity	5,251	329
	<u>23,490</u>	<u>23,965</u>
The Chapel café costs	21,299	21,820
The Chapel staff costs	32,768	29,716
	<u>54,067</u>	<u>51,536</u>
	<u>77,557</u>	<u>75,501</u>

The Chapel costs represent 69.7% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services.

6 Expenditure on charitable activities

	Charitable Activities £	Support Costs £	Total 2023 £	Total 2022 £
Staff Costs	121,594	39,834	161,428	138,566
Direct Project Costs	11,515	2,346	13,861	10,859
Office & other costs	4,033	10,934	14,967	26,057
Depreciation	92	-	92	484
Rent & Services from the church (Gifts in kind)	-	8,800	8,800	8,354
Training	-	1,853	1,853	121
<u>Governance costs</u>				
Independent Examiner's fees	-	1,830	1,830	1,758
	<u>137,234</u>	<u>65,597</u>	<u>202,831</u>	<u>186,199</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 9,537 hours of voluntary work (2023 - 9,008 hours).

2022	Charitable Activities £	Support Costs £	Total 2022 £	Total 2021 £
Staff Costs	110,901	27,665	138,566	122,715
Direct Project Costs	10,859	-	10,859	23,797
Office & other costs	8,266	17,791	26,057	11,465
Depreciation	484	-	484	3,689
Rent & Services from the church (Gifts in kind)	-	8,354	8,354	7,595
Training	-	121	121	120
<u>Governance costs</u>				
Independent Examiner's fees	-	1,758	1,758	1,045
	<u>130,510</u>	<u>55,689</u>	<u>186,199</u>	<u>170,426</u>

7 Employee costs

	Total 2023 £	Total 2022 £
Wages and salaries	199,068	174,861
Social security costs	10,092	8,187
Pension contributions	8,527	8,195
	<u>217,687</u>	<u>191,243</u>

The charity contributes to the personal pension schemes of any eligible staff who wish to have one. Contributions payable for the year are included in the Statement of Financial Activities.

No employee earned more than £60,000 during the period. The average full time equivalent number of staff employed by the charity during the year was as follows:

	2023 Staff	2022 Staff
Average full time equivalent number of staff employed	<u>7.3</u>	<u>7.0</u>
Average number of staff employed (headcount)	<u>15.0</u>	<u>16.6</u>

8 Transactions with related parties

Naomi Maher, (daughter of the trustee Ray Maher) was employed during the year as a youth worker with gross pay of £12,446 and employers pension of £602.

9 Tangible fixed assets	Short	Fixtures &	Total
	Leasehold	Equipment	
	Improvements		
	£	£	£
Cost			
At 1st January 2023	23,745	7,996	31,741
Additions	-	369	369
At 31st December 2023	<u>23,745</u>	<u>8,365</u>	<u>32,110</u>
Depreciation			
At 1st January 2023	23,745	7,996	31,741
Charge for the year	-	92	92
At 31st December 2023	<u>23,745</u>	<u>8,088</u>	<u>31,833</u>
Net book value			
At 31st December 2023	<u>-</u>	<u>277</u>	<u>277</u>
At 31st December 2022	<u>-</u>	<u>-</u>	<u>-</u>

In 2014, the charity received a licence to occupy the property known as "The Chapel" for a period of 10 years. The Chapel Trustees have agreed to renew the licence to occupy with Youth and Families Matter, and are in the process of formalising the arrangements.

10 Debtors

	2023	2022
	£	£
Trade debtors	4,513	2,145
Other debtors	-	77
Income tax on gift-aid payments	2,916	5,330
	<u>7,429</u>	<u>7,552</u>

11 Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	<u>6,241</u>	<u>6,728</u>

12 Unrestricted funds

	Balance at 1st January 2023	Net Incoming Resources	Restricted Fund Transfers	Designated Fund Transfers	Balance at 31st Dec 2023
	£	£	£	£	£
Designated funds:					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(c) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>98,106</u>
Other charitable funds	56,112	(14,656)	-	-	41,456
	<u>154,218</u>	<u>(14,656)</u>	<u>-</u>	<u>-</u>	<u>139,562</u>

(a) Monies held to ensure cashflow is available to pay salaries as they fall due.

(b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.

(c) The Chapel Café 2024 lease renewal fixed asset reserve.

	Balance at 1st January 2022 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2022 £
2022					
<i>Designated funds:</i>					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(b) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>98,106</u>
<i>Other charitable funds</i>	75,376	(19,264)	-	-	56,112
	<u>173,482</u>	<u>(19,264)</u>	<u>-</u>	<u>-</u>	<u>154,218</u>

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1st January 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2023 £
Albert Hunt Trust	-	3,000	1,000	-	2,000
Asda Foundation	-	(200)	(200)	-	-
Barker Mill Foundation	-	3,000	375	-	2,625
Churchill Foundation	-	2,000	334	-	1,666
Citizens Advice Bureau: Community Hub Grant	1688	-	1,688	-	-
Co-Op Local Community Grant	1228	2,380	1,568	-	2,040
Exxon Mobile	-	500	500	-	-
F J Wallis Charitable Trust	-	1,000	913	-	87
Garfield Weston	10,639	-	10,639	-	-
Hampshire County Council: Connect4Communities	-	4,950	3,300	-	1,650
Hampshire County Council: County Councillor Grant (DH)	1,120	2,009	2,185	-	944
Hampshire County Council: Get Going Again Fund	3,305	-	3,305	-	-
Hampshire & Isle of Wight Community	2,741	7,921	2,741	-	7,921
Hampshire County Council: Neville Penman	-	500	500	-	-
Hampshire County Council: Website	-	2,600	2,600	-	-
Henry Smith	3,696	-	3,696	-	-
Julia & Hans Rausing	-	8,233	8,233	-	-
It's Your Choice	-	4,000	2,964	-	1,036
Local Communities Fund	-	5,450	2,563	-	2,887
MJB Charitable Trust	21,887	30,000	24,587	-	27,300
Neville Close	15,860	11,699	9,478	-	18,081
New Forest District Council Business Grant	3,722	-	3,722	-	-
New Forest District Council: Councillor Russell Grant	600	-	600	-	-
New Forest District Council: Restart Grant	8,000	-	8,000	-	-
New Forest District Council: Revenue Grant	1,644	10,000	9,141	-	2,503
New Forest District Council: Supporting Communities	341	-	341	-	-
New Forest District Council: Warm Space Fund	600	-	600	-	-
Red Hill Trust	2,423	5,349	3,317	-	4,455

Royal Warrant Holders Association	-	2,500	832	-	1,668
Simply Health LCIF	-	2,500	-	-	2,500
The Edward Gostling Foundation (The Act Foundation)	-	25,000	8,000	-	17,000
The Listeners	-	500	500	-	-
The Westerleigh Group	-	1,000	1,000	-	-
	79,494	135,891	119,022	-	96,363

2022	Balance at 1st January 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2022 £
Arnold Clark	654	(238)	416	-	-
Citizens Advice Bureau: Comm'ty Hub Play Sessions Grant	-	1,000	1,000	-	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	-	-	1,688
Co-Op Local Community Grant	-	1,859	631	-	1,228
F J Wallis Charitable Trust	480	5,000	5,480	-	-
Garfield Weston	12,658	20,000	22,019	-	10,639
Hampshire County Council: County Councillor Grant (DH)	1,193	2,300	2,373	-	1,120
Hampshire County Council: Get Going Again Fund	-	6,162	2,857	-	3,305
Hampshire County Council: Oaks Federation	1,086	(1,086)	-	-	-
Hampshire & Isle of Wight Community Foundation (HIWCF): National Emergencies Trust (towards youth work)	1,751	4,051	3,061	-	2,741
Hedley Foundation	-	800	800	-	-
Henry Smith	3,745	5,000	5,049	-	3,696
HMRC job Retention Scheme (JRS) Grant	-	-	-	-	-
Local Impact Community Fund	2,357	-	2,357	-	-
Martin Lewis Fund	-	-	-	-	-
MJB Charitable Trust	22,393	30,000	30,506	-	21,887
Neville Close	3,028	20,000	7,168	-	15,860
New Forest District Council Business Grant	3,894	-	172	-	3,722
New Forest District Council: Basics Foodbank	-	8,677	8,677	-	-
New Forest District Council: Councillor RG	-	600	-	-	600
New Forest District Council: Hardship	1,098	-	1,098	-	-
New Forest District Council: Restart Grant	8,000	-	-	-	8,000
New Forest District Council: Revenue	1,909	10,000	10,265	-	1,644
New Forest District Council: Supporting	341	-	-	-	341
New Forest District Council: Warm Space	-	600	-	-	600
Red Hill Trust	2,563	3,184	3,324	-	2,423
Rotary (1&2)	-	-	-	-	-
The Albert Hunt Trust	-	-	-	-	-
The Edward Gostling Foundation	5,823	-	5,823	-	-
The Listeners	-	985	985	-	-
	72,973	120,582	114,061	-	79,494

13 Restricted funds (continued)

Monies received from:

Albert Hunt Trust Income for out of school youth work

Barker Mill Foundation for one to one work

Churchill Foundation for one to one youth work

Co-Op Local Community Grant for community work

Exxon Mobile for community work

FJ Wallis Charitable Trust for core costs

HCC Connect4Communities for Basics Bank

HCC grant for website development

HCC Grant (Cllr David Harrison) for play sessions

HCC Neville Penman for nurture days

HIWCF towards youth work

It's Your Choice for youth work

Julia & Hans Rausing Trust for Basics Bank

Local Communities Partnership for family work

MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk

Neville Close for core costs

New Forest District Council Revenue Grant for running costs

Red Hill Trust towards the cost of work in schools.

Royal Warrant Holders Association for tides and streams funding

Simply Health Local Community Impact Fund for family support work

The Edward Gostling Foundation (The Act Foundation) towards the cost of family work

The Listeners Trust towards the cost of IT Hardware

14 Financial instruments

Categorisation of financial instruments	2023	2022
	£	£
Financial assets that are debt instrument measured at amortised cost	241,889	240,440
	<u>241,889</u>	<u>240,440</u>
Financial liabilities measured at amortised cost	6,241	6,728
	<u>6,241</u>	<u>6,728</u>

Items of income, expense, gains or losses

The total interest income for financial assets not measured at fair value through profit or loss is £2,069 (2022: £568)

15 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Unrestricted total £	Restricted funds £	Total funds £
2023					
Fixed assets	277	-	277	-	277
Current assets	47,420	98,106	145,526	96,363	241,889
Creditors: amounts falling due within one	(6,241)	-	(6,241)	-	(6,241)
	<u>41,456</u>	<u>98,106</u>	<u>139,562</u>	<u>96,363</u>	<u>235,925</u>
2022					
	<i>Unrestricted funds £</i>	<i>Designated funds £</i>	<i>Unrestricted total £</i>	<i>Restricted funds £</i>	<i>Total funds £</i>
Fixed assets	-	-	-	-	-
Current assets	62,840	98,106	160,946	79,494	240,440
Creditors: amounts falling due within one	(6,728)	-	(6,728)	-	(6,728)
	<u>56,112</u>	<u>98,106</u>	<u>154,218</u>	<u>79,494</u>	<u>233,712</u>

YOUTH AND FAMILIES MATTER

England & Wales - Charity number 1128524

Accounts

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

FOR

YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)

YOUTH AND FAMILIES MATTER

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FOR THE YEAR ENDED 31st DECEMBER 2022

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YOUTH AND FAMILIES MATTER

COMPANY INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2022

TRUSTEES:	R Maher ACA – Chair S Reynolds H Francis FCA J Woodhouse
REGISTERED OFFICE:	Testwood Baptist Church 283A Salisbury Road Totton Southampton Hampshire SO40 3LZ
REGISTERED NUMBER:	06732673 (England and Wales)
CHARITY NUMBER:	1128524
INDEPENDENT EXAMINER:	Scott Vevers Ltd Chartered Accountants & Registered Auditors 65 East Street Bridport Dorset DT6 3LB
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2022

The trustees who are also directors of the Charity for the purposes of the Companies Act present their report together with the financial statements of the Charity for the year ended 31st December 2022. They are also prepared to meet the requirements for a director's report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following -

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have established that the aims and purposes of Youth and Families Matter will primarily be achieved by providing the following -

- Parenting support
- Schools work
- Detached youth work
- Family work, including befriending
- Community development work
- Practical help through the provision of food parcels

In planning activities for the period, the Trustees have considered the Commission's guidance on Public Benefit and the needs of the local community. The Governors have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The Public Benefit narrative within this report is also set out taking account of PB3.

ACHIEVEMENTS AND PERFORMANCE

Throughout the period our activities and achievements were as follows -

Family & Community Work

- Coffee morning – a weekly support group for adults, including sessions on specific topics (Craft, Managing your money, parenting tips).
- ADHD/Autism support group – a monthly support group for parents of children with ADHD and Autism. As well as support from our Community Worker and volunteers, we have invited in specialist speakers to give advice on specific topics affecting these families.
- One to one support – targeted support to assist vulnerable families or families in crisis.
- Basics Bank (food bank) – Emergency food parcels for families in need. Basics Bank supported 2315 adults and children during 2022. The local community continued to heavily support this project, as well as many organisations and supermarkets, both with food and finances. The start of the year was quieter than expected, but we had our busiest 2-month period in November and December. Year on year we saw a 23% increase in the number of occasions we gave food out (compared to 2021) and a 67% increase in the number of bags compared to our last 'normal' year of 2019. However, the 2020 Covid year still remains our biggest year in terms of total annual demand.
- Fuel Bank – 120 applications were made to the Fuel Bank Foundation. We made 48 referrals to the Citizen's Advice fuel scheme.
- Fareshare Larder – run by the Fareshare Charity and using the church site, with support from YFM, to provide groceries, for a small charge, to those in need. Approximately 95 families were represented over the year. This became a community hub, where other local agencies attended alongside our staff and volunteers, to

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2022

provide wraparound support. These included NFDC benefits and housing team, Citizens Advice, Naked Jam who provided cooking demonstrations, Southern Water and New Forest Disability Service.

- TIDES – support group for women suffering from depression and anxiety. This group split in half in September, due to growing numbers and the difficulties the large numbers presented to the women who attended. They were in favour of two smaller groups. They could only attend one of the two groups.
- STREAMS – a second group for women suffering from depression and anxiety.
- Managing your child's angry feelings – three of these courses were run during 2022. This group looks at how to help your child with their anger, focusing on triggers, how to lengthen the fuse and calming strategies.
- Belong – a group for vulnerable adults to have company and improve community integration.
- Community Lunch – a group for individuals who may feel isolated and don't often get the chance to eat together. This is held at The Chapel.
- Post-Adoption Group – The group supports families who have adopted children and gives them the opportunity to meet with others in a similar situation. This group meets at The Chapel.
- Warm Space – due to the cost-of-living crisis, we hosted a warm space on a Wednesday morning, alongside the Community Hub.
- We took 84 people to Monkey World for a family trip, to provide them with an opportunity they wouldn't otherwise have.
- Saltmine Theatre company came to perform 'Neverland Peter Pan Reimagined' as a Christmas treat. This was a great free event for families to come along to and enjoy, many who wouldn't normally be able to afford to go to the theatre.

We provided 2,626 hours of targeted family support. On top of basics bank and the larder, we supported over 260 individuals through 1:1 and group work. We delivered 206 group sessions over 2022, supporting 129 individuals. We were pleased to note that Community Lunch saw numbers increase from 18 to 32.

Schools & Youth Work

- One to one mentoring with 7 primary and 2 secondary schools – working with 140 children and young people who have emotional needs, or who are at risk of exclusion.
- Out of School Mentoring – working with 5 young people out of school, to provide support and guidance.
- We provided 3 activity days – kayaking, New Forest Water Park and Longleat trip, supporting 29 unique young people.
- We held two nurture days, specifically aimed at the more vulnerable children we work with. This was a small group, to enable them to feel comfortable and for the leaders to spend quality time with them. We were able to support 15 children through this, most of whom we also support through school.
- Alongside the Community hub, we provided 8 play sessions for the children to attend during the school holidays.
- We started a lunchtime drop-in at Testwood School, with the aim of covering specific topics during each term. These included wellbeing, exam anxiety and digital safety, amongst others.
- We continued with our partnership project with Testwood Baptist Church, to provide a space for Carers to come with their babies, a group for children, and a youth group. YFM supported this initiative with family workers, children, and youth workers. We have been very encouraged to see so many of the children and young people we support continue to come along to build on friendships, learn new skills and enjoy time out.
- We showed 2 family films for the local community, one in October half-term and one in the Christmas holidays.

We provided 3563 hours of targeted support to children and young people. Our capacity for one-to-one support in primary schools increased with the addition of a new member of staff. This can be seen in a 70% increase in children seen. We partnered with a new infant's school and started attending another infant's school for a second session each week.

Fundraising Activities

Regular newsletters or short videos update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2022

Community Involvement

YFM hosted the children's tent at the Totton Family Fun Day, which was held at Testwood School in June 2022, and was very well attended.

YFM had involvement in Totton Lantern Parade, hosting a games tent.

Partnership Working

We continued to work alongside many of our local partners during 2022.

We attended networking meetings to gain and share information, including New Forest Partnership meetings with NFDC, CAB, Community First, local food banks, and other local organisations. We attended the Local Children's Partnership meetings. We continued to support the Early Help Hub meetings, run by Children's Services.

Staff & Volunteers

Trish Hall retired in April 2022 after 22 years at YFM.

John Elkins joined the team in March 2022 as our new Finance Administrator.

Christina Harris joined the team in 2022 as a Children's and Youth Worker.

Two of our volunteers attended Buckingham Palace in recognition of The Queen's Award for Voluntary Services, that we received in 2020.

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

The Chapel

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

PLANS FOR FUTURE PERIODS

Family & Community Work

Continuation of current work, including: -

- Coffee morning – weekly support group for adults, including sessions on specific topics.
- ADHD & Autism support group – for parents of children with ADHD and Autism.
- One to one – One to one support for vulnerable families and families in crisis.
- Family trips – These enable parents and children to spend a day out together, provided at a discounted rate, with travel included.
- Family Fun Day.
- Totton Lantern Parade.
- Basics Bank – provision of emergency food parcels to families in need.
- Fuel Bank – provision of support, working with the Fuel Bank Foundation
- Community hub – providing support through Fareshare, as well as partnerships with other local agencies.
- TIDES – support group for women suffering from depression and anxiety.
- STREAMS – Support group for women suffering from depression and anxiety.
- SPOT (Supporting Parents of Teenagers) – a six-week course for parents of teenagers, looking at communications, rules & boundaries, conflict & behaviour, parenting styles.
- Anger Management – a six-week course for parents, to help them in managing their children's angry outbursts. The programme was written by Youth and Families Matter, Families Matter and Hampshire Education Psychology service.
- Family Foundations Parenting course
- Post-Adoption group
- Belong – a group for vulnerable adults to have company and improve community integration.
- Community Lunch
- Christmas Treat Day

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2022

Schools & Youth Work

Continuation of current work, including -

- One to one mentoring with primary and secondary pupils – working with children who have emotional needs, or who are at risk of exclusion.
- Out of school mentoring for young people aged 11 – 18, to provide a positive role model, information, advice, and guidance.
- A summer programme for children and young people.
- Partnership working to provide a youth club and other appropriate youth activities.
- Lunchtime drop-in session for pupils at the local secondary school, focusing on issues of concern.
- Holiday provision, including play days alongside community hub.

The Chapel

We aim to continue developing The Chapel to improve community access to our sessions. The staff team will continue to recruit and train volunteers.

Staff & Volunteers

We will continue to support and train our staff and volunteers, and look to fill any gaps in the team, to enable us to support the growing numbers of referrals.

Sustainability

Due to the changing financial climate, and a decrease in available statutory funding, we continue to find alternative ways to fund the work of YFM. This is done in a variety of different ways:

- The Chapel
- Increased personal donations
- Development of school contributions towards schools and parenting work
- Grants and fundraising

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2022

FINANCIAL REVIEW

Total receipts on unrestricted funds were £128,375. Restricted funds of £120,582 were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net expenditure of £12,743 (2021 – surplus of £18,050) for the year and reserves are in surplus by £233,712, of which £79,494 are in restricted funds.

RESERVES POLICY

The trustees have set a **reserves policy** which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2022, free reserves amounted to £56,112 which are in accordance with the policy.
- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

DIRECTORS AND TRUSTEES

The registered directors of the company are also the trustees, and details of the trustees are listed on page 1. Trustees are recruited and appointed by the board of trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

The Trustees delegate the day-to-day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2022

taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:



R Maher – Director

Date: 09/09/23

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH AND FAMILIES MATTER

I report on the accounts of the company for the year ended 31st December 2022, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date: 14/09/23

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST DECEMBER 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	56,140	-	56,140	61,369
Charitable activities	3	18,286	120,582	138,868	145,432
Other trading activities	4	53,381	-	53,381	29,428
Investments (Bank interest)		568	-	568	421
Total income		<u>128,375</u>	<u>120,582</u>	<u>248,957</u>	<u>236,650</u>
Expenditure on:					
Cost of raising funds	5	75,501	-	75,501	48,174
Charitable activities	6	72,138	114,061	186,199	170,426
Total expenditure		<u>147,639</u>	<u>114,061</u>	<u>261,700</u>	<u>218,600</u>
Net income/ (expenditure) for the year		(19,264)	6,521	(12,743)	18,050
Transfers		-	-	-	-
Net movement in funds for the year		<u>(19,264)</u>	<u>6,521</u>	<u>(12,743)</u>	<u>18,050</u>
Reconciliation of funds					
Funds at 1st January 2022		173,482	72,973	246,455	228,405
Total funds at 31st December 2022		<u>154,218</u>	<u>79,494</u>	<u>233,712</u>	<u>246,455</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 11 to 20 form part of these financial statements

YOUTH AND FAMILIES MATTER
BALANCE SHEET
AS AT 31ST DECEMBER 2022

	Notes	2022		2021	
		£	£	£	£
Tangible fixed assets	9		-		3,248
Current assets					
Debtors	10	7,552		6,189	
Cash at bank and in hand		<u>232,888</u>		<u>241,853</u>	
		240,440		248,042	
Creditors: Amounts falling due within one year	11				
		<u>(6,728)</u>		<u>(4,835)</u>	
Net current assets			233,712		243,207
Total assets less current liabilities			<u>233,712</u>		<u>246,455</u>
The funds of the charity:					
Restricted income funds	13		79,494		72,973
Unrestricted income funds:	12				
Designated funds		98,106		98,106	
Other charitable funds		<u>56,112</u>		<u>75,376</u>	
Total unrestricted funds			154,218		173,482
Total charity funds			<u>233,712</u>		<u>246,455</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime under the Companies Act 2019.

The Financial statements were approved by the board on 09/09/22.



R Maher -Director

The notes on pages 11 to 20 form part of these financial statements

General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Companies Act 2006 and the Charities Act 2011.

1.2 Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

1.3 Expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold improvements	Over period of lease
Equipment	25% straight line

1.5 Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 13 to the accounts. Designated funds are allocated out of unrestricted funds by the trustees for specific purposes. The use of such funds is at the trustees' discretion.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Testwood Baptist Church	16,959	-	16,959	13,200
Gift Aid	6,474	-	6,474	6,090
Other donations and gifts	24,353	-	24,353	34,484
	<u>47,786</u>	<u>-</u>	<u>47,786</u>	<u>53,774</u>
Rent & Services from the church (Gifts in kind)	8,354	-	8,354	7,595
	<u>56,140</u>	<u>-</u>	<u>56,140</u>	<u>61,369</u>
	£	£	£	£
2021				
Testwood Baptist Church	13,200	-	13,200	13,200
Gift Aid	6,090	-	6,090	5,827
Other donations and gifts	34,484	-	34,484	36,510
	<u>53,774</u>	<u>-</u>	<u>53,774</u>	<u>55,537</u>
Rent & Services from the church (Gifts in kind)	7,595	-	7,595	7,446
	<u>61,369</u>	<u>-</u>	<u>61,369</u>	<u>62,983</u>

3 Income from charitable activities

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Grants and Awards:				
Arnold Cark	-	(238)	(238)	1,000
Citizens Advice Bureau: Community Hub Play Sessions Grant	-	1,000	1,000	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	1,688	-
Co-Op Local Community Grant	-	1,859	1,859	-
F J Wallis Charitable Trust	-	5,000	5,000	5,000
Garfield Weston	-	20,000	20,000	20,000
Hampshire County Council: County Councillor Grant (DH)	-	2,300	2,300	1,900
Hampshire County Council: Get Going Again Fund	-	6,162	6,162	-
Hampshire County Council: Oaks Federation	-	(1,086)	(1,086)	3,000
Hedley Foundation	-	800	800	-
Henry Smith	-	5,000	5,000	5,000
HIWCF	-	4,051	4,051	3,381
HMRC JRS Grant	-	-	-	11,194
Local Impact Community Fund (Simply Health)	-	-	-	4,074
Martin Lewis Fund	-	-	-	-
MJB Charitable Trust	-	30,000	30,000	25,000
Neville Close	-	20,000	20,000	10,000
Newby Trust	-	-	-	5,000
New Forest District Council Business Grant	-	-	-	9,374
New Forest District Council Basics FoodBank	-	8,677	8,677	-
New Forest District Council: Councillor Russell Grant	-	600	600	-
New Forest District Council: Fuel Bank	-	-	-	2,000
New Forest District Council Restart Grant	-	-	-	8,000
New Forest District Council Revenue Grant	-	10,000	10,000	7,500
New Forest District Council Supporting Communities	-	-	-	1,000
New Forest District Council: Warm Space Fund	-	600	600	-
Red Hill Trust	-	3,184	3,184	3,067
Rotary (1&2)	-	-	-	1,500
The Edward Gostling Foundation (The Act Foundation)	-	-	-	7,000
The Listeners	-	985	985	-
Fees received	10,070	-	10,070	11,232
Other income	8,216	-	8,216	210
	<u>18,286</u>	<u>120,582</u>	<u>138,868</u>	<u>145,432</u>

3 Income from charitable activities (continued)

2021	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<i>Grants and Awards:</i>				
<i>Arnold Cark</i>	-	1,000	1,000	-
<i>F J Wallis Charitable Trust</i>	-	5,000	5,000	5,000
<i>Garfield Weston</i>	-	20,000	20,000	20,000
<i>Hampshire County Council: County Councillor Grant (DH)</i>	-	1,900	1,900	1,000
<i>Hampshire County Council: Oaks Federation</i>	-	3,000	3,000	3,750
<i>Henry Smith</i>	-	5,000	5,000	-
<i>HIWCF</i>	-	3,381	3,381	1,249
<i>HMRC JRS Grant</i>	-	11,194	11,194	27,017
<i>Local Impact Community Fund (Simply Health)</i>	-	4,074	4,074	-
<i>Martin Lewis Fund</i>	-	-	-	10,000
<i>MJB Charitable Trust</i>	-	25,000	25,000	25,000
<i>Neville Close</i>	-	10,000	10,000	10,000
<i>Newby Trust</i>	-	5,000	5,000	-
<i>New Forest District Council</i>	-	-	-	675
<i>New Forest District Council Business Grant</i>	-	9,374	9,374	1,334
<i>New Forest District Council Comm.Gr. C.Clr Davis</i>	-	-	-	500
<i>New Forest District Council: Community Grant</i>	-	-	-	300
<i>New Forest District Council: Fuel Bank</i>	-	2,000	2,000	-
<i>New Forest District Council: Hardship Fund</i>	-	-	-	10,000
<i>New Forest District Council Restart Grant</i>	-	8,000	8,000	-
<i>New Forest District Council: Retail, Hospitality & Leisure</i>	-	-	-	10,000
<i>New Forest District Council Revenue Grant</i>	-	7,500	7,500	7,500
<i>New Forest District Council Supporting Communities</i>	-	1,000	1,000	-
<i>Radian Community Fund</i>	-	-	-	700
<i>Red Hill Trust</i>	-	3,067	3,067	2,979
<i>Rotary (1&2)</i>	-	1,500	1,500	850
<i>SERCO Foundation</i>	-	-	-	1,000
<i>The Albert Hunt Trust</i>	-	-	-	2,000
<i>The Edward Gostling Foundation (The Act Foundation)</i>	-	7,000	7,000	8,000
<i>The Listeners</i>	-	-	-	1,197
<i>Vivid Housing Ltd</i>	-	-	-	700
<i>Fees received</i>	11,232	-	11,232	10,485
<i>Other income</i>	210	-	210	300
	<u>11,442</u>	<u>133,990</u>	<u>145,432</u>	<u>161,536</u>

4 Other Trading Activities

	Total 2022 £	Total 2021 £
The Chapel café	41,109	16,042
Sale of donated goods	12,211	12,054
Rent received	-	-
Fundraising events	61	1,332
	<u>53,381</u>	<u>29,428</u>

5 Cost of raising funds

	2022 £	2021 £
Staff costs	23,636	14,449
Publicity	329	1,823
	<u>23,965</u>	<u>16,272</u>
The Chapel café costs	21,820	6,225
The Chapel staff costs	29,716	25,677
	<u>51,536</u>	<u>31,902</u>
	<u>75,501</u>	<u>48,174</u>

The Chapel costs represent 68.5% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services.

6 Expenditure on charitable activities

	Charitable Activities £	Support Costs £	Total 2022 £	Total 2021 £
Staff Costs	110,901	27,665	138,566	122,715
Direct Project Costs	10,859	-	10,859	23,797
Office & other costs	8,266	17,791	26,057	11,465
Depreciation	484	-	484	3,689
Rent & Services from the church (Gifts in kind)	-	8,354	8,354	7,595
Training	-	121	121	120
<u>Governance costs</u>				
Independent Examiner's fees	-	1,758	1,758	1,045
	<u>130,510</u>	<u>55,689</u>	<u>186,199</u>	<u>170,426</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 9,008 hours of voluntary work (2021 - 8,789 hours).

2021	Charitable Activities £	Support Costs £	Total 2021 £	Total 2020 £
Staff Costs	89,069	33,646	122,715	112,182
Direct Project Costs	23,797	-	23,797	12,377
Office & other costs	-	11,465	11,465	9,509
Depreciation	3,689	-	3,689	4,218
Rent & Services from the church (Gifts in kind)	-	7,595	7,595	7,446
Training	120	-	120	288
<u>Governance costs</u>				
Independent Examiner's fees	-	1,045	1,045	996
	<u>116,675</u>	<u>53,751</u>	<u>170,426</u>	<u>147,016</u>

7 Employee costs

	Total 2022 £	Total 2021 £
Wages and salaries	174,861	149,486
Social security costs	8,187	5,757
Pension contributions	8,195	11,187
	<u>191,243</u>	<u>166,430</u>

The charity contributes to the personal pension schemes of any eligible staff who wish to have one. Contributions payable for the year are included in the Statement of Financial Activities.

No employee earned more than £60,000 during the period. The average full time equivalent number of staff employed by the charity during the year was as follows:

	2022 Staff	2021 Staff
Average full time equivalent number of staff employed	<u>7.0</u>	<u>6.6</u>
Average number of staff employed (headcount)	<u>16.6</u>	<u>16.0</u>

8 Transactions with related parties

Naomi Maher, (daughter of the trustee Ray Maher) was employed during the year as a youth worker with gross pay of £23,352 and employers pension of £1,331.

9 Tangible fixed assets	Short Leasehold Improvements £	Fixtures & Equipment £	Total £
Cost			
At 1st January 2022	23,745	7,996	31,741
Additions	-	-	-
At 31st December 2022	<u>23,745</u>	<u>7,996</u>	<u>31,741</u>
Depreciation			
At 1st January 2022	20,938	7,555	28,493
Charge for the year	2,807	441	3,248
At 31st December 2022	<u>23,745</u>	<u>7,996</u>	<u>31,741</u>
Net book value			
At 31st December 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31st December 2021	<u>2,807</u>	<u>441</u>	<u>3,248</u>

In 2014, the charity received a licence to occupy the property known as "The Chapel" for a period of 10 years and is in the process of agreeing renewal terms.

10 Debtors

	2022 £	2021 £
Trade debtors	2,145	-
Other debtors	77	100
Income tax on gift-aid payments	5,330	6,089
	<u>7,552</u>	<u>6,189</u>

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	6,728	4,835

12 Unrestricted funds

	Balance at 1st January 2022 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2022 £
Designated funds:					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(c) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>98,106</u>
Other charitable funds	75,376	(19,264)	-	-	56,112
	<u>173,482</u>	<u>(19,264)</u>	<u>-</u>	<u>-</u>	<u>154,218</u>

(a) Monies held to ensure cashflow is available to pay salaries as they fall due.

(b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.

(c) The Chapel Café 2024 lease renewal fixed asset reserve.

	Balance at 1st January 2021 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2021 £
<i>Designated funds:</i>					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	16,106	2,000	-	-	18,106
(b) Chapel Café	-	-	-	55,000	55,000
	<u>41,106</u>	<u>2,000</u>	<u>-</u>	<u>55,000</u>	<u>98,106</u>
<i>Other charitable funds</i>	<u>130,385</u>	<u>(9)</u>	<u>-</u>	<u>(55,000)</u>	<u>75,376</u>
	<u><u>171,491</u></u>	<u><u>1,991</u></u>	<u><u>-</u></u>	<u><u>-</u></u>	<u><u>173,482</u></u>

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1st January 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2022 £
Arnold Clark	654	(238)	416	-	-
Citizens Advice Bureau: Comm'ty Hub Play Sessions Grant	-	1,000	1,000	-	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	-	-	1,688
Co-Op Local Community Grant	-	1,859	631	-	1,228
F J Wallis Charitable Trust	480	5,000	5,480	-	-
Garfield Weston	12,658	20,000	22,019	-	10,639
Hampshire County Council: County Councillor Grant (DH)	1,193	2,300	2,373	-	1,120
Hampshire County Council: Get Going Again Fund	-	6,162	2,857	-	3,305
Hampshire County Council: Oaks Federation	1,086	(1,086)	-	-	-
Hampshire & Isle of Wight Community	1,751	4,051	3,061	-	2,741
Hedley Foundation	-	800	800	-	-
Henry Smith	3,745	5,000	5,049	-	3,696
Local Impact Community Fund	2,357	-	2,357	-	-
MJB Charitable Trust	22,393	30,000	30,506	-	21,887
Neville Close	3,028	20,000	7,168	-	15,860
New Forest District Council Business Grant	3,894	-	172	-	3,722
New Forest District Council: Basics FoodBank	-	8,677	8,677	-	-
New Forest District Council: Councillor Russell Grant	-	600	-	-	600
New Forest District Council: Hardship Funds	1,098	-	1,098	-	-
New Forest District Council: Restart Grant	8,000	-	-	-	8,000
New Forest District Council: Revenue Grant	1,909	10,000	10,265	-	1,644
New Forest District Council: Supporting Communities	341	-	-	-	341
New Forest District Council: Warm Space Fund	-	600	-	-	600
Red Hill Trust	2,563	3,184	3,324	-	2,423

The Edward Gostling Foundation (The Act Foundation)
The Listeners

5,823	-	5,823	-	-
-	985	985	-	-
<u>72,973</u>	<u>120,582</u>	<u>114,061</u>	-	<u>79,494</u>

2021	Balance at 1st January 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2021 £
Arnold Clark	-	1,000	346	-	654
F J Wallis Charitable Trust	689	5,000	5,209	-	480
Garfield Weston	3,757	20,000	11,099	-	12,658
Hampshire County Council: County Councillor Grant (DH)	2,030	1,900	2,737	-	1,193
Hampshire County Council: Oaks Federation	1,072	3,000	2,986	-	1,086
Hampshire & Isle of Wight Community Foundation (HIWCF): National Emergencies Trust (NET-DCMS)	1,249	3,381	2,879	-	1,751
Henry Smith	-	5,000	1,255	-	3,745
HMRC job Retention Scheme (JRS) Grant	-	11,194	11,194	-	-
Local Impact Community Fund	-	4,074	1,717	-	2,357
Martin Lewis Fund	1,365	-	1,365	-	-
MJB Charitable Trust	22,396	25,000	25,003	-	22,393
Neville Close	3,356	10,000	10,328	-	3,028
Newby Trust	-	5,000	5,000	-	-
New Forest District Council Business Grant	1,041	9,374	6,521	-	3,894
New Forest District Council: Community Grant (CD)	402	-	402	-	-
New Forest District Council: Community Grant	203	-	203	-	-
New Forest District Council: Fuel Bank	-	2,000	2,000	-	-
New Forest District Council: Hardship	7,522	-	6,424	-	1,098
New Forest District Council: Restart Grant	-	8,000	-	-	8,000
New Forest District Council: Revenue	1,892	7,500	7,483	-	1,909
New Forest District Council: Supporting	-	1,000	659	-	341
Red Hill Trust	1,282	3,067	1,786	-	2,563
Rotary (1&2)	409	1,500	1,909	-	-
The Albert Hunt Trust	279	-	279	-	-
The Edward Gostling Foundation	7,970	7,000	9,147	-	5,823
	<u>56,914</u>	<u>133,990</u>	<u>117,931</u>	-	<u>72,973</u>

13 Restricted funds (continued)

Monies received from:

Arnold Clark for larder, Basics Bank and family work

Citizens Advice Bureau: Community Hub Play Sessions Grant for activity sessions

Citizens Advice Bureau: Community Hub Grant for hardship assistance

Co-Op Local Community Grant for tackling food poverty

FJ Wallis Charitable Trust for core costs

Garfield Weston for revenue spending

County Councillor Grant (HCC) towards the cost of youthwork

Hampshire County Council: Get Going Again Fund to go towards covering the cost of support for the FairShare Larder Project

Oaks Federation (HCC) towards the cost of family work

HIWCF (NET-DCMS) to go towards covering the cost of support for the FairShare Larder Project

Hedley Foundation for funding summer activities for young people
 Henry Smith for Basics Bank Co-ordinator
 Local Impact Community Fund for tackling food poverty, Basics Bank and Co-ordinator
 MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk
 Neville Close for core costs
 New Forest District Council Business Grant towards the costs of running The Chapel
 New Forest District Council for the food bank (Basics Bank)
 New Forest District Council Councillor Russell Grant for core costs
 New Forest District Council Hardship Fund to cover the essentials of those in need
 New Forest District Council Restart Grant - towards running cost of The Chapel
 New Forest District Council Revenue Grant for core costs
 New Forest District Council Supporting Communities - summer activities
 New Forest District Council Warm Space Fund to go towards energy costs hosting the Warm Space initiative
 Red Hill Trust towards the cost of work in schools.
 The Edward Gostling Foundation (The Act Foundation) towards the cost of family work
 The Listeners Trust towards the cost of IT Hardware

14 Financial instruments

Categorisation of financial instruments	2022 £	2021 £
Financial assets that are debt instrument measured at amortised cost	240,440	248,042
	<u>240,440</u>	<u>248,042</u>
Financial liabilities measured at amortised cost	6,728	4,835
	<u>6,728</u>	<u>4,835</u>

Items of income, expense, gains or losses

The total interest income for financial assets not measured at fair value through profit or loss is £568 (2021: £421)

15 Analysis of net assets between funds

	Unrestricted funds	Designated funds	Unrestricted total	Restricted funds	Total funds
	£	£	£	£	£
2022					
Fixed assets	-	-	-	-	-
Current assets	62,840	98,106	160,946	79,494	240,440
Creditors: amounts falling due within one	(6,728)	-	(6,728)	-	(6,728)
	<u>56,112</u>	<u>98,106</u>	<u>154,218</u>	<u>79,494</u>	<u>233,712</u>
2021					
	<i>Unrestricted funds</i>	<i>Designated funds</i>	<i>Unrestricted total</i>	<i>Restricted funds</i>	<i>Total funds</i>
	£	£	£	£	£
Fixed assets	3,248	-	3,248	-	3,248
Current assets	76,963	98,106	175,069	72,973	248,042
Creditors: amounts falling due within one	(4,835)	-	(4,835)	-	(4,835)
	<u>75,376</u>	<u>98,106</u>	<u>173,482</u>	<u>72,973</u>	<u>246,455</u>

YOUTH AND FAMILIES MATTER

England & Wales - Charity number 1128524

Accounts

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

FOR

YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)

YOUTH AND FAMILIES MATTER

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FOR THE YEAR ENDED 31st DECEMBER 2021

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YOUTH AND FAMILIES MATTER

COMPANY INFORMATION
FOR THE YEAR ENDED 31ST DECEMBER 2021

TRUSTEES:	R Maher ACA – Chair S Reynolds H Francis FCA J Woodhouse
REGISTERED OFFICE:	Testwood Baptist Church 283A Salisbury Road Totton Southampton Hampshire SO40 3LZ
REGISTERED NUMBER:	06732673 (England and Wales)
CHARITY NUMBER:	1128524
INDEPENDENT EXAMINER:	Scott Vevers Ltd Chartered Accountants & Registered Auditors 65 East Street Bridport Dorset DT6 3LB
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2021

The trustees who are also directors of the Charity for the purposes of the Companies Act present their report together with the financial statements of the Charity for the year ended 31st December 2021. They are also prepared to meet the requirements for a director's report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following -

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have established that the aims and purposes of Youth and Families Matter will primarily be achieved by providing the following -

- Parenting support
- Schools work
- Detached youth work
- Family work, including befriending
- Community development work
- Practical help through the provision of food parcels

In planning activities for the period, the Trustees have considered the Commission's guidance on public benefit and the needs of the local community. The Trustees have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The public benefit narrative within this report is also set out taking account of PB3.

ACHIEVEMENTS AND PERFORMANCE

Throughout the period our activities and achievements were as follows -

Family & Community Work

- Coffee morning – a weekly support group for adults, including sessions on specific topics (Craft, Managing your money, parenting tips). We were able to restart the groups in person, in the building, after Easter. This was greatly appreciated by the attendees of the group. Numbers were low to begin with but grew as people felt more confident to come out again.
- ADHD/Autism support group – a monthly support group for parents of children with ADHD and Autism. We restarted the Monday evening group after Easter. As well as informal sessions where the attendees can share and gain advice, we have invited speakers in to talk on specific topics.
- One to one support – targeted support to assist vulnerable families or families in crisis.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2021

- Basics Bank (food bank) – Emergency food parcels for families in need. Basics Bank supported 2030 adults and children during 2021. The local community continued to heavily support this project, as well as many organisations and supermarkets, both with food and finances. We were fortunate to receive funding to enable our Basics Bank Co-ordinator to become a permanent member of staff to effectively sustain a critical aspect of our support for the most vulnerable members of our community.
- Fuel Bank – we joined forces with the Fuelbank foundation to refer clients who are in fuel crisis.
- Fareshare Larder – run by the Fareshare Charity and using the church site, with support from YFM, to provide groceries, for a small charge, to those in need. There is a register of 271 attendees, with a weekly attendance of between 30-40 families.
- TIDES – support group for people suffering from depression and anxiety. TIDES restarted again after the Easter break.
- Managing your child's angry feelings – two of these courses were run during 2021. This group looks at how to help your child with their anger, focusing on triggers, how to lengthen the fuse and calming strategies.
- Belong – a group for vulnerable adults to have company and improve community integration. This was done on zoom and then restarted in person after Easter.
- Community Brunch – a group for individuals who may feel isolated and don't often get the chance to eat together. This restarted after Easter and is held at The Chapel.
- Post-Adoption Group – The group supports families who have adopted children and gives them the opportunity to meet with others in a similar situation. In person groups restarted again after Easter. This group meets at The Chapel.
- We took 10 of our families to Longdown Dairy Farm for a trip out (10 adults and 18 children).
- Chaplins Pantos 4Kids came and performed 'Dick Whittington' as a Christmas treat. This was a great free event for families to come along to and enjoy, many who wouldn't normally be able to afford to go to the theatre. We were able to cater for 100 children and adults.

We provided 2,768 hours of family work. On top of basics bank and the larder, we supported over 260 individuals through 1:1 and group work. When we were unable to meet in person, due to Covid, we did virtual sessions. Once we were able, we met in person, following our risk assessments being consistent with the relevant legal requirements and taking account of government guidance.

Schools & Youth Work

- One to one mentoring with 6 primary and 2 secondary schools – working with 112 children and young people who have emotional needs, or who are at risk of exclusion. Once schools were open again after Covid restrictions, our schools and youth workers were back in to support the children and young people.
- Out of School Mentoring – working with 8 young people out of school, to provide support and guidance.
- We provided 2 activity days – kayaking and archery with 20 young people benefiting from these activity days.
- We held two nurture days, specifically aimed at the more vulnerable children we work with. This was a small group, to enable them to feel comfortable and for the leaders to spend quality time with them. We were able to support 9 children through this, most of whom we also support through school.
- In September we started a partnership project with Testwood Baptist Church, to provide tots for Carers and babies, children, and youth groups for the local community. YFM supported this initiative with family workers, children, and youth workers. We have been very encouraged to see so many of the children and young people we support come along to build on friendships, learn new skills and enjoy time out.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2021

Fundraising Activities

Hamptworth Golf Club chose YFM as their charity of the year.

Regular newsletters update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

Community Involvement

Due to the coronavirus pandemic all community activities were cancelled.

Partnership Working

We continued to work alongside many of our local partners during 2021.

We attended networking meetings to gain and share information, including New Forest Partnership meetings with NFDC, CAB, Community First and other local organisations. We began attending the Local Children's Partnership meetings. We continued to support the Early Help Hub meetings, run by Children's Services.

YFM was part of a consortium of organisations who were involved with some research undertaken by Southampton University into the cost of living. This produced some very interesting findings, which are due to be taken forward by a dedicated Project Manager.

Staff & Volunteers

As a celebration of the Queens Award for Voluntary Services that we received in 2020, we held a summer cream tea at Minstead House. We invited our volunteers and key supporters to celebrate with us.

There were no changes in staffing during 2021. Furloughed staff came back to work as soon as Covid restrictions allowed all activities to restart.

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

The Chapel

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

PLANS FOR FUTURE PERIODS

Family & Community Work

Continuation of current work, including

- Coffee morning – weekly support group for adults, including sessions on specific topics.
- ADHD & Autism support group – for parents of children with ADHD and Autism.
- One to one – One to one support for vulnerable families and families in crisis.
- Family trips – Trips for families, to enable parents and children to spend a day out together, provided at a discounted rate, with travel included.
- Family Fun Day
- Totton Lantern Parade
- Basics Bank – provision of emergency food parcels to families in need.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2021

- Fuel Bank – provision of support working with the Fuel Bank Foundation
- Fareshare Larder – providing support to Fareshare, with the development of a community hub alongside this.
- TIDES – support group for people suffering from depression and anxiety.
- Anger Management – 6-week course for parents, to help them in managing their children's angry outbursts. The programme was written by Youth and Families Matter, Families Matter and Hampshire Education Psychology service.
- Parenting Groups, including SPOT and Parenting Puzzle – for parents struggling with their child's challenging behaviour.
- Post-Adoption group
- Belong – a group for vulnerable adults to have company and improve community integration.
- Community Lunch
- Christmas Pantomime

Schools & Youth Work

Continuation of current work, including -

- One to one mentoring with primary and secondary pupils – working with children who have emotional needs, or who are at risk of exclusion.
- Out of school mentoring for young people aged 11 – 18, to provide a positive role model, information, advice, and guidance.
- A summer programme for children and young people.
- Partnership working to provide a youth club and other appropriate youth activities.
- The introduction of a lunchtime drop-in session for pupils at the local secondary school, focusing on issues of concern. These may include internet safety, self-esteem, and self-care, amongst others.

The Chapel

We aim to continue developing The Chapel to improve community access to our sessions. The staff team will continue to recruit and train volunteers.

Staff & Volunteers

We will continue to support and train our staff and volunteers, and look to fill any gaps in the team, to enable us to support the growing numbers of referrals.

Sustainability

Due to the changing financial climate, and a decrease in available statutory funding, we continue to find alternative ways to fund the work of YFM. This is done in a variety of different ways:

- The Chapel
- Increased personal donations
- Development of school contributions towards schools and parenting work
- Grants
- Fundraising

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2021

FINANCIAL REVIEW

Total receipts on unrestricted funds were £102,660. Restricted funds of £133,990 were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net income of £18,050 (2020 - £44,528) for the year and reserves are in surplus by £246,455, of which £72,973 are in restricted funds.

RESERVES POLICY

The trustees have set a **reserves policy** which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2021, free reserves amounted to £72,128 which are in accordance with the policy.
- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

DIRECTORS AND TRUSTEES

The registered directors of the company are also the trustees, and details of the trustees are listed on page 1. Trustees are recruited and appointed by the board of trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

The Trustees delegate the day-to-day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2021

departures disclosed and explained in the financial statements;

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:


R Maher – Director

Date: 22/09/22

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH AND FAMILIES MATTER

I report on the accounts of the company for the year ended 31st December 2021, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.


Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date: 23/09/22

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST DECEMBER 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and endowments from:					
Donations and legacies	2	61,369	-	61,369	62,983
Charitable activities	3	11,442	133,990	145,432	161,536
Other trading activities	4	29,428	-	29,428	16,801
Investments (Bank interest)		421	-	421	740
Total income		<u>102,660</u>	<u>133,990</u>	<u>236,650</u>	<u>242,060</u>
Expenditure on:					
Cost of raising funds	5	48,174	-	48,174	50,516
Charitable activities	6	52,495	117,931	170,426	147,016
Total expenditure		<u>100,669</u>	<u>117,931</u>	<u>218,600</u>	<u>197,532</u>
Net income/ (expenditure) for the year		1,991	16,059	18,050	44,528
Transfers		-	-	-	-
Net movement in funds for the year		<u>1,991</u>	<u>16,059</u>	<u>18,050</u>	<u>44,528</u>
Reconciliation of funds					
Funds at 1st January 2021		171,491	56,914	228,405	183,877
Total funds at 31st December 2021		<u><u>173,482</u></u>	<u><u>72,973</u></u>	<u><u>246,455</u></u>	<u><u>228,405</u></u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 11 to 20 form part of these financial statements

YOUTH AND FAMILIES MATTER
BALANCE SHEET
AS AT 31ST DECEMBER 2021

	Notes	2021		2020	
		£	£	£	£
Tangible fixed assets	9		3,248		6,937
Current assets					
Debtors	10	6,189		5,926	
Cash at bank and in hand		241,853		216,608	
		<u>248,042</u>		<u>222,534</u>	
Creditors: Amounts falling due within one year	11	<u>(4,835)</u>		<u>(1,066)</u>	
Net current assets			243,207		221,468
Total assets less current liabilities			<u>246,455</u>		<u>228,405</u>
The funds of the charity:					
Restricted income funds	13		72,973		56,914
Unrestricted income funds:	12				
Designated funds		98,106		41,106	
Other charitable funds		<u>75,376</u>		<u>130,385</u>	
Total unrestricted funds			173,482		171,491
Total charity funds			<u>246,455</u>		<u>228,405</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime under the Companies Act 2019.

The Financial statements were approved by the board on ...22/07/22....



R Maher -Director

The notes on pages 11 to 20 form part of these financial statements

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102), the Companies Act 2006 and the Charities Act 2011.

1.2 Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

1.3 Expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold improvements	Over period of lease
Equipment	25% straight line

1.5 Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 13 to the accounts.

Designated funds are allocated out of unrestricted funds by the trustees for specific purposes. The use of such funds is at the trustees' discretion.

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

2 Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Testwood Baptist Church	13,200	-	13,200	13,200
Gift Aid	6,090	-	6,090	5,827
Other donations and gifts	34,484	-	34,484	36,510
	<u>53,774</u>	<u>-</u>	<u>53,774</u>	<u>55,537</u>
Rent & Services from the church (Gifts in kind)	7,595	-	7,595	7,446
	<u>61,369</u>	<u>-</u>	<u>61,369</u>	<u>62,983</u>
<i>2020</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<i>Testwood Baptist Church</i>	<i>13,200</i>	<i>-</i>	<i>13,200</i>	<i>13,200</i>
<i>Gift Aid</i>	<i>5,827</i>	<i>-</i>	<i>5,827</i>	<i>5,287</i>
<i>Other donations and gifts</i>	<i>36,510</i>	<i>-</i>	<i>36,510</i>	<i>31,120</i>
	<u><i>55,537</i></u>	<u><i>-</i></u>	<u><i>55,537</i></u>	<u><i>49,607</i></u>
<i>Rent & Services from the church (Gifts in kind)</i>	<i>7,446</i>	<i>-</i>	<i>7,446</i>	<i>7,372</i>
	<u><i>62,983</i></u>	<u><i>-</i></u>	<u><i>62,983</i></u>	<u><i>56,979</i></u>

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Grants and Awards:				
Arnold Cark	-	1,000	1,000	-
F J Wallis Charitable Trust	-	5,000	5,000	5,000
Garfield Weston	-	20,000	20,000	20,000
Hampshire County Council: County Councillor Grant (DH)	-	1,900	1,900	1,000
Hampshire County Council: Oaks Federation	-	3,000	3,000	3,750
Henry Smith	-	5,000	5,000	-
HIWCF	-	3,381	3,381	1,249
HMRC JRS Grant	-	11,194	11,194	27,017
Local Impact Community Fund (Simply Health)	-	4,074	4,074	-
Martin Lewis Fund	-	-	-	10,000
MJB Charitable Trust	-	25,000	25,000	25,000
Neville Close	-	10,000	10,000	10,000
Newby Trust	-	5,000	5,000	-
New Forest District Council	-	-	-	675
New Forest District Council Business Grant	-	9,374	9,374	1,334
New Forest District Council Comm.Gr. C.Cllr Davis	-	-	-	500
New Forest District Council: Community Grant	-	-	-	300
New Forest District Council: Fuel Bank	-	2,000	2,000	-
New Forest District Council: Hardship Fund	-	-	-	10,000
New Forest District Council Restart Grant	-	8,000	8,000	-
New Forest District Council: Retail, Hospitality &	-	-	-	10,000
New Forest District Council Revenue Grant	-	7,500	7,500	7,500
New Forest District Council Supporting Communities	-	1,000	1,000	-
Radian Community Fund	-	-	-	700

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

Red Hill Trust	-	3,067	3,067	2,979
Rotary (1&2)	-	1,500	1,500	850
SERCO Foundation	-	-	-	1,000
The Albert Hunt Trust	-	-	-	2,000
The Edward Gostling Foundation (The Act Foundation)	-	7,000	7,000	8,000
The Listeners	-	-	-	1,197
Vivid Housing Ltd	-	-	-	700
Fees received	11,232	-	11,232	10,485
Other income	210	-	210	300
	<u>11,442</u>	<u>133,990</u>	<u>145,432</u>	<u>161,536</u>

3 Income from charitable activities (continued)

2020	Unrestricted funds	Restricted funds	Total 2,020	Total 2,019
	£	£	£	£
<i>Grants and Awards:</i>				
<i>F J Wallis Charitable Trust</i>	-	5,000	5,000	5,000
<i>Garfield Weston</i>	-	20,000	20,000	-
<i>Hampshire County Council: County Councillor Grant</i>	-	1,000	1,000	1,500
<i>Hampshire County Council: Oaks Federation</i>	-	3,750	3,750	3,750
<i>Hampshire County Council: Short Breaks</i>	-	-	-	353
<i>HIWCF: NET-DCMS Fund</i>	-	1,249	1,249	-
<i>HMRC JRS Grant</i>	-	27,017	27,017	-
<i>Joseph Rank Trust</i>	-	-	-	10,000
<i>Local Impact Community Fund (Simply Health)</i>	-	-	-	1,123
<i>Martin Lewis Fund</i>	-	10,000	10,000	-
<i>MJB Charitable Trust</i>	-	25,000	25,000	25,000
<i>Neville Close</i>	-	10,000	10,000	10,000
<i>New Forest District Council</i>	-	675	675	-
<i>New Forest District Council Business Grant</i>	-	1,334	1,334	-
<i>New Forest District Council Comm.Gr. C.Cllr Davis</i>	-	500	500	-
<i>New Forest District Council: Community Grant</i>	-	300	300	-
<i>New Forest District Council: Hardship Fund</i>	-	10,000	10,000	-
<i>New Forest District Council: Retail, Hospitality &</i>	-	10,000	10,000	-
<i>New Forest District Council Revenue Grant</i>	-	7,500	7,500	5,000
<i>Radian Community Fund</i>	-	700	700	1,054
<i>Red Hill Trust</i>	-	2,979	2,979	2,778
<i>Rotary (1&2)</i>	-	850	850	-
<i>SERCO Foundation</i>	-	1,000	1,000	-
<i>The Albert Hunt Trust</i>	-	2,000	2,000	-
<i>The Edward Gostling Foundation (The Act Foundation)</i>	-	8,000	8,000	10,000
<i>The Listeners</i>	-	1,197	1,197	-
<i>Vivid Housing Ltd</i>	-	700	700	-
<i>Fees received</i>	10,485	-	10,485	11,454
<i>Other income</i>	300	-	300	535
	<u>10,785</u>	<u>150,751</u>	<u>161,536</u>	<u>87,547</u>

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

4 Other Trading Activities

	Total 2021	Total 2020
	£	£
The Chapel café	16,042	10,642
Sale of donated goods	12,054	5,995
Rent received	-	-
Fundraising events	1,332	164
	<u>29,428</u>	<u>16,801</u>

5 Cost of raising funds

	2021 £	2020 £
Staff costs	14,449	14,162
Publicity	1,823	-
	<u>16,272</u>	<u>14,162</u>
The Chapel café costs	6,225	10,209
The Chapel staff costs	25,677	26,145
	<u>31,902</u>	<u>36,354</u>
	<u>48,174</u>	<u>50,516</u>

The Chapel costs represent 66% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services. The non-trading cost of raising funds ratio to total income is 6.10%.

6 Expenditure on charitable activities

	Charitable Activities	Support Costs	Total 2021	Total 2020
	£	£	£	£
Staff Costs	89,069	33,646	122,715	112,182
Direct Project Costs	23,797	-	23,797	12,377
Office & other costs	-	11,465	11,465	9,509
Depreciation	3,689	-	3,689	4,218
Rent & Services from the church (Gifts in kind)	-	7,595	7,595	7,446
Training	120	-	120	288
<u>Governance costs</u>				
Independent Examiner's fees	-	1,045	1,045	996
	<u>116,675</u>	<u>53,751</u>	<u>170,426</u>	<u>147,016</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 8789 hours of voluntary work (2020 - 3875 hours).

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

2,020	Charitable Activities £	Support Costs £	Total 2020 £	Total 2019 £
Staff Costs	78,240	33,942	112,182	112,479
Direct Project Costs	12,377	-	12,377	12,221
Office & other costs	-	9,509	9,509	10,425
Depreciation	4,218	-	4,218	4,218
Rent & Services from the church (Gifts in kind)	-	7,446	7,446	7,372
Training	288	-	288	176
<u>Governance costs</u>				
Independent Examiner's fees	-	996	996	780
	<u>95,123</u>	<u>51,893</u>	<u>147,016</u>	<u>147,671</u>

7 Employee costs

	Total 2021 £	Total 2020 £
Wages and salaries	149,486	145,478
Social security costs	5,757	5,565
Pension contributions	11,187	6,397
	<u>166,430</u>	<u>157,440</u>

The charity contributes to the personal pension schemes of any eligible staff who wish to have one. Contributions payable for the year are included in the Statement of Financial Activities.

No employee earned more than £60,000 during the period. The average full time equivalent number of staff employed by the charity during the year was as follows:

	2021 Staff	2020 Staff
Fundraising and marketing	0.5	0.5
The Chapel café	1.3	1.3
Direct charitable activity	3.8	3.6
Support activity	1.0	1.0
Average full time equivalent number of staff employed	<u>6.6</u>	<u>6.4</u>
Average number of staff employed (headcount)	<u>16.0</u>	<u>16.0</u>

8 Transactions with related parties

Naomi Maher, (daughter of the trustee Ray Maher) was employed during the year as a youth worker with gross pay of £21,572 and employers pension of £1,294. Donations totalling £Nil were made to the charity by 0 trustees during the year (2020 - £250).

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

9 Tangible fixed assets	Short Leasehold Improvements £	Fixtures & Equipment £	Total £
Cost			
At 1st January 2021	23,745	7,996	31,741
Additions	-	-	-
At 31st December 2021	<u>23,745</u>	<u>7,996</u>	<u>31,741</u>
Depreciation			
At 1st January 2021	17,938	6,866	24,804
Charge for the year	3,000	689	3,689
At 31st December 2021	<u>20,938</u>	<u>7,555</u>	<u>28,493</u>
Net book value			
At 31st December 2021	<u>2,807</u>	<u>441</u>	<u>3,248</u>
At 31st December 2020	<u>5,807</u>	<u>1,130</u>	<u>6,937</u>

In 2014, the charity received a licence to occupy the property known as "The Chapel" for a period of 10 years.

10 Debtors

	2021 £	2020 £
Other debtors	100	100
Income tax on gift-aid payments	6,089	5,826
	<u>6,189</u>	<u>5,926</u>

11 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals	4,835	1,066

12 Unrestricted funds

	Balance at 1st January 2021 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2021 £
Designated funds:					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	16,106	2,000	-	-	18,106
(c) Chapel Café	-	-	-	55,000	55,000
	<u>41,106</u>	<u>2,000</u>	<u>-</u>	<u>55,000</u>	<u>98,106</u>
Other charitable funds	130,385	(9)	-	(55,000)	75,376
	<u>171,491</u>	<u>1,991</u>	<u>-</u>	<u>-</u>	<u>173,482</u>

(a) Monies held to ensure cashflow is available to pay salaries as they fall due.

(b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.

(c) The Chapel Café 2024 lease renewal fixed asset reserve.

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

	<i>Balance at 1st January 2020 £</i>	<i>Net Incoming Resources £</i>	<i>Restricted Fund Transfers £</i>	<i>Designated Fund Transfers £</i>	<i>Balance at 31st Dec 2020 £</i>
<i>2020</i>					
<i>Designated funds:</i>					
<i>(a) Salary reserve</i>	25,000	-	-	-	25,000
<i>(b) Food Bank service</i>	7,446	9,860	-	(1,200)	16,106
	<u>32,446</u>	<u>9,860</u>	<u>-</u>	<u>(1,200)</u>	<u>41,106</u>
<i>Other charitable funds</i>	113,953	15,232	-	1,200	130,385
	<u>146,399</u>	<u>173</u>	<u>-</u>	<u>-</u>	<u>171,491</u>

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	<i>Balance at 1st January 2021 £</i>	<i>Incoming resources £</i>	<i>Resources expended £</i>	<i>Transfers £</i>	<i>Balance at 31st Dec 2021 £</i>
(a) Arnold Clark	-	1,000	346	-	654
(b) F J Wallis Charitable Trust	689	5,000	5,209	-	480
(c) Garfield Weston	3,757	20,000	11,099	-	12,658
(d) Hampshire County Council: County Councillor Grant (DH)	2,030	1,900	2,737	-	1,193
(e) Hampshire County Council: Oaks Federation	1,072	3,000	2,986	-	1,086
(f) Hampshire & Isle of Wight	1,249	3,381	2,879	-	1,751
(g) Henry Smith	-	5,000	1,255	-	3,745
(h) HMRC job Retention Scheme (JRS)	-	11,194	11,194	-	-
(i) Local Impact Community Fund	-	4,074	1,717	-	2,357
(j) Martin Lewis Fund	1,365	-	1,365	-	-
(k) MJB Charitable Trust	22,396	25,000	25,003	-	22,393
(l) Neville Close	3,356	10,000	10,328	-	3,028
(m) Newby Trust	-	5,000	5,000	-	-
(n) New Forest District Council Business Grant	1,041	9,374	6,521	-	3,894
(o) New Forest District Council: Community Grant (CD)	402	-	402	-	-
(p) New Forest District Council: Community Grant	203	-	203	-	-
(q) New Forest District Council: Fuel Bank	-	2,000	2,000	-	-
(r) New Forest District Council: Hardship Funds	7,522	-	6,424	-	1,098
(s) New Forest District Council: Restart Grant	-	8,000	-	-	8,000
(t) New Forest District Council: Revenue Grant	1,892	7,500	7,483	-	1,909
(u) New Forest District Council: Supporting Communities	-	1,000	659	-	341

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

(v) Red Hill Trust	1,282	3,067	1,786	-	2,563
(w) Rotary (1&2)	409	1,500	1,909	-	-
(x) The Albert Hunt Trust	279	-	279	-	-
(y) The Edward Gostling Foundation (The Act Foundation)	7,970	7,000	9,147	-	5,823
	56,914	133,990	117,931	-	72,973

2020	Balance at 1st January 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2020 £
(b) F J Wallis Charitable Trust	686	5,000	4,997	-	689
(c) Garfield Weston	-	20,000	16,243	-	3,757
(d) Hampshire County Council:	1,600	1,000	570	-	2,030
(e) Hampshire County Council: Oaks Federation	1,057	3,750	3,735	-	1,072
(f) Hampshire & Isle of Wight Community Foundation (HIWCF):	-	1,249	-	-	1,249
(h) HMRC job Retention Scheme (JRS) Grant	-	27,017	27,017	-	-
(z) Joseph Rank Trust	3,547	-	3,547	-	-
(j) Martin Lewis Fund	-	10,000	8,635	-	1,365
(k) MJB Charitable Trust	19,248	25,000	21,852	-	22,396
(l) Neville Close	1,484	10,000	8,128	-	3,356
(zi) New Forest District Council	-	675	675	-	-
(n) New Forest District Council Business Grant	-	1,334	293	-	1,041
(o) New Forest District Council: Community Grant (CD)	-	500	98	-	402
(p) New Forest District Council: Community Grant	-	300	97	-	203
(r) New Forest District Council: Hardship Funds	-	10,000	2,478	-	7,522
(zii) New Forest District Council: Retail, Hospitality & Leisure Grant	-	10,000	10,000	-	-
(s) New Forest District Council: Revenue Grant	1,546	7,500	7,154	-	1,892
(ziii) Radian Community Fund	283	700	983	-	-
(v) Red Hill Trust	643	2,979	2,340	-	1,282
(w) Rotary (1&2)	-	850	441	-	409
(ziv) SERCO Foundation	-	1,000	1,000	-	-
(x) The Albert Hunt Trust	-	2,000	1,721	-	279
(y) The Edward Gostling Foundation	7,384	8,000	7,414	-	7,970
(zv) The Listeners	-	1,197	1,197	-	-
(zvi) Vivid Housing Ltd	-	700	700	-	-
	37,478	150,751	131,315	-	56,914

13 Restricted funds (continued)

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

- (a) Monies received from Arnold Clark for larder, Basics Bank and family work
- (b) Monies received from FJ Wallis Charitable Trust for core costs
- (c) Monies received from Garfield Weston for revenue spending
- (d) Monies received from the County Councillor Grant (HCC) towards the cost of youthwork
- (e) Monies received from the Oaks Federation (HCC) towards the cost of family work
- (f) Monies received from HIWCF (NET-DCMS) to go towards covering the cost of support for the FareShare Larder
- (g) Monies received from Henry Smith for Basics Bank Co-ordinator
- (h) Monies received from HMRC JRS Grant to go towards covering the cost of the employees who had been
- (i) Monies received from Local Impact Community Fund for tackling food poverty, Basics Bank and Co-ordinator
- (j) Monies received from the Martin Lewis Fund for the Food bank (Basics Bank)
- (k) Monies received from the MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk
- (l) Monies received from Neville Close for core costs
- (m) Monies received from the Newby Trust for Covid-19 emergency funding
- (n) Monies received from the New Forest District Council Business Grant towards the costs of running The Chapel
- (o) Monies received from the New Forest District Council towards the costs of our family work
- (p) Monies received from the New Forest District Council for the food bank (Basics Bank)
- (q) Monies received from the New Forest District Fuel Bank for funding towards supporting fuel costs for those in need (in partnership with Fuel Foundation)
- (r) Monies received from the New Forest District Council Hardship Fund to cover the essentials of those in need
- (s) Monies received from New Forest District Council restart grant - towards running cost of The Chapel
- (t) Monies received from New Forest District Council Revenue Grant for core costs
- (u) Monies received from New Forest District Council Supporting Communities - summer activities
- (v) Monies received from Red Hill Trust towards the cost of work in schools.
- (w) Monies received from the New Forest Rotary for the food bank (Basics Bank)
- (x) Monies received from The Albert Hunt Trust to go towards core costs
- (y) Monies received from The Edward Gostling Foundation (The Act Foundation) towards the cost of family work
- (z) Monies received from Joseph Rank Trust towards the cost of youth work
- (zi) Monies received from the New Forest District Council towards the costs of YFM
- (zii) Monies received from the New Forest District Council's retail, Hospitality and Leisure fund towards the costs of running The Chapel
- (ziii) Monies received from the Radian Community Fund for the food bank (Basics Bank)
- (ziv) Monies received from the SERCO Foundation to go towards anything Covid related
- (zv) Monies received from The Listeners Trust towards the cost of IT Hardware
- (zvi) Monies received from VIVID Housing for the food bank (Basics Bank)

14 Financial instruments

Categorisation of financial instruments	2021	2020
	£	£
Financial assets that are debt instrument measured at amortised cost	248,042	222,534
	248,042	222,534
Financial liabilities measured at amortised cost	4,835	1,066
	4,835	1,066

Items of income, expense, gains or losses

The total interest income for financial assets not measured at fair value through profit or loss is £421 (2020: £740)

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

15 Analysis of net assets between funds	Unrestricted funds	Designated funds	Unrestricted total	Restricted funds	Total funds
2021	£	£	£	£	£
Fixed assets	3,248	-	3,248	-	3,248
Current assets	76,963	98,106	175,069	72,973	248,042
Creditors: amounts falling due within	(4,835)	-	(4,835)	-	(4,835)
	<u>75,376</u>	<u>98,106</u>	<u>173,482</u>	<u>72,973</u>	<u>246,455</u>
2020	<i>Unrestricted funds</i>	<i>Designated funds</i>	<i>Unrestricted total</i>	<i>Restricted funds</i>	<i>Total funds</i>
	£	£	£	£	£
<i>Fixed assets</i>	6,937	-	6,937	-	6,937
<i>Current assets</i>	124,514	41,106	165,620	56,914	222,534
<i>Creditors: amounts falling due within</i>	(1,066)	-	(1,066)	-	(1,066)
	<u>130,385</u>	<u>41,106</u>	<u>171,491</u>	<u>56,914</u>	<u>228,405</u>

YOUTH AND FAMILIES MATTER

England & Wales - Charity number 1128524

Accounts

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020

FOR

YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)

YOUTH AND FAMILIES MATTER

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FOR THE YEAR ENDED 31st DECEMBER 2020

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YOUTH AND FAMILIES MATTER
COMPANY INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2020

TRUSTEES:	R Maher ACA – Chair S Reynolds H Francis FCA J Woodhouse
REGISTERED OFFICE:	Testwood Baptist Church 283A Salisbury Road Totton Southampton Hampshire SO40 3LZ
REGISTERED NUMBER:	06732673 (England and Wales)
CHARITY NUMBER:	1128524
INDEPENDENT EXAMINER:	Scott Vevers Ltd Chartered Accountants & Registered Auditors 65 East Street Bridport Dorset DT6 3LB
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31st DECEMBER 2020**

The trustees who are also directors of the Charity for the purposes of the Companies Act present their report together with the financial statements of the Charity for the year ended 31st December 2020. They are also prepared to meet the requirements for a director's report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following -

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have established that the aims and purposes of Youth and Families Matter will primarily be achieved by providing the following -

- Parenting support
- Schools work
- Detached youth work
- Family work, including befriending
- Community development work
- Practical help through the provision of food parcels

In planning activities for the period, the Trustees have considered the Commission's guidance on public benefit and the needs of the local community. The Governors have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The public benefit narrative within this report is also set out taking account of PB3.

ACHIEVEMENTS AND PERFORMANCE

We were hugely honoured to be awarded the Queens Award for Voluntary Services during 2020. This award rightly recognises the vital role that volunteers have to play in the work of YFM.

The YFM team and trustees spent some time at the beginning of 2020 re-evaluating our aims and vision. The outcome was, to better describe the work of YFM to our funders and service users, we chose 3 key words that encompass the heart of YFM, these being Listen, Care and Empower. YFM will:

- Listen without judging and do so with compassion
- Care with kindness and sensitivity
- Empower individuals to make positive changes and face challenges with confidence and resilience

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2020

Throughout the period our activities and achievements were as follows -

Family & Community Work

- Coffee morning – a weekly support group for adults, including sessions on specific topics (Craft, Managing your money). Due to the Coronavirus pandemic this group stopped meeting in person during times of lockdown. The members of the group, however, were supported virtually through phone calls.
- ADHD/Autism support group – a monthly support group for parents of children with ADHD and Autism. One session runs on a Thursday morning each month, and one on a Monday evening each month. Due to the Coronavirus pandemic and lockdown these groups stopped meeting in person from end of March. Zoom sessions were offered as an alternative.
- One to one support – targeted support to assist vulnerable families or families in crisis. This was done in person when guidelines allowed. Otherwise, it was virtually through WhatsApp, facetime, zoom and phone calls.
- Basics Bank (food bank) – Emergency food parcels for families in need. Basics Bank supported a large number of individuals and families during 2020. During the months of lockdown we changed our model and started offering delivery as well as collection. The demand for Basics Bank increased by 81% in comparison to 2019. The local community continued to heavily support this project, as well as many organisations and supermarkets, both with food and finances. Due to the increased demand, we did have to pay a member of staff to manage the referrals. The volunteer team continued throughout the pandemic and lockdowns to ensure all the food was sorted and packed for those who were in need.
- Fareshare Larder – run by the Fareshare Charity and using the church site, with support from YFM, to provide groceries, for a small charge, to those in need. This initiative started in October and is run one morning each week.
- TIDES – support group for people suffering from depression and anxiety. Due to the Coronavirus pandemic this group stopped meeting in person during times of lockdown. Zoom sessions were offered as an alternative.
- Supporting Parents of Teenagers – a 6-week course for parents of teenagers, to help them develop their skills in communication, rules and boundaries, and relationship building. We started running a course at the beginning of 2020 which ended early due to the Coronavirus pandemic and lockdown.
- Belong – a group for vulnerable adults to have company and improve community integration. Due to the Coronavirus pandemic this group stopped meeting in person during times of lockdown. Zoom sessions were offered as an alternative.
- Community Brunch – a group for individuals who may feel isolated and don't often get the chance to eat together. Due to the Coronavirus pandemic this group stopped meeting in person during times of lockdown. One to one virtual sessions were offered as an alternative.
- Post-Adoption Group – The group supports families who have adopted children and gives them the opportunity to meet with others in a similar situation. Due to the Coronavirus pandemic this group stopped meeting in person during times of lockdown. Contact was maintained virtually.
- We provided 2,496 hours of family work and worked with 30% more families than in the previous year. Due to the pandemic the support looked very different this year but included many calls, messages, virtual catch ups as well as doorstep visits and walks when allowed, with a greater emphasis on keeping in touch. We were able to show we cared through regular postcards, Easter eggs, craft packs, fruit boxes, meals and more.
- We provided more than 140 actual and virtual group 'sessions' despite lockdown and in addition there were new WhatsApp groups set up with regular conversations taking place.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2020

Our Family workers continued to work throughout 2020.

Schools & Youth Work

- One to one mentoring with 6 primary and 2 secondary schools – working with children and young people who have emotional needs, or who are at risk of exclusion. During the times of lockdown schools work had to stop but as soon as schools re-opened they were keen for the team to go back in. We made appropriate adjustments to the way we worked to enable this to happen safely. We supported the local schools through food parcels and craft packs for their most vulnerable children.
- The Hub after school drop in for pupils at secondary school, to provide a safe place to meet and a chance to build relationships with our youth workers. This had to stop due to the coronavirus pandemic.
- Out of School Mentoring – due to schools closing for much of the year, out of school mentoring became more important. As soon as 1 to 1 visits were allowed this resumed in a safe way.

We saw the greatest impact of the pandemic on our work with children and young people, as so much of this normally happens within schools. However, it is key to note that schools wanted us back straightaway once they were open again. We were also able to increase our out of school mentoring over the year with an 80% increase in numbers in this area.

Due to the nature of the work our schools and youth workers are involved in, we utilised the furlough scheme when they were unable to work.

Fundraising Activities

- Hamptworth Golf Club chose YFM as their charity of the year.

Regular newsletters update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

Community Involvement

Due to the coronavirus pandemic all community activities were cancelled.

Staff & Volunteers

In 2020 there were no staff changes, although we did make use of the furlough scheme as needed. A significant amount of administration was required to devise and implement appropriate risk assessments to reduce risks to the staff, volunteers and clients in relation to Coronavirus.

Our Office and Finance Manager was recognised for twenty years of service to YFM.

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

YOUTH AND FAMILIES MATTER
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2020

The Chapel

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

Due to the coronavirus pandemic The Chapel had to remain closed for the majority of the year. We received a number of government grants to sustain The Chapel during this period.

PLANS FOR FUTURE PERIODS

Family & Community Work

Continuation of current work, including -

- Coffee morning – weekly support group for adults, including sessions on specific topics. We will resume this group when government guidelines permit.
- ADHD & Autism support group – for parents of children with ADHD and Autism. We will resume this group when government guidelines permit.
- One to one – One to one support for vulnerable families and families in crisis.
- Family trips – Trips for families, to enable parents and children to spend a day out together, provided at a discounted rate, with travel included.
- Family Fun Day – cancelled in 2021 due the Coronavirus pandemic.
- Totton Lantern Parade if government guidelines allow.
- Basics Bank – provision of emergency food parcels to families in need.
- Fareshare Larder – providing support to Fareshare enabling them to provide this weekly
- TIDES – support group for people suffering from depression and anxiety.
- Anger Management – 6-week course for parents, to help them in managing their children’s angry outbursts. The programme was written by Youth and Families Matter, Families Matter and Hampshire Education Psychology service.
- Belong – a group for vulnerable adults to have company and improve community integration.
- Post-Adoption group
- Parenting Groups, including SPOT and Parenting Puzzle – for parents struggling with their child’s challenging behaviour.
- Community Brunch.
- The Cygnet Parenting Course in partnership with Barnardo’s.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2020**

Schools & Youth Work

Continuation of current work, including -

- One to one mentoring with primary and secondary pupils – working with children who have emotional needs, or who are at risk of exclusion.
- Out of school mentoring for young people aged 11 – 18, to provide a positive role model and information, advice and guidance
- A summer programme for children and young people.
- Partnership working to provide a youth club and other appropriate youth activities.

The Chapel

We aim to continue developing The Chapel to improve community access to our sessions and increase the net surplus. The staff team will continue to recruit and train volunteers.

Staff & Volunteers

We will continue to support and train our staff and volunteers.

Sustainability

Due to the changing financial climate, and a decrease in available statutory funding, we continue to find alternative ways to fund the work of YFM. This is done in a variety of different ways:

- The Chapel
- Increased personal donations
- Development of school contributions towards schools and parenting work
- Grants
- Fundraising

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2020

FINANCIAL REVIEW

Total receipts on unrestricted funds were £91,309. Restricted funds of £150,751 were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net income of £44,528 (2019 net expenditure of £4,337) for the year and reserves are in surplus by £228,405, of which £56,914 are in restricted funds.

Funding sources for the year are as follows: -

- F J Wallis Charitable Trust
- Garfield Weston
- Hampshire County Council
- Hampshire & Isle of Wight Community Foundation
- HMRC Job Retention Scheme
- Martin Lewis Fund
- MJB Charitable Trust
- Neville Close Ltd
- New Forest District Council
- Radian Community Fund
- Redhill Trust
- Rotary (New Forest)
- SERCO Foundation
- Testwood Baptist Church
- The Albert Hunt Trust
- The Edward Gostling Foundation
- The Listeners
- VIVID Housing Ltd
- Gifts and Donations
- ASDA Foundation
- Faccenda Foods Ltd
- Hamptworth Golf Club
- Millgate Homes
- Net primates Ltd
- Trinity Church
- Bartley School
- Calmore School
- Eling School
- Foxhills Infants School
- Foxhills Junior School
- Hounslow School
- Oakfield School
- Testwood School

The breadth of support tangibly demonstrates the high regard for YFM in the local community and the recognition of its effectiveness in delivering critical support to the most vulnerable. The discretionary funds highlight the extent of the confidence of funders in YFM's local knowledge of current needs.

RESERVES POLICY

The trustees have set a **reserves policy** which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2020**

working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2020, free reserves amounted to £123,448 which are in accordance with the policy.

- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

DIRECTORS AND TRUSTEES

The registered directors of the company are also the trustees, and details of the trustees are listed on page 1. Trustees are recruited and appointed by the board of trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

The Trustees delegate the day to day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2020

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:


R Maher – Director

Date: 7th September 2021

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH AND FAMILIES MATTER

I report on the accounts of the company for the year ended 31st December 2020, which are set out on pages 11 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.

M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date:

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST DECEMBER 2020

	Notes	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Income and endowments from:					
Donations and legacies	2	62,983	-	62,983	56,979
Charitable activities	3	10,785	150,751	161,536	87,547
Other trading activities	4	16,801	-	16,801	54,440
Investments (Bank interest)		740	-	740	812
Total income		<u>91,309</u>	<u>150,751</u>	<u>242,060</u>	<u>199,778</u>
Expenditure on:					
Cost of raising funds	5	50,516	-	50,516	56,444
Charitable activities	6	15,701	131,315	147,016	147,671
Total expenditure		<u>66,217</u>	<u>131,315</u>	<u>197,532</u>	<u>204,115</u>
Net income/ (expenditure) for the year		25,092	19,436	44,528	(4,337)
Transfers		-	-	-	-
Net movement in funds for the year		<u>25,092</u>	<u>19,436</u>	<u>44,528</u>	<u>(4,337)</u>
Reconciliation of funds					
Funds at 1st January 2020		146,399	37,478	183,877	188,214
Total funds at 31st December 2020		<u>171,491</u>	<u>56,914</u>	<u>228,405</u>	<u>183,877</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 13 to 21 form part of these financial statements

YOUTH AND FAMILIES MATTER
BALANCE SHEET
AS AT 31ST DECEMBER 2020

	Notes	2020		2019	
		£	£	£	£
Tangible fixed assets	9		6,937		11,155
Current assets					
Debtors	10	5,926		5,142	
Cash at bank and in hand		216,608		170,324	
		<u>222,534</u>		<u>175,466</u>	
Creditors: Amounts falling due within one year	11	<u>(1,066)</u>		<u>(2,744)</u>	
Net current assets			221,468		172,722
Total assets less current liabilities			<u><u>228,405</u></u>		<u><u>183,877</u></u>
The funds of the charity:					
Restricted income funds	13		56,914		37,478
Unrestricted income funds:	12				
Designated funds		41,106		32,446	
Other charitable funds		<u>130,385</u>		<u>113,953</u>	
Total unrestricted funds			171,491		146,399
Total charity funds			<u><u>228,405</u></u>		<u><u>183,877</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime under the Companies Act 2019.

The Financial statements were approved by the board on *7th September 2021*


R Maher -Director

The notes on pages 13 to 21 form part of these financial statements

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Companies Act 2006 and the Charities Act 2011.

1.2 Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

1.3 Expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold improvements	Over period of lease
Equipment	25% straight line

1.5 Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 13 to the accounts.

Designated funds are allocated out of unrestricted funds by the trustees for specific purposes. The use of such funds is at the trustees' discretion.

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

2 Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Testwood Baptist Church	13,200	-	13,200	13,200
Gift Aid	5,827	-	5,827	5,287
Other donations and gifts	36,510	-	36,510	31,120
	<u>55,537</u>	<u>-</u>	<u>55,537</u>	<u>49,607</u>
Rent & Services from the church (Gifts in kind)	7,446	-	7,446	7,372
	<u>62,983</u>	<u>-</u>	<u>62,983</u>	<u>56,979</u>
	<i>2019</i> £	£	£	£
Testwood Baptist Church	13,200	-	13,200	13,200
Gift Aid	5,287	-	5,287	5,021
Other donations and gifts	31,120	-	31,120	31,690
	<u>49,607</u>	<u>-</u>	<u>49,607</u>	<u>49,911</u>
Rent & Services from the church (Gifts in kind)	7,372	-	7,372	7,299
	<u>56,979</u>	<u>-</u>	<u>56,979</u>	<u>57,210</u>

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Grants and Awards:				
F J Wallis Charitable Trust	-	5,000	5,000	5,000
Garfield Weston	-	20,000	20,000	-
Hampshire County Council: County Councillor Grant (DH)	-	1,000	1,000	1,500
Hampshire County Council: Oaks Federation	-	3,750	3,750	3,750
Hampshire County Council: Short Breaks	-	-	-	353
HIWCF: NET-DCMS Fund	-	1,249	1,249	-
HMRC JRS Grant	-	27,017	27,017	-
Joseph Rank Trust	-	-	-	10,000
Local Impact Community Fund (Simply Health)	-	-	-	1,123
Martin Lewis Fund	-	10,000	10,000	-
MJB Charitable Trust	-	25,000	25,000	25,000
Neville Close	-	10,000	10,000	10,000
New Forest District Council	-	675	675	-
New Forest District Council Business Grant	-	1,334	1,334	-
New Forest District Council Comm.Gr. C.Cllr Davis	-	500	500	-
New Forest District Council: Community Grant	-	300	300	-
New Forest District Council: Hardship Fund	-	10,000	10,000	-
New Forest District Council: Retail, Hospitality &	-	10,000	10,000	-
New Forest District Council Revenue Grant	-	7,500	7,500	5,000
Radian Community Fund	-	700	700	1,054
Red Hill Trust	-	2,979	2,979	2,778
Rotary (1&2)	-	850	850	-
SERCO Foundation	-	1,000	1,000	-
The Albert Hunt Trust	-	2,000	2,000	-

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

The Edward Gostling Foundation (The Act Foundation)	-	8,000	8,000	10,000
The Listeners	-	1,197	1,197	-
Vivid Housing Ltd	-	700	700	-
Fees received	10,485	-	10,485	11,454
Other income	300	-	300	535
	<u>10,785</u>	<u>150,751</u>	<u>161,536</u>	<u>87,547</u>

3 Income from charitable activities (continued)

2019	Unrestricted funds	Restricted funds	Total 2,019	Total 2,018
	£	£	£	£
<i>Grants and Awards:</i>				
ASDA	-	-	-	490
BBC Children In Need	-	-	-	1,161
COOP	-	-	-	4,416
F J Wallis Charitable Trust	-	5,000	5,000	-
Hampshire County Council: County Councillor Grant 2019 (DH)	-	1,500	1,500	1,000
Hampshire County Council: CCBS (Culture, Communities	-	-	-	1,500
Hampshire County Council: Oaks Federation	-	3,750	3,750	4,500
Hampshire County Council: Short Breaks	-	353	353	-
HIWCF: Health and Wellbeing Grant	-	-	-	1,733
HIWCF: Action for Hampshire	-	-	-	4,339
Hedley Foundation Limited	-	-	-	450
Joseph Rank Trust	-	10,000	10,000	10,000
Local Impact Community Fund (Simply Health)	-	1,123	1,123	813
MJB Charitable Trust	-	25,000	25,000	20,000
Neville Close	-	10,000	10,000	5,000
New Forest District Council Revenue Grant	-	5,000	5,000	4,740
Radian Community Fund	-	1,054	1,054	731
Red Hill Trust	-	2,778	2,778	3,051
Souter Charitable Trust	-	-	-	3,003
The Edward Gostling Foundation (The Act Foundation)	-	10,000	10,000	9,000
The Henry Smith Charity	-	-	-	5,000
Fees received	11,454	-	11,454	10,035
Other income	535	-	535	1,323
	<u>11,989</u>	<u>75,558</u>	<u>87,547</u>	<u>92,285</u>

4 Other Trading Activities

	Total 2020	Total 2019
	£	£
The Chapel café	10,642	38,444
Sale of donated goods	5,995	13,442
Rent received	-	25
Fundraising events	164	2,529
	<u>16,801</u>	<u>54,440</u>

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

5 Cost of raising funds

	2020	2019
	£	£
Staff costs	14,162	13,866
Publicity	-	376
	<u>14,162</u>	<u>14,242</u>
The Chapel café costs	10,209	14,235
The Chapel staff costs	26,145	27,967
	<u>36,354</u>	<u>42,202</u>
	<u>50,516</u>	<u>56,444</u>

The Chapel costs represent 72% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services. The non-trading cost of raising funds ratio to total income is 5.85%.

6 Expenditure on charitable activities

	Charitable Activities	Support Costs	Total 2020	Total 2019
	£	£	£	£
Staff Costs	78,240	33,942	112,182	112,479
Direct Project Costs	12,377	-	12,377	12,221
Office & other costs	-	9,509	9,509	10,425
Depreciation	4,218	-	4,218	4,218
Rent & Services from the church (Gifts in kind)	-	7,446	7,446	7,372
Training	288	-	288	176
<u>Governance costs</u>				
Independent Examiner's fees	-	996	996	780
	<u>95,123</u>	<u>51,893</u>	<u>147,016</u>	<u>147,671</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 3875 hours of voluntary work (2019 7590 hours).

	Charitable Activities	Support Costs	Total 2019	Total 2018
	£	£	£	£
Staff Costs	80,306	32,173	112,479	113,948
Direct Project Costs	12,221	-	12,221	17,288
Office & other costs	-	10,425	10,425	6,704
Depreciation	4,218	-	4,218	3,781
Rent & Services from the church (Gifts in kind)	-	7,372	7,372	7,299
Training	176	-	176	2,682
<u>Governance costs</u>				
Independent Examiner's fees	-	780	780	762
	<u>96,921</u>	<u>50,750</u>	<u>147,671</u>	<u>152,464</u>

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

7 Employee costs

No remuneration or expenses were paid to any trustees but details of amounts paid to other related parties are set out below. The remuneration of the remaining staff was as follows:

	Total 2020 £	Total 2019 £
Wages and salaries	145,478	141,841
Social security costs	5,565	5,976
Pension contributions	6,397	6,331
	<u>157,440</u>	<u>154,148</u>

The charity contributes to the personal pension schemes of any eligible staff who wish to have one. Contributions payable for the year are included in the Statement of Financial Activities.

No employee earned more than £60,000 during the period. The average full time equivalent number of staff employed by the charity during the year was as follows:

	2020 Staff	2019 Staff
Fundraising and marketing	0.5	0.5
The Chapel café	1.3	1.4
Direct charitable activity	3.6	3.5
Support activity	1.0	0.9
Average full time equivalent number of staff employed	<u>6.4</u>	<u>6.4</u>
Average number of staff employed (headcount)	<u>16.0</u>	<u>17.5</u>

8 Transactions with related parties

Naomi Maher, (daughter of the trustee Ray Maher) was employed during the year as a youth worker and earned £21,026. Donations totalling £250 were made to the charity by 1 trustee during the year (2019 £nil).

9 Tangible fixed assets

	Short leasehold improvements £	Fixtures & Equipment £	Total £
Cost			
At 1st January 2020	23,745	7,996	31,741
Additions			-
At 31st December 2020	<u>23,745</u>	<u>7,996</u>	<u>31,741</u>
Depreciation			
At 1st January 2020	14,938	5,648	20,586
Charge for the year	3,000	1,218	4,218
At 31st December 2020	<u>17,938</u>	<u>6,866</u>	<u>24,804</u>
Net book value			
At 31st December 2020	<u>5,807</u>	<u>1,130</u>	<u>6,937</u>
At 31st December 2019	<u>8,807</u>	<u>2,348</u>	<u>11,155</u>

In 2014, the charity a licence to occupy the property known as "The Chapel" for a period of 10 years.

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

10 Debtors

	2020	2019
	£	£
Other debtors	100	45
Income tax on gift-aid payments	5,826	5,097
	5,926	5,142

11 Creditors: amounts falling due within one year

	2020	2019
	£	£
Accruals	1,066	2,744
	1,066	2,744

12 Unrestricted funds

	Balance at 1st January 2020 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2020 £
Designated funds:					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	7,446	9,860	-	(1,200)	16,106
	32,446	9,860	-	(1,200)	41,106
Other charitable funds	113,953	15,232	-	1,200	130,385
	146,399	25,092	-	-	171,491

(a) Monies held to ensure cashflow is available to pay salaries as they fall due.

(b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.

	Balance at 1st January 2019 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2019 £
2019					
Designated funds:					
(a) Salary reserve	20,000	-	-	5,000	25,000
(b) Food Bank service	7,446	-	-	-	7,446
	27,446	-	-	5,000	32,446
Other charitable funds	118,780	173	-	(5,000)	113,953
	146,226	173	-	-	146,399

YOUTH AND FAMILIES MATTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

13 Restricted funds

include restricted funds comprising the following unexpended balances

	Balance at 1st January 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2020 £
(a) F J Wallis Charitable Trust	686	5,000	4,997	-	689
(b) Garfield Weston	-	20,000	16,243	-	3,757
(c) Hampshire County Council: County Councillor Grant (DH)	1,600	1,000	570	-	2,030
(d) Hampshire County Council: Oaks Federation	1,057	3,750	3,735	-	1,072
(e) Hampshire & Isle of Wight Community Foundation (HIWCF): National Emergencies Trust (NET-DCMS)	-	1,249	-	-	1,249
(f) HMRC job Retention Scheme (JRS) Grant	-	27,017	27,017	-	-
(g) Joseph Rank Trust	3,547	-	3,547	-	-
(h) Martin Lewis Fund	-	10,000	8,635	-	1,365
(i) MJB Charitable Trust	19,248	25,000	21,852	-	22,396
(j) Neville Close	1,484	10,000	8,128	-	3,356
(k) New Forest District Council	-	675	675	-	-
(l) New Forest District Council Business Grant	-	1,334	293	-	1,041
(m) New Forest District Council: Community Grant (CD)	-	500	98	-	402
(n) New Forest District Council: Community Grant	-	300	97	-	203
(o) New Forest District Council: Hardship Funds	-	10,000	2,478	-	7,522
(p) New Forest District Council: Retail, Hospitality & Leisure Grant	-	10,000	10,000	-	-
(q) New Forest District Council: Revenue Grant	1,546	7,500	7,154	-	1,892

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(r) Radian Community Fund	283	700	983	-	-
(s) Red Hill Trust	643	2,979	2,340	-	1,282
(t) Rotary (1&2)	-	850	441	-	409
(u) SERCO Foundation	-	1,000	1,000	-	-
(v) The Albert Hunt Trust	-	2,000	1,721	-	279
(w) The Edward Gostling Foundation (The Act Foundation)	7,384	8,000	7,414	-	7,970
(x) The Listeners	-	1,197	1,197	-	-
(y) Vivid Housing Ltd	-	700	700	-	-
	37,478	150,751	131,315	-	56,914

	Balance at 1st January 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2019 £
(a) ASDA	70	-	70	-	-
(b) COOP	4,192	-	4,192	-	-
(c) FJ Wallis Charitable Trust	-	5,000	4,314	-	686
(d) Garfield Weston Foundation	519	-	519	-	-
(e) Hampshire County Council: County Councillor Grant DH	610	1,500	510	-	1,600
(f) Hampshire County Council: Culture, Community and Business Services (CCBS)	355	-	355	-	-
(g) Hampshire County Council: Oaks Federation	1,418	3,750	4,111	-	1,057
(h) Hampshire County Council: Short Breaks	-	353	353	-	-
(i) Hampshire and Isle of Wight Community Foundation: Health and Wellbeing	781	-	781	-	-
(j) Hampshire and Isle of Wight Community Foundation: Action for Hampshire	4,339	-	4,339	-	-
(k) Joseph Rank Trust	4,233	10,000	10,686	-	3,547
(l) Local Impact Community Fund:	-	1,123	1,123	-	-
(m) MJB Charitable Trust	16,227	25,000	21,979	-	19,248
(n) Neville Close	784	10,000	9,300	-	1,484
(o) New Forest District Council Revenue Grant	1,660	5,000	5,114	-	1,546
(p) Radian Community Fund	-	1,054	771	-	283
(q) Red Hill Trust	956	2,778	3,091	-	643
(r) Souter Charitable Trust	139	-	139	-	-
(s) The Edward Gostling Foundation (The Act Foundation)	4,263	10,000	6,879	-	7,384
(t) The Henry Smith Charity	1,442	-	1,442	-	-
	41,988	75,558	80,068	-	37,478

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13 Restricted funds (continued)

- (a) Monies received from FJ Wallis Charitable Trust for core costs
- (b) Monies received from Garfield Weston for revenue spending
- (c) Monies received from the County Councillor Grant (HCC) towards the cost of youthwork
- (d) Monies received from the Oaks Federation (HCC) towards the cost of family work.
- (e) Monies received from HIWCF (NET-DCMS) to go towards covering the cost of support for the FareShare Larder Project
- (f) Monies received from HMRC JRS Grant to go towards covering the cost of the employees who had been furloughed due to the Coronavirus pandemic
- (g) Monies received from Joseph Rank Trust towards the cost of youth work
- (h) Monies received from the Martin Lewis Fund for the Food bank (Basics Bank)
- (i) Monies received from the MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk
- (j) Monies received from Neville Close for core costs
- (k) Monies received from the New Forest District Council towards the costs of YFM
- (l) Monies received from the New Forest District Council Business Grant towards the costs of running The Chapel
- (m) Monies received from the New Forest District Council towards the costs of our family work
- (n) Monies received from the New Forest District Council for the food bank (Basics Bank)
- (o) Monies received from the New Forest District Council Hardship Fund to cover the essentials of those in need
- (p) Monies received from the New Forest District Council's retail, Hospitality and Leisure fund towards the costs of running The Chapel
- (q) Monies received from New Forest District Council Revenue Grant for core costs
- (r) Monies received from the Radian Community Fund for the food bank (Basics Bank)
- (s) Monies received from Red Hill Trust towards the cost of work in schools.
- (t) Monies received from the New Forest Rotary for the food bank (Basics Bank)
- (u) Monies received from the SERCO Foundation to go towards anything Covid related
- (v) Monies received from The Albert Hunt Trust to go towards core costs
- (w) Monies received from The Edward Gostling Foundation (The Act Foundation) towards the cost of family work

- (x) Monies received from The Listeners Trust towards the cost of IT Hardware
- (y) Monies received from VIVID Housing for the food bank (Basics Bank)

14 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Unrestricted total £	Restricted funds £	Total funds £
2020					
Fixed assets	6,937	-	6,937	-	6,937
Current assets	124,514	41,106	165,620	56,914	222,534
Creditors: amounts falling due within one year	(1,066)	-	(1,066)	-	(1,066)
	130,385	41,106	171,491	56,914	228,405
2019					
<i>Fixed assets</i>	<i>11,155</i>	<i>-</i>	<i>11,155</i>	<i>-</i>	<i>11,155</i>
<i>Current assets</i>	<i>105,542</i>	<i>32,446</i>	<i>137,988</i>	<i>37,478</i>	<i>175,466</i>
<i>Creditors: amounts falling due within one year</i>	<i>(2,744)</i>	<i>-</i>	<i>(2,744)</i>	<i>-</i>	<i>(2,744)</i>
	113,953	32,446	146,399	37,478	183,877

