
SOLA ARTS

ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

Company No. 06655438
Charity No. 1128459

TRUSTEES' REPORT FOR THE YEAR ENDED 29TH MARCH 2025

The trustees are pleased to present their report for the year ended 29th March 2025.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) as amended for accounting periods commencing from 1st January 2019.

OBJECTIVES AND ACTIVITIES

The objects of the charitable company are:

- 1) The advancement of public education by the provision of arts projects.
- 2) The relief of persons who have become displaced persons or refugees from the countries of their origin or domicile by reasons of hostilities, persecution, oppression, discrimination, natural distress or other like causes, and their families and dependents who are in conditions or need, hardship and distress.
- 3) The relief of persons who experience mental distress and their families and dependents who are in conditions or need, hardship and distress, by the provision of Art Therapy (also known as Art Psychotherapy).
- 4) Any other purposes charitable by law for the benefit of the community.

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that SOLA Arts is meeting its public benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

The 2024-25 Chair's Report continues to bring optimism for SOLA's next 12 months, as well as acknowledgement and celebration of our work, and development over the past year.

Remarkably and wonderfully 2025 has brought us into our 21st year of delivering core and key services and support for those most in need in our communities. Through tougher times and fantastic opportunities and of course lots of creative adventures & fun, we have become 21 years old and are super proud of this stage in our growth and next stage in SOLA's evolution.

SOLA provides a unique and specialist programme primarily focusing on support and empowerment for people seeking sanctuary, with Leave to Remain settled status, survivors of torture, survivors of modern-day slavery or human trafficking and those who have experienced primary and secondary trauma due to oppression and conflict. We have also continued commitment to working with others from marginalised context including people with learning difficulties, learning disabilities, elders in our community, and people with enduring mental health challenges.

SOLA has continued as the region's leading Art Psychotherapy offer and focused arts & mental health charity with a focus on supporting displaced people and young people with complex trauma at our core. The importance of Art Psychotherapy and Social Support continue to underlying our work, being the and fundamental to beneficiary needs.

This past year has proven extremely challenging at times due to tense socio-political and socio-environmental context, namely racist rioting in summer 2024 led by increased far-right activism and propaganda particularly targeted against refugees and asylum seekers. This has impacted both beneficiaries and our team members directly and enabled us to affirm our commitment to supporting those impacted by this racist and xenophobic rhetoric. We have needed to review and ensure that our safeguarding and risk assessment procedures and protocols as strong and clear, and that at all times we continue to work in a trauma-informed and empathetic way to best support those we work with and ourselves. It would be naïve to say

that this hasn't led to some distress whilst it has been recognisable that our team has grown stronger and strengthened in the face of this adversity.

We have had changes in Trustees and are preparing to welcome new staff through this. We have also welcomed new volunteers and reflected on our systems and process to enable quicker access to our programmes and support, as well as make the team experience more digitally based and compatible with a joined up whole team approach. As always and evermore so, our team (trustees, staff and volunteers) continue to bring a depth of richness, diversity, empathy, kindness and compassion through a wealth of expertise and dynamism to every aspect of SOLA and our services for the community.

This year we have focused on reflection, to better understand, acknowledge and integrate the importance of lived experience in our team and the importance for greater equality of opportunity and progression for people with lived experience as a key expertise in our staffing roles. This has also meant exploring a longer-term strategic plan for pay grade and skill recognition levelling up, whilst ensuring that the charity has sustainability and continuity.

We continue to be trauma-informed and mindful of the impact of the work on both our team and the culture at SOLA, in order to ensure that staff and volunteers as well as beneficiaries are best served and supported. As a result, we have begun to gain recognition in our expertise of trauma-informed practice, which has in turn led to commissioning of our Clinical Supervision and Reflective Practice offer amongst refugee organisations and therapists across the UK, whilst we remain focused on our local region primarily.

We continue to have sound support from grant making bodies, donations and contracting opportunities to directly support 518 people throughout the year and thousands more (2500+) through wider engagement.

We have again contracted Momentum Expedite to carry out an Independent Evaluation of our programming and development, and LCVS for Independent Financial Audit and Accounts. An Independent Evaluation Report 2024-25 published July 2025 is available upon request.

The past 12 months has lent to dynamic commissioning including an increased delivery of therapy and family intervention for Adoption Support Service funded services. Additionally, we have provided Art Psychotherapy for Alder Hey Children's In-Patient Psychiatric Unit as well as trauma-informed staff training for Lancashire and South Cumbria NHS Forensic Psychiatric Unit. Donations-based income has reduced aligned with less private therapy delivery and whilst we have balanced this through stable contracted service delivery.

We continue to be supported by. Members of the community through donations of goods and items, as well as having seen past participants return to contribute funds and expertise towards our emergency support 'pot'- a true testimony to the generosity of those we support whilst acknowledgement of the impact of our work for those who have benefitted and wish to give back. This 'giving back' by past beneficiaries is something that has particularly noticeable this year including from Karen & Carlos donating towards our Emergency Funds 'pot' to support those most in need through emergency cash contribution, support by Gilbert Toh towards getting our mobile van space up and running smoothly, food made by multiple beneficiaries as contribution to events, and a wonderful humungous croissant from Omed to recognise reaching 21 years this year!

We delivered a full programme weekly including Art Psychotherapy, Child & Adolescent Psychotherapy, Reflective Parenting interventions, ESOL, Men's Tailoring, Craft Cards Women, Women Who Bake, Art Group, Creative Growing art & nature and the Transitions project supporting social & welfare needs.

Our therapy programme and a therapeutic community approach continue to be the foundation

TRUSTEES' REPORT FOR THE YEAR ENDED 29TH MARCH 2025

of our delivery and model. This has included individual, group and informally based Art Psychotherapy and family focused Child & Adolescent Psychotherapy; supporting people from 4-67 years old at a vital and vulnerable time in the individual's life journey.

Paths to Prosperity consortia funding, National Lottery Reaching Communities Fund, Feeding Liverpool & Citizens Advice Bureau grants, MPAC & LCVS, Our Liverpool (Liverpool City Council) and have provided financial stability and programming opportunity that has reached all aspects of our programming and delivery, and ensured our sustainability and evolution for another successful year. Our ESOL provision continues to specialise in supporting those who find mainstream learning a challenge and for whom smaller focused learning is important, whilst we have been supported by 2 new volunteers into this essential offer. Additionally, we have been able to support people to develop business start-ups, gain employment and enter external learning courses and training.

Feeding Liverpool has continued to support our overall food support offer, whilst grant and practical support from MPAC, Liverpool City Council and LCVS, families we work with have continued to access food support as well as physical activity and creative family bonding through HAF grants. This has been enhanced by Our Liverpool funding which has enabled our continued work with young people awaiting school placement and in a transient experience and process of seeking asylum with their family; supporting young people to be creatively curious, play, enhance a sense of identity and belonging and importantly have fun.

Additionally, we have been able to achieve funding to continue our *16-19 Creative Growing Art Psychotherapy* programme for unaccompanied minors, and have continued working with children, young people, carers and forever families and reflective parenting through Adoption Support Funds contracted therapy. Our Creative Calm Van has continued to offer brief Art Therapy and sign-posting intervention at British Red Cross destitution drop-in fortnightly and we have piloted Pop-up drop-in ESOL provision close to initial accommodation centres in order to best support those most isolated and vulnerable, due to challenges with social engagement and/or mental health.

This year we have achieved Arts Council England funding for Research & Development of Festival 31 towards a 2 to 3 year plan of delivery using the arts and creativity as a tool to wider conversation around displacement and resettlement. Simultaneously, enhancing this through a new youth strand of the project supported by Our Liverpool and Awards for All to enable young people with lived experience of resettlement as refugees to create a Toolkit to inform greater understanding by peers about their experiences of resettlement.

We have continued to work with key stakeholders including Our Liverpool Schools Provision, Feeding Liverpool, British Red Cross, The Women's Organisation, MOWLL, Heart of Glass, Liverpool City Council Unaccompanied Minors Social Work Team. Active8 Support Service, Flying Seagull Project, Torus Housing (St Helen's), Deafness Resource Centre, John Lewis, Thrive, Vibe, MENCAP, Feelgood Factory, Toxteth Town Hall, to name a few of those organisations and groups we have been privileged to work with this year.

Whilst this year has brought us to prepare to say farewell from our Trustee group to our wonderful Roya, whilst we aren't saying goodbye as Roya is preparing to move into SOLA's staffing team as Finance and Projects Support! Our search continues for a new Trustee to enhance our governance and strategic planning.

As can be seen, SOLA has continued to explore new options for programme delivery whilst enhancing and further establishing our core programme. SOLA continues to be innovative and committed to best support people most in need of support, showing this through our desire to understand, empathy, passion and action.

Once again, the SOLA team has surpassed any expectation of the quality and benefit of our

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TRUSTEES' REPORT FOR THE YEAR ENDED 29TH MARCH 2025

work for individuals and the community.

Having such a varied skills set, expertise and passion for SOLA's work is testimony to a wonderful and vibrant multi-skilled and multi-talented group of people who make SOLA what it is.

We continue to find ourselves and as a team to adapt, support each other and evolve.

Everyone who has been on the SOLA team journey over the past 12-months has been formidable, compassionate, highly skilled and committed, and I would like to convey sincerest gratitude and respect to our team for this; staff, volunteers, Trustees and supporters. We also thank our long-term support George, Caretaker of Toxteth Town Hall and Cala on Reception in the building, for enabling a smooth support for beneficiaries accessing our provision and creating a warm and supportive environment in which we reside. We also thanks to continued support from Denise and others on Trustee Board at Toxteth Town Hall, for their continued commitment to and support of our activities and long-term residency in this great community focused building.

I also want to acknowledge our wonderful therapy dogs Zuki, Peanut and our new furry friend Cham who continue to bring an abundance of unconditional love, warmth, kindness, energy and comfort to all who come to SOLA. In February, Cham joined us and was quickly able to engage in therapy sessions and give his own recipe of love and care to everyone who he connects with. This year we sadly lost Zuki, who almost 15 years old, had been a core member of SOLA for 13.5 years, providing support in therapy and enabling a tenderness to our delivery that only he could. Zuki will be dearly missed and our love for him continues.

Without the passion and care of our talented team, SOLA wouldn't be 21 years old or have the impact and care that we do- we care not only for those we support but also for all in our team. With this in mind, I'd like to finish by once again and humbly say a massive and celebratory THANKS to every single person involved in our programming, those who continue to support SOLA and our activities, and thanks to everyone who we have privilege to work with, share a journey with and continue daily to learn from!

FINANCIAL REVIEW

Total income in the year was £309,278 (2024: £358,397) of which £161,033 (2024: £111,301) related to funding for projects upon which restrictions are placed.

Total expenditure in the year was £274,510 (2024: £267,183), leaving a surplus for the year of £34,768 (2024: surplus £91,214).

At 29th March 2025 the charitable company's reserves stood at £163,713 (2024: £128,945) of which £62,073 (2024: £34,701) represented restricted funds

RISK MANAGEMENT

The main risks to which the charitable company are exposed as identified by the Trustees have been considered and systems have been established to mitigate those risks.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves; at a level which will allow the charity to cover redundancy costs, lease commitments and continue its activities for three months should no further funding be received.

As at the end of the financial year the unrestricted funds totaled £101,640. The charitable company requires £26,724 for redundancy provision, £895 lease commitments and £35,212 for three months' running costs (Total £62,831).

TRUSTEES' REPORT FOR THE YEAR ENDED 29TH MARCH 2025

The trustees' plans for the balance of the unrestricted reserves are the continuation of the staff levels and delivery of projects.

PLANS FOR THE FUTURE

Whilst our sustainability continues to be a priority and increasing our reserves an important consideration for the management and Trustees. Sustainability through increased commissioned services for our core focus and activity, as well as longer-term large grant funding have become a focus for the coming year.

Grant funding, COVID 19 and impact on Reserves

SOLA now feels that we are showing strength post COVID pandemic and its impact on our delivery and financial sustainability. Having in fact grown during the COVID pandemic, we have now to focus on the sustainability of this growth. This includes achieving funding to maintain staffing at the current level of 1 full time and 11 part time staff whilst programme delivery recognises need for such a staffing team size.

The foundation of National Lottery Reaching Communities, HAF, Feeding Liverpool and Arts Council England, Awards for All and Our Liverpool funding alongside of contracts in particular from Adoption Support Fund, Paths to Prosperity and Alder Hey Children's NHS Trust, have allowed us to ensure core delivery.

As with the previous year, this has made us financially sound and we are looking towards a healthy start for the coming 2025-26 financial year. We intend to continue striving for improved financial standing and growth, whilst ensuring meaningful and considered delivery of provision to the community.

Grant funding has been welcomingly forthcoming, enabling us to respond and adapt. I would like to thank funders / key partners stepping in to support and sustain SOLA and our activities, namely; National Lottery Community Fund, Holiday Activity Fund, Feeding Liverpool, Citizen Advice Liverpool Household Support Fund, Arts Council England, Awards for All, Liverpool City Council- Our Liverpool, MPAC, LCVS, The Women's Organisation, Liverpool Play Partnership, Department for Skills, Liverpool Metro Mayor Fund, Feeding Liverpool Household Fund, and all of our kind donators and supporters. These vital emergency grants and donations have helped us not only survive but indeed thrive in order to meet an increased demand for our services.

All of these funders have been empathetic and encouraging to our delivery and receptiveness to deliver appropriately and in a flexible and proactive way for the people and communities we support.

Commissioned and contracted delivery of arts programming and Art Psychotherapy has begun to increase following the pandemic. This includes contracting by local authority Social Services Children's Services in particular Special Guardianship Teams and by Fostering and Adoption services across the region. As well as contracted delivery for The Women's Organisation through the Directions and the Paths to Prosperity projects has ensured continuity of core income and support for participants in our core programming and development towards and into training and employment and opportunity.

We have been able to thrive financially during this period, resulting in having notable value of funds towards our Reserves. This is a success and enables a healthiness for our financial capacity ongoing and to build on in the coming financial year.

We have several large and smaller funding applications awaiting outcome from local and national grant funders and so continue with positive energy at this stage moving forward.

SOLA ARTS

TRUSTEES' REPORT FOR THE YEAR ENDED 29TH MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

SOLA Arts is a charitable company limited by guarantee (registered in England and Wales, No. 06655438) incorporated on 24th July 2008 and registered as a charity (number 1128459) on 6th March 2009.

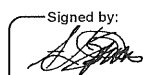
The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by its Articles of Association. The Memorandum and Articles of Association were amended by Special Resolution on 13th February 2009 and again 20th October 2015.

Any one over the age of 18 can become a member. It is managed by an Executive Committee of trustees. Executive committee meetings are held monthly, and agenda items include finance, health & safety and staff reports.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	SOLA Arts
Company Number	06655438
Charity Number	1128459
Registered Office	Room 19, Toxteth Town Hall 15 High Park Street Liverpool Merseyside, L8 8DX
Board of Trustees	The Board of Trustees are also its directors. Members are elected by Annual General Meetings of the members of the council in accordance with the Articles of Association.
Trustees	N U Barikumwe R Mho Zada (Resigned 29 th March 2025) H Murshid L Omar A Spiers - Chair N Yousef
Independent Examiner	Ying Huang ACCA, c/o LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	The Co-operative Bank PLC PO Box 250, Skelmersdale, WN8 6WT

Signed on behalf of the Board of Trustees,

Signed by:


.....
A Spiers Trustee – Chair

17 December 2025

Date:

SOLA ARIS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

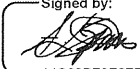
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- State whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) as amended for accounting periods commencing from 1st January 2019.

By Order of the Board

Signed by:

.....14C62D78E27F4FA.....

A Spiers - Trustee

Room 19, Toxteth Town Hall
15 High Park Street
Toxteth
Liverpool
Merseyside
L8 8DX

Date:17 December 2025.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLA ARTS

Respective
responsibilities of
trustees and examiner

I report on the accounts of the charitable company for the year ended 29th March 2025, which are set out on pages 10 to 21

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year ended under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's
statement

In connection with my examination, no matter has come to my attention:

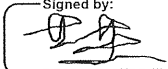
- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Ying Huang**

Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated: 17 December 2025

Signed by:

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SOLA ARIS**STATEMENT OF FINANCIAL ACTIVITIES (including Income & Expenditure)
FOR THE YEAR ENDED 29TH MARCH 2025**

	Notes	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
Income and endowments from:					
		£	£	£	£
Donations and legacies	3a	5,471	-	5,471	5,446
Charitable activities	3b	142,533	161,033	303,566	352,951
Other Income	3c	241	-	241	
		-----	-----	-----	-----
Total income		148,245	161,033	309,278	358,397
		-----	-----	-----	-----
Expenditure on:					
Charitable Activities	4	140,849	133,661	274,510	267,183
		-----	-----	-----	-----
Total expenditure		140,849	133,661	274,510	267,183
		-----	-----	-----	-----
Net income, net movement in funds		7,396	27,372	34,768	91,214
Total funds brought forward	9, 10	94,244	34,701	128,945	37,731
		-----	-----	-----	-----
Total funds carried forward	8-10	101,640	62,073	163,713	128,945
		=====	=====	=====	=====

The notes on pages 12 to 21 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SOLA ARTS**COMPANY NUMBER 06655438****BALANCE SHEET AS AT 29TH MARCH 2025**

	Notes	29 th March 2025		29 th March 2024	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		3,481		3,775
Current assets					
Debtors	6	23,287		17,201	
Cash at bank and in hand		139,094		111,297	
		-----		-----	
		162,381		128,498	
Current liabilities					
Creditors: amounts falling due within one year	7	(2,149)		(3,328)	
		-----		-----	
Net current assets			160,232		125,170
			-----		-----
Total assets less current liabilities			163,713		128,945
			=====		=====
Reserves					
Unrestricted funds	8, 9		101,640		94,244
Restricted funds	8,10		62,073		34,701
			-----		-----
			163,713		128,945
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

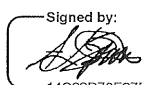
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on: 17 December 2025

Signed by:


14C62D70E27E4EA

Adele Spiers - Trustee

SOLA ARTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) as amended for accounting periods commencing from 1st January 2019 and Charities Act 2011 and the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charitable company have adequate reserves up to continue in operational existence for the foreseeable future. The Trustees are confident that the levels of liquidity and free reserves will not affect the charity's operations. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of monetary donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

SOLA ARTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure of £250 and above is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Office Equipment:	33% per annum straight line basis.
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Motor Vehicles:	33% per annum straight line basis
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Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SOLA ARTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
a. Donations and legacies				
Donations	5,471	-	5,471	4,255
Gift aid	-	-	-	1,191
	-----	-----	-----	-----
	5,471	-	5,471	5,446
	=====	=====	=====	=====

Donations and legacies income for 2024 related wholly to unrestricted funds.

SOLA ARTS**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025**

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
b. Charitable activities				
Arts Council National Lottery Project	-	27,000	27,000	-
BEPS Funding Grant	-	-	-	10,000
Citizen Advice Liverpool Household Support Fund	-	2,920	2,920	1,408
Contract and commission income	137,424	-	137,424	235,539
Elizabeth Rathbone Charitable Trust	-	-	-	2,000
Eurogrant	-	-	-	2,000
Liverpool City Council Winter Fuel Grant	-	500	500	-
Liverpool City Council Neighbourhoods Directorate	-	20,000	20,000	-
Mpac Eat to Meet	-	1,700	1,700	9,000
Mpac Child friendly city training & grant opportunity	-	1,000	1,000	-
National Lottery Community Fund	-	93,414	93,414	61,445
Sutton Croft Holiday Activities and Food	-	14,499	14,499	19,448
Therapy income	5,109	-	5,109	6,111
UKSPF Digital Connectivity	-	-	-	6,000
	----- 142,533 =====	----- 161,033 =====	----- 303,566 =====	----- 352,951 =====

Income from charitable activities in 2024 comprised £241,650 for unrestricted funds and £111,301 related to restricted funds.

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
c. Other Income				
Compensation	241	-	241	-
	=====	=====	=====	=====

Income from other income in 2024 was Nil.

SOLA ARTS**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025****4. Expenditure on Charitable Activities**

	Direct Charitable Expenditure 2025 £	Support & Governance Costs 2025 £	Total 2025 £	Total 2024 £
The advancement of public education and help families and dependents who have experienced mental distress by the provision of arts therapy	228,490	46,020	274,510	267,183
	=====	=====	=====	=====

a. Analysed as follows:

	2025 £	2024 £
<i>Direct charitable expenditure:</i>		
Staff salary costs	184,775	173,097
Pension	4,172	3,965
Project facilitator fees	14,233	14,714
Sessional fees	9,046	7,624
Interpreting fees	-	640
Motor expenses	1,390	1,828
Travel and subsistence expenses	8,489	13,840
Activities expenses	1,383	5,744
Equipment	327	535
Room hire	-	3,382
Volunteer expenses	2,605	2,626
Donation & Grants	2,070	40
	-----	-----
	228,490	228,035
	-----	-----
<i>Support & Governance costs:</i>		
Staff salary costs	20,579	19,233
Pension	463	441
Insurance	2,466	1,168
Office costs	4,037	3,104
Rent	10,548	7,693
Rates	439	467
Subscriptions	3,731	1,315
Companies House	34	13
Training	9	980
DBS fees	32	43
Bank charges	10	4
Payroll fees	762	785
Accountancy	1,328	1,265
Depreciation	1,582	2,637
	-----	-----
	46,020	39,148
	-----	-----
Total expenditure on charitable activities	274,510	267,183
	=====	=====

SOLA ARTS**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025**

£133,661 (2024: £99,219) of the above expenditure relates to restricted funding.

b. Staff Costs	2025	2024
	£	£
Gross wages and salaries	197,961	186,226
Social security costs	7,391	6,104
Pension Costs	4,635	4,406
	-----	-----
	209,987	196,736
	=====	=====

The above staff costs figure includes director's remuneration of £31,973 (2024: £30,577).

c. Particulars of employee numbers:

The average number of employees during the year: 12.00 (2024: 11.83), and calculated on the basis of full-time equivalents, was as follows:

	2025	2024
	6.8	6.9
	=====	=====

No employee received emoluments of more than £60,000 during the year. (2024: £nil).

No out-of-pocket expenses were reimbursed to trustees in the year (2024: £nil).

5. Tangible fixed assets

	Office Equipment	Motor Vehicles	Total
Cost:	£	£	£
Balance at 30 th March 2024	23,783	5,000	28,783
Additions	1,288	-	-
	-----	-----	-----
Balance at 29th March 2025	25,071	5,000	30,071
	=====	=====	=====
Depreciation:			
Balance at 30 th March 2024	21,243	3,765	25,008
Charge during the year	1,171	411	1,582
	-----	-----	-----
Balance at 29th March 2025	22,414	4,176	26,590
	=====	=====	=====
Net Book Value at 29th March 2025	2,657	824	3,481
	=====	=====	=====
Net Book Value at 29 th March 2024	2,540	1,235	3,775
	=====	=====	=====

There were no material capital commitments at the period end. All fixed assets were used in the direct charitable activities of the charity.

SOLA ARTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

6. Debtors

	2025	2024
	£	£
Debtors	21,775	15,652
Prepayments	1,512	1,549
	-----	-----
	23,287	17,201
	=====	=====

7. Creditors: amounts falling due within one year:

	2025	2024
	£	£
Accruals	1,328	2,407
Pension	821	921
	-----	-----
	2,149	3,328
	=====	=====

8. Analysis of net assets between funds

2025	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	2,161	99,479	101,640
	-----	-----	-----
Restricted Funds			
Arts Council National Lottery Project	-	16,531	16,531
Citizen Advice Liverpool Household Support Fund	-	371	371
Liverpool City Council Winter Fuel Grant	-	44	44
Liverpool City Council Neighbourhoods Directorate	-	6,350	6,350
National Lottery Community Fund	1,252	37,457	38,709
Sutton Croft Holiday Activities and Food	68	-	68
	-----	-----	-----
	1,320	60,753	62,073
	-----	-----	-----
Total Funds	3,481	160,232	163,713
	=====	=====	=====

SOLA ARTS**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025**

2024	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	3,636	90,608	90,244
	-----	-----	-----
Restricted Funds			
BEPS Funding Grant	-	10,000	10,000
Citizen Advice Liverpool Household Support Fund	-	475	475
Foyle Foundation	23	-	23
National Lottery Community Fund	-	20,258	20,258
Sutton Croft Holiday Activities and Food	116	3,829	3,945
	-----	-----	-----
	139	34,562	34,701
	-----	-----	-----
Total Funds	3,775	125,170	128,945
	=====	=====	=====

9. Unrestricted Funds

2025	Reserves at beginning of Year	Movements in the Year		Reserves at end of Year
		Income	Expenditure	
	£	£	£	£
General Fund	94,244	148,245	(140,849)	101,640
	=====	=====	=====	=====

2024	Reserves at beginning of Year	Movements in the Year		Reserves at end of Year
		Income	Expenditure	
	£	£	£	£
General Fund	15,112	247,096	(167,964)	94,244
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SOLA ARTS**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025****10. Restricted Funds**

2025	Reserves at beginning of Year £	<u>Movements in the Year</u>		Reserves at end of Year £
		Income	Expenditure	
		£	£	
Arts Council National Lottery Project	-	27,000	(10,469)	16,531
BEPS Funding Grant	10,000	-	(10,000)	-
Citizen Advice Liverpool Household Support Fund	475	2,920	(3,024)	371
Foyle Foundation	23	-	(23)	-
Liverpool City Council Winter Fuel Grant	-	500	(456)	44
Liverpool City Council Neighbourhoods Directorate	-	20,000	(13,650)	6,350
Mpac Eat to Meet	-	1,700	(1,700)	-
Mpac Child friendly city training & grant opportunity	-	1,000	(1,000)	-
National Lottery Community Fund	20,258	93,414	(74,963)	38,709
Sutton Croft Holiday Activities and Food	3,945	14,499	(18,376)	68
Totals	34,701	161,033	(133,661)	62,073

2024	Reserves at beginning of Year £	<u>Movements in the Year</u>		Reserves at end of Year £
		Income	Expenditure	
		£	£	
BEPS Funding Grant	-	10,000	(-)	10,000
Citizen Advice Liverpool Household Support Fund	-	1,408	(933)	475
Edward Gostling Foundation	1,395	-	(1,395)	-
Elizabeth Rathbone Charitable Trust	-	2,000	(2,000)	-
Eurogrant	-	2,000	(2,000)	-
Foyle Foundation	160	-	(137)	23
Mpac Eat to Meet	-	9,000	(9,000)	-
National Lottery Community Fund	21,064	61,445	(62,251)	20,258
Sutton Croft Holiday Activities and Food	-	19,448	(15,503)	3,945
UKSPF Digital Connectivity	-	6,000	(6,000)	-
Totals	22,619	111,301	(99,219)	34,701

SOLA ARTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29TH MARCH 2025

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes, as below.

Arts Council National Lottery Project- Contribution towards the running costs of SOLA's creative engagement programme such as Festival 31

BEPS Funding Grant - Contribution towards 16-19 year olds Creative Growing project supporting asylum seeker and refugee mental health through creativity, nature and Art Psychotherapy.

Citizen Advice Liverpool Household Support Fund - Contribution towards Emergency food support for participants.

Eurogrant- Contribution towards Eurovision project costs

Edward Gostling Foundation - Contribution towards art therapy and art activities

Elizabeth Rathbone Charitable Trust- contribution towards the social development workers salary cost

Foyle Foundation - Emergency COVID funding for core costs February 2020 to February 2021

Liverpool City Council Winter Fuel Grant- for utility costs

Liverpool City Council Neighbourhoods Directore- to support festival 31 programme which engages young people with lived experience to develop an interactive and creative on-line toolkit.

Mpac eat to meet - Contribution towards family school holiday activities.

Mpac Child Friendly city training & grant opportunity- contribution towards training

National Lottery Community Fund - Contribution towards core costs

Sutton Croft Holiday Activities and Food - Contribution towards family school holiday activities.

UKSPF Digital Connectivity - Contribute towards to the running costs of SOLA's creative engagement programme such as FESTIVAL 31

11. Operating Lease Commitments

The organisation has a lease commitment (one month notice) of £895 relating to a room at Toxteth town hall community resource centre. (2024: £895).

12. Related Parties

During the year end 29th March 2025, Adele Spiers, a trustee of the charity, received the following payments:

- £14,233 (2024: £14,714) for services provided as a self-employed facilitator.
- £31,973 (2024: £30,577) as an employee of the organisation.

13. Contingent Liabilities

The charitable company did not have any contingent liabilities at 29th March 2025 or 29th March 2024.

14. Guarantees

As at 29th March 2025, 6 members had given a guarantee of £10 each in the event of the company winding-up, total: £60 (2024: 6 members £60).