

# ANCHOR-THE COUNSELLING PRACTICE

England & Wales · Charity number 1128195

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [05455554](#)

**Registered** 2009-02-20

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Chinchilla Centre For Health  
Chinchilla Drive  
Hounslow  
TW4 7NN

**Phone** 02088677660

**Email** [jacquelinemccouat@anchorcounselling.org](mailto:jacquelinemccouat@anchorcounselling.org)

**Website** [www.anchorcounselling.org](http://www.anchorcounselling.org)

## Activities

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**Objects:** TO PROMOTE AND PROTECT THE GOOD HEALTH OF PEOPLE THROUGH THE PROVISION OF A COUNSELLING SERVICE IN THE UK AND ANY OTHER ANCILLARY SERVICES WHICH MAY FACILITATE OR IMPROVE THE SERVICE

**Activities:** Offer a free and professional counselling service.

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- **Area of benefit:** IN THE UK
- Hammersmith And Fulham
- Hounslow

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£362,538	£205,937	-	-
2024-03-31	£345,148	£363,114	-	-
2023-03-31	£774,081	£795,953	£350,889	4
2022-03-31	£706,000	£728,626	£372,761	4
2021-03-31	£764,919	£751,303	£395,387	4

## Trustees

Name	Role	Appointed
<b>ANDREW HOLT</b>	Chair	2013-08-14
Dr Aleata Alstad-Calkins		2020-12-15
Natalia Slattery		2024-08-12
Tatiana Iaz		2021-01-15