

MIGHTY MEN OF VALOUR (MMOV)

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST JULY 2023

Registered Address: 14 Willis Road, Croydon, CR0 2XX.

Mighty Men of Valour is a registered Charity

REGISTERED CHARITY NO: 1128154 REGISTERED COMPANY NO: 05515628

Mighty Men of Valour Charitable Objectives:

- To relieve the needs of men with a view to improving their conditions of life.
- To advance education and relieve need and unemployment of men, women, and young people by providing support, education and training.
- To preserve and protect public health.
- To advance the mental and moral development and improvement of boys, young men, ex-offenders, those affected by drugs or those experiencing economic or social disadvantage.
- To advance in life and relieve needs of young people, through providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
- To promote equality and diversity and good relations between persons of different racial groups in society, so that the beneficiaries are able to realise their full potential, help meet their needs and to participate more fully in society.

Mighty Men of Valour (MMOV) was established in 2002 and became a registered Charity on 19th February 2009 - Charity Number: 1128154

This year has been very good, and we are slowly starting to regain and develop the great work that we have started.

Mentoring Support

We have continued to pilot our Peer Mentoring Courses in a few schools, and we hope to extend these courses to more schools in London.

We have extended our Mentoring and Care Support to include young women, Children with Disabilities (CWD) and Adults providing Respite to families. We plan that **Valour Youth and Adult Services CIC** will start to take on some of these areas of work in schools and with children and MMOV will take on direct work with young men and males.

All Ages Family Safety Challenge Final

Due to Covid19 the All-Ages Family Safety Challenge Final has come to an end which is a shame.

Dads & Fathers

Our Dads breakfasts have not started yet because of school closure. Our last event in 2019 we had over 70 dads attend the sessions. We hope that once schools start to return to some form of normality, we hope to recommence this programme. We hope to restart this programme again.

Impact Days with London Fire Brigade

We have contacted Croydon Council to try to reinstate the Impact Days with the London Fire Brigade. However, after several attempts, we have been told that this project has come to an end, and although they have similar projects in place, they now work independently of each other. Sadly, this programme will be missed by one and all.

Valour Youth and Wonderful Women of Valour (WVOV) projects:

Our aim for 2022-2023 is to develop and expand our current programmes, which seem to have a real impact on the lives of the children and parents that we work with.

Prison Ministry

Again, due to the pandemic, all work with the YOS & Probation Service has ended. We are considering direct work with the prison service, but this has not developed yet.

Hackney and City of London Council & Croydon Council

We continue to work closely with Hackney and City of London Council & Croydon Council and continue to deliver vital support to vulnerable children in these boroughs. We would like to thank Hackney and the City of London Council & Croydon Council for giving us the opportunity to support these children, families and professionals in this borough, and we hope to be able to deliver more support throughout 2022/2023.

Registration with the Care Quality Commission CQC

We hope to register with the Care Quality Commission CQC by the end of 2023/24 and continue to provide support not only for children, young people with disabilities and care respite support, but we hope to expand our support to adults.

We would like to thank God, our Trustees/Directors, Staff, volunteers, the community, sponsors, contributors, and friends of MMOV for their continued support this year.

Thank you.

Frederick Clarke – CEO MMOV

Registered Company Number: 05515628

Registered Charity Number:1128154

**MIGHTY MEN OF VALOUR A
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2023**

BizNav Chartered Accountants
36 Scoots Road
Bromley
Kent
BR1 3QD

Mighty Men Of Valour
Directors' Report and Financial Statements
For The Year Ended 31 July 2023

Contents

	Page
Company Information	1
Directors' Report	2
Report of the Independent Examiner	3
Profit and Loss Account	4
Balance Sheet	5
Notes to the Financial Statements	6—7
Schedule of Resources Expended	8

**Mighty Men Of Valour
Company Information
For The Year Ended 31 July 2023**

Directors	Mr Frederick Clarke Mr Michael Forrest Mr Lee Townsend Mr Maxine Benjamin Mr Anton Richards
Company Number	05515628
Registered Office	PO Box 1417 Cornerstone House 14 Willis Road, Croydon CR0 2XX
Accountants	Biznav, Chartered Accountants 36 Scotts Road Bromley BR1 3QD
Bankers	Barclays 1 Churchill Place London E14 5HP

Mighty Men Of Valour
Company No. 05515628
Directors' Report For The Year Ended 31 July 2023

The directors present their report and the financial statements for the year ended 31 July 2023.

Directors

The directors who held office during the year were as follows:

Mr Frederick Clarke
Mr Michael Forrest
Mr Lee Townsend
Mr Maxine Benjamin
Mr Anton Richards

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Political and Charitable Donations

Political and charitable donations were £1,830.00

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mr Frederick Clarke

Director

25/03/2024

**Mighty Men Of Valour
Report of the Independent Examiner
For The Year Ended 31 July 2023**

I report on the accounts of the Charity for the year ended 31 July 2023, which are set out on pages 5 to 9.

Respective responsibilities of directors and examiner

1. The charity's directors are responsible for the preparation of the accounts. The charity's directors consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.
2. Having satisfied myself that an audit is not required, it is my responsibility to:
 - examine the accounts under section 145 of the 2011 Act;
 - to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
 - to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with accounting records and comply with the accounting requirements of the 2011 Act, and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities, have not been met; or
1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name Shahzad Fayyaz

Organisation BizNav, Chartered Accountants

Relevant professional qualification or body Association of Chartered Certified Accountants

Address 36 Scotts Road, Bromley, Kent, England, BR1 3QD

Date 25 March 2024

Signed

BizNav Chartered Accountants

25/03/2024

Biznav, Chartered Accountants
36 Scotts Road
Bromley
BR1 3QD

Mighty Men Of Valour
Profit and Loss Account
For The Year Ended 31 July 2023

	Notes	2023 £	2022 £
TURNOVER		496,187	292,483
GROSS PROFIT		496,187	292,483
Administrative expenses		(443,108)	(310,030)
Other operating income		-	870
OPERATING PROFIT/(LOSS)	3	53,079	(16,677)
Other interest receivable and similar income		188	19
PROFIT/(LOSS) FOR THE FINANCIAL YEAR		53,267	(16,658)

The notes on pages 6 to 7 form part of these financial statements.

**Mighty Men Of Valour
Balance Sheet
As At 31 July 2023**

		2023	2022
	Notes	£	£
FIXED ASSETS			
Tangible Assets	5	231	647
		231	647
CURRENT ASSETS			
Debtors	6	75,464	72,477
Cash at bank and in hand		72,617	57,618
		148,081	130,095
Creditors: Amounts Falling Due Within One Year	7	(1,794)	(37,491)
NET CURRENT ASSETS (LIABILITIES)		146,287	92,604
TOTAL ASSETS LESS CURRENT LIABILITIES		146,518	93,251
NET ASSETS		146,518	93,251
Profit and Loss Account		146,518	93,251
SHAREHOLDERS' FUNDS		146,518	93,251

For the year ending 31 July 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr Frederick Clarke

Director

25/03/2024

The notes on pages 6 to 7 form part of these financial statements.

Mighty Men Of Valour

Notes to the Financial Statements

For The Year Ended 31 July 2023

1. General Information

Mighty Men Of Valour is a private company, limited by guarantee, incorporated in England & Wales, registered number 05515628 and registered charity number 1128154. The registered office is PO Box 1417, Cornerstone House, 14 Willis Road, Croydon, CR0 2XX.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover shown in the surplus and deficit account represents amounts received which are wholly attributable to the company's main activities during the year.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	33% Straight Line
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2.4. Taxation

The company is a registered Charity and is not liable to taxation on non-trade income.

3. Operating Profit/(loss)

The operating profit/(loss) is stated after charging:

	2023	2022
	£	£
Bad debts	1,665	-
Depreciation of tangible fixed assets	416	291
	<u> </u>	<u> </u>

4. Average Number of Employees

Average number of employees, including directors, during the year were 87 (2022: 70)

5. Tangible Assets

	Computer Equipment £
Cost	
As at 1 August 2022	6,062
As at 31 July 2023	<u>6,062</u>
Depreciation	
As at 1 August 2022	5,415
Provided during the period	416
As at 31 July 2023	<u>5,831</u>
Net Book Value	
As at 31 July 2023	<u>231</u>
As at 1 August 2022	<u>647</u>

Mighty Men Of Valour
Notes to the Financial Statements (continued)
For The Year Ended 31 July 2023

6. Debtors

	2023	2022
	£	£
Due within one year		
Trade debtors	57,344	46,105
Other debtors	17,385	22,000
Other taxes and social security	735	4,372
	<u>75,464</u>	<u>72,477</u>

7. Creditors: Amounts Falling Due Within One Year

	2023	2022
	£	£
Trade creditors	109	936
Net wages	-	2,521
Other creditors	-	270
Accruals & deferred income	1,685	33,668
Pension payable	-	96
	<u>1,794</u>	<u>37,491</u>

Mighty Men Of Valour
Trading Profit and Loss Account
For The Year Ended 31 July 2023

	2023		2022	
	£	£	£	£
TURNOVER				
Sales		496,187		292,483
GROSS PROFIT		496,187		292,483
Administrative Expenses				
Wages and salaries	297,135		192,352	
Employers NI	4,411		2,293	
Employers pensions - defined contributions scheme	2,398		1,984	
Staff training	4,454		3,813	
Travel and subsistence expenses	847		1,324	
Rent	7,180		8,120	
Admin, Support Work & Mentoring Support	67,097		33,929	
General Expenses	1,887		1,315	
Computer and IT consumables	4,620		4,078	
Insurance	1,619		1,568	
Printing, postage and stationery	1,205		1,245	
Advertising and marketing costs	1,064		3,335	
Telecommunications and data costs	2,338		2,318	
Accountancy fees	788		2,352	
Consultancy fees	42,000		49,250	
Bank charges	154		114	
Charitable donations	1,830		349	
Bad debts written off	1,665		-	
Depreciation of computer equipment	416		291	
		(443,108)		(310,030)
Other Operating Income				
Other income - contributing to other operating income	-		870	
		-		870
OPERATING PROFIT/(LOSS)		53,079		(16,677)
Other interest receivable and similar income				
Bank interest receivable	188		19	
		188		19
PROFIT/(LOSS) FOR THE FINANCIAL YEAR		53,267		(16,658)

Signature:

Email: bromley@biznavca.co.uk

Signature:

Email: mightymenofvalour@live.co.uk

Registered Company Number: 05515628

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COMPANY LIMITED BY GUARANTEE
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25/03/2024

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Name Shahzad Fayyaz

Organisation BizNav, Chartered Accountants

Relevant professional qualification or body Association of Chartered Certified Accountants

Address 36 Scotts Road, Bromley, Kent, England, BR1 3QD

Date 25 March 2024

Signed

BizNav Chartered Accountants

25/03/2024

Biznav, Chartered Accountants
36 Scotts Road
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**Mighty Men Of Valour
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On behalf of the board

Mr Frederick Clarke

Director

25/03/2024

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Signature:

Email: bromley@biznavca.co.uk

Signature:

Email: mightymenofvalour@live.co.uk