

**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023
FOR
SUNDERLAND AREA PARENT SUPPORT LIMITED**

SUNDERLAND AREA PARENT SUPPORT LIMITED

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SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Introduction

Sunderland Area Parent Support (SAPS) continued to provide services throughout the period, working tirelessly to provide and deliver services this year see's the aftermath of lockdown restrictions, the cost of living crisis and the devastating impact it has had on already under served vulnerable members of the local community.

Delivering services throughout Sunderland including Washington and the Coalfields our purposes and aims remain unchanged:

Purposes and Aims

'The aim of SAPS is to encourage and support local people and organisations who have an interest in the future of problematic substance use and their families. By advocating for partnership working SAPS will share ideas, information and skills to the benefit of clients whilst striving to remove barriers that prevent access to social and health service provision. By providing and promoting a coordinated approach family members and carers will have open access to resources which aim to relieve stress levels, improve psychological and physical wellbeing, gain support, promote social inclusion through social and educational activities, receive sound advice and have access to accurate information'.

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Ensuring our work delivers our aims

The following indicators are used to ensure the aims are met:

1. Raise awareness of drug and alcohol dependency as well as legal highs and associated problems through training, education and positive publicity within the local community.
2. To provide a confidential environment for parents and carers to receive comfort, support and empowerment in a confidential environment using one to one support, group work, education, telephone support, mentoring and peer support as a vehicle of change.
3. To provide activities designed to address specific drug related health issues (such as blood borne virus transmission from user to carer), improve general health, educational and employment opportunities, reduce the psychological impact of addiction on the family unit whilst breaking the cycle of addiction.
4. Provide a menu of evidence based interventions specifically designed to limit the harm which is derived from substance misuse for family members and carers of drug users and the wider community.
5. Providing a range of training and educational opportunities to family members, carers and any other interested individual or organisation of issues relating to substance misuse and the effects of such.
6. Working in partnership with other agencies to secure the widest range of services available that best meet the needs of its client's population.
7. Conduct research and campaign for change to influence local, regional and national policy whilst ensuring that SAPS is aligned with all relevant frameworks and strategies.
8. Reduce barriers to accessing the above named provision by providing practical and organised support such as transport, childcare and translators as and when required.
9. To pursue these objectives with due regard to equality of opportunity and without discrimination on the grounds of age, disability, race, religion, gender, sexuality or any other irrelevant factor.
10. Responding to emerging needs such as drug trends, pandemics, significant mental health decline and bereavement.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2023**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

How our activities deliver public benefit

Every year we conduct an annual review and look at the effectiveness of the different service elements that are being delivered, in this reporting period the loss of a building through fire has had some impact on the delivery with having less rooms. To combat this staff now work over 7 days and evenings to make better use of the rooms that we do have.

We use in house feedback forms, consultation events and the Peer Led Research team to ensure that the services we are delivering are useful and meeting the needs of the carer. In addition to this we use the Carer Service Outcomes Profile which is a self-evaluation by carers completed every 12 weeks and focuses on 8 key areas including the understanding of substances, the relationship with the loved one, the family and the wider community, feelings of wellbeing, resilience and coping with the caring role. As with previous years it is without question that the services we provide as beneficial to not only the carer but secondary to their loved ones.

The after effects of the cost of living crisis, covid combined with the immense stress and anxiety of dealing with a loved one affected by addiction has catastrophic consequences, including a feeling of declining ability to cope, increased reporting of multi level deprivation households, a feeling of reduced physical health, food and fuel insecurity, insecure or unsuitable housing combined with huge reports of social isolation and increase in caring responsibilities. Helping carers to look after themselves and look to resolve their issues provides great benefit to the carer themselves, their loved ones and family and the wider community.

Telephone support

SAPS continue to provide advice over the phone, including out of hours. Carers report that they like their accessibility of the service and being able to get in touch when they need help or are in crisis. We offer emotional and practical support putting the needs of carers first.

The demand for telephone support, online counselling and face to face counselling has increased exponentially. Carers are feeling the strain of the cost of living crisis, struggling to provide their families with the basics such as food, gas and electric. Many find themselves behind with essential bills such as rent, council tax and water.

Parent and Carer Education and Training

Parent and Carer education and training is a key part to understanding addiction, empowering the carer and enabling the family to move forward in their journey. Its aims are to:

1. Better equip the family to deal with substance misuse
2. Increase self esteem
3. Introduce coping strategies
4. Build social relationships
5. Increase resilience

This year we have delivered a number of courses including Drug and Alcohol Awareness, Caring for the Carer, Mindfulness, Sleep Therapy and interest courses used as respite including creating enterprise, arts and crafts, sewing and cooking on a budget.

Group Support

We continue to offer group sessions on a formal and informal basis, and as requested by the Voice of SAPS (Carer Consultation Group) and carers we have delivered a 'pick n mix' menu and have delivered a number of groups.

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

On average we deliver 7 peer support groups encompassing evenings and weekends and 4 therapeutic / respite groups per week and carers have reported good outcomes in terms of increased resilience and improved psychological wellbeing and feeling socially included.

Counselling

Counselling continues to be in demand and in the past year we have delivered 1721 sessions. We continue to facilitate the placements of 5 Sunderland and Newcastle University students.

Clients are reporting better treatment outcomes when counselling is introduced into their personalised care plan and has proven particularly useful in assisting clients who are making decisions about how to best support their loved one this has been much more prevalent throughout the pandemic and cost of living crisis.

One to One Support

We continue to provide one to one support has always been key to supporting clients. We have increased the number of sessions we provide by training volunteers to assist in the delivery of the sessions, we now have 9 qualified volunteers assisting in delivering these sessions. We continue to do one to one sessions within community based settings and in a clients home when necessary.

FINANCIAL REVIEW

Reserves policy

The aim of the Charity's Reserves Policy is to ensure that its ongoing and future activities are reasonably protected from unexpected variances in income and expenditure. The Trustees review the level of reserves on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06735306 (England and Wales)

Registered Charity number

1127962

Registered office

Meadow Nursery Lodge
Silksworth Gardens
Sunderland
Tyne and Wear
SR3 2PE

SUNDERLAND AREA PARENT SUPPORT LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2023**

Trustees

Mrs T Collins Chair

Mrs S Hall

resigned 6 July 2023

Mrs S Leigh

appointed 6 July 2023

Mrs J Bainbridge

appointed 6 July 2023

Company Secretary

Mrs W Hall

Project manager

Susan Leigh

retired 5 June 2023

Sharyn Smiles

Independent Examiner

Read, Milburn & Co

71 Howard Street

North Shields

Tyne and Wear

NE30 1AF

Bankers

Bank of Scotland

PO Box 1000

BX2 1LB

Approved by order of the board of trustees on 2 May 2024 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'T Collins', written over a horizontal line.

Mrs T Collins - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUNDERLAND AREA PARENT SUPPORT LIMITED

Independent examiner's report to the trustees of Sunderland Area Parent Support Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

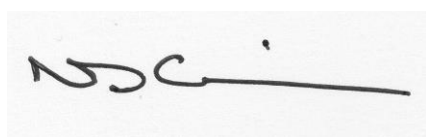
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas Liley FCA

Read, Milburn & Co
North Shields

14 May 2024

SUNDERLAND AREA PARENT SUPPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 OCTOBER 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	12,553	-	12,553	10,292
Charitable activities					
Grant income	4	12,422	111,875	124,297	165,705
Other trading activities	3	5,310	-	5,310	2,000
Other income		<u>55,854</u>	<u>-</u>	<u>55,854</u>	<u>780</u>
Total		<u>86,139</u>	<u>111,875</u>	<u>198,014</u>	<u>178,777</u>
EXPENDITURE ON					
Charitable activities					
Staff costs	5	7,972	116,560	124,532	145,904
Premises expenses		15,898	2,613	18,511	8,694
Staff travel and subsistence		948	729	1,677	2,711
Project activities		<u>5,534</u>	<u>210</u>	<u>5,744</u>	<u>8,806</u>
Total		<u>30,352</u>	<u>120,112</u>	<u>150,464</u>	<u>166,115</u>
NET INCOME/(EXPENDITURE)		55,787	(8,237)	47,550	12,662
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>43,807</u>	<u>38,279</u>	<u>82,086</u>	<u>69,424</u>
TOTAL FUNDS CARRIED FORWARD		<u>99,594</u>	<u>30,042</u>	<u>129,636</u>	<u>82,086</u>

The notes form part of these financial statements

SUNDERLAND AREA PARENT SUPPORT LIMITED**BALANCE SHEET
31 OCTOBER 2023**

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	11	54	73
CURRENT ASSETS			
Debtors	12	1,941	1,373
Cash at bank and in hand		<u>128,954</u>	<u>82,002</u>
		130,895	83,375
CREDITORS			
Amounts falling due within one year	13	(1,313)	(1,362)
		<u>129,582</u>	<u>82,013</u>
NET CURRENT ASSETS			
		<u>129,582</u>	<u>82,013</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		129,636	82,086
NET ASSETS		<u>129,636</u>	<u>82,086</u>
FUNDS	15		
Unrestricted funds		99,594	43,807
Restricted funds		<u>30,042</u>	<u>38,279</u>
TOTAL FUNDS		<u>129,636</u>	<u>82,086</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

SUNDERLAND AREA PARENT SUPPORT LIMITED

BALANCE SHEET - continued
31 OCTOBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2 May 2024 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'T Collins', is written over a horizontal dotted line.

T Collins - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

Going Concern

The financial statements are prepared on the going concern basis. In the opinion of trustees, no material uncertainties exist about the charity's ability to continue.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>12,553</u>	<u>10,292</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising income	<u>5,310</u>	<u>2,000</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2023 Grant income £	2022 Total activities £
Sunderland City Council	12,422	7,435
National Lottery Community Fund	101,875	147,500
Awards For All	10,000	10,000
Sir James Knott Trust	<u>-</u>	<u>770</u>
	<u>124,297</u>	<u>165,705</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Staff costs	66,585	57,947	124,532
Premises expenses	17,490	1,021	18,511
Staff travel and subsistence	1,677	-	1,677
Project activities	<u>5,744</u>	<u>-</u>	<u>5,744</u>
	<u>91,496</u>	<u>58,968</u>	<u>150,464</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

6. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Staff costs	30,511	27,436	-	57,947
Premises expenses	<u>13</u>	<u>-</u>	<u>1,008</u>	<u>1,021</u>
	<u>30,524</u>	<u>27,436</u>	<u>1,008</u>	<u>58,968</u>

Support costs, included in the above, are as follows:

	Staff costs £	Premises expenses £	2023 Total activities £	2022 Total activities £
Organisers remuneration	28,570	-	28,570	42,855
Organisers social security	1,941	-	1,941	3,139
Professional fees	-	13	13	13
Administrator wages	26,341	-	26,341	26,341
Social security	1,095	-	1,095	1,610
Accountancy fees	<u>-</u>	<u>1,008</u>	<u>1,008</u>	<u>1,002</u>
	<u>57,947</u>	<u>1,021</u>	<u>58,968</u>	<u>74,960</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Accountancy fees	1,008	1,002
Depreciation - owned assets	<u>19</u>	<u>446</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2023 nor for the year ended 31 October 2022.

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	118,873	137,449
Social security costs	<u>5,659</u>	<u>8,455</u>
	<u>124,532</u>	<u>145,904</u>

The charity's key management personnel comprise the Trustees, and Project Manager. The total employee benefits of the key management personnel were £30,511 (2022 - £45,994).

The average monthly number of employees during the year was as follows:

	2023	2022
Management and administration	1	1
Support workers and counsellors	<u>4</u>	<u>4</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,292	-	10,292
Charitable activities			
Grant income	8,205	157,500	165,705
Other trading activities	2,000	-	2,000
Other income	<u>780</u>	<u>-</u>	<u>780</u>
Total	<u>21,277</u>	<u>157,500</u>	<u>178,777</u>
EXPENDITURE ON			
Charitable activities			
Staff costs	-	145,904	145,904
Premises expenses	597	8,097	8,694
Staff travel and subsistence	539	2,172	2,711
Project activities	<u>7,028</u>	<u>1,778</u>	<u>8,806</u>
Total	<u>8,164</u>	<u>157,951</u>	<u>166,115</u>
NET INCOME/(EXPENDITURE)	13,113	(451)	12,662

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	30,694	38,730	69,424
TOTAL FUNDS CARRIED FORWARD	<u>43,807</u>	<u>38,279</u>	<u>82,086</u>

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2022 and 31 October 2023	<u>1,018</u>	<u>5,242</u>	<u>6,260</u>
DEPRECIATION			
At 1 November 2022	945	5,242	6,187
Charge for year	<u>19</u>	<u>-</u>	<u>19</u>
At 31 October 2023	<u>964</u>	<u>5,242</u>	<u>6,206</u>
NET BOOK VALUE			
At 31 October 2023	<u>54</u>	<u>-</u>	<u>54</u>
At 31 October 2022	<u>73</u>	<u>-</u>	<u>73</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Prepayments	<u>1,941</u>	<u>1,373</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Social security and other taxes	305	360
Accruals and deferred income	<u>1,008</u>	<u>1,002</u>
	<u>1,313</u>	<u>1,362</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Fixed assets	54	-	54	73
Current assets	100,853	30,042	130,895	83,375
Current liabilities	<u>(1,313)</u>	<u>-</u>	<u>(1,313)</u>	<u>(1,362)</u>
	<u>99,594</u>	<u>30,042</u>	<u>129,636</u>	<u>82,086</u>

15. MOVEMENT IN FUNDS

	At 1/11/22 £	Net movement in funds £	Transfers between funds £	At 31/10/23 £
Unrestricted funds				
General fund	40,078	59,338	178	99,594
Designated Fund-Sunderland City Council - Garden Makeover	800	-	(800)	-
Designated Fund-Sunderland City Council - Food Bank	2,929	(2,979)	50	-
Designated Fund-Sunderland City Council-Security System and Roller Shutters	<u>-</u>	<u>(572)</u>	<u>572</u>	<u>-</u>
	43,807	55,787	-	99,594
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	28,279	(15,729)	-	12,550
Greggs Foundation-Covid Recovery Fund	10,000	-	-	10,000
Awards For All-Counselling Costs and Supervision	<u>-</u>	<u>7,492</u>	<u>-</u>	<u>7,492</u>
	<u>38,279</u>	<u>(8,237)</u>	<u>-</u>	<u>30,042</u>
TOTAL FUNDS	<u>82,086</u>	<u>47,550</u>	<u>-</u>	<u>129,636</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	73,717	(14,379)	59,338
Designated Fund-Sunderland City Council - Food Bank	3,000	(5,979)	(2,979)
Designated Fund-Sunderland City Council-Security System and Roller Shutters	<u>9,422</u>	<u>(9,994)</u>	<u>(572)</u>
	86,139	(30,352)	55,787
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	101,875	(117,604)	(15,729)
Awards For All-Counselling Costs and Supervision	<u>10,000</u>	<u>(2,508)</u>	<u>7,492</u>
	<u>111,875</u>	<u>(120,112)</u>	<u>(8,237)</u>
TOTAL FUNDS	<u><u>198,014</u></u>	<u><u>(150,464)</u></u>	<u><u>47,550</u></u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/11/21 £	Net movement in funds £	Transfers between funds £	At 31/10/22 £
Unrestricted funds				
General fund	27,459	12,619	-	40,078
Designated Fund-Sunderland City Council-SAPS Events	687	(683)	(4)	-
Designated Fund-Sunderland City Council-Winter Inclusion	119	-	(119)	-
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	2,429	(2,612)	183	-
Designated Fund-Sunderland City Council - Garden Makeover	-	800	-	800
Designated Fund-Sunderland City Council - Food Bank	-	2,929	-	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	-	60	(60)	-
	30,694	13,113	-	43,807
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	28,730	(451)	-	28,279
Greggs Foundation-Covid Recovery Fund	10,000	-	-	10,000
	38,730	(451)	-	38,279
TOTAL FUNDS	<u>69,424</u>	<u>12,662</u>	<u>-</u>	<u>82,086</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,072	(453)	12,619
Designated Fund-Sunderland City Council-SAPS Events	-	(683)	(683)
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	-	(2,612)	(2,612)
Designated Fund-Sunderland City Council - Garden Makeover	2,000	(1,200)	800
Designated Fund-Sunderland City Council - Food Bank	4,935	(2,006)	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	<u>1,270</u>	<u>(1,210)</u>	<u>60</u>
	21,277	(8,164)	13,113
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	157,500	(157,951)	(451)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>178,777</u></u>	<u><u>(166,115)</u></u>	<u><u>12,662</u></u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/11/21 £	Net movement in funds £	Transfers between funds £	At 31/10/23 £
Unrestricted funds				
General fund	27,459	71,957	178	99,594
Designated Fund-Sunderland City Council - Garden Makeover	-	800	(800)	-
Designated Fund-Sunderland City Council - Food Bank	-	(50)	50	-
Designated Fund-Sunderland City Council-Security System and Roller Shutters	<u>-</u>	<u>(572)</u>	<u>572</u>	<u>-</u>
	27,459	72,135	-	99,594
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	28,730	(16,180)	-	12,550
Greggs Foundation-Covid Recovery Fund	10,000	-	-	10,000
Awards For All-Counselling Costs and Supervision	<u>-</u>	<u>7,492</u>	<u>-</u>	<u>7,492</u>
	<u>38,730</u>	<u>(8,688)</u>	<u>-</u>	<u>30,042</u>
TOTAL FUNDS	<u>69,424</u>	<u>60,212</u>	<u>-</u>	<u>129,636</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,789	(14,832)	71,957
Designated Fund-Sunderland City Council - Garden Makeover	2,000	(1,200)	800
Designated Fund-Sunderland City Council - Food Bank	7,935	(7,985)	(50)
Designated Fund-Sunderland City Council-Security System and Roller Shutters	<u>9,422</u>	<u>(9,994)</u>	<u>(572)</u>
	106,146	(34,011)	72,135
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	259,375	(275,555)	(16,180)
Awards For All-Counselling Costs and Supervision	<u>10,000</u>	<u>(2,508)</u>	<u>7,492</u>
	<u>269,375</u>	<u>(278,063)</u>	<u>(8,688)</u>
TOTAL FUNDS	<u><u>376,791</u></u>	<u><u>(316,579)</u></u>	<u><u>60,212</u></u>

Restricted funds

National Lottery Community Fund

The Reaching Communities project is Caring for the Carers and the grant will cover the cost of the administrator, counsellors and part of the project manager's salaries along with general running costs, training, travel and evaluation.

Greggs Foundation

This grant is to help with Covid Recovery.

Awards For All

The grant was to cover counselling costs and supervision.

Designated funds

Sunderland City Council

The Council continued to fund the food bank and provided funding for a security system and roller shutters.

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

15. MOVEMENT IN FUNDS - continued

Transfers between funds

The fund transfers represent the transfer of restricted funds to unrestricted funds where a portion of the grant funding has been used to purchase fixed assets. Other transfers represent the completion of a project with the transfer of the remaining funds to unrestricted.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2023.

17. GIFTS IN KIND

The charity operates from premises owned by Sunderland Council and provided to the charity rent free. This gift in kind is valued at £6,300 annually.

The charity receives gifts of food and clothing from businesses such as Morrisons Supermarket and the general public which are passed on to clients. At Christmas the charity receives Christmas Eve boxes which go directly to around 1500 children.

SUNDERLAND AREA PARENT SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	12,553	10,292
Other trading activities		
Fundraising income	5,310	2,000
Charitable activities		
Sunderland City Council	12,422	7,435
National Lottery Community Fund	101,875	147,500
Awards For All	10,000	10,000
Sir James Knott Trust	-	770
	<u>124,297</u>	<u>165,705</u>
Other income		
Other income	<u>55,854</u>	<u>780</u>
Total incoming resources	198,014	178,777
EXPENDITURE		
Charitable activities		
Support worker wages	63,962	68,253
Social security	2,623	3,706
Insurance	1,373	1,297
Light and heat	785	1,146
Telephone	857	1,094
Postage and stationery	1,687	1,407
Advertising	-	205
Travel and subsistence	1,677	2,711
Premises expenses	12,604	2,124
Bank charges	165	165
Professional fees	61	35
Staff training	149	-
Tutor costs	-	860
Materials and equipment	4,764	6,180
Events and activities	770	1,526
Depreciation of tangible fixed assets	<u>19</u>	<u>446</u>
	91,496	91,155

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SUNDERLAND AREA PARENT SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023**

	2023 £	2022 £
Support costs		
Management		
Organisers remuneration	28,570	42,855
Organisers social security	1,941	3,139
Professional fees	<u>13</u>	<u>13</u>
	30,524	46,007
 Finance		
Administrator wages	26,341	26,341
Social security	<u>1,095</u>	<u>1,610</u>
	27,436	27,951
 Governance costs		
Accountancy fees	<u>1,008</u>	<u>1,002</u>
 Total resources expended	<u>150,464</u>	<u>166,115</u>
 Net income	<u><u>47,550</u></u>	<u><u>12,662</u></u>

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