REGISTERED COMPANY NUMBER: 06735306 (England and Wales)
REGISTERED CHARITY NUMBER: 1127962

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022

FOR

SUNDERLAND AREA PARENT SUPPORT LIMITED

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

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FOR THE YEAR ENDED 31 OCTOBER 2022

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES
Objectives and aims
Introduction
Sunderland Area Parent Support (SAPS) continued to provide services throughout the COVID 19 pandemic, working tirelessly to provide and deliver services this year see's the aftermath of lockdown restrictions and the devastating impact it has had on already under served vulnerable members of the local community.

Delivering services throughout Sunderland including Washington and the Coalfields our purposes and aims remain unchanged:

Purposes and Aims
'The aim of SAPS is to encourage and support local people and organisations who have an interest in the future of problematic substance use and their families. By advocating for partnership working SAPS will share ideas, information and skills to the benefit of clients whilst striving to remove barriers that prevent access to social and health service provision. By providing and promoting a coordinated approach family members and carers will have open access to resources which aim to relieve stress levels, improve psychological and physical wellbeing, gain support, promote social inclusion through social and educational activities, receive sound advice and have access to accurate information'.

OBJECTIVES AND ACTIVITIES

Ensuring our work delivers our aims

The following indicators are used to ensure the aims are met:

1. Raise awareness of drug and alcohol dependency as well as legal highs and associated problems through training, education and positive publicity within the local community.
2. To provide a confidential environment for parents and carers to receive comfort, support and empowerment in a confidential environment using one to one support, group work, education, telephone support, mentoring and peer support as a vehicle of change.
3. To provide activities designed to address specific drug related health issues (such as blood bourne virus transmission from user to carer), improve general health, educational and employment opportunities, reduce the psychological impact of addiction on the family unit whilst breaking the cycle of addiction.
4. Provide a menu of evidence based interventions specifically designed to limit the harm which is derived from substance misuse for family members and carers of drug users and the wider community.
5. Providing a range of training and educational opportunities to family members, carers and any other interested individual or organisation of issues relating to substance misuse and the effects of such.
6. Working in partnership with other agencies to secure the widest range of services available that best meet the needs of its client's population.
7. Conduct research and campaign for change to influence local, regional and national policy whilst ensuring that SAPS is aligned with all relevant frameworks and strategies.
8. Reduce barriers to accessing the above named provision by providing practical and organised support such as transport, childcare and translators as and when required.
9. To pursue these objectives with due regard to equality of opportunity and without discrimination on the grounds of age, disability, race, religion, gender, sexuality or any other irrelevant factor.
10. Responding to emerging needs such as drug trends, pandemics, significant mental health decline and bereavement.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

How our activities deliver public benefit

Following our annual review which aims to evidence the effectiveness of the treatment modalities we deliver we had positive outcomes. Once again using the Carer Service Outcomes Profile which is a self-evaluation by carers completed every 12 weeks and focuses on 8 key areas including the understanding of substances, the relationship with the loved one, the family and the wider community, feelings of wellbeing, resilience and coping with the caring role. This year we have found that our services continue to improve family relationships and increase wellbeing.

Service outputs continue to increase in terms of telephone support and enquiry management, the demand for counselling, online services and support and a massive increase in food bank demand which has risen significantly since last year. More clients than ever are reporting significant financial difficulties, overwhelming debts and fuel poverty.

The after effects of covid combined with the untold stress and anxiety of dealing with a loved one affected by addiction has had catastrophic consequences, including a feeling of declining ability to cope, increased reporting of multi level deprivation households, a feeling of reduced physical health, insecure or unsuitable housing combined with huge reports of social isolation and increase in caring responsibilities.

The data shows by increasing service outputs in the following areas we have made a massive impact in terms of carer and public benefit:

Telephone support

SAPS have offered a telephone and support line since its formation in 2007. It continues to be one of the most effective methods of support given that carers are often living in chaos. It aims to keep carers safe in times of crisis and offers emotional support with workers using various techniques to establish what support is required and promotes the physical and psychological welfare of the client.

Telephone support is used in a range of circumstances and supports our crisis intervention work as well as carers who have problems meaning they cannot attend the service or facilitate home visits. This year we have increased output by 8% on last year offering advice, support, guidance and care planning, this is an unprecedented increase in service.

We continue to exceed our annual targets in terms of meeting the needs of carers by offering informal advice and information over the telephone.

Parent and Carer Education and Training

Parent and Carer education and training is a key part to understanding addiction, empowering the carer and enabling the family to move forward in their journey. Its aims are to:

1. Better equip the family to deal with substance misuse
2. Increase self esteem
3. Introduce coping strategies
4. Build social relationships
5. Increase resilience

This year we have delivered a number of courses including Drug and Alcohol Awareness, Harm Reduction, Caring for the Carer, Mindfulness, Sleep Therapy and interest courses used as respite including drawing therapy and recycling.

Group Support
We continue to offer group sessions on a formal and informal basis, and as requested by the Voice of SAPS (Carer Consultation Group) and carers we have delivered a 'pick n mix' menu and have delivered a number of groups.

On average we deliver two - three therapeutic groups per week and carers have reported good outcomes in terms of increased resilience and improved psychological wellbeing and feeling socially included. We use these groups as part of a 'mix a mix' menu which target some of society's most socially excluded carers aiming to tackle stigma and exclusion whilst promoting family recovery.

Counselling
Counselling continues to be in demand and in the past year we have delivered 1421 sessions. We continue to facilitate the placements of four Sunderland and Newcastle University students.

Clients are reporting better treatment outcomes when counselling is introduced into their personalised care plan and has proven particularly useful in assisting clients who are making decisions about how to best support their loved one this has been much more prevalent throughout the pandemic.

One to One Support
One to one support has always been key to supporting clients. We have increased the number of sessions we provide by training volunteers to assist in the delivery of the sessions. We continue to do one to one sessions within community based settings and utilised outdoor spaces where ever possible.

Caring for the Carer
Caring for the Carer is a lottery funded project and accounts for the vast amount of our service delivery as described above. We are currently in the second year of a two year program from the National Lottery and we have outperformed on many of the change indicators we initially forecasted. Our volunteers continue to be an integral part of our service delivery and development and we currently have 39 regular volunteers holding several roles including gardening, social media moderators, advocates, consultation and research, catering and debt advisors.

FINANCIAL REVIEW
Funders
Our main funding sources that enable us to deliver this desperately needed service is The Big Lottery Fund with a two year award commencing June 2021. It is without doubt that if this funding was not available we would not be able to assist the number of carers we do at present with the high quality service they deserve.

Reserves policy
The aim of the Charity's Reserves Policy is to ensure that its ongoing and future activities are reasonably protected from unexpected variances in income and expenditure. The Trustees review the level of reserves on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Governing document
The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Company number
06735306 (England and Wales)

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2022

Registered Charity number
1127962

Registered office
Meadow Nursery Lodge
Silksworth Gardens
Sunderland
Tyne and Wear
SR3 2PE

Trustees
Mrs T Collins Chair
Mrs S Hall

Company Secretary
Mrs W Hall

Project manager
Susan Leigh

Independent Examiner
Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Bankers
Bank of Scotland
PO Box 1000
BX2 1LB

Approved by order of the board of trustees on 11 May 2023 and signed on its behalf by:

Mrs T Collins - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUNDERLAND AREA PARENT SUPPORT LIMITED

Independent examiner's report to the trustees of Sunderland Area Parent Support Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

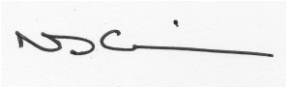
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas Liley FCA

Read, Milburn & Co
North Shields

15 May 2023

SUNDERLAND AREA PARENT SUPPORT LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 OCTOBER 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	10,292	-	10,292	-
Charitable activities	4				
Grant income		8,205	157,500	165,705	177,928
Other trading activities	3	2,000	-	2,000	14,148
Other income		780	-	780	2,824
Total		21,277	157,500	178,777	194,900
EXPENDITURE ON					
Charitable activities	5				
Staff costs		-	145,904	145,904	158,475
Premises expenses		597	8,097	8,694	6,729
Staff travel and subsistence		539	2,172	2,711	2,711
Professional fees		-	-	-	35
Project activities		7,028	1,778	8,806	2,888
Total		8,164	157,951	166,115	170,838
NET INCOME/(EXPENDITURE)		13,113	(451)	12,662	24,062
RECONCILIATION OF FUNDS					
Total funds brought forward		30,694	38,730	69,424	45,362
TOTAL FUNDS CARRIED FORWARD		43,807	38,279	82,086	69,424

The notes form part of these financial statements

SUNDERLAND AREA PARENT SUPPORT LIMITED

BALANCE SHEET
31 OCTOBER 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	11	73	519
CURRENT ASSETS			
Debtors	12	1,373	1,296
Cash at bank and in hand		82,002	68,605
		83,375	69,901
CREDITORS			
Amounts falling due within one year	13	(1,362)	(996)
NET CURRENT ASSETS		82,013	68,905
TOTAL ASSETS LESS CURRENT LIABILITIES		82,086	69,424
NET ASSETS		82,086	69,424
FUNDS	15		
Unrestricted funds		43,807	30,694
Restricted funds		38,279	38,730
TOTAL FUNDS		82,086	69,424

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 OCTOBER 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 May 2023 and were signed on its behalf by:

T Collins - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

Going Concern
The financial statements are prepared on the going concern basis. In the opinion of trustees, no material uncertainties exist about the charity's ability to continue.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	25% on reducing balance
Computer equipment	-	33% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	10,292	-

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising income	2,000	14,148

4. INCOME FROM CHARITABLE ACTIVITIES

	2022 Grant income	2021 Total activities
	£	£
Sunderland City Council	7,435	3,402
National Lottery Community Fund	147,500	162,026
Awards For All	10,000	-
Coalfield Regeneration Trust	-	2,500
Greggs Foundation	-	10,000
Sir James Knott Trust	770	-
	165,705	177,928

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Staff costs	71,959	73,945	145,904
Premises expenses	7,679	1,015	8,694
Staff travel and subsistence	2,711	-	2,711
Project activities	8,806	-	8,806
	91,155	74,960	166,115

continued...

6. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Staff costs	45,994	27,951	-	73,945
Premises expenses	13	-	1,002	1,015
	46,007	27,951	1,002	74,960

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Accountancy fees	1,002	996
Depreciation - owned assets	446	451

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2022 nor for the year ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	137,449	147,327
Social security costs	8,455	11,148
	145,904	158,475

The charity's key management personnel comprise the Trustees, and Project Manager. The total employee benefits of the key management personnel were £45,994 (2021 - £46,746).

The average monthly number of employees during the year was as follows:

	2022	2021
Management and administration	1	1
Support workers and counsellors	4	5
	5	6

No employees received emoluments in excess of £60,000.

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grant income	5,902	172,026	177,928
Other trading activities	14,148	-	14,148
Other income	2,824	-	2,824
Total	22,874	172,026	194,900
EXPENDITURE ON			
Charitable activities			
Staff costs	-	158,475	158,475
Premises expenses	4,394	2,335	6,729
Staff travel and subsistence	1,981	730	2,711
Professional fees	35	-	35
Project activities	2,669	219	2,888
Total	9,079	161,759	170,838
NET INCOME	13,795	10,267	24,062
Transfers between funds	257	(257)	-
Net movement in funds	14,052	10,010	24,062
RECONCILIATION OF FUNDS			
Total funds brought forward	16,642	28,720	45,362
TOTAL FUNDS CARRIED FORWARD	30,694	38,730	69,424

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2021 and 31 October 2022	1,018	5,242	6,260
DEPRECIATION			
At 1 November 2021	919	4,822	5,741
Charge for year	26	420	446
At 31 October 2022	945	5,242	6,187
NET BOOK VALUE			
At 31 October 2022	73	-	73
At 31 October 2021	99	420	519

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Prepayments	1,373	1,296

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Social security and other taxes	360	-
Accruals and deferred income	1,002	996
	1,362	996

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	73	-	73	519
Current assets	44,094	39,281	83,375	69,901
Current liabilities	(360)	(1,002)	(1,362)	(996)
	43,807	38,279	82,086	69,424

continued...

15. MOVEMENT IN FUNDS

	At 1/11/21 £	Net movement in funds £	Transfers between funds £	At 31/10/22 £
Unrestricted funds				
General fund	27,459	12,619	-	40,078
Designated Fund-Sunderland City Council-SAPS Events	687	(683)	(4)	-
Designated Fund-Sunderland City Council-Winter Inclusion	119	-	(119)	-
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	2,429	(2,612)	183	-
Designated Fund-Sunderland City Council - Garden Makeover	-	800	-	800
Designated Fund-Sunderland City Council - Food Bank	-	2,929	-	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	-	60	(60)	-
	30,694	13,113	-	43,807
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	28,730	(451)	-	28,279
Greggs Foundation-Covid Recovery Fund	10,000	-	-	10,000
	38,730	(451)	-	38,279
TOTAL FUNDS	69,424	12,662	-	82,086

continued...

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,072	(453)	12,619
Designated Fund-Sunderland City Council-SAPS Events	-	(683)	(683)
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	-	(2,612)	(2,612)
Designated Fund-Sunderland City Council - Garden Makeover	2,000	(1,200)	800
Designated Fund-Sunderland City Council - Food Bank	4,935	(2,006)	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	1,270	(1,210)	60
	21,277	(8,164)	13,113
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	157,500	(157,951)	(451)
TOTAL FUNDS	178,777	(166,115)	12,662

continued...

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/11/20 £	Net movement in funds £	Transfers between funds £	At 31/10/21 £
Unrestricted funds				
General fund	16,642	10,560	257	27,459
Designated Fund-Sunderland City Council-SAPS Events	-	687	-	687
Designated Fund-Sunderland City Council-Winter Inclusion	-	119	-	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	-	2,429	-	2,429
	16,642	13,795	257	30,694
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	17,896	10,834	-	28,730
Greggs Foundation-Project Manager Salary	10,824	(10,567)	(257)	-
Greggs Foundation-Covid Recovery Fund	-	10,000	-	10,000
	28,720	10,267	(257)	38,730
TOTAL FUNDS	45,362	24,062	-	69,424

continued...

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,972	(6,412)	10,560
Designated Fund-Sunderland City Council-SAPS Events	1,682	(995)	687
Designated Fund-Sunderland City Council-Winter Inclusion	1,720	(1,601)	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	2,500	(71)	2,429
	22,874	(9,079)	13,795
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	162,026	(151,192)	10,834
Greggs Foundation-Project Manager Salary	-	(10,567)	(10,567)
Greggs Foundation-Covid Recovery Fund	10,000	-	10,000
	172,026	(161,759)	10,267
TOTAL FUNDS	194,900	(170,838)	24,062

continued...

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/11/20 £	Net movement in funds £	Transfers between funds £	At 31/10/22 £
Unrestricted funds				
General fund	16,642	23,179	257	40,078
Designated Fund-Sunderland City Council-SAPS Events	-	4	(4)	-
Designated Fund-Sunderland City Council-Winter Inclusion	-	119	(119)	-
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	-	(183)	183	-
Designated Fund-Sunderland City Council - Garden Makeover	-	800	-	800
Designated Fund-Sunderland City Council - Food Bank	-	2,929	-	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	-	60	(60)	-
	16,642	26,908	257	43,807
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	17,896	10,383	-	28,279
Greggs Foundation-Covid Recovery Fund	-	10,000	-	10,000
	17,896	20,383	-	38,279
TOTAL FUNDS	45,362	36,724	-	82,086

continued...

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	30,044	(6,865)	23,179
Designated Fund-Sunderland City Council-SAPS Events	1,682	(1,678)	4
Designated Fund-Sunderland City Council-Winter Inclusion	1,720	(1,601)	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	2,500	(2,683)	(183)
Designated Fund-Sunderland City Council - Garden Makeover	2,000	(1,200)	800
Designated Fund-Sunderland City Council - Food Bank	4,935	(2,006)	2,929
Designated Fund-Sir James Knott and Sunderland City Council - Jubilee Events	1,270	(1,210)	60
	44,151	(17,243)	26,908
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	319,526	(309,143)	10,383
Greggs Foundation-Covid Recovery Fund	10,000	-	10,000
	329,526	(309,143)	20,383
TOTAL FUNDS	373,677	(336,953)	36,724

Restricted funds
National Lottery Community Fund
The Reaching Communities project is Caring for the Carers and the grant will cover the cost of the administrator, counsellors and part of the project manager's salaries along with general running costs, training, travel and evaluation. A grant from Awards for All was included in this project this year.

Greggs Foundation
This grant is to help with Covid Recovery.

Designated funds
Sunderland City Council
The Council funded SAPS events, a winter inclusion scheme, food bank and jubilee events.

Coalfield Regeneration Trust
Coalfield Regeneration funded a weekly food bank.

continued...

15. MOVEMENT IN FUNDS - continued

Sir James Knott Trust
This was a grant for jubilee events.

Transfers between funds

The fund transfers represent the transfer of restricted funds to unrestricted funds where a portion of the grant funding has been used to purchase fixed assets. Other transfers represent the completion of a project with the transfer of the remaining funds to unrestricted.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

17. GIFTS IN KIND

The charity operates from premises owned be Sunderland Council and provided to the charity rent free. This gift in kind is valued at £6,300 annually.

The charity receives gifts of food and clothing from businesses such as Morrisons Supermarket and the general public which are passed on to clients. At Christmas the charity receives Christmas Eve boxes which go directly to around 1500 children.

SUNDERLAND AREA PARENT SUPPORT LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,292	-
Other trading activities		
Fundraising income	2,000	14,148
Charitable activities		
Sunderland City Council	7,435	3,402
National Lottery Community Fund	147,500	162,026
Awards For All	10,000	-
Coalfield Regeneration Trust	-	2,500
Greggs Foundation	-	10,000
Sir James Knott Trust	770	-
	165,705	177,928
Other income		
Other income	780	2,824
Total incoming resources	178,777	194,900
EXPENDITURE		
Charitable activities		
Support worker wages	68,253	79,781
Social security	3,706	5,443
Insurance	1,297	1,087
Light and heat	1,146	392
Telephone	1,094	1,121
Postage and stationery	1,407	1,423
Advertising	205	232
Travel and subsistence	2,711	2,711
Premises expenses	2,124	1,150
Bank charges	165	109
Professional fees	35	35
Staff training	-	674
Tutor costs	860	-
Materials and equipment	6,180	1,882
Events and activities	1,526	100
Depreciation of tangible fixed assets	446	451
	91,155	96,591

SUNDERLAND AREA PARENT SUPPORT LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2022

	2022	2021
	£	£
Support costs		
Management		
Organisers renumeration	42,855	42,855
Organisers social security	3,139	3,891
Professional fees	13	-
	46,007	46,746
Finance		
Administrator wages	26,341	24,691
Social security	1,610	1,814
	27,951	26,505
Governance costs		
Accountancy fees	1,002	996
Total resources expended	166,115	170,838
Net income	12,662	24,062

This page does not form part of the statutory financial statements