

REGISTERED COMPANY NUMBER: 06735306 (England and Wales)
REGISTERED CHARITY NUMBER: 1127962

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021
FOR
SUNDERLAND AREA PARENT SUPPORT LIMITED

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

SUNDERLAND AREA PARENT SUPPORT LIMITED

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SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Introduction

Sunderland Area Parent Support (SAPS) has continued to provide services throughout the COVID 19 pandemic, working tirelessly to provide and deliver services in a way in which is both within line with Covid guidelines and fit for purpose has been challenging, learning what works as we deliver has been of paramount importance.

Delivering services throughout Sunderland including Washington and the Coalfields our purposes and aims remain unchanged:

Purposes and Aims

'The aim of SAPS is to encourage and support local people and organisations who have an interest in the future of problematic substance use and their families. By advocating for partnership working SAPS will share ideas, information and skills to the benefit of clients whilst striving to remove barriers that prevent access to social and health service provision. By providing and promoting a coordinated approach family members and carers will have open access to resources which aim to relieve stress levels, improve psychological and physical wellbeing, gain support, promote social inclusion through social and educational activities, receive sound advice and have access to accurate information'.

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

OBJECTIVES AND ACTIVITIES

Ensuring our work delivers our aims

The following indicators are used to ensure the aims are met:

1. Raise awareness of drug and alcohol dependency as well as legal highs and associated problems through training, education and positive publicity within the local community.
2. To provide a confidential environment for parents and carers to receive comfort, support and empowerment in a confidential environment using one to one support, group work, education, telephone support, mentoring and peer support as a vehicle of change.
3. To provide activities designed to address specific drug related health issues (such as blood borne virus transmission from user to carer), improve general health, educational and employment opportunities, reduce the psychological impact of addiction on the family unit whilst breaking the cycle of addiction.
4. Provide a menu of evidence based interventions specifically designed to limit the harm which is derived from substance misuse for family members and carers of drug users and the wider community.
5. Providing a range of training and educational opportunities to family members, carers and any other interested individual or organisation of issues relating to substance misuse and the effects of such.
6. Working in partnership with other agencies to secure the widest range of services available that best meet the needs of its client's population.
7. Conduct research and campaign for change to influence local, regional and national policy whilst ensuring that SAPS is aligned with all relevant frameworks and strategies.
8. Reduce barriers to accessing the above named provision by providing practical and organised support such as transport, childcare and translators as and when required.
9. To pursue these objectives with due regard to equality of opportunity and without discrimination on the grounds of age, disability, race, religion, gender, sexuality or any other irrelevant factor. Responding to emerging needs such as drug trends, COVID 19, significant mental health decline and bereavement.
- 10.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2021**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

How our activities deliver public benefit

Every year we collect data to evidence the effectiveness of the treatment modalities we deliver. Using the Carer Service Outcomes Profile which is a self-evaluation by carers completed every 12 weeks and focuses on 8 key areas including the understanding of substances, the relationship with the loved one, the family and the wider community, feelings of wellbeing, resilience and coping with the caring role.

This year we have found that our services continue to deliver benefits to the whole family unit including better treatment outcomes for loved ones, increased resilience and improved relationships.

Service outputs have increased in terms of telephone support and enquiry management, the demand for counselling, online services and support and a massive increase in food bank demand. More clients than ever are reporting significant financial difficulties, overwhelming debts and fuel poverty.

Covid combined with the untold stress and anxiety of dealing with a loved one affected by addiction has had catastrophic consequences, including a feeling of declining ability to cope, increased reporting of multi level deprivation households, a feeling of reduced physical health, insecure or unsuitable housing combined with huge reports of social isolation and increase in caring responsibilities.

The data shows by increasing service outputs in the following areas we have made a massive impact in terms of carer and public benefit:

Telephone support

SAPS have offered a telephone and support line since its formation in 2007. It continues to be one of the most effective methods of support given that carers are often living in chaos. It aims to keep carers safe in times of crisis and offers emotional support with workers using various techniques to establish what support is required and promotes the physical and psychological welfare of the client.

Telephone support is used in a range of circumstances and supports our crisis intervention work as well as carers who have problems meaning they cannot attend the service or facilitate home visits. This year we have conducted around 5006 calls offering advice, support, guidance and care planning, this is an unprecedented increase in service.

We continue to exceed our annual targets in terms of meeting the needs of carers by offering informal advice and information over the telephone.

Parent and Carer Education and Training

Parent and Carer education and training is a key part to understanding addiction, empowering the carer and enabling the family to move forward in their journey. Its aims are to:

1. Better equip the family to deal with substance misuse
2. Increase self esteem
3. Introduce coping strategies
4. Build social relationships
5. Increase resilience

This year we have delivered a number of courses including Drug and Alcohol Awareness, Harm Reduction, Caring for the Carer, Mindfulness, Sleep Therapy and interest courses used as respite including drawing therapy and recycling. Many of these have been delivered over Zoom with on hands complimentary therapy taking somewhat of a back seat due to restrictions at various times.

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

Group Support

We continue to offer group sessions on a formal and informal basis, and as requested by the Voice of SAPS (Carer Consultation Group) and carers we have delivered a 'pick n mix' menu and have delivered a number of groups.

On average we deliver two - three therapeutic groups per week and carers have reported good outcomes in terms of increased resilience and improved psychological wellbeing and feeling socially included. We use these groups as part of a 'mix a mix' menu which target some of society's most socially excluded carers aiming to tackle stigma and exclusion whilst promoting family recovery.

During COVID these meetings via Zoom/Whatsapp have increased significantly again responding to the crisis depending on the restrictions at the time.

Counselling

Counselling continues to be in demand and in the past year we have delivered 1261 sessions. We continue to facilitate the placements of three Sunderland University students.

Appointments are offered throughout the week including evenings and weekends to meet the needs of the carers, appointments are available via Zoom, Whatsapp and face to face.

Clients are reporting better treatment outcomes when counselling is introduced into their personalised care plan and has proven particularly useful in assisting clients who are making decisions about how to best support their loved one this has been much more prevalent throughout the pandemic.

One to One Support

One to one support has always been key to supporting clients. We have increased the number of sessions we provide by training volunteers to assist in the delivery of the sessions. We continue to do one to one sessions within community based settings as well as in the clients own home following social distance guidance and wearing PPE as well as online.

These sessions are tailored to each individual to ensure their needs are met. The appointments are used to support the carer through whichever issues relating to substance misuse they are facing such as bereavement, domestic violence, being a victim of crime, developing a dependence and the devastating effects of caring for a loved one with a substance misuse problem. These sessions have continued throughout the pandemic, if the sessions have been moved to online sessions we have ensured carers had access to appropriate equipment.

Caring for the Carer

Caring for the Carer is a lottery funded project and accounts for the vast amount of our service delivery as described above. We are currently in the first year of a two year program from the National Lottery and we have outperformed on many of the change indicators we initially forecasted. Our volunteers continue to be an integral part of our service delivery and development and we currently have 36 regular volunteers holding several roles including gardening, social media moderators, advocates, consultation and research, catering and debt advisors. During COVID volunteers have been an integral part of organising and distributing food for our Friday Food Bag Appeal.

FINANCIAL REVIEW

Funders

Our main funding sources that enable us to deliver this desperately needed service is The Big Lottery Fund with a two year award commencing June 2021. It is without doubt that if this funding was not available we would not be able to assist the number of carers we do at present with the high quality service they deserve.

SUNDERLAND AREA PARENT SUPPORT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2021

FINANCIAL REVIEW

Reserves policy

The aim of the Charity's Reserves Policy is to ensure that its ongoing and future activities are reasonably protected from unexpected variances in income and expenditure. The Trustees review the level of reserves on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06735306 (England and Wales)

Registered Charity number

1127962

Registered office

Meadow Nursery Lodge
Silksworth Gardens
Sunderland
Tyne and Wear
SR3 2PE

Trustees

Mrs T Collins	Chair
Mrs S Hall	

Company Secretary

Mrs W Hall

Project manager

Susan Leigh

Independent Examiner

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Bankers

Bank of Scotland
PO Box 1000
BX2 1LB

Approved by order of the board of trustees on 7 June 2022 and signed on its behalf by:

SUNDERLAND AREA PARENT SUPPORT LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2021**

A handwritten signature in black ink, appearing to read 'T Collins', written over a horizontal dotted line.

Mrs T Collins - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUNDERLAND AREA PARENT SUPPORT LIMITED

Independent examiner's report to the trustees of Sunderland Area Parent Support Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

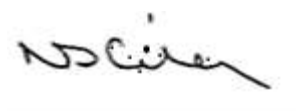
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas Liley FCA
Read, Milburn & Co
North Shields

9 June 2022

SUNDERLAND AREA PARENT SUPPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 OCTOBER 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Grant income		5,902	172,026	177,928	225,057
Other trading activities	2	14,148	-	14,148	1,615
Other income		<u>2,824</u>	<u>-</u>	<u>2,824</u>	<u>4,000</u>
Total		22,874	172,026	194,900	230,672
EXPENDITURE ON					
Charitable activities	4				
Staff costs		-	158,475	158,475	189,937
Premises expenses		4,394	2,335	6,729	16,682
Staff travel and subsistence		1,981	730	2,711	1,091
Professional fees		35	-	35	35
Project activities		<u>2,669</u>	<u>219</u>	<u>2,888</u>	<u>1,803</u>
Total		<u>9,079</u>	<u>161,759</u>	<u>170,838</u>	<u>209,548</u>
NET INCOME		13,795	10,267	24,062	21,124
Transfers between funds	14	<u>257</u>	<u>(257)</u>	<u>-</u>	<u>-</u>
Net movement in funds		14,052	10,010	24,062	21,124
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>16,642</u>	<u>28,720</u>	<u>45,362</u>	<u>24,238</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>30,694</u></u>	<u><u>38,730</u></u>	<u><u>69,424</u></u>	<u><u>45,362</u></u>

The notes form part of these financial statements

SUNDERLAND AREA PARENT SUPPORT LIMITED**BALANCE SHEET
31 OCTOBER 2021**

	Notes	2021 £	2020 £
FIXED ASSETS			
Tangible assets	10	519	970
CURRENT ASSETS			
Debtors	11	1,296	4,000
Cash at bank and in hand		<u>68,605</u>	<u>41,382</u>
		69,901	45,382
CREDITORS			
Amounts falling due within one year	12	(996)	(990)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>68,905</u>	<u>44,392</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		69,424	45,362
		<u> </u>	<u> </u>
NET ASSETS		<u>69,424</u>	<u>45,362</u>
FUNDS	14		
Unrestricted funds		30,694	16,642
Restricted funds		<u>38,730</u>	<u>28,720</u>
TOTAL FUNDS		<u>69,424</u>	<u>45,362</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

SUNDERLAND AREA PARENT SUPPORT LIMITED

BALANCE SHEET - continued
31 OCTOBER 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 June 2022 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'T Collins', is written over a faint horizontal line.

T Collins - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising income	<u>14,148</u>	<u>1,615</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	2021 Grant income £	2020 Total activities £
Sunderland City Council	3,402	16,499
National Lottery Community Fund	162,026	177,767
Coalfield Regeneration Trust	2,500	-
Greggs Foundation	10,000	15,000
Clothworkers Foundation	-	10,000
Groundworks UK-Tesco	-	500
Charities Aid Foundation	-	4,791
RSA	-	500
	<u>177,928</u>	<u>225,057</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Staff costs	85,224	73,251	158,475
Premises expenses	5,733	996	6,729
Staff travel and subsistence	2,711	-	2,711
Professional fees	35	-	35
Project activities	<u>2,888</u>	<u>-</u>	<u>2,888</u>
	<u>96,591</u>	<u>74,247</u>	<u>170,838</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

5. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Staff costs	46,746	26,505	-	73,251
Premises expenses	<u>-</u>	<u>-</u>	<u>996</u>	<u>996</u>
	<u>46,746</u>	<u>26,505</u>	<u>996</u>	<u>74,247</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Accountancy fees	996	990
Depreciation - owned assets	<u>451</u>	<u>465</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021 nor for the year ended 31 October 2020.

8. STAFF COSTS

	2021 £	2020 £
Wages and salaries	147,327	174,122
Social security costs	<u>11,148</u>	<u>15,815</u>
	<u>158,475</u>	<u>189,937</u>

The charity's key management personnel comprise the Trustees, and Project Manager. The total employee benefits of the key management personnel were £46,746 (2020 - £46,280).

The average monthly number of employees during the year was as follows:

	2021	2020
Management and administration	1	2
Support workers and counsellors	<u>5</u>	<u>5</u>
	<u>6</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grant income	22,290	202,767	225,057
Other trading activities	1,615	-	1,615
Other income	<u>4,000</u>	<u>-</u>	<u>4,000</u>
Total	27,905	202,767	230,672
 EXPENDITURE ON			
Charitable activities			
Staff costs	15,859	174,078	189,937
Premises expenses	5,627	11,055	16,682
Staff travel and subsistence	-	1,091	1,091
Professional fees	35	-	35
Project activities	<u>1,789</u>	<u>14</u>	<u>1,803</u>
Total	<u>23,310</u>	<u>186,238</u>	<u>209,548</u>
 NET INCOME	4,595	16,529	21,124
Transfers between funds	<u>4,574</u>	<u>(4,574)</u>	<u>-</u>
Net movement in funds	9,169	11,955	21,124
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>7,473</u>	<u>16,765</u>	<u>24,238</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>16,642</u></u>	<u><u>28,720</u></u>	<u><u>45,362</u></u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2020 and 31 October 2021	<u>1,018</u>	<u>5,242</u>	<u>6,260</u>
DEPRECIATION			
At 1 November 2020	886	4,404	5,290
Charge for year	<u>33</u>	<u>418</u>	<u>451</u>
At 31 October 2021	<u>919</u>	<u>4,822</u>	<u>5,741</u>
NET BOOK VALUE			
At 31 October 2021	<u>99</u>	<u>420</u>	<u>519</u>
At 31 October 2020	<u>132</u>	<u>838</u>	<u>970</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Prepayments	<u>1,296</u>	<u>4,000</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Accruals and deferred income	<u>996</u>	<u>990</u>

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Fixed assets	519	-	519	970
Current assets	31,171	38,730	69,901	45,382
Current liabilities	<u>(996)</u>	<u>-</u>	<u>(996)</u>	<u>(990)</u>
	<u>30,694</u>	<u>38,730</u>	<u>69,424</u>	<u>45,362</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

14. MOVEMENT IN FUNDS

	At 1/11/20 £	Net movement in funds £	Transfers between funds £	At 31/10/21 £
Unrestricted funds				
General fund	16,642	10,560	257	27,459
Designated Fund-Sunderland City Council-SAPS Events	-	687	-	687
Designated Fund-Sunderland City Council-Winter Inclusion	-	119	-	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	-	2,429	-	2,429
	16,642	13,795	257	30,694
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	17,896	10,834	-	28,730
Greggs Foundation-Project Manager Salary	10,824	(10,567)	(257)	-
Greggs Foundation-Covid Recovery Fund	-	10,000	-	10,000
	28,720	10,267	(257)	38,730
TOTAL FUNDS	<u>45,362</u>	<u>24,062</u>	<u>-</u>	<u>69,424</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,972	(6,412)	10,560
Designated Fund-Sunderland City Council-SAPS Events	1,682	(995)	687
Designated Fund-Sunderland City Council-Winter Inclusion	1,720	(1,601)	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	<u>2,500</u>	<u>(71)</u>	<u>2,429</u>
	22,874	(9,079)	13,795
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	162,026	(151,192)	10,834
Greggs Foundation-Project Manager Salary	-	(10,567)	(10,567)
Greggs Foundation-Covid Recovery Fund	<u>10,000</u>	<u>-</u>	<u>10,000</u>
	<u>172,026</u>	<u>(161,759)</u>	<u>10,267</u>
TOTAL FUNDS	<u><u>194,900</u></u>	<u><u>(170,838)</u></u>	<u><u>24,062</u></u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2021**

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/11/19 £	Net movement in funds £	Transfers between funds £	At 31/10/20 £
Unrestricted funds				
General fund	6,173	5,602	4,867	16,642
Designated Fund-Cultural Spring-Arts Programme	200	(40)	(160)	-
Designated Fund-Santander Foundation-Discovery Arts and Drama Programme	1,100	(983)	(117)	-
Designated Fund-Sunderland City Council-Pacey's Plea	-	16	(16)	-
	7,473	4,595	4,574	16,642
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	7,765	10,131	-	17,896
Greggs Foundation-Hardship Fund	50	-	(50)	-
RISE Programme	5,200	-	(5,200)	-
Greggs Foundation-Project Manager Salary	3,750	7,074	-	10,824
Clothworkers Foundation-Capital Covid 19 Reimbursement	-	(676)	676	-
	16,765	16,529	(4,574)	28,720
TOTAL FUNDS	<u>24,238</u>	<u>21,124</u>	<u>-</u>	<u>45,362</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2021

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,986	(21,384)	5,602
Designated Fund-Cultural Spring-Arts Programme	-	(40)	(40)
Designated Fund-Santander Foundation-Discovery Arts and Drama Programme	-	(983)	(983)
Designated Fund-Sunderland City Council-Pacey's Plea	<u>919</u>	<u>(903)</u>	<u>16</u>
	27,905	(23,310)	4,595
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	177,767	(167,636)	10,131
Greggs Foundation-Project Manager Salary	15,000	(7,926)	7,074
Clothworkers Foundation-Capital Covid 19 Reimbursement	<u>10,000</u>	<u>(10,676)</u>	<u>(676)</u>
	<u>202,767</u>	<u>(186,238)</u>	<u>16,529</u>
TOTAL FUNDS	<u><u>230,672</u></u>	<u><u>(209,548)</u></u>	<u><u>21,124</u></u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2021

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/11/19 £	Net movement in funds £	Transfers between funds £	At 31/10/21 £
Unrestricted funds				
General fund	6,173	16,162	5,124	27,459
Designated Fund-Sunderland City Council-SAPS Events	-	687	-	687
Designated Fund-Sunderland City Council-Winter Inclusion	-	119	-	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	<u>-</u>	<u>2,429</u>	<u>-</u>	<u>2,429</u>
	6,173	19,397	5,124	30,694
Restricted funds				
National Lottery Community Fund-Reaching Communities-Caring for the Carers	7,765	20,965	-	28,730
Greggs Foundation-Project Manager Salary	3,750	(3,493)	(257)	-
Greggs Foundation-Covid Recovery Fund	<u>-</u>	<u>10,000</u>	<u>-</u>	<u>10,000</u>
	<u>11,515</u>	<u>27,472</u>	<u>(257)</u>	<u>38,730</u>
TOTAL FUNDS	<u>24,238</u>	<u>45,186</u>	<u>-</u>	<u>69,424</u>

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2021

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	43,958	(27,796)	16,162
Designated Fund-Sunderland City Council-SAPS Events	1,682	(995)	687
Designated Fund-Sunderland City Council-Winter Inclusion	1,720	(1,601)	119
Designated Fund-Coalfield Regeneration Trust-Weekly Food Bank	<u>2,500</u>	<u>(71)</u>	<u>2,429</u>
	49,860	(30,463)	19,397
Restricted funds			
National Lottery Community Fund-Reaching Communities-Caring for the Carers	339,793	(318,828)	20,965
Greggs Foundation-Project Manager Salary	15,000	(18,493)	(3,493)
Greggs Foundation-Covid Recovery Fund	<u>10,000</u>	<u>-</u>	<u>10,000</u>
	<u>364,793</u>	<u>(337,321)</u>	<u>27,472</u>
TOTAL FUNDS	<u>425,572</u>	<u>(380,386)</u>	<u>45,186</u>

Restricted funds

National Lottery Community Fund

The Reaching Communities project is Caring for the Carers and the grant will cover the cost of the administrator, counsellors and part of the project manager's salaries along with general running costs, training, travel and evaluation.

Greggs Foundation

Last year's grant is from a core funding programme to help improve the service and the management of the organisation.

This year's grant is to help with Covid Recovery.

Designated funds

Sunderland City Council

The Council funded SAPS events and a winter inclusion scheme.

Coalfield Regeneration Trust

Coalfield Regeneration funded a weekly food bank.

SUNDERLAND AREA PARENT SUPPORT LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2021

14. MOVEMENT IN FUNDS - continued

Transfers between funds

The fund transfers represent the transfer of restricted funds to unrestricted funds where a portion of the grant funding has been used to purchase fixed assets. Other transfers represent the completion of a project with the transfer of the remaining funds to unrestricted.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

16. GIFTS IN KIND

The charity operates from premises owned by Sunderland Council and provided to the charity rent free. This gift in kind is valued at £6,300 annually.

The charity receives gifts of food and clothing from businesses such as Morrisons Supermarket and the general public which are passed on to clients. At Christmas the charity receives Christmas Eve boxes which go directly to around 1500 children.

SUNDERLAND AREA PARENT SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2021**

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Other trading activities		
Fundraising income	14,148	1,615
Charitable activities		
Sunderland City Council	3,402	16,499
National Lottery Community Fund	162,026	177,767
Coalfield Regeneration Trust	2,500	-
Greggs Foundation	10,000	15,000
Clothworkers Foundation	-	10,000
Groundworks UK-Tesco	-	500
Charities Aid Foundation	-	4,791
RSA	-	500
	<u>177,928</u>	<u>225,057</u>
Other income		
Other income	<u>2,824</u>	<u>4,000</u>
Total incoming resources	194,900	230,672
EXPENDITURE		
Charitable activities		
Support worker wages	79,781	103,426
Social security	5,443	8,469
Insurance	1,087	1,006
Light and heat	392	543
Telephone	1,121	1,407
Postage and stationery	1,423	1,189
Advertising	232	852
Travel and subsistence	2,711	1,091
Premises expenses	1,150	10,943
Bank charges	109	126
Professional fees	35	35
Staff training	674	13
Materials and equipment	1,882	938
Events and activities	100	-
Depreciation of tangible fixed assets	<u>451</u>	<u>465</u>
	96,591	130,503

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SUNDERLAND AREA PARENT SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2021**

	2021 £	2020 £
Support costs		
Management		
Organisers remuneration	42,855	42,855
Organisers social security	3,891	4,709
Professional fees	<u>-</u>	<u>13</u>
	46,746	47,577
 Finance		
Administrator wages	24,691	27,841
Social security	<u>1,814</u>	<u>2,637</u>
	26,505	30,478
 Governance costs		
Accountancy fees	<u>996</u>	<u>990</u>
 Total resources expended	<u>170,838</u>	<u>209,548</u>
 Net income	<u><u>24,062</u></u>	<u><u>21,124</u></u>

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