

MULTICULTURAL RESOURCE CENTRE

England & Wales · Charity number 1127743

Details

Status Registered

Legal form Other

Registered 2009-01-28

Register [View on the Charity Commission register](#)

Contact

Address 25 Lonsdale Avenue
Rochdale
Lancashire
OL16 5HP

Phone 07515282098

Email mccrochdale@yahoo.co.uk

Activities

Objects: A) TO PROMOTE THE BENEFIT OF THE INHABITANTS OF THE UK, IN PARTICULAR THOSE LIVING IN GREATER MANCHESTER, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, NATIONALITY, AGE, DISABILITY, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID INHABITANTS AND THE STATUTORY AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION, INCLUDING THE ARTS OF DRAMA, MIME, SINGING AND MUSIC, AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR THE SAID INHABITANTS. TO PROMOTE SUCH OTHER CHARITABLE PURPOSES AS MAY FROM TIME TO TIME BE DETERMINED.

Activities: To promote the benefit of the inhabitants of the UK, in particular those living in Greater Manchester, without distinction of sex, sexual orientation, nationality, age, disability, race or of political, religious or other opinions by associating together the said inhabitants and the statutory authorities, voluntary and other organisations in a common effort to advance education, arts and health

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE LOCAL
- Blackburn With Darwen
- Manchester City
- Oldham
- Rochdale

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £65,810 | £78,372 | - | - |
| 2023-12-31 | £55,125 | £64,111 | - | - |
| 2022-12-31 | £89,535 | £50,382 | - | - |
| 2021-12-31 | £49,720 | £39,802 | - | - |
| 2020-12-31 | £40,260 | £20,209 | - | - |

Trustees

| Name | Role | Appointed |
|---------------------|------|------------|
| ABDUL KARIM SHAKOOR | | 2018-12-02 |
| ABID BUKHARI | | 2015-04-20 |
| Imtiaz Ahmede | | 2021-03-10 |
| Sajid Mahmood | | 2019-05-06 |

MULTICULTURAL RESOURCE CENTRE

England & Wales - Charity number 1127743

Accounts



MULTICULTURAL RESOURCE CENTRE

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED DECEMBER 31, 2024

Charity number 1127743

Administrative information
Trustees annual report
Statement of financial activities



Multicultural Resource Centre
ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED December 31 2024

Imtiaz Patel Manager

Trustees

Abid Bukhari Chair
Abdul Karim Shakoor Treasurer
Razia Shamim
Imtiaz Ahmed
Sajid Mahmood

Nighat Amini Session Worker

Volunteers

Ayesha Rafiq
Shinza
Abdul Samad
Shagufta Jabeen
Gulfraz
Kausar Haq
Sabir Raza
Khalid Rehan

REGISTERED OFFICE
25 Lonsdale Avenue
Rochdale
OL16B 5HP

ACCOUNTANTS & INDEPENDENT EXAMINERS

S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE

BANKERS

TSB Lloyds
Virgin Money

Multicultural Resource Centre
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2024

TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2024

The Trustees present their annual report together with the financial statements of the charity for the year ended December 31 2024.

REPORTING FRAMEWORK

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019), referred to as the Charities SORP (FRS 102) (second edition – October 2019).

Mission

"To serve our community, Arts and Health and improve the quality of life of our residents. "

Objectives and Activities

Participation and quality innovative provisions

Activities.

To promote cohesion, engagement, and employment opportunities for the local communities.

Health and well-being

Our aim is to promote Health and well-being and improve local people's participation in Healthy lifestyle activities

Activities through informal education and support.

We promote social inclusion and community cohesion and support local communities those facing barriers due to age, health, language, disability etc.

Education training and volunteering

We develop and enhance the skills of local communities through lifelong learning, education and training provisions for everyone - promoting confidence in learning skills.

We work very closely with local communities, statutory and voluntary agencies to promote safety,

Health Information and guidance

We provide health information through our Community Health Information Shop in different languages.

Achievements and performance

Charity is confident and proud in meeting all objectives set.

Financial review

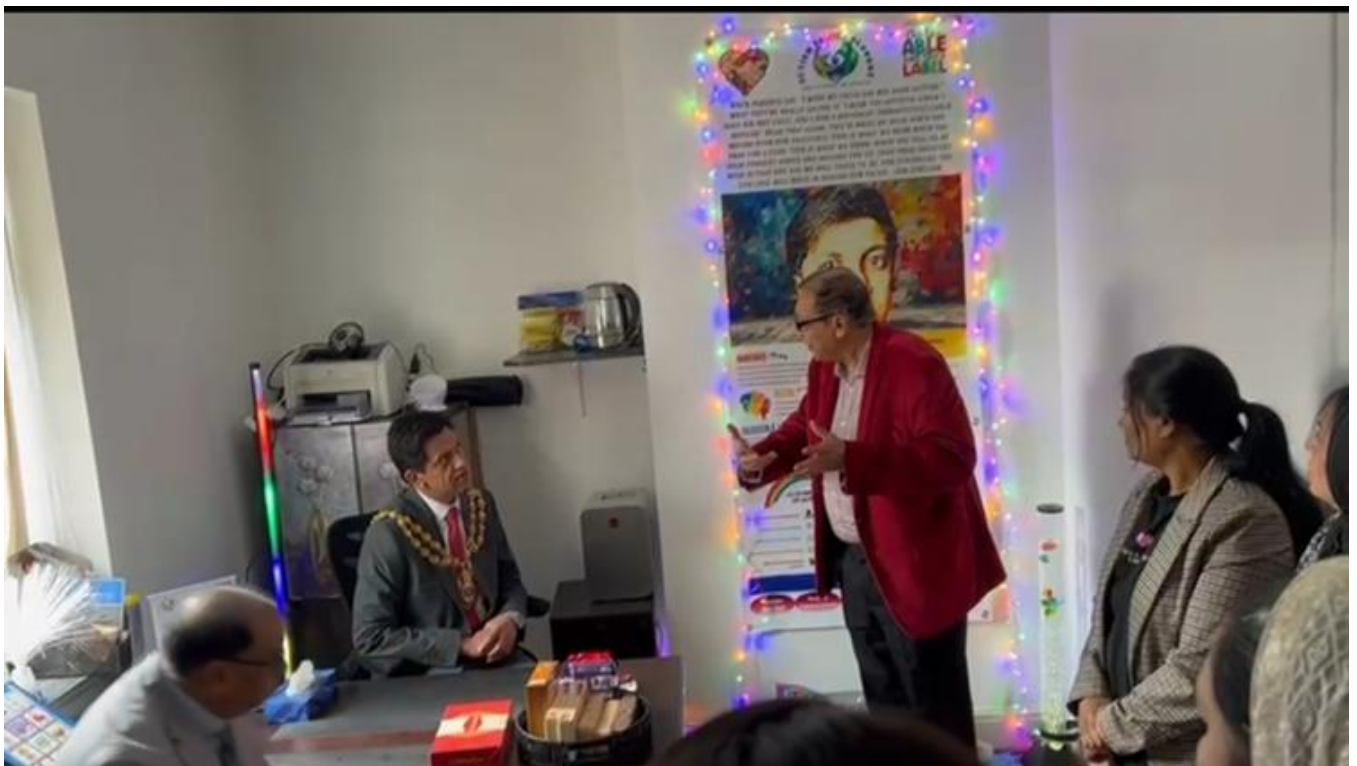
Financial position of the organisation is stable and strong. All objectives are being met on target and according to set budgets. All projects were delivered in accordance with funding and grants conditions.

The Charity is intending to increase its fund-raising activities to expand activities and services to local communities. Charity is exploring funding avenues to develop staffing by core funding. The Charity has also continuously updated its financial management and all other policies and procedures and monitors its functions during Board meetings.

Statement of trustee's responsibilities

The trustees are responsible for preparing the trustee's annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice. Select suitable accounting policies and then apply them consistently. Observe the methods and principles in the charities SORP. State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Projects:

1. Culturally appropriate fund innovation

The project was delivered by our freelance session worker and therapist.

We have consulted 3 organisations to deliver Mental Health awareness sessions to their members in Oldham. After the sessions South Asian Men's group in Oldham which was developed as Creative writing and Mental Wellbeing group). Poetry was used as a medium to raise awareness. The creative arts for a large part of the South Asian culture and a positive way of attracting attention to the otherwise taboo topic of mental health. The project was delivered in Rochdale Oldham and Greater Manchester.

More funding was secured in 2023 to continue the project. This year it will be in Rochdale and GM.

The project will complete in 2024/25.

2. Language of my Heart

Interviews will be conducted with a group of elders from the first generation by young volunteers to identify the main feature of the literary heritage they brought with them from India, Pakistan, and East Africa. This will be explained to the second and the third generations of the British Gujarati and Memon community through English because their knowledge of Gujarati and Memon language is limited.

A group of young people will be involved in the field work. There will be workshops to develop their skills of preparing questionnaires, recording interview and collecting data. We will undertake this to study the literary heritage of the first generation of Gujarati and Memon migrant settled in the 1960s. This heritage will be documented in the form of a bilingual (Gujarati-English languages) book. The book will

include samples of the Gujarati poetry and Memon folk songs.(literary archive materials) The project will also identify the 1st generation role models within the community.

We will collect 30 stories, print one booklet, one launch event, three musical events and three poetry events in Manchester, Bolton and Oldham.

The project completed in 2025

3. LCVS Grant

The project is to work with Autistic children and their carers.

Project will finish in 2025.

4. Making Connections. Queen's Jubilee Fund

Project worker will work with 6 volunteers from Rochdale, Oldham, and Rochdale and our Youth Wing members.

The launch event in May will be held in local community venue.

The project will deliver 3 main activities:

Street and indoor games of 1950's of Indian Sub-continent, young and older people will be together and have a go on games such as Ludu, is a strategy board game for two to four players and Caromboard, is a cue sport-based tabletop game of South Asian origin.

We have linked with three luncheon clubs and two youth clubs to take part.

Three tournaments will be organised in two years.

Poetry writing and reading, 10 writing workshops will take place with professional poet and young poetry lover people. Three live poetry reading events will be held where young and old poets will perform.

10 sessions of Storytelling and recording, young people will be given informal training to record the stories of older people's migration experiences.

The project completed in 2024.

5. My memories

The project worked in collaboration with 3 older people's groups and one young people's group.

A Dementia Session Worker was appointed to provide dedicated support to people with Dementia, carers and families within Rochdale and near boundary of Oldham.

2 hours a week of dedicated support was provided at three venues. Our volunteers were there with stall to give information about services and literature in different languages produced by Dementia United and Alzheimer's Society. Our sessions included:

Raising Awareness

We worked in communities (wherever possible, in partnership with voluntary community organisations) to raise the awareness of dementia amongst the BAME communities. The were for the community to understand dementia and its impact.

Participants found that awareness of dementia is very important if the person with (potential) dementia and their family carers are to access appropriate and timely information as well as services.

The participants were able to access the information (awareness) as it was timely, and in the appropriate format and language.

Information and Signposting

We provided information on dementia and where people can go for further information, access to services and/or help to make informed choices about what to do next.

Community event

We also delivered session in the community event, to discuss, train and educate people about the different aspects of dementia and how it will impact the lives of people affected by dementia. Our volunteers worked hard to organise the event. Completed 2024

6. 5 ways to Wellbeing and social media

Designing social media posters by participants during evaluation after each session.

Multicultural Resource Centre will deliver 30 sessions with Session worker and our 4 volunteers who were shadowing last year's project. based on 5 ways of wellbeing, to three Groups in Rochdale 2 in Bolton. Much of the work of Multicultural Resource Centre does falls into psychosocial support for our beneficiaries whether it be Arts activities, Online support, out of hours mental health counselling or more direct Wellbeing delivery.

The Project completed in 2024.

7. Volunteers Training

The training is available every month for volunteers.

8. Support and Hope

We delivered:

12 arts workshops and three awareness sessions to the local community groups. The awareness sessions were attended by 53 people.

The workshops attended by 21 children and adults with autism and learning disabilities.

We produced pull up banners which are in local community centre where carers and children meet twice a month.

We have also made linked with local Autism project and now 14 carers all women have developed group called Power of Autism.



27 King Street,
Oldham
OL8 1DP

POWER OF AUTISM

A local group for parents, carers, relatives and friends of children and adults with Autism (diagnosed and undiagnosed).

- Would you like to have a better understanding of your Child's needs?
- Meet like minded people who are in the same situation?
- Need help with benefits and information regarding organisations who can help?

Women only group

Contact Zara: 07708628455
Contact Ayesha: 07887 404085

The banner features a central logo of a brain composed of four interlocking puzzle pieces in red, blue, yellow, and green. Below the logo, the text 'POWER OF AUTISM' is written in large, bold, blue capital letters. The background is a light cream color. At the bottom, there is an illustration of three people: two women on the left and one man on the right, all smiling and engaged in conversation. The man is holding a small red puzzle piece.

9. COMMUNITY ENGAGEMENT CHAMPIONS

Community Engagement Champions with training and support, help improve the health and wellbeing of their families, communities, and workplaces. They will motivate and empower people to get involved in health-promoting activities.

The champions will have five points, informing, consulting, involving, collaborating, and empowering different communities.

The trained Champions will have expertise in collaboration, consultation and communication, which will be chance of participation with different community groups.

The project completed in 2024.

Independent examiner's statement

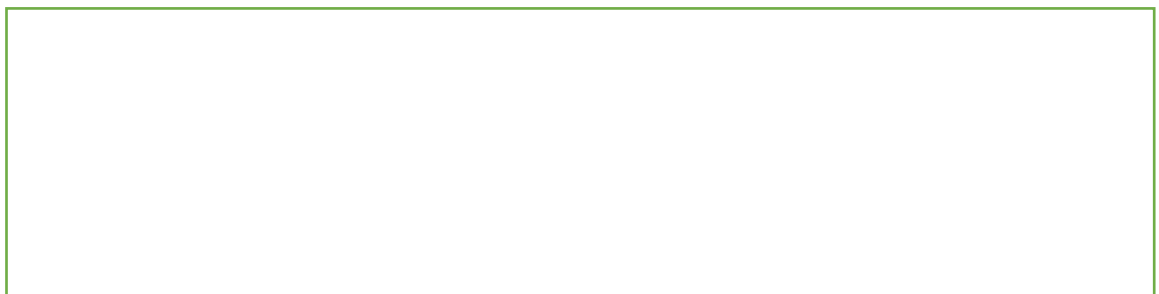
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
 2. the accounts do not accord with those records; or
 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).
- I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE

MULTICULTURAL RESOURCE CENTRE
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST December 2024

| | £ | |
|---|--------|-------------|
| Balance B/F | | 69,969 |
| Receipts | | |
| VVUK | 5,600 | |
| Morrison Foundation | 7,500 | |
| TNL Community Fund | 19,900 | |
| Heritage Lottery Fund | 16,984 | |
| LCVS Grant | 1,980 | |
| Reducing Racial Inequalities in MH Communities of Practice | 8,351 | |
| Fee | 3185 | |
| Donation | 2,310 | |
| Total available funds | | 13,5779 |
| <u>Deduct expenditure</u> | | |
| TNL Community Fund | 12,879 | |
| Queen Jubilee Fund | 15,915 | |
| Morison Foundation | 8,350 | |
| RMBC | 1,006 | |
| Heritage Lottery Fund | 29,056 | |
| Reducing Racial Inequalities in MH Communities of Practice | 8,357 | |
| Accountants fee | 200 | |
| Office Expenses | 903 | |
| Other projects | 1,706 | |
| | | 78,372 |
| | | |
| Surplus Represented by Bank Account | 57,407 | |



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England & Wales - Charity number 1127743

Accounts



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ANNUAL REPORT
AND
ACCOUNTS FOR THE YEAR ENDED DECEMBER 31 2023

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Administrative information
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LANGUAGE OF MY HEART
Oral History Project to record
the achievements of Memon
and Gujrati communities .



Mohammed Iqbal

**Consultant Neuro-Otologist at
NHS**

**More information
Please contact.
Imtiaz Patel
07708628455**



Made possible with

**Heritage
Fund**

Multicultural Resource Centre
ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED December 31 2023

Imtiaz Patel Manager

Trustees

Abid Bukhari Chair
Abdul Karim Shakoor Treasurer
Razia Shamim
Imtiaz Ahmed
Sajid Mahmood

Nighat Amini Session Worker

Volunteers

Sidra Afzal
Mrs Rani Akbar
Abdul Samad
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Kausar Haq
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Our aim is to promote Health and well-being and improve local people's participation in Healthy lifestyle activities

Activities through informal education and support.

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Health Information and guidance

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Achievements and performance

Charity is confident and proud in meeting all objectives set.

Financial review

Financial position of the organisation is stable and strong. All objectives are being met on target and according to set budgets. All projects were delivered in accordance with funding and grants conditions.

The Charity is intending to increase its fund-raising activities to expand activities and services to local communities. Charity is exploring funding avenues to develop staffing by core funding. The Charity has also continuously updated its financial management and all other policies and procedures and monitors its functions during Board meetings.

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LANGUAGE OF MYHEART

As a community our literary heritage is an important part of our cultural identity

The literary heritage of British Gujarati and Memon communities of Greater Manchester is half a century old. Language of my Heart is to identify the main feature of the literary heritage we brought with us from India, Pakistan, and Africa. This heritage will be documented in the form of a bilingual (Gujarati-English languages) book and exhibition panels.

If you want to be a part of this project, please contact
Imtiaz Patel
07708628455



Made possible with
Heritage Fund

Thanks to National Lottery players

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WILSON WILSON WILSON

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MULTI CULTURAL RESOURCE CENTRE



Projects:

1. Culturally appropriate fund innovation

The project was delivered by our freelance session worker and therapist.

We have consulted 3 organisations to deliver Mental Health awareness sessions to their members in Oldham. After the sessions South Asian Men's group in Oldham which was developed as Creative writing and Mental Wellbeing group). Poetry was used as a medium to raise awareness. The creative arts for a large part of the South Asian culture and a positive way of attracting attention to the otherwise taboo topic of mental health. The project was delivered in Rochdale Oldham and Greater Manchester.

More funding was secured in 2023 to continue the project. This year it will be in Rochdale and GM.

The project will complete in 2024.

2. Language of my Heart

Interviews will be conducted with a group of elders from the first generation by young volunteers to identify the main feature of the literary heritage they brought with them from India, Pakistan, and East Africa. This will be explained to the second and the third generations of the British Gujarati and Memon community through English because their knowledge of Gujarati and Memon language is limited.

A group of young people will be involved in the field work. There will be workshops to develop their skills of preparing questionnaires, recording interview and collecting data. We will undertake this to study the literary heritage of the first generation of Gujarati and Memon migrant settled in the 1960s. This heritage will be documented in the form of a bilingual (Gujarati-English languages) book. The book will

include samples of the Gujarati poetry and Memon folk songs.(literary archive materials) The project will also identify the 1st generation role models within the community.

We will collect 30 stories, print one booklet, one launch event, three musical events and three poetry events in Manchester, Bolton and Oldham.

The project will complete in 2025

3. 5 Ways to Wellbeing banners

To deliver 30 sessions based on the five ways to wellbeing to 36 people from South Asian communities in Oldham and Rochdale. Produce five pullup banners.

4. Making Connections. Queen's Jubilee Fund

Project worker will work with 6 volunteers from Rochdale, Oldham, and Rochdale and our Youth Wing members.

The launch event in May will be held in local community venue.

The project will deliver 3 main activities:

Street and indoor games of 1950's of Indian Sub-continent, young and older people will be together and have a go on games such as Ludu, is a strategy board game for two to four players and Caromboard, is a cue sport-based tabletop game of South Asian origin.

We have linked with three luncheon clubs and two youth clubs to take part.

Three tournaments will be organised in two years.

Poetry writing and reading, 10 writing workshops will take place with professional poet and young poetry lover people. Three live poetry reading events will be held where young and old poets will perform.

10 sessions of Storytelling and recording, young people will be given informal training to record the stories of older people's migration experiences.

The project will complete in 2024.

5. BAME Elders Project

BAME Elders Project focused on empowering 50yrs+ South Asian women in Rochdale by increasing their awareness on relevant issues and enabling access to mainstream services for help with issues around isolation, poverty, health & safety.

6. 5 ways to Wellbeing and social media

Designing social media posters by participants during evaluation after each session.

Multicultural Resource Centre will deliver 30 sessions with Session worker and our 4 volunteers who were shadowing last year's project. based on 5 ways of wellbeing, to three Groups in Rochdale 2 in Bolton. Much of the work of Multicultural Resource Centre does falls into psychosocial support for our beneficiaries whether it be Arts activities, Online support, out of hours mental health counselling or more direct Wellbeing delivery. The Project will finish in 2024.

7. Dementia Resources

The project was to develop and produce 100 sets of resource pack in English and different languages covering the main topics.

Information about:

Apps that Support Mental Health:

Compassionate Mind Exercises

Living Life to the Full Worksheets :

Mental Health Helplines

List of helplines collated by the NHS:

8. Wellbeing Resources

Develop Health and Wellbeing Resource Pack in English, Urdu, and Bangla languages for BAME Elderly people with long term conditions

9. Digital Technology Training

The project was to work with South Asian Older people to have training on how to use digital technology.

10. Volunteers Celebration

After working in community since 2000, we have realized that not all the people go to community centres or visit local groups. There are many people who don't know what is happening in the community. So, we have decided to target those people by encouraging our volunteers by street event at local travel shop where we have our exhibition time to time.

11. Volunteers Training

5 volunteers and 1 staff member had training about Connect 5 and Cultural Competence. Volunteers were also given handouts and two volunteers had an opportunity to shadow in our other projects. Volunteers also worked with their groups in two community centres to give sessions to luncheon club members.

The other benefits:

1. Increased confidence in talking about mental health
2. Increased knowledge about mental health symptoms
3. Increased awareness about mental health for the participants
4. Increased confidence to offer signposting and support to those struggling

12. Autism and Arts

We delivered:

10 arts workshops and three awareness sessions to the local community groups. The awareness sessions were attended by 67 people.

The workshops attended by 26 children and adults with autism and learning disabilities.

We produced pull up banners which are in local community centre where carers and children meet twice a month.

19 carers also attended. We have also made linked with local Autism project and now 14 carers all women have developed group called Autism Family Support Group which is the first Asian Group in Greater Manchester.

13. LLTTF and RYL Sessions were delivered to local groups in Rochdale, and Oldham.

14. COMMUNITY ENGAGEMENT CHAMPIONS

Community Engagement Champions with training and support, help improve the health and wellbeing of their families, communities, and workplaces. They will motivate and empower people to get involved in health-promoting activities.

The champions will have five points, informing, consulting, involving, collaborating, and empowering different communities.

The trained Champions will have expertise in collaboration, consultation and communication, which will be chance of participation with different community groups.

The project will complete in 2024.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
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S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE

MULTICULTURAL RESOURCE CENTRE
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST December 2023

| | £ | |
|-------------------------------------|---------------|---------------|
| Balance B/F | | <u>78,955</u> |
| Receipts | | |
| VVUK | 2,001 | |
| Actiontogether | 360 | |
| Rochdale Borough Council | 1,750 | |
| TNL Community Fund | 9,850 | |
| Auto Traders | 950 | |
| Queen Jubilee Fund | 18,200 | |
| GMCVO | 8,229 | |
| True Colours | 4,125 | |
| LLTTF Fund | 2,400 | |
| Fee | 2,325 | |
| Donation | 4,935 | |
| | | |
| Total available funds | • | 134080 |
| | | |
| <u>Deduct expenditure</u> | | |
| TNL Community Fund | 4,981 | |
| Queen Jubilee Fund | 9,802 | |
| Action together | 7,427 | |
| GMCVO | 12,601 | |
| Morison Foundation | 3,785 | |
| Arnold Clark Community Fund | 911 | |
| Tesco Community Grant | 959 | |
| Autotrader | 957 | |
| True Colours | 4,127 | |
| Anton | 1,007 | |
| RMBC | 750 | |
| HFL | 10,345 | |
| Office expenses | 1,121 | |
| Accountants fee | 150 | |
| Food parcels | 3,021 | |
| Other projects | 2,167 | |
| | | 64111 |
| | | |
| Surplus Represented by Bank Account | <u>69,969</u> | |

MULTICULTURAL RESOURCE CENTRE

England & Wales - Charity number 1127743

Accounts



MULTICULTURAL RESOURCE CENTRE

ANNUAL REPORT
AND
ACCOUNTS FOR THE YEAR ENDED DECEMBER 31 2022

We offer Free culturally sensitive emotional support in Greater Manchester.

Callers may speak to us in Asian languages (Gujarati, Punjabi, Hindi, Bangla and Urdu) or English.



Please contact. 07708628455
Multicultural resource centre
Out of hour support
Monday to Friday 5 pm till 8 pm
Saturday - Sunday 11am - 5 pm

Counselling
Guided self help
Social prescribing
Bereavement support
Mindfulness
Brief intervention 16:29



Multicultural Resource Centre
ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED December 31 2022

Imtiaz Patel Manager

Trustees

Abid Bukhari Chair
Abdul Karim Shakoor Treasurer
Razia Shamim
Imtiaz Ahmed
Sajid Mahmood

Nighat Amini Session Worker

Volunteers

Sidra Afzal
Mrs Rani Akbar
Abdul Samad
Shagufta Jabeen
Gulfraz
Kausar Haq
Sabir Raza
Khalid Rehan

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Rochdale
OL16B 5HP

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Manchester M16 0HE

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Multicultural Resource Centre
TRUSTEES' ANNUAL REPORT
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FOR THE YEAR ENDED DECEMBER 31 2022

The Trustees present their annual report together with the financial statements of the charity for the year ended December 31 2022.

REPORTING FRAMEWORK

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019), referred to as the Charities SORP (FRS 102) (second edition – October 2019).

Mission

"To serve our community, Arts and Health and improve the quality of life of our residents. "

Objectives and Activities

Participation and quality innovative provisions
Activities.

To promote cohesion, engagement, and employment opportunities for the local communities.

Health and well-being

Our aim is to promote Health and well-being and improve local people's participation in Healthy lifestyle activities

Activities through informal education and support.

We promote social inclusion and community cohesion and support local communities those facing barriers due to age, health, language, disability etc.

Education training and volunteering

We develop and enhance the skills of local communities through lifelong learning, education and training provisions for everyone - promoting confidence in learning skills.

We work very closely with local communities, statutory and voluntary agencies to promote safety,

Health Information and guidance

We provide health information through our Community Health Information Shop in different languages.

Achievements and performance

Charity is confident and proud in meeting all objectives set.

Financial review

Financial position of the organisation is stable and strong. All objectives are being met on target and according to set budgets. All projects were delivered in accordance with funding and grants conditions.

The Charity is intending to increase its fund-raising activities to expand activities and services to local communities. Charity is exploring funding avenues to develop staffing by core funding. The Charity has also continuously updated its financial management and all other policies and procedures and monitors its functions during Board meetings.

Multicultural Resource Centre
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2022

Statement of trustee's responsibilities

The trustees are responsible for preparing the trustee's annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice. Select suitable accounting policies and then apply them consistently. Observe the methods and principles in the charities SORP. State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Projects:

1. Culturally appropriate fund innovation

The project will be delivered by our freelance session worker and therapist.

We have consulted 3 organisations to deliver Mental Health awareness sessions to their members in Werneth, Oldham. After the sessions South Asian Men's group in Oldham which will be developed as Creative writing and Mental Wellbeing group (poeMHealth). Poetry will be used as a medium to raise awareness. The creative arts form a large part of the South Asian culture and a positive way of attracting attention to the otherwise taboo topic of mental health.

The project will complete in 2023.

2. Community Champions grant

Our project worker worked with two volunteers to complete the survey questionnaire.

The project was carried out with three groups in Rochdale, two groups in Bolton and survey link and explanation via Whatsapp to all our existing clients, across Greater Manchester, to over 300 people.

3. 5 Ways to Wellbeing banners

To deliver 30 sessions based on the five ways to wellbeing to 36 people from South Asian communities in Oldham and Rochdale. Produce five pullup banners.

The project will complete in 2023.

4. Making Connections. Queen's Jubilee Fund

Project worker will work with 6 volunteers from Rochdale, Oldham, and Rochdale and our Youth Wing members.

The launch event in May will be held in local community venue.

The project will deliver 3 main activities:

Street and indoor games of 1950's of Indian Sub-continent, young and older people will be together and have a go on games such as Ludu, is a strategy board game for two to four players and Caromboard, is a cue sport-based tabletop game of South Asian origin.

We have linked with three luncheon clubs and two youth clubs to take part.

Three tournaments will be organised in two years.

Poetry writing and reading, 10 writing workshops will take place with professional poet and young poetry lover people. Three live poetry reading events will be held where young and old poets will perform.

10 sessions of Storytelling and recording, young people will be given informal training to record the stories of older people's migration experiences.

The project will complete in 2024.

5. BAME Elders Project

BAME Elders Project will focus on empowering 50yrs+ South Asian women in Rochdale by increasing their awareness on relevant issues and enabling access to mainstream services for help with issues around isolation, poverty, health & safety.

The project will complete in 2023.

6. Out of Hours Mental Health Support

The project provided out of hours mental health support specifically for people living within Greater Manchester from the BAME community. It was provided in various languages over the phone, online and face2face.

7. Digital Resource Pack

Project worker with volunteers developed 5 printed and digital resource packs based on 5 Ways of Wellbeing, 5 videos of mental wellbeing in Urdu language. The aim was to educate and build abilities to focus on mindfulness, stress, anxiety, our own mental health. These packs will provide different resources for more information on this topic, as well as a variety of exercises people can easily do at home.

8. Weekend and evening therapy sessions

The evening and weekend mental health support specifically for people living within Greater Manchester from the BAME community. It was provided in various languages over the phone, online and face2face.

9. Dementia Resources

The project will develop and produce 100 sets of resource pack in English and different languages covering the main topics.

Information about:

Apps that Support Mental Health:

Compassionate Mind Exercises

Living Life to the Full Worksheets :

Mental Health Helplines

List of helplines collated by the NHS:

The project will complete in 2023.

10. Wellbeing Resources

Develop Health and Wellbeing Resource Pack in English, Urdu, and Bangla languages for BAME Elderly people with long term conditions

11. Digital Technology Training

The project is to work with South Asian Older people to have training on how to use digital technology.

The project will complete in 2023.

The year 2022 was very busy and successful. We have lots of projects for next year.

FUNDING 2022

| | |
|----------------------|--------|
| GMCVO | 23,425 |
| Actiontogether | 12,250 |
| Rochdale M B Council | 500 |
| Community Fund | 9,000 |
| Queen Jubilee Fund | 22,790 |
| Anton | 1,000 |
| Arnold | 1,000 |
| Tesco | 1,000 |
| Morison | 4,500 |



Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE



MULTICULTURAL RESOURCE CENTRE
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST December 2022

| | £ | |
|-------------------------------------|--------|--------|
| Balance B/F | | 39,802 |
| | | |
| Receipts | | |
| Community Fund | 9,000 | |
| Morison Foundation | 4,500 | |
| Rochdale Borough Council | 500 | |
| TNL Community Fund | 22,790 | |
| Anton Jurgens Charitable Trust | 1,000 | |
| Actiontogether | 12,250 | |
| GMCVO | 23,425 | |
| Arnold Clark Community Fund | 1,000 | |
| Tesco Community Grant | 1,000 | |
| HLF | 1,859 | |
| Fee | 4,496 | |
| Donation | 7,715 | |
| | | |
| Total available funds | | 129337 |
| | | |
| <u>Deduct expenditure</u> | | |
| Community Fund | 9,009 | |
| TNL Community Fund | 15,273 | |
| Action together | 5,184 | |
| GMCVO | 10,758 | |
| Morison Foundation | 871 | |
| Arnold Clark Community Fund | 91 | |
| Tesco Community Grant | 45 | |
| Autotrader | 903 | |
| Loan Shark | 4,307 | |
| RMBC | 700 | |
| HFL | 1,861 | |
| Office expenses | 233 | |
| Accountants fee | 150 | |
| Food parcels | 997 | |
| | | 50382 |
| | | <hr/> |
| Surplus Represented by Bank Account | 78,955 | <hr/> |

Prepared from the records and information supplied by
The members of Multicultural Resource Centre, without verification thereof.

MULTICULTURAL RESOURCE CENTRE

England & Wales - Charity number 1127743

Accounts



MULTICULTURAL RESOURCE CENTRE

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED DECEMBER 31 2021

Charity number 1127743

Administrative information
Trustees annual report
Statement of financial activities

مشق تھی تجھ کو بھلانے کی بہت سخت مگر
ایسی عادت ہوئی، پھر جو بھی ملا بھول گئے
اعتہام حسن



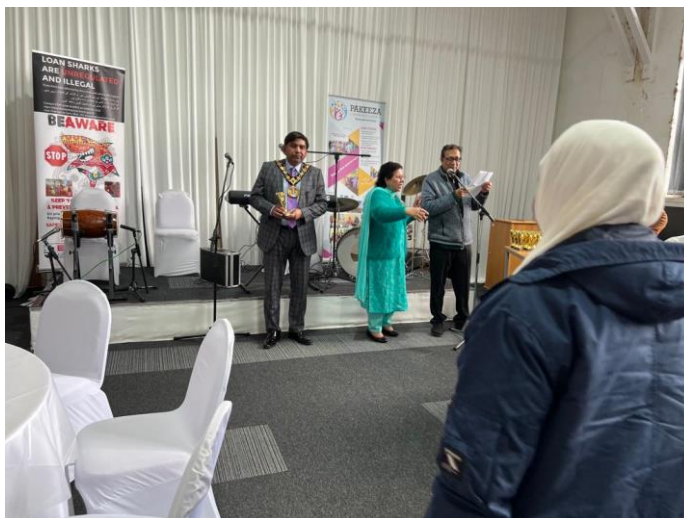
Childhood was so incomplete without
"Kancha" (Marbels) play. Shining
green marbles, I still have
in my collection.

Mahmood A Khan

REWIND THE CLOCK

The project aims to work across different ages groups and communities to captures memories, not just of playing the traditional games, but also record the different ways/rules that each community may have for the games, for example marbles, a common childhood game played across many cultures but there are a number of different rules/ways of playing depending on the country of origin. There are also some games that are unique to a particular area, such as Carrom.

mrcrochdale@yahoo.co.uk
+447515282098



Multicultural Resource Centre
ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED December 31 2021

Imtiaz Patel Manager

Trustees

Abid Bukhari Chair
Abdul Karim Shakoor Treasurer
Razia Shamim
Imtiaz Ahmed
Sajid Mahmood

Nighat Amini Session Worker

Volunteers

Sidra Afzal
Mrs Rani Akbar
Abdul Samad
Attya Malik
Shagufta Jabeen
Gulfraz
Kausar Haq
Rohan Khan Kayani
Amaar Kayani
Khalid Rehan

REGISTERED OFFICE
25 Lonsdale Avenue
Rochdale
OL16B 5HP

ACCOUNTANTS & INDEPENDENT EXAMINERS

S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE

BANKERS

TSB Lloyds

Multicultural Resource Centre
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2021

TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2021

The Trustees present their annual report together with the financial statements of the charity for the year ended December 31 2021.

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Objectives and Activities

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Activities.

To promote cohesion, engagement, and employment opportunities for the local communities.

Health and well-being

Our aim is to promote Health and well-being and improve local people's participation in Healthy lifestyle activities

Activities through informal education and support.

We promote social inclusion and community cohesion and support local communities those facing barriers due to age, health, language, disability etc.

Education training and volunteering

We develop and enhance the skills of local communities through lifelong learning, education and training provisions for everyone - promoting confidence in learning skills.

We work very closely with local communities, statutory and voluntary agencies to promote safety,

Health Information and guidance

We provide health information through our Community Health Information Shop in different languages.

Achievements and performance

Charity is confident and proud in meeting all objectives set.

Financial review

Financial position of the organisation is stable and strong. All objectives are being met on target and according to set budgets. All projects were delivered in accordance with funding and grants conditions.

The Charity is intending to increase its fund-raising activities to expand activities and services to local communities. Charity is exploring funding avenues to develop staffing by core funding. The Charity has also continuously updated its financial management and all other policies and procedures and monitors its functions during Board meetings.

Multicultural Resource Centre
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED DECEMBER 31 2021

Statement of trustee's responsibilities

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Projects:

1. Mental Health sustainability Fund Project

Training for volunteers and staff Zoom and Team meeting, Video editing, poster making for social media. Purchase laptop and tablets.

Making resource pack

Audio CD Self Help Depression and Low Mood English and Urdu

Audio CD Self Help Stress and Anxiety English and Urdu

Audio CD Self Help Depression and Low Mood English and Bangla

Audio CD Self Help Stress and Anxiety English and Bangla

A/4 print, Mental Health Awareness, Covid awareness in English, Urdu, Gujrati, Persian, Arabic and Bangla.

2. Making Connections

The project was to work with older BAME people in 7 towns of Greater Manchester to reduce isolation and vulnerability. It was to improve their quality of life through the provision of a cultural and language specific support service. The referrals came from housebound older people affected by long term conditions, loneliness, isolation, and lock down.

3. Lockdown and Loneliness

Group activities via Zoom sessions focused on health and wellbeing and how to tackle loneliness was provided to 5 organisations in Rochdale, Oldham and Tameside.

4. Poetry Behind The Mask

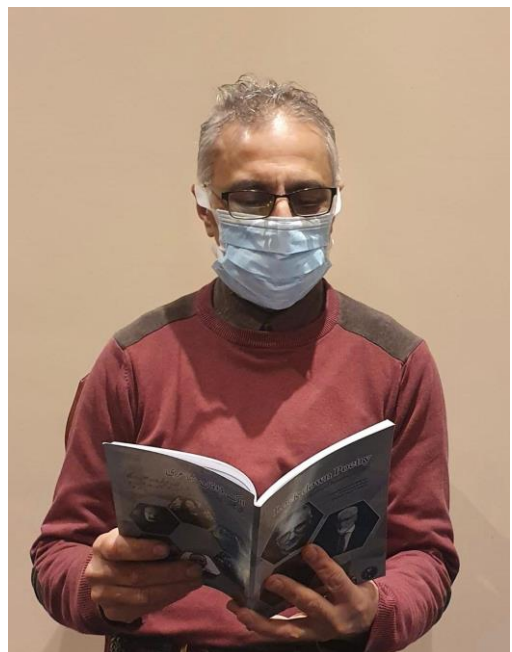
Project was to work with our existing members and other South Asian communities in Greater Manchester through social media, Whatsapp and Facebook. We developed a WhatsApp group of people to participate in this project. We also created online poetry event and used Youtube channel to promote. We were also given an opportunity to get BBC News coverage as well.

The project has also produced 11 videos by writers to encourage everyone to get vaccinated. All videos are on our partner organisation Carvan-E-Adab YouTube channel.

5. Resource Packs were produced for local communities.

6. Out of Hours Mental Health Support

The project provided out of hours mental health support specifically for people living within Greater Manchester from the BAME community. It was provided in various languages over the phone, online and face2face.



7. Safe Space

'Women of Freedom' is a project to work with women and girls in Rochdale. Razia Shamim and Nighat Amini worked with participants by involving them into activities to make them feel physically and emotionally safe. Session worker also helped them to search on net about struggle of women during Pakistan movement. The project will end in 2022.

8. Celebration of Volunteers

The project was to acknowledge the support of volunteers by organising event and giving them certificates.

9. Rewind The Clock

The project was to work with different organisations in Rochdale, Ashton, Oldham and Bolton. Recording memories of childhood street games and produce postcards and booklet.

10. Conversion of our five projects books into PDF.



11. Loan Shark

The project is to work with South Asian Communities (Pakistani, Indian, Bangladeshi, Asian African) in Rochdale and Oldham. Freelance Artist will work with three groups in Rochdale, Deepish Youth Group, Pakeeza Women Group, People coming at Money Transfer Shop (Umair Travel) and one group in Oldham, Pakistani Community Centre. The project will end in 2022.

12. Hope and Hug

The project was to work in Rochdale, Oldham and Bolton.

Poetry Mondays - participants to get involved in reading poetry

Life story Monday – sharing their life stories

Wisdom Monday – sharing quotes from great thinkers

Singing Monday – participants will sing their favourite songs

Holistic Monday – presentation holistic approaches for wellbeing

Social Monday – making motivational post to share on social media.

The year 2021 was very different because of Covid 19 situation and we had lot of financial support from GMCVO. We did 5 projects including Promotion of Early Year Education, Survey to explore the views of local people about NHS and LLTTF courses to community groups.



Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
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S. A. K. Accountancy Services
105 Greatstone Road
Stratford
Manchester M16 0HE

ACCOUNTS

MULTICULTURAL RESOURCE CENTRE
INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST December 2021

| | £ |
|-------------------------------------|--------------|
| Balance B/F | 21037 |
| Receipts | |
| Community Fund | 4,800 |
| Rochdale Borough Council | 700 |
| Heritage Lottery Fund | 13,520 |
| Loanshark | 4,300 |
| Actiontogether | 1,450 |
| GMCVO | 9,850 |
| Auto Trader | 900 |
| Association Mental Health Provider | 3,000 |
| Fee | 10,235 |
| Donation | 845 |
| Refund | 120 |
| Total available funds | 70,757 |
| <u>Deduct expenditure</u> | |
| Community Fund | 8,598 |
| Heritage Lottery Fund | 20,321 |
| Action together | 1,454 |
| GMCVO | 6,149 |
| Association Mental Health Provider | 3,006 |
| Stationery and Postage | 123 |
| Telephone | 151 |
| | 39,802 |
| Surplus Represented by Bank Account | <u>30955</u> |

Prepared from the records and information supplied by
The members of Multicultural Resource Centre, without verification thereof.

105 Great stone Road
Stratford
Manchester M16 0HE

S. A. K. Accountancy Services
Shariq Khan

Date: 21 May 2022

Kevin
22/05/22

MULTICULTURAL RESOURCE CENTRE

England & Wales - Charity number 1127743

Accounts

Charity number: 1127743

MULTICULTURAL RESOURCE CENTRE

Trustees' Report

FOR THE YEAR ENDED 31 DECEMBER 2020

Contents

- Administrative information
- Trustee's report

Registered Office 25 Lonsdale Avenue

Rochdale

OL16 5HP

Trustees

MR Abid Bukhari Chair

MRS Razia Shamim

Sajid Mehmood

Abdul K Shakoor

Imtiaz Ahmed

Accountants SAK Accountancy Service

105 Greatstone Road

Manchester

M16 0HE

Bankers Lloyds TSB

Report of the trustees

For the year ending 31 December 2020.

The trustees present their report and the Accounts for the year ended 31 December 2020.

Mission

"To serve our community Arts and Health and improve the quality of life of our residents. "

Objectives and Activities

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Statement of trustee's responsibilities

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The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company.

They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees for the year ended 31 December 2020

On behalf of the board of Multicultural Resource Centre.

Abid Bukhari

Abdul Karim Shakoor



Chair

Treasurer

MULTICULTURAL RESOURCE CENTRE
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST December 2020

| | £ | £ |
|-------------------------------------|--------|--------|
| Balance B/F | | 986 |
| Receipts | | |
| Community Fund | 5,800 | |
| RMBC | 1,050 | |
| HLF | 16,900 | |
| HLF 1 | 3,500 | |
| Actiontogether | 1,200 | |
| GMCVO | 2,490 | |
| Fee | 1,150 | |
| Donation | 3,070 | |
| Total available funds | | 41,246 |
| Deduct expenditure | | |
| Community Fund | 1,002 | |
| RMBC | 1,003 | |
| HLF | 9,104 | |
| HLF 1 | 3,500 | |
| Action together | 1,204 | |
| GMCVO | 2,016 | |
| Motoring costs and travels | 93 | |
| Stationary and Postage | 193 | |
| Telephone | 321 | |
| Office Cost | 1,773 | |
| | | 20209 |
| Surplus Represented by Bank Account | 21037 | |

Prepared from the records and information supplied by
The members of Multicultural Resource Centre, without verification thereof.

105 Greatstone Road
Stratford
Manchester M16 0HE

S. A. K. Accountancy Services
Shariq Khan
Date: 14/06/2021

Karim
15/6/21
Treasurer