

Charity registration number 1127388

Company registration number 06756641 (England and Wales)

EDBERT'S HOUSE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

EDBERT'S HOUSE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms C Kelly Mr SB McGuinness Mr A Cherry Ms JM Barnard Mr MP Stirrup Mr PD Cassidy Mr S Horne	(Appointed 13 September 2022)
Charity number	1127388	
Company number	06756641	
Registered office	17- 19 St. Edmund's Drive Gateshead Tyne and Wear England NE10 9AE	
Auditor	Robson Laidler Accountants Limited Fernwood House Fernwood Road Jesmond Newcastle Upon Tyne Tyne and Wear England NE2 1TJ	
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB	

EDBERT'S HOUSE

CONTENTS

	Page
Trustees' report	1 - 8
Independent auditor's report	9 - 11
Statement of financial activities	12 - 13
Balance sheet	14
Statement of cash flows	15
Notes to the financial statements	16 - 24

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The objectives of the Charity are set out within the Memorandum of Association which are:

-To develop the capacity of the socially and economically disadvantaged members of the community in such a way that they are better able to identify and help meet their needs and to participate fully in society

-The relief of unemployment amongst members of the community in such ways as may be thought fit, including assistance to find employment

-To provide or assist in the provision of facilities in the interests of social welfare for recreation or other such leisure time occupations by members of the community who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their condition of life, and

-To promote the good health and well-being of all members of the community.

Public benefit

All our activities are undertaken for the benefit of our local community and the trustees continuously consider the Charity Commission advice on public benefit. All our activities are about encouraging health, welfare and recreation to those who are disadvantaged in some way and those of restricted means. Access to our facilities and services is either at nil or low cost to ensure the widest of participation by members of our community.

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance Charitable Activities

Our Charitable Activities are delivered by three teams, who work in an integrated way to support our local communities: -

- Community Linking Project (Social Prescribing)
- Health Equity
- Community Development and Engagement

Table 1: Key performance indicators for Social Prescribing

Key Indicator	Performance	Financial Year ended 31 March 2023	Financial Year ended 31 March 2022	% change
Number of patient referrals		2,954	1,964	+50.4%
Average Charge to PCNs per patient referral		£204.19	£283.70	-28.0%
Number of case workers		21	18	+16.7%
FTE case workers		18.9	16.35	+15.6%
Average caseload per FTE case worker		160	120	+33.3%

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Our social prescribing, embedded in Gateshead Primary Care, has grown and developed, as shown in Table 1. We have made a significant improvement in the quantity and value for money of our services, which are delivered in four of the five Primary Care Networks ("PCN") of Gateshead.

In addition to casework, the Community Linking Team have been involved in a number of collaborations, including: -

- Placements for student nurses to work alongside social prescribing Community Link Workers.
- Co-delivery of a menopause support group.
- Co-delivery of a pain management clinic.

Measuring the value of this service goes beyond numbers to qualitative improvements to the health and well-being of nearly three-thousand patients and their families. Offering a one-to-one service, often in cases of complex needs and which can extend to many home visits and off-site consultations, demands the care, attention to detail, and compassion of our dedicated team. We have received very positive feedback from patients, with consistent qualitative evidence of self-reported improvements in health and wellbeing, such as the following comment:

'I really appreciate you coming to my house like this. Since my husband went into care my friends have drifted. I've got no family and I don't feel anyone cares. You've been kind to me.'

Health Equity

Our Health Equity Team, launched in 2022, aims to tackle health inequalities across Gateshead. Essentially, health inequalities are avoidable and unfair differences in health between different groups of people. Not only are some people living less healthy lives but also dying earlier than they should be. For example, for men living in Gateshead there is nearly a 10-year difference in life expectancy depending on where you live. The things that contribute to health inequalities are complex, and no one organisation can tackle these issues alone, but we know that where we live, how connected we are and how easy it is to get help all play a part. This is why all of our Health Equity work builds meaningful relationships with communities and local partners, and values people through listening to what matters to them. This approach enables us to personalise support and empower communities to take control of their own health and wellbeing.

Our Health Equity delivery work is currently focused in the East and Inner West of Gateshead. However, the team is also involved in a number of system wide discussions looking to address health inequalities across the borough. Throughout all of our work we listen to local people and assess the data in local communities to ensure our services help reduce the inequalities identified in the data. The Health Equity team includes the Children, Young People and Families Team and the Communities and Place Team.

Children, Young People and Families Team

Our Children, Young People and Families team sits as part of the East Gateshead Primary Care Network. The team has only been operational since October 2022, and consists of four workers, yet has already supported 267 individuals and 94 families. On average, the families we support experience 18.5 detrimental life factors. We support children to get help before problems escalate to crisis, whilst supporting families to develop resilience. Many social prescribing initiatives focus on working with children in isolation, however, what sets our team apart is that we support the whole family unit; recognising that individual change cannot happen in isolation. The service provides a holistic, therapeutic, and creative approach to supporting families. Many children are bounced around the system, being involved with many agencies, yet are not being offered the support they need. Our team listens to what matters to families and fits their support to match. There are three main branches to the work: practical support, emotional support, and trauma informed working.

The team have delivered three family "proactive social prescribing activities" – Families Finding Freedom, baking classes in partnership with the Urban Bakery and family cooking classes in partnership with Nourish and Bill Quay Community Church. As well as helping with the delivery of family activities at Edberts House and Pattinson House.

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

One of our family's told us:

"I started by doing what was necessary then I done what was possible, and suddenly I'm doing the impossible. All thanks to [the Children, Young People and Family Team] who... helped me see that I can do more than I thought I could when I push myself, and the support they give my daughter is five star and she loves the weekly visits." - Parent feedback

Communities and Place Team

Our Communities and Place Health Equity work launches preventative community-based approaches to health and wellbeing.

Physical Activity

In both the East and Inner West of Gateshead we deliver physical activity and nutritional sessions focusing on health aging, managing long term conditions, and promoting health and wellbeing. Our feedback shows how much patients are valuing the support they are receiving:

"Even though it's only been a few months I have noticed a big difference in the residents since you have been coming in to do the activities. They are more active, they move better, and are far more sociable with each other and have lunch together more often." - Assistant Housing Manager

"This is a weekly tonic for me, spending time with people and keeping active." – Patient

"You have motivated me to be active and achieve my goals." – Patient

"It's so refreshing to have a weight management that is based around my needs and without pressure. [The link worker] is friendly and funny personality makes the whole process so much easier. I don't want to leave." Patient aged 39 who has lost 15kg, reduced waist circumference and lowered blood pressure.

"After being told by my local gyms that I was too "high risk" to work with since my motor bike accident and nothing offered from physio or occupational health, I thought that was it until I met [the link worker]. She adapts everyday gym machines so that I am able to use them with success. I feel happier, healthier and look forward to our sessions every week. I only wish we could have more sessions per week." 69 years old patient, who is completing a specialised chair-based programme.

HOPE network

With over 30 members, Our HOPE network – Health Of the Population in the East – brings together VCSE, local authority, health organisations, and local businesses to support each other, share our resources and create collaborative opportunities to work together to promote the health of our local population.

"The HOPE network is a great way to connect with local groups and creatively think about how we can share resources. It's a place where we can join up thinking and help all companies, charities and groups achieve their aims and objectives, as a collective but also as individuals.

It's a very warm welcoming network and all ideas are welcomed." Claire Hills-Wilson, Artistic Director, Lawnmowers

Patient Participation

We know that populations experiencing health inequalities face more barriers in accessing services which is why in the East and Inner West of Gateshead we are supporting primary care to engage with local communities so everyone can have a say in how health services serve them.

Menopause cafes and Volunteering

The team is also supporting a number of proactive initiatives to promote health and wellbeing in communities, including volunteering opportunities and menopause cafes.

"I have transformed my social life since having the support to venture back out into the world again. I am working with the link worker to support the running of a new friendship group." Patient

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Community Development and Engagement

The provision of place-based community houses to support the development and engagement of communities is our longest standing activity, and provides support to local communities, as well as to our social prescribing and health equity services. During the year we operated four such houses, Edbert's House, Pattinson House, Larkspur House and, for the first time, Highfield House.

Edberts House

Edberts House was the first community houses developed by the Charity and serves the High Lanes Estate Community in Heworth, East Gateshead. The year saw the gradual re-opening of activities after a lengthy period of disruption due to social distancing measures during the pandemic. Activities were supported financially by grants from Gateshead Council and the house became the venue for many activities carried out by the Health Equity CYPF Team.

Pattinson House

Pattinson House serves the Old Fold and Nest Estate Communities in Felling, East Gateshead and is supported by grant from the People's Health Trust, as part of its "Local Conversations" programme. We are extremely grateful to People's Health Trust for the long term funding they have provided to help us build strong relationships in our community: as the funding comes to an end this year, we have created a sustainability plan and are looking for alternative sources of funding for the future. Pattinson House will continue to be run by its volunteer community steering group and will become the venue for new initiatives to be developed in the coming year.

Larkspur House

Larkspur House is attached to a school situated in the heart of the Beacon Lough East Estate in High Fell, Central Gateshead. It is operated as part of the Thrive in Beacon Lough East Partnership ("TiBLE" Partnership) which involves Gateshead Council, Northumbria Police, Citizen's Advice Gateshead and North East Counselling Services. The project is funded by The National Lottery Community Fund and Gateshead Council. The TiBLE Partnership has become a leading example of inter-agency and community co-operation leading to improvements to the health and wellbeing of residents. Particular initiatives during the year included a very well-attended Platinum Jubilee Fair, the establishment of a monthly community market and a thriving youth group.

Highfield House

Highfield House is situated on the Pipebridge Estate near Rowlands Gill in Outer-West Gateshead. It is our first house in the West of Gateshead and was established in response to local resident concerns about lack of activities for young people, complex family challenges and problems with antisocial behaviour. Extensive community development has been going on to develop community interest and active involvement and the building is also now the base of our Outer West Community Linking Team. A timetable of regular activities has now been established including a thriving toddler group, social drop in's and a full summer programme. We are funded by a three-year grant originally from NHS Newcastle & Gateshead Care Commissioning Group, channelled through Gateshead Council Public Health, and money from Well Newcastle Gateshead Arts Fund.

Core Support Services

In order to support and serve our frontline teams, we have expanded our core team, which now includes operational, human resources, administrative, finance and accounting services. During this period of rapid growth in our work, the core team have striven to achieve best practice in all areas of strategy, operations, recruitment and governance. The team have benefited from direct grant support from The Tudor Trust, The Ballinger Charitable Trust and the Virgin Money Community Anchor Fund.

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2023**

Financial review

Financial Position

The Charity's financial results for the year are shown in the Statement of Financial Activities (SOFA). Income for the year totalled £1,572,252 (2022: £1,158,472). Expenditure was £1,499,627 (2022: £1,148,265). The recorded surplus for the year is £72,625 (2022: £10,207).

At the end of the financial year, cash and bank balances totalled £525,788 (2022: £611,932).

Reserves Policy

Free reserves, which represent general unrestricted reserves not used for fixed assets, rose to £434,221 from £422,297 in 2022. The trustees periodically review the Free Reserves Policy which, for now, remains having a rolling target of cash and net current assets equivalent to the next subsequent three months' worth of unavoidable costs plus the statutory redundancy liability for employees at the end of the three months. On the basis of the budget for the financial year ending 31st March 2024, the Free Reserve Target at 31st March 2023 is £456,000.

Structure, governance and management

Governing document

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms C Kelly

Mr SB McGuinness

Mr A Cherry

Ms JM Barnard

Mr MP Stirrup

Mr PD Cassidy

Mr S Horne

(Appointed 13 September 2022)

Recruitment and appointment of new trustees

Trustees are appointed by the existing board of trustees and confirmed at the annual general meeting of the Charity. Trustees are appointed for a maximum of three years. Retiring trustees are eligible to be reappointed by the remaining trustees if they agree.

New trustees meet with the Chief Executive Officer to brief them on:

- their legal obligations under charity and company law
- the Charity Commission guidance on public benefit, and
- inform them of the content of the Memorandum and Articles of Association, the committees and decision-making processes, the business plan and recent financial performance of the Charity.

New trustees also meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisational structure

The board of trustees administers the Charity. The board normally meets quarterly and sub-committees of the board can meet at shorter notice to consider specific matters for later reporting to the board. A Chief Executive Officer is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive Officer has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and operational activity.

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Key management remuneration

Key management remuneration is disclosed in the notes to the accounts.

Related parties

None of the trustees receive remuneration or other benefit from their work with the Charity. Any connection between a trustee or senior manager with an external party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

Risk management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity faces;
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

A key risk is financial sustainability. During the financial year ended 31 March 2023, the Charity has followed a programme of enlargement of its operating scope, with an increasing emphasis on health-based services, and taken on a fourth hub (Highfield House). As a result, the numbers of employees and the cost base have increased significantly, which puts pressure on maintaining a prudent level of free reserves in line with the trustees' policy. The trustees have tasked management with ensuring that restricted funding activities are self-financing to include appropriate core overheads and that contract-based work does not require subsidy from reserves to cover direct costs and direct overheads. Management continues to pursue unrestricted funding by way of grant and contract.

The trustees review the Free Reserves Policy and status each quarter with the presentation of management information and revised financial forecasts. In doing so, the trustees recognise the information flows from the efforts of the dedicated operating staff who face difficult challenges daily with kindness, consideration and professionalism, and the considerable contribution of the very capable team of management and support at the centre of the Charity.

Statement of trustees' responsibilities

The trustees, who are also the directors of Edbert's House for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

EDBERT'S HOUSE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

S.B. McGuinness

Mr SB McGuinness

Trustee

Dated: *11 October 2023.*

EDBERT'S HOUSE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF EDBERT'S HOUSE

Opinion

We have audited the financial statements of Edbert's House (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

EDBERT'S HOUSE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF EDBERT'S HOUSE

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

The risk of material misstatement due to error or fraud has been assessed in conjunction with how internal controls may mitigate any such risk. These controls are reviewed as part of the audit by performing systems walkthroughs to ensure they are operating effectively. Other substantive testing is also performed on all material balances and therefore any instances of non-compliance should be identified or considered as insignificant.

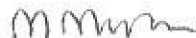
A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

EDBERT'S HOUSE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF EDBERT'S HOUSE

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Michael T Moran BA FCA (Senior Statutory Auditor)
for and on behalf of Robson Laidler Accountants Limited

18 October 2023.
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Statutory Auditor

Fernwood House
Fernwood Road
Jesmond
Newcastle Upon Tyne
Tyne and Wear
England
NE2 1TJ

EDBERT'S HOUSE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Current financial year

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	2	178,299	623,513	801,812	507,808
Charitable activities	3	155,453	614,987	770,440	650,664
Total income		333,752	1,238,500	1,572,252	1,158,472
Expenditure on:					
Charitable activities	4	328,856	1,170,771	1,499,627	1,148,265
Net incoming resources before transfers		4,896	67,729	72,625	10,207
Gross transfers between funds		(5,424)	5,424	-	-
Net (expenditure)/income for the year/ Net movement in funds		(528)	73,153	72,625	10,207
Fund balances at 1 April 2022		526,512	136,495	663,007	652,800
Fund balances at 31 March 2023		525,984	209,648	735,632	663,007

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

EDBERT'S HOUSE

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Prior financial year

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes			
Income from:				
Donations and legacies	2	126,786	381,042	507,808
Charitable activities	3	208,605	442,059	650,664
Total income		335,371	823,101	1,158,472
Expenditure on:				
Charitable activities	4	224,111	924,154	1,148,265
Net incoming resources before transfers		111,260	(101,053)	10,207
Gross transfers between funds		(7,607)	7,607	-
Net (expenditure)/income for the year/ Net movement in funds		103,653	(93,446)	10,207
Fund balances at 1 April 2021		422,859	229,941	652,800
Fund balances at 31 March 2022		526,512	136,495	663,007

EDBERT'S HOUSE

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	10		91,763		104,215
Current assets					
Stocks	11	2,950		-	
Debtors	12	197,782		131,494	
Cash at bank and in hand		525,788		611,932	
		726,520		743,426	
Creditors: amounts falling due within one year	13	(82,651)		(184,634)	
Net current assets			643,869		558,792
Total assets less current liabilities			735,632		663,007
Income funds					
Restricted funds	14	209,648		136,495	
Unrestricted funds		525,984		526,512	
		735,632		663,007	

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 11 October 2023.

S.B. McGuinness

Mr SB McGuinness
Trustee

Company registration number 06756641

EDBERT'S HOUSE

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	18		(73,064)		48,819
Investing activities					
Purchase of tangible fixed assets		(13,080)		(17,506)	
Net cash used in investing activities			(13,080)		(17,506)
Net cash used in financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(86,144)		31,313
Cash and cash equivalents at beginning of year			611,932		580,619
Cash and cash equivalents at end of year			525,788		611,932

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Edbert's House is a private company limited by guarantee incorporated in England and Wales. The registered office is 17- 19 St. Edmund's Drive, Gateshead, Tyne and Wear, NE10 9AE, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income received by way of grants, donations and gifts is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	Straight line over 10 years
Plant and equipment	33% straight line
Fixtures and fittings	25% straight line
Motor vehicles	25% reducing balance

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Taxation

The charity is exempt from tax on income and gains to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	710	-	710	2,834	-	2,834
Grants received	177,589	623,513	801,102	123,932	381,042	504,974
	<u>178,299</u>	<u>623,513</u>	<u>801,812</u>	<u>126,766</u>	<u>381,042</u>	<u>507,808</u>

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

2 Donations and legacies

(Continued)

	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
Grants receivable for core activities						
Peoples Health Trust	-	153,761	153,761	-	60,235	60,235
Tudor Trust	50,000	-	50,000	52,000	-	52,000
NHS Newcastle						
Gateshead CCG	103,486	646	104,132	-	-	-
Northumbria Police	-	-	-	-	87,583	87,583
Department of Health	-	-	-	-	2,015	2,015
Ballinger Trust	15,000	-	15,000	15,000	-	15,000
The National Lottery						
Community Fund	-	214,497	214,497	-	63,647	63,647
Cumbria Northumberland and Tyne and Wear NHS Foundation	-	59,985	59,985	-	-	-
Gateshead Council	1,333	165,816	167,149	16,000	70,288	86,288
Gateshead Public Health	-	-	-	-	38,204	38,204
Other	7,770	28,808	36,578	40,932	59,070	100,002
	<u>177,589</u>	<u>623,513</u>	<u>801,102</u>	<u>123,932</u>	<u>381,042</u>	<u>504,974</u>

Other unrestricted grants include:

NHS England - £5,000 (2022: £22,800)
 East Gateshead Primary Care Network - £Nil (2022: £10,000)
 Friend of Felling Park - £350 (2022 : £Nil)
 Gateshead Central Library £145 (2022 : £Nil)
 Groundwork UK £500 (2022 : £Nil)
 Locality £1,600 (2022 : £Nil)
 Newcastle University £175 (2022 : £Nil)
 Sundry grants £Nil (2022 : £8,132)

Other restricted grants include:

Virgin Community Anchor Fund - £18,000 (2022: £15,000)
 Anne Cleeves Foundation - £Nil (2022 : £8,000)
 Pea Green Boat Foundation - £Nil (2022 : £7,500)
 Baur Radio Cash for Kids £200 (2022 : £Nil)
 Blue Stone Collaborative £5,000 (2022 : £Nil)
 Community Foundation £1,000 (2022 : £Nil)
 RISE NE £4,608 (2022 : £Nil)
 Sundry grants £Nil (2022 : £28,570)

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	Earned income 2023 £	Earned income 2022 £
Earned income	770,440	650,664
Analysis by fund		
Unrestricted funds	155,453	208,605
Restricted funds	614,987	442,059
	770,440	650,664

4 Charitable activities

	General charitable activities 2023 £	General charitable activities 2022 £
Staff costs	1,186,450	928,678
Depreciation and impairment	25,532	21,880
Group work costs	16,130	30,105
Insurance	3,939	2,299
Utilities	5,486	5,479
Project costs	44,103	25,786
Recruitment and training	5,732	5,372
Volunteer expenses	2,340	9,602
Repairs and maintenance	15,299	18,971
Partner costs	156,515	57,448
	1,461,526	1,105,620
Share of support costs (see note 5)	31,998	27,349
Share of governance costs (see note 5)	6,103	15,296
	1,499,627	1,148,265
Analysis by fund		
Unrestricted funds	328,856	224,111
Restricted funds	1,170,771	924,154
	1,499,627	1,148,265

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Support costs

	Support costs	Governance costs	2023	Support costs	Governance costs	2022
	£	£	£	£	£	£
Telephone	11,818	-	11,818	14,206	-	14,206
Postage and stationery	3,004	-	3,004	3,365	-	3,365
Sundry expenses	17,176	-	17,176	9,778	-	9,778
Professional fees	-	6,103	6,103	-	15,296	15,296
	31,998	6,103	38,101	27,349	15,296	42,645
Analysed between						
Charitable activities	31,998	6,103	38,101	27,349	15,296	42,645

6 Net movement in funds

	2023	2022
	£	£
Net movement in funds is stated after charging/(crediting)		
Depreciation of owned tangible fixed assets	25,532	21,880

7 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Administration	8	6
Project delivery	35	30
Total	43	36
Employment costs	2023	2022
	£	£
Wages and salaries	1,059,602	833,709
Social security costs	95,963	68,938
Other pension costs	30,885	26,031
	1,186,450	928,678

The cost of remunerating key management including all payroll taxes was £50,070 (2022: £45,901).

There were no employees whose annual remuneration was £60,000 or more.

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10 Tangible fixed assets

	Leasehold improvements	Plant and equipment	Fixtures and fittings	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 April 2022	164,550	16,810	3,102	13,861	198,323
Additions	-	9,987	3,093	-	13,080
At 31 March 2023	164,550	26,797	6,195	13,861	211,403
Depreciation and impairment					
At 1 April 2022	80,430	3,349	2,479	7,850	94,108
Depreciation charged in the year	16,455	6,938	636	1,503	25,532
At 31 March 2023	96,885	10,287	3,115	9,353	119,640
Carrying amount					
At 31 March 2023	67,665	16,510	3,080	4,508	91,763
At 31 March 2022	84,120	13,461	623	6,011	104,215

11 Stocks

	2023 £	2022 £
Finished goods and goods for resale	2,950	-

12 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	89,582	104,486
Prepayments and accrued income	108,200	27,008
	197,782	131,494

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	5,483	1,133
Other creditors	7,655	7,156
Accruals and deferred income	69,513	176,345
	<u>82,651</u>	<u>184,634</u>

Included in accruals and deferred income is £28,095 (2022:£156,522) in respect of deferred grants.

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2022 £	Movement in funds			Balance at 31 March 2023 £
		Incoming resources £	Resources expended £	Transfers £	
Other restricted funds	11,517	6,468	(15,918)	23,789	25,856
Virgin Community Anchor	-	18,000	(18,000)	-	-
Department of Health	2,015	-	-	(2,015)	-
The National Lottery Community Fund	42,425	214,497	(215,807)	-	41,115
Pea Green Boat Foundation	7,448	-	(7,448)	-	-
Key Fund	205	-	-	(205)	-
CNTW NHS Foundation Trust	2,200	59,985	(61,845)	-	340
Peoples Health Trust	54,844	152,211	(90,199)	(15,886)	100,970
Rise NE	-	4,608	(2,805)	-	1,803
Ballinger Trust	1,833	-	(1,833)	-	-
Anne Cleeves Foundation	2,716	34	(1,227)	-	1,523
Primary Care Networks	(3,367)	611,686	(604,873)	-	3,446
Gateshead Council - Health Equity	-	77,805	(55,173)	-	22,632
Gateshead Council - Highfield House	-	33,742	(41,667)	(2,112)	(10,037)
Gateshead Council - Pattinson House	-	500	(510)	-	(10)
Gateshead Council - Edberts House	-	21,844	(23,783)	1,939	-
Gateshead Council - TIBLE	14,659	37,120	(29,683)	(86)	22,010
	<u>136,495</u>	<u>1,238,500</u>	<u>(1,170,771)</u>	<u>5,424</u>	<u>209,648</u>

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Restricted Funds

The purposes of the restricted funds are as follows:-

Peoples Health Trust

A long term project for community development and engagement on the Old Fold and Nest Estates in Felling, Gateshead

Virgin Community Anchor Funding

Funding to support the CEO post.

Department of Health

The final receipt in a programme to fund the development of social prescribing community linking project.

Ballinger Trust

Represents funds to pay salary or core costs.

National Lottery Community Fund

A long term fund to support Thrive in Beacon Lough East project.

Key Fund

Represents funds raised by young people to engage in community activities.

Primary Care Networks

Payments under Service Level Agreements for the development and provision of social prescribing services to GP Practices throughout the four of the five Primary Care Networks of Gateshead.

Other restricted funds

Represents sundry small grants for specific purposes, including money for cycling initiatives, sports equipment for youth club and contributions towards running costs and chief executives costs..

Pea Green Boat Foundation

A Community Foundations sourced fund to be applied to the cost of employing a youth and community worker at Beacon Lough East.

Ann Cleeves Foundation

A partnership with Gateshead Central Library to promote reading and literacy.

Gateshead Council - TIBLE

Contributions from Gateshead Council towards the cost of welfare assistance in Beacon Lough East, as well as the running costs of the local hub.

Gateshead Council Health Equity and Highfield House

Funding originally from NHS Newcastle Gateshead CCG, routed through Gateshead Public Health, to support the development of the Health Equity and Highfield House Projects.

Gateshead Council - Edberts House

Funds to support the employment of a community worker and to rebuild community activities post COVID.

Gateshead Council Warm Spaces Pattinson House

Funding to provide warm spaces in the four community hubs for residents during winter of 2022/23

CNTW NHS Foundation

Funding for a Research Project under the ARC Programme centred on the social and health impacts of community development work at Beacon Lough East.

RISE North East

A grant under the Sport England Together Fund, funding the "Families Finding Freedom" project run by the Health Equity.

EDBERT'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	91,763	-	91,763	104,215	-	104,215
Current assets/(liabilities)	434,221	209,648	643,869	422,297	136,495	558,792
	<u>525,984</u>	<u>209,648</u>	<u>735,632</u>	<u>526,512</u>	<u>136,495</u>	<u>663,007</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

18 Cash generated from operations

	2023 £	2022 £
Surplus for the year	72,625	10,207
Adjustments for:		
Depreciation and impairment of tangible fixed assets	25,532	21,880
Movements in working capital:		
(Increase) in stocks	(2,950)	-
(Increase) in debtors	(66,288)	(65,657)
(Decrease)/increase in creditors	(101,983)	82,389
Cash (absorbed by)/generated from operations	<u>(73,064)</u>	<u>48,819</u>

19 Analysis of changes in net funds

The charity had no debt during the year.

