

SPRINGS OF LIFE AND HOPE

England & Wales · Charity number 1127290

Details

Status Registered

Legal form Trust

Registered 2008-12-29

Register [View on the Charity Commission register](#)

Contact

Address Tabor
Llithfaen
Pwllheli
LL53 6NL

Phone 01758750202

Email peter@llithfaen.org.uk

Activities

Objects: TO RELIEVE SICKNESS AND FINANCIAL HARDSHIP AND TO PROMOTE AND PRESERVE GOOD HEALTH BY THE PROVISION OF FUNDS, GOODS OR SERVICES OF ANY KIND, INCLUDING ACCOMMODATION AND FUNDING FOR EDUCATION AND TRAINING IN SUCH PARTS OF ISRAEL OR THE WORLD AS THE TRUSTEES FROM TIME TO TIME MAY THINK FIT AND TO FULFIL SUCH OTHER PURPOSES WHICH ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAW OF ENGLAND AND WALES AND ARE CONNECTED WITH THE CHARITABLE WORK OF THE TRUST.

Activities: We make grants to organisations working in Israel and the territories for the relief of financial hardship, providing accommodation and vocational training

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** GLOBAL
- Israel

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£63,037	£60,663	-	-
2023-12-31	£105,337	£107,442	-	-
2022-12-31	£110,691	£109,106	-	-
2021-12-31	£129,562	£130,840	-	-
2020-12-31	£72,146	£70,276	-	-

Trustees

Name	Role	Appointed
BARBARA JOHNSTON		2011-03-31
Graham Lewis Sharman		2024-12-19
Margaret Aileen Mercer		2024-12-19
Rev PETER DAVID JAMES		
Sandra Percival		2024-12-19

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England & Wales - Charity number 1127290

Accounts

Unaudited Financial Statements for the Year Ended 31 December 2024

for

Springs of Life and Hope

Springs of Life and Hope

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for the Year Ended 31 December 2024

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Springs of Life and Hope

General Information
for the Year Ended 31 December 2024

TRUSTEES: Mrs L H James – resigned 19/12/24
Mr P D James
Mrs B Johnson
M A Mercer – appointed 19/12/24
G L Sharman – appointed 19/12/24
S Percival – appointed 19/12/24

CHARITY NUMBER: 1127290

ADDRESS: Tabor
Llithfaen
Pwllheli
Gwynedd
LL53 6NL

ACCOUNTANTS: Gwyn Thomas & Co Limited
1 Thomas Buildings
New Street
Pwllheli
Gwynedd
LL53 5HH

Type of Governing Document: Constitution adopted 24 November 2008

How the charity is constituted: Deed of Trust with Six Trustees

Trustee Selection: Two trustees retire each year and at the General Meeting the remaining trustees appoint or re-appoint.

Additional Governance Issues: All trustees give their time voluntarily and receive no remuneration or other benefits.

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Summary of the main activities: During the year we have continued to make grants to organisations working in Israel for the relief of financial hardship, providing of accommodation and paying for vocational training.

Grant making Policy: The purpose of all grants are agreed with our partners in advance. We are in constant touch by email and phone and an annual personal visit from our chief partner.

Achievements and Performance: We have been able to distribute a considerable sum to further the objects of the charity.

Financial Review: We normally try to keep about £300 in reserve for expenses in running the Trust. These are kept to an absolute minimum. Our main source of funds are donations given by individuals and occasionally churches who want to support our work in Israel. Virtually all gifts come with a request that they are sent on to a particular work, often for a particular project and we respect the donors' wishes whenever possible.

Financial Statements

for the Year Ended 31 December 2024

Independent examiner's report to the trustees
of Springs of Life and Hope

I report to the trustees on my examination of the accounts of Springs of Life and Hope for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with the accounting records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gwyn Thomas BSc ACA
Gwyn Thomas & Co Limited
1 Thomas Buildings
New Street
Pwllheli
Gwynedd
LL53 5HH

Date 16/6/25

Client Approval Certificate

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

M A Mercer

Mrs B Johnston

Mr P D James

G L Sharman

S Percival

Springs of Life and Hope

Statement of financial activities
for the year ended 31 December 2024

	<u>Restricted</u> <u>funds</u>	<u>Unrestricted</u> <u>funds</u>	<u>Total</u> <u>funds</u> <u>31.12.24</u>	<u>Previous</u> <u>year</u> <u>31.12.23</u>
Incoming and endowment from	£	£	£	£
Donations	57,201	-	57,201	95,007
Gift aid receipts	5,836	-	5,836	10,330
Total income and endowments	<u>63,037</u>	<u>-</u>	<u>63,037</u>	<u>105,337</u>
 Expenditure on charitable activities				
Donations expended	59,429	-	59,429	106,140
Accountancy	660	-	660	630
Bank charges	574	-	574	672
Total resources expended	<u>60,663</u>	<u>-</u>	<u>60,663</u>	<u>107,442</u>
Net income/(expenditure) resources	<u>2374</u>	<u>-</u>	<u>2374</u>	<u>(2,105)</u>
Cash funds b/f	<u>1,963</u>	<u>-</u>	<u>1,963</u>	<u>4,068</u>
transfer between funds	-	-	-	-
Cash funds c/f	<u>4,337</u>	<u>-</u>	<u>4,337</u>	<u>1,963</u>

Springs of Life and Hope

Balance Sheet
31 December 2024

	31.12.24		31.12.23	
	£	£	£	£
CURRENT ASSETS				
Bank account	<u>4,337</u>		<u>1,963</u>	
		<u>4,337</u>		<u>1,963</u>
NET ASSETS		<u>4,337</u>		<u>1,963</u>
FUNDS				
Restricted fund		4,337		1,963
Unrestricted fund		-		-
		<u>4,337</u>		<u>1,963</u>

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England & Wales - Charity number 1127290

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Mr P D James
Mrs B Johnson

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Springs of Life and Hope

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Date 16/4/24

Client Approval Certificate

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

Mrs L H James

Mrs B Johnston

Mr P D James

Springs of Life and Hope

Statement of financial activities
for the year ended 31 December 2023

	<u>Restricted</u> <u>funds</u>	<u>Unrestricted</u> <u>funds</u>	<u>Total</u> <u>funds</u> <u>31.12.23</u>	<u>Previous</u> <u>year</u> <u>31.12.22</u>
Incoming and endowment from	£	£	£	£
Donations	95,007	-	95,007	101,558
Gift aid receipts	10,330	-	10,330	9,133
Total income and endowments	<u>105,337</u> =====	<u>-</u> =====	<u>105,337</u> =====	<u>110,691</u> =====
Expenditure on charitable activities				
Donations expended	106,140	-	106,140	107,800
Accountancy	630	-	630	600
Bank charges	672	-	672	706
Total resources expended	<u>107,442</u>	<u>-</u>	<u>107,442</u>	<u>109,106</u>
Net income/(expenditure) resources	<u>(2,105)</u> =====	<u>-</u> =====	<u>(2,105)</u> =====	<u>1,585</u> =====
Cash funds b/f	<u>4,068</u> =====	<u>-</u> =====	<u>4,068</u> =====	<u>2,483</u> =====
transfer between funds	-	-	-	-
Cash funds c/f	<u>1,963</u> =====	<u>-</u> =====	<u>1,963</u> =====	<u>4,068</u> =====

Springs of Life and Hope

Balance Sheet

31 December 2023

	31.12.23		31.12.22	
	£	£	£	£
CURRENT ASSETS				
Bank account	<u>1,963</u>		<u>4,068</u>	
		<u>1,963</u>		<u>4,068</u>
NET ASSETS		<u>1,963</u>		<u>4,068</u>
		=====		=====
FUNDS				
Restricted fund		1,963		4,068
Unrestricted fund		-		-
		<u>1,963</u>		<u>4,068</u>
		=====		=====

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England & Wales - Charity number 1127290

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Springs of Life and Hope

General Information
for the Year Ended 31 December 2022

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Mr P D James
Mrs B Johnson

CHARITY NUMBER: 1127290

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Pwllheli
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for the Year Ended 31 December 2022

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Gwyn Thomas BSc ACA
Gwyn Thomas & Co Limited
1 Thomas Buildings
New Street
Pwllheli
Gwynedd
LL53 5HH

Date 3/4/23

Client Approval Certificate

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

Mrs L H James

Mrs B Johnston

Mr P D James

Springs of Life and Hope

Statement of financial activities
for the year ended 31 December 2022

	<u>Restricted</u> <u>funds</u>	<u>Unrestricted</u> <u>funds</u>	<u>Total</u> <u>funds</u> <u>31.12.22</u>	<u>Previous</u> <u>year</u> <u>31.12.21</u>
Incoming and endowment from	£	£	£	£
Donations	101,558	-	120,946	120,946
Gift aid receipts	9,133		8,616	8,616
Total income and endowments	<u>110,691</u> =====	<u>-</u> =====	<u>129,562</u> =====	<u>129,562</u> =====
Expenditure on charitable activities				
Donations expended	107,800	-	129,900	129,900
Accountancy	600	-	402	402
Bank charges	706	-	538	538
Total resources expended	<u>109,106</u>	<u>-</u>	<u>130,840</u>	<u>130,840</u>
Net income/(expenditure) resources	<u>1,585</u> =====	<u>-</u> =====	<u>(1,278)</u> =====	<u>(1,278)</u> =====
Cash funds b/f	<u>2,483</u> =====	<u>-</u> =====	<u>3,761</u> =====	<u>3,761</u> =====
transfer between funds	-	-	-	-
Cash funds c/f	<u>4,068</u> =====	<u>-</u> =====	<u>2,483</u> =====	<u>2,483</u> =====

Springs of Life and Hope

Balance Sheet

31 December 2022

	31.12.22		31.12.21	
	£	£	£	£
CURRENT ASSETS				
Bank account	<u>4,068</u>		<u>2,483</u>	
		<u>4,068</u>		<u>2,483</u>
NET ASSETS		<u>4,068</u>		<u>2,483</u>
		=====		=====
FUNDS				
Restricted fund		4,068		2,483
Unrestricted fund		-		-
		<u>4,068</u>		<u>2,483</u>
		=====		=====

SPRINGS OF LIFE AND HOPE

England & Wales - Charity number 1127290

Accounts

Unaudited Financial Statements for the Year Ended 31 December 2021

for

Springs of Life and Hope

Springs of Life and Hope

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Springs of Life and Hope

General Information
for the Year Ended 31 December 2021

TRUSTEES: Mrs L H James
Mrs E W Bakewell – resigned 29/3/21
J C E Bakewell – resigned 29/3/21
Mrs J E Freeman – deceased 22/1/22
Mr P D James
Mrs B Johnston

CHARITY NUMBER: 1127290

ADDRESS: Tabor
Llithfaen
Pwllheli
Gwynedd
LL53 6NL

ACCOUNTANTS: Gwyn Thomas & Co Limited
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Springs of Life and Hope

Trustees' annual report for the year ended 31 December 2021

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Financial Statements

for the Year Ended 31 December 2021

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Date:

Client Approval Certificate

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

Mrs L H James

Mrs B Johnston

Mr P D James

Springs of Life and Hope

Statement of financial activities
for the year ended 31 December 2021

	<u>Restricted</u> <u>funds</u>	<u>Unrestricted</u> <u>funds</u>	<u>Total</u> <u>funds</u> <u>31.12.21</u>	<u>Previous</u> <u>year</u> <u>31.12.20</u>
Incoming and endowment from	£	£	£	£
Donations	120,946	-	120,946	66,334
Gift aid receipts	8,616		8,616	5,812
Total income and endowments	<u>129,562</u>	<u>-</u>	<u>129,562</u>	<u>72,146</u>
 Expenditure on charitable activities				
Donations expended	129,900	-	129,900	69,400
Accountancy	402	-	402	396
Bank charges	538	-	538	480
Total resources expended	<u>130,840</u>	<u>-</u>	<u>130,840</u>	<u>70,276</u>
Net income/(expenditure) resources	<u>(1,278)</u>	<u>-</u>	<u>(1,278)</u>	<u>1,870</u>
Cash funds b/f	<u>3,761</u>	<u>-</u>	<u>3,761</u>	<u>1,891</u>
transfer between funds	-	-	-	-
Cash funds c/f	<u>2,483</u>	<u>-</u>	<u>2,483</u>	<u>3,761</u>

Springs of Life and Hope

Balance Sheet
31 December 2021

	31.12.21		31.12.20	
	£	£	£	£
CURRENT ASSETS				
Bank account	<u>2,483</u>		<u>3,761</u>	
		<u>2,483</u>		<u>3,761</u>
NET ASSETS		<u>2,483</u>		<u>3,761</u>
FUNDS				
Restricted fund		2,483		3,761
Unrestricted fund		-		-
		<u>2,483</u>		<u>3,761</u>

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England & Wales - Charity number 1127290

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Mrs J E Freeman
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Grant making Policy: The purpose of all grants are agreed with our partners in advance. We are in constant touch by email and phone and an annual personal visit from our chief partner.

Achievements and Performance: We have been able to distribute a considerable sum to further the objects of the charity.

Financial Review: We normally try to keep about £300 in reserve for expenses in running the Trust. These are kept to an absolute minimum. Our main source of funds are donations given by individuals and occasionally churches who want to support our work in Israel. Virtually all gifts come with a request that they are sent on to a particular work, often for a particular project and we respect the donors' wishes whenever possible.

Financial Statements

for the Year Ended 31 December 2020

Independent examiner's report to the trustees
of Springs of Life and Hope

I report to the trustees on my examination of the accounts of Springs of Life and Hope for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have allowed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gwyn Thomas BSc ACA
Gwyn Thomas & Co Limited
1 Thomas Buildings
New Street
Pwllheli
Gwynedd
LL53 5HH

Date: 29/3/21

Client Approval Certificate

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

Mrs L H James

Mrs E W Bakewell

J C E Bakewell

Mrs B Johnston

Mrs J E Freeman

Mr P D James

Springs of Life and Hope

Statement of financial activities
for the year ended 31 December 2020

	<u>Restricted</u> <u>funds</u>	<u>Unrestricted</u> <u>funds</u>	<u>Total</u> <u>funds</u> <u>31.12.20</u>	<u>Previous</u> <u>year</u> <u>31.12.19</u>
Incoming and endowment from	£	£	£	£
Donations	66,334	-	66,334	70,366
Gift aid receipts	5,812	-	5,812	8,270
Total income and endowments	<u>72,146</u> =====	<u>-</u> =====	<u>72,146</u> =====	<u>78,636</u> =====
 Expenditure on charitable activities				
Donations expended	69,400	-	69,400	77,320
Accountancy	396	-	396	390
Bank charges	480	-	480	678
Total resources expended	<u>70,276</u> _____	<u>-</u> _____	<u>70,276</u> _____	<u>78,688</u> _____
Net income/(expenditure) resources	<u>1,870</u> =====	<u>-</u> =====	<u>1,870</u> =====	<u>(52)</u> =====
Cash funds b/f	<u>1,891</u> =====	<u>-</u> =====	<u>1,891</u> =====	<u>1,943</u> =====
transfer between funds	-	-	-	-
Cash funds c/f	<u>3,761</u> =====	<u>-</u> =====	<u>3,761</u> =====	<u>1,891</u> =====

Springs of Life and Hope

Balance Sheet

31 December 2020

	31.12.20		31.12.19	
	£	£	£	£
CURRENT ASSETS				
Bank account	<u>3,761</u>		<u>1,891</u>	
		<u>3,761</u>		<u>1,891</u>
NET ASSETS		3,761		4,029
		=====		=====
FUNDS				
Restricted fund		3,761		1,891
Unrestricted fund		-		-
		<u>3,761</u>		<u>1,891</u>
		=====		=====