



Trustees' Annual Report for the period

1

Period start date		
1	April	2021

To

Period end date		
31	March	2022

Section A Reference and administration details

Charity name

Options Pregnancy Crisis and Post Abortion Service

Other names charity is known by

IPAC - Options. [from 2023 also 'Y Bont']

Registered charity number (if any)

1126108

Charity's principal address

The Priory Centre

12 Priory Street

Wrexham

Postcode

LL11 1SU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Francis Collins	Chair		
2	Susan Allen		Resigned 30/11/2022	
3	John Hodgkinson		Resigned 1/08/2022	
4	Dawn Archibold		Appointed 1/08/2022	
5	Sandra Rowlands	Secretary		
6	Susan Knight		Resigned 30/11/2022	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	By invitation and appointment by the board of trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post – loss situations

To provide Impartial Advice and Confidential Support to those women and men who are or have been experiencing emotional stress as the result of an unplanned, unwanted , terminated pregnancy.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To provide counselling and other support services across North Wales and Cheshire West by one 2 one advisory sessions. These can be face to face or by telephone or by Zoom. They are taken at the pace which is appropriate to each client . Sessions usually last for up to 3 months.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

After the restrictions imposed by COVID , and following the CPD training of the existing team , all support services had moved on-line and telephone with the development of the help line.. This was successful and saw training continue into the following year. Face to face sessions have been resumed in some cases although the use of telephones and IT has enabled the service to be extended.

At the beginning of the year the trustees advertised for and appointed a part time centre manager to build on the work that the development worker had previously undertaken.

During 2022, the Welsh Government set aside a fund to develop a number of pathways for Bereavement support and IPAC were successful in applying for a 3 year grant to support women who have lost pregnancies at some stage of their life. The grant was received in March 2022 and has secured the premises for 3-5 years to be used by IPAC. The first instalment of the grant also provided for re-branding, setting up a survey of minority groups, additional furniture and equipment for the reception area, and advertising for a new member of staff to support the Centre Manager. All of these were commissioned during March 2022.

Additional time was spent in upgrading the Centre and increasing the numbers of clients and others using the Centre.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity holds more than 3 months reserves for fixed costs

Details of any funds materially in deficit

No restricted funds or other funds are in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

The charity has used its reserves during the current year and will continue to do so in the future. The Charity received £40k Bereavement Grant from the Welsh Government in the current year and will receive half of this amount for each of the next 2 years.

The grant has enabled the charity to secure and pay for a lease for occupation of the premises until Nov 2027 , at no additional cost.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	F P Collins	D P Archibold
Full name(s)	Francis Collins	Dawn Archibold
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	30 January 2023	



Receipts and payments accounts

For the period
from

1st April 2021

To

31st March 2022

Section A Receipts and payments

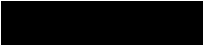
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grants	-	-	-	-
Business Support	-	-	-	-
Community Fund	-	-	-	-
PCN	-	505	-	505
Bereavement Grant	-	40,640	-	40,640
Gifts Donations and Contributions	5,134	-	-	5,134
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	5,134	41,145	-	46,279
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	5,134	41,145	-	46,279
A3 Payments				
DBS Check	-	-	-	-
Telephone & Helpline	-	784	-	784
General Expenses	275	-	-	275
Premises Costs	2,458	30,000	-	32,458
Repair & Refurbishment Costs	955	-	-	955
Payroll Costs	8,004	-	-	8,004
Subscriptions, Affiliation & Training	-	1,964	-	1,964
Publicity Postage & Stationery	-	196	-	196
Social Media & IT Costs	-	311	-	311
Admin Support & Supervision	295	-	-	295
Insurance	-	210	-	210
Advertising	-	160	-	160
Rebranding	-	1,500	-	1,500
Survey Consultancy	-	5,000	-	5,000
Staff expenses	191	-	-	191
Furniture & Equipment	-	1,970	-	1,970
Leggal & Professional fees	-	2,500	-	2,500
	-	-	-	-
Sub total	12,177	44,595	-	56,772
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	12,177	44,595	-	56,772
Net of receipts/(payments)	- 7,043	- 3,450	-	- 10,493
A5 Transfers between funds	- 442	442	-	-
A6 Cash funds last year end	21,461	3,008	-	24,469
Cash funds this year end	13,976	0	-	13,976

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Barclays Bank	13,976	-
		-	-
		-	-
	Total cash funds	13,976	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name
	F P Collins	Frank Collins
	D P Archibold	Dawn Archibold

CC16a



Last year
to the nearest £

-
25,000
4,750

-
2,151
-
-
-
31,901

-
-
-

31,901

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-
-
-

-

31,901
-
-
31,901



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

**Date of
approval**

30-Jan-23
30-Jan-23



Section A

Independent Examiner's Report

**Report to the
trustees/ members
of**

Charity Name

Options Pregnancy Crisis and Post Abortion Service

**On accounts for the
year ended**

31st March 2022

**Charity
no (if
any)**

1126108

Set out on pages

1 - 2 attached

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Alan Knight

Date: 24 January 2022

Name: Alan Knight

**Relevant
professional**

AIB Accountancy [Retired]

**qualification(s) or
body (if any):**

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Address:

Bryn Wern
Llangollen
Clwyd

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.