



Trustees' Annual Report for the period

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|------|--|-------------------|-------|------|----|--|------------------|-------|------|
| From | | Period start date | | | To | | Period end date | | |
| | | 1 st | April | 2020 | | | 31 st | March | 2021 |

Section A Reference and administration details

Charity name OPTIONS PREGNANCY CRISIS AND POST ABORTION SERVICE

Other names charity is known by IPAC - Options

Registered charity number (if any) 1126108

Charity's principal address The Priory Centre

12 Priory Street

Wrexham

Postcode

LL11 1SU

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------|-----------------|-----------------------------------|---|
| 1 | Francis Collins | Chair | | |
| 2 | Susan Allen | | | |
| 3 | John Hodgkinson | | | |
| 4 | Susan Knight | | | |
| 5 | Sandra Rowlands | Secretary | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|---|
| Type of governing document (eg. trust deed, constitution) | Trust Deed |
| How the charity is constituted (eg. trust, association, company) | Trust |
| Trustee selection methods (eg. appointed by, elected by) | By appointment of the board of trustees |

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post – loss situations

To provide Impartial Advice and Confidential Support to those women and men who are or have been experiencing emotional stress as the result of an unplanned, unwanted , terminated

To provide counselling and other support services across North Wales and Cheshire West by one 2 one advisory sessions.
These can be face to face or by telephone or by Zoom.
They are taken at the pace which is appropriate to each client .
Sessions usually last for up to 3 months.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

In the previous financial year to 31 March 2020 IPAC had obtained Grant Funding for £10,000 for a development worker to lead a 9 month Awareness Raising Project. An appointment was made in March 2020 and was immediately frustrated by the Covid Pandemic.

The appointee was subsequently furloughed through the employing agency and the project start delayed. Throughout, IPAC has paid the net cost of employment to the agency.

Because of the lockdown resulting from the pandemic, face to face counselling and advisory services were curtailed and it was clear that there was a need for a more flexible approach to service provision. As a result, a successful application was made for £4,750 grant aid for training including telephone training, refresher training, and for the establishment of a telephone help line and online counselling facility.

As part of this project, all team members undertook 6 months refresher training for Crisis Pregnancy counselling and for post abortion support. In addition, some members of the team undertook training with the Foundation for Infant Loss.

During the year the charity received a further Business Support Grant which enabled further refurbishment of the Priory Centre and advertising for the recruitment of a new centre manager to exploit the work undertaken in awareness raising and for redevelopment in the following year 2021-22.

The appointment of a volunteer Social Media manager has seen significant increase in the awareness of the public on the availability of impartial support as IPAC-OPTIONS has as its core a policy of no connection with any private sector clinics.

There are approximately 2,200 terminations annually in North Wales of which 20% are in each of Wrexham and Flintshire.

The charity continues to receive requests from women across the region who find themselves unexpectedly pregnant, or have experienced loss due to miscarriage or termination.

Support was also given in a case of failed IVF treatment.

In all cases the client feedback has been very positive.

IPAC- OPTIONS is affiliated with and receives support and oversight as appropriate from :-

- AVOW , Wrexham local council of voluntary services ,
- Cheshire West Voluntary Action,
- Pastoral Care UK [part of the Association of Christian Counsellors]
- Pregnancy Centres Network – across the UK

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity Trustees have agreed that three months salary and overhead costs [utilities] should be held in reserve

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity has benefited from significant grants in the current year as well as donations from individuals and organisations in the area.

These grants have secured the future 2-3 years financially for the charity and will enable it to raise its profile and expertise in the year ahead.

At this time, IPAC is awaiting information on 2 grant applications from Welsh Assembly and Wrexham CBC for the extension of the service and refurbishment of the premises.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---------------------------|-----------------|
| Signature(s) | <i>F P Collins</i> | <i>S Knight</i> |
| Full name(s) | Francis Peter Collins | Susan Knight |
| Position (eg Secretary, Chair, etc) | Chair | Trustee |
| Date | 21 st Jan 2022 | |



CHARITY COMMISSION
FOR ENGLAND AND WALES

1126108
OPTIONS PREGNANCY CRISIS & POST ABORTION SERVICE

CC16a

Receipts and payments accounts

| For the period from | Period start date | To | Period end date |
|---------------------|-------------------|----|-----------------|
| | 1st April 2020 | | 31st March 2021 |

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Grants | - | - | - | - | - |
| Business Support | 25,000 | - | - | 25,000 | - |
| The Community Fund (Lottery) | - | 4,750 | - | 4,750 | 10,000 |
| Gifts & Donations | 2,151 | - | - | 2,151 | 1,291 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 27,151 | 4,750 | - | 31,901 | 11,291 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 27,151 | 4,750 | - | 31,901 | 11,291 |
| A3 Payments | | | | | |
| DBS checks | 19 | - | - | 19 | 71 |
| Telephone and helpline costs | - | 448 | - | 448 | 244 |
| General Expenses | 388 | - | - | 388 | 211 |
| Premises Costs | 1,725 | - | - | 1,725 | 298 |
| Refurbishment costs | 3,342 | - | - | 3,342 | 2,129 |
| Payroll Costs | - | 5,577 | - | 5,577 | 600 |
| Subscription, Affiliation & Training | - | 2,447 | - | 2,447 | 598 |
| Publicity Postage & Stationery | 47 | 602 | - | 649 | 192 |
| Social Media and IT costs | 240 | 795 | - | 1,035 | - |
| Admin Support | 390 | - | - | 390 | - |
| Insurance | - | 195 | - | 195 | 106 |
| | - | - | - | - | - |
| Sub total | 6,151 | 10,064 | - | 16,215 | 4,449 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 6,151 | 10,064 | - | 16,215 | 4,449 |
| Net of receipts/(payments) | 21,000 | - 5,314 | - | 15,686 | 6,842 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 461 | 8,322 | - | 8,783 | 1,941 |
| Cash funds this year end | 21,461 | 3,008 | - | 24,469 | 8,783 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | | 21,461 | 3,008 | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds (agree balances with receipts and payments account(s)) | 21,461 | 3,008 | - |
| | | OK | OK | OK |
| | | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| B3 Investment assets | | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B4 Assets retained for the charity's own use | | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B5 Liabilities | | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval |
|--|--------------------|-----------------|---------------------|
| | <i>F P Collins</i> | Francis Collins | 21/01/2022 |
| | <i>S Knight</i> | Susan Knight | 21/01/2022 |