

Y Bont - Supporting you through pregnancy decisions and loss

England & Wales · Charity number 1126108

Details

Other names	OPTIONS PREGNANCY CRISIS AND POST ABORTION SERVICE, OPTIONS, Y Bont Wreccsam
Status	Registered
Legal form	Trust
Registered	2008-09-30
Register	View on the Charity Commission register

Contact

Address	The Priory Centre Priory Street Wrexham LL11 1SU
Phone	01978359645
Email	info@ybont.org.uk

Activities

Objects: (a) the advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical medical or psychological.(b) The preservation and protection of women's health(c) The provision of advice counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth, loss of a child or sexual abuse.(d) The promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects.

Activities: We provide pregnancy crisis counselling and post-abortion counselling in the Chester, Cheshire, Wirral and North Wales areas.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE LOCAL
- Cheshire West & Chester
- Conwy
- Denbighshire
- Flintshire
- Gwynedd
- Isle Of Anglesey
- Wirral
- Wrexham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£26,400	£26,300	-	-
2024-03-31	£27,992	£30,458	-	-
2023-03-31	£24,972	£33,784	-	-
2022-03-31	£46,279	£56,772	-	-
2021-03-31	£31,901	£16,215	-	-

Trustees

Name	Role	Appointed
Joanne Wyn Jones		2024-11-26
MRS SANDIE ROWLANDS		2012-09-10
Susan elizabeth Knight		2023-06-01

Y Bont - Supporting you through pregnancy decisions and loss

England & Wales - Charity number 1126108

Accounts



Trustees' Annual Report for the period

From 1 April 2024 **Period start date**
To 31 March 2025 **Period end date**

Charity name: Y Bont - Supporting you through pregnancy loss and decisions

Charity registration number: 1126108

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post-loss situations
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide counselling and other support services across North Wales and Cheshire West by 1:1 advisory sessions face to face or digitally at a pace appropriate to each client. Sessions usually last up to 3 months, depending on individual needs.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees consider the activities of the charity are within the guidance of the Charity Commission in regards to public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity was in the final year of the Welsh Government Bereavement Grant and was successful in obtaining a 1 year extension to 31 March 2025.</p> <p>The Charity received financial sponsorship from LANYON BOWDLER, solicitors in Shrewsbury, which raised £1788 in the previous year and a similar amount in 24/25. Staffing has changed during the year due to personal circumstances of individuals in the team. Referrals from local healthcare professionals as well as individuals self-referring have maintained a steady stream of clients with a range of needs relating to baby loss</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity holds more than 3 months reserves for fixed costs
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees' policy has been to maintain reserves at this level
Amount of reserves held	Para 1.22	£4273
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	none

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	By invitation and appointment by the current board of trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Y Bont - Supporting you through pregnancy loss and decisions
Other name the charity uses	previously Options Pregnancy Crisis and Post Abortion Service
Registered charity number	1126108
Charity's principal address	The Priory Centre 12 Priory Street Wrexham LL11 1SU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frank Collins		Retired 31 December 2024	
2	Susan Knight			
3	Sandra Rowlands	Secretary		
4	Dawn Archibald		Retired July 2025	
5	Joanne Jones		Appointed November 2024	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>S Rowlands</i>	<i>Sue Knight</i>
Full name(s)	Sandra Rowlands	Susan Knight
Position (eg Secretary, Chair, etc)	Secretary, Trustee	Trustee
Date	14/01/2026	



Receipts and payments accounts

For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,543	-	-	3,543	3,244
Contributions	3,338	-	-	3,338	5,876
Grants received	17,520	-	-	17,520	18,872
Other income	2,000	-	-	2,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	26,401	-	-	26,401	27,992
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	26,401	-	-	26,401	27,992
A3 Payments					
Advertising & marketing	1,876	-	-	1,876	1,638
Audit & accountancy	1,193	-	-	1,193	485
Cleaning	716	-	-	716	1,215
Consultancy	-	-	-	-	-
Furniture & equipment	-	-	-	-	30
General expenses	179	-	-	179	106
Insurance	325	-	-	325	744
IT software	133	-	-	133	-
Legal fees	1,427	-	-	1,427	28
Light & heat	4,117	-	-	4,117	1,792
Printing & stationery	278	-	-	278	144
Repairs & maintenance	269	-	-	269	418
Salaries	15,512	-	-	15,512	20,740
Staff training & supervision	719	-	-	719	1,580
Subscriptions	138	-	-	138	299
Telephone & internet	623	-	-	623	879
Travel expenses	172	-	-	172	363
	-	-	-	-	-
Sub total	24,823	-	-	24,823	30,461
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,823	-	-	24,823	30,461
Net of receipts/(payments)	1,578	-	-	1,578	- 2,469
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,695	-	-	2,695	5,164
Cash funds this year end	4,273	-	-	4,273	2,695

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	4,152	-	-
		-	-	-
		-	-	-
	Total cash funds	4,152	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	PAYE refundable	Unrestricted	121	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	SRowlands	S Rowlands	14/01/2026	

Y BONT – SUPPORTING YOU THROUGH PREGNANCY DECISIONS AND LOSS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the Trust for the year ended 31 March 2025.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement


In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Luke Howson MAAT

Dated:15th January 2026.....

Finasure Ltd, 2 Sheppard Street, Brymbo, Wrexham, LL11 5FF

Y Bont - Supporting you through pregnancy decisions and loss

England & Wales - Charity number 1126108

Accounts



Trustees' Annual Report for the period

From **1 April 2023** Period start date To **31` March 2024**
Period end date

Charity name: **Options Pregnancy Crisis and Post Abortion Service**

Charity registration number: **1126108**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post loss situations
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide counselling and other support services across North Wales and Cheshire West by 1:1 advisory sessions face to face or digitally at a p ce appropriate to the client. Sessions usually last upto 3 months
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees consider the activities of the charity are within the guidance of the Charity Commission in regards to public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity was in the final year of the Welsh Government Bereavement Grant and has been successful in obtaining a 1 year extension to 31 March 2025.</p> <p>The Charity received financial sponsorship from LANYON BOWDLER , solicitors in Shrewsbury, which raised £1788 in the current year and a similar amount in 2024/5</p> <p>Staffing has change during the year due to personal circumstance of individuals in the team and the charity is seeking to recruit a temporary replacement Development Officer to support the Bereavement Pathway Development Project.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity holds more than 3 months reserves for fixed costs
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees policy has been to maintain reserves at this level
Amount of reserves held	Para 1.22	£2695
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	none

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	By invitation and appointment by the current board of trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Options Pregnancy Crisis and Post Abortion Service
Other name the charity uses	Y Bont <i>and</i> IPAC-OPTIONS
Registered charity number	1126108
Charity's principal address	The Priory Centre 12 Priory Street Wrexham LL11 1SU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frank Collins		Retired 31 December 2024	
2	Susan Knight			
3	Sandra Rowlands	Secretary		
4	Dawn Archibald			
5	Joanne Jones		Appointed November 2024	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Sandie Rowlands</i>	<i>Sue Knight</i>
Full name(s)	Sandra Rowlands	Susan Knight
Position (eg Secretary, Chair, etc)	Secretary	Trustee
Date	28 January 2025	



Receipts and payments accounts

For the period from	Period start date 01-Apr-23	To	Period end date 31-Mar-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,244	-	-	3,244	1,427
Contributions	5,876	-	-	5,876	4,295
Grant Income - Bereavement	-	18,872	-	18,872	19,250
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	9,120	18,872	-	27,992	24,972
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	9,120	18,872	-	27,992	24,972
A3 Payments					
Advertising & Marketing	-	1,638	-	1,638	5,700
Audit & Accountancy fees	485	0	-	485	327
Cleaning	915	300	-	1,215	661
Furniture and Equipment	-	30	-	30	441
General Expenses	101	5	-	106	513
Insurance	744	0	-	744	210
Legal Expenses	-	28	-	28	20
Light, Power, Heating	1,342	450	-	1,792	2,532
Consultancy	-	-	-	-	5,000
Printing & Stationery	138	6	-	144	490
Repairs & Maintenance	28	390	-	418	556
Salaries & Pensions	7,098	13,642	-	20,740	14,654
Staff Training & Supervision	-	1,580	-	1,580	605
Subscriptions	-	299	-	299	448
Telephone & Internet	566	313	-	879	1,337
Travel and entertaining	19	344	-	363	290
	-	-	-	-	-
	-	-	-	-	-
Sub total	11,436 #	19,025 #	-	30,461 #	33,784
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,436	19,025	-	30,461	33,784
Net of receipts/(payments)	- 2,316	- 153	-	- 2,469	- 8,812
A5 Transfers between funds	- 153	153	-	-	13,976
A6 Cash funds last year end	5,164	-	-	5,164	-
Cash funds this year end	2,695	-	-	2,695	5,164

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Bank	2,700	-	-
		-	-	-
		-	-	-
	Total cash funds	2,695	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Sandie Rowlands</i>	Sandra Rowlands	28/01/2025	
	<i>Sue Knight</i>	Susan Knight	29/01/2025	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

Options Pregnancy Crisis and Post Abortion Service

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1126108

Set out on pages

1-2 of the accounts

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *FP Collins*

Date: 28/01/2025

Name: Frank Collins

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address: 15 Acton Road Wrexham LL11 2NA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Y Bont - Supporting you through pregnancy decisions and loss

England & Wales - Charity number 1126108

Accounts



Trustees' Annual Report for the period

1	Period start date			Period end date		
	1	April	2021	To	31	March

Section A Reference and administration details

Charity name	Options Pregnancy Crisis and Post Abortion Service		
Other names charity is known by	IPAC - Options. [from 2023 also 'Y Bont']		
Registered charity number (if any)	1126108		
Charity's principal address	The Priory Centre		
	12 Priory Street		
	Wrexham		
	Postcode	LL11 1SU	

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Francis Collins	Chair	
2	Susan Allen	Resigned 30/11/2022	
3	John Hodgkinson	Resigned 1/08/2022	
4	Dawn Archibold	Appointed 1/08/2022	
5	Sandra Rowlands	Secretary	
6	Susan Knight	Resigned 30/11/2022	
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19			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	By invitation and appointment by the board of trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post - loss situations

To provide Impartial Advice and Confidential Support to those women and men who are or have been experiencing emotional stress as the result of an unplanned, unwanted , terminated pregnancy.

To provide counselling and other support services across North Wales and Cheshire West by one 2 one advisory sessions. These can be face to face or by telephone or by Zoom. They are taken at the pace which is appropriate to each client . Sessions usually last for up to 3 months.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

After the restrictions imposed by COVID , and following the CPD training of the existing team , all support services had moved on-line and telephone with the development of the help line.. This was successful and saw training continue into the following year. Face to face sessions have been resumed in some cases although the use of telephones and IT has enabled the service to be extended.

At the beginning of the year the trustees advertised for and appointed a part time centre manager to build on the work that the development worker had previously undertaken.

During 2022, the Welsh Government set aside a fund to develop a number of pathways for Bereavement support and IPAC were successful in applying for a 3 year grant to support women who have lost pregnancies at some stage of their life. The grant was received in March 2022 and has secured the premises for 3-5 years to be used by IPAC. The first instalment of the grant also provided for re-branding, setting up a survey of minority groups, additional furniture and equipment for the reception area, and advertising for a new member of staff to support the Centre Manager. All of these were commissioned during March 2022.

Additional time was spent in upgrading the Centre and increasing the numbers of clients and others using the Centre.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity holds more than 3 months reserves for fixed costs

Details of any funds materially in deficit

No restricted funds or other funds are in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity has used its reserves during the current year and will continue to do so in the future. The Charity received £40k Bereavement Grant from the Welsh Government in the current year and will receive half of this amount for each of the next 2 years.

The grant has enabled the charity to secure and pay for a lease for occupation of the premises until Nov 2027 , at no additional cost.

Section F Other optional information

[Empty box for optional information]

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	F P Collins	D P Archibold
Full name(s)	Francis Collins	Dawn Archibold
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	30 January 2023	



Receipts and payments accounts

For the period
from

1st April 2021

To

31st March 2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grants	-	-	-	-
Business Support	-	-	-	-
Community Fund	-	-	-	-
PCN	-	505	-	505
Bereavement Grant	-	40,640	-	40,640
Gifts Donations and Contributions	5,134	-	-	5,134
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	5,134	41,145	-	46,279
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	5,134	41,145	-	46,279
A3 Payments				
DBS Check	-	-	-	-
Telephone & Helpline	-	784	-	784
General Expenses	275	-	-	275
Premises Costs	2,458	30,000	-	32,458
Repair & Refurbishment Costs	955	-	-	955
Payroll Costs	8,004	-	-	8,004
Subscriptions, Affiliation & Training	-	1,964	-	1,964
Publicity Postage & Stationery	-	196	-	196
Social Media & IT Costs	-	311	-	311
Admin Support & Supervision	295	-	-	295
Insurance	-	210	-	210
Advertising	-	160	-	160
Rebranding	-	1,500	-	1,500
Survey Consultancy	-	5,000	-	5,000
Staff expenses	191	-	-	191
Furniture & Equipment	-	1,970	-	1,970
Legal & Professional fees	-	2,500	-	2,500
	-	-	-	-
Sub total	12,177 #	44,595	-	56,772
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	12,177	44,595	-	56,772
Net of receipts/(payments)	- 7,043	- 3,450	-	- 10,493
A5 Transfers between funds	- 442	442	-	-
A6 Cash funds last year end	21,461	3,008	-	24,469
Cash funds this year end	13,976	0	-	13,976

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Barclays Bank	13,976	-
		-	-
		-	-
	Total cash funds	13,976	-
(agree balances with receipts and payments account(s))		OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

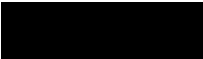
	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
F P Collins	Frank Collins
D P Archibold	Dawn Archibold



Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-
-
-
-

Current value (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval

30-Jan-23
30-Jan-23



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

Options Pregnancy Crisis and Post Abortion Service

On accounts for the year ended

31st March 2022

Charity no (if any)

1126108

Set out on pages

1 - 2 attached

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Alan Knight

Date: 24 January 2022

Name: Alan Knight

Relevant professional

AIB Accountancy [Retired]

Give here brief details of any items that the examiner wishes to disclose.

Y Bont - Supporting you through pregnancy decisions and loss

England & Wales - Charity number 1126108

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	1st	April	2020	To	31st	March	2021

Section A Reference and administration details

Charity name OPTIONS PREGNANCY CRISIS AND POST ABORTION SERVICE

Other names charity is known by IPAC - Options

Registered charity number (if any) 1126108

Charity's principal address

The Priory Centre
 12 Priory Street
 Wrexham
Postcode LL11 1SU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Francis Collins	Chair		
2	Susan Allen			
3	John Hodgkinson			
4	Susan Knight			
5	Sandra Rowlands	Secretary		
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Trust Deed

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

By appointment of the board of trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

A Wrexham and Chester based confidential listening and advisory support service for pregnancy and post – loss situations

To provide Impartial Advice and Confidential Support to those women and men who are or have been experiencing emotional stress as the result of an unplanned, unwanted , terminated

To provide counselling and other support services across North Wales and Cheshire West by one 2 one advisory sessions. These can be face to face or by telephone or by Zoom. They are taken at the pace which is appropriate to each client . Sessions usually last for up to 3 months.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

In the previous financial year to 31 March 2020 IPAC had obtained Grant Funding for £10,000 for a development worker to lead a 9 month Awareness Raising Project. An appointment was made in March 2020 and was immediately frustrated by the Covid Pandemic.

The appointee was subsequently furloughed through the employing agency and the project start delayed. Throughout, IPAC has paid the net cost of employment to the agency.

Because of the lockdown resulting from the pandemic, face to face counselling and advisory services were curtailed and it was clear that there was a need for a more flexible approach to service provision. As a result, a successful application was made for £4,750 grant aid for training including telephone training, refresher training, and for the establishment of a telephone help line and online counselling facility.

As part of this project, all team members undertook 6 months refresher training for Crisis Pregnancy counselling and for post abortion support. In addition, some members of the team undertook training with the Foundation for Infant Loss.

During the year the charity received a further Business Support Grant which enabled further refurbishment of the Priory Centre and advertising for the recruitment of a new centre manager to exploit the work undertaken in awareness raising and for redevelopment in the following year 2021-22.

The appointment of a volunteer Social Media manager has seen significant increase in the awareness of the public on the availability of impartial support as IPAC-OPTIONS has as its core a policy of no connection with any private sector clinics.

There are approximately 2,200 terminations annually in North Wales of which 20% are in each of Wrexham and Flintshire.

The charity continues to receive requests from women across the region who find themselves unexpectedly pregnant, or have experienced loss due to miscarriage or termination.

Support was also given in a case of failed IVF treatment.

In all cases the client feedback has been very positive.

IPAC- OPTIONS is affiliated with and receives support and oversight as appropriate from :-

- AVOW , Wrexham local council of voluntary services ,
- Cheshire West Voluntary Action,
- Pastoral Care UK [part of the Association of Christian Counsellors]
- Pregnancy Centres Network – across the UK

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity Trustees have agreed that three months salary and overhead costs [utilities] should be held in reserve

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity has benefited from significant grants in the current year as well as donations from individuals and organisations in the area.

These grants have secured the future 2-3 years financially for the charity and will enable it to raise its profile and expertise in the year ahead.

At this time, IPAC is awaiting information on 2 grant applications from Welsh Assembly and Wrexham CBC for the extension of the service and refurbishment of the premises.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>FP Collins</i>	<i>S Knight</i>
Full name(s)	Francis Peter Collins	Susan Knight
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	21 st Jan 2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

1126108
OPTIONS PREGNANCY CRISIS & POST ABORTION SERVICE

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	1st April 2020		31st March 2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	-
Business Support	25,000	-	-	25,000	-
The Community Fund (Lottery)	-	4,750	-	4,750	10,000
Gifts & Donations	2,151	-	-	2,151	1,291
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	27,151	4,750	-	31,901	11,291
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,151	4,750	-	31,901	11,291
A3 Payments					
DBS checks	19	-	-	19	71
Telephone and helpline costs	-	448	-	448	244
General Expenses	388	-	-	388	211
Premises Costs	1,725	-	-	1,725	298
Refurbishment costs	3,342	-	-	3,342	2,129
Payroll Costs	-	5,577	-	5,577	600
Subscription, Affiliation & Training	-	2,447	-	2,447	598
Publicity Postage & Stationery	47	602	-	649	192
Social Media and IT costs	240	795	-	1,035	-
Admin Support	390	-	-	390	-
Insurance	-	195	-	195	106
	-	-	-	-	-
Sub total	6,151	10,064	-	16,215	4,449
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,151	10,064	-	16,215	4,449
Net of receipts/(payments)	21,000	- 5,314	-	15,686	6,842
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	461	8,322	-	8,783	1,941
Cash funds this year end	21,461	3,008	-	24,469	8,783

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		21,461	3,008	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	21,461	3,008	-
	OK	OK	OK	
	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>FP Collins</i>	Francis Collins	21/01/2022	
	<i>S Knight</i>	Susan Knight	21/01/2022	