

**REGISTERED COMPANY NUMBER: 06504104 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1126091**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025  
FOR  
NORTH EAST WALES MIND LIMITED**

Williams Denton Cyf  
Chartered Certified Accountants  
Glaslyn  
Ffordd y Parc  
Parc Menai  
Bangor  
Gwynedd  
LL57 4FE

**NORTH EAST WALES MIND LIMITED**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

---

	<b>Page</b>
<b>Report of the Trustees</b>	<b>1 to 8</b>
<b>Independent Examiner's Report</b>	<b>9</b>
<b>Statement of Financial Activities</b>	<b>10</b>
<b>Balance Sheet</b>	<b>11 to 12</b>
<b>Notes to the Financial Statements</b>	<b>13 to 18</b>
<b>Detailed Statement of Financial Activities</b>	<b>19 to 20</b>

---

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### Chair's Trustee Report

As Chair of North East Wales Mind, I am pleased to present this report reflecting on our continued progress and strategic focus over the past year. Our mission to support individuals experiencing mental health challenges remains at the heart of everything we do, and I am proud of the dedication shown by our board, staff, and volunteers.

#### Strengthening Governance and Board Development

This year, we welcomed several new trustees to our board, bringing fresh perspectives, diverse experiences, and renewed energy to our governance. Embedding these new members has been a key priority. We have implemented a structured induction programme, pairing new trustees with experienced board members and offering tailored training to ensure they are well-equipped to contribute effectively.

Our board development efforts have focused on fostering a collaborative and inclusive culture, where trustees feel empowered to challenge constructively and support the organisation's strategic direction. I am confident that our strengthened board is well-positioned to provide robust oversight and guidance in the years ahead.

#### Strategic Collaboration with Leadership

Our partnership with the CEO and Senior Leadership Team continues to be a key driver of our success. Working to align operational delivery with our strategic objectives, ensuring that our services remain responsive, impactful, and sustainable.

#### Supporting Those Most in Need

At the core of our strategy is a commitment to reaching our community most in need, those who face the greatest barriers to mental health support.

We continue to listen to the voices of lived experience, ensuring that our services are shaped by those who use them. Our work in this area is ongoing, and we remain dedicated to evolving our approach to meet the complex and changing needs of our community.

#### Looking Ahead

As we move forward, our focus will remain on strengthening our governance, deepening our strategic partnerships, and enhancing our impact. I am grateful to all trustees, staff, volunteers, and partners for their unwavering commitment to our shared mission.

Together, we will continue to build a resilient, compassionate, and inclusive organisation that makes a real difference in the lives of those we serve.

Joanna Seymour Chair, North East Wales Mind

## **OBJECTIVES AND ACTIVITIES**

### **AIMS & OBJECTIVE**

North East Wales Mind was set up to promote and safeguard mental health for people in Flintshire and Wrexham and its aims are set out in the objects contained in the charity's Memorandum of Association. The organisation was established in 2008 to work in association with Mind (the National Association for Mental Health) and to follow the vision, mission, values and goals of Mind.

### **Our vision**

Good mental health and wellbeing for everyone in North East Wales.

### **Our mission**

We fight for mental health. For support. For respect. For everyone in North East Wales.

We empower people to live their life to the full and have hope for the future

We speak up for those of us with mental health problems

### **Our values :**

We are

\* Open: we reach out to those who need us

\* Accepting and responsive: we listen and act to make things better

\* Kind: we meet people with compassion and respect

\* Hopeful: we believe a better future is possible

\* Experienced: we bring together knowledge, lived experience and expertise

## **OUR STRATEGIC PRIORITIES 2023-27**

We will continue to work for people experiencing mental health problems by:

### **Developing support for children and young people aged 13+**

- We'll start two new services for young people.

### **Embedding a Trauma Informed approach throughout our work**

- We'll become a Trauma Enhanced organisation as described in the Trauma Informed Wales Framework

### **Developing services and support in Wrexham and its surrounding communities**

- We'll triple the number of people we support in Wrexham - raising the number supported to at least 750 each year by 2027.

### **Fighting for the mental health of marginalised people and those in poverty**

- We'll work with local people and organisations to set up a network of at least 10 peer support groups of people from marginalised groups

NE Wales Mind's vision is of a society that promotes and protects good mental health for all, we believe that everyone deserves support for their mental health, regardless of waiting lists or accessibility barriers. We are here to provide timely compassionate mental health service that makes a real difference in people's lives. During 2024 we continued to provide wellbeing activities and peer support groups across Flintshire and Wrexham. These included Live life to the full courses. We focused on community venues and held lived experience events to shape our program going forward. NE Wales Mind has successfully launched a second trauma informed peer group, ESG- emotional support group- in Wrexham.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

---

Each year the Board of NE Wales Mind review what has been achieved over the past 12 months. The review looks at the success of each activity and the benefits it has brought to those groups of people the organisation is set up to help. The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes (as above). The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the work of the organisation and the aims and objectives set.

**SIGNIFICANT ACTIVITIES**

In order to achieve its purpose and objectives the charity provided a range of services to people in NE Wales experiencing concern with their mental health and focussing on prevention through wellbeing activities. We continued to provide remotely delivered services by phone and/or online, but also regular face to face services. This change, which was accelerated by the pandemic, means that we are able to provide a blended service. The benefits of the information and guidance service for beneficiaries are that having up-to-date and reliable information allows people to take more control of their mental health, to start a process of recovery, or to maintain good mental health and well-being.

**WHO WE BENEFIT**

Figures from Public Health Wales show that in 2023 the adult population of Flintshire and Wrexham (16+) was estimated to be 299,200. In a normal year 1 in 4 people in the UK will experience a mental health problem each year, so we can estimate that around 70,000 people in NE Wales will experience a mental health problem each year. Over their lifetime 17 in every 100 people will experience suicidal thoughts and three in every hundred will self-harm.

All of these people, their friends and relatives, may sometimes have a need for the information and support which NE Wales Mind aims to provide. Whilst most speak Welsh or English, we have joined together with national Mind to have an array of supportive literature available in multiple languages from Arabic, Polish, Romanian and many more.

Most of the services provided by NE Wales Mind were free to the end user (except for workplace wellbeing and some counselling services). Because of the funding available, most of the services were available to all adults 16 + living in Flintshire and Wrexham. Most services were open or self-referral (ie they were open to everyone and no selection criteria applied). The exception to this were the Parabl and Rhyl City Strategy services as these require an individual assessment prior to onward referral to NE Wales Mind.

The Trustees take the issue of equal access to services very seriously and have an equal opportunities policy which sets out the organisation's commitment to equal opportunities for all to access NE Wales Mind's services. During the year staff received Equality, Equity and Diversity training.

**ACHIEVEMENTS AND PERFORMANCE**

**Charitable activities**

14 staff (10 full time equivalents) and 19 volunteers provided services to 1,273 individuals and responded to 598 enquiries for information and signposting through email and telephone.

The trustees are proud of what was achieved supporting people with mental health problems.

**Key achievements were:**

- Continuing to deliver blended services (both remote and face to face support).

The Wellbeing centre is open to 8 pm on a Tuesday and a Thursday, supporting Volunteers and wellbeing calls under the secured funding from Flintshire County Council Adult mental health and WCVA (Wales Council Voluntary Action)

- Providing supported self-help service (Active Monitoring) face -to-face, remotely over the phone and using interactive online resources. We supported 203 people during the year. Clients overwhelmingly improved after using this service and their outcomes were above the average for Wales.

- Delivering counselling to 253 people through private counselling, Parabl, RCS (Rhyl City Strategy) and the probation service.

- Wellbeing hubs in Flint Library and Caia Park Partnership in Wrexham. The hubs provided mindfulness as well as supported self-help and information and advice, including energy advice and scam awareness and money management. Under the funding secured by BCUHB - ICAN funding.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

---

**FINANCIAL REVIEW**

**Financial position**

**Financial overview**

Finances were stable, even allowing for the additional costs of a restructuring, which resulted in an increased deficit for the year. The organisation continued to successfully deliver its contracts and manage its cashflow as it dealt with the impact of the effects of the pandemic and cost of living crisis.

The team's efforts were successful in managing through a year of transition, resulting in total year-end reserves of £177,414 to be carried forward as the base for future years.

The charity met the Trustees Reserves Policy of at least 3 months normal operating costs for most of the year, with this falling behind the target by the year end. The trustee's focus is to restore the reserves to at least 3 months operating costs, as soon as practical over the next couple of years,

**Financial outlook**

Although 2024/25 ended in a stable financial situation, the trustees are aware that the financial environment for charities is still challenging, especially given the ongoing effects of the cost-of-living crisis. This is impacting our partners and our service users which means funding does not keep pace with either demand or increasing costs.

The Trustees continue to take seriously their responsibility to plan a sustainable future for the organisation. by a combination of income diversification away from reliance on large tenders and cost mitigation.

Part of the reason for seeking alternative income sources is that contracts from the public sector remain short term and uncertain and pricing rarely keeps pace with inflation.

In order to mitigate the risk of losing public sector funding streams the trustees will seek to extend or will re-tender for existing contracts where that is possible and financially viable. For projects/contracts where funding is unlikely to be continued the organisation will look for new contracts/services to replace those lost, as well as continuing to expand fundraising, grant and paid for services. More resources will continue to be put into developing and selling paid-for training courses and talking therapies and seeking to work with Mind nationally to deliver Mind's branded products locally. We will continue to work with other local Minds in North Wales to identify cost-efficiencies as well as joint opportunities to tender for work across North Wales. Grants will be sought to help the organisation develop its core business functions so that it can continue to provide services as cost-effectively as possible.

**Supporters and funders**

It is with sincere gratitude that the Board wishes to acknowledge the financial support of the following for its continued work in supporting Flintshire and Wrexham people experiencing mental distress:

- \* Betsi Cadwaladr University Health Board
- \* Flintshire County Council
- \* Caia Park Partnership
- \* WCVA- Wales Council Volunteer Action
- \* Flintshire Local Voluntary Council
- \* Individual donors and fundraisers
- \* Mind and Mind Cymru
- \* Actif Grant through Aura
- \* Wales and West Utilities
- \* Mind our future/ The venture
- \* Toyota Grant

We would also like to acknowledge the enormous practical support received from

- \* Adferiad and partners in the Parabl project
- \* Aura Libraries and Leisure
- \* Caia Park Partnership
- \* Flintshire County Council's Mental Health Support Services
- \* Mind (National Association for Mental Health)
- \* The Good Things Foundation- data bank
- \* Barclays bank
- \* Samaritans
- \* Wise group.
- \* NE Wales Mind volunteers, who give freely of their time and expertise
- \* Bethel Chapel
- \* Tyddyn Street Church
- \* Foodbanks across Flintshire and Wrexham
- \* Buckley Village Hall

### **OUR STRATEGY AND FUTURE PLANS**

We continue to recruit additional trustees with skills which are identified as missing from the board, using a skills review. Our thanks go to both new trustees and those who have recently retired.

A new business development and income generation manager has been recruited to provide additional resource and focus on long term financial sustainability. This is in its early stages.

We have successfully completed a Mind Quality Mark external audit, in order to ensure quality and retain our national Mind affiliation.

Plans to respond to the increasing demand and other external issues include:

- To complete work on the implementation plan for our strategy - April 2023 to March 2027 by considering a wide range of external and internal factors, to provide a roadmap for the development of the organisation and its services by way of a new business plan
- To seek opportunities to extend the reach of the Supported Self Help service to support more people with mild to moderate mental health problems. including a pilot of a service for children and young people
- To further develop workplace wellbeing services in order to provide training and counselling for people who are employed. As part of this work, develop an in-house team able to deliver Mental Health First Aid training.
- To continue to provide in-person community wellbeing services from Wellbeing Centres and hubs in Mold, Flintshire and Wrexham
- To explore opportunities to work more closely and strategically with other local Minds in North Wales.
- To concentrate on the learning and development needs of board, staff and volunteers by developing and implementing a learning and development plan for the organisation
- To influence change in the mental health system in North Wales through participation in and leadership of local stakeholder groups and communities of practice.
- To actively contribute to the Mind network by taking a leadership role in One Mind in Wales, as well as taking up other opportunities at all levels in our organisation.



## **NORTH EAST WALES MIND LIMITED**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

---

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

North East Wales Mind is controlled by its governing document, a Memorandum and Articles of Association as incorporated on 14 February 2008, and constitutes a company, limited by guarantee, as defined by the Companies Act 1985. The governing document was amended on 2 December 2016 to show that the organisation's name, which had previously been Flintshire Mind, has changed to North East Wales Mind.

##### **Recruitment and appointment of new trustees**

As of 31 March 2025, the charity had four trustees of a possible 15. All trustees of the charity are also company directors. Nominations for the position of trustee/director are sought from members and others with an interest in the governance of the organisation, to be elected by the membership at the Annual General Meeting. The trustees may, at any time, co-opt further trustees to join them on the board. Each year one third of the trustees will resign, but can seek re-election. All co-opted trustees retire at the AGM but may be re-appointed.

All Trustees give their time voluntarily.

Trustees are provided with an induction pack and new Trustees attend an induction meeting with the Chief Executive and the management team. Trustees can access training and development opportunities which are relevant to their role.

##### **Organisational structure**

The NE Wales Mind Board is responsible for the strategic direction of the organisation, meets regularly each year and is accountable to the membership. The Board sometimes convenes ad-hoc subcommittees which consider specific issues in relation to other issues.

The Trustees delegate the day-to-day operation of the organisation to the Chief Executive Officer, and through the CEO to the staff and volunteers. The Trustees require regular progress reports on services and activities and scrutinise and approve budgets, financial reports and funding bids in line with delegated authority levels. Trustees take responsibility, with advice from staff, for the development and approval of policies and procedures to govern the work of the organisation and for the recruitment and appointment of staff.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

06504104 (England and Wales)

##### **Registered Charity number**

1126091

##### **Registered office**

The Wellbeing Centre  
23b Chester Street  
Mold  
Flintshire  
CH7 1EG

##### **Trustees**

Ms K J Gallagher (resigned 10.5.24)  
Ms M E Jones (resigned 30.9.24)  
Ms P M Thomas (resigned 5.12.24)  
N Sturmey (resigned 31.12.24)  
Ms J Seymour  
M J Birch (appointed 20.8.24)  
Mrs V Goodwin (appointed 28.6.24)

##### **Company Secretary**

Miss M Collard

**NORTH EAST WALES MIND LIMITED**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

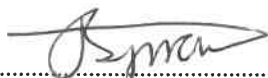
**Independent Examiner**

Williams Denton Cyf  
Chartered Certified Accountants  
Glaslyn  
Ffordd y Parc  
Parc Menai  
Bangor  
Gwynedd  
LL57 4FE

**Bankers**

CAF Bank  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on .....<sup>27/11/25</sup>..... and signed on its behalf by:



.....  
Ms J Seymour - Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTH EAST WALES MIND LIMITED

---

## Independent examiner's report to the trustees of North East Wales Mind Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

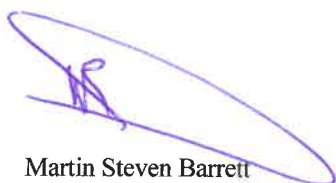
### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Martin Steven Barrett

Williams Denton Cyf  
Chartered Certified Accountants  
Glaslyn  
Ffordd y Parc  
Parc Menai  
Bangor  
Gwynedd  
LL57 4FE

Date: .....23/11/2025.....

**NORTH EAST WALES MIND LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

		Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
	Notes				
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations, grants and contract income	2	418,378	21,452	439,830	420,995
Other trading activities	3	59,400	-	59,400	95,172
Investment income	4	3,583	-	3,583	5,350
<b>Total</b>		<u>481,361</u>	<u>21,452</u>	<u>502,813</u>	<u>521,517</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable		<u>422,751</u>	<u>16,388</u>	<u>439,139</u>	<u>568,282</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>58,610</b>	<b>5,064</b>	<b>63,674</b>	<b>(46,765)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>113,740</u>	-	<u>113,740</u>	160,505
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>172,350</u></u>	<u><u>5,064</u></u>	<u><u>177,414</u></u>	<u><u>113,740</u></u>

The notes form part of these financial statements

**NORTH EAST WALES MIND LIMITED**

**BALANCE SHEET**  
**31 MARCH 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	-	-	-	476
<b>CURRENT ASSETS</b>					
Debtors	9	29,482	110	29,592	41,418
Cash at bank		207,025	5,332	212,357	191,610
		<u>236,507</u>	<u>5,442</u>	<u>241,949</u>	<u>233,028</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(63,483)	(378)	(63,861)	(115,146)
<b>NET CURRENT ASSETS</b>		<u>173,024</u>	<u>5,064</u>	<u>178,088</u>	<u>117,882</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>173,024</u>	<u>5,064</u>	<u>178,088</u>	<u>118,358</u>
<b>CREDITORS</b>					
Amounts falling due after more than one year	11	(674)	-	(674)	(4,618)
<b>NET ASSETS</b>		<u>172,350</u>	<u>5,064</u>	<u>177,414</u>	<u>113,740</u>
<b>FUNDS</b>	12				
Unrestricted funds				172,350	113,740
Restricted funds				5,064	-
<b>TOTAL FUNDS</b>				<u>177,414</u>	<u>113,740</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**NORTH EAST WALES MIND LIMITED**

**BALANCE SHEET - continued**  
**31 MARCH 2025**

---

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27/11/25 and were signed on its behalf by:



J Seymour - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

---

1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**2. DONATIONS, GRANTS AND CONTRACT INCOME**

	2025	2024
	£	£
Donations	56,452	31,305
Contract Income	383,378	389,690
	<u>439,830</u>	<u>420,995</u>

**3. OTHER TRADING ACTIVITIES**

	2025	2024
	£	£
Counselling Income	30,699	25,617
Training	20,432	64,535
Other income	7,181	5,020
Room hire	1,088	-
	<u>59,400</u>	<u>95,172</u>

**4. INVESTMENT INCOME**

	2025	2024
	£	£
Interest received	3,583	5,350
	<u>3,583</u>	<u>5,350</u>

**5. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	476	789
	<u>476</u>	<u>789</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

Trustee's expenses of £98 were paid for the year ended 31 March 2025. There were £199 of expenses paid for the year ended 31 March 2024.



**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations, grants and contract income	420,995	-	420,995
Other trading activities	95,172	-	95,172
Investment income	5,350	-	5,350
<b>Total</b>	<u>521,517</u>	<u>-</u>	<u>521,517</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable	568,282	-	568,282
<b>NET INCOME/(EXPENDITURE)</b>	<u>(46,765)</u>	<u>-</u>	<u>(46,765)</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	160,505	-	160,505
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>113,740</u>	<u>-</u>	<u>113,740</u>

**8. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2024 and 31 March 2025	<u>10,119</u>	<u>9,723</u>	<u>19,842</u>
<b>DEPRECIATION</b>			
At 1 April 2024	9,960	9,406	19,366
Charge for year	159	317	476
At 31 March 2025	<u>10,119</u>	<u>9,723</u>	<u>19,842</u>
<b>NET BOOK VALUE</b>			
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2024	<u>159</u>	<u>317</u>	<u>476</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

<b>9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
Trade debtors		<b>24,847</b>	<b>30,236</b>
Prepayments and accrued income		<b>4,745</b>	<b>11,182</b>
		<b><u>29,592</u></b>	<b><u>41,418</u></b>
<b>10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
Trade creditors		<b>6,820</b>	<b>5,800</b>
Social security and other taxes		<b>(14)</b>	<b>18,611</b>
WCVA: Third Sector Resilience		<b>3,944</b>	<b>3,944</b>
Accruals and deferred income		<b>53,111</b>	<b>86,791</b>
		<b><u>63,861</u></b>	<b><u>115,146</u></b>
<b>11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR</b>			
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
WCVA: Third Sector Resilience		<b><u>674</u></b>	<b><u>4,618</u></b>
<b>12. MOVEMENT IN FUNDS</b>			
	<b>At 1.4.24</b>	<b>Net movement</b>	<b>At</b>
	<b>£</b>	<b>in funds</b>	<b>31.3.25</b>
		<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	<b>113,740</b>	<b>58,610</b>	<b>172,350</b>
<b>Restricted funds</b>			
WCVA Volunteering Wales	<b>-</b>	<b>5,064</b>	<b>5,064</b>
<b>TOTAL FUNDS</b>	<b><u>113,740</u></b>	<b><u>63,674</u></b>	<b><u>177,414</u></b>
Net movement in funds, included in the above are as follows:			
	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Movement in funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	<b>481,361</b>	<b>(422,751)</b>	<b>58,610</b>
<b>Restricted funds</b>			
WCVA Volunteering Wales	<b>21,452</b>	<b>(16,388)</b>	<b>5,064</b>
<b>TOTAL FUNDS</b>	<b><u>502,813</u></b>	<b><u>(439,139)</u></b>	<b><u>63,674</u></b>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**12. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	160,505	(46,765)	113,740
<b>TOTAL FUNDS</b>	<u>160,505</u>	<u>(46,765)</u>	<u>113,740</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	521,517	(568,282)	(46,765)
<b>TOTAL FUNDS</b>	<u>521,517</u>	<u>(568,282)</u>	<u>(46,765)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	160,505	11,845	172,350
<b>Restricted funds</b>			
WCVA Volunteering Wales	-	5,064	5,064
<b>TOTAL FUNDS</b>	<u>160,505</u>	<u>16,909</u>	<u>177,414</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**12. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,002,878	(991,033)	11,845
<b>Restricted funds</b>			
WCVA Volunteering Wales	21,452	(16,388)	5,064
<b>TOTAL FUNDS</b>	<u>1,024,330</u>	<u>(1,007,421)</u>	<u>16,909</u>

**13. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

**NORTH EAST WALES MIND LIMITED****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations, grants and contract income</b>		
Donations	56,452	31,305
Contract Income	383,378	389,690
	<b>439,830</b>	<b>420,995</b>
<b>Other trading activities</b>		
Counselling Income	30,699	25,617
Training	20,432	64,535
Other income	7,181	5,020
Room hire	1,088	-
	<b>59,400</b>	<b>95,172</b>
<b>Investment income</b>		
Interest received	3,583	5,350
<b>Total incoming resources</b>	<b>502,813</b>	<b>521,517</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	313,303	393,425
Rates and water	1,725	1,278
Insurance	4,779	4,715
Light and heat	5,260	5,617
Telephone	3,767	7,079
Postage and stationery	2,331	2,543
Sundries	1,052	2,021
Activities and training	1,728	3,159
Training courses	4,909	14,202
Travel & subsistence	5,418	2,467
Website & computers	8,540	13,870
Fees & Subscriptions	2,095	2,737
Office maintenance	4,675	4,231
Trainer fees	16,342	23,426
Therapist fees	12,187	14,408
Other	11,011	9,420
Rent	13,872	13,400
Accountancy fees	8,668	7,266
Room hire	13,733	13,976
Staff recruitment	268	9,962
Subcontractor fees	3,000	18,291
Carried forward	<b>438,663</b>	<b>567,493</b>

This page does not form part of the statutory financial statements

**NORTH EAST WALES MIND LIMITED****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

---

	2025 £	2024 £
<b>Charitable activities</b>		
Brought forward	<b>438,663</b>	567,493
Fixtures and fittings	<b>159</b>	189
Computer equipment	<b>317</b>	600
	<hr/>	<hr/>
	<b>439,139</b>	568,282
	<hr/>	<hr/>
Total resources expended	<b>439,139</b>	568,282
	<hr/>	<hr/>
Net income/(expenditure)	<b>63,674</b>	(46,765)
	<hr/>	<hr/>

This page does not form part of the statutory financial statements