

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2021

CENSIS

Chartered accountants
Exchange Building
66 Church Street
Hartlepool
TS24 7DN

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2021

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

J Best	(Resigned 29 June 2020)
S Hales	(Resigned 11 May 2021)
K Hall	(Resigned 30 April 2021)
J Rudge	
	(Served from 7 July 2020 to 11 May 2021)
C Longstaff	(Appointed 11 May 2021)
I Cawley	(Appointed 11 May 2021)
E S De Bruijn	(Appointed 11 May 2021)
J A Lowther	(Appointed 9 February 2021)
M R Simpson	(Served from 1 April 2020 to 6 July 2020)
M Dougherty	(Served from 23 December 2020 to 10 September 2021)
Dr G Gardiner	(Resigned 10 August 2020)
A J Russell	

Company secretary L Dougherty

Independent examiner Censis
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66 Church Street
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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Hartlepool and East Durham Mind
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change it's name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Hartlepool and East Durham Mind rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Hartlepool Mind when they need help

Our overriding objective is that every user of Hartlepool & East Durham Mind feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

- Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;
- Using clear, non-technical language that respects each client's particular ways of expressing themselves;
- Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;
- Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;
- Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;
- Discussing ways in which physical and emotional needs can be met more effectively;
- Teaching any missing skills required to meet emotional needs;
- Providing a tailored plan with the goal of achieving recovery;
- Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance

Mindskills Recovery College

Based in Hartlepool and Stockton the College provides a service for people suffering mental and emotional distress and want to learn more about how to best manage such states. It aims to build up clients' confidence to take steps towards leading a more fulfilling and a fuller life. The College also provides a wide range of small group activities - such as relaxation, crafts, sports, music making, walking and mindfulness- for people looking for activities that provide a safe and relaxed atmosphere in which steps can be taken towards enjoying life again.

Recovery College staff work alongside each person who meets the College criteria and decides to get involved - by helping them to create a unique plan for recovery. Being in the Recovery College is much about working together in groups, which allows participants to meet new people. Many people who have benefitted from their involvement have gone on to volunteer with the College and help other people - such as through co-producing and co-facilitating groups and workshops.

Improving Access to Psychological Therapies (IAPT)

The IAPT service helps people who are suffering emotionally - such as feeling depressed, anxious, suffer from panic attacks, have sleep problems, experience low mood, struggle with unwanted, uncontrollable thoughts, have lost a sense of hope and optimism or struggle with bereavement or in relationships. It also helps people with one or more long-term health conditions such as diabetes, arthritis/musculoskeletal problems, respiratory problems, chronic pain, chronic fatigue, epilepsy, heart disease or or unexplained persistent physical symptoms.

Clients might see a therapist or support worker and work one to one; attend a small group to learn skills for managing challenging feelings and behaviour, such as anxiety; use online, self-help programmes; receive practical help - e.g. debt management, form filling or other issues that often cause enormous stress - and support with housing problems.

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to HEDM from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Hartlepool Council and Durham County Council Occupational Health counselling services These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Connecting Communities handyman and signposting service

The service provides defined practical assistance to older people (over 50 years) and people with disabilities living in Hartlepool to maximise people's capacity to continue living independently in their own homes. Furthermore, a service navigator visits people referred to the handyman service to provide advice, direction and assistance to clients to connect with services from which they'd benefit. The project's two skilled handymen will undertake the repairs and adaptations that anyone could do for themselves in normal circumstances - such as moving furniture, unpacking and erecting flat pack furniture, fitting grab rails, hanging pictures, fitting curtain rails, clearing pathways, fitting door bolts etc. etc.

Social groups and activities

HEDM has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Step Forward Tees Valley

This European Social Fund and National Lottery funded project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to employment. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions. The HEDM staff member works flexibly and imaginatively with clients' goal of getting closer to, or gaining, employment.

Financial review

The Statement of Financial Activities shows total income of £485,392, outgoing resources of a revenue nature of £483,442 giving rise to a surplus of £1,950.

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2021 this was estimated to be £200,000. Actual free reserves (i.e. those reserves excluding fixed assets) at that date amounted to £279,388.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

The trustees' annual report and the strategic report were approved on 13 December 2021 and signed on behalf of the board of trustees by:

M R Simpson
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2021

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in purple ink that reads "Censis". The signature is written in a cursive style with a long horizontal stroke extending to the right.

Censis
Independent Examiner

Exchange Building
66 Church Street
Hartlepool
TS24 7DN

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2021

			2021		2020
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	41,365	350,841	392,206	1,425,256
Charitable activities	6	81,379	11,807	93,186	93,463
Total income		<u>122,744</u>	<u>362,648</u>	<u>485,392</u>	<u>1,518,719</u>
Expenditure					
Expenditure on charitable activities	7	198,650	284,792	483,442	1,573,695
Total expenditure		<u>198,650</u>	<u>284,792</u>	<u>483,442</u>	<u>1,573,695</u>
Net income/(expenditure)		<u>(75,906)</u>	<u>77,856</u>	<u>1,950</u>	<u>(54,976)</u>
Transfers between funds		27,477	(27,477)	—	—
Net movement in funds		<u>(48,429)</u>	<u>50,379</u>	<u>1,950</u>	<u>(54,976)</u>
Reconciliation of funds					
Total funds brought forward		396,170	30,251	426,421	481,397
Total funds carried forward		<u>347,741</u>	<u>80,630</u>	<u>428,371</u>	<u>426,421</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	12	68,353	70,788
Current assets			
Debtors	13	119,108	215,435
Cash at bank and in hand		343,449	185,145
		<u>462,557</u>	<u>400,580</u>
Creditors: amounts falling due within one year	14	<u>52,539</u>	<u>44,947</u>
Net current assets		<u>410,018</u>	<u>355,633</u>
Total assets less current liabilities		<u>478,371</u>	<u>426,421</u>
Creditors: amounts falling due after more than one year	15	<u>50,000</u>	<u>—</u>
Net assets		<u><u>428,371</u></u>	<u><u>426,421</u></u>
Funds of the charity			
Restricted funds		80,630	30,251
Unrestricted funds		347,741	396,170
Total charity funds	18	<u><u>428,371</u></u>	<u><u>426,421</u></u>

For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2021

These financial statements were approved by the board of trustees and authorised for issue on 13 December 2021, and are signed on behalf of the board by:

M R Simpson
Trustee

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net income/(expenditure)	1,950	(54,976)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	6,893	9,671
Government grant income	(12,919)	–
Accrued expenses	–	5,375
<i>Changes in:</i>		
Trade and other debtors	96,327	(41,172)
Trade and other creditors	7,592	(7,574)
Cash generated from operations	99,843	(88,676)
Net cash from/(used in) operating activities	99,843	(88,676)
Cash flows from investing activities		
Purchase of tangible assets	(4,458)	–
Net cash used in investing activities	(4,458)	–
Cash flows from financing activities		
Proceeds from borrowings	50,000	–
Government grant income	12,919	–
Net cash from financing activities	62,919	–
Net increase/(decrease) in cash and cash equivalents	158,304	(88,676)
Cash and cash equivalents at beginning of year	185,145	273,821
Cash and cash equivalents at end of year	343,449	185,145

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2021

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	10,506	–	10,506
National Mind	5,000	–	5,000
Grants			
Mental Health Services	12,940	–	12,940
Health Education England - Wave 2	–	24,340	24,340
Recovery	–	3,198	3,198
Durham County Council	–	159,967	159,967
Durham Primary Care Trust - Rapid Response	–	45,253	45,253
Hartlepool Borough Council	–	6,565	6,565
NHS Trust	–	20,000	20,000
National Lottery Community Fund	–	91,518	91,518
Government grant income	12,919	–	12,919
	<u>41,365</u>	<u>350,841</u>	<u>392,206</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	14,353	–	14,353
Grants			
Mental Health Services	1,009,353	–	1,009,353
Health Education England - Wave 2	–	32,711	32,711
Recovery	–	283,312	283,312
Durham County Council	–	18,750	18,750
Durham Primary Care Trust - Rapid Response	–	45,253	45,253
Connected Communities	–	6,667	6,667
National Lottery Community Fund	–	14,857	14,857
	<u>1,023,706</u>	<u>401,550</u>	<u>1,425,256</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Development sessions	7,650	–	7,650
Occupational Health	17,748	–	17,748
Rent Income	990	–	990
Starfish	54,991	–	54,991
Personal assistance work	–	11,807	11,807
	<u>81,379</u>	<u>11,807</u>	<u>93,186</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Occupational Health	2,880	12,375	15,255
Starfish	57,241	–	57,241
Personal assistance work	–	19,137	19,137
Other	1,830	–	1,830
	<u>61,951</u>	<u>31,512</u>	<u>93,463</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Mental Health Services	198,650	–	198,650
HEE - Wave	–	18,937	18,937
Employment Driver Project	–	15,358	15,358
Mindskills Recovery College	–	1,396	1,396
PSP Psychoeducation	–	2,498	2,498
Personal Assistant	–	11,234	11,234
Let's Connect	–	71,400	71,400
Durham Training Hub	–	14,500	14,500
Let's Connect East Durham	–	69,745	69,745
Keep Connected	–	22,662	22,662
Well Aware Project	–	2,160	2,160
Rapid Response Suicide Prevention Service	–	39,010	39,010
Step Forward Tees Valley	–	15,892	15,892
	<u>198,650</u>	<u>284,792</u>	<u>483,442</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Mental Health Services	1,143,001	–	1,143,001
HEE - Wave	–	36,239	36,239
Mindskills Recovery College	–	283,982	283,982
PSP Psychoeducation	–	21,101	21,101
Personal Assistant	–	11,779	11,779
Keep Connected	–	5,743	5,743
East Durham	–	13,309	13,309
Rapid Response Suicide Prevention Service	–	44,525	44,525
Step Forward Tees Valley	–	14,016	14,016
	<u>1,143,001</u>	<u>430,694</u>	<u>1,573,695</u>

8. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation of tangible fixed assets	<u>6,893</u>	<u>9,671</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

9. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,200</u>	<u>1,200–</u>

10. Staff costs

The average head count of employees during the year was 15 (2020: 52). The average number of full-time equivalent employees during the year is analysed as follows:

	2021 No.	2020 No.
Charitable activities	11	47
Management and administration	<u>4</u>	<u>5</u>
	<u>15</u>	<u>52</u>

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2021 £	2020 £
Wages & salaries	52,757	52,757
Social security costs	6,068	6,089
Employer contributions to pension plans	<u>1,313</u>	<u>1,316</u>

11. Trustee remuneration and expenses

One or more trustees has claimed expenses or had their expenses met by the charity.

The total amount of expenses reimbursed to trustees:

One trustee was reimbursed for travel expenses, amounting to £Nil; (2020 - £817).

One trustee was reimbursed for telephone and internet charges to £Nil; (2020 - £668).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

12. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2020	77,176	52,343	75,577	205,096
Additions	—	—	4,458	4,458
At 31 March 2021	<u>77,176</u>	<u>52,343</u>	<u>80,035</u>	<u>209,554</u>
Depreciation				
At 1 April 2020	15,754	48,122	70,432	134,308
Charge for the year	1,544	2,757	2,592	6,893
At 31 March 2021	<u>17,298</u>	<u>50,879</u>	<u>73,024</u>	<u>141,201</u>
Carrying amount				
At 31 March 2021	<u>59,878</u>	<u>1,464</u>	<u>7,011</u>	<u>68,353</u>
At 31 March 2020	<u>61,422</u>	<u>4,221</u>	<u>5,145</u>	<u>70,788</u>

13. Debtors

	2021 £	2020 £
Trade debtors	54,078	173,537
Amounts owed by undertakings in which the charity has a participating interest	40,782	10,438
Prepayments and accrued income	<u>24,248</u>	<u>31,460</u>
	<u>119,108</u>	<u>215,435</u>

14. Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	14,597	18,102
Amounts owed to undertakings in which the charity has a participating interest	8,036	—
Accruals and deferred income	5,475	5,475
Social security and other taxes	17,692	10,285
Other creditors	<u>6,739</u>	<u>11,085</u>
	<u>52,539</u>	<u>44,947</u>

15. Creditors: amounts falling due after more than one year

	2021 £	2020 £
Bank loans and overdrafts	<u>50,000</u>	<u>—</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

16. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £4,605 (2020: £24,002).

17. Government grants

The amounts recognised in the financial statements for government grants are as follows:

	2021	2020
	£	£
Recognised in income from donations and legacies:		
Government grants income	<u>12,919</u>	<u>—</u>

Included in government grants are amounts received in support of COVID 19: Business Rates Relief of £10,000 plus support through the job retention scheme of £2,919.

18. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mental Health Services	<u>396,170</u>	<u>122,744</u>	<u>(198,650)</u>	<u>27,477</u>	<u>347,741</u>

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
Mental Health Services	<u>453,514</u>	<u>1,085,657</u>	<u>(1,143,001)</u>	<u>—</u>	<u>396,170</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mindskills Recovery College	12,124	3,199	(1,396)	(13,927)	–
Connecting Communities	4,979	–	–	(4,979)	–
East Durham	4,250	–	–	(4,250)	–
Rapid Response Suicide Prevention Service	2,704	45,253	(39,010)	–	8,947
Step Forward Tees Valley	145	20,118	(15,892)	–	4,371
WAVE	(5,403)	24,340	(18,937)	–	–
Social Hub	(137)	–	–	137	–
PSP Psychoeducation	618	7,500	(2,498)	–	5,620
Personal Assistant	10,971	11,806	(11,234)	–	11,543
Let's Connect	–	71,400	(71,400)	–	–
Let's Connect East Durham	–	74,500	(70,042)	(4,458)	–
Keep Connected	–	22,365	(22,365)	–	–
Employment Driver Project	–	6,565	(15,358)	–	(8,793)
Durham Training Hub	–	55,602	(14,500)	–	41,102
Well Aware Project	–	20,000	(2,160)	–	17,840
	<u>30,251</u>	<u>362,648</u>	<u>(284,792)</u>	<u>(27,477)</u>	<u>80,630</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
Mindskills Recovery College	12,794	283,312	(283,982)	—	12,124
Connecting Communities	4,055	6,667	(5,743)	—	4,979
East Durham	5,184	12,375	(13,309)	—	4,250
Rapid Response Suicide Prevention Service	1,976	45,253	(44,525)	—	2,704
Step Forward Tees Valley	(696)	14,857	(14,016)	—	145
WAVE	(1,875)	32,711	(36,239)	—	(5,403)
Social Hub	(137)	—	—	—	(137)
PSP Psychoeducation	2,969	18,750	(21,101)	—	618
Personal Assistant	3,613	19,137	(11,779)	—	10,971
	<u>27,883</u>	<u>433,062</u>	<u>(430,694)</u>	<u>—</u>	<u>30,251</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

Mindskills Recovery College

The college provides a service for people suffering mental and emotional distress and want to learn more about how to best manage such states. The college also provides a wide range of small group activities that provide a safe and relaxed atmosphere in which steps can be taken towards enjoying life again.

Improving Access to Psychological Therapies (IAPT)

The IAPT service helps people who are suffering emotionally - such as feeling depressed, anxious, suffer from panic attacks, have sleep problems, experience low mood, struggle with unwanted, uncontrollable thoughts, have lost a sense of hope and optimism or struggle with bereavement or in relationships. It also helps people with one or more long-term health conditions such as diabetes, arthritis/musculoskeletal problems, respiratory problems, chronic pain, chronic fatigue, epilepsy, heart disease or or unexplained persistent physical symptoms.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Occupational Health Counselling Services

Providing services to Hartlepool and County Durham Council employees referred by Occupational Health or Human Resource Departments.

Connecting Communities Handyman and Signposting Service

The service provides defined practical assistance to older people (over 50 years) and people with disabilities living in Hartlepool to maximise people's capacity to continue living independently in their own homes.

Step Forward Tees Valley

This European Social Fund and National Lottery funded project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to employment.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	68,353	–	68,353
Current assets	381,927	80,630	462,557
Creditors less than 1 year	(52,539)	–	(52,539)
Creditors greater than 1 year	(50,000)	–	(50,000)
Net assets	<u>347,741</u>	<u>80,630</u>	<u>428,371</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	70,788	–	70,788
Current assets	370,329	30,251	400,580
Creditors less than 1 year	(44,947)	–	(44,947)
Creditors greater than 1 year	–	–	–
Net assets	<u>396,170</u>	<u>30,251</u>	<u>426,421</u>

20. Analysis of changes in net debt

	At 1 Apr 2020 £	Cash flows £	At 31 Mar 2021 £
Cash at bank and in hand	185,145	158,304	343,449
Debt due within one year	–	(8,036)	(8,036)
Debt due after one year	–	(50,000)	(50,000)
	<u>185,145</u>	<u>100,268</u>	<u>285,413</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

21. Related parties

During the year the charity Hartlepool and East Durham Mind provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2021 £	2020 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHWB CIC	54,991	54,991
Intercompany transactions recharged from Let's Connect (ENG) to SFHWB CIC	3,163	32,717
Intercompany transactions recharged by SFHWB CIC to Let's Connect (ENG)	6,276	17,339
Balance owed to Let's Connect (ENG) at the year end	40,386	9,631
Balance owed to SFHWB by Let's Connect (ENG)	4,516	–

Starfish Services Limited

	2021 £	2020 £
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	406	244
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	3,872	4,178
Balance owed to Let's Connect (ENG) at the year end	396	807
Balance owed to Starfish Services Ltd by Let's Connect (ENG)	3,520	–

Other related transactions

The charity engaged the services of a marketing, management and sustainability consultant, the consultant is a close family member of persons with significant control, fees paid in the year amounted to £18,660 (2020 - £16,720).