

LET'S CONNECT (ENG) LTD

England & Wales · Charity number 1125924

Details

Other names	HARTLEPOOL AND EAST DURHAM MIND
Status	Registered
Legal form	Charitable company
Company number	06502878
Registered	2008-09-17
Register	View on the Charity Commission register

Contact

Address	Lets Connect (England) Ltd 1 Tees Street Hartlepool Cleveland TS24 8HB
Phone	01429269303
Email	information@letsconnect-eng.co.uk
Website	https://www.letsconnect-eng.co.uk/

Activities

Objects: TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT IN HARTLEPOOL AND SURROUNDING AREAS (EXCLUDING AREAS THAT ARE SERVICED BY OTHER MIND ORGANISATIONS) " THE AREA OF BENEFIT " IN ASSOCIATION WITH MIND IN ACCORDANCE WITH THE AIMS AND OBJECTS OF MIND.

Activities: Let's Connect objectives are: Establishing client's goals and strengths. The resulting treatment plan may include: Talking therapy; Practical help; Supporting engagement in social activities; Physical activity; Workshops to (i) address conditions such as depression (ii) teach relaxation skills Courses designed to build confidence to enter education, volunteering or employment

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Amateur Sport
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** HARTLEPOOL
- Durham
- Hartlepool
- Stockton-on-tees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£562,739	£577,932	£187,947	15
2024-03-31	£454,174	£495,504	-	-
2023-03-31	£631,798	£711,690	£244,470	25
2022-03-31	£455,079	£559,088	-	-
2021-03-31	£485,392	£483,442	-	-

Trustees

Name	Role	Appointed
Dr Charlotte Louise Ayres Nicholson		2023-01-09
Emilie Susan De Bruijn		2021-05-11
Lee Theasby		2026-05-07
Peter Stuart Mayes		2023-12-27
Stephanie Addison		2026-05-07

LET'S CONNECT (ENG) LTD

England & Wales - Charity number 1125924

Accounts

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2025

TREMAINE

Chartered accountants
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2025

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

E S De Bruijn
I Cawley
Dr C L Ayres Nicholson
P S Mayes

Company secretary L Dougherty

Independent examiner Tremaine
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Let's Connect (Eng)
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change its name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Let's Connect (Eng) rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Let's Connect (Eng) when they need help

Our overriding objective is that every user of Let's Connect (Eng) feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;

Using clear, non-technical language that respects each client's particular ways of expressing themselves;

Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;

Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;

Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;

Discussing ways in which physical and emotional needs can be met more effectively;

Teaching any missing skills required to meet emotional needs;

Providing a tailored plan with the goal of achieving recovery;

Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities *(continued)*

Chair's report:

Let's Connect Eng, seeks to provide support for those with stress and worry, to connect people and provide opportunities to support each other during challenging times. This can be on a 1:1 basis, or in support or activity groups., Let's Connect are also able to offer peer support training and mutual aid groups because "Together we are Stronger".

I am pleased to report that 2025 has seen some growth in the number of people being referred with an average of around 100 a month. The team provide flexibility and group sessions offered continue to change reflecting the feedback of service users and this allows Let's Connect to remain well placed to support the local community. There are an assortment of groups held, to truly allow staff to meet clients where their needs are ranging from Bingo or Chatty Games for some fun and companionship, (combatting loneliness and isolation) to Mindfulness and 5 ways to Wellbeing to focus more on general wellbeing and self-esteem support.

Let's Connect has continued working to reduce waste, and reducing environmental impacts and the good practice paid off as, the government's new recycling rules were easily implemented due to previous learnings and experience.

Training events continue to offer support to the wider community and the CEO and business support team continue to look for ways to expand and grow, with new projects and partnerships.

Work is still on going to become a Registered Housing Provider via our work with NDC Housing and this progress would not have been possible without many hours of work and effort from the CEO and the team and I want to again thank them for their efforts. This has taken longer than expected, but the staff are sustaining the momentum needed to get this over the line. We believe 2026 will be the year we see this come to fruition with the awarding of Registered Provider status for NDC.

As always as Chair, I remain grateful for the board of trustees, their knowledge and passion for mental health and in 2026 we continue to aim to expand this board to give us a greater knowledge pool to draw form as we seek to strategically support the CEO and Staff.

I would also like to thank the staff, trustees and volunteers for their continuing hard work and commitment to helping support the local community.

E de Bruijn
Chair.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to Let's Connect from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Strengthening Communities

Supporting people experiencing "problems of living" - the social relational and psychological challenges that arise from poverty, trauma, isolation and life transitions.

Hartlepool Council and Durham County Council Occupational Health counselling services

These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Social groups and activities

Let's Connect has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Moving Forward - health link worker.

This project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to work. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions.

VCSE & statutory services response to the recent suicides in Hartlepool:

We are working with "Hartlepool Outreach and Search Facebook group". We secured £1000 funding for Gas who runs the group. This funding is to provide training and resources for the responder role. The group organise search parties and provide people with an emergency out of hours support and sign-posting to services. The project will be taking over a mens support group at the Salaam centre. We are providing support and resources to this group, including PCs, play station and advice. We are in the process of applying for further funding from the Community Transformation VCSE delivery plan.

Wellbeing in Sports

We are working with sports clubs delivering bespoke packages of support around safeguarding and well-being.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

East Durham Let's Connect community service

We are developing a range of community initiatives to develop wellbeing

This reduced service is providing 1-1 support, counselling plus navigating people to local support services.

Training Hubs

We deliver County Durham Training Hub (CDTH) and Teesside Training Hub.

We deliver courses across both counties. We are currently conducting a COVID and Flu risk assessment for live training. We have recorded a sleep webinar for CDTH, together with the development of a Facebook live Q/A session. We will be continuing to create digital content for the services and exporting how this approach can be used across other projects.

Financial review

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2025 the unrestricted reserves amounted to £78,851 of which free reserves (i.e. those reserves not tied up with fixed assets) at that date amounted to £22,752.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

The trustees' annual report and the strategic report were approved on 8 December 2025 and signed on behalf of the board of trustees by:

E S De Bruijn
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants in England and Wales (ACCA), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2025

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tremaine
Independent Examiner

19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	1,980	479,808	481,788	390,410
Charitable activities	6	80,951	—	80,951	63,764
Total income		<u>82,931</u>	<u>479,808</u>	<u>562,739</u>	<u>454,174</u>
Expenditure					
Expenditure on charitable activities	7	189,212	388,720	577,932	495,504
Total expenditure		<u>189,212</u>	<u>388,720</u>	<u>577,932</u>	<u>495,504</u>
Net expenditure		<u>(106,281)</u>	<u>91,088</u>	<u>(15,193)</u>	<u>(41,330)</u>
Transfers between funds		(4,838)	4,838	—	—
Net movement in funds		<u>(111,119)</u>	<u>95,926</u>	<u>(15,193)</u>	<u>(41,330)</u>
Reconciliation of funds					
Total funds brought forward		189,970	13,170	203,140	244,470
Total funds carried forward		<u>78,851</u>	<u>109,096</u>	<u>187,947</u>	<u>203,140</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	13	56,099	60,039
Current assets			
Debtors	14	113,220	135,884
Cash at bank and in hand		90,549	76,752
		<u>203,769</u>	<u>212,636</u>
Creditors: amounts falling due within one year	15	<u>63,834</u>	<u>51,632</u>
Net current assets		<u>139,935</u>	<u>161,004</u>
Total assets less current liabilities		<u>196,034</u>	<u>221,043</u>
Creditors: amounts falling due after more than one year	16	<u>8,087</u>	<u>17,903</u>
Net assets		<u>187,947</u>	<u>203,140</u>
Funds of the charity			
Restricted funds		109,096	13,170
Unrestricted funds		78,851	189,970
Total charity funds	18	<u>187,947</u>	<u>203,140</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2025

These financial statements were approved by the board of trustees and authorised for issue on 8 December 2025, and are signed on behalf of the board by:

E S De Bruijn
Trustee

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2025

	2025	2024
	£	£
Cash flows from operating activities		
Net expenditure	(15,193)	(41,330)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	3,940	4,768
Interest payable and similar charges	1,687	219
Accrued income	(6,575)	(4,523)
<i>Changes in:</i>		
Trade and other debtors	29,239	(41,306)
Trade and other creditors	11,585	12,639
Cash generated from operations	24,683	(69,533)
Interest paid	(1,687)	(219)
Net cash from/(used in) operating activities	<u>22,996</u>	<u>(69,752)</u>
Cash flows from investing activities		
Purchase of tangible assets	—	(2,243)
Net cash used in investing activities	<u>—</u>	<u>(2,243)</u>
Cash flows from financing activities		
Proceeds from borrowings	(9,199)	(10,649)
Net cash used in financing activities	<u>(9,199)</u>	<u>(10,649)</u>
Net increase/(decrease) in cash and cash equivalents	13,797	(82,644)
Cash and cash equivalents at beginning of year	<u>76,752</u>	<u>159,396</u>
Cash and cash equivalents at end of year	<u>90,549</u>	<u>76,752</u>

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations	1,980	–	1,980
Grants			
Stockton Borough Council - Training HUB	–	52,000	52,000
Darlington Mind	–	65,547	65,547
Hartlepool Borough Council	–	26,260	26,260
Humankind	–	75,172	75,172
Hartlepool Sports Foundation	–	2,500	2,500
Joseph Rowntree Foundation	–	600	600
National Lottery Community Fund	–	108,162	108,162
Tandem	–	65,942	65,942
East Durham Trust	–	6,000	6,000
PFC Trust	–	77,625	77,625
	<u>1,980</u>	<u>479,808</u>	<u>481,788</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	3,602	–	3,602
Grants			
Durham County Council	–	55,602	55,602
Stockton Borough Council - Training HUB	–	37,500	37,500
Darlington Mind	–	65,547	65,547
Hartlepool Borough Council	–	47,554	47,554
Joseph Rowntree Foundation	–	700	700
National Lottery Community Fund	–	137,227	137,227
East Durham Trust	–	12,678	12,678
PFC Trust	–	30,000	30,000
	<u>3,602</u>	<u>386,808</u>	<u>390,410</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Charitable activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Training	—	—	1,000	1,000
Occupational Health	8,762	8,762	10,049	10,049
Rent Income	7,475	7,475	90	90
Management fees	64,614	64,614	10,224	10,224
External management/consultancy fee	—	—	42,401	42,401
Other	100	100	—	—
	<u>80,951</u>	<u>80,951</u>	<u>63,764</u>	<u>63,764</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Mental Health Services	189,212	–	189,212
Community Transformation	–	2,568	2,568
Hartlepool Training	–	52,000	52,000
Strengthening Communities	–	18,448	18,448
Keep Connected	–	22,193	22,193
Lets Connect	–	35,361	35,361
Know Your Neighbourhood	–	19,977	19,977
Hoarding Self Neglect	–	26,889	26,889
Art Project	–	1,300	1,300
Rapid Response Suicide Prevention Service	–	65,547	65,547
LEAP	–	38,173	38,173
LEAP Groups	–	7,672	7,672
Multiplier	–	3,760	3,760
Liberated Method	–	19,660	19,660
Move Forward Tees Valley	–	50,592	50,592
Move Forward Tees Valley Groups	–	24,580	24,580
	<u>189,212</u>	<u>388,720</u>	<u>577,932</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Mental Health Services	128,209	–	128,209
Community Transformation	–	30,000	30,000
Hartlepool Training	–	11,314	11,314
PSP Psychoeducation	–	7,037	7,037
Keep Connected	–	65,213	65,213
Durham Training Hub	–	55,602	55,602
Tees Training Hub	–	37,500	37,500
AAP	–	14,780	14,780
Know Your Neighbourhood	–	27,279	27,279
Turning The Tide	–	3,807	3,807
Hoarding Self Neglect	–	10,308	10,308
Art Project	–	700	700
Learning for Inclusion	–	3,600	3,600
Rapid Response Suicide Prevention Service	–	65,547	65,547
Multiplier	–	2,640	2,640
Move Forward Tees Valley	–	31,968	31,968
	<u>128,209</u>	<u>367,295</u>	<u>495,504</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

8. Analysis of support costs

	Total 2025	Total 2024
	£	£
Staff costs	145,849	149,899
Premises	74,224	76,692
Communications and IT	20,585	19,375
General office	17,279	25,693
Finance costs	1,687	219
Depreciation	3,940	4,768
	<u>263,564</u>	<u>276,646</u>

9. Net expenditure

Net expenditure is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	<u>3,940</u>	<u>4,768</u>

10. Independent examination fees

	2025	2024
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>600</u>	<u>600</u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	361,608	304,005
Social security costs	23,446	15,591
Employer contributions to pension plans	7,298	4,391
	<u>392,352</u>	<u>323,987</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

11. Staff costs *(continued)*

The average head count of employees during the year was 15 (2024: 15). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Charitable activities	13	12
Management and administration	2	3
	<u>15</u>	<u>15</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2025 £	2024 £
Wages & salaries	54,757	52,757
Social security costs	6,301	6,059
Employer contributions to pension plans	1,321	1,321

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

13. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2024 and 31 March 2025	<u>77,176</u>	<u>51,868</u>	<u>86,396</u>	<u>215,440</u>
Depreciation				
At 1 April 2024	21,930	51,868	81,603	155,401
Charge for the year	<u>1,544</u>	<u>—</u>	<u>2,396</u>	<u>3,940</u>
At 31 March 2025	<u>23,474</u>	<u>51,868</u>	<u>83,999</u>	<u>159,341</u>
Carrying amount				
At 31 March 2025	<u>53,702</u>	<u>—</u>	<u>2,397</u>	<u>56,099</u>
At 31 March 2024	<u>55,246</u>	<u>—</u>	<u>4,793</u>	<u>60,039</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Debtors

	2025 £	2024 £
Trade debtors	50,063	87,326
Amounts owed by undertakings in which the charity has a participating interest	15,926	19,787
Prepayments and accrued income	47,231	28,771
	<u>113,220</u>	<u>135,884</u>

15. Creditors: amounts falling due within one year

	2025 £	2024 £
Bank loans and overdrafts	10,125	9,508
Trade creditors	23,624	17,833
Amounts owed to undertakings in which the charity has a participating interest	9,994	9,994
Accruals and deferred income	2,000	2,000
Social security and other taxes	11,496	5,642
Other creditors	6,595	6,655
	<u>63,834</u>	<u>51,632</u>

16. Creditors: amounts falling due after more than one year

	2025 £	2024 £
Bank loans and overdrafts	<u>8,087</u>	<u>17,903</u>

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £7,298 (2024: £4,391).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
Mental Health Services	191,170	82,931	(189,212)	(4,838)	80,051
Kind Project	(1,200)	—	—	—	(1,200)
	<u>189,970</u>	<u>82,931</u>	<u>(189,212)</u>	<u>(4,838)</u>	<u>78,851</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
Mental Health Services	251,075	67,366	(128,209)	938	191,170
Kind Project	(1,200)	—	—	—	(1,200)
	<u>249,875</u>	<u>67,366</u>	<u>(128,209)</u>	<u>938</u>	<u>189,970</u>

Restricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
Rapid Response Suicide Prevention Service	—	65,547	(65,547)	—	—
Move Forward Tees Valley	—	50,592	(50,592)	—	—
Move Forward Tees Valley Groups	—	24,580	(24,580)	—	—
Lets Connect	—	32,300	(35,361)	—	(3,061)
Keep Connected	22,193	—	(22,193)	—	—
Employment Driver Project	(18,199)	—	—	—	(18,199)
Community Transformation	—	35,664	(2,568)	—	33,096
Know Your Neighbourhood	—	15,839	(19,977)	4,138	—
Hoarding Self Neglect	19,692	22,500	(26,889)	—	15,303
Art Project	—	600	(1,300)	700	—
SPIED	(10,516)	6,000	—	—	(4,516)
Hartlepool Training	—	52,000	(52,000)	—	—
Multiplier	—	3,760	(3,760)	—	—
LEAP	—	37,587	(38,173)	—	(586)
LEAP Groups	—	28,355	(7,672)	—	20,683
Liberated Method	—	34,491	(19,660)	—	14,831
Strengthening Community	—	60,023	(18,448)	—	41,575
Transformation Data Management	—	7,470	—	—	7,470
Hartlepool Sports	—	2,500	—	—	2,500
	<u>13,170</u>	<u>479,808</u>	<u>(388,720)</u>	<u>4,838</u>	<u>109,096</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Analysis of charitable funds *(continued)*

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Rapid Response Suicide Prevention Service	—	65,547	(65,547)	—	—
Move Forward Tees Valley	(13,330)	45,298	(31,968)	—	—
Keep Connected Employment Driver Project	23,694 (18,199)	64,650 —	(65,213) —	(938) —	22,193 (18,199)
Durham & Tees Training Hub	—	93,102	(93,102)	—	—
Turning The Tide	3,807	—	(3,807)	—	—
Pyscho Social Community Transformation	7,037 —	— 30,000	(7,037) (30,000)	— —	— —
Know Your Neighbourhood	—	27,279	(27,279)	—	—
Hoarding Self Neglect	—	30,000	(10,308)	—	19,692
Learning For Inclusion	—	3,600	(3,600)	—	—
Art Project	—	700	(700)	—	—
SPIED	(10,516)	—	—	—	(10,516)
AAP	2,102	12,678	(14,780)	—	—
Hartlepool Training	—	11,314	(11,314)	—	—
Multiplier	—	2,640	(2,640)	—	—
	<u>(5,405)</u>	<u>386,808</u>	<u>(367,295)</u>	<u>(938)</u>	<u>13,170</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Analysis of charitable funds *(continued)*

Let's Connect

This is a service that we build with other projects. We work in partnership with Community Hubs, VCSE groups to provide a joined up support for people experiencing emotional distress.

Move Forward

This project delivers services across Teesside and Darlington, providing support to unemployed adults of 18 years and over and who are suffering from at least two health conditions - to improve their readiness and overcome barriers in the way of returning to employment.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Strengthening Communities

Supporting people experiencing "problems of living" - the social, relational and psychological challenges that arise from poverty, trauma, isolation and life transitions.

Occupational Health Counselling Services

Providing services to Harmlessly and County Duress Council employees referred by Occupational Health or Human Resource Departments.

Turning The Tide

In partnership with The Big League and Lilly Anne's, the project is to develop a community champion and volunteering opportunities, allowing people access support, emergency and statutory services in a timely and useful manner.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	56,099	—	56,099
Current assets	94,673	109,096	203,769
Creditors less than 1 year	(63,834)	—	(63,834)
Creditors greater than 1 year	(8,087)	—	(8,087)
Net assets	78,851	109,096	187,947

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	60,039	—	60,039
Current assets	199,466	13,170	212,636
Creditors less than 1 year	(51,632)	—	(51,632)
Creditors greater than 1 year	(17,903)	—	(17,903)
Net assets	189,970	13,170	203,140

20. Analysis of changes in net debt

	At 1 Apr 2024 £	Cash flows £	At 31 Mar 2025 £
Cash at bank and in hand	76,752	13,797	90,549
Debt due within one year	(9,508)	(617)	(10,125)
Debt due after one year	(17,903)	9,816	(8,087)
	39,347	22,996	62,343

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Related parties

During the year the charity Let's Connect (Eng) Ltd provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2025 £	2024 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHWPB CIC	8,520	5,112
Intercompany transactions recharged from Let's Connect (ENG) to SFHWPB CIC	5,173	1,121
Intercompany transactions recharged by SFHWPB CIC	—	2,622
Balance owed to Let's Connect (ENG) at the year end	11,714	12,783
Balance owed to SFHWPB by Let's Connect (ENG)	7,138	7,138

Starfish Services Limited

	2025 £	2024 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills	8,520	5,112
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	616	578
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	—	1,056
Balance owed to Let's Connect (ENG) at the year end	4,212	7,004
Balance owed to Starfish Services Ltd by Let's Connect	2,856	2,856

LET'S CONNECT (ENG) LTD

England & Wales - Charity number 1125924

Accounts

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2024

TREMAINE

Chartered accountants
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2024

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

I Cawley
E S De Bruijn
Dr C L Ayres Nicholson
P S Mayes

(Appointed 27 December 2023)

Company secretary L Dougherty

Independent examiner Tremaine
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Let's Connect (Eng)
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change its name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Let's Connect (Eng) rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Let's Connect (Eng) when they need help

Our overriding objective is that every user of Let's Connect (Eng) feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;

Using clear, non-technical language that respects each client's particular ways of expressing themselves;

Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;

Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;

Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;

Discussing ways in which physical and emotional needs can be met more effectively;

Teaching any missing skills required to meet emotional needs;

Providing a tailored plan with the goal of achieving recovery;

Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to Let's Connect from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Hartlepool Council and Durham County Council Occupational Health counselling services These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Social groups and activities

Let's Connect has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Step Forward Tees Valley - health link worker

This project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to work. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions. d

The Wellbeing service has been commissioned by SFTV to provide welding courses, 1-1s and activities across North Tees.

VCSE & statutory services response to the recent suicides in Hartlepool: We are working with "Hartlepool Outreach and Search Facebook group". We secured £1000 funding for Gas who runs the group. This funding is to provide training and resources for the responder role. The group organise search parties and provide people with an emergency out of hours support and sign-posting to services. The project will be taking over a mens support group at the Salaam centre. We are providing support and resources to this group, including PCs, play station and advice. We are in the process of applying for further funding from the Community Transformation VCSE delivery plan.

Turning the Tide

We are developing a community champion and volunteering opportunities through partnerships with Big League and Lilly Anne's. We are also looking at the data collection and reporting of this project. The next part of development of the project will involve more champions, peer and volunteering opportunities.

This project is being highlighted as a huge success in people accessing support in a timely and useful manner and accessing emergency and/or statutory services.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Wellbeing in Sports

We are working with sports clubs delivering bespoke packages of support around safeguarding and well-being.

East Durham Let's Connect community service

We are developing a range of community initiatives to develop wellbeing

This reduced service is providing 1-1 support, counselling plus navigating people to local support services.

Training Hubs

We deliver County Durham Training Hub (CDTH) and Teesside Training Hub.

We deliver courses across both counties. We are currently conducting a COVID and Flu risk assessment for live training. We have recorded a sleep webinar for CDTH, together with the development of a Facebook live Q/A session. We will be continuing to create digital content for the services and exporting how this approach can be used across other projects.

Financial review

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2024 this was estimated to be £125,000. Actual free reserves (i.e. those reserves excluding fixed assets) at that date amounted to £129,931.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

The trustees' annual report and the strategic report were approved on 13 January 2025 and signed on behalf of the board of trustees by:

E S De Bruijn
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2024

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2024

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tremaine
Independent Examiner

19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2024

			2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	3,602	386,808	390,410	555,904
Charitable activities	6	63,764	–	63,764	75,824
Other income	7	–	–	–	70
Total income		<u>67,366</u>	<u>386,808</u>	<u>454,174</u>	<u>631,798</u>
Expenditure					
Expenditure on charitable activities	8	<u>128,209</u>	<u>367,295</u>	<u>495,504</u>	<u>711,690</u>
Total expenditure		<u>128,209</u>	<u>367,295</u>	<u>495,504</u>	<u>711,690</u>
Net expenditure		<u>(60,843)</u>	<u>19,513</u>	<u>(41,330)</u>	<u>(79,892)</u>
Transfers between funds		938	(938)	–	–
Net movement in funds		<u>(59,905)</u>	<u>18,575</u>	<u>(41,330)</u>	<u>(79,892)</u>
Reconciliation of funds					
Total funds brought forward		<u>249,875</u>	<u>(5,405)</u>	<u>244,470</u>	<u>324,362</u>
Total funds carried forward		<u>189,970</u>	<u>13,170</u>	<u>203,140</u>	<u>244,470</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 13 to 25 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	13	60,039	62,564
Current assets			
Debtors	14	135,884	90,055
Cash at bank and in hand		76,752	159,396
		<u>212,636</u>	<u>249,451</u>
Creditors: amounts falling due within one year	15	<u>51,632</u>	<u>38,993</u>
Net current assets		<u>161,004</u>	<u>210,458</u>
Total assets less current liabilities		<u>221,043</u>	<u>273,022</u>
Creditors: amounts falling due after more than one year	16	<u>17,903</u>	<u>28,552</u>
Net assets		<u>203,140</u>	<u>244,470</u>
Funds of the charity			
Restricted funds		13,170	(5,405)
Unrestricted funds		<u>189,970</u>	<u>249,875</u>
Total charity funds	20	<u>203,140</u>	<u>244,470</u>

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 13 to 25 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2024

These financial statements were approved by the board of trustees and authorised for issue on 13 January 2025, and are signed on behalf of the board by:

E S De Bruijn
Trustee

The notes on pages 13 to 25 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net expenditure	(41,330)	(79,892)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	4,768	4,748
Interest payable and similar charges	219	1,084
Gains on disposal of tangible fixed assets	—	(70)
Accrued income	(4,523)	—
<i>Changes in:</i>		
Trade and other debtors	(41,306)	53,456
Trade and other creditors	12,639	(57,108)
Cash generated from operations	(69,533)	(77,782)
Interest paid	(219)	(1,084)
Net cash used in operating activities	<u>(69,752)</u>	<u>(78,866)</u>
Cash flows from investing activities		
Purchase of tangible assets	(2,243)	(1,016)
Proceeds from sale of tangible assets	—	160
Net cash used in investing activities	<u>(2,243)</u>	<u>(856)</u>
Cash flows from financing activities		
Proceeds from borrowings	(10,649)	(9,565)
Net cash used in financing activities	<u>(10,649)</u>	<u>(9,565)</u>
Net decrease in cash and cash equivalents	(82,644)	(89,287)
Cash and cash equivalents at beginning of year	159,396	248,683
Cash and cash equivalents at end of year	<u>76,752</u>	<u>159,396</u>

The notes on pages 13 to 25 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	3,602	–	3,602
Grants			
Durham County Council	–	55,602	55,602
Stockton Borough Council - Training HUB	–	37,500	37,500
Darlington Mind	–	65,547	65,547
Hartlepool Borough Council	–	47,554	47,554
Joseph Rowntree Foundation	–	700	700
National Lottery Community Fund	–	137,227	137,227
East Durham Trust	–	12,678	12,678
PFC Trust	–	30,000	30,000
	<u>3,602</u>	<u>386,808</u>	<u>390,410</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	8,942	–	8,942
Grants			
Durham County Council	–	85,386	85,386
Stockton Borough Council - Training HUB	–	37,500	37,500
Darlington Mind	–	69,447	69,447
Hartlepool Borough Council	2,440	52,792	55,232
Hartlepool Sports Foundation	5,400	–	5,400
Joseph Rowntree Foundation	–	13,000	13,000
National Lottery Community Fund	–	184,788	184,788
Changing Futures - Kickstart	34,243	–	34,243
East Durham Trust	–	13,000	13,000
DHSE	48,966	–	48,966
	<u>99,991</u>	<u>455,913</u>	<u>555,904</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

6. Charitable activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Training	1,000	1,000	—	—
Occupational Health	10,049	10,049	9,171	9,171
Rent Income	90	90	6,435	6,435
Management fees	10,224	10,224	8,016	8,016
External management/consultancy fee	42,401	42,401	52,202	52,202
	<u>63,764</u>	<u>63,764</u>	<u>75,824</u>	<u>75,824</u>

7. Other income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Gain on disposal of tangible fixed assets held for charity's own use	—	—	70	70
	<u>—</u>	<u>—</u>	<u>70</u>	<u>70</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Mental Health Services	128,209	–	128,209
Community Transformation	–	30,000	30,000
Hartlepool Training	–	11,314	11,314
PSP Psychoeducation	–	7,037	7,037
Let's Connect	–	65,213	65,213
Durham Training Hub	–	55,602	55,602
Tees Training Hub	–	37,500	37,500
AAP	–	14,780	14,780
Know Your Neighbourhood	–	27,279	27,279
Turning The Tide	–	3,807	3,807
Hoarding Self Neglect	–	10,308	10,308
Art Project	–	700	700
Learning for Inclusion	–	3,600	3,600
Rapid Response Suicide Prevention Service	–	65,547	65,547
Multiplier	–	2,640	2,640
Step Forward Tees Valley	–	31,968	31,968
	<u>128,209</u>	<u>367,295</u>	<u>495,504</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Mental Health Services	157,466	–	157,466
NDC	–	9,996	9,996
PSP Psychoeducation	–	28,580	28,580
Let's Connect	–	64,592	64,592
Durham Training Hub	–	111,636	111,636
Keep Connected	28,416	–	28,416
Kind Project	324	–	324
East Durham	–	10,516	10,516
AAP	–	10,898	10,898
Turning The Tide	–	18,513	18,513
Psycho Social	–	4,213	4,213
A Place to Go	–	46,191	46,191
Rapid Response Suicide Prevention Service	–	69,447	69,447
Reconnecting Communities	–	6,000	6,000
Helping Heroes	–	13,000	13,000
Step Forward Tees Valley	–	131,902	131,902
	<u>186,206</u>	<u>525,484</u>	<u>711,690</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

9. Net expenditure

Net expenditure is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	4,768	4,748
Gains on disposal of tangible fixed assets	—	(70)
	<u> </u>	<u> </u>

10. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	700
	<u> </u>	<u> </u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	304,005	455,567
Social security costs	15,591	30,233
Employer contributions to pension plans	4,391	6,290
	<u>323,987</u>	<u>492,090</u>

The average head count of employees during the year was 15 (2023: 25). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Charitable activities	12	23
Management and administration	3	2
	<u>15</u>	<u>25</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2024	2023
	£	£
Wages & salaries	54,757	52,757
Social security costs	6,301	6,059
Employer contributions to pension plans	1,321	1,321

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

13. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2023	77,176	51,868	84,153	213,197
Additions	—	—	2,243	2,243
At 31 March 2024	<u>77,176</u>	<u>51,868</u>	<u>86,396</u>	<u>215,440</u>
Depreciation				
At 1 April 2023	20,386	51,636	78,611	150,633
Charge for the year	1,544	232	2,992	4,768
At 31 March 2024	<u>21,930</u>	<u>51,868</u>	<u>81,603</u>	<u>155,401</u>
Carrying amount				
At 31 March 2024	<u>55,246</u>	<u>—</u>	<u>4,793</u>	<u>60,039</u>
At 31 March 2023	<u>56,790</u>	<u>232</u>	<u>5,542</u>	<u>62,564</u>

14. Debtors

	2024 £	2023 £
Trade debtors	87,326	54,535
Amounts owed by undertakings in which the charity has a participating interest	19,787	11,272
Prepayments and accrued income	<u>28,771</u>	<u>24,248</u>
	<u>135,884</u>	<u>90,055</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

15. Creditors: amounts falling due within one year

	2024	2023
	£	£
Bank loans and overdrafts	9,508	9,508
Trade creditors	17,833	1,262
Amounts owed to undertakings in which the charity has a participating interest	9,994	8,428
Accruals and deferred income	2,000	2,000
Social security and other taxes	5,642	11,180
Other creditors	6,655	6,615
	<u>51,632</u>	<u>38,993</u>

16. Creditors: amounts falling due after more than one year

	2024	2023
	£	£
Bank loans and overdrafts	<u>17,903</u>	<u>28,552</u>

17. Deferred income

	2024	2023
	£	£
At 1 April 2023	—	48,966
Amount released to income	—	(48,966)
At 31 March 2024	<u>—</u>	<u>—</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £4,391 (2023: £6,290).

19. Government grants

The amounts recognised in the financial statements for government grants are as follows:

	2024	2023
	£	£
Recognised in creditors:		
Deferred government grants due within one year	<u>—</u>	<u>48,966</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Mental Health Services	251,075	67,366	(128,209)	938	191,170
Kind Project	(1,200)	—	—	—	(1,200)
	<u>249,875</u>	<u>67,366</u>	<u>(128,209)</u>	<u>938</u>	<u>189,970</u>

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Mental Health Services	265,088	175,885	(186,206)	(3,692)	251,075
Kind Project	(1,200)	—	—	—	(1,200)
	<u>263,888</u>	<u>175,885</u>	<u>(186,206)</u>	<u>(3,692)</u>	<u>249,875</u>

Restricted funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Rapid Response Suicide Prevention Service	—	65,547	(65,547)	—	—
Step Forward Tees Valley	(13,330)	45,298	(31,968)	—	—
PSP Psychoeducation	—	—	—	—	—
Keep Connected	23,694	64,650	(65,213)	(938)	22,193
Employment Driver Project	(18,199)	—	—	—	(18,199)
Durham & Tees Training Hub	—	93,102	(93,102)	—	—
Turning The Tide	3,807	—	(3,807)	—	—
Pyscho Social	7,037	—	(7,037)	—	—
Community Transformation	—	30,000	(30,000)	—	—
Know Your Neighbourhood	—	27,279	(27,279)	—	—
Hoarding Self Neglect	—	30,000	(10,308)	—	19,692
Learning For Inclusion	—	3,600	(3,600)	—	—
Art Project	—	700	(700)	—	—
SPIED	(10,516)	—	—	—	(10,516)
AAP	2,102	12,678	(14,780)	—	—
Hartlepool Training	—	11,314	(11,314)	—	—
Multiplier	—	2,640	(2,640)	—	—
	<u>(5,405)</u>	<u>386,808</u>	<u>(367,295)</u>	<u>(938)</u>	<u>13,170</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of charitable funds *(continued)*

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Rapid Response Suicide Prevention Service	–	69,447	(69,447)	–	–
Step Forward Tees Valley	–	119,588	(131,902)	(1,016)	(13,330)
PSP Psychoeducation	–	23,872	(28,580)	4,708	–
Keep Connected	23,086	65,200	(64,592)	–	23,694
Employment Driver Project	(14,803)	6,600	(9,996)	–	(18,199)
Durham & Tees Training Hub	–	111,636	(111,636)	–	–
Turning The Tide	–	22,320	(18,513)	–	3,807
Psycho Social Community	–	11,250	(4,213)	–	7,037
Transformation	46,191	–	(46,191)	–	–
Know Your Neighbourhood	6,000	–	(6,000)	–	–
Art Project	–	13,000	(13,000)	–	–
SPIED	–	–	(10,516)	–	(10,516)
AAP	–	13,000	(10,898)	–	2,102
	<u>60,474</u>	<u>455,913</u>	<u>(525,484)</u>	<u>3,692</u>	<u>(5,405)</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of charitable funds *(continued)*

Let's Connect

This is a service that we build with other projects. We work in partnership with Community Hubs, VCSE groups to provide a joined up support for people experiencing emotional distress.

Step Forward Tees Valley

This project delivers services across Teesside and Darlington, providing support to unemployed adults of 18 years and over and who are suffering from at least two health conditions - to improve their readiness and overcome barriers in the way of returning to employment.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Occupational Health Counselling Services

Providing services to Harmlessly and County Duress Council employees referred by Occupational Health or Human Resource Departments.

Turning The Tide

In partnership with The Big League and Lilly Anne's, the project is to develop a community champion and volunteering opportunities, allowing people access support, emergency and statutory services in a timely and useful manner.

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	60,039	–	60,039
Current assets	199,466	13,170	212,636
Creditors less than 1 year	(51,632)	–	(51,632)
Creditors greater than 1 year	(17,903)	–	(17,903)
Net assets	<u>189,970</u>	<u>13,170</u>	<u>203,140</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	62,564	–	62,564
Current assets	249,451	–	249,451
Creditors less than 1 year	(33,588)	(5,405)	(38,993)
Creditors greater than 1 year	(28,552)	–	(28,552)
Net assets	<u>249,875</u>	<u>(5,405)</u>	<u>244,470</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

22. Analysis of changes in net debt

	At 1 Apr 2023	Cash flows	At 31 Mar 2024
	£	£	£
Cash at bank and in hand	159,396	(82,644)	76,752
Debt due within one year	(17,936)	(1,566)	(19,502)
Debt due after one year	(28,552)	10,649	(17,903)
	<u>112,908</u>	<u>(73,561)</u>	<u>39,347</u>

23. Related parties

During the year the charity Let's Connect (Eng) Ltd provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2024 £	2023 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHWB CIC	5,112	6,816
Intercompany transactions recharged from Let's Connect (ENG) to SFHWB CIC	1,121	6,248
Intercompany transactions recharged by SFHWB CIC	2,622	4,200
Balance owed to Let's Connect (ENG) at the year end	12,783	9,958
Balance owed to SFHWB by Let's Connect (ENG)	7,138	4,516

Starfish Services Limited

	2024 £	2023 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills	5,112	—
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	578	488
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	1,056	3,768
Balance owed to Let's Connect (ENG) at the year end	7,004	1,314
Balance owed to Starfish Services Ltd by Let's Connect	2,856	2,712

LET'S CONNECT (ENG) LTD

England & Wales - Charity number 1125924

Accounts

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2023

TREMAINE
Chartered accountants
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2023

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

J Rudge (Resigned 14 November 2022)
I Cawley
E S De Bruijn
J A Lowther
M R Simpson (Resigned 17 August 2022)

Company secretary L Dougherty

Independent examiner Tremaine
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Let's Connect (Eng)
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change its name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Let's Connect (Eng) rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Let's Connect (Eng) when they need help

Our overriding objective is that every user of Let's Connect (Eng) feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

- Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;
- Using clear, non-technical language that respects each client's particular ways of expressing themselves;
- Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;
- Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;
- Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;
- Discussing ways in which physical and emotional needs can be met more effectively;
- Teaching any missing skills required to meet emotional needs;
- Providing a tailored plan with the goal of achieving recovery;
- Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to Let's Connect from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Hartlepool Council and Durham County Council Occupational Health counselling services These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Social groups and activities

Let's Connect has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Step Forward Tees Valley - health link worker.

This project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to work. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions. d

The Wellbeing service has been commissioned by SFTV to provide welding courses, 1-1s and activities across North Tees.

VCSE & statutory services response to the recent suicides in Hartlepool: We are working with "Hartlepool Outreach and Search Facebook group". We secured £1000 funding for Gas who runs the group. This funding is to provide training and resources for the responder role. The group organise search parties and provide people with an emergency out of hours support and sign-posting to services. The project will be taking over a mens support group at the Salaam centre. We are providing support and resources to this group, including PCs, play station and advice. We are in the process of applying for further funding from the Community Transformation VCSE delivery plan.

Turning the Tide

We are developing a community champion and volunteering opportunities through partnerships with Big League and Lilly Anne's. We are also looking at the data collection and reporting of this project. The next part of development of the project will involve more champions, peer and volunteering opportunities.

This project is being highlighted as a huge success in people accessing support in a timely and useful manner and accessing emergency and/or statutory services.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Wellbeing in Sports

We are working with sports clubs delivering bespoke packages of support around safeguarding and well-being.

East Durham Let's Connect community service

We are developing a range of community initiatives to develop wellbeing

This reduced service is providing 1-1 support, counselling plus navigating people to local support services.

Training Hubs

We deliver County Durham Training Hub (CDTH) and Teesside Training Hub.

We deliver courses across both counties. We are currently conducting a COVID and Flu risk assessment for live training. We have recorded a sleep webinar for CDTH, together with the development of a Facebook live Q/A session. We will be continuing to create digital content for the services and exporting how this approach can be used across other projects.

Financial review

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2023 this was estimated to be £200,000. Actual free reserves (i.e. those reserves excluding fixed assets) at that date amounted to £187,311.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

The trustees' annual report and the strategic report were approved on 20 December 2023 and signed on behalf of the board of trustees by:

E S De Bruijn
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2023

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2023

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tremaine
Independent Examiner

19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2023

			2023		2022
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	99,991	455,913	555,904	406,881
Charitable activities	6	75,824	–	75,824	48,198
Other income	7	70	–	70	–
Total income		<u>175,885</u>	<u>455,913</u>	<u>631,798</u>	<u>455,079</u>
Expenditure					
Expenditure on charitable activities	8	186,206	525,484	711,690	559,088
Total expenditure		<u>186,206</u>	<u>525,484</u>	<u>711,690</u>	<u>559,088</u>
Net expenditure		<u>(10,321)</u>	<u>(69,571)</u>	<u>(79,892)</u>	<u>(104,009)</u>
Transfers between funds		(3,692)	3,692	–	–
Net movement in funds		<u>(14,013)</u>	<u>(65,879)</u>	<u>(79,892)</u>	<u>(104,009)</u>
Reconciliation of funds					
Total funds brought forward		263,888	60,474	324,362	428,371
Total funds carried forward		<u>249,875</u>	<u>(5,405)</u>	<u>244,470</u>	<u>324,362</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 13 to 26 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	13	62,564	66,386
Current assets			
Debtors	14	90,055	143,511
Cash at bank and in hand		159,396	248,683
		<u>249,451</u>	<u>392,194</u>
Creditors: amounts falling due within one year	15	38,993	96,101
Net current assets		<u>210,458</u>	<u>296,093</u>
Total assets less current liabilities		<u>273,022</u>	<u>362,479</u>
Creditors: amounts falling due after more than one year	16	28,552	38,117
Net assets		<u>244,470</u>	<u>324,362</u>
Funds of the charity			
Restricted funds		(5,405)	60,474
Unrestricted funds		249,875	263,888
Total charity funds	19	<u>244,470</u>	<u>324,362</u>

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 13 to 26 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2023

These financial statements were approved by the board of trustees and authorised for issue on 20 December 2023, and are signed on behalf of the board by:

E S De Bruijn
Trustee

The notes on pages 13 to 26 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net expenditure	(79,892)	(104,009)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	4,748	5,069
Interest payable and similar charges	1,084	287
Gains on disposal of tangible fixed assets	(70)	–
Accrued income	–	(3,475)
<i>Changes in:</i>		
Trade and other debtors	53,456	(24,403)
Trade and other creditors	(57,108)	37,529
Cash generated from operations	(77,782)	(89,002)
Interest paid	(1,084)	(287)
Net cash used in operating activities	<u>(78,866)</u>	<u>(89,289)</u>
Cash flows from investing activities		
Purchase of tangible assets	(1,016)	(3,102)
Proceeds from sale of tangible assets	160	–
Net cash used in investing activities	<u>(856)</u>	<u>(3,102)</u>
Cash flows from financing activities		
Repayments of borrowings	(9,565)	(2,375)
Net cash used in financing activities	<u>(9,565)</u>	<u>(2,375)</u>
Net decrease in cash and cash equivalents	(89,287)	(94,766)
Cash and cash equivalents at beginning of year	<u>248,683</u>	<u>343,449</u>
Cash and cash equivalents at end of year	<u>159,396</u>	<u>248,683</u>

The notes on pages 13 to 26 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	8,942	–	8,942
Grants			
Durham County Council	–	85,386	85,386
Stockton Borough Council - Training HUB	–	37,500	37,500
Darlington Mind	–	69,447	69,447
Hartlepool Borough Council	2,440	52,792	55,232
Hartlepool Sports Foundation	5,400	–	5,400
Joseph Rowntree Foundation	–	13,000	13,000
National Lottery Community Fund	–	184,788	184,788
Changing Futures - Kickstart	34,243	–	34,243
East Durham Trust	–	13,000	13,000
DHSE	48,966	–	48,966
	<u>99,991</u>	<u>455,913</u>	<u>555,904</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	2,948	–	2,948
Durham TVCR	1,000	–	1,000
Grants			
Durham County Council	–	96,636	96,636
Durham Primary Care Trust - Rapid Response	–	65,547	65,547
Hartlepool Borough Council	–	34,911	34,911
NHS Trust	–	46,950	46,950
National Lottery Community Fund	–	54,071	54,071
ESF Support	7,198	–	7,198
Changing Futures - Kickstart	91,620	–	91,620
East Durham Trust	–	6,000	6,000
	<u>102,766</u>	<u>304,115</u>	<u>406,881</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Occupational Health	9,171	—	9,171
Rent Income	6,435	—	6,435
Management fees	8,016	—	8,016
External management/consultancy fee	52,202	—	52,202
	<u>75,824</u>	<u>—</u>	<u>75,824</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Training	4,400	—	4,400
Occupational Health	18,171	—	18,171
Rent Income	1,620	—	1,620
Management fees	12,201	—	12,201
Personal assistance work	—	11,806	11,806
	<u>36,392</u>	<u>11,806</u>	<u>48,198</u>

7. Other income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Gain on disposal of tangible fixed assets held for charity's own use	<u>70</u>	<u>70</u>	<u>—</u>	<u>—</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Mental Health Services	157,466	–	157,466
Employment Driver Project	–	9,996	9,996
PSP Psychoeducation	–	28,580	28,580
Let's Connect	–	64,592	64,592
Durham Training Hub	–	111,636	111,636
Keep Connected	28,416	–	28,416
Kind Project	324	–	324
East Durham	–	10,516	10,516
AAP	–	10,898	10,898
Turning The Tide	–	18,513	18,513
Psycho Social	–	4,213	4,213
A Place to Go	–	46,191	46,191
Rapid Response Suicide Prevention Service	–	69,447	69,447
Reconnecting Communities	–	6,000	6,000
Helping Heroes	–	13,000	13,000
Step Forward Tees Valley	–	131,902	131,902
	<u>186,206</u>	<u>525,484</u>	<u>711,690</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Mental Health Services	217,124	–	217,124
Employment Driver Project	–	12,774	12,774
PSP Psychoeducation	–	28,120	28,120
Personal Assistant	–	23,349	23,349
Let's Connect	–	9,763	9,763
Durham Training Hub	–	115,238	115,238
Well Aware Project	–	17,840	17,840
Kind Project	1,200	–	1,200
Turning The Tide	4,687	13,449	18,136
Psycho Social	–	14,698	14,698
A Place to Go	–	759	759
Rapid Response Suicide Prevention Service	–	74,495	74,495
Step Forward Tees Valley	–	25,592	25,592
	<u>223,011</u>	<u>336,077</u>	<u>559,088</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

9. Net expenditure

Net expenditure is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	4,748	5,069
Gains on disposal of tangible fixed assets	(70)	—
	<u>4,678</u>	<u>5,069</u>

10. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	700	1,200
	<u>700</u>	<u>1,200</u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	455,567	363,206
Social security costs	30,233	20,708
Employer contributions to pension plans	6,290	5,082
	<u>492,090</u>	<u>388,996</u>

The average head count of employees during the year was 25 (2022: 21). The average number of full-time equivalent employees during the year is analysed as follows:

	2023	2022
	No.	No.
Charitable activities	23	17
Management and administration	2	4
	<u>25</u>	<u>21</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2023	2022
	£	£
Wages & salaries	52,757	52,757
Social security costs	6,344	6,068
Employer contributions to pension plans	1,321	1,313

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

13. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2022	77,176	52,343	83,137	212,656
Additions	–	–	1,016	1,016
Disposals	–	(475)	–	(475)
At 31 March 2023	<u>77,176</u>	<u>51,868</u>	<u>84,153</u>	<u>213,197</u>
Depreciation				
At 1 April 2022	18,842	51,610	75,818	146,270
Charge for the year	1,544	411	2,793	4,748
Disposals	–	(385)	–	(385)
At 31 March 2023	<u>20,386</u>	<u>51,636</u>	<u>78,611</u>	<u>150,633</u>
Carrying amount				
At 31 March 2023	<u>56,790</u>	<u>232</u>	<u>5,542</u>	<u>62,564</u>
At 31 March 2022	<u>58,334</u>	<u>733</u>	<u>7,319</u>	<u>66,386</u>

14. Debtors

	2023 £	2022 £
Trade debtors	54,535	77,249
Amounts owed by undertakings in which the charity has a participating interest	11,272	42,014
Prepayments and accrued income	24,248	24,248
	<u>90,055</u>	<u>143,511</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

15. Creditors: amounts falling due within one year

	2023	2022
	£	£
Bank loans and overdrafts	9,508	9,508
Trade creditors	1,262	8,610
Amounts owed to undertakings in which the charity has a participating interest	8,428	8,036
Accruals and deferred income	2,000	50,966
Social security and other taxes	11,180	12,430
Other creditors	6,615	6,551
	<u>38,993</u>	<u>96,101</u>

16. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Bank loans and overdrafts	<u>28,552</u>	<u>38,117</u>

17. Deferred income

	2023	2022
	£	£
At 1 April 2022	48,966	—
Amount released to income	(48,966)	—
Amount deferred in year	—	48,966
At 31 March 2023	<u>—</u>	<u>48,966</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £6,290 (2022: £5,082).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Mental Health Services	265,088	175,885	(186,206)	(3,692)	251,075
Kind Project	(1,200)	—	—	—	(1,200)
	<u>263,888</u>	<u>175,885</u>	<u>(186,206)</u>	<u>(3,692)</u>	<u>249,875</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Mental Health Services	347,741	139,158	(221,811)	—	265,088
Kind Project	—	—	(1,200)	—	(1,200)
	<u>347,741</u>	<u>139,158</u>	<u>(223,011)</u>	<u>—</u>	<u>263,888</u>

Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Rapid Response Suicide Prevention Service	—	69,447	(69,447)	—	—
Step Forward Tees Valley	—	119,588	(131,902)	(1,016)	(13,330)
PSP Psychoeducation	—	23,872	(28,580)	4,708	—
Keep Connected	23,086	65,200	(64,592)	—	23,694
Employment Driver Project	(14,803)	6,600	(9,996)	—	(18,199)
Durham & Tees Training Hub	—	111,636	(111,636)	—	—
Well Aware Project	—	—	—	—	—
Turning The Tide	—	22,320	(18,513)	—	3,807
Psycho Social	—	11,250	(4,213)	—	7,037
A Place to Go	46,191	—	(46,191)	—	—
Reconnecting Communities	6,000	—	(6,000)	—	—
Helping Heroes	—	13,000	(13,000)	—	—
SPIED	—	—	(10,516)	—	(10,516)
AAP	—	13,000	(10,898)	—	2,102
	<u>60,474</u>	<u>455,913</u>	<u>(525,484)</u>	<u>3,692</u>	<u>(5,405)</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Rapid Response Suicide Prevention Service	8,947	65,547	(74,494)	—	—
Step Forward Tees Valley	4,371	21,221	(25,592)	—	—
PSP Psychoeducation	5,620	22,500	(28,120)	—	—
Personal Assistant	11,543	11,806	(23,349)	—	—
Let's Connect	—	32,850	(9,764)	—	23,086
Employment Driver Project	(8,793)	6,764	(12,774)	—	(14,803)
Durham & Tees Training Hub	41,102	74,136	(115,238)	—	—
Well Aware Project	17,840	—	(17,840)	—	—
Turning The Tide	—	13,449	(13,449)	—	—
Pyscho Social	—	14,698	(14,698)	—	—
A Place to Go	—	46,950	(759)	—	46,191
Reconnecting Communities	—	6,000	—	—	6,000
	<u>80,630</u>	<u>315,921</u>	<u>(336,077)</u>	<u>—</u>	<u>60,474</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

Let's Connect

This is a service that we build with other projects. We work in partnership with Community Hubs, VCSE groups to provide a joined up support for people experiencing emotional distress.

Step Forward Tees Valley

This project delivers services across Teesside and Darlington, providing support to unemployed adults of 18 years and over and who are suffering from at least two health conditions - to improve their readiness and overcome barriers in the way of returning to employment.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Occupational Health Counselling Services

Providing services to Harmlessly and County Duress Council employees referred by Occupational Health or Human Resource Departments.

Turning The Tide

In partnership with The Big League and Lilly Anne's, the project is to develop a community champion and volunteering opportunities, allowing people access support, emergency and statutory services in a timely and useful manner.

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	62,564	–	62,564
Current assets	249,451	–	249,451
Creditors less than 1 year	(33,588)	(5,405)	(38,993)
Creditors greater than 1 year	(28,552)	–	(28,552)
Net assets	<u>249,875</u>	<u>(5,405)</u>	<u>244,470</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	66,386	–	66,386
Current assets	331,720	60,474	392,194
Creditors less than 1 year	(96,101)	–	(96,101)
Creditors greater than 1 year	(38,117)	–	(38,117)
Net assets	<u>263,888</u>	<u>60,474</u>	<u>324,362</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

21. Analysis of changes in net debt

	At 1 Apr 2022	Cash flows	At 31 Mar 2023
	£	£	£
Cash at bank and in hand	248,683	(89,287)	159,396
Debt due within one year	(9,508)	-	(9,508)
Debt due after one year	(38,117)	9,565	(28,552)
	<u>201,058</u>	<u>(79,722)</u>	<u>121,336</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

23. Related parties

During the year the charity Let's Connect (Eng) Ltd provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

THEBIGLEAGUE CIC - Company Registration no: 09195783

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2023 £	2022 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHEB CIC	6,816	—
Intercompany transactions recharged from Let's Connect (ENG) to SFHWPB CIC	6,248	802
Intercompany transactions recharged by SFHWPB CIC	4,200	—
Balance owed to Let's Connect (ENG) at the year end	9,958	41,188
Balance owed to SFHWPB by Let's Connect (ENG)	5,716	4,516

Starfish Services Limited

	2023 £	2022 £
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	488	7,628
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	3,768	3,831
Balance owed to Let's Connect (ENG) at the year end	1,314	826
Balance owed to Starfish Services Ltd by Let's Connect (ENG)	2,712	3,520

THEBIGLEAGUE CIC

	2023 £	2022
Charges made to Let's Connect	8,477	5,625

LET'S CONNECT (ENG) LTD

England & Wales - Charity number 1125924

Accounts

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2022

TREMAINE

Chartered accountants
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2022

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

I Cawley	(Appointed 11 May 2021)
E S De Bruijn	(Appointed 11 May 2021)
J A Lowther	(Appointed 11 May 2021)
S Hales	(Resigned 11 May 2021)
K Hall	(Resigned 30 April 2021)
J Rudge	(Resigned 14 November 2022)
C Longstaff	(Resigned 11 May 2021)
M R Simpson	(Resigned 17 August 2022)
Dr G Gardiner	(Resigned 10 September 2021)

Company secretary L Dougherty

Independent examiner Tremaine
19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Let's Connect (Eng)
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change its name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Let's Connect (Eng) rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Let's Connect (Eng) when they need help

Our overriding objective is that every user of Let's Connect (Eng) feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

- Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;
- Using clear, non-technical language that respects each client's particular ways of expressing themselves;
- Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;
- Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;
- Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;
- Discussing ways in which physical and emotional needs can be met more effectively;
- Teaching any missing skills required to meet emotional needs;
- Providing a tailored plan with the goal of achieving recovery;
- Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to Let's Connect from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Hartlepool Council and Durham County Council Occupational Health counselling services

These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Social groups and activities

Let's Connect has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Step Forward Tees Valley - health link worker.

This project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to work. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions. d

The Wellbeing service has been commissioned by SFTV to provide welding courses, 1-1s and activities across North Tees.

Let's Connect Two (New name from the main wellbeing and psychosocial service)

The service will build around other projects and is currently seeing over around 100 new people each month. People are seen, assessed and given access to a range of support. We are working in partnership with Community Hubs, VCSE groups to provide a joined up support for people experiencing emotional distress.

VCSE & statutory services response to the recent suicides in Hartlepool:

We are working with "Hartlepool Outreach and Search Facebook group". We secured £1000 funding for Gas who runs the group. This funding is to provide training and resources for the responder role. The group organise search parties and provide people with an emergency out of hours support and sign-posting to services. The project will be taking over a mens support group at the Salaam centre. We are providing support and resources to this group, including PCs, play station and advice. We are in the process of applying for further funding from the Community Transformation VCSE delivery plan.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Turning the Tide

We are developing a community champion and volunteering opportunities through partnerships with Big League and Lilly Anne's. We are also looking at the data collection and reporting of this project.

The next part of development of the project will involve more champions, peer and volunteering opportunities.

This project is being highlighted as a huge success in people accessing support in a timely and useful manner and accessing emergency and/or statutory services.

Wellbeing in Sports

We are working with sports clubs delivering bespoke packages of support around safeguarding and well-being.

East Durham Let's Connect community service

We are developing a range of community initiatives to develop wellbeing

This reduced service is providing 1-1 support, counselling plus navigating people to local support services.

Training Hubs

We deliver County Durham Training Hub (CDTH) and Teesside Training Hub.

We deliver courses across both counties. We are currently conducting a COVID and Flu risk assessment for live training. We have recorded a sleep webinar for CDTH, together with the development of a Facebook live Q/A session. We will be continuing to create digital content for the services and exporting how this approach can be used across other projects.

Financial review

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2022 this was estimated to be £200,000. Actual free reserves (i.e. those reserves excluding fixed assets) at that date amounted to £197,502.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

The trustees' annual report and the strategic report were approved on 15 December 2022 and signed on behalf of the board of trustees by:

E S De Bruijn
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2022

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tremaine
Independent Examiner

19 Tremaine Close
Hartlepool
TS27 3LE

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

			2022		2021
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	102,766	304,115	406,881	392,206
Charitable activities	6	36,392	11,806	48,198	93,186
Total income		<u>139,158</u>	<u>315,921</u>	<u>455,079</u>	<u>485,392</u>
Expenditure					
Expenditure on charitable activities	7	<u>223,011</u>	<u>336,077</u>	<u>559,088</u>	<u>483,442</u>
Total expenditure		<u>223,011</u>	<u>336,077</u>	<u>559,088</u>	<u>483,442</u>
Net (expenditure)/income and net movement in funds		<u>(83,853)</u>	<u>(20,156)</u>	<u>(104,009)</u>	<u>1,950</u>
Reconciliation of funds					
Total funds brought forward		347,741	80,630	428,371	426,421
Total funds carried forward		<u>263,888</u>	<u>60,474</u>	<u>324,362</u>	<u>428,371</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	12	66,386	68,353
Current assets			
Debtors	13	143,511	119,108
Cash at bank and in hand		248,683	343,449
		<u>392,194</u>	<u>462,557</u>
Creditors: amounts falling due within one year	14	<u>96,101</u>	<u>52,539</u>
Net current assets		<u>296,093</u>	<u>410,018</u>
Total assets less current liabilities		<u>362,479</u>	<u>478,371</u>
Creditors: amounts falling due after more than one year	15	<u>38,117</u>	<u>50,000</u>
Net assets		<u><u>324,362</u></u>	<u><u>428,371</u></u>
Funds of the charity			
Restricted funds		60,474	80,630
Unrestricted funds		263,888	347,741
Total charity funds	19	<u><u>324,362</u></u>	<u><u>428,371</u></u>

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2022

These financial statements were approved by the board of trustees and authorised for issue on 15 December 2022, and are signed on behalf of the board by:

E S De Bruijn
Trustee

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net (expenditure)/income	(104,009)	1,950
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	5,069	6,893
Government grant income	—	(12,919)
Interest payable and similar charges	287	—
Accrued income	(3,475)	—
<i>Changes in:</i>		
Trade and other debtors	(24,403)	96,327
Trade and other creditors	37,529	7,592
Cash generated from operations	(89,002)	99,843
Interest paid	(287)	—
Net cash (used in)/from operating activities	<u>(89,289)</u>	<u>99,843</u>
Cash flows from investing activities		
Purchase of tangible assets	(3,102)	(4,458)
Net cash used in investing activities	<u>(3,102)</u>	<u>(4,458)</u>
Cash flows from financing activities		
Proceeds from borrowings	—	50,000
Repayments of borrowings	(2,375)	—
Government grant income	—	12,919
Net cash (used in)/from financing activities	<u>(2,375)</u>	<u>62,919</u>
Net (decrease)/increase in cash and cash equivalents	(94,766)	158,304
Cash and cash equivalents at beginning of year	343,449	185,145
Cash and cash equivalents at end of year	<u>248,683</u>	<u>343,449</u>

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	2,948	–	2,948
Durham TVCR	1,000	–	1,000
Grants			
Durham County Council	–	96,636	96,636
Durham Primary Care Trust - Rapid Response	–	65,547	65,547
Hartlepool Borough Council	–	34,911	34,911
NHS Trust	–	46,950	46,950
National Lottery Community Fund	–	54,071	54,071
ESF Support	7,198	–	7,198
Changing Futures - Kickstart	91,620	–	91,620
East Durham Trust	–	6,000	6,000
	<u>102,766</u>	<u>304,115</u>	<u>406,881</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	10,506	–	10,506
National Mind	5,000	–	5,000
Grants			
Mental Health Services	12,940	–	12,940
Health Education England - Wave 2	–	24,340	24,340
Recovery	–	3,198	3,198
Durham County Council	–	159,967	159,967
Durham Primary Care Trust - Rapid Response	–	45,253	45,253
Hartlepool Borough Council	–	6,565	6,565
NHS Trust	–	20,000	20,000
National Lottery Community Fund	–	91,518	91,518
Government grant income	12,919	–	12,919
	<u>41,365</u>	<u>350,841</u>	<u>392,206</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Training	4,400	–	4,400
Occupational Health	18,171	–	18,171
Rent Income	1,620	–	1,620
Management fees	12,201	–	12,201
Personal assistance work	–	11,806	11,806
	<u>36,392</u>	<u>11,806</u>	<u>48,198</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Development sessions	7,650	–	7,650
Occupational Health	17,748	–	17,748
Rent Income	990	–	990
Starfish	54,991	–	54,991
Personal assistance work	–	11,807	11,807
	<u>81,379</u>	<u>11,807</u>	<u>93,186</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Mental Health Services	217,124	–	217,124
Employment Driver Project	–	12,774	12,774
PSP Psychoeducation	–	28,120	28,120
Personal Assistant	–	23,349	23,349
Let's Connect	–	9,763	9,763
Durham Training Hub	–	115,238	115,238
Well Aware Project	–	17,840	17,840
Kind Project	1,200	–	1,200
Turning The Tide	4,687	13,449	18,136
Psycho Social	–	14,698	14,698
A Place to Go	–	759	759
Rapid Response Suicide Prevention Service	–	74,495	74,495
Step Forward Tees Valley	–	25,592	25,592
	<u>223,011</u>	<u>336,077</u>	<u>559,088</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Mental Health Services	198,650	–	198,650
HEE - Wave	–	18,937	18,937
Employment Driver Project	–	15,358	15,358
Mindskills Recovery College	–	1,396	1,396
PSP Psychoeducation	–	2,498	2,498
Personal Assistant	–	11,234	11,234
Let's Connect	–	71,400	71,400
Durham Training Hub	–	14,500	14,500
Let's Connect East Durham	–	69,745	69,745
Keep Connected	–	22,662	22,662
Well Aware Project	–	2,160	2,160
Rapid Response Suicide Prevention Service	–	39,010	39,010
Step Forward Tees Valley	–	15,892	15,892
	<u>198,650</u>	<u>284,792</u>	<u>483,442</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

8. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	<u>5,069</u>	<u>6,893</u>

9. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,200</u>	<u>1,200</u>

10. Staff costs

The average head count of employees during the year was 21 (2021: 15). The average number of full-time equivalent employees during the year is analysed as follows:

	2022	2021
	No.	No.
Charitable activities	17	11
Management and administration	4	4
	<u>21</u>	<u>15</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2022	2021
	£	£
Wages & salaries	52,757	52,757
Social security costs	6,059	6,068
Employer contributions to pension plans	1,321	1,313

11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

12. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2021	77,176	52,343	80,035	209,554
Additions	—	—	3,102	3,102
At 31 March 2022	<u>77,176</u>	<u>52,343</u>	<u>83,137</u>	<u>212,656</u>
Depreciation				
At 1 April 2021	17,298	50,879	73,024	141,201
Charge for the year	1,544	731	2,794	5,069
At 31 March 2022	<u>18,842</u>	<u>51,610</u>	<u>75,818</u>	<u>146,270</u>
Carrying amount				
At 31 March 2022	<u>58,334</u>	<u>733</u>	<u>7,319</u>	<u>66,386</u>
At 31 March 2021	<u>59,878</u>	<u>1,464</u>	<u>7,011</u>	<u>68,353</u>

13. Debtors

	2022 £	2021 £
Trade debtors	77,249	54,078
Amounts owed by undertakings in which the charity has a participating interest	42,014	40,782
Prepayments and accrued income	<u>24,248</u>	<u>24,248</u>
	<u>143,511</u>	<u>119,108</u>

14. Creditors: amounts falling due within one year

	2022 £	2021 £
Bank loans and overdrafts	9,508	—
Trade creditors	8,610	14,597
Amounts owed to undertakings in which the charity has a participating interest	8,036	8,036
Accruals and deferred income	50,966	5,475
Social security and other taxes	12,430	17,692
Other creditors	<u>6,551</u>	<u>6,739</u>
	<u>96,101</u>	<u>52,539</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

15. Creditors: amounts falling due after more than one year

	2022	2021
	£	£
Bank loans and overdrafts	<u>38,117</u>	<u>50,000</u>

16. Deferred income

	2022	2021
	£	£
Amount deferred in year	<u>48,966</u>	<u>—</u>

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £5,082 (2021: £4,605).

18. Government grants

The amounts recognised in the financial statements for government grants are as follows:

	2022	2021
	£	£
Recognised in income from donations and legacies:		
Government grants income	<u>—</u>	<u>12,919</u>

Included in government grants are amounts received in support of COVID 19: Business Rates Relief of £10,000 plus support through the job retention scheme of £2,919.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Mental Health Services	347,741	139,158	(221,811)	—	265,088
Kind Project	—	—	(1,200)	—	(1,200)
	<u>347,741</u>	<u>139,158</u>	<u>(223,011)</u>	<u>—</u>	<u>263,888</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mental Health Services	396,170	122,744	(198,650)	27,477	347,741
	<u>396,170</u>	<u>122,744</u>	<u>(198,650)</u>	<u>27,477</u>	<u>347,741</u>

Restricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Rapid Response Suicide Prevention Service	8,947	65,547	(74,494)	—	—
Step Forward Tees Valley	4,371	21,221	(25,592)	—	—
PSP Psychoeducation	5,620	22,500	(28,120)	—	—
Personal Assistant	11,543	11,806	(23,349)	—	—
Let's Connect	—	32,850	(9,764)	—	23,086
Employment Driver Project	(8,793)	6,764	(12,774)	—	(14,803)
Durham Training Hub	41,102	74,136	(115,238)	—	—
Well Aware Project	17,840	—	(17,840)	—	—
Turning The Tide	—	13,449	(13,449)	—	—
Pyscho Social	—	14,698	(14,698)	—	—
A Place to Go	—	46,950	(759)	—	46,191
Reconnecting Communities	—	6,000	—	—	6,000
	<u>80,630</u>	<u>315,921</u>	<u>(336,077)</u>	<u>—</u>	<u>60,474</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds *(continued)*

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mindskills Recovery College	12,124	3,199	(1,396)	(13,927)	–
Connecting Communities	4,979	–	–	(4,979)	–
East Durham	4,250	–	–	(4,250)	–
Rapid Response Suicide Prevention Service	2,704	45,253	(39,010)	–	8,947
Step Forward Tees Valley	145	20,118	(15,892)	–	4,371
WAVE	(5,403)	24,340	(18,937)	–	–
Social Hub	(137)	–	–	137	–
PSP Psychoeducation	618	7,500	(2,498)	–	5,620
Personal Assistant	10,971	11,806	(11,234)	–	11,543
Let's Connect	–	71,400	(71,400)	–	–
Let's Connect East Durham	–	74,500	(70,042)	(4,458)	–
Keep Connected	–	22,365	(22,365)	–	–
Employment Driver Project	–	6,565	(15,358)	–	(8,793)
Durham Training Hub	–	55,602	(14,500)	–	41,102
Well Aware Project	–	20,000	(2,160)	–	17,840
	<u>30,251</u>	<u>362,648</u>	<u>(284,792)</u>	<u>(27,477)</u>	<u>80,630</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds *(continued)*

Let's Connect

This is a service that we build with other projects. We work in partnership with Community Hubs, VCSE groups to provide a joined up support for people experiencing emotional distress.

Step Forward Tees Valley

This project delivers services across Teesside and Darlington, providing support to unemployed adults of 18 years and over and who are suffering from at least two health conditions - to improve their readiness and overcome barriers in the way of returning to employment.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Occupational Health Counselling Services

Providing services to Harmlessly and County Duress Council employees referred by Occupational Health or Human Resource Departments.

Turning The Tide

In partnership with The Big League and Lilly Anne's, the project is to develop a community champion and volunteering opportunities, allowing people access support, emergency and statutory services in a timely and useful manner.

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	66,386	–	66,386
Current assets	331,720	60,474	392,194
Creditors less than 1 year	(96,101)	–	(96,101)
Creditors greater than 1 year	(38,117)	–	(38,117)
Net assets	<u>263,888</u>	<u>60,474</u>	<u>324,362</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	68,353	–	68,353
Current assets	381,927	80,630	462,557
Creditors less than 1 year	(52,539)	–	(52,539)
Creditors greater than 1 year	(50,000)	–	(50,000)
Net assets	<u>347,741</u>	<u>80,630</u>	<u>428,371</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

21. Analysis of changes in net debt

	At 1 Apr 2021	Cash flows	At 31 Mar 2022
	£	£	£
Cash at bank and in hand	343,449	(94,766)	248,683
Debt due within one year	–	(9,508)	(9,508)
Debt due after one year	(50,000)	11,883	(38,117)
	<u>293,449</u>	<u>(92,391)</u>	<u>201,058</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

22. Related parties

During the year the charity Let's Connect (Eng) Ltd provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

THEBIGLEAGUE CIC - Company Registration no: 09195783

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2022 £	2021 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHEB CIC	–	54,991
Intercompany transactions recharged from Let's Connect (ENG) to SFHWPB CIC	802	3,163
Intercompany transactions recharged by SFHWPB CIC	–	6,276
Balance owed to Let's Connect (ENG) at the year end	41,188	40,386
Balance owed to SFHWPB by Let's Connect (ENG)	4,516	4,516

Starfish Services Limited

	2022 £	2021 £
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	7,628	406
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	3,831	3,872
Balance owed to Let's Connect (ENG) at the year end	826	396
Balance owed to Starfish Services Ltd by Let's Connect (ENG)	3,520	3,520

THEBIGLEAGUE CIC

	2022 £	2021
Charges made to Let's Connect	5,625	–

Other related transactions

The charity engaged the services of a marketing, management and sustainability consultant, the consultant is a close family member of persons with significant control, fees paid in the year amounted to £10,760 (2021 - £18,660).

LET'S CONNECT (ENG) LTD

England & Wales - Charity number 1125924

Accounts

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2021

CENSIS

Chartered accountants
Exchange Building
66 Church Street
Hartlepool
TS24 7DN

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2021

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Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Reference and administrative details

Registered charity name Let's Connect (Eng) Ltd

Charity registration number 1125924

Company registration number 06502878

Principal office and registered office Crown Buildings
Tees Street
Hartlepool
TS24 8HB

The trustees

J Best	(Resigned 29 June 2020)
S Hales	(Resigned 11 May 2021)
K Hall	(Resigned 30 April 2021)
J Rudge	
C Longstaff	(Served from 7 July 2020 to 11 May 2021)
I Cawley	(Appointed 11 May 2021)
E S De Bruijn	(Appointed 11 May 2021)
J A Lowther	(Appointed 11 May 2021)
M R Simpson	(Appointed 9 February 2021)
M Dougherty	(Served from 1 April 2020 to 6 July 2020)
Dr G Gardiner	(Served from 23 December 2020 to 10 September 2021)
A J Russell	(Resigned 10 August 2020)

Company secretary L Dougherty

Independent examiner Censis
Exchange Building
66 Church Street
Hartlepool
TS24 7DN

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management

The nature of the governing document

The organisation for the year covered by this report was an incorporated charity registered with the Charity Commission of England and Wales. The charity is governed by its memorandum and articles of association adopted 13 February 2008. The memorandum sets out the aims and objectives of the charity.

The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Hartlepool and East Durham Mind
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management *(continued)*

The organisational structure of the charity

The organisation registered as a company limited by guarantee on 13 February 2008 and registration of the new company with the Charity Commission took place on the 17th September 2008. Previously the charity operated as an unincorporated charity, known as Hartlepool Mind, charity registration number 1072669. At 1 April 2011 all assets and liabilities of the unincorporated charity were merged with the incorporated charity.

Change of Company Name

On 2 September 2021, the company change it's name to Let's Connect (Eng), formerly known as Hartlepool and East Durham Mind.

Governance Arrangements

Overall responsibility for Hartlepool and East Durham Mind rests with the trustees of the charitable company. The number of trustees should not normally exceed 14 and be representative of local authorities, the business community and organisations working in the field of Mental Health and Well Being.

The trustees have the power to appoint any person as a director/trustee as long as the conditions above are satisfied.

All trustees are provided with information regarding their responsibilities and participate in bi-monthly meetings to consider the development and progress of the organisation and agree future priorities.

Day to day management is delegated to the Chief Executive who is responsible for operational matters including the work programme, ongoing financial management, safeguarding and human resource matters.

Affiliated Organisations

Whilst the charity has no subsidiary organisations, it is affiliated with Starfish Health and Well Being CIC, Company Registration number: 06904971 and Starfish Services Limited, a company registered with the Charity Commission of England & Wales, Charity Registration number 1146237.

Both organisations operate within the same Mental Health sector providing similar services to a wider area of the UK.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Objectives and activities

The charity was formed to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment in England.

What people can expect from Hartlepool Mind when they need help

Our overriding objective is that every user of Hartlepool & East Durham Mind feels better after each contact with our service. By which we mean they leave us feeling a measure of hope and optimism that there can and will be an end to their symptoms. We aim to engender hope and optimism by:

- Giving people as much time as they need to explain their circumstances and goals for recovery, in a respectful, validating and non-judgmental atmosphere;
- Using clear, non-technical language that respects each client's particular ways of expressing themselves;
- Enabling clients to experience symptom reduction (and in some cases complete removal) during their time with Mind staff, whose training provides the understanding and techniques regularly to achieve this;
- Providing a greater understanding of their condition and the associated realisation that it is nearly always temporary and soluble;
- Teaching specific skills that help to overcome the condition or manage symptoms to assist recovery;
- Discussing ways in which physical and emotional needs can be met more effectively;
- Teaching any missing skills required to meet emotional needs;
- Providing a tailored plan with the goal of achieving recovery;
- Taking as much time as is needed by the individual – which may be just one session, or in rare cases, over several years. Most people are moving on within three to six months of their first contact with us.

We also strive to create as normal and friendly an atmosphere as possible.

Because we work with people suffering emotional distress it is even more important than perhaps in other services that clients feel a warmth, friendliness and welcome that immediately puts them at their ease.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance

Mindskills Recovery College

Based in Hartlepool and Stockton the College provides a service for people suffering mental and emotional distress and want to learn more about how to best manage such states. It aims to build up clients' confidence to take steps towards leading a more fulfilling and a fuller life. The College also provides a wide range of small group activities - such as relaxation, crafts, sports, music making, walking and mindfulness- for people looking for activities that provide a safe and relaxed atmosphere in which steps can be taken towards enjoying life again.

Recovery College staff work alongside each person who meets the College criteria and decides to get involved - by helping them to create a unique plan for recovery. Being in the Recovery College is much about working together in groups, which allows participants to meet new people. Many people who have benefitted from their involvement have gone on to volunteer with the College and help other people - such as through co-producing and co-facilitating groups and workshops.

Improving Access to Psychological Therapies (IAPT)

The IAPT service helps people who are suffering emotionally - such as feeling depressed, anxious, suffer from panic attacks, have sleep problems, experience low mood, struggle with unwanted, uncontrollable thoughts, have lost a sense of hope and optimism or struggle with bereavement or in relationships. It also helps people with one or more long-term health conditions such as diabetes, arthritis/musculoskeletal problems, respiratory problems, chronic pain, chronic fatigue, epilepsy, heart disease or or unexplained persistent physical symptoms.

Clients might see a therapist or support worker and work one to one; attend a small group to learn skills for managing challenging feelings and behaviour, such as anxiety; use online, self-help programmes; receive practical help - e.g. debt management, form filling or other issues that often cause enormous stress - and support with housing problems.

Rapid Response Suicide Prevention Service

The Rapid Response Suicide Prevention Service (Rapid Response) was originally piloted in County Durham in response to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. The service offers individual counselling sessions to clients referred to HEDM from the North & South Durham NHS Access and Crisis Teams. Most clients who are referred have made serious attempts on their life or are experiencing frequent suicidal ideation. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care to clients. Work is limited to no more than 6 sessions and onward referral to other services is often made at the completion of counselling.

The service is provided for adults over 18 years old who are referred by Crisis and Access Teams working across the Durham area. Eligible clients have made either an attempt on their life or are experiencing suicidal ideation - but have no current plans or intent.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Hartlepool Council and Durham County Council Occupational Health counselling services These two services - for Hartlepool and County Durham Councils' employees respectively - provides counselling for employees referred by both Council's Occupational Health or Human Resources departments.

Connecting Communities handyman and signposting service

The service provides defined practical assistance to older people (over 50 years) and people with disabilities living in Hartlepool to maximise people's capacity to continue living independently in their own homes. Furthermore, a service navigator visits people referred to the handyman service to provide advice, direction and assistance to clients to connect with services from which they'd benefit. The project's two skilled handymen will undertake the repairs and adaptations that anyone could do for themselves in normal circumstances - such as moving furniture, unpacking and erecting flat pack furniture, fitting grab rails, hanging pictures, fitting curtain rails, clearing pathways, fitting door bolts etc. etc.

Social groups and activities

HEDM has hosted a variety of support, social and craft groups run by volunteers. The groups provide a safe and relaxing environment that encourages people.

Step Forward Tees Valley

This European Social Fund and National Lottery funded project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to employment. Such barriers include lack of basic skills, childcare commitments, money problems, low confidence/stress/anxiety, disability, domestic violence or criminal convictions. The HEDM staff member works flexibly and imaginatively with clients' goal of getting closer to, or gaining, employment.

Financial review

The Statement of Financial Activities shows total income of £485,392, outgoing resources of a revenue nature of £483,442 giving rise to a surplus of £1,950.

Reserves policy

The trustees believe that the minimum level of reserves should be the equivalent of one years operating costs plus potential redundancy costs. At 31 March 2021 this was estimated to be £200,000. Actual free reserves (i.e. those reserves excluding fixed assets) at that date amounted to £279,388.

Risk management

The trustees have identified the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that essential action is taken to minimise those risks.

A risk management plan has been introduced as part of the formal risk management process in order to assess organisational risk and implement appropriate strategies.

The plan takes into account the types of risk faced by the charity, prioritising them in terms of impact and likelihood of occurrence, and identifying means of mitigating the risks.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Plans for future periods

We will continue to aim to meet the needs of the community and work in partnership with our funders.

The trustees' annual report and the strategic report were approved on 13 December 2021 and signed on behalf of the board of trustees by:

M R Simpson
Trustee

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd

Year ended 31 March 2021

I report to the trustees on my examination of the financial statements of Let's Connect (Eng) Ltd ('the charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Let's Connect (Eng) Ltd *(continued)*

Year ended 31 March 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in purple ink that reads "Censis". The signature is written in a cursive style with a long horizontal stroke extending to the right.

Censis
Independent Examiner

Exchange Building
66 Church Street
Hartlepool
TS24 7DN

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2021

			2021		2020
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	41,365	350,841	392,206	1,425,256
Charitable activities	6	81,379	11,807	93,186	93,463
Total income		<u>122,744</u>	<u>362,648</u>	<u>485,392</u>	<u>1,518,719</u>
Expenditure					
Expenditure on charitable activities	7	198,650	284,792	483,442	1,573,695
Total expenditure		<u>198,650</u>	<u>284,792</u>	<u>483,442</u>	<u>1,573,695</u>
Net income/(expenditure)		<u>(75,906)</u>	<u>77,856</u>	<u>1,950</u>	<u>(54,976)</u>
Transfers between funds		27,477	(27,477)	—	—
Net movement in funds		<u>(48,429)</u>	<u>50,379</u>	<u>1,950</u>	<u>(54,976)</u>
Reconciliation of funds					
Total funds brought forward		396,170	30,251	426,421	481,397
Total funds carried forward		<u>347,741</u>	<u>80,630</u>	<u>428,371</u>	<u>426,421</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Financial Position
31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	12	68,353	70,788
Current assets			
Debtors	13	119,108	215,435
Cash at bank and in hand		343,449	185,145
		<u>462,557</u>	<u>400,580</u>
Creditors: amounts falling due within one year	14	<u>52,539</u>	<u>44,947</u>
Net current assets		<u>410,018</u>	<u>355,633</u>
Total assets less current liabilities		<u>478,371</u>	<u>426,421</u>
Creditors: amounts falling due after more than one year	15	<u>50,000</u>	<u>—</u>
Net assets		<u><u>428,371</u></u>	<u><u>426,421</u></u>
Funds of the charity			
Restricted funds		80,630	30,251
Unrestricted funds		347,741	396,170
Total charity funds	18	<u><u>428,371</u></u>	<u><u>426,421</u></u>

For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2021

These financial statements were approved by the board of trustees and authorised for issue on 13 December 2021, and are signed on behalf of the board by:

M R Simpson
Trustee

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net income/(expenditure)	1,950	(54,976)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	6,893	9,671
Government grant income	(12,919)	–
Accrued expenses	–	5,375
<i>Changes in:</i>		
Trade and other debtors	96,327	(41,172)
Trade and other creditors	7,592	(7,574)
Cash generated from operations	99,843	(88,676)
Net cash from/(used in) operating activities	99,843	(88,676)
Cash flows from investing activities		
Purchase of tangible assets	(4,458)	–
Net cash used in investing activities	(4,458)	–
Cash flows from financing activities		
Proceeds from borrowings	50,000	–
Government grant income	12,919	–
Net cash from financing activities	62,919	–
Net increase/(decrease) in cash and cash equivalents	158,304	(88,676)
Cash and cash equivalents at beginning of year	185,145	273,821
Cash and cash equivalents at end of year	343,449	185,145

The notes on pages 14 to 27 form part of these financial statements.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2021

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Crown Buildings, Tees Street, Hartlepool, TS24 8HB.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	2% straight line
Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Hartlepool and East Durham Mind is a company limited by guarantee and accordingly does not have any share capital.

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	10,506	–	10,506
National Mind	5,000	–	5,000
Grants			
Mental Health Services	12,940	–	12,940
Health Education England - Wave 2	–	24,340	24,340
Recovery	–	3,198	3,198
Durham County Council	–	159,967	159,967
Durham Primary Care Trust - Rapid Response	–	45,253	45,253
Hartlepool Borough Council	–	6,565	6,565
NHS Trust	–	20,000	20,000
National Lottery Community Fund	–	91,518	91,518
Government grant income	12,919	–	12,919
	<u>41,365</u>	<u>350,841</u>	<u>392,206</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	14,353	–	14,353
Grants			
Mental Health Services	1,009,353	–	1,009,353
Health Education England - Wave 2	–	32,711	32,711
Recovery	–	283,312	283,312
Durham County Council	–	18,750	18,750
Durham Primary Care Trust - Rapid Response	–	45,253	45,253
Connected Communities	–	6,667	6,667
National Lottery Community Fund	–	14,857	14,857
	<u>1,023,706</u>	<u>401,550</u>	<u>1,425,256</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Development sessions	7,650	–	7,650
Occupational Health	17,748	–	17,748
Rent Income	990	–	990
Starfish	54,991	–	54,991
Personal assistance work	–	11,807	11,807
	<u>81,379</u>	<u>11,807</u>	<u>93,186</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Occupational Health	2,880	12,375	15,255
Starfish	57,241	–	57,241
Personal assistance work	–	19,137	19,137
Other	1,830	–	1,830
	<u>61,951</u>	<u>31,512</u>	<u>93,463</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Mental Health Services	198,650	–	198,650
HEE - Wave	–	18,937	18,937
Employment Driver Project	–	15,358	15,358
Mindskills Recovery College	–	1,396	1,396
PSP Psychoeducation	–	2,498	2,498
Personal Assistant	–	11,234	11,234
Let's Connect	–	71,400	71,400
Durham Training Hub	–	14,500	14,500
Let's Connect East Durham	–	69,745	69,745
Keep Connected	–	22,662	22,662
Well Aware Project	–	2,160	2,160
Rapid Response Suicide Prevention Service	–	39,010	39,010
Step Forward Tees Valley	–	15,892	15,892
	<u>198,650</u>	<u>284,792</u>	<u>483,442</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Mental Health Services	1,143,001	–	1,143,001
HEE - Wave	–	36,239	36,239
Mindskills Recovery College	–	283,982	283,982
PSP Psychoeducation	–	21,101	21,101
Personal Assistant	–	11,779	11,779
Keep Connected	–	5,743	5,743
East Durham	–	13,309	13,309
Rapid Response Suicide Prevention Service	–	44,525	44,525
Step Forward Tees Valley	–	14,016	14,016
	<u>1,143,001</u>	<u>430,694</u>	<u>1,573,695</u>

8. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation of tangible fixed assets	<u>6,893</u>	<u>9,671</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

9. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,200</u>	<u>1,200–</u>

10. Staff costs

The average head count of employees during the year was 15 (2020: 52). The average number of full-time equivalent employees during the year is analysed as follows:

	2021 No.	2020 No.
Charitable activities	11	47
Management and administration	<u>4</u>	<u>5</u>
	<u>15</u>	<u>52</u>

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

Key Management Personnel

Key management personnel are remunerated for their services as follows:

	2021 £	2020 £
Wages & salaries	52,757	52,757
Social security costs	6,068	6,089
Employer contributions to pension plans	<u>1,313</u>	<u>1,316</u>

11. Trustee remuneration and expenses

One or more trustees has claimed expenses or had their expenses met by the charity.

The total amount of expenses reimbursed to trustees:

One trustee was reimbursed for travel expenses, amounting to £Nil; (2020 - £817).

One trustee was reimbursed for telephone and internet charges to £Nil; (2020 - £668).

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

12. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Equipment £	Total £
Cost				
At 1 April 2020	77,176	52,343	75,577	205,096
Additions	—	—	4,458	4,458
At 31 March 2021	<u>77,176</u>	<u>52,343</u>	<u>80,035</u>	<u>209,554</u>
Depreciation				
At 1 April 2020	15,754	48,122	70,432	134,308
Charge for the year	1,544	2,757	2,592	6,893
At 31 March 2021	<u>17,298</u>	<u>50,879</u>	<u>73,024</u>	<u>141,201</u>
Carrying amount				
At 31 March 2021	<u>59,878</u>	<u>1,464</u>	<u>7,011</u>	<u>68,353</u>
At 31 March 2020	<u>61,422</u>	<u>4,221</u>	<u>5,145</u>	<u>70,788</u>

13. Debtors

	2021 £	2020 £
Trade debtors	54,078	173,537
Amounts owed by undertakings in which the charity has a participating interest	40,782	10,438
Prepayments and accrued income	<u>24,248</u>	<u>31,460</u>
	<u>119,108</u>	<u>215,435</u>

14. Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	14,597	18,102
Amounts owed to undertakings in which the charity has a participating interest	8,036	—
Accruals and deferred income	5,475	5,475
Social security and other taxes	17,692	10,285
Other creditors	<u>6,739</u>	<u>11,085</u>
	<u>52,539</u>	<u>44,947</u>

15. Creditors: amounts falling due after more than one year

	2021 £	2020 £
Bank loans and overdrafts	<u>50,000</u>	<u>—</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

16. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £4,605 (2020: £24,002).

17. Government grants

The amounts recognised in the financial statements for government grants are as follows:

	2021	2020
	£	£
Recognised in income from donations and legacies:		
Government grants income	<u>12,919</u>	<u>—</u>

Included in government grants are amounts received in support of COVID 19: Business Rates Relief of £10,000 plus support through the job retention scheme of £2,919.

18. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mental Health Services	<u>396,170</u>	<u>122,744</u>	<u>(198,650)</u>	<u>27,477</u>	<u>347,741</u>

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
Mental Health Services	<u>453,514</u>	<u>1,085,657</u>	<u>(1,143,001)</u>	<u>—</u>	<u>396,170</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Mindskills Recovery College	12,124	3,199	(1,396)	(13,927)	–
Connecting Communities	4,979	–	–	(4,979)	–
East Durham	4,250	–	–	(4,250)	–
Rapid Response Suicide Prevention Service	2,704	45,253	(39,010)	–	8,947
Step Forward Tees Valley	145	20,118	(15,892)	–	4,371
WAVE	(5,403)	24,340	(18,937)	–	–
Social Hub	(137)	–	–	137	–
PSP Psychoeducation	618	7,500	(2,498)	–	5,620
Personal Assistant	10,971	11,806	(11,234)	–	11,543
Let's Connect	–	71,400	(71,400)	–	–
Let's Connect East Durham	–	74,500	(70,042)	(4,458)	–
Keep Connected	–	22,365	(22,365)	–	–
Employment Driver Project	–	6,565	(15,358)	–	(8,793)
Durham Training Hub	–	55,602	(14,500)	–	41,102
Well Aware Project	–	20,000	(2,160)	–	17,840
	<u>30,251</u>	<u>362,648</u>	<u>(284,792)</u>	<u>(27,477)</u>	<u>80,630</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
Mindskills Recovery College	12,794	283,312	(283,982)	—	12,124
Connecting Communities	4,055	6,667	(5,743)	—	4,979
East Durham	5,184	12,375	(13,309)	—	4,250
Rapid Response Suicide Prevention Service	1,976	45,253	(44,525)	—	2,704
Step Forward Tees Valley	(696)	14,857	(14,016)	—	145
WAVE	(1,875)	32,711	(36,239)	—	(5,403)
Social Hub	(137)	—	—	—	(137)
PSP Psychoeducation	2,969	18,750	(21,101)	—	618
Personal Assistant	3,613	19,137	(11,779)	—	10,971
	<u>27,883</u>	<u>433,062</u>	<u>(430,694)</u>	<u>—</u>	<u>30,251</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Analysis of charitable funds *(continued)*

Mindskills Recovery College

The college provides a service for people suffering mental and emotional distress and want to learn more about how to best manage such states. The college also provides a wide range of small group activities that provide a safe and relaxed atmosphere in which steps can be taken towards enjoying life again.

Improving Access to Psychological Therapies (IAPT)

The IAPT service helps people who are suffering emotionally - such as feeling depressed, anxious, suffer from panic attacks, have sleep problems, experience low mood, struggle with unwanted, uncontrollable thoughts, have lost a sense of hope and optimism or struggle with bereavement or in relationships. It also helps people with one or more long-term health conditions such as diabetes, arthritis/musculoskeletal problems, respiratory problems, chronic pain, chronic fatigue, epilepsy, heart disease or or unexplained persistent physical symptoms.

Rapid Response Suicide Prevention Service

The service responds to high suicide rates combined with the recognition that some clients were waiting too long for treatment, thereby falling through the net of potentially life-saving services with tragic consequences. Counselling provides suicide prevention and recovery work as well as liaison with other agencies providing care. Work is limited to 6 sessions and onward referral to other services is often made at the completion of counselling.

Occupational Health Counselling Services

Providing services to Hartlepool and County Durham Council employees referred by Occupational Health or Human Resource Departments.

Connecting Communities Handyman and Signposting Service

The service provides defined practical assistance to older people (over 50 years) and people with disabilities living in Hartlepool to maximise people's capacity to continue living independently in their own homes.

Step Forward Tees Valley

This European Social Fund and National Lottery funded project provides support to unemployed adults of 18 years and over who are suffering from at least two health conditions - to improve their work readiness and overcome barriers in the way of returning to employment.

Let's Connect (Eng) Ltd

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Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	68,353	—	68,353
Current assets	381,927	80,630	462,557
Creditors less than 1 year	(52,539)	—	(52,539)
Creditors greater than 1 year	(50,000)	—	(50,000)
Net assets	<u>347,741</u>	<u>80,630</u>	<u>428,371</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	70,788	—	70,788
Current assets	370,329	30,251	400,580
Creditors less than 1 year	(44,947)	—	(44,947)
Creditors greater than 1 year	—	—	—
Net assets	<u>396,170</u>	<u>30,251</u>	<u>426,421</u>

20. Analysis of changes in net debt

	At 1 Apr 2020 £	Cash flows £	At 31 Mar 2021 £
Cash at bank and in hand	185,145	158,304	343,449
Debt due within one year	—	(8,036)	(8,036)
Debt due after one year	—	(50,000)	(50,000)
	<u>185,145</u>	<u>100,268</u>	<u>285,413</u>

Let's Connect (Eng) Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

21. Related parties

During the year the charity Hartlepool and East Durham Mind provided intercompany facilities to organisations in which the CEO Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Starfish Services Limited - Charity Registration no: 1146237

Transactions in relation to each of the above organisations include:

Starfish Health and Well Being CIC

	2021 £	2020 £
Management charges made by Let's Connect (ENG) in respect of the provision of key management skills to SFHWB CIC	54,991	54,991
Intercompany transactions recharged from Let's Connect (ENG) to SFHWB CIC	3,163	32,717
Intercompany transactions recharged by SFHWB CIC to Let's Connect (ENG)	6,276	17,339
Balance owed to Let's Connect (ENG) at the year end	40,386	9,631
Balance owed to SFHWB by Let's Connect (ENG)	4,516	–

Starfish Services Limited

	2021 £	2020 £
Intercompany transactions provided by Let's Connect (ENG) to Starfish Services Ltd	406	244
Intercompany transactions provided by Starfish Services Ltd to Let's Connect (ENG)	3,872	4,178
Balance owed to Let's Connect (ENG) at the year end	396	807
Balance owed to Starfish Services Ltd by Let's Connect (ENG)	3,520	–

Other related transactions

The charity engaged the services of a marketing, management and sustainability consultant, the consultant is a close family member of persons with significant control, fees paid in the year amounted to £18,660 (2020 - £16,720).