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REGISTERED CHARITY NUMBER: 1125921

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
BRIDGEND CARERS CENTRE

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BRIDGEND CARERS CENTRE

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FOR THE YEAR ENDED 31 MARCH 2024**

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BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objects

The charity's objects as stated in the governing document are:

- (i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.
- (ii) to undertake any necessary education work related to carers.

Objectives and aims

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service to improve wellbeing, avoidance of carer stress, burden, isolation and crisis.

Bridgend Carers Centre raise awareness through diverse mediums including newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic Plan until 2025 giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we work with Dizions - Charity Log and Carers Trust to support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

We have continued to develop outreach services in a number of geographical areas, maintained and increased our digital presence and means of communication through social media, making support and information more accessible. We have increased activities including walks, exercise classes, holistic therapies, Carers Choir, spa days, craft activities, counselling, carers trips, carers luncheons, life coaching and individual grants for carers to access a break specific to their needs. These opportunities were funded through Welsh Government via Carers Trust (Amser Scheme) and Regional Integrated Fund (Shortbreaks Scheme) focusing on all carers but with a specific target on reaching male carers, parent carers, young carers, working carers and young adult carers through face to face and online group sessions to improve accessibility

OBJECTIVES AND ACTIVITIES

Information

Our information and advice service has continued to develop and improve throughout 2023/2024 by directly supporting carers through face to face, telephone, email, website, post and social media, online peer support through Zoom and WhatsApp.

Volunteers

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café. The charity has found it difficult to retain and recruit volunteers during the period of post pandemic recovery but realise that this is an area which requires further development to increase the involvement of volunteers in future developments. **The charity would like to give thanks to all the volunteers for their support and commitment.**

Public benefit

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

Significant activities

During this period, the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered intensive person-centred support to keep families engaged and safeguarded. The service has continued to provide information, face-to-face contact to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend County Borough to sample a diverse range of support that suits their own individual needs. The short respite breaks funded through Carers Trust have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and live a life of their own, whilst continuing to fulfil their caring responsibilities if they wish.

Bridgend Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations.

Highlights have included:

- Achieving RIF (Regional Integrated Fund) to sustain a Carers' Support Service based at Princess of Wales Hospital, which aids hospital discharge.
- Achieving funding to sustain a Welfare Benefits Service (through RIF, Wales and West and Awards For All Funding streams) which gave an annual maximised income of **£764,609** in a variety of benefit claims including Attendance Allowance, PIP, DLA applications for unpaid carers and 'cared for'. Since the start of the Project in 2012 until 31 March 2024 it has achieved a cumulative total of **£4,287,991**. These roles also support unpaid carers facing fuel poverty and give advice and information on the Priority Services Register, CO2 monitors, gas safety taps and distributed 100's of Warm Packs to vulnerable families.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through Macmillan Cancer Care to support patients and families through life changes, palliative care and bereavement.
- Sustaining a Carers Link Service working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers and Young Adult Carers Support through diverse funding including **Making Carers Count Funding from Carers Trust, Children in Need, Waterloo, St James Place, BCBC (Peer Mentoring scheme), Archbishop of Wales and Principality.**
- Continuation of Young Carers involvement on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Continuation of an **Armed Forces and Veteran Support Project**, through funding from Armed Forces Covenant identifying **115 beneficiaries** for support and activities.
- Continued a **Dementia Carers Support Project** working with families to give information, advice, one to one and group support sessions and short break opportunities.
- Continuation of **Post Code Lottery** Funding and **Moondance** to develop and give additional capacity to the **Parent Carer Wellbeing Service** thus increasing reach and identification of new Parent Carers.
- Provided **144 carers** with individual grants to address financial hardship and give opportunities for short breaks through funding received from Carers Trust totalling **£34,967**.
- Provided 37 carers with individual grants to give carers a well-earned break from Carers Trust Amser Project totalling £4,784 and a further 21 carers from the Regional Integrated Fund Shortbreaks Project totalling £3,550 Continuation of funding has allowed additional administrative assistance to support all staff and improve our social media presence due to growing demand which has proved invaluable to the service.
- Successful official visit from **HRH Princess Royal** recognising the wonderful service and support offered by Bridgend Carers Centre over the last twenty-five years. Princess Royal enjoyed meeting staff and carers as well as being entertained by Bridgend Carers Centre Choir.
- In March 24, Bridgend Carers Centre relocated our offices to Bethlehem Church Life Centre in Cefn Cribwr after 14 years at Quakers Meeting House in Bridgend. We were extremely proud to have had a great relationship with the Quakers over this time and are fortunate to have already established a strong relationship with BCLC thus far.
- Nominated as Valleys 2 Coast Charity of the Year.
- Bridgend Carers Centre service has had a series of high-profile appearances on a variety of TV and Radio programmes including interviews with **BBC's Weatherman Walking Derek Brockway, Jagger and Woody on Heart Radio, Kate Garraway on Smooth Radio** as well as featuring on BBC News and ITV News. These interviews have raised awareness and highlighted the role of carers and provided opportunities for staff and carers to be directly featured and their voices heard.
- Our Young Carers Service presented at The Senedd along with Luke Fletcher, Plaid Cymru MS, to raise awareness of young carers through our publication 'The Bear who Struggled to Care'.
- We continue to employ many of our workforce and management team who are existing carers or former carers themselves which enriches our service delivery through personal lived in experience.

Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:

- Attending online networking and information events for professionals in statutory, third sector and community organisations.
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of a Carers Week Garden Party for carers and professionals to celebrate their caring roles.
- Provision of Carers Rights Day, Macmillan Coffee Morning, Armed Forces Day/Remembrance Service Events which highlight and raise awareness of unpaid carers.
- Raising young carer awareness with pupils and staff where possible throughout all schools across the Borough...
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attend online training/conferences.
- Continue to produce 3 newsletters and periodic Young Carers and Young Adult Carers E newsletters.
- Continuation and improved website www.bridgendcarers.co.uk
- Continue to have strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new enhanced partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of Bridgend Carers Centre.
- Dissemination of various online consultations with carers including Welsh Government Consultations as required.
- Held multiple promotional stands to raise awareness for unpaid carers which generated more referrals into the service.
- Invited all comprehensive schools and primary schools in the area to a face-to-face training event on how to identify Young Carers, the importance of early identification, who to signpost to and how to refer into services

Information has been made available directly to carers and also through other organisations:

- Bridgend Carers Centre disseminated information in a variety of ways.
- One to one sessions made over the telephone and face to face support responding to carers needs as well as in emergencies and carers experiencing crisis.
- Through distribution of information - 'Contact' newsletter via carers mailing list, website, online groups, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities.
- Increasing and development of social media including Facebook, Instagram, Twitter, TikTok increasing followers and friends through more dynamic posting and variety of information sharing.
- Attendance at a variety of meetings to share information to professionals and raise awareness to identify hidden carers.
- Provision of Welfare Benefits Advice to carers through the Welfare Benefits Advisor.
- Provision of specific Debt Support Worker to help alleviate carers financial hardship funded via Carers Support Grant via Carers Trust.
- Provision of updates via email to GP surgeries along with GP Carers Drop In Sessions to raise awareness of support to carers through Carers Link roles.
- Provision of updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers as well as regular onsite ward visits to identify and reach new carers.
- Provision of the Macmillan Family Patient and Carer Service supporting those with cancer and their carers.
- Provision of Young Carers and Young Adult Carers Support across the Borough distribution of our bilingual e-newsletters to over 50 comprehensive and primary schools, GPs and any relevant professionals in the area.
- Provision of Young Carers Education Schools Project providing support to pupils to all schools across Bridgend.
- Identification of Armed Forces and Veteran carers and those carers looking after a Veteran and giving them access to specific information, support and activities from the Veteran Support Project.
- Provision of specific information to those carers caring for family members with Dementia.
- Developed online and face to face Bereavement and Loss information and support on www.bridgendcarers.co.uk
- Provision of a dedicated Parent Carer Support Project identifying and reaching new parent carers across a variety of mediums, private Facebook, face to face and online activities and training.

Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan. We arranged:

- Celebration of Carers Week at a Carers Centre Garden Party including musical entertainment in partnership with Awen Cultural Trust. This is an annual event which recognises the contribution carers make to society.
- Carers Counselling continues at face to face sessions but is also available over the telephone or zoom if required.
- Celebration of the annual Macmillan Fundraiser Coffee Morning.
- Provided additional crafting and therapeutic activities to support the Community Café through Ray Of Light. Funded by a Macmillan Support Grant. This has given an added interest to the Café with increased numbers attending the Café.
- Provision of a selection of activities and short breaks for young carers and young adults including groups, Teen Group, Peer Mentoring and numerous short break activities including Jump Jam, Alton Towers, Escape Rooms, Surfing, Crazy Climb, Wiggley's Farm, craft sessions, easter egg hunts, pantomime, theatre, and animal encounters, Go Karting, White Water Rafting, Mini Golf, Afternoon Tea's, Meals out, cinema, Cardiff Devils Ice Hockey as well as other activities at the centre.
- Organised 3 residentials taking Young Adults Carers and Young Carers to Pendine Outdoor Activity Park, Little Bryn Gwyn on Gower Peninsula and Young Carers Festival during the summer holidays. This is an event run by Welsh Government each year for all Young Carers in Wales.
- Provision of activities and refreshments through the Food Sufficiency Grant and Isolation Grant from Welsh Government for carers accessing the weekly Community Café.
- Continued to arrange a blended variety of online and face to face activities to give respite through Carers Trust and Regional Integrated Fund.
- Organised sessions funded through Versus Arthritis to support carers physical wellbeing through Dance, Zumba, Walks, Yoga, Tai Chi and Gentle Movements.
- Organised trips to Luminata at Margam Park through Carers Trust Wales
- Organised an Autistic Girls Group including a dedicated Therapy Day and creative art activities.
- Continued Life Coaching Sessions to carers.
- Various training opportunities, in person and online, to empower carers to fulfil their potential and support them in their caring role including: Autism Training, Sign Language Sessions, Anxiety Workshops and Relaxation techniques, Women's rights workshop, First Aid Training Workshop, CV Writing and interview skills workshop.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

All the activities are monitored closely by the trustees and by the stakeholders and funders.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2024.

There are **8,548** carers on our database including former carers, receiving information by post, phone, text or email. We had meaningful engagement with **1,554** carers during this period.

Analytics for social media (01/04/23 - 31/03/24)

Number of 'followers' on Facebook - 2,400 and increasing with 196 new followers during this period

Number of 'followers' on X (Twitter) - 1,250 and increasing

Number of followers on Instagram - 259 and increasing

Number of followers on Tik Tok For Young Carers- 14 and increasing

Number of members of the private Parent Carer Facebook group - 600

Number of followers on the Parent Carers Instagram - 122

Number of members of the Wildflower Project Parent Carers Facebook group - 94

732 new carers have been identified this year and added to our database.

Outreach sessions have continued to increase and develop across the borough, and we have continued to provide online Facebook, Zoom and WhatsApp peer support to improve and increase accessibility.

192 counselling hours for carers including monthly evening bereavement and loss group facilitated by the counsellor.

Dementia Carers Support - Directly support 287 carers of those with dementia.

Legal Advice continued to be provided over the telephone and face to face facilitated by Howells Solicitors to give carers more voice and control.

The funding from the Regional Integration fund continued throughout this period, supporting 538 carers and cared for during this period for Hospital and Welfare Benefits Support. The two members of staff received 474 carer referrals during the year.

Macmillan Patient and Carer Information and Support Service - Continued to provide partnership working with Nursing Specialists and Cancer related disciplines in Princess of Wales Hospital, the palliative team at Y Bwthyn and continues to ensure no one slips through the net and patient, carers and families avoid crisis.

The positive partnership with the Macmillan Welfare Benefits team has maximized income for carers and families in addition to the non-income work that is undertaken through the partnership ie Blue Badges, Macmillan Grants etc

Parent Carer Wellbeing Service - a project developed for parent carers by staff who are parent carers. The Project achieved continued growth and development of a service providing complex and extensive one to one support to parents including innovative support through the Wildflower Art Project supporting girls and families with Autism, dedicated support group and Lego Club. The Project has increased its support to LGBTQ+ families and those families experiencing emotional based school avoidance. The Parent Carers Wellbeing Project supported over 320 parent carers in 121 support, accessing grants and made referrals internally to services from the centre (eg, Welfare Benefits/Counselling/Life Coaching) as well as external agencies. The service has attracted 181 new parent carers and there has been over 900 opportunities for them to participate in activities and events run by our centre as well as introducing them to other events with our external partnerships.

The Parent Carers Wellbeing Project now has a total of 987 carers/cared for registered and continues to offer access to a dedicated closed Parent Carers Support Facebook group offering peer support to parents. Many events have been delivered out of normal centre hours to enable working families to access and attend including, online, evening and weekend activities. The Project also seeks to identify increased male beneficiaries (ie Dads).

Information

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

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Carers Support Individual Grants

Accessed Carers Support Individual Grants via Carers Trust for carers totalling **£35,447** helping **144** carers to address hardship and financial difficulties worsened by the cost of living crisis. They have included provision of white goods, help with food provision, furniture, and digital technology.

Young Adult and Young Carers Activities - Highlights

- 436 Young Carers accessing the service during this time.
- Continued with the delivery of one to one sessions and have delivered 336 sessions to 56 Young and Young Adult Carers in this period.
- Secured funding from Principality to start up Under 13's project to run trips and activities for carers aged 5 - 12 in the school holidays and had over 200 referrals into the new project.
- Distributed gifts to over 150 Young Carers provided by Mr X Donations for Christmas.
- Continuation funding for Young Carers Peer mentoring sessions who lack confidence to meet others in a more relaxed setting before joining larger groups.
- Facilitated a group for Young Carers Rights Day which included Young Carers creating and designing a new badge for their project giving a sense of responsibility and belonging to a service that is their own and relevant to their needs.
- Consultations led with Young Carers to help shape the project around their needs.
- Delivered a staff training tool to all the 57 schools in the area for staff to complete in their own time.
- Arranged a trip to a UCAS open day in Cardiff City Stadium where 9 Young Carers were allowed time out of their school day to attend.
- 4 Young Carers took part in work experience at Sarah Murphy (Member of the Senedd) office in Bridgend.
- 1 Young Adult Carer was recruited by Body Shop. This job advert went out specifically for young carers. The first to apply was offered the role.
- The Young Carers book 'The Bear Who Struggled To Care' written by Bridgend Young Carers was re-launched through Welsh Government and promoted at an event in the Senedd.
- Continuation of our digital presence enabling Young Carers to keep in touch outside of facilitated sessions via Whats App/Texts, Instagram and Facebook.
- Invited all comprehensive schools and primary schools in the area to a face-to-face training event on how to identify Young Carers, the importance of early identification, who to signpost to and how to refer into services.
- Sent out over 100 letters to local businesses, in line with Young Carers Action Day and Fair Futures for Young Carers, inviting them to pledge to support Young Adult Carers to manage their caring role alongside employment.
- Re-evaluated schools who have had the Young Carers Schools Award for over a year and recognised their contribution by awarding them the PLUS award.
- Organised a male aspirational event with a range of male carer speakers to provide information about their role and how to achieve a career outside their caring role.
- Developed groups in schools for Young Carers which has proven to be a success in the schools we have piloted.

Partnerships

Other organisations we have worked with or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board, CAMHS, GP surgeries, Princess of Wales Hospital, Dementia and Memory Team, Paediatric Service, Y Bwythyn Newydd, Valley Kids, New Horizons, Bridgend Schools and Colleges Heronsbridge School, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen Cultural Services, Platform, Cruse, Macmillan Cancer Services, ARC, VAMPT, CAB, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Sandville, Alzheimer's Society, Tenovus, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, Whitehead Ross, Lads and Dads, BAVO, National Autistic Society, Barnardos, Inclusability and TuVida Carers Wellbeing Service plus much more.

Carer involvement and participation

There has been continued participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Staff and Carers have participated in interviews with television and radio during this time. There have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views on social media/email.

We continue to have 3 Young Carers who sit on the Carers Trust Youth Council.

We have 1 young carer who has sat on the Youth Parliament for the last 6 years and has been re-elected.

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The Carers Centre has delivered talks/presentations to organisations online and face to face. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has continued. We have developed an increased outreach presence through Sandville, Community Outreach, GP surgeries and through other positive partnerships as above. Awareness raising/sharing information events and opportunities for networking has continued through online seminars, meetings and conferences. Carers Centre staff balance working from home, office in outreach settings to maximise our presence and unidentified carers.

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking an ILM Qualification in Management, Food Hygiene and Play Worker qualification.

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- Young Carers Network
- The Carers Wales Workers' Network

Feedback

Feedback is encouraged and received regularly from carers who use the services of Bridgend Carers Centre. The formal feedback evaluations are used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through our daily interactions with carers and via social media.

Shortbreaks scheme through AMSER and RIF - Giving carers a much-needed break

"In that time I was actually enjoying myself, no thoughts about the worries I had. I was me, not a mother/ carer/ widow/ daughter/ and all the other roles we play in life. I felt like a child with her school friends. Afterwards I felt great, my happy levels filled and overflowing. It helped me to handle life in a much more positive way".

"It is definitely good for my mental health. I get to spend time in a lovely group, with nice people, and we have such a good laugh. Everyone understands each other as we have similar caring roles. I look forward to it every week."

"On arrival, I sometimes feel hard done by and down, but on the way home I have a smile on my face, and I am singing whilst driving home. There is a lot of sharing within the group and they can all help each other when they are having bad days. Having a support worker, SJ, present at all times is so reassuring, as she recognises any difficulties we face each week and is able to support us individually as and when needed. We have recently arranged meeting up members before sessions, sharing a meal together, which has certainly decreased my own feelings of isolation and loneliness and means that this, with the sessions is a real break away from my caring role".

"It was the break I didn't know I needed".

"When I had the phonecall about the trip, we had just received news that my partners condition had deteriorated. I was in two minds whether to go but am so glad I made the effort. From the start - staff were welcoming and friendly which relieved my anxiety and enabled me to relax and enjoy time to myself, something I haven't done in a long time!"

"Thank you to the Carers Centre for a fantastic day out. It's allowed me to have a break from M.B and he has a break from me which is all good. I think I would go potty without the support from the Carers Centre".

Carers Choir Feedback

"Me time with like minded people. Uplifting, relaxing time, laughter and company. Music is good for the soul"

"Time to forget worries and stresses. I love our choir, singing is so therapeutic"

"I sing in four choir but for some reason our gang gives me the most enjoyment and satisfaction through difficult times"

"The carers choir puts me in my happy place every week. We are a mixture of people that all love the joy of singing. Its heartwarming to see people walk in looking very stressed but there are very quickly laughing and singing away with confidence. We are so lucky to have S and the wonderful J to lead us. I just love coming to choir, it relaxes me and make me feel carefree"

"I am quite a newcomer to the group but I have found it very relaxing and a lovely welcoming atmosphere from the start"

"We are so lucky with our little choir. I have never met so many nice understanding people. I have never been part of a choir because I haven't got a good voice. I have to say that with J's expertise we sound really good. When I am driving home from choir I am always smiling and still singing to myself"

Male Activity Day Feedback

'Thanks for last Saturday, I had a good time. I was surprised to see so many people there, and it didn't take long for us all to start to mingle. It was good to have a few hours break from my situation and R enjoyed herself and got a lot out of it as well. The rafting was a lot of fun, and a picnic afterwards was very good help for me relax, it almost felt like a party atmosphere, I guess the weather helped as well. If you organise another event, perhaps I could be included, thanks again'.

"Brilliant event - W and R had a great time. It was fantastic to meet new friends in such a relaxed and fun way".

"Brilliant! Such a fun activity!"

"One of the best days out with lovely people. Thank you so much and I can't wait to do more in the future".

Spa Day

"Would like to thank kindly the staff who put me forward acknowledging what a difficult time it's been. It was refreshing to see I am not alone on this journey I find myself and family in and additionally, to X for making the extra journey to pick me up. Thank you all so much! :)"

"Bridgend Carers Centre is such an amazing support to all carers and those who need to be cared for and without them being there so many families will suffer and get lost in the system. The centre is an essential part of our lives and we are so lucky to have them x"

"Just a huge thank you for thinking of me it was a very lovely change shame couldn't get any treatments on the day but it was relaxing due to having time out to myself after a very rough year."

"Spa treatment was fantastic and use of facilities before and after to relax was good. Afternoon tea was delicious. A very relaxing way to spend the day in great company as always. Thank you to the amazing team at Bridgend Carers who arrange these events."

Wildflower Project

"Was lovely chatting with other carers in the same situation and watching my daughter gain in confidence this is an amazing event, looking forward to the next one"

"Very organised event with friendly faces ready to greet you, plenty to do for the girls and carers, the staggered arriving is working well for my daughter, can't think of anything to improve, love this event."

"I felt a bit apprehensive bringing my 2 daughters for the first time. I was worried they may not settle or we would have to leave early but they really enjoyed it. It was all very relaxed and loved that there were snacks and drinks available too. Thank you".

Carers Support Funding - Giving carers individual grants to address financial hardship and debt

• Debt Support Service

"RE (Debt Support Worker) is the reason I can sleep at night"

"I wouldn't know what to do without you"

"This has really helped, I'm so grateful. I was saying earlier today that I really needed a break and this will give me that"

"Thank you so much, you've been really lovely to talk to and put up with me. I really appreciate all the help getting this sorted for me."

"Great, I can't believe that's all done. That's been going on for ages. It's a relief to have that dealt with"

• Carers Individual Grants

"Thank you so much from the bottom of my heart for the generous vouchers I received today... What an incredible service Bridgend Carers offers to us families. Forever grateful."

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"I wanted to express my gratitude for your help with the grant, I rarely ask for help, but both of us are extremely grateful. As you know we are going through very difficult times so the food vouchers will help enormously. Thank you so much."

"Thank you so much for the grant, I can't believe how you made the process so easy for us, I never thought we would be able to get help to purchase a new bed for K, it's made such a difference. Thank you."

"I would like to thank you for the help you gave dad, particularly the help with decluttering his house, I can't believe the difference it has made. Everything had got too much for him and I was always worried that he would fall over the clutter he was surrounded by. Can you please also thank the company that carried out the work, they were fantastic and communicated with dad throughout. HUGE Thank you."

"The Grant for Asda Vouchers from Bridgend Carers has been a big help in budgeting my weekly shopping bill and taking off the financial pressure. I am very grateful. Thank you "

"Thank you to Bridgend Carers for my grant of Asda shopping vouchers it has eased the financial pressure and allowed me to go out with my children, which has improved my mental well-being and helped me with my caring role"

"I am a single Dad with a disabled son and 2 other children with additional needs and I can't work due to my personal ill health and I am very grateful to Bridgend Carers for a Grant for Asda shopping vouchers. I don't go on social media and live in a remote area so was grateful to Bridgend Carers for making me aware of the support available"

"Thank you so much! The grant we received from Bridgend Carers for Argos vouchers enabled me to purchase a new bed and a trampoline for my daughter with additional needs. She had got through 3 trampolines due to her need to jump and had broken her bed from jumping. This was a life saver, as financially I couldn't afford to replace these"

"The Asda shopping vouchers have helped massively since my husband and I have been out of work and trying to claim Universal Credit, and have been really stressed before the carers centre offered these to me."

"Thank you so much for helping me learn to drive, without the grant I would not have been able to afford driving lessons. My son is autistic and can't travel on public transport as he gets stared at as he looks "different". I have to travel everywhere with him on public transport or rely on friends/family for lifts. When I pass my test I will be able to save for a car will make mine and my son's life so much easier. I can't thank you enough"

"Thank you so much for the Asda vouchers, I have to buy a lot of fabric detergent to wash my son's clothes as he is double incontinent and goes through several changes of clothes/day. He's 16 and autistic. I am constantly washing clothes and bedding and have not had a grant before. The vouchers will help with my shopping bills and allow me to buy extra washing powder etc, thus saving my money which I spend on electricity due to the washing machine being on constantly. Thank you !"

Young Carers Service

"I wanted to thank you for giving X a wonderful day out yesterday he thoroughly enjoyed it. You're a wonderful team and what you do for young carers is amazing".

"I have been using the young carers service coming on 2 years now. For me the service has made a huge impact on my life, creating friendships and getting to know other people who do what I do. My favourite thing about the group is the people who run it they are always so kind and welcoming. You should join the service because it creates bonds which last with people who understand what you go through and you will always be welcomed".

"You're doing wonderful work and I'm so pleased and grateful that I got to be there so we could all celebrate what you've achieved - it was a really special day! It was also great to spend time with young carers and hear the positive feedback about our collaboration, organising flexible work experience in my constituency office." - Sarah Murphy MS (Member of Senedd elected for Bridgend)

"Thank you, after I picked my jaw up off the floor I was smiling/crying with pride, thank you all for building her confidence we really really appreciate what you all do there for her"

Parent Carers Wellbeing Service

"The carers centre and staff have helped us more than words can say, we have 3 children with asd and once diagnosed we have been told they have autism and left to get on with it, it's only the carers centre that is always there with help, advice and just an ear to listen. I honestly don't know how we would've coped if it wasn't for the staff that feel like friends always there if needed."

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

"Bridgend Carers have supported us as a family over the past 5 years. They have given us guidance, knowledge and understanding to enable us to navigate the complicated world of additional needs at times. They have also given us a space to regularly meet with other parents, to allow us to vent, laugh and recognise we are not alone. Also offering amazing opportunities for us to step out of the caring role and enjoy events as me! My daughter has also gained so much confidence and friendships from the wildflower project as well as myself making some amazing lifelong friendships. Thank you."

"The carers centre has provided much needed opportunities for respite and support for myself and my family. We couldn't do it without them. It's been great been given the opportunity to meet others in similar situations and given the chance to relax and engage in activities that we wouldn't have been able to do without the Carers Centres support."

"I feel that both my daughter and myself benefit from the sessions. Always so friendly and welcoming. Plenty to do for everybody's creative/social needs. Don't know what we would do without Wildflower. It's the only thing my daughter will really push herself to do, even on her worst days."

Macmillan Patient and Carer Information and Support Service

"It is hard to write down how hard some days have been but it is so great to have your support and I know now should I need any help in the future with either my husband or my mother there is someone who I can contact. Once again many thanks."

"When you first make contact with me, I was thinking here we go again, someone calling and asking more questions, so I was a little anxious". Thank you for making me feel so relaxed when talking to you, you have been so helpful and have given me a chance to consider my needs, when every else has talked about my husband. I had no idea that there was support out there for me as a wife and a carer".

"What a breath of fresh air you are, you have been so considerate and understanding", are you able to call again as you have such a calming manner, thank you, you have made my day just by talking to you".

"You were the only person who actually listened and helped me"

Dementia Carers Service

"I cannot thank you all enough for the continuous support I have received from the wonderful Carers Centre staff, supporting me through a very difficult time dealing with the progression of my husband's dementia. I honestly feel that I have been near breaking point on more than one occasion but thankfully have managed to overcome every situation, thanks to XX always being just a phone call away when I have been so desperately in need of help and advice. The support of every single member of staff for their expert advice regarding benefits, wellbeing, etc is unbelievable. Thank you all from the bottom of my heart."

"I immediately felt welcomed and supported by people who are very professional and knowledgeable".

"I was welcomed and embraced when I was at my lowest and most futile and desperate being a new full-time carer, feeling abandoned and alone. The dementia carers group made me feel supported and understood what I was going through. Something my friends and family couldn't help me with ... And I know they are there when I need them with open arms"

"Staff are always on hand to listen & help you. This is invaluable when you are a carer, you need someone you know you can turn too. They are happy to work on your behalf or refer you to the necessary people as they know 'whose out there' often unpaid carers do not know this, so the Carers Centre is vital to unpaid carers wellbeing, this then ensures the wellbeing of their loved ones. I, for one, have been very grateful for the many services the Centre puts on, Café, Choir, Dementia Carers Group, to have somewhere to be able to go to & be with similar minded people, to have a break from carers everyday stress & strains."

"Made me feel like a human being again and listened to when I was having problems. Helped sort out benefits that I didn't know I was entitled to. Made me feel not so alone going through this supporting my mother-in-law with dementia when she moved in with us full time. Someone is always at the end of the phone for me. Thank you for your support and ongoing help."

Hospital Carers Support Service

"We couldn't have managed without you. I don't know what we would have done you have helped me and my mother so much"

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

"Without your intervention nothing would have been processed as fast and we cannot thank you enough. You are a guardian Angel"

"Just speaking to someone helps as I've been feeling so guilty about my feelings"

"Thank you so much I would never have known what to do if I hadn't met you on the ward so I really appreciate it"

"Thank you so much, you are like a god and make such a difference as we would have been banging our head without you"

Armed Forces and Veteran Carers Service

"Being referred to the centre has opened up a whole new world and has made our lives much easier. We had no idea that we could claim Attendance Allowance for my husband as he has previously been refused. This has made such a difference to our finances and how we approach each new day. Also having the aids have given DC a new lease of life as he can freely move through the property. We value the support we get and know we can rely on staff to help us, if we need any advice or support."

I have joined the book club in the last few months and it is the first chance I have had to connect with other carers. It really helps knowing that there are other people in a similar situation, and being able to share a hobby like reading is a great way of feeling supported but also stimulated. It reduces the feeling of isolation and it is good to concentrate for a while on something for myself. It is good to know there is a wind of time for me. Being able to meet on Zoom makes it very accessible. I have developed new friendships and feel very lucky to be part of such a lovely caring family. It has made such a difference to my life."

"I am so grateful for the support you have given me. You are the first person who has taken the time to listen to me and to understand how I feel. Without your help I wouldn't know what to do or where to go to get the support that is very much needed for me and my brother. Thank you."

Welfare Benefits Advice Service

"We can't thank you enough. The extra income we now receive will make our lives so much easier. Everything is going up and we've been struggling. Thank you for everything you've done for us. I recently attended your jewellery making course and I loved it. I'm wearing the ring I made now. I've worn it since I made it."

Thank you so much for doing this. I'd never have been able to fill out this form on my own. How people manage without people like you, I do not know."

"You don't know what this means to me and X. You don't know how amazing you are and I don't know what I'd do without you. I could never have completed those forms on my own. It's so comforting to know you're always on the end of the phone when I need you. I don't know how to thank you."

Food Sufficiency Grant Activities - supporting those experiencing food poverty

"It was a great night. Thank you so much for organising it. I know a lot of effort goes into it!"

"This activity has done me the world of good, being able to have quality time with my family and not have to worry about the cost has taken a lot of stress"

"Was a lovely evening, really needed it! Thank you so much!"

"As always, an absolutely wonderful hour away from our caring role, full of fun and chatting".

"Thank you for the Carers Rights Day event. I was able to speak with PALS what have said they will help me when I go into hospital for an operation. I was so worried about what I was going to do and how the time away will affect my caring responsibility. I know feel at ease. I wasn't aware of the service and if it wasn't for attending today, I wouldn't have known about it. I enjoyed a great lunch too!"

Counselling Sessions - Giving carers emotional support

"I have had a positive experience. It has been thought provoking and helped me understand myself in the context with other people."

"I am struggling with loss and changes in my life I have to make. This was a good opportunity for me to offload with no hidden agenda."

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

"Good to admit, it's been amazing. Communications with the counsellor has been good and I've opened up more than I thought I could."

"I have found counselling a fantastic vehicle to unload emotional baggage and to allow myself then to make sense of it to allow myself in a safe space. The Counsellor is fantastic in giving me a safe emotional space. The Counsellor has not tried to fix me, allowing things to organically, tangentially unfold my feelings."

Life Coaching Sessions- Supporting carers to fulfil potential and support change

"I've found the experience very valuable and would highly recommend it. It has helped me to see my situation in a far more positive way and to, alongside my caring responsibilities, also consider myself and the things that support me in life. It has helped me to find my confidence to make life changes that have been long overdue."

"I am very grateful to the Life Coach and the Bridgend Carers Centre for being able to provide this service to me when my family have been going through a tough time. To know that services out there exist for carers and how accessible it is truly helps. Thank you."

"I am trying to get my carer friend to apply as the benefit of having the sessions have been immense! The Life Coach really helped me see my life and where I was! She really opened my eyes to many areas and really changed my outlook on life! She was so easy to talk to and really helped me in a way that made me see things that I hadn't seen before! Talking with the Life Coach helped me make massive changes that I would have put off! Also, I feel now I am clearer about my future ???? thank you so much!"

"I was offered life coaching at a very difficult time. I was going through an upheaval in my life and carrying a lot of stress. Throughout the course of the sessions with the Life Coach further, really life changing difficult events occurred. The Coach really did help me through these difficult times. She allowed me to discuss some of the current issues and was able to incorporate them into the sessions, showing me how the life coaching was relevant. I found the sessions immediately very cathartic, and about half-way through, noticed my thinking was being influenced positively by the sessions. I was automatically reframing issues and structuring my thinking going forward. Little things from the sessions were coming to mind. For me personally, I found the sessions more beneficial and therapeutic than actual counselling that I had been going to in order to manage my stress and offset ill health. I found it is not a silver bullet, but a crutch that helped going forward."

"I would not hesitate in recommending the Life Coaching. The Life Coach was a breath of fresh air for me and was so comfortable to talk to. These sessions started at a perfect transitional stage of my life where a lot was taking place. The Coach was a great help and I felt very at ease to open up too. She is so warm and welcoming. These sessions highlighted many things I had not allowed myself to feel. It has been perfect timing and has benefited me greatly."

Social Isolation Grant Activities - giving opportunities to carers to help them avoid isolation and loneliness and increase engagement

"I didn't realise how much joy I would feel by potting my own houseplant, I will certainly be doing more of this at home".

"I didn't feel like leaving the house today, I was encouraged to come along by a friend and I am glad I did, I can't remember the last time I laughed like this".

STRATEGIC REPORT

The charity reported a net income position of £5,530 for the year ended 31 March 2024.

Risks

The main risk to the charity, identified in April 2023/24, is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to maintain the reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

Factors likely to affect financial performance

These would include:

Loss of funding

Increase in funding

Loss/improvement of reputation

Loss/ appointment of new or key trustee roles

Increase/decrease in outcomes for carers

Employ a marketing officer

Improvement impact monitoring

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT

Principal funders

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Children in Need, St James Place, Waterloo Foundation, Moondance, Wales and West Utilities and all those who have made financial contributions in donations and fundraising.

Going concern

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

Reserves

The total funds of £162,697 (2023: £127,167) include £90,643 (2023: £80,838) which is held for restricted purposes. Free reserves at the 31 March 2024 were £68,176.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

Future plans

Actions that the charity needs to continue to make progress in the coming year include:

- Working with businesses to ensure that employees who are carers are supported and best practice is looked at.
- Ensuring the charity is sustainable for the future.
- Evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Welsh language implications and action plan.
- Work towards quality standards awards.
- Reviewing all strategic priorities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

Recruitment and appointment of new trustees

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

Organisational structure

Sixteen staff are managed by CEO. The Team has a part time Deputy CEO, a Young Carers and Young Adult Carers Manager and a Parent Carers Senior role offering an organisational structure of command and decision making. The Administrator (Company Secretary) and CEO are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and CEO reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, HR Sub Group, Policy Sub Group, Friends of Bridgend Carers Centre Fundraising Group. They bring recommendations to the full Board. Any purchase over £1000 has to be sanctioned by the Board.

The existing CEO retired on 31 March 2024 and after a recruitment process the successful candidate was the existing Deputy CEO, who took over the role from 1 April 2024. The trustees would like to express their deep appreciation of the outgoing CEO and the work she undertook for the Charity and its work with carers.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Induction and training of new trustees

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The CEO works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers, and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the CEO and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Charities Commission, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the HR Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05372329 (England and Wales)

Registered Charity number

1125921

Registered office

Bethlehem Church Life Centre Bryn Glas
Cefn Cribwr
BRIDGEND
Bridgend
CF32 0AA

Trustees

M Davies
C Colman
C Clarke
E Owen
K Cabbage
P Edwards

- appointed 1 November 2023
- resigned 1 May 2023
- resigned 29 June 2023

Company Secretary

S G Evans

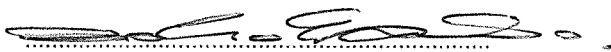
Independent Examiner

MHA (trading name of MacIntyre Hudson LLP)
Limited liability partnership in England & Wales
Registered number OC312313
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
CF23 8RS

CEO

H M Pitt (until 31 March 2024)
S Jarvis (from 1 April 2024)

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 18 September 2024 and signed on the board's behalf by:


S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRIDGEND CARERS CENTRE**

Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

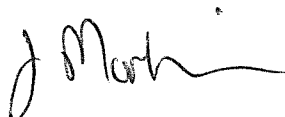
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Julia Mortimer FCCA
MHA (trading name of MacIntyre Hudson LLP)
Limited liability partnership in England & Wales
Registered number OC312313
Elfed House
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
County of Cardiff
CF23 8RS

Date: 19 September 2024

BRIDGEND CARERS CENTRE

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	63,194	-	63,194	30,726
Charitable activities	6				
Support for Carers		46,122	508,367	554,489	408,717
Other trading activities	4	5,536	-	5,536	2,171
Investment income	5	<u>1,880</u>	<u>-</u>	<u>1,880</u>	<u>973</u>
Total		<u>116,732</u>	<u>508,367</u>	<u>625,099</u>	<u>442,587</u>
EXPENDITURE ON					
Charitable activities	7				
Support for Carers		<u>93,007</u>	<u>496,562</u>	<u>589,569</u>	<u>460,805</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	17	23,725 <u>2,000</u>	11,805 <u>(2,000)</u>	35,530 <u>-</u>	(18,218) <u>-</u>
Net movement in funds		25,725	9,805	35,530	(18,218)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>46,329</u>	<u>80,838</u>	<u>127,167</u>	<u>145,385</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>72,054</u></u>	<u><u>90,643</u></u>	<u><u>162,697</u></u>	<u><u>127,167</u></u>

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	14	3,878	-	3,878	2,997
CURRENT ASSETS					
Debtors	15	-	38,321	38,321	1,426
Cash at bank and in hand		<u>98,788</u>	<u>52,422</u>	<u>152,210</u>	<u>166,536</u>
		98,788	91,743	190,531	167,962
CREDITORS					
Amounts falling due within one year	16	(30,612)	(1,100)	(31,712)	(43,792)
NET CURRENT ASSETS		<u>68,176</u>	<u>90,643</u>	<u>158,819</u>	<u>124,170</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>72,054</u>	<u>90,643</u>	<u>162,697</u>	<u>127,167</u>
NET ASSETS		<u>72,054</u>	<u>90,643</u>	<u>162,697</u>	<u>127,167</u>
FUNDS	17				
Unrestricted funds				72,054	46,329
Restricted funds				<u>90,643</u>	<u>80,838</u>
TOTAL FUNDS				<u>162,697</u>	<u>127,167</u>

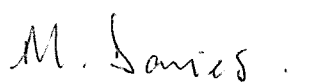
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ~~18 September 2024~~ and were signed on its behalf by:


M Davies - Trustee

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(13,232)</u>	<u>5,870</u>
Net cash (used in)/provided by operating activities		<u>(13,232)</u>	<u>5,870</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(2,974)	(707)
Interest received		<u>1,880</u>	<u>973</u>
Net cash (used in)/provided by investing activities		<u>(1,094)</u>	<u>266</u>
Change in cash and cash equivalents in the reporting period		(14,326)	6,136
Cash and cash equivalents at the beginning of the reporting period		<u>166,536</u>	<u>160,400</u>
Cash and cash equivalents at the end of the reporting period		<u><u>152,210</u></u>	<u><u>166,536</u></u>

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	35,530	(18,218)
Adjustments for:		
Depreciation charges	2,093	2,340
Interest received	(1,880)	(973)
(Increase)/decrease in debtors	(36,895)	23,881
Decrease in creditors	(12,080)	(1,160)
Net cash (used in)/provided by operations	<u>(13,232)</u>	<u>5,870</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank and in hand	<u>166,536</u>	<u>(14,326)</u>	<u>152,210</u>
	<u>166,536</u>	<u>(14,326)</u>	<u>152,210</u>
Total	<u>166,536</u>	<u>(14,326)</u>	<u>152,210</u>

1. STATUTORY INFORMATION

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

Donations and legacies income

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

Investment income

Investment income is recognised on a receivable basis.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

2. ACCOUNTING POLICIES - continued

Expenditure

Expenditure includes VAT as the charity is not VAT registered.

Allocation and apportionment of costs

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Debtors

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Tangible fixed assets

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Fund accounting

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

BRIDGEND CARERS CENTRE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

3. DONATIONS AND LEGACIES

	2024	2023
	£	£
General donations	63,034	30,592
Membership fees	160	134
	<u>63,194</u>	<u>30,726</u>

4. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising activities	<u>5,536</u>	<u>2,171</u>

5. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	<u>1,880</u>	<u>973</u>

6. INCOME FROM CHARITABLE ACTIVITIES

	2024	2023
	£	£
Bursaries for individual carers	-	6,445
Grants	545,536	398,582
Other income	8,951	1,424
Community Cafe income	-	2,266
	<u>554,687</u>	<u>408,717</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Macmillan Cancer Support	21,481	19,925
Other grants	4,600	16,924
BAVO	9,165	9,750
Carers Trust grants	211,402	95,780
Waterloo Foundation	25,000	25,000
BBC Children in Need	12,707	500
The Triangle Trust 1949 Fund	-	12,500
St James's Place Charitable Foundation	5,000	5,000
BCBC grant	6,000	9,000
Armed Forces Covenant Fund	11,430	34,125
Moondance Foundation	46,319	35,000
Cwm Taf Autism Project	-	3,690
The Edward Gostling Foundation	10,000	25,000
The Postcode Lottery	-	24,962
Cwm Taf Morgannwg Regional Partnership Fund (RIF)	88,812	55,000
Wales and West Utilities	25,000	25,000
Principality Community Fund in Wales	8,800	-
Shaw Foundation	1,500	-
Valleys Kids	33,527	-
Awards for All	19,993	-
National Autistic Society Boshier Fund	5,000	-
	<u>545,536</u>	<u>397,156</u>

BRIDGEND CARERS CENTRE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Support for Carers	<u>533,671</u>	<u>55,898</u>	<u>589,569</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024 £	2023 £
Staff costs	355,251	287,364
Insurance	932	1,247
Light, heat and water	1,198	1,444
Telephone	5,510	4,881
Printing, postage and stationery	4,992	10,414
Publications, advertisements and subscriptions	4,121	923
Sundry expenses	271	458
Recruitment costs	43	579
Rent	5,464	4,844
Repairs, maintenance and cleaning	887	414
Carers' events	-	366
Breaks/project expenditure for carers	90,086	42,721
Staff travel	10,146	8,060
Staff training	2,368	7,164
Computer and IT expenses	5,569	3,673
Drop in/Outreach expenses	-	48
Volunteer expenses	20	-
Bursaries to individual carers	43,302	25,908
Cafe purchases for resale	2,464	1,511
Depreciation	<u>1,047</u>	<u>1,170</u>
	<u>533,671</u>	<u>403,189</u>

9. SUPPORT COSTS

	Staff costs £	Other £	Depreciation £	Governance costs £	Totals £
Support for Carers	<u>27,913</u>	<u>13,715</u>	<u>1,046</u>	<u>13,224</u>	<u>55,898</u>

The amount due to the independent examiners for the year ended 31 March 2024 was £2,525 (2023 - £2,382) and £1,379 (2022 - £1,244) in respect to other financial services.

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	<u>2,093</u>	<u>2,340</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 or for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses for the year ended 31 March 2024 or for the year ended 31 March 2023.

12. STAFF COSTS

	2024 £	2023 £
Wages and salaries	360,002	292,286
Social security costs	24,206	26,809
Other pension costs	<u>7,480</u>	<u>5,506</u>
	<u>391,688</u>	<u>324,601</u>

The average monthly number of employees during the year was as follows:

	2024 <u>16</u>	2023 <u>15</u>
The average number of staff		

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	29,165	1,561	30,726
Charitable activities			
Support for Carers	31,190	377,527	408,717
Other trading activities	2,171	-	2,171
Investment income	<u>973</u>	<u>-</u>	<u>973</u>
Total	<u>63,499</u>	<u>379,088</u>	<u>442,587</u>
EXPENDITURE ON			
Charitable activities			
Support for Carers	<u>89,082</u>	<u>371,723</u>	<u>460,805</u>
NET INCOME/(EXPENDITURE)	(25,583)	7,365	(18,218)
Transfers between funds	<u>2,696</u>	<u>(2,696)</u>	<u>-</u>
Net movement in funds	(22,887)	4,669	(18,218)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>69,216</u>	<u>76,169</u>	<u>145,385</u>
TOTAL FUNDS CARRIED FORWARD	<u>46,329</u>	<u>80,838</u>	<u>127,167</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

14. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2023	44,651
Additions	2,974
Disposals	<u>(31,381)</u>
At 31 March 2024	<u>16,244</u>
DEPRECIATION	
At 1 April 2023	41,654
Charge for year	2,093
Eliminated on disposal	<u>(31,381)</u>
At 31 March 2024	<u>12,366</u>
NET BOOK VALUE	
At 31 March 2024	<u>3,878</u>
At 31 March 2023	<u>2,997</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Prepayments and accrued income	<u>38,321</u>	<u>1,426</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	22,217	12,118
Other creditors	2,599	2,614
Accruals and deferred income	<u>6,896</u>	<u>29,060</u>
	<u>31,712</u>	<u>43,792</u>

Included above is £Nil (2023: £25,000) of deferred income which relates grants which were specified as being for a future period by the funder.

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

17. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	46,329	23,725	2,000	72,054
Restricted funds				
Macmillan Patient & Carer Support Worker	(665)	(2,394)	-	(3,059)
Princess of Wales Hospital Support				
Workers fund	10,200	(5,565)	-	4,635
YAC/YC fund	2,739	1,731	-	4,470
Carers Trust - Inspiring Change	626	(626)	-	-
Digital families	124	(124)	-	-
Armed Forces Covenant Fund	8,858	(8,858)	-	-
Carers Trust Making Carers Count	561	747	(1,110)	-
DWP Kickstart Programme	802	-	-	802
Waterloo 2022- 2024	1,596	(895)	-	701
Cwm Taf - Autism Project	2,687	(2,687)	-	-
The Postcode Lottery Parent Carers Fund	17,952	(13,403)	-	4,549
BAVO	4,878	(4,878)	-	-
BAVO Warm Spaces Fund	169	(169)	-	-
BCBC - Peer Mentoring Fund	7,237	(2,305)	-	4,932
St James Place Funding	4,581	965	-	5,546
Community Cafe Fund	1,779	(1,595)	-	184
Moondance Foundation	13,294	(13,294)	-	-
Versus Arthritis Fund	1,201	(948)	-	253
Wales and West Utilities Benefits Fund	2,219	(168)	-	2,051
Carers Trust Support Service	-	2,740	-	2,740
Children in Need 2 fund	-	899	-	899
Principality Community Fund in Wales	-	2,259	-	2,259
Carers Trust Amser fund	-	2,954	-	2,954
Shaw Foundation - Valleys Project	-	2,953	-	2,953
Moondance Parent Carers	-	22,853	-	22,853
Valleys Kids Dementia Project	-	1,527	-	1,527
BAVO Food Sufficiency fund	-	195	(195)	-
Barchester Trip fund	-	440	-	440
Awards for All Sustainability fund	-	5,906	-	5,906
AFCF - Veteran Carers fund	-	5,289	-	5,289
Monmouthshire Building Society	-	670	-	670
RIF Short Breaks fund	-	10,599	(695)	9,904
Autism fund	-	4,237	-	4,237
BAVO Activity grant	-	278	-	278
Macmillan Activities fund	-	3,770	-	3,770
	<u>80,838</u>	<u>11,805</u>	<u>(2,000)</u>	<u>90,643</u>
TOTAL FUNDS	<u>127,167</u>	<u>35,530</u>	<u>-</u>	<u>162,697</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	116,723	(93,007)	23,725
Restricted funds			
Macmillan Patient & Carer Support Worker	17,136	(19,530)	(2,394)
Princess of Wales Hospital Support			
Workers fund	-	(5,565)	(5,565)
YAC/YC fund	4,909	(3,178)	1,731
Carers Trust - Inspiring Change	-	(626)	(626)
Digital families	-	(124)	(124)
Armed Forces Covenant Fund	875	(9,733)	(8,858)
Carers Trust Making Carers Count	86,457	(85,710)	549
Waterloo 2022- 2024	25,000	(25,895)	(895)
Cwm Taf - Autism Project	-	(2,687)	(2,687)
The Postcode Lottery Parent Carers Fund	-	(13,403)	(13,403)
BAVO	-	(4,878)	(4,878)
BAVO Warm Spaces Fund	-	(169)	(169)
BCBC - Peer Mentoring Fund	6,000	(8,305)	(2,305)
St James Place Funding	5,000	(4,035)	965
Community Cafe Fund	-	(1,595)	(1,595)
Moondance Foundation	(43)	(13,251)	(13,294)
Versus Arthritis Fund	-	(948)	(948)
Wales and West Utilities Benefits Fund	25,000	(25,168)	(168)
Carers Trust Support Service	41,916	(39,176)	2,740
Children in Need 2 fund	12,707	(11,808)	899
Principality Community Fund in Wales	8,800	(6,541)	2,259
RIF	55,000	(55,000)	-
Carers Trust Amser fund	43,768	(40,814)	2,954
Shaw Homes - Valleys Project	11,493	(8,540)	2,953
Archbishop Fund for Children	1,600	(1,600)	-
Cryvys Voluntary Youth fund	731	(731)	-
Moondance Parent Carers	46,362	(23,509)	22,853
Valleys Kids Dementia Project	33,527	(32,000)	1,527
BAVO Food Sufficiency fund	9,165	(8,970)	195
Barchester Trip fund	1,000	(560)	440
Awards for All Sustainability fund	10,000	(4,094)	5,906
AFCF - Veteran Carers fund	10,555	(5,266)	5,289
Monmouthshire Building Society	1,000	(330)	670
Edward Gostling Sustainability fund	10,000	(10,000)	-
RIF Short Breaks fund	30,262	(19,663)	10,599
Autism fund	5,000	(763)	4,237
BAVO Activity grant	1,000	(722)	278
Macmillan Activities fund	4,345	(575)	3,770
	<u>508,367</u>	<u>(496,562)</u>	<u>11,805</u>
TOTAL FUNDS	<u>625,099</u>	<u>(589,569)</u>	<u>35,530</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	39,216	(25,583)	32,696	46,329
Outreach Service/Development Funding	30,000	-	(30,000)	-
	69,216	(25,583)	2,696	46,329
Restricted funds				
Macmillan Patient & Carer Support Worker	(2,149)	1,484	-	(665)
Princess of Wales Hospital Support				
Workers fund	15,986	(5,267)	(519)	10,200
Welfare Benefits Adviser fund	4,441	(4,441)	-	-
ROOTS School Project	2,047	-	(2,047)	-
YAC/YC fund	2,431	308	-	2,739
Carers Link worker posts	(519)	-	519	-
Big Lottery People and Places Grant	2,471	(2,471)	-	-
BBC Children in Need	8,085	(7,585)	(500)	-
Veteran Support Project	148	(212)	64	-
Triangle Trust	2,468	(2,867)	399	-
Carers Trust - Inspiring Change	680	(54)	-	626
Young Adult Carers fund	180	(180)	-	-
BAVO ICF - Wellbeing grant for YAC	330	-	(330)	-
Carers Trust Hardship fund	553	-	(553)	-
Carers Trust - Time for me fund	100	-	(100)	-
WCVA Voluntary Sector Recovery Fund	1,456	-	(1,456)	-
Digital families	274	(150)	-	124
Armed Forces Covenant Fund	5,055	3,803	-	8,858
BCBC Veteran fund	1,267	(1,348)	81	-
Moondance Foundation	3,611	(4,511)	900	-
Volunteer Co-ordinator - garden project fund	1,304	(1,724)	420	-
Veteran fund	63	(63)	-	-
The National Lottery Community Fund	4,718	(4,718)	-	-
Carers Trust Respite Development fund	5,174	(5,249)	75	-
Carers Trust Making Carers Count	12,072	(11,511)	-	561
Gwendoline and Margaret Davies Charity	388	(388)	-	-
BAVO Respite fund	115	(115)	-	-
Garden project	2,618	(1,142)	(1,476)	-
DWP Kickstart Programme	802	-	-	802
Waterloo 2022- 2024	-	1,596	-	1,596
Cwm Taf - Autism Project	-	2,687	-	2,687
The Postcode Lottery Parent Carers Fund	-	17,952	-	17,952
BAVO	-	4,878	-	4,878
BAVO Warm Spaces Fund	-	169	-	169
BCBC - Peer Mentoring Fund	-	7,237	-	7,237
St James Place Funding	-	4,581	-	4,581
Community Cafe Fund	-	1,779	-	1,779
Moondance Foundation	-	13,294	-	13,294
Hospital Posts Fund (RIF)	-	(604)	604	-
Benefits Fund (RIF)	-	548	(548)	-
Quakers	-	(29)	29	-
Versus Arthritis Fund	-	1,201	-	1,201
Wales and West Utilities Benefits Fund	-	2,219	-	2,219
AFCF NPT Jubilee Celebrations	-	(1,498)	1,498	-
Carers Trust Support Service	-	(244)	244	-
	76,169	7,365	(2,696)	80,838
TOTAL FUNDS	145,385	(18,218)	-	127,167

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,499	(89,082)	(25,583)
Restricted funds			
Bursaries for individual carers	7,945	(7,945)	-
Macmillan Patient & Carer Support Worker	16,024	(14,540)	1,484
Princess of Wales Hospital Support			
Workers fund	-	(5,267)	(5,267)
Welfare Benefits Adviser fund	-	(4,441)	(4,441)
YAC/YC fund	1,561	(1,253)	308
Big Lottery People and Places Grant	-	(2,471)	(2,471)
BBC Children in Need	500	(8,085)	(7,585)
Veteran Support Project	-	(212)	(212)
Triangle Trust	12,500	(15,367)	(2,867)
Carers Trust - Inspiring Change	-	(54)	(54)
Young Adult Carers fund	-	(180)	(180)
Digital families	-	(150)	(150)
Armed Forces Covenant Fund	34,125	(30,322)	3,803
BCBC Veteran fund	-	(1,348)	(1,348)
Moondance Foundation	-	(4,511)	(4,511)
Volunteer Co-ordinator - garden project			
fund	-	(1,724)	(1,724)
Veteran fund	-	(63)	(63)
The National Lottery Community Fund	-	(4,718)	(4,718)
Carers Trust Respite Development fund	-	(5,249)	(5,249)
Carers Trust Making Carers Count	58,972	(70,483)	(11,511)
Gwendoline and Margaret Davies Charity	-	(388)	(388)
BAVO Respite fund	-	(115)	(115)
Garden project	-	(1,142)	(1,142)
DWP Kickstart Programme	3,256	(3,256)	-
Waterloo 2022- 2024	25,000	(23,404)	1,596
Cwm Taf - Autism Project	3,690	(1,003)	2,687
CWWYS	2,099	(2,099)	-
The Postcode Lottery Parent Carers Fund	24,962	(7,010)	17,952
The Arnold Clark Community Fund	1,000	(1,000)	-
BAVO	7,000	(2,122)	4,878
BAVO Summer of Fun	750	(750)	-
BAVO Warm Spaces Fund	2,000	(1,831)	169
BCBC - Peer Mentoring Fund	9,000	(1,763)	7,237
Henry Smith Foundation Fund	675	(675)	-
St James Place Funding	5,000	(419)	4,581
Community Cafe Fund	5,327	(3,548)	1,779
Millennium Stadium Charitable Trust Fund	1,867	(1,867)	-
Moondance Foundation	35,000	(21,706)	13,294
Hospital Posts Fund (RIF)	27,515	(28,119)	(604)
Benefits Fund (RIF)	27,485	(26,937)	548
Quakers	2,742	(2,771)	(29)
Versus Arthritis Fund	5,285	(4,084)	1,201
Wales and West Utilities Benefits Fund	25,000	(22,781)	2,219
AFCF NPT Jubilee Celebrations	-	(1,498)	(1,498)
Carers Trust Support Service	32,808	(33,052)	(244)
	<u>379,088</u>	<u>(371,723)</u>	<u>7,365</u>
TOTAL FUNDS	<u>442,587</u>	<u>(460,805)</u>	<u>(18,218)</u>

17. MOVEMENT IN FUNDS - continued

Macmillan Patient & Carer Support Worker

A post funded by Macmillan Cancer Support.

Princess of Wales Hospital Support Workers fund

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

YAC/YC fund

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

Carers Trust - Inspiring Change

Funding was received from the Carers Trust for Young Adult Carers support.

Digital families

Funding was received towards providing online activities for young carers funded through Parentzone.com

Armed Forces Covenant Fund

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

Making Carers Count

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

DWP Kickstart Programme

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

Waterloo 2022-2024

To provide support in schools and raise awareness of young carers.

Cwm Taf - Autism Project

To deliver specific support to children and parents dealing with Autism.

The Postcode Lottery Parent Carers fund

For the development and increased capacity of a dedicated Parent Carer Support Team.

BAVO Respite fund

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

BAVO Warm Spaces Fund

To support unpaid carers with activities and opportunities to respond to isolation and loneliness and the ongoing cost of living crisis.

Peer Mentoring

To provide peer support to young carers and young adult carers.

St James Place funding

To provide activities to support young adult carers.

Community Café fund

Funding received from Macmillan Cancer Care to support the Community Café with Arts and Crafts.

Moondance Foundation

For continued provision of a dedicated Parent Carer Support Team.

Versus Arthritis

To provide physical activities to combat and prevent multi-skeletal conditions associated with unpaid carers roles.

Wales and West Utilities

To provide Welfare Benefits Advice plus address issues associated with the cost of living crisis and fuel poverty.

17. MOVEMENT IN FUNDS - continued

Carers Trust Support Service

To provide a Debt Support Service and carers grants to address hardship and the cost of living crisis.

Children in Need 2 fund

To provide respite opportunities for teen carers aged 13-17.

Principality Community Fund in Wales

To provide respite opportunities for young carers aged 5-12.

RIF (Regional Integrated Fund) For continued provision of Integrated Carers Support at Princess of Wales Hospital and the provision of a Welfare Benefits Advisor.

Carers Trust Amser fund

Providing short break opportunities for unpaid carers.

Shaw Foundation – Valleys Project

For the provision of a dedicated Dementia Carers Support Worker.

Archbishop Fund for Children

To provide funding for a summer programme of activities for young carers.

Cryvys Voluntary Youth fund

To provide additional capacity and resources for staff during the Summer Holidays.

Moondance Parent Carers

Funding to provide 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

Valleys Kids Dementia Project

For the provision of a dedicated Dementia Carers Support Worker.

BAVO Food Sustainability fund

Toward the provision of a range of activities, the community café and food provision.

Barchester Trip fund

To provide a short trip opportunity for carers.

Awards for All Sustainability fund

To assist with cost of living increases, overheads and core costs.

AFCF- Veteran Carers fund

For the provision of a dedicated Veteran Carers Support Worker.

Monmouthshire Building Society

Funding towards providing a counselling service for Carers.

Edward Gostling Sustainability fund

To assist with cost of living increases, overheads and core costs.

RIF Short Breaks fund

For the provision of short break opportunities for unpaid carers.

Autism Fund

For the Wildflower Group – supporting girls with Autism

Bavo Activity grant

Providing respite opportunities for carers.

Macmillan Activities fund

Towards providing activities for those attending the community café.

17. MOVEMENT IN FUNDS - continued

Transfers between funds

Transfers have been made from the general fund to restricted funds where fixed assets have been purchased and the restriction met.

18. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £7,480 (2023: £5,506). Contributions outstanding at the year end amounted to £Nil (2023 : £Nil).

19. RELATED PARTY DISCLOSURES

The total key management personnel remuneration benefits paid during the year was £42,690 (2023: £39,949).

The total unconditional donations made to the charity by its trustees amounted to £9,300 (2023: £1,100).

BRIDGEND CARERS CENTRE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations	63,034	30,592
Membership fees	<u>160</u>	<u>134</u>
	63,194	30,726
Other trading activities		
Fundraising activities	5,536	2,171
Investment income		
Deposit account interest	1,880	973
Charitable activities		
Bursaries for individual carers	-	6,445
Grants	545,538	398,582
Other income	8,951	1,424
Community Cafe income	<u>-</u>	<u>2,266</u>
	<u>554,489</u>	<u>408,717</u>
Total incoming resources	625,099	442,587
EXPENDITURE		
Charitable activities		
Wages and salaries	323,565	255,049
Social security	24,206	26,809
Pensions	7,480	5,506
Insurance	932	1,247
Light, heat and water	1,198	1,444
Telephone	5,510	4,881
Printing, postage and stationery	4,992	10,414
Publications, advertisements and subscriptions	4,121	923
Sundry expenses	271	458
Recruitment costs	43	579
Rent	5,464	4,844
Repairs, maintenance and cleaning	887	414
Carers' events	-	366
Breaks/project expenditure for carers	90,086	42,721
Staff travel	10,146	8,060
Staff training	2,368	7,164
Computer and IT expenses	5,569	3,673
Drop in/Outreach expenses	-	48
Volunteer expenses	20	-
Bursaries to individual carers	43,302	25,908
Cafe purchases for resale	2,464	1,511
Depreciation	<u>1,047</u>	<u>1,170</u>
	533,671	403,189
Support costs		
Staff costs		
Wages and salaries	27,913	29,247

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BRIDGEND CARERS CENTRE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
Staff costs		
Other		
Insurance	399	535
Light and heat	513	619
Telephone	1,378	1,220
Postage and stationery	881	1,838
Sundries	271	458
Bank charges	593	507
Rent	2,942	2,609
Repairs, maintenance and cleaning	477	223
Computer and IT expenses	2,719	1,574
Carers Trust Membership	1,000	1,500
Equipment hire	<u>2,542</u>	<u>3,023</u>
	13,715	14,106
Depreciation		
Fixtures and fittings	1,046	1,170
Governance costs		
Wages	8,524	7,990
Accountancy fees	3,798	3,606
Legal fees	<u>902</u>	<u>1,497</u>
	<u>13,224</u>	<u>13,093</u>
Total resources expended	<u>589,569</u>	<u>460,805</u>
Net income/(expenditure)	<u><u>35,530</u></u>	<u><u>(18,218)</u></u>

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