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REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
BRIDGEND CARERS CENTRE**

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BRIDGEND CARERS CENTRE

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FOR THE YEAR ENDED 31 MARCH 2023**

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BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objects

The charity's objects as stated in the governing document are:

(i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.

(ii) to undertake any necessary education work related to carers.

Objectives and aims

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service to improve wellbeing, avoidance of carer stress, burden, isolation and crisis.

Bridgend Carers Centre raise awareness through diverse mediums including newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic Plan until 2025 giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we work with Dizons - Charity Log and Carers Trust to support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

Throughout the pandemic, we adapted and changed the way we supported carers in response to Welsh Government restrictions. During the post pandemic recovery and as restrictions were lifted we were able to reintroduce our face to face activities and services to our beneficiaries. We have continued to develop outreach services in a number of geographical areas, maintained our digital presence and means of communication through social media, making support and information more accessible. We have reintroduced and increased activities including walks, yoga, holistic therapies and a variety of social opportunities whilst being mindful of continued lack of confidence and fear faced by the beneficiaries of our service.

OBJECTIVES AND ACTIVITIES

Information

Bridgend Carers Centre adapted its information dissemination in response to challenges posed by the pandemic and during post pandemic recovery. This has continued throughout 2022/23 by directly supporting carers through wellbeing and befriending calls, email, website, post and social media, online peer support through Zoom and WhatsApp.

Volunteers

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café. The charity has found it difficult to retain and recruit volunteers during the period of post pandemic recovery but realise that this is an area which requires further development to increase the involvement of volunteers in future developments. **The charity would like to give thanks to all the volunteers for their support and commitment.**

Public benefit

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

OBJECTIVES AND ACTIVITIES

Significant activities

During this period, the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered intensive person-centred support to keep families engaged and safeguarded. The service has continued to provide information, face-to-face contact to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend County Borough to sample a diverse range of support that suits their own individual needs. The short respite breaks funded through Carers Trust have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and live a life of their own, whilst continuing to fulfil their caring responsibilities if they wish.

Bridgend Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations.

Highlights have included:

- Achieving **RIF (Regional Integrated Fund)** to sustain a Carers' Support Service based at Princess of Wales Hospital, which aids hospital discharge.
- Achieving **RIF (Regional Integrated Fund) and Wales and West Utilities** funding to sustain a Welfare Benefits Service achieving **£617,554** annual maximisation of income for carers and those they care for giving a total cumulative amount since the start of the Project funding of **£3,523,382 for carers across Bridgend County Borough until 31 March 2023**. These roles also support unpaid carers facing fuel poverty and give advice and information on the Priority Registration, CO2 monitors, gas safety taps and distributed 100's of Warm Packs to vulnerable families.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through Macmillan Cancer Care to support patients and families through life changes, palliative care and bereavement.
- Sustaining a Carers Link Service working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers and Young Adult Carers Support through diverse funding including **Making Carers Count Funding from Carers Trust, Children in Need, Waterloo, St James Place** etc
- Continuation of Young Carers involvement on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Continuation of an **Armed Forces and Veteran Support Project**, through funding from **Armed Forces Covenant** identifying **159 beneficiaries** for support and activities.
- Continued a Dementia Carers Support Project working with families to give information, advice, one to one support and short break opportunities.
- Received Post Code Lottery Funding to develop and give additional capacity to the **Parent Carer Wellbeing Service**.
- Provided **68 carers** with individual grants to address financial hardship and give opportunities for short breaks through funding received from Carers Trust totalling **£21,000**
- Received additional funding to give administrative assistance to support all staff and improve our social media presence due to growing demand.
- Employed a former Young Adult Carer through the Kickstart Scheme.

Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:

- Attending online networking and information events for professionals in statutory, third sector and community organisations.
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of a Carers Week Garden Party for carers and professionals to celebrate their caring roles..
- Raising young carer awareness with pupils and staff when possible throughout all schools across the Borough..
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attend online training/conferences.
- Continue to produce 3 newsletters and periodic Young Carers and Young Adult Carers E newsletters.
- Provision of a new and improved website www.bridgendcarers.co.uk
- Continue to have strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of Bridgend Carers Centre.
- Dissemination of various online consultations with carers including Welsh Government Consultations as required.

Information has been made available directly to carers and also through other organisations:

- Bridgend Carers Centre disseminated information in a variety of ways.
- One to one sessions were made over the telephone and face to face support offered to respond to emergencies and crisis carers were experiencing.
- Through distribution of information - 'Contact' newsletter via carers mailing list, website, online groups, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities.
- Increasing and development of social media including Facebook and Twitter increasing followers and friends through more dynamic posting and variety of information sharing.
- Attendance at a variety of meetings to share information to professionals and raise awareness to identify hidden carers.
- Provision of Welfare Benefits Advice to carers through the Welfare Benefits Advisor.
- Provision of updates via email to GP surgeries raising awareness of support to carers through Carers Link roles.
- Provision of updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers, through the Integrated Carers Support roles at POW Hospital.
- Provision of the Macmillan Family Patient and Carer Service supporting those with cancer and their carers.
- Provision of Young Carers and Young Adult Carers Support across the Borough.
- Provision of Young Carers Education Schools Project providing support to pupils to all schools across Bridgend.
- Identification of Armed Forces and Veteran carers and those carers looking after a Veteran and giving them access to specific information, support and activities from the Veteran Support Project.
- Provision of specific information to those carers caring for family members with Dementia.
- Developed online and face to face Bereavement and Loss information and support on www.bridgendcarers.co.uk

Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan. We arranged:

- Celebration of Carers Week at a Carers Centre Garden Party.
- Arranged Doorstep Dancers to recognise and value carers during in partnership with Awen Cultural Trust.
- Celebrated the Queens Jubilee at a Carers Centre Garden Party and a partnership event at Porthcawl Veteran Hub.
- Carers Counselling continues over the telephone and reintroduction of face to face sessions.
- Celebration of the annual Macmillan Fundraiser Coffee Morning
- Provided additional crafting and therapeutic activities to support the Community Café through Ray Of Light. Funded by a Macmillan Support Grant. This has given an added interest to the Café with increased numbers attending the Café.
- Provision of a selection of activities and short breaks for young carers and young adults including groups, Teen Group, Peer Mentoring, numerous short break activities.
- Provision of Summer of Fun activities for Young Carers and Siblings.
- Provision of activities and refreshments through the Warm Spaces Grant from Welsh Government for carers accessing the weekly Community Café.
- Continued to arrange a blended variety of online and face to face activities to give respite through Carers Trust funding to enable carers to rest and recharge including Mindfulness through singing, exercise sessions, Book Club, walks, counselling, Garden parties, crafts, Beauty boxes etc.
- Organised sessions funded through Versus Arthritis to support carers physical wellbeing through Dance, Zumba, Walks, Yoga, Tai Chi and Gentle Movements.
- Organised trips to Luminata at Margam Park through Carers Trust Wales
- Organised an Autistic Girls Group including a dedicated Therapy Day
- Provided Life Coaching Sessions to carers.
- Various online training opportunities to empower carers to full fill their potential and support them in their caring role including: Autism Training; Anxiety Workshops and Life Coaching.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

All the activities are monitored closely by the trustees and by the stakeholders and funders.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2023.

There are **7,816** carers on our database including former carers, receiving information by post, phone, text or email. We had meaningful engagement with **1,812** carers during this period.

Analytics for social media (01/04/22 - 31/03/23)

Number of 'likes' on Facebook - 1,726 and increasing

Number of 'followers' on Facebook - 1,955 and increasing

Number of Twitter 'followers' - 1,205 and increasing

890 new carers have been identified this year and added to our database.

Outreach sessions have been developed and developed since Welsh Government has lifted restrictions. However, we have continued to provide online Facebook, Zoom and WhatsApp peer support.

108 counselling hours from 01/4/22 - 31/3/23.

Dementia Carers Support - Directly support 356 carers of those with dementia.

Legal Advice continued to be provided over the telephone facilitated by Howells Solicitors to give carers more voice and control.

The funding from the Regional Integration fund continued throughout this period, supporting 447 carers and cared for during this period for Hospital and Welfare Benefits Support. The two members of staff received 390 carer referrals and identified 359 carers to receive intensive support.

Macmillan Patient and Carer Information and Support Service - Continued to provide partnership working with Nursing Specialists and Cancer related disciplines in POW, being a part of the palliative team at Y Bwthyn, ensures no one slips through the net and reaches crisis point.

The positive partnership with the Macmillan Welfare Benefits team has maximized income for carers and families in addition to the non-income work that is undertaken through the partnership ie Blue Badges, Macmillan Grants etc

Parent Carer Wellbeing Service - a project developed for parent carers by staff who are parent carers. The Project achieved continued growth and development of a service providing complex and extensive one to one support to parents including innovative support through a Wildflower Project supporting girls and families with Autism and dedicated support group. The Parent Carers Wellbeing Project supported over **200 parents and 244 children** through the Parent Carers Wellbeing Project and has a total of **473 parent carers** who access a dedicated closed Parent Carers Support Facebook group offering peer support to parents.

Information

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

Carers Individual Grants

Accessed individual Grants for carers totalling **£21,000** helping **68** carers to address hardship. They have included provision of white goods, help with food provision, furniture, and digital technology.

BRIDGEND CARERS CENTRE

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Young Adult and Young Carers Activities - Highlights

- Supported 332 Young Carers and Young Adult Carers during 2022-23.
- We have had 111 new referrals for our young carers and young adult carers' projects.
- Sent 3 e-newsletters to over 50 comprehensive and primary schools.
- Distributed hundreds of gifts to 123 young carers provided by Mr X Donations and Jehu Group.
- Supported Young Carers and Young Adult Carers with carers support grants whose families were facing hardship.
- We stayed engaged with all 9 Comprehensive schools through the Young Carers Champions and offered support when needed.
- We attended the Young Carers Festival with a group of Young Carers and Young Adult Carers.
- We held a number of groups, activities and numerous trips including a residential stay in the Cotswolds. These trips allowed young and young adult carers to build confidence, socialise with others and have a break from their caring role.
- A number of the activities supported the development of self-esteem and confidence.
- We continued to provide a Peer Mentoring Project where newly referred young carers were introduced to a young carer known to the service before attending the group, giving the young carers confidence when meeting new people.
- We delivered assemblies and workshops to comprehensive schools and a primary schools. We also held information stands in the two Bridgend college campuses plus at outreach centres across the community.

Partnerships

Other organisations we have worked with the Carers Centre or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board - CAMHS, Dementia and Memory Team, Paediatric Service, Y Bwythyn Newydd, Schools and Colleges across Bridgend including Heronsbridge, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen Cultural Services, Platform, Cruse, Macmillan Cancer Services, ARC, CAB, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Alzheimer's Society, Tenovus, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, National Autistic Society, Barnardos, Inclusability and Carers Trust South East Wales Carers Wellbeing Service plus much more.

Carer involvement and participation

There has been continued participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Staff and Carers have participated in interviews with television and radio during this time. Adult Carers have participated at the online Bridgend Carers Centre Annual General Meeting. Whilst the pandemic has considerably affected opportunities to consult with carers, there have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views on social media/email.

We have 3 Young Carers who sit on the Carers Trust Youth Council.

We have 1 young carer who has been on the Youth Parliament for the last 4 years and has been e-elected for the next 2 years.

The Carers Centre has delivered talks/presentations to organisations online and face to face. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has increased during the post pandemic recovery. We have developed an increased outreach presence through Veteran Hubs, Community Outreach, Job Centres and through other positive partnerships. Awareness raising/sharing information events and opportunities for networking has continued through online seminars, meetings and conferences. Carers Centre staff have worked from home, in outreach and in the Carers Centre during the post pandemic recovery and as restrictions lifted.

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking a Masters in Masters in ILM Qualification in Management.

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- The Carers Wales Workers' Network
- Young Carers Steering Group

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

Feedback

Feedback is encouraged and received regularly from carers who use the services of the Carers Centre. The feedback from formal evaluations is used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through social media.

We asked:- What did we do well? What could we improve? Any other comments or feedback?

- Staff are very caring. Thank you so much for your support. I enjoy my chats with XX. XX makes me feel she has plenty of time for me. I cannot think of anything that you could improve on just continue to do a great job.*
- Provide a friendly environment to meet and compare notes with other carers. The walks I have found to be particularly enjoyable. Perhaps if possible, it would be helpful to have more talks from people in the know on subjects pertinent to our various situations with time for a q and a session.*
- It's an excellent service and really helpful in every aspect of caring for the people who are really struggling themselves to look after their family.*
- It was helpful and refreshing to be able to speak to others and understand more around the support mechanisms that are available to me.*
- Very informal and friendly atmosphere, the carers choir is giving enjoyment and diversion from my caring role*
- I cannot thank you all enough for the continuous support I have received from the wonderful Carers Centre staff, supporting me through a very difficult time dealing with the progression of my husband's dementia. I honestly feel that I have been near breaking point on more than one occasion but thankfully have managed to overcome every situation, thanks to XX always being just a phone call away when I have been so desperately in need of help and advice. The support of every single member of staff for their expert advice regarding benefits, wellbeing, etc is unbelievable. Thank you all from the bottom of my heart.*
- Immediately felt welcomed and supported by people who are very professional and knowledgeable.*
- I didn't think I would need so much support as I have had in the last year. But I have had so much support. Financially, getting Blue Badge for my husband has all taken the stress and strain from me. Emotionally, practically. Carers Centre has helped me get extra services for my husband, and Social Services are now in the process of helping with contingency plans for the future to safe guard my husband if the need arises.*
- I was welcomed and embraced when I was at my lowest and most futile and desperate being a new full-time carer, feeling abandoned and alone. The carers group made me feel supported and, understood what I was going through. Something my friends and family couldn't help me with ... And I know they are there when I need them with open arms.*
- From day one I was XXX, not just another client. It is somewhere that I can go feel to supported, and nurtured, suggestions are made, advice given, a break where I am the one being cared for and can switch off for a short while to recharge my batteries! Thank you all.*
- Staff are always on hand to listen & help you. This is invaluable when you are a carer, you need someone you know you can turn too. They are happy to work on your behalf or refer you to the necessary people as they know ' whose out there' often unpaid carers do not know this, so the Carers Centre is vital to unpaid carers wellbeing, this then ensures the wellbeing of their loved ones. I, for one, have been very grateful for the many services the Centre puts on, Café, Choir, Groups, to have somewhere to be able to go to & be with similar minded people, to have a break from Carers every day stress & strains.*
- Friendly & welcoming staff who are always helpful.*
- I feel that all the staff I have dealt with have offered me lots of relevant and helpful information and have alerted me to services that may be able to assist. They seem to have real empathy, and all seem very enthusiastic about their work.*
- It has been helpful to have advice about filling in forms such as Attendance Allowance, which can seem pretty daunting.*

BRIDGEND CARERS CENTRE

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- *At the moment I have not attended any events held in the Carers Centre, but will in September when I have more time to do so as not only do I care for my parents (one of whom has dementia) but I also look after my small granddaughter. She starts nursery soon which means I will be able to attend the Community Café in the autumn.*
- *When I became a carer I had no idea who I could turn to for help, Alzheimer's Society said to ring Bridgend Carers Centre. It's amazing how meeting up with other people who are going through the same thing helps, the staff do an excellent job. I couldn't have coped without their help and support.*
- *Very responsive and supportive approach.*
- *Your kindness and support for carers is unbelievable. Don't know what I would have done if my Doctor hadn't suggested that I contact Bridgend Carers. Thank you from the bottom of my heart.*
- *Listen and offer much needed support. Brought clarity to a situation that was a "minefield". Made connections to other people and organisations that could help. Totally helped me feel as though everything was going to be ok.*
- *I cannot fault the Bridgend Carers Centre in any way. I attend the Carers Group, Walks, Café and other events including training activities. Everyone I have met there has been so supportive and friendly and I feel a welcome member of the community they provide. These are my highlights*
 1. *Continual support*
 2. *Regular information updates*
 3. *Support and quality feedback at all times*
 4. *Main lead person has been friendly and caring*
 5. *Main lead person has always been on hand a readily available during meetings*
 6. *Main lead person has been very understanding at all time*
- *Made me feel like a human being again and listened to when I was having problems. Helped sort out benefits that I didn't know I was entitled to. Made me feel not so alone going through this supporting my mother in law with dementia when she moved in with us full time. Someone is always at the end of the phone for me. Thank you for your support and ongoing help.*
- *My mum was diagnosed this year. The service helped me with what services were available in the locality and put me in touch with people who could assist with financial help. Also help and support is just a phone call away. All support has been appreciated.*
- *It's an excellent service and really helpful in every aspect of caring for the people who are really struggling themselves to look after their family.*
- *Bridgend Carers were there for me throughout the darkest, anxious laden days when I cared for my wonderful father. With their exceptional knowledge, coupled with empathy, they guided me through the maze of social care bureaucracy and enabled me to achieve a more balanced life, aided amongst things by mindfulness training, yoga sessions, massage/relaxation sessions and Carers days out. All of which I can say without any doubt, assisted my wellbeing and ensured I did not go down that slippery slope of suffering with Carer's Stress. That in turn ensured that I was able to continue in my caring role for my dear old dad inasmuch that the services didn't need to get involved and consequently had the effect of saving Social Services and our local hospitals a HUGE amount of money from their very small pot of resources. Additionally and more importantly, following my father's heart attack, hospital fall and subsequent fractured neck of femur. Bridgend Carers, in particular XX knowledge, ensured that I was not alone when dealing with an inappropriate discharge from the hospital for my father. In the weeks that followed when chaos reigned, during my father's End of Life care & treatment, XX knowledge and support guided me through a very difficult time in my life. It's always difficult coming to terms with the loss of a loved one. More so when it's fraught by hospital bureaucracy. During my time with Bridgend Carers, I have not felt alone. They have always been there for me and more importantly for my dad too. They've been enablers, assisting with finances, legal matters, obtaining a Social Worker and putting steps in place to allow me a few hours of respite and dad a few hours of chatting about his memories to another friendly face. In short Bridgend Carers are wonderful. It's often been said that we Carers are the cog in the wheel, and without us, the whole wheel would collapse. Then, it's true to say that Bridgend Carers are the oil that keeps our cogs turning. Long may they continue, they have been my guiding light and saviours.*
- *The group was very friendly and welcoming, which was lovely as it was my first time. Will definitely be going back next month and hopefully be able to stay for the whole 2 hours. It was great being able to talk/connect with other carers going through the same situation.*

REPORT OF THE TRUSTEES
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- *I have enjoyed the following:-*
 1. *Dementia Awareness Day (monthly) is a great event where the carers share their experience of looking after their loved ones.*
 2. *Welfare part is excellent - I've received a few retreats from you and have had reflexology sessions, days out (at bowling and garden Centre), head massage.*
 3. *Food and drinks provided by CC are amazing and cheap.*
 4. *Choir is excellent. They performed at my husband's Day Centre and I attended the concert. It was incredible, they made my husband's and other service users' day!*
 5. *We had Xmas dinners last year delivered to our door step, it was an amazing act of kindness and the food was divine!*
 6. *We had tickets to the Grand Pavilion in Porthcawl to watch 'Ball of Disney Princesses' And my husband who is a young dementia patient, loved it!*
 7. *I had voucher for a beauty therapy through my support worker, which I am going to use for a special accession.*
 8. *I had a box of healthy food from Hello Fresh!, which lasted us both a week, which was very handy!*
- *The team has been an enormous help to me over the last 6 months during my husband's long stay in hospital and transfer to a care home the support advice and understanding have been outstanding I would say the service is greatly needed for carers whose loved ones have any form of illness. In fact the support is ongoing and much appreciated.*
- *Provide a friendly environment to meet and compare notes with other carers. The walks I have found to be particularly enjoyable. Perhaps if possible, it would be helpful to have more talks from people in the know on subjects pertinent to our various situations with time for a Q and A session.*

Look at what unpaid carers across Bridgend said about our service!!

"Fantastic service, thank you so much." LW

"Thanks again so much for your support and counsel and the list. It is so appreciated. Just hearing your voice being so directive and knowledgeable has made a massive difference to me. As I said I think it's just so admirable that you are doing this to help people on the back of your own personal experience - an amazing selfless decision. Thank you". VM

"Sarah this is fantastic. Thank you so much for your time today. You've been absolutely amazing!" AW

"Thanks very much for the chat on the phone. It calmed me down a lot! People like you are so important at times like these :0). I'm very grateful for your support and advice." MSS

"Thanks for the information it's all really helpful and thanks for the call the other day. It's difficult taking it all on as things are changing so quickly but hopefully things will be in place before she allowed home. Thanks again" ME

"Thanks for all your help last week, it did take a lot of pressure off me" SW

"You are truly amazing!" HH

"Just speaking to you helps so much, you are so kind" SS

"A very big thank you for your immense support during this year" AB

"Lovely to talk to you and thanks so much for your advice and support." KT

"Thank you again for all your help, I really appreciate it." SB

"The Carers Community Café helps my self-esteem and to mix with others - I enjoy the Community café on a Wednesday!"

"Everything was perfect- so nice to meet with like-minded people."

"Just to say a big thank you for all your help and support you have given to us throughout my claim. We wish you all the best and once again a BIG THANK YOU all the best" S and J.

"Lovely to relax, enjoy the singer and buffet laid on. Carers Centre were wonderful - feels like a family!"

"First time at Bridgend Carers enjoyed very much and met new people"

"Hello. I would just like to thank Karen and the charity for the help and advice I have received since contacting you last month. It is very reassuring to know that I now have an organisation to turn to in the future. I am in no doubt that I will need help, reassurance and direction in this journey that I and my family now find ourselves on. a very sincere thank you to you all." RH

"Thank you so much we were unaware of this support as no-one had got back to us only you. Thank you so much, we know where we stand now. Thanks for all your help"

Wildflower Project - Giving support to girls with Autism and their families.

"Thank you so much for a lovely session. My girls and myself had a fantastic time and thoroughly enjoyed all the activities. You all do an amazing job with so much thought and care."

"We both had such a lovely morning. So grateful to you all for your hard work and dedication"

"Thank you all so much, we all had an awesome time. The girls loved every minute"

"Thank you for a lovely morning the girls loved it".

"Isabella had the most wonderful time. Thank you so much. This programme is so appreciated."

"I just wanted to let you know that I was the winner of an award this week within my company and as part of my prize I get to make a donation of £500 to a charity of my choice. I have asked for my donation to go to the Bridgend Carers Centre but specifically to the work you are doing in supporting girls with autism. I hope it helps you to develop your group... we will always be grateful for the support you gave us when we were struggling as a family. It is just a small gesture to show you how much we appreciated it."

Grants giving carers a much needed break from caring.

"Thank you for our lovely St David's break, it really was perfect."

"I just wanted to say a huge thank you for awarding me the time for me grant. It came at a really good time for me as I had been having a real difficult time at home and was feeling really run down and low."

"The hotel break was amazing. Just the tonic I needed. The surroundings were beautiful, as well as great facilities. The staff were also fantastic."

"I was able to actually relax, take time out for myself, and not have to worry about anything. I woke up the next day feeling really rejuvenated. So a great big thank you from my heart".

"Thank you Bridgend Carers Centre for this fantastic experience. A big thank you to Davina and team" [grant for a trip to Harry Potter studios]

"Just wanted to message and say thank you. We had a lovely few days away which we really needed... I would like to thank you again for making this happen for us."

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

The charity reported a net expenditure position of £18,218 for the year ended 31 March 2023.

Risks

The main risk to the charity, identified in April 2022/23, is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to maintain the reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

Factors likely to affect financial performance

These would include:

Loss of funding
Increase in funding
Loss/improvement of reputation
Loss/ appointment of new or key trustee roles
Increase/decrease in outcomes for carers
Employ a marketing officer
Improvement impact monitoring

Principal funders

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Children in Need, St James Place, Waterloo Foundation, Moondance, Wales and West Utilities and all those who have made financial contributions in donations and fundraising.

Going concern

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

Reserves

The total funds of £127,167 (2022: £145,385) include £80,838 (2022: £76,169) which is held for restricted purposes. The trustees have released the designated fund back to general as additional funding has been obtained to support the project.

Free reserves at the 31 March 2023 were £43,332.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

FUTURE PLANS

Actions that the charity needs to continue to make progress in the coming year include:

- working with businesses to ensure that employees who are carers are supported and best practice is looked at
- ensuring the charity is sustainable for the future.
- evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Welsh language implications and action plan.
- Work towards quality standards awards.
- Reviewing all strategic priorities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

Recruitment and appointment of new trustees

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Fourteen staff are managed by CEO. The Team has a part time Deputy CEO, a Young Carers and Young Adult Carers Manager and a Parent Carers Senior role offering an organisational structure of command and decision making. The Administrator (Company Secretary) and CEO are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and CEO reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, HR Sub Group, Policy Sub Group, Friends of Bridgend Carers Centre Fundraising Group. They bring recommendations to the full Board. Any purchase over £1000 has to be sanctioned by the Board.

Induction and training of new trustees

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The CEO works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers, and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the CEO and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Charities Commission, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the HR Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05372329 (England and Wales)

Registered Charity number

1125921

Registered office

87 Park Street
BRIDGEND
Bridgend
CF31 4AZ

Trustees

M Davies

S H Lewis

C Colman

C Clarke

K Cubbage

P Edwards

E Owen

- resigned 8 September 2022

- appointed 25 January 2023

- appointed 25 January 2023

- co-opted 9 February 2023

Company Secretary

S G Evans

CEO

H M Pitt

Independent Examiner

MHA (trading name of MacIntyre Hudson LLP)

Limited liability partnership in England & Wales

Registered number OC312313

Elfed House

Oak Tree Court

Cardiff Gate Business Park

CARDIFF

CF23 8RS

BRIDGEND CARERS CENTRE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Approved by order of the Board of Trustees on 16 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'S G Evans', followed by a comma.

S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRIDGEND CARERS CENTRE**

Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Julia Mortimer FCCA
MHA
CARDIFF
CF23 8RS

Date: 16 October 2023

MHA is the trading name of MacIntyre Hudson LLP Limited liability partnership in England & Wales Registered number OC312313

BRIDGEND CARERS CENTRE

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2023 Total funds £ | 2022 Total funds £ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 3 | 29,165 | 1,561 | 30,726 | 22,483 |
| Charitable activities | 6 | | | | |
| Support for Carers | | 31,190 | 377,527 | 408,717 | 362,543 |
| Other trading activities | 4 | 2,171 | - | 2,171 | 670 |
| Investment income | 5 | <u>973</u> | <u>-</u> | <u>973</u> | <u>735</u> |
| Total | | <u>63,499</u> | <u>379,088</u> | <u>442,587</u> | <u>386,431</u> |
| EXPENDITURE ON | | | | | |
| Charitable activities | 7 | | | | |
| Support for Carers | | <u>89,082</u> | <u>371,723</u> | <u>460,805</u> | <u>467,544</u> |
| NET INCOME/(EXPENDITURE) | | (25,583) | 7,365 | (18,218) | (81,113) |
| Transfers between funds | 17 | <u>2,696</u> | <u>(2,696)</u> | <u>-</u> | <u>-</u> |
| Net movement in funds | | (22,887) | 4,669 | (18,218) | (81,113) |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | <u>69,216</u> | <u>76,169</u> | <u>145,385</u> | <u>226,498</u> |
| TOTAL FUNDS CARRIED FORWARD | | <u>46,329</u> | <u>80,838</u> | <u>127,167</u> | <u>145,385</u> |

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

BALANCE SHEET
31 MARCH 2023

| | Notes | Unrestricted funds £ | Restricted funds £ | 2023 Total funds £ | 2022 Total funds £ |
|--|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| FIXED ASSETS | | | | | |
| Tangible assets | 14 | 2,997 | - | 2,997 | 4,630 |
| CURRENT ASSETS | | | | | |
| Debtors | 15 | - | 1,426 | 1,426 | 25,307 |
| Cash at bank and in hand | | <u>62,124</u> | <u>104,412</u> | <u>166,536</u> | <u>160,400</u> |
| | | 62,124 | 105,838 | 167,962 | 185,707 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 16 | <u>(18,792)</u> | <u>(25,000)</u> | <u>(43,792)</u> | <u>(44,952)</u> |
| NET CURRENT ASSETS | | <u>43,332</u> | <u>80,838</u> | <u>124,170</u> | <u>140,755</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>46,329</u> | <u>80,838</u> | <u>127,167</u> | <u>145,385</u> |
| NET ASSETS | | <u>46,329</u> | <u>80,838</u> | <u>127,167</u> | <u>145,385</u> |
| FUNDS | 17 | | | | |
| Unrestricted funds | | | | 46,329 | 69,216 |
| Restricted funds | | | | <u>80,838</u> | <u>76,169</u> |
| TOTAL FUNDS | | | | <u>127,167</u> | <u>145,385</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

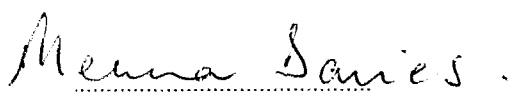
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 October 2023 and were signed on its behalf by:


M Davies - Trustee

The notes form part of these financial statements

1. STATUTORY INFORMATION

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

Donations and legacies income

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

Investment income

Investment income is recognised on a receivable basis.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

Expenditure includes VAT as the charity is not VAT registered.

2. ACCOUNTING POLICIES - continued

Allocation and apportionment of costs

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Debtors

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Tangible fixed assets

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments

Rentals paid under operating leases are charges to the Statement of Financial Activities on a straight line basis over the period of the lease.

Fund accounting

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

3. DONATIONS AND LEGACIES

| | 2023 | 2022 |
|-------------------|---------------|---------------|
| | £ | £ |
| General donations | 30,592 | 7,114 |
| Membership fees | 134 | 187 |
| Legacies | - | 15,182 |
| | <u>30,726</u> | <u>22,483</u> |

4. OTHER TRADING ACTIVITIES

| | 2023 | 2022 |
|------------------------|--------------|------------|
| | £ | £ |
| Fundraising activities | <u>2,171</u> | <u>670</u> |

5. INVESTMENT INCOME

| | 2023 | 2022 |
|--------------------------|------------|------------|
| | £ | £ |
| Deposit account interest | <u>973</u> | <u>735</u> |

6. INCOME FROM CHARITABLE ACTIVITIES

| | 2023 | 2022 |
|---------------------------------|----------------|----------------|
| | £ | £ |
| Bursaries for individual carers | 6,445 | 8,446 |
| Grants | 398,582 | 352,956 |
| Other income | 1,424 | 200 |
| Community Cafe income | <u>2,266</u> | <u>941</u> |
| | <u>408,717</u> | <u>362,543</u> |

Grants received, included in the above, are as follows:

| | 2023 | 2022 |
|--|----------------|----------------|
| | £ | £ |
| Macmillan Cancer Support | 19,925 | 12,962 |
| Other grants | 16,924 | 7,634 |
| BAVO | 9,750 | 25,550 |
| Carers Trust grants | 95,780 | 82,938 |
| Integrated Care Fund | - | 55,000 |
| Waterloo Foundation | 25,000 | 23,000 |
| Big Lottery People and Places Grant | - | 24,537 |
| BBC Children in Need | 500 | 9,870 |
| The Triangle Trust 1949 Fund | 12,500 | 25,000 |
| St James's Place Charitable Foundation | 5,000 | 4,500 |
| BCBC grant | 9,000 | 3,000 |
| Armed Forces Covenant Fund | 34,125 | 35,000 |
| Moondance Foundation | 35,000 | 29,000 |
| The National Lottery Community Fund | - | 9,965 |
| Gwendoline and Margaret Davies Charity | - | 5,000 |
| Cwm Taf Autism Project | 3,690 | - |
| The Edward Gostling Foundation | 25,000 | - |
| The Postcode Lottery | 24,962 | - |
| The Health and Social Care Regional Integration Fund (the RIF) | 55,000 | - |
| Wales and West Utilities | <u>25,000</u> | <u>-</u> |
| | <u>397,156</u> | <u>352,956</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

7. CHARITABLE ACTIVITIES COSTS

| | Direct Costs (see note 8) £ | Support costs (see note 9) £ | Totals £ |
|--------------------|--------------------------------------|---------------------------------------|----------------|
| Support for Carers | <u>403,189</u> | <u>57,616</u> | <u>460,805</u> |

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

| | 2023 £ | 2022 £ |
|--|----------------|----------------|
| Staff costs | 287,364 | 283,239 |
| Insurance | 1,247 | 1,489 |
| Light, heat and water | 1,444 | 993 |
| Telephone | 4,881 | 4,776 |
| Printing, postage and stationery | 10,414 | 7,569 |
| Publications, advertisements and subscriptions | 923 | 2,894 |
| Sundry expenses | 458 | 211 |
| Recruitment costs | 579 | 150 |
| Rent | 4,844 | 3,537 |
| Repairs, maintenance and cleaning | 414 | 404 |
| Carers' events | 366 | 79 |
| Breaks/project expenditure for carers | 42,721 | 84,318 |
| Staff travel | 8,060 | 5,191 |
| Staff training | 7,164 | 1,827 |
| Computer and IT expenses | 3,673 | 2,281 |
| Drop in/Outreach expenses | 48 | 17 |
| Volunteer expenses | - | 20 |
| Bursaries to individual carers | 25,908 | 8,446 |
| Carers' training | - | 3,275 |
| Cafe purchases for resale | 1,511 | 766 |
| Depreciation | <u>1,170</u> | <u>2,010</u> |
| | <u>403,189</u> | <u>413,492</u> |

9. SUPPORT COSTS

| | Staff costs £ | Other £ | Depreciation £ | Governance costs £ | Totals £ |
|--------------------|---------------------|---------------|-------------------|--------------------------|---------------|
| Support for Carers | <u>29,247</u> | <u>14,106</u> | <u>1,170</u> | <u>13,093</u> | <u>57,616</u> |

The amount due to the independent examiners for the year ended 31 March 2023 was £2,382 (2022 - £2,382) and £1,244 (2022 - £,286) in respect to other financial services.

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | 2023 £ | 2022 £ |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>2,340</u> | <u>4,021</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 or for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses for the year ended 31 March 2023 or for the year ended 31 March 2022.

12. STAFF COSTS

| | 2023 £ | 2022 £ |
|-----------------------|----------------|----------------|
| Wages and salaries | 292,286 | 291,710 |
| Social security costs | 26,809 | 22,493 |
| Other pension costs | <u>5,506</u> | <u>5,121</u> |
| | <u>324,601</u> | <u>319,324</u> |

The average monthly number of employees during the year was as follows:

| | 2023 <u>15</u> | 2022 <u>15</u> |
|-----------------------------|-------------------|-------------------|
| The average number of staff | | |

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|------------------------------------|-----------------------------|---------------------------|----------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 22,483 | - | 22,483 |
| Charitable activities | | | |
| Support for Carers | 4,141 | 358,402 | 362,543 |
| Other trading activities | 670 | - | 670 |
| Investment income | <u>735</u> | <u>-</u> | <u>735</u> |
| Total | <u>28,029</u> | <u>358,402</u> | <u>386,431</u> |
| EXPENDITURE ON | | | |
| Charitable activities | | | |
| Support for Carers | <u>58,594</u> | <u>408,950</u> | <u>467,544</u> |
| NET INCOME/(EXPENDITURE) | | | |
| Transfers between funds | (30,565) <u>(14,137)</u> | (50,548) <u>14,137</u> | (81,113) <u>-</u> |
| Net movement in funds | (44,702) | (36,411) | (81,113) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | <u>113,918</u> | <u>112,580</u> | <u>226,498</u> |
| TOTAL FUNDS CARRIED FORWARD | <u>69,216</u> | <u>76,169</u> | <u>145,385</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. TANGIBLE FIXED ASSETS

| | Fixtures and fittings £ |
|-----------------------|----------------------------------|
| COST | |
| At 1 April 2022 | 43,944 |
| Additions | <u>707</u> |
| At 31 March 2023 | <u>44,651</u> |
| DEPRECIATION | |
| At 1 April 2022 | 39,314 |
| Charge for year | <u>2,340</u> |
| At 31 March 2023 | <u>41,654</u> |
| NET BOOK VALUE | |
| At 31 March 2023 | <u><u>2,997</u></u> |
| At 31 March 2022 | <u><u>4,630</u></u> |

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|--------------------------------|--------------|---------------|
| | £ | £ |
| Prepayments and accrued income | <u>1,426</u> | <u>25,307</u> |

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---------------------------------|----------------------|----------------------|
| | £ | £ |
| Social security and other taxes | 12,118 | 74 |
| Other creditors | 2,614 | - |
| Accruals and deferred income | <u>29,060</u> | <u>44,878</u> |
| | <u><u>43,792</u></u> | <u><u>44,952</u></u> |

Included above is £25,000 (2022: £25,034) of deferred income which relates to membership fees received in advance of the period to which they relate and grants which were specified as being for a future period by the funder.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS

| | At 1/4/22 £ | Net movement in funds £ | Transfers between funds £ | At 31/3/23 £ |
|--|----------------|----------------------------------|------------------------------------|--------------------|
| Unrestricted funds | | | | |
| General fund | 39,216 | (25,583) | 32,696 | 46,329 |
| Outreach Service/Development Funding | <u>30,000</u> | <u>-</u> | <u>(30,000)</u> | <u>-</u> |
| | 69,216 | (25,583) | 2,696 | 46,329 |
| Restricted funds | | | | |
| Macmillan Patient & Carer Support Worker | (2,149) | 1,484 | - | (665) |
| Princess of Wales Hospital Support | | | | |
| Workers fund | 15,986 | (5,267) | (519) | 10,200 |
| Welfare Benefits Adviser fund | 4,441 | (4,441) | - | - |
| ROOTS School Project | 2,047 | - | (2,047) | - |
| YAC/YC fund | 2,431 | 308 | - | 2,739 |
| Carers Link worker posts | (519) | - | 519 | - |
| Big Lottery People and Places Grant | 2,471 | (2,471) | - | - |
| BBC Children in Need | 8,085 | (7,585) | (500) | - |
| Veteran Support Project | 148 | (212) | 64 | - |
| Triangle Trust | 2,468 | (2,867) | 399 | - |
| Carers Trust - Inspiring Change | 680 | (54) | - | 626 |
| Young Adult Carers fund | 180 | (180) | - | - |
| BAVO ICF - Wellbeing grant for YAC | 330 | - | (330) | - |
| Carers Trust Hardship fund | 553 | - | (553) | - |
| Carers Trust - Time for me fund | 100 | - | (100) | - |
| WCVA Voluntary Sector Recovery Fund | 1,456 | - | (1,456) | - |
| Digital families | 274 | (150) | - | 124 |
| Armed Forces Covenant Fund | 5,055 | 3,803 | - | 8,858 |
| BCBC Veteran fund | 1,267 | (1,348) | 81 | - |
| Moondance Foundation | 3,611 | (4,511) | 900 | - |
| Volunteer Co-ordinator - garden project | | | | |
| fund | 1,304 | (1,724) | 420 | - |
| Veteran fund | 63 | (63) | - | - |
| The National Lottery Community Fund | 4,718 | (4,718) | - | - |
| Carers Trust Respite Development fund | 5,174 | (5,249) | 75 | - |
| Carers Trust Making Carers Count | 12,072 | (11,511) | - | 561 |
| Gwendoline and Margaret Davies Charity | 388 | (388) | - | - |
| BAVO Respite fund | 115 | (115) | - | - |
| Garden project | 2,618 | (1,142) | (1,476) | - |
| DWP Kickstart Programme | 802 | - | - | 802 |
| Waterloo 2022- 2024 | - | 1,596 | - | 1,596 |
| Cwm Taf - Autism Project | - | 2,687 | - | 2,687 |
| The Postcode Lottery Parent Carers Fund | - | 17,952 | - | 17,952 |
| BAVO | - | 4,878 | - | 4,878 |
| BAVO Warm Spaces Fund | - | 169 | - | 169 |
| BCBC - Peer Mentoring Fund | - | 7,237 | - | 7,237 |
| St James Place Funding | - | 4,581 | - | 4,581 |
| Community Cafe Fund | - | 1,779 | - | 1,779 |
| Moondance Foundation | - | 13,294 | - | 13,294 |
| Hospital Posts Fund (RIF) | - | (604) | 604 | - |
| Benefits Fund (RIF) | - | 548 | (548) | - |
| Quakers | - | (29) | 29 | - |
| Versus Arthritis Fund | - | 1,201 | - | 1,201 |
| Wales and West Utilities Benefits Fund | - | 2,219 | - | 2,219 |
| AFCF NPT Jubilee Celebrations | - | (1,498) | 1,498 | - |
| Carers Trust Support Service | <u>-</u> | <u>(244)</u> | <u>244</u> | <u>-</u> |
| | <u>76,169</u> | <u>7,365</u> | <u>(2,696)</u> | <u>80,838</u> |
| TOTAL FUNDS | <u>145,385</u> | <u>(18,218)</u> | <u>-</u> | <u>127,167</u> |

BRIDGEND CARERS CENTRE
**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**
17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|--|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 63,499 | (89,082) | (25,583) |
| Restricted funds | | | |
| Bursaries for individual carers | 7,945 | (7,945) | - |
| Macmillan Patient & Carer Support Worker | 16,024 | (14,540) | 1,484 |
| Princess of Wales Hospital Support | | | |
| Workers fund | - | (5,267) | (5,267) |
| Welfare Benefits Adviser fund | - | (4,441) | (4,441) |
| YAC/YC fund | 1,561 | (1,253) | 308 |
| Big Lottery People and Places Grant | - | (2,471) | (2,471) |
| BBC Children in Need | 500 | (8,085) | (7,585) |
| Veteran Support Project | - | (212) | (212) |
| Triangle Trust | 12,500 | (15,367) | (2,867) |
| Carers Trust - Inspiring Change | - | (54) | (54) |
| Young Adult Carers fund | - | (180) | (180) |
| Digital families | - | (150) | (150) |
| Armed Forces Covenant Fund | 34,125 | (30,322) | 3,803 |
| BCBC Veteran fund | - | (1,348) | (1,348) |
| Moondance Foundation | - | (4,511) | (4,511) |
| Volunteer Co-ordinator - garden project | | | |
| fund | - | (1,724) | (1,724) |
| Veteran fund | - | (63) | (63) |
| The National Lottery Community Fund | - | (4,718) | (4,718) |
| Carers Trust Respite Development fund | - | (5,249) | (5,249) |
| Carers Trust Making Carers Count | 58,972 | (70,483) | (11,511) |
| Gwendoline and Margaret Davies Charity | - | (388) | (388) |
| BAVO Respite fund | - | (115) | (115) |
| Garden project | - | (1,142) | (1,142) |
| DWP Kickstart Programme | 3,256 | (3,256) | - |
| Waterloo 2022- 2024 | 25,000 | (23,404) | 1,596 |
| Cwm Taf - Autism Project | 3,690 | (1,003) | 2,687 |
| CWVYS | 2,099 | (2,099) | - |
| The Postcode Lottery Parent Carers Fund | 24,962 | (7,010) | 17,952 |
| The Arnold Clark Community Fund | 1,000 | (1,000) | - |
| BAVO | 7,000 | (2,122) | 4,878 |
| BAVO Summer of Fun | 750 | (750) | - |
| BAVO Warm Spaces Fund | 2,000 | (1,831) | 169 |
| BCBC - Peer Mentoring Fund | 9,000 | (1,763) | 7,237 |
| Henry Smith Foundation Fund | 675 | (675) | - |
| St James Place Funding | 5,000 | (419) | 4,581 |
| Community Cafe Fund | 5,327 | (3,548) | 1,779 |
| Millennium Stadium Charitable Trust Fund | 1,867 | (1,867) | - |
| Moondance Foundation | 35,000 | (21,706) | 13,294 |
| Hospital Posts Fund (RIF) | 27,515 | (28,119) | (604) |
| Benefits Fund (RIF) | 27,485 | (26,937) | 548 |
| Quakers | 2,742 | (2,771) | (29) |
| Versus Arthritis Fund | 5,285 | (4,084) | 1,201 |
| Wales and West Utilities Benefits Fund | 25,000 | (22,781) | 2,219 |
| AFCF NPT Jubilee Celebrations | - | (1,498) | (1,498) |
| Carers Trust Support Service | 32,808 | (33,052) | (244) |
| | <u>379,088</u> | <u>(371,723)</u> | <u>7,365</u> |
| TOTAL FUNDS | <u>442,587</u> | <u>(460,805)</u> | <u>(18,218)</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1/4/21 £ | Net movement in funds £ | Transfers between funds £ | At 31/3/22 £ |
|---|----------------|----------------------------------|------------------------------------|--------------------|
| Unrestricted funds | | | | |
| General fund | 43,918 | 4,435 | (9,137) | 39,216 |
| Bridging Fund | 20,000 | (20,000) | - | - |
| PA/Administration Role | 15,000 | (15,000) | - | - |
| Staff Welfare Fund | 5,000 | - | (5,000) | - |
| Outreach Service/Development Funding | <u>30,000</u> | <u>-</u> | <u>-</u> | <u>30,000</u> |
| | 113,918 | (30,565) | (14,137) | 69,216 |
| Restricted funds | | | | |
| Bursaries for individual carers | 317 | (317) | - | - |
| Macmillan Patient & Carer Support Worker | (885) | (1,264) | - | (2,149) |
| Princess of Wales Hospital Support | | | | |
| Workers fund | 14,736 | 1,250 | - | 15,986 |
| Welfare Benefits Adviser fund | 11,263 | (6,822) | - | 4,441 |
| ROOTS School Project | 8,846 | (16,799) | 10,000 | 2,047 |
| YAC/YC fund | 2,584 | (153) | - | 2,431 |
| Carers Link worker posts | 1,801 | (2,320) | - | (519) |
| Ford Britain Trust Grant | 178 | (178) | - | - |
| Big Lottery People and Places Grant | 8,897 | (6,426) | - | 2,471 |
| BBC Children in Need | 7,128 | 957 | - | 8,085 |
| Veteran Support Project | 278 | (130) | - | 148 |
| Gardening project | 1,994 | (1,994) | - | - |
| Triangle Trust | 4,044 | (1,576) | - | 2,468 |
| Carers Trust - Inspiring Change | 680 | - | - | 680 |
| Young Adult Carers fund | 1,273 | (1,093) | - | 180 |
| Community Fund Wales - Wesleyan | 1,550 | (5,687) | 4,137 | - |
| Transformation Grant Parent Carer Project | 2,124 | (2,124) | - | - |
| Winter Pressures | 1,613 | (1,613) | - | - |
| BAVO ICF - Wellbeing grant for YAC | 330 | - | - | 330 |
| Carers Trust Hardship fund | 1,424 | (871) | - | 553 |
| Carers Trust - Time for me fund | 800 | (700) | - | 100 |
| WCVA Voluntary Sector Recovery Fund | 12,307 | (10,851) | - | 1,456 |
| Digital families | 418 | (144) | - | 274 |
| Armed Forces Covenant Fund | - | 5,055 | - | 5,055 |
| BCBC Veteran fund | 4,180 | (2,913) | - | 1,267 |
| Moondance Foundation | - | 3,611 | - | 3,611 |
| Community Foundation in Wales | 4,700 | (4,700) | - | - |
| Volunteer Co-ordinator - garden project | | | | |
| fund | 20,000 | (18,696) | - | 1,304 |
| Veteran fund | - | 63 | - | 63 |
| The National Lottery Community Fund | - | 4,718 | - | 4,718 |
| Carers Trust Respite Development fund | - | 5,174 | - | 5,174 |
| Carers Trust Making Carers Count | - | 12,072 | - | 12,072 |
| Gwendoline and Margaret Davies Charity | - | 388 | - | 388 |
| BAVO Respite fund | - | 115 | - | 115 |
| Garden project | - | 2,618 | - | 2,618 |
| DWP Kickstart Programme | <u>-</u> | <u>802</u> | <u>-</u> | <u>802</u> |
| | <u>112,580</u> | <u>(50,548)</u> | <u>14,137</u> | <u>76,169</u> |
| TOTAL FUNDS | <u>226,498</u> | <u>(81,113)</u> | <u>-</u> | <u>145,385</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 28,029 | (23,594) | 4,435 |
| Bridging Fund | - | (20,000) | (20,000) |
| PA/Administration Role | - | (15,000) | (15,000) |
| | 28,029 | (58,594) | (30,565) |
| Restricted funds | | | |
| Bursaries for individual carers | 8,446 | (8,763) | (317) |
| Macmillan Patient & Carer Support Worker | 12,962 | (14,226) | (1,264) |
| Princess of Wales Hospital Support | | | |
| Workers fund | 31,284 | (30,034) | 1,250 |
| Welfare Benefits Adviser fund | 23,716 | (30,538) | (6,822) |
| ROOTS School Project | - | (16,799) | (16,799) |
| YAC/YC fund | - | (153) | (153) |
| Carers Link worker posts | - | (2,320) | (2,320) |
| Ford Britain Trust Grant | - | (178) | (178) |
| Big Lottery People and Places Grant | 24,537 | (30,963) | (6,426) |
| BBC Children in Need | 9,870 | (8,913) | 957 |
| Veteran Support Project | - | (130) | (130) |
| Gardening project | - | (1,994) | (1,994) |
| Triangle Trust | 25,000 | (26,576) | (1,576) |
| Young Adult Carers fund | 4,500 | (5,593) | (1,093) |
| Community Fund Wales - Wesleyan | - | (5,687) | (5,687) |
| Transformation Grant Parent Carer Project | - | (2,124) | (2,124) |
| Winter Pressures | - | (1,613) | (1,613) |
| Carers Trust Hardship fund | - | (871) | (871) |
| Carers Trust - Time for me fund | - | (700) | (700) |
| WCVA Voluntary Sector Recovery Fund | - | (10,851) | (10,851) |
| Digital families | - | (144) | (144) |
| Armed Forces Covenant Fund | 35,000 | (29,945) | 5,055 |
| BCBC Veteran fund | - | (2,913) | (2,913) |
| Moondance Foundation | 29,000 | (25,389) | 3,611 |
| Community Foundation in Wales | - | (4,700) | (4,700) |
| Volunteer Co-ordinator - garden project | | | |
| fund | - | (18,696) | (18,696) |
| Waterloo Links | 23,000 | (23,000) | - |
| Veteran fund | 508 | (445) | 63 |
| Summer Trips fund | 500 | (500) | - |
| Choir fund | 500 | (500) | - |
| The National Lottery Community Fund | 9,965 | (5,247) | 4,718 |
| Carers Trust Respite Development fund | 15,000 | (9,826) | 5,174 |
| Carers Trust Plan for Tomorrow | 3,080 | (3,080) | - |
| Carers Trust Making Carers Count | 30,508 | (18,436) | 12,072 |
| Carers Trust Carers Support fund - Wales | 33,350 | (33,350) | - |
| Gwendoline and Margaret Davies Charity | 5,000 | (4,612) | 388 |
| BAVO Respite fund | 15,000 | (14,885) | 115 |
| Garden project | 3,519 | (901) | 2,618 |
| DWP Kickstart Programme | 3,607 | (2,805) | 802 |
| ICF BAVO Peer Mentoring | 5,750 | (5,750) | - |
| ICF BAVO Wildflower Project | 4,800 | (4,800) | - |
| | <u>358,402</u> | <u>(408,950)</u> | <u>(50,548)</u> |
| TOTAL FUNDS | <u>386,431</u> | <u>(467,544)</u> | <u>(81,113)</u> |

17. MOVEMENT IN FUNDS - continued

Designated funds

In prior years, the Board of Trustees designated funds from a legacy to develop an outreach service to increase the reach to unidentified carers and funding has been obtained to provide this service, the funds have been released back to general funds.

Bursaries for individual carers

The charity administers grants to individuals on behalf of Carers Trust.

Macmillan Patient & Carer Support Worker

A post funded by Macmillan Cancer Support.

Princess of Wales Hospital Support Workers fund

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

Welfare Benefits Adviser fund

Cwm Taff UHB Integrated Care Fund continue to fund a welfare benefits adviser after the healthcare boundary change.

ROOTS School Project

The ROOTS Project Manager post is currently being funded by the Waterloo Foundation.

YAC/YC fund

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

Carers Link worker posts

Initially Welsh Government funding was received to employ three Carer Link posts bases in the three cluster networks. During the year to 31 March 2021, further funding of £20,000 was received from Garfield Weston Foundation to continue the posts.

Big Lottery People and Places grant

To fund the Young Carers Education Project Manager to support the Education in Schools Project.

BBC Children in Need

Funding was received from BBC Children in Need to support the Teen Group. An additional £3,300 booster funding was received during the year to help during the COVID-19 pandemic.

Veteran Support Project

Funding was secured from Age Cymru - 360 Project and Welsh Government - Armed Forces Department to help identify Veteran carers and carers looking after Veterans, to give them access to specific information and support to improve wellbeing for over 65s and to provide improved digital inclusion to help avoid loneliness and isolation for all aged beneficiaries. Additional funding of £5,000 was received during the year from The Edward Gostling Foundation.

Triangle Trust

The Triangle Trust 1949 Fund provided a development grant to enable Bridgend Carers Centre to become more resilient and sustainable by providing Charity Log to show outcomes and appoint a Business Development officer to create opportunities to build and grow in ways which support all carers in Bridgend.

Carers Trust - Inspiring Change

Funding was received from the Carers Trust for Young Adult Carers support.

Young Adult Carers fund

Funding was received from the Carers Trust and St James's Place Charitable Foundation to support Young Carers and Young Adult Carers with appropriate activities.

Community Fund Wales - Wesleyan

A contribution towards the appointment of a Dementia Carers Support Worker supporting Older Carers but with a special focus on those carers of Dementia.

17. MOVEMENT IN FUNDS - continued

Transformation Grant Parent Carer Project

BAVO ICF funding was received to run the project until April 2021.

Winter Pressures

Cwm Taff UHB funding received to alleviate the pressure faced by carers during the winter months of the pandemic.

BAVO ICF - Wellbeing grant for YAC

This was funding received to provide a young adult carers support worker.

Carers Trust Hardship fund

The Carers Trust provided a fund to allow Bridgend Carers Centre to pay out grants to alleviate hardship during the pandemic.

Carers Trust - Time for me fund

Funding to provide breaks, therapy etc to carers through the pandemic.

WCVA Voluntary Sector Recovery Fund

£33,983 was received during the year. £5,000 was towards the costs of the Carer Link Worker, the rest was to cover other staffing costs, COVID-related administration support, PPE and carer engagement.

Digital families

Funding was received towards providing online activities for young carers funded through Parentzone.com

Armed Forces Covenant Fund

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

BCBC Veteran fund

Funding was received to buy equipment for the garden at Bridgend Carers and the Porthcawl Veteran Hub to encourage engagement outdoors as restrictions due to the pandemic eased.

Moondance Foundation

Funding to prove 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

Volunteer Co-ordinator - Garden project

Volunteer Co-ordinator - Garden Project (Gardd Gofalwyr) was funded through Awards For All Community Project. The Project is a six-month pilot identifying carers and volunteers to enjoy gardening activities and training to improve the outdoor space at Bridgend Carers Centre for everyone to enjoy. This was extended via the Postcode Lottery funding.

Community Foundation in Wales

To provide counselling sessions and life coaching for carers.

Waterloo Foundation

To provide bridging funding for continuation of GP liaison/ Carers Link Project during the pandemic.

Veteran fund

Additional funding to support the objectives of the Armed Forces Covenant Fund. Providing celebratory social events and training to Armed Forces and Veteran Carers.

Carers Trust Planning for Tomorrow

Funding to support carers to plan towards change and loss including difficult decisions dealing with admission to long-term care, death and bereavement support.

Making Carers Count

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

Carers Trust Support Fund Wales

Provision of services and individual carers grants to help alleviate hardship experienced over the pandemic.

17. **MOVEMENT IN FUNDS - continued**

Gwendoline and Margaret Davies Charity

Funding to provide additional capacity for the 2 Carers Link posts and delivery of the Carers Emergency Action Plans.

BAVO Respite fund

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

BCBC Garden Project

To support the garden project to give Veterans volunteering opportunities to improve the lower garden at the Carers Centre.

DWP Kickstart Programme

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

Waterloo 2022-2024

To provide support in schools and raise awareness of young carers.

Cwm Taf - Autism Project

To deliver specific support to children and parents dealing with Autism.

CWVYS

To provide additional capacity and resources for staff during the Summer Holidays.

The Postcode Lottery Parent Carers fund

For the development and increased capacity of a dedicated Parent Carer Support Team.

The Arnold Clark Community Fund

For the provision of wellbeing activities.

BAVO Respite Grant

Providing activities to give carers short breaks.

BAVO Summer of Fun

For the provision of activities to support young people during the Summer Holidays.

BAVO Warm Spaces Fund

To support unpaid carers with activities and opportunities to respond to isolation and loneliness and the ongoing cost of living crisis.

Peer Mentoring

To provide peer support to young carers and young adult carers.

St James Place funding

To provide activities to support young adult carers.

Community Café fund

Funding received from Macmillan Cancer Care to support the Community Café with Arts and Crafts.

Moondance Foundation

For continued provision of a dedicated Parent Carer Support Team.

Hospital post - RIF (Regional Integrated Fund) For continued provision of Integrated Carers Support at Princess of Wales Hospital.

Benefits fund - RIF (Regional Integrated Fund)

For continued provision of a Welfare Benefits Advisor.

Quakers

To provide building maintenance at Bridgend Carers Centre.

17. MOVEMENT IN FUNDS - continued

Versus Arthritis

To provide physical activities to combat and prevent multi- skeletal conditions associated with unpaid carers roles.

Wales and West Utilities

To provide Welfare Benefits Advice plus address issues associated with the cost of living crisis and fuel poverty.

AFCF NPT Jubilee Celebrations

To provide Jubilee Celebrations for those carers from the Armed Forces and Veteran Communities.

Carers Trust Support Service

To provide a Debt Support Service and carers grants to address hardship and the cost of living crisis.

Transfers between funds

Transfers have been made from the general fund to restricted funds to cover shortfalls in funding and where funders have agreed underspends can be re-allocated.

18. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £5,506 (2022: £5,121). Contributions outstanding at the year end amounted to £Nil (2022 : £Nil).

19. RELATED PARTY DISCLOSURES

The total key management personnel remuneration benefits paid during the year was £39,949 (2022: £34,507).

The total unconditional donations made to the charity by its trustees amounted to £1,100 (2022: £370).