

# BRIDGEND CARERS CENTRE

England & Wales · Charity number 1125921

## Details

|                |                                                         |
|----------------|---------------------------------------------------------|
| Status         | Registered                                              |
| Legal form     | Charitable company                                      |
| Company number | <a href="#">05372329</a>                                |
| Registered     | 2008-09-17                                              |
| Register       | <a href="#">View on the Charity Commission register</a> |

## Contact

|         |                                                                                    |
|---------|------------------------------------------------------------------------------------|
| Address | Bethlehem Church Life centre<br>Bryn Glas<br>Cefn Cribbwr<br>Bridgend<br>CF32 0AA  |
| Phone   | 01656 658479                                                                       |
| Email   | <a href="mailto:enquiries@bridgendcarers.co.uk">enquiries@bridgendcarers.co.uk</a> |
| Website | <a href="http://www.bridgendcarers.co.uk">www.bridgendcarers.co.uk</a>             |

## Activities

**Objects:** 1) TO ALLEVIATE THE CONDITIONS OF LIFE OF CARERS IN NECESSITOUS CIRCUMSTANCES WHO CARE FOR THE SICK , DISABLED, MENTALLY ILL, FRAIL, ELDERLY OR OTHERWISE INFIRM, BY ANY MEANS THAT IS CHARITABLE, WITHIN THE BRIDGEND COUNTY BOROUGH AREA.2) TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF CARERS BY PROVIDING THEM AND PROFESSIONALS WITH EDUCATION RELATING TO THE NEEDS OF CARERS.

**Activities:** Supporting unpaid Carers within the County Borough of Bridgend, we provide information, support, respite and a signposting service.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

## Geography

- **Area of benefit:** BRIDGEND COUNTY BOROUGH AREA.
- Bridgend
- Merthyr Tydfil
- Rhondda Cynon Taff

## Finances

| Period end | Income   | Expenditure | Assets   | Employees |
|------------|----------|-------------|----------|-----------|
| 2025-03-31 | £728,555 | £619,547    | £271,705 | 15        |
| 2024-03-31 | £625,099 | £589,569    | £162,697 | 16        |
| 2023-03-31 | £442,587 | £460,805    | -        | -         |
| 2022-03-31 | £386,431 | £467,544    | -        | -         |
| 2021-03-31 | £526,385 | £473,372    | £226,498 | 14        |

## Trustees

| Name               | Role  | Appointed  |
|--------------------|-------|------------|
| COLETTE COLMAN     | Chair | 2018-06-06 |
| Carys Clarke       |       | 2019-11-20 |
| David Gareth Jones |       | 2026-02-25 |
| Elizabeth Owen     |       | 2023-11-01 |
| MENNA DAVIES       |       |            |
| Wendy June Rogers  |       | 2026-02-25 |

---

# Accounts

---

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025  
FOR  
BRIDGEND CARERS CENTRE**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**BRIDGEND CARERS CENTRE**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

|                                                   | <b>Page</b>     |
|---------------------------------------------------|-----------------|
| <b>Report of the Trustees</b>                     | <b>1 to 5</b>   |
| <b>Independent Examiner's Report</b>              | <b>6</b>        |
| <b>Statement of Financial Activities</b>          | <b>7</b>        |
| <b>Balance Sheet</b>                              | <b>8</b>        |
| <b>Cash Flow Statement</b>                        | <b>9</b>        |
| <b>Notes to the Cash Flow Statement</b>           | <b>10</b>       |
| <b>Notes to the Financial Statements</b>          | <b>11 to 25</b> |
| <b>Detailed Statement of Financial Activities</b> | <b>26 to 27</b> |

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**Objects**

The charity's objects as stated in the governing document are:

(i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.

(ii) to undertake any necessary education work related to carers.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service to improve wellbeing, avoidance of carer stress, burden, isolation and crisis.

Bridgend Carers Centre raise awareness through diverse mediums including newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic Plan until 2025 giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we work with Dizons - Charity Log and Carers Trust to support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

We have continued to develop outreach services in a number of geographical areas, maintained and increased our digital presence and means of communication through social media, making support and information more accessible. We continue our activities including carers walks, exercise classes, holistic therapies, Carers Choir, spa days, craft activities, counselling, carers trips, carer support groups, carers luncheons, life coaching and individual grants for carers to access a break specific to their needs. These opportunities are funded via a number of funders, mainly through Welsh Government via Carers Trust (Amser Scheme) focusing on all carers but with a specific target on reaching male carers, parent carers, young carers, working carers and young adult carers through face to face and online group sessions to improve accessibility.

**Objectives & activities**

**Information**

Our information and advice service has continued to develop and improve throughout 2024/2025 by directly supporting carers through face to face, telephone, email, website, post and social media, online peer support through Zoom and WhatsApp.

**Volunteers**

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café and a number of carers groups. The charity would like to give thanks to all the volunteers for their support and commitment.

**Public benefit**

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**ACHIEVEMENTS AND PERFORMANCE**

**Charitable activities**

Bridgend Carers Centre has worked with new and existing funders who have provided vital funds for the charity, enabling us to fulfil and achieve our mission and vision. We have delivered a wide range of support and services for carers across the Bridgend borough, addressing their needs and improving their physical, emotional, social and financial wellbeing. All activities are monitored closely by the trustees and by the stakeholders and funders.

The charity focuses on identifying and recognising existing and new carers through outreach work, awareness raising and being a visible presence at GP surgeries, schools and colleges, hospitals, leisure centres, supermarkets and other community-based services across the borough. We continue to publicise and market our services to carers and professionals across several social media platforms, a dedicated website, and by distributing quarterly newsletters online and throughout the community.

During the year, we have continued to provide information and advice to carers over the telephone, face to face, email and online support. The support provided is always person centred, identifying and focused on the needs of carers, responding and addressing their needs.

There are 9,225 carers on our database including former carers, receiving information by post, phone, text or email. We had meaningful engagement with 1700 carers during this period.

**Analytics for social media (01/04/24 - 31/03/25)**

- Number of 'followers' on Facebook - 2,700
- Number of 'followers' on X (Twitter) - 1,204
- Number of followers on Instagram - 300
- Number of followers on Young Carers Instagram - 200
- Number of members of the private Parent Carer Facebook group - 761
- Number of followers on the Parent Carers Instagram - 172
- Number of members of the Wildflower Project Parent Carers Facebook group - 207

677 new carers have been identified this year and added to our database.

**Highlights include:-**

- Awarded £50,000 funding from Postcode Community Trust Funding, across an 18 month period.
- Providing carers with access to over 29 short break activities across the year, consisting of one-off, weekly and monthly opportunities, to take a break from their caring role via Carers Trust Shortbreaks Programme.
- Providing almost £30,000 of financial hardship grants via dedicated financial and debt support service.
- Developed a new service for Older Carers across our community providing access to localised carers support groups alleviating isolation and loneliness, with opportunities to share experiences, build resilience and benefit from peer support.
- Achieved additional funding through partnership with Carers Trust and Wales and West Utilities enabling us to continue providing a Welfare Benefits Service, maximising income, energy efficiency advice, micro grants helping to alleviate carer fuel poverty.
- The Parent Carer project has increased their work supporting parents with monthly drop in's, run by parent carer volunteer and working with Attune-Ed, an education CIC. We have delivered more in-house training for parents, and our Lego Club and Wildflower projects have grown delivering monthly sessions for family carers and weekly term-time art class.
- Successful in obtaining grant from Garfield Weston for management and core funding.
- Achieved funding through Shaw Foundation to continue a Dementia Carers Support Project working with families to give information, advice, one to one and group support sessions and short break opportunities
- Continuation of funding from RIF (Regional Integrated Fund) to sustain a Hospital Carers Support and Welfare Benefits Service.
- Through funding from Carers Trust and the Regional Integration Fund, we reached an annual maximised income for carers of £739,503.84 in a variety of benefit claims including Attendance Allowance, PIP, DLA applications for unpaid carers and 'cared for'. Since the start of the Project in 2012, it has achieved a cumulative total of £5,027,494.49. These roles also support unpaid carers facing fuel poverty and give advice and information on the Priority Services Register, CO2 monitors, gas safety taps and distributed 100's of Warm Packs to vulnerable families.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through Macmillan Cancer Care to support patients and families through life changes, palliative care and bereavement.
- We focused on harder to reach groups, across all projects, in efforts to identify minority and underrepresented carer.
- Continuation of the Young Carer and Young Adult Carer (YAC) Service has included working in partnership with BCBC and across all Schools and Colleges in Bridgend to offer one to one emotional support, wellbeing school groups and respite opportunities. We have continued to deliver monthly activities for specific age groups from 5 to 25 year olds.
- Continuation of Young Carers involvement on the Carers Trust Youth Council, shaping national services and resources for young carers ensuring they have a voice.
- Continuation of an Armed Forces and Veteran Support Project, through funding from Armed Forces Covenant supporting 151 beneficiaries.

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

- In March 24, Bridgend Carers Centre relocated our offices to Bethlehem Church Life Centre in Cefn Cribwr after 14 years at Quakers Meeting House in Bridgend. We have had very positive feedback on this move and how more accessible the centre now is for visiting staff, carers and professionals. We have been warmly welcomed and have established a strong relationship with BCLC thus far.
- Nominated as Valleys to Coast, Charity of the Year 2024, which resulted in a range of fundraising efforts by the organisation, to support our work.
- Bridgend Carers Centre service has had a series of high-profile appearances on a variety of TV and Radio programmes including interviews with carers to be directly featured and their voices heard.
- Recognised by BAVO at their Bridgend Unsung Hero Volunteer Awards 2025 and nominated for Outstanding Volunteer Award, Charity of the Year Award and our longest serving trustee was announced as winner of the Trustee of the Year Award.
- We continue to employ many of our workforce and management team who are existing carers or former carers themselves which enriches our service delivery through personal lived in experience.

**FINANCIAL REVIEW**

**Financial position**

The charity reported a net Surplus position of £109,008 for the year ended 31 March 2025.

**Risks**

The main risk to the charity is that we fail to sustain the charity by not maintaining future funding from existing or identifying new grant providers. Significant work has been done to diversify income, and we continue to source funders from many different sources. A further challenge is the short term nature of many of our funding projects and we recognise the impact this would have on carers as well as staff delivering the service. We have worked hard to maintain the reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere.

Factors likely to affect financial performance

These would include:

Loss of funding

Increase in funding

Loss/improvement of reputation

Loss/ appointment of new or key trustee roles

Increase/decrease in outcomes for carers

Employ a marketing officer

Improvement impact monitoring

**Principal funders**

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf Morgannwg Health Board, Bridgend County Borough Council, Carers Trust UK, Welsh Government, Garfield Weston, Shaw Foundation, Macmillan Cancer Care, Children in Need, St James Place, Waterloo Foundation, Moondance, Wales and West Utilities and all those who have made financial contributions in donations and fundraising.

**Going concern**

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come. The trustees believe that the charity has sufficient reserves to continue activities for the foreseeable future and have therefore continued to adopt the going concern basis for the preparation of the financial statements.

**Reserves**

The total funds of £271,705 (2024: £162,297) include £87,774 (2024: £91,743) which is held for restricted purposes.

Free reserves at the 31 March 2025 were £180,853 (2024: £68,176).

Net income totalled £728,555 (2024: £625,099) of which £560,189 (2024: £508,367) was for restricted purposes.

Expenditure totalled £619,547 (2024: £589,569) of which £564,158 (2024: £495,562) was for restricted purposes.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs, without the need for bank borrowing, to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer meet regularly to assist the charity with its financial management systems

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**FUTURE PLANS**

Actions that the charity needs to continue to make progress in the coming year include:

- Continuation of plans to work across RCT and Merthyr regions
- Working on an AI tool for carers to access support, advice and information, online 24/7
- Working with businesses to ensure that employees who are carers are supported and best practice is looked at
- Ensuring the charity is sustainable for the future.
- Evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Reviewing all strategic priorities.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

**Recruitment and appointment of new trustees**

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

**Organisational structure**

Fifteen staff are managed by CEO. The Team has a part time Deputy CEO, a Young Carers and Young Adult Carers Manager and a Parent Carers Senior role offering an organisational structure of command and decision making. The Administrator (Company Secretary) and CEO are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and CEO reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, HR Sub Group, Policy Sub Group, Friends of Bridgend Carers Centre Fundraising Group. They bring recommendations to the full Board. Any purchase over £1000 has to be sanctioned by the Board.

**Induction and training of new trustees**

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The CEO works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives and also are kept up to date with current legislation which is relevant for carers, and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the CEO and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Charities Commission, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers; the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the HR Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05372329 (England and Wales)

**Registered Charity number**

1125921

**Registered office**

Bethlehem Church Life Centre Bryn Glas  
Bryn Glas  
Cefn Cribwr  
Bridgend  
CF32 0AA

**Trustees**

Mrs M Davies  
Mrs C Colman  
Mrs C Clarke  
Mrs E Owen

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Company Secretary**

Mrs S G Evans

**Independent Examiner**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Approved by order of the board of trustees on .....11/11/25..... and signed on its behalf by:



Mrs S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRIDGEND CARERS CENTRE**

**Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Jones FCCA

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Date: 11 November 2025

**BRIDGEND CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

|                                      | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|--------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>    |       |                            |                          |                             |                             |
| Donations and legacies               | 2     | 23,003                     | 7,786                    | 30,789                      | 63,194                      |
| <b>Charitable activities</b>         | 5     |                            |                          |                             |                             |
| Grants and contracts                 |       | 80,000                     | 547,576                  | 627,576                     | 545,738                     |
| Donations                            |       | 100                        | 2,350                    | 2,450                       | 8,951                       |
| Other trading activities             | 3     | 2,986                      | 2,477                    | 5,463                       | 5,536                       |
| Investment income                    | 4     | 2,864                      | -                        | 2,864                       | 1,880                       |
| Other income                         |       | 59,413                     | -                        | 59,413                      | -                           |
| <b>Total</b>                         |       | <u>168,366</u>             | <u>560,189</u>           | <u>728,555</u>              | <u>625,299</u>              |
| <b>EXPENDITURE ON</b>                |       |                            |                          |                             |                             |
| <b>Charitable activities</b>         | 6     |                            |                          |                             |                             |
| Expenditure on charitable activities |       | <u>55,389</u>              | <u>564,158</u>           | <u>619,547</u>              | <u>589,769</u>              |
| <b>NET INCOME/(EXPENDITURE)</b>      |       | 112,977                    | (3,969)                  | 109,008                     | 35,530                      |
| <b>RECONCILIATION OF FUNDS</b>       |       |                            |                          |                             |                             |
| Total funds brought forward          |       | 70,954                     | 91,743                   | 162,697                     | 127,167                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b>   |       | <u><u>183,931</u></u>      | <u><u>87,774</u></u>     | <u><u>271,705</u></u>       | <u><u>162,697</u></u>       |

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**BALANCE SHEET  
31 MARCH 2025**

|                                              | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|----------------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                          |       |                            |                          |                             |                             |
| Tangible assets                              | 12    | 3,078                      | -                        | 3,078                       | 3,878                       |
| <b>CURRENT ASSETS</b>                        |       |                            |                          |                             |                             |
| Debtors                                      | 13    | -                          | 16,500                   | 16,500                      | 38,321                      |
| Cash at bank and in hand                     |       | 185,508                    | 71,274                   | 256,782                     | 152,210                     |
|                                              |       | <u>185,508</u>             | <u>87,774</u>            | <u>273,282</u>              | <u>190,531</u>              |
| <b>CREDITORS</b>                             |       |                            |                          |                             |                             |
| Amounts falling due within one year          | 14    | (4,655)                    | -                        | (4,655)                     | (31,712)                    |
| <b>NET CURRENT ASSETS</b>                    |       | <u>180,853</u>             | <u>87,774</u>            | <u>268,627</u>              | <u>158,819</u>              |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>183,931</u>             | <u>87,774</u>            | <u>271,705</u>              | <u>162,697</u>              |
| <b>NET ASSETS</b>                            |       | <u>183,931</u>             | <u>87,774</u>            | <u>271,705</u>              | <u>162,697</u>              |
| <b>FUNDS</b>                                 | 15    |                            |                          |                             |                             |
| Unrestricted funds                           |       |                            |                          | 183,931                     | 70,954                      |
| Restricted funds                             |       |                            |                          | <u>87,774</u>               | <u>91,743</u>               |
| <b>TOTAL FUNDS</b>                           |       |                            |                          | <u>271,705</u>              | <u>162,697</u>              |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue 11 November 2025 and were signed on its behalf by:



M Davies - Trustee

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2025**

|                                                                           | Notes | 2025<br>£ | 2024<br>£ |
|---------------------------------------------------------------------------|-------|-----------|-----------|
| <b>Cash flows from operating activities</b>                               |       |           |           |
| Cash generated from operations                                            | 1     | 101,708   | (13,232)  |
| Net cash provided by/(used in) operating activities                       |       | 101,708   | (13,232)  |
| <b>Cash flows from investing activities</b>                               |       |           |           |
| Purchase of tangible fixed assets                                         |       | -         | (2,974)   |
| Interest received                                                         |       | 2,864     | 1,880     |
| Net cash provided by/(used in) investing activities                       |       | 2,864     | (1,094)   |
| <b>Change in cash and cash equivalents in the reporting period</b>        |       | 104,572   | (14,326)  |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | 152,210   | 166,536   |
| <b>Cash and cash equivalents at the end of the reporting period</b>       |       | 256,782   | 152,210   |

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

|                                                                                           | 2025<br>£      | 2024<br>£       |
|-------------------------------------------------------------------------------------------|----------------|-----------------|
| <b>Net income for the reporting period (as per the Statement of Financial Activities)</b> | 109,008        | 35,530          |
| <b>Adjustments for:</b>                                                                   |                |                 |
| Depreciation charges                                                                      | 801            | 2,093           |
| Interest received                                                                         | (2,864)        | (1,880)         |
| Decrease/(increase) in debtors                                                            | 21,820         | (36,895)        |
| Decrease in creditors                                                                     | (27,057)       | (12,080)        |
| <b>Net cash provided by/(used in) operations</b>                                          | <u>101,708</u> | <u>(13,232)</u> |

**2. ANALYSIS OF CHANGES IN NET FUNDS**

|                          | At 1.4.24<br>£ | Cash flow<br>£ | At 31.3.25<br>£ |
|--------------------------|----------------|----------------|-----------------|
| <b>Net cash</b>          |                |                |                 |
| Cash at bank and in hand | <u>152,210</u> | <u>104,572</u> | <u>256,782</u>  |
|                          | <u>152,210</u> | <u>104,572</u> | <u>256,782</u>  |
| <b>Total</b>             | <u>152,210</u> | <u>104,572</u> | <u>256,782</u>  |

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures, fittings and equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Debtors**

Short term debtors are measured at transaction price, less any impairment.

**Cash at bank and cash in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors**

Short term creditors are measured at transaction price.

**Provision for liabilities**

Provisions are recognised when the company has a present obligation (legal and constructive) from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

**Functional and Presentation Currency**

The company's functional and presentation currency is pounds sterling.

**Financial Instruments**

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's statement of financial position when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest.

Trade debtors, loans and other receivables that have fixed or determinable payments that are not quoted in an active market are classified as 'loans and receivables'. Loans and receivables are measured at amortised cost using the effective interest method, less any impairment.

Interest is recognised by applying the effective interest rate, except for short-term receivables when the recognition of interest would be immaterial. The effective interest method is a method of calculating the amortised cost of a debt instrument and of allocating the interest income over the relevant period. The effective interest rate is the rate that exactly discounts estimated future cash receipts through the expected life of the debt instrument to the net carrying amount on initial recognition.

**Impairment of financial assets**

Financial assets, other than those held at fair value through profit and loss, are assessed for indicators of impairment at each reporting end date.

Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected. If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in profit or loss.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in profit or loss.

**Derecognition of financial assets**

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the company transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

**Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loan that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

**Derecognition of financial liabilities**

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

**Going concern**

After reviewing the company's forecasts and projections, the trustee's has a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. The company therefore continues to adopt the going concern basis in preparing its financial statements.

**2. DONATIONS AND LEGACIES**

|             | 2025          | 2024          |
|-------------|---------------|---------------|
|             | £             | £             |
| Donations   | 25,681        | 63,034        |
| Gift aid    | 4,868         | -             |
| Memberships | 240           | 160           |
|             | <u>30,789</u> | <u>63,194</u> |

**3. OTHER TRADING ACTIVITIES**

|                    | 2025         | 2024         |
|--------------------|--------------|--------------|
|                    | £            | £            |
| Fundraising events | <u>5,463</u> | <u>5,536</u> |

**4. INVESTMENT INCOME**

|                          | 2025         | 2024         |
|--------------------------|--------------|--------------|
|                          | £            | £            |
| Deposit account interest | <u>2,864</u> | <u>1,880</u> |

**5. INCOME FROM CHARITABLE ACTIVITIES**

|              | 2025           | 2024           |
|--------------|----------------|----------------|
|              | £              | £              |
| Grants       | 627,576        | 545,738        |
| Other income | 2,450          | 8,951          |
|              | <u>630,026</u> | <u>554,689</u> |

Grants received, included in the above, are as follows:

|                                                   | 2025           | 2024           |
|---------------------------------------------------|----------------|----------------|
|                                                   | £              | £              |
| Macmillan Cancer Support                          | 532            | 21,483         |
| Other Grants                                      | 7,060          | 4,600          |
| Carers Trust Grants                               | 197,050        | 211,402        |
| Waterloo Foundation                               | 55,000         | 25,000         |
| BBC Children in need                              | 27,987         | 12,707         |
| St James Place Charitable foundation              | -              | 5,000          |
| BCBC Grant                                        | 15,000         | 6,000          |
| Armed Forces Covenant Fund                        | 36,941         | 11,430         |
| Moondance Foundation                              | 49,333         | 46,319         |
| The Edward Gostling Foundation                    | -              | 10,000         |
| The Postcode lottery                              | 50,000         | -              |
| Cwm Taf Morgannwg Regional Partnership Fund (RIF) | 57,750         | 88,812         |
| Wales & West utilities                            | -              | 25,000         |
| Principality Community fund in Wales              | 8,800          | 8,800          |
|                                                   | <u>505,453</u> | <u>476,553</u> |
| Carried forward                                   |                |                |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

|                                        | 2025<br>£      | 2024<br>£      |
|----------------------------------------|----------------|----------------|
| Brought forward                        | 505,453        | 476,553        |
| Shaw Foundation                        | 29,864         | 1,500          |
| Valley Kids                            | -              | 33,527         |
| Awards for All                         | -              | 19,993         |
| National Autistic Society Boshier Fund | -              | 5,000          |
| BAVO                                   | 480            | 9,165          |
| Global Make some noise                 | 33,700         | -              |
| Old Carers Wellbeing                   | 10,932         | -              |
| Garfield Weston Funding                | 30,000         | -              |
| Young Carer Grant                      | 17,147         | -              |
|                                        | <u>627,576</u> | <u>545,738</u> |

**6. CHARITABLE ACTIVITIES COSTS**

|                                      | Direct<br>Costs<br>£ | Support<br>costs (see<br>note 7)<br>£ | Totals<br>£ |
|--------------------------------------|----------------------|---------------------------------------|-------------|
| Expenditure on charitable activities | 550,906              | 68,641                                | 619,547     |

**7. SUPPORT COSTS**

|                                      | Other<br>£ | Support<br>costs<br>£ | Totals<br>£ |
|--------------------------------------|------------|-----------------------|-------------|
| Expenditure on charitable activities | 62,796     | 5,845                 | 68,641      |

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | 2025<br>£  | 2024<br>£    |
|-----------------------------|------------|--------------|
| Depreciation - owned assets | <u>800</u> | <u>2,093</u> |

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**10. STAFF COSTS**

|                       | 2025<br>£      | 2024<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 346,593        | 360,002        |
| Social security costs | 24,495         | 24,206         |
| Other pension costs   | 7,651          | 7,480          |
|                       | <u>378,739</u> | <u>391,688</u> |

The average monthly number of employees during the year was as follows:

|                             | 2025<br>15 | 2024<br>16 |
|-----------------------------|------------|------------|
| The average number of staff | <u>15</u>  | <u>16</u>  |

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                      | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|--------------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>    |                            |                          |                     |
| Donations and legacies               | 59,330                     | 3,864                    | 63,194              |
| <b>Charitable activities</b>         |                            |                          |                     |
| Grants and contracts                 | 57,404                     | 488,334                  | 545,738             |
| Donations                            | -                          | 8,951                    | 8,951               |
| Other trading activities             | -                          | 5,536                    | 5,536               |
| Investment income                    | -                          | 1,880                    | 1,880               |
| <b>Total</b>                         | <u>116,734</u>             | <u>508,565</u>           | <u>625,299</u>      |
| <b>EXPENDITURE ON</b>                |                            |                          |                     |
| <b>Charitable activities</b>         |                            |                          |                     |
| Expenditure on charitable activities | 94,109                     | 495,660                  | 589,769             |
| <b>NET INCOME</b>                    | 22,625                     | 12,905                   | 35,530              |
| <b>Transfers between funds</b>       | 2,000                      | (2,000)                  | -                   |
| <b>Net movement in funds</b>         | 24,625                     | 10,905                   | 35,530              |
| <b>RECONCILIATION OF FUNDS</b>       |                            |                          |                     |
| Total funds brought forward          | 46,329                     | 80,838                   | 127,167             |
| <b>TOTAL FUNDS CARRIED FORWARD</b>   | <u>70,954</u>              | <u>91,743</u>            | <u>162,697</u>      |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**12. TANGIBLE FIXED ASSETS**

|                                   | Fixtures<br>and<br>fittings<br>£ |
|-----------------------------------|----------------------------------|
| <b>COST</b>                       |                                  |
| At 1 April 2024 and 31 March 2025 | 16,244                           |
| <b>DEPRECIATION</b>               |                                  |
| At 1 April 2024                   | 12,366                           |
| Charge for year                   | 800                              |
| At 31 March 2025                  | 13,166                           |
| <b>NET BOOK VALUE</b>             |                                  |
| At 31 March 2025                  | 3,078                            |
| At 31 March 2024                  | 3,878                            |

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2025<br>£ | 2024<br>£ |
|--------------------------------|-----------|-----------|
| Prepayments and accrued income | 16,500    | 38,321    |

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2025<br>£ | 2024<br>£ |
|---------------------------------|-----------|-----------|
| Social security and other taxes | -         | 22,217    |
| Other creditors                 | 1,505     | 2,599     |
| Accruals and deferred income    | -         | 6,896     |
| Accrued expenses                | 3,150     | -         |
|                                 | 4,655     | 31,712    |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS**

|                                          | At 1.4.24<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.25<br>£ |
|------------------------------------------|----------------|----------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                    |
| General fund                             | 70,954         | 32,977                           | 103,931            |
| Post Code lottery Community Funding      | -              | 50,000                           | 50,000             |
| Garfield Weston                          | -              | 30,000                           | 30,000             |
|                                          | <u>70,954</u>  | <u>112,977</u>                   | <u>183,931</u>     |
| <b>Restricted funds</b>                  |                |                                  |                    |
| Macmillan Patient & Carer Support Worker | (3,059)        | 675                              | (2,384)            |
| Workers Fund                             | 4,635          | -                                | 4,635              |
| YAC/YC Fund                              | 4,470          | (398)                            | 4,072              |
| Carers Trust Making Carers Count         | -              | (345)                            | (345)              |
| Waterloo 2022-2024                       | 701            | (701)                            | -                  |
| The Postcode Lottery Parent Carers Fund  | 4,549          | (4,549)                          | -                  |
| BCBC - Peer Mentoring Fund               | 4,932          | 1,727                            | 6,659              |
| St James Place Funding                   | 5,546          | (4,668)                          | 878                |
| Community Cafe Fund                      | 184            | (158)                            | 26                 |
| Moondance Foundation                     | -              | (3,800)                          | (3,800)            |
| Versus Arthritis Fund                    | 253            | (253)                            | -                  |
| Wales and West Utilities Benefits Fund   | 2,051          | (2,051)                          | -                  |
| Carers Trust and Support Service         | 2,740          | 53                               | 2,793              |
| Children in need 2 fund                  | 899            | 14,280                           | 15,179             |
| Principality Community Fund in Wales     | 2,259          | (1,748)                          | 511                |
| Carers Trust Amser Fund                  | 2,954          | (1,958)                          | 996                |
| Shaw Homes - Valleys Project             | 2,953          | (2,953)                          | -                  |
| Moondance Parent Carers                  | 22,853         | -                                | 22,853             |
| Valley Kids dementia project             | 1,527          | (1,527)                          | -                  |
| BAVO Food Sufficiency fund               | -              | (26)                             | (26)               |
| Barchester Trip Fund                     | 440            | (440)                            | -                  |
| Awards For All Sustainability Fund       | 5,906          | (4,807)                          | 1,099              |
| AFCF - Veteran Carers Funds              | 5,289          | 2,651                            | 7,940              |
| Monmouthshire Building Society           | 670            | (670)                            | -                  |
| RIF Short Breaks Funds                   | 9,904          | (9,904)                          | -                  |
| Autism Fund                              | 4,237          | (3,875)                          | 362                |
| BAVO Activity Grant                      | 278            | (278)                            | -                  |
| Macmilan Activities Fund                 | 3,770          | (2,905)                          | 865                |
| Global Make some noise                   | -              | 1,401                            | 1,401              |
| Waterloo 2                               | -              | 1,584                            | 1,584              |
| RIF Funding benefits & hopsital          | -              | 2,749                            | 2,749              |
| Shaw Dementia                            | -              | 3,442                            | 3,442              |
| Carers Trust Money Matters               | -              | 7,428                            | 7,428              |
| Skipton Building society                 | -              | 1,000                            | 1,000              |
| Older carers Wellbeing                   | -              | (13)                             | (13)               |
| Arnold Clarke Cafe                       | -              | 699                              | 699                |
| Stronger Starts                          | -              | 565                              | 565                |
| Wildflower Fund                          | -              | 3,796                            | 3,796              |
| 7 Stars                                  | -              | 2,008                            | 2,008              |
| DWP kickstart programe                   | 802            | -                                | 802                |
|                                          | <u>91,743</u>  | <u>(3,969)</u>                   | <u>87,774</u>      |
| <b>TOTAL FUNDS</b>                       | <u>162,697</u> | <u>109,008</u>                   | <u>271,705</u>     |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 88,366                     | (55,389)                   | 32,977                    |
| Post Code lottery Community Funding      | 50,000                     | -                          | 50,000                    |
| Garfield Weston                          | 30,000                     | -                          | 30,000                    |
|                                          | <u>168,366</u>             | <u>(55,389)</u>            | <u>112,977</u>            |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Macmillan Patient & Carer Support Worker | 17,147                     | (16,472)                   | 675                       |
| YAC/YC Fund                              | 630                        | (1,028)                    | (398)                     |
| Carers Trust Making Carers Count         | -                          | (345)                      | (345)                     |
| Waterloo 2022-2024                       | -                          | (701)                      | (701)                     |
| The Postcode Lottery Parent Carers Fund  | -                          | (4,549)                    | (4,549)                   |
| BCBC - Peer Mentoring Fund               | 15,000                     | (13,273)                   | 1,727                     |
| St James Place Funding                   | -                          | (4,668)                    | (4,668)                   |
| Community Cafe Fund                      | 6,058                      | (6,216)                    | (158)                     |
| Moondance Foundation                     | 49,333                     | (53,133)                   | (3,800)                   |
| Versus Arthritis Fund                    | -                          | (253)                      | (253)                     |
| Wales and West Utilities Benefits Fund   | -                          | (2,051)                    | (2,051)                   |
| Carers Trust and Support Service         | 67,750                     | (67,697)                   | 53                        |
| Children in need 2 fund                  | 27,987                     | (13,707)                   | 14,280                    |
| Principality Community Fund in Wales     | 8,800                      | (10,548)                   | (1,748)                   |
| Carers Trust Amser Fund                  | 79,300                     | (81,258)                   | (1,958)                   |
| Shaw Homes - Valleys Project             | -                          | (2,953)                    | (2,953)                   |
| Valley Kids dementia project             | -                          | (1,527)                    | (1,527)                   |
| BAVO Food Sufficiency fund               | -                          | (26)                       | (26)                      |
| Barchester Trip Fund                     | -                          | (440)                      | (440)                     |
| Awards For All Sustainability Fund       | -                          | (4,807)                    | (4,807)                   |
| AFCF - Veteran Carers Funds              | 36,941                     | (34,290)                   | 2,651                     |
| Monmouthshire Building Society           | -                          | (670)                      | (670)                     |
| RIF Short Breaks Funds                   | -                          | (9,904)                    | (9,904)                   |
| Autism Fund                              | -                          | (3,875)                    | (3,875)                   |
| BAVO Activity Grant                      | -                          | (278)                      | (278)                     |
| Macmilan Activities Fund                 | -                          | (2,905)                    | (2,905)                   |
| Global Make some noise                   | 33,700                     | (32,299)                   | 1,401                     |
| Waterloo 2                               | 30,000                     | (28,416)                   | 1,584                     |
| RIF Funding benefits & hopsital          | 57,750                     | (55,001)                   | 2,749                     |
| Shaw Dementia                            | 29,864                     | (26,422)                   | 3,442                     |
| Waterloo core                            | 25,000                     | (25,000)                   | -                         |
| Carers Trust Money Matters               | 50,000                     | (42,572)                   | 7,428                     |
| Skipton Building society                 | 1,000                      | -                          | 1,000                     |
| Older carers Wellbeing                   | 10,932                     | (10,945)                   | (13)                      |
| Macmillian Grant Staff Away Day          | 532                        | (532)                      | -                         |
| Rotary Club Grant YC                     | 800                        | (800)                      | -                         |
| Arnold Clarke Cafe                       | 1,000                      | (301)                      | 699                       |
| BAVO Cafe equipment                      | 750                        | (750)                      | -                         |
| Young Carers Action Day                  | 482                        | (482)                      | -                         |
| BAVO Warm Space                          | 1,930                      | (1,930)                    | -                         |
| Stronger Starts                          | 1,125                      | (560)                      | 565                       |
| Wildflower Fund                          | 3,995                      | (199)                      | 3,796                     |
| 7 Stars                                  | 2,383                      | (375)                      | 2,008                     |
|                                          | <u>560,189</u>             | <u>(564,158)</u>           | <u>(3,969)</u>            |
| <b>TOTAL FUNDS</b>                       | <u>728,555</u>             | <u>(619,547)</u>           | <u>109,008</u>            |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

|                                          | At 1.4.23<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.3.24<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General fund                             | 46,329         | 22,625                           | 2,000                              | 70,954             |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| Macmillan Patient & Carer Support Worker | (665)          | (2,394)                          | -                                  | (3,059)            |
| Workers Fund                             | 10,200         | (5,565)                          | -                                  | 4,635              |
| YAC/YC Fund                              | 2,739          | 1,731                            | -                                  | 4,470              |
| Carers Trust - Inspiring Change          | 626            | (626)                            | -                                  | -                  |
| Digital Families                         | 124            | (124)                            | -                                  | -                  |
| Armed Forces Covenant Fund               | 8,858          | (8,858)                          | -                                  | -                  |
| Carers Trust Making Carers Count         | 561            | 549                              | (1,110)                            | -                  |
| Waterloo 2022-2024                       | 1,596          | (895)                            | -                                  | 701                |
| Cwm Taf - Autism Project                 | 2,687          | (2,687)                          | -                                  | -                  |
| The Postcode Lottery Parent Carers Fund  | 17,952         | (13,403)                         | -                                  | 4,549              |
| BAVO                                     | 4,878          | (4,878)                          | -                                  | -                  |
| BAVO Warm Spaces Fund                    | 169            | (169)                            | -                                  | -                  |
| BCBC - Peer Mentoring Fund               | 7,237          | (2,305)                          | -                                  | 4,932              |
| St James Place Funding                   | 4,581          | 965                              | -                                  | 5,546              |
| Community Cafe Fund                      | 1,779          | (1,595)                          | -                                  | 184                |
| Moondance Foundation                     | 13,294         | (13,294)                         | -                                  | -                  |
| Versus Arthritis Fund                    | 1,201          | (948)                            | -                                  | 253                |
| Wales and West Utilities Benefits Fund   | 2,219          | (168)                            | -                                  | 2,051              |
| Carers Trust and Support Service         | -              | 2,740                            | -                                  | 2,740              |
| Children in need 2 fund                  | -              | 899                              | -                                  | 899                |
| Principality Community Fund in Wales     | -              | 2,259                            | -                                  | 2,259              |
| Carers Trust Amser Fund                  | -              | 2,954                            | -                                  | 2,954              |
| Shaw Homes - Valleys Project             | -              | 2,953                            | -                                  | 2,953              |
| Moondance Parent Carers                  | -              | 22,853                           | -                                  | 22,853             |
| Valley Kids dementia project             | -              | 1,527                            | -                                  | 1,527              |
| BAVO Food Sufficiency fund               | -              | 195                              | (195)                              | -                  |
| Barchester Trip Fund                     | -              | 440                              | -                                  | 440                |
| Awards For All Sustainability Fund       | -              | 5,906                            | -                                  | 5,906              |
| AFCF - Veteran Carers Funds              | -              | 5,289                            | -                                  | 5,289              |
| Monmouthshire Building Society           | -              | 670                              | -                                  | 670                |
| RIF Short Breaks Funds                   | -              | 10,599                           | (695)                              | 9,904              |
| Autism Fund                              | -              | 4,237                            | -                                  | 4,237              |
| BAVO Activity Grant                      | -              | 278                              | -                                  | 278                |
| Macmilan Activities Fund                 | -              | 3,770                            | -                                  | 3,770              |
| DWP kickstart programe                   | 802            | -                                | -                                  | 802                |
|                                          | <u>80,838</u>  | <u>12,905</u>                    | <u>(2,000)</u>                     | <u>91,743</u>      |
| <b>TOTAL FUNDS</b>                       | <u>127,167</u> | <u>35,530</u>                    | <u>-</u>                           | <u>162,697</u>     |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 116,734                    | (94,109)                   | 22,625                    |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Macmillan Patient & Carer Support Worker | 17,136                     | (19,530)                   | (2,394)                   |
| Workers Fund                             | -                          | (5,565)                    | (5,565)                   |
| YAC/YC Fund                              | 4,909                      | (3,178)                    | 1,731                     |
| Carers Trust - Inspiring Change          | -                          | (626)                      | (626)                     |
| Digital Families                         | -                          | (124)                      | (124)                     |
| Armed Forces Covenant Fund               | 875                        | (9,733)                    | (8,858)                   |
| Carers Trust Making Carers Count         | 86,457                     | (85,908)                   | 549                       |
| Waterloo 2022-2024                       | 25,000                     | (25,895)                   | (895)                     |
| Cwm Taf - Autism Project                 | -                          | (2,687)                    | (2,687)                   |
| The Postcode Lottery Parent Carers Fund  | -                          | (13,403)                   | (13,403)                  |
| BAVO                                     | -                          | (4,878)                    | (4,878)                   |
| BAVO Warm Spaces Fund                    | -                          | (169)                      | (169)                     |
| BCBC - Peer Mentoring Fund               | 6,000                      | (8,305)                    | (2,305)                   |
| St James Place Funding                   | 5,000                      | (4,035)                    | 965                       |
| Community Cafe Fund                      | -                          | (1,595)                    | (1,595)                   |
| Moondance Foundation                     | (43)                       | (13,251)                   | (13,294)                  |
| Versus Arthritis Fund                    | -                          | (948)                      | (948)                     |
| Wales and West Utilities Benefits Fund   | 25,000                     | (25,168)                   | (168)                     |
| Carers Trust and Support Service         | 41,916                     | (39,176)                   | 2,740                     |
| Children in need 2 fund                  | 12,707                     | (11,808)                   | 899                       |
| Principality Community Fund in Wales     | 8,800                      | (6,541)                    | 2,259                     |
| RIF                                      | 55,000                     | (55,000)                   | -                         |
| Carers Trust Amser Fund                  | 43,768                     | (40,814)                   | 2,954                     |
| Shaw Homes - Valleys Project             | 11,493                     | (8,540)                    | 2,953                     |
| Archbishop Fund for Children             | 1,600                      | (1,600)                    | -                         |
| Cryvys Voluntary Youth Fund              | 731                        | (731)                      | -                         |
| Moondance Parent Carers                  | 46,362                     | (23,509)                   | 22,853                    |
| Valley Kids dementia project             | 33,527                     | (32,000)                   | 1,527                     |
| BAVO Food Sufficiency fund               | 9,165                      | (8,970)                    | 195                       |
| Barchester Trip Fund                     | 1,000                      | (560)                      | 440                       |
| Awards For All Sustainability Fund       | 10,000                     | (4,094)                    | 5,906                     |
| AFCF - Veteran Carers Funds              | 10,555                     | (5,266)                    | 5,289                     |
| Monmouthshire Building Society           | 1,000                      | (330)                      | 670                       |
| Edward Gostling Sustainability Fund      | 10,000                     | (10,000)                   | -                         |
| RIF Short Breaks Funds                   | 30,262                     | (19,663)                   | 10,599                    |
| Autism Fund                              | 5,000                      | (763)                      | 4,237                     |
| BAVO Activity Grant                      | 1,000                      | (722)                      | 278                       |
| Macmilan Activities Fund                 | 4,345                      | (575)                      | 3,770                     |
|                                          | <u>508,565</u>             | <u>(495,660)</u>           | <u>12,905</u>             |
| <b>TOTAL FUNDS</b>                       | <u>625,299</u>             | <u>(589,769)</u>           | <u>35,530</u>             |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

|                                          | At 1.4.23<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.3.25<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General fund                             | 46,329         | 55,602                           | 2,000                              | 103,931            |
| Post Code lottery Community Funding      | -              | 50,000                           | -                                  | 50,000             |
| Garfield Weston                          | -              | 30,000                           | -                                  | 30,000             |
|                                          | <u>46,329</u>  | <u>135,602</u>                   | <u>2,000</u>                       | <u>183,931</u>     |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| Macmillan Patient & Carer Support Worker | (665)          | (1,719)                          | -                                  | (2,384)            |
| Workers Fund                             | 10,200         | (5,565)                          | -                                  | 4,635              |
| YAC/YC Fund                              | 2,739          | 1,333                            | -                                  | 4,072              |
| Carers Trust - Inspiring Change          | 626            | (626)                            | -                                  | -                  |
| Digital Families                         | 124            | (124)                            | -                                  | -                  |
| Armed Forces Covenant Fund               | 8,858          | (8,858)                          | -                                  | -                  |
| Carers Trust Making Carers Count         | 561            | 204                              | (1,110)                            | (345)              |
| Waterloo 2022-2024                       | 1,596          | (1,596)                          | -                                  | -                  |
| Cwm Taf - Autism Project                 | 2,687          | (2,687)                          | -                                  | -                  |
| The Postcode Lottery Parent Carers Fund  | 17,952         | (17,952)                         | -                                  | -                  |
| BAVO                                     | 4,878          | (4,878)                          | -                                  | -                  |
| BAVO Warm Spaces Fund                    | 169            | (169)                            | -                                  | -                  |
| BCBC - Peer Mentoring Fund               | 7,237          | (578)                            | -                                  | 6,659              |
| St James Place Funding                   | 4,581          | (3,703)                          | -                                  | 878                |
| Community Cafe Fund                      | 1,779          | (1,753)                          | -                                  | 26                 |
| Moondance Foundation                     | 13,294         | (17,094)                         | -                                  | (3,800)            |
| Versus Arthritis Fund                    | 1,201          | (1,201)                          | -                                  | -                  |
| Wales and West Utilities Benefits Fund   | 2,219          | (2,219)                          | -                                  | -                  |
| Carers Trust and Support Service         | -              | 2,793                            | -                                  | 2,793              |
| Children in need 2 fund                  | -              | 15,179                           | -                                  | 15,179             |
| Principality Community Fund in Wales     | -              | 511                              | -                                  | 511                |
| Carers Trust Amser Fund                  | -              | 996                              | -                                  | 996                |
| Moondance Parent Carers                  | -              | 22,853                           | -                                  | 22,853             |
| BAVO Food Sufficiency fund               | -              | 169                              | (195)                              | (26)               |
| Awards For All Sustainability Fund       | -              | 1,099                            | -                                  | 1,099              |
| AFCF - Veteran Carers Funds              | -              | 7,940                            | -                                  | 7,940              |
| RIF Short Breaks Funds                   | -              | 695                              | (695)                              | -                  |
| Autism Fund                              | -              | 362                              | -                                  | 362                |
| Macmilan Activities Fund                 | -              | 865                              | -                                  | 865                |
| Global Make some noise                   | -              | 1,401                            | -                                  | 1,401              |
| Waterloo 2                               | -              | 1,584                            | -                                  | 1,584              |
| RIF Funding benefits & hopsital          | -              | 2,749                            | -                                  | 2,749              |
| Shaw Dementia                            | -              | 3,442                            | -                                  | 3,442              |
| Carers Trust Money Matters               | -              | 7,428                            | -                                  | 7,428              |
| Skipton Building society                 | -              | 1,000                            | -                                  | 1,000              |
| Older carers Wellbeing                   | -              | (13)                             | -                                  | (13)               |
| Arnold Clarke Cafe                       | -              | 699                              | -                                  | 699                |
| Stronger Starts                          | -              | 565                              | -                                  | 565                |
| Wildflower Fund                          | -              | 3,796                            | -                                  | 3,796              |
| 7 Stars                                  | -              | 2,008                            | -                                  | 2,008              |
| DWP kickstart programe                   | 802            | -                                | -                                  | 802                |
|                                          | <u>80,838</u>  | <u>8,936</u>                     | <u>(2,000)</u>                     | <u>87,774</u>      |
| <b>TOTAL FUNDS</b>                       | <u>127,167</u> | <u>144,538</u>                   | <u>-</u>                           | <u>271,705</u>     |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 205,100                    | (149,498)                  | 55,602                    |
| Post Code lottery Community Funding      | 50,000                     | -                          | 50,000                    |
| Garfield Weston                          | 30,000                     | -                          | 30,000                    |
|                                          | <u>285,100</u>             | <u>(149,498)</u>           | <u>135,602</u>            |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Macmillan Patient & Carer Support Worker | 34,283                     | (36,002)                   | (1,719)                   |
| Workers Fund                             | -                          | (5,565)                    | (5,565)                   |
| YAC/YC Fund                              | 5,539                      | (4,206)                    | 1,333                     |
| Carers Trust - Inspiring Change          | -                          | (626)                      | (626)                     |
| Digital Families                         | -                          | (124)                      | (124)                     |
| Armed Forces Covenant Fund               | 875                        | (9,733)                    | (8,858)                   |
| Carers Trust Making Carers Count         | 86,457                     | (86,253)                   | 204                       |
| Waterloo 2022-2024                       | 25,000                     | (26,596)                   | (1,596)                   |
| Cwm Taf - Autism Project                 | -                          | (2,687)                    | (2,687)                   |
| The Postcode Lottery Parent Carers Fund  | -                          | (17,952)                   | (17,952)                  |
| BAVO                                     | -                          | (4,878)                    | (4,878)                   |
| BAVO Warm Spaces Fund                    | -                          | (169)                      | (169)                     |
| BCBC - Peer Mentoring Fund               | 21,000                     | (21,578)                   | (578)                     |
| St James Place Funding                   | 5,000                      | (8,703)                    | (3,703)                   |
| Community Cafe Fund                      | 6,058                      | (7,811)                    | (1,753)                   |
| Moondance Foundation                     | 49,290                     | (66,384)                   | (17,094)                  |
| Versus Arthritis Fund                    | -                          | (1,201)                    | (1,201)                   |
| Wales and West Utilities Benefits Fund   | 25,000                     | (27,219)                   | (2,219)                   |
| Carers Trust and Support Service         | 109,666                    | (106,873)                  | 2,793                     |
| Children in need 2 fund                  | 40,694                     | (25,515)                   | 15,179                    |
| Principality Community Fund in Wales     | 17,600                     | (17,089)                   | 511                       |
| RIF                                      | 55,000                     | (55,000)                   | -                         |
| Carers Trust Amser Fund                  | 123,068                    | (122,072)                  | 996                       |
| Shaw Homes - Valleys Project             | 11,493                     | (11,493)                   | -                         |
| Archbishop Fund for Children             | 1,600                      | (1,600)                    | -                         |
| Cryvys Voluntary Youth Fund              | 731                        | (731)                      | -                         |
| Moondance Parent Carers                  | 46,362                     | (23,509)                   | 22,853                    |
| Valley Kids dementia project             | 33,527                     | (33,527)                   | -                         |
| BAVO Food Sufficiency fund               | 9,165                      | (8,996)                    | 169                       |
| Barchester Trip Fund                     | 1,000                      | (1,000)                    | -                         |
| Awards For All Sustainability Fund       | 10,000                     | (8,901)                    | 1,099                     |
| AFCF - Veteran Carers Funds              | 47,496                     | (39,556)                   | 7,940                     |
| Monmouthshire Building Society           | 1,000                      | (1,000)                    | -                         |
| Edward Gostling Sustainability Fund      | 10,000                     | (10,000)                   | -                         |
| RIF Short Breaks Funds                   | 30,262                     | (29,567)                   | 695                       |
| Autism Fund                              | 5,000                      | (4,638)                    | 362                       |
| BAVO Activity Grant                      | 1,000                      | (1,000)                    | -                         |
| Macmilan Activities Fund                 | 4,345                      | (3,480)                    | 865                       |
| Global Make some noise                   | 33,700                     | (32,299)                   | 1,401                     |
| Waterloo 2                               | 30,000                     | (28,416)                   | 1,584                     |
| RIF Funding benefits & hopsital          | 57,750                     | (55,001)                   | 2,749                     |
| Shaw Dementia                            | 29,864                     | (26,422)                   | 3,442                     |
| Waterloo core                            | 25,000                     | (25,000)                   | -                         |
| Carers Trust Money Matters               | 50,000                     | (42,572)                   | 7,428                     |
| Skipton Building society                 | 1,000                      | -                          | 1,000                     |
| Older carers Wellbeing                   | 10,932                     | (10,945)                   | (13)                      |
| Macmillian Grant Staff Away Day          | 532                        | (532)                      | -                         |
| Rotary Club Grant YC                     | 800                        | (800)                      | -                         |
| Arnold Clarke Cafe                       | 1,000                      | (301)                      | 699                       |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

|                         |                         |                           |                       |
|-------------------------|-------------------------|---------------------------|-----------------------|
| BAVO Cafe equipment     | 750                     | (750)                     | -                     |
| Young Carers Action Day | 482                     | (482)                     | -                     |
| BAVO Warm Space         | 1,930                   | (1,930)                   | -                     |
| Stronger Starts         | 1,125                   | (560)                     | 565                   |
| Wildflower Fund         | 3,995                   | (199)                     | 3,796                 |
| 7 Stars                 | 2,383                   | (375)                     | 2,008                 |
|                         | <u>1,068,754</u>        | <u>(1,059,818)</u>        | <u>8,936</u>          |
| <b>TOTAL FUNDS</b>      | <u><u>1,353,854</u></u> | <u><u>(1,209,316)</u></u> | <u><u>144,538</u></u> |

**Macmillan Patient & Carer Support Worker**

A post funded by Macmillan Cancer Support.

**YAC/YC fund**

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

**Carers Trust - Inspiring Change**

Funding was received from the Carers Trust for Young Adult Carers support.

**Digital families**

Funding was received towards providing online activities for young carers funded through Parentzone.com

**Armed Forces Covenant Fund**

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

**Making Carers Count**

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

A transfer was made out of the fund at the end of 2024 to cover Core costs with the remaining surplus as agreed with the funder.

**DWP Kickstart Programme**

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

**Waterloo 2022-2024**

To provide support in schools and raise awareness of young carers.

**Cwm Taf - Autism Project**

To deliver specific support to children and parents dealing with Autism.

**The Postcode Lottery Parent Carers fund**

For the development and increased capacity of a dedicated Parent Carer Support Team.

**BAVO Respite fund**

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

**BAVO Warm Spaces Fund**

To support unpaid carers with activities and opportunities to respond to isolation and loneliness and the ongoing cost of living crisis.

**Peer Mentoring**

To provide peer support to young carers and young adult carers.

**St James Place funding**

To provide activities to support young adult carers.

**Moondance Foundation**

For continued provision of a dedicated Parent Carer Support Team.

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

**Versus Arthritis**

To provide physical activities to combat and prevent multi-skeletal conditions associated with unpaid carers roles.

**Wales and West Utilities**

To provide Welfare Benefits Advice plus address issues associated with the cost of living crisis and fuel poverty.

**Carers Trust Support Service**

To provide a Debt Support Service and carers grants to address hardship and the cost of living crisis.

**Children in Need 2 fund**

To provide respite opportunities for teen carers aged 13-17.

**Principality Community Fund in Wales**

To provide respite opportunities for young carers aged 5-12.

**Carers Trust Amser fund**

Providing short break opportunities for unpaid carers.

**Shaw Foundation - Dementia Carers Project**

For the provision of a dedicated Dementia Carers Support Worker.

**Archbishop Fund for Children**

To provide funding for a summer programme of activities for young carers.

**Moondance Parent Carers**

Funding to provide 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

**Valleys Kids Dementia Project**

For the provision of a dedicated Dementia Carers Support Worker.

**BAVO Food Sustainability fund**

Toward the provision of a range of activities, the community café and food provision.

A transfer was made out of the fund at the end of 2024 to cover Core costs with the remaining surplus as agreed with the funder.

**Barchester Trip fund**

To provide a short trip opportunity for carers.

**Awards for All Sustainability fund**

To assist with cost of living increases, overheads and core costs.

**Monmouthshire Building Society**

Funding towards providing a counselling service for Carers.

**RIF Short Breaks fund**

For the provision of short break opportunities for unpaid carers.

**Autism Fund**

For the Wildflower Group - supporting girls with Autism

**Macmillan Activities fund**

Towards providing activities for those attending the community café.

**Global Make some noise**

Fund supporting young carers across borough

**Waterloo 2**

To provide support in schools and raise awareness of young carers.

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

**RIF Funding benefits & hospitals**

For continued provision of Integrated Carers Support at UK Hospitals

A transfer was made out of the fund at the end of 2024 to cover Core costs with the remaining surplus as agreed with the funder.

**Carers Trust Money Matters**

Providing Welfare Benefits Advice, maximising income, micro grants, addressing cost of living crisis and fuel poverty.

**Skipton Building Society**

Funding for afternoon tea for Dementia Carers and their loved ones

**Older Carers Wellbeing**

To provide additional support for carers assisting the elderly

**Arnold Clarke Cafe**

Funds towards weekly Community Café

**Stronger Starts**

A fund supported by Tesco PLC to support carers of young people.

**Wildflower Fund**

Funding arts project and monthly groups for parent carers, girls and young women with autism

**7 Starts**

A fund supporting young carers activities

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

**BRIDGEND CARERS CENTRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

|                                 | 2025<br>£ | 2024<br>£ |
|---------------------------------|-----------|-----------|
| <b>INCOME AND ENDOWMENTS</b>    |           |           |
| <b>Donations and legacies</b>   |           |           |
| Donations                       | 25,681    | 63,034    |
| Gift aid                        | 4,868     | -         |
| Memberships                     | 240       | 160       |
|                                 | <hr/>     | <hr/>     |
|                                 | 30,789    | 63,194    |
| <b>Other trading activities</b> |           |           |
| Fundraising events              | 5,463     | 5,536     |
| <b>Investment income</b>        |           |           |
| Deposit account interest        | 2,864     | 1,880     |
| <b>Charitable activities</b>    |           |           |
| Grants                          | 627,576   | 545,738   |
| Other income                    | 2,450     | 8,951     |
|                                 | <hr/>     | <hr/>     |
|                                 | 630,026   | 554,689   |
| <b>Other income</b>             |           |           |
| No description                  | 59,413    | -         |
|                                 | <hr/>     | <hr/>     |
| <b>Total incoming resources</b> | 728,555   | 625,299   |
| <b>EXPENDITURE</b>              |           |           |
| <b>Charitable activities</b>    |           |           |
| Wages                           | 346,593   | 323,565   |
| Social security                 | 24,495    | 24,206    |
| Pensions                        | 7,651     | 7,480     |
| Insurance                       | 1,640     | 932       |
| Light and heat                  | 6,192     | 1,198     |
| Telephone                       | 4,745     | 5,510     |
| Postage and stationery          | 5,012     | 4,992     |
| Advertising                     | 2,210     | 4,121     |
| Sundries                        | 684       | 271       |
| Recruitment Costs               | -         | 43        |
| Rent                            | 8,947     | 5,464     |
| Repairs & maintenance           | 3,215     | 1,087     |
| Breaks/ Project expenditure     | 82,518    | 90,086    |
| Staff travel                    | 9,843     | 10,146    |
| Staff training                  | 1,928     | 2,368     |
| Computer & IT expenses          | 7,093     | 5,569     |
| Volunteer expenses              | -         | 20        |
| Bursaries to individual carers  | 36,121    | 43,302    |
| Cafe purchases for resale       | 1,218     | 2,464     |
| Depn of fixtures and fittings   | 801       | 1,047     |
|                                 | <hr/>     | <hr/>     |
|                                 | 550,906   | 533,871   |
| <b>Support costs</b>            |           |           |
| <b>Management</b>               |           |           |
| Wages                           | -         | 27,913    |

This page does not form part of the statutory financial statements

**BRIDGEND CARERS CENTRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

|                              | 2025<br>£ | 2024<br>£ |
|------------------------------|-----------|-----------|
| <b>Management</b>            |           |           |
| <b>Other</b>                 |           |           |
| Insurance                    | -         | 399       |
| Light and heat               | -         | 513       |
| Telephone                    | -         | 1,378     |
| Postage and stationery       | -         | 881       |
| Sundries                     | -         | 271       |
| Bank charges                 | 1,050     | 593       |
| Rent                         | -         | 2,942     |
| Repairs & maintenance        | -         | 477       |
| Management charges           | 59,413    | -         |
| Computer & IT expenses       | -         | 2,719     |
| Carers Trust Membership      | -         | 1,000     |
| Equipment Hire               | 2,333     | 2,542     |
| Fixtures and fittings        | -         | 1,046     |
|                              | <hr/>     | <hr/>     |
|                              | 62,796    | 14,761    |
| <br><b>Support costs</b>     |           |           |
| Wages                        | -         | 8,524     |
| Accountancy fees             | 5,845     | 3,798     |
| Legal fees                   | -         | 902       |
|                              | <hr/>     | <hr/>     |
|                              | 5,845     | 13,224    |
| <br>Total resources expended | <hr/>     | <hr/>     |
|                              | 619,547   | 589,769   |
| <br><b>Net income</b>        | <hr/>     | <hr/>     |
|                              | 109,008   | 35,530    |

---

# Accounts

---

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125921

REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024  
FOR  
BRIDGEND CARERS CENTRE

MHA  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
CF23 8RS

**BRIDGEND CARERS CENTRE**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

---

|                                                   | <b>Page</b>     |
|---------------------------------------------------|-----------------|
| <b>Report of the Trustees</b>                     | <b>1 to 14</b>  |
| <b>Independent Examiner's Report</b>              | <b>15</b>       |
| <b>Statement of Financial Activities</b>          | <b>16</b>       |
| <b>Balance Sheet</b>                              | <b>17</b>       |
| <b>Cash Flow Statement</b>                        | <b>18</b>       |
| <b>Notes to the Cash Flow Statement</b>           | <b>19</b>       |
| <b>Notes to the Financial Statements</b>          | <b>20 to 32</b> |
| <b>Detailed Statement of Financial Activities</b> | <b>33 to 34</b> |

---

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

---

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Objects**

The charity's objects as stated in the governing document are:

- (i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.
- (ii) to undertake any necessary education work related to carers.

#### **Objectives and aims**

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service to improve wellbeing, avoidance of carer stress, burden, isolation and crisis.

Bridgend Carers Centre raise awareness through diverse mediums including newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic Plan until 2025 giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we work with Dizions - Charity Log and Carers Trust to support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

We have continued to develop outreach services in a number of geographical areas, maintained and increased our digital presence and means of communication through social media, making support and information more accessible. We have increased activities including walks, exercise classes, holistic therapies, Carers Choir, spa days, craft activities, counselling, carers trips, carers luncheons, life coaching and individual grants for carers to access a break specific to their needs. These opportunities were funded through Welsh Government via Carers Trust (Amser Scheme) and Regional Integrated Fund (Shortbreaks Scheme) focusing on all carers but with a specific target on reaching male carers, parent carers, young carers, working carers and young adult carers through face to face and online group sessions to improve accessibility

#### **OBJECTIVES AND ACTIVITIES**

##### **Information**

Our information and advice service has continued to develop and improve throughout 2023/2024 by directly supporting carers through face to face, telephone, email, website, post and social media, online peer support through Zoom and WhatsApp.

##### **Volunteers**

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café. The charity has found it difficult to retain and recruit volunteers during the period of post pandemic recovery but realise that this is an area which requires further development to increase the involvement of volunteers in future developments. **The charity would like to give thanks to all the volunteers for their support and commitment.**

##### **Public benefit**

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

### Significant activities

During this period, the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered intensive person-centred support to keep families engaged and safeguarded. The service has continued to provide information, face-to-face contact to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend County Borough to sample a diverse range of support that suits their own individual needs. The short respite breaks funded through Carers Trust have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and live a life of their own, whilst continuing to fulfil their caring responsibilities if they wish.

Bridgend Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations.

Highlights have included:

- Achieving RIF (**Regional Integrated Fund**) to sustain a Carers' Support Service based at Princess of Wales Hospital, which aids hospital discharge.
- Achieving funding to sustain a Welfare Benefits Service (through RIF, Wales and West and Awards For All Funding streams) which gave an annual maximised income of **£764,609** in a variety of benefit claims including Attendance Allowance, PIP, DLA applications for unpaid carers and 'cared for'. Since the start of the Project in 2012 until 31 March 2024 it has achieved a cumulative total of **£4,287,991**. These roles also support unpaid carers facing fuel poverty and give advice and information on the Priority Services Register, CO2 monitors, gas safety taps and distributed 100's of Warm Packs to vulnerable families.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through Macmillan Cancer Care to support patients and families through life changes, palliative care and bereavement.
- Sustaining a Carers Link Service working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers and Young Adult Carers Support through diverse funding including **Making Carers Count Funding from Carers Trust, Children in Need, Waterloo, St James Place, BCBC (Peer Mentoring scheme), Archbishop of Wales and Principality**.
- Continuation of Young Carers involvement on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Continuation of an **Armed Forces and Veteran Support Project**, through funding from Armed Forces Covenant identifying **115 beneficiaries** for support and activities.
- Continued a **Dementia Carers Support Project** working with families to give information, advice, one to one and group support sessions and short break opportunities.
- Continuation of **Post Code Lottery** Funding and **Moondance** to develop and give additional capacity to the **Parent Carer Wellbeing Service** thus increasing reach and identification of new Parent Carers.
- Provided **144 carers** with individual grants to address financial hardship and give opportunities for short breaks through funding received from Carers Trust totalling **£34,967**.
- Provided 37 carers with individual grants to give carers a well-earned break from Carers Trust Amser Project totalling £4,784 and a further 21 carers from the Regional Integrated Fund Shortbreaks Project totalling £3,550 Continuation of funding has allowed additional administrative assistance to support all staff and improve our social media presence due to growing demand which has proved invaluable to the service.
- Successful official visit from **HRH Princess Royal** recognising the wonderful service and support offered by Bridgend Carers Centre over the last twenty-five years. Princess Royal enjoyed meeting staff and carers as well as being entertained by Bridgend Carers Centre Choir.
- In March 24, Bridgend Carers Centre relocated our offices to Bethlehem Church Life Centre in Cefn Cribwr after 14 years at Quakers Meeting House in Bridgend. We were extremely proud to have had a great relationship with the Quakers over this time and are fortunate to have already established a strong relationship with BCLC thus far.
- Nominated as Valleys 2 Coast Charity of the Year.
- Bridgend Carers Centre service has had a series of high-profile appearances on a variety of TV and Radio programmes including interviews with **BBC's Weatherman Walking Derek Brockway, Jagger and Woody on Heart Radio, Kate Garraway on Smooth Radio** as well as featuring on BBC News and ITV News. These interviews have raised awareness and highlighted the role of carers and provided opportunities for staff and carers to be directly featured and their voices heard.
- Our Young Carers Service presented at The Senedd along with Luke Fletcher, Plaid Cymru MS, to raise awareness of young carers through our publication 'The Bear who Struggled to Care'.
- We continue to employ many of our workforce and management team who are existing carers or former carers themselves which enriches our service delivery through personal lived in experience.

**Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:**

- Attending online networking and information events for professionals in statutory, third sector and community organisations.
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of a Carers Week Garden Party for carers and professionals to celebrate their caring roles.
- Provision of Carers Rights Day, Macmillan Coffee Morning, Armed Forces Day/Remembrance Service Events which highlight and raise awareness of unpaid carers.
- Raising young carer awareness with pupils and staff where possible throughout all schools across the Borough...
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attend online training/conferences.
- Continue to produce 3 newsletters and periodic Young Carers and Young Adult Carers E newsletters.
- Continuation and improved website [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)
- Continue to have strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new enhanced partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of Bridgend Carers Centre.
- Dissemination of various online consultations with carers including Welsh Government Consultations as required.
- Held multiple promotional stands to raise awareness for unpaid carers which generated more referrals into the service.
- Invited all comprehensive schools and primary schools in the area to a face-to-face training event on how to identify Young Carers, the importance of early identification, who to signpost to and how to refer into services

**Information has been made available directly to carers and also through other organisations:**

- Bridgend Carers Centre disseminated information in a variety of ways.
- One to one sessions made over the telephone and face to face support responding to carers needs as well as in emergencies and carers experiencing crisis.
- Through distribution of information - 'Contact' newsletter via carers mailing list, website, online groups, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities.
- Increasing and development of social media including Facebook, Instagram, Twitter, TikTok increasing followers and friends through more dynamic posting and variety of information sharing.
- Attendance at a variety of meetings to share information to professionals and raise awareness to identify hidden carers.
- Provision of Welfare Benefits Advice to carers through the Welfare Benefits Advisor.
- Provision of specific Debt Support Worker to help alleviate carers financial hardship funded via Carers Support Grant via Carers Trust.
- Provision of updates via email to GP surgeries along with GP Carers Drop In Sessions to raise awareness of support to carers through Carers Link roles.
- Provision of updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers as well as regular onsite ward visits to identify and reach new carers.
- Provision of the Macmillan Family Patient and Carer Service supporting those with cancer and their carers.
- Provision of Young Carers and Young Adult Carers Support across the Borough distribution of our bilingual e-newsletters to over 50 comprehensive and primary schools, GPs and any relevant professionals in the area.
- Provision of Young Carers Education Schools Project providing support to pupils to all schools across Bridgend.
- Identification of Armed Forces and Veteran carers and those carers looking after a Veteran and giving them access to specific information, support and activities from the Veteran Support Project.
- Provision of specific information to those carers caring for family members with Dementia.
- Developed online and face to face Bereavement and Loss information and support on [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)
- Provision of a dedicated Parent Carer Support Project identifying and reaching new parent carers across a variety of mediums, private Facebook, face to face and online activities and training.

Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan. We arranged:

- Celebration of Carers Week at a Carers Centre Garden Party including musical entertainment in partnership with Awen Cultural Trust. This is an annual event which recognises the contribution carers make to society.
- Carers Counselling continues at face to face sessions but is also available over the telephone or zoom if required.
- Celebration of the annual Macmillan Fundraiser Coffee Morning.
- Provided additional crafting and therapeutic activities to support the Community Café through Ray Of Light. Funded by a Macmillan Support Grant. This has given an added interest to the Café with increased numbers attending the Café.
- Provision of a selection of activities and short breaks for young carers and young adults including groups, Teen Group, Peer Mentoring and numerous short break activities including Jump Jam, Alton Towers, Escape Rooms, Surfing, Crazy Climb, Wiggley's Farm, craft sessions, easter egg hunts, pantomime, theatre, and animal encounters, Go Karting, White Water Rafting, Mini Golf, Afternoon Tea's, Meals out, cinema, Cardiff Devils Ice Hockey as well as other activities at the centre.
- Organised 3 residentials taking Young Adults Carers and Young Carers to Pendine Outdoor Activity Park, Little Bryn Gwyn on Gower Peninsula and Young Carers Festival during the summer holidays. This is an event run by Welsh Government each year for all Young Carers in Wales.
- Provision of activities and refreshments through the Food Sufficiency Grant and Isolation Grant from Welsh Government for carers accessing the weekly Community Café.
- Continued to arrange a blended variety of online and face to face activities to give respite through Carers Trust and Regional Integrated Fund.
- Organised sessions funded through Versus Arthritis to support carers physical wellbeing through Dance, Zumba, Walks, Yoga, Tai Chi and Gentle Movements.
- Organised trips to Luminata at Margam Park through Carers Trust Wales
- Organised an Autistic Girls Group including a dedicated Therapy Day and creative art activities.
- Continued Life Coaching Sessions to carers.
- Various training opportunities, in person and online, to empower carers to fulfil their potential and support them in their caring role including: Autism Training, Sign Language Sessions, Anxiety Workshops and Relaxation techniques, Women's rights workshop, First Aid Training Workshop, CV Writing and interview skills workshop.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

---

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

All the activities are monitored closely by the trustees and by the stakeholders and funders.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2024.

There are **8,548** carers on our database including former carers, receiving information by post, phone, text or email. We had meaningful engagement with **1,554** carers during this period.

##### **Analytics for social media (01/04/23 - 31/03/24)**

Number of 'followers' on Facebook - 2,400 and increasing with 196 new followers during this period

Number of 'followers' on X (Twitter) - 1,250 and increasing

Number of followers on Instagram - 259 and increasing

Number of followers on Tik Tok For Young Carers- 14 and increasing

Number of members of the private Parent Carer Facebook group - 600

Number of followers on the Parent Carers Instagram - 122

Number of members of the Wildflower Project Parent Carers Facebook group - 94

**732 new carers have been identified this year** and added to our database.

**Outreach sessions** have continued to increase and develop across the borough, and we have continued to provide online Facebook, Zoom and WhatsApp peer support to improve and increase accessibility.

**192 counselling hours** for carers including monthly evening bereavement and loss group facilitated by the counsellor.

**Dementia Carers Support** - Directly support 287 carers of those with dementia.

**Legal Advice** continued to be provided over the telephone and face to face facilitated by Howells Solicitors to give carers more voice and control.

The funding from the Regional Integration fund continued throughout this period, supporting 538 carers and cared for during this period for Hospital and Welfare Benefits Support. The two members of staff received 474 carer referrals during the year.

**Macmillan Patient and Carer Information and Support Service** - Continued to provide partnership working with Nursing Specialists and Cancer related disciplines in Princess of Wales Hospital, the palliative team at Y Bwthyn and continues to ensure no one slips through the net and patient, carers and families avoid crisis.

The positive partnership with the Macmillan Welfare Benefits team has maximized income for carers and families in addition to the non-income work that is undertaken through the partnership ie Blue Badges, Macmillan Grants etc

**Parent Carer Wellbeing Service** - a project developed for parent carers by staff who are parent carers. The Project achieved continued growth and development of a service providing complex and extensive one to one support to parents including innovative support through the Wildflower Art Project supporting girls and families with Autism, dedicated support group and Lego Club. The Project has increased its support to LGBTQ+ families and those families experiencing emotional based school avoidance. The Parent Carers Wellbeing Project supported over 320 parent carers in 121 support, accessing grants and made referrals internally to services from the centre (eg, Welfare Benefits/Counselling/Life Coaching) as well as external agencies. The service has attracted 181 new parent carers and there has been over 900 opportunities for them to participate in activities and events run by our centre as well as introducing them to other events with our external partnerships.

The Parent Carers Wellbeing Project now has a total of 987 carers/cared for registered and continues to offer access to a dedicated closed Parent Carers Support Facebook group offering peer support to parents. Many events have been delivered out of normal centre hours to enable working families to access and attend including, online, evening and weekend activities. The Project also seeks to identify increased male beneficiaries (ie Dads).

##### **Information**

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

---

#### **Carers Support Individual Grants**

Accessed Carers Support Individual Grants via Carers Trust for carers totalling **£35,447** helping **144** carers to address hardship and financial difficulties worsened by the cost of living crisis. They have included provision of white goods, help with food provision, furniture, and digital technology.

#### **Young Adult and Young Carers Activities - Highlights**

- 436 Young Carers accessing the service during this time.
- Continued with the delivery of one to one sessions and have delivered 336 sessions to 56 Young and Young Adult Carers in this period.
- Secured funding from Principality to start up Under 13's project to run trips and activities for carers aged 5 - 12 in the school holidays and had over 200 referrals into the new project.
- Distributed gifts to over 150 Young Carers provided by Mr X Donations for Christmas.
- Continuation funding for Young Carers Peer mentoring sessions who lack confidence to meet others in a more relaxed setting before joining larger groups.
- Facilitated a group for Young Carers Rights Day which included Young Carers creating and designing a new badge for their project giving a sense of responsibility and belonging to a service that is their own and relevant to their needs.
- Consultations led with Young Carers to help shape the project around their needs.
- Delivered a staff training tool to all the 57 schools in the area for staff to complete in their own time.
- Arranged a trip to a UCAS open day in Cardiff City Stadium where 9 Young Carers were allowed time out of their school day to attend.
- 4 Young Carers took part in work experience at Sarah Murphy (Member of the Senedd) office in Bridgend.
- 1 Young Adult Carer was recruited by Body Shop. This job advert went out specifically for young carers. The first to apply was offered the role.
- The Young Carers book 'The Bear Who Struggled To Care' written by Bridgend Young Carers was re-launched through Welsh Government and promoted at an event in the Senedd.
- Continuation of our digital presence enabling Young Carers to keep in touch outside of facilitated sessions via Whats App/Texts, Instagram and Facebook.
- Invited all comprehensive schools and primary schools in the area to a face-to-face training event on how to identify Young Carers, the importance of early identification, who to signpost to and how to refer into services.
- Sent out over 100 letters to local businesses, in line with Young Carers Action Day and Fair Futures for Young Carers, inviting them to pledge to support Young Adult Carers to manage their caring role alongside employment.
- Re-evaluated schools who have had the Young Carers Schools Award for over a year and recognised their contribution by awarding them the PLUS award.
- Organised a male aspirational event with a range of male carer speakers to provide information about their role and how to achieve a career outside their caring role.
- Developed groups in schools for Young Carers which has proven to be a success in the schools we have piloted.

#### **Partnerships**

Other organisations we have worked with or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board, CAMHS, GP surgeries, Princess of Wales Hospital, Dementia and Memory Team, Paediatric Service, Y Bwythyn Newydd, Valley Kids, New Horizons, Bridgend Schools and Colleges Heronsbridge School, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen Cultural Services, Platform, Cruse, Macmillan Cancer Services, ARC, VAMPT, CAB, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Sandville, Alzheimer's Society, Tenovus, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, Whitehead Ross, Lads and Dads, BAVO, National Autistic Society, Barnardos, Inclusability and TuVida Carers Wellbeing Service plus much more.

#### **Carer involvement and participation**

There has been continued participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Staff and Carers have participated in interviews with television and radio during this time. There have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views on social media/email.

We continue to have 3 Young Carers who sit on the Carers Trust Youth Council.

We have 1 young carer who has sat on the Youth Parliament for the last 6 years and has been re-elected.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

---

The Carers Centre has delivered talks/presentations to organisations online and face to face. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has continued. We have developed an increased outreach presence through Sandville, Community Outreach, GP surgeries and through other positive partnerships as above. Awareness raising/sharing information events and opportunities for networking has continued through online seminars, meetings and conferences. Carers Centre staff balance working from home, office in outreach settings to maximise our presence and unidentified carers.

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking an ILM Qualification in Management, Food Hygiene and Play Worker qualification.

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- Young Carers Network
- The Carers Wales Workers' Network

#### **Feedback**

Feedback is encouraged and received regularly from carers who use the services of Bridgend Carers Centre. The formal feedback evaluations are used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through our daily interactions with carers and via social media.

#### **Shortbreaks scheme through AMSER and RIF - Giving carers a much-needed break**

*"In that time I was actually enjoying myself, no thoughts about the worries I had. I was me, not a mother/ carer/ widow/ daughter/ and all the other roles we play in life. I felt like a child with her school friends. Afterwards I felt great, my happy levels filled and overflowing. It helped me to handle life in a much more positive way".*

*"It is definitely good for my mental health. I get to spend time in a lovely group, with nice people, and we have such a good laugh. Everyone understands each other as we have similar caring roles. I look forward to it every week."*

*"On arrival, I sometimes feel hard done by and down, but on the way home I have a smile on my face, and I am singing whilst driving home. There is a lot of sharing within the group and they can all help each other when they are having bad days. Having a support worker, SJ, present at all times is so reassuring, as she recognises any difficulties we face each week and is able to support us individually as and when needed. We have recently arranged meeting up members before sessions, sharing a meal together, which has certainly decreased my own feelings of isolation and loneliness and means that this, with the sessions is a real break away from my caring role".*

*"It was the break I didn't know I needed".*

*"When I had the phonecall about the trip, we had just received news that my partners condition had deteriorated. I was in two minds whether to go but am so glad I made the effort. From the start - staff were welcoming and friendly which relieved my anxiety and enabled me to relax and enjoy time to myself, something I haven't done in a long time!"*

*"Thank you to the Carers Centre for a fantastic day out. It's allowed me to have a break from M.B and he has a break from me which is all good. I think I would go potty without the support from the Carers Centre".*

#### **Carers Choir Feedback**

*"Me time with like minded people. Uplifting, relaxing time, laughter and company. Music is good for the soul"*

*"Time to forget worries and stresses. I love our choir, singing is so therapeutic"*

*"I sing in four choir but for some reason our gang gives me the most enjoyment and satisfaction through difficult times"*

*"The carers choir puts me in my happy place every week. We are a mixture of people that all love the joy of singing. Its heartwarming to see people walk in looking very stressed but there are very quickly laughing and singing away with confidence. We are so lucky to have S and the wonderful J to lead us. I just love coming to choir, it relaxes me and make me feel carefree"*

*"I am quite a newcomer to the group but I have found it very relaxing and a lovely welcoming atmosphere from the start"*

*"We are so lucky with our little choir. I have never met so many nice understanding people. I have never been part of a choir because I haven't got a good voice. I have to say that with J's expertise we sound really good. When I am driving home from choir I am always smiling and still singing to myself"*

#### **Male Activity Day Feedback**

*'Thanks for last Saturday, I had a good time. I was surprised to see so many people there, and it didn't take long for us all to start to mingle. It was good to have a few hours break from my situation and R enjoyed herself and got a lot out of it as well. The rafting was a lot of fun, and a picnic afterwards was very good help for me relax, it almost felt like a party atmosphere, I guess the weather helped as well. If you organise another event, perhaps I could be included, thanks again'.*

*"Brilliant event - W and R had a great time. It was fantastic to meet new friends in such a relaxed and fun way".*

*"Brilliant! Such a fun activity!"*

*"One of the best days out with lovely people. Thank you so much and I can't wait to do more in the future".*

#### **Spa Day**

*"Would like to thank kindly the staff who put me forward acknowledging what a difficult time it's been. It was refreshing to see I am not alone on this journey I find myself and family in and additionally, to X for making the extra journey to pick me up. Thank you all so much! :)"*

*"Bridgend Carers Centre is such an amazing support to all carers and those who need to be cared for and without them being there so many families will suffer and get lost in the system. The centre is an essential part of our lives and we are so lucky to have them x"*

*"Just a huge thank you for thinking of me it was a very lovely change shame couldn't get any treatments on the day but it was relaxing due to having time out to myself after a very rough year."*

*"Spa treatment was fantastic and use of facilities before and after to relax was good. Afternoon tea was delicious. A very relaxing way to spend the day in great company as always. Thank you to the amazing team at Bridgend Carers who arrange these events."*

#### **Wildflower Project**

*"Was lovely chatting with other carers in the same situation and watching my daughter gain in confidence this is an amazing event, looking forward to the next one"*

*"Very organised event with friendly faces ready to greet you, plenty to do for the girls and carers, the staggered arriving is working well for my daughter, can't think of anything to improve, love this event."*

*"I felt a bit apprehensive bringing my 2 daughters for the first time. I was worried they may not settle or we would have to leave early*

*but they really enjoyed it. It was all very relaxed and loved that there were snacks and drinks available too. Thank you".*

#### **Carers Support Funding - Giving carers individual grants to address financial hardship and debt**

##### **• Debt Support Service**

*"RE (Debt Support Worker) is the reason I can sleep at night"*

*"I wouldn't know what to do without you"*

*"This has really helped, I'm so grateful. I was saying earlier today that I really needed a break and this will give me that"*

*"Thank you so much, you've been really lovely to talk to and put up with me. I really appreciate all the help getting this sorted for me."*

*"Great, I can't believe that's all done. That's been going on for ages. It's a relief to have that dealt with"*

##### **• Carers Individual Grants**

*"Thank you so much from the bottom of my heart for the generous vouchers I received today... What an incredible service Bridgend Carers offers to us families. Forever grateful."*

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

---

*"I wanted to express my gratitude for your help with the grant, I rarely ask for help, but both of us are extremely grateful. As you know we are going through very difficult times so the food vouchers will help enormously. Thank you so much."*

*"Thank you so much for the grant, I can't believe how you made the process so easy for us, I never thought we would be able to get help to purchase a new bed for K, it's made such a difference. Thank you."*

*"I would like to thank you for the help you gave dad, particularly the help with decluttering his house, I can't believe the difference it has made. Everything had got too much for him and I was always worried that he would fall over the clutter he was surrounded by. Can you please also thank the company that carried out the work, they were fantastic and communicated with dad throughout. HUGE Thank you."*

*"The Grant for Asda Vouchers from Bridgend Carers has been a big help in budgeting my weekly shopping bill and taking off the financial pressure. I am very grateful. Thank you "*

*"Thank you to Bridgend Carers for my grant of Asda shopping vouchers it has eased the financial pressure and allowed me to go out with my children, which has improved my mental well-being and helped me with my caring role"*

*"I am a single Dad with a disabled son and 2 other children with additional needs and I can't work due to my personal ill health and I am very grateful to Bridgend Carers for a Grant for Asda shopping vouchers. I don't go on social media and live in a remote area so was grateful to Bridgend Carers for making me aware of the support available"*

*"Thank you so much! The grant we received from Bridgend Carers for Argos vouchers enabled me to purchase a new bed and a trampoline for my daughter with additional needs. She had got through 3 trampolines due to her need to jump and had broken her bed from jumping. This was a life saver, as financially I couldn't afford to replace these"*

*"The Asda shopping vouchers have helped massively since my husband and I have been out of work and trying to claim Universal Credit, and have been really stressed before the carers centre offered these to me."*

*"Thank you so much for helping me learn to drive, without the grant I would not have been able to afford driving lessons. My son is autistic and can't travel on public transport as he gets stared at as he looks "different". I have to travel everywhere with him on public transport or rely on friends/family for lifts. When I pass my test I will be able to save for a car will make mine and my son's life so much easier. I can't thank you enough"*

*"Thank you so much for the Asda vouchers, I have to buy a lot of fabric detergent to wash my son's clothes as he is double incontinent and goes through several changes of clothes/day. He's 16 and autistic. I am constantly washing clothes and bedding and have not had a grant before. The vouchers will help with my shopping bills and allow me to buy extra washing powder etc, thus saving my money which I spend on electricity due to the washing machine being on constantly. Thank you !"*

#### **Young Carers Service**

*"I wanted to thank you for giving X a wonderful day out yesterday he thoroughly enjoyed it. You're a wonderful team and what you do for young carers is amazing".*

*"I have been using the young carers service coming on 2 years now. For me the service has made a huge impact on my life, creating friendships and getting to know other people who do what I do. My favourite thing about the group is the people who run it they are always so kind and welcoming. You should join the service because it creates bonds which last with people who understand what you go through and you will always be welcomed".*

*"You're doing wonderful work and I'm so pleased and grateful that I got to be there so we could all celebrate what you've achieved - it was a really special day! It was also great to spend time with young carers and hear the positive feedback about our collaboration, organising flexible work experience in my constituency office." - Sarah Murphy MS (Member of Senedd elected for Bridgend)*

*"Thank you, after I picked my jaw up off the floor I was smiling/crying with pride, thank you all for building her confidence we really really appreciate what you all do there for her"*

#### **Parent Carers Wellbeing Service**

*"The carers centre and staff have helped us more than words can say, we have 3 children with asd and once diagnosed we have been told they have autism and left to get on with it, it's only the carers centre that is always there with help, advice and just an ear to listen. I honestly don't know how we would've coped if it wasn't for the staff that feel like friends always there if needed."*

*"Bridgend Carers have supported us as a family over the past 5 years. They have given us guidance, knowledge and understanding to enable us to navigate the complicated world of additional needs at times. They have also given us a space to regularly meet with other parents, to allow us to vent, laugh and recognise we are not alone. Also offering amazing opportunities for us to step out of the caring role and enjoy events as me! My daughter has also gained so much confidence and friendships from the wildflower project as well as myself making some amazing lifelong friendships. Thank you."*

*"The carers centre has provided much needed opportunities for respite and support for myself and my family. We couldn't do it without them. It's been great been given the opportunity to meet others in similar situations and given the chance to relax and engage in activities that we wouldn't have been able to do without the Carers Centres support."*

*"I feel that both my daughter and myself benefit from the sessions. Always so friendly and welcoming. Plenty to do for everybody's creative/social needs. Don't know what we would do without Wildflower. It's the only thing my daughter will really push herself to do, even on her worst days."*

#### **Macmillan Patient and Carer Information and Support Service**

*"It is hard to write down how hard some days have been but it is so great to have your support and I know now should I need any help in the future with either my husband or my mother there is someone who I can contact. Once again many thanks."*

*"When you first make contact with me, I was thinking here we go again, someone calling and asking more questions, so I was a little anxious". Thank you for making me feel so relaxed when talking to you, you have been so helpful and have given me a chance to consider my needs, when every else has talked about my husband. I had no idea that there was support out there for me as a wife and a carer".*

*"What a breath of fresh air you are, you have been so considerate and understanding", are you able to call again as you have such a calming manner, thank you, you have made my day just by talking to you".*

*"You were the only person who actually listened and helped me"*

#### **Dementia Carers Service**

*"I cannot thank you all enough for the continuous support I have received from the wonderful Carers Centre staff, supporting me through a very difficult time dealing with the progression of my husband's dementia. I honestly feel that I have been near breaking point on more than one occasion but thankfully have managed to overcome every situation, thanks to XX always being just a phone call away when I have been so desperately in need of help and advice. The support of every single member of staff for their expert advice regarding benefits, wellbeing, etc is unbelievable. Thank you all from the bottom of my heart."*

*"I immediately felt welcomed and supported by people who are very professional and knowledgeable".*

*"I was welcomed and embraced when I was at my lowest and most futile and desperate being a new full-time carer, feeling abandoned and alone. The dementia carers group made me feel supported and understood what I was going through. Something my friends and family couldn't help me with ... And I know they are there when I need them with open arms"*

*"Staff are always on hand to listen & help you. This is invaluable when you are a carer, you need someone you know you can turn too. They are happy to work on your behalf or refer you to the necessary people as they know 'whose out there' often unpaid carers do not know this, so the Carers Centre is vital to unpaid carers wellbeing, this then ensures the wellbeing of their loved ones. I, for one, have been very grateful for the many services the Centre puts on, Café, Choir, Dementia Carers Group, to have somewhere to be able to go to & be with similar minded people, to have a break from carers everyday stress & strains."*

*"Made me feel like a human being again and listened to when I was having problems. Helped sort out benefits that I didn't know I was entitled to. Made me feel not so alone going through this supporting my mother-in-law with dementia when she moved in with us full time. Someone is always at the end of the phone for me. Thank you for your support and ongoing help."*

#### **Hospital Carers Support Service**

*"We couldn't have managed without you. I don't know what we would have done you have helped me and my mother so much"*

*"Without your intervention nothing would have been processed as fast and we cannot thank you enough. You are a guardian Angel"*

*"Just speaking to someone helps as I've been feeling so guilty about my feelings"*

*"Thank you so much I would never have known what to do if I hadn't met you on the ward so I really appreciate it"*

*"Thank you so much, you are like a god and make such a difference as we would have been banging our head without you"*

**Armed Forces and Veteran Carers Service**

*"Being referred to the centre has opened up a whole new world and has made our lives much easier. We had no idea that we could claim Attendance Allowance for my husband as he has previously been refused. This has made such a difference to our finances and how we approach each new day. Also having the aids have given DC a new lease of life as he can freely move through the property. We value the support we get and know we can rely on staff to help us, if we need any advice or support."*

*I have joined the book club in the last few months and it is the first chance I have had to connect with other carers. It really helps knowing that there are other people in a similar situation, and being able to share a hobby like reading is a great way of feeling supported but also stimulated. It reduces the feeling of isolation and it is good to concentrate for a while on something for myself. It is good to know there is a wind of time for me. Being able to meet on Zoom makes it very accessible. I have developed new friendships and feel very lucky to be part of such a lovely caring family. It has made such a difference to my life."*

*"I am so grateful for the support you have given me. You are the first person who has taken the time to listen to me and to understand how I feel. Without your help I wouldn't know what to do or where to go to get the support that is very much needed for me and my brother. Thank you."*

**Welfare Benefits Advice Service**

*"We can't thank you enough. The extra income we now receive will make our lives so much easier. Everything is going up and we've been struggling. Thank you for everything you've done for us. I recently attended your jewellery making course and I loved it. I'm wearing the ring I made now. I've worn it since I made it."*

*Thank you so much for doing this. I'd never have been able to fill out this form on my own. How people manage without people like you, I do not know."*

*"You don't know what this means to me and X. You don't know how amazing you are and I don't know what I'd do without you. I could never have completed those forms on my own. It's so comforting to know you're always on the end of the phone when I need you. I don't know how to thank you."*

**Food Sufficiency Grant Activities - supporting those experiencing food poverty**

*"It was a great night. Thank you so much for organising it. I know a lot of effort goes into it!"*

*"This activity has done me the world of good, being able to have quality time with my family and not have to worry about the cost has taken a lot of stress"*

*"Was a lovely evening, really needed it! Thank you so much!"*

*"As always, an absolutely wonderful hour away from our caring role, full of fun and chatting".*

*"Thank you for the Carers Rights Day event. I was able to speak with PALS what have said they will help me when I go into hospital for an operation. I was so worried about what I was going to do and how the time away will affect my caring responsibility. I know feel at ease. I wasn't aware of the service and if it wasn't for attending today, I wouldn't have known about it. I enjoyed a great lunch too!"*

**Counselling Sessions - Giving carers emotional support**

*"I have had a positive experience. It has been thought provoking and helped me understand myself in the context with other people."*

*"I am struggling with loss and changes in my life I have to make. This was a good opportunity for me to offload with no hidden agenda."*

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024

---

*"Good to admit, it's been amazing. Communications with the counsellor has been good and I've opened up more than I thought I could."*

*"I have found counselling a fantastic vehicle to unload emotional baggage and to allow myself then to make sense of it to allow myself in a safe space. The Counsellor is fantastic in giving me a safe emotional space. The Counsellor has not tried to fix me, allowing things to organically, tangentially unfold my feelings."*

**Life Coaching Sessions- Supporting carers to fulfil potential and support change**

*"I've found the experience very valuable and would highly recommend it. It has helped me to see my situation in a far more positive way and to, alongside my caring responsibilities, also consider myself and the things that support me in life. It has helped me to find my confidence to make life changes that have been long overdue."*

*"I am very grateful to the Life Coach and the Bridgend Carers Centre for being able to provide this service to me when my family have been going through a tough time. To know that services out there exist for carers and how accessible it is truly helps. Thank you."*

*"I am trying to get my carer friend to apply as the benefit of having the sessions have been immense! The Life Coach really helped me see my life and where I was! She really opened my eyes to many areas and really changed my outlook on life! She was so easy to talk to and really helped me in a way that made me see things that I hadn't seen before! Talking with the Life Coach helped me make massive changes that I would have put off! Also, I feel now I am clearer about my future ???? thank you so much!"*

*"I was offered life coaching at a very difficult time. I was going through an upheaval in my life and carrying a lot of stress. Throughout the course of the sessions with the Life Coach further, really life changing difficult events occurred. The Coach really did help me through these difficult times. She allowed me to discuss some of the current issues and was able to incorporate them into the sessions, showing me how the life coaching was relevant. I found the sessions immediately very cathartic, and about half-way through, noticed my thinking was being influenced positively by the sessions. I was automatically reframing issues and structuring my thinking going forward. Little things from the sessions were coming to mind. For me personally, I found the sessions more beneficial and therapeutic than actual counselling that I had been going to in order to manage my stress and offset ill health. I found it is not a silver bullet, but a crutch that helped going forward."*

*"I would not hesitate in recommending the Life Coaching. The Life Coach was a breath of fresh air for me and was so comfortable to talk to. These sessions started at a perfect transitional stage of my life where a lot was taking place. The Coach was a great help and I felt very at ease to open up too. She is so warm and welcoming. These sessions highlighted many things I had not allowed myself to feel. It has been perfect timing and has benefited me greatly."*

**Social Isolation Grant Activities - giving opportunities to carers to help them avoid isolation and loneliness and increase engagement**

*"I didn't realise how much joy I would feel by potting my own houseplant, I will certainly be doing more of this at home".*

*"I didn't feel like leaving the house today, I was encouraged to come along by a friend and I am glad I did, I can't remember the last time I laughed like this".*

**STRATEGIC REPORT**

The charity reported a net income position of £5,530 for the year ended 31 March 2024.

**Risks**

The main risk to the charity, identified in April 2023/24, is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to maintain the reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

**Factors likely to affect financial performance**

These would include:

Loss of funding

Increase in funding

Loss/improvement of reputation

Loss/ appointment of new or key trustee roles

Increase/decrease in outcomes for carers

Employ a marketing officer

Improvement impact monitoring

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

---

#### **STRATEGIC REPORT**

##### **Principal funders**

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Children in Need, St James Place, Waterloo Foundation, Moondance, Wales and West Utilities and all those who have made financial contributions in donations and fundraising.

##### **Going concern**

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

##### **Reserves**

The total funds of £162,697 (2023: £127,167) include £90,643 (2023: £80,838) which is held for restricted purposes. Free reserves at the 31 March 2024 were £68,176.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

##### **Future plans**

Actions that the charity needs to continue to make progress in the coming year include:

- Working with businesses to ensure that employees who are carers are supported and best practice is looked at.
- Ensuring the charity is sustainable for the future.
- Evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Welsh language implications and action plan.
- Work towards quality standards awards.
- Reviewing all strategic priorities.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

##### **Recruitment and appointment of new trustees**

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

##### **Organisational structure**

Sixteen staff are managed by CEO. The Team has a part time Deputy CEO, a Young Carers and Young Adult Carers Manager and a Parent Carers Senior role offering an organisational structure of command and decision making. The Administrator (Company Secretary) and CEO are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and CEO reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, HR Sub Group, Policy Sub Group, Friends of Bridgend Carers Centre Fundraising Group. They bring recommendations to the full Board. Any purchase over £1000 has to be sanctioned by the Board.

The existing CEO retired on 31 March 2024 and after a recruitment process the successful candidate was the existing Deputy CEO, who took over the role from 1 April 2024. The trustees would like to express their deep appreciation of the outgoing CEO and the work she undertook for the Charity and its work with carers.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

---

#### Induction and training of new trustees

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The CEO works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers, and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the CEO and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Charities Commission, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the HR Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Company number

05372329 (England and Wales)

##### Registered Charity number

1125921

##### Registered office

Bethlehem Church Life Centre Bryn Glas  
Cefn Cribwr  
BRIDGEND  
Bridgend  
CF32 0AA

##### Trustees

M Davies  
C Colman  
C Clarke  
E Owen  
K Cabbage  
P Edwards

- appointed 1 November 2023  
- resigned 1 May 2023  
- resigned 29 June 2023

##### Company Secretary

S G Evans

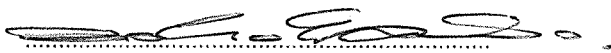
##### Independent Examiner

MHA (trading name of MacIntyre Hudson LLP)  
Limited liability partnership in England & Wales  
Registered number OC312313  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
CF23 8RS

##### CEO

H M Pitt (until 31 March 2024)  
S Jarvis (from 1 April 2024)

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 18 September 2024 and signed on the board's behalf by:

  
S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRIDGEND CARERS CENTRE**

---

**Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

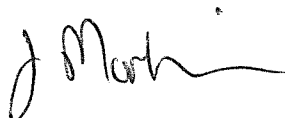
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Julia Mortimer FCCA  
MHA (trading name of MacIntyre Hudson LLP)  
Limited liability partnership in England & Wales  
Registered number OC312313  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

Date: 19 September 2024

**BRIDGEND CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2024**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2024<br>Total<br>funds<br>£ | 2023<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                             |                             |
| Donations and legacies             | 3     | 63,194                     | -                        | 63,194                      | 30,726                      |
| <b>Charitable activities</b>       | 6     |                            |                          |                             |                             |
| Support for Carers                 |       | 46,122                     | 508,367                  | 554,489                     | 408,717                     |
| Other trading activities           | 4     | 5,536                      | -                        | 5,536                       | 2,171                       |
| Investment income                  | 5     | <u>1,880</u>               | <u>-</u>                 | <u>1,880</u>                | <u>973</u>                  |
| <b>Total</b>                       |       | <u>116,732</u>             | <u>508,367</u>           | <u>625,099</u>              | <u>442,587</u>              |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                             |                             |
| <b>Charitable activities</b>       | 7     |                            |                          |                             |                             |
| Support for Carers                 |       | <u>93,007</u>              | <u>496,562</u>           | <u>589,569</u>              | <u>460,805</u>              |
| <b>NET INCOME/(EXPENDITURE)</b>    |       |                            |                          |                             |                             |
| Transfers between funds            | 17    | 23,725<br><u>2,000</u>     | 11,805<br><u>(2,000)</u> | 35,530<br><u>-</u>          | (18,218)<br><u>-</u>        |
| <b>Net movement in funds</b>       |       | 25,725                     | 9,805                    | 35,530                      | (18,218)                    |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                             |                             |
| Total funds brought forward        |       | <u>46,329</u>              | <u>80,838</u>            | <u>127,167</u>              | <u>145,385</u>              |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><u>72,054</u></u>       | <u><u>90,643</u></u>     | <u><u>162,697</u></u>       | <u><u>127,167</u></u>       |

The notes form part of these financial statements

## BRIDGEND CARERS CENTRE

BALANCE SHEET  
31 MARCH 2024

|                                              | Notes | Unrestricted funds<br>£ | Restricted funds<br>£ | 2024<br>Total funds<br>£ | 2023<br>Total funds<br>£ |
|----------------------------------------------|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| <b>FIXED ASSETS</b>                          |       |                         |                       |                          |                          |
| Tangible assets                              | 14    | 3,878                   | -                     | 3,878                    | 2,997                    |
| <b>CURRENT ASSETS</b>                        |       |                         |                       |                          |                          |
| Debtors                                      | 15    | -                       | 38,321                | 38,321                   | 1,426                    |
| Cash at bank and in hand                     |       | <u>98,788</u>           | <u>52,422</u>         | <u>152,210</u>           | <u>166,536</u>           |
|                                              |       | 98,788                  | 91,743                | 190,531                  | 167,962                  |
| <b>CREDITORS</b>                             |       |                         |                       |                          |                          |
| Amounts falling due within one year          | 16    | (30,612)                | (1,100)               | (31,712)                 | (43,792)                 |
| <b>NET CURRENT ASSETS</b>                    |       | <u>68,176</u>           | <u>90,643</u>         | <u>158,819</u>           | <u>124,170</u>           |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>72,054</u>           | <u>90,643</u>         | <u>162,697</u>           | <u>127,167</u>           |
| <b>NET ASSETS</b>                            |       | <u>72,054</u>           | <u>90,643</u>         | <u>162,697</u>           | <u>127,167</u>           |
| <b>FUNDS</b>                                 | 17    |                         |                       |                          |                          |
| Unrestricted funds                           |       |                         |                       | 72,054                   | 46,329                   |
| Restricted funds                             |       |                         |                       | <u>90,643</u>            | <u>80,838</u>            |
| <b>TOTAL FUNDS</b>                           |       |                         |                       | <u>162,697</u>           | <u>127,167</u>           |

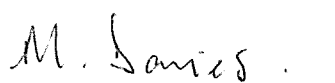
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ~~18 September 2024~~ and were signed on its behalf by:

  
M Davies - Trustee

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2024**

|                                                                           | Notes | 2024<br>£             | 2023<br>£             |
|---------------------------------------------------------------------------|-------|-----------------------|-----------------------|
| <b>Cash flows from operating activities</b>                               |       |                       |                       |
| Cash generated from operations                                            | 1     | <u>(13,232)</u>       | <u>5,870</u>          |
| Net cash (used in)/provided by operating activities                       |       | <u>(13,232)</u>       | <u>5,870</u>          |
| <b>Cash flows from investing activities</b>                               |       |                       |                       |
| Purchase of tangible fixed assets                                         |       | (2,974)               | (707)                 |
| Interest received                                                         |       | <u>1,880</u>          | <u>973</u>            |
| Net cash (used in)/provided by investing activities                       |       | <u>(1,094)</u>        | <u>266</u>            |
| <b>Change in cash and cash equivalents in the reporting period</b>        |       | <b>(14,326)</b>       | <b>6,136</b>          |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | <b><u>166,536</u></b> | <b><u>160,400</u></b> |
| <b>Cash and cash equivalents at the end of the reporting period</b>       |       | <b><u>152,210</u></b> | <b><u>166,536</u></b> |

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

|                                                                                                  | 2024<br>£       | 2023<br>£    |
|--------------------------------------------------------------------------------------------------|-----------------|--------------|
| Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities) | 35,530          | (18,218)     |
| Adjustments for:                                                                                 |                 |              |
| Depreciation charges                                                                             | 2,093           | 2,340        |
| Interest received                                                                                | (1,880)         | (973)        |
| (Increase)/decrease in debtors                                                                   | (36,895)        | 23,881       |
| Decrease in creditors                                                                            | (12,080)        | (1,160)      |
| Net cash (used in)/provided by operations                                                        | <u>(13,232)</u> | <u>5,870</u> |

2. ANALYSIS OF CHANGES IN NET FUNDS

|                          | At 1/4/23<br>£ | Cash flow<br>£  | At 31/3/24<br>£ |
|--------------------------|----------------|-----------------|-----------------|
| Net cash                 |                |                 |                 |
| Cash at bank and in hand | <u>166,536</u> | <u>(14,326)</u> | <u>152,210</u>  |
|                          | <u>166,536</u> | <u>(14,326)</u> | <u>152,210</u>  |
| Total                    | <u>166,536</u> | <u>(14,326)</u> | <u>152,210</u>  |

The notes form part of these financial statements

**1. STATUTORY INFORMATION**

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

**Donations and legacies income**

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

**Charitable activities**

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

**Investment income**

Investment income is recognised on a receivable basis.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

**2. ACCOUNTING POLICIES - continued**

**Expenditure**

Expenditure includes VAT as the charity is not VAT registered.

**Allocation and apportionment of costs**

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Debtors**

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

**Tangible fixed assets**

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Fund accounting**

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**3. DONATIONS AND LEGACIES**

|                   | 2024          | 2023          |
|-------------------|---------------|---------------|
|                   | £             | £             |
| General donations | 63,034        | 30,592        |
| Membership fees   | <u>160</u>    | <u>134</u>    |
|                   | <u>63,194</u> | <u>30,726</u> |

**4. OTHER TRADING ACTIVITIES**

|                        | 2024         | 2023         |
|------------------------|--------------|--------------|
|                        | £            | £            |
| Fundraising activities | <u>5,536</u> | <u>2,171</u> |

**5. INVESTMENT INCOME**

|                          | 2024         | 2023       |
|--------------------------|--------------|------------|
|                          | £            | £          |
| Deposit account interest | <u>1,880</u> | <u>973</u> |

**6. INCOME FROM CHARITABLE ACTIVITIES**

|                                 | 2024           | 2023           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bursaries for individual carers | -              | 6,445          |
| Grants                          | 545,536        | 398,582        |
| Other income                    | 8,951          | 1,424          |
| Community Cafe income           | <u>-</u>       | <u>2,266</u>   |
|                                 | <u>554,687</u> | <u>408,717</u> |

Grants received, included in the above, are as follows:

|                                                   | 2024           | 2023           |
|---------------------------------------------------|----------------|----------------|
|                                                   | £              | £              |
| Macmillan Cancer Support                          | 21,481         | 19,925         |
| Other grants                                      | 4,600          | 16,924         |
| BAVO                                              | 9,165          | 9,750          |
| Carers Trust grants                               | 211,402        | 95,780         |
| Waterloo Foundation                               | 25,000         | 25,000         |
| BBC Children in Need                              | 12,707         | 500            |
| The Triangle Trust 1949 Fund                      | -              | 12,500         |
| St James's Place Charitable Foundation            | 5,000          | 5,000          |
| BCBC grant                                        | 6,000          | 9,000          |
| Armed Forces Covenant Fund                        | 11,430         | 34,125         |
| Moondance Foundation                              | 46,319         | 35,000         |
| Cwm Taf Autism Project                            | -              | 3,690          |
| The Edward Gostling Foundation                    | 10,000         | 25,000         |
| The Postcode Lottery                              | -              | 24,962         |
| Cwm Taf Morgannwg Regional Partnership Fund (RIF) | 88,812         | 55,000         |
| Wales and West Utilities                          | 25,000         | 25,000         |
| Principality Community Fund in Wales              | 8,800          | -              |
| Shaw Foundation                                   | 1,500          | -              |
| Valleys Kids                                      | 33,527         | -              |
| Awards for All                                    | 19,993         | -              |
| National Autistic Society Boshier Fund            | <u>5,000</u>   | <u>-</u>       |
|                                                   | <u>545,536</u> | <u>397,156</u> |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**7. CHARITABLE ACTIVITIES COSTS**

|                    | Direct<br>Costs (see<br>note 8)<br>£ | Support<br>costs (see<br>note 9)<br>£ | Totals<br>£    |
|--------------------|--------------------------------------|---------------------------------------|----------------|
| Support for Carers | <u>533,671</u>                       | <u>55,898</u>                         | <u>589,569</u> |

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                                                | 2024<br>£      | 2023<br>£      |
|------------------------------------------------|----------------|----------------|
| Staff costs                                    | 355,251        | 287,364        |
| Insurance                                      | 932            | 1,247          |
| Light, heat and water                          | 1,198          | 1,444          |
| Telephone                                      | 5,510          | 4,881          |
| Printing, postage and stationery               | 4,992          | 10,414         |
| Publications, advertisements and subscriptions | 4,121          | 923            |
| Sundry expenses                                | 271            | 458            |
| Recruitment costs                              | 43             | 579            |
| Rent                                           | 5,464          | 4,844          |
| Repairs, maintenance and cleaning              | 887            | 414            |
| Carers' events                                 | -              | 366            |
| Breaks/project expenditure for carers          | 90,086         | 42,721         |
| Staff travel                                   | 10,146         | 8,060          |
| Staff training                                 | 2,368          | 7,164          |
| Computer and IT expenses                       | 5,569          | 3,673          |
| Drop in/Outreach expenses                      | -              | 48             |
| Volunteer expenses                             | 20             | -              |
| Bursaries to individual carers                 | 43,302         | 25,908         |
| Cafe purchases for resale                      | 2,464          | 1,511          |
| Depreciation                                   | <u>1,047</u>   | <u>1,170</u>   |
|                                                | <u>533,671</u> | <u>403,189</u> |

**9. SUPPORT COSTS**

|                    | Staff<br>costs<br>£ | Other<br>£    | Depreciation<br>£ | Governance<br>costs<br>£ | Totals<br>£   |
|--------------------|---------------------|---------------|-------------------|--------------------------|---------------|
| Support for Carers | <u>27,913</u>       | <u>13,715</u> | <u>1,046</u>      | <u>13,224</u>            | <u>55,898</u> |

The amount due to the independent examiners for the year ended 31 March 2024 was £2,525 (2023 - £2,382) and £1,379 (2022 - £1,244) in respect to other financial services.

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | 2024<br>£    | 2023<br>£    |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>2,093</u> | <u>2,340</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 or for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses for the year ended 31 March 2024 or for the year ended 31 March 2023.

**12. STAFF COSTS**

|                       | 2024<br>£      | 2023<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 360,002        | 292,286        |
| Social security costs | 24,206         | 26,809         |
| Other pension costs   | <u>7,480</u>   | <u>5,506</u>   |
|                       | <u>391,688</u> | <u>324,601</u> |

The average monthly number of employees during the year was as follows:

|                             | 2024<br><u>16</u> | 2023<br><u>15</u> |
|-----------------------------|-------------------|-------------------|
| The average number of staff |                   |                   |

No employees received emoluments in excess of £60,000.

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                     |
| Donations and legacies             | 29,165                     | 1,561                    | 30,726              |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | 31,190                     | 377,527                  | 408,717             |
| Other trading activities           | 2,171                      | -                        | 2,171               |
| Investment income                  | <u>973</u>                 | <u>-</u>                 | <u>973</u>          |
| <b>Total</b>                       | <u>63,499</u>              | <u>379,088</u>           | <u>442,587</u>      |
| <b>EXPENDITURE ON</b>              |                            |                          |                     |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | <u>89,082</u>              | <u>371,723</u>           | <u>460,805</u>      |
| <b>NET INCOME/(EXPENDITURE)</b>    | (25,583)                   | 7,365                    | (18,218)            |
| Transfers between funds            | <u>2,696</u>               | <u>(2,696)</u>           | <u>-</u>            |
| <b>Net movement in funds</b>       | (22,887)                   | 4,669                    | (18,218)            |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                     |
| Total funds brought forward        | <u>69,216</u>              | <u>76,169</u>            | <u>145,385</u>      |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>46,329</u>              | <u>80,838</u>            | <u>127,167</u>      |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

## 14. TANGIBLE FIXED ASSETS

|                        | Fixtures<br>and<br>fittings<br>£ |
|------------------------|----------------------------------|
| <b>COST</b>            |                                  |
| At 1 April 2023        | 44,651                           |
| Additions              | 2,974                            |
| Disposals              | <u>(31,381)</u>                  |
| At 31 March 2024       | <u>16,244</u>                    |
| <b>DEPRECIATION</b>    |                                  |
| At 1 April 2023        | 41,654                           |
| Charge for year        | 2,093                            |
| Eliminated on disposal | <u>(31,381)</u>                  |
| At 31 March 2024       | <u>12,366</u>                    |
| <b>NET BOOK VALUE</b>  |                                  |
| At 31 March 2024       | <u>3,878</u>                     |
| At 31 March 2023       | <u>2,997</u>                     |

## 15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

|                                | 2024<br>£     | 2023<br>£    |
|--------------------------------|---------------|--------------|
| Prepayments and accrued income | <u>38,321</u> | <u>1,426</u> |

## 16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

|                                 | 2024<br>£     | 2023<br>£     |
|---------------------------------|---------------|---------------|
| Social security and other taxes | 22,217        | 12,118        |
| Other creditors                 | 2,599         | 2,614         |
| Accruals and deferred income    | <u>6,896</u>  | <u>29,060</u> |
|                                 | <u>31,712</u> | <u>43,792</u> |

Included above is £Nil (2023: £25,000) of deferred income which relates grants which were specified as being for a future period by the funder.

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

## 17. MOVEMENT IN FUNDS

|                                          | At 1/4/23<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/24<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General fund                             | 46,329         | 23,725                           | 2,000                              | 72,054             |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| Macmillan Patient & Carer Support Worker | (665)          | (2,394)                          | -                                  | (3,059)            |
| Princess of Wales Hospital Support       |                |                                  |                                    |                    |
| Workers fund                             | 10,200         | (5,565)                          | -                                  | 4,635              |
| YAC/YC fund                              | 2,739          | 1,731                            | -                                  | 4,470              |
| Carers Trust - Inspiring Change          | 626            | (626)                            | -                                  | -                  |
| Digital families                         | 124            | (124)                            | -                                  | -                  |
| Armed Forces Covenant Fund               | 8,858          | (8,858)                          | -                                  | -                  |
| Carers Trust Making Carers Count         | 561            | 747                              | (1,110)                            | -                  |
| DWP Kickstart Programme                  | 802            | -                                | -                                  | 802                |
| Waterloo 2022- 2024                      | 1,596          | (895)                            | -                                  | 701                |
| Cwm Taf - Autism Project                 | 2,687          | (2,687)                          | -                                  | -                  |
| The Postcode Lottery Parent Carers Fund  | 17,952         | (13,403)                         | -                                  | 4,549              |
| BAVO                                     | 4,878          | (4,878)                          | -                                  | -                  |
| BAVO Warm Spaces Fund                    | 169            | (169)                            | -                                  | -                  |
| BCBC - Peer Mentoring Fund               | 7,237          | (2,305)                          | -                                  | 4,932              |
| St James Place Funding                   | 4,581          | 965                              | -                                  | 5,546              |
| Community Cafe Fund                      | 1,779          | (1,595)                          | -                                  | 184                |
| Moondance Foundation                     | 13,294         | (13,294)                         | -                                  | -                  |
| Versus Arthritis Fund                    | 1,201          | (948)                            | -                                  | 253                |
| Wales and West Utilities Benefits Fund   | 2,219          | (168)                            | -                                  | 2,051              |
| Carers Trust Support Service             | -              | 2,740                            | -                                  | 2,740              |
| Children in Need 2 fund                  | -              | 899                              | -                                  | 899                |
| Principality Community Fund in Wales     | -              | 2,259                            | -                                  | 2,259              |
| Carers Trust Amser fund                  | -              | 2,954                            | -                                  | 2,954              |
| Shaw Foundation - Valleys Project        | -              | 2,953                            | -                                  | 2,953              |
| Moondance Parent Carers                  | -              | 22,853                           | -                                  | 22,853             |
| Valleys Kids Dementia Project            | -              | 1,527                            | -                                  | 1,527              |
| BAVO Food Sufficiency fund               | -              | 195                              | (195)                              | -                  |
| Barchester Trip fund                     | -              | 440                              | -                                  | 440                |
| Awards for All Sustainability fund       | -              | 5,906                            | -                                  | 5,906              |
| AFCF - Veteran Carers fund               | -              | 5,289                            | -                                  | 5,289              |
| Monmouthshire Building Society           | -              | 670                              | -                                  | 670                |
| RIF Short Breaks fund                    | -              | 10,599                           | (695)                              | 9,904              |
| Autism fund                              | -              | 4,237                            | -                                  | 4,237              |
| BAVO Activity grant                      | -              | 278                              | -                                  | 278                |
| Macmillan Activities fund                | -              | 3,770                            | -                                  | 3,770              |
|                                          | <u>80,838</u>  | <u>11,805</u>                    | <u>(2,000)</u>                     | <u>90,643</u>      |
| <b>TOTAL FUNDS</b>                       | <u>127,167</u> | <u>35,530</u>                    | <u>-</u>                           | <u>162,697</u>     |

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

## 17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 116,723                    | (93,007)                   | 23,725                    |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Macmillan Patient & Carer Support Worker | 17,136                     | (19,530)                   | (2,394)                   |
| Princess of Wales Hospital Support       |                            |                            |                           |
| Workers fund                             | -                          | (5,565)                    | (5,565)                   |
| YAC/YC fund                              | 4,909                      | (3,178)                    | 1,731                     |
| Carers Trust - Inspiring Change          | -                          | (626)                      | (626)                     |
| Digital families                         | -                          | (124)                      | (124)                     |
| Armed Forces Covenant Fund               | 875                        | (9,733)                    | (8,858)                   |
| Carers Trust Making Carers Count         | 86,457                     | (85,710)                   | 549                       |
| Waterloo 2022- 2024                      | 25,000                     | (25,895)                   | (895)                     |
| Cwm Taf - Autism Project                 | -                          | (2,687)                    | (2,687)                   |
| The Postcode Lottery Parent Carers Fund  | -                          | (13,403)                   | (13,403)                  |
| BAVO                                     | -                          | (4,878)                    | (4,878)                   |
| BAVO Warm Spaces Fund                    | -                          | (169)                      | (169)                     |
| BCBC - Peer Mentoring Fund               | 6,000                      | (8,305)                    | (2,305)                   |
| St James Place Funding                   | 5,000                      | (4,035)                    | 965                       |
| Community Cafe Fund                      | -                          | (1,595)                    | (1,595)                   |
| Moondance Foundation                     | (43)                       | (13,251)                   | (13,294)                  |
| Versus Arthritis Fund                    | -                          | (948)                      | (948)                     |
| Wales and West Utilities Benefits Fund   | 25,000                     | (25,168)                   | (168)                     |
| Carers Trust Support Service             | 41,916                     | (39,176)                   | 2,740                     |
| Children in Need 2 fund                  | 12,707                     | (11,808)                   | 899                       |
| Principality Community Fund in Wales     | 8,800                      | (6,541)                    | 2,259                     |
| RIF                                      | 55,000                     | (55,000)                   | -                         |
| Carers Trust Amser fund                  | 43,768                     | (40,814)                   | 2,954                     |
| Shaw Homes - Valleys Project             | 11,493                     | (8,540)                    | 2,953                     |
| Archbishop Fund for Children             | 1,600                      | (1,600)                    | -                         |
| Cryvys Voluntary Youth fund              | 731                        | (731)                      | -                         |
| Moondance Parent Carers                  | 46,362                     | (23,509)                   | 22,853                    |
| Valleys Kids Dementia Project            | 33,527                     | (32,000)                   | 1,527                     |
| BAVO Food Sufficiency fund               | 9,165                      | (8,970)                    | 195                       |
| Barchester Trip fund                     | 1,000                      | (560)                      | 440                       |
| Awards for All Sustainability fund       | 10,000                     | (4,094)                    | 5,906                     |
| AFCF - Veteran Carers fund               | 10,555                     | (5,266)                    | 5,289                     |
| Monmouthshire Building Society           | 1,000                      | (330)                      | 670                       |
| Edward Gostling Sustainability fund      | 10,000                     | (10,000)                   | -                         |
| RIF Short Breaks fund                    | 30,262                     | (19,663)                   | 10,599                    |
| Autism fund                              | 5,000                      | (763)                      | 4,237                     |
| BAVO Activity grant                      | 1,000                      | (722)                      | 278                       |
| Macmillan Activities fund                | 4,345                      | (575)                      | 3,770                     |
|                                          | <u>508,367</u>             | <u>(496,562)</u>           | <u>11,805</u>             |
| <b>TOTAL FUNDS</b>                       | <u>625,099</u>             | <u>(589,569)</u>           | <u>35,530</u>             |

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

## 17. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

|                                              | At 1/4/22<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/23<br>£ |
|----------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                    |                |                                  |                                    |                    |
| General fund                                 | 39,216         | (25,583)                         | 32,696                             | 46,329             |
| Outreach Service/Development Funding         | 30,000         | -                                | (30,000)                           | -                  |
|                                              | 69,216         | (25,583)                         | 2,696                              | 46,329             |
| <b>Restricted funds</b>                      |                |                                  |                                    |                    |
| Macmillan Patient & Carer Support Worker     | (2,149)        | 1,484                            | -                                  | (665)              |
| Princess of Wales Hospital Support           |                |                                  |                                    |                    |
| Workers fund                                 | 15,986         | (5,267)                          | (519)                              | 10,200             |
| Welfare Benefits Adviser fund                | 4,441          | (4,441)                          | -                                  | -                  |
| ROOTS School Project                         | 2,047          | -                                | (2,047)                            | -                  |
| YAC/YC fund                                  | 2,431          | 308                              | -                                  | 2,739              |
| Carers Link worker posts                     | (519)          | -                                | 519                                | -                  |
| Big Lottery People and Places Grant          | 2,471          | (2,471)                          | -                                  | -                  |
| BBC Children in Need                         | 8,085          | (7,585)                          | (500)                              | -                  |
| Veteran Support Project                      | 148            | (212)                            | 64                                 | -                  |
| Triangle Trust                               | 2,468          | (2,867)                          | 399                                | -                  |
| Carers Trust - Inspiring Change              | 680            | (54)                             | -                                  | 626                |
| Young Adult Carers fund                      | 180            | (180)                            | -                                  | -                  |
| BAVO ICF - Wellbeing grant for YAC           | 330            | -                                | (330)                              | -                  |
| Carers Trust Hardship fund                   | 553            | -                                | (553)                              | -                  |
| Carers Trust - Time for me fund              | 100            | -                                | (100)                              | -                  |
| WCVA Voluntary Sector Recovery Fund          | 1,456          | -                                | (1,456)                            | -                  |
| Digital families                             | 274            | (150)                            | -                                  | 124                |
| Armed Forces Covenant Fund                   | 5,055          | 3,803                            | -                                  | 8,858              |
| BCBC Veteran fund                            | 1,267          | (1,348)                          | 81                                 | -                  |
| Moondance Foundation                         | 3,611          | (4,511)                          | 900                                | -                  |
| Volunteer Co-ordinator - garden project fund | 1,304          | (1,724)                          | 420                                | -                  |
| Veteran fund                                 | 63             | (63)                             | -                                  | -                  |
| The National Lottery Community Fund          | 4,718          | (4,718)                          | -                                  | -                  |
| Carers Trust Respite Development fund        | 5,174          | (5,249)                          | 75                                 | -                  |
| Carers Trust Making Carers Count             | 12,072         | (11,511)                         | -                                  | 561                |
| Gwendoline and Margaret Davies Charity       | 388            | (388)                            | -                                  | -                  |
| BAVO Respite fund                            | 115            | (115)                            | -                                  | -                  |
| Garden project                               | 2,618          | (1,142)                          | (1,476)                            | -                  |
| DWP Kickstart Programme                      | 802            | -                                | -                                  | 802                |
| Waterloo 2022- 2024                          | -              | 1,596                            | -                                  | 1,596              |
| Cwm Taf - Autism Project                     | -              | 2,687                            | -                                  | 2,687              |
| The Postcode Lottery Parent Carers Fund      | -              | 17,952                           | -                                  | 17,952             |
| BAVO                                         | -              | 4,878                            | -                                  | 4,878              |
| BAVO Warm Spaces Fund                        | -              | 169                              | -                                  | 169                |
| BCBC - Peer Mentoring Fund                   | -              | 7,237                            | -                                  | 7,237              |
| St James Place Funding                       | -              | 4,581                            | -                                  | 4,581              |
| Community Cafe Fund                          | -              | 1,779                            | -                                  | 1,779              |
| Moondance Foundation                         | -              | 13,294                           | -                                  | 13,294             |
| Hospital Posts Fund (RIF)                    | -              | (604)                            | 604                                | -                  |
| Benefits Fund (RIF)                          | -              | 548                              | (548)                              | -                  |
| Quakers                                      | -              | (29)                             | 29                                 | -                  |
| Versus Arthritis Fund                        | -              | 1,201                            | -                                  | 1,201              |
| Wales and West Utilities Benefits Fund       | -              | 2,219                            | -                                  | 2,219              |
| AFCF NPT Jubilee Celebrations                | -              | (1,498)                          | 1,498                              | -                  |
| Carers Trust Support Service                 | -              | (244)                            | 244                                | -                  |
|                                              | 76,169         | 7,365                            | (2,696)                            | 80,838             |
| <b>TOTAL FUNDS</b>                           | 145,385        | (18,218)                         | -                                  | 127,167            |

# BRIDGEND CARERS CENTRE

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 63,499                     | (89,082)                   | (25,583)                  |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Bursaries for individual carers          | 7,945                      | (7,945)                    | -                         |
| Macmillan Patient & Carer Support Worker | 16,024                     | (14,540)                   | 1,484                     |
| Princess of Wales Hospital Support       |                            |                            |                           |
| Workers fund                             | -                          | (5,267)                    | (5,267)                   |
| Welfare Benefits Adviser fund            | -                          | (4,441)                    | (4,441)                   |
| YAC/YC fund                              | 1,561                      | (1,253)                    | 308                       |
| Big Lottery People and Places Grant      | -                          | (2,471)                    | (2,471)                   |
| BBC Children in Need                     | 500                        | (8,085)                    | (7,585)                   |
| Veteran Support Project                  | -                          | (212)                      | (212)                     |
| Triangle Trust                           | 12,500                     | (15,367)                   | (2,867)                   |
| Carers Trust - Inspiring Change          | -                          | (54)                       | (54)                      |
| Young Adult Carers fund                  | -                          | (180)                      | (180)                     |
| Digital families                         | -                          | (150)                      | (150)                     |
| Armed Forces Covenant Fund               | 34,125                     | (30,322)                   | 3,803                     |
| BCBC Veteran fund                        | -                          | (1,348)                    | (1,348)                   |
| Moondance Foundation                     | -                          | (4,511)                    | (4,511)                   |
| Volunteer Co-ordinator - garden project  |                            |                            |                           |
| fund                                     | -                          | (1,724)                    | (1,724)                   |
| Veteran fund                             | -                          | (63)                       | (63)                      |
| The National Lottery Community Fund      | -                          | (4,718)                    | (4,718)                   |
| Carers Trust Respite Development fund    | -                          | (5,249)                    | (5,249)                   |
| Carers Trust Making Carers Count         | 58,972                     | (70,483)                   | (11,511)                  |
| Gwendoline and Margaret Davies Charity   | -                          | (388)                      | (388)                     |
| BAVO Respite fund                        | -                          | (115)                      | (115)                     |
| Garden project                           | -                          | (1,142)                    | (1,142)                   |
| DWP Kickstart Programme                  | 3,256                      | (3,256)                    | -                         |
| Waterloo 2022- 2024                      | 25,000                     | (23,404)                   | 1,596                     |
| Cwm Taf - Autism Project                 | 3,690                      | (1,003)                    | 2,687                     |
| CWWYS                                    | 2,099                      | (2,099)                    | -                         |
| The Postcode Lottery Parent Carers Fund  | 24,962                     | (7,010)                    | 17,952                    |
| The Arnold Clark Community Fund          | 1,000                      | (1,000)                    | -                         |
| BAVO                                     | 7,000                      | (2,122)                    | 4,878                     |
| BAVO Summer of Fun                       | 750                        | (750)                      | -                         |
| BAVO Warm Spaces Fund                    | 2,000                      | (1,831)                    | 169                       |
| BCBC - Peer Mentoring Fund               | 9,000                      | (1,763)                    | 7,237                     |
| Henry Smith Foundation Fund              | 675                        | (675)                      | -                         |
| St James Place Funding                   | 5,000                      | (419)                      | 4,581                     |
| Community Cafe Fund                      | 5,327                      | (3,548)                    | 1,779                     |
| Millennium Stadium Charitable Trust Fund | 1,867                      | (1,867)                    | -                         |
| Moondance Foundation                     | 35,000                     | (21,706)                   | 13,294                    |
| Hospital Posts Fund (RIF)                | 27,515                     | (28,119)                   | (604)                     |
| Benefits Fund (RIF)                      | 27,485                     | (26,937)                   | 548                       |
| Quakers                                  | 2,742                      | (2,771)                    | (29)                      |
| Versus Arthritis Fund                    | 5,285                      | (4,084)                    | 1,201                     |
| Wales and West Utilities Benefits Fund   | 25,000                     | (22,781)                   | 2,219                     |
| AFCF NPT Jubilee Celebrations            | -                          | (1,498)                    | (1,498)                   |
| Carers Trust Support Service             | 32,808                     | (33,052)                   | (244)                     |
|                                          | <u>379,088</u>             | <u>(371,723)</u>           | <u>7,365</u>              |
| <b>TOTAL FUNDS</b>                       | <u>442,587</u>             | <u>(460,805)</u>           | <u>(18,218)</u>           |

17. MOVEMENT IN FUNDS - continued

**Macmillan Patient & Carer Support Worker**

A post funded by Macmillan Cancer Support.

**Princess of Wales Hospital Support Workers fund**

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

**YAC/YC fund**

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

**Carers Trust - Inspiring Change**

Funding was received from the Carers Trust for Young Adult Carers support.

**Digital families**

Funding was received towards providing online activities for young carers funded through Parentzone.com

**Armed Forces Covenant Fund**

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

**Making Carers Count**

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

**DWP Kickstart Programme**

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

**Waterloo 2022-2024**

To provide support in schools and raise awareness of young carers.

**Cwm Taf - Autism Project**

To deliver specific support to children and parents dealing with Autism.

**The Postcode Lottery Parent Carers fund**

For the development and increased capacity of a dedicated Parent Carer Support Team.

**BAVO Respite fund**

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

**BAVO Warm Spaces Fund**

To support unpaid carers with activities and opportunities to respond to isolation and loneliness and the ongoing cost of living crisis.

**Peer Mentoring**

To provide peer support to young carers and young adult carers.

**St James Place funding**

To provide activities to support young adult carers.

**Community Café fund**

Funding received from Macmillan Cancer Care to support the Community Café with Arts and Crafts.

**Moondance Foundation**

For continued provision of a dedicated Parent Carer Support Team.

**Versus Arthritis**

To provide physical activities to combat and prevent multi-skeletal conditions associated with unpaid carers roles.

**Wales and West Utilities**

To provide Welfare Benefits Advice plus address issues associated with the cost of living crisis and fuel poverty.

17. **MOVEMENT IN FUNDS - continued**

**Carers Trust Support Service**

To provide a Debt Support Service and carers grants to address hardship and the cost of living crisis.

**Children in Need 2 fund**

To provide respite opportunities for teen carers aged 13-17.

**Principality Community Fund in Wales**

To provide respite opportunities for young carers aged 5-12.

**RIF (Regional Integrated Fund)** For continued provision of Integrated Carers Support at Princess of Wales Hospital and the provision of a Welfare Benefits Advisor.

**Carers Trust Amser fund**

Providing short break opportunities for unpaid carers.

**Shaw Foundation – Valleys Project**

For the provision of a dedicated Dementia Carers Support Worker.

**Archbishop Fund for Children**

To provide funding for a summer programme of activities for young carers.

**Cryvys Voluntary Youth fund**

To provide additional capacity and resources for staff during the Summer Holidays.

**Moondance Parent Carers**

Funding to provide 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

**Valleys Kids Dementia Project**

For the provision of a dedicated Dementia Carers Support Worker.

**BAVO Food Sustainability fund**

Toward the provision of a range of activities, the community café and food provision.

**Barchester Trip fund**

To provide a short trip opportunity for carers.

**Awards for All Sustainability fund**

To assist with cost of living increases, overheads and core costs.

**AFCF- Veteran Carers fund**

For the provision of a dedicated Veteran Carers Support Worker.

**Monmouthshire Building Society**

Funding towards providing a counselling service for Carers.

**Edward Gostling Sustainability fund**

To assist with cost of living increases, overheads and core costs.

**RIF Short Breaks fund**

For the provision of short break opportunities for unpaid carers.

**Autism Fund**

For the Wildflower Group – supporting girls with Autism

**Bavo Activity grant**

Providing respite opportunities for carers.

**Macmillan Activities fund**

Towards providing activities for those attending the community café.

**17. MOVEMENT IN FUNDS - continued**

**Transfers between funds**

Transfers have been made from the general fund to restricted funds where fixed assets have been purchased and the restriction met.

**18. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £7,480 (2023: £5,506). Contributions outstanding at the year end amounted to £Nil (2023 : £Nil).

**19. RELATED PARTY DISCLOSURES**

The total key management personnel remuneration benefits paid during the year was £42,690 (2023: £39,949).

The total unconditional donations made to the charity by its trustees amounted to £9,300 (2023: £1,100).

# BRIDGEND CARERS CENTRE

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

|                                                | 2024<br>£      | 2023<br>£      |
|------------------------------------------------|----------------|----------------|
| <b>INCOME AND ENDOWMENTS</b>                   |                |                |
| <b>Donations and legacies</b>                  |                |                |
| General donations                              | 63,034         | 30,592         |
| Membership fees                                | <u>160</u>     | <u>134</u>     |
|                                                | 63,194         | 30,726         |
| <b>Other trading activities</b>                |                |                |
| Fundraising activities                         | 5,536          | 2,171          |
| <b>Investment income</b>                       |                |                |
| Deposit account interest                       | 1,880          | 973            |
| <b>Charitable activities</b>                   |                |                |
| Bursaries for individual carers                | -              | 6,445          |
| Grants                                         | 545,538        | 398,582        |
| Other income                                   | 8,951          | 1,424          |
| Community Cafe income                          | <u>-</u>       | <u>2,266</u>   |
|                                                | <u>554,489</u> | <u>408,717</u> |
| <b>Total incoming resources</b>                | 625,099        | 442,587        |
| <b>EXPENDITURE</b>                             |                |                |
| <b>Charitable activities</b>                   |                |                |
| Wages and salaries                             | 323,565        | 255,049        |
| Social security                                | 24,206         | 26,809         |
| Pensions                                       | 7,480          | 5,506          |
| Insurance                                      | 932            | 1,247          |
| Light, heat and water                          | 1,198          | 1,444          |
| Telephone                                      | 5,510          | 4,881          |
| Printing, postage and stationery               | 4,992          | 10,414         |
| Publications, advertisements and subscriptions | 4,121          | 923            |
| Sundry expenses                                | 271            | 458            |
| Recruitment costs                              | 43             | 579            |
| Rent                                           | 5,464          | 4,844          |
| Repairs, maintenance and cleaning              | 887            | 414            |
| Carers' events                                 | -              | 366            |
| Breaks/project expenditure for carers          | 90,086         | 42,721         |
| Staff travel                                   | 10,146         | 8,060          |
| Staff training                                 | 2,368          | 7,164          |
| Computer and IT expenses                       | 5,569          | 3,673          |
| Drop in/Outreach expenses                      | -              | 48             |
| Volunteer expenses                             | 20             | -              |
| Bursaries to individual carers                 | 43,302         | 25,908         |
| Cafe purchases for resale                      | 2,464          | 1,511          |
| Depreciation                                   | <u>1,047</u>   | <u>1,170</u>   |
|                                                | 533,671        | 403,189        |
| <b>Support costs</b>                           |                |                |
| <b>Staff costs</b>                             |                |                |
| Wages and salaries                             | 27,913         | 29,247         |

This page does not form part of the statutory financial statements

**BRIDGEND CARERS CENTRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024**

|                                   | 2024<br>£            | 2023<br>£              |
|-----------------------------------|----------------------|------------------------|
| <b>Staff costs</b>                |                      |                        |
| <b>Other</b>                      |                      |                        |
| Insurance                         | 399                  | 535                    |
| Light and heat                    | 513                  | 619                    |
| Telephone                         | 1,378                | 1,220                  |
| Postage and stationery            | 881                  | 1,838                  |
| Sundries                          | 271                  | 458                    |
| Bank charges                      | 593                  | 507                    |
| Rent                              | 2,942                | 2,609                  |
| Repairs, maintenance and cleaning | 477                  | 223                    |
| Computer and IT expenses          | 2,719                | 1,574                  |
| Carers Trust Membership           | 1,000                | 1,500                  |
| Equipment hire                    | <u>2,542</u>         | <u>3,023</u>           |
|                                   | 13,715               | 14,106                 |
| <b>Depreciation</b>               |                      |                        |
| Fixtures and fittings             | 1,046                | 1,170                  |
| <b>Governance costs</b>           |                      |                        |
| Wages                             | 8,524                | 7,990                  |
| Accountancy fees                  | 3,798                | 3,606                  |
| Legal fees                        | <u>902</u>           | <u>1,497</u>           |
|                                   | <u>13,224</u>        | <u>13,093</u>          |
| Total resources expended          | <u>589,569</u>       | <u>460,805</u>         |
| <b>Net income/(expenditure)</b>   | <u><u>35,530</u></u> | <u><u>(18,218)</u></u> |

This page does not form part of the statutory financial statements

---

# Accounts

---

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
BRIDGEND CARERS CENTRE**

MHA  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
CF23 8RS

**BRIDGEND CARERS CENTRE**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

---

|                                          | <b>Page</b>     |
|------------------------------------------|-----------------|
| <b>Report of the Trustees</b>            | <b>1 to 12</b>  |
| <b>Independent Examiner's Report</b>     | <b>13</b>       |
| <b>Statement of Financial Activities</b> | <b>14</b>       |
| <b>Balance Sheet</b>                     | <b>15</b>       |
| <b>Notes to the Financial Statements</b> | <b>16 to 29</b> |

---

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

---

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Objects**

The charity's objects as stated in the governing document are:

(i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.

(ii) to undertake any necessary education work related to carers.

#### **Objectives and aims**

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service to improve wellbeing, avoidance of carer stress, burden, isolation and crisis.

Bridgend Carers Centre raise awareness through diverse mediums including newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic Plan until 2025 giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we work with Dizons - Charity Log and Carers Trust to support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

Throughout the pandemic, we adapted and changed the way we supported carers in response to Welsh Government restrictions. During the post pandemic recovery and as restrictions were lifted we were able to reintroduce our face to face activities and services to our beneficiaries. We have continued to develop outreach services in a number of geographical areas, maintained our digital presence and means of communication through social media, making support and information more accessible. We have reintroduced and increased activities including walks, yoga, holistic therapies and a variety of social opportunities whilst being mindful of continued lack of confidence and fear faced by the beneficiaries of our service.

#### **OBJECTIVES AND ACTIVITIES**

##### **Information**

Bridgend Carers Centre adapted its information dissemination in response to challenges posed by the pandemic and during post pandemic recovery. This has continued throughout 2022/23 by directly supporting carers through wellbeing and befriending calls, email, website, post and social media, online peer support through Zoom and WhatsApp.

##### **Volunteers**

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café. The charity has found it difficult to retain and recruit volunteers during the period of post pandemic recovery but realise that this is an area which requires further development to increase the involvement of volunteers in future developments. **The charity would like to give thanks to all the volunteers for their support and commitment.**

##### **Public benefit**

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

## OBJECTIVES AND ACTIVITIES

### Significant activities

During this period, the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered intensive person-centred support to keep families engaged and safeguarded. The service has continued to provide information, face-to-face contact to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend County Borough to sample a diverse range of support that suits their own individual needs. The short respite breaks funded through Carers Trust have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and live a life of their own, whilst continuing to fulfil their caring responsibilities if they wish.

Bridgend Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations.

Highlights have included:

- Achieving **RIF (Regional Integrated Fund)** to sustain a Carers' Support Service based at Princess of Wales Hospital, which aids hospital discharge.
- Achieving **RIF (Regional Integrated Fund) and Wales and West Utilities** funding to sustain a Welfare Benefits Service achieving **£617,554** annual maximisation of income for carers and those they care for giving a total cumulative amount since the start of the Project funding of **£3,523,382 for carers across Bridgend County Borough until 31 March 2023**. These roles also support unpaid carers facing fuel poverty and give advice and information on the Priority Registration, CO2 monitors, gas safety taps and distributed 100's of Warm Packs to vulnerable families.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through Macmillan Cancer Care to support patients and families through life changes, palliative care and bereavement.
- Sustaining a Carers Link Service working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers and Young Adult Carers Support through diverse funding including **Making Carers Count Funding from Carers Trust, Children in Need, Waterloo, St James Place** etc
- Continuation of Young Carers involvement on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Continuation of an **Armed Forces and Veteran Support Project**, through funding from **Armed Forces Covenant** identifying **159 beneficiaries** for support and activities.
- Continued a Dementia Carers Support Project working with families to give information, advice, one to one support and short break opportunities.
- Received Post Code Lottery Funding to develop and give additional capacity to the **Parent Carer Wellbeing Service**.
- Provided **68 carers** with individual grants to address financial hardship and give opportunities for short breaks through funding received from Carers Trust totalling **£21,000**
- Received additional funding to give administrative assistance to support all staff and improve our social media presence due to growing demand.
- Employed a former Young Adult Carer through the Kickstart Scheme.

**Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:**

- Attending online networking and information events for professionals in statutory, third sector and community organisations.
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of a Carers Week Garden Party for carers and professionals to celebrate their caring roles..
- Raising young carer awareness with pupils and staff when possible throughout all schools across the Borough..
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attend online training/conferences.
- Continue to produce 3 newsletters and periodic Young Carers and Young Adult Carers E newsletters.
- Provision of a new and improved website [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)
- Continue to have strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of Bridgend Carers Centre.
- Dissemination of various online consultations with carers including Welsh Government Consultations as required.

**Information has been made available directly to carers and also through other organisations:**

- Bridgend Carers Centre disseminated information in a variety of ways.
- One to one sessions were made over the telephone and face to face support offered to respond to emergencies and crisis carers were experiencing.
- Through distribution of information - 'Contact' newsletter via carers mailing list, website, online groups, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities.
- Increasing and development of social media including Facebook and Twitter increasing followers and friends through more dynamic posting and variety of information sharing.
- Attendance at a variety of meetings to share information to professionals and raise awareness to identify hidden carers.
- Provision of Welfare Benefits Advice to carers through the Welfare Benefits Advisor.
- Provision of updates via email to GP surgeries raising awareness of support to carers through Carers Link roles.
- Provision of updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers, through the Integrated Carers Support roles at POW Hospital.
- Provision of the Macmillan Family Patient and Carer Service supporting those with cancer and their carers.
- Provision of Young Carers and Young Adult Carers Support across the Borough.
- Provision of Young Carers Education Schools Project providing support to pupils to all schools across Bridgend.
- Identification of Armed Forces and Veteran carers and those carers looking after a Veteran and giving them access to specific information, support and activities from the Veteran Support Project.
- Provision of specific information to those carers caring for family members with Dementia.
- Developed online and face to face Bereavement and Loss information and support on [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)

**Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan. We arranged:**

- Celebration of Carers Week at a Carers Centre Garden Party.
- Arranged Doorstep Dancers to recognise and value carers during in partnership with Awen Cultural Trust.
- Celebrated the Queens Jubilee at a Carers Centre Garden Party and a partnership event at Porthcawl Veteran Hub.
- Carers Counselling continues over the telephone and reintroduction of face to face sessions.
- Celebration of the annual Macmillan Fundraiser Coffee Morning
- Provided additional crafting and therapeutic activities to support the Community Café through Ray Of Light. Funded by a Macmillan Support Grant. This has given an added interest to the Café with increased numbers attending the Café.
- Provision of a selection of activities and short breaks for young carers and young adults including groups, Teen Group, Peer Mentoring, numerous short break activities.
- Provision of Summer of Fun activities for Young Carers and Siblings.
- Provision of activities and refreshments through the Warm Spaces Grant from Welsh Government for carers accessing the weekly Community Café.
- Continued to arrange a blended variety of online and face to face activities to give respite through Carers Trust funding to enable carers to rest and recharge including Mindfulness through singing, exercise sessions, Book Club, walks, counselling, Garden parties, crafts, Beauty boxes etc.
- Organised sessions funded through Versus Arthritis to support carers physical wellbeing through Dance, Zumba, Walks, Yoga, Tai Chi and Gentle Movements.
- Organised trips to Luminata at Margam Park through Carers Trust Wales
- Organised an Autistic Girls Group including a dedicated Therapy Day
- Provided Life Coaching Sessions to carers.
- Various online training opportunities to empower carers to full fill their potential and support them in their caring role including: Autism Training; Anxiety Workshops and Life Coaching.

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

All the activities are monitored closely by the trustees and by the stakeholders and funders.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2023.

There are **7,816** carers on our database including former carers, receiving information by post, phone, text or email. We had meaningful engagement with **1,812** carers during this period.

### Analytics for social media (01/04/22 - 31/03/23)

Number of 'likes' on Facebook - 1,726 and increasing

Number of 'followers' on Facebook - 1,955 and increasing

Number of Twitter 'followers' - 1,205 and increasing

**890 new carers have been identified this year** and added to our database.

**Outreach sessions** have been developed and developed since Welsh Government has lifted restrictions. However, we have continued to provide online Facebook, Zoom and WhatsApp peer support.

**108 counselling hours** from 01/4/22 - 31/3/23.

**Dementia Carers Support** - Directly support 356 carers of those with dementia.

**Legal Advice** continued to be provided over the telephone facilitated by Howells Solicitors to give carers more voice and control.

The funding from the Regional Integration fund continued throughout this period, supporting 447 carers and cared for during this period for Hospital and Welfare Benefits Support. The two members of staff received 390 carer referrals and identified 359 carers to receive intensive support.

**Macmillan Patient and Carer Information and Support Service** - Continued to provide partnership working with Nursing Specialists and Cancer related disciplines in POW, being a part of the palliative team at Y Bwthyn, ensures no one slips through the net and reaches crisis point.

The positive partnership with the Macmillan Welfare Benefits team has maximized income for carers and families in addition to the non-income work that is undertaken through the partnership ie Blue Badges, Macmillan Grants etc

Parent Carer Wellbeing Service - a project developed for parent carers by staff who are parent carers. The Project achieved continued growth and development of a service providing complex and extensive one to one support to parents including innovative support through a Wildflower Project supporting girls and families with Autism and dedicated support group. The Parent Carers Wellbeing Project supported over **200 parents and 244 children** through the Parent Carers Wellbeing Project and has a total of **473 parent carers** who access a dedicated closed Parent Carers Support Facebook group offering peer support to parents.

### Information

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

### Carers Individual Grants

Accessed individual Grants for carers totalling **£21,000** helping **68** carers to address hardship. They have included provision of white goods, help with food provision, furniture, and digital technology.

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

---

#### **Young Adult and Young Carers Activities - Highlights**

- Supported 332 Young Carers and Young Adult Carers during 2022-23.
- We have had 111 new referrals for our young carers and young adult carers' projects.
- Sent 3 e-newsletters to over 50 comprehensive and primary schools.
- Distributed hundreds of gifts to 123 young carers provided by Mr X Donations and Jehu Group.
- Supported Young Carers and Young Adult Carers with carers support grants whose families were facing hardship.
- We stayed engaged with all 9 Comprehensive schools through the Young Carers Champions and offered support when needed.
- We attended the Young Carers Festival with a group of Young Carers and Young Adult Carers.
- We held a number of groups, activities and numerous trips including a residential stay in the Cotswolds. These trips allowed young and young adult carers to build confidence, socialise with others and have a break from their caring role.
- A number of the activities supported the development of self-esteem and confidence.
- We continued to provide a Peer Mentoring Project where newly referred young carers were introduced to a young carer known to the service before attending the group, giving the young carers confidence when meeting new people.
- We delivered assemblies and workshops to comprehensive schools and a primary schools. We also held information stands in the two Bridgend college campuses plus at outreach centres across the community.

#### **Partnerships**

Other organisations we have worked with the Carers Centre or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board - CAMHS, Dementia and Memory Team, Paediatric Service, Y Bwythyn Newydd, Schools and Colleges across Bridgend including Heronsbridge, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen Cultural Services, Platform, Cruse, Macmillan Cancer Services, ARC, CAB, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Alzheimer's Society, Tenovus, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, National Autistic Society, Barnardos, Inclusability and Carers Trust South East Wales Carers Wellbeing Service plus much more.

#### **Carer involvement and participation**

There has been continued participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Staff and Carers have participated in interviews with television and radio during this time. Adult Carers have participated at the online Bridgend Carers Centre Annual General Meeting. Whilst the pandemic has considerably affected opportunities to consult with carers, there have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views on social media/email.

We have 3 Young Carers who sit on the Carers Trust Youth Council.

We have 1 young carer who has been on the Youth Parliament for the last 4 years and has been e-elected for the next 2 years.

The Carers Centre has delivered talks/presentations to organisations online and face to face. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has increased during the post pandemic recovery. We have developed an increased outreach presence through Veteran Hubs, Community Outreach, Job Centres and through other positive partnerships. Awareness raising/sharing information events and opportunities for networking has continued through online seminars, meetings and conferences. Carers Centre staff have worked from home, in outreach and in the Carers Centre during the post pandemic recovery and as restrictions lifted.

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking a Masters in Masters in ILM Qualification in Management.

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- The Carers Wales Workers' Network
- Young Carers Steering Group

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023

---

**Feedback**

Feedback is encouraged and received regularly from carers who use the services of the Carers Centre. The feedback from formal evaluations is used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through social media.

We asked:- What did we do well? What could we improve? Any other comments or feedback?

- Staff are very caring. Thank you so much for your support. I enjoy my chats with XX. XX makes me feel she has plenty of time for me. I cannot think of anything that you could improve on just continue to do a great job.*
- Provide a friendly environment to meet and compare notes with other carers. The walks I have found to be particularly enjoyable. Perhaps if possible, it would be helpful to have more talks from people in the know on subjects pertinent to our various situations with time for a q and a session.*
- It's an excellent service and really helpful in every aspect of caring for the people who are really struggling themselves to look after their family.*
- It was helpful and refreshing to be able to speak to others and understand more around the support mechanisms that are available to me.*
- Very informal and friendly atmosphere, the carers choir is giving enjoyment and diversion from my caring role*
- I cannot thank you all enough for the continuous support I have received from the wonderful Carers Centre staff, supporting me through a very difficult time dealing with the progression of my husband's dementia. I honestly feel that I have been near breaking point on more than one occasion but thankfully have managed to overcome every situation, thanks to XX always being just a phone call away when I have been so desperately in need of help and advice. The support of every single member of staff for their expert advice regarding benefits, wellbeing, etc is unbelievable. Thank you all from the bottom of my heart.*
- Immediately felt welcomed and supported by people who are very professional and knowledgeable.*
- I didn't think I would need so much support as I have had in the last year. But I have had so much support. Financially, getting Blue Badge for my husband has all taken the stress and strain from me. Emotionally, practically. Carers Centre has helped me get extra services for my husband, and Social Services are now in the process of helping with contingency plans for the future to safe guard my husband if the need arises.*
- I was welcomed and embraced when I was at my lowest and most futile and desperate being a new full-time carer, feeling abandoned and alone. The carers group made me feel supported and, understood what I was going through. Something my friends and family couldn't help me with ... And I know they are there when I need them with open arms.*
- From day one I was XXX, not just another client. It is somewhere that I can go feel to supported, and nurtured, suggestions are made, advice given, a break where I am the one being cared for and can switch off for a short while to recharge my batteries! Thank you all.*
- Staff are always on hand to listen & help you. This is invaluable when you are a carer, you need someone you know you can turn too. They are happy to work on your behalf or refer you to the necessary people as they know ' whose out there' often unpaid carers do not know this, so the Carers Centre is vital to unpaid carers wellbeing, this then ensures the wellbeing of their loved ones. I, for one, have been very grateful for the many services the Centre puts on, Café, Choir, Groups, to have somewhere to be able to go to & be with similar minded people, to have a break from Carers every day stress & strains.*
- Friendly & welcoming staff who are always helpful.*
- I feel that all the staff I have dealt with have offered me lots of relevant and helpful information and have alerted me to services that may be able to assist. They seem to have real empathy, and all seem very enthusiastic about their work.*
- It has been helpful to have advice about filling in forms such as Attendance Allowance, which can seem pretty daunting.*

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

---

- *At the moment I have not attended any events held in the Carers Centre, but will in September when I have more time to do so as not only do I care for my parents (one of whom has dementia) but I also look after my small granddaughter. She starts nursery soon which means I will be able to attend the Community Café in the autumn.*
- *When I became a carer I had no idea who I could turn to for help, Alzheimer's Society said to ring Bridgend Carers Centre. It's amazing how meeting up with other people who are going through the same thing helps, the staff do an excellent job. I couldn't have coped without their help and support.*
- *Very responsive and supportive approach.*
- *Your kindness and support for carers is unbelievable. Don't know what I would have done if my Doctor hadn't suggested that I contact Bridgend Carers. Thank you from the bottom of my heart.*
- *Listen and offer much needed support. Brought clarity to a situation that was a "minefield". Made connections to other people and organisations that could help. Totally helped me feel as though everything was going to be ok.*
- *I cannot fault the Bridgend Carers Centre in any way. I attend the Carers Group, Walks, Café and other events including training activities. Everyone I have met there has been so supportive and friendly and I feel a welcome member of the community they provide. These are my highlights*
  1. *Continual support*
  2. *Regular information updates*
  3. *Support and quality feedback at all times*
  4. *Main lead person has been friendly and caring*
  5. *Main lead person has always been on hand a readily available during meetings*
  6. *Main lead person has been very understanding at all time*
- *Made me feel like a human being again and listened to when I was having problems. Helped sort out benefits that I didn't know I was entitled to. Made me feel not so alone going through this supporting my mother in law with dementia when she moved in with us full time. Someone is always at the end of the phone for me. Thank you for your support and ongoing help.*
- *My mum was diagnosed this year. The service helped me with what services were available in the locality and put me in touch with people who could assist with financial help. Also help and support is just a phone call away. All support has been appreciated.*
- *It's an excellent service and really helpful in every aspect of caring for the people who are really struggling themselves to look after their family.*
- *Bridgend Carers were there for me throughout the darkest, anxious laden days when I cared for my wonderful father. With their exceptional knowledge, coupled with empathy, they guided me through the maze of social care bureaucracy and enabled me to achieve a more balanced life, aided amongst things by mindfulness training, yoga sessions, massage/relaxation sessions and Carers days out. All of which I can say without any doubt, assisted my wellbeing and ensured I did not go down that slippery slope of suffering with Carer's Stress. That in turn ensured that I was able to continue in my caring role for my dear old dad inasmuch that the services didn't need to get involved and consequently had the effect of saving Social Services and our local hospitals a HUGE amount of money from their very small pot of resources. Additionally and more importantly, following my father's heart attack, hospital fall and subsequent fractured neck of femur. Bridgend Carers, in particular XX knowledge, ensured that I was not alone when dealing with an inappropriate discharge from the hospital for my father. In the weeks that followed when chaos reigned, during my father's End of Life care & treatment, XX knowledge and support guided me through a very difficult time in my life. It's always difficult coming to terms with the loss of a loved one. More so when it's fraught by hospital bureaucracy. During my time with Bridgend Carers, I have not felt alone. They have always been there for me and more importantly for my dad too. They've been enablers, assisting with finances, legal matters, obtaining a Social Worker and putting steps in place to allow me a few hours of respite and dad a few hours of chatting about his memories to another friendly face. In short Bridgend Carers are wonderful. It's often been said that we Carers are the cog in the wheel, and without us, the whole wheel would collapse. Then, it's true to say that Bridgend Carers are the oil that keeps our cogs turning. Long may they continue, they have been my guiding light and saviours.*
- *The group was very friendly and welcoming, which was lovely as it was my first time. Will definitely be going back next month and hopefully be able to stay for the whole 2 hours. It was great being able to talk/connect with other carers going through the same situation.*

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023

---

- I have enjoyed the following:-
  1. Dementia Awareness Day (monthly) is a great event where the carers share their experience of looking after their loved ones.
  2. Welfare part is excellent - I've received a few retreats from you and have had reflexology sessions, days out (at bowling and garden Centre), head massage.
  3. Food and drinks provided by CC are amazing and cheap.
  4. Choir is excellent. They performed at my husband's Day Centre and I attended the concert. It was incredible, they made my husband's and other service users' day!
  5. We had Xmas dinners last year delivered to our door step, it was an amazing act of kindness and the food was divine!
  6. We had tickets to the Grand Pavilion in Porthcawl to watch 'Ball of Disney Princesses' And my husband who is a young dementia patient, loved it!
  7. I had voucher for a beauty therapy through my support worker, which I am going to use for a special accession.
  8. I had a box of healthy food from Hello Fresh!, which lasted us both a week, which was very handy!
- The team has been an enormous help to me over the last 6 months during my husband's long stay in hospital and transfer to a care home the support advice and understanding have been outstanding I would say the service is greatly needed for carers whose loved ones have any form of illness. In fact the support is ongoing and much appreciated.
- Provide a friendly environment to meet and compare notes with other carers. The walks I have found to be particularly enjoyable. Perhaps if possible, it would be helpful to have more talks from people in the know on subjects pertinent to our various situations with time for a Q and A session.

**Look at what unpaid carers across Bridgend said about our service!!**

"Fantastic service, thank you so much." LW

"Thanks again so much for your support and counsel and the list. It is so appreciated. Just hearing your voice being so directive and knowledgeable has made a massive difference to me. As I said I think it's just so admirable that you are doing this to help people on the back of your own personal experience - an amazing selfless decision. Thank you". VM

"Sarah this is fantastic. Thank you so much for your time today. You've been absolutely amazing!" AW

"Thanks very much for the chat on the phone. It calmed me down a lot! People like you are so important at times like these :0). I'm very grateful for your support and advice." MSS

"Thanks for the information it's all really helpful and thanks for the call the other day. It's difficult taking it all on as things are changing so quickly but hopefully things will be in place before she allowed home. Thanks again" ME

"Thanks for all your help last week, it did take a lot of pressure off me" SW

"You are truly amazing!" HH

"Just speaking to you helps so much, you are so kind" SS

"A very big thank you for your immense support during this year" AB

"Lovely to talk to you and thanks so much for your advice and support." KT

"Thank you again for all your help, I really appreciate it." SB

"The Carers Community Café helps my self-esteem and to mix with others - I enjoy the Community café on a Wednesday!"

"Everything was perfect- so nice to meet with like-minded people."

"Just to say a big thank you for all your help and support you have given to us throughout my claim. We wish you all the best and once again a BIG THANK YOU all the best" S and J.

"Lovely to relax, enjoy the singer and buffet laid on. Carers Centre were wonderful - feels like a family!"

*"First time at Bridgend Carers enjoyed very much and met new people"*

*"Hello. I would just like to thank Karen and the charity for the help and advice I have received since contacting you last month. It is very reassuring to know that I now have an organisation to turn to in the future. I am in no doubt that I will need help, reassurance and direction in this journey that I and my family now find ourselves on. a very sincere thank you to you all." RH*

*"Thank you so much we were unaware of this support as no-one had got back to us only you. Thank you so much, we know where we stand now. Thanks for all your help"*

**Wildflower Project - Giving support to girls with Autism and their families.**

*"Thank you so much for a lovely session. My girls and myself had a fantastic time and thoroughly enjoyed all the activities. You all do an amazing job with so much thought and care."*

*"We both had such a lovely morning. So grateful to you all for your hard work and dedication"*

*"Thank you all so much, we all had an awesome time. The girls loved every minute"*

*"Thank you for a lovely morning the girls loved it".*

*"Isabella had the most wonderful time. Thank you so much. This programme is so appreciated."*

*"I just wanted to let you know that I was the winner of an award this week within my company and as part of my prize I get to make a donation of £500 to a charity of my choice. I have asked for my donation to go to the Bridgend Carers Centre but specifically to the work you are doing in supporting girls with autism. I hope it helps you to develop your group... we will always be grateful for the support you gave us when we were struggling as a family. It is just a small gesture to show you how much we appreciated it."*

**Grants giving carers a much needed break from caring.**

*"Thank you for our lovely St David's break, it really was perfect."*

*"I just wanted to say a huge thank you for awarding me the time for me grant. It came at a really good time for me as I had been having a real difficult time at home and was feeling really run down and low."*

*"The hotel break was amazing. Just the tonic I needed. The surroundings were beautiful, as well as great facilities. The staff were also fantastic."*

*"I was able to actually relax, take time out for myself, and not have to worry about anything. I woke up the next day feeling really rejuvenated. So a great big thank you from my heart".*

*"Thank you Bridgend Carers Centre for this fantastic experience. A big thank you to Davina and team" [grant for a trip to Harry Potter studios]*

*"Just wanted to message and say thank you. We had a lovely few days away which we really needed... I would like to thank you again for making this happen for us."*

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

---

#### FINANCIAL REVIEW

The charity reported a net expenditure position of £18,218 for the year ended 31 March 2023.

#### Risks

The main risk to the charity, identified in April 2022/23, is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to maintain the reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

#### Factors likely to affect financial performance

These would include:

- Loss of funding
- Increase in funding
- Loss/improvement of reputation
- Loss/ appointment of new or key trustee roles
- Increase/decrease in outcomes for carers
- Employ a marketing officer
- Improvement impact monitoring

#### Principal funders

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Children in Need, St James Place, Waterloo Foundation, Moondance, Wales and West Utilities and all those who have made financial contributions in donations and fundraising.

#### Going concern

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

#### Reserves

The total funds of £127,167 (2022: £145,385) include £80,838 (2022: £76,169) which is held for restricted purposes. The trustees have released the designated fund back to general as additional funding has been obtained to support the project.

Free reserves at the 31 March 2023 were £43,332.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

#### FUTURE PLANS

Actions that the charity needs to continue to make progress in the coming year include:

- working with businesses to ensure that employees who are carers are supported and best practice is looked at
- ensuring the charity is sustainable for the future.
- evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Welsh language implications and action plan.
- Work towards quality standards awards.
- Reviewing all strategic priorities.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

##### Recruitment and appointment of new trustees

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

---

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Organisational structure**

Fourteen staff are managed by CEO. The Team has a part time Deputy CEO, a Young Carers and Young Adult Carers Manager and a Parent Carers Senior role offering an organisational structure of command and decision making. The Administrator (Company Secretary) and CEO are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and CEO reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, HR Sub Group, Policy Sub Group, Friends of Bridgend Carers Centre Fundraising Group. They bring recommendations to the full Board. Any purchase over £1000 has to be sanctioned by the Board.

##### **Induction and training of new trustees**

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The CEO works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers, and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the CEO and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Charities Commission, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the HR Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05372329 (England and Wales)

##### **Registered Charity number**

1125921

##### **Registered office**

87 Park Street  
BRIDGEND  
Bridgend  
CF31 4AZ

##### **Trustees**

M Davies

S H Lewis

C Colman

C Clarke

K Cubbage

P Edwards

E Owen

- resigned 8 September 2022

- appointed 25 January 2023

- appointed 25 January 2023

- co-opted 9 February 2023

##### **Company Secretary**

S G Evans

##### **CEO**

H M Pitt

##### **Independent Examiner**

MHA (trading name of MacIntyre Hudson LLP)

Limited liability partnership in England & Wales

Registered number OC312313

Elfed House

Oak Tree Court

Cardiff Gate Business Park

CARDIFF

CF23 8RS

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

---

Approved by order of the Board of Trustees on 16 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'S G Evans', followed by a comma.

S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRIDGEND CARERS CENTRE**

---

**Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Julia Mortimer FCCA  
MHA  
CARDIFF  
CF23 8RS

Date: 16 October 2023

MHA is the trading name of MacIntyre Hudson LLP Limited liability partnership in England & Wales Registered number OC312313

**BRIDGEND CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2023**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                             |                             |
| Donations and legacies             | 3     | 29,165                     | 1,561                    | 30,726                      | 22,483                      |
| <b>Charitable activities</b>       | 6     |                            |                          |                             |                             |
| Support for Carers                 |       | 31,190                     | 377,527                  | 408,717                     | 362,543                     |
| Other trading activities           | 4     | 2,171                      | -                        | 2,171                       | 670                         |
| Investment income                  | 5     | <u>973</u>                 | <u>-</u>                 | <u>973</u>                  | <u>735</u>                  |
| <b>Total</b>                       |       | <u>63,499</u>              | <u>379,088</u>           | <u>442,587</u>              | <u>386,431</u>              |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                             |                             |
| <b>Charitable activities</b>       | 7     |                            |                          |                             |                             |
| Support for Carers                 |       | <u>89,082</u>              | <u>371,723</u>           | <u>460,805</u>              | <u>467,544</u>              |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | (25,583)                   | 7,365                    | (18,218)                    | (81,113)                    |
| <b>Transfers between funds</b>     | 17    | <u>2,696</u>               | <u>(2,696)</u>           | <u>-</u>                    | <u>-</u>                    |
| <b>Net movement in funds</b>       |       | (22,887)                   | 4,669                    | (18,218)                    | (81,113)                    |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                             |                             |
| Total funds brought forward        |       | <u>69,216</u>              | <u>76,169</u>            | <u>145,385</u>              | <u>226,498</u>              |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u>46,329</u>              | <u>80,838</u>            | <u>127,167</u>              | <u>145,385</u>              |

The notes form part of these financial statements

**BRIDGEND CARERS CENTRE**

**BALANCE SHEET**  
**31 MARCH 2023**

|                                              | Notes | Unrestricted funds<br>£ | Restricted funds<br>£ | 2023<br>Total funds<br>£ | 2022<br>Total funds<br>£ |
|----------------------------------------------|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| <b>FIXED ASSETS</b>                          |       |                         |                       |                          |                          |
| Tangible assets                              | 14    | 2,997                   | -                     | 2,997                    | 4,630                    |
| <b>CURRENT ASSETS</b>                        |       |                         |                       |                          |                          |
| Debtors                                      | 15    | -                       | 1,426                 | 1,426                    | 25,307                   |
| Cash at bank and in hand                     |       | <u>62,124</u>           | <u>104,412</u>        | <u>166,536</u>           | <u>160,400</u>           |
|                                              |       | 62,124                  | 105,838               | 167,962                  | 185,707                  |
| <b>CREDITORS</b>                             |       |                         |                       |                          |                          |
| Amounts falling due within one year          | 16    | (18,792)                | (25,000)              | (43,792)                 | (44,952)                 |
| <b>NET CURRENT ASSETS</b>                    |       | <u>43,332</u>           | <u>80,838</u>         | <u>124,170</u>           | <u>140,755</u>           |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>46,329</u>           | <u>80,838</u>         | <u>127,167</u>           | <u>145,385</u>           |
| <b>NET ASSETS</b>                            |       | <u>46,329</u>           | <u>80,838</u>         | <u>127,167</u>           | <u>145,385</u>           |
| <b>FUNDS</b>                                 | 17    |                         |                       |                          |                          |
| Unrestricted funds                           |       |                         |                       | 46,329                   | 69,216                   |
| Restricted funds                             |       |                         |                       | <u>80,838</u>            | <u>76,169</u>            |
| <b>TOTAL FUNDS</b>                           |       |                         |                       | <u>127,167</u>           | <u>145,385</u>           |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

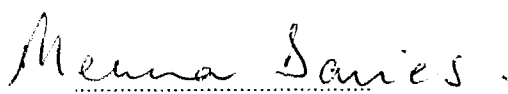
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 October 2023 and were signed on its behalf by:

  
M Davies - Trustee

The notes form part of these financial statements

**1. STATUTORY INFORMATION**

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

**Donations and legacies income**

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

**Charitable activities**

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

**Investment income**

Investment income is recognised on a receivable basis.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

Expenditure includes VAT as the charity is not VAT registered.

**2. ACCOUNTING POLICIES - continued**

**Allocation and apportionment of costs**

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Debtors**

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

**Tangible fixed assets**

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charges to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Fund accounting**

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**3. DONATIONS AND LEGACIES**

|                   | 2023          | 2022          |
|-------------------|---------------|---------------|
|                   | £             | £             |
| General donations | 30,592        | 7,114         |
| Membership fees   | 134           | 187           |
| Legacies          | -             | 15,182        |
|                   | <u>30,726</u> | <u>22,483</u> |

**4. OTHER TRADING ACTIVITIES**

|                        | 2023         | 2022       |
|------------------------|--------------|------------|
|                        | £            | £          |
| Fundraising activities | <u>2,171</u> | <u>670</u> |

**5. INVESTMENT INCOME**

|                          | 2023       | 2022       |
|--------------------------|------------|------------|
|                          | £          | £          |
| Deposit account interest | <u>973</u> | <u>735</u> |

**6. INCOME FROM CHARITABLE ACTIVITIES**

|                                 | 2023           | 2022           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bursaries for individual carers | 6,445          | 8,446          |
| Grants                          | 398,582        | 352,956        |
| Other income                    | 1,424          | 200            |
| Community Cafe income           | <u>2,266</u>   | <u>941</u>     |
|                                 | <u>408,717</u> | <u>362,543</u> |

Grants received, included in the above, are as follows:

|                                                                | 2023           | 2022           |
|----------------------------------------------------------------|----------------|----------------|
|                                                                | £              | £              |
| Macmillan Cancer Support                                       | 19,925         | 12,962         |
| Other grants                                                   | 16,924         | 7,634          |
| BAVO                                                           | 9,750          | 25,550         |
| Carers Trust grants                                            | 95,780         | 82,938         |
| Integrated Care Fund                                           | -              | 55,000         |
| Waterloo Foundation                                            | 25,000         | 23,000         |
| Big Lottery People and Places Grant                            | -              | 24,537         |
| BBC Children in Need                                           | 500            | 9,870          |
| The Triangle Trust 1949 Fund                                   | 12,500         | 25,000         |
| St James's Place Charitable Foundation                         | 5,000          | 4,500          |
| BCBC grant                                                     | 9,000          | 3,000          |
| Armed Forces Covenant Fund                                     | 34,125         | 35,000         |
| Moondance Foundation                                           | 35,000         | 29,000         |
| The National Lottery Community Fund                            | -              | 9,965          |
| Gwendoline and Margaret Davies Charity                         | -              | 5,000          |
| Cwm Taf Autism Project                                         | 3,690          | -              |
| The Edward Gostling Foundation                                 | 25,000         | -              |
| The Postcode Lottery                                           | 24,962         | -              |
| The Health and Social Care Regional Integration Fund (the RIF) | 55,000         | -              |
| Wales and West Utilities                                       | <u>25,000</u>  | <u>-</u>       |
|                                                                | <u>397,156</u> | <u>352,956</u> |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**7. CHARITABLE ACTIVITIES COSTS**

|                    | Direct<br>Costs (see<br>note 8)<br>£ | Support<br>costs (see<br>note 9)<br>£ | Totals<br>£    |
|--------------------|--------------------------------------|---------------------------------------|----------------|
| Support for Carers | <u>403,189</u>                       | <u>57,616</u>                         | <u>460,805</u> |

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                                                | 2023<br>£      | 2022<br>£      |
|------------------------------------------------|----------------|----------------|
| Staff costs                                    | 287,364        | 283,239        |
| Insurance                                      | 1,247          | 1,489          |
| Light, heat and water                          | 1,444          | 993            |
| Telephone                                      | 4,881          | 4,776          |
| Printing, postage and stationery               | 10,414         | 7,569          |
| Publications, advertisements and subscriptions | 923            | 2,894          |
| Sundry expenses                                | 458            | 211            |
| Recruitment costs                              | 579            | 150            |
| Rent                                           | 4,844          | 3,537          |
| Repairs, maintenance and cleaning              | 414            | 404            |
| Carers' events                                 | 366            | 79             |
| Breaks/project expenditure for carers          | 42,721         | 84,318         |
| Staff travel                                   | 8,060          | 5,191          |
| Staff training                                 | 7,164          | 1,827          |
| Computer and IT expenses                       | 3,673          | 2,281          |
| Drop in/Outreach expenses                      | 48             | 17             |
| Volunteer expenses                             | -              | 20             |
| Bursaries to individual carers                 | 25,908         | 8,446          |
| Carers' training                               | -              | 3,275          |
| Cafe purchases for resale                      | 1,511          | 766            |
| Depreciation                                   | <u>1,170</u>   | <u>2,010</u>   |
|                                                | <u>403,189</u> | <u>413,492</u> |

**9. SUPPORT COSTS**

|                    | Staff<br>costs<br>£ | Other<br>£    | Depreciation<br>£ | Governance<br>costs<br>£ | Totals<br>£   |
|--------------------|---------------------|---------------|-------------------|--------------------------|---------------|
| Support for Carers | <u>29,247</u>       | <u>14,106</u> | <u>1,170</u>      | <u>13,093</u>            | <u>57,616</u> |

The amount due to the independent examiners for the year ended 31 March 2023 was £2,382 (2022 - £2,382) and £1,244 (2022 - £,286) in respect to other financial services.

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | 2023<br>£    | 2022<br>£    |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>2,340</u> | <u>4,021</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 or for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses for the year ended 31 March 2023 or for the year ended 31 March 2022.

**12. STAFF COSTS**

|                       | 2023<br>£      | 2022<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 292,286        | 291,710        |
| Social security costs | 26,809         | 22,493         |
| Other pension costs   | <u>5,506</u>   | <u>5,121</u>   |
|                       | <u>324,601</u> | <u>319,324</u> |

The average monthly number of employees during the year was as follows:

|                             | 2023<br><u>15</u> | 2022<br><u>15</u> |
|-----------------------------|-------------------|-------------------|
| The average number of staff |                   |                   |

No employees received emoluments in excess of £60,000.

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                     |
| Donations and legacies             | 22,483                     | -                        | 22,483              |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | 4,141                      | 358,402                  | 362,543             |
| Other trading activities           | 670                        | -                        | 670                 |
| Investment income                  | <u>735</u>                 | <u>-</u>                 | <u>735</u>          |
| <b>Total</b>                       | <u>28,029</u>              | <u>358,402</u>           | <u>386,431</u>      |
| <b>EXPENDITURE ON</b>              |                            |                          |                     |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | <u>58,594</u>              | <u>408,950</u>           | <u>467,544</u>      |
| <b>NET INCOME/(EXPENDITURE)</b>    |                            |                          |                     |
| Transfers between funds            | (30,565)                   | (50,548)                 | (81,113)            |
|                                    | <u>(14,137)</u>            | <u>14,137</u>            | <u>-</u>            |
| <b>Net movement in funds</b>       | (44,702)                   | (36,411)                 | (81,113)            |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                     |
| Total funds brought forward        | 113,918                    | 112,580                  | 226,498             |
|                                    | <u>69,216</u>              | <u>76,169</u>            | <u>145,385</u>      |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |                            |                          |                     |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**14. TANGIBLE FIXED ASSETS**

|                       | Fixtures<br>and<br>fittings<br>£ |
|-----------------------|----------------------------------|
| <b>COST</b>           |                                  |
| At 1 April 2022       | 43,944                           |
| Additions             | <u>707</u>                       |
| At 31 March 2023      | <u>44,651</u>                    |
| <b>DEPRECIATION</b>   |                                  |
| At 1 April 2022       | 39,314                           |
| Charge for year       | <u>2,340</u>                     |
| At 31 March 2023      | <u>41,654</u>                    |
| <b>NET BOOK VALUE</b> |                                  |
| At 31 March 2023      | <u><u>2,997</u></u>              |
| At 31 March 2022      | <u><u>4,630</u></u>              |

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2023         | 2022          |
|--------------------------------|--------------|---------------|
|                                | £            | £             |
| Prepayments and accrued income | <u>1,426</u> | <u>25,307</u> |

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2023                 | 2022                 |
|---------------------------------|----------------------|----------------------|
|                                 | £                    | £                    |
| Social security and other taxes | 12,118               | 74                   |
| Other creditors                 | 2,614                | -                    |
| Accruals and deferred income    | <u>29,060</u>        | <u>44,878</u>        |
|                                 | <u><u>43,792</u></u> | <u><u>44,952</u></u> |

Included above is £25,000 (2022: £25,034) of deferred income which relates to membership fees received in advance of the period to which they relate and grants which were specified as being for a future period by the funder.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**17. MOVEMENT IN FUNDS**

|                                          | At 1/4/22<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/23<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General fund                             | 39,216         | (25,583)                         | 32,696                             | 46,329             |
| Outreach Service/Development Funding     | <u>30,000</u>  | <u>-</u>                         | <u>(30,000)</u>                    | <u>-</u>           |
|                                          | 69,216         | (25,583)                         | 2,696                              | 46,329             |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| Macmillan Patient & Carer Support Worker | (2,149)        | 1,484                            | -                                  | (665)              |
| Princess of Wales Hospital Support       |                |                                  |                                    |                    |
| Workers fund                             | 15,986         | (5,267)                          | (519)                              | 10,200             |
| Welfare Benefits Adviser fund            | 4,441          | (4,441)                          | -                                  | -                  |
| ROOTS School Project                     | 2,047          | -                                | (2,047)                            | -                  |
| YAC/YC fund                              | 2,431          | 308                              | -                                  | 2,739              |
| Carers Link worker posts                 | (519)          | -                                | 519                                | -                  |
| Big Lottery People and Places Grant      | 2,471          | (2,471)                          | -                                  | -                  |
| BBC Children in Need                     | 8,085          | (7,585)                          | (500)                              | -                  |
| Veteran Support Project                  | 148            | (212)                            | 64                                 | -                  |
| Triangle Trust                           | 2,468          | (2,867)                          | 399                                | -                  |
| Carers Trust - Inspiring Change          | 680            | (54)                             | -                                  | 626                |
| Young Adult Carers fund                  | 180            | (180)                            | -                                  | -                  |
| BAVO ICF - Wellbeing grant for YAC       | 330            | -                                | (330)                              | -                  |
| Carers Trust Hardship fund               | 553            | -                                | (553)                              | -                  |
| Carers Trust - Time for me fund          | 100            | -                                | (100)                              | -                  |
| WCVA Voluntary Sector Recovery Fund      | 1,456          | -                                | (1,456)                            | -                  |
| Digital families                         | 274            | (150)                            | -                                  | 124                |
| Armed Forces Covenant Fund               | 5,055          | 3,803                            | -                                  | 8,858              |
| BCBC Veteran fund                        | 1,267          | (1,348)                          | 81                                 | -                  |
| Moondance Foundation                     | 3,611          | (4,511)                          | 900                                | -                  |
| Volunteer Co-ordinator - garden project  |                |                                  |                                    |                    |
| fund                                     | 1,304          | (1,724)                          | 420                                | -                  |
| Veteran fund                             | 63             | (63)                             | -                                  | -                  |
| The National Lottery Community Fund      | 4,718          | (4,718)                          | -                                  | -                  |
| Carers Trust Respite Development fund    | 5,174          | (5,249)                          | 75                                 | -                  |
| Carers Trust Making Carers Count         | 12,072         | (11,511)                         | -                                  | 561                |
| Gwendoline and Margaret Davies Charity   | 388            | (388)                            | -                                  | -                  |
| BAVO Respite fund                        | 115            | (115)                            | -                                  | -                  |
| Garden project                           | 2,618          | (1,142)                          | (1,476)                            | -                  |
| DWP Kickstart Programme                  | 802            | -                                | -                                  | 802                |
| Waterloo 2022- 2024                      | -              | 1,596                            | -                                  | 1,596              |
| Cwm Taf - Autism Project                 | -              | 2,687                            | -                                  | 2,687              |
| The Postcode Lottery Parent Carers Fund  | -              | 17,952                           | -                                  | 17,952             |
| BAVO                                     | -              | 4,878                            | -                                  | 4,878              |
| BAVO Warm Spaces Fund                    | -              | 169                              | -                                  | 169                |
| BCBC - Peer Mentoring Fund               | -              | 7,237                            | -                                  | 7,237              |
| St James Place Funding                   | -              | 4,581                            | -                                  | 4,581              |
| Community Cafe Fund                      | -              | 1,779                            | -                                  | 1,779              |
| Moondance Foundation                     | -              | 13,294                           | -                                  | 13,294             |
| Hospital Posts Fund (RIF)                | -              | (604)                            | 604                                | -                  |
| Benefits Fund (RIF)                      | -              | 548                              | (548)                              | -                  |
| Quakers                                  | -              | (29)                             | 29                                 | -                  |
| Versus Arthritis Fund                    | -              | 1,201                            | -                                  | 1,201              |
| Wales and West Utilities Benefits Fund   | -              | 2,219                            | -                                  | 2,219              |
| AFCF NPT Jubilee Celebrations            | -              | (1,498)                          | 1,498                              | -                  |
| Carers Trust Support Service             | <u>-</u>       | <u>(244)</u>                     | <u>244</u>                         | <u>-</u>           |
|                                          | <u>76,169</u>  | <u>7,365</u>                     | <u>(2,696)</u>                     | <u>80,838</u>      |
| <b>TOTAL FUNDS</b>                       | <u>145,385</u> | <u>(18,218)</u>                  | <u>-</u>                           | <u>127,167</u>     |

**BRIDGEND CARERS CENTRE**
**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**
**17. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

|                                          | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                |                            |                            |                           |
| General fund                             | 63,499                     | (89,082)                   | (25,583)                  |
| <b>Restricted funds</b>                  |                            |                            |                           |
| Bursaries for individual carers          | 7,945                      | (7,945)                    | -                         |
| Macmillan Patient & Carer Support Worker | 16,024                     | (14,540)                   | 1,484                     |
| Princess of Wales Hospital Support       |                            |                            |                           |
| Workers fund                             | -                          | (5,267)                    | (5,267)                   |
| Welfare Benefits Adviser fund            | -                          | (4,441)                    | (4,441)                   |
| YAC/YC fund                              | 1,561                      | (1,253)                    | 308                       |
| Big Lottery People and Places Grant      | -                          | (2,471)                    | (2,471)                   |
| BBC Children in Need                     | 500                        | (8,085)                    | (7,585)                   |
| Veteran Support Project                  | -                          | (212)                      | (212)                     |
| Triangle Trust                           | 12,500                     | (15,367)                   | (2,867)                   |
| Carers Trust - Inspiring Change          | -                          | (54)                       | (54)                      |
| Young Adult Carers fund                  | -                          | (180)                      | (180)                     |
| Digital families                         | -                          | (150)                      | (150)                     |
| Armed Forces Covenant Fund               | 34,125                     | (30,322)                   | 3,803                     |
| BCBC Veteran fund                        | -                          | (1,348)                    | (1,348)                   |
| Moondance Foundation                     | -                          | (4,511)                    | (4,511)                   |
| Volunteer Co-ordinator - garden project  |                            |                            |                           |
| fund                                     | -                          | (1,724)                    | (1,724)                   |
| Veteran fund                             | -                          | (63)                       | (63)                      |
| The National Lottery Community Fund      | -                          | (4,718)                    | (4,718)                   |
| Carers Trust Respite Development fund    | -                          | (5,249)                    | (5,249)                   |
| Carers Trust Making Carers Count         | 58,972                     | (70,483)                   | (11,511)                  |
| Gwendoline and Margaret Davies Charity   | -                          | (388)                      | (388)                     |
| BAVO Respite fund                        | -                          | (115)                      | (115)                     |
| Garden project                           | -                          | (1,142)                    | (1,142)                   |
| DWP Kickstart Programme                  | 3,256                      | (3,256)                    | -                         |
| Waterloo 2022- 2024                      | 25,000                     | (23,404)                   | 1,596                     |
| Cwm Taf - Autism Project                 | 3,690                      | (1,003)                    | 2,687                     |
| CWVYS                                    | 2,099                      | (2,099)                    | -                         |
| The Postcode Lottery Parent Carers Fund  | 24,962                     | (7,010)                    | 17,952                    |
| The Arnold Clark Community Fund          | 1,000                      | (1,000)                    | -                         |
| BAVO                                     | 7,000                      | (2,122)                    | 4,878                     |
| BAVO Summer of Fun                       | 750                        | (750)                      | -                         |
| BAVO Warm Spaces Fund                    | 2,000                      | (1,831)                    | 169                       |
| BCBC - Peer Mentoring Fund               | 9,000                      | (1,763)                    | 7,237                     |
| Henry Smith Foundation Fund              | 675                        | (675)                      | -                         |
| St James Place Funding                   | 5,000                      | (419)                      | 4,581                     |
| Community Cafe Fund                      | 5,327                      | (3,548)                    | 1,779                     |
| Millennium Stadium Charitable Trust Fund | 1,867                      | (1,867)                    | -                         |
| Moondance Foundation                     | 35,000                     | (21,706)                   | 13,294                    |
| Hospital Posts Fund (RIF)                | 27,515                     | (28,119)                   | (604)                     |
| Benefits Fund (RIF)                      | 27,485                     | (26,937)                   | 548                       |
| Quakers                                  | 2,742                      | (2,771)                    | (29)                      |
| Versus Arthritis Fund                    | 5,285                      | (4,084)                    | 1,201                     |
| Wales and West Utilities Benefits Fund   | 25,000                     | (22,781)                   | 2,219                     |
| AFCF NPT Jubilee Celebrations            | -                          | (1,498)                    | (1,498)                   |
| Carers Trust Support Service             | 32,808                     | (33,052)                   | (244)                     |
|                                          | <u>379,088</u>             | <u>(371,723)</u>           | <u>7,365</u>              |
| <b>TOTAL FUNDS</b>                       | <u>442,587</u>             | <u>(460,805)</u>           | <u>(18,218)</u>           |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023

## 17. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

|                                           | At 1/4/21<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/22<br>£ |
|-------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                 |                |                                  |                                    |                    |
| General fund                              | 43,918         | 4,435                            | (9,137)                            | 39,216             |
| Bridging Fund                             | 20,000         | (20,000)                         | -                                  | -                  |
| PA/Administration Role                    | 15,000         | (15,000)                         | -                                  | -                  |
| Staff Welfare Fund                        | 5,000          | -                                | (5,000)                            | -                  |
| Outreach Service/Development Funding      | <u>30,000</u>  | <u>-</u>                         | <u>-</u>                           | <u>30,000</u>      |
|                                           | 113,918        | (30,565)                         | (14,137)                           | 69,216             |
| <b>Restricted funds</b>                   |                |                                  |                                    |                    |
| Bursaries for individual carers           | 317            | (317)                            | -                                  | -                  |
| Macmillan Patient & Carer Support Worker  | (885)          | (1,264)                          | -                                  | (2,149)            |
| Princess of Wales Hospital Support        |                |                                  |                                    |                    |
| Workers fund                              | 14,736         | 1,250                            | -                                  | 15,986             |
| Welfare Benefits Adviser fund             | 11,263         | (6,822)                          | -                                  | 4,441              |
| ROOTS School Project                      | 8,846          | (16,799)                         | 10,000                             | 2,047              |
| YAC/YC fund                               | 2,584          | (153)                            | -                                  | 2,431              |
| Carers Link worker posts                  | 1,801          | (2,320)                          | -                                  | (519)              |
| Ford Britain Trust Grant                  | 178            | (178)                            | -                                  | -                  |
| Big Lottery People and Places Grant       | 8,897          | (6,426)                          | -                                  | 2,471              |
| BBC Children in Need                      | 7,128          | 957                              | -                                  | 8,085              |
| Veteran Support Project                   | 278            | (130)                            | -                                  | 148                |
| Gardening project                         | 1,994          | (1,994)                          | -                                  | -                  |
| Triangle Trust                            | 4,044          | (1,576)                          | -                                  | 2,468              |
| Carers Trust - Inspiring Change           | 680            | -                                | -                                  | 680                |
| Young Adult Carers fund                   | 1,273          | (1,093)                          | -                                  | 180                |
| Community Fund Wales - Wesleyan           | 1,550          | (5,687)                          | 4,137                              | -                  |
| Transformation Grant Parent Carer Project | 2,124          | (2,124)                          | -                                  | -                  |
| Winter Pressures                          | 1,613          | (1,613)                          | -                                  | -                  |
| BAVO ICF - Wellbeing grant for YAC        | 330            | -                                | -                                  | 330                |
| Carers Trust Hardship fund                | 1,424          | (871)                            | -                                  | 553                |
| Carers Trust - Time for me fund           | 800            | (700)                            | -                                  | 100                |
| WCVA Voluntary Sector Recovery Fund       | 12,307         | (10,851)                         | -                                  | 1,456              |
| Digital families                          | 418            | (144)                            | -                                  | 274                |
| Armed Forces Covenant Fund                | -              | 5,055                            | -                                  | 5,055              |
| BCBC Veteran fund                         | 4,180          | (2,913)                          | -                                  | 1,267              |
| Moondance Foundation                      | -              | 3,611                            | -                                  | 3,611              |
| Community Foundation in Wales             | 4,700          | (4,700)                          | -                                  | -                  |
| Volunteer Co-ordinator - garden project   |                |                                  |                                    |                    |
| fund                                      | 20,000         | (18,696)                         | -                                  | 1,304              |
| Veteran fund                              | -              | 63                               | -                                  | 63                 |
| The National Lottery Community Fund       | -              | 4,718                            | -                                  | 4,718              |
| Carers Trust Respite Development fund     | -              | 5,174                            | -                                  | 5,174              |
| Carers Trust Making Carers Count          | -              | 12,072                           | -                                  | 12,072             |
| Gwendoline and Margaret Davies Charity    | -              | 388                              | -                                  | 388                |
| BAVO Respite fund                         | -              | 115                              | -                                  | 115                |
| Garden project                            | -              | 2,618                            | -                                  | 2,618              |
| DWP Kickstart Programme                   | <u>-</u>       | <u>802</u>                       | <u>-</u>                           | <u>802</u>         |
|                                           | <u>112,580</u> | <u>(50,548)</u>                  | <u>14,137</u>                      | <u>76,169</u>      |
| <b>TOTAL FUNDS</b>                        | <u>226,498</u> | <u>(81,113)</u>                  | <u>-</u>                           | <u>145,385</u>     |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**17. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                 |                            |                            |                           |
| General fund                              | 28,029                     | (23,594)                   | 4,435                     |
| Bridging Fund                             | -                          | (20,000)                   | (20,000)                  |
| PA/Administration Role                    | -                          | (15,000)                   | (15,000)                  |
|                                           | 28,029                     | (58,594)                   | (30,565)                  |
| <b>Restricted funds</b>                   |                            |                            |                           |
| Bursaries for individual carers           | 8,446                      | (8,763)                    | (317)                     |
| Macmillan Patient & Carer Support Worker  | 12,962                     | (14,226)                   | (1,264)                   |
| Princess of Wales Hospital Support        |                            |                            |                           |
| Workers fund                              | 31,284                     | (30,034)                   | 1,250                     |
| Welfare Benefits Adviser fund             | 23,716                     | (30,538)                   | (6,822)                   |
| ROOTS School Project                      | -                          | (16,799)                   | (16,799)                  |
| YAC/YC fund                               | -                          | (153)                      | (153)                     |
| Carers Link worker posts                  | -                          | (2,320)                    | (2,320)                   |
| Ford Britain Trust Grant                  | -                          | (178)                      | (178)                     |
| Big Lottery People and Places Grant       | 24,537                     | (30,963)                   | (6,426)                   |
| BBC Children in Need                      | 9,870                      | (8,913)                    | 957                       |
| Veteran Support Project                   | -                          | (130)                      | (130)                     |
| Gardening project                         | -                          | (1,994)                    | (1,994)                   |
| Triangle Trust                            | 25,000                     | (26,576)                   | (1,576)                   |
| Young Adult Carers fund                   | 4,500                      | (5,593)                    | (1,093)                   |
| Community Fund Wales - Wesleyan           | -                          | (5,687)                    | (5,687)                   |
| Transformation Grant Parent Carer Project | -                          | (2,124)                    | (2,124)                   |
| Winter Pressures                          | -                          | (1,613)                    | (1,613)                   |
| Carers Trust Hardship fund                | -                          | (871)                      | (871)                     |
| Carers Trust - Time for me fund           | -                          | (700)                      | (700)                     |
| WCVA Voluntary Sector Recovery Fund       | -                          | (10,851)                   | (10,851)                  |
| Digital families                          | -                          | (144)                      | (144)                     |
| Armed Forces Covenant Fund                | 35,000                     | (29,945)                   | 5,055                     |
| BCBC Veteran fund                         | -                          | (2,913)                    | (2,913)                   |
| Moondance Foundation                      | 29,000                     | (25,389)                   | 3,611                     |
| Community Foundation in Wales             | -                          | (4,700)                    | (4,700)                   |
| Volunteer Co-ordinator - garden project   |                            |                            |                           |
| fund                                      | -                          | (18,696)                   | (18,696)                  |
| Waterloo Links                            | 23,000                     | (23,000)                   | -                         |
| Veteran fund                              | 508                        | (445)                      | 63                        |
| Summer Trips fund                         | 500                        | (500)                      | -                         |
| Choir fund                                | 500                        | (500)                      | -                         |
| The National Lottery Community Fund       | 9,965                      | (5,247)                    | 4,718                     |
| Carers Trust Respite Development fund     | 15,000                     | (9,826)                    | 5,174                     |
| Carers Trust Plan for Tomorrow            | 3,080                      | (3,080)                    | -                         |
| Carers Trust Making Carers Count          | 30,508                     | (18,436)                   | 12,072                    |
| Carers Trust Carers Support fund - Wales  | 33,350                     | (33,350)                   | -                         |
| Gwendoline and Margaret Davies Charity    | 5,000                      | (4,612)                    | 388                       |
| BAVO Respite fund                         | 15,000                     | (14,885)                   | 115                       |
| Garden project                            | 3,519                      | (901)                      | 2,618                     |
| DWP Kickstart Programme                   | 3,607                      | (2,805)                    | 802                       |
| ICF BAVO Peer Mentoring                   | 5,750                      | (5,750)                    | -                         |
| ICF BAVO Wildflower Project               | 4,800                      | (4,800)                    | -                         |
|                                           | <u>358,402</u>             | <u>(408,950)</u>           | <u>(50,548)</u>           |
| <b>TOTAL FUNDS</b>                        | <u>386,431</u>             | <u>(467,544)</u>           | <u>(81,113)</u>           |

**17. MOVEMENT IN FUNDS - continued**

**Designated funds**

In prior years, the Board of Trustees designated funds from a legacy to develop an outreach service to increase the reach to unidentified carers and funding has been obtained to provide this service, the funds have been released back to general funds.

**Bursaries for individual carers**

The charity administers grants to individuals on behalf of Carers Trust.

**Macmillan Patient & Carer Support Worker**

A post funded by Macmillan Cancer Support.

**Princess of Wales Hospital Support Workers fund**

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

**Welfare Benefits Adviser fund**

Cwm Taff UHB Integrated Care Fund continue to fund a welfare benefits adviser after the healthcare boundary change.

**ROOTS School Project**

The ROOTS Project Manager post is currently being funded by the Waterloo Foundation.

**YAC/YC fund**

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

**Carers Link worker posts**

Initially Welsh Government funding was received to employ three Carer Link posts bases in the three cluster networks. During the year to 31 March 2021, further funding of £20,000 was received from Garfield Weston Foundation to continue the posts.

**Big Lottery People and Places grant**

To fund the Young Carers Education Project Manager to support the Education in Schools Project.

**BBC Children in Need**

Funding was received from BBC Children in Need to support the Teen Group. An additional £3,300 booster funding was received during the year to help during the COVID-19 pandemic.

**Veteran Support Project**

Funding was secured from Age Cymru - 360 Project and Welsh Government - Armed Forces Department to help identify Veteran carers and carers looking after Veterans, to give them access to specific information and support to improve wellbeing for over 65s and to provide improved digital inclusion to help avoid loneliness and isolation for all aged beneficiaries. Additional funding of £5,000 was received during the year from The Edward Gostling Foundation.

**Triangle Trust**

The Triangle Trust 1949 Fund provided a development grant to enable Bridgend Carers Centre to become more resilient and sustainable by providing Charity Log to show outcomes and appoint a Business Development officer to create opportunities to build and grow in ways which support all carers in Bridgend.

**Carers Trust - Inspiring Change**

Funding was received from the Carers Trust for Young Adult Carers support.

**Young Adult Carers fund**

Funding was received from the Carers Trust and St James's Place Charitable Foundation to support Young Carers and Young Adult Carers with appropriate activities.

**Community Fund Wales - Wesleyan**

A contribution towards the appointment of a Dementia Carers Support Worker supporting Older Carers but with a special focus on those carers of Dementia.

17. MOVEMENT IN FUNDS - continued

**Transformation Grant Parent Carer Project**

BAVO ICF funding was received to run the project until April 2021.

**Winter Pressures**

Cwm Taff UHB funding received to alleviate the pressure faced by carers during the winter months of the pandemic.

**BAVO ICF - Wellbeing grant for YAC**

This was funding received to provide a young adult carers support worker.

**Carers Trust Hardship fund**

The Carers Trust provided a fund to allow Bridgend Carers Centre to pay out grants to alleviate hardship during the pandemic.

**Carers Trust - Time for me fund**

Funding to provide breaks, therapy etc to carers through the pandemic.

**WCVA Voluntary Sector Recovery Fund**

£33,983 was received during the year. £5,000 was towards the costs of the Carer Link Worker, the rest was to cover other staffing costs, COVID-related administration support, PPE and carer engagement.

**Digital families**

Funding was received towards providing online activities for young carers funded through Parentzone.com

**Armed Forces Covenant Fund**

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

**BCBC Veteran fund**

Funding was received to buy equipment for the garden at Bridgend Carers and the Porthcawl Veteran Hub to encourage engagement outdoors as restrictions due to the pandemic eased.

**Moondance Foundation**

Funding to prove 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

**Volunteer Co-ordinator - Garden project**

Volunteer Co-ordinator - Garden Project (Gardd Gofalwyr) was funded through Awards For All Community Project. The Project is a six-month pilot identifying carers and volunteers to enjoy gardening activities and training to improve the outdoor space at Bridgend Carers Centre for everyone to enjoy. This was extended via the Postcode Lottery funding.

**Community Foundation in Wales**

To provide counselling sessions and life coaching for carers.

**Waterloo Foundation**

To provide bridging funding for continuation of GP liaison/ Carers Link Project during the pandemic.

**Veteran fund**

Additional funding to support the objectives of the Armed Forces Covenant Fund. Providing celebratory social events and training to Armed Forces and Veteran Carers.

**Carers Trust Planning for Tomorrow**

Funding to support carers to plan towards change and loss including difficult decisions dealing with admission to long-term care, death and bereavement support.

**Making Carers Count**

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

**Carers Trust Support Fund Wales**

Provision of services and individual carers grants to help alleviate hardship experienced over the pandemic.

17. **MOVEMENT IN FUNDS - continued**

**Gwendoline and Margaret Davies Charity**

Funding to provide additional capacity for the 2 Carers Link posts and delivery of the Carers Emergency Action Plans.

**BAVO Respite fund**

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

**BCBC Garden Project**

To support the garden project to give Veterans volunteering opportunities to improve the lower garden at the Carers Centre.

**DWP Kickstart Programme**

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

**Waterloo 2022-2024**

To provide support in schools and raise awareness of young carers.

**Cwm Taf - Autism Project**

To deliver specific support to children and parents dealing with Autism.

**CWVYS**

To provide additional capacity and resources for staff during the Summer Holidays.

**The Postcode Lottery Parent Carers fund**

For the development and increased capacity of a dedicated Parent Carer Support Team.

**The Arnold Clark Community Fund**

For the provision of wellbeing activities.

**BAVO Respite Grant**

Providing activities to give carers short breaks.

**BAVO Summer of Fun**

For the provision of activities to support young people during the Summer Holidays.

**BAVO Warm Spaces Fund**

To support unpaid carers with activities and opportunities to respond to isolation and loneliness and the ongoing cost of living crisis.

**Peer Mentoring**

To provide peer support to young carers and young adult carers.

**St James Place funding**

To provide activities to support young adult carers.

**Community Café fund**

Funding received from Macmillan Cancer Care to support the Community Café with Arts and Crafts.

**Moondance Foundation**

For continued provision of a dedicated Parent Carer Support Team.

**Hospital post - RIF (Regional Integrated Fund)** For continued provision of Integrated Carers Support at Princess of Wales Hospital.

**Benefits fund - RIF (Regional Integrated Fund)**

For continued provision of a Welfare Benefits Advisor.

**Quakers**

To provide building maintenance at Bridgend Carers Centre.

**17. MOVEMENT IN FUNDS - continued**

**Versus Arthritis**

To provide physical activities to combat and prevent multi- skeletal conditions associated with unpaid carers roles.

**Wales and West Utilities**

To provide Welfare Benefits Advice plus address issues associated with the cost of living crisis and fuel poverty.

**AFCF NPT Jubilee Celebrations**

To provide Jubilee Celebrations for those carers from the Armed Forces and Veteran Communities.

**Carers Trust Support Service**

To provide a Debt Support Service and carers grants to address hardship and the cost of living crisis.

**Transfers between funds**

Transfers have been made from the general fund to restricted funds to cover shortfalls in funding and where funders have agreed underspends can be re-allocated.

**18. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £5,506 (2022: £5,121). Contributions outstanding at the year end amounted to £Nil (2022 : £Nil).

**19. RELATED PARTY DISCLOSURES**

The total key management personnel remuneration benefits paid during the year was £39,949 (2022: £34,507).

The total unconditional donations made to the charity by its trustees amounted to £1,100 (2022: £370).

---

# Accounts

---

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022  
FOR  
BRIDGEND CARERS CENTRE**

Watts Gregory LLP  
Chartered Accountants  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

**BRIDGEND CARERS CENTRE**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

---

|                                                   | <b>Page</b>     |
|---------------------------------------------------|-----------------|
| <b>Report of the Trustees</b>                     | <b>1 to 17</b>  |
| <b>Independent Examiner's Report</b>              | <b>18</b>       |
| <b>Statement of Financial Activities</b>          | <b>19</b>       |
| <b>Balance Sheet</b>                              | <b>20</b>       |
| <b>Notes to the Financial Statements</b>          | <b>21 to 35</b> |
| <b>Detailed Statement of Financial Activities</b> | <b>36 to 37</b> |

---

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

---

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Objects**

The charity's objects as stated in the governing document are:

- (i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.
- (ii) to undertake any necessary education work related to carers.

#### **Objectives and aims**

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments.

Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objectives of the charity's role as a preventative service.

Bridgend Carers Centre raises awareness through diverse mediums including quarterly newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity, Bridgend Carers Centre has developed a three-year Strategic Plan giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks. The charity has also produced a Sustainability Plan and Marketing Plan to ensure that future services are secure and promoted widely to reach unidentified carers across the Borough.

The Carers Centre works to research future funding opportunities, which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we have secured funding to work with Dizons - Charity Log and Carers Trust, which will support improved evidence of impact measurement and social return on investment. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

Throughout the pandemic these opportunities were even more important and more significant when Welsh Government restrictions prevented face to face contact with carers. Bridgend Carers Centre adapted and changed continuing to enable 17 staff to work from home, providing support through telephone, text, email, social media and through face to face support whilst observing the restrictions. As restrictions lifted we were able to tentatively reintroduce our face to face activities and services to our beneficiaries. We have developed outreach services in a number of geographical areas, making support and information more accessible. We have reintroduced activities including walks, yoga, holistic therapies. The year April - March 2022 still presented further challenges in terms of the pandemic and restrictions as laid down by Welsh Government including dealing with lack of confidence and continued fear faced by the beneficiaries of our service.

#### **Information**

Bridgend Carers Centre adapted its information dissemination in response to new challenges posed by the pandemic. This was done directly through wellbeing and befriending calls to carers by staff and volunteers during the ongoing pandemic, via email, website, post and social media, online peer support through Zoom and WhatsApp.

#### **Volunteers**

The inclusion of volunteer roles within the Centre is crucial especially for roles within our Board of Trustees, at the weekly Community Café and Gardening Project. The charity has found it difficult to retain and recruit volunteers during the pandemic but are keen to increase the involvement of volunteers in future developments. **The charity would like to give thanks to all the volunteers for their support and commitment.**

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

---

#### Public benefit

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

#### OBJECTIVES AND ACTIVITIES

##### Significant activities

During this period of the pandemic, the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered person centred support to keep families engaged and safeguarded. The service has continued to provide information, face to face contact to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend area to sample a diverse range of support which suits their own individual needs. The short respite breaks funded through Carers Trust and Bridgend County Borough Council have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and live a life of their own, whilst continuing to fulfil their caring responsibilities.

The Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations.

##### Highlights have included:

- Achieving further ICF funding to sustain 2 part time Carers' Support Workers based at Princess of Wales Hospital and undertaking carers' assessments on behalf of the Local Authority, which aids hospital discharge.
- Achieving further ICF funding of the Welfare Benefits Advisor and through this service achieving **£413,853.92** annual maximisation of income for carers and those they care for for 2021/22 giving a total cumulative amount since the start of the Project funding of **£2,905,828 for carers across Bridgend County Borough until 31 March 2022.**
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through a grant by Macmillan Cancer Care to support families through life changes, palliative care and bereavement.
- Sustaining 2 Carers Link roles working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers and Young Adult Carers Support through diverse funding including Making Carers Count Funding from Carers Trust.
- Continuation of Young Carers involvement on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Continuation of a **Veteran Support Project**, identifying 80 beneficiaries for support and activities.
- Continuation of a **Gardening Project** funded through Post Code Lottery.
- Developed a dedicated Parent Carer Service providing extensive one to one support to parents and developed innovative support through an Autistic Girls Group and Wildflower Project.
- Continued a Dementia Carers Support Worker working with families to give information, advice and one to one support.
- The recently appointed Mayor of Bridgend had become a high-profile supporter of the Centre and helped to raise the profile of unpaid carers in Bridgend attending our Garden Party and announcing BCC as one of his two charities for this year in office. Two Members of the Senedd also attended the BCC Garden Party, speaking directly to staff and unpaid carers to learn about their experiences and difficulties, particularly listening to the impact of the pandemic.
- Bridgend Carers Centre became the first organisation in the area to achieve the Carer Friendly **ADVANCED** Accreditation, a quality award recognising our understanding, support and raising awareness of unpaid carers. GPs from two surgeries in the County, where we provide outreach services, joined us to celebrate and publicise the award through a press release.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

---

**Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:**

- Attending online networking and information events for professionals in statutory, third sector and the community
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of wellbeing and befriending telephone calls to carers to assist loneliness and isolation.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of a Carers Week Garden Party for carers and professionals to celebrate their caring roles..
- Raising young carer awareness with pupils and staff when possible throughout all schools across the Borough..
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attend online training/conferences.
- Continue to produce 3 newsletters and periodic Young Carers and Young Adult Carers E newsletters.
- Provision of a new and improved website [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)
- Continue to have strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of the Carers Centre.
- Dissemination of various online consultations with carers including Welsh Government Consultations as required.

**Information has been made available directly to carers and also through other organisations:**

- Bridgend Carers Centre disseminated information in a variety of ways in response to restrictions.
- One to one sessions were made over the telephone and face to face support offered with use of PPE to avoid the spread of the virus and responding to emergencies and crisis they were experiencing.
- Through distribution of information - 'Contact' newsletter via carers mailing list, website, online groups, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities where possible during the restrictions. This was limited throughout the year as venues and organisations were closed during periods of lockdown.
- Increasing and developing of Social Media including Facebook and Twitter increasing followers and friends through more dynamic posting and variety of information sharing.
- Increasing and developing online activities through social media and BCC website whilst reintroducing face to face contact with carers as restrictions lifted and we could get back to normal.
- Attendance at Young Carers Steering Group, Multi-Disciplinary Team and Patient Flow Meetings to share information to professionals and identify hidden carers.
- Provision of Welfare Benefits Advice to carers through the Welfare Benefits Advisor.
- Provision of updates via email to GP surgeries raising awareness of support to carers through Carers Link roles.
- Provision of updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers, through the Integrated Carers Support roles at POW Hospital.
- Provision of the Macmillan Family Patient and Carer Service supporting those with cancer and their carers.
- Provision of Young Carers and Young Adult Carers Support across the Borough.
- Provision of Young Carers Education Schools Project providing support to pupils to all schools across Bridgend.
- Identification of Armed Forces and Veteran carers and those carers looking after a Veteran and giving them access to specific information, support and activities from the Veteran Support Project.
- Provision of specific information to those carers caring for family members with Dementia.
- Developed online and face to face Bereavement and Loss information and support

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

---

**Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan. We arranged:**

- Celebration of Carers Week at a Carers Centre Garden Party attended by MP; AM; Mayor. Arranged Doorstep Dancers to recognise and value carers during the pandemic in partnership with Awen Cultural Trust.
- The pandemic had affected the weekly Community Café providing lunch and refreshments, meeting friends, receive information and enjoy activities. Relaxing of restrictions has reintroduced the Weekly Community Café that supports carers to avoid isolation and loneliness.
- Carers Counselling continues over the telephone instead of face to face to avoid the virus spread.
- Celebration of the annual Macmillan Fundraiser Coffee Morning
- A blended variety of online and face to face activities were organised to give respite through Carers Trust funding to enable carers to rest and recharge including Mindfulness through singing, exercise sessions, Book Club, walks, counselling, Garden parties, crafts, Beauty boxes etc.
- Organised trips to National Garden Scheme visit with Cream Tea, a Christmas Trip to Winter Wonderland at Bute Park Cardiff and a trip to Botanic Gardens Carmarthen.
- Developed online Bereavement and Loss information and support information on [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk)
- A variety of packs delivered to carers to support health and wellbeing, reduce stress and generally 'recharge their batteries'. These have included resistance bands, ankle weights, exercise videos, Arts and Crafts, Painting by numbers; Summer play packs for children, Pizza Making kits for Dads; Working Carers Mindful colouring Kits; Dads Quiz.
- Delivered 35 Christmas lunches to give carers a much-deserved treat during the pandemic.
- Provided 153 Carers Grants to carers to address the ongoing need for a break from caring and address hardship.
- Parents of Autistic Girls Group - 16 sessions delivered on Zoom.
- Summer and Halloween Family Activity Days for children and their parents in partnership with Inclusability - 120 plus carers and family attended.
- Digital equipment distributed to all carers ie I pads and Echo Dots
- Various online training opportunities to empower carers to full fill their potential and support them in their caring role including; Autism Training; Carers Wellbeing Training and Life Coaching.

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

All the activities are monitored closely by the trustees and by the stakeholders and funders.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2022.

There are **6,926** carers on our database including former carers plus **4,893** 'cared for' on our database, receiving information by post, phone, text or email. We had meaningful engagement with **1,818** carers during this period

### **Analytics for social media (01/04/21 - 31/03/22)**

Number of 'likes' on Facebook – 1,346 and increasing

Number of 'followers' on Facebook – 1,767 and increasing

Number of Twitter 'followers' – 1,104 and increasing

**672 new carers have been identified this year** and added to our database. This is **more than double** from the previous year

We had a staggering total of **9,618 interactions** with carers of all ages. This accounts for calls, one to ones, information, messages, emails, telephone calls.

**13 Carers Assessments** referrals received from Hospital SW Team and completed via Integrated Carers Support Workers at POW Hospital. This low figure is due to the closure of Princess of Wales Hospital and Hospital Social Work Team due to Covid 19.

**100 Carers Emergency Action Plans** to record contingency planning for carers to date since introduced.

**Outreach sessions** have been developed and re-introduced since Welsh Government has lifted restrictions. However, we have continued to provide online Facebook, Zoom and WhatsApp peer support.

**Developed Bereavement and Loss Information and Support online** through [www.bridgendcarers.co.uk](http://www.bridgendcarers.co.uk) through the Planning For Tomorrow Carers Trust Grant and subsequently developed a monthly **Bereavement and Loss Support Group** facilitated through the Carers Counsellor and staff. A number of carers were bereaved during this year, and we have responded accordingly.

134 hours of **Carers Telephone Counselling** for 39 carers.

**Integrated Carers Support Workers at POW Hospital** - 261 new and previously identified carers were supported at Princess of Wales Hospital for information, signposting and referral onto other specific services. Staff have had an online presence at Ysbyty Seren, attending Patient Flow; Hospital Discharge Planning and Best Interest Meetings to support the carer navigate through the system, to inform and prepare them.

**Dementia Carers Support** - 153 carers were identified for Dementia Support at Hospital and within the Community. Developed a Dementia Carers Group delivered monthly.

**Macmillan Patient and Carer Information and Support Service** - 104 carers and 114 patients were identified for Cancer support through our Macmillan professional. Partnership working with Nursing Specialists and the Cancer related disciplines in POW and being a part of the palliative team at Y Bwthyn, ensures no one slips through the net and reaches crisis point.

The positive partnership with the Macmillan Welfare Benefits team has maximized income for carers and families in addition to the non-income work that is undertaken through the partnership ie Blue Badges, Macmillan Grants etc

**Parent Carer Support Project** - a project developed for parent carers by staff who are parent carers. The Project identified almost 168 parent carers for support. The project attracted additional funding to develop new initiatives and services ie Parent Carers Welfare Benefits Support (Carers Trust) and the Wildflower Project supporting girls and families with Autism. Provided out of hours support line and dedicated DADs support online. Developed a 311 strong dedicated Parent Carer Facebook Support Group.

**Carers Link Workers** have identified 222 new carers during the year supporting carers with information, advice and assistance, maximising income, completing carers emergency action plans and supporting Veteran carers.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

---

The provision of traditional short respite breaks to carers during this period was severely affected by Covid 19 pandemic. Bridgend Carers Centre had previously adapted and changed to respond to the challenges of the pandemic and we continued to do so, reintroducing activities when possible. Bridgend Carers Centre kept in touch with carers through wellbeing and befriending calls to the most isolated and vulnerable carers, providing one to one support in gardens and other outdoor venues with the use of PPE to avoid virus spread when lockdowns re-occurred. Bridgend Carers Centre continued to offer respite to carers through online activities and socially distanced exercise outdoors ie walks. WhatsApp/Zoom Groups offering friendship and peer support to those carers who would otherwise be isolated. During open period Bridgend Carers Centre were able to offer some activities including Carers Week Garden Party, Macmillan Coffee Morning Fundraiser and Outdoor Community Cafés. We also organised a National Garden Scheme visit with Cream Tea, a Christmas Trip to Winter Wonderland at Bute Park Cardiff and a trip to Botanic Gardens , Carmarthen.

**Welfare Benefits Advice achievements** - The Welfare Benefits Advisor achieved a cumulative financial gain of £413,854 in benefits for carers giving a cumulative total of £2,905,828 in Welfare Benefits for unpaid carers across Bridgend County Borough. The post provides advocacy for tribunals/appeal cases including empowering the carer to represent themselves and enable carers to claim for welfare benefits advice online if able.

**Legal Advice** continued to be provided over the telephone facilitated by Howells Solicitors.to give carers more voice and control.

#### **Young Adult and Young Carers Activities include -**

This year we have supported 221 young and young adult carers this period.

We have had 70 new referrals for our young carers and young adult carers' projects.

Sent 3 e-newsletters to over 50 comprehensive and primary schools.

Distributed gifts to over 80 young carers provided by Mr X Donations and Jehu Group.

Supported Young Carers and Young Adult Carers with carers support grants

#### **Highlights**

We stayed engaged with all 9 Comprehensive schools though the Young Carers Champions and offered support when needed. We also send out a bilingual e-newsletter to all schools every term updating them on our services

We held a number of groups and trips including go karting and pizza at Margam Park, surfing with Karma Seas, hire of the cinema screen at Everyman Cinema, Bowling, Mini Golf and an overnight stay at Thorpe Park for Fright Night. These trips allowed young and young adult carers to socialise with others and have a break from their caring role.

A number of the activities supported the development of self-esteem and confidence.

We provided peer mentoring sessions where newly referred young carers were introduced to a young carer known to the service before attending the group. All carers who partook in the project said it helped them with their confidence with meeting new people. Both groups were then taken on a residential trip to Macaroni Woods in Cirencester.

#### **Young Carers in Schools Project**

We delivered assemblies and workshops to comprehensive schools and a primary schools reaching approx. 1106 pupils. We also sent pledge cards to all of the primary schools in Bridgend during Carers Week to inform them of young carers and make a commitment to supporting and identifying young carers. A number of links have been made with schools following this. We also held information stands in the two Bridgend college campuses, Halo Leisure Centre in Maesteg, Maesteg swimming pool and Porthcawl Bandstand. We also attended Bridgend sustainability festival.

#### **Information**

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

#### **Carers Individual Grants**

Accessed individual Grants for carers totalling £33,742 helping 208 carers to address hardship and to receive respite opportunities in innovative ways during lockdown and receive hotel vouchers to have breaks once lockdown was lifted. These grants were made available through a BCBC grant to address respite needs and through Carers Trust Carers Support Grant to support carers experiencing hardship during the pandemic. They have included provision of white goods, help with food provision, furniture, and digital technology to help with home learning for young people during lockdown plus to support carers to keep in touch with family, improve wellbeing and to avoid loneliness and isolation. .

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **Partnerships**

Other organisations we have worked with the Carers Centre or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board - CAMHS, Dementia and Memory Team, Paediatric Service, Y Bwythin Newydd, Schools and Colleges across Bridgend including Heronsbridge, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen Cultural Services, Platform, Cruse, Macmillan Cancer Services, ARC, CAB, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Alzheimer's Society, Tenovus, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, National Autistic Society, Barnardos, Inclusability and Carers Trust South East Wales Carers Wellbeing Service plus much more.

#### **Carer involvement and participation**

There has been continued participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Parent Carers were asked to be interviewed and appear with Welsh Government and Carers Trust on BBC and ITV news. Adult Carers have participated at the online Bridgend Carers Centre Annual General Meeting. Whilst the pandemic has considerably affected opportunities to consult with carers, there have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views on social media/email.

We have 3 Young Carers who sit on the Carers Trust Youth Council.

We have 1 young carer who has been on the Youth Parliament for the last 3 years and has been e-elected for the next 3 years.

The Carers Centre has been severely impacted during the pandemic in its delivery of talks/presentations to organisations. Like most organisations opportunities to raise awareness have been limited. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has also been limited due to the Covid 19 restrictions. Awareness raising/sharing information events and opportunities for networking has all sadly been reduced to online seminars, meetings and conferences. This lack of face to face contact plus working from home had resulted in some staff feeling quite isolated, we addressed this by staff having a presence at the Carers Centre on a rota basis whilst observing PPE rules.

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking a Masters in Child Psychology; Masters in Counselling; ILM Qualification and 2 x Play Worker Qualifications

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- The Carers Wales Workers' Network
- Young Carers Steering Group

#### **Feedback**

Feedback is encouraged and received regularly from carers who use the services of the Carers Centre. The feedback from formal evaluations is used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through social media.

### **Parent Carer Support Project**

#### **Case Study**

I first contacted the centre for support when my son C was diagnosed with ASD, at that time there wasn't a dedicated parent carer service. I mainly wanted advice on how to support C in school as even though he had a diagnosis it was still a battle to get the right support. My daughter K was then diagnosed with Juvenile Arthritis and Uveitis when she was 2 years old in 2015. The parent carer sessions have been so beneficial to my mental health, having children diagnosed with any long term health condition is hard emotionally and physically so having somewhere to go where people understand gives me the boost and sanity to keep going.

It was during one of the craft sessions I mentioned to DM the struggles my 16 year old daughter was having, she couldn't get out of bed, leave her room, self-harming, wasn't eating or communicating and wasn't attending school. Covid lockdowns had caused her to regress, DM queried if maybe she was having an autistic shutdown. We hadn't picked up on any traits in S previously even though her brother has a diagnosis. I left the session and mentioned it to her school learning support and we were referred to Autiside and CAMHS who agreed she has autistic traits, she is currently going through the diagnostic process. S was a Grade A student and a member of MENSAs, she now only manages an alternative provision 1:1 tutoring 3 hours per week. She is making slow progress but I really feel S wouldn't be here at all without DMs help and support. S recently attended the Wildflower Autism in girls course run by the Carers Centre, S really enjoyed the sessions and seeing other girls in the same situation as her, she even left the house to attend the in person session.

I have attended Autiside training through the Carers Centre which have been very informative and beneficial, the social groups are a lovely way to connect with other parents going through similar battles and getting tips on how to cope. I have had help with filling in forms [from the Welfare Benefits Advisor] for the DWP which are always stressful trying to remember everything, but they were very patient and helpful and I didn't have to appeal.

The craft sessions are always my favourite at the Carers Centre, a lovely way to escape for an hour. We have also just been awarded a respite grant through the centre so we can go away together as a family. I can't praise and thank DM enough, she has been there for me during really hard times, she has listened to me vent and cry with no judgement just lots of support and understanding.

#### **Welfare Benefits Advice for Parent Carers**

"Sarah spoke to me regarding applying for a grant, but during the conversation she mentioned she could support me to fill in my son's DLA form as I find them so overwhelming. I have made an appointment with Sarah which is a big weight lifted from me".

"Sarah, just to let you know DLA have put money put into my account for DLA..... I want to thank you from the bottom of my heart for filling the forms out for me."

"Sarah, I am so surprised that DLA has been awarded even without an official diagnosis. Thank you for advising me on how to complete the form, as there was lots of things I wouldn't have thought of if it wasn't for you jogging my memory. Thank you!"

"Hi Sarah, just wanted to send you a heartfelt massive thank you for everything you have done for us since we met you. We can't thank you enough"

"It's not until I sat down with you and you explained the questions on the DLA form, that I realised how much I actually have to do for my daughter. Thank you for taking the pressure off"

"I have started to try to fill in the DLA form myself but I keep putting it down as it's so emotionally draining. I had no idea I could ask for an extension in the time allowed to return the form. I am so relieved after talking to you. I keep putting it off but thank you for the advice and your support"

#### **Macmillan Patient and Carer Information and Support Worker**

"Just having someone to offload to has been a great help. Apologies for the extra-long email, I just had to write it all down and get it off my chest. Thanks for all your support with my sister, she seems to be a walking miracle." GH

#### **Dementia Carers Support**

"Thank you so much, I am very happy to know mum has a team there for her"

"I just wanted to thank you all for being so proactive and for communicating so quickly. keep up the good work." - Princess of Wales Hospital Old Age Psychiatry Consultant

#### **Young Carers and Young Adult Carers Project**

'I appreciate you and everyone else's time spent supporting all the young carers, I was a young carer from the age of 7 onwards and I wish I had the form of support you give to everyone. Thank you so much' - Mum of YC

'I just wanted to thank you, M came home so happy yesterday, she really enjoyed her session with you. She felt so comfortable talking to you which is amazing' - Mum of YC

'Thank you, after I picked my jaw up off the floor I was smiling/crying with pride, thank you all for building her confidence we really really appreciate what you all do there for her ?????' - Mum of YC

'We are so grateful for all these lovely activities! Thank you so much!!!' - Mum of YC

'I found out about the project through my support worker and she let me know that I can get involved. I wanted to meet new people because I am usually shy and struggle to meet new people in my life. Knowing that they were also a young carer was really good because that meant I didn't have to hide or be worried about being who I am in front of them. I wanted to meet someone from the young carers group so that when I went I felt confident that I knew someone. They arranged this for me and I felt so much better.'

#### **Case Study**

Child C cares for her mum who has blood clots on the lungs, vertigo and suffers with her mental health. Child C herself has frontonasal dysplasia which has affected her confidence and self-esteem. She worked with a support worker during isolation, receiving regular one to one sessions virtually to help her manage her emotions, learn coping strategies to help with caring role and build up her self-esteem. The support worker also provided her to access the Young Carers group, at the beginning Child C attended the virtual groups - usually with her camera off due to her low confidence. She then came to the first in person group once Covid-19 restrictions lifted and has continued to come to every group since as she has built some strong friendships within the group. Child C also struggled with finding ways of coping with her caring role as she rarely had time to herself, we supported Child C through this by having her attend our 9-week mindfulness course for Young Carers funded by Children in Need. She found course to be very useful and has since reported back saying that she now feels she can manage her emotions in a positive way and is more knowledgeable on different mindfulness techniques to use when she feels overwhelmed. She is an active member of the Young Carers group and is also a member of the Young Carers Mindfulness Group where she has built a great support network.

#### **Carers Link Workers**

'I did not know who to turn to for support, I didn't think of myself as being a carer for my daughter. Thank you so much, I can't believe how much support is available to me and my older daughters. You have given me hope for the future.'

'You don't realise how much it means to me to have your support, thank you so much. We didn't even know that DC could claim Attendance Allowance. You have made such a difference to our lives, DC gets up in the morning and now has a purpose. Thank you, I am grateful that I can pop over to see you if I need to know anything.'

#### **Carers Story illustrating holistic support from a Carers Link Worker**

LE is a female aged 73 caring for her partner DC aged 79, who had experienced a severe stroke in October 2021. This has resulted in the couple having to change their life style. Both partners are extremely independent and LE has made lots of adaptations to the home to ensure that DC maintains his physical health and wellbeing. LE shared that the hardest thing to accept for her partner was the loss of his ability to drive. The family live at the top of the Bridgend Valley so are quite isolated. This has contributed to a loss of motivation and interest in life.

LE presented at the Carers Café at Nantymoel. During the discussion it was evident that DC had not made a claim for Attendance Allowance to support him with his disability. A successful claim was made making a welcome addition to their finances.

The couple were referred to Community Transport to help them overcome the lack of transport. LE reported that this has provided a great deal of motivation for DC to want to go out within the local community and she reported an improvement in his wellbeing and linked this to the fact that he was able to get out and converse with other people. He has now started to sing again on his Karaoke machine and this has again improved his mood and consequently helped LE manage his condition better, as he becomes more independent

LE knows that she can access advice and support when needed and she is grateful that the service exists within her locality, as she would not have travelled to Bridgend as she does not like to leave DC for too long.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

---

#### Walks

"Yes, I am feeling better thanks, thank you for the walk, the chat & the hug, it means a lot. Things can get blown out of proportion when you are put in a situation so thank you for ensuring I'm ok"

'It was so special today because G brought M with her. He happily came for a short walk with us all. This is what the group is about we have different problems, but we understand'

#### Garden Parties - Jubilee and Carers Week

'Thanks Carers Centre, there must have been a lot of work involved to make today so special for everyone. You manage to surprise us all with your inventive ideas. You constantly provide ingenious uplifting support to so many people, you deserve an award to recognise your achievements, as you make such a difference to our lives I just had to say this before I went to sleep.' LJ

'Everyone had a fabulous afternoon at the Garden Party. The brass band were great as were the carers choir. About 70 people attended, there were lots of lovely food and I even won a raffle prize.' GC

'What an amazing event! It was really lovely and so much work must have been done to organise it. Well done to you all. Great band, loved the choir, good food and the weather did play along. Thank you had a great time.' HL

'Just spoken to my mum she had a lovely time with my auntie Thank you for making them feel so welcome. She said there was such a lovely atmosphere there. Thank you all so much.' SS

'My parents want to say a massive thank you for today, they had a fantastic time and the band and choir were amazing. You put on such a wonderful spread to too.' MP

#### Crafts

'Thank you, we both had a great morning, we had great fun being creative. Thanks for organising it'

'What a fab few hours we had thank you for the invite'

Thank you for a wonderful morning out, crafts and a natter and a cake was just what I needed'

#### Trip to Botanical Gardens, Carmarthen

'It was the first time I've had a day to myself in almost 3 years, I was a little anxious at first, I know I took a lot of persuading to go, but so glad I did, everything went great, lovely company and a beautiful day. Thank you.'

'The way both staff unobtrusively ensured that all the participants were involved and had a good time was amazing'

'We both struggled to motivate ourselves to go, but we are so glad we did. Honestly it was brilliant, fantastic day out. It was great talking with the staff, it helped me so much'

'Fabulous! Had a great time with the other carers. We laughed a lot'

'Speaking to other carers, enjoying a shared activity, having a social opportunity, time to myself was all so welcomed'

'It was really well planned and executed. We even had a raffle on the bus, and the driver told us jokes. Thank you Bridgend Carers'

'I felt really happy during and after the trip. It's absolutely marvellous the way that we all get along. The day was full of coffee breaks, lunch breaks, admiring the gardens and laughter, lots and lots of laughter'

'It was wonderful to have everything organized and being able to feel carefree for a few hours. We all chatted and laughed all day. There were also tears and it's so wonderful to share our thoughts on our different caring roles' x

#### Wellbeing Activity

'Thank you so much for putting this event on. It is nice to have it here in the valley and not have to travel to Bridgend. I have enjoyed trying the different treatments and will certainly ensure I take time out for me. It was great fun doing the Belly dancing too. We couldn't stop laughing, which is a stress relief in itself. I have really enjoyed the morning and the cakes were delicious.'

'What a lovely morning. I can't thank you enough. I have really enjoyed myself. It has been so relaxing and I have been able to meet up with other carers and have a good chat and forget about things for a short time. I felt quite stressed when I arrived but feel so much better for having been here.'

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

---

#### **Mindfulness through Singing - Choir**

"Everyone enjoys coming along and having a little change from caring" PD

#### **Online Facials**

'The fact that I had an hour to myself was bliss. It was just at the right time when I thought this was getting to much for me. After the session I felt that I could face the rest of the household again. It gave me some much needed me time which is something I rarely do.' JM

'The session was so lovely. It was lovely to see other familiar faces (I have been very cautious for the last 2yrs due to covid and haven't done any real life activities) so seeing friends virtually and meeting K was lovely. K was calming and the products and pamper session were lovely and needed, Just to stop and take a minute. I'm still not comfortable with going in person to a spa so I was super grateful to get this chance. Thankyou!' KF

#### **Beauty Boxes**

"Nice things like this don't usually happen to me, I am so grateful for you thinking of me, I will definitely take time out for myself which I don't do. Thank you so much." SB

#### **Book Club Feedback**

"Joining the book club has certainly improved my life! The interesting and varied literature we have been provided with has enhanced and extended my choice of books. The friendship and chance to discuss the books and characters is wonderful. It has provided me with a chance to get to know a lovely group of people. Meeting via zoom has been great but I would like it if we could meet face to face over coffee or lunch for an occasional chat. As I am deaf I sometimes find it difficult to follow what people are saying and at times I struggle to fully participate. The group is very well led by Karen and I thoroughly enjoy the opportunity to be a part of it." SO

"The Book Club has made a huge difference to my wellbeing, in that it has given me a rare opportunity to enjoy some much needed "down time" and I cannot thank you enough for providing the perfect way to resume my lifelong love of reading I now make time every evening and morning, when my husband is tucked up in bed, to read the set chapters for the week. The friendship of the other members has made a terrific difference to my previous feelings of isolation. The fact that we are provided with the books free of charge and that they are delivered by Karen, if we are unable to attend the Carers Centre, is so very much appreciated." GO

#### **Case Study**

MI carers for her husband with cardiac issues. He has been in and out of hospital during the pandemic, leaving MI lonely, isolated and lacking in information. Luckily the Carers Integrated Support Staff at the hospital were able to identify her for support through a referral from nursing staff at POW Hospital. Staff were able to give her information and also introduce her to opportunities to get involved with at the Carers Centre. MI joined the book club in the last few months and it is the first chance she has had to connect properly with other carers. 'It really helps knowing that there are other people in a similar situation, and being able to share a hobby like reading is a great way of feeling supported but also stimulated.' MI felt it reduced the feeling of isolation and found it good to concentrate for a while on something for herself. 'It is good to know there is a wind of time for me. Being able to meet on Zoom makes it very accessible. 'Book club provided an interest in reading books which MI would not necessarily choose. It gave her contact with others to exchange views on the books plus social contact with other people, (if someone was housebound that could be an important link for them). The pandemic has shown how important it is to see, and talk with other people. The isolation so many of us experienced during that time highlighted the damage people suffered by losing socialisation. Our Book Club is valuable in helping us socialise and use our brains!'

#### **Welfare Benefits Advice**

"I can't thank you enough for all you've done for me. Without that allowance I wouldn't have been able to mend my lift. Thank you, sweetheart."

"I'm so happy and grateful for what you have already done for us and I can't believe I might even get a blue badge. This means the world to me."

'I would never have been able to fill out these forms without your help.'

"We wouldn't know where to have turned without your support or the support of Bridgend Carers Centre. Your help is invaluable'

'So so grateful of this additional payment, it's made such a difference to us.'

'Can't believe that applying for this benefit would lead to other financial support'

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

---

"Thanks for your support as always" "Hi Claire. Just letting you know I've been awarded PIP for \*\*\*. Thank you so much for your help with the forms."

"Just to let you know \*\*\* had his blue badge this week. Thank you for all your hard work helping us keep safe."

"Thank you for all your hard work. We have had everything. It was so kind of you to help us."

"It was the higher amount and yes it was backdated. It does give me some reassurance that we are not alone. I am so glad I contacted yourselves as since I spoke to the Carers Centre and yourself especially it is great to know there is help out there. You just have to ask which can be the hardest thing to do. Stay safe and thanks again."

#### **Case Study**

The gentleman concerned was awarded the high Attendance Allowance which gave him an extra £358.40 every month. Being awarded the Attendance Allowance also made a Blue Badge application possible. The extra amount provided by the Attendance Allowance also allowed him to call the stair lift company in to repair his stair lift which was very important to him for a specific reason that went beyond helping him up and down. He had been managing the stairs but with difficulty; relying on the stair rail that was also in place. Using both hands on the rail, he wasn't able to carry anything up or down the stairs. When I called back out to see him to complete the Blue Badge application he explained why the stair lift was so important. He could now carry his wife's ashes upstairs so he could keep her close during the night and then bring them back down again in the morning so he could talk and sing to her during the day.

#### **Carers Integrated Support - Princess of Wales Hospital**

"Invaluable support, going above and beyond. I could not have managed without the centre and particularly you Sarah. You are a good sounding board and a pillar of strength to me"

"I have had some really lovely positive feedback from a patient's wife (her name is JMJ) about the Bridgend Carers Centre and the support that RG has offered. Her husband passed away in POW last week and was well known to both of our services. She said the support was 'second to none'. She also found being in touch with other carers helpful, and she is hoping to help others by giving a talk at some point about preparing for bereavement." Feedback from a Palliative Nurse.

"You are incredibly efficient, thank you!!"

"You are an absolute star"

"I have a lifeline at the end of my wrist and I have a lifeline at the end of the phone in you. You're the only one who I turn to for help when I need it."

"Thank you so much, you have been amazing for what was such an uncomfortable and unfamiliar time for me and my family"

"I can't tell you how much help you have been and I would have gone through things blind without knowing and it could have turned out very bad"

"I can't tell you how much help you have been and I would have gone into things blind without knowing this information and it could have turned out very bad"

"You've all been amazing & we are extremely grateful"

"I would have been in a state if you had not helped me and I would not have been able to manage this or raise my worries. I am very appreciative of your support and help me and to get my mother home "

"We'd like to say a big thank on behalf of the family for your support with mum whilst dad was in hospital. It's an upsetting time and knowing that mum had a visit as well as a Christmas lunch meant so much to her as well as us. Thank you." TH

#### **Case Study**

AM had been successfully caring for her husband who is living with dementia for several years alongside a full package of care.

AM is very independent and an active member in Dementia Carers Group at the Carers Centre providing knowledge and encouragement to other carers in a similar position.

Her caring role changed a number of months ago where her husband was taken into hospital and where her original plans for 'their tomorrow' has dramatically changed. AM has always stood by her desire to care for her husband at home until he passes away. Her feelings upon his admission were of getting him medically fit to return home. However, over the last few months AM has seen her husband's physical and mental condition worsen and this has left her feeling grief, extremely upset, anxious, cheated from a life she was planning to live and her plans to provide a safe and comfortable setting for when her husband passes away. All her plans were to support this intention.

The support to AM is providing emotional support as she has navigated through her feelings of this realisation and her grief. We have spent many hours each week discussing many options, seeking advice from hospital nursing staff, consultants, physiotherapists, social worker, looking at different care homes and discussing her feelings of guilt and her fears for his care when he goes into a care home.

I have been able to provide very personal support to AM and have been there emotionally for her at each stage she is at and providing her with the specific information and words to use on occasions at the time she needed it. This has given her more confidence in her dealings with hospital staff and the social worker.

AM is a very forward thinking person and has really benefitted from being able to talk about her feelings in a non-judgemental way and put together a plan of action for her to focus on. She does not have any children so has found being able to speak with me extremely beneficial and this has allowed her to say things out loud which has helped her process and to come to a decision about her future and the future life and the death she wants for her husband. She has recently attended a Discharge Meeting/Best Interests meeting and described it as harrowing but felt she had been very well prepared prior to the meeting so she was aware of the process. Without this level of intensive support, she would not have been able to access such a specific amount of support, gain valuable information and knowledge which has really guided her through her changing plans for her tomorrow.

#### **Carers Assessments**

"It's such a relief to be able to talk about all of this. I feel that no one has ever listened to my side of this. It's really difficult to get through every day and now I feel like someone is on my side." EW

"I didn't realise how much I did for him. We've been married for forty years and I'll always care for him. I didn't realise how much it was taking out of me though. Now I've spoken about it I feel that a weight has been taken off my shoulders. It won't make it any easier I don't think but I can see things more clearly now." BH

#### **Carers Individual Grants**

##### **Case Study**

CM mum has 3-year-old and premature twins. Husband also has cancer so her caring role is vast. Through discussion we noted "what matters" and this was in fact driving lessons. The family has a large number of appointments at a variety of hospitals for treatment for the children and the husband. A carers grant was secured for £200 toward driving lessons. Mum had already passed her theory test and was concerned that she wouldn't complete all her driving hours and test prior to the theory test expiring. The carer was surprised and delighted with the contribution. She passed her test and her caring role was supported and she felt less overwhelmed.

##### **Carers Emergency Action Planning**

"Knowing I could talk to someone about issues surrounding my own health and my husbands was a massive relief. Completing the Carer Emergency Action Plan is a weight off my mind."

"Marvellous and invaluable help"

"As a mother and grandmother I worry constantly but the Carers Emergency action plan would be a huge benefit if I were to have a copy for my granddaughter and daughter"

"Since being diagnosed with long covid, my memory is not very good. I often can't remember important information regarding my daughter who has ASD therefore the Carers Emergency Action plan is an excellent idea"

"I worry about my grand-daughter who has ASD, as her mum has long Covid. The CEA plan is a great idea as it would mean I could have a copy as I regularly look after my grand-daughter".

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022

---

**WhatsApp Peer Support Group**

'My hubby fell out of bed again last night. I just put this up on WhatsApp and the support just flows in. It's so nice to be able to communicate with people who understand the caring role. Even better, one of the other carers in the group offered to come round and try and fix the rail. How brilliant is that!!! YB

'It's been a lifeline for me to be honest. Since my husband passed away, and through Covid, other carers on WhatsApp have just "got it". I don't need to explain myself; they just understand. AC

'RG is an angel. I pray for her every day. She has helped me so much in everything. I would not be in this new property if it wasn't for her help with the letting agency. NM

**Counselling**

'I am happy with the counselling service provided, JM was able to offer me evening sessions which worked around my job and my caring role. By talking about my issues in the sessions, it has helped me clear my mind so I can now start seeing a way to move forward. I will use the rest of my sessions with JM to put a plan in place for that. '

'I use my sessions if I have a bad week/month. Allowing me to spread my 6 sessions out has given me access to help and support when I have needed it the most. I am continuing to use my journal now that the sessions have ended and reading the way I feel back as a way to reflect on what I need to work on next. I still have a long way to go, but I can now see I have the strength to get there'

'My counselling experience has been a positive but an emotional one, I just wish I had the courage to ask for it years ago. I will not hesitate to ask if I need to in the future. I liked that I could go at my own pace, I was always asked if I wanted to explore in more depth and I wasn't embarrassed to have a good cry. JM made me feel very comfortable.'

"In these sessions we worked on putting boundaries in place and that helped immensely as I was able to look after myself more and I feel it has made me a better carer. Things were getting a bit chaotic, the person I was caring for needs changed and I didn't know what to do. Joanna listened and supported me but also got in touch with the Carers who then provided me with information that I needed going forward. I cannot thank all of you enough" LF

'I gained so much from these sessions and it's given me a more focussed and positive outlook. I enjoyed the structure and the discussions were so uplifting' LM

"I have had counselling with Joanna before and have now made contact again to talk about past issues. I feel as though she understands me and even when she doesn't, she asks which not many people do. I can talk about anything and she doesn't judge me" RW

**Life Coaching**

"I gained so much from these sessions and it's given me a more focused and positive outlook. I enjoyed the structure and the discussions were so uplifting. Julia was so warm and easy to talk to, she is amazing and so professional. The sessions gave me the motivation I badly needed and taught me ways to think constructively and mindfully. "MN 03.03.22

"I couldn't recommend Julia enough. She has given me a new lease of life. I felt challenged by the sessions and spurred on to take action in a number of areas of life, where before I would have talked myself out of. My only negative was that they had to end! I didn't realise how life coaching could be so life changing. Thank you." CS 13.01.22

"I will be forever grateful to Julia for changing my thought patterns and taking a different perspective on life. I had a lot of baggage before I commenced my sessions and I feel so much lighter now as I found Julia extremely easy to talk to, very insightful and helpful, going above and beyond. Through the exercises I gained valuable awareness and an understanding of my thoughts and behaviour and Julia has given me the tools to deal with these. These life changing sessions couldn't have come at a better time for me as I have now returned to work after a two and half year's absence. I can always hear Julia's wise words of wisdom in my head "The past has gone, let it go and move on, I'm a different person now". So now, I'm Rebecca and "I'VE GOT THIS". RG 14.11.21

**Carers Week Door Step Dancers - A fun way to recognise and value carers during Carers Week 2021**

"It was so uplifting to be entertained; it made me feel so special that I was actually thought of. To be entertained on a red carpet and all don't you know! A special thanks for thinking of me for this wonderful surprise. I had half the street out watching!!!, it also kept my husband smiling all day. "THANK YOU"

---

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

---

"What can I say, I was shocked, overwhelmed, delighted". I have never experienced anything like that before, I've been married for over 60 years and I can honestly say, that that surprise was the next best thing to my wedding day, and during a week when I most needed it, it not only made my day, it made my year". I will remember it forever. THANK YOU

"I think this definitely deserves some recognition. I would like to thank Bridgend Carers Centre for all the support and guidance they are giving my Gran in taking care of my grampa. Especially Sarah who nominated my Gran during carers week. This meant they had a lovely surprise at the door, a group of doorstep dancers arrived and put on an amazing display of singing and dancing which really made my grandparents day! So thank you to all of you, it was the pick-up they definitely deserved."

#### **Telephone/ Email Support Feedback**

"Thank you for giving me your time it was so nice to actually speak to somebody who understood and was caring enough to listen"

"It feels like things are really getting sorted now. Thanks for your help".

"So glad I reached out to the Carers Centre. Great advice and service from staff. A lot of empathy and warmth shown at a difficult time."

"You are all amazing and we are extremely grateful."

"Extremely helpful, caring and wouldn't have been able to manage without your support."

#### **FINANCIAL REVIEW**

The charity reported a net expenditure position of £81,113 for the year to 31 March 2022. £50,548 of this was in respect of restricted funding, where the grants had been received in prior periods and the spend occurred this year. The remaining £30,565 deficit on unrestricted funding was due to the planned spend of designated funds.

#### **Risks**

The main risk to the charity, identified in April 2020, is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to increase the amount of reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

#### **Factors likely to affect financial performance**

These would include:

- Loss of funding
- Increase in funding
- Loss/improvement of reputation
- Loss/ appointment of new or key trustee roles
- Increase/decrease in outcomes for carers
- Employ a marketing officer
- Improvement impact monitoring

#### **Principal funders**

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Big Lottery, Children in Need, Waterloo Foundation, Moondance, Triangle Trust and all those who have made financial contributions in donations and fundraising.

#### **Going concern**

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **Reserves**

The total funds of £145,385 (2021: £226,498) include £76,169 (2021: £112,580) which is held for restricted purposes. The trustees have designated a further £30,000 of funds for specific purposes. The details of which can be found in note 18 to the financial statements. The remaining £34,586 excluding fixed assets, are the free reserves.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

#### **FUTURE PLANS**

##### **Future plans**

Actions that the charity needs to continue to make progress in the coming year include:

- working with businesses to ensure that employees who are carers are supported and best practice is looked at
- ensuring the charity is sustainable for the future.
- evaluate improvements in carers information, that is, marketing, carers stories, media coverage.
- Welsh language implications and action plan.
- Work towards quality standards awards.
- Reviewing all strategic priorities.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

##### **Recruitment and appointment of new trustees**

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

##### **Organisational structure**

Fifteen staff are supervised and managed by Centre Manager. The Administrator (Company Secretary) and Centre Manager are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and Centre Manager reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, Recruitment Sub Group, HR Sub Group, Policy Sub Group. They bring recommendations to the full Board. Any purchase over £500 has to be brought to the Board.

##### **Induction and training of new trustees**

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The Centre Manager works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the Centre Manager and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the Human Resources Sub Group who meet every six weeks and report back to the Trustees Board Meeting.

**BRIDGEND CARERS CENTRE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
05372329 (England and Wales)

**Registered Charity number**  
1125921

**Registered office**  
87 Park Street  
BRIDGEND  
CF31 4AZ

**Trustees**

M Davies

S H Lewis

S Cash

C Colman

C Clarke

J M Williams

- resigned 8 September 2022

- resigned 1 May 2021

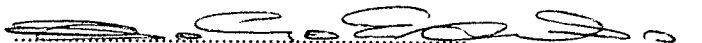
- resigned 9 February 2022

**Company Secretary**  
S G Evans

**Independent Examiner**  
Watts Gregory LLP  
Chartered Accountants  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

**Centre Manager**  
H M Pitt

Approved by order of the Board of Trustees on 21 December 2022 and signed on its behalf by:

  
S G Evans - Secretary

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRIDGEND CARERS CENTRE

---

### Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Julia Mortimer FCCA  
Watts Gregory LLP  
Chartered Accountants  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

22 December 2022

**BRIDGEND CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                             |                             |
| Donations and legacies             | 3     | 22,483                     | -                        | 22,483                      | 78,881                      |
| <b>Charitable activities</b>       |       |                            |                          |                             |                             |
| Support for Carers                 |       | 4,141                      | 358,402                  | 362,543                     | 446,213                     |
| Other trading activities           | 4     | 670                        | -                        | 670                         | -                           |
| Investment income                  | 5     | <u>735</u>                 | <u>-</u>                 | <u>735</u>                  | <u>1,291</u>                |
| <b>Total</b>                       |       | <u>28,029</u>              | <u>358,402</u>           | <u>386,431</u>              | <u>526,385</u>              |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                             |                             |
| <b>Charitable activities</b>       | 7     |                            |                          |                             |                             |
| Support for Carers                 |       | <u>58,594</u>              | <u>408,950</u>           | <u>467,544</u>              | <u>473,372</u>              |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | (30,565)                   | (50,548)                 | (81,113)                    | 53,013                      |
| <b>Transfers between funds</b>     | 18    | <u>(14,137)</u>            | <u>14,137</u>            | <u>-</u>                    | <u>-</u>                    |
| <b>Net movement in funds</b>       |       | (44,702)                   | (36,411)                 | (81,113)                    | 53,013                      |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                             |                             |
| <b>Total funds brought forward</b> |       | <u>113,918</u>             | <u>112,580</u>           | <u>226,498</u>              | <u>173,485</u>              |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><u>69,216</u></u>       | <u><u>76,169</u></u>     | <u><u>145,385</u></u>       | <u><u>226,498</u></u>       |

The notes form part of these financial statements

## BRIDGEND CARERS CENTRE

BALANCE SHEET  
31 MARCH 2022

|                                              | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|----------------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                          |       |                            |                          |                             |                             |
| Tangible assets                              | 14    | 4,630                      | -                        | 4,630                       | 7,728                       |
| <b>CURRENT ASSETS</b>                        |       |                            |                          |                             |                             |
| Debtors                                      | 15    | 5,131                      | 20,176                   | 25,307                      | 15,277                      |
| Cash at bank and in hand                     |       | 74,445                     | 85,955                   | 160,400                     | 276,965                     |
|                                              |       | <u>79,576</u>              | <u>106,131</u>           | <u>185,707</u>              | <u>292,242</u>              |
| <b>CREDITORS</b>                             |       |                            |                          |                             |                             |
| Amounts falling due within one year          | 16    | (14,990)                   | (29,962)                 | (44,952)                    | (73,472)                    |
| <b>NET CURRENT ASSETS</b>                    |       | <u>64,586</u>              | <u>76,169</u>            | <u>140,755</u>              | <u>218,770</u>              |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>69,216</u>              | <u>76,169</u>            | <u>145,385</u>              | <u>226,498</u>              |
| <b>NET ASSETS</b>                            |       | <u>69,216</u>              | <u>76,169</u>            | <u>145,385</u>              | <u>226,498</u>              |
| <b>FUNDS</b>                                 | 18    |                            |                          |                             |                             |
| Unrestricted funds                           |       |                            |                          | 69,216                      | 113,918                     |
| Restricted funds                             |       |                            |                          | <u>76,169</u>               | <u>112,580</u>              |
| <b>TOTAL FUNDS</b>                           |       |                            |                          | <u>145,385</u>              | <u>226,498</u>              |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 December 2021 and were signed on its behalf by:

  
M Davies - Trustee

The notes form part of these financial statements

**1. STATUTORY INFORMATION**

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

**Going concern**

The trustees are satisfied that despite the Coronavirus pandemic, it is appropriate for the company's financial statements to be prepared on a going concern basis. The pandemic has resulted in a number of uncertainties arising and the directors have taken steps to minimise the effect on the charity and will continue to do so. In the circumstances they have concluded that no adjustments are required to the financial statements at this time.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

**Donations and legacies income**

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

**Charitable activities**

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

**Investment income**

Investment income is recognised on a receivable basis.

It is not the policy of the charity to show income net of expenditure.

**2. ACCOUNTING POLICIES - continued**

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

Expenditure includes VAT as the charity is not VAT registered.

**Allocation and apportionment of costs**

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Debtors**

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

**Tangible fixed assets**

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pensions**

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Contributions payable for the year are charged in the Statement of Financial Activities.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**2. ACCOUNTING POLICIES - continued****Fund accounting**

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**3. DONATIONS AND LEGACIES**

|                   | 2022          | 2021          |
|-------------------|---------------|---------------|
|                   | £             | £             |
| General donations | 7,114         | 8,656         |
| Membership fees   | 187           | 225           |
| Legacies          | <u>15,182</u> | <u>70,000</u> |
|                   | <u>22,483</u> | <u>78,881</u> |

**4. OTHER TRADING ACTIVITIES**

|                        | 2022       | 2021     |
|------------------------|------------|----------|
|                        | £          | £        |
| Fundraising activities | <u>670</u> | <u>-</u> |

**5. INVESTMENT INCOME**

|                          | 2022       | 2021         |
|--------------------------|------------|--------------|
|                          | £          | £            |
| Deposit account interest | <u>735</u> | <u>1,291</u> |

**6. INCOME FROM CHARITABLE ACTIVITIES**

|                                 | 2022           | 2021           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bursaries for individual carers | 8,446          | 6,005          |
| Grants                          | 352,956        | 440,208        |
| Other income                    | 200            | -              |
| Community Cafe income           | <u>941</u>     | <u>-</u>       |
|                                 | <u>362,543</u> | <u>446,213</u> |

Grants received, included in the above, are as follows:

|                                                  | 2022         | 2021         |
|--------------------------------------------------|--------------|--------------|
|                                                  | £            | £            |
| Macmillan - Patient & Carer Support Worker Grant | 12,962       | 13,920       |
| Other grants                                     | <u>7,634</u> | <u>1,000</u> |
| Carried forward                                  | 20,596       | 14,920       |

# BRIDGEND CARERS CENTRE

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 6. INCOME FROM CHARITABLE ACTIVITIES - continued

|                                                       | 2022           | 2021           |
|-------------------------------------------------------|----------------|----------------|
|                                                       | £              | £              |
| Brought forward                                       | 20,596         | 14,920         |
| BAVO                                                  | 25,550         | -              |
| Carers Trust grants                                   | 82,938         | 74,519         |
| Integrated Care Fund                                  | 55,000         | 55,000         |
| Waterloo Foundation                                   | 23,000         | 22,500         |
| Big Lottery People and Places Grant                   | 24,537         | 32,511         |
| BBC Children in Need                                  | 9,870          | 13,170         |
| The Triangle Trust 1949 Fund                          | 25,000         | 27,500         |
| WAG - Veteran Carers grant                            | -              | 1,529          |
| St James's Place Charitable Foundation                | 4,500          | -              |
| BCBC grant                                            | 3,000          | 2,000          |
| BAVO - Transformation Grant Parent Carer Project      | -              | 23,821         |
| Garfield Weston Foundation - Carers Link Worker Posts | -              | 20,000         |
| The Triangle Trust 1949 Fund – Emergency COVID grant  | -              | 9,800          |
| The Edward Gostling Foundation - Veteran projects     | -              | 5,000          |
| Cwm Taf Morgannwg UHB – Winter Pressures              | -              | 11,400         |
| Moondance Foundation - Emergency COVID grant          | -              | 12,000         |
| BAVO ICF - Wellbeing grant for YAC                    | -              | 11,731         |
| WCVA Voluntary Sector Recovery Fund                   | -              | 33,983         |
| Postcode Lottery                                      | -              | 20,000         |
| Armed Forces Covenant Fund                            | 35,000         | -              |
| BCBC Veteran grant                                    | -              | 4,180          |
| Moondance Foundation                                  | 29,000         | -              |
| Community Foundation in Wales                         | -              | 5,000          |
| WCVA Voluntary Sector Emergency Fund                  | -              | 39,644         |
| The National Lottery Community Fund                   | 9,965          | -              |
| Gwendoline and Margaret Davies Charity                | 5,000          | -              |
|                                                       | <u>352,956</u> | <u>440,208</u> |

### 7. CHARITABLE ACTIVITIES COSTS

|                    | Direct<br>Costs (see<br>note 8)<br>£ | Support<br>costs (see<br>note 9)<br>£ | Totals<br>£    |
|--------------------|--------------------------------------|---------------------------------------|----------------|
| Support for Carers | <u>413,492</u>                       | <u>54,052</u>                         | <u>467,544</u> |

### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

|                                                | 2022         | 2021         |
|------------------------------------------------|--------------|--------------|
|                                                | £            | £            |
| Staff costs                                    | 283,239      | 267,029      |
| Insurance                                      | 1,489        | 1,351        |
| Light, heat and water                          | 993          | 854          |
| Telephone                                      | 4,776        | 4,816        |
| Printing, postage and stationery               | 7,569        | 10,777       |
| Publications, advertisements and subscriptions | 2,894        | 3,917        |
| Sundry expenses                                | 211          | 63           |
| Recruitment costs                              | 150          | -            |
| Rent                                           | 3,537        | 3,510        |
| Repairs, maintenance and cleaning              | 404          | 1,107        |
| Carers' events                                 | 79           | -            |
| Breaks/project expenditure for carers          | 84,318       | 103,944      |
| Staff travel                                   | <u>5,191</u> | <u>4,551</u> |
| Carried forward                                | 394,850      | 401,919      |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued**

|                                | 2022<br>£      | 2021<br>£      |
|--------------------------------|----------------|----------------|
| Brought forward                | 394,850        | 401,919        |
| Staff training                 | 1,827          | 1,857          |
| Computer and IT expenses       | 2,281          | 4,341          |
| Drop in/Outreach expenses      | 17             | 13             |
| Volunteer expenses             | 20             | -              |
| Bursaries to individual carers | 8,446          | 7,996          |
| Carers' training               | 3,275          | 4,220          |
| Cafe purchases for resale      | 766            | 71             |
| Depreciation                   | <u>2,010</u>   | <u>2,053</u>   |
|                                | <u>413,492</u> | <u>422,470</u> |

**9. SUPPORT COSTS**

|                    | Staff<br>costs<br>£ | Other<br>£    | Depreciation<br>£ | Governance<br>costs<br>£ | Totals<br>£   |
|--------------------|---------------------|---------------|-------------------|--------------------------|---------------|
| Support for Carers | <u>28,800</u>       | <u>11,853</u> | <u>2,011</u>      | <u>11,388</u>            | <u>54,052</u> |

The amount due to the independent examiners for the year ended 31 March 2022 was £2,382 (2021 - £1,890) and £1,286 (2021 - £853) in respect to other financial services.

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | 2022<br>£    | 2021<br>£    |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>4,021</u> | <u>4,104</u> |

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 or for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses for the year ended 31 March 2022 or for the year ended 31 March 2021.

**12. STAFF COSTS**

|                       | 2022<br>£      | 2021<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 291,710        | 278,471        |
| Social security costs | 22,493         | 16,596         |
| Other pension costs   | <u>5,121</u>   | <u>4,260</u>   |
|                       | <u>319,324</u> | <u>299,327</u> |

The average monthly number of employees during the year was as follows:

|                             | 2022<br><u>15</u> | 2021<br><u>14</u> |
|-----------------------------|-------------------|-------------------|
| The average number of staff |                   |                   |

No employees received emoluments in excess of £60,000.

## 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                     |
| Donations and legacies             | 77,246                     | 1,635                    | 78,881              |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | 6,375                      | 439,838                  | 446,213             |
| Investment income                  | <u>1,291</u>               | <u>-</u>                 | <u>1,291</u>        |
| <b>Total</b>                       | <u>84,912</u>              | <u>441,473</u>           | <u>526,385</u>      |
| <b>EXPENDITURE ON</b>              |                            |                          |                     |
| <b>Charitable activities</b>       |                            |                          |                     |
| Support for Carers                 | 55,148                     | 418,224                  | 473,372             |
| <b>NET INCOME</b>                  | 29,764                     | 23,249                   | 53,013              |
| <b>Transfers between funds</b>     | <u>1,975</u>               | <u>(1,975)</u>           | <u>-</u>            |
| <b>Net movement in funds</b>       | 31,739                     | 21,274                   | 53,013              |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                     |
| <b>Total funds brought forward</b> | 82,179                     | 91,306                   | 173,485             |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>113,918</u>             | <u>112,580</u>           | <u>226,498</u>      |

## 14. TANGIBLE FIXED ASSETS

|                       | Fixtures<br>and<br>fittings<br>£ |
|-----------------------|----------------------------------|
| <b>COST</b>           |                                  |
| At 1 April 2021       | 43,021                           |
| Additions             | <u>923</u>                       |
| At 31 March 2022      | <u>43,944</u>                    |
| <b>DEPRECIATION</b>   |                                  |
| At 1 April 2021       | 35,293                           |
| Charge for year       | <u>4,021</u>                     |
| At 31 March 2022      | <u>39,314</u>                    |
| <b>NET BOOK VALUE</b> |                                  |
| At 31 March 2022      | <u>4,630</u>                     |
| At 31 March 2021      | <u>7,728</u>                     |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2022          | 2021          |
|--------------------------------|---------------|---------------|
|                                | £             | £             |
| Prepayments and accrued income | <u>25,307</u> | <u>15,277</u> |

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2022          | 2021          |
|---------------------------------|---------------|---------------|
|                                 | £             | £             |
| Social security and other taxes | 74            | 4,537         |
| Other creditors                 | -             | 137           |
| Accruals and deferred income    | <u>44,878</u> | <u>68,798</u> |
|                                 | <u>44,952</u> | <u>73,472</u> |

Included above is £25,034 (2021: £46,676) of deferred income which relates to membership fees received in advance of the period to which they relate and grants which were specified as being for a future period by the funder.

**17. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

|                            | 2022         | 2021          |
|----------------------------|--------------|---------------|
|                            | £            | £             |
| Within one year            | 5,377        | 6,489         |
| Between one and five years | <u>833</u>   | <u>6,270</u>  |
|                            | <u>6,210</u> | <u>12,759</u> |

The total leased payments recognised as an expense throughout the year amounted to £6,997 (2021 - £6,997)

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

## 18. MOVEMENT IN FUNDS

|                                              | At 1/4/21<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/22<br>£ |
|----------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                    |                |                                  |                                    |                    |
| General fund                                 | 43,918         | 4,435                            | (9,137)                            | 39,216             |
| Bridging Fund                                | 20,000         | (20,000)                         | -                                  | -                  |
| PA/Administration Role                       | 15,000         | (15,000)                         | -                                  | -                  |
| Staff Welfare Fund                           | 5,000          | -                                | (5,000)                            | -                  |
| Outreach Service/Development Funding         | <u>30,000</u>  | <u>-</u>                         | <u>-</u>                           | <u>30,000</u>      |
|                                              | 113,918        | (30,565)                         | (14,137)                           | 69,216             |
| <b>Restricted funds</b>                      |                |                                  |                                    |                    |
| Bursaries for individual carers              | 317            | (317)                            | -                                  | -                  |
| Macmillan Patient & Carer Support Worker     | (885)          | (1,264)                          | -                                  | (2,149)            |
| Princess of Wales Hospital Support           |                |                                  |                                    |                    |
| Workers fund                                 | 14,736         | 1,250                            | -                                  | 15,986             |
| Welfare Benefits Adviser fund                | 11,263         | (6,822)                          | -                                  | 4,441              |
| ROOTS School Project                         | 8,846          | (16,799)                         | 10,000                             | 2,047              |
| YAC/YC fund                                  | 2,584          | (153)                            | -                                  | 2,431              |
| Carers Link worker posts                     | 1,801          | (2,320)                          | -                                  | (519)              |
| Ford Britain Trust Grant                     | 178            | (178)                            | -                                  | -                  |
| Big Lottery People and Places Grant          | 8,897          | (6,426)                          | -                                  | 2,471              |
| BBC Children in Need                         | 7,128          | 957                              | -                                  | 8,085              |
| Veteran Support Project                      | 278            | (130)                            | -                                  | 148                |
| Gardening project                            | 1,994          | (1,994)                          | -                                  | -                  |
| Triangle Trust                               | 4,044          | (1,576)                          | -                                  | 2,468              |
| Carers Trust - Inspiring Change              | 680            | -                                | -                                  | 680                |
| Young Adult Carers fund                      | 1,273          | (1,093)                          | -                                  | 180                |
| Community Fund Wales - Wesleyan              | 1,550          | (5,687)                          | 4,137                              | -                  |
| Transformation Grant Parent Carer Project    | 2,124          | (2,124)                          | -                                  | -                  |
| Winter Pressures                             | 1,613          | (1,613)                          | -                                  | -                  |
| BAVO ICF - Wellbeing grant for YAC           | 330            | -                                | -                                  | 330                |
| Carers Trust Hardship fund                   | 1,424          | (871)                            | -                                  | 553                |
| Carers Trust - Time for me fund              | 800            | (700)                            | -                                  | 100                |
| WCVA Voluntary Sector Recovery Fund          | 12,307         | (10,851)                         | -                                  | 1,456              |
| Digital families                             | 418            | (144)                            | -                                  | 274                |
| Armed Forces Covenant Fund                   | -              | 5,055                            | -                                  | 5,055              |
| BCBC Veteran fund                            | 4,180          | (2,913)                          | -                                  | 1,267              |
| Moondance Foundation                         | -              | 3,611                            | -                                  | 3,611              |
| Community Foundation in Wales                | 4,700          | (4,700)                          | -                                  | -                  |
| Volunteer Co-ordinator - garden project fund | 20,000         | (18,696)                         | -                                  | 1,304              |
| Veteran fund                                 | -              | 63                               | -                                  | 63                 |
| The National Lottery Community Fund          | -              | 4,718                            | -                                  | 4,718              |
| Carers Trust Respite Development fund        | -              | 5,174                            | -                                  | 5,174              |
| Carers Trust Making Carers Count             | -              | 12,072                           | -                                  | 12,072             |
| Gwendoline and Margaret Davies Charity       | -              | 388                              | -                                  | 388                |
| BAVO Respite fund                            | -              | 115                              | -                                  | 115                |
| Garden project                               | -              | 2,618                            | -                                  | 2,618              |
| DWP Kickstart Programme                      | <u>-</u>       | <u>802</u>                       | <u>-</u>                           | <u>802</u>         |
|                                              | <u>112,580</u> | <u>(50,548)</u>                  | <u>14,137</u>                      | <u>76,169</u>      |
| <b>TOTAL FUNDS</b>                           | <u>226,498</u> | <u>(81,113)</u>                  | <u>-</u>                           | <u>145,385</u>     |

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

## 18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

|                                                 | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                       |                            |                            |                           |
| General fund                                    | 28,029                     | (23,594)                   | 4,435                     |
| Bridging Fund                                   | -                          | (20,000)                   | (20,000)                  |
| PA/Administration Role                          | -                          | (15,000)                   | (15,000)                  |
| <b>Restricted funds</b>                         |                            |                            |                           |
| Bursaries for individual carers                 | 8,446                      | (8,763)                    | (317)                     |
| Macmillan Patient & Carer Support Worker        | 12,962                     | (14,226)                   | (1,264)                   |
| Princess of Wales Hospital Support              |                            |                            |                           |
| Workers fund                                    | 31,284                     | (30,034)                   | 1,250                     |
| Welfare Benefits Adviser fund                   | 23,716                     | (30,538)                   | (6,822)                   |
| ROOTS School Project                            | -                          | (16,799)                   | (16,799)                  |
| YAC/YC fund                                     | -                          | (153)                      | (153)                     |
| Carers Link worker posts                        | -                          | (2,320)                    | (2,320)                   |
| Ford Britain Trust Grant                        | -                          | (178)                      | (178)                     |
| Big Lottery People and Places Grant             | 24,537                     | (30,963)                   | (6,426)                   |
| BBC Children in Need                            | 9,870                      | (8,913)                    | 957                       |
| Veteran Support Project                         | -                          | (130)                      | (130)                     |
| Gardening project                               | -                          | (1,994)                    | (1,994)                   |
| Triangle Trust                                  | 25,000                     | (26,576)                   | (1,576)                   |
| Young Adult Carers fund                         | 4,500                      | (5,593)                    | (1,093)                   |
| Community Fund Wales - Wesleyan                 | -                          | (5,687)                    | (5,687)                   |
| Transformation Grant Parent Carer Project       | -                          | (2,124)                    | (2,124)                   |
| Winter Pressures                                | -                          | (1,613)                    | (1,613)                   |
| Carers Trust Hardship fund                      | -                          | (871)                      | (871)                     |
| Carers Trust - Time for me fund                 | -                          | (700)                      | (700)                     |
| WCVA Voluntary Sector Recovery Fund             | -                          | (10,851)                   | (10,851)                  |
| Digital families                                | -                          | (144)                      | (144)                     |
| Armed Forces Covenant Fund                      | 35,000                     | (29,945)                   | 5,055                     |
| BCBC Veteran fund                               | -                          | (2,913)                    | (2,913)                   |
| Moondance Foundation                            | 29,000                     | (25,389)                   | 3,611                     |
| Community Foundation in Wales                   | -                          | (4,700)                    | (4,700)                   |
| Volunteer Co-ordinator - garden project<br>fund | -                          | (18,696)                   | (18,696)                  |
| Waterloo Foundation                             | 23,000                     | (23,000)                   | -                         |
| Veteran fund                                    | 508                        | (445)                      | 63                        |
| Summer Trips fund                               | 500                        | (500)                      | -                         |
| Choir fund                                      | 500                        | (500)                      | -                         |
| The National Lottery Community Fund             | 9,965                      | (5,247)                    | 4,718                     |
| Carers Trust Respite Development fund           | 15,000                     | (9,826)                    | 5,174                     |
| Carers Trust Planning for Tomorrow              | 3,080                      | (3,080)                    | -                         |
| Carers Trust Making Carers Count                | 30,508                     | (18,436)                   | 12,072                    |
| Carers Trust Carers Support fund - Wales        | 33,350                     | (33,350)                   | -                         |
| Gwendoline and Margaret Davies Charity          | 5,000                      | (4,612)                    | 388                       |
| BAVO Respite fund                               | 15,000                     | (14,885)                   | 115                       |
| Garden project                                  | 3,519                      | (901)                      | 2,618                     |
| DWP Kickstart Programme                         | 3,607                      | (2,805)                    | 802                       |
| ICF BAVO Peer Mentoring                         | 5,750                      | (5,750)                    | -                         |
| ICF BAVO Wildflower Project                     | 4,800                      | (4,800)                    | -                         |
|                                                 | <u>358,402</u>             | <u>(408,950)</u>           | <u>(50,548)</u>           |
| <b>TOTAL FUNDS</b>                              | <u>386,431</u>             | <u>(467,544)</u>           | <u>(81,113)</u>           |

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

## 18. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

|                                           | At 1/4/20<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/21<br>£ |
|-------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                 |                |                                  |                                    |                    |
| General fund                              | 82,179         | (40,236)                         | 1,975                              | 43,918             |
| Bridging Fund                             | -              | 20,000                           | -                                  | 20,000             |
| PA/Administration Role                    | -              | 15,000                           | -                                  | 15,000             |
| Staff Welfare Fund                        | -              | 5,000                            | -                                  | 5,000              |
| Outreach Service/Development Funding      | -              | 30,000                           | -                                  | 30,000             |
|                                           | 82,179         | 29,764                           | 1,975                              | 113,918            |
| <b>Restricted funds</b>                   |                |                                  |                                    |                    |
| Bursaries for individual carers           | -              | 317                              | -                                  | 317                |
| Macmillan Patient & Carer Support Worker  | (1,567)        | 682                              | -                                  | (885)              |
| Princess of Wales Hospital Support        |                |                                  |                                    |                    |
| Workers fund                              | 12,393         | 2,343                            | -                                  | 14,736             |
| Welfare Benefits Adviser fund             | 7,742          | 3,521                            | -                                  | 11,263             |
| ROOTS School Project                      | 8,537          | 309                              | -                                  | 8,846              |
| YAC/YC fund                               | 949            | 1,635                            | -                                  | 2,584              |
| Carers Link worker posts                  | 4,081          | (2,280)                          | -                                  | 1,801              |
| Ford Britain Trust Grant                  | 178            | -                                | -                                  | 178                |
| Big Lottery People and Places Grant       | 7,672          | 1,225                            | -                                  | 8,897              |
| BBC Children in Need                      | 6,140          | 988                              | -                                  | 7,128              |
| Veteran Support Project                   | 8,511          | (8,233)                          | -                                  | 278                |
| Gardening project                         | 9,849          | (7,855)                          | -                                  | 1,994              |
| Triangle Trust                            | 5,514          | (1,470)                          | -                                  | 4,044              |
| Carers Trust - Inspiring Change           | 5,403          | (4,723)                          | -                                  | 680                |
| Young Adult Carers fund                   | 4,704          | (3,431)                          | -                                  | 1,273              |
| Community Fund Wales - Wesleyan           | 10,000         | (8,450)                          | -                                  | 1,550              |
| Carers Trust - Peer Wellbeing             | 1,200          | (1,200)                          | -                                  | -                  |
| Transformation Grant Parent Carer Project | -              | 4,099                            | (1,975)                            | 2,124              |
| Winter Pressures                          | -              | 1,613                            | -                                  | 1,613              |
| BAVO ICF - Wellbeing grant for YAC        | -              | 330                              | -                                  | 330                |
| Carers Trust Hardship fund                | -              | 1,424                            | -                                  | 1,424              |
| Carers Trust - Time for me fund           | -              | 800                              | -                                  | 800                |
| WCVA Voluntary Sector Recovery Fund       | -              | 12,307                           | -                                  | 12,307             |
| Digital families                          | -              | 418                              | -                                  | 418                |
| BCBC Veteran fund                         | -              | 4,180                            | -                                  | 4,180              |
| Community Foundation in Wales             | -              | 4,700                            | -                                  | 4,700              |
| Volunteer Co-ordinator - garden project   | -              |                                  |                                    |                    |
| fund                                      | -              | 20,000                           | -                                  | 20,000             |
|                                           | 91,306         | 23,249                           | (1,975)                            | 112,580            |
| <b>TOTAL FUNDS</b>                        | <u>173,485</u> | <u>53,013</u>                    | <u>-</u>                           | <u>226,498</u>     |

# BRIDGEND CARERS CENTRE

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|                                                 | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                       |                            |                            |                           |
| General fund                                    | 14,912                     | (55,148)                   | (40,236)                  |
| Bridging Fund                                   | 20,000                     | -                          | 20,000                    |
| PA/Administration Role                          | 15,000                     | -                          | 15,000                    |
| Staff Welfare Fund                              | 5,000                      | -                          | 5,000                     |
| Outreach Service/Development Funding            | 30,000                     | -                          | 30,000                    |
|                                                 | 84,912                     | (55,148)                   | 29,764                    |
| <b>Restricted funds</b>                         |                            |                            |                           |
| Bursaries for individual carers                 | 6,005                      | (5,688)                    | 317                       |
| Macmillan Patient & Carer Support Worker        | 13,920                     | (13,238)                   | 682                       |
| Princess of Wales Hospital Support              |                            |                            |                           |
| Workers fund                                    | 31,284                     | (28,941)                   | 2,343                     |
| Welfare Benefits Adviser fund                   | 23,716                     | (20,195)                   | 3,521                     |
| ROOTS School Project                            | 22,500                     | (22,191)                   | 309                       |
| YAC/YC fund                                     | 1,635                      | -                          | 1,635                     |
| Carers Link worker posts                        | 20,000                     | (22,280)                   | (2,280)                   |
| Big Lottery People and Places Grant             | 32,511                     | (31,286)                   | 1,225                     |
| BBC Children in Need                            | 13,170                     | (12,182)                   | 988                       |
| Veteran Support Project                         | 6,529                      | (14,762)                   | (8,233)                   |
| Gardening project                               | -                          | (7,855)                    | (7,855)                   |
| Triangle Trust                                  | 27,500                     | (28,970)                   | (1,470)                   |
| Carers Trust - Inspiring Change                 | 6,744                      | (11,467)                   | (4,723)                   |
| Young Adult Carers fund                         | -                          | (3,431)                    | (3,431)                   |
| Community Fund Wales - Wesleyan                 | -                          | (8,450)                    | (8,450)                   |
| Carers Trust - Peer Wellbeing                   | -                          | (1,200)                    | (1,200)                   |
| BCBC FEP                                        | 2,000                      | (2,000)                    | -                         |
| Transformation Grant Parent Carer Project       | 23,821                     | (19,722)                   | 4,099                     |
| Triangle covid fund                             | 9,800                      | (9,800)                    | -                         |
| Winter Pressures                                | 11,400                     | (9,787)                    | 1,613                     |
| Carers' Trust YAC                               | 2,100                      | (2,100)                    | -                         |
| Moondance emergency funding                     | 12,000                     | (12,000)                   | -                         |
| Carers Trust Emergency fund                     | 1,800                      | (1,800)                    | -                         |
| Carers Trust Emergency funds - Young            |                            |                            |                           |
| Carers and Young Adult Carers                   | 1,500                      | (1,500)                    | -                         |
| Carers Trust Parent Carer funding               | 10,000                     | (10,000)                   | -                         |
| BAVO ICF - Wellbeing grant for YAC              | 11,731                     | (11,401)                   | 330                       |
| Carers Trust Hardship fund                      | 31,000                     | (29,576)                   | 1,424                     |
| Carers Trust - Time for me fund                 | 15,000                     | (14,200)                   | 800                       |
| WCVA Voluntary Sector Recovery Fund             | 33,983                     | (21,676)                   | 12,307                    |
| Digital families                                | 1,000                      | (582)                      | 418                       |
| BCBC Veteran fund                               | 4,180                      | -                          | 4,180                     |
| Community Foundation in Wales                   | 5,000                      | (300)                      | 4,700                     |
| WCVA Voluntary Sector Emergency fund            | 39,644                     | (39,644)                   | -                         |
| Volunteer Co-ordinator - garden project<br>fund | 20,000                     | -                          | 20,000                    |
|                                                 | 441,473                    | (418,224)                  | 23,249                    |
| <b>TOTAL FUNDS</b>                              | 526,385                    | (473,372)                  | 53,013                    |

#### Designated funds

In the prior year, the Board of Trustees decided to delegate funds from a legacy received to address shortfalls in staffing capacity; create a PA role to support senior management; support a Staff Welfare Fund and develop an Outreach Service to increase the reach to unidentified carers.

**18. MOVEMENT IN FUNDS - continued**

**Bursaries for individual carers**

The charity administers grants to individuals on behalf of Carers Trust.

**Macmillan Patient & Carer Support Worker**

A post funded by Macmillan Cancer Support.

**Princess of Wales Hospital Support Workers fund**

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

**Welfare Benefits Adviser fund**

Cwm Taff UHB Integrated Care Fund continue to fund a welfare benefits adviser after the healthcare boundary change.

**ROOTS School Project**

The ROOTS Project Manager post is currently being funded by the Waterloo Foundation.

**YAC/YC fund**

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers and includes donations from "The bear who struggled to care" young carers book.

**Carers Link worker posts**

Initially Welsh Government funding was received to employ three Carer Link posts bases in the three cluster networks. During the year to 31 March 2021, further funding of £20,000 was received from Garfield Weston Foundation to continue the posts.

**Ford Britain Trust Grant**

Grant awarded to help with the purchase of IT equipment that carers can access.

**Big Lottery People and Places grant**

To fund the Young Carers Education Project Manager to support the Education in Schools Project.

**BBC Children in Need**

Funding was received from BBC Children in Need to support the Teen Group. An additional £3,300 booster funding was received during the year to help during the COVID-19 pandemic.

**Veteran Support Project**

Funding was secured from Age Cymru - 360 Project and Welsh Government - Armed Forces Department to help identify Veteran carers and carers looking after Veterans, to give them access to specific information and support to improve wellbeing for over 65s and to provide improved digital inclusion to help avoid loneliness and isolation for all aged beneficiaries. Additional funding of £5,000 was received during the year from The Edward Gostling Foundation.

**Volunteer Co-ordinator - Garden project**

Volunteer Co-ordinator - Garden Project (Gardd Gofalwyr) was funded through Awards For All Community Project. The Project is a six-month pilot identifying carers and volunteers to enjoy gardening activities and training to improve the outdoor space at Bridgend Carers Centre for everyone to enjoy. This was extended via the Postcode Lottery funding.

**Triangle Trust**

The Triangle Trust 1949 Fund provided a development grant to enable Bridgend Carers Centre to become more resilient and sustainable by providing Charity Log to show outcomes and appoint a Business Development officer to create opportunities to build and grow in ways which support all carers in Bridgend.

**Carers Trust - Inspiring Change**

Funding was received from the Carers Trust for Young Adult Carers support.

**Young Adult Carers fund**

Funding was received from the Carers Trust and St James's Place Charitable Foundation to support Young Carers and Young Adult Carers with appropriate activities.

**18. MOVEMENT IN FUNDS - continued**

**Community Fund Wales - Wesleyan**

A contribution towards the appointment of a Dementia Carers Support Worker supporting Older Carers but with a special focus on those carers of Dementia.

**Transformation Grant Parent Carer Project**

BAVO ICF funding was received to run the project until April 2021.

**Winter Pressures**

Cwm Taff UHB funding received to alleviate the pressure faced by carers during the winter months of the pandemic.

**BAVO ICF - Wellbeing grant for YAC**

This was funding received to provide a young adult carers support worker.

**Carers Trust Hardship fund**

The Carers Trust provided a fund to allow Bridgend Carers Centre to pay out grants to alleviate hardship during the pandemic.

**Carers Trust - Time for me fund**

Funding to provide breaks, therapy etc to carers through the pandemic.

**WCVA Voluntary Sector Recovery Fund**

£33,983 was received during the year. £5,000 was towards the costs of the Carer Link Worker, the rest was to cover other staffing costs, COVID-related administration support, PPE and carer engagement.

**Digital families**

Funding was received towards providing online activities for young carers funded through Parentzone.com

**Armed Forces Covenant Fund**

Funding to Support Armed Forces and Veteran Carers to alleviate loneliness and isolation.

**BCBC Veteran fund**

Funding was received to buy equipment for the garden at Bridgend Carers and the Porthcawl Veteran Hub to encourage engagement outdoors as restrictions due to the pandemic eased.

**Moondance Foundation**

Funding to prove 2 part time posts to support Parent Carers caring for children with disabilities, illness and mental health issues. The funding also provided wellbeing and short break opportunities.

**Community Foundation in Wales**

To provide counselling sessions and life coaching for carers.

**Waterloo Foundation**

To provide bridging funding for continuation of GP liaison/ Carers Link Project during the pandemic.

**Veteran fund**

Additional funding to support the objectives of the Armed Forces Covenant Fund. Providing celebratory social events and training to Armed Forces and Veteran Carers.

**Summer Trips fund**

Carers Trust Carers Getting Together Funding - providing Summer Trips to visit National Botanic Gardens and National Garden Scheme.

**Choir fund**

Carers Trust Carers Getting Together Funding - providing sessions to continue the weekly Carers Choir.

**Carers Trust Planning for Tomorrow**

Funding to support carers to plan towards change and loss including difficult decisions dealing with admission to long-term care, death and bereavement support.

18. MOVEMENT IN FUNDS - continued

**Making Carers Count**

To provide 3 year funding to support the delivery of the Young Carers and Young Adult Carers Service.

**Carers Trust Support Fund Wales**

Provision of services and individual carers grants to help alleviate hardship experienced over the pandemic.

**Gwendoline and Margaret Davies Charity**

Funding to provide additional capacity for the 2 Carers Link posts and delivery of the Carers Emergency Action Plans.

**BAVO Respite fund**

Provision of individual carers grants to give innovative respite opportunities to carers and their families.

**BCBC Garden Project**

To support the garden project to give Veterans volunteering opportunities to improve the lower garden at the Carers Centre.

**DWP Kickstart Programme**

A partnership through Kickstart and DWP to give a 6-month work experience to a young person in receipt of benefits.

**ICF BAVO Peer Mentoring**

Supporting Young Carers and Young Adult Carers with peer mentoring to encourage confidence to engage.

**ICF BAVO Wildflower Project**

Supporting parents and girls with Autism through a series of bespoke, innovative workshops, training and social sessions.

**Funds relating to the comparative year:**

**Carers' Trust YAC**

Carers Trust Quilter funding to give short respite breaks and workshops to young adult carers.

**Carers Trust - Peer Wellbeing**

Carers Trust - Peer Wellbeing Funding was received from the Carers trust to continue the successful Peer Wellbeing Project by providing a programme of activities including staff involvement for online Zoom and Facebook Groups.

**BCBC grant**

Grant funding to provide additional wellbeing peer activities to young carers and young adult carers in partnership with Action for Children.

**Triangle Covid Fund**

Funding was received to alleviate isolation and loneliness through the pandemic.

**Moondance emergency funding**

The Moondance Foundation provided emergency funding to assist with staff retention and to support working from home during the COVID-19 pandemic.

**Carers Trust Emergency fund**

Funding received to support carers during the COVID-19 pandemic alleviating crisis and hardship.

**Carers Trust Emergency funds - Young Carers and Young Adult Carers**

Funding received to support young carers and young adult carers during the COVID-19 pandemic alleviating crisis and hardship.

**Carers Trust Parent Carer funding**

The Carers Trust provided funding to assist parents caring for children with disabilities and their siblings who were home schooled due to shielding during the pandemic.

**18. MOVEMENT IN FUNDS - continued**

**Transfers between funds**

The transfer from the general fund to the ROOTS school project was made to cover expenditure until further funding can be found.

The staff welfare fund was designated to ensure the wellbeing of the team through the pandemic, as no additional expenditure was incurred in this area the fund has been transferred back to general funds. However, the trustees remain committed to ensuring the wellbeing of staff.

The trustees agreed to contribute up to £10,000 from reserves to continue funding a Dementia Carers Support Worker supporting Older Carers but with a special focus on those carers of Dementia, previously funded by the Community Fund Wales – Wesleyan. A transfer of £4,137 was made during the year.

**19. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £5,121 (2021: £4,260). Contributions outstanding at the year end amounted to £Nil (2021 : £Nil).

**20. RELATED PARTY DISCLOSURES**

The total key management personnel remuneration benefits paid during the year was £37,229 (2021: £34,507).

The total unconditional donations made to the charity by its trustees amounted to £370 (2021: £240).

**BRIDGEND CARERS CENTRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

|                                                | 2022<br>£      | 2021<br>£      |
|------------------------------------------------|----------------|----------------|
| <b>INCOME AND ENDOWMENTS</b>                   |                |                |
| <b>Donations and legacies</b>                  |                |                |
| General donations                              | 7,114          | 8,656          |
| Membership fees                                | 187            | 225            |
| Legacies                                       | <u>15,182</u>  | <u>70,000</u>  |
|                                                | 22,483         | 78,881         |
| <b>Other trading activities</b>                |                |                |
| Fundraising activities                         | 670            | -              |
| <b>Investment income</b>                       |                |                |
| Deposit account interest                       | 735            | 1,291          |
| <b>Charitable activities</b>                   |                |                |
| Bursaries for individual carers                | 8,446          | 6,005          |
| Grants                                         | 352,956        | 440,208        |
| Other income                                   | 200            | -              |
| Community Cafe income                          | <u>941</u>     | <u>-</u>       |
|                                                | <u>362,543</u> | <u>446,213</u> |
| <b>Total incoming resources</b>                | 386,431        | 526,385        |
| <b>EXPENDITURE</b>                             |                |                |
| <b>Charitable activities</b>                   |                |                |
| Wages and salaries                             | 255,625        | 246,173        |
| Social security                                | 22,493         | 16,596         |
| Pensions                                       | 5,121          | 4,260          |
| Insurance                                      | 1,489          | 1,351          |
| Light, heat and water                          | 993            | 854            |
| Telephone                                      | 4,776          | 4,816          |
| Printing, postage and stationery               | 7,569          | 10,777         |
| Publications, advertisements and subscriptions | 2,894          | 3,917          |
| Sundry expenses                                | 211            | 63             |
| Recruitment costs                              | 150            | -              |
| Rent                                           | 3,537          | 3,510          |
| Repairs, maintenance and cleaning              | 404            | 1,107          |
| Carers' events                                 | 79             | -              |
| Breaks/project expenditure for carers          | 84,318         | 103,944        |
| Staff travel                                   | 5,191          | 4,551          |
| Staff training                                 | 1,827          | 1,857          |
| Computer and IT expenses                       | 2,281          | 4,341          |
| Drop in/Outreach expenses                      | 17             | 13             |
| Volunteer expenses                             | 20             | -              |
| Bursaries to individual carers                 | 8,446          | 7,996          |
| Carers' training                               | 3,275          | 4,220          |
| Cafe purchases for resale                      | 766            | 71             |
| Depreciation                                   | <u>2,010</u>   | <u>2,053</u>   |
|                                                | 413,492        | 422,470        |

This page does not form part of the statutory financial statements

**BRIDGEND CARERS CENTRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

|                                   | 2022<br>£       | 2021<br>£      |
|-----------------------------------|-----------------|----------------|
| <b>Support costs</b>              |                 |                |
| <b>Staff costs</b>                |                 |                |
| Wages and salaries                | 28,800          | 25,544         |
| <b>Other</b>                      |                 |                |
| Insurance                         | 638             | 727            |
| Light and heat                    | 425             | 282            |
| Telephone                         | 1,194           | 1,606          |
| Postage and stationery            | 1,921           | 1,902          |
| Sundries                          | 212             | 93             |
| Bank charges                      | 43              | -              |
| Rent                              | 1,905           | 1,890          |
| Repairs, maintenance and cleaning | 218             | 596            |
| Computer and IT expenses          | 978             | 2,338          |
| Carers Trust Membership           | 1,000           | 1,000          |
| Equipment hire                    | <u>3,319</u>    | <u>2,734</u>   |
|                                   | 11,853          | 13,168         |
| <b>Depreciation</b>               |                 |                |
| Fixtures and fittings             | 2,011           | 2,051          |
| <b>Governance costs</b>           |                 |                |
| Wages                             | 7,285           | 6,754          |
| Accountancy fees                  | 3,669           | 2,892          |
| Legal fees                        | <u>434</u>      | <u>493</u>     |
|                                   | <u>11,388</u>   | <u>10,139</u>  |
| Total resources expended          | <u>467,544</u>  | <u>473,372</u> |
| <b>Net (expenditure)/income</b>   | <u>(81,113)</u> | <u>53,013</u>  |

This page does not form part of the statutory financial statements

---

# Accounts

---

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
BRIDGEND CARERS CENTRE**

Watts Gregory LLP  
Chartered Accountants  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

**BRIDGEND CARERS CENTRE**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

---

|                                          | <b>Page</b>     |
|------------------------------------------|-----------------|
| <b>Report of the Trustees</b>            | <b>1 to 16</b>  |
| <b>Independent Examiner's Report</b>     | <b>17</b>       |
| <b>Statement of Financial Activities</b> | <b>18</b>       |
| <b>Balance Sheet</b>                     | <b>19</b>       |
| <b>Cash Flow Statement</b>               | <b>20</b>       |
| <b>Notes to the Cash Flow Statement</b>  | <b>21</b>       |
| <b>Notes to the Financial Statements</b> | <b>22 to 36</b> |

---

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

---

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Objects**

The charity's objects as stated in the governing document are:

(i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.

(ii) to undertake any necessary education work related to carers.

#### **Objectives and aims**

The main objectives of the charity are to provide information and support to people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough. Bridgend Carers Centre support and provide services for all carers of all ages including young carers.

The support provided aims to alleviate stress and isolation for all carers by providing short breaks, information, advice and assistance. This includes signposting to services, help to maximise benefits, legal advice and the promotion of carers' assessments. The charity works to raise the profile of the role and needs of carers through awareness raising, education and training of professionals and carers which results in the promotion and protection of carers' wellbeing. Bridgend Carers Centre raise awareness through diverse mediums including weekly newsletters, leaflets, publicity, the Bridgend Carers Centre website, social media and information networks and also through physical promotion.

As a charity Bridgend Carers Centre has developed a three-year Strategic plan with a Business plan giving clear reference to the aims and objectives of the charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan annually, in addition to monitoring actions every six weeks.

We receive grants to individual carers to alleviate isolation, loneliness, improve quality of life and ability to care. Grant applications are based on carers needs that have been identified through support and assessments. Grants are open to all carers and advertised through our social media and newsletter, Grants can often be means tested and have to meet certain criteria laid down by Carers Trust but generally are in place to respond to the diverse needs of carers.

The Carers Centre will work to research future funding opportunities which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders. To achieve this, we have secured funding to work with Dizions - Charity Log and Carers Trust which will support improved impact measurement. This platform will support effective decision-making and ensure we are working to improve outcomes for beneficiaries.

#### **Volunteers**

The inclusion of volunteer roles within the Centre is crucial especially for trustees' roles within our Management Board, at the weekly Community Café and Gardening Project introduced this year. The charity will increase the involvement of volunteers in future developments. The charity would give thanks to all the volunteers for their support and commitment.

#### **Factors affecting future plans**

Despite the onset of the pandemic and closure of its service due to Welsh Government restrictions, Bridgend Carers Centre started April 2020 in a much more positive position, having diversified and increased funding streams.

The changes to the Health Board Boundaries have proved positive and have opened up new opportunities and forged new relationships through promotion of the service and our significant position in Health and Social Care. Previous funding streams have continued, and new ones developed.

Whilst the pandemic restricted our face to face support, interactions and challenged both staff and trustees, it also empowered us as a team to adapt and change. We provided support through wellbeing calls, online peer support through social media, zoom and WhatsApp. In addition, Bridgend Carers Centre website hosted online wellbeing activities and exercise. As restrictions lift we hope to keep supporting carers in this way in addition to the traditional methods whilst being aware that the pandemic is not yet over and further lockdowns could be introduced.

We realise the pandemic has had a huge effect on carers' lives, leaving a lasting legacy on confidence, mental health and resilience. The pandemic has also affected opportunities for fundraising and wider consultation, as we look to the future we know that these will need to be met through a blended approach of face to face and online facilitation.

## OBJECTIVES AND ACTIVITIES

### Public benefit

When reviewing these objectives, the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

### Significant activities

During this period of the pandemic the core work of the charity has been achieved through listening to staff and to gaining feedback from carers to meet their needs. Staff and volunteers have offered person centred support through wellbeing calls in order to keep families engaged and safeguarded. The service has still provided information, garden and outdoor visits to those carers and families experiencing crisis, emotional one to one support, online training and short innovative respite breaks have enabled carers in Bridgend area to sample a diverse range of support which suits their own individual needs. The short respite breaks funded through Carers Trust UK have enabled carers and their families including bereaved carers to experience opportunities to avoid loneliness and isolation, maintain health and wellbeing and life of their own, whilst continuing to fulfil their caring responsibilities. Throughout the pandemic these opportunities were even more important and more significant when Welsh Government restrictions prevented little face to face contact with carers. Bridgend Carers Centre continued to enable 15 staff to work from home and continue to provide support through telephone, text, email, social media and garden visits.

The Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations. Together with staff and volunteers, the trustees have worked closely to implement and influence the provision of these activities. Social Services and Well-being (Wales) Act 2014 has strengthened this requirement and objective of the charity's role as a preventative service.

### Highlights have included:

- Achieving further funding to sustain 2 part time Carers' Support Workers based at Princess of Wales Hospital and undertaking carers' assessments on behalf of the Local Authority which aids hospital discharge.
- Achieving further funding of the Welfare Benefits Advisor from ICF funding and through this service achieving a cumulative financial gain of **£2,349,642** in benefits for carers, plus a further **£32,523** in benefits giving a grand cumulative total of **£2,382,165** in Welfare Benefits for unpaid carers across Bridgend County Borough.
- Achieving funding to employ a Business Development Officer plus purchase Charity Log Data base.
- Sustaining and maintaining the Macmillan Patient and Carer Information and Support Worker funded through a grant by Macmillan Cancer Care to support families through life changes, palliative care and bereavement..
- Sustaining 2 Carers Link roles working within the community and GP Surgeries across Bridgend County Borough to identify carers, support carers, signpost carers and refer onto appropriate services.
- Continuing and developing the Young Carers Education and Employment Project through Big Lottery, Waterloo Foundation, Children in Need and ICF Funding to respond to the demands of the Project.
- Four Young Carers sit on the Carers Trust Youth Council, involved in shaping national services and resources for young carers ensuring they have a voice.
- Achieving continuation funding opportunities to provide a **Veteran Support Project** for Carers who are Veterans and those Carers supporting Veterans.
- Continuing to sustain and successfully develop a core service after loss of half of Bridgend Carers Centre total funding at March 2019 including increasing income, diversifying funding streams and adapting to service provision in direct response to the pandemic and needs of carers.
- Developing a **New Gardening Project** pilot Project funded through Awards For All funding.
- Developing a dedicated **Parent Carer Worker** post concentrating on an Active Facebook Group: Training; Dads Group, Out of Hours Support Line; Working Carers Support plus extensive one to one support to parents during a challenging time when families faced shielding and home schooling.
- Developing a Dementia Carers Support Worker working with families to give information, advice and assistance.
- During the pandemic and through home-working we achieved the **Carer Friendly Wales ADVANCED Accreditation**, evidencing the high quality of our services, (the first organisation in Bridgend county Borough).

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021**

---

**Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:**

- Attending online networking and information events for professionals in statutory, third sector and the community
- Provision of information via online meetings, emails to GP surgeries and staff across Princess of Wales Hospital informing them of our ongoing support and new initiatives.
- Provision of wellbeing telephone calls to carers to assist loneliness and isolation.
- Provision of online talks to teams and invite organisations to online meetings to gain awareness of services.
- Provision of online Carers Rights Day Event via Zoom and Carers Week raising awareness sessions on social media for carers and professionals.
- Raising carer awareness with pupils and staff through the Education and Employment Project when possible.
- Circulation of information to carers via mailing, online groups, emails, website, social media and newsletter.
- Ensuring staff and trustees are updated with current information and attending online training/conferences.
- Strong links with Carers Wales and Carers Trust to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Continue as a network partner through a new partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of the Carers Centre.
- Various consultations with carers including Welsh Government Consultations as required.

**Information has been made available directly to carers and also through other organisations:**

- Bridgend Carers Centre adapted its information dissemination in response to new challenges posed by the pandemic. This was done directly through wellbeing calls to carers by staff and volunteers at the outset of the pandemic.
- One to one sessions were made over the telephone and face to face support offered in outside venues and gardens with use of PPE to avoid the spread of the virus. These were offered to carers and families to respond to emergencies and crisis they were experiencing.
- Through distribution of information - 'Contact' newsletter via carers mailing list, online groups, website, email and social media.
- Provision and distribution of a variety of information/posters in public places, through organisations and within communities where possible during the restrictions. This was limited throughout the year as venues and organisations were closed for long periods during lockdown.
- Increasing and developing use of Social Media including Facebook and Twitter increasing followers and friends through more dynamic posting and variety of information sharing.
- Increasing and developing online activities through social media and BCC website including peer support, activities, competitions, cooking, exercise and wellbeing activities.
- Links maintained with Young Carers Steering Group, Multi-Disciplinary Team meetings, Patient Flow Meetings to share and disseminate information to professionals and identify hidden carers..
- Provide Welfare Benefits Advice to carers at the Centre and at home visits through Welfare Benefits Advisor.
- Regular updates via email to GP surgeries raising awareness with of support to carers through Carers Link roles.
- Regular updates via email to ward managers at POW Hospital, raising awareness with nursing staff of our continued support to carers, through the Integrated Carers Support roles at POW Hospital.
- Continued employment of Macmillan Family Patient and Carer Worker providing support to those with cancer.
- Young Carers Education (5 - 18 years) and Young Adult Carers ROOTS (Recognising Our Opportunities To Succeed) Project (14 years - 25 years) providing information, support and opportunities to Young and Young Adult Carers funded through Waterloo Foundation.
- Young Carers Education Schools Project funded through Big Lottery until December 2021.
- Identification of 60 plus Veteran carers and those carers looking after a Veteran and giving them access to specific information and support from the Veteran Support Project, including provision of digital technology to keep in touch with families and friends, take part in online activities to improve wellbeing.
- Provision of specific information to those carers caring for family members with Dementia.

**Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of Bridgend Carers Centre Strategic Plan.**

- Due to the pandemic the usual annual big events, celebrating the caring role including Carers Week, Carers Rights Day, Macmillan Coffee Morning and Macmillan Retreat have needed to be cancelled to avoid the spread of the virus.
- In addition, the pandemic has also affected the weekly Community Café providing lunch and refreshments, information and activities plus an additional opportunity to volunteer for carers and cared for. This has impacted on carers' health, wellbeing, loneliness and isolation of carers. Carers have told us how much they have missed this weekly opportunity to meet other carers.
- Carers Counselling was provided over the telephone instead of face to face to avoid the virus spread.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

---

- A variety of online activities, quizzes, competitions and cooking 'Bake Off' sessions have been organised to meet the diverse and varied needs of carers of all ages.
- Production of online videos - tai chi, armchair exercise, storytelling, massage and relaxation to carers of all ages.
- A variety of packs have been delivered to carers to support health and wellbeing, reduce stress and generally 'recharge their batteries'. These have included resistance bands, ankle weights, exercise videos, Arts and Crafts, Herb garden boxes, Halloween packs, Summer play packs for children, Mindfulness Art pack carers, Pizza Kits, Pamper packs, Cinema packs etc etc.
- 2 Course Christmas lunches were delivered to give carers a much-deserved treat during the pandemic.
- A Cream Tea was delivered to Veteran Carers to celebrate Armed Forces Day
- Various opportunities for carers to receive information and advice on Welfare Benefits and legal matters to give carers more choice and control.
- Various online training opportunities to empower carers to full fill their potential and support them in their caring role including Managing Challenging Behaviour Training, Girls and Autism Training, Facial Tutorials, Life Coaching sessions, Five ways to Wellbeing, Coping with Worry and Stress and Mindfulness.

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

All the activities have been monitored closely by the trustees and by the project's funders, including Cwm Taf University Health Board and Bridgend County Borough Council. Numbers of carers referring to the Carers Centre during this period have continued to increase.

The list below demonstrates the level of key activities which have been delivered to carers in the year to March 2021.

- There are **6311** carers on our database including former carers plus **4513** 'cared for' on our database, receiving information by post, phone, text or email. 528 carers receive information via email.
- **Analytics for Social Media (01/04/20 - 31/03/21)**  
Number of 'likes' on Facebook - 1242 and increasing  
Number of 'followers' on Facebook - 1448 and increasing  
Number of Twitter 'followers' - 1059 and increasing
- **600 new carers have been identified this year** and added to our database
- We had over **4650 interactions** with carers of all ages.
- **15 Carers Assessments** completed via Integrated Carers Support Workers at POW Hospital. This low figure is due to the closure of Princess of Wales Hospital and Hospital Social Work Team due to Covid 19.
- **60 Carers Emergency Action Plans** to record contingency planning for carers with a further 100 carers identified as needing one (funded through Winter Pressures Funding - Cwm Taf University Health Board).
- An Online Raising Awareness and Fundraiser **Macmillan Coffee Morning** was held in September 2020 over Social Media. Whilst **National Carers Week** was celebrated through a series of daily social media posts.
- **Outreach sessions** have not been available to carers due to the restrictions put in place by Welsh Government to avoid the spread of the virus. However, we have supported numerous online Facebook, Zoom and WhatsApp peer support groups.
- Online presence at Maesteg and Ysbyty Seren Hospital Patient Flow Meeting, Best Interest Meetings to identify unpaid carers and support and at Y Bwythyn Newydd, identifying and supporting those with cancer and their families.
- 378 hours of Carers Telephone Counselling for 63 carers.
- **Integrated Carers Support Worker POW Hospital** - 243 new and previously identified carers were supported at Princess of Wales Hospital for information, signposting and referral onto other specific services. 4063 calls, emails, zoom calls, WhatsApp contact was made during the year
- **Carers Link Workers** have identified 175 new carers and supported 645 carers. In addition, they supported carers with Attendance Allowance claims and maximised annual income by **£32,523**

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

---

- The provision of traditional short respite breaks to carers during this period have been severely affected by Covid 19 pandemic. Bridgend Carers Centre adapted and changed to respond to the challenges of the pandemic. Bridgend Carers Centre kept in touch with carers through wellbeing calls, providing one to one support in gardens and other outdoor venues with the use of PPE to avoid virus spread. Bridgend Carers Centre offered respite to carers through online activities and exercise plus online resources to help those struggling with mental health issues including Coping with Worry and Stress; Five Ways to Wellbeing and Mindfulness. WhatsApp/Zoom Groups offering friendship and peer support to those carers who would otherwise be isolated. During open period Bridgend Carers Centre were able to offer some activities including some groups, three Wreath Making Sessions in the garden and Spring Challenge For Families.
- Provision of an out of hours help line for parent carers. Provision of a dedicated Dads Group - face to face and online. Development of a 200 strong dedicated Parent Carer Facebook Group.
- **Welfare Benefits Advice achievements** - The Welfare Benefits Advisor achieved a cumulative financial gain of £2,349,642 in benefits for carers, plus a further £32,523 in benefits giving a grand cumulative total of £2,382,165 in Welfare Benefits for unpaid carers across Bridgend County Borough. The post provides advocacy for tribunals and appeal cases including empowering the carer to represent themselves and enable carers to claim for welfare benefits advice online if able.
- **Legal Advice was provided over the telephone** facilitated by Howells Solicitors.

#### **Young Adult and Young Carers Activities include -**

This year we have supported 102 young carers and 42 young adult carers.

#### **Young Carers in Schools Project**

- This year we have provided 107 one to one sessions to 23 young and young adult carers in Bridgend. These took place in primary and secondary schools, colleges, home visits, in the community and virtually.
- We have also provided telephone support to over 20 young carers and young adult carers.
- There were 45 referrals made to the Young Carers in Schools Project this year.
- 93% of young carers and young adult carers said that the Young Carers in Schools Project sessions had been beneficial and helpful.

#### **Teen Group - Our Teen Group is for young carers aged 13-17.**

- 66 young carers have accessed one to one or group support outside of school.
- We have provided over 50 virtual activities and 7 in person group trips during the Covid 19 lockdown following government guidelines.
- We have also sent out over 350 treat bags, activity packs and kits.
- Some of the trips and activities this year include: Laserzone; Young Carers Bake Off; Virtual Movie Nights; Small Group Christmas Party; Virtual Escape Rooms; Virtual Pizza and Games Night; Fish and Chips at Rest Bay; Weekly Virtual Quizzes; Virtual Girls Day; Book Club; Young Carers Mindfulness.

#### **Young Adult Carers Group - Our young adult carer group is for those aged 16 - 25.**

- 42 Young Adult Carers have accessed one to one or group support. We have provided over 35 phone support and 10 face to face support. Advice and support have been given to 9 young adult carers regarding education and employment. We have provided over 20 virtual activities and 3 in person groups.
- We have sent out over 250 treat bags, activity packs and kits. Some of the trips and activities this year include:
- Afternoon Tea at the Celtic Manor; Fish and Chips at Rest Bay; Stay at Home Spa: Group in the garden with food and games; Relax and Recharge Packs; Weekly virtual quizzes.

#### **Pen Pal Scheme**

- 10 of our young carers have signed up to the pen pal scheme. Working with Action for Children and Carmarthenshire Young Carers, we have set up a Pen Pal Scheme where each young carer from Bridgend is paired with another from Carmarthenshire where they write letters to each other and share their hobbies and interests.

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

---

**Young Carers WhatsApp Group and a Young Adult Carers WhatsApp and Facebook group.** These groups were formed in response to Welsh Government restrictions. They have given the young and young adult carers the chance to interact with each other virtually and given a platform to hold virtual weekly activities. These activities included a weekly quiz, scavenger hunt and to showcase of their 'peak of the week' pictures.

We were fortunate to receive Christmas gift donations from Mr X to provide gifts to the young carers from the ages of 5-17.

We have sent out over 600 treat bags, activity packs and kits to young carers and young adult carers. These have included: Covid Coping Packs; Ultimate Hot Chocolate Kit; Afternoon Teas; Pamper Packs; Mocktail Making Kit; Pancake Day; Scrapbooking; Easter Crafts; Grow your Sunflower Kits

We have also been successful in 9 grant applications through the Carers Trust Time for Me Respite Grants. These grants included a gym membership, access to vouchers to decorate and a spa break, these grants allowed the young and young adult carers to have time to themselves and enjoy their respite.

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 15,000 copies of newsletters are circulated in the Bridgend area to carers and professionals. In addition, newsletters are circulated online through email and on the Bridgend Carers website, Facebook and Twitter.

Accessed 23 individual Carers Trust Grants for carers totalling £5,693 helping carers in their caring role.

In addition, we supported 108 carers to access a total of £21,483 through Carers Trust Hardship Grant to support carers experiencing difficulties during the pandemic. They have included provision of white goods, help with food provision, Hello Fresh Boxes, furniture, and digital technology to help with home learning for young people during lockdown plus to support carers to keep in touch with family, improve wellbeing and to avoid loneliness and isolation.

We also supported 54 carers to access a total of £12,146 through Carers Trust Time For Me Respite Grants allowing Bridgend Carers Centre to provide innovative ways to give carers a short break. With this sum we have provided hot tubs for gardens, tents, bicycles and hotel vouchers once the restrictions are lifted.

Other organisations have worked with the Carers Centre or we refer onto include:- Bridgend County Borough Council, Early Help Team, Cwm Taf Morgannwg University Health Board, Schools and Colleges across Bridgend including Heronsbridge, Hafal, Action For Children Bridgend Young Carers Project, Red Cross, Awen, Platform, Mental Cruse, Macmillan Cancer Services, Mental Health Matters, Wales Co-operative, Marie Curie, Local Community Co-ordinators, Stroke Association, Alzheimer's Society, Y Bont, Carers Trust, Howells Solicitors, Bridgend Care and Repair, National Autistic Society, Barnardos, Inclusability and Carers Trust South East Wales.

#### **Carer involvement and participation**

There has been participation by Bridgend Carers Centre and carers at online consultation meetings/events in addition to significant consultation and participation of young carers with Carers Trust and Welsh Government. Adult Carers have participated at the online Bridgend Carers Centre Annual General Meeting. The pandemic has considerably affected opportunities to consult with carers.

4 Young Carers sit on the Carers Trust Youth Council.

1 Young Carer sits on the Welsh Youth Parliament.

1 Young Carer put themselves forward and was chosen for the UK Young Carers Awareness Day Advisory panel run by Carers Trust.

4 Young Carers attended the Children in Wales' consultation on the carers national plan

Through social media/email there have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views

The Carers Centre has been severely impacted during the pandemic in its delivery of talks/presentations to organisations. Like most organisations opportunities to raise awareness have been limited. The presence of Bridgend Carers Centre staff at Schools, Princess of Wales Hospital and GP surgeries has also been limited due to the Covid 19 restrictions. Awareness raising/sharing information events and opportunities for networking has all sadly been reduced to online seminars, meetings and conferences. This lack of face to face contact plus working from home had resulted in some staff feeling quite isolated, we addressed this by staff having a presence at the Carers Centre on a rota basis and observing PPE rules

## BRIDGEND CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

---

Staff and trustees have accessed external online training sessions, seminars and conferences to broaden their learning and increase skills. Main achievements have included staff undertaking a Masters in Child Psychology and NVQ in Health and Social Care.

Both staff and trustees have participated in online local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- The Carers Wales Workers' Network
- Young Carers Steering Group

#### **Feedback**

Feedback is encouraged and received regularly from carers who use the services of the Carers Centre. The feedback from formal evaluations is used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback at Community Café, Events, the Annual General Meeting, questionnaires and surveys and consultation through social media.

#### **Case Studies and Carers Feedback have included:**

##### **Parent Carer Support**

*'As a family we have gone through a pretty tough time with our daughter and having the support of the carers centre has been amazing. They have given us advice and help with our daughter and her diagnosis. A friendly ear to listen and a practical voice for support. They have provided invaluable training that has helped us understand our daughter better. We have also had help filling in forms that will hopefully enable us to gain access to further support. It has helped us feel less alone as a family at a time when we have felt quite lost. Thank you.'*

*'Without the support and activities provided by the carers centre I would have seriously struggled with my mental health through lockdown... the support elevated the feeling of isolation, kept me connected and allowed me the opportunity to distract myself from the disparity of the situation'.*

*'I feel that I have always got someone to talk to. The 1-2-1 really helps me try to deal with the next day or even the next couple of hours'*

*'...having the tools to challenge decisions made by school. Given me confidence'.*

##### **Parent Carers Online Facials**

*'Whilst it's been lovely having deliveries of paints/ activities/games... this was one delivery I got so excited about! I didn't expect it to be so lovely!'*

*'It's been a very long time since I've really had time to myself (been shielding on my own with my 13 year old son for a year now) so to have this evenings session scheduled in meant I had to take time for myself. I feel completely drained, both physically and mentally, most of the time lately. Although my son did interrupt a few times through the session, I still found it so relaxing, and hugely beneficial to my mental health. I can't wait to get into bed tonight as I feel so much more relaxed I think I might actually have my first good night's sleep in a very long time!'*

##### **Family Challenge**

*"D has really enjoyed doing this challenge. We have been on a nice walk to Bryngarw Park... He had also enjoyed doing some DIY and learning new skills using the drill and hammer'. He's very excited about getting the medal. When I told him about what we were going to be doing he was over the moon..."*

**Young Carers Project/Young Adult Carers Project  
Case Study**

We held a 'Girls Day' for our young carers aged 13 - 17. Due to the current pandemic through conversation, we were noticing that our female young carers in particular were experiencing a large increase in their caring role. As a result, many were reporting feelings of loneliness and isolation and increased levels of anxiety. A 'Girls Day' was planned to allow female young carers to participate in a group activity that would also allow them time to relax but give them the coping skills they need to manage in this difficult time. 13 attended all activities and 100% said that it improved their feelings of well-being. They also reported that although they were still unable to see others face to face, having an activity that they all did together at the same time improved their sense of belonging.

This activity had a large impact on all young carers in attendance. As a result, they will be able to manage their caring role more effectively which will positively impact the cared for and the wider family. In some instances, this will also mean that their improved mental well-being will improve their ability to manage their caring role alongside their education impacting their attainment and school results.

**Quotes from Young Carers, Young Adult Carers and their Families**

*"Thank you so much for the girls day. I had an awesome day. The afternoon tea was so good and the spa stuff made me feel really relaxed"* Young Carer, Aged 13.

*"I really enjoyed learning about healthy relationships. I didn't think about why it is important to have healthy relationships with your family and friends too but have learned what I should change to make these better"* Young Carer, Aged 14.

*"I haven't spoken to another young carer in so long so it was so nice to see everyone today. It makes a big difference to know you are not alone"* Young Carer, Aged 16.

*"I just wanted to take the time to say thank you for making our mocktail and brunch afternoon possible. I really liked that I could do this activity with other people over zoom and we could all laugh together. Lockdown has been really tough on me, it has made me feel alone and isolated but this activity meant I was able to have a nice catch up with the other young adult carers and staff, it also helped me to keep my mind active and improve my mental health"* Young Adult Carer, Age 19.

*"Thank you for being there for my daughter and allowing her to take part in all the little things you do for our children. You have no idea what your team has done for my daughter and I couldn't ever have got through the last few months without you guys. Thank you for pushing through the pandemic to support our children"* Mother of a Young Carer.

*"The one to one support was really good. I loved having someone to talk to and doing different activities every week"* Young Carer, Age 15.

*"The teen group has been so amazing and helps me so much and I have made so many friends and met so many lovely people. I love it!"* Young Carer, Age 14.

**Mindfulness for Young Carers**

'An 8 week mindfulness course was delivered to teach young carers mindfulness and meditation tools to cope with the stress of coping with being a young carer.

During the course all engaged well with the sessions and talked a lot about exam stress, general anxiety, confidence and low self-esteem. Feedback during the course was that the sessions helped them cope with their day to day lives, concentrate better on exams and that they all found the meditations helpful and were beginning to apply them to their day to day lives. They all said that they preferred accessing the sessions online rather than face to face as they feel less self-conscious about meditating whilst being in their own home.

A drop-in session was held 2 months later to check in. All are still using the techniques learnt and continuing to find them helpful. After practising together, one of the group said that she had forgotten how much she was benefitting from meeting regularly to practise together. All are keen to continue being supported and agreed that by embedding these tools in their lives at this age will stand them in good stead for the future.'

**Young Adult Carers Online Brunch and Mocktail Making Session**

*"I just wanted to take the time to thank you for making our mocktail and brunch afternoon possible. Lockdown has been really tough on me, it has made me feel alone and isolated but this activity meant I was able to have a really nice catch up with the young adult carers and staff. It also helped me to keep my mind active and improved my mental health"*

### Welfare Benefits Advice

#### Case Study 1

Mrs J has been on PIP for a number of years but has always had to appeal to get her entitlement. These appeals have ended with an award being made without the necessity of her attending the appeal. A few months ago we completed a PIP review form over the phone. These reviews are impossible to appraise, as one claimant will carry on with the same entitlement, whilst another will have the award taken away. About a month ago, Mrs J phoned me with the review result. I fully anticipated her claim being withdrawn, but to my astonishment her award was extended for 10 years. To say that I was surprised is an understatement, but it certainly alleviates a lot of stress from Mrs J in these uncertain times.

#### Case Study 2

Normally, I get a stand-out case every 3 months, but this period seems to be missing one, so I thought I'd just mention Mrs B whose AA claim was relatively straight forward. She phoned up to say she was awarded the high rate and was delighted because she thought that she wouldn't be awarded anything.

### Carers Emergency Action Plans

#### Case Study 1

One carer who was referred by a Carers Link Worker, found the Carers Emergency Action Plan to be extremely helpful. Due to the current pandemic this carer had concerns regarding what would happen to her daughter if there was an emergency, as her daughters' only contact was her mother, the carer.

Through completing the Carers Emergency Action Plan the Carer went through each section of the plan diligently and provided much information in the final section of the plan which relates to information about the cared for. By completing this section, it was acknowledged that the 'cared for' did not have any other contacts in the area as they had recently moved home and they were interested in joining a Church locally. The carer and their daughter had been looking for a church to attend for some time since they moved to the area but did not have any contacts. I put the carer in touch with a Carers Links Worker who had knowledge of the churches and groups in the area. The carer was thrilled to have a contact as she had been struggling to find something for her daughter to engage with and to support her spiritually which was something that 'mattered' and was important to the mother and daughter.

#### Quotes from carers

*"It's amazing to have something like this, you never know what's going to happen."*

*"I had the shingles last week and it really scared me because I realised that I don't have anything like this in place. It's such a good idea."*

*"This has given me peace of mind knowing it's all written down in one place."*

#### Case Study 2

A carer who was referred by the Integrated Carers Support Worker at Princess of Wales Hospital found that the plan was a really useful document to have and felt that it had put her mind ease knowing all the information was collected and kept in one place in case an emergency should occur. The carers mum was taking a lot of medication and she felt that writing it all down was helpful for them both.

Through completing this Carers Emergency Action Plan, I acknowledged that the carer was a Young Adult Carer and provided her with information about the BCC YAC group and all the other support available from us at the Carers Centre. The carer was interested in joining in the group when we resume face to face as she thought it might be nice to meet other YACs. We also discussed employment support as she had recently been laid off from her job due to the pandemic. At this time, she felt it was best she take some time off to care for her mum but said she would be in contact if she felt like she needed support to get back into employment.

### Carers Integrated Support - POW - SJ

#### Case Study 1

Liaison with Hospital Social Services Paul Aspey regarding MD's request to no longer care for his wife. Carer under enormous pressure, stress and guilt - supported on daily basis mostly to check his wellbeing. Contact made with OT, hospital staff on ward and Better at Home to check progress, reiterate MD's concerns and reconfirm planning. Took MD to purchase a bed and suitable bedding for his wife to return home. Arranged veteran support to help put bed together.

*"You kept me sane throughout this and I was able to talk openly about my worries and concerns without judgement"*

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021

---

**Case Study 2**

MR struggled to cope with caring for his mother after initial discharge from POW. MR was not able to gauge how his mother was as he could not physically see her. Mother was brought home and carer broke down as he was unaware and felt unprepared to care for her. Shortly after discharge MR's mother was readmitted to POW. Following short stay was transferred to Maesteg as part of the step-down service. Liaised with Hospital Social Worker to support MR and fully discussed and confirmed discharge plan. MR was able to talk about how he would manage and what support he required, and this was passed onto the Social Worker.

MR contacted me as concerns advised mother was moving to Maesteg and was very nervous about this prospect. Reassured carer and advised support would continue and discharge plans would be put in place prior to discharge home.

Success story as carer felt all prepared and ready to care for his mother at home. Social Worker arranged package of care and reiterated this to carer, so he had confidence in plans. Was able to contact GP to arrange medications in blister packs to help cared for.

Carer's comment was *"I was lost without you and wouldn't have known what to do, marvellous job"*. Carer has now the confidence to arrange holiday and feels support as a carer.

**Case study 3**

MG's wife admitted to POW and then moved to Abergarw Manor as part of the step-down service. Carer very concerned and not happy with hospital communication as could not see his wife. Was extremely stressed and fretful, 'petrified' and 'frightened' of how he would manage when she came home. Liaised with Social Worker involved to support and update then of MG's concerns. Emotional Support for MG to talk about his feelings and worries. Contacted Ward Manager in Maesteg hospital to voice MG's concerns and to open conversation between carer and hospital. Through good links with myself, carer and Social Worker, discharge was smooth, and carer felt that he was ready to continue caring and felt he was managing well.

**Case Study 4**

KU's father admitted to hospital since Nov 19 and readmitted shortly after attempts to bring him home. Carer has not been able to see her father, even prior to Covid -19, due to her physical disabilities and does not leave her home. During admission, KU has felt communication extremely difficult and Social Services very intrusive and not empathetic to her situation. Discussions broke down a number of times with carer at Discharge Planning Meetings. Supported KU with interactions with Hospital Social Worker. KU had strained relationship and so acted as mediator in order to support KU and progress discharge process.

Referral to our Legal Advisor for advice as KU felt her voice was not being heard, her attempts to discuss CHC funding with hospital and wanted legal advice on her course of action.

Mediated with Social Worker to progress to Discharge Planning Meeting. Attended 3 Discharge Meetings where the first one failed. This was due to KU feeling that her concerns and voice was not being heard and broke down. Through my discussions with Social Worker and KU, we progressed with face to face discharge meetings on two occasions. Supported KU to voice her concerns, actively sought KU's input into the meetings so that she felt her input was listened and valued. Meeting was successful in terms of KU feeling she was able to communicate her point of view and an understanding was gained even though the CHC funding was not granted.

This outcome would not have been achieved without my support and help for KU. This would have caused further delays resulting in her father remaining in hospital for longer than needed. I was also able to help the Discharge Planning team and the Social Worker also to come to a conclusion.

*"You are an angel and lucky to have your support, thanks you so much, it helps me emotionally that you are there for me"*

### **Integrated Carers Support Worker - POW - RG**

#### **Case study 1**

JM is the sole carer for his mother. He has supported her for a number of years and now the time has come for him to move into her house. The stress of moving his home contents into "half a house" that he shares with his mother has been significant. JM also works full time, does the shopping and errands for his mother, takes care of the housework and cooking. He finds his mother quite demanding on times and will freely admit that he often finds himself at breaking point. His long-term partner has moved away to Leeds. This is amicable and they are still a couple just in different locations. His social worker asked me to contact JM a couple of times as his texts to her became increasingly agitated and the frequency was escalating. I've had a couple of hour-long chats with JM over the past two months. This has allowed him to offload his anxieties, discuss his options, reminisce about pre covid and the activities he feels he's missing out on. I've had regular updates from his social worker to the effect that his texts to her decline in number for a significant time after I've had a chat with him. This support allows the JM to have a bit of respite whilst talking to me, and the social worker can remain focused on other topics. I've also completed a carers assessment for JM. This is in readiness for when he can leave Bridgend to visit his partner, so that carers can be arranged promptly for his respite.

#### **Case Study 2**

##### **Digital Inclusion during the Pandemic - A Case Study**

John\* cares F/T. His wife is physically disabled due to cerebral palsy and has mental ill health. The longevity of his caring role has significantly impacted John's\* own health and he sometimes finds it difficult to cope. Both have benefitted from regular support and respite at the Centre and enjoy engaging with other carers in the 'Bridgend Carers Well-being Group' facilitated by an experienced worker.

With his wife particularly vulnerable to the virus, they were shielding due to their high risk and experienced the effects of the lockdown acutely. The support, company and activities they relied upon were no longer available in the same way. During a pro-active well-being call, our worker realised he was feeling overwhelmed, and with encouragement, he disclosed that he had recently been to hospital with 'cuts to his wrist'.

As part of a range of support, the staff member suggested the potential benefits of an Echo Dot, including music, a known passion of John's\*, which he agreed to try. It was delivered and the set up explained, (within safety guidance). After a follow up call, the staff member described John\* as 'very animated' and said 'it was lovely to see'. He reported that he had purchased 'smart bulbs' which meant his wife was able to use the device to control the lighting in the living room and bedroom, something she had not been able to do independently before. They were able to "create subtle coloured relaxing ambiance" and "play relaxing music while we eat dinner".

He said, *"These may appear to be little things to most people, although the combination of practical and emotional benefits contributes in reducing stress levels at our household. Even though I don't know all the features as yet, this device has been of great benefit"*.

##### **Macmillan Patient and Carer Information and Support Worker**

Mrs JS is a patient who is receiving support at home. She struggles with anxiety and panic attacks and lives alone. Her son and carer MR MS also supports on a regular basis. Having spoken at length with Mr JS she gave me permission to ring her surgery to see if there was to be a Psych review in the near future. The surgery was very helpful, said that they would follow up my conversation with her to see what support she needed. In addition to this Mrs JS and I discussed the benefits of the CiSS service. I arranged for them to contact her. Also, we discussed the buddy service which is actioned by Macmillan. In essence Mrs JS is now being supported by her GP, CCIS and Macmillan Buddy service. She also enjoys reading so I supported the family with the number for the mobile library.

##### **Dementia Carers Support**

*"Thank you for supporting us to voice our concerns"*

*"You were brilliant and a sympathetic ear and sorry for bashing it on occasions"*

*"You have been wonderful and a great support to us"*

##### **Carers Link Workers - Carers Story illustrating holistic support from a Carers Link Worker**

Mrs RB is 72 years old and has been a widow of 9 years. RB cares for her daughter JB (48 yrs) who has a diagnosis of Bi-Polar, depression and high levels of anxiety. RB was advised by her GP to contact the carers centre as her GP felt that she was in need of support as a carer and concerns about her own wellbeing.

RB moved from Mid Wales 2 years ago to be near her youngest daughter and family in Porthcawl. JB remained in Mid Wales and was receiving high levels of support from the community mental health team, outreach workers and housing. Shortly after RB moved to Porthcawl JB was Sectioned under the Mental Health Act and was admitted to hospital in Mid Wales. She was detained for 10 months and was due to be discharged with a package of support, but due to the pandemic and Covid 19 restrictions her discharge from hospital was abrupt and no support was implemented. JB's health began to deteriorate and by August 2020 she had secured a flat near her mother, but no information from services involved in her care was transferred.

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021

---

Since August RB has been supporting her daughter on a daily basis, providing her with a hot meal every day, washing and taking care of clothing etc and trying to oversee her daughter's health and wellbeing. RB explained that she felt that her daughter was not on the correct medication and would often take the wrong dosage, she also disclosed that JB had gained 9 stone in weight and was now struggling with her breathing and mobility.

This responsibility has had a huge impact on RB's health, she has become extremely anxious and worried about her daughter's health and wellbeing and has been totally overwhelmed taking on this responsibility at her age. She has no support from her youngest daughter, who has blamed her mother for supporting the transition of her sister. RB was not familiar with support services within the community and struggled to reach out for support.

Following my initial contact with RB I have been able to offer her firstly, reassurance that there are services available, and a voice at the end of the phone that she could 'off load'. Through weekly contact to I was able to identify the primary need, which was to alert professionals of the high level of concern for her daughter JB. I carried the following actions:

- Contacted the practice manager at their GP surgery and requested a referral to the Primary Mental Health Team for an assessment (Contact was made and appointment given)
- Referral to Social Services Common Access Point - which was allocated to SW
- Referral Hafal - requesting support including community support
- Counselling referral
- Referral to local community food parcels (JB had a delivery of 3 hot meals per week)
- Completed a hardship grant for payment towards a Will with Vulnerable Person's Trust & Power of Attorney.
- Delivered Echo Dot, Painting By Numbers, Summer Blubs and Mindfulness Book
- Carers Emergency Action Plan
- I was able to provide JB with weekly contact, providing emotional support and reassurance. Contact with RB is still in place, but at present biweekly, as JB feels more confident that her daughter is now getting the support that she needs and is feeling less anxious, that if anything should happen to her, then appropriate actions would be implemented.

**Carers quotes**

*"When I first contacted you, I didn't know where to turn, I feared the worse for 'J', I can't thank you enough, you have been so kind, helpful and reliable, I really am so grateful for all you have done. I no longer have to make meals every day for J, which gives me a little time to myself. The doctor has now done a complete review of her medication and has a dietician working with her, which is such a relief, I was so worried about her.*

*My other daughter is now more understanding and we are talking again, and I can see my grandchildren, which makes me so happy.*

*From a legal perspective, I can now have peace of mind that J will be cared for after my days. Thank you so much.*

*Oh, and my bulbs are already sprouting, and I love my painting by numbers."*

*"Thank you so much for all of your time and support. You are so kind. You have taken the weight off my shoulders and I can begin to think more clearly about the future."*

*"Oh my goodness, I don't know what to say. I can't thank you enough for all you have done. You have given me some hope for the future. I am truly grateful for your help and support."*

*"Thank you so much for being here today, I think if you weren't here then I wouldn't of been so truthful, its hard admitting things, but I think like you said unless they see the whole picture of how hard life is then they won't help"*

*"I don't know how to thank you, I couldn't have managed to do this on my own" I can't believe how kind you have been to me, where would I have been without your help and support"*

*"You lighten up my life, it was so great to see you bearing a gift that will make such a difference to me, will get one of the grandchildren to set it up, I am so excited, will be able to do my food shopping on line. Thank you from the bottom of my heart. X"*

*"Took this picture for you in my garden on Wednesday after you left. So brilliant to see you, thank you for being so kind"*

### Counselling

General feedback received from telephone counselling is that it's good to talk to someone other than family especially in terms of bereavement. Also, lots of carers have said they have benefited from a phone call. Most have felt isolated because of the pandemic so they have benefited from keeping a mood diary, writing lists and looking how to structure their day. Lots of referrals coming in. Parent carers are struggling to have an hour to themselves which is understandable with the children being off school.

*"The calls that I receive from Joanna, are really a lifeline. I am a person who finds it incredibly hard to admit that I may be struggling mentally and emotionally, usually through my work and personal life I am always seen as the person with the shoulder to cry on. After my mum passed away, I have felt lost and alone. Having the time to speak with Joanna, gives me that time to offload for myself, she is the listening ear at the end of the phone, patient and non-judgmental. She allows me to "prattle" on, often about nothing but always about something. The time allows me to make sense of my feelings and to try and get my perspective back for my life.*

*Thank you, Jo, for listening" SA Carer*

*"I had become very vulnerable again. It has been such a comfort to know that in this desolate time that there is someone willing to listen, an adult I can pour my heart out to. I have been unable to visit my extended family when members in my household were having mental health problems so the calls were a huge help to me."* MP Carer

*"I have my call on the times agreed and never feel rushed, at first I wasn't sure about it but having the experience it have been great. I feel the service is very useful and that I am able to open up and not feel judged."* DG Carer

*"I can now breathe through my panic attacks. I still have them but I feel more in control. Counselling has helped me to do this."* MA carer

### Volunteering

*"When my previous caring role came to an end, I was left with a huge void to fill. A few weeks ago, I was thinking about how Bridgend Carers Centre had helped the family through difficult times, and with my passion and hobby for cooking, I felt it was the right time to do something to give back to the centre. So over three or four weekends, I baked and made foods and received donations for the centre. Thank you to all the donators and to the centre for supporting us."*

### Life Coaching

*'I certainly feel like I have benefited from the service. It has been life changing...It has helped me gain clarity on my situation and feel less overwhelmed, which I expect is a common feeling amongst carers'.*

### Door Step Dancers

*"What can I say, I was shocked, overwhelmed, delighted". I have never experienced anything like that before, I've been married for over 60 years and I can honestly say, that surprise was the next best thing to my wedding day, and during a week when I most needed it, it not only made my day, it made my year. I will remember it forever. THANK YOU,"*

*"It was so uplifting to be entertained, it made me feel so special that I was actually thought of. To be entertained on a red carpet and all don't you know! A special thanks for thinking of me for this wonderful surprise. I had half the street out watching!!! It also kept my husband smiling all day. THANK YOU"*

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

---

#### **FINANCIAL REVIEW**

##### **Risks**

The main risk to the charity from April 2020 is that we fail to sustain the charity by not maintaining future funding from a more diverse pool of funders. We have worked hard to increase the amount of reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

##### **Factors likely to affect financial performance**

These would include:

- Loss of funding
- Increase in funding
- Loss/improvement of reputation
- Loss/ appointment of new or key trustee roles
- Increase/decrease in outcomes for carers
- Employ a marketing officer
- Improvement impact monitoring

##### **Principal funders**

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Cwm Taf University Health Board, Bridgend County Borough Council, Carers Trust UK, Macmillan Cancer Care, Big Lottery, Children in Need, Waterloo Foundation, Moondance, Triangle Trust and all those who have made financial contributions in donations and fundraising.

##### **Going concern**

The charity has increased its workload and are working towards sustainability of continued funding and its overall service for years to come.

##### **Reserves**

The total funds of £226,498 (2020: £173,485) include £112,580 (2020: £91,306) which is held for restricted purposes. The trustees have designated a further £70,000 of funds for specific purposes. The details of which can be found in note 18 to the financial statements. The remaining £36,190 excluding fixed assets, are the free reserves.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

#### **FUTURE PLANS**

Actions that the charity needs to make further progress in the coming year include:

- working with businesses to ensure that employees who are carers are supported and best practice is looked at
- ensuring the charity is sustainable for the future
- evaluate improvements in carers information i.e. marketing, carers stories, media coverage
- Welsh language implications and action plan
- Work towards quality standards awards.

Ensure further funding is sought to increase and improve support to carers in Bridgend County Borough Increase partnership working and seek opportunities to give carers diverse range of support and expertise.

This all needs to be worked towards subject to Welsh Government restrictions and further lockdowns through Covid 19.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

##### **Recruitment and appointment of new trustees**

Appointment of trustees is either by the charity annual general meeting or by the other trustees, as laid down in its formal procedures.

## **BRIDGEND CARERS CENTRE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

---

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Organisational structure**

Fifteen staff are supervised and managed by Centre Manager. The Administrator (Company Secretary) and Centre Manager are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and Centre Manager reports on the activity at the Centre. Further decisions are made at subgroup level - Financial Planning Sub Group, Recruitment Sub Group, HR Sub Group, Policy Sub Group. They bring recommendations to the full Board. Any purchase over £500 has to be brought to the Board.

##### **Induction and training of new trustees**

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The Centre Manager works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the Centre Manager and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

Wages of key management personnel and for all staff have been set by the BCBC pay scale - National Joint Council (NJC). We set our wages in line with these scales. Any issues including wage reviews are discussed by the Human Resources Subgroup who meet every six weeks and report back to the Trustees Board Meeting.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05372329 (England and Wales)

##### **Registered Charity number**

1125921

##### **Registered office**

87 Park Street  
BRIDGEND  
CF31 4AZ

##### **Trustees**

M Davies  
S H Lewis  
S Cash  
C Colman  
C Clarke  
J M Williams

##### **Co-opted trustees**

J Mathias

##### **Company Secretary**

S G Evans

##### **Independent Examiner**

Watts Gregory LLP  
Chartered Accountants  
Elfed House, Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021

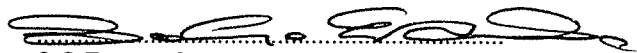
---

REFERENCE AND ADMINISTRATIVE DETAILS

Centre Manager

H M Pitt

Approved by order of the Board of Trustees on 7/10/21 and signed on its behalf by:



S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRIDGEND CARERS CENTRE**

---

**Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Julia Mortimer FCCA  
Watts Gregory LLP  
Chartered Accountants  
Elfed House  
Oak Tree Court  
Cardiff Gate Business Park  
CARDIFF  
County of Cardiff  
CF23 8RS

Date: 3 November 2021

**BRIDGEND CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2021**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                             |                             |
| Donations and legacies             | 3     | 77,246                     | 1,635                    | 78,881                      | 23,090                      |
| <b>Charitable activities</b>       | 6     |                            |                          |                             |                             |
| Support for Carers                 |       | 6,375                      | 439,838                  | 446,213                     | 308,541                     |
| Other trading activities           | 4     | -                          | -                        | -                           | 2,153                       |
| Investment income                  | 5     | <u>1,291</u>               | <u>-</u>                 | <u>1,291</u>                | <u>441</u>                  |
| <b>Total</b>                       |       | <b>84,912</b>              | <b>441,473</b>           | <b>526,385</b>              | <b>334,225</b>              |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                             |                             |
| <b>Charitable activities</b>       | 7     |                            |                          |                             |                             |
| Support for Carers                 |       | <u>55,148</u>              | <u>418,224</u>           | <u>473,372</u>              | <u>321,945</u>              |
| <b>NET INCOME</b>                  |       | <b>29,764</b>              | <b>23,249</b>            | <b>53,013</b>               | <b>12,280</b>               |
| <b>Transfers between funds</b>     | 18    | <u>1,975</u>               | <u>(1,975)</u>           | <u>-</u>                    | <u>-</u>                    |
| <b>Net movement in funds</b>       |       | <b>31,739</b>              | <b>21,274</b>            | <b>53,013</b>               | <b>12,280</b>               |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                             |                             |
| <b>Total funds brought forward</b> |       | <u>82,179</u>              | <u>91,306</u>            | <u>173,485</u>              | <u>161,205</u>              |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><b>113,918</b></u>      | <u><b>112,580</b></u>    | <u><b>226,498</b></u>       | <u><b>173,485</b></u>       |

The notes form part of these financial statements

## BRIDGEND CARERS CENTRE

BALANCE SHEET  
31 MARCH 2021

|                                              | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|----------------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                          |       |                            |                          |                             |                             |
| Tangible assets                              | 14    | 7,728                      | -                        | 7,728                       | 8,129                       |
| <b>CURRENT ASSETS</b>                        |       |                            |                          |                             |                             |
| Debtors                                      | 15    | 300                        | 14,977                   | 15,277                      | 25,618                      |
| Cash at bank and in hand                     |       | <u>132,862</u>             | <u>144,103</u>           | <u>276,965</u>              | <u>147,711</u>              |
|                                              |       | 133,162                    | 159,080                  | 292,242                     | 173,329                     |
| <b>CREDITORS</b>                             |       |                            |                          |                             |                             |
| Amounts falling due within one year          | 16    | (26,972)                   | (46,500)                 | (73,472)                    | (7,973)                     |
| <b>NET CURRENT ASSETS</b>                    |       | <u>106,190</u>             | <u>112,580</u>           | <u>218,770</u>              | <u>165,356</u>              |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>113,918</u>             | <u>112,580</u>           | <u>226,498</u>              | <u>173,485</u>              |
| <b>NET ASSETS</b>                            |       | <u>113,918</u>             | <u>112,580</u>           | <u>226,498</u>              | <u>173,485</u>              |
| <b>FUNDS</b>                                 | 18    |                            |                          |                             |                             |
| Unrestricted funds                           |       |                            |                          | 113,918                     | 82,179                      |
| Restricted funds                             |       |                            |                          | <u>112,580</u>              | <u>91,306</u>               |
| <b>TOTAL FUNDS</b>                           |       |                            |                          | <u>226,498</u>              | <u>173,485</u>              |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

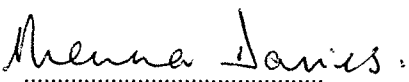
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31.03.2021 and were signed on its behalf by:

  
M Davies - Trustee

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2021

|                                                                           | Notes | 2021<br>£      | 2020<br>£      |
|---------------------------------------------------------------------------|-------|----------------|----------------|
| <b>Cash flows from operating activities</b>                               |       |                |                |
| Cash generated from operations                                            | 1     | <u>131,666</u> | <u>(5,144)</u> |
| Net cash provided by/(used in) operating activities                       |       | <u>131,666</u> | <u>(5,144)</u> |
| <b>Cash flows from investing activities</b>                               |       |                |                |
| Purchase of tangible fixed assets                                         |       | (3,703)        | (2,709)        |
| Interest received                                                         |       | <u>1,291</u>   | <u>441</u>     |
| Net cash used in investing activities                                     |       | <u>(2,412)</u> | <u>(2,268)</u> |
| <b>Change in cash and cash equivalents in the reporting period</b>        |       | 129,254        | (7,412)        |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | <u>147,711</u> | <u>155,123</u> |
| <b>Cash and cash equivalents at the end of the reporting period</b>       |       | <u>276,965</u> | <u>147,711</u> |

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

|                                                                                    | 2021<br>£      | 2020<br>£      |
|------------------------------------------------------------------------------------|----------------|----------------|
| Net income for the reporting period (as per the Statement of Financial Activities) | 53,013         | 12,280         |
| Adjustments for:                                                                   |                |                |
| Depreciation charges                                                               | 4,104          | 2,945          |
| Interest received                                                                  | (1,291)        | (441)          |
| Decrease/(increase) in debtors                                                     | 10,341         | (16,432)       |
| Increase/(decrease) in creditors                                                   | <u>65,499</u>  | <u>(3,496)</u> |
| Net cash provided by/(used in) operations                                          | <u>131,666</u> | <u>(5,144)</u> |

2. ANALYSIS OF CHANGES IN NET FUNDS

|                          | At 1/4/20<br>£ | Cash flow<br>£ | At 31/3/21<br>£ |
|--------------------------|----------------|----------------|-----------------|
| Net cash                 |                |                |                 |
| Cash at bank and in hand | <u>147,711</u> | <u>129,254</u> | <u>276,965</u>  |
|                          | <u>147,711</u> | <u>129,254</u> | <u>276,965</u>  |
| Total                    | <u>147,711</u> | <u>129,254</u> | <u>276,965</u>  |

The notes form part of these financial statements

**1. STATUTORY INFORMATION**

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There have been no material departures from Financial Reporting Standard 102.

**Going concern**

The trustees are satisfied that despite the Coronavirus pandemic, it is appropriate for the company's financial statements to be prepared on a going concern basis. The pandemic has resulted in a number of uncertainties arising and the directors have taken steps to minimise the effect on the charity and will continue to do so. In the circumstances they have concluded that no adjustments are required to the financial statements at this time.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

This includes capital grants.

**Donations and legacies income**

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable, and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

**Charitable activities**

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable, and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

**Investment income**

Investment income is recognised on a receivable basis.

It is not the policy of the charity to show income net of expenditure.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

**2. ACCOUNTING POLICIES - continued**

**Expenditure**

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

Expenditure includes VAT as the charity is not VAT registered.

**Allocation and apportionment of costs**

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Debtors**

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

**Tangible fixed assets**

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pensions**

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Contributions payable for the year are charged in the Statement of Financial Activities.

**Fund accounting**

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**2. ACCOUNTING POLICIES - continued****Fund accounting**

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**3. DONATIONS AND LEGACIES**

|                   | 2021          | 2020          |
|-------------------|---------------|---------------|
|                   | £             | £             |
| General donations | 8,656         | 22,775        |
| Membership fees   | 225           | 315           |
| Legacies          | <u>70,000</u> | <u>-</u>      |
|                   | <u>78,881</u> | <u>23,090</u> |

**4. OTHER TRADING ACTIVITIES**

|                        | 2021     | 2020         |
|------------------------|----------|--------------|
|                        | £        | £            |
| Fundraising activities | <u>-</u> | <u>2,153</u> |

**5. INVESTMENT INCOME**

|                          | 2021         | 2020       |
|--------------------------|--------------|------------|
|                          | £            | £          |
| Deposit account interest | <u>1,291</u> | <u>441</u> |

**6. INCOME FROM CHARITABLE ACTIVITIES**

|                                 | 2021           | 2020           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bursaries for individual carers | 6,005          | 6,424          |
| Grants                          | 440,208        | 299,078        |
| Other income                    | -              | 525            |
| Community Cafe income           | <u>-</u>       | <u>2,514</u>   |
|                                 | <u>446,213</u> | <u>308,541</u> |

Grants received, included in the above, are as follows:

|                                                  | 2021         | 2020          |
|--------------------------------------------------|--------------|---------------|
|                                                  | £            | £             |
| Macmillan - Patient & Carer Support Worker Grant | 13,920       | 12,634        |
| Other grants                                     | 1,000        | 400           |
| Carers Trust grants                              | 74,519       | 15,884        |
| Integrated Care Fund                             | 55,000       | 55,000        |
| Waterloo Foundation                              | 22,500       | 22,500        |
| ABMU - Carers' Link Worker Post                  | -            | 62,497        |
| Big Lottery People and Places Grant              | 32,511       | 31,934        |
| BBC Children in Need                             | 13,170       | 9,720         |
| Age UK                                           | -            | 20,000        |
| Community Fund Wales                             | -            | 19,999        |
| The Triangle Trust 1949 Fund                     | 27,500       | 15,000        |
| BAVO ICF grant                                   | -            | 10,539        |
| WAG - Veteran Carers grant                       | <u>1,529</u> | <u>18,471</u> |
| Carried forward                                  | 241,649      | 294,578       |

**BRIDGEND CARERS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**6. INCOME FROM CHARITABLE ACTIVITIES - continued**

|                                                       | 2021<br>£      | 2020<br>£      |
|-------------------------------------------------------|----------------|----------------|
| Brought forward                                       | 241,649        | 294,578        |
| St James's Place Charitable Foundation                | -              | 4,500          |
| BCBC grant                                            | 2,000          | -              |
| BAVO - Transformation Grant Parent Carer Project      | 23,821         | -              |
| Garfield Weston Foundation - Carers Link Worker Posts | 20,000         | -              |
| The Triangle Trust 1949 Fund – Emergency COVID grant  | 9,800          | -              |
| The Edward Gostling Foundation - Veteran projects     | 5,000          | -              |
| Cwm Taf Morgannwg UHB – Winter Pressures              | 11,400         | -              |
| Moondance Foundation - Emergency COVID grant          | 12,000         | -              |
| BAVO ICF - Wellbeing grant for YAC                    | 11,731         | -              |
| WCVA Voluntary Sector Recovery Fund                   | 33,983         | -              |
| Postcode Lottery                                      | 20,000         | -              |
| BCBC Veteran grant                                    | 4,180          | -              |
| Community Foundation in Wales                         | 5,000          | -              |
| WCVA Voluntary Sector Emergency Fund                  | 39,644         | -              |
|                                                       | <u>440,208</u> | <u>299,078</u> |

**7. CHARITABLE ACTIVITIES COSTS**

|                    | Direct<br>Costs (see<br>note 8)<br>£ | Support<br>costs (see<br>note 9)<br>£ | Totals<br>£    |
|--------------------|--------------------------------------|---------------------------------------|----------------|
| Support for Carers | <u>422,470</u>                       | <u>50,902</u>                         | <u>473,372</u> |

**8. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                                                | 2021<br>£      | 2020<br>£      |
|------------------------------------------------|----------------|----------------|
| Staff costs                                    | 267,029        | 193,573        |
| Insurance                                      | 1,351          | 398            |
| Light, heat and water                          | 854            | 1,081          |
| Telephone                                      | 4,816          | 473            |
| Printing, postage and stationery               | 10,777         | 8,782          |
| Publications, advertisements and subscriptions | 3,917          | 33             |
| Sundry expenses                                | 63             | 122            |
| Recruitment costs                              | -              | 990            |
| Rent                                           | 3,510          | 3,250          |
| Repairs, maintenance and cleaning              | 1,107          | 909            |
| Carers' events                                 | -              | 650            |
| Breaks/project expenditure for carers          | 103,944        | 43,665         |
| Staff travel                                   | 4,551          | 6,918          |
| Staff training                                 | 1,857          | 2,301          |
| Computer and IT expenses                       | 4,341          | 1,940          |
| Room hire                                      | -              | 1,580          |
| Drop in/Outreach expenses                      | 13             | 21             |
| Bursaries to individual carers                 | 7,996          | 6,724          |
| Carers' training                               | 4,220          | 130            |
| Cafe purchases for resale                      | 71             | 1,573          |
| Depreciation                                   | 2,053          | 1,473          |
|                                                | <u>422,470</u> | <u>276,586</u> |

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 9. SUPPORT COSTS

|                    | Staff<br>costs<br>£ | Other<br>£    | Depreciation<br>£ | Governance<br>costs<br>£ | Totals<br>£   |
|--------------------|---------------------|---------------|-------------------|--------------------------|---------------|
| Support for Carers | <u>25,544</u>       | <u>13,168</u> | <u>2,051</u>      | <u>10,139</u>            | <u>50,902</u> |

The amount due to the independent examiners for the year ended 31 March 2021 was £1,890 (2020 - £1,890) and £853 (2020 - £828) in respect to other financial services.

## 10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

|                             | 2021<br>£    | 2020<br>£    |
|-----------------------------|--------------|--------------|
| Depreciation - owned assets | <u>4,104</u> | <u>2,945</u> |

## 11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 or for the year ended 31 March 2020.

## Trustees' expenses

There were no trustees' expenses for the year ended 31 March 2021 or for the year ended 31 March 2020.

## 12. STAFF COSTS

|                       | 2021<br>£      | 2020<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 278,471        | 204,611        |
| Social security costs | 16,596         | 15,691         |
| Other pension costs   | <u>4,260</u>   | <u>3,125</u>   |
|                       | <u>299,327</u> | <u>223,427</u> |

The average monthly number of employees during the year was as follows:

|                             | 2021<br><u>14</u> | 2020<br><u>11</u> |
|-----------------------------|-------------------|-------------------|
| The average number of staff |                   |                   |

No employees received emoluments in excess of £60,000.

## 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

|                                   | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|-----------------------------------|----------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b> |                            |                          |                     |
| Donations and legacies            | 21,826                     | 1,264                    | 23,090              |
| <b>Charitable activities</b>      |                            |                          |                     |
| Support for Carers                | 3,039                      | 305,502                  | 308,541             |
| Other trading activities          | 813                        | 1,340                    | 2,153               |
| Investment income                 | <u>441</u>                 | <u>-</u>                 | <u>441</u>          |
| <b>Total</b>                      | <b>26,119</b>              | <b>308,106</b>           | <b>334,225</b>      |

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued****EXPENDITURE ON**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| Charitable activities              |                            |                          |                     |
| Support for Carers                 | 61,568                     | 260,377                  | 321,945             |
| <b>NET INCOME/(EXPENDITURE)</b>    | (35,449)                   | 47,729                   | 12,280              |
| Transfers between funds            | 1,906                      | (1,906)                  | -                   |
| Net movement in funds              | (33,543)                   | 45,823                   | 12,280              |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                     |
| Total funds brought forward        | 115,722                    | 45,483                   | 161,205             |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>82,179</u>              | <u>91,306</u>            | <u>173,485</u>      |

**14. TANGIBLE FIXED ASSETS**

|                       | Fixtures<br>and<br>fittings<br>£ |
|-----------------------|----------------------------------|
| <b>COST</b>           |                                  |
| At 1 April 2020       | 39,318                           |
| Additions             | <u>3,703</u>                     |
| At 31 March 2021      | <u>43,021</u>                    |
| <b>DEPRECIATION</b>   |                                  |
| At 1 April 2020       | 31,189                           |
| Charge for year       | <u>4,104</u>                     |
| At 31 March 2021      | <u>35,293</u>                    |
| <b>NET BOOK VALUE</b> |                                  |
| At 31 March 2021      | <u>7,728</u>                     |
| At 31 March 2020      | <u>8,129</u>                     |

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2021<br>£     | 2020<br>£     |
|--------------------------------|---------------|---------------|
| Prepayments and accrued income | <u>15,277</u> | <u>25,618</u> |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

|                                 | 2021          | 2020         |
|---------------------------------|---------------|--------------|
|                                 | £             | £            |
| Trade creditors                 | -             | 101          |
| Social security and other taxes | 4,537         | 4,253        |
| Other creditors                 | 137           | 56           |
| Accruals and deferred income    | <u>68,798</u> | <u>3,563</u> |
|                                 | <u>73,472</u> | <u>7,973</u> |

Included above is £46,676 (2020: £163) of deferred income which relates to membership fees received in advance of the period to which they relate and grants which were specified as being for 2021/22 by the funder.

## 17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

|                            | 2021          | 2020          |
|----------------------------|---------------|---------------|
|                            | £             | £             |
| Within one year            | 6,489         | 6,997         |
| Between one and five years | <u>6,270</u>  | <u>12,760</u> |
|                            | <u>12,759</u> | <u>19,757</u> |

The total leased payments recognised as an expense throughout the year amounted to £6,997 (2020 - £7,844)

## BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 18. MOVEMENT IN FUNDS

|                                              | At 1/4/20<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/21<br>£ |
|----------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                    |                |                                  |                                    |                    |
| General fund                                 | 82,179         | (40,236)                         | 1,975                              | 43,918             |
| Bridging Fund                                | -              | 20,000                           | -                                  | 20,000             |
| PA/Administration Role                       | -              | 15,000                           | -                                  | 15,000             |
| Staff Welfare Fund                           | -              | 5,000                            | -                                  | 5,000              |
| Outreach Service/Development Funding         | -              | 30,000                           | -                                  | 30,000             |
|                                              | 82,179         | 29,764                           | 1,975                              | 113,918            |
| <b>Restricted funds</b>                      |                |                                  |                                    |                    |
| Bursaries for individual carers              | -              | 317                              | -                                  | 317                |
| Macmillan Patient & Carer Support Worker     | (1,567)        | 682                              | -                                  | (885)              |
| Princess of Wales Hospital Support           |                |                                  |                                    |                    |
| Workers fund                                 | 12,393         | 2,343                            | -                                  | 14,736             |
| Welfare Benefits Adviser fund                | 7,742          | 3,521                            | -                                  | 11,263             |
| ROOTS School Project                         | 8,537          | 309                              | -                                  | 8,846              |
| YAC/YC fund                                  | 949            | 1,635                            | -                                  | 2,584              |
| Carers Link worker posts                     | 4,081          | (2,280)                          | -                                  | 1,801              |
| Ford Britain Trust Grant                     | 178            | -                                | -                                  | 178                |
| Big Lottery People and Places Grant          | 7,672          | 1,225                            | -                                  | 8,897              |
| BBC Children in Need                         | 6,140          | 988                              | -                                  | 7,128              |
| Veteran Support Project                      | 8,511          | (8,233)                          | -                                  | 278                |
| Gardening project                            | 9,849          | (7,855)                          | -                                  | 1,994              |
| Triangle Trust                               | 5,514          | (1,470)                          | -                                  | 4,044              |
| Carers Trust - Inspiring Change              | 5,403          | (4,723)                          | -                                  | 680                |
| Young Adult Carers fund                      | 4,704          | (3,431)                          | -                                  | 1,273              |
| Community Fund Wales - Wesleyan              | 10,000         | (8,450)                          | -                                  | 1,550              |
| Carers Trust - Peer Wellbeing                | 1,200          | (1,200)                          | -                                  | -                  |
| Transformation Grant Parent Carer Project    | -              | 4,099                            | (1,975)                            | 2,124              |
| Winter Pressures                             | -              | 1,613                            | -                                  | 1,613              |
| BAVO ICF - Wellbeing grant for YAC           | -              | 330                              | -                                  | 330                |
| Carers Trust Hardship fund                   | -              | 1,424                            | -                                  | 1,424              |
| Carers Trust - Time for me fund              | -              | 800                              | -                                  | 800                |
| WCVA Voluntary Sector Recovery Fund          | -              | 12,307                           | -                                  | 12,307             |
| Digital families                             | -              | 418                              | -                                  | 418                |
| BCBC Veteran fund                            | -              | 4,180                            | -                                  | 4,180              |
| Community Foundation in Wales                | -              | 4,700                            | -                                  | 4,700              |
| Volunteer Co-ordinator - garden project fund | -              | 20,000                           | -                                  | 20,000             |
|                                              | 91,306         | 23,249                           | (1,975)                            | 112,580            |
| <b>TOTAL FUNDS</b>                           | <u>173,485</u> | <u>53,013</u>                    | <u>-</u>                           | <u>226,498</u>     |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

|                                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                 |                            |                            |                           |
| General fund                              | 14,912                     | (55,148)                   | (40,236)                  |
| Bridging Fund                             | 20,000                     | -                          | 20,000                    |
| PA/Administration Role                    | 15,000                     | -                          | 15,000                    |
| Staff Welfare Fund                        | 5,000                      | -                          | 5,000                     |
| Outreach Service/Development Funding      | <u>30,000</u>              | <u>-</u>                   | <u>30,000</u>             |
|                                           | 84,912                     | (55,148)                   | 29,764                    |
| <b>Restricted funds</b>                   |                            |                            |                           |
| Bursaries for individual carers           | 6,005                      | (5,688)                    | 317                       |
| Macmillan Patient & Carer Support Worker  | 13,920                     | (13,238)                   | 682                       |
| Princess of Wales Hospital Support        |                            |                            |                           |
| Workers fund                              | 31,284                     | (28,941)                   | 2,343                     |
| Welfare Benefits Adviser fund             | 23,716                     | (20,195)                   | 3,521                     |
| ROOTS School Project                      | 22,500                     | (22,191)                   | 309                       |
| YAC/YC fund                               | 1,635                      | -                          | 1,635                     |
| Carers Link worker posts                  | 20,000                     | (22,280)                   | (2,280)                   |
| Big Lottery People and Places Grant       | 32,511                     | (31,286)                   | 1,225                     |
| BBC Children in Need                      | 13,170                     | (12,182)                   | 988                       |
| Veteran Support Project                   | 6,529                      | (14,762)                   | (8,233)                   |
| Gardening project                         | -                          | (7,855)                    | (7,855)                   |
| Triangle Trust                            | 27,500                     | (28,970)                   | (1,470)                   |
| Carers Trust - Inspiring Change           | 6,744                      | (11,467)                   | (4,723)                   |
| Young Adult Carers fund                   | -                          | (3,431)                    | (3,431)                   |
| Community Fund Wales - Wesleyan           | -                          | (8,450)                    | (8,450)                   |
| Carers Trust - Peer Wellbeing             | -                          | (1,200)                    | (1,200)                   |
| BCBC FEP                                  | 2,000                      | (2,000)                    | -                         |
| Transformation Grant Parent Carer Project | 23,821                     | (19,722)                   | 4,099                     |
| Triangle covid fund                       | 9,800                      | (9,800)                    | -                         |
| Winter Pressures                          | 11,400                     | (9,787)                    | 1,613                     |
| Carers' Trust YAC                         | 2,100                      | (2,100)                    | -                         |
| Moondance emergency funding               | 12,000                     | (12,000)                   | -                         |
| Carers Trust Emergency fund               | 1,800                      | (1,800)                    | -                         |
| Carers Trust Emergency funds - Young      |                            |                            |                           |
| Carers and Young Adult Carers             | 1,500                      | (1,500)                    | -                         |
| Carers Trust Parent Carer funding         | 10,000                     | (10,000)                   | -                         |
| BAVO ICF - Wellbeing grant for YAC        | 11,731                     | (11,401)                   | 330                       |
| Carers Trust Hardship fund                | 31,000                     | (29,576)                   | 1,424                     |
| Carers Trust - Time for me fund           | 15,000                     | (14,200)                   | 800                       |
| WCVA Voluntary Sector Recovery Fund       | 33,983                     | (21,676)                   | 12,307                    |
| Digital families                          | 1,000                      | (582)                      | 418                       |
| BCBC Veteran fund                         | 4,180                      | -                          | 4,180                     |
| Community Foundation in Wales             | 5,000                      | (300)                      | 4,700                     |
| WCVA Voluntary Sector Emergency fund      | 39,644                     | (39,644)                   | -                         |
| Volunteer Co-ordinator - garden project   |                            |                            |                           |
| fund                                      | <u>20,000</u>              | <u>-</u>                   | <u>20,000</u>             |
|                                           | <u>441,473</u>             | <u>(418,224)</u>           | <u>23,249</u>             |
| <b>TOTAL FUNDS</b>                        | <u>526,385</u>             | <u>(473,372)</u>           | <u>53,013</u>             |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 18. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

|                                          | At 1/4/19<br>£ | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31/3/20<br>£ |
|------------------------------------------|----------------|----------------------------------|------------------------------------|--------------------|
| <b>Unrestricted funds</b>                |                |                                  |                                    |                    |
| General fund                             | 106,041        | (25,768)                         | 1,906                              | 82,179             |
| Young Adult Carers designated fund       | <u>9,681</u>   | <u>(9,681)</u>                   | <u>-</u>                           | <u>-</u>           |
|                                          | 115,722        | (35,449)                         | 1,906                              | 82,179             |
| <b>Restricted funds</b>                  |                |                                  |                                    |                    |
| Bursaries for individual carers          | 330            | (330)                            | -                                  | -                  |
| Macmillan Patient & Carer Support Worker | (327)          | (1,240)                          | -                                  | (1,567)            |
| ABMU Carers Measure 1                    | 515            | (515)                            | -                                  | -                  |
| Princess of Wales Hospital Support       |                |                                  |                                    |                    |
| Workers fund                             | 12,594         | (201)                            | -                                  | 12,393             |
| Welfare Benefits Adviser fund            | 9,487          | (1,745)                          | -                                  | 7,742              |
| Community Cafe fund                      | 1,498          | (1,498)                          | -                                  | -                  |
| Young Adult Carers Awareness Day fund    | 419            | (419)                            | -                                  | -                  |
| Big Lottery Awards for All fund          | 1,187          | (1,187)                          | -                                  | -                  |
| ROOTS School Project                     | 10,359         | (1,822)                          | -                                  | 8,537              |
| YAC/YC fund                              | 25             | (25)                             | -                                  | -                  |
| YAC Book                                 | 1,379          | (430)                            | -                                  | 949                |
| BCBC Grant - KP/YC/YAC                   | 348            | (348)                            | -                                  | -                  |
| Carers Link worker posts                 | (5,963)        | 10,044                           | -                                  | 4,081              |
| Morrisons Grant - Mindfulness            | 1,820          | (1,820)                          | -                                  | -                  |
| CT Bereavement project                   | 2,440          | (2,440)                          | -                                  | -                  |
| Young Carers in Schools Fund             | 928            | (928)                            | -                                  | -                  |
| Ford Britain Trust Grant                 | 1,866          | -                                | (1,688)                            | 178                |
| Carers' Trust YAC                        | 1,000          | (1,000)                          | -                                  | -                  |
| Big Lottery People and Places Grant      | 5,578          | 2,094                            | -                                  | 7,672              |
| BBC Children in Need                     | -              | 6,140                            | -                                  | 6,140              |
| Veteran Support Project                  | -              | 8,620                            | (109)                              | 8,511              |
| Gardening project                        | -              | 9,849                            | -                                  | 9,849              |
| Triangle Trust                           | -              | 5,623                            | (109)                              | 5,514              |
| Carers Trust - Inspiring Change          | -              | 5,403                            | -                                  | 5,403              |
| Young Adult Carers fund                  | -              | 4,704                            | -                                  | 4,704              |
| Community Fund Wales - Wesleyan          | -              | 10,000                           | -                                  | 10,000             |
| Carers Trust - Peer Wellbeing            | <u>-</u>       | <u>1,200</u>                     | <u>-</u>                           | <u>1,200</u>       |
|                                          | 45,483         | 47,729                           | (1,906)                            | 91,306             |
| <b>TOTAL FUNDS</b>                       | <u>161,205</u> | <u>12,280</u>                    | <u>-</u>                           | <u>173,485</u>     |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

## 18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|                                                    | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|----------------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                          |                            |                            |                           |
| General fund                                       | 26,119                     | (51,887)                   | (25,768)                  |
| Young Adult Carers designated fund                 | -                          | (9,681)                    | (9,681)                   |
|                                                    | 26,119                     | (61,568)                   | (35,449)                  |
| <b>Restricted funds</b>                            |                            |                            |                           |
| Bursaries for individual carers                    | 6,424                      | (6,754)                    | (330)                     |
| Macmillan Patient & Carer Support Worker           | 12,634                     | (13,874)                   | (1,240)                   |
| ABMU Carers Measure 1                              | -                          | (515)                      | (515)                     |
| Carers Events fund                                 | 500                        | (500)                      | -                         |
| Princess of Wales Hospital Support<br>Workers fund | 24,519                     | (24,720)                   | (201)                     |
| Welfare Benefits Adviser fund                      | 17,055                     | (18,800)                   | (1,745)                   |
| Community Cafe fund                                | 1,957                      | (3,455)                    | (1,498)                   |
| Carers Getting Together fund                       | 500                        | (500)                      | -                         |
| Young Adult Carers Awareness Day fund              | -                          | (419)                      | (419)                     |
| Big Lottery Awards for All fund                    | -                          | (1,187)                    | (1,187)                   |
| ROOTS School Project                               | 22,500                     | (24,322)                   | (1,822)                   |
| YAC/YC fund                                        | 615                        | (640)                      | (25)                      |
| YAC Book                                           | 32                         | (462)                      | (430)                     |
| Assessment income                                  | 13,426                     | (13,426)                   | -                         |
| BCBC Grant - KP/YC/YAC                             | -                          | (348)                      | (348)                     |
| Carers Link worker posts                           | 62,497                     | (52,453)                   | 10,044                    |
| Morrisons Grant - Mindfulness                      | -                          | (1,820)                    | (1,820)                   |
| CT Bereavement project                             | -                          | (2,440)                    | (2,440)                   |
| Young Carers in Schools Fund                       | -                          | (928)                      | (928)                     |
| Carers' Trust YAC                                  | -                          | (1,000)                    | (1,000)                   |
| Big Lottery People and Places Grant                | 31,934                     | (29,840)                   | 2,094                     |
| Carers Trust - Peer Support Project                | 5,900                      | (5,900)                    | -                         |
| BBC Children in Need                               | 9,720                      | (3,580)                    | 6,140                     |
| Veteran Support Project                            | 38,471                     | (29,851)                   | 8,620                     |
| Gardening project                                  | 9,999                      | (150)                      | 9,849                     |
| World Mental Health Day                            | 400                        | (400)                      | -                         |
| Triangle Trust                                     | 15,000                     | (9,377)                    | 5,623                     |
| Carers Trust - Inspiring Change                    | 6,744                      | (1,341)                    | 5,403                     |
| Young Adult Carers fund                            | 16,079                     | (11,375)                   | 4,704                     |
| Community Fund Wales - Wesleyan                    | 10,000                     | -                          | 10,000                    |
| Carers Trust - Peer Wellbeing                      | 1,200                      | -                          | 1,200                     |
|                                                    | 308,106                    | (260,377)                  | 47,729                    |
| <b>TOTAL FUNDS</b>                                 | <b>334,225</b>             | <b>(321,945)</b>           | <b>12,280</b>             |

**Bursaries for individual carers**

The charity administers grants to individuals on behalf of Carers Trust.

**Macmillan Patient & Carer Support Worker**

A post funded by Macmillan Cancer Support.

**Princess of Wales Hospital Support Workers fund**

Cwm Taff UHB Integrated Care Fund continued to fund 2 part time posts after the healthcare boundary change.

**Welfare Benefits Adviser fund**

Cwm Taff UHB Integrated Care Fund continue to fund a welfare benefits adviser after the healthcare boundary change.

18. MOVEMENT IN FUNDS - continued

**ROOTS School Project**

The ROOTS Project Manager post is currently being funded by the Waterloo Foundation.

**YAC/YC fund**

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers. Includes donations from "The bear who struggled to care" young carers book.

**Carers Link worker posts**

Initially Welsh Government funding was received to employ three Carer Link posts bases in the three cluster networks. During the year to 31 March 2021, further funding of £20,000 was received from Garfield Weston Foundation to continue the posts.

**Ford Britain Trust Grant**

Grant awarded to help with the purchase of IT equipment that carers can access.

**Carers' Trust YAC**

Carers Trust Quilter funding to give short respite breaks and workshops to young adult carers.

**Big Lottery People and Places grant**

To fund the Young Carers Education Project Manager to support the Education in Schools Project.

**BBC Children in Need**

Funding was received from BBC Children in Need to support the Teen Group. An additional £3,300 booster funding was received during the year to help during the COVID-19 pandemic.

**Veteran Support Project**

Funding was secured from Age Cymru - 360 Project and Welsh Government - Armed Forces Department to help identify Veteran carers and carers looking after Veterans, to give them access to specific information and support to improve wellbeing for over 65s and to provide improved digital inclusion to help avoid loneliness and isolation for all aged beneficiaries. Additional funding of £5,000 was received during the year from The Edward Gostling Foundation.

**Volunteer Co-ordinator - Garden project**

Volunteer Co-ordinator - Garden Project (Gardd Gofalwyr) was funded through Awards For All Community Project. The Project is a six-month pilot identifying carers and volunteers to enjoy gardening activities and training to improve the outdoor space at Bridgend Carers Centre for everyone to enjoy. This was extended via the Postcode Lottery funding.

**Triangle Trust**

The Triangle Trust 1949 Fund provided a development grant to enable Bridgend Carers Centre to become more resilient and sustainable by providing Charity Log to show outcomes and appoint a Business Development officer to create opportunities to build and grow in ways which support all carers in Bridgend.

**Carers Trust - Inspiring Change**

Funding was received from the Carers Trust for Young Adult Carers support.

**Young Adult Carers fund**

Funding was received from the Carers Trust and St James's Place Charitable Foundation to support Young Carers and Young Adult Carers with appropriate activities.

**Community Fund Wales - Wesleyan**

A contribution towards the appointment of a Dementia Carers Support Worker supporting Older Carers but with a special focus on those carers of Dementia.

**Carers Trust - Peer Wellbeing**

Carers Trust - Peer Wellbeing Funding was received from the Carers trust to continue the successful Peer Wellbeing Project by providing a programme of activities including staff involvement for online Zoom and Facebook Groups.

**18. MOVEMENT IN FUNDS - continued**

**BCBC grant**

Grant funding to provide additional wellbeing peer activities to young carers and young adult carers in partnership with Action for Children.

**Transformation Grant Parent Carer Project**

BAVO ICF funding was received to run the project until April 2021.

**Triangle Covid Fund**

Funding was received to alleviate isolation and loneliness through the pandemic.

**Winter Pressures**

Cwm Taff UHB funding received to alleviate the pressure faced by carers during the winter months of the pandemic.

**Moondance emergency funding**

The Moondance Foundation provided emergency funding to assist with staff retention and to support working from home during the COVID-19 pandemic.

**Carers Trust Emergency fund**

Funding received to support carers during the COVID-19 pandemic alleviating crisis and hardship.

**Carers Trust Emergency funds - Young Carers and Young Adult Carers**

Funding received to support young carers and young adult carers during the COVID-19 pandemic alleviating crisis and hardship.

**Carers Trust Parent Carer funding**

The Carers Trust provided funding to assist parents caring for children with disabilities and their siblings who were home schooled due to shielding during the pandemic.

**BAVO ICF - Wellbeing grant for YAC**

This was funding received to provide a young adult carers support worker.

**Carers Trust Hardship fund**

The Carers Trust provided a fund to allow Bridgend Carers Centre to pay out grants to alleviate hardship during the pandemic.

**Carers Trust - Time for me fund**

Funding to provide breaks, therapy etc to carers through the pandemic.

**WCVA Voluntary Sector Recovery Fund**

£33,983 was received during the year. £5,000 was towards the costs of the Carer Link Worker, the rest was to cover other staffing costs, COVID-related administration support, PPE and carer engagement.

**Digital families**

Funding was received towards providing online activities for young carers funded through Parentzone.com

**BCBC Veteran fund**

Funding was received to buy equipment for the garden at Bridgend Carers and the Porthcawl Veteran Hub to encourage engagement outdoors as restrictions due to the pandemic eased.

**Community Foundation in Wales**

To provide counselling sessions and life coaching for carers

**Funds relating to the comparative year:**

**Designated funds**

**Young Adult Carers fund**

The charity received a substantial donation of £10,000 that was designated towards young adult carers and in particular the ROOTS Project Manager post.

**18. MOVEMENT IN FUNDS - continued**

**Restricted funds**

**Carers Events fund**

Funding was received from the Carers Trust towards a Christmas Lunch event for carers.

**ABMU Carers Measure 1**

Joint grant funding was received from BCBC and ABMU to support the objectives of the Carers (Wales) Measure 2010 providing awareness raising at GP surgeries.

**Community Café fund**

This fund is supported by the Carers Centre fundraising efforts.

**Carers Getting Together fund**

Awarded by Carers Trust for the young adult carers to have a break from their caring role and spend time as a group with other young adult carers. The choice of activity was Harry Potter Studios.

**Young Adult Carers Awareness Day fund**

Funds were awarded by Carers Trust to raise awareness of young carers in schools. Suggested activities include assemblies, PSE lessons, staff training and your carers groups.

**Big Lottery Awards for All fund**

£5,000 was awarded by big Lottery for activities for young adult carers to have a break from their caring role.

**Assessment income fund**

Funds for the provision of carers assessments referred from Common Access Point at BCBC.

**BCBC Grant - KP/YC/YAC**

Funding provided by BCBC for information booklets.

**Morrisons Grant - Mindfulness**

A grant to provide three x eight sessions of mindfulness delivered to carers.

**CT Bereavement project**

A grant awarded to deliver 3 x 4 weeks Planning for Tomorrow courses in the three cluster networks of the borough.

**Young Carers in Schools fund**

ICF funding was received to deliver young carers support in schools.

**Carers Trust Peer Support Project**

Funding was received from the Carers Trust to provide group support for those needing emotional and wellbeing support from their peers. It supported activities and training with opportunities for friendship and social support.

**World Mental Health Day**

World Mental Health Day Funding was received from Cwm Taf University Health Board through each CVS organisation to support an event for carers to commemorate World Mental Health Day.

**Transfers between funds**

The transfer between the Carers Link Worker Post and general funds is in respect of fixed assets purchased.

The other transfers are by agreement with the funders.

**19. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £4,260 (2020: £3,125). Contributions outstanding at the year end amounted to £240 (2020 : £53).

**20. RELATED PARTY DISCLOSURES**

The total key management personnel remuneration benefits paid during the year was £34,507 (2020: £30,459).

The total unconditional donations made to the charity by its trustees amounted to £240 (2020: £60).