YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales · Charity number 1125891

Details

Other names	TEENAGE DROP-IN CENTRE, HEDGE END LTD, YOUNG PEOPLE'S WELLBEING SERVICE LTD.
Status	Registered
Legal form	Charitable company
Company number	03975948
Registered	2008-09-15
Register	View on the Charity Commission register

Contact

Address	28 Lower Northam Road Hedge End Southampton SO30 4FQ
Phone	07879761660
Email	tadic@btinternet.com
Website	www.teenagedrop-inhedgeend.co.uk

Activities

Objects: TO PROMOTE THE PRESERVATION AND PROTECTION OF GOOD HEALTH OF YOUNG PEOPLE IN PARTICULAR THE BOROUGH OF EASTLEIGH, HAMPSHIRE IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF A DROP-IN CENTRE, ADVICE AND SUPPORT AND OTHER SERVICES

Activities: Our service Eastleigh Youth Counselling provide free 1-2-1 confidential counselling support to young people aged 11-19 years living in the Eastleigh district and southern parishes at our various accessible local venues, including providing a counselling provision at local schools. Our Counsellors also offer Online/Telephone support. EYCS is a short term counselling service.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

Geography

- **Area of benefit:** HEDGE END AND THE SOUTHERN PARISHES OF THE BOROUGH OF EASTLEIGH, HAMPSHIRE
- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£105,799	£107,775	-	-
2024-03-31	£113,754	£103,893	-	-
2023-03-31	£105,938	£101,217	-	-
2022-03-31	£126,666	£127,831	-	-
2021-03-31	£102,435	£98,548	-	-

Trustees

Name	Role	Appointed
Kira Lee Day	Chair	2023-02-15
Angela Dawn Dunn		2026-04-09
Dr Samuel William Peter Heal		2023-05-31
Elliot Toby Burgess		2024-05-08

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YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales - Charity number 1125891

Accounts

Charity registration number 1125891 (England and Wales)

Company registration number 03975948

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

xeinadin

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	E Burgess	(Appointed 8 May 2024)
	K L Day	
	Dr S Heal	
	Christine Kearsley	
Charity number (England and Wales)	1125891	
Company number	03975948	
Registered office	28 Lower Northam Road Hedge End Southampton South East England SO30 4FQ	
Independent examiner	Xeinadin South East Limited First Floor Secure House Lulworth Close Chandlers Ford Hampshire England SO53 3TL	

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

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YOUNG PEOPLE'S WELLBEING SERVICE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025

The trustees are pleased to present their report together with the financial statements of the charity and an Independent Examiner's Report for the year ended 31st March 2025.

Reference and administrative details

Charity number:	1125891
Company number:	3975948
Principal Office:	28 Lower Northam Road, Hedge End, Southampton, Hampshire, SO30 4FQ
Accountants:	XEINADIN, First Floor Secure House, Lulworth Close, Chandlers Ford, Hampshire SO53 3TL
Bankers	Lloyds TSB Bank plc, 2 St Johns Centre, Upper Northam Rd, Hedge End, Hants Santander Bank, Bootle, Merseyside, L30 4GB

Directors and trustees

The directors of the charitable company (the charity) are also its trustees for the purpose of charity law.

The trustees serving during the period **April 2024 to March 2025** were as follows:

Unpaid Trustee Directors:

Elliot Toby Burgess (appointed 8/5/24)
Kira Day - Chair (appointed 16/2/23)
Mrs Christine Kearsley – (appointed 10/1/2018)
Dr Samuel Heal - (appointed 2/6/23)

Structure, Governance and Management

Governing Document

Young People's Wellbeing Service Ltd is a company limited by guarantee and does not have a share capital. It is governed by its Memorandum and Articles of Association as amended by special resolution on 27th June 2007. It is registered as a charity with the Charity Commission. Every Trustee/Director of the company, promise, if the Charity is dissolved while he or she is a Trustee/Director or within twelve months after he or she ceases to be a Trustee/Director, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before he or she ceases to be a

Trustee/Director, and of the costs, charges and expenses of winding up, and the adjustment of the rights of the contributories among themselves.

Appointment of trustees

As set out in the Articles of Association, directors are appointed by ordinary resolution.
One third of Directors/Trustees retire by rotation at each AGM.
All members are circulated with invitations to nominate directors prior to the AGM advising them of the retiring directors/trustees and requesting nominations for the AGM.

Organisation

The unpaid trustees have overall responsibility for the principles, finances and strategy affairs of the charity.
The Operations manager/s conducts regular staff meetings and is responsible for the day-to-day affairs of the charity and reports directly to the Trustees at 6-weekly meetings and via Emails.

Objectives and activities

The objects of the charity, as set out in its Memorandum of Association, are:

> "To promote the preservation and protection of good health of young people.
> In particular, in Hedge End and the Southern parishes of the Borough of Eastleigh, Hampshire in particular, but not exclusively, by the provision of a drop-in centre, advice and support and other services."

It is the charity's aim to provide for all young people:

- A confidential and accessible service.
- An opportunity to discuss all aspects of daily living.
- The knowledge to empower them to make informed choices regarding their own physical, emotional and sexual health.

Activities of the charity for the public benefit

The activities of the charity benefit the local young people of the borough of Eastleigh and southern parishes. Due to the objectives of the charity and the nature of the funding, our counselling service is only able to work with young people residing in the Eastleigh Borough and the local area on an ongoing basis. However, for wider public benefit, clients who reside outside of the immediate local areas are signposted to another more appropriate agency. Further public benefit is offered due to the excellent relationships with other organisations such as local Schools, local general practices and associations supporting young people in the locality.

The aims of the charity are fulfilled by employing a Clinical counselling lead/Operations manager, counsellors, and administration team to provide support and advice on a wide range of mental, emotional health and wellbeing issues. Our Counselling service runs from a variety of locations within Eastleigh Borough as well as offering Online and Telephone support.

The trustees have regard for the Charity Commission's guidance on public benefit and our Administrator/Service Manager regularly monitors the statistics regarding clients attending the clinics and accessing our counselling service, to ensure best use is made of the charity's resources. The management team review and record file feedback/evaluation questionnaires',

used for young people's comments, to ensure the voices of the young people are heard and incorporated in to service developments.

The charity adheres to YPWS Safeguarding Policy and Procedures that follow guidance laid out in the Government publication 'Working Together' (2015) in conjunction with 'Safeguarding Children' and 'Safeguarding Adults' procedures, protocols and guidelines outlined by the 4 Hampshire/ IOW LSCB (https://hipsprocedures.org.uk/)

Volunteers

Placement (Counselling) Volunteers are greatly appreciated for the many tasks they perform in the areas of Counselling young people and being ambassadors of YPWS Eastleigh Youth Counselling service. YPWS have a strict volunteer policy which stipulates that volunteers must be over 18, qualified (or working towards a qualification) in the field of Counselling, and sign paperwork outlining confidentiality and data protection regulations. All volunteers are DBS checked prior to working with our service.

Achievements and performance

The Young People's Wellbeing Service Ltd, formerly t/a The Teenage Drop-In Centre was first established in September 1995 and registered with the Charity Commission and became a charitable company on 15th September 2008.

The counselling work and demand for our counselling service has continued to grow, and we have responded to this by increasing our number of counselling hours following uplift in funding. We are proud to be a charity that supports volunteer counsellors and have developed a professional and robust induction and support structure to ensure not only a quality service that puts young people first, but also one that values continuous professional development of its staff. Our service has ensured that processes are implemented to the highest standard and continues to support EYCS counselling staff in their learning and ambitions. We continue to be very proud to have such a strong team of motivated counsellors who work across a number of venues, and that each bring a set of unique skills.

YPWS has always been fortunate to have a strong board of trustees who bring a variety of skills.

YPWS has undertaken work to make sure it is adhering to the latest legislation, and that the confidentiality of our service users is maintained. This has included reviewing all policies related to data protection, and ensuring we are GDPR compliant. We have also worked to ensure our databases are fit for purpose and increased the efficiency of how we work. In recognition of the need to keep our services up to date, and ensure young people have the right information in a way they frequently access, our mobile friendly websites contain all current YPWS information.

Eastleigh Youth Counselling service

Eastleigh Youth Counselling Service (EYCS) provides free, confidential counselling support to young people aged 11-19 living in the Eastleigh district and southern parishes. Our mission is to deliver compassionate, professional, and dedicated mental health support tailored to the unique challenges faced by young people. EYCS is committed to promoting the emotional well-being of our youth, supported by a dedicated team of counsellors who are deeply invested in fostering growth and resilience among young people.

Counselling for Young People

EYCS offers an initial triage and assessment service, where young people meet with a trained counsellor for up to 30 minutes to discuss their needs. During this initial session, a counsellor evaluates whether counselling is the most suitable path forward. If it is, a plan for ongoing sessions is established, and the young person is placed on our counselling waiting list. For those for whom counselling may not be appropriate (e.g. where the young person is in immediate crisis), EYCS provides signposting and referrals to other supportive services. While on the waiting list, young people receive guidance on coping strategies to help manage challenges in the interim.

Counselling Access Points and Support Options

Young people can access EYCS counselling services across several local venues and locations, including Hedge End, Botley, Lowford, Eastleigh, and Chandler's Ford. In addition to in-person sessions, our counsellors also offer online and telephone counselling, allowing us to reach a broader population and meet the needs of our clients.

EYCS has extended its services to five local schools: Hamble School, Deer Park School, Brookfield School, Wyvern College, and Toynbee School, where we provide onsite counselling tailored to the school environment. Our counsellors are dedicated to creating a supportive and accessible space for young people, both within and outside of school settings.

Referral and Session Structure

Referrals to EYCS can come from various sources, including GPs, hospitals, CAMHS, schools, parents, and young people themselves. Referral pathways are available via our website, email, telephone, and post, ensuring a flexible and accessible process. Following the initial assessment, if ongoing counselling is recommended, young people are typically offered six weekly sessions, with the possibility of extending up to twelve sessions based on need and mutual agreement between the counsellor and client.

Partnerships and Community Support

We would like to extend our sincere gratitude to No Limits and ESPN (Eastleigh Southern Parishes Network) for their invaluable support and funding. Their contributions have significantly strengthened EYCS, allowing us to expand our reach and enhance the services we provide. Our counsellors' dedication to the young people and families we serve reflects the heart of EYCS and our mission to support the well-being of our community.

For a more in-depth overview of our performance during 2024-25 please see the below **appendices A** and **B**

Financial review

During 2024-25 - The principal sources of funding for Young People's Wellbeing Service Ltd were the Service Level Agreements in place, namely between YPWS and No Limits (Hampshire Youth Access), the Triage service with Eastleigh Southern Parishes Network and counselling provision agreements with local schools as well as an SLA with Eastleigh Borough Council covering the HEWEB areas. Agreements are reviewed annually.

Expenditure:

The majority of the charity's costs are for staff wages (including administration/management), services delivered and the use of premises.

We also invest funds in staff training and equipment.

Reserves policy

Funding of healthcare remains unpredictable so we will continue our policy of holding enough funds to cover care for our patients for six months. These funds are aimed to cover the cost for patients currently under treatment or on waiting lists, premises and staff, including redundancy payments. The unrestricted reserves as of March 2025 were **£75K**, this will cover the policy summarised above and allow for some other costs such as training, staff recruitment.

Plans for the Future

YPWS (formerly known as TADIC) have been running sustainably since 1995 and have established excellent relationships with commissioners and funding providers. We are currently in a stable position financially, and this has enabled us to re-invest in staff training and increase our counselling hours to reduce waiting lists as much as possible. Demand for our counselling service remains high and EYCS continues to thrive and deliver counselling support to local young people.

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and;

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on ongoing concern basis unless it is not appropriate to assume the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that;

- So far as we are aware, there is no relevant information of which the company's examiners are unaware; and
- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's examiners are aware of that information.

Financial Review

XEINADIN Accountants are acting as our Independent Examiner for year ending 31 March 2025.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued March 2005) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:-

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Declaration

The trustees declare that they have approved the trustees report above.

Signed : 

Name: Kira Day
Trustee / Director

Date: 26/11/2025

Appendix A - Achievements and performance
Eastleigh Youth Counselling Service (EYCS)
April2024 to March 2025

EYCS offer free 1-2-1 counselling support to young people aged 11-19 years living in the Eastleigh district and southern parishes. At EYCS, the wellbeing of young people is central to everything we do. Every young person referred to us will be welcomed into a safe and supportive environment. From the very first contact, we aim to meet each young person with trust, respect and unconditional positive regard.

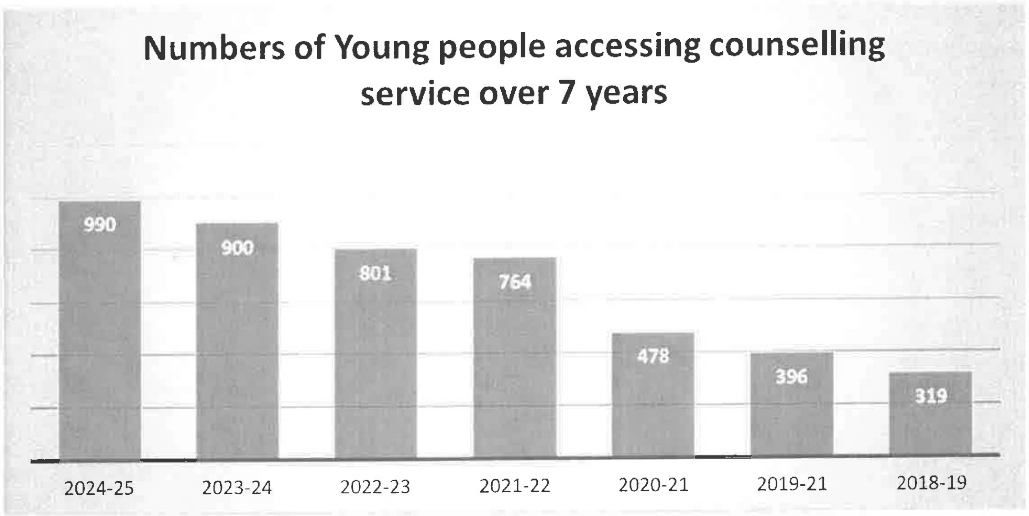
Whether or not counselling takes place, our intention is that every young person feels heard, valued and not judged. Each young person will be offered an assessment, where we listen carefully to their concerns, explore their needs and, together, decide the most appropriate next steps.

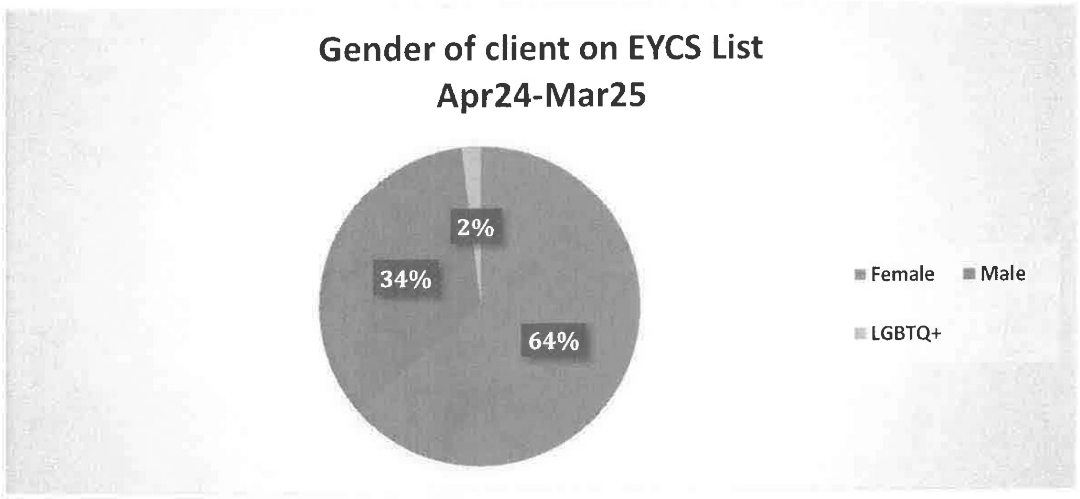
Where counselling with EYCS is suitable, we provide consistent and confidential sessions with a trained counsellor. Where another service is better placed to help, we ensure clear signposting and referral so that no young person is left without support.

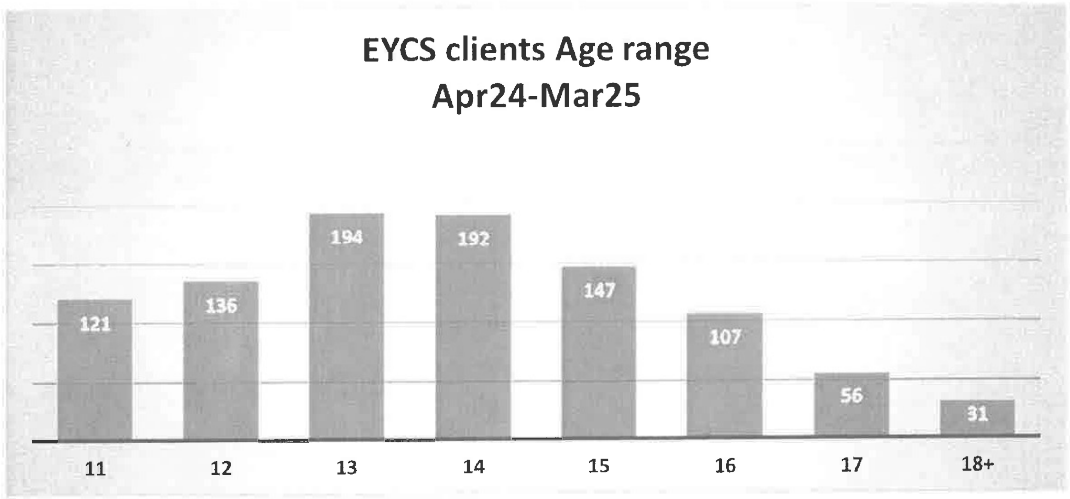
Our commitment is that every young person leaves their first contact with EYCS knowing they have been taken seriously, supported with care and guided towards the help they need.

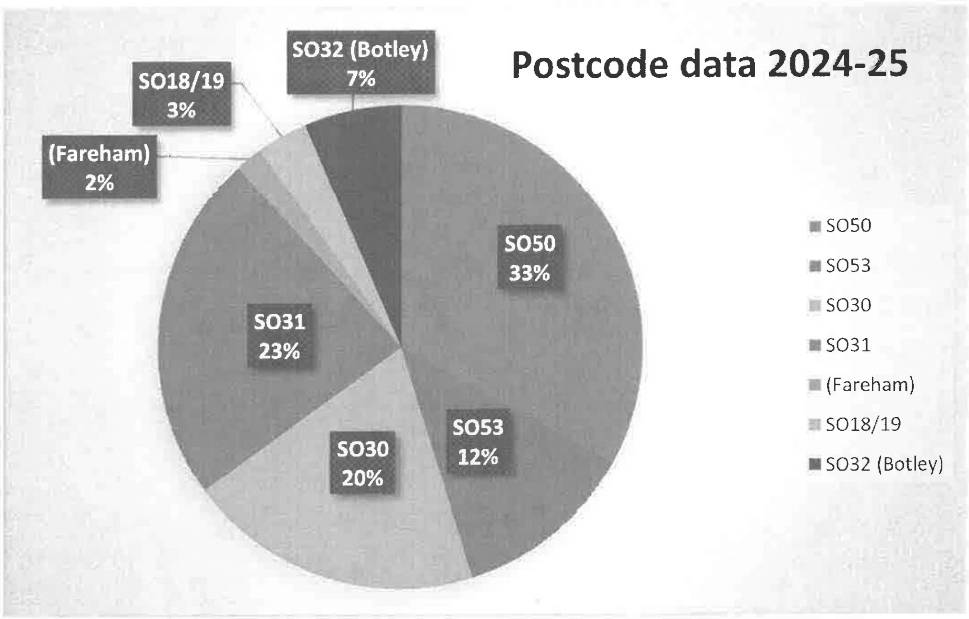
EYCS entirely depend on donations and grants received from our supporters. From 2012 when 146 young people accessed our counselling service to present day of nearly 1,000 young people – EYCS have been able to expand and offer more counselling hours to young people at various locations.

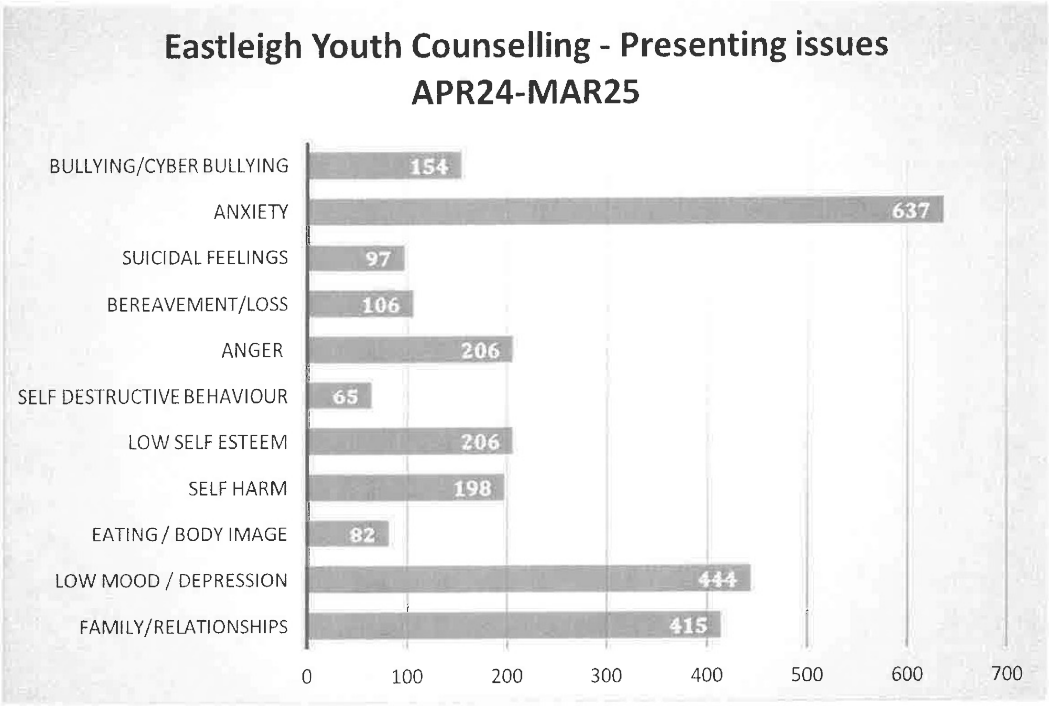
Below summarises Statistical activity information on EYCS counselling service during APR24-MAR25

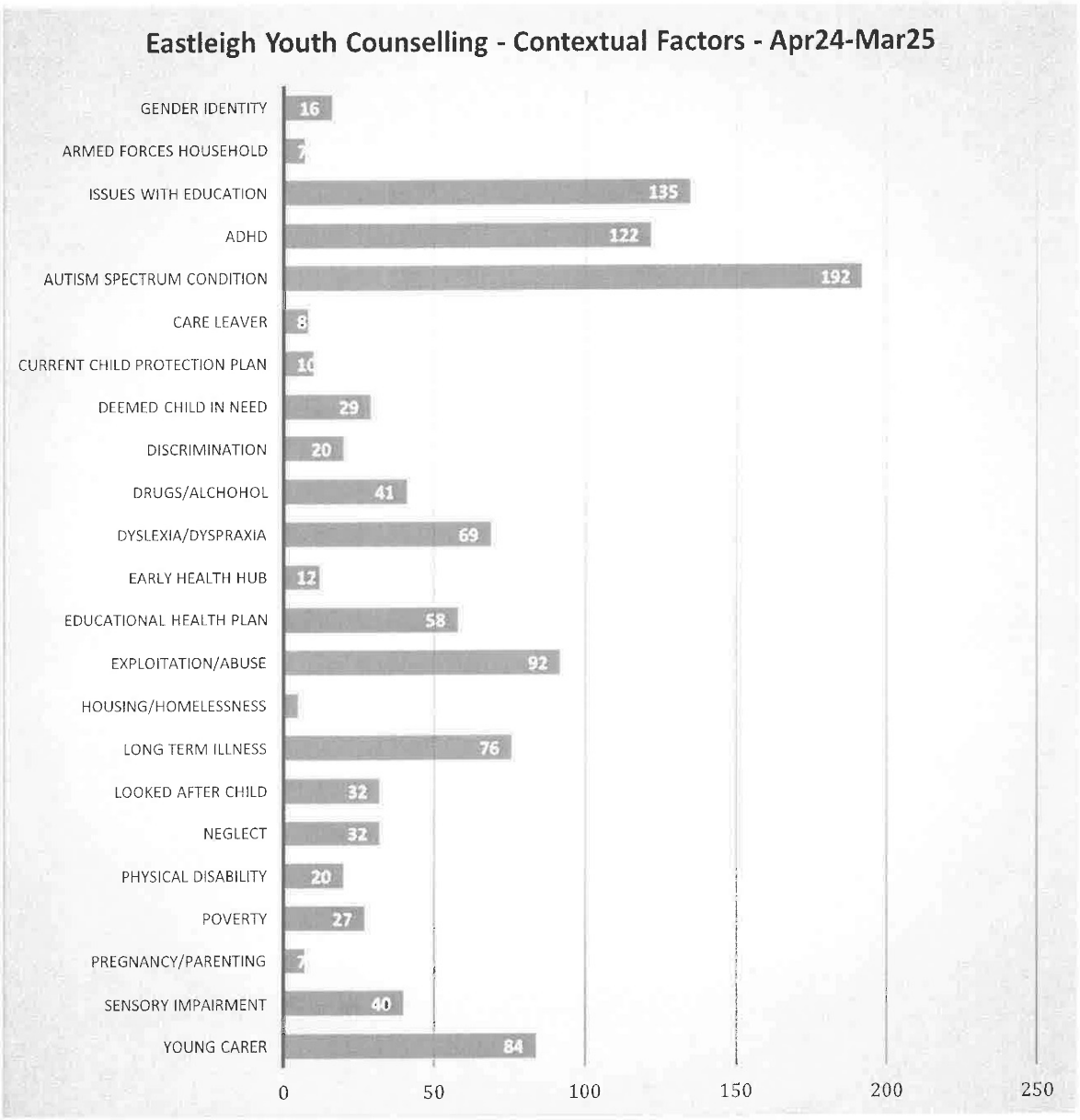



Gender of client on EYCS List
Apr24-Mar25
2%
34%
64%
Female
Male
LGBTQ+

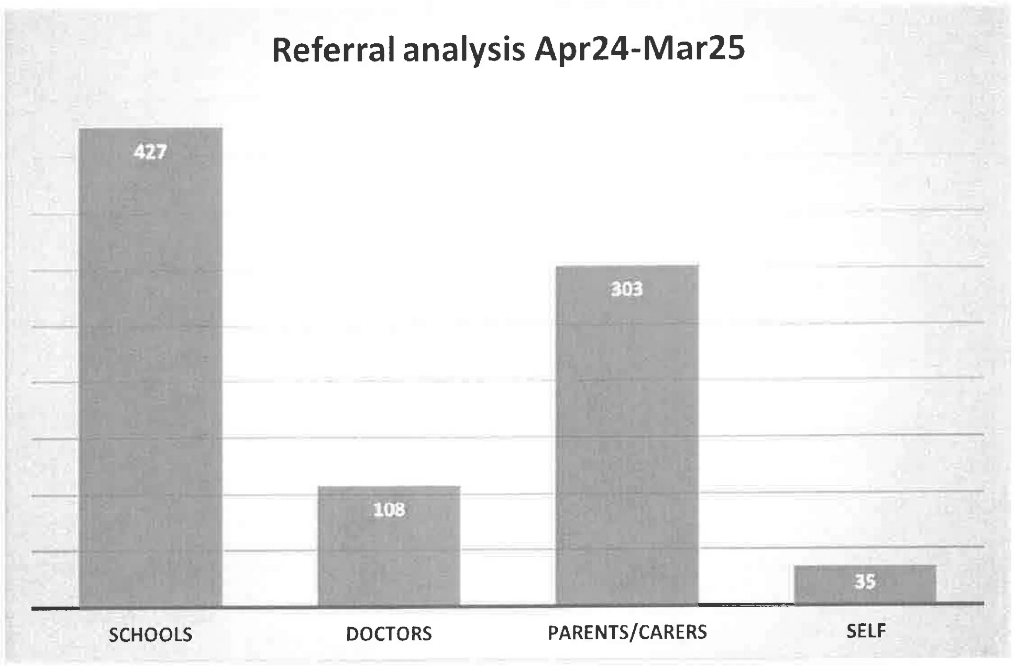

EYCS clients Age range
Apr24-Mar25
121
136
194
192
147
107
56
31
11
12
13
14
15
16
17
18+

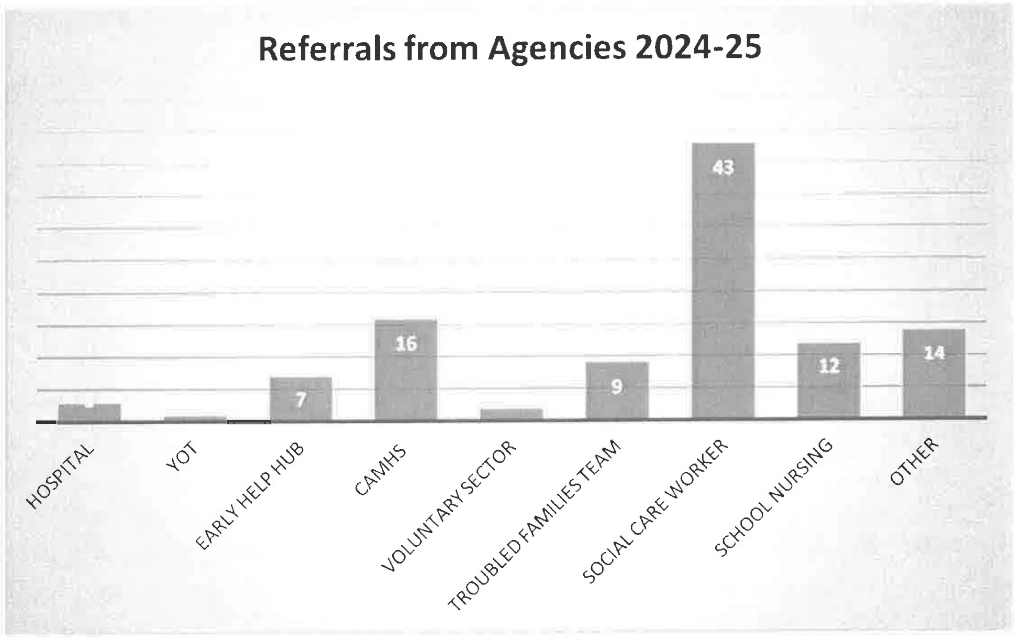

Postcode data 2024-25
SO32 (Botley) 7%
SO18/19 3%
(Fareham) 2%
SO50 33%
SO31 23%
SO30 20%
SO53 12%
SO50
SO53
SO30
SO31
(Fareham)
SO18/19
SO32 (Botley)


Eastleigh Youth Counselling - Presenting issues
APR24-MAR25
BULLYING/CYBER BULLYING 154
ANXIETY 637
SUICIDAL FEELINGS 97
BEREAVEMENT/LOSS 106
ANGER 206
SELF DESTRUCTIVE BEHAVIOUR 65
LOW SELF ESTEEM 206
SELF HARM 198
EATING / BODY IMAGE 82
LOW MOOD / DEPRESSION 444
FAMILY/RELATIONSHIPS 415
0 100 200 300 400 500 600 700


Eastleigh Youth Counselling - Contextual Factors - Apr24-Mar25
GENDER IDENTITY
16
ARMED FORCES HOUSEHOLD
ISSUES WITH EDUCATION
135
ADHD
122
AUTISM SPECTRUM CONDITION
192
CARE LEAVER
8
CURRENT CHILD PROTECTION PLAN
DEEMED CHILD IN NEED
29
DISCRIMINATION
20
DRUGS/ALCHOHOL
41
DYSLEXIA/DYSPRAXIA
69
EARLY HEALTH HUB
12
EDUCATIONAL HEALTH PLAN
58
EXPLOITATION/ABUSE
92
HOUSING/HOMELESSNESS
LONG TERM ILLNESS
76
LOOKED AFTER CHILD
32
NEGLECT
32
PHYSICAL DISABILITY
20
POVERTY
27
PREGNANCY/PARENTING
SENSORY IMPAIRMENT
40
YOUNG CARER
84
0
50
100
150
200
250

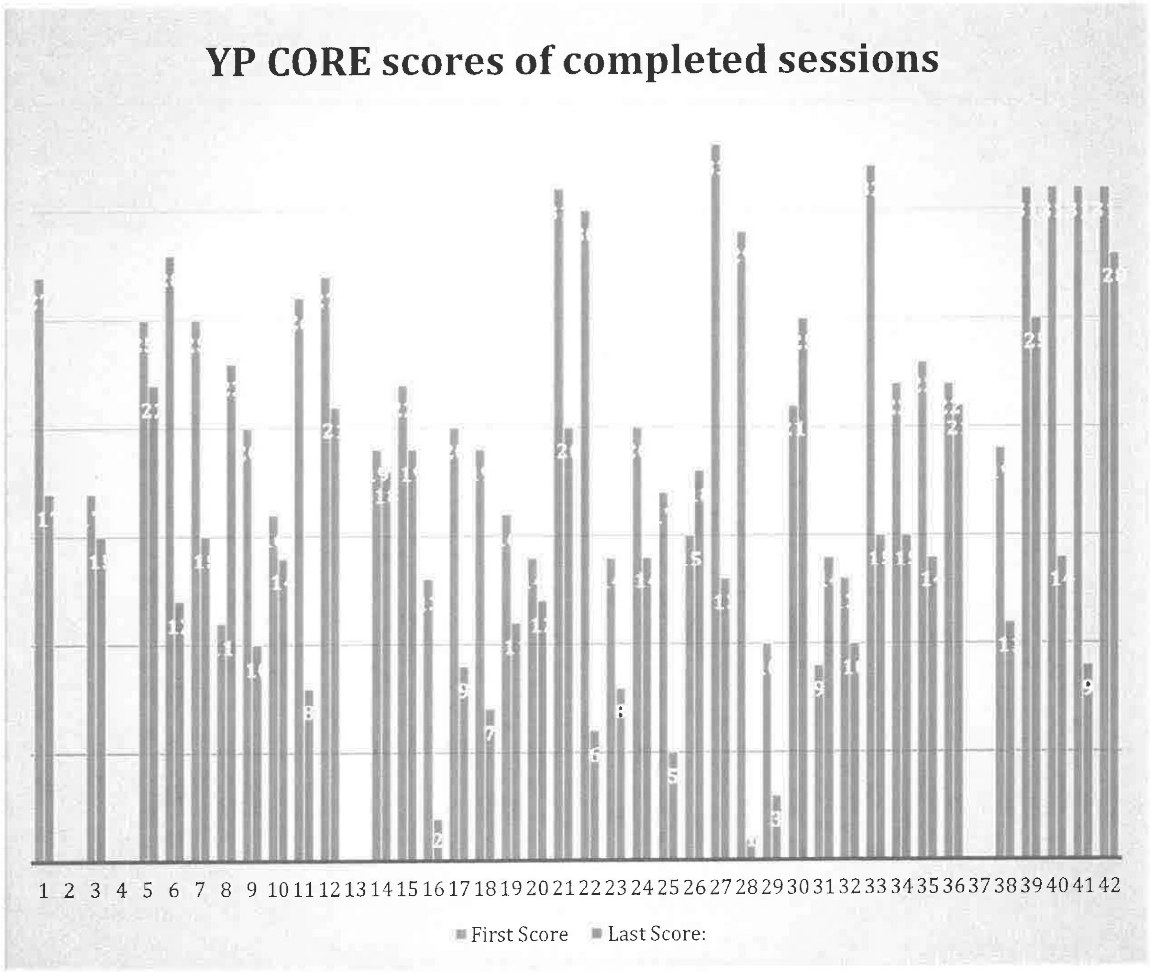
Young people may be referred to the service through several routes. Referrals can come from a GP practice, from schools, from parents or carers, from other youth services, via Hampshire Youth Access website or directly from the young person themselves.





As EYCS is funded through external grants and charitable support, it is important that we can demonstrate the effectiveness of the service we provide. A key tool in this process is the Young Person's Clinical Outcomes in Routine Evaluation (YP-CORE) form. The YP-CORE is a standardised outcome measure designed for use with young people aged 11–18. It forms part of the wider CORE system, which provides tools and guidance to monitor change and outcomes in counselling, psychotherapy, and other work that promotes psychological recovery, health, and wellbeing

A core-score is taken at the first and final/exit session. The aim is to lower the YP Core score by the end of the clients counselling program.
Below is a snapshot of a YP-Core statistical chart taken from clients scores who completed their counselling sessions during Apr24-Mar25. This is just a small representation.



FEEDBACK from EYCS Clientele during April24-March25

All YP accessing EYCS counselling sessions are invited to complete an evaluation form at the exit/final session. Comments/constructive feedback are monitored and taken on board/actioned if beneficial to the running of the service
All feedback / Evaluation is recorded and filed against Client records

From School Safeguarding Lead email following Feedback from YP:
Thank you to you and your team for all the work you do with our young people, it really does make a difference.

From YP (text) following completion of sessions:
Finished my counselling sessions and I feel way less bothered by being 'annoyed and angry' and found the conversational-flow of sessions to be helpful in establishing comfort and 'ease to talk about things that I'd normally keep in my head'.

Text from Parent sent to EYCS
Thank you, my son is really looking forward to his next session as they (Counsellor/YP) really hit it off! We haven't seen him so light after he left his appointment last week

Text from parent following YP assessment:
Dear EYCS, My daughter really enjoyed her session with Jamie tonight and she would very much like to go on his waiting list for Therapy. I realise this is a 16-20 week wait but please do put her down. Thank you so much for your help. She didn't stop talking all the way home 😊 Best wishes

Email from young person:
"Thank you, I feel that counselling has helped me a lot as I feel I can talk to someone but it also motivates me to come to school"

Text from Client:
"Counselling has been MINT"
"I found counselling very helpful and has taught me to properly process my thoughts"

Text from parent :
"we want to say a MASSIVE thank you for contacting us and also for the work you did to help our eldest daughter when she was younger and in need of your help - she is now looking to go to Uni and has flourished! EYCS really helped her, Thank you!"

YP seen by doctor at Triage and passed to EYCS : 15 years old Female comment about EYCS counsellor
: "I was able to be myself with her. I could shoot the shit and be open without her telling me off or judging me. No-one's ever been like that before. I felt like she actually was listening to me and cared about what I had to say and like I mattered for the first time ever."

From parent of YP with severe anxiety:
"Thank you so much for everything you have done for my daughter these last six weeks. It is very much appreciated. EYCS Counsellor has been so helpful to her. Let me know if I can leave a review anywhere as would love to. Thank you and best wishes"

Text from parent of YP after being sent reminder:
"Thank you for reminder, just to say that my daughter is finding these sessions very good and is getting on well with her sessions"

Text from parent:
"thank you so so much EYCS! These counselling sessions means a lot. Thank (Counsellor) for us too as he's been a legend these last 2 sessions!"

Text from parent of YP following completion of counselling sessions :
"Just to feedback my daughters comment on her counselling sessions – "I really liked talking to EYCS counsellor and her helpful suggestions of action, really helps".

Email from parent :
I'd like to feedback that these sessions have resulted in increased confidence for my daughter, and from my point of view it has been fabulous watching her walk into a new situation and deal with it, gaining confidence to be herself. As (Counsellor) was kind enough to write a statement for her ASD assessment appeal, I got a little more insight than parents normally would (with my daughters permission) and it was apparent that she had seemed to relax in Counsellor's presence, and was allowed to be herself. Counsellor's comments for the assessment were insightful and showed a real understanding of who my daughter is "behind her mask". This obviously had an effect on my daughter, but it also had a profound effect for me, knowing that someone else could see and support her.
Huge thanks to all of you at EYCS, your service is invaluable, and I am truly grateful it exists. If I can do anything to support you please let me know,

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF YOUNG PEOPLE'S WELLBEING SERVICE LTD.

I report to the trustees on my examination of the financial statements of Young People's Wellbeing Service Ltd. (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Xeinadin South East Limited
First Floor Secure House
Lulworth Close
Chandlers Ford
Hampshire
SO53 3TL
England
Date: ...15/11/2025...

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	2	1,748	58,266	60,014	1,461	66,486	67,947
Charitable activities	3	45,090	-	45,090	51,022	-	51,022
Investments	4	695	-	695	535	-	535
Total income		47,533	58,266	105,799	53,018	66,486	119,504
Expenditure on:							
Charitable activities	5	42,376	65,399	107,775	55,577	54,068	109,645
Total expenditure		42,376	65,399	107,775	55,577	54,068	109,645
Net income/(expenditure) and movement in funds		5,157	(7,133)	(1,976)	(2,559)	12,418	9,859
Reconciliation of funds:							
Fund balances at 1 April 2024		47,133	29,641	76,774	49,692	17,223	66,915
Fund balances at 31 March 2025		52,290	22,508	74,798	47,133	29,641	76,774

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

YOUNG PEOPLE'S WELLBEING SERVICE LTD.

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Stocks	11	100		100	
Debtors	12	12,001		15,422	
Cash at bank and in hand		67,598		69,528	
		79,699		85,050	
Creditors: amounts falling due within one year	13	(4,901)		(8,276)	
Net current assets			74,798		76,774
The funds of the charity					
Restricted income funds	15		22,508		29,641
Unrestricted funds	16		52,290		47,133
			74,798		76,774

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on ... 26-11-2025

.....
K L Day
Trustee

Company registration number 03975948 (England and Wales)

1 Accounting policies

Charity information

Young People's Wellbeing Service Ltd. is a private company limited by guarantee incorporated in England and Wales. The registered office is 28 Lower Northam Road Hedge End, Southampton, South East, SO30 4FQ, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25%
Computers	33%

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

2 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	1,748	-	1,748	1,461	-	1,461
Grants	-	55,066	55,066	-	60,736	60,736
Donated goods and services	-	3,200	3,200	-	5,750	5,750
	1,748	58,266	60,014	1,461	66,486	67,947

2 Income from donations and legacies (Continued)

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts						
Other	1,748	-	1,748	1,461	-	1,461
	1,748	-	1,748	1,461	-	1,461
Grants						
No Limits (South) Ltd - Hampshire Youth Access	-	55,066	55,066	-	60,736	60,736
	-	55,066	55,066	-	60,736	60,736

3 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Charitable Activities		
Services provided under contract	45,090	47,412
Other income	-	3,610
	45,090	51,022

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	695	535

5 Expenditure on charitable activities

	Charitable Activities 2025 £	Charitable Activities 2024 £
Direct costs		
Staff costs	20,444	34,631
Counsellors Invoiced services	62,199	47,869
Rent - Donated Services	3,200	6,200
Other charitable expenditure	19,164	17,753
	105,007	106,453
Share of support and governance costs (see note 6)		
Support	2,768	3,192
	107,775	109,645
Analysis by fund		
Unrestricted funds	42,376	55,577
Restricted funds	65,399	54,068
	107,775	109,645

6 Support costs allocated to activities

	Charitable Activities 2025 £	Total 2024 £
Website Costs	-	357
Bank Fees	122	119
Postage, Printing & Stationery	4	114
Sundries	415	470
Insurance	399	501
DBS Check	37	158
IT Software and Consumables	869	814
Staff Training	322	59
Governance	600	600
	2,768	3,192

6 Support costs allocated to activities (Continued)

	2025	2024
Governance costs comprise:	£	£
Accountancy	600	600
	600	600

7 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	600	600

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
Clinical staff	1	5
Administrative staff	1	4
Total	2	9

Employment costs	2025	2024
	£	£
Wages and salaries	20,117	34,170
Other pension costs	327	461
	20,444	34,631

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Stocks

	2025	2024
	£	£
Raw materials and consumables	100	100

12 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Trade debtors	12,001	13,970
Prepayments and accrued income	-	1,452
	12,001	15,422

13 Creditors: amounts falling due within one year

	2025	2024
	£	£
Other taxation and social security	243	1,034
Trade creditors	4,058	6,642
Accruals and deferred income	600	600
	4,901	8,276

14 Retirement benefit schemes

	2025	2024
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	327	461

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
Counselling	29,641	58,266	(65,399)	22,508

15 Restricted funds (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
	17,223	66,486	(54,068)	29,641

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
Counselling	47,133	47,533	(42,376)	52,290

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	49,692	53,018	(55,577)	47,133

17 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Current assets/(liabilities)	52,290	22,508	74,798
	52,290	22,508	74,798

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Current assets/(liabilities)	47,133	29,641	76,774
	47,133	29,641	76,774

18 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales - Charity number 1125891

Accounts

YOUNG PEOPLE'S WELLBEING SERVICE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2024

The trustees are pleased to present their report together with the financial statements of the charity and an Independent Examiner's Report for the year ended 31st March 2024.

Reference and administrative details

Charity number: 1125891

Company number: 3975948

Principal Office: 28 Lower Northam Road, Hedge End, Southampton, Hampshire, SO30 4FQ

Accountants: Arlington Accountants, First Floor Secure House, Lulworth Close, Chandlers Ford, Hampshire SO53 3TL

Bankers Lloyds TSB Bank plc, 2 St Johns Centre, Upper Northam Rd, Hedge End, Hants
Santander Bank, Bootle, Merseyside, L30 4GB

Directors and trustees

The directors of the charitable company (the charity) are also its trustees for the purpose of charity law.

The trustees serving during the period **April 2023 to March 2024** were as follows:

Unpaid Trustee Directors:

Rev Julius Alexander - (resigned 2/6/23)
Mrs Kira Day - Chair (appointed 16/2/23)
Mrs Christine Kearsley
Mrs Jennifer Swan - (resigned 2/6/23)
Dr Samuel Heal - (appointed 2/6/23)

Structure, Governance and Management

Governing Document

Young People's Wellbeing Service Ltd is a company limited by guarantee and does not have a share capital. It is governed by its Memorandum and Articles of Association as amended by special resolution on 27th June 2007. It is registered as a charity with the Charity Commission. Every Trustee/Director of the company, promise, if the Charity is dissolved while he or she is a Trustee/Director or within twelve months after he or she ceases to be a Trustee/Director, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before he or she ceases to be a

Trustee/Director, and of the costs, charges and expenses of winding up, and the adjustment of the rights of the contributories among themselves.

Appointment of trustees

As set out in the Articles of Association, directors are appointed by ordinary resolution.
One third of Directors/Trustees retire by rotation at each AGM.
All members are circulated with invitations to nominate directors prior to the AGM advising them of the retiring directors/trustees and requesting nominations for the AGM.

Organisation

The unpaid trustees have overall responsibility for the principles, finances and strategy affairs of the charity.
The Operations manager/s conducts regular staff meetings and is responsible for the day to day affairs of the charity and reports directly to the Trustees at 6-weekly meetings and via Emails.

Objectives and activities

The objects of the charity, as set out in its Memorandum of Association, are:

> "To promote the preservation and protection of good health of young people.
> In particular in Hedge End and the Southern parishes of the Borough of Eastleigh, Hampshire in particular, but not exclusively, by the provision of a drop-in centre, advice and support and other services."

It is the charity's aim to provide for all young people:

- A confidential and accessible service.
- An opportunity to discuss all aspects of daily living.
- The knowledge to empower them to make informed choices regarding their own physical, emotional and sexual health.

Activities of the charity for the public benefit

The activities of the charity benefit the local young people of the borough of Eastleigh and southern parishes. During 2023 (up to October), any young person (aged 11-19) from the local community could turn up at our Contraception and Sexual Health Drop- in Clinic or approach us with regards to Counselling. Due to the objectives of the charity and the nature of the funding, our counselling service is only able to work with young people from Eastleigh Borough and the local area on an ongoing basis. However, for wider public benefit, clients who reside outside of the immediate local areas are not turned away from our TADIC clinic and a young person would be seen and given support then referred onto another more appropriate agency. Further public benefit is offered due to the excellent relationships with other organisations such as local Schools, local general practices and associations supporting young people in the locality.

The aims of the charity are fulfilled by employing doctors, nurses, counsellors, a receptionist, administration team and a operations manager to provide support and advice on a wide range of physical and emotional health and wellbeing issues including contraception and sexual health. Further support for mental and emotional health is provided by our Counselling service which runs from a variety of locations within Eastleigh Borough.

The trustees have regard for the Charity Commission's guidance on public benefit and our Administrator/Service Support Manager regularly monitors the statistics regarding clients attending the clinics and accessing our counselling serve, to ensure best use is made of the charity's resources. The management team review the 'graffiti book' and 'evaluation questionnaires', used for young people's comments, to ensure the voices of the young people are heard.

The charity adheres to YPWS Safeguarding Policy and Procedures that follow guidance laid out in the Government publication 'Working Together' (2015), conjunction with 'Safeguarding Children' and 'Safeguarding Adults' procedures, protocols and guidelines outlined by the 4 Hampshire/ IOW LSCB (https://hipsprocedures.org.uk/)

Volunteers

Placement (Counselling) Volunteers are greatly appreciated for the many tasks they perform in the areas of Counselling young people and being ambassadors of YPWS. YPWS have a strict volunteer policy which stipulates that volunteers must be over 18, qualified (or working towards a qualification) in the field of Counselling, and sign paperwork outlining confidentiality and data protection regulations. All volunteers are DBS checked prior to working with our service.

Achievements and performance

The Young People's Wellbeing Service Ltd, formerly t/a The Teenage Drop-In Centre was first established in September 1995 and registered with the Charity Commission and became a charitable company on 15th September 2008.

Up to October 2023 YPWS provided free confidential, sexual health and wellbeing services to local young people, up to the age of 20 for a diverse range of issues experienced by this age group. Please see Appendices below which detail more in-depth statistics for each of our services and activity during 2022-23.

The main Drop-in Centre (TADIC Hedge End), which operated up to October 2023 on Wednesdays 3-6pm from The Hedge End Medical Centre premises, was run by a dedicated team of specialists including, Doctors, Nurses (with contraception and sexual health expertise), as well as an administration team.

The counselling work has continued to grow, and we have recently responded to this by increasing our number of counselling hours. We are proud to be a charity that supports volunteer counsellors and have developed a professional and robust induction and support structure to ensure not only a quality service that puts young people first, but also one that values continuous professional development of its staff. Our service has ensured that processes are implemented to the highest standard and continues to support EYCS counselling staff in their learning and ambitions. We continue to be very proud to have such a strong team of motivated counsellors who work across a number of venues, and that each bring a set of unique skills.

YPWS has always been fortunate to have a strong board of trustees who bring a variety of skills.

YPWS has undertaken work to make sure it is adhering to the latest legislation, and that the confidentiality of our service users is maintained. This has included reviewing all policies related

to data protection, and ensuring we are GDPR compliant. We have also worked to ensure our databases are fit for purpose and increased the efficiency of how we work. In recognition of the need to keep our services up to date, and ensure young people have the right information in a way they frequently access, our mobile friendly websites contain all current YPWS information.

Note from Directors regarding TADIC (Teenage Drop In Service) since October 2023:
The Trustees are sad to inform that from October 2023,TADIC Contraception and sexual health service has been closed due to the withdrawal of our Sexual Health contract with Solent NHS. However, YPWS continues to focus on our counselling service, Eastleigh Youth Counselling, which continues to thrive and operate and deliver counselling support to young people living in the Eastleigh district.

Eastleigh Youth Counselling service – report by Counselling Operations Manager

Eastleigh Youth Counselling Service (EYCS) provides free, confidential counselling support to young people aged 11-19 living in the Eastleigh district and southern parishes. Our mission is to deliver compassionate, professional, and dedicated mental health support tailored to the unique challenges faced by young people. EYCS is committed to promoting the emotional well-being of our youth, supported by a dedicated team of counsellors who are deeply invested in fostering growth and resilience among young people.

Counselling for Young People

EYCS offers an initial triage and assessment service, where young people meet with a trained counsellor for up to 30 minutes to discuss their needs. During this initial session, a counsellor evaluates whether counselling is the most suitable path forward. If it is, a plan for ongoing sessions is established, and the young person is placed on our counselling waiting list. For those for whom counselling may not be appropriate, EYCS provides signposting and referrals to other supportive services. While on the waiting list, young people receive guidance on coping strategies to help manage challenges in the interim.

Counselling Access Points and Support Options

Young people can access EYCS counselling services across several local venues, including Hedge End, Botley, Lowford, Eastleigh, and Chandler's Ford. In addition to in-person sessions, our counsellors also offer online and telephone counselling, allowing us to reach a broader population.

EYCS has extended its services to five local schools: Hamble School, Deer Park School, Brookfield School, Wyvern College, and Toynbee School, where we provide onsite counselling tailored to the school environment. Our counsellors are dedicated to creating a supportive and accessible space for young people, both within and outside of school settings.

Referral and Session Structure

Referrals to EYCS can come from various sources, including GPs, hospitals, CAMHS, schools, parents, and young people themselves. Referral methods include our website, email, telephone, and post, ensuring a flexible and accessible process. Following the initial assessment, if ongoing counselling is recommended, young people are typically offered six weekly sessions, with the possibility of extending up to twelve sessions based on need and mutual agreement between the counsellor and client.

Family Work Pilot Scheme
EYCS recently launched a Family Work pilot scheme aimed at supporting families experiencing challenges within family dynamics, including difficulties with parent-child relationships and sibling issues. This initiative reflects our commitment to addressing the broader context of young people's lives and supporting family systems holistically.

Partnerships and Community Support
We would like to extend our sincere gratitude to No Limits and ESPN (Eastleigh Southern Parishes Network) for their invaluable support and funding. Their contributions have significantly strengthened EYCS, allowing us to expand our reach and enhance the services we provide. Our counsellors' dedication to the young people and families we serve reflects the heart of EYCS and our mission to support the well-being of our community.

For a more in-depth overview of our performance during 2023-24 please see the below **appendices A** and **B**

Financial review

During 2023 whilst TADIC was in operation - The principal sources of funding for Young People's Wellbeing Service Ltd were the Service Level Agreements in place, namely between YPWS, Eastleigh Borough Council, Hedge End Town Council, Solent NHS and Wildern School, for our Eastleigh Youth Counselling service, this was the HYA agreement with No Limits and the Triage service with Eastleigh Southern Parishes Network and counselling provision agreements with local schools. Agreements are reviewed annually.

Expenditure:

The majority of the charity's costs are for staff wages (including administration), services delivered and the use of premises.

We also invest funds in staff training and equipment.

Reserves policy

Funding of healthcare remains unpredictable so we will continue our policy of holding enough funds to cover care for our patients for six months. These funds are aimed to cover the cost for patients currently under treatment or on waiting lists, premises and staff, including redundancy payments. The unrestricted reserves as of March 2024 were £77K, this will cover the policy summarised above and allow for some other costs such as training, staff recruitment

Plans for the Future

YPWS (formerly known as TADIC) have been running sustainably since 1995 and have excellent relationships with commissioners and funding providers. We are currently in a stable position financially, and this has enabled us to re-invest in staff training and increase our counselling hours to reduce waiting lists as much as possible. Sadly, due to withdrawal of our main funder for the Contraception and Sexual Health clinic, The TADIC sexual health Clinic was forced to close in October 2023, young people were signposted to other local Contraception services. This resulted in redundancies of our Tadic admin and clinical team. Meanwhile demand for our counselling service remains high and EYCS continues to thrive and deliver counselling support to local young people. Eastleigh Southern Parishes Network also funded a pilot Family Therapy programme for families under the ESPN remit (registered with ESPN GP surgeries).

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also

responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's examiners are unaware; and
- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's examiners are aware of that information.

Financial Review

Arlington Accountants are acting as our Independent Examiner for year ending 31 March 2024.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued March 2005) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:-
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Declaration
The trustees declare that they have approved the trustees report above.



Signed :

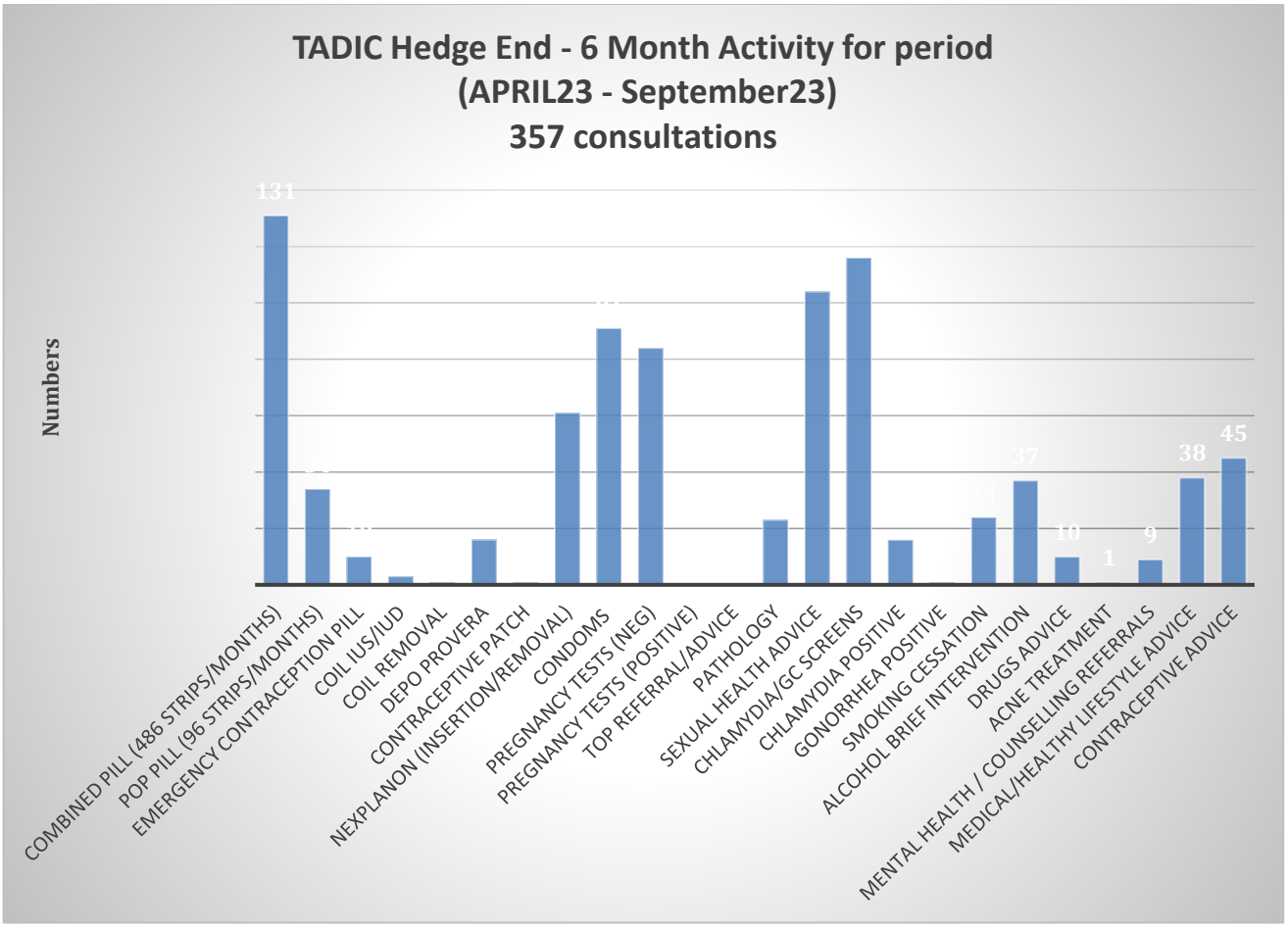
Name: Kira Day
Trustee / Director

Date: 4/12/2024

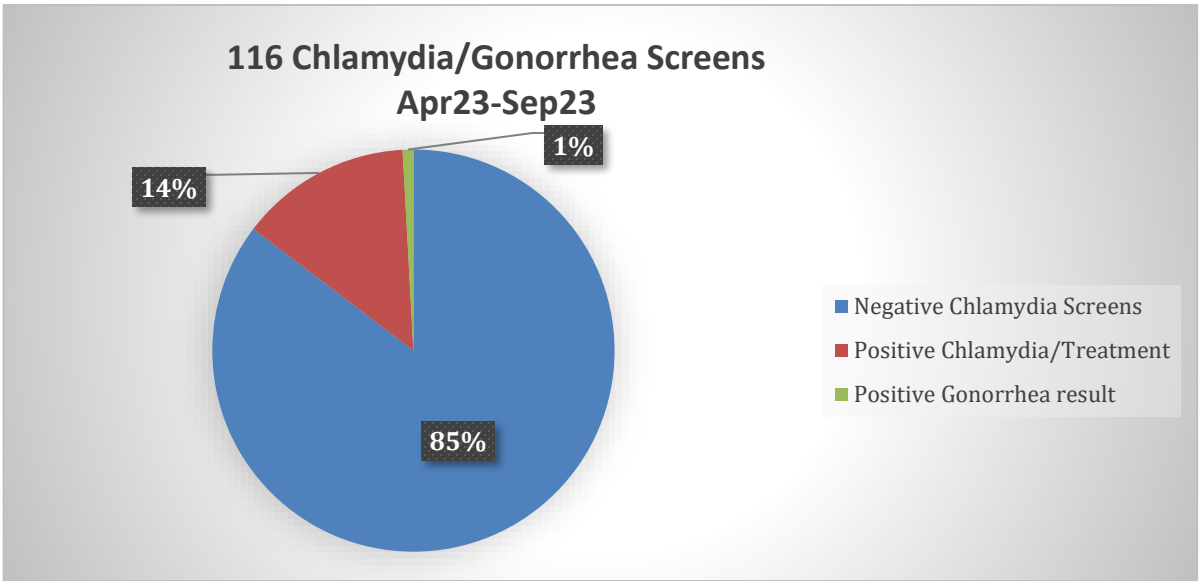
Appendix A - Achievements and performance for TADIC Hedge End Clinic – 6 month report
From April 23 to September 23 (closed October 23)

Please see below statistical activity report for the last 6 months of TADIC clinic operational activity. It was with great sadness that Tadic clinic closed its doors on 3 October after 28 years following withdrawal of Solent NHS contract. A signposting poster provided by Solent was put on our website with details of alternative sexual health local services in the area that provided contraception and sexual health for local young people.

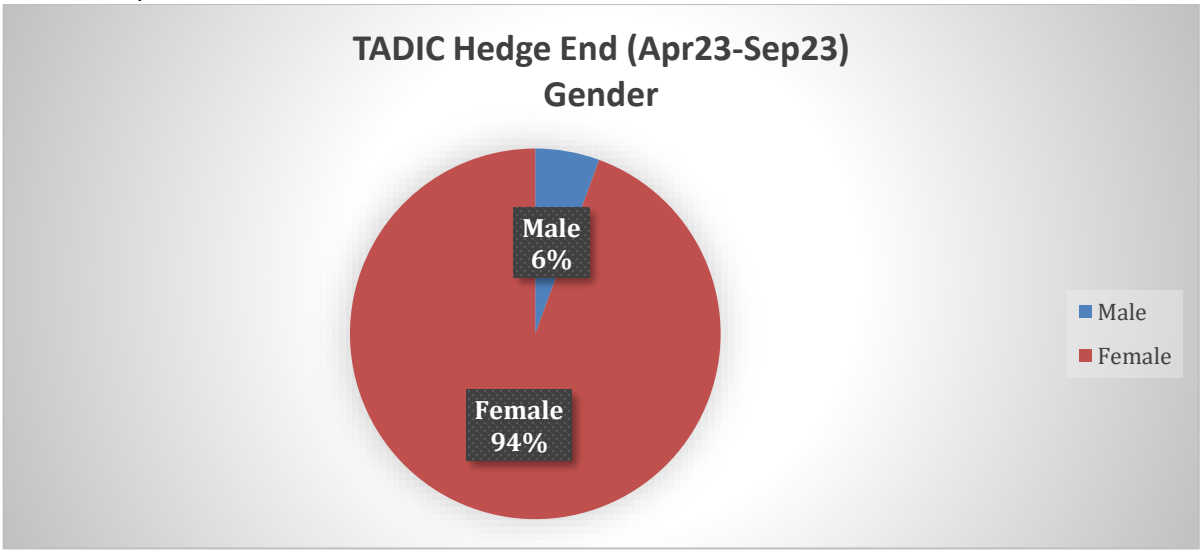
Between April and September 2023 - TADIC had 42 Enquires via our TADIC website – Most of these were from Young people chasing up their Test results (following Solent Test kits being put in place from late August/September) and other general enquiries. During this period TADIC gave 357 consultations.



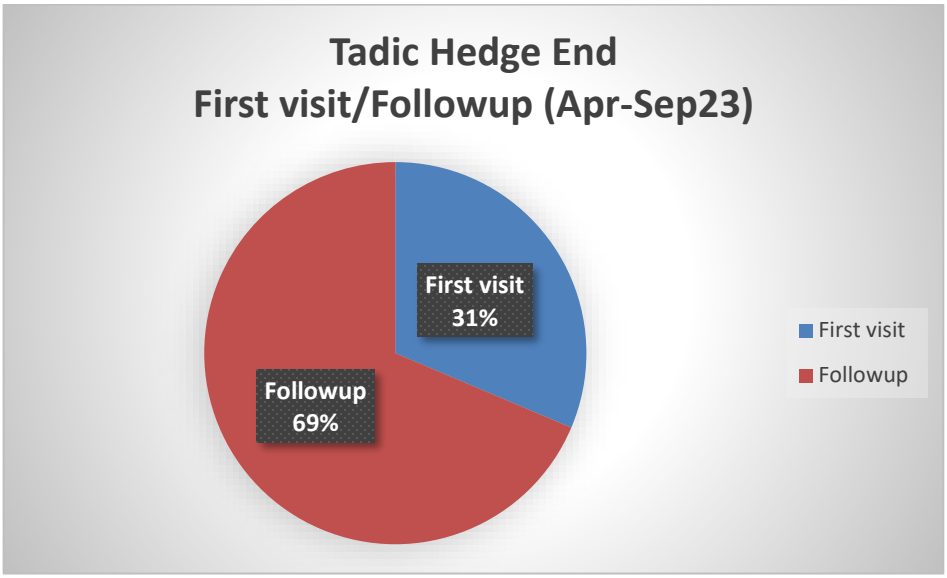
Above graph highlights reasons for YP coming to the clinic. Demand for the service remained high during this period. Main reason for visits were contraception and advice/STI testing and advice. There were no positive pregnancies recorded at the clinic. During the period - Tadic continued to receive enquiries from older clientele who were desperate to have a coil / coil removal / replacement as they were unable to get this service from their GP in a timely manner. Enquirers out of our remit were signposted to Unit 6 and to the Lets Talkaboutit website



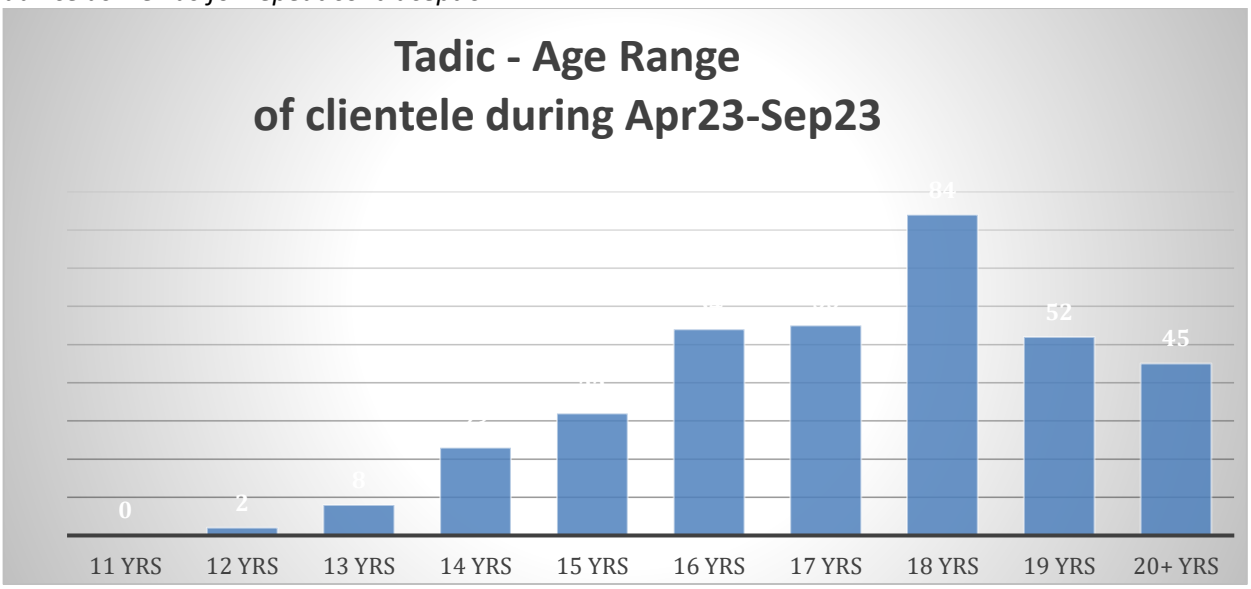
Following implementation of postal STI kits provided by Solent SH from August/September - Tadic was unable to show outcomes/statistics of results (Tadic are not informed of test result). However prior to postal STI kits being implemented TADIC recorded 11 positive chlamydia results (treated at TADIC) and 1 positive Gonnorhea result (patient was signposted to GUM clinic, Tadic kept informed by GUM of attendance).



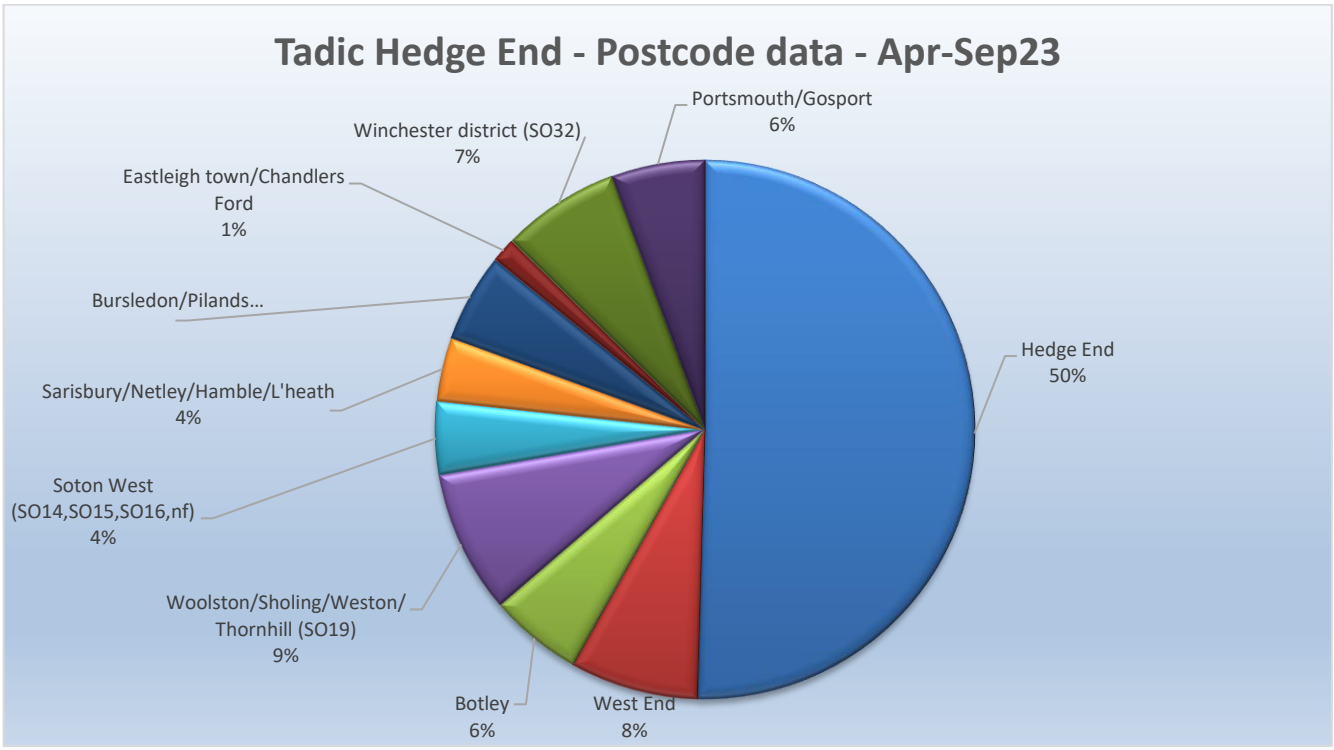
TADIC consultations were predominately Female - male consultations are Sexual Health/STI testing/condoms. We have not included Males accompanying Females as not seen by clinician, or male enquiriers by email who were signposted to Letstalkaboutit website if unable to come to clinic. There had been a slight increase in Male footfall from previous quarters



Above shows YP coming for the first time to the clinic (newly registered) and Followup clients - existing clients who are already registered with the clinic. Followup clients attend for STI tests, pregnancy tests and advice as well as for repeat contraception.



Above graphs shows continued attendance from school/college aged clients– majority are 18+years. The U13s attended the clinic for a counselling referral into our Counselling service(EYCS)

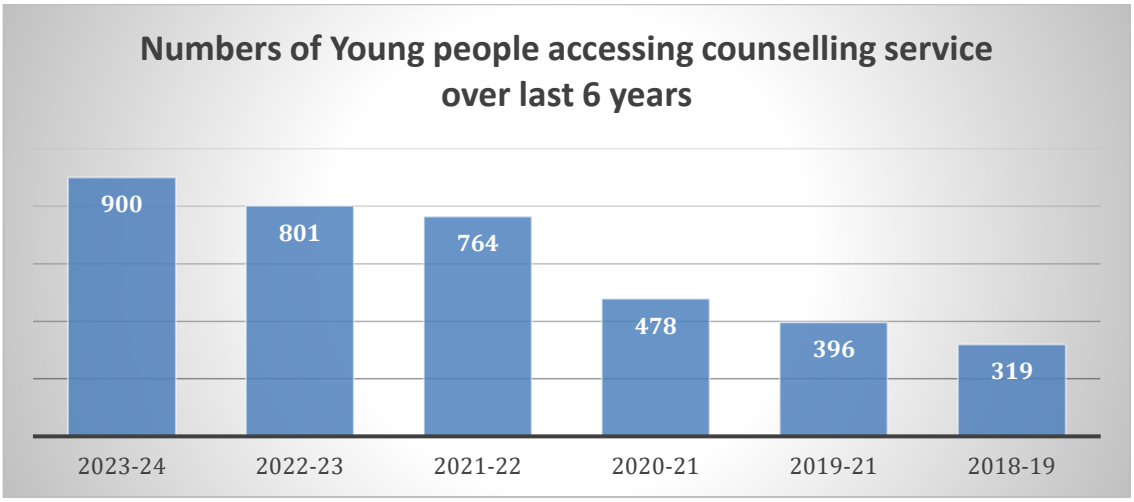


Above Graph highlights postcode data, which show a majority of clients are local (Hedge End, West End and Botley areas). However clients from further afield did frequent the clinic. Some of these clients had reported being unable to access their GPs for a contraception appointment in a timely manner and/or being signposted to TADIC. There has been a drop from Eastleigh town/Chandlers Ford area following awareness of Unit 6 in Eastleigh (Solent Clinic)

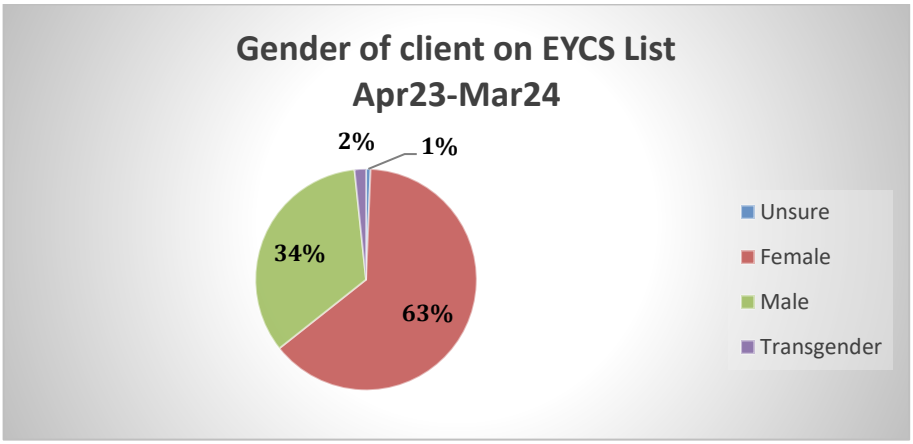
Appendix B - Achievements and performance
Eastleigh Youth Counselling Service (EYCS)
April2023 to March 2024

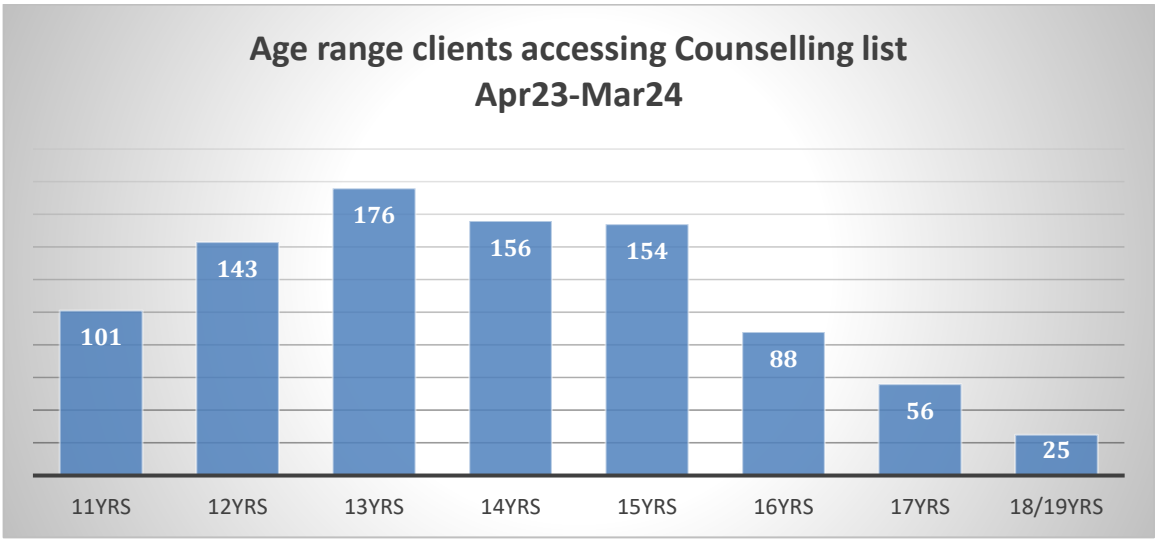
Our counselling service, Eastleigh Youth Counselling continues to thrive and remains in high demand. EYCS offer free 1-2-1 counselling support to young people aged 11-19 years living in the Eastleigh District and southern parishes.

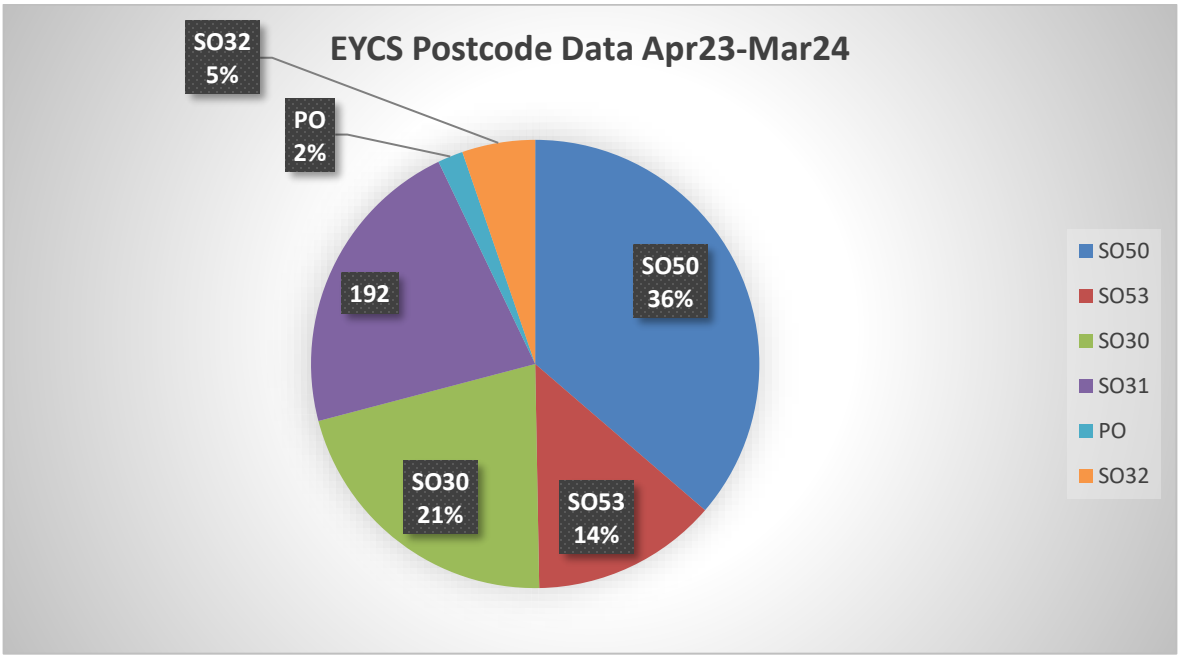
Below summarises Statistical activity information on our counselling service during the period April 2023 and March 24



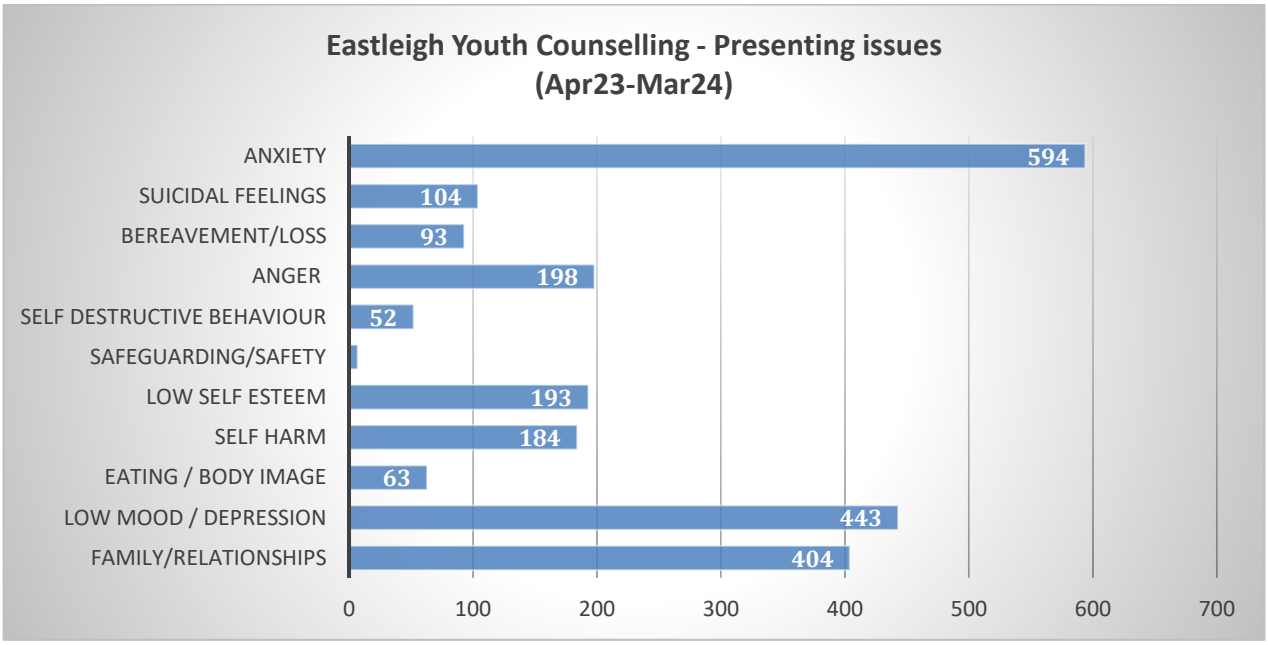
Above shows a growing demand for our counselling services over the last 6 years



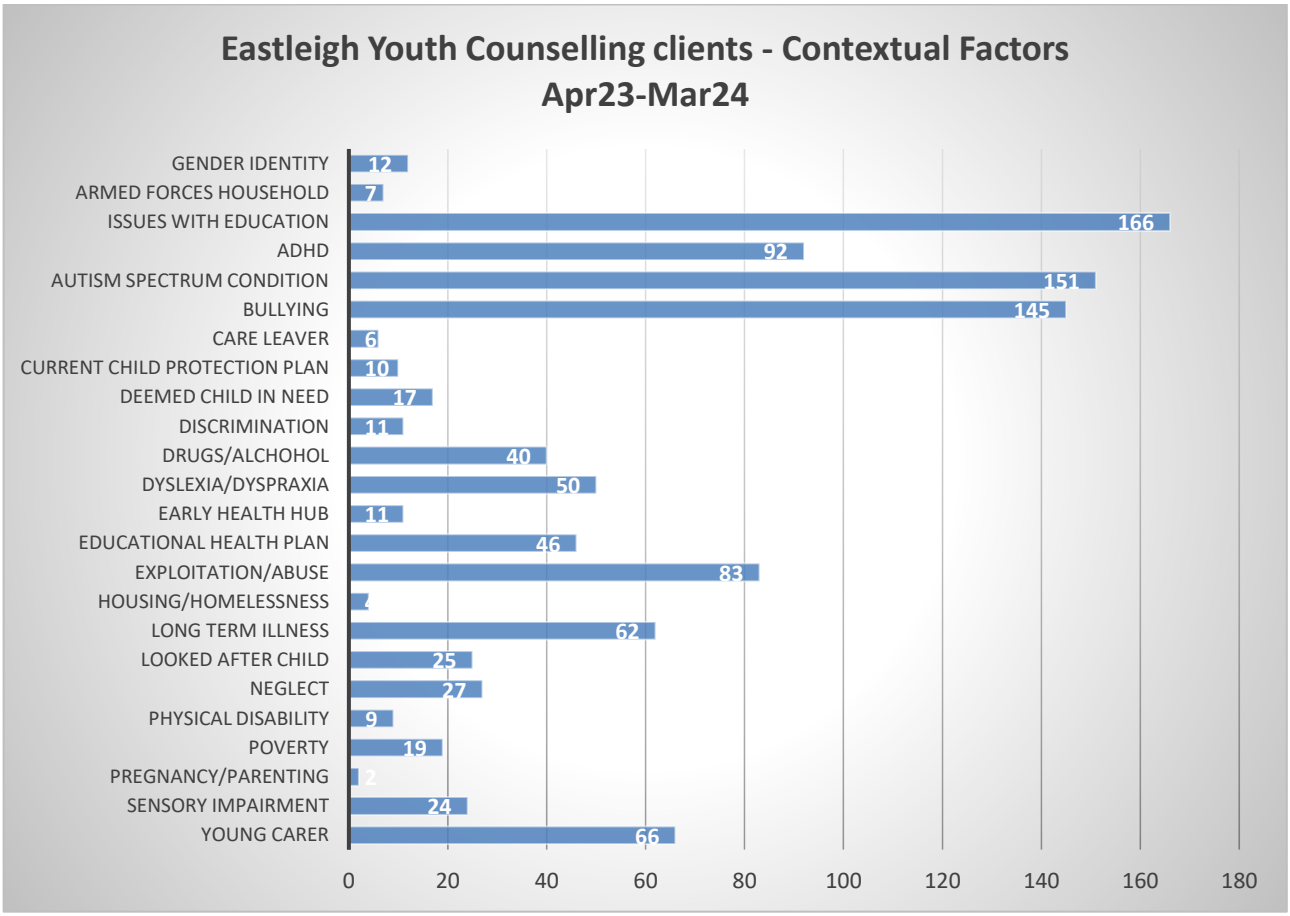




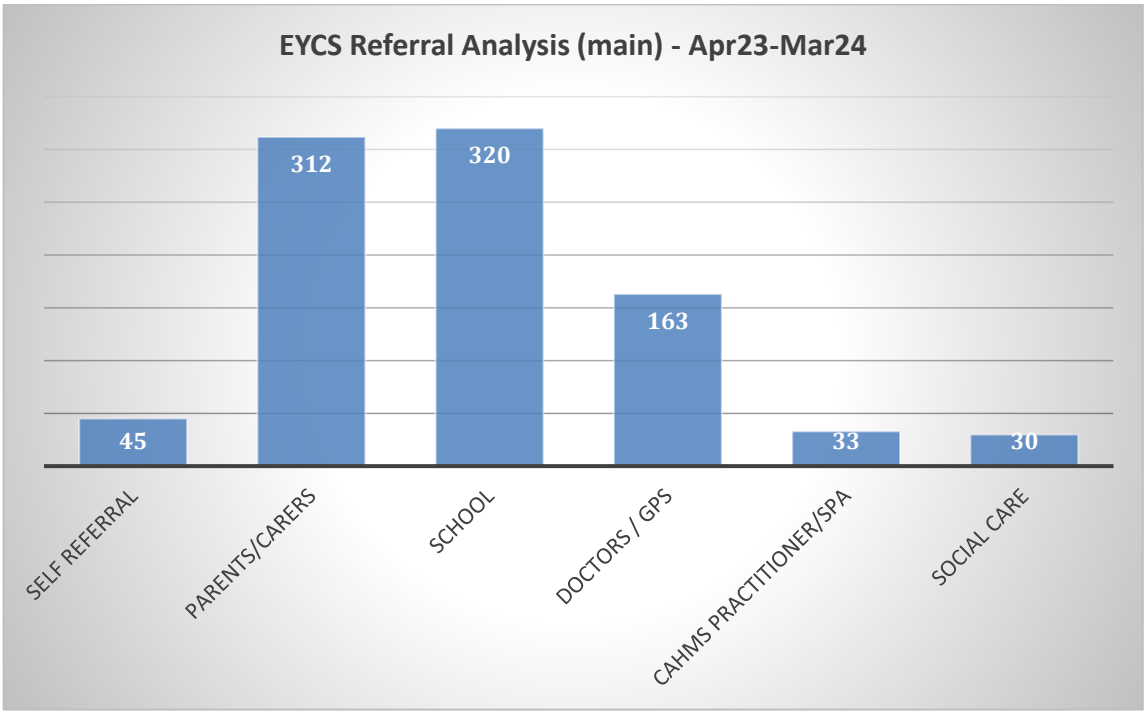
Above shows Postcode data of EYCS clients – mainly Eastleigh District and HEWEB areas



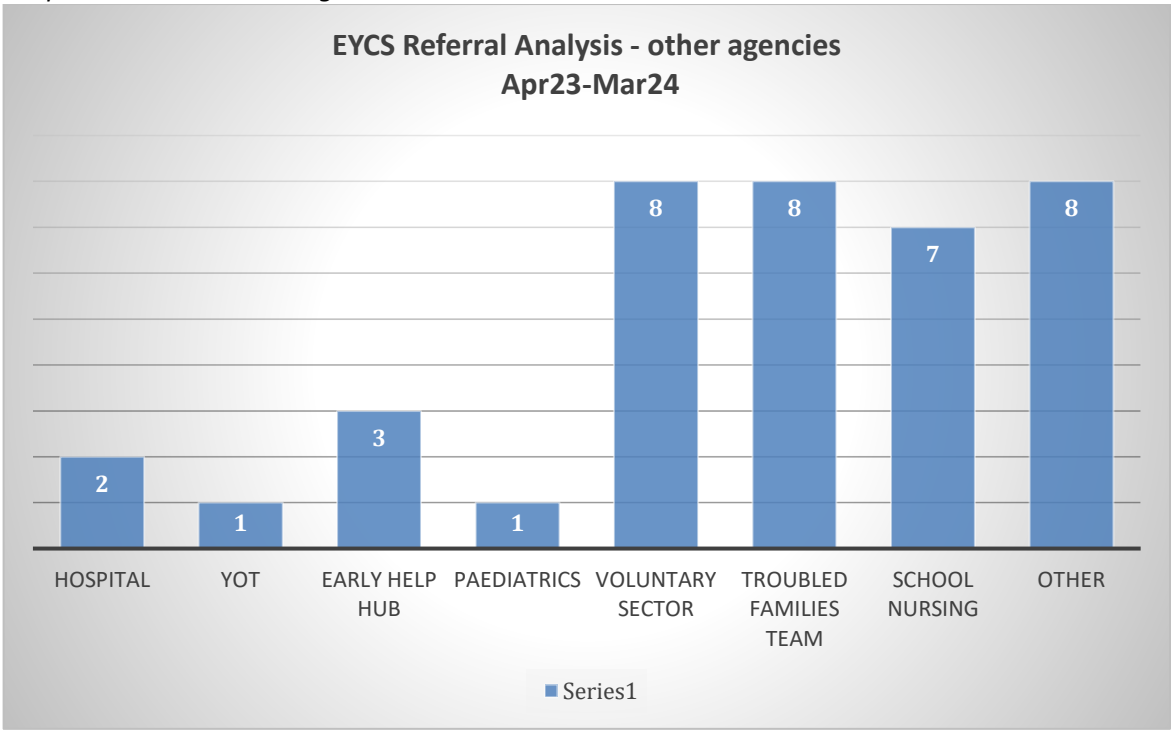
Above highlights Anxiety, Low mood and Family/relationships as main presentation factors



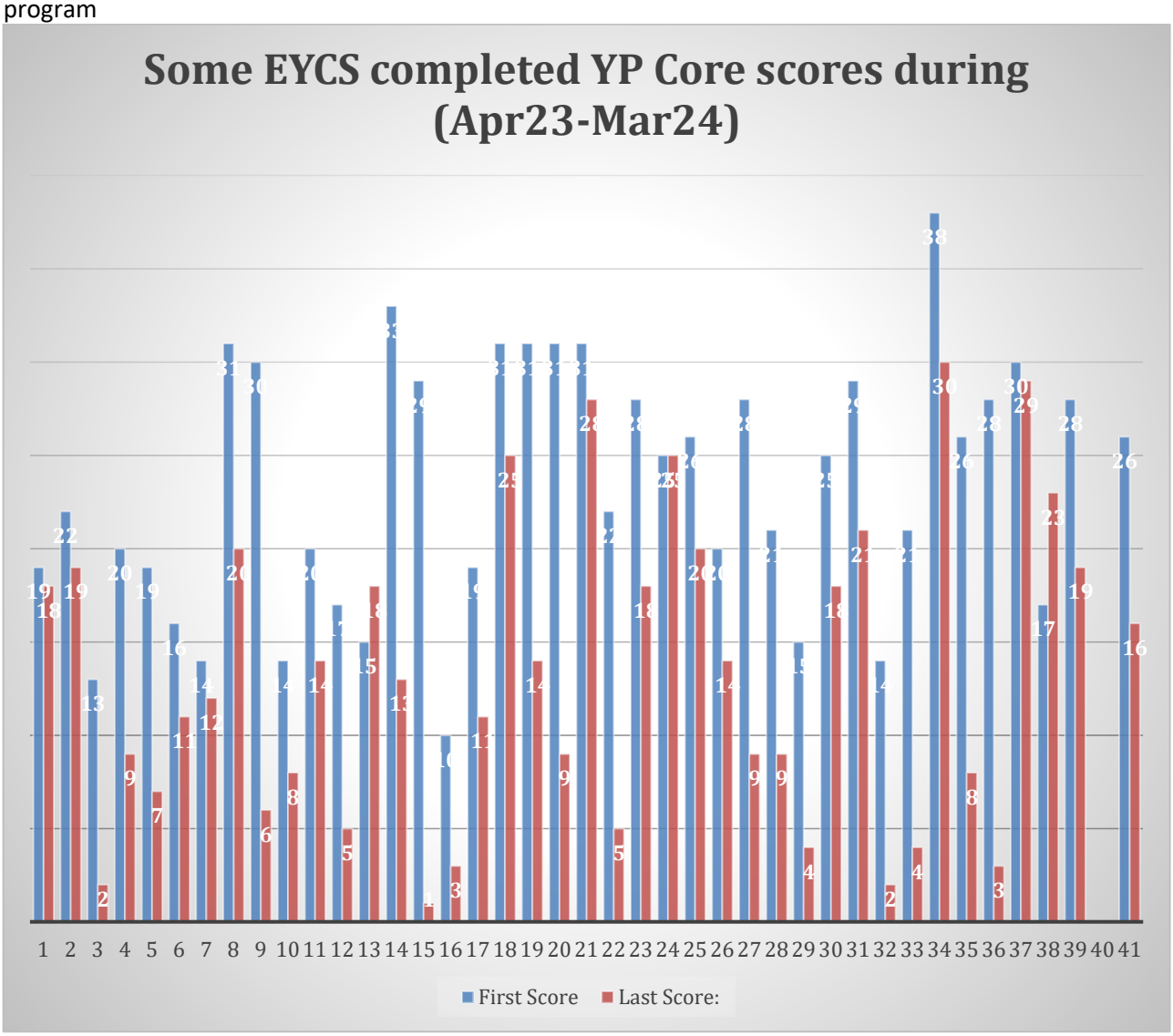
Graph show that EYCS are seeing more YP with ASC, ADHD and issues with Education (not attending school due to their anxieties, or issues with education)



Graph below show other Agencies



Graph Below shows a small representation of YP core scores (EYCS measurement tool to track progress) taken from clients who completed their counselling sessions during Apr-Mar24. Over 90% of scores taken from EYCS Clients show improvement in EYCS Clients overall Mental/Emotional health. The charts below show First and final scores - The aim is to lower the YP Core score by the end of the clients counselling program



Feedback from Young people and parents who accessed the service during April 23 -March 24 via Texts, cards and emails about the EYCS Counselling service:

Text From parent following daughter receiving online counselling from EYCS:
"Just to say my daughter seems to be benefitting from these sessions. Looks forward to them, seems happier in herself and is talking to me more. Thank you !"

Following assessment appointment for YP – text from Parent after advising that YP now on our counselling waiting list:
"Thank you ever so much EYCS – you total STAR – you've no idea how much you help children like my daughter xx"

From parent following text confirming YP on EYCS counselling waiting list following assessment appointment:
"Thank you for the update Kim. I really am very impressed with the service provided so far and grateful for the time being given to my daughter. I hope all the team have a great weekend and look forward to hearing from you when it comes time to schedule her sessions"

From parent of child being seen by our counsellor :
"I wanted to pass on some positive feedback about my daughter's counsellor, my daughter felt an instant warmth and connection with her counsellor – I met her briefly and the kindness in her eyes I just knew my daughter would so happy with her, so please may you kindly pass this onto the lovely counsellor for us please. Thank you"

Text from parent sent to Admin Hub (who send reminders etc):
"Thank you Kim – you've been so proactive, informative and always kept us in the loop with every update, reminder etc – that's been invaluable, especially as you deal with anxious children who need to know the wheres and hows etc – so a credit to you for that Kim"

Text from parent when informing them that Child could have 2 more extra sessions:
"Thank you EYCS for all that you have done and continue to do for all these children … you are their hope, thank you so much from the bottom of my heart"

From parent of YP who wanted advice regarding YP mental health and was signposted to relevant service/given coping tools :
"Thank you EYCS, huge thanks again to you and your counsellors for the support that you provided us and provide to the community; have a great weekend!"

Text from parent : *Thanks for the reminder Kim, its going to be the last one on 25/7 and we are so gutted and so sad … Debs has been so so amazing for Ava … and me too …. Thank you for all that you do*

Email following on from Assessment and receiving coping strategies/resources from Assessor (which is sent to clients email whilst waiting on waiting list):
Thank you so much for this, my daughter said as we walked out I really hope I have her she's nice 😊 I feel it's going to make a difference already thank you

Text from parent when sending appointment reminder : *"Thanks Kim , my son did say to me on the way home following his first session, that was the best conversation of his life on the way home and I am just so happy for him, a big thanks for EYCS Counsellor on his first session"*

Text from Parent of son attending counselling sessions*: "I just want to say a big thanks to your Counsellor Assessor, without that initial chat in July my son might not have carried on and I am so pleased he has!"*

Following initial assessment (from parent to counsellor) : *"Good afternoon*
Thank you very much for your email and the time spent with Tino, he did say it was useful and helpful, which is a bonus as he was quite sceptical about the meeting, and had said he'd find it difficult talking to a stranger, but he said it went well!
Appreciate the recommendation of the counselling sessions and will look out for those.
Thank you also for the attachments which will be of great help"

From parent emailing counsellor following completion of sessions online:
"Simon (her dad) and I would like to say a massive thank you to you for taking the time to talk to S as we feel the sessions have really helped and we can definitely see our little girl coming back.*
Although S has said the last couple of weeks she wasn't sure the sessions were helping, we have just talked it through while doing your form and she has thought back to how she felt before she started and has just said 'actually mum your right they really have helped haven't they'.*
A massive thank you again for the support you have given S we will be forever grateful to you".*

From parent following move to Wales and daughter been seen by EYCS counsellor in November 23:
"Hi Im hoping you can help. My daughter had counselling with you guys a while back and she was doing very well until Christmas but is now struggling again. Im looking to get her long term private counselling but I was wondering what counselling style your Counsellor used? Your counsellor made EXCELLENT progress with CB and we as a family would like to be able to find someone in here in WALES who is so effective. Again thank you from us for making a difference and changing my daughters mind about asking for help and support."

Hi EYCS, How do we go about booking your counsellor again in the future for our son, as he really enjoyed those sessions? Thank you for making a difference

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2024

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
First Floor, Lulworth Close,
Chandlers Ford
Southampton, SO53 3TL

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader) -
(Resigned 02/06/2023)
Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher –
(Resigned 02/06/2023)
Kira Day – Operations Manager
Dr Samuel Heal, GP – (Appointed
2/6/2023)

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
First Floor, Secure House,
Lulworth Close, Chandlers Ford,
Hampshire, SO53 3TL

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 4-DECEMBER-24 and signed on its behalf by:

K Day

Kira Day - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
First Floor, Secure House,
Lulworth Close, Chandlers Ford
Hampshire, SO53 3TL

Date: 4-12-24

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	1,461	60,736	62,197	52,475
Charitable activities	4				
Solent NHS Trust		9,042	-	9,042	15,500
Wildern School		2,340	-	2,340	2,500
Hedge End Town Council		2,750	-	2,750	5,500
Eastleigh Borough Council (Tadic/Hype)		4,125	-	4,125	5,500
Toynbee School		1,800	-	1,800	2,400
Wyvern Collage		1,800	-	1,800	1,800
Brookfield School		3,000	-	3,000	3,000
Botley Parish Council		-	-	-	800
Hampshire County Council		2,000	-	2,000	4,030
Hedge End Medical Centre		75	-	75	975
Eastleigh Southern Parishes		20,480	-	20,480	11,340
Educational Services		-	-	-	-
Investment income	3	535		535	107
Other income		3,610	-	3,610	11
Total		53,018	60,736	113,754	105,938
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		55,577	48,316	103,893	101,217
Donated Services		-		-	-
Total		55,577	48,316	103,893	101,217
NET INCOME/(EXPENDITURE)		(2,559)	12,420	9,861	4,721
RECONCILIATION OF FUNDS					
Total funds brought forward		49,692	17,223	66,915	62,194
TOTAL FUNDS CARRIED FORWARD		47,133	29,643	76,776	66,915

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	-
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	4,203	11,220	15,423	14,956
Cash at bank		69,528	-	69,528	56,827
		72,378	11,220	85,051	71,883
CREDITORS					
Amounts falling due within one year	13	(3,038)	(5,237)	(8,275)	(4,968)
NET CURRENT ASSETS		69,340	5,983	76,776	66,915
TOTAL ASSETS LESS CURRENT LIABILITIES		69,340	5,983	76,776	66,915
NET ASSETS		69,340	8,983	76,776	66,915
FUNDS	14				
Unrestricted funds				47,133	58,323
Restricted funds				29,643	8,592
TOTAL FUNDS				76,776	66,915

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 4-December-24 and were signed on its behalf by:

Kira Day - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	1,461	387
Grants	60,736	52,088
Donated services and facilities	5,750	11,500
	67,947	69,375

Grants received, included in the above, are as follows:

	2024	2023
	£	£
No Limits (South) Limited - CCG Counselling Services	60,726	45,923
Eastleigh Southern Parishes	-	5,895
Eastleigh And Winchester Cast	-	270
	60,726	52,088

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	535	107

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Service Level Agreement	Solent NHS Trust	9,042	15,500
Service Level Agreement	Wildern School	2,340	2,500
Service Level Agreement	Toynbee School	1,800	2,400
Service Level Agreement	Wyvern Collage	1,800	1,800
Service Level Agreement	Hedge End Town Council	2,750	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	4,125	5,500
Service Level Agreement	Brookfield School	3,000	3,000
Service Level Agreement	Botley Parish Council	-	800
Service Level Agreement	Hampshire County Council	2,000	4,030
Service Level Agreement	Hedge End Medical Centre	75	975
Service Level Agreement	Eastleigh Southern Parishes Network	20,480	11,340
Education Session	Various	-	11
		47,412	52,356

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs £
Charitable Activities	55,577
Donated Services	48,316
	103,893

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	-	-

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

8. STAFF COSTS

	2024 £	2023 £
Wages and salaries	34,170	31,895
Other pension costs	461	355
	34,631	32,250

The average monthly number of employees during the year was as follows:

	2024	2023
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

9. No employees received emoluments in excess of £60,000.

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2023	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2024	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2023	2,722	3,101	5,823
Charge for year	-	-	-
At 31 March 2023	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2024	-	-	-
At 31 March 2023	-	-	-

11. STOCKS

	2024 £	2023 £
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	13,970	13,504
Prepayments	1,452	1,452
	15,422	14,956

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	5,238	3,546
Social security and other taxes	-	-
Other creditors	1,034	822
Accrued expenses	600	600
	6,872	4,968

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,461	387
Grants	60,736	52,088
Donated services and facilities	5,750	11,500
	67,947	63,975
Investment income		
Deposit account interest	535	107
Charitable activities		
Service Level Agreement	51,022	53,345
Education Session	0	11
	51,022	53,356
Total incoming resources	119,504	117,438
EXPENDITURE		
Support costs		
Finance		
Bank charges	152	88
Other		
Wages	34,170	31,895
Employer Pension Contbns	461	355
Rent - Donated services	6,199	11,920
Insurance	501	2,371
Computer equip and consumables	675	556
Telephone	140	428
Postage and stationery	114	143
Sundries	467	259
Independent examiners fee	600	600
Counsellor Indemnity Insurance	123	305
Payroll Support	147	185
Carried forward	43,749	49,105

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	2024	2023
	£	£
Other		
Brought forward	43,749	49,105
Website	212	240
DBS checks	158	24
Training	59	3,456
Invoiced services	47,835	44,651
Counsellor Room hire	11,399	10,907
Counsellor Supervision fees	6,231	4,334
Total resources expended	109,643	112,717
Net income/(expenditure)	9,861	4,721

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2024

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
First Floor, Lulworth Close,
Chandlers Ford
Southampton, SO53 3TL

Young People's Wellbeing Service Ltd.

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for the Year Ended 31 March 2024

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Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader) -
(Resigned 02/06/2023)
Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher –
(Resigned 02/06/2023)
Kira Day – Operations Manager
Dr Samuel Heal, GP – (Appointed
2/6/2023)

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
First Floor, Secure House,
Lulworth Close, Chandlers Ford,
Hampshire, SO53 3TL

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 4-DECEMBER-24 and signed on its behalf by:

K Day

Kira Day - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
First Floor, Secure House,
Lulworth Close, Chandlers Ford
Hampshire, SO53 3TL

Date: 4-12-24

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	1,461	60,736	62,197	52,475
Charitable activities	4				
Solent NHS Trust		9,042	-	9,042	15,500
Wildern School		2,340	-	2,340	2,500
Hedge End Town Council		2,750	-	2,750	5,500
Eastleigh Borough Council (Tadic/Hype)		4,125	-	4,125	5,500
Toynbee School		1,800	-	1,800	2,400
Wyvern Collage		1,800	-	1,800	1,800
Brookfield School		3,000	-	3,000	3,000
Botley Parish Council		-	-	-	800
Hampshire County Council		2,000	-	2,000	4,030
Hedge End Medical Centre		75	-	75	975
Eastleigh Southern Parishes		20,480	-	20,480	11,340
Educational Services		-	-	-	-
Investment income	3	535		535	107
Other income		3,610	-	3,610	11
Total		53,018	60,736	113,754	105,938
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		55,577	48,316	103,893	101,217
Donated Services		-		-	-
Total		55,577	48,316	103,893	101,217
NET INCOME/(EXPENDITURE)		(2,559)	12,420	9,861	4,721
RECONCILIATION OF FUNDS					
Total funds brought forward		49,692	17,223	66,915	62,194
TOTAL FUNDS CARRIED FORWARD		47,133	29,643	76,776	66,915

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	-
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	4,203	11,220	15,423	14,956
Cash at bank		69,528	-	69,528	56,827
		72,378	11,220	85,051	71,883
CREDITORS					
Amounts falling due within one year	13	(3,038)	(5,237)	(8,275)	(4,968)
NET CURRENT ASSETS		69,340	5,983	76,776	66,915
TOTAL ASSETS LESS CURRENT LIABILITIES		69,340	5,983	76,776	66,915
NET ASSETS		69,340	8,983	76,776	66,915
FUNDS	14				
Unrestricted funds				47,133	58,323
Restricted funds				29,643	8,592
TOTAL FUNDS				76,776	66,915

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 4-December-24 and were signed on its behalf by:

Kira Day - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	1,461	387
Grants	60,736	52,088
Donated services and facilities	5,750	11,500
	67,947	69,375

Grants received, included in the above, are as follows:

	2024	2023
	£	£
No Limits (South) Limited - CCG Counselling Services	60,726	45,923
Eastleigh Southern Parishes	-	5,895
Eastleigh And Winchester Cast	-	270
	60,726	52,088

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	535	107

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Service Level Agreement	Solent NHS Trust	9,042	15,500
Service Level Agreement	Wildern School	2,340	2,500
Service Level Agreement	Toynbee School	1,800	2,400
Service Level Agreement	Wyvern Collage	1,800	1,800
Service Level Agreement	Hedge End Town Council	2,750	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	4,125	5,500
Service Level Agreement	Brookfield School	3,000	3,000
Service Level Agreement	Botley Parish Council	-	800
Service Level Agreement	Hampshire County Council	2,000	4,030
Service Level Agreement	Hedge End Medical Centre	75	975
Service Level Agreement	Eastleigh Southern Parishes Network	20,480	11,340
Education Session	Various	-	11
		47,412	52,356

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs £
Charitable Activities	55,577
Donated Services	48,316
	103,893

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	-	-

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

8. STAFF COSTS

	2024 £	2023 £
Wages and salaries	34,170	31,895
Other pension costs	461	355
	34,631	32,250

The average monthly number of employees during the year was as follows:

	2024	2023
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

9. No employees received emoluments in excess of £60,000.

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2023	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2024	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2023	2,722	3,101	5,823
Charge for year	-	-	-
At 31 March 2023	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2024	-	-	-
At 31 March 2023	-	-	-

11. STOCKS

	2024 £	2023 £
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	13,970	13,504
Prepayments	1,452	1,452
	15,422	14,956

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	5,238	3,546
Social security and other taxes	-	-
Other creditors	1,034	822
Accrued expenses	600	600
	6,872	4,968

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,461	387
Grants	60,736	52,088
Donated services and facilities	5,750	11,500
	67,947	63,975
Investment income		
Deposit account interest	535	107
Charitable activities		
Service Level Agreement	51,022	53,345
Education Session	0	11
	51,022	53,356
Total incoming resources	119,504	117,438
EXPENDITURE		
Support costs		
Finance		
Bank charges	152	88
Other		
Wages	34,170	31,895
Employer Pension Contbns	461	355
Rent - Donated services	6,199	11,920
Insurance	501	2,371
Computer equip and consumables	675	556
Telephone	140	428
Postage and stationery	114	143
Sundries	467	259
Independent examiners fee	600	600
Counsellor Indemnity Insurance	123	305
Payroll Support	147	185
Carried forward	43,749	49,105

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	2024	2023
	£	£
Other		
Brought forward	43,749	49,105
Website	212	240
DBS checks	158	24
Training	59	3,456
Invoiced services	47,835	44,651
Counsellor Room hire	11,399	10,907
Counsellor Supervision fees	6,231	4,334
Total resources expended	109,643	112,717
Net income/(expenditure)	9,861	4,721

YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales - Charity number 1125891

Accounts

YOUNG PEOPLE'S WELLBEING SERVICE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

The trustees are pleased to present their report together with the financial statements of the charity and an Independent Examiner's Report for the year ended 31st March 2023.

Reference and administrative details

Charity number: 1125891

Company number: 3975948

Principal Office: 28 Lower Northam Road, Hedge End, Southampton, Hampshire, SO30 4FQ (and main place of operation)

Accountants: Arlington Accountants, Anchor House, School Lane, Chandlers Ford SO53 4DY

Bankers Lloyds TSB Bank plc, 2 St Johns Centre, Upper Northam Rd, Hedge End, Hants
Santander Bank, Bootle, Merseyside, L30 4GB

Directors and trustees

The directors of the charitable company (the charity) are also its trustees for the purpose of charity law.

The trustees serving during the period **April 2022 to March 2023** were as follows:

Unpaid Trustee Directors:

Mr Brian Lugg - Treasurer – resigned 27/7/22
Rev Julius Alexander - Chair
Dr Hannah Yates - (retired 19/10/2022)
Mrs Kira Day - (appointed 16/2/23)
Mrs Christine Kearsley
Mrs Jennifer Swan - (resigned 31/5/23)

Structure, Governance and Management

Governing Document

Young People's Wellbeing Service Ltd is a company limited by guarantee and does not have a share capital. It is governed by its Memorandum and Articles of Association as amended by special resolution on 27th June 2007. It is registered as a charity with the Charity Commission. Every Trustee/Director of the company, promise, if the Charity is dissolved while he or she is a Trustee/Director or within twelve months after he or she ceases to be a Trustee/Director, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before he or she ceases to be a

Trustee/Director, and of the costs, charges and expenses of winding up, and the adjustment of the rights of the contributories among themselves.

Appointment of trustees

As set out in the Articles of Association, directors are appointed by ordinary resolution.
One third of Directors/Trustees retire by rotation at each AGM.
All members are circulated with invitations to nominate directors prior to the AGM advising them of the retiring directors/trustees and requesting nominations for the AGM.

Organisation

The unpaid trustees have overall responsibility for the principles, finances and strategy affairs of the charity.
The Operations manager/s conducts regular staff meetings and is responsible for the day to day affairs of the charity and reports directly to the Trustees at 6-weekly meetings.

Objectives and activities

The objects of the charity, as set out in its Memorandum of Association, are:

> "To promote the preservation and protection of good health of young people.
> In particular in Hedge End and the Southern parishes of the Borough of Eastleigh, Hampshire in particular, but not exclusively, by the provision of a drop-in centre, advice and support and other services."

It is the charity's aim to provide for all young people:

- A confidential and accessible service.
- An opportunity to discuss all aspects of daily living.
- The knowledge to empower them to make informed choices regarding their own physical, emotional and sexual health.

Activities of the charity for the public benefit

The activities of the charity benefit the local young people of the borough of Eastleigh and southern parishes. During 2022/23, any young person (aged 11-19) from the local community can turn up at our Contraception and Sexual Health Drop- in Clinic or approach us with regards to Counselling. Due to the objectives of the charity and the nature of the funding, our counselling service is only able to work with young people from Eastleigh Borough and the local area on an ongoing basis. However, for wider public benefit, clients who reside outside of the immediate local areas are not turned away from our TADIC clinic and a young person would be seen and given support then referred onto another more appropriate agency. Further public benefit is offered due to the excellent relationships with other organisations such as Wildern School, local general practices and associations supporting young people in the locality.

The aims of the charity are fulfilled by employing doctors, nurses, counsellors, a receptionist, administration team and a operations manager to provide support and advice on a wide range of physical and emotional health and wellbeing issues including contraception and sexual health. Further support for mental and emotional health is provided by our Counselling service which runs from a variety of locations within Eastleigh Borough.

The trustees have regard for the Charity Commission's guidance on public benefit and our Administrator/Service Support Manager regularly monitors the statistics regarding clients attending the clinics and accessing our counselling serve, to ensure best use is made of the charity's resources. The management team review the 'graffiti book' and 'evaluation questionnaires', used for young people's comments, to ensure the voices of the young people are heard.

The charity adheres to YPWS Safeguarding Policy and Procedures that follow guidance laid out in the Government publication 'Working Together' (2015), conjunction with 'Safeguarding Children' and 'Safeguarding Adults' procedures, protocols and guidelines outlined by the 4 Hampshire/ IOW LSCB (https://hipsprocedures.org.uk/)

Volunteers

Placement (Counselling) Volunteers are greatly appreciated for the many tasks they perform in the areas of Counselling young people and being ambassadors of YPWS. YPWS have a strict volunteer policy which stipulates that volunteers must be over 18, qualified (or working towards a qualification) in the field of Counselling, and sign paperwork outlining confidentiality and data protection regulations. All volunteers are DBS checked prior to working with our service.

Achievements and performance

The Young People's Wellbeing Service Ltd, formerly t/a The Teenage Drop-In Centre was first established in September 1995 and registered with the Charity Commission and became a charitable company on 15th September 2008.

YPWS provides free confidential, sexual health and wellbeing services to local young people, up to the age of 20 for a diverse range of issues experienced by this age group. Please see Appendices below which detail more in-depth statistics for each of our services and activity during 2022-23.

The main Drop-in Centre (TADIC Hedge End), which operates on Wednesdays 3-6pm from The Hedge End Medical Centre premises, is run by a dedicated team of specialists including, Doctors, Nurses (with contraception and sexual health expertise), as well as an administration team.

Our EYCS counselling service can be accessed by phone, email, or via our Website. We operate a waiting list whereby our aim is that young people usually wait no longer than 4-5 weeks to have an initial assessment. All young people will have an initial assessment of up to 30 minutes with a trained counsellor and if counselling way forward then a plan will be made for future sessions and young person will be put on our Counselling waiting list for ongoing counselling sessions. If it is felt that counselling is not appropriate, then we will attempt to signpost to alternative services.

The counselling service offers a series of up to 6 sessions of counselling to each young person, with the possibility of extending to 12 depending on need. Clients complete self- assessment YP core form at the beginning and end of the counselling period from which we can evaluate progress and measure outcomes. During the Covid pandemic, EYCS have adapted their service to continue to provide counselling support to young people remotely via virtual platforms as well as Face to Face following Covid safety precautions put in place.

The counselling work has continued to grow, and we have recently responded to this by increasing our number of counselling hours. We are proud to be a charity that supports volunteer

counsellors and have developed a professional and robust induction and support structure to ensure not only a quality service that puts young people first, but also one that values continuous professional development of its staff. Our service has ensured that processes are implemented to the highest standard and continues to support EYCS counselling staff in their learning and ambitions. We continue to be very proud to have such a strong team of motivated counsellors who work across a number of venues, and that each bring a set of unique skills.

YPWS has always been fortunate to have a strong board of trustees who bring a variety of skills.

YPWS has undertaken work to make sure it is adhering to the latest legislation, and that the confidentiality of our service users is maintained. This has included reviewing all policies related to data protection, and ensuring we are GDPR compliant. We have also worked to ensure our databases are fit for purpose and increased the efficiency of how we work. In recognition of the need to keep our services up to date, and ensure young people have the right information in a way they frequently access, our mobile friendly websites contain all current YPWS information.

Note from Directors regarding TADIC (Teenage Drop In Service) since October 2023:

The Trustees are sad to inform that from October 2023,TADIC Contraception and sexual health service has been closed due to the withdrawal of our Sexual Health contract with Solent NHS. However YPWS continues to focus on our counselling service, Eastleigh Youth Counselling, which continues to operate and deliver counselling support to young people living in the Eastleigh district.

For a more in-depth overview of our performance during 2022-23 please see the below **appendices A** and **B**

Financial review

The principal sources of funding for Young People's Wellbeing Service Ltd are the Service Level Agreements in place, namely between YPWS, Eastleigh Borough Council, Hedge End Town Council, Solent NHS and Wildern School, and for our Eastleigh Youth Counselling service, HYA agreement with No Limits and the Triage service with Eastleigh Southern Parishes Network. These are reviewed annually.

Expenditure:

The majority of the charity's costs are for staff wages (including administration), services delivered and the use of premises.

We also invest funds in staff training and equipment.

Reserves policy

Funding of healthcare remains unpredictable so we will continue our policy of holding enough funds to cover care for our patients for six months. These funds are aimed to cover the cost for patients currently under treatment or on waiting lists, premises and staff, including redundancy payments. The unrestricted reserves as of March 2023 were £67K and this will cover the policy summarised above and allow for some other costs such as training.

Plans for the Future

YPWS (formerly known as TADIC) have been running sustainably for over 28 years and have excellent relationships with commissioners and funding providers. We are currently in a stable position financially, and this has enabled us to re-invest in staff training and increase our counselling hours to reduce waiting lists as much as possible. Sadly, due to withdrawal of our main funder for the Contraception and Sexual Health clinic, The TADIC sexual health Clinic was forced to close October 2023, young people were signposted to other local Contraception services. This resulted in redundancies of our Tadic admin and clinical team. Meanwhile demand for our counselling service remains high and EYCS continues to thrive and deliver counselling support to local young people. Eastleigh Southern Parishes Network is currently funding a pilot Family Therapy programme for families under the ESPN remit. …

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's examiners are unaware; and
- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's examiners are aware of that information.

Financial Review

Arlington Accountants are acting as our Independent Examiner for year ending 31 March 2023.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued March 2005) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:-
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Declaration
The trustees declare that they have approved the trustees report above.

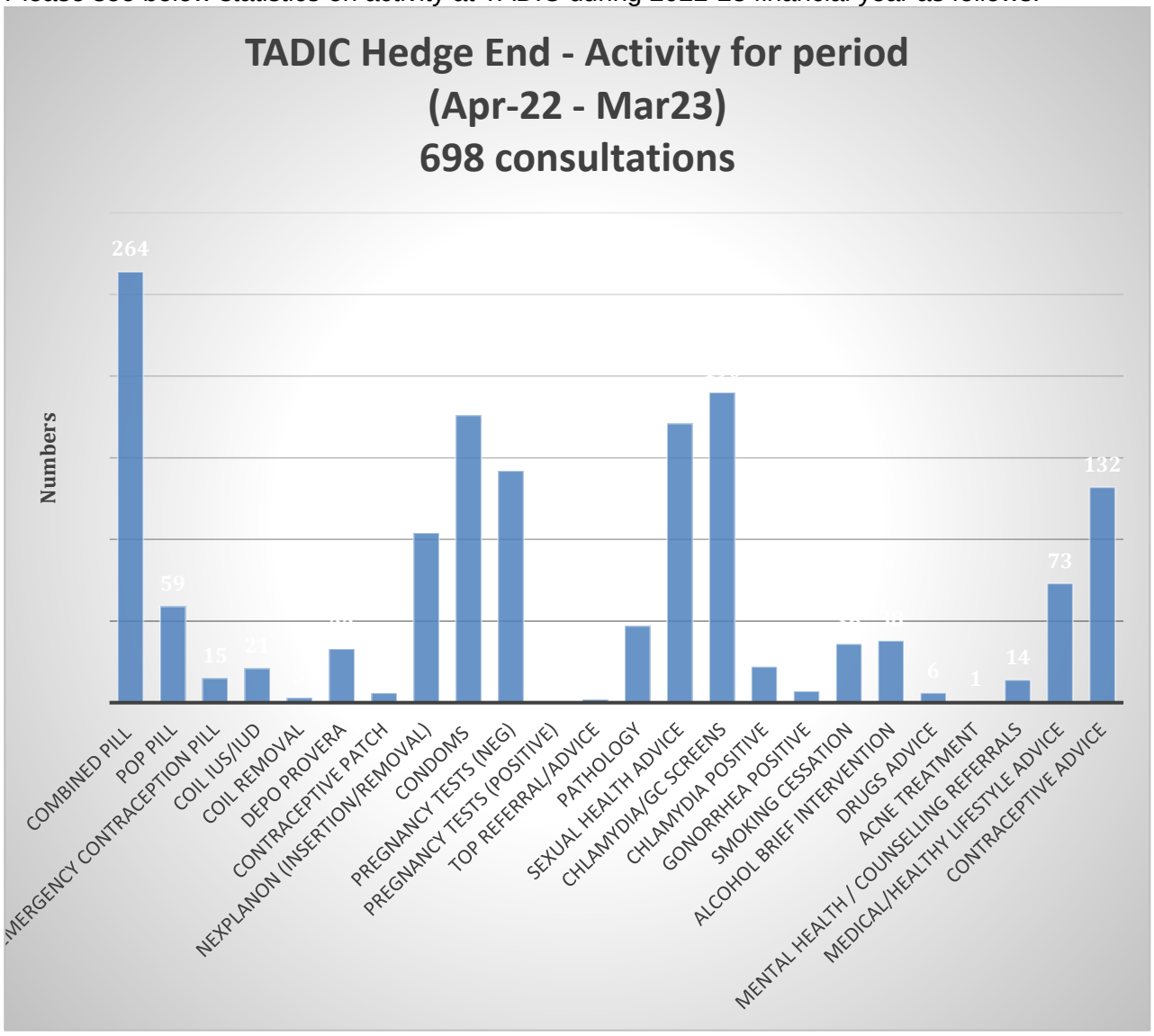
Signed :

Name: Kira Day
Trustee / Director

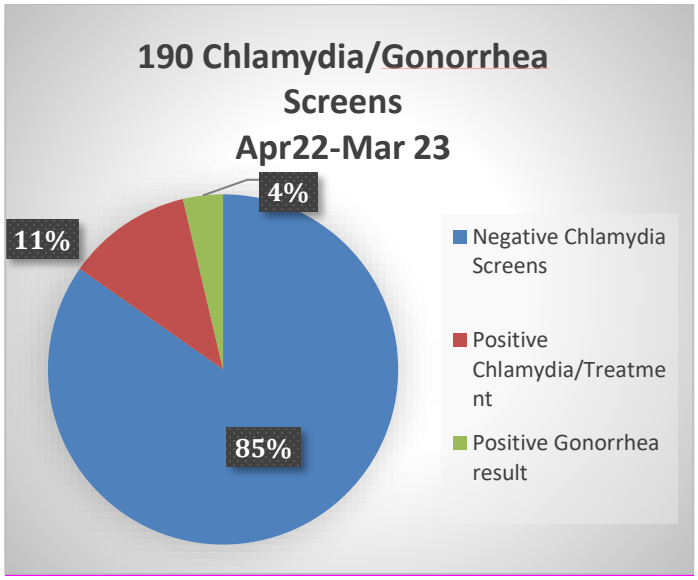
Date: 20/12/2023

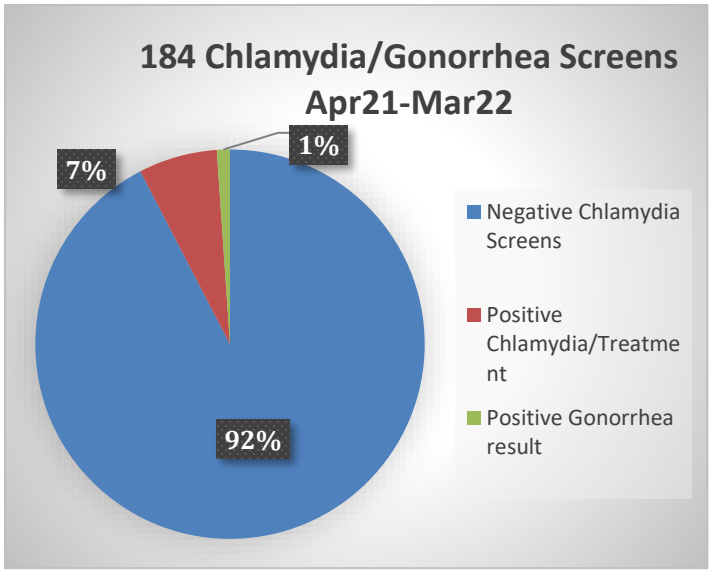
Appendix A - Achievements and performance for TADIC Hedge End Clinic (open every Wednesday 3-6pm) April2022 to March 2023

We are sad to inform of TADICs closure on 3 October 2023 – signposting Poster for accessible Contraception and sexual health services for local young people was put on TADICs website. Please see below statistics on activity at TADIC during 2022-23 financial year as follows:

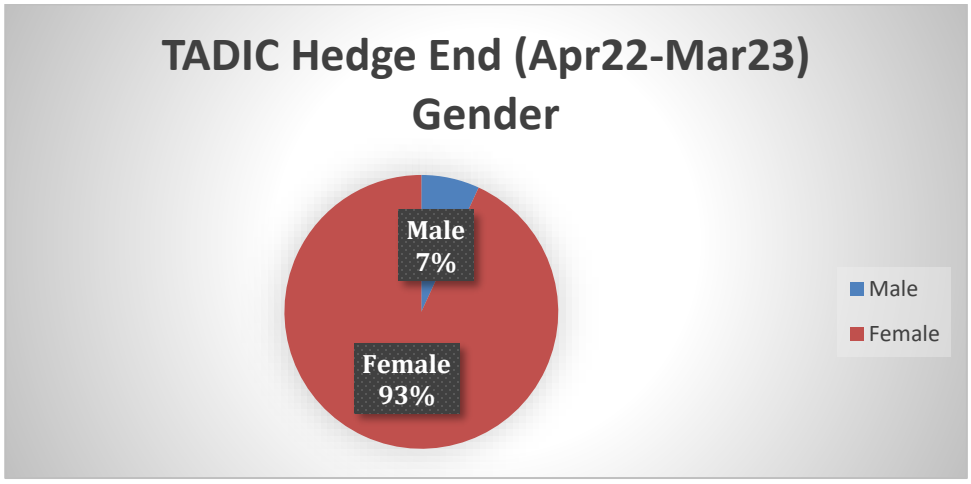


Above statistics show reasons for visiting the clinic – mainly for contraception – increase in demand for the Implant service from previous year is mainly due to the fact of limited access elsewhere. Footfall to the Clinic had increased from previous year. Activity highlights that there was 1 positive Pregnancy test at TADIC– proving that the service was effective at keeping a low pregnancy rate among teenagers in the local area

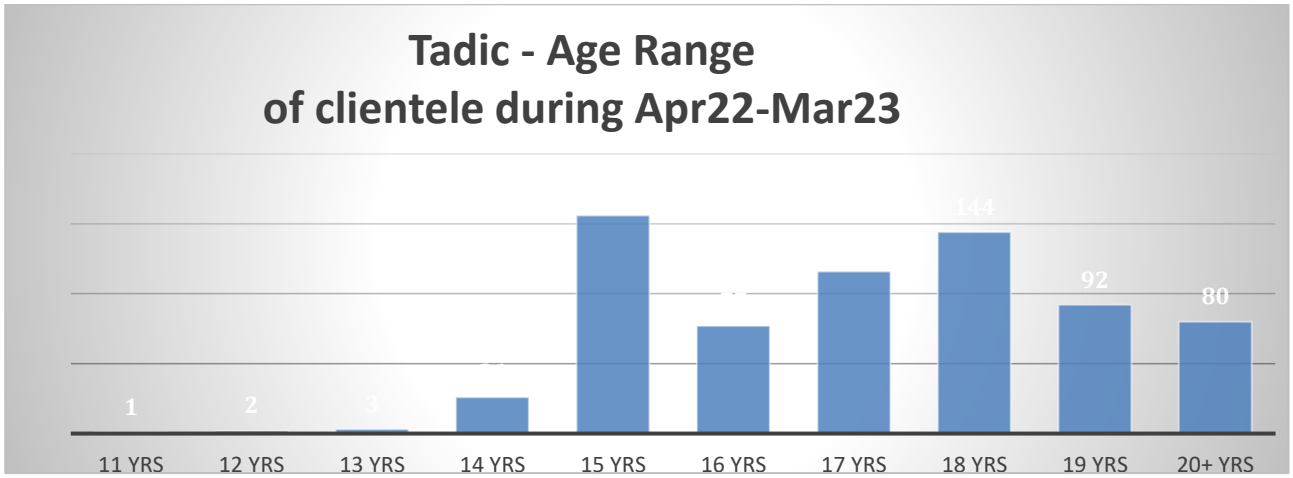




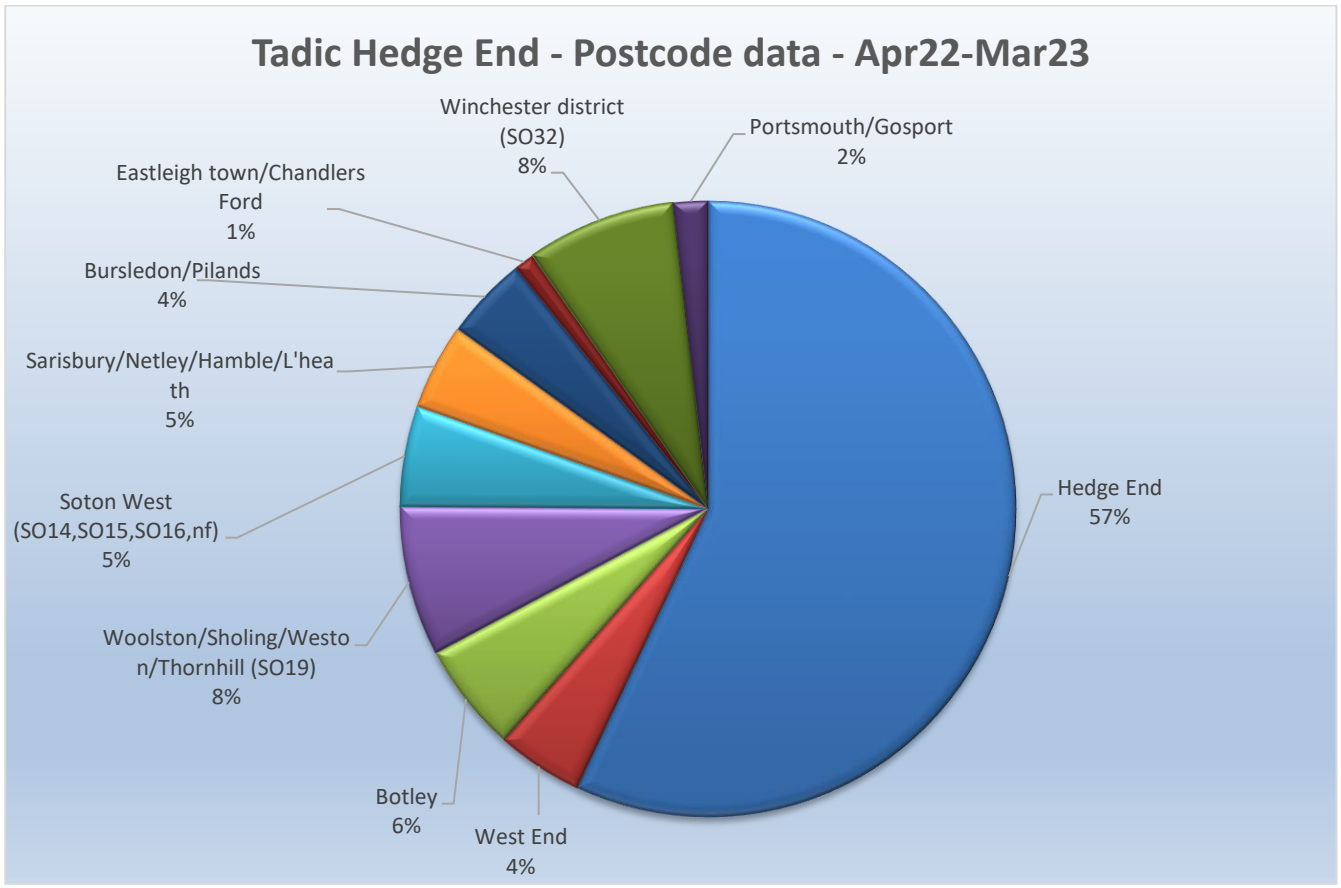
Above STI comparison graphs highlights that there was a 7% increase in Positive STI tests on previous year. During 2022-23 there were 22 POSITIVE Chlamydia results and 7 POSITIVE Gonorrhea. Clients with a positive Gonorrhea result are signposted to the GUM clinic (the GUM clinic confirms with Tadic if client attends for treatment). Tadic treat clients with positive Chlamydia



Above Graph shows high percentage of Females seen at clinic (560 females to 38 males). Males that accompanied partners were not included in above as did not receive a consultation. Male consultations mainly consisted of Sexual Health/STI testing/condoms – Enquiries from young people via the website and email were also signposted to letstalkaboutit NHS website (where sti kits and condoms can be supplied direct to client via post)



Above highlights high footfall of school-aged YP following Tadic C&SH education input at local school,



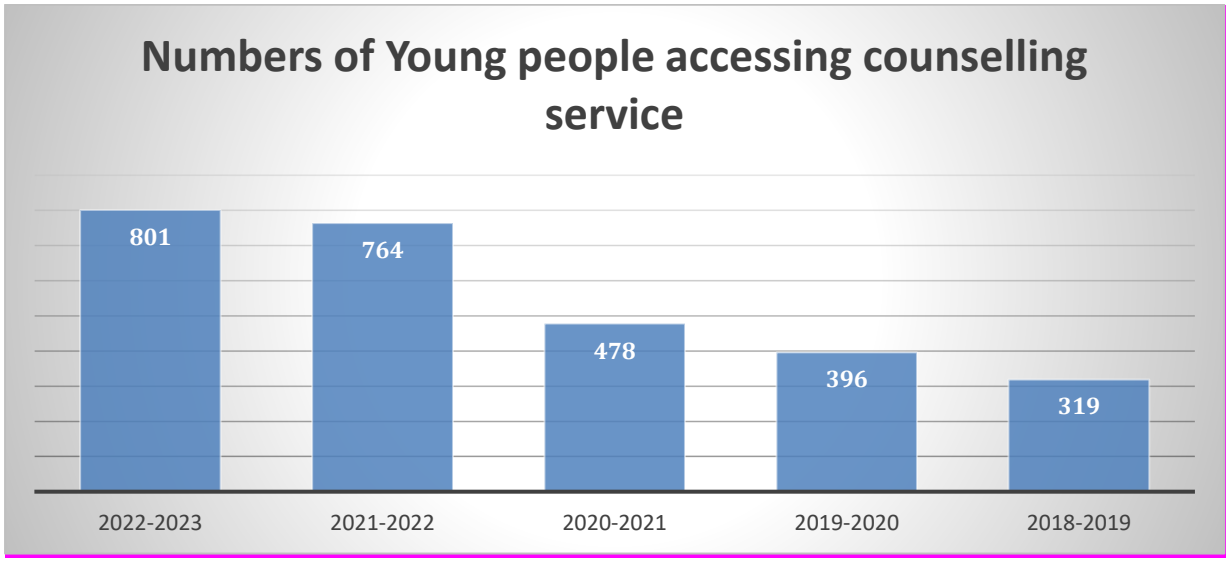
Postcode statistics for clients visiting TADIC Clinic remain fairly consistent with the majority of clients from the HEWEB (Hedge End,West End,Botley) area. We have seen a slight increase from clients who have travelled from outside areas/further afield (eg for Implant, STI testing – mainly due to YP being unable to access Contraception services in a timely manner in those areas)

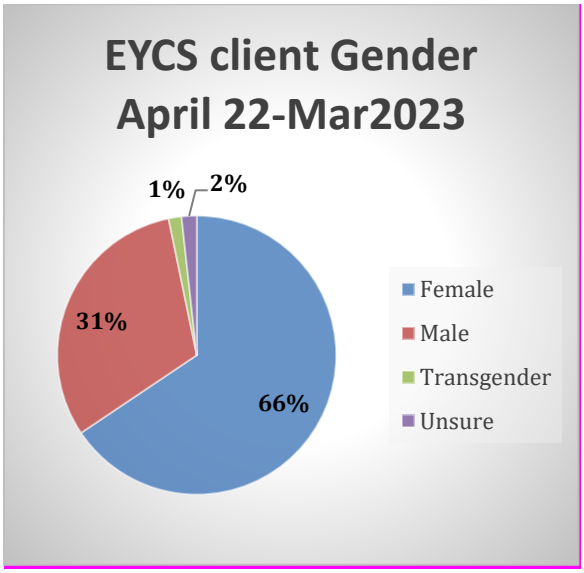
Appendix B - Achievements and performance
Eastleigh Youth Counselling Service (EYCS)
April2022 to March 2023

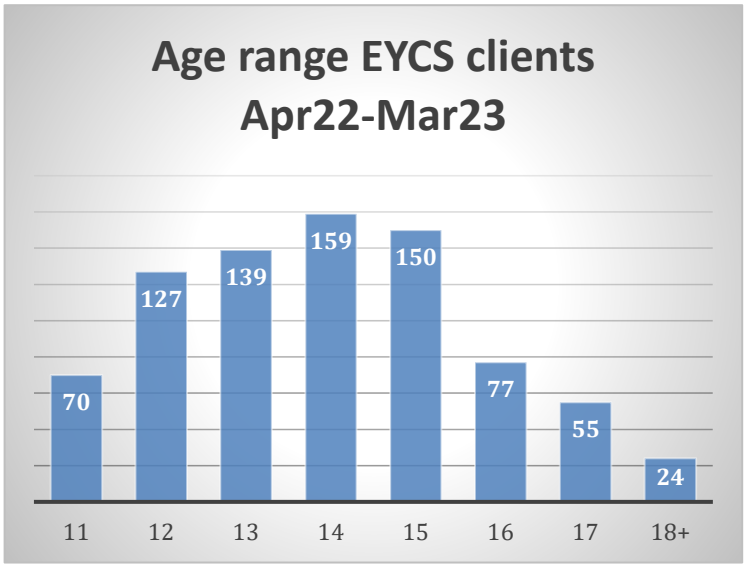
Our service Eastleigh Youth Counselling, offer free confidential 1-2-1 counselling support to young people aged 11-19 years living in the Eastleigh district and Southern parishes. Our counsellors are based at various venues in Hedge End, Botley, Eastleigh and Chandlers Ford as well as providing counselling provisions in local schools.

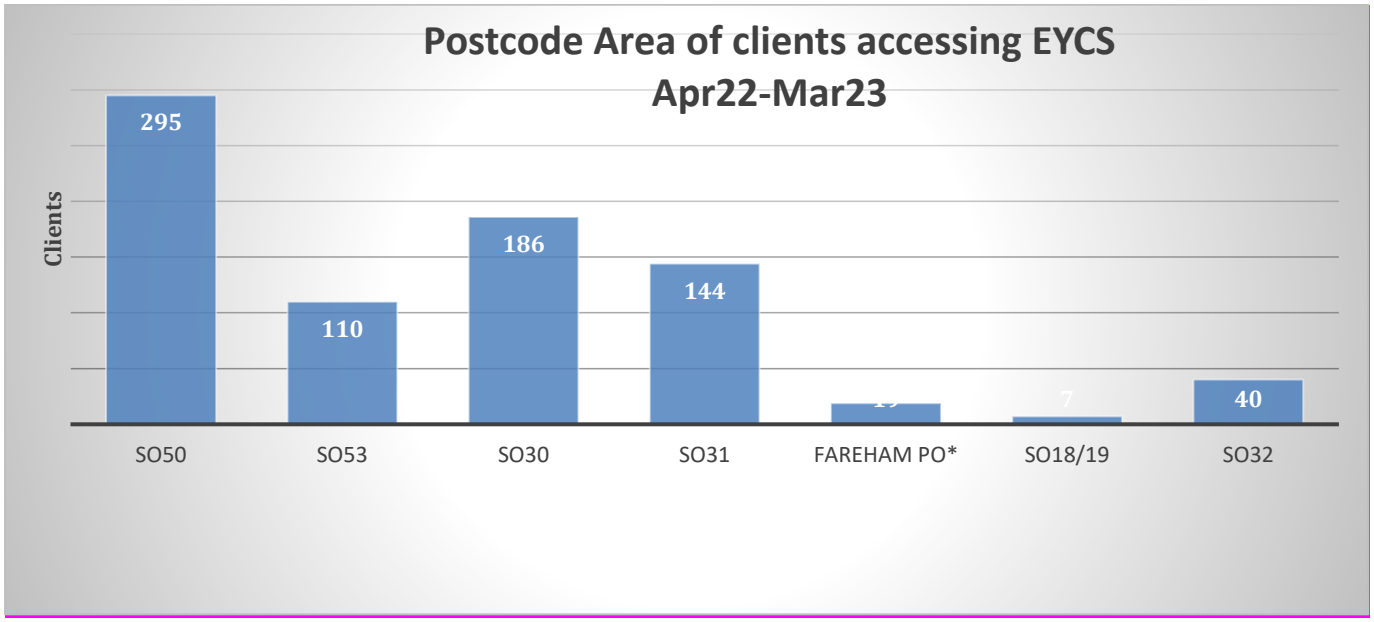
Statistics over the past few years show a consistent demand on our counselling service especially during these surreal times. In order to cope with demand, EYCS are constantly striving to obtain funding to implement more counselling sessions at our venues to ease pressure on our waiting lists/times. Continuation of the number of sessions being currently offered depends on future funding.

The following statistical information represents numbers of young people who have accessed our counselling service over the past 5 years – despite Covid pandemic and restrictions, EYCS service and counsellors have worked hard to adapt, ensuring that young people were able to access the counselling service during this surreal time as the graph below illustrates. Demand for the counselling service continues to grow as evidenced below

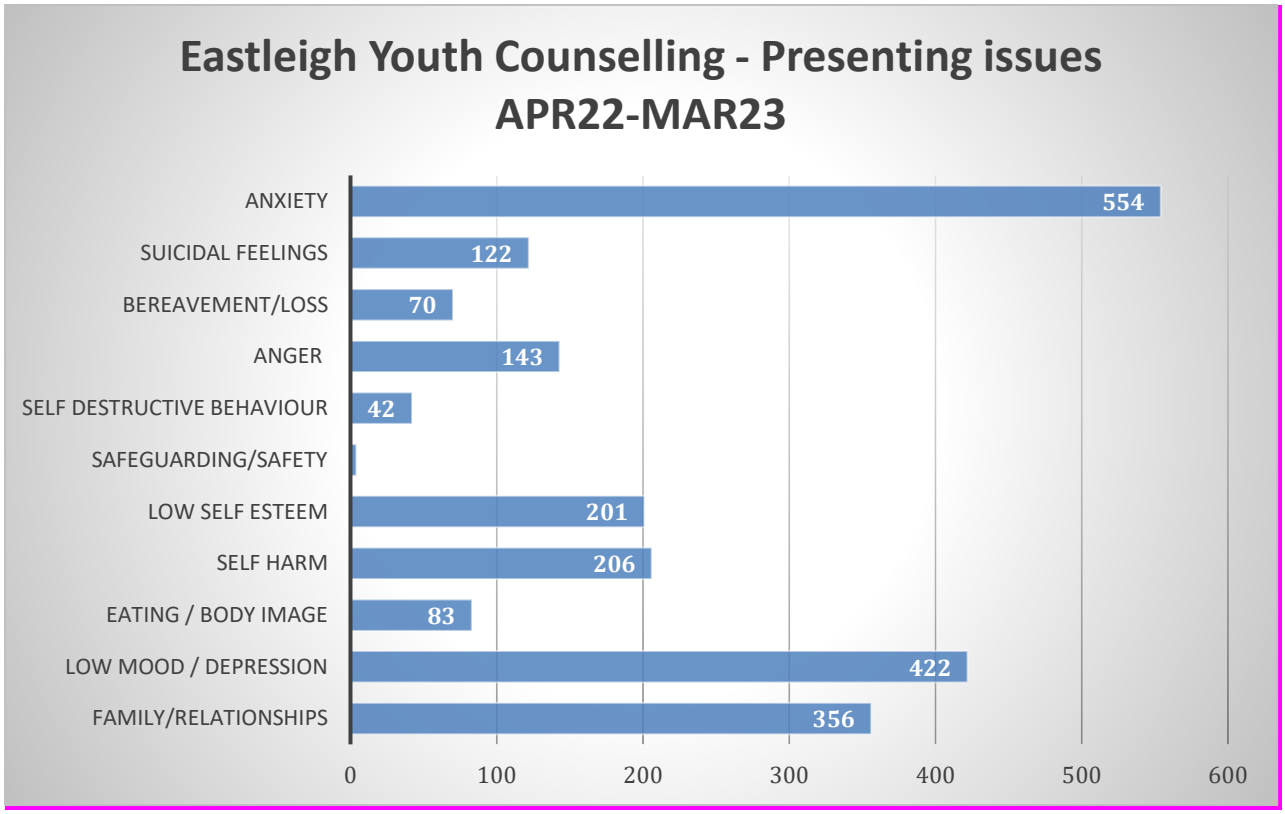



EYCS client Gender
April 22-Mar2023
1%
2%
31%
66%
Female
Male
Transgender
Unsure

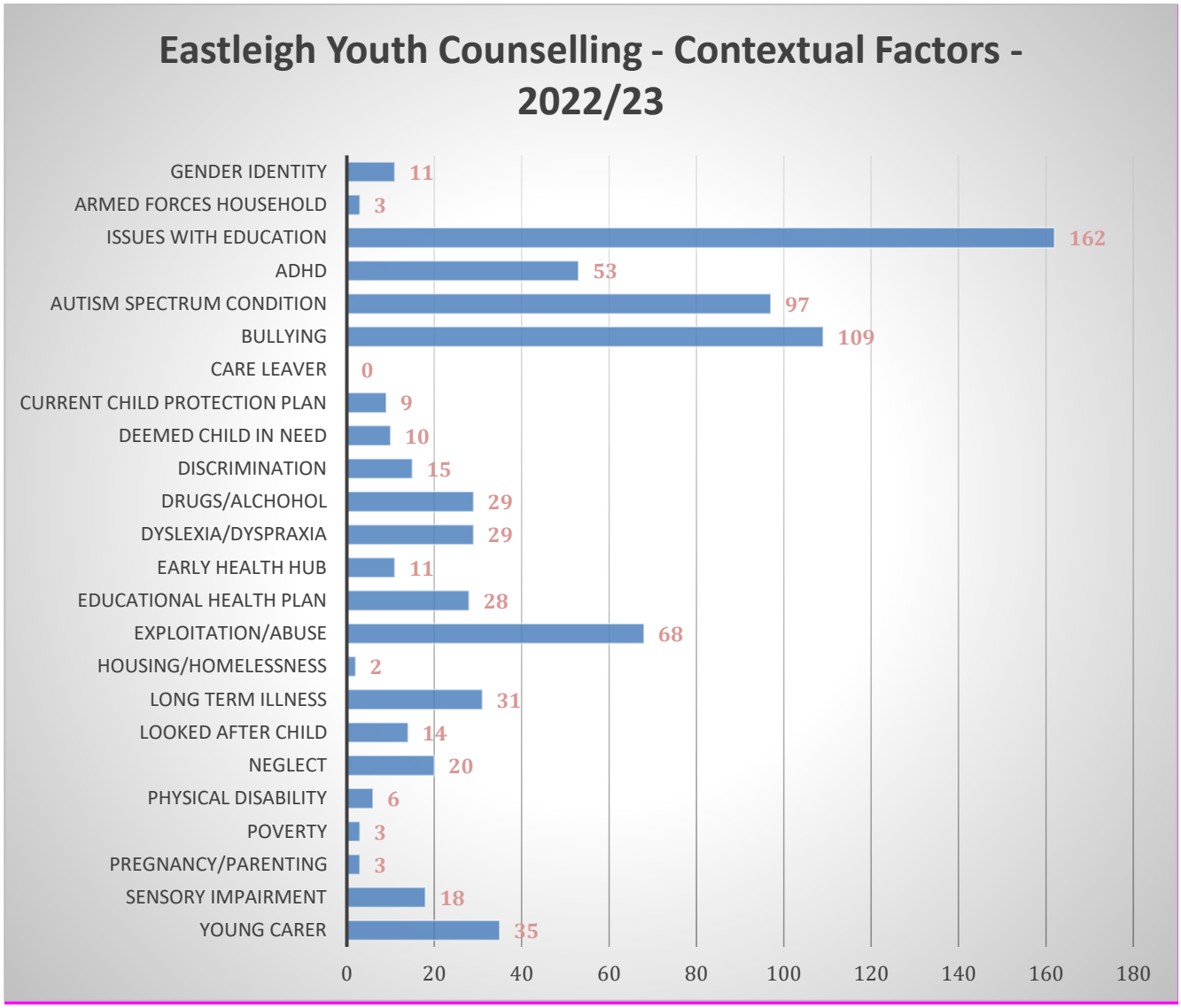

Age range EYCS clients
Apr22-Mar23
70
127
139
159
150
77
55
24
11
12
13
14
15
16
17
18+


Postcode Area of clients accessing EYCS
Apr22-Mar23
Clients
295
110
186
144
40
SO50
SO53
SO30
SO31
FAREHAM PO*
SO18/19
SO32

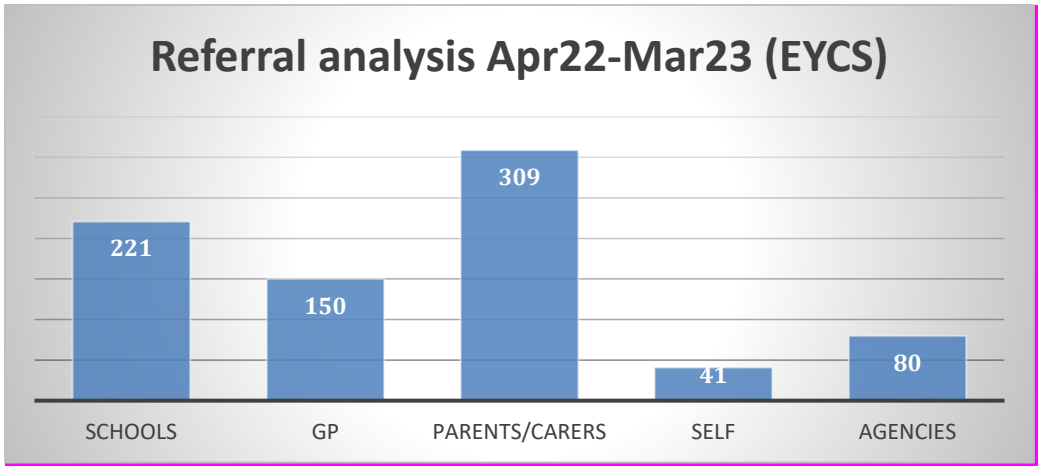
Presenting issues of young people accessing our counselling service. The graph below highlights presenting issues of Young People accessing our counselling service. 'Anxiety' remains prevalent along with Depression/Low mood and Family/Relationships.

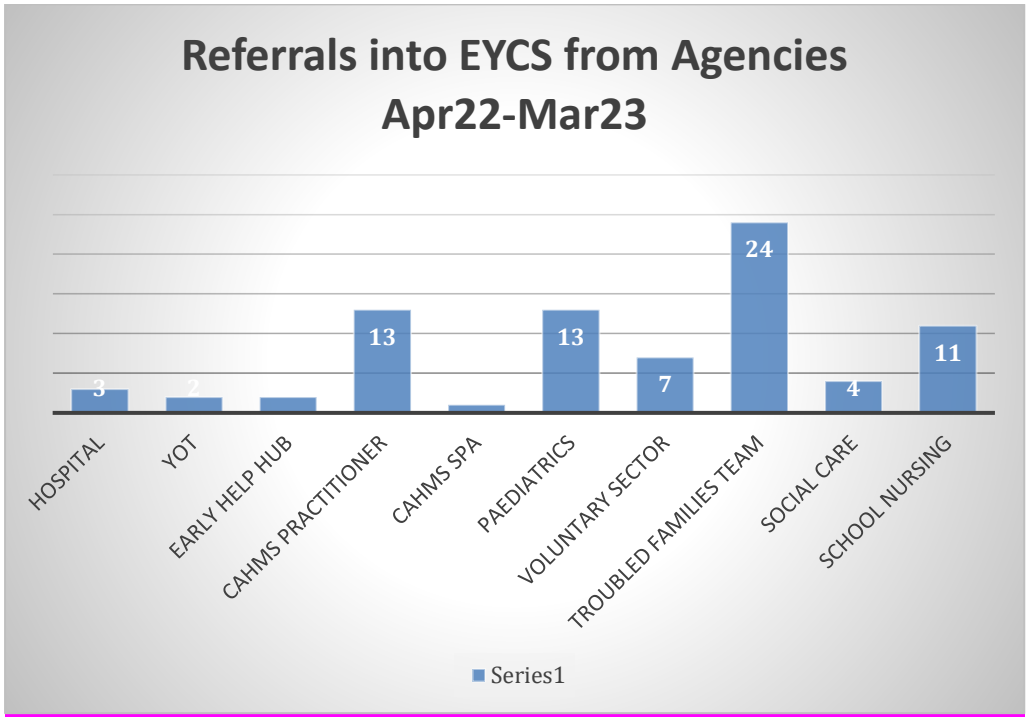


Contextual Factors - Issues with Education and Bullying score highly as Contextual Factor (especially since return to Education at schools following Covid pandemic). ASD and ADHD also feature – see below



Below is a breakdown analysis of referral types: Graph highlights a high number of referrals from Parents/Carers followed by Schools and GPs highlighting awareness of our counselling service and excellent relationships with our local schools and GP practices. The 2nd chart shows a breakdown of referrals received via Agencies





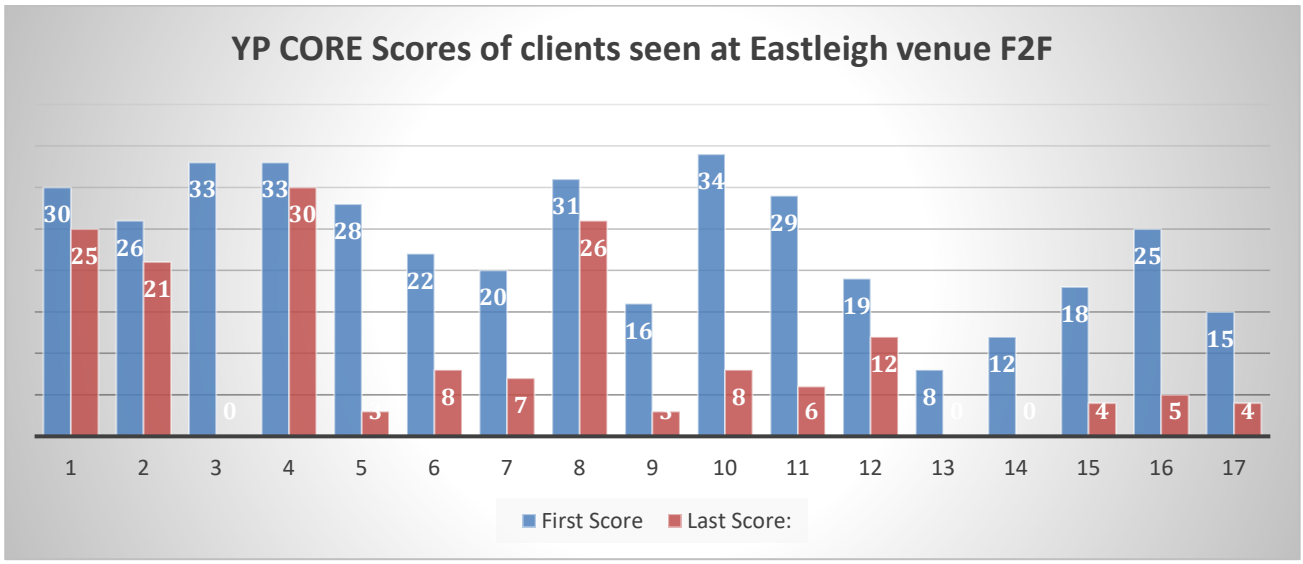
Outcome monitoring of counselling clients:

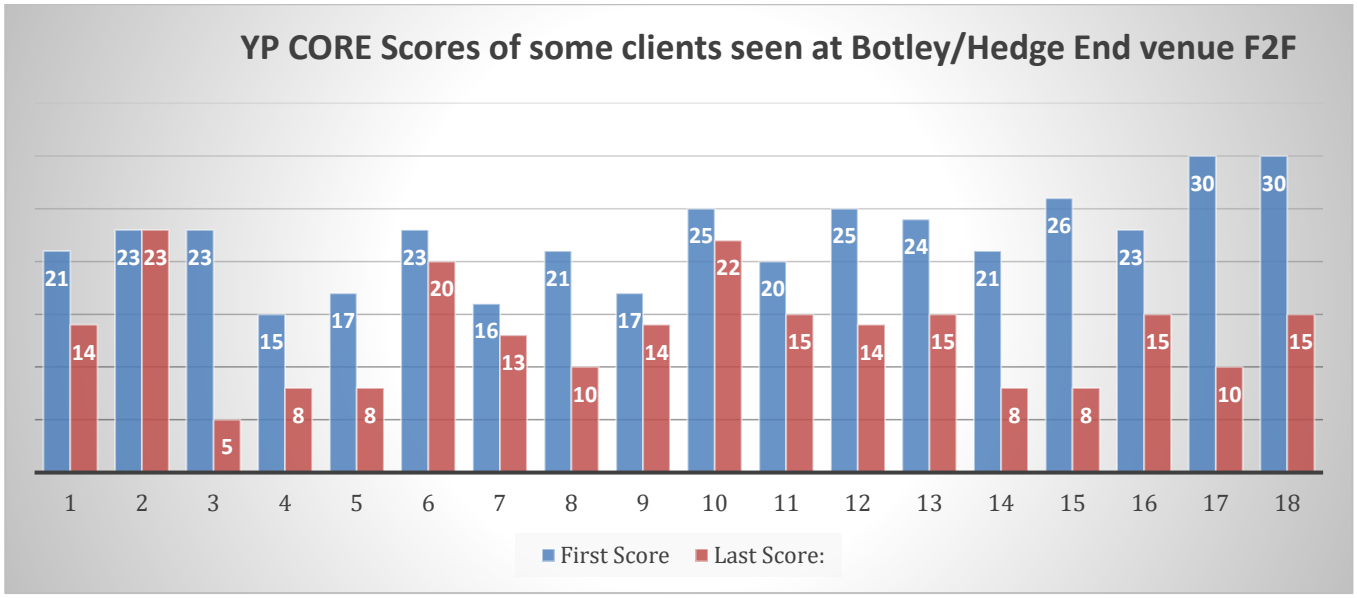
All EYCS counselling clients are scored using the YP Core method, whereby scores reflect on Emotional/Mental health EG (0-10 is Healthy/low moderate, 11-24 moderate/moderate severe and over 25 is considered severe).

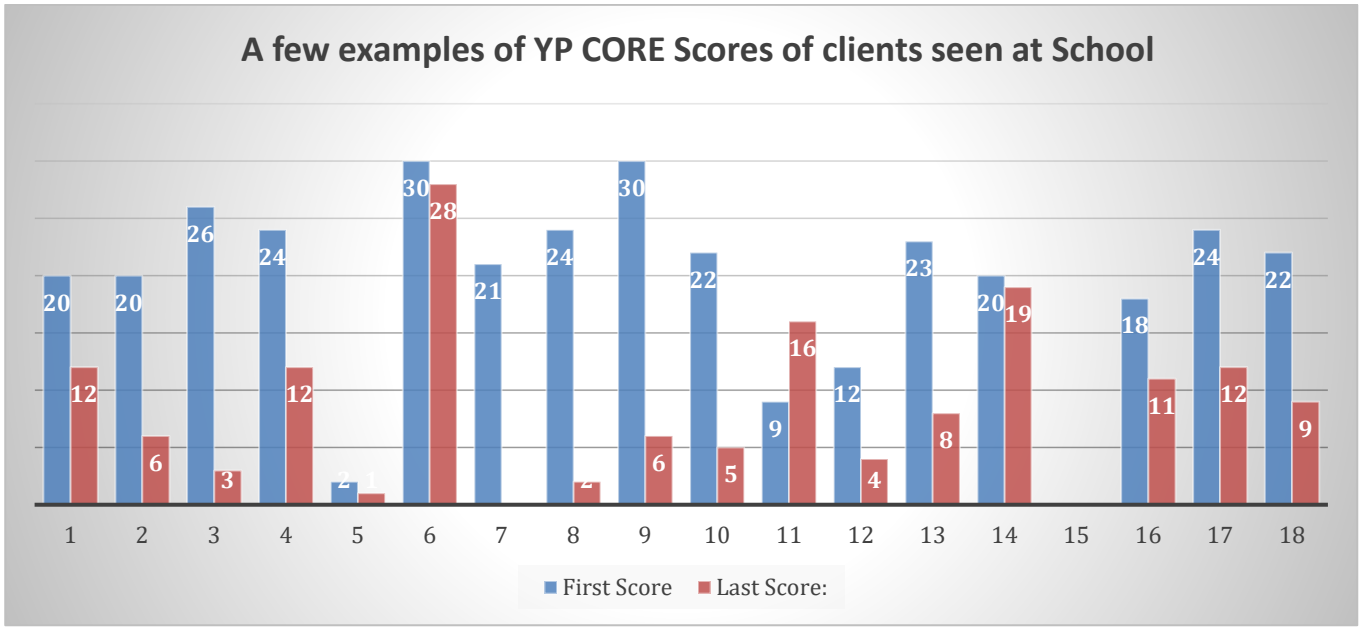
EYCS clients are invited to complete an evaluation feedback sheet for completion at the end of their therapy, when completed this is used for statistical monitoring. Feedback received from clients are all recorded and available on request. Any suggestions are noted and actioned where appropriate.

Below we have included a small representation of YP scores taken from some of our counsellors taken from completed sessions during the year. Over 90% of scores taken from clients who completed their therapy (start to exit interview) evidence improvement in their overall Mental/Emotional health. A full report of YP scores can be obtained on request.

The charts below show First score taken at the First (blue) counselling session then a Last (red) score taken at the ending/exit - The aim is to lower the YP Core score by the end session.







Some feedback received from clients/parents via Texts, cards and email about the EYCS Counselling service:

"thank you so much for helping me these past 6 weeks. I have learnt so much and have come so far, so thank you"

"Thanks so much to EYCS and to (Counsellor) for the support for our son. We really appreciate it. Take care"

"Before counselling I felt very scared and nervous every day for most of the day. I never really wanted to go out and try new things or talk to new people. After counselling I feel I have ways to cope, still get nervous but feel its manageable now – I have been doing more things out of my comfort zone – so thank you"

Text received from Female 17 years – referred to CAMHS after 6 sessions about counsellor
"Fern (Counsellor) was incredible and so much help" 😊

"My son has really found his sessions useful and now feels he is in a place to stop his appointments. Please pass on our thanks to counsellor, he has seemed much 'lighter' since have the chance to speak with her"

Text received from Parent (1 month after counselling sessions had ended)
"Hi can I say a big THANK YOU to the lady that's helped my daughter. The sessions have really helped her Through everything. We are so grateful"

"Thank you for the assessment, my daughter has said counsellor was really lovely and clear with what would happen next"

Hi just wanted to say Merry Christmas and THANK YOU very much to you and (Counsellor) for helping my daughter. This is so much appreciated"

"Thank you so much for all you have done and the support – we are so grateful"

"Thank you EYCS for all your support, it has been a great help to my son x"

"Hi I just wanted to say thank you to Fern for my sons sessions. They have really helped him. Thanks so much"

Hi EYCS just want to say thank you for all your support. You have all been amazing

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements for the Year Ended 31 March 2023

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Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader)
B J Lugg Chartered Accountant (resigned 27/07/22)
Dr H L Yates General Practitioner
(resigned 19/10/22)
Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher
Kira Day – Operations Manager

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20-12-23 and signed on its behalf by:

KDay

Kira Day - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	387	63,588	52,475	75,927
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	15,500
Wildern School		2,500	-	2,500	1,500
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	5,500
Toynbee School		2,400	-	2,400	1,500
Wyvern Collage		1,800	-	1,800	1,500
Brookfield School		3,000	-	3,000	1,900
Botley Parish Council		800	-	800	
Hampshire County Council		4,030	-	4,030	
Hedge End Medical Centre		975	-	975	
Eastleigh Southern Parishes		11,340	-	11,340	
Educational Services		-	-	-	12,015
Investment income	3	107		107	5
Other income		11	-	-	5,819
Total		53,850	63,588	105,938	126,666
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		56,567	56,150	101,217	116,331
Donated Services		-		-	11,500
Total		56,567	56,150	101,217	127,831
NET INCOME/(EXPENDITURE)		(2,717)	7,438	4,721	(1,165)
RECONCILIATION OF FUNDS					
Total funds brought forward		52,409	9,785	62,194	63,359
TOTAL FUNDS CARRIED FORWARD		49,692	17,223	66,915	62,194

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2023

63,724

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	-
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	2,818	12,138	14,956	32,281
Cash at bank		56,827	-	56,827	37,375
		59,745	12,138	71,883	69,756
CREDITORS					
Amounts falling due within one year	13	(1,422)	(3,546)	(4,968)	(7,562)
NET CURRENT ASSETS		58,323	8,592	66,915	62,194
TOTAL ASSETS LESS CURRENT LIABILITIES		58,323	8,592	66,915	62,194
NET ASSETS		58,323	8,592	66,915	62,914
FUNDS	14				
Unrestricted funds				58,323	52,409
Restricted funds				8,592	9,785
TOTAL FUNDS				66,915	62,194

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20-12-23 and were signed on its behalf by:



Kira Day - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	387	2,869
Grants	52,088	61,838
Donated services and facilities	11,500	11,500
	63,975	75,927

Grants received, included in the above, are as follows:

	2023	2022
	£	£
No Limits (South) Limited - CCG Counselling Services	45,923	56,838
Eastleigh Southern Parishes	5,895	-
Eastleigh And Winchester Cast	270	-
WIWCF	-	5,000
	52,088	61,838

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	107	5

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Service Level Agreement	Solent NHS Trust	15,500	15,500
Service Level Agreement	Wildern School	2,500	1,500
Service Level Agreement	Toynbee School	2,400	1,500
Service Level Agreement	Wyvern Collage	1,800	1,500
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	5,500
Service Level Agreement	Brookfield School	3,000	1,900
Service Level Agreement	Botley Parish Council	800	-
Service Level Agreement	Hampshire County Council	4,030	-
Service Level Agreement	Hedge End Medical Centre	975	-
Service Level Agreement	Eastleigh Southern Parishes Network	11,340	12,015
Education Session	Various	11	160
		53,356	45,075

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	101,217
Donated Services	11,500
	112,717

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	-	314

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	31,895	33,419
Other pension costs	355	286
	32,250	33,705

The average monthly number of employees during the year was as follows:

	2023	2022
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

9. No employees received emoluments in excess of £60,000.

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2022	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2023	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2022	2,722	3,101	5,823
Charge for year	-	-	-
At 31 March 2022	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

11. STOCKS

	2023 £	2022 £
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	13,504	30,329
Prepayments	1,452	1,452
	14,956	32,381

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	3,546	5,796
Social security and other taxes	-	-
Other creditors	822	1,266
Accruals and deferred income	-	-
Accrued expenses	600	500
	4,968	7,562

14. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
UNRESTRICTED	52,409	(2,717)	49,692
Restricted funds			
RESTRICTED	9,785	7,438	17,223
TOTAL FUNDS	62,194	4,721	66,915

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	53,850	(56,567)	(2,717)
Restricted funds			
RESTRICTED	52,088	(44,650)	7,438
TOTAL FUNDS	105,938	(101,217)	4,721

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	387	2,589
Grants	52,088	61,838
Donated services and facilities	11,500	11,500
	63,975	75,927
Investment income		
Deposit account interest	107	5
Charitable activities		
Service Level Agreement	53,345	44,915
Education Session	11	160
	53,356	45,075
Other income		
Other income		5,460
Furlough Payments	0	199
Total incoming resources	117,438	126,666
EXPENDITURE		
Support costs		
Finance		
Bank charges	88	155
Other		
Wages	31,895	33,419
Employer Pension Contbns	355	286
Rent - Donated services	11,920	12,252
Insurance	2,371	2,530
Computer equip and consumables	556	523
Telephone	428	147
Postage and stationery	143	103
Sundries	259	185
Independent examiners fee	600	500
Counsellor Indemnity Insurance	305	369
Payroll Support	185	217
Carried forward	49,105	50,686

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
Other		
Brought forward	49,105	50,686
Website	240	2,679
DBS checks	24	154
Training	3,456	746
Invoiced services	44,651	55,852
Counsellor Room hire	10,907	12,547
Counsellor Supervision fees	4,334	4,728
Computer equipment	-	439
Total resources expended	112,717	127,676
Net income/(expenditure)	4,721	(1,165)

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements for the Year Ended 31 March 2023

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Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader)
B J Lugg Chartered Accountant (resigned 27/07/22)
Dr H L Yates General Practitioner
(resigned 19/10/22)
Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher
Kira Day – Operations Manager

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20-12-23 and signed on its behalf by:

KDay

Kira Day - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	387	63,588	52,475	75,927
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	15,500
Wildern School		2,500	-	2,500	1,500
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	5,500
Toynbee School		2,400	-	2,400	1,500
Wyvern Collage		1,800	-	1,800	1,500
Brookfield School		3,000	-	3,000	1,900
Botley Parish Council		800	-	800	
Hampshire County Council		4,030	-	4,030	
Hedge End Medical Centre		975	-	975	
Eastleigh Southern Parishes		11,340	-	11,340	
Educational Services		-	-	-	12,015
Investment income	3	107		107	5
Other income		11	-	-	5,819
Total		53,850	63,588	105,938	126,666
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		56,567	56,150	101,217	116,331
Donated Services		-		-	11,500
Total		56,567	56,150	101,217	127,831
NET INCOME/(EXPENDITURE)		(2,717)	7,438	4,721	(1,165)
RECONCILIATION OF FUNDS					
Total funds brought forward		52,409	9,785	62,194	63,359
TOTAL FUNDS CARRIED FORWARD		49,692	17,223	66,915	62,194

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2023

63,724

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	-
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	2,818	12,138	14,956	32,281
Cash at bank		56,827	-	56,827	37,375
		59,745	12,138	71,883	69,756
CREDITORS					
Amounts falling due within one year	13	(1,422)	(3,546)	(4,968)	(7,562)
NET CURRENT ASSETS		58,323	8,592	66,915	62,194
TOTAL ASSETS LESS CURRENT LIABILITIES		58,323	8,592	66,915	62,194
NET ASSETS		58,323	8,592	66,915	62,914
FUNDS	14				
Unrestricted funds				58,323	52,409
Restricted funds				8,592	9,785
TOTAL FUNDS				66,915	62,194

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20-12-23 and were signed on its behalf by:



Kira Day - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	387	2,869
Grants	52,088	61,838
Donated services and facilities	11,500	11,500
	63,975	75,927

Grants received, included in the above, are as follows:

	2023	2022
	£	£
No Limits (South) Limited - CCG Counselling Services	45,923	56,838
Eastleigh Southern Parishes	5,895	-
Eastleigh And Winchester Cast	270	-
WIWCF	-	5,000
	52,088	61,838

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	107	5

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Service Level Agreement	Solent NHS Trust	15,500	15,500
Service Level Agreement	Wildern School	2,500	1,500
Service Level Agreement	Toynbee School	2,400	1,500
Service Level Agreement	Wyvern Collage	1,800	1,500
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	5,500
Service Level Agreement	Brookfield School	3,000	1,900
Service Level Agreement	Botley Parish Council	800	-
Service Level Agreement	Hampshire County Council	4,030	-
Service Level Agreement	Hedge End Medical Centre	975	-
Service Level Agreement	Eastleigh Southern Parishes Network	11,340	12,015
Education Session	Various	11	160
		53,356	45,075

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	101,217
Donated Services	11,500
	112,717

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	-	314

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	31,895	33,419
Other pension costs	355	286
	32,250	33,705

The average monthly number of employees during the year was as follows:

	2023	2022
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

9. No employees received emoluments in excess of £60,000.

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2022	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2023	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2022	2,722	3,101	5,823
Charge for year	-	-	-
At 31 March 2022	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

11. STOCKS

	2023 £	2022 £
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	13,504	30,329
Prepayments	1,452	1,452
	14,956	32,381

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	3,546	5,796
Social security and other taxes	-	-
Other creditors	822	1,266
Accruals and deferred income	-	-
Accrued expenses	600	500
	4,968	7,562

14. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
UNRESTRICTED	52,409	(2,717)	49,692
Restricted funds			
RESTRICTED	9,785	7,438	17,223
TOTAL FUNDS	62,194	4,721	66,915

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	53,850	(56,567)	(2,717)
Restricted funds			
RESTRICTED	52,088	(44,650)	7,438
TOTAL FUNDS	105,938	(101,217)	4,721

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	387	2,589
Grants	52,088	61,838
Donated services and facilities	11,500	11,500
	63,975	75,927
Investment income		
Deposit account interest	107	5
Charitable activities		
Service Level Agreement	53,345	44,915
Education Session	11	160
	53,356	45,075
Other income		
Other income		5,460
Furlough Payments	0	199
Total incoming resources	117,438	126,666
EXPENDITURE		
Support costs		
Finance		
Bank charges	88	155
Other		
Wages	31,895	33,419
Employer Pension Contbns	355	286
Rent - Donated services	11,920	12,252
Insurance	2,371	2,530
Computer equip and consumables	556	523
Telephone	428	147
Postage and stationery	143	103
Sundries	259	185
Independent examiners fee	600	500
Counsellor Indemnity Insurance	305	369
Payroll Support	185	217
Carried forward	49,105	50,686

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
Other		
Brought forward	49,105	50,686
Website	240	2,679
DBS checks	24	154
Training	3,456	746
Invoiced services	44,651	55,852
Counsellor Room hire	10,907	12,547
Counsellor Supervision fees	4,334	4,728
Computer equipment	-	439
Total resources expended	112,717	127,676
Net income/(expenditure)	4,721	(1,165)

YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales - Charity number 1125891

Accounts

YOUNG PEOPLE'S WELLBEING SERVICE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2022

The trustees are pleased to present their report together with the financial statements of the charity and an Independent Examiner's Report for the year ended 31st March 2022.

Reference and administrative details

Charity number: 1125891

Company number: 3975948

Principal Office: 28 Lower Northam Road, Hedge End, Southampton, Hampshire, SO30 4FQ (and main place of operation)

Accountants: Arlington Accountants, Anchor House, School Lane, Chandlers Ford SO53 4DY

Bankers Lloyds TSB Bank plc, 2 St Johns Centre, Upper Northam Rd, Hedge End, Hants
Santander Bank, Bootle, Merseyside, L30 4GB

Directors and trustees

The directors of the charitable company (the charity) are also its trustees for the purpose of charity law.

The trustees serving during the period April 2021 to March 2022 were as follows:

Unpaid Trustee Directors:

Mr Brian Lugg - Treasurer – resigned 27/7/22
Rev Julius Alexander - Chair
Dr Hannah Yates - PSC
Mrs Chris Kearsley
Mrs Jennifer Swan - appointed November 2021

Structure, Governance and Management

Governing Document

Young People's Wellbeing Service Ltd is a company limited by guarantee and does not have a share capital. It is governed by its Memorandum and Articles of Association as amended by special resolution on 27th June 2007. It is registered as a charity with the Charity Commission. Every Trustee/Director of the company, promise, if the Charity is dissolved while he or she is a Trustee/Director or within twelve months after he or she ceases to be a Trustee/Director, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before he or she ceases to be a

Trustee/Director, and of the costs, charges and expenses of winding up, and the adjustment of the rights of the contributories among themselves.

Appointment of trustees

As set out in the Articles of Association, directors are appointed by ordinary resolution.
One third of Directors/Trustees retire by rotation at each AGM.
All members are circulated with invitations to nominate directors prior to the AGM advising them of the retiring directors/trustees and requesting nominations for the AGM.

Organisation

The unpaid trustees have overall responsibility for the principles, finances and strategy affairs of the charity.
The Operations manager/s conducts regular staff meetings and is responsible for the day to day affairs of the charity and reports directly to the Trustees at monthly meetings.

Objectives and activities

The objects of the charity, as set out in its Memorandum of Association, are:

> "To promote the preservation and protection of good health of young people.
> In particular in Hedge End and the Southern parishes of the Borough of Eastleigh, Hampshire in particular, but not exclusively, by the provision of a drop-in centre, advice and support and other services."

It is the charity's aim to provide for all young people:

- A confidential and accessible service.
- An opportunity to discuss all aspects of daily living.
- The knowledge to empower them to make informed choices regarding their own physical, emotional and sexual health.

Activities of the charity for the public benefit

The activities of the charity benefit the local young people of the borough of Eastleigh and southern parishes. Any young person (aged 11-19) from the local community can turn up at our Contraception and Sexual Health Drop- in Clinic or approach us with regards to Counselling. Due to the objectives of the charity and the nature of the funding, our counselling service is only able to work with young people from Eastleigh Borough and the local area on an ongoing basis. However, for wider public benefit, clients who reside outside of the immediate local areas are not turned away from our TADIC clinic and a young person would be seen and given support then referred onto another more appropriate agency. Further public benefit is offered due to the excellent relationships with other organisations such as Wildern School, local general practices and associations supporting young people in the locality.

The aims of the charity are fulfilled by employing doctors, nurses, counsellors, a receptionist, administration team and a operations manager to provide support and advice on a wide range of physical and emotional health and wellbeing issues including contraception and sexual health. Further support for mental and emotional health is provided by our Counselling service which runs from a variety of locations within Eastleigh Borough.

The trustees have regard for the Charity Commission's guidance on public benefit and our Administrator/Service Support Manager regularly monitors the statistics regarding clients attending the clinics, to ensure best use is made of the charity's resources. The management team review the 'graffiti book' and 'evaluation questionnaires', used for young people's comments, to ensure the voices of the young people are heard.

The charity adheres to YPWS Safeguarding Policy and Procedures that follow guidance laid out in the Government publication 'Working Together' (2015), conjunction with 'Safeguarding Children' and 'Safeguarding Adults' procedures, protocols and guidelines outlined by the 4 Hampshire/ IOW LSCB (www.4LSCB.org.uk)

Volunteers

Placement (Counselling) Volunteers are greatly appreciated for the many tasks they perform in the areas of Counselling young people and being ambassadors of YPWS. YPWS have a strict volunteer policy which stipulates that volunteers must be over 18, qualified (or working towards a qualification) in the field of Counselling, and sign paperwork outlining confidentiality and data protection regulations.

Achievements and performance

The Young People's Wellbeing Service Ltd, formerly t/a The Teenage Drop-In Centre was first established in September 1995 and registered with the Charity Commission and became a charitable company on 15th September 2008.

YPWS provides free confidential, sexual health and wellbeing services to local young people, up to the age of 20 for a diverse range of issues experienced by this age group. Please see Appendices below which detail more in-depth statistics for each of our services.

The main Drop-in Centre (TADIC Hedge End), which operates on Wednesdays 3-6pm from The Hedge End Medical Centre premises, is run by a dedicated team of specialists including, Doctors, Nurses (with contraception and sexual health expertise), as well as an administration team.

Our EYCS counselling service can be accessed by phone, email, or via our Website. We operate a waiting list whereby our aim is that young people usually wait no longer than 4-5 weeks to have an initial assessment. All young people will have an initial assessment of up to 30 minutes with a trained counsellor and if counselling way forward then a plan will be made for future sessions and young person will be put on our Counselling waiting list for ongoing counselling sessions. If it is felt that counselling is not appropriate, then we will attempt to signpost to alternative services.

The counselling service offers a series of up to 6 sessions of counselling to each young person, with the possibility of extending to 12 depending on need. Clients complete self- assessment YP core form at the beginning and end of the counselling period from which we can evaluate progress and measure outcomes. During the Covid pandemic, EYCS have adapted their service to continue to provide counselling support to young people remotely via virtual platforms as well as Face to Face following Covid safety precautions put in place.

The counselling work has continued to grow, and we have recently responded to this by increasing our number of counselling hours. We are proud to be a charity that supports volunteer counsellors and have developed a professional and robust induction and support structure to ensure not only a quality service that puts young people first, but also one that values continuous

professional development of its staff. Our service has ensured that processes are implemented to the highest standard and continues to support EYCS counselling staff in their learning and ambitions. We continue to be very proud to have such a strong team of motivated counsellors who work across a number of venues, and that each bring a set of unique skills.

YPWS has always been fortunate to have a strong board of trustees who bring a variety of skills including (medical, HR, financial).

YPWS has undertaken work to make sure it is adhering to the latest legislation, and that the confidentiality of our service users is maintained. This has included reviewing all policies related to data protection, and ensuring we are GDPR compliant. We have also worked to ensure our databases are fit for purpose and increased the efficiency of how we work. In recognition of the need to keep our services up to date, and ensure young people have the right information in a way they frequently access, our mobile friendly websites contain all current YPWS information.

Changes over the last year and a note from the Operations Manager:
"As mentioned in the last AGM, and is reflected in the figures, the influx of YP remained fairly steady even throughout parts of the pandemic, both for TADIC and EYCS. We are seeing TADIC numbers return to normal, and numbers increasing at a fast rate for EYCS (and counselling services in general). Primarily the increase in demand for counselling support appears to be due to the new challenges as a result of COVID (e.g. increased anxiety/poor coping).

EYCS are looking at innovative ways to meet these new challenges e.g. by supporting the family in a more holistic way by running workshops for parents in collaboration with local schools (watch this space). The Triage assessment service supported by Eastleigh Southern Parish Networks continues to support clients to get a quick assessment and signposting via referral from local GPs, and we are heavily supported by Kerry March, ESPN and the team.

With regards to TADIC Hedge End clinic, run by a Team of Nurses (once a month Nurse-led) and a GP this service is greatly valued. Dedication by the TADIC team has enabled us to continue offering a weekly service and still meet the demand/needs of YP.

We have overhauled the websites for EYCS and TADIC, creating a more informative and modern platform for young people. These now more accurately reflect our services and the team.

Once again, I find myself feeling extremely proud of each and every member of YPWS and thankful for the guidance of the trustees. It is safe to say that under YPWS, both TADIC and EYCS continue to provide a unique and compassionate service to our local Young People.
It is within that context that I have stepped down as Operations Manager as at 30th April 2022 and know that the Clinical Leads for EYCS and TADIC will continue to drive the service in the right direction. On a personal note, it has been an absolute pleasure to work with the team over the last 5 years".

For a more in-depth overview of our performance please see the below **appendices A** and **B**

Financial review

The principal sources of funding for Young People's Wellbeing Service Ltd are the Service Level Agreements in place, namely between YPWS, Eastleigh Borough Council, Hedge End Town Council, Solent NHS and Wildern School, and for our Eastleigh Youth Counselling service, HYA agreement with No Limits and the Triage service with Eastleigh Southern Parishes Network. These are reviewed annually.

Expenditure:

The majority of the charity's costs are for staff wages (including administration), services delivered and the use of premises.

We also invest funds in staff training and equipment.

Reserves policy

Funding of healthcare remains unpredictable so we will continue our policy of holding enough funds to cover care for our patients for six months. These funds are aimed to cover the cost for patients currently under treatment or on waiting lists, premises and staff, including redundancy payments. The unrestricted reserves as of March 2022 were £62K and this will cover the policy summarised above and allow for some other costs such as training.

Plans for the Future

YPWS (formerly known as TADIC) have been running sustainably for over 20 years and have excellent relationships with commissioners and funding providers. We are currently in a stable position financially, and this has enabled us to re-invest in staff training and increase our counselling hours to reduce waiting lists as much as possible. This ensures that the generous donations are spent exactly as it should be, on improving the emotional and sexual health of young people. We continue to have a facility to donate directly from our website (currently being updated) and are also fortunate to receive income from Service Level Agreements.

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's examiners are unaware; and

- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's examiners are aware of that information.

Financial Review

Arlington Accountants are acting as our Independent Examiner for year ending 31 March 2022.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued March 2005) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:-
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Declaration
The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees

Signature(s) .....

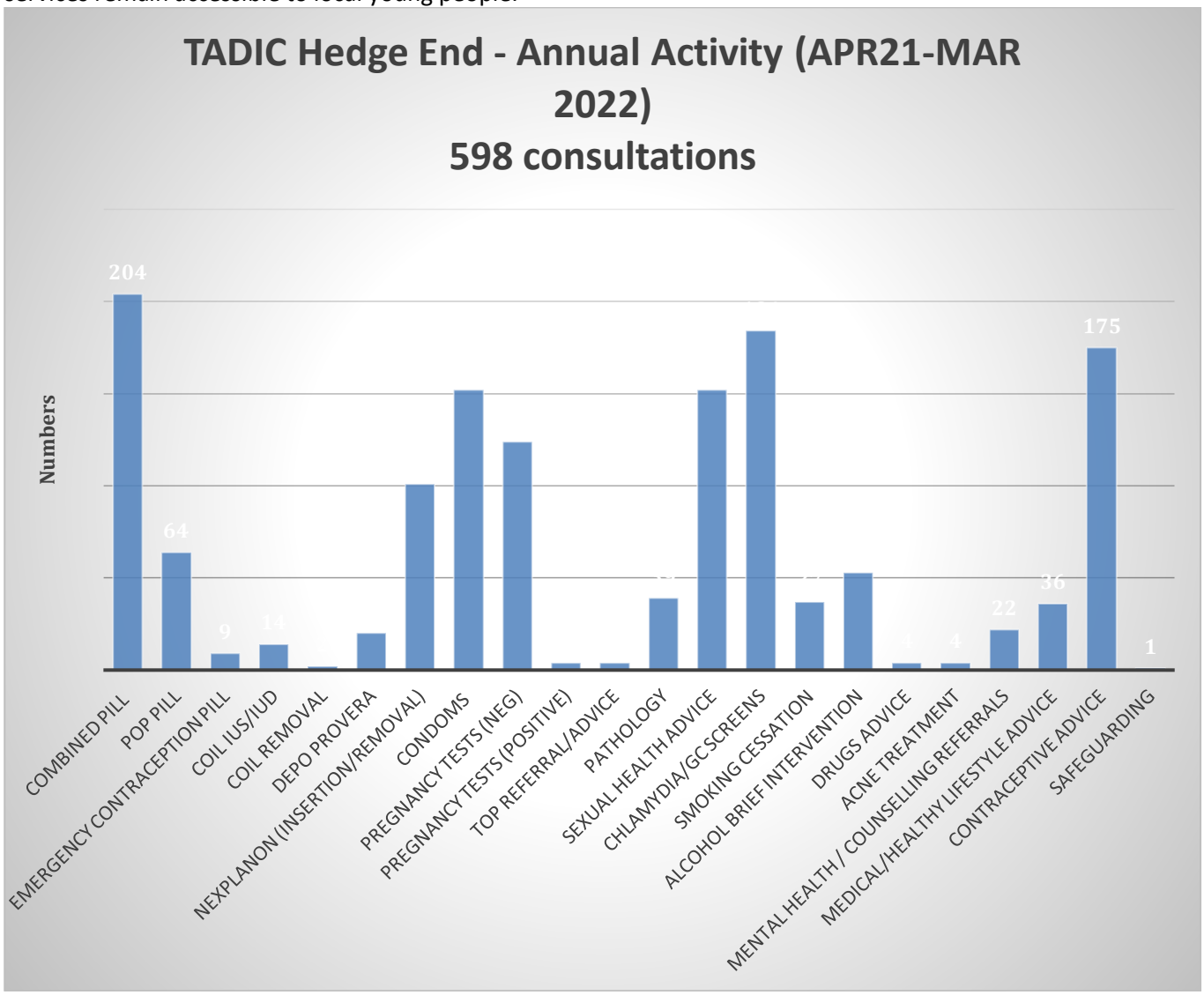
Full Name(s) JULIUS ALEXANDER

Position: Chair of Trustees

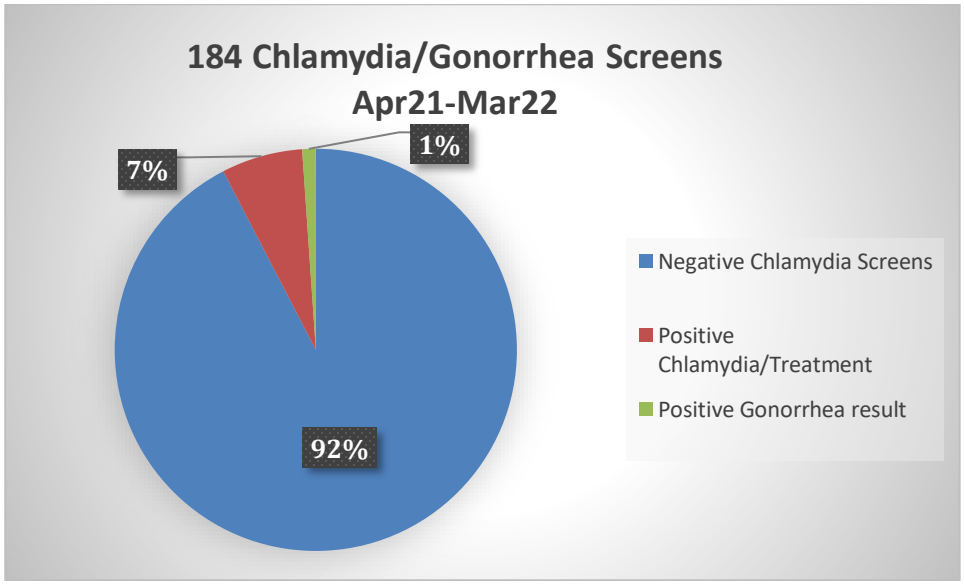
Date: 28/11/2022

Appendix A - Achievements and performance for TADIC Hedge End Clinic (open every Wednesday 3-6pm) April2021 to March 2022

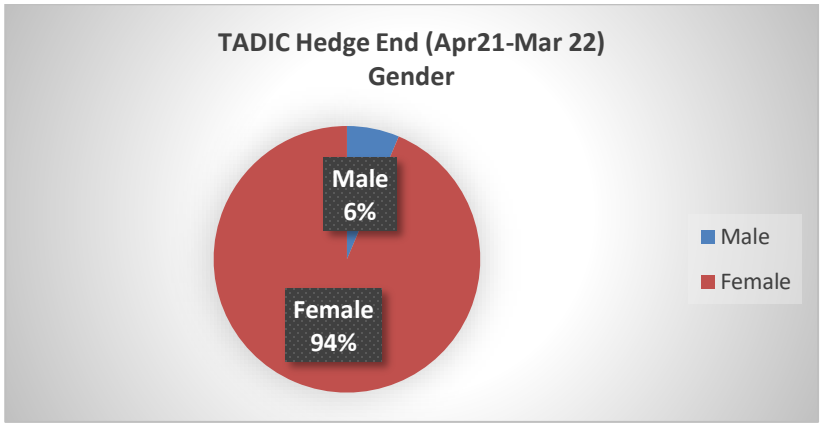
We are pleased that Solent NHS continues to acknowledge what a valuable service our TADIC staff provide and they, alongside our other local funders, have recognised this through continued funding. TADIC staff (Nurses,GP,Admin team) have worked extremely hard to quickly adopt new safety practices in light of COVID. The TADIC Hedge End clinic has remained open throughout the COVID pandemic ensuring our services remain accessible to local young people.



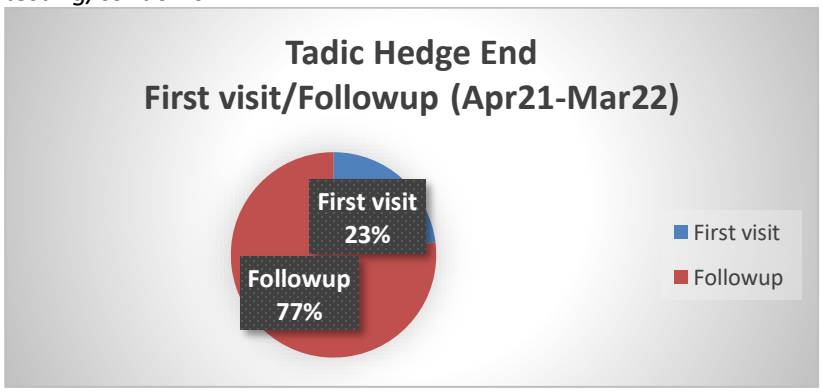
Above chart shows reasons for visiting the clinic – mainly for contraception – there was an increase in demand for the Implant service, mainly due to the fact of limited access elsewhere. Above shows that there were 4 positive Pregnancy tests at TADIC– these clients were referred/ signposted to the BPAS clinic

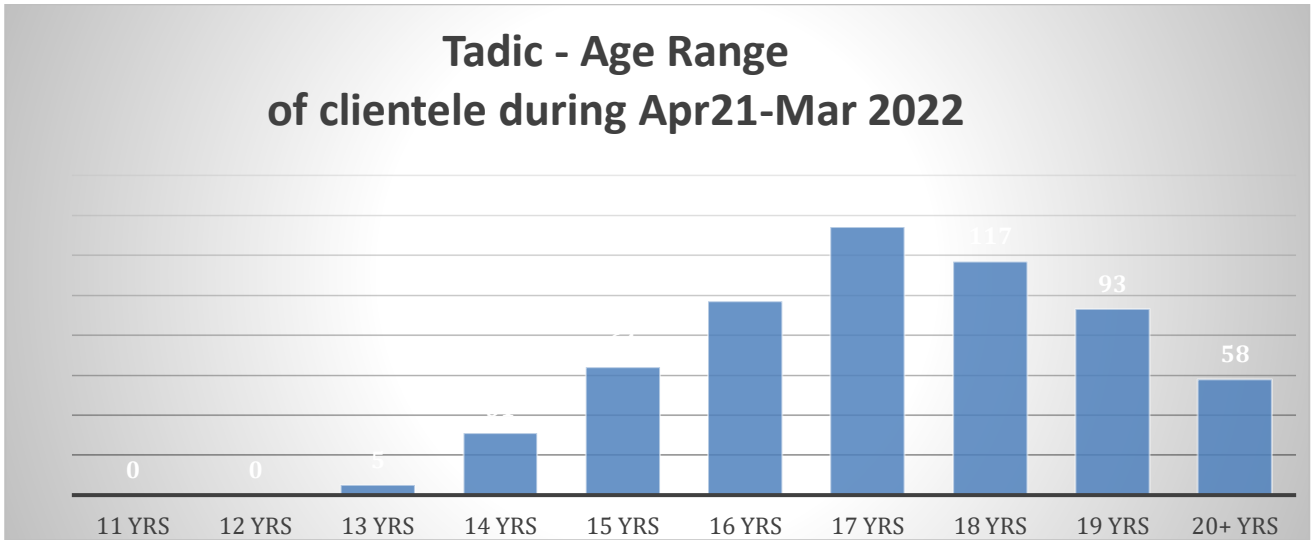


Above graph shows STIs - from 184 Chlamydia/Gonorrhea screens (Tadic screen for both) - 12 POSITIVE Chlamydia and 2 POSITIVE Gonorrhea. Clients with a positive Gonorrhea result are signposted to the GUM clinic (the GUM clinic confirms with Tadic if client attends for treatment). Tadic treat clients with positive Chlamydia

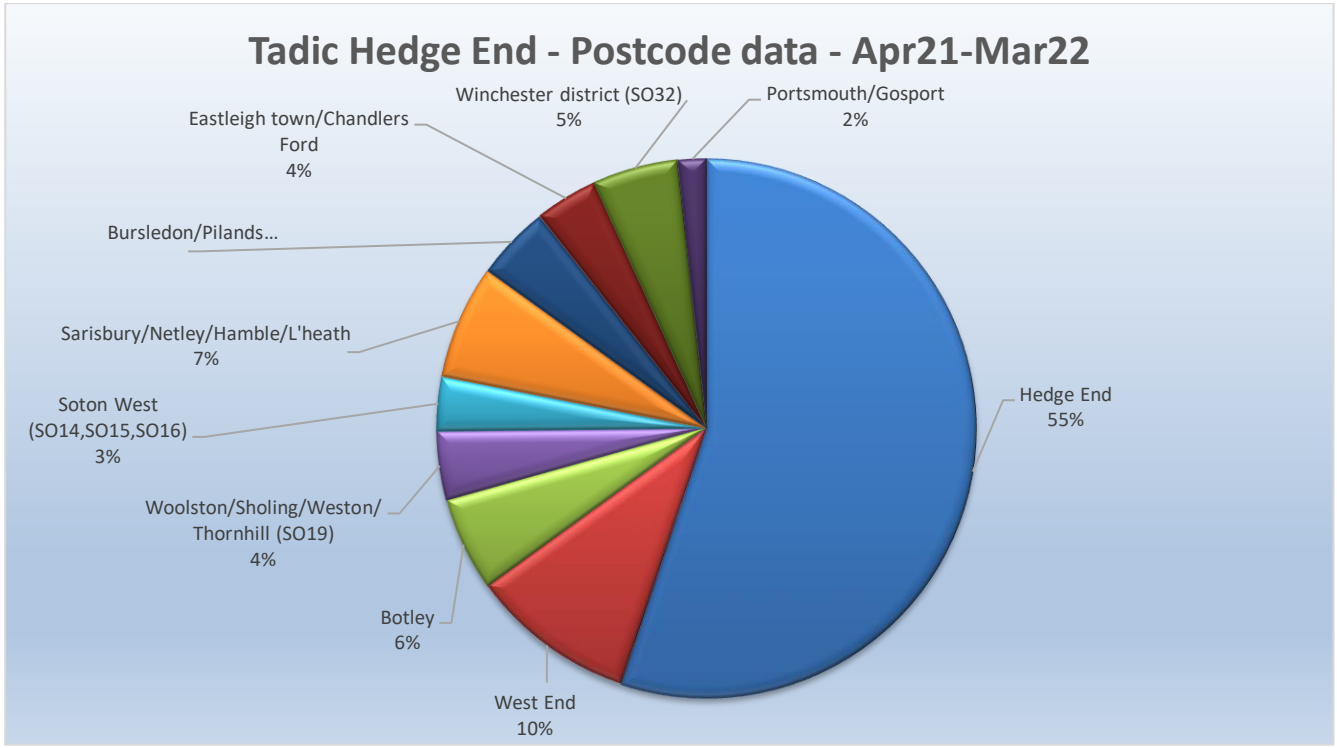


Above Graph shows high percentage of Females seen at clinic (560 females/38 males) – there has been a slight increase of Male footfall from January - male consultations mainly Sexual Health/STI testing/condoms





During 2021/22 - Above Age range chart shows highest footfall by 18/19 year olds – following Tadic education input at local school, footfall of 13-16 yr olds had increased



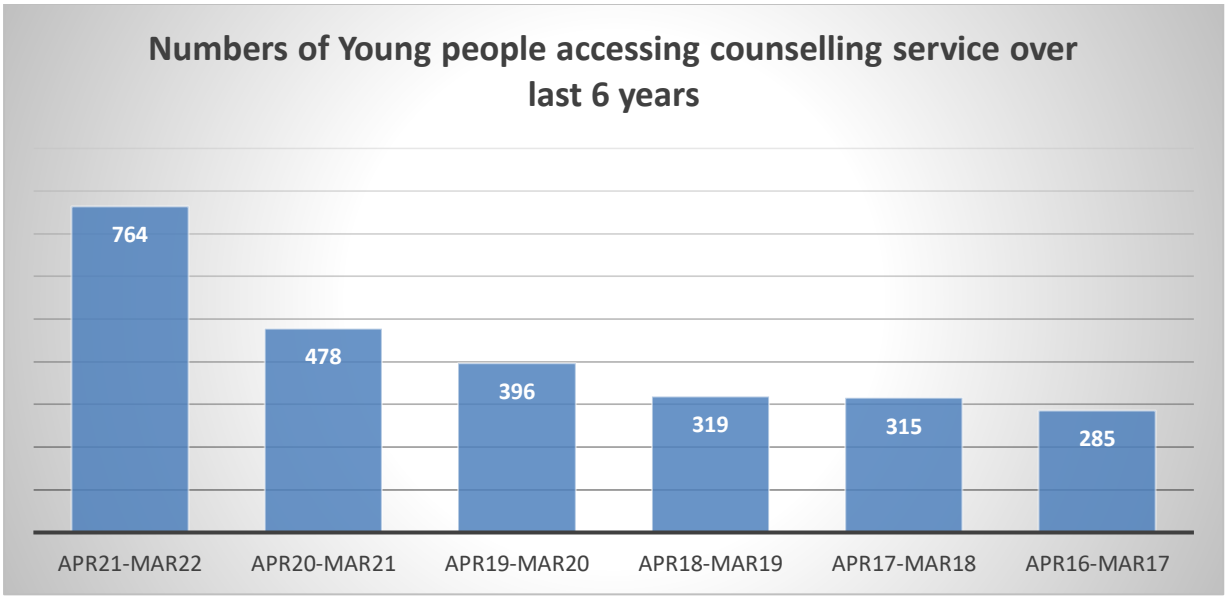
Above chart shows TADIC postcode stats remain fairly consistent with the majority of clients from the HEWEB area. We have seen a slight increase from clients who have travelled from outside areas (eg for Implant, STI testing – this could be due to lack of service in these areas at the time, ease of access for this service etc)

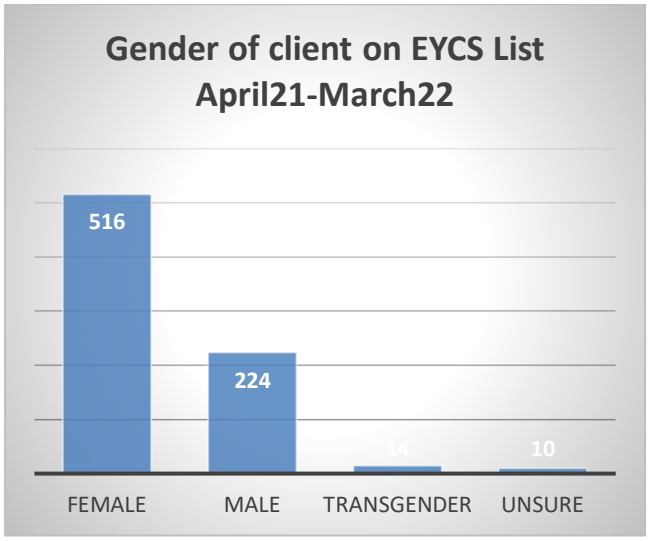
Appendix B - Achievements and performance
Eastleigh Youth Counselling Service (EYCS)
April2021 to March 2022

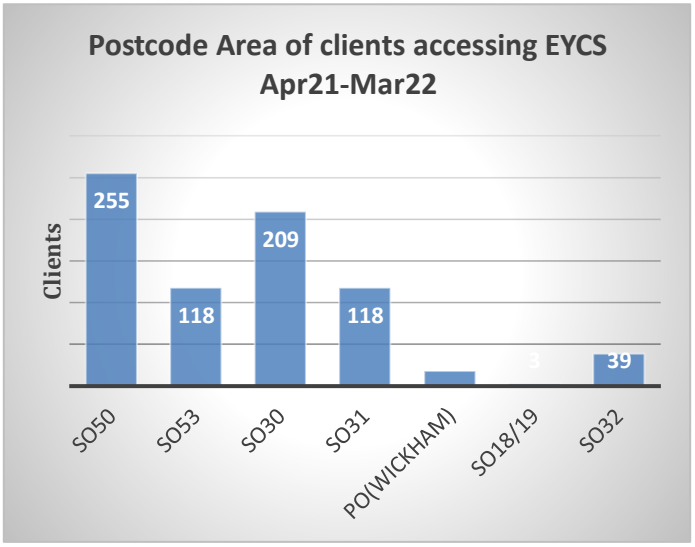
Eastleigh Youth Counselling offer free confidential 1-2-1 counselling support to young people aged 11-19 years living in the Eastleigh district and Southern parishes. Our counsellors are based at various venues in Hedge End, Botley, Eastleigh and Chandlers Ford areas as well as providing counselling provisions in local schools.

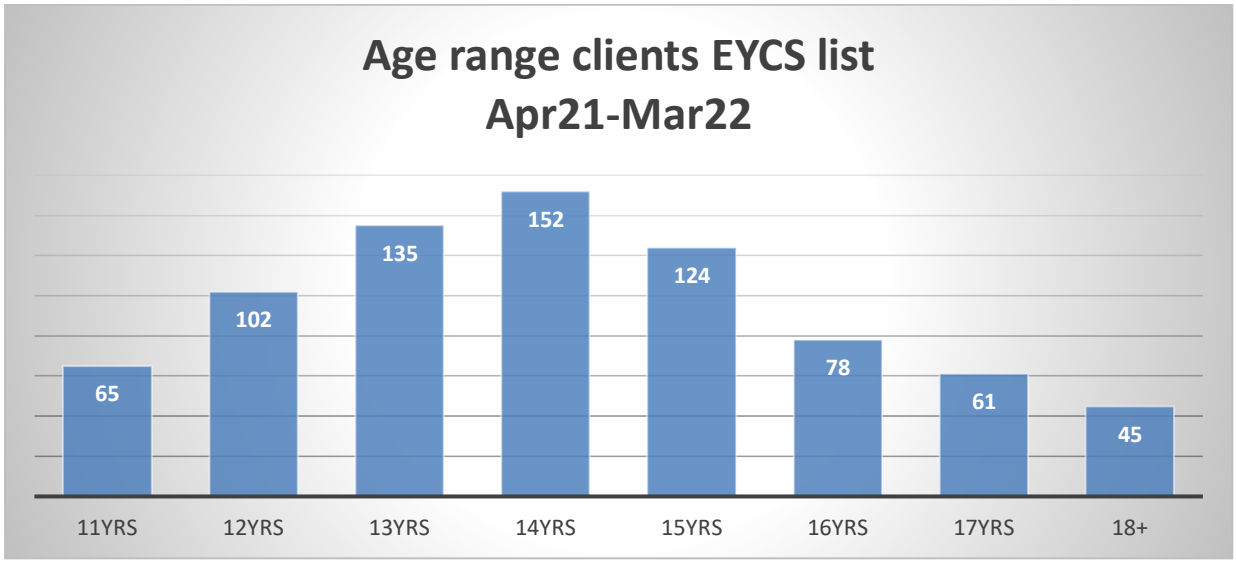
Statistics over the past few years show a consistent demand on our counselling service especially during these surreal times. In order to cope with demand through funding EYCS are constantly striving to implement more counselling sessions at our venues to ease pressure on our waiting lists/times. Continuation of the number of sessions being currently offered depends on future funding.

The following statistical information represents numbers of young people who have accessed our counselling service over the past 6 years – despite Covid pandemic and restrictions, EYCS service and counsellors have worked hard to adapt, ensuring that young people were able to access the counselling service during this surreal time as the graph below illustrates. Since April 2021 demand for the service has increased significantly:

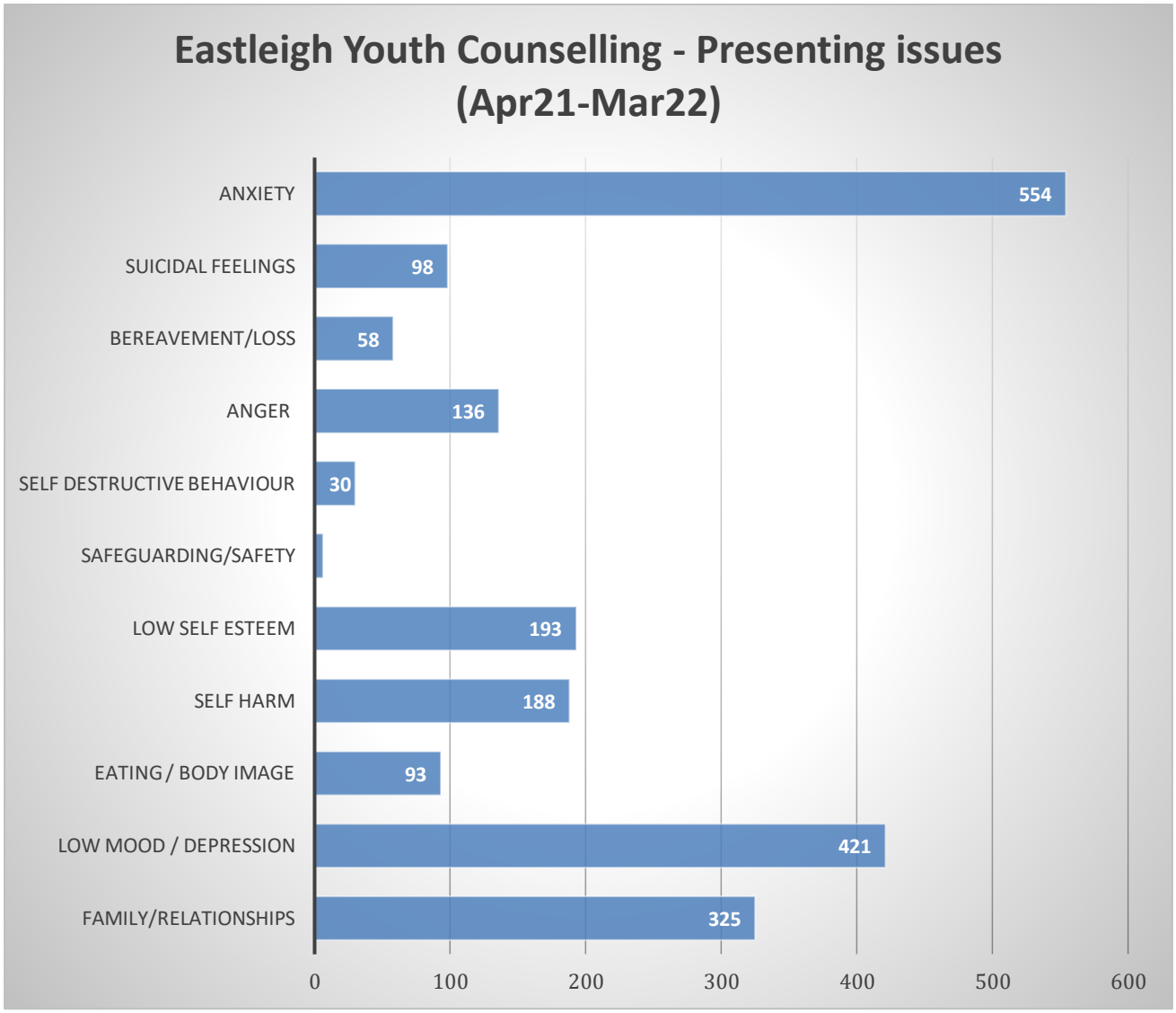



Gender of client on EYCS List
April21-March22
516
224
14
10
FEMALE
MALE
TRANSGENDER
UNSURE

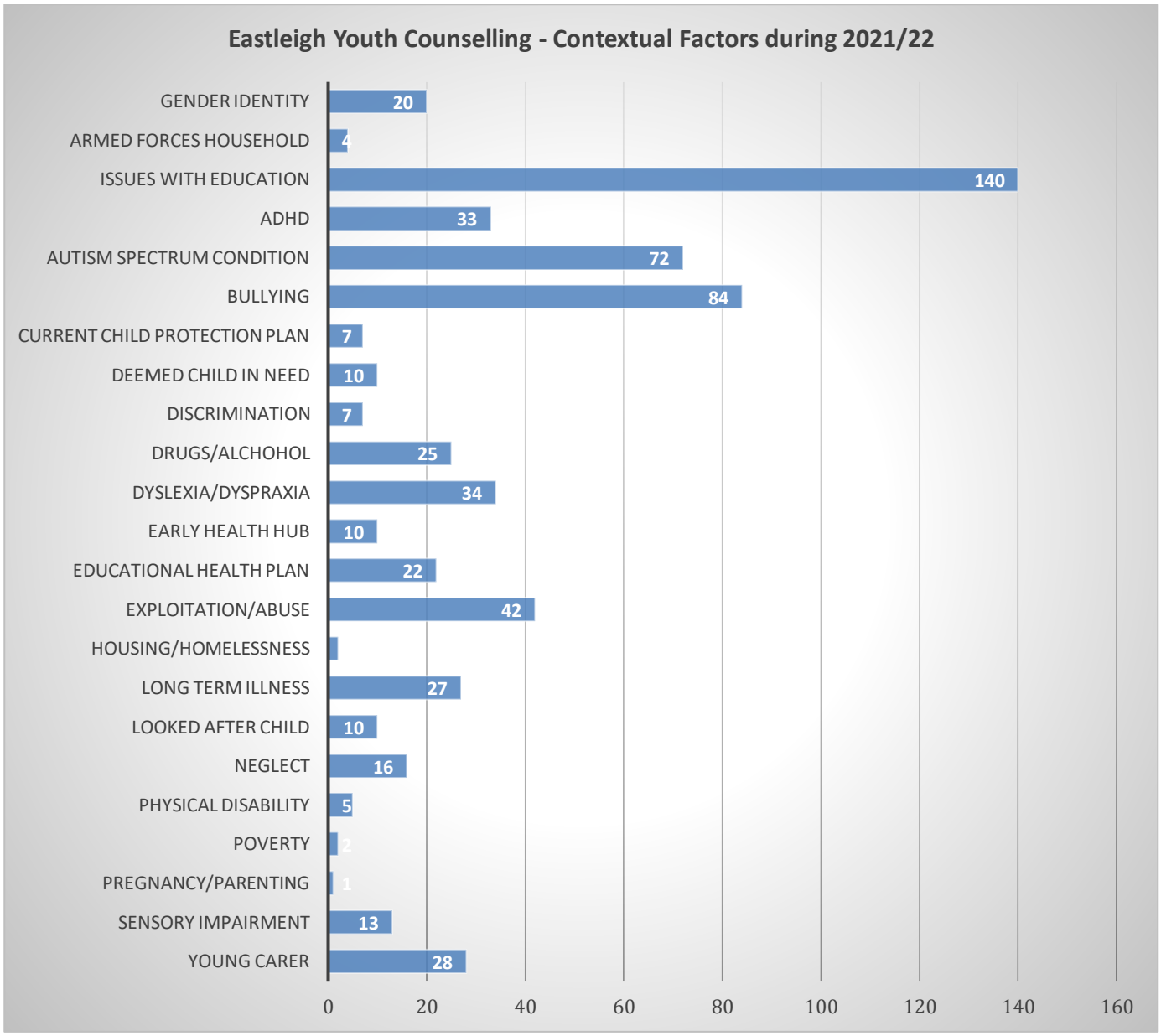

Postcode Area of clients accessing EYCS
Apr21-Mar22
Clients
255
118
209
118
3
39
SO50
SO53
SO30
SO31
PO(WICKHAM)
SO18/19
SO32


Age range clients EYCS list
Apr21-Mar22
65
102
135
152
124
78
61
45
11YRS
12YRS
13YRS
14YRS
15YRS
16YRS
17YRS
18+

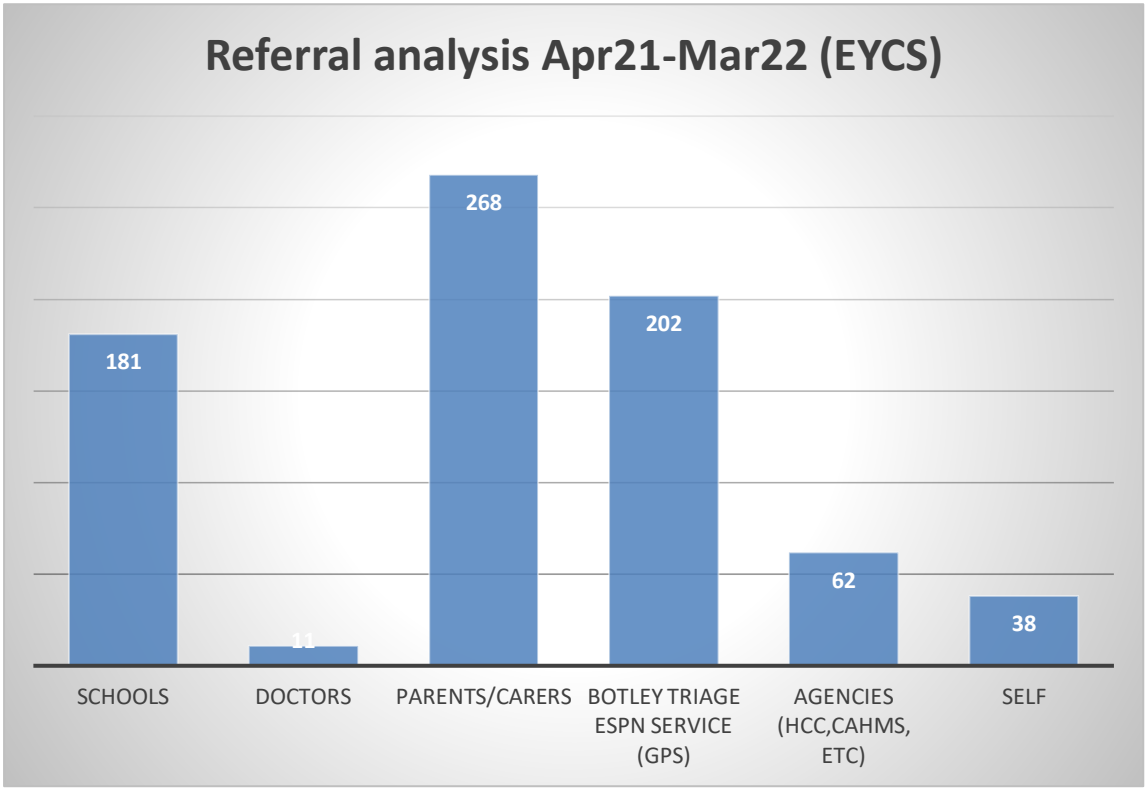
Presenting issues of young people accessing our counselling service. The graph below highlights 'Anxiety' as the highest presenting issue, other prevalent issues are Depression/Low mood and Family/Relationships (many issues were relevant to Covid pandemic). There was also an increase in suicidal feelings and self harm from the previous year



Contextual Factors - interestingly graph highlights that Issues with Education and Bullying are prevalent since full return to Education following the Covid pandemic.



EYCS accept self/parent referrals as well as from Agencies – below is a breakdown analysis of referral types: Graph below highlights that EYCS receive a high number of referrals from Parents, – referrals by Schools and GP's also show a high percentage – this highlights EYCS good relationship with our local schools and awareness of our service.

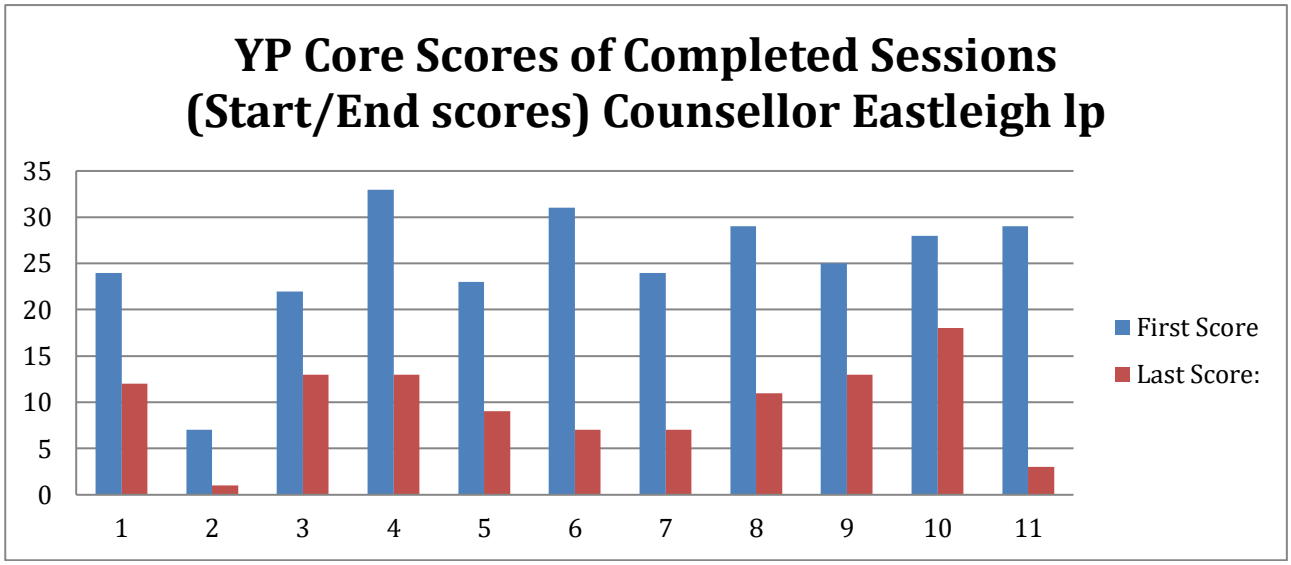


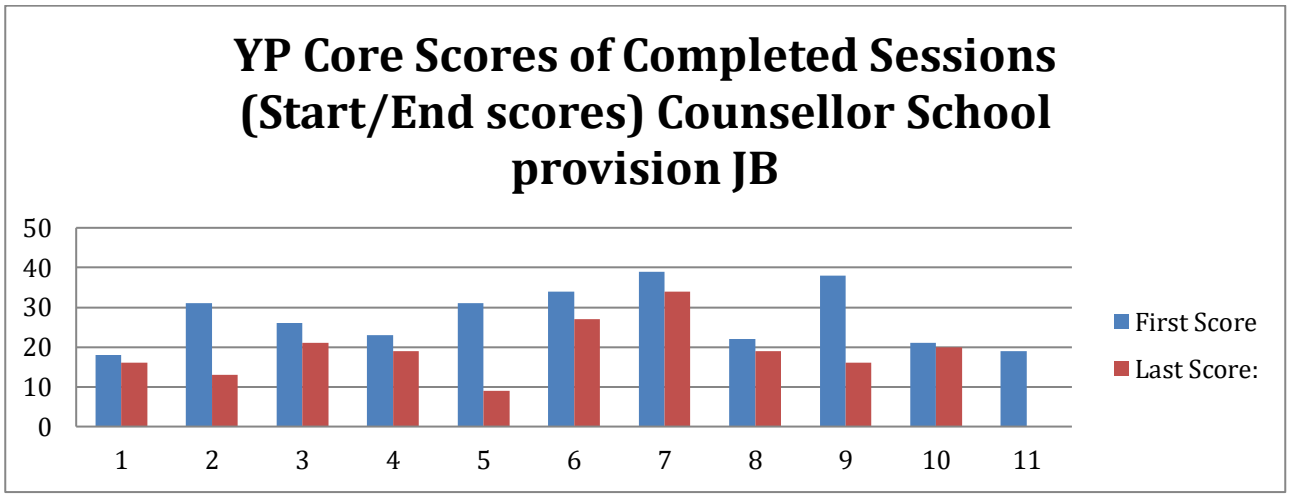
Outcomes from counselling:
All EYCS counselling clients are scored using the YP Core method, whereby scores reflect on Emotional/Mental health EG (0-10 is Healthy/low moderate, 11-24 moderate/moderate severe and over 25 is considered severe).

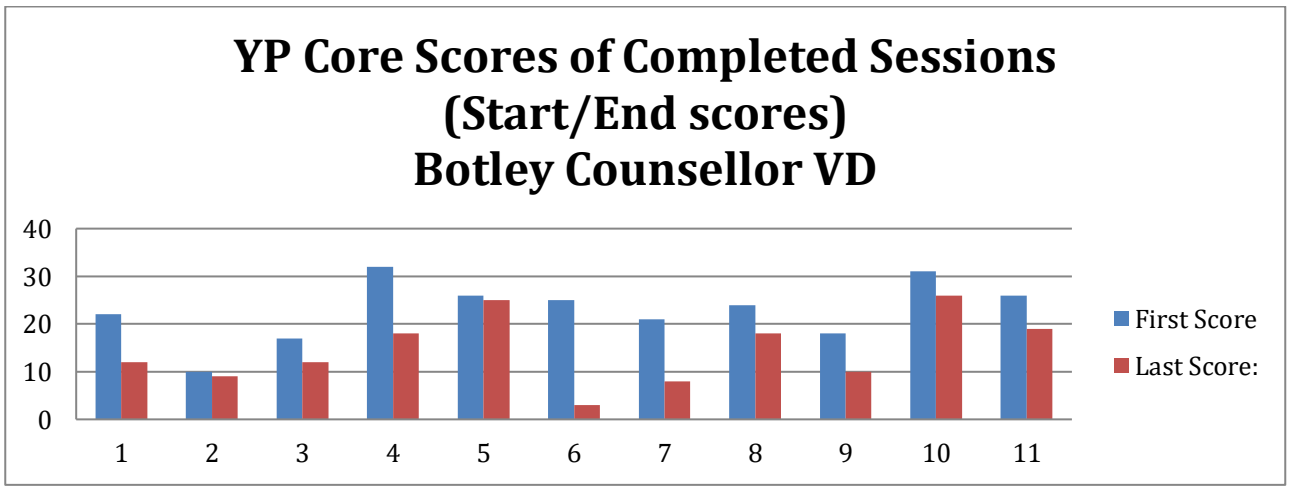
EYCS clients are also offered an evaluation feedback sheet for completion at the end of their therapy which are anonymous and handed back to the Admin team for monitoring. Feedback received from clients are all recorded and available on request. Any suggestions are noted and actioned where appropriate.

Below we have included a small representation of YP scores taken from some of our counsellors taken from completed sessions during the year. Over 90% of scores taken from clients who completed their therapy (start to exit interview) evidence improvement in their overall Mental/Emotional health. A full report of YP scores can be obtained on request.

The charts below show First score taken at the First counselling session then a Last score taken at the ending/exit - The aim is to lower the YP Core score by the end session.


YP Core Scores of Completed Sessions (Start/End scores) Counsellor Eastleigh lp
35
30
25
20
15
10
5
0
1
2
3
4
5
6
7
8
9
10
11
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores) Counsellor School provision JB
50
40
30
20
10
0
1
2
3
4
5
6
7
8
9
10
11
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores) Botley Counsellor VD
40
30
20
10
0
1
2
3
4
5
6
7
8
9
10
11
First Score
Last Score:

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2022

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements
for the Year Ended 31 March 2022

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03975948 (England and Wales)

Registered Charity number
1125891

Registered office
28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees
Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader)
B J Lugg Chartered Accountant
Dr H L Yates General Practictioner
C Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher

Independent Examiner
Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/11/22 and signed on its behalf by:

.....
J E L Alexander - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	9,189	66,738	75,927	65,601
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	15,500
Wildern School		1,500	-	1,500	1,500
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	5,500
Toynbee School		1,500	-	1,500	-
Wyvern Collage		1,500	-	1,500	-
Brookfield School		1,900	-	1,900	1,900
Eastleigh Southern Parishes Network		12,015	-	12,015	12,015
			-	-	-
Educational Services		160	-	160	5,620
Investment income	3	5	-	5	73
Other income		5,659	-	5,659	1,358
Total		59,928	66,738	126,666	102,435
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		53,052	63,279	116,331	87,048
Donated Services		10,000	1,500	11,500	11,500
Total		63,052	64,779	127,831	98,548
NET INCOME/(EXPENDITURE)		(3,124)	1,959	(1,165)	3,887
RECONCILIATION OF FUNDS					
Total funds brought forward		55,533	7,826	63,359	59,472
TOTAL FUNDS CARRIED FORWARD		52,409	9,785	62,194	63,359

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	324
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	16,700	15,581	32,281	15,293
Cash at bank		37,375	-	37,375	53.888
		54,175	15,581	69,756	69,281
CREDITORS					
Amounts falling due within one year	13	(1,766)	(5,796)	(7,562)	(6,246)
NET CURRENT ASSETS		52,409	9,785	62,194	63,035
TOTAL ASSETS LESS CURRENT LIABILITIES		52,409	9,785	62,194	63,359
NET ASSETS		52,409	9,785	62,194	63,359
FUNDS	14				
Unrestricted funds				52,409	55,532
Restricted funds				9,785	7,827
TOTAL FUNDS				62,194	63,359

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

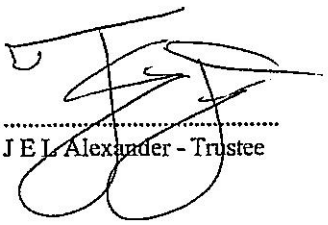
The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30-11-22 and were signed on its behalf by:



J E L Alexander - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	2,589	5,869
Grants	61,838	48,232
Donated services and facilities	11,500	11,500
	75,927	65,601

Grants received, included in the above, are as follows:

	2022	2021
	£	£
No Limits (South) Limited - CCG Counselling Services	56,838	44,940
WIWCF	5,000	-
The Big Lottery Fund	-	3,292
	61,838	48,232

3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	5	73

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2021
		£	£
Service Level Agreement	Solent NHS Trust	15,500	15,500
Service Level Agreement	Wildern School	1,500	1,500
Service Level Agreement	Toynbee School	1,500	-
Service Level Agreement	Wyvern Collage	1,500	-
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	5,500
Service Level Agreement	Brookfield School	1,900	-
Service Level Agreement	Eastleigh Southern Parishes Network	12,015	-
Education Session	Various	160	7,403
		45,075	35,403

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	116,331
Donated Services	11,500
	127,831

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	324	314

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	33,419	35,296
Other pension costs	286	277
	33,705	35,573

The average monthly number of employees during the year was as follows:

	2022	2021
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

No employees received emoluments in excess of £60,000.

continued...

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2021	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2022	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2021	2,722	2,777	56,499
Charge for year	-	324	324
At 31 March 2022	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2022	-	-	-
At 31 March 2021	-	324	324

10. STOCKS

	2022 £	2021 £
Stocks	100	100

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	30,329	13,500
Prepayments	1,452	1,793
	32,281	15,293

continued...

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	5,796	5,674
Social security and other taxes	-	-
Other creditors	1,266	72
Accruals and deferred income	-	-
Accrued expenses	500	500
	7,562	6,246

14. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
UNRESTRICTED	55,532	(3,124)	52,409
Restricted funds			
RESTRICTED	7,826	1,959	9,785
TOTAL FUNDS	63,359	3,887	62,194

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	59,928	(63,052)	(3,124)
Restricted funds			
RESTRICTED	66,738	(64,779)	1,959
TOTAL FUNDS	126,666	(127,831)	1,165

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,589	5,869
Grants	61,838	48,232
Donated services and facilities	11,500	11,500
	75,927	65,601
Investment income		
Deposit account interest	5	73
Charitable activities		
Service Level Agreement	44,915	28,000
Education Session	160	7,403
	45,075	35,403
Other income		
Other Trading income	5,460	
Furlough Payments	199	1,358
Total incoming resources	126,666	102,435
EXPENDITURE		
Support costs		
Finance		
Bank charges	155	156
Other		
Wages	33,419	35,296
Employer Pension Contbns	286	277
Rent - Donated services	12,252	11,500
Insurance	2,530	2,547
Computer equip and consumables	523	523
Telephone	147	147
Postage and stationery	103	135
Sundries	185	249
Independent examiners fee	500	500
Counsellor Indemnity Insurance	369	203
Payroll Support	217	149
Rent	-	216
Carried forward	50,686	51,742

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2021 £	2021 £
Other		
Brought forward	50,686	41,742
Website	2,679	144
DBS checks	154	258
Training	746	321
Subsistence	-	-
Invoiced services	55,852	37,905
Counsellor Room hire	12,547	5,682
Counsellor Supervision fees	4,728	2,026
Computer equipment	439	314
	127,676	98,392
Total resources expended	127,831	98,548
Net income/(expenditure)	(1,165)	3,887

REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2022

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements
for the Year Ended 31 March 2022

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Independent Examiner's Report	2
Statement of Financial Activities	3
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Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03975948 (England and Wales)

Registered Charity number
1125891

Registered office
28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees
Reverend J E L Alexander Bathroom & Kitchen Instlln (Sole Trader)
B J Lugg Chartered Accountant
Dr H L Yates General Practictioner
C Kearsley Retired C & SH Nurse
Jennifer Swan – School Teacher

Independent Examiner
Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/11/22 and signed on its behalf by:

.....
J E L Alexander - Trustee

Independent Examiner's Report to the Trustees of
Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	9,189	66,738	75,927	65,601
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	15,500
Wildern School		1,500	-	1,500	1,500
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	5,500
Toynbee School		1,500	-	1,500	-
Wyvern Collage		1,500	-	1,500	-
Brookfield School		1,900	-	1,900	1,900
Eastleigh Southern Parishes Network		12,015	-	12,015	12,015
			-	-	-
Educational Services		160	-	160	5,620
Investment income	3	5	-	5	73
Other income		5,659	-	5,659	1,358
Total		59,928	66,738	126,666	102,435
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		53,052	63,279	116,331	87,048
Donated Services		10,000	1,500	11,500	11,500
Total		63,052	64,779	127,831	98,548
NET INCOME/(EXPENDITURE)		(3,124)	1,959	(1,165)	3,887
RECONCILIATION OF FUNDS					
Total funds brought forward		55,533	7,826	63,359	59,472
TOTAL FUNDS CARRIED FORWARD		52,409	9,785	62,194	63,359

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	-	-	-	324
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	16,700	15,581	32,281	15,293
Cash at bank		37,375	-	37,375	53.888
		54,175	15,581	69,756	69,281
CREDITORS					
Amounts falling due within one year	13	(1,766)	(5,796)	(7,562)	(6,246)
NET CURRENT ASSETS		52,409	9,785	62,194	63,035
TOTAL ASSETS LESS CURRENT LIABILITIES		52,409	9,785	62,194	63,359
NET ASSETS		52,409	9,785	62,194	63,359
FUNDS	14				
Unrestricted funds				52,409	55,532
Restricted funds				9,785	7,827
TOTAL FUNDS				62,194	63,359

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

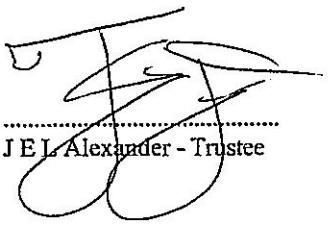
The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30-11-22 and were signed on its behalf by:



J E L Alexander - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

continued...

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	2,589	5,869
Grants	61,838	48,232
Donated services and facilities	11,500	11,500
	75,927	65,601

Grants received, included in the above, are as follows:

	2022	2021
	£	£
No Limits (South) Limited - CCG Counselling Services	56,838	44,940
WIWCF	5,000	-
The Big Lottery Fund	-	3,292
	61,838	48,232

3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	5	73

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2021
		£	£
Service Level Agreement	Solent NHS Trust	15,500	15,500
Service Level Agreement	Wildern School	1,500	1,500
Service Level Agreement	Toynbee School	1,500	-
Service Level Agreement	Wyvern Collage	1,500	-
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	5,500
Service Level Agreement	Brookfield School	1,900	-
Service Level Agreement	Eastleigh Southern Parishes Network	12,015	-
Education Session	Various	160	7,403
		45,075	35,403

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	116,331
Donated Services	11,500
	127,831

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	324	314

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	33,419	35,296
Other pension costs	286	277
	33,705	35,573

The average monthly number of employees during the year was as follows:

	2022	2021
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

No employees received emoluments in excess of £60,000.

continued...

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2021	2,722	3,101	5,823
Additions	-	-	-
At 31 March 2022	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2021	2,722	2,777	56,499
Charge for year	-	324	324
At 31 March 2022	2,722	3,101	5,823
NET BOOK VALUE			
At 31 March 2022	-	-	-
At 31 March 2021	-	324	324

10. STOCKS

	2022 £	2021 £
Stocks	100	100

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	30,329	13,500
Prepayments	1,452	1,793
	32,281	15,293

continued...

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	5,796	5,674
Social security and other taxes	-	-
Other creditors	1,266	72
Accruals and deferred income	-	-
Accrued expenses	500	500
	7,562	6,246

14. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
UNRESTRICTED	55,532	(3,124)	52,409
Restricted funds			
RESTRICTED	7,826	1,959	9,785
TOTAL FUNDS	63,359	3,887	62,194

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
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UNRESTRICTED	59,928	(63,052)	(3,124)
Restricted funds			
RESTRICTED	66,738	(64,779)	1,959
TOTAL FUNDS	126,666	(127,831)	1,165

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,589	5,869
Grants	61,838	48,232
Donated services and facilities	11,500	11,500
	75,927	65,601
Investment income		
Deposit account interest	5	73
Charitable activities		
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Education Session	160	7,403
	45,075	35,403
Other income		
Other Trading income	5,460	
Furlough Payments	199	1,358
Total incoming resources	126,666	102,435
EXPENDITURE		
Support costs		
Finance		
Bank charges	155	156
Other		
Wages	33,419	35,296
Employer Pension Contbns	286	277
Rent - Donated services	12,252	11,500
Insurance	2,530	2,547
Computer equip and consumables	523	523
Telephone	147	147
Postage and stationery	103	135
Sundries	185	249
Independent examiners fee	500	500
Counsellor Indemnity Insurance	369	203
Payroll Support	217	149
Rent	-	216
Carried forward	50,686	51,742

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2021 £	2021 £
Other		
Brought forward	50,686	41,742
Website	2,679	144
DBS checks	154	258
Training	746	321
Subsistence	-	-
Invoiced services	55,852	37,905
Counsellor Room hire	12,547	5,682
Counsellor Supervision fees	4,728	2,026
Computer equipment	439	314
	127,676	98,392
Total resources expended	127,831	98,548
Net income/(expenditure)	(1,165)	3,887

YOUNG PEOPLE'S WELLBEING SERVICE LTD

England & Wales - Charity number 1125891

Accounts

YOUNG PEOPLE'S WELLBEING SERVICE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

The trustees are pleased to present their report together with the financial statements of the charity and an Independent Examiner's Report for the year ended 31st March 2021.

Reference and administrative details

Charity number: 1125891

Company number: 3975948

Principal Office: 28 Lower Northam Road, Hedge End, Southampton, Hampshire, SO30 4FQ (and main place of operation)

Accountants: Arlington Accountants, Anchor House, School Lane, Chandlers Ford SO53 4DY

Bankers Lloyds TSB Bank plc, 2 St Johns Centre, Upper Northam Rd, Hedge End, Hants

Santander Bank, Bootle, Merseyside, L30 4GB

Directors and trustees

The directors of the charitable company (the charity) are also its trustees for the purpose of charity law.

The trustees serving during the period April 2020 to March 2021 were as follows:

Unpaid Trustee Directors:

Mr Brian Lugg - Treasurer
Rev Julius Alexander - Chair
Dr Hannah Yates
Mrs Chris Kearsley

Structure, Governance and Management

Governing Document

Young People's Wellbeing Service Ltd is a company limited by guarantee and does not have a share capital. It is governed by its Memorandum and Articles of Association as amended by special resolution on 27th June 2007. It is registered as a charity with the Charity Commission. Every Trustee/Director of the company, promise, if the Charity is dissolved while he or she is a Trustee/Director or within twelve months after he or she ceases to be a Trustee/Director, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the

payment of the debts and liabilities of the Charity incurred before he or she ceases to be a Trustee/Director, and of the costs, charges and expenses of winding up, and the adjustment of the rights of the contributories among themselves.

Appointment of trustees

As set out in the Articles of Association, directors are appointed by ordinary resolution.
One third of Directors/Trustees retire by rotation at each AGM.
All members are circulated with invitations to nominate directors prior to the AGM advising them of the retiring directors/trustees and requesting nominations for the AGM.

Organisation

The unpaid trustees, who meet monthly, have overall responsibility for the principles, finances and strategy affairs of the charity.
The Operations manager conducts regular staff meetings and is responsible for the day to day affairs of the charity and reports directly to the Trustees at monthly meetings.

Objectives and activities

The objects of the charity, as set out in its Memorandum of Association, are:

> "To promote the preservation and protection of good health of young people.
> In particular in Hedge End and the Southern parishes of the Borough of Eastleigh, Hampshire in particular, but not exclusively, by the provision of a drop-in centre, advice and support and other services."

It is the charity's aim to provide for all young people:

- A confidential and accessible service.
- An opportunity to discuss all aspects of daily living.
- The knowledge to empower them to make informed choices regarding their own physical, emotional and sexual health.

Activities of the charity for the public benefit

The activities of the charity benefit the local young people of the borough of Eastleigh and southern parishes. Any young person (aged 11-19) from the local community can turn up at our Contraception and Sexual Health Drop- in Clinic or approach us with regards to Counselling. Due to the objectives of the charity and the nature of the funding, particularly our counselling service, we are only able to work with young people from Eastleigh Borough and the local area on an ongoing basis. However, for wider public benefit, clients who reside outside of the immediate local areas are not turned away from our TADIC clinic and a young person would be seen and given support then referred onto another more appropriate agency. Further public benefit is offered due to the excellent relationships with other organisations such as Wildern School, local general practices and associations supporting young people in the locality.

The aims of the charity are fulfilled by employing doctors, nurses, counsellors, a receptionist, administration team and a operations manager to provide support and advice on a wide range of physical and emotional health and wellbeing issues including contraception and sexual

health. Further support for mental and emotional health is provided by our Counselling service which runs from a variety of locations within Eastleigh Borough.

The trustees have regard for the Charity Commission's guidance on public benefit and our Administrator regularly monitors the statistics regarding clients attending the clinics, to ensure best use is made of the charity's resources. The management team review the 'graffiti book' and 'evaluation questionnaires', used for young people's comments, to ensure the voices of the young people are heard.

The charity adheres to YPWS Safeguarding Policy and Procedures that follow guidance laid out in the Government publication 'Working Together' (2015), conjunction with 'Safeguarding Children' and 'Safeguarding Adults' procedures, protocols and guidelines outlined by the 4 Hampshire/ IOW LSCB (www.4LSCB.org.uk)

Volunteers

Placement (Counselling) Volunteers are greatly appreciated for the many tasks they perform in the areas of Counselling young people and being ambassadors of YPWS. YPWS have a strict volunteer policy which stipulates that volunteers must be over 18, qualified (or working towards a qualification) in the field of Counselling, and sign paperwork outlining confidentiality and data protection regulations.

Achievements and performance

The Young People's Wellbeing Service Ltd, formerly t/a The Teenage Drop-In Centre was first established in September 1995 and registered with the Charity Commission and became a charitable company on 15th September 2008.

YPWS provides free confidential, sexual health and wellbeing services to local young people, up to the age of 20 for a diverse range of issues experienced by this age group. Please see Appendices below which detail more in-depth statistics for each of our services.

The main Drop-in Centre (TADIC Hedge End), which operates on Wednesdays 3-6pm from The Hedge End Medical Centre, is run by a dedicated team of specialists including, Doctors, Nurses (with contraception and sexual health expertise), as well as an administration team.

Our EYCS counselling service can be accessed by phone, email, or via our Website. We operate a waiting list whereby our aim is that young people usually wait no longer than 4-5 weeks to have an initial assessment. All young people will have an initial assessment of up to 30 minutes with a trained counsellor and if counselling way forward then a plan will be made for future sessions and young person will be put on our Counselling waiting list for ongoing counselling sessions. If it is felt that counselling is not appropriate, then we will attempt to signpost to alternative services.

The counselling service offers a series of up to 6 sessions of counselling to each young person, with the possibility of extending to 12 depending on need. Clients complete self- assessment YP core form at the beginning and end of the counselling period from which we can evaluate progress and measure outcomes. During the Covid pandemic, EYCS have adapted their service

to continue to provide counselling support to young people remotely via virtual platforms as well as Face to Face following Covid safety precautions put in place.

The counselling work has continued to grow, and we have recently responded to this by increasing our number of counselling hours. We are proud to be a charity that supports volunteer counsellors and have developed a professional and robust induction and support structure to ensure not only a quality service that puts young people first, but also one that values continuous professional development of its staff. Our service has ensured that processes are implemented to the highest standard and continues to support EYCS counselling staff in their learning and ambitions. We continue to be very proud to have such a strong team of motivated counsellors who work across a number of venues, and that each bring a set of unique skills.

YPWS has always been fortunate to have a strong board of trustees who bring a variety of skills including (medical, HR, financial).

YPWS has undertaken work to make sure it is adhering to the latest legislation, and that the confidentiality of our service users is maintained. This has included reviewing all policies related to data protection, and ensuring we are GDPR compliant. We have also worked to ensure our databases are fit for purpose and increased the efficiency of how we work. In recognition of the need to keep our services up to date, and ensure young people have the right information in a way they frequently access, our mobile friendly websites contain all current YPWS information.

Changes over the last year and a note from the Operations Manager:
"It is safe to say the Service has been tested over this period, but under pressure and through uncertainty, the values of our staff and core drive of the organisation (to put young people and their wellbeing first) has shone through more than ever. The drop-in service and counselling sessions have been running when other services were not, ensuring they could meet the needs of Young People safely. We have also embarked on a new initiative (Triage counselling assessment service) since last September with the support of Eastleigh Southern Parishes Network. Kerry March and Sophie Spiers in particular, have championed Eastleigh Youth Counselling service and been key to it's success. Both this new triage service and seeing YP throughout the COVID pandemic has given earlier intervention to YP who needed support by referring to the appropriate service, given self-help coping strategies and speaking to a qualified counsellor.

With regards to TADIC Hedge End clinic staying open throughout the pandemic, YP have not only had continued access to contraception and sexual health, but also someone to talk it through with (nurses and doctors that have safeguarded that YP).

This exceptional service has been recognised time and again, a recent Business Excellence Award for 'Most Compassionate Training and Placement Opportunity Services in South East England" was awarded to Eastleigh Youth Counselling service this year which reflects our Service Users experiences.

Frequently we hear with regards to TADIC clinic that there is nowhere quite like the drop-in service anywhere else. I would personally like to say a huge thank you to every member of the team for their passion and continued dedication".

For a more in-depth overview of our performance please see the below **appendices A** and **B**

Financial review

The principal sources of funding for Young People's Wellbeing Service Ltd are the Service Level Agreements in place, namely between YPWS, Eastleigh Borough Council, Hedge End Town Council, Solent NHS and Wildern School and the HYA agreement with No Limits. These are reviewed annually.

Expenditure:

The majority of the charity's costs are for staff wages (including administration), services delivered and the use of premises.

We also invest funds in staff training and equipment.

Reserves policy

Funding of healthcare remains unpredictable so we will continue our policy of holding enough funds to cover care for our patients for six months. These funds are aimed to cover the cost for patients currently under treatment or on waiting lists, premises and staff, including redundancy payments. The unrestricted reserves as of March 2021 were £63,000 and this will cover the policy summarised above and allow for some other costs such as training.

Plans for the Future

YPWS (formerly known as TADIC) have been running sustainably for over 20 years and have excellent relationships with commissioners and funding providers. We are currently in a stable position financially, and this has enabled us to re-invest in staff training and increase our counselling hours to reduce waiting lists as much as possible. This ensures that the generous donations are spent exactly as it should be, on improving the emotional and sexual health of young people. We continue to have a facility to donate directly from our website (currently being updated) and are also fortunate to receive income from Service Level Agreements.

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's examiners are unaware; and
- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's examiners are aware of that information.

Financial Review

Arlington Accountants are acting as our Independent Examiner for year ending 31 March 2021.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued March 2005) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

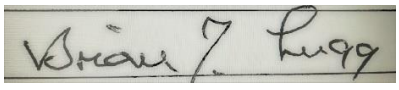
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:-
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Declaration
The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees

Signature(s) 

Full Name(s) Brian J Lugg

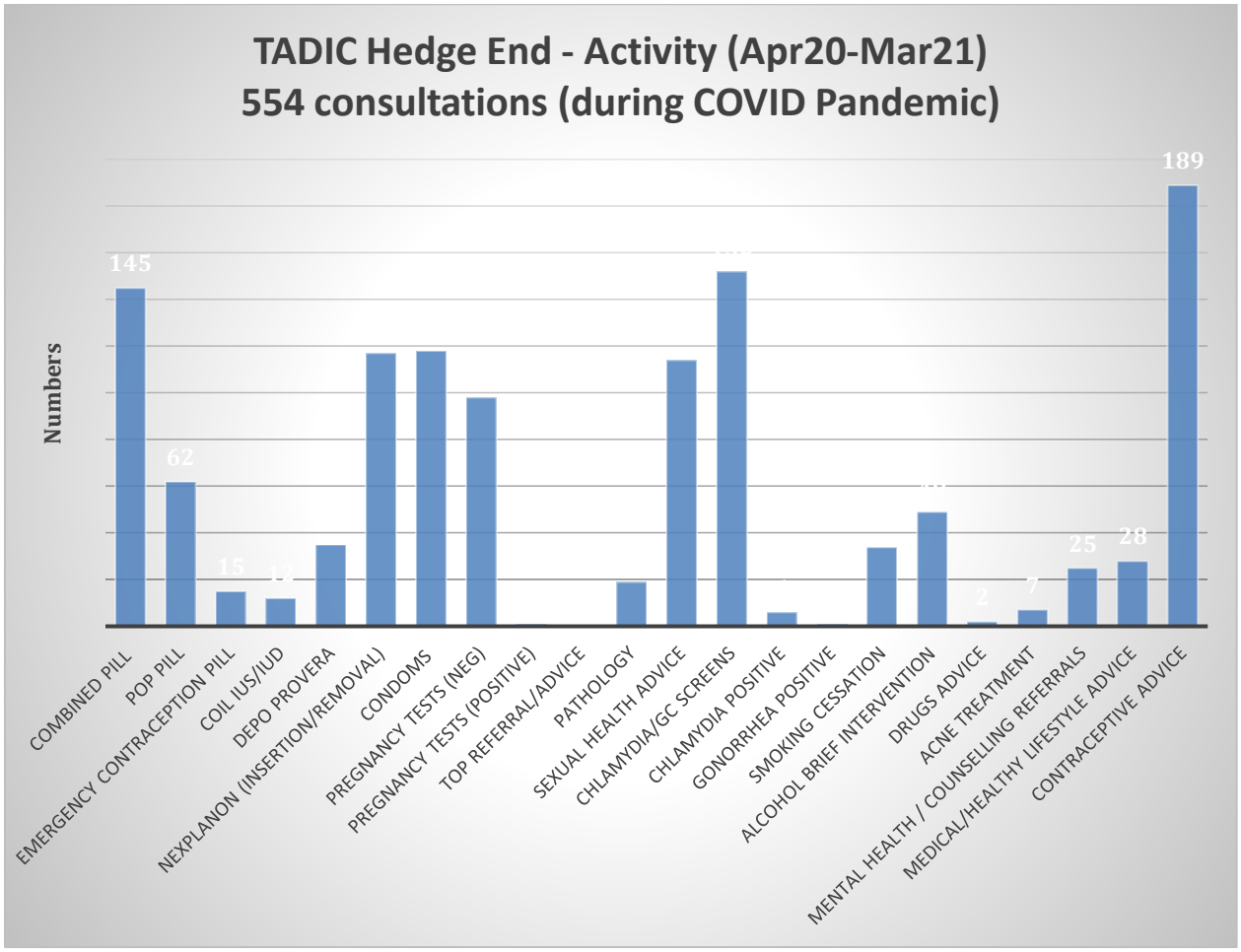
Position Trustee/Director

Date: 14-July-2021

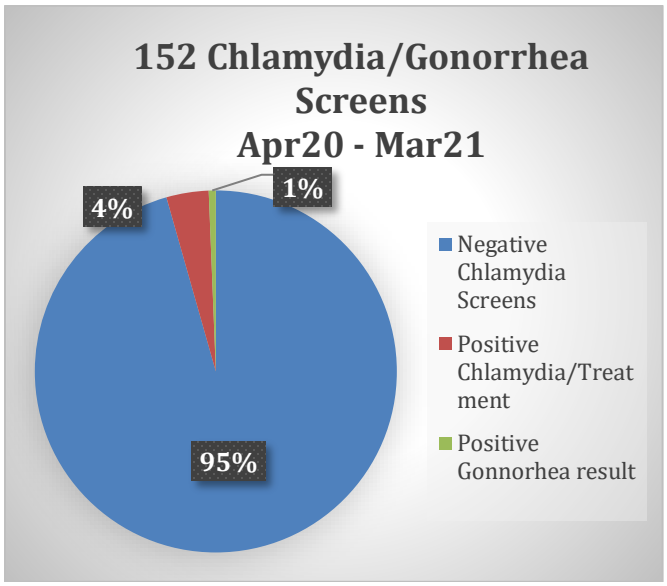
Appendix A - Achievements and performance for TADIC Clinics April20 to March 21

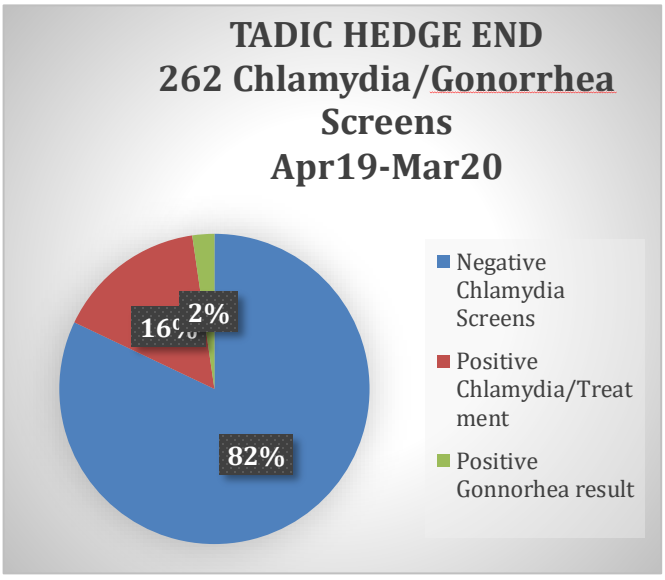
We are pleased that Solent NHS continues to acknowledge what a valuable service our TADIC staff provide and they, alongside our other local funders, have recognised this through continued funding. TADIC staff (Nurses,GP,Admin team) have worked extremely hard to quickly adopt new safety practices in light of COVID. The TADIC Hedge End clinic has remained open throughout the COVID pandemic ensuring our services remain accessible to local young people. During this surreal time young people had observed the lockdown rules.

On the following pages are the yearly statistical reports for TADIC Hedge End giving a snapshot of activity over the past financial year:

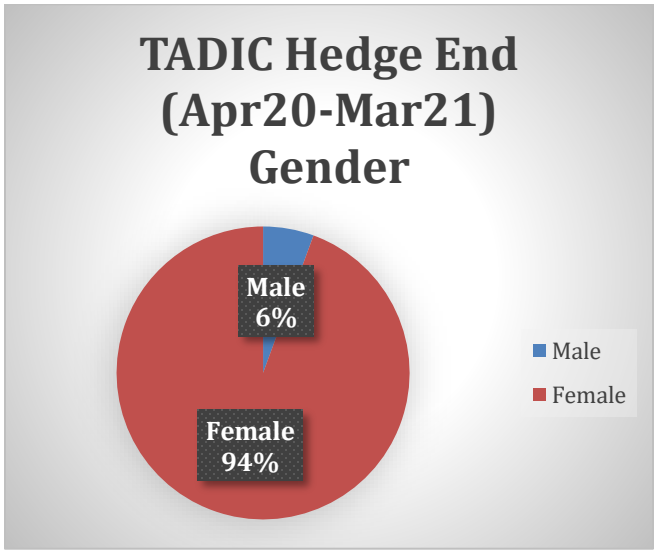


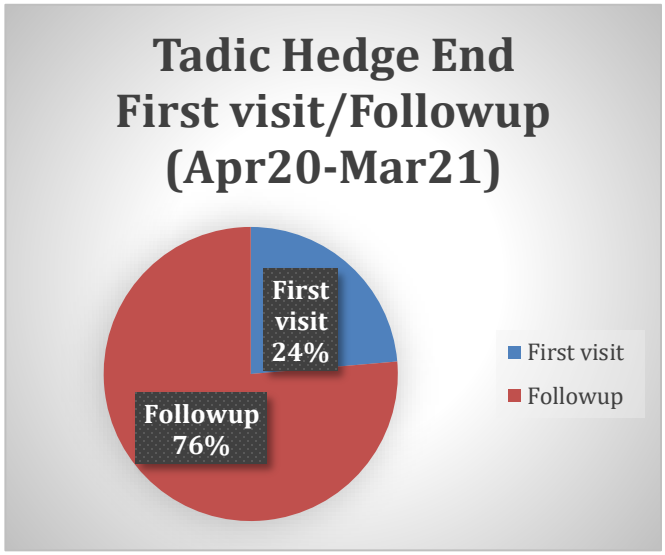
TADIC Hedge End had 1 positive Pregnancy results – this was a planned pregnancy. The main reason for young people visiting the clinic was for contraception and STI screening.

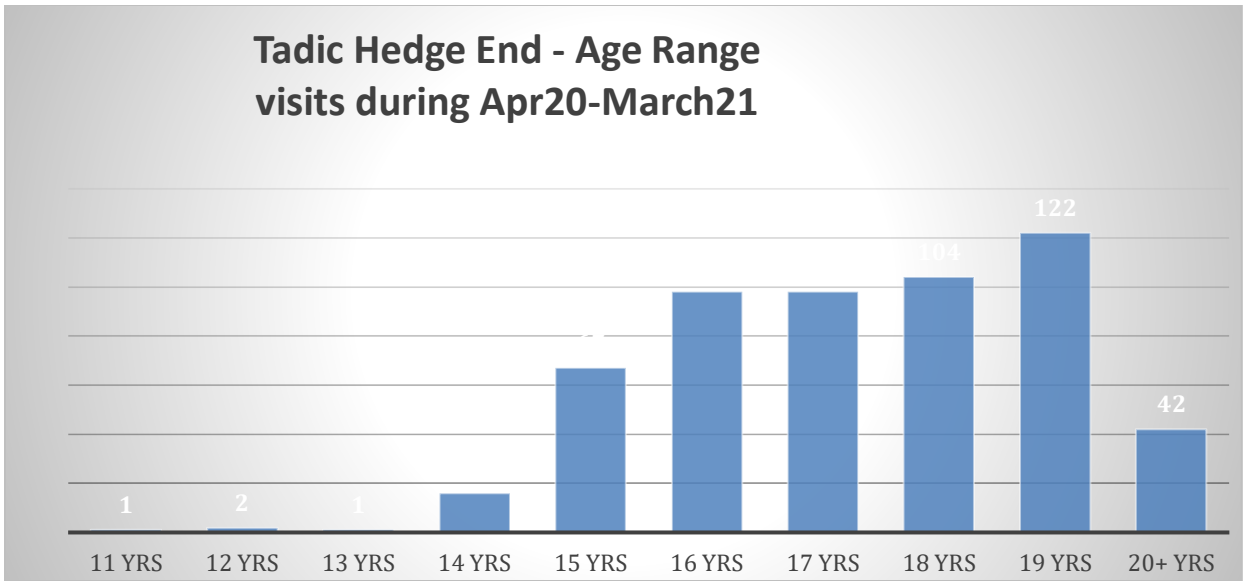




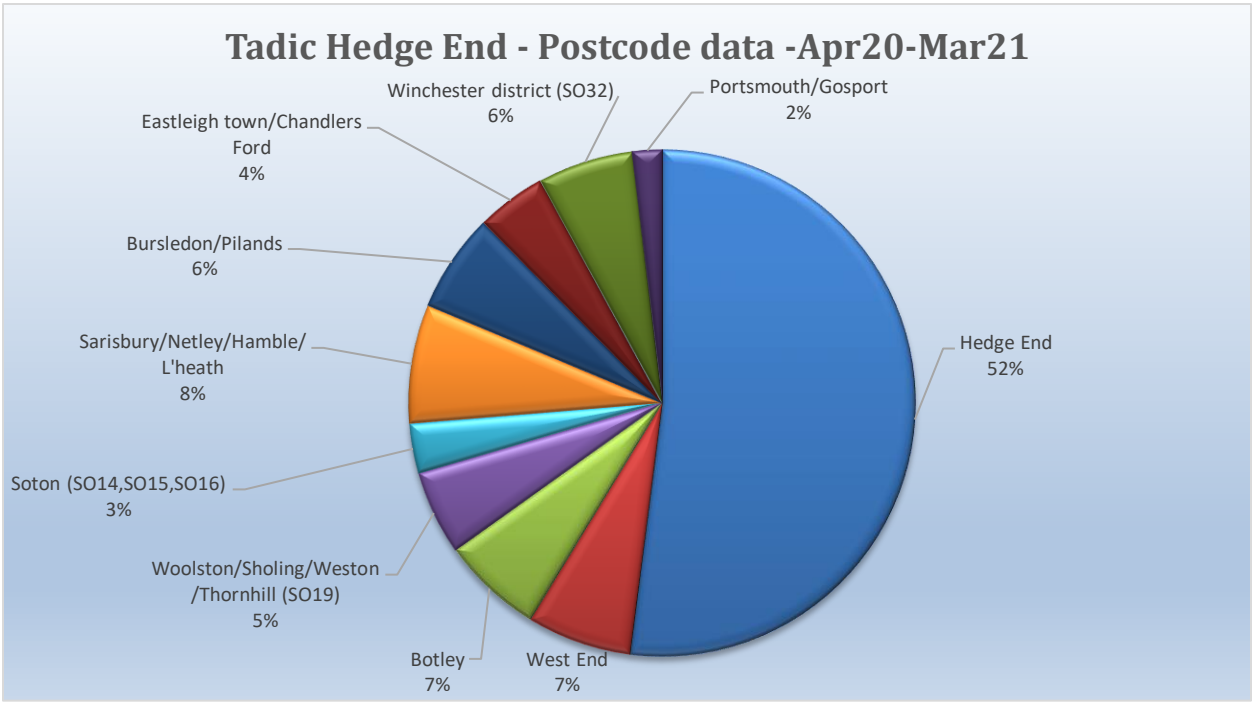
Above *shows results from 152 Chlamydia/Gonorrhea screens – During the COVID pandemic, 'Positive' Chlamydia/Gonorrhea tests showed a significant drop compared to the previous pre-Covid year – see comparison as above shows*
(Interestingly the 'positive' results during Apr20-Mar21 were picked up in the quarter of October-December when lockdown was eased).







Above shows age-range of clients visiting the clinic. During Lockdown the prevalent age of clients was 17+ years … since easing of restrictions, TADIC has seen increase in footfall of 15+ year olds



Above shows Postcode data of clients visiting the clinic during Apr20-Mar21 – there was an increase from clients visiting from further afield – this was mainly due to the fact that other similar services were unavailable during the COVID pandemic.

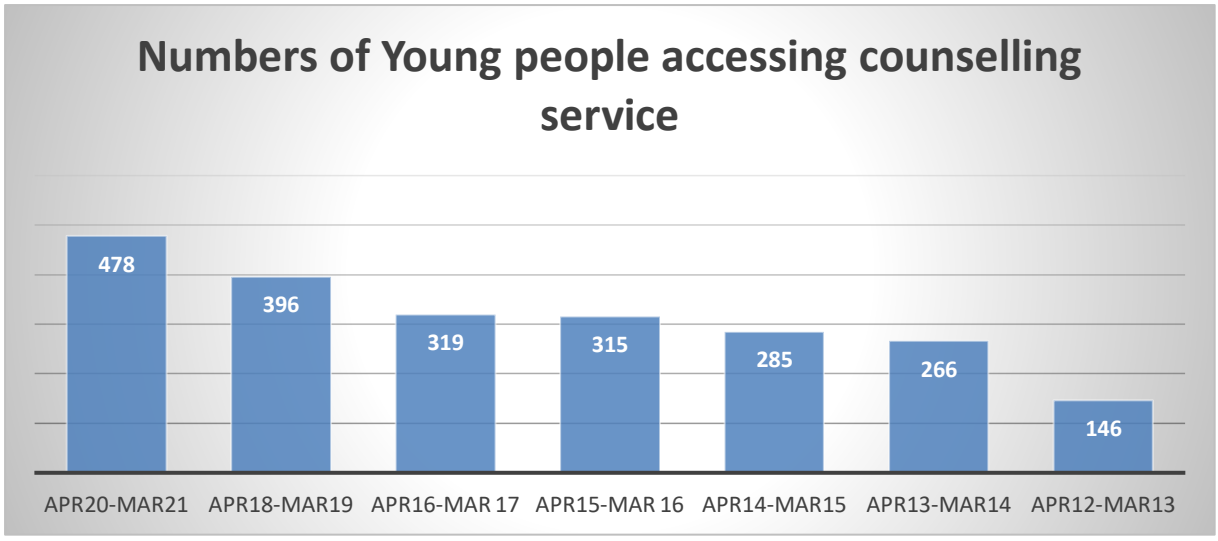
Appendix B :
Eastleigh Youth Counselling Statistics – Apr20 to Mar21:

YPWS, as with many organisations and charities, has been presented with a range of challenges this year. There was initially uncertainty about the funding source for our counselling service Eastleigh Youth Counselling (EYCS), though this has now been secured for the next year. EYCS are recognised to be a quality service that has delivered on all targets, and are proud to uphold this reputation, however we are not complacent and recognise that in order to ensure the service remains, we must look at other funding options in the future, given the uncertainty that remains moving forward. During the COVID pandemic, the counselling team's willingness to adapt (e.g. offer online appointments and working remotely with young people) is another clear indication that the needs of our young people are central to the team and organisation. Throughout the COVID pandemic and lockdown our service continued to provide counselling support to young people at our venues following Covid safety precautions put in place.

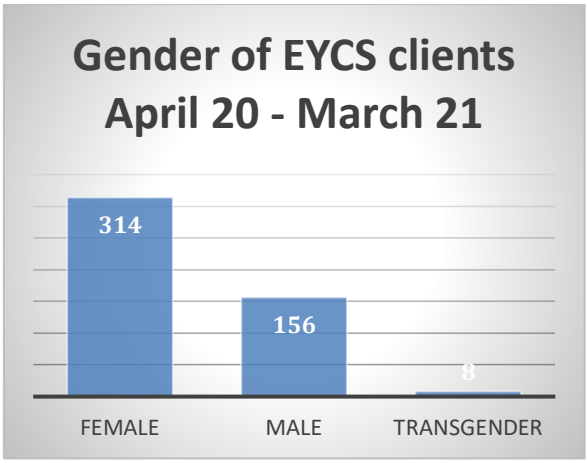
Eastleigh Youth Counselling offer free confidential 1-2-1 counselling support to young people aged 11-19 years living in the Eastleigh district and Southern parishes. Our counsellors are based at various venues in Hedge End, Botley, Eastleigh and Chandlers Ford areas.

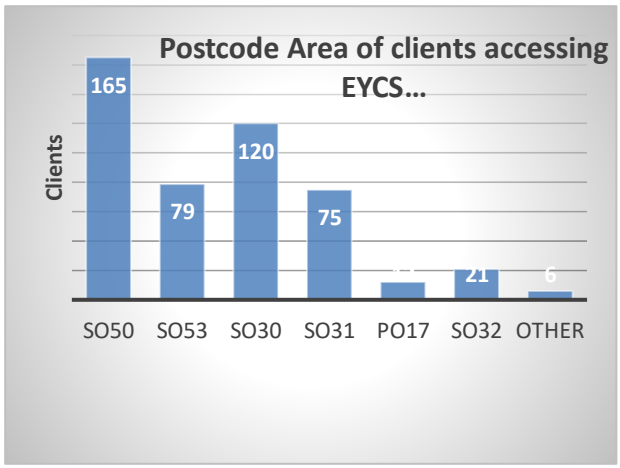
Statistics over the past few years show a consistent demand on our counselling service especially during these surreal times – in order to cope with demand EYCS have implemented more counselling sessions at our venues to ease pressure on our waiting lists. Continuation of the number of sessions being currently offered depends on future funding.

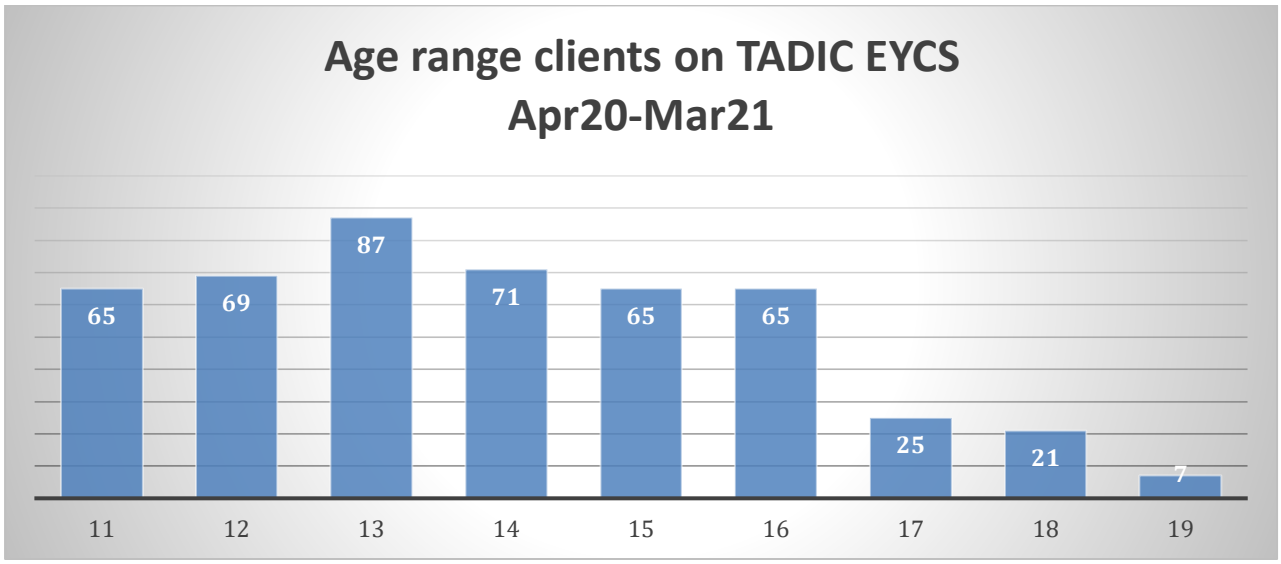
The following statistical information represents numbers of young people who have accessed our counselling service over the past 8 years – despite Covid pandemic and restrictions, EYCS counselling service and counsellors have worked hard to adapt, ensuring that young people were able to access the counselling service during this surreal time as the graph below illustrates. Since April 2021 demand for the service has increased significantly:



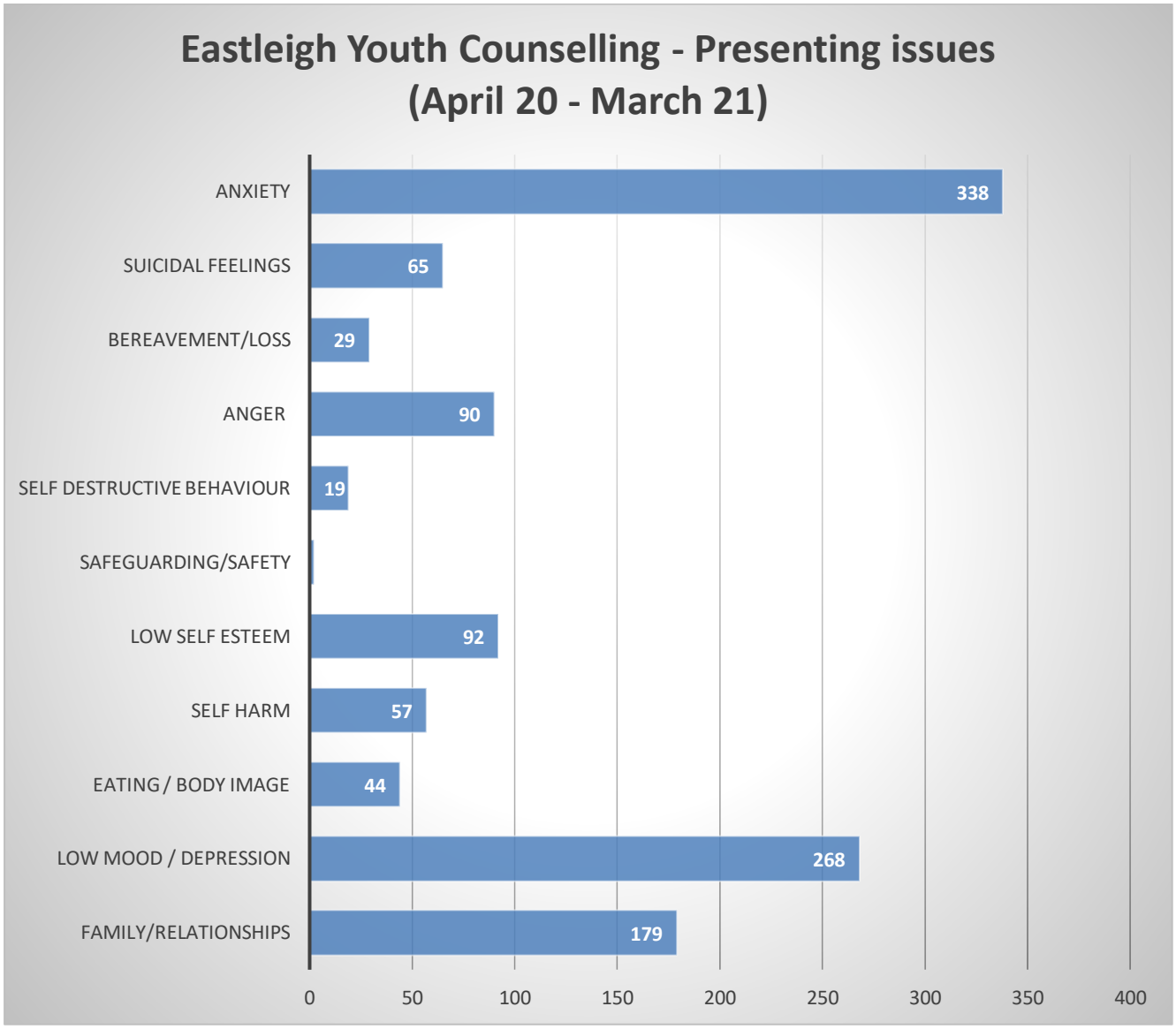
The following Graphs show clientele gender, postcode and age range who accessed the service during Apr20-Mar21



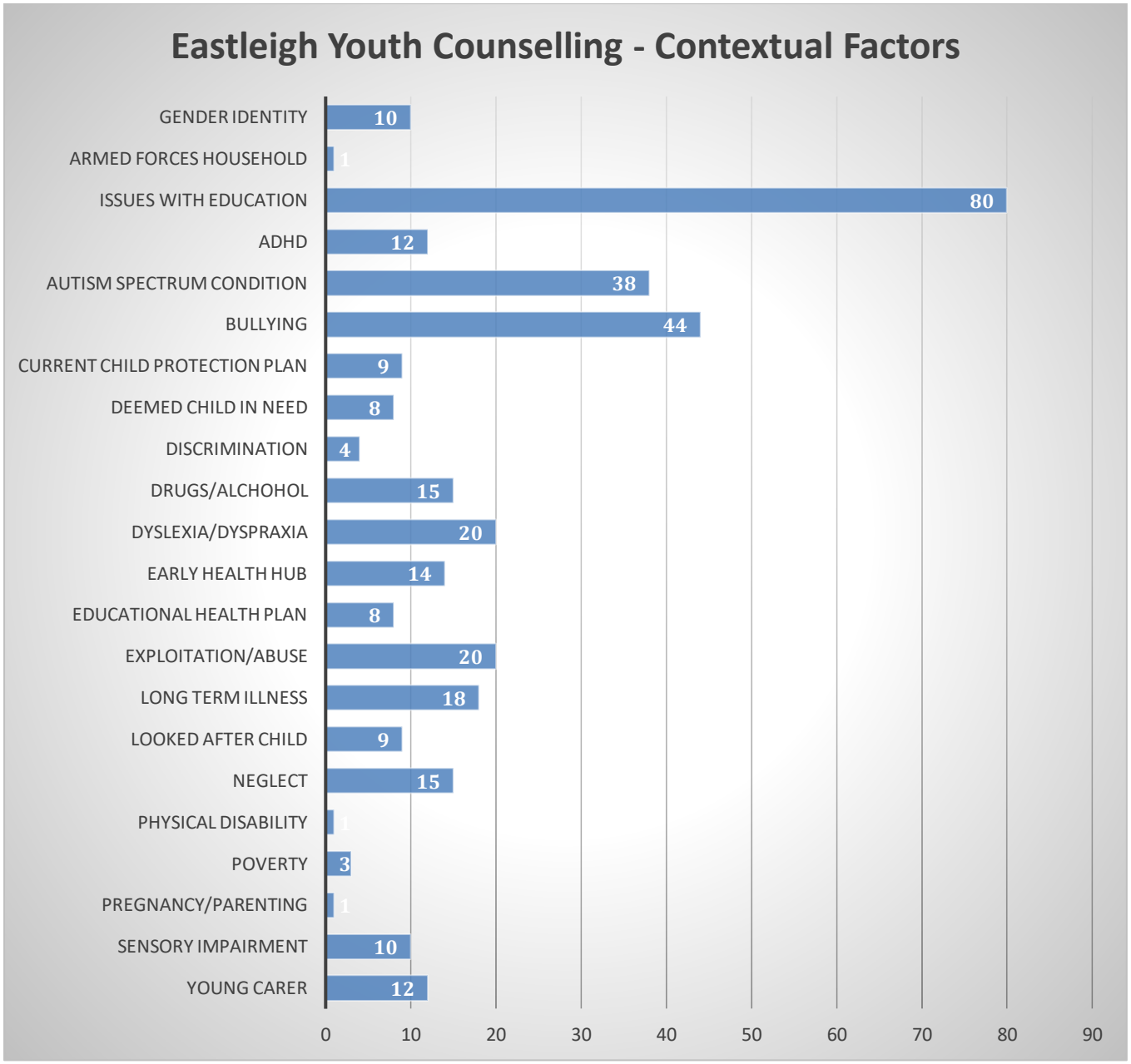




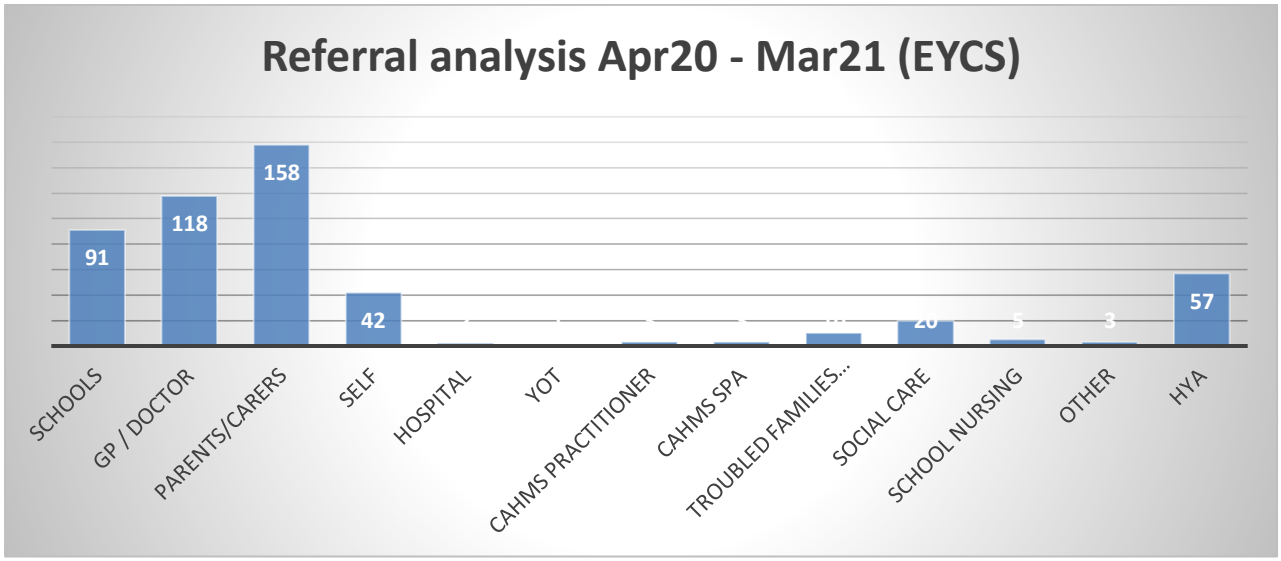
Presenting issues of young people accessing our counselling service. The graph below highlights 'Anxiety' as the highest presenting issue, other prevalent issues are Depression/Low mood and Family/Relationship issues (many issues were relevant to Covid pandemic).



Relevant Contextual Factors of EYCS counselling clients :



EYCS accept self referrals as well as from Agencies – below is a breakdown analysis of referral types: Graph below highlights that EYCS receive a high number of referrals from Parents, – referrals by Schools and GP's also show a high percentage – this highlights EYCS good relationship with our local schools and awareness of our service.

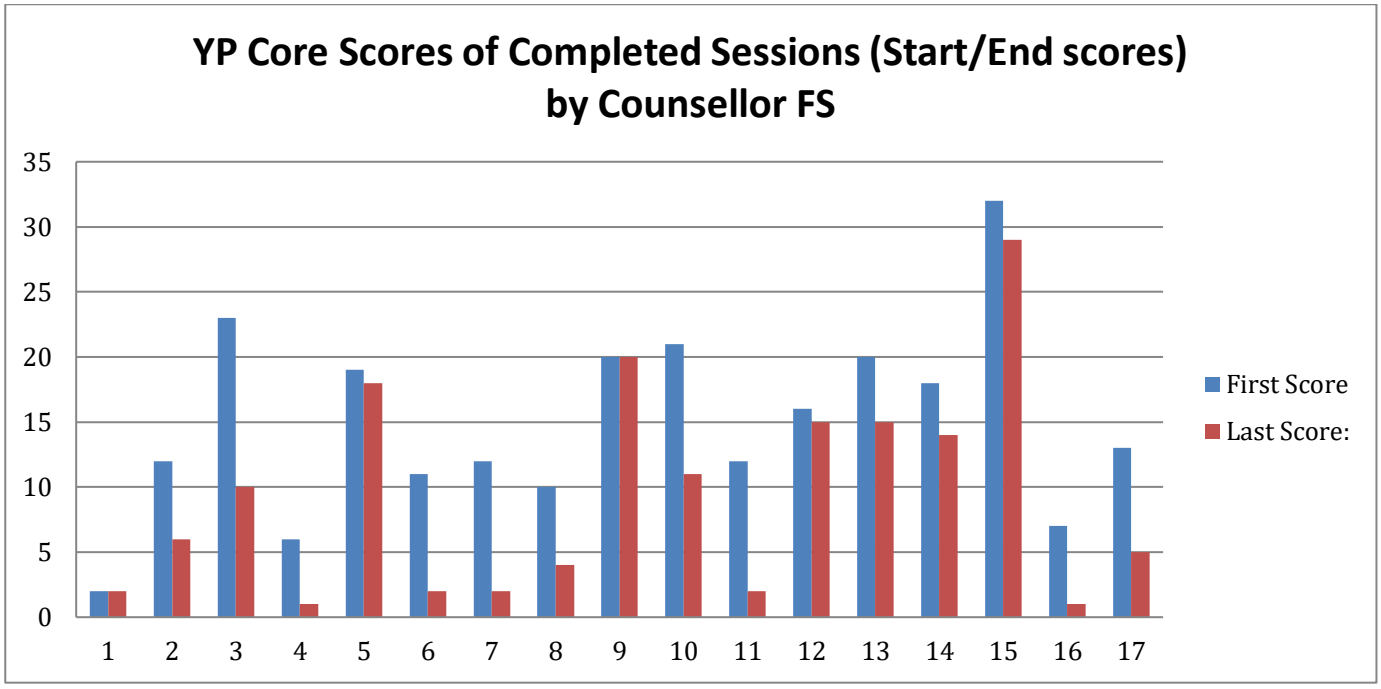


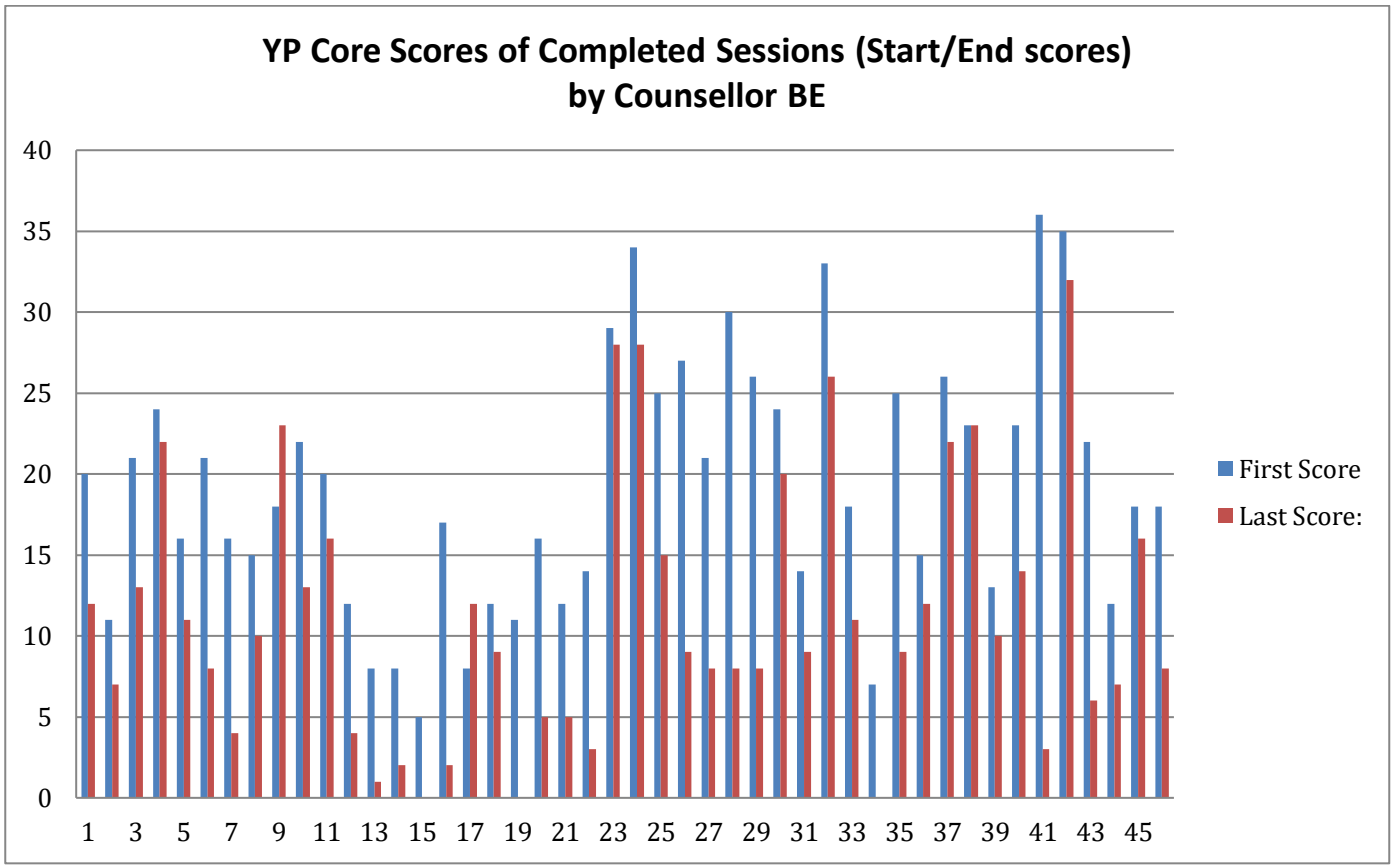
Outcomes from counselling:
All EYCS counselling clients are scored using the YP Core method, whereby scores reflect on Emotional/Mental health EG (0-10 is Healthy/low moderate, 11-24 moderate/moderate severe and over 25 is considered severe).

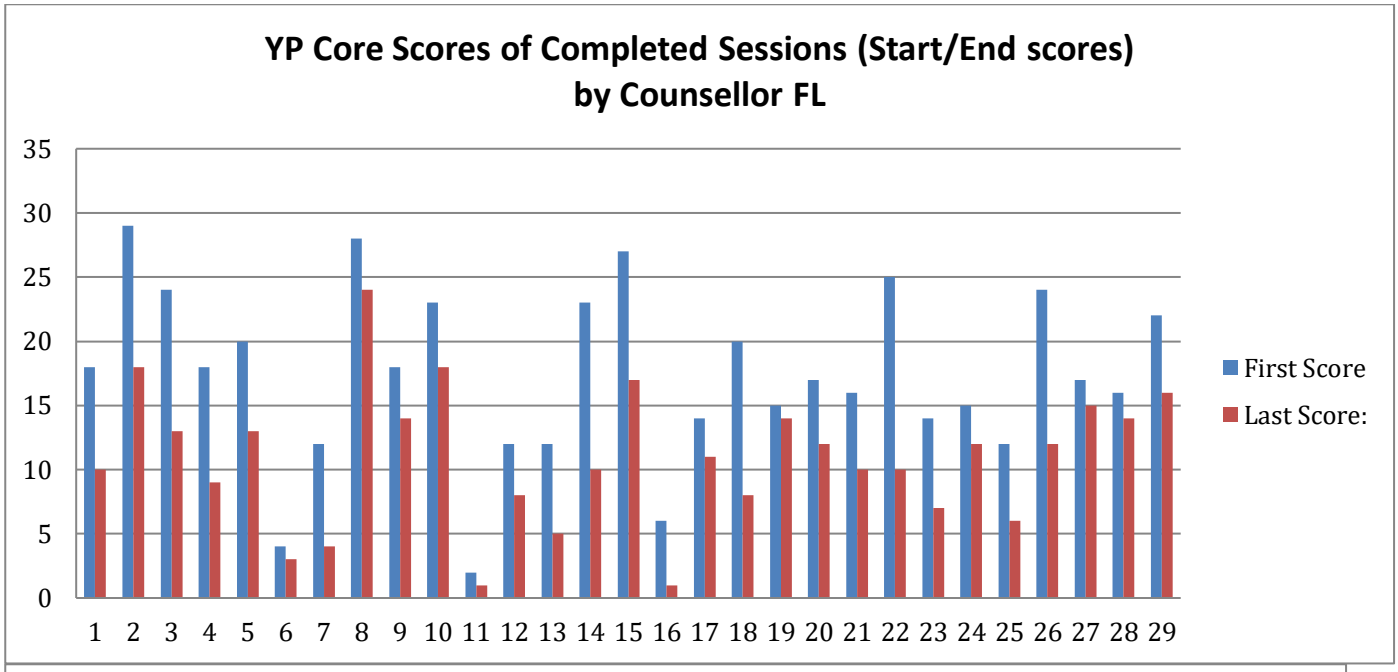
Clients are also offered an evaluation feedback sheet for completion at the end of their therapy which are anonymous and handed back to the Admin team for monitoring. Feedback received from clients are all recorded and available on request. Any suggestions are noted and actioned where appropriate.

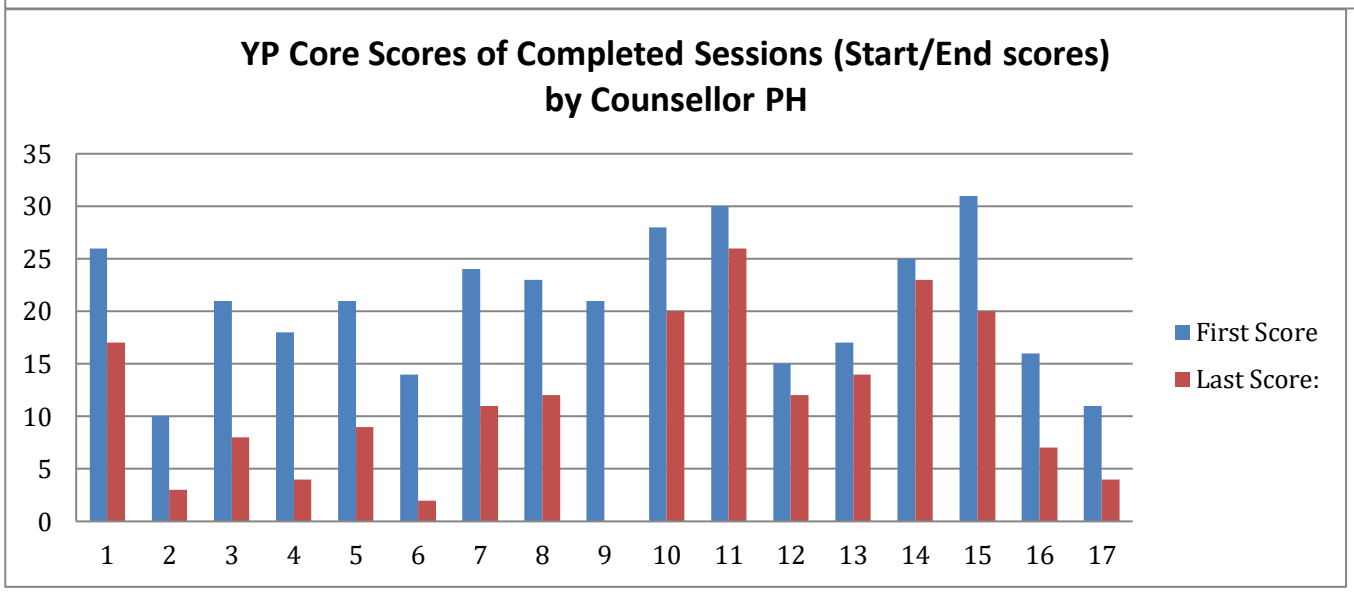
Please see on following page a statistical chart highlighting YP core scores taken from completed sessions during the year. Over 90% of scores taken from clients who completed their therapy (start to exit interview) evidence improvement in their overall Mental/Emotional health.

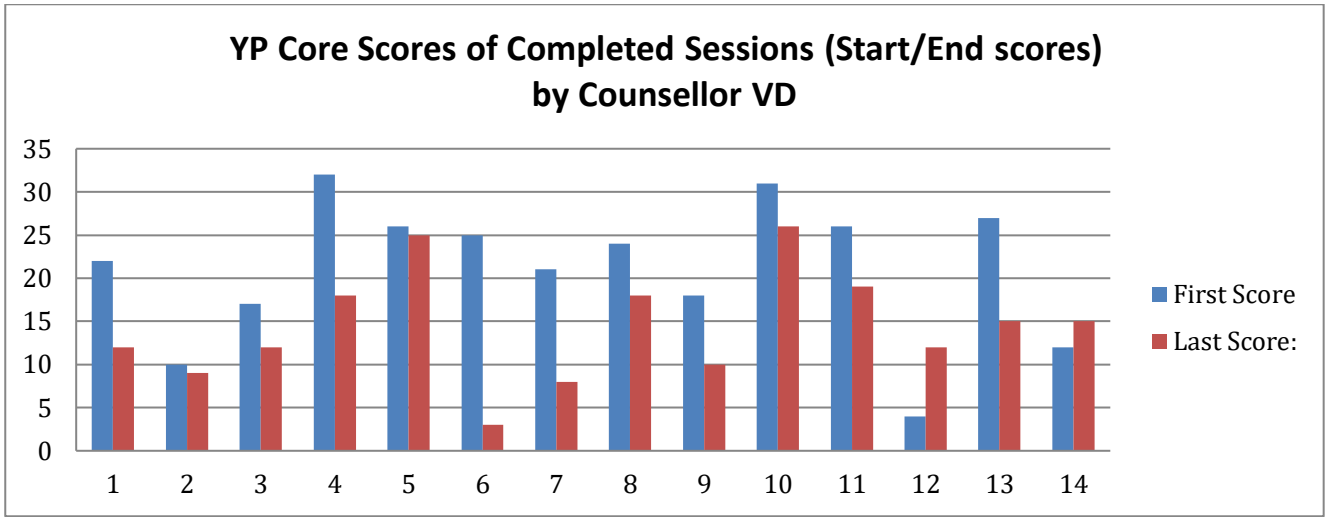
The charts below show First score taken at the First counselling session then a Last score taken at the ending/exit session by some of our counsellors (more can be made available upon request). The aim is to lower the YP Core score by the end session.

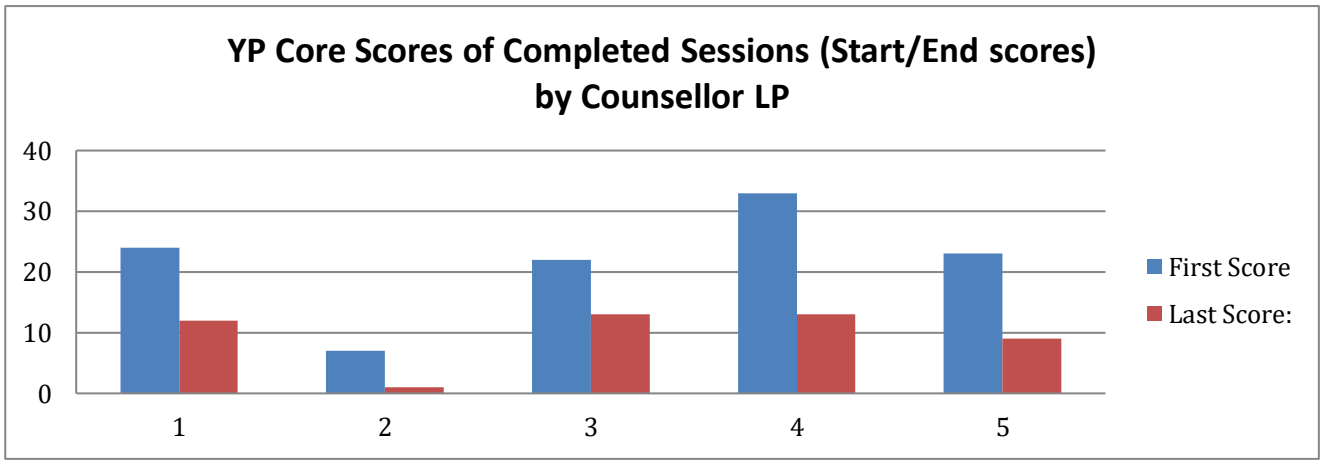

YP Core Scores of Completed Sessions (Start/End scores) by Counsellor FS
35
30
25
20
15
10
5
0
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores) by Counsellor BE
40
35
30
25
20
15
10
5
0
1 3 5 7 9 11 13 15 17 19 21 23 25 27 29 31 33 35 37 39 41 43 45
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores)
by Counsellor FL
35
30
25
20
15
10
5
0
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores)
by Counsellor PH
35
30
25
20
15
10
5
0
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores) by Counsellor VD
35
30
25
20
15
10
5
0
1
2
3
4
5
6
7
8
9
10
11
12
13
14
First Score
Last Score:


YP Core Scores of Completed Sessions (Start/End scores) by Counsellor LP
40
30
20
10
0
1
2
3
4
5
First Score
Last Score:

Digitally Signed Document

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Name:	Brian Jugg
Email:	brian.j.lugg@gmail.com
Date & Time:	22/06/2021 13:54:36 (BST)
IP Address:	109.156.201.60
Signing Statement:	Young People's Wellbeing Service Ltd. confirms that the information is correct and complete to the best of their knowledge and belief.

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REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2021

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements
for the Year Ended 31 March 2021

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander
B J Lugg Chartered Accountant
Dr H L Yates General Practictioner
C Kearsley Retired C & SH Nurse

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....
B J Lugg - Trustee

Independent Examiner's Report to the Trustees of Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	15,870	49,731	65,601	58,251
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	17,500
Wildern School		1,500	-	1,500	1,600
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	7,900
The Hamble School		-	-	-	100
Eastleigh Southern Parishes Network Ltd		7,403	-	7,403	-
Investment income	3	73	-	73	242
Other income		1,358	-	1,358	-
Total		52,704	49,731	102,435	91,093
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		43,968	43,080	87,048	88,121
Donated Services		10,000	1,500	11,500	11,500
Total		53,968	44,580	98,548	99,621
NET INCOME/(EXPENDITURE)		(1,264)	5,151	3,887	(8,528)
RECONCILIATION OF FUNDS					
Total funds brought forward		56,797	2,675	59,472	68,000
TOTAL FUNDS CARRIED FORWARD		55,533	7,826	63,359	59,472

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	324	-	324	588
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	1,793	13,500	15,293	10,728
Cash at bank		53,888	-	53,888	55,428
		55,781	13,500	69,281	66,256
CREDITORS					
Amounts falling due within one year	13	(573)	(5,673)	(6,246)	(7,372)
NET CURRENT ASSETS		55,208	7,827	63,035	58,884
TOTAL ASSETS LESS CURRENT LIABILITIES		55,532	7,827	63,359	59,472
NET ASSETS		55,532	7,827	63,359	59,472
FUNDS	14				
Unrestricted funds				55,532	56,797
Restricted funds				7,827	2,675
TOTAL FUNDS				63,359	59,472

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
B J Lugg - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	25% on cost
Computer equipment	-	33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	5,869	2,538
Grants	48,232	44,213
Donated services and facilities	11,500	11,500
	65,601	58,251

Grants received, included in the above, are as follows:

	2021	2020
	£	£
No Limits (South) Limited - CCG Counselling Services	44,940	37,030
Eastleigh Borough Council - Counselling	-	600
The Big Lottery Fund	3,292	6,583
	48,232	44,213

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	73	242

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Service Level Agreement	Solent NHS Trust	15,500	17,500
Service Level Agreement	Wildern School	1,500	1,500
Education Session	Wildern School	-	100
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	7,900
Education Session	The Hamble School	-	100
Counselling Triage Services	Eastleigh Southern Parishes Network Ltd	7,403	-
		35,403	32,600

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	87,048
Donated Services	11,500
	98,548

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	314	483

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

8. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	35,296	38,902
Other pension costs	277	169
	35,573	39,071

The average monthly number of employees during the year was as follows:

	2021	2020
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

No employees received emoluments in excess of £60,000.

continued...

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	12,636	45,615	58,251
Charitable activities			
Solent NHS Trust	17,500	-	17,500
Wildern School	1,600	-	1,600
Hedge End Town Council	5,500	-	5,500
Eastleigh Borough Council (Tadic/Hype)	7,900	-	7,900
The Hamble School	100	-	100
Investment income	242	-	242
Total	45,478	45,615	91,093
EXPENDITURE ON			
Charitable activities			
Charitable Activities	40,200	47,921	88,121
Donated Services	10,000	1,500	11,500
Total	50,200	49,421	99,621
NET INCOME/(EXPENDITURE)	(4,722)	(3,806)	(8,528)
RECONCILIATION OF FUNDS			
Total funds brought forward	61,519	6,481	68,000
TOTAL FUNDS CARRIED FORWARD	56,797	2,675	59,472

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Totals
	£	£	£
COST			
At 1 April 2020	2,722	3,051	5,773
Additions	-	50	50
At 31 March 2021	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2020	2,722	2,463	5,185
Charge for year	-	314	314
At 31 March 2021	2,722	2,777	5,499
NET BOOK VALUE			
At 31 March 2021	-	324	324
At 31 March 2020	-	588	588

11. STOCKS

	2021	2020
	£	£
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	13,500	9,258
Prepayments	1,793	1,470
	15,293	10,728

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	5,674	3,291
Social security and other taxes	-	237
Other creditors	72	52
Accruals and deferred income	-	3,292
Accrued expenses	500	500
	6,246	7,372

14. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
UNRESTRICTED	56,797	(1,265)	55,532
Restricted funds			
RESTRICTED	2,675	5,152	7,827
TOTAL FUNDS	59,472	3,887	63,359

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	52,704	(53,969)	(1,265)
Restricted funds			
RESTRICTED	49,731	(44,579)	5,152
TOTAL FUNDS	102,435	(98,548)	3,887

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19	Net movement in funds	At 31.3.20
	£	£	£
Unrestricted funds			
UNRESTRICTED	61,519	(4,722)	56,797
Restricted funds			
RESTRICTED	6,481	(3,806)	2,675
TOTAL FUNDS	68,000	(8,528)	59,472

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	45,478	(50,200)	(4,722)
Restricted funds			
RESTRICTED	45,615	(49,421)	(3,806)
TOTAL FUNDS	91,093	(99,621)	(8,528)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
UNRESTRICTED	61,519	(5,987)	55,532
Restricted funds			
RESTRICTED	6,481	1,346	7,827
TOTAL FUNDS	68,000	(4,641)	63,359

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	98,182	(104,169)	(5,987)
Restricted funds			
RESTRICTED	95,346	(94,000)	1,346
TOTAL FUNDS	193,528	(198,169)	(4,641)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,869	2,538
Grants	48,232	44,213
Donated services and facilities	11,500	11,500
	65,601	58,251
Investment income		
Deposit account interest	73	242
Charitable activities		
Service Level Agreement	28,000	32,400
Education Session	-	200
Counselling Triage Services	7,403	-
	35,403	32,600
Other income		
Furlough Payments	1,358	-
Total incoming resources	102,435	91,093
EXPENDITURE		
Support costs		
Finance		
Bank charges	156	153
Other		
Wages	35,296	38,902
Employer Pension Contbns	277	169
Rent - Donated services	11,500	11,500
Insurance	2,547	1,135
Computer equip and consumables	523	559
Telephone	147	168
Postage and stationery	135	104
Sundries	249	267
Independent examiners fee	500	500
Counsellor Indemnity Insurance	203	240
Payroll Support	149	125
Carried forward	51,526	53,669

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021	2020
	£	£
Other		
Brought forward	51,526	53,669
Rent	216	707
Website	144	123
DBS checks	258	-
Training	321	581
Subsistence	-	6
Invoiced services	37,905	34,956
Counsellor Room hire	5,682	5,283
Counsellor Supervision fees	2,026	2,091
Promotional and Marketing	-	169
Education consultancy fees	-	1,400
Computer equipment	314	483
	98,392	99,468
Total resources expended	98,548	99,621
Net income/(expenditure)	3,887	(8,528)

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Name:	Brian Jugg
Email:	brian.j.lugg@gmail.com
Date & Time:	22/06/2021 13:54:36 (BST)
IP Address:	109.156.201.60
Signing Statement:	Young People's Wellbeing Service Ltd. confirms that the information is correct and complete to the best of their knowledge and belief.

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REGISTERED COMPANY NUMBER: 03975948 (England and Wales)
REGISTERED CHARITY NUMBER: 1125891

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2021

for

Young People's Wellbeing Service Ltd.

Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Young People's Wellbeing Service Ltd.

Contents of the Financial Statements
for the Year Ended 31 March 2021

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Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

Young People's Wellbeing Service Ltd.

Report of the Trustees
for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03975948 (England and Wales)

Registered Charity number

1125891

Registered office

28 Lower Northam Road
Hedge End
SOUTHAMPTON
Hampshire
SO30 4FQ

Trustees

Reverend J E L Alexander
B J Lugg Chartered Accountant
Dr H L Yates General Practictioner
C Kearsley Retired C & SH Nurse

Independent Examiner

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....
B J Lugg - Trustee

Independent Examiner's Report to the Trustees of Young People's Wellbeing Service Ltd.

Independent examiner's report to the trustees of Young People's Wellbeing Service Ltd. ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Gaete
ACCA
Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Date: .....

Young People's Wellbeing Service Ltd.

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	15,870	49,731	65,601	58,251
Charitable activities	4				
Solent NHS Trust		15,500	-	15,500	17,500
Wildern School		1,500	-	1,500	1,600
Hedge End Town Council		5,500	-	5,500	5,500
Eastleigh Borough Council (Tadic/Hype)		5,500	-	5,500	7,900
The Hamble School		-	-	-	100
Eastleigh Southern Parishes Network Ltd		7,403	-	7,403	-
Investment income	3	73	-	73	242
Other income		1,358	-	1,358	-
Total		52,704	49,731	102,435	91,093
EXPENDITURE ON					
Charitable activities	5				
Charitable Activities		43,968	43,080	87,048	88,121
Donated Services		10,000	1,500	11,500	11,500
Total		53,968	44,580	98,548	99,621
NET INCOME/(EXPENDITURE)		(1,264)	5,151	3,887	(8,528)
RECONCILIATION OF FUNDS					
Total funds brought forward		56,797	2,675	59,472	68,000
TOTAL FUNDS CARRIED FORWARD		55,533	7,826	63,359	59,472

The notes form part of these financial statements

Young People's Wellbeing Service Ltd.

Balance Sheet
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	324	-	324	588
CURRENT ASSETS					
Stocks	11	100	-	100	100
Debtors	12	1,793	13,500	15,293	10,728
Cash at bank		53,888	-	53,888	55,428
		55,781	13,500	69,281	66,256
CREDITORS					
Amounts falling due within one year	13	(573)	(5,673)	(6,246)	(7,372)
NET CURRENT ASSETS		55,208	7,827	63,035	58,884
TOTAL ASSETS LESS CURRENT LIABILITIES		55,532	7,827	63,359	59,472
NET ASSETS		55,532	7,827	63,359	59,472
FUNDS	14				
Unrestricted funds				55,532	56,797
Restricted funds				7,827	2,675
TOTAL FUNDS				63,359	59,472

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
B J Lugg - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	25% on cost
Computer equipment	-	33% on cost

Stocks
A minimal level of medical supplies are held as stock. The medical supplies are donated and the value has been estimated based on current market value.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services
Premises are regularly provided free of charge and below commercial rates. These donated services have been valued in the accounts at commercial rates.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
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Grants	48,232	44,213
Donated services and facilities	11,500	11,500
	65,601	58,251

Grants received, included in the above, are as follows:

	2021	2020
	£	£
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Eastleigh Borough Council - Counselling	-	600
The Big Lottery Fund	3,292	6,583
	48,232	44,213

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	73	242

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Service Level Agreement	Solent NHS Trust	15,500	17,500
Service Level Agreement	Wildern School	1,500	1,500
Education Session	Wildern School	-	100
Service Level Agreement	Hedge End Town Council	5,500	5,500
Service Level Agreement	Eastleigh Borough Council (Tadic/Hype)	5,500	7,900
Education Session	The Hamble School	-	100
Counselling Triage Services	Eastleigh Southern Parishes Network Ltd	7,403	-
		35,403	32,600

continued...

5. CHARITABLE ACTIVITIES COSTS

	Support costs
	£
Charitable Activities	87,048
Donated Services	11,500
	98,548

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	314	483

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

8. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	35,296	38,902
Other pension costs	277	169
	35,573	39,071

The average monthly number of employees during the year was as follows:

	2021	2020
Nurses and medical staff	5	5
Administrative staff	4	4
	9	9

No employees received emoluments in excess of £60,000.

continued...

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	12,636	45,615	58,251
Charitable activities			
Solent NHS Trust	17,500	-	17,500
Wildern School	1,600	-	1,600
Hedge End Town Council	5,500	-	5,500
Eastleigh Borough Council (Tadic/Hype)	7,900	-	7,900
The Hamble School	100	-	100
Investment income	242	-	242
Total	45,478	45,615	91,093
EXPENDITURE ON			
Charitable activities			
Charitable Activities	40,200	47,921	88,121
Donated Services	10,000	1,500	11,500
Total	50,200	49,421	99,621
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RECONCILIATION OF FUNDS			
Total funds brought forward	61,519	6,481	68,000
TOTAL FUNDS CARRIED FORWARD	56,797	2,675	59,472

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Totals
	£	£	£
COST			
At 1 April 2020	2,722	3,051	5,773
Additions	-	50	50
At 31 March 2021	2,722	3,101	5,823
DEPRECIATION			
At 1 April 2020	2,722	2,463	5,185
Charge for year	-	314	314
At 31 March 2021	2,722	2,777	5,499
NET BOOK VALUE			
At 31 March 2021	-	324	324
At 31 March 2020	-	588	588

11. STOCKS

	2021	2020
	£	£
Stocks	100	100

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	13,500	9,258
Prepayments	1,793	1,470
	15,293	10,728

continued...

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	2021	2020
	£	£
Trade creditors	5,674	3,291
Social security and other taxes	-	237
Other creditors	72	52
Accruals and deferred income	-	3,292
Accrued expenses	500	500
	6,246	7,372

14. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
UNRESTRICTED	56,797	(1,265)	55,532
Restricted funds			
RESTRICTED	2,675	5,152	7,827
TOTAL FUNDS	59,472	3,887	63,359

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	52,704	(53,969)	(1,265)
Restricted funds			
RESTRICTED	49,731	(44,579)	5,152
TOTAL FUNDS	102,435	(98,548)	3,887

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19	Net movement in funds	At 31.3.20
	£	£	£
Unrestricted funds			
UNRESTRICTED	61,519	(4,722)	56,797
Restricted funds			
RESTRICTED	6,481	(3,806)	2,675
TOTAL FUNDS	68,000	(8,528)	59,472

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	45,478	(50,200)	(4,722)
Restricted funds			
RESTRICTED	45,615	(49,421)	(3,806)
TOTAL FUNDS	91,093	(99,621)	(8,528)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
UNRESTRICTED	61,519	(5,987)	55,532
Restricted funds			
RESTRICTED	6,481	1,346	7,827
TOTAL FUNDS	68,000	(4,641)	63,359

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
UNRESTRICTED	98,182	(104,169)	(5,987)
Restricted funds			
RESTRICTED	95,346	(94,000)	1,346
TOTAL FUNDS	193,528	(198,169)	(4,641)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,869	2,538
Grants	48,232	44,213
Donated services and facilities	11,500	11,500
	65,601	58,251
Investment income		
Deposit account interest	73	242
Charitable activities		
Service Level Agreement	28,000	32,400
Education Session	-	200
Counselling Triage Services	7,403	-
	35,403	32,600
Other income		
Furlough Payments	1,358	-
Total incoming resources	102,435	91,093
EXPENDITURE		
Support costs		
Finance		
Bank charges	156	153
Other		
Wages	35,296	38,902
Employer Pension Contbns	277	169
Rent - Donated services	11,500	11,500
Insurance	2,547	1,135
Computer equip and consumables	523	559
Telephone	147	168
Postage and stationery	135	104
Sundries	249	267
Independent examiners fee	500	500
Counsellor Indemnity Insurance	203	240
Payroll Support	149	125
Carried forward	51,526	53,669

Young People's Wellbeing Service Ltd.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2021

	2021	2020
	£	£
Other		
Brought forward	51,526	53,669
Rent	216	707
Website	144	123
DBS checks	258	-
Training	321	581
Subsistence	-	6
Invoiced services	37,905	34,956
Counsellor Room hire	5,682	5,283
Counsellor Supervision fees	2,026	2,091
Promotional and Marketing	-	169
Education consultancy fees	-	1,400
Computer equipment	314	483
	98,392	99,468
Total resources expended	98,548	99,621
Net income/(expenditure)	3,887	(8,528)