

# Superkidz Community Trust

Registered charity number 1125720

Company Limited by Guarantee No 6639454



Annual Report and Financial Statements  
for the year ended 31 December 2022

**SUPERKIDZ COMMUNITY TRUST**  
***Annual Report and Accounts Year Ended 31 December 2022***

TRUSTEES REPORT YEAR ENDED 31 DECEMBER 2022

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the unaudited Financial Statements (independently examined by Swaleside Accountancy Ltd, Chartered Accountants) of the charity for the year ended 31 December 2022

### **Mission**

We support and empower deprived communities through persevering loving care. Superkidz helps to maximise the potential and well-being of children, young people and families in the most deprived areas of the London Borough of Greenwich, restoring their innate human **resilience** and resourcefulness which enables them to become agents of change and to break the cycle of intergenerational poverty in their own communities.

### **Objectives**

When planning our activities for the year, the trustees consider the most deprived estates in the locality and the range of children, young people and families from backgrounds of multiple disadvantage and seek to empower them and involve them in providing a broad range of individual and community social education activities and programmes aimed at maximising potential and positive outcomes, supporting vulnerable carers in good parenting, encouraging positive attitudes and fostering self-esteem in children and young people, preventing them from engaging in crime, drug use and negative lifestyles, and intervening with those who are already entangled in the latter.

### **Aim**

Superkidz' primary aim is to work in and with deprived communities to disrupt cycles of low educational attainment, family dysfunction, violence, criminality, psychological damage, and poverty. We do this by a combination of crisis prevention and intervention in the lives of children and young people and by working with carers. Our methods are informed by psychological and sociological expertise. We support members of those communities to see their gifts and use them to bring about transformation in their own neighbourhoods and beyond. The exchange of expertise is mutual: we train and empower local carers and young adults in various skills, employ them as workers and receive training from them in the best ways of running activities and growing their communities' strengths, and in how to help the most vulnerable children, young people and carers. These include those previously recruited into crime, drug dealing and county lines, former drug addicts and victims of domestic abuse and violence. For example, one of our youth mentors is a local ex-young offender with whom we worked for 12 years, including visiting consistently in prison. He is a qualified fitness instructor and provides training and mentoring to young people involved with drug gangs or at risk of engaging in criminal activity from

their own perspective, and has enabled other young offenders to turn a corner and become youth support workers.

## **Profile**

Superkidz is a Christian foundation employing and serving people from deprived communities of any faith or none based in the London Borough of Greenwich. Our workforce has lived experience and first-hand knowledge of the issues on deprived estates. For example a number have overcome severe Adverse Childhood Experiences, drug gang membership, debt, domestic violence and drug addiction.

We have a core value of persevering loving care and unconditional positive regard, proven as a means to overcoming psychological scars and side effects like low self-esteem, learned helplessness and anxiety and depression. Young people who have experienced cruelty and neglect tend to view the world through a distorting lens that sees people as hostile and themselves in a distorting mirror that makes them feel worthless, useless and without hope. Our approach is proven to change both of these perceptions.

We specialise in work with young offenders, those who struggle with drugs and young people who have been victims of Adverse Childhood Experiences and who are vulnerable to being victims of recruitment into drug gangs or are already trapped in drug delivery work. We also address sexual responsibility with them. Vulnerable girls are an important focus. Helping them is also a way of preventing them from becoming victims of sexual exploitation, unplanned pregnancy and toxic relationships that sadly affect the next generation. Sadly, we are also having to address a significant rise in young people between the ages of 16 and 25 experiencing homelessness or at risk of homelessness.

Led by members of our local deprived communities, we have developed a management model that enables disadvantaged adults and young people to see their own potential, and become paid leaders and workers who shape Superkidz as an organisation, and who transform their own communities from within. We have used our training and experience to develop a model that enables us to work with the most damaged children and young people and to train other organisations in our methods. This model tackles low self-esteem, aspirational deficits and psychological issues that lead to low performance at school and relational and behavioural problems both in and out of school. Our mentoring promotes long term engagement with education, training and employment. It teaches children and young people to relate successfully within wider society. The model works for both crisis prevention and intervention and is enabling those we work with to act as positive role models within their community.

## **The Need**

### **Poverty**

**The Mayor of London's Report 2021 states that 40% of children in Greenwich are living below the poverty line.** CPAG states that London had a child poverty rate in 2021 of 41.5% , the highest in the UK. Greenwich has a poverty rate of 24 AHC and is the 4<sup>th</sup> worst London borough for in-work poverty. It is the 50th most deprived Local Authority in England (ranked out of 326 authorities) placing the borough district in the top 20% most deprived authorities. There are 151 LSOAs within Greenwich. There are 3 that fall within the 10% most deprived neighbourhoods and 38 in the 20% most deprived neighbourhoods in England. In terms of deprivation for children, the Indices of Deprivation Affecting Children Index (IDACI) shows there are 18 areas that are in the 10% most deprived areas and 52 that are in the 20% most deprived areas in England. (*Royal Borough of Greenwich 2020*). In London 53% of single parent households are living in poverty (after housing costs). On average 71% of Superkidz beneficiaries come from single parent households. Out of 32 London boroughs Greenwich ranks 3<sup>rd</sup> for home repossessions. (London's Poverty Profile. Trust for London 2022).

### **Education**

Trust for London's latest report puts Greenwich in the bottom 7 London boroughs for educational attainment. Students in Greenwich have one of the worst GCSE attainments in London, with 70.8% of students in the borough achieving grades 9-4 (equivalent to A\*-C under the old system) in English and Maths at GCSE compared to 75.6% across the whole of the capital. Greenwich also has the highest proportion of 19-year-olds without level 3 qualifications at 38.7%, compared with the average of only 24.4% across boroughs. (*Trust for London 2022*)

### **Mortality**

Greenwich has some of the highest infant mortality and premature mortality rates in all of London. 376 deaths in people below 75 years of age were recorded per 100,000 population; infant mortality rate, at 4.5 per 1,000 births, is the second highest in all of London, where the average is 3.4 deaths per 1,000 births. (*Trust for London 2022*)

### **Illegal Drugs**

More than half a million doses of pure cocaine are consumed in London on average each day. Research by King's College London found that the average daily amount of pure cocaine being consumed in London was 23kg - more than Europe's next three biggest cocaine-consuming cities combined; Barcelona (12.74kg), Amsterdam (4.62kg) and Berlin (4.62kg). (Kings College London). It means London's annual pure cocaine use now equates to more than eight tonnes which has an estimated street value of more than £1bn. (*King's College 2019*). Greenwich is in the worst 30 local authorities nationally (out of 340 local authorities) for illegal drug deaths.

Our experience is that the long-term effects of Adverse Childhood Experiences (ACES) often leads to self-medication for anxiety and depression through illegal drugs,

typically cannabis for anxiety and cocaine for depression. For carers, the cost of these further reduces available family income. The demand leads to a lucrative drugs economy where dealers recruit local boys as young as 12 to deliver drugs and their poverty makes them additionally vulnerable to being recruited. Our young offender group primarily targets these boys, who are also users.

### **Under 18 Pregnancy**

Greenwich Council's 2020 report on teen pregnancy says that for many teenagers bringing up a child is extremely difficult and often results in poor outcomes for both the teenage parent and the child, in terms of the baby's health, the mother's emotional health and wellbeing and the likelihood of both the parent and child living in long-term poverty. Teenage mothers are less likely to finish their education, are more likely to bring up their child alone and have a higher risk of poor mental health than older mothers. The children of teenage mothers have an increased risk of living in poverty and poor-quality housing and are more likely to have accidents and behavioural problems.

Infant mortality rates for babies born to teenage mothers are around 60% higher than for babies born to older mothers.

Risk factors for becoming a teenage parent include:

- poverty
- being a child in care
- children of teenage mothers
- low educational attainment
- truancy or exclusion from school
- 16-17 year olds not being in education, employment or training
- being a victim of sexual abuse
- mental health problems and involvement in crime.

The latest statistics indicate that under 18 pregnancies in the Borough currently vary year on year between 19 to 25 pregnancies per 1000. Superkidz has a group targeting vulnerable girls and helps carers who have been through the experience of teen pregnancy. We estimate that 74% of the children we served in 2022 were originally born to teenage mothers.

### **Domestic Violence**

In 2022 out of 21 Superkidz Local Workers and Leaders 14 were domestic violence survivors, (Superkidz providing them with a sheltered introduction to employment). Greenwich Domestic Violence and Abuse Services reports that the number of domestic abuse crimes recorded by the police in England and Wales in the year ending March 2021 increased by 6%; from 798,607 in the year ending March 2020 to 845,734. In the year ending March 2021, the number of people supported by the National Domestic Abuse Helpline, run by the charity Refuge, in England increased by 22% to 49,756 compared with 40,859 in the year ending March 2020. The Crime Survey for England and Wales (CSEW) found that an estimated 2.3 million adults aged 16 to 74 years experienced domestic abuse in the year ending March 2020 representing a prevalence rate of approximately 5 in 100 adults.

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Of domestic abuse cases 73.1% were against women and 26.9% were against men. (Office for National Statistics, November 2021) (*Greenwich Domestic Violence and Abuse Services*)

### **Teenage Violence**

Most Serious Violence (MSV) rates in London have the highest numbers of both perpetrators and victims among males in the age range 15-19, a group targeted by our work with young offenders. (*Understanding Serious Youth Violence in London GLA 2021*)

## **Activities & Achievements 2022**

### **Performance in 2022**

Superkidz Community Trust continues to work with all ages from preschoolers to teenagers plus their carers from communities in the poorest 5-8% nationally. In 2022 we reached 509 toddlers, children, young people and carers face to face and 1565 online. This compares with 422 face to face and 1109 online beneficiaries in 2021 and represents a significant recovery from the pandemic.

We ran:-

- 2 Stay n Play Carers' and Toddlers' clubs
- 2 Children's and Carer's clubs on different estates
- 1 vulnerable girls' group
- 2 school students' Youth Support Groups
- 2 young offenders' Youth Support Groups for young people who take drugs and act as runners for dealers or are at risk of doing so.
- 1 detached youth session in partnership with XLP youth charity to reach young people on Page and neighbouring Brook (also deprived) estates in the Kidbrooke area.
- Individual youth mentoring
- Individual Carer support

We provided Food Bank vouchers and Christmas hampers for families and presents for children donated by churches.

In 2022 we employed 13 adult and 5 junior front-line workers from local communities as well as a fundraiser/administrator. The members of the local community have gained confidence and made use of their own exceptional abilities as Superkidz has empowered them to take the lead in shaping what we do. For some, interrupted education meant their abilities went unrecognized by most employers. We have benefited from their high intelligence, knowledge, imagination and above all their first-hand knowledge of the hardship and needs of the communities we serve.

Dawn, whose children came to Superkidz, became a worker and a leading light. She designed this poster, to reach out to communities hit by the cost of living crisis.



### **Counselling Project**

As stated in the future plans section of our 2021 report, we began an exciting counselling service for Superkidz young people and for students from our local secondary school **Harris Academy Greenwich**. There is a high demand for help with many kinds of anxiety and sometimes depression. These problems have been made worse by the mental side-effects of Covid-19 and its lockdowns. We recruited a very gifted and compassionate counsellor with huge experience and an equally huge kindness and enthusiasm for helping those in need. Her target is to counsel around 50 young people per year over the three years for which we currently have funding.

### **Young Offenders**

We worked with over 60 young people in this group in 2022, many strongly suspected of being involved in drug abuse and drug delivery. We had a narrow escape when another gang arrived in a car during a youth session and jumped out brandishing knives in February. One of our ex-young offenders turned youth support worker quickly realised what was going on and rushed our group into the building, locking the doors behind him. We suspected that this was part of a postcode drug gang war. Two days later a youth was stabbed and died nearby and we strongly suspect the same gang that came in the car was involved. We believe our youth work has prevented our boys from descending to the same level of knife violence.



We have stopped youths from carrying knives, and one of our workers trained in unarmed combat taught self defence and stab wound first aid to both staff and young people. A gang complained that they were mugged at knife point and had phones and money taken off them after listening to us but we know that if both sides had been carrying knives there would have been a deadly knife fight, and we believe that lives are being saved through our relational youth work and the softening of hearts that

resulted. Our Instagram page included presentations against drug abuse, drug dealing and knife carrying.

We ran football sessions at a local football centre and two boys applied for football apprenticeships at professional clubs. Our boxing training led one boy to join a boxing club and another who had been an ABA junior champion to resume training. He is looking for a sponsor to enable him to become a professional.

### **Case Studies**

One of our young offender group members started training to be a plasterer rather than aspiring to be a big player in a local drug gang.

A girl who attended our young offenders' groups with a boyfriend suspected of drug dealing was at risk from an abusive sexual relationship. She left the group and started training to be a nursery teacher.

### Vulnerable Girls

SOS – Sisters Of Success – continued to meet a vital need here, with low self-worth, advertising and social media making girls vulnerable to sexual pressure and early pregnancy. Low self-worth converts all too easily to anxiety and depression, with drugs that are available everywhere becoming a tempting way to deal with them.

Parental addiction and debt ruin the lives of the next generation and we aim to leave the girls with inner strength, self-worth and an attitude of mutual support. Many do not believe in their abilities and lack positive role models. We spend much time fighting this. For example, one of our girls now aspires to be a doctor and another a vet. Both came with significant trauma as a result of childhood experiences. The group includes girls with special needs. One of the techniques used to create an ethos of mutual support is an affirmation journal passed around the whole group weekly with the girls writing affirming comments about one another. The leader of the group is a skilled artist and art for self-expression both relieves stress and creates an opportunity for validating feelings and a very personal affirmation of each girl. The picture was drawn by an SOS member when Universal Credit was cut by £20pw in the Autumn of 2020.



### Secondary School Students

Group and individual mentoring is at the heart of our youth work. One of our successes was a boy who was heading down a self-destructive path of petty crime and truanting because of friction between him and his



stepfather. He became a good table-tennis player at our clubs, with a lot of praise and encouragement from his mentor, and has refocussed on school. The picture shows a worker who is a Superkidz “graduate” engaged in mentoring a youth while playing table tennis. The





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various sports and activities are a vehicle for affirmation and positive relational interaction. Mentoring also takes place around the art and craft table when conversations often turn to issues troubling young people and difficulties both at home and at school can be aired. Homework support is also given. This group also contains young people with a number of special needs.

We have a partnership with London charity XLP who run games equipped buses and supported their detached youth work in a notorious area where drug gangs clash.



**247 young people attended our youth support groups in 2022.**

### **Kids and Carers**

Superkidz supports both children and their carers. In 2022 we worked with a young mum fighting cocaine addiction who has a young boy and baby girl. Her mother looks after the boy, who has special needs, while an aunt will take responsibility for the baby girl. We had a high proportion of children with special needs like ADHD and autism, and our team worked hard to feed, entertain and create a time of fun and happiness for them all. Each session had an attitude-forming “power-phrase”. A recent one was “You’ll only win if you don’t give in – never ever give up.” Children learn these phrases through jungle animal puppet stories where they all work a puppet and speak its part after hearing it read out by the narrator. The animals are all at a jungle primary school. Crunchy the croc is a favourite.



Christmas parties are our biggest event and in 2022 the children loved our staff fancy dress. Thanks to two churches, every child at the two parties received a present and we distributed Christmas hampers to many families in desperate poverty.

The “power phrases” reinforced by interactive animal puppet stories and in colouring sheets were as follows

#### **Term 1**

1. Put your heart into a good start
2. Mistakes help you learn
3. Never give up
4. If at first you don’t succeed
5. Be good to your neighbourhood
6. Be kind when you speak your mind
7. We can all make a difference
8. One planet one family

9. Dare to care
10. Speak for the weak

#### Term 2

1. Don't go with the crowd
2. I can be a good example
3. Stay safe on the streets
4. Mistakes help us learn (2)
5. Never give up (2)
6. Because you are worth it
7. Everyone is important
8. Phone a friend (childline)
9. Remember heroes
10. Fools aren't cool

#### Term 3

1. Choose right
2. Always do your best
3. Bounce back from a setback
4. Need help? Ask for help!
5. Don't let your anger go bang!
6. Being bad will make you sad
7. Look after each other
8. Eat well live well
9. Have fun keep fit
10. Everyone is precious

### **135 children and 68 carers attended Kids' and Carers' support groups in 2022**

#### Stay n Play

Our carers' and toddlers' group was formed on the initiative of 2 local mums in the recognition that early years are crucial in the shaping of a child's character and attitudes, and particularly in developing confidence and curiosity in learning. Carers living in poverty can find parenting a strain, and coming together provides a time to share advice and listen to one another. All three of our current staff have professional training and experience in looking after babies and toddlers.

Thanks to generous donations from local families we have a huge selection of toys that are laid out in different areas by theme and type of play. Carers can seek advice on a wide variety of issues. We have refugees as well as people from our estates. When an estate community centre chose to rent out its hall to a fee-paying nursery, one of our staff had the idea of



creating a nature school on a local allotment. Children can start enjoying the fresh air and planting things and seeing them grow!

**94 children and 54 carers attended Stay n Play in 2022**

### **Training**

We carried out routine training in

- a. Safeguarding x3 sessions
- b. Working with children who have special needs
- c. Working with anxiety sufferers
- d. Working with depression sufferers
- e. Working with addicts
- f. Working with anger problems in young people

Level 3 (LADO level) training in safeguarding was undertaken by 3 workers.

### **FUTURE PLANS**

Assessing the needs of our beneficiaries is an important part of planning for the next year. We use surveys and feedback to help inform those plans. Raising self-esteem is the main priority arising from the surveys. Among the young offender group there is a lot of denial and an appearance of confidence. The lure of selling drugs for dealers remains the most important problem to tackle.

### **Surveys- Youth and Children/Carers**

#### **School Students**

We carried out a youth survey of a sample of 30 young people. There were 10 questions:

1. Superkidz helps me feel more confident about myself and my abilities .
2. Superkidz helps me keep doing the right thing even when it is tough .
3. Superkidz helps me do my best at school or in training or work .
4. Superkidz helps me stay away from crime and gang activities .
5. Superkidz teaches me the negative side of drugs .
6. Superkidz helps me say no to sexual pressure. .
7. Superkidz helps me feel good about being part of British society. .
8. Superkidz has helped me be a team player.
9. Superkidz has helped me with self-discipline and self-control
10. Superkidz helps me set my goals and stick to them.

The scoring as follows:

strongly agree	2
Agree	1
Disagree	-1
strongly disagree	-2
Don't know	0

This allowed a highest score of 20 and a lowest of -20.

**Score for School Student support groups:**13.86 (mean)

highest score for this group: 19

lowest score for this group: 2

Questions 7-10 showed the lowest scores for this group. Some of this (e.g. question 9) may relate to the lockdown. The worst performer was question 7, which may indicate a sense of alienation from mainstream society on the part of marginalized young people.

### **Gang Members**

In terms of gang members, the survey was a good predictor of outcomes: gang members who scored more than 50% ended up in work or training. Those with very low scores all ended up on police lists of drug-dealing suspects. We surveyed a sample of 15

The one exception in the gang member group was a youth who achieved a high score but, with very low self-esteem and difficult home life, the lure of money and status offered by drug selling was overwhelming. Our youth work manual clearly sets out this risk factor. We worked with the police Safer Neighbourhood Team commander on this group and also with the Borough Crime Reduction Unit.

The survey results are summarised as follows.

### **Scores out of 20**

**Score for young offenders/at risk support groups:** 7.53. (mean)

highest score for this group: 15

lowest score for this group: 2

Unsurprisingly, the poorest response was in attitude towards gangs (qn. 4) drugs (qn.5)

### **Survey of Children/Carers**

We surveyed 20 children. Typically in any year between 60% and 70% of the children who attend our “Kids & Carers” support groups have special needs (the commonest being ADHD, with its associated behavioural and educational problems). These add to the adversity created by intergenerational financial and educational disadvantage.

These surveys were child-friendly, using 5 emojis to indicate 5 responses, with the same scores as in the youth survey above:



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strongly agree	2
Agree	1
Disagree	-1
strongly disagree	-2
Don't know	0

Scores are potentially +10 to -10. The 5 sentences to which they respond are: focused on attitudes to self, others, and the challenges of succeeding amidst multifaceted disadvantages.

- a) I Think I am amazing (self-esteem)
- b) I never give up at school
- c) I care about other people
- d) I can say no to bad things
- e) I can be what I want to be

Positive attitudes to all the above are taught in weekly “powerphrases” and associated interactive animal puppet stories.

In practice, because carers help their children to fill out the surveys, we also learn about the carers’ view of their children. There are also questions to carers about their needs and space to say what Superkidz can do for them.

The results per statement:

- |                                       |    |
|---------------------------------------|----|
| a) I Think I am amazing (self-esteem) | 8  |
| b) I never give up at school          | 8  |
| c) I care about other people          | 13 |
| d) I can say no to bad things         | 12 |
| e) I can be what I want to be         | 18 |

These enable us to focus our powerphrases on areas where they were most needed.

Mean score for all statements/children 3.9 out of a possible 10

Highest score for all statements: 9

Lowest score for all statements: -1

The lowest scores were sadly from a boy who had experienced multiple tragedies in the previous year.

## **Research & Development**

### **Outcome Harvesting**

Outcome harvesting is a process developed in foreign aid work by Sam Moody, one of our trustees. It inputs into our strategic planning and involves a process of reviewing all positive results of our work and describing them on a database. In 2022 this

resulted in implementing two major strategic decisions:

- a. carers from the deprived communities we serve becoming managers and leaders in Superkidz and shaping our delivery to their own communities.
- b. greater engagement with, and support of carers who bring children, including in informal parenting support.

### **Knife Crime & Violence**

In 2022 young people at our groups reported an increase in young people carrying knives. A rival drug gang attempted an attack on our young offenders club and carried out a gang-related murder two days later. We continue to develop our understanding in how to tackle this problem which affects so many in this area. Our informal interviews with gang members and drug dealers to date, along with academic psychological data, show that Adverse Childhood Experiences (for example infant physical victimisation by a stepfather) lead to a mindset that generalises others as hostile and potentially threatening and also creates painfully low self-esteem play an important part in violent reactions. The fears that arise from the context of gang violence also play a key role. These factors are detailed in our youth work manual TGIM.

### **Drugs**

We are continuing our work in this area by looking at brain reward systems and how to reduce the need for drugs. The use of mutually supportive group dynamics and positive youth worker interactions based on Unconditional Positive Regard for producing oxytocin and games and exercise for dopamine and natural endorphins is helping our at risk youth group.

### **Gangs**

We continued to develop our understanding of the gang as a type of social group, and how to create a sense of belonging at youth support groups which helps to prevent gang membership. Brain chemicals producing a sense of well-being from status and belonging can be fuelled by gangs. We run our youth support groups and youth mentoring in a way that provides status/self-esteem to young people and a feeling of belonging that emulates what gangs offer without the criminality, violence and dangers to young people.

## **Partnerships and Co-operation**

### **Members**

Our members are also partners, and representatives of parents, young people and children who come to our support groups meet with Board members each term to feedback and propose changes.

### **Royal Borough of Greenwich**

We have a partnership with the Council through its youth work provider, Charlton Athletic Community Trust and we are part of Young Greenwich, a borough-wide youth work partnership.

### **Churches**

In 2022 we had partnerships with Eltham Green Community Church and St. Saviour's Churches, and with Church Army, a national and international Anglican Church organisation. We are supported by many other churches, including notably Eltham Park Baptist Church and Christchurch and St. Andrew's Herne Bay, through financial giving and gifts of Christmas presents for children and Easter eggs..

### **Metropolitan Police & MI6**

Intelligence was passed to both these organisations about organised crime.

### **XLP Partnership**

We have a mature partnership with the London-wide charity XLP. We helped XLP provide detached work during lockdown when their double decker bus was considered not covid secure.

### **Local Schools and Colleges**

We worked closely with 3 local primary schools.

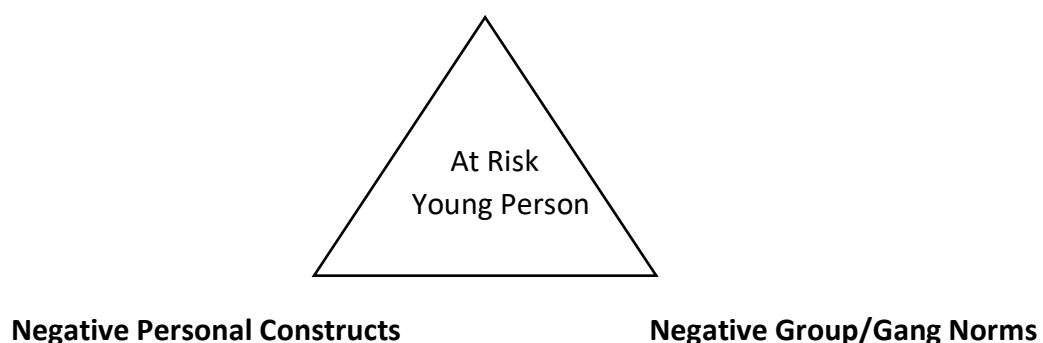
### **Food Bank**

Superkidz is part of the Greenwich Food Bank voucher distribution system.

## **Replicable Youth Work Model**

We have used our professional and academic training in psychology and sociology combined with practical personal experience to develop a manual and replicable model. This guides children's, youth and family work across several estates. The team has also provided training in this model for other organisations. Crucially, the model enables those whom we help to contribute to their own communities and act as strong, positive role models within them. Our theory of change is based on the following triangle, and is set out in our Transform Group and Individual Mentoring (TGIM) manual.

### **Negative Internal Working Model**



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The **Internal Working Model** is a framework of generalised beliefs and emotional responses shaped by experiences in early years. Children who have been the victims of physical or mental neglect or abuse at the hands of their carers often see all adults as uncaring or hostile, and react accordingly with aggression or withdrawal. Persevering care over a significant period, usually in the face of abuse, changes this.

**Personal Construct Psychology** focuses on hidden unconscious assumptions on which conclusions are based, which in turn guide decisions – such as, “I failed at school, therefore I am stupid – therefore drug dealing and crime are my only option”. The role of youth workers is to identify the underlying assumptions and conclusions, and help young people look at them critically and replace them where they are negative and destructive.

**Social norms** are among the most powerful forces influencing behaviour. Laws are often powerless by comparison. For example, there was group approval among many MPs to misuse expense claims, flouting the law and their own rules. They were not “criminal types”, but ordinary people. Communities and particularly the micro-communities of gangs, have their own norms on which group approval or rejection is based. The role of youth workers is to help young people to think for themselves, with reference to other values.

### **Planned for 2023**

We will run a group and individual counselling project for young people – especially those who have suffered mental health problems as a result of Covid and its lockdowns - with a BACP qualified counsellor who will also provide mentoring training to our youth workers.

We will continue the process of developing leaders from our beneficiaries' local communities and of handing over authority, strategy, and control to them.

Our Full-time youth worker will begin a degree course in Forensic Psychology.

All our current projects will continue.

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### **Structure, Membership and Organisation**

Registered charity name:	Superkidz Community Trust
Charity registration number:	1125720
Company registration number:	6639454

Principal & Registered office:	98 Middle Park Avenue Eltham, London SE9 5JH Tel. 020 88596403
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#### **The Trustees**

The Trustees who served the Charity during the period were as follows:

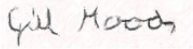
Gill Moody	Chair
Michael Stevenson	Secretary
Eric Sham	Treasurer



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Samuel Moody	Trustee for outcomes
Kane Brooks	Trustee for Safeguarding

Superkidz Community Trust has responsibilities for employees and volunteers, repairs and maintenance of rented accommodation and the Trustees of Superkidz Community Trust decide how the funds of the Trust are to be spent.



Chairman

The board members are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice.

Charity law requires the board members to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the church and of its financial activities for that period. In preparing those financial statements, the board members are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the activities of the charity will continue.

The board members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **Independent examiner's report to the trustees of Superkidz Community Trust**

### **Independent examiner's report to the trustees of Superkidz Community Trust**

I report on the accounts of the company for the year ended 31 December 2022, which are set out on pages 6 to 13.

### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act
- to state whether particular matters have come to my attention

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the Charities SORP (FRS102)

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



G D FOTHERGILL F.C.C.A.  
Swaleside Accountancy Limited, Old Rectory, South Kilvington, Thirsk,  
North Yorkshire, YO7 3NL

**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

## STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021
	Note	£	£	£	£	£	£
<b>Income and Endowments from</b>							
Donations and legacies	4	64,582	212,542	277,124	66,531	50,834	117,365
Investments		-	-	-	-	-	-
<b>Total Income and Endowments</b>		<b>64,582</b>	<b>212,542</b>	<b>277,124</b>	<b>66,531</b>	<b>50,834</b>	<b>117,365</b>
Expenditure on:							
expenditure on charitable activities	5	49,681	159,088	208,769	92,155	145,000	237,155
Raising Funds		-	-	-	-	-	-
<b>Total Expenditure</b>		<b>49,681</b>	<b>159,088</b>	<b>208,769</b>	<b>92,155</b>	<b>145,000</b>	<b>237,155</b>
<b>Net income</b>		<b>14,901</b>	<b>53,454</b>	<b>68,355</b>	<b>(25,624)</b>	<b>(94,166)</b>	<b>(119,790)</b>
Transfers between funds		-	-	-	-	-	-
Net movement in funds		<b>14,901</b>	<b>53,454</b>	<b>68,355</b>	<b>(25,624)</b>	<b>(94,166)</b>	<b>(119,790)</b>
Reconciliation of funds brought forward at 1st January		8,588	60,196	68,785	34,213	154,362	188,576
<b>Total Funds carried forward at 31 December</b>		<b>23,489</b>	<b>113,650</b>	<b>137,140</b>	<b>8,588</b>	<b>60,196</b>	<b>68,785</b>

**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

**BALANCE SHEET**

FOR THE YEAR ENDED 31 DECEMBER 2022

Balacne sheet

		2022	2021
	Note	£	£
<b>Fixed Assets</b>		-	-
Tangible Assets		-	-
		-	-
<b>Current Assets</b>			
Cash at bank and in hand		23,847	41,079
Debtors	6	113,293	27,706
		<b>137,141</b>	<b>68,785</b>
<b>Current liabilities</b>			
Amounts falling due within one year	7	-	-
		-	-
<b>Net current assets</b>		<b>137,141</b>	<b>68,785</b>
<b>Net assets</b>		<b>137,141</b>	<b>68,785</b>
<b>Funds</b>			
<b>Unrestricted</b>	8		
Designated		6,291	6,291
Undesignated		17,199	2,298
<b>Total Unrestricted</b>		-	-
<b>Restricted</b>	8	113,650	60,196
<b>Total Funds</b>		<b>137,140</b>	<b>68,785</b>

The Trustees are satisfied that the Charity is entitled to exemption from the provision of the Companies Act 2006 (the Act) relating to the audit of the Financial Statements for the year by virtue of section 477.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the Charity keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing Financial Statements which give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of its surplus or deficit for the financial period in accordance with the requirements of the Companies Act 2006 relating to small companies and in accordance with the Charities SORP (FRSSE) (effective January 2015)

These Financial Statements were approved by the Board on 24<sup>th</sup> Aug 2023 and are signed on their behalf:

.....  ....., Gill Moody, Chairman

**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

## STATEMENT OF CASH FLOWS

AS AT 31 DECEMBER 2022

	Note	2022	2021
		£	£
Cash flows from operating activities:			
Net cash provided by operating activities:	2	61,429	(15,368)
 Cash flows from Investment activities			
Dividends, interest and rent from investments		-	-
Proceeds from sales of property		-	-
Purchase of Property, plant and equipment		-	-
Proceeds from sales of investments		-	-
Purchases of Investments		-	-
<b>Net cash provided by investing activities</b>		-	-
 Cash flows from financing activities:			
Repayments and borrowing		-	-
Receipt of endowment		-	-
<b>Net Cash provided by Financing activities</b>		-	-
 <b>Change in cash and cash equivalents in reporting period</b>		<b>61,429</b>	<b>(15,368)</b>
<b>Cash and Cash equivalents at the beginning of the reporting period</b>		<b>56,447</b>	<b>56,447</b>
 <b>Cash and cash equivalents at the end of the reporting period</b>	<b>3</b>	<b>117,876</b>	<b>41,079</b>

## 1 Accounting Policies

Superkidz Community Trust is a public benefit entity under FRS 102. The Financial Statements have been prepared in accordance with the applicable accounting standards, the Charities Act 2011 and the Charity Commission's revised Statement of Recommended Practice issued in Charities SORP 2015 (FRSSE). The Financial Statements have been prepared under the historical cost convention.

### 1(a) Funds

General purpose funds represent those funds of Superkidz Community Trust that are not subject to any restrictions regarding their use and which are available for application to the general purposes of Superkidz Community Trust. Funds designated for a particular purpose by Superkidz Community Trust are also unrestricted.

The financial statements include all transactions, assets and liabilities for which the financial statements include all transactions, assets and liabilities for which Superkidz Community Trust is responsible in law.

**SUPERKIDZ COMMUNITY TRUST**  
***Annual Report and Accounts Year Ended 31 December 2022***

**1(b) Incoming Resources**

**Voluntary income and capital sources**

- Collections are recognised when received by or on behalf of Superkidz Community Trust;
- Planned giving receivable under Gift Aid etc. is recognised only when received;
- Income Tax recoverable on covenants or Gift Aid donations is recognised when the income is probable;
- Grants and legacies Superkidz Community Trust are accounted for as soon as Superkidz Community Trust is notified of its legal entitlement and the amount due;
- Receipts from fundraising events are accounted for on receipt of cash or when the income is probable, if earlier.

**Income from investments**

Interest is accounted for when receivable. Tax recoverable on such income is recognised in the same accounting year.

**1(c) Resources used**

**Grants**

Grants and donations are accounted for when paid over, or as soon as outflow of economic benefit is probable for example when a grant is awarded (if that award creates a binding obligation on Superkidz Community Trust).

**1(d) Current Assets**

Amounts owing to Superkidz Community Trust at 31st December in respect of fees, rents or other income are shown as debtors less provision for amounts that may prove non-collectible.

**1(e) Debtors**

Trade and other debtors are recognised in the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

**1(f) Creditors and Provisions**

Creditors and provisions are recognised where the charity has a recent obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

**1(g) Cash and bank**

Cash at bank and cash in hand is recognised based on the balances at 31 December.

**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

**2 Reconciliation of net income/ (expenditure) to net cash flow from operating activities**

	Note	2022 £	2021 £
<b>Net income/(expenditure) for the reporting period</b>	<b>2</b>	68,355	(119,790)
<b>Adjustment for:</b>			
(increase)/decrease Debtors		(100,954)	104,422
Increase/(decrease) Creditors		-	-
<b>Net cash provided by investing activities</b>		<u>(32,600)</u>	<u>(15,368)</u>

**3 Analysis of cash and cash equivalents**

	Note	2022 £	2021 £
<b>Cash in Hand</b>	<b>2</b>	23,847	41,079
<b>Net cash provided by investing activities</b>		23,847	41,079

**4 Income and endowments from**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
<b>Donations and legacy</b>						
Church Donations	-		-	-		-
Gift Aid Uplift			-			-
Grants (donation)	()	212,542	212,542	62,620	30,834	93,454
Regular Givers	23,048		23,048	3,998		3,998
Single Donation	41,534		41,534	11,130		11,130
CJRS	-		-	8,778		8,778
	<u>64,582</u>	<u>212,542</u>	<u>277,124</u>	<u>86,527</u>	<u>30,834</u>	<u>117,361</u>
<b>Investments</b>						
Bank and other interest			-	4		4
<b>Total Income and endowments</b>	<u>64,582</u>	<u>212,542</u>	<u>277,124</u>	<u>86,531</u>	<u>30,834</u>	<u>117,365</u>

**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

## 5 Expenditure on

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
<b>Raising funds</b>						
Seeking donations and grants			-			-
<b>Charitable Activities</b>						
Grants Given	-	-	-	-	-	-
Childrens Clubs, running costs	-	-	-	9,637	-	9,637
Youth Work, Runnign costs	39,759	34,282	74,041	25,577	5,000	30,577
Family work, running costs		-	-		-	-
Rent and repair	10		10	3,400		3,400
Staff costs	( )	124,806	124,806	31,225	140,000	171,225
Insurance	1,192	-	1,192	1,134	-	1,134
Examination and audit	432	-	432	432	-	432
Administration costs	8,289		8,289	20,750		20,750
	<u>49,681</u>	<u>159,088</u>	<u>208,769</u>	<u>92,155</u>	<u>145,000</u>	<u>237,155</u>
<b>Total expenditure</b>	49,681	159,088	208,769	92,155	145,000	237,155

## 6 Debtors

	2022 £	2021 £
Accrued income	109,575	24,343
Employee cash advances	-	-
Gift Aid Reclaim	-	-
Tax Repayable	<u>3,718</u>	<u>3,364</u>
	<u>113,293</u>	<u>27,706</u>

## 7 Liabilities: amounts falling due within one year

	2022 £	2021 £
Trade Creditors	-	-
Accruals and deferred income	-	-
PAYE and NI payable	<u>-</u>	<u>-</u>
	<u>-</u>	<u>-</u>



**SUPERKIDZ COMMUNITY TRUST**  
**Annual Report and Accounts Year Ended 31 December 2022**

## 8 Employees and emoluments

### 8 (a) Providers of services to Superkidz Community Trust and their emoluments

The Trustees are not employed by Superkidz Community Trust and do not receive remuneration, expenses or other non-cash benefits for their service.

Key management personnel: the Manager of Superkidz Community Trust is employed full-time by Church Army. The work for Superkidz Community Trust is completed under a secondment agreement to support the work of Superkidz Community Trust. No payment is made for remuneration, expenses or other non-cash benefits to either the Manager or Church Army

### 8 (b) Employees and emoluments

Superkidz Community Trust employed one full-time plus part-time youth and children's workers during 2022. We also employed sessional workers for Stay and Play and in support of the children's clubs.

Total employee numbers and emoluments were as follows:

	Number of employees 2022	Number of employees 2021
Sessional Workers	36	33
Youth Workers	<u>1</u>	<u>1</u>
	<u>37</u>	<u>34</u>
	<b>2022</b>	<b>2021</b>
	£	£
Salaries	136,903	158,916
Employer Pension Contributions	1,478	1,412
Employer NI	<u>507</u>	<u>1,134</u>
	<u>138,888</u>	<u>161,462</u>

These employees have contracts of employment and their emoluments are subject to deductions of PAYE, Pension and National Insurance. This is for the youth work team and sessional workers.

There were no employees with a salary greater than £60,000 per annum.

## 9 Related Party Transactions

There were no related party transactions during the year

**SUPERKIDZ COMMUNITY TRUST**  
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**10 Analysis of net assets**

	Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021
	£	£	£	£	£	£
Current Assets	23,490	113,650	137,140	8,588	60,196	68,785
Current Liabilities			-			-
	<u>23,490</u>	<u>113,650</u>	<u>137,140</u>	<u>8,588</u>	<u>60,196</u>	<u>68,785</u>

**11 Analysis of fund movements during the year**

	Balance at 31 Dec 2021	Income	Expenditure	Transfer	Balance at 31 Dec 2022
	£	£	£		£
Designated fund	6,291				6,291
General purpose fund	<u>2,298</u>	<u>167,550</u>	<u>152,648</u>		<u>17,199</u>
Total Unrestricted	<b>8,589</b>	<b>167,550</b>	<b>152,648</b>	-	<b>23,490</b>
Restricted funds:					
Henry Smith	20,000	13,950			33,950
Tudor Trust	40,197				40,197
CACT	-	5,625			5,625
Garfield	-	20,000			20,000
NLCF	<u>-</u>	<u>70,000</u>	<u>56,122</u>		<u>13,878</u>
Total Restricted Funds	<b>60,196</b>	<b>109,575</b>	<b>56,122</b>	-	<b>113,650</b>
Total Funds	<u><b>68,785</b></u>	<u><b>277,125</b></u>	<u><b>208,770</b></u>	-	<u><b>137,140</b></u>