

Superkidz Community Trust

Registered charity number 1125720

Company Limited by Guarantee No 6639454



Annual Report and Financial Statements
for the year ended 31 December 2021

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

TRUSTEES REPORT YEAR ENDED 31 DECEMBER 2021

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the unaudited Financial Statements (independently examined by Swaleside Accountancy Ltd, Chartered Accountants) of the charity for the year ended 31 December 2021

Mission

We support and empower deprived communities through persevering loving care. Superkidz helps to maximise the potential and well-being of children, young people and families in the most deprived areas of the London Borough of Greenwich, restoring their innate human **resilience** and resourcefulness which enables them to become agents of change and to break the cycle of intergenerational poverty in their own communities.

Objectives

When planning our activities for the year, the trustees consider the most deprived estates in the locality and the range of children, young people and families from backgrounds of multiple disadvantage and seek to empower them and involve them in providing a broad range of individual and community social education activities and programmes aimed at maximising potential and positive outcomes, supporting vulnerable carers in good parenting, encouraging positive attitudes and fostering self-esteem in children and young people, preventing them from engaging in crime, drug use and negative lifestyles, and intervening with those who are already entangled in the latter.

Aim

Superkidz' primary aim is to work in and with deprived communities to disrupt cycles of low educational attainment, family dysfunction, violence, criminality, psychological damage, and poverty. We do this by a combination of crisis prevention and intervention in the lives of children and young people and by working with carers. Our methods are informed by psychological and sociological expertise. We support members of those communities to see their gifts and use them to bring about transformation in their own neighbourhoods and beyond. The exchange of expertise is mutual: we train and empower local carers and young adults in various skills, employ them as workers and receive training from them in the best ways of running activities and growing their communities' strengths, and in how to help the most vulnerable children, young people and carers. These include those previously recruited into crime, drug dealing and county lines, former drug addicts and victims of domestic abuse and violence. For example, one of our youth mentors is a local ex-young offender with whom we worked for 12 years, including visiting consistently in prison. He is a qualified fitness instructor and provides training and mentoring to young people involved with drug gangs or at risk of engaging in criminal activity from their own perspective, and has enabled other young offenders to turn a corner and become youth support workers.

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Profile

Superkidz is a Christian foundation serving and employing people from deprived communities of any faith or none based in the London Borough of Greenwich. Our workforce has lived experience and first-hand knowledge of the issues on deprived estates. For example a number have overcome severe Adverse Childhood Experiences, drug gang membership, debt, domestic violence and drug addiction.

We have a core value of persevering loving care and unconditional positive regard, proven as a means to overcoming psychological scars and side effects like low self-esteem, learned helplessness and anxiety and depression. Young people who have experienced cruelty and neglect tend to view the world through a distorting lens that sees people as hostile and themselves in a distorting mirror that makes them feel worthless, useless and without hope. Our approach is proven to change both of these perceptions.

We specialise in work with young offenders, those who struggle with drugs and young people who have been victims of Adverse Childhood Experiences and who are vulnerable to being victims of recruitment into drug gangs or are already trapped in drug delivery work. We also address sexual responsibility with them. Vulnerable girls are an important focus. Helping them is also a way of preventing them from becoming victims of sexual exploitation, unplanned pregnancy and toxic relationships that sadly affect the next generation. Sadly, we are also having to address a significant rise in young people between the ages of 16 and 25 experiencing homelessness or at risk of homelessness.

Led by members of our local deprived communities, we have developed a management model that enables disadvantaged adults and young people to see their own potential, and become paid leaders and workers who shape Superkidz as an organisation, and who transform their own communities from within. We have used our training and experience to develop a model that enables us to work with the most damaged children and young people and to train other organisations in our methods. This model tackles low self-esteem, aspirational deficits and psychological issues that lead to low performance at school and relational and behavioural problems. Our mentoring promotes long term engagement with education, training and employment. It teaches children and young people to relate successfully within wider society. The model works for both crisis prevention and intervention and is enabling those we work with to act as positive role models within their community.

The Need

Poverty

Greenwich is the 50th most deprived Local Authority in England (ranked out of 326 authorities) placing the borough district in the top 20% most deprived authorities. There are 151 LSOAs within Greenwich. There are 3 that fall within the 10% most deprived neighbourhoods and 38 in the 20% most deprived neighbourhoods in England. In terms of deprivation for children, the Indices of Deprivation Affecting Children Index (IDACI) shows there are 18 areas that are in the 10% most deprived areas and 52 that are in the 20% most deprived areas in England. (*Royal Borough of Greenwich 2020*). In London 53% of single parent households are living in poverty (after housing costs). On average 71% of Superkidz beneficiaries come from single parent households. Out of 32 London boroughs Greenwich ranks 3rd for home repossessions. (*London's Poverty Profile. Trust for London 2022*).

Education

Students in Greenwich have one of the worst GCSE attainments in London, with 70.8% of students in the borough achieving grades 9-4 (equivalent to A*-C under the old system) in English and Maths at GCSE compared to 75.6% across the whole of the capital. Greenwich also has the highest proportion of 19-year-olds without level 3 qualifications at 38.7%, compared with the average of only 24.4% across boroughs. (*Trust for London 2022*)

Mortality

Greenwich has some of the highest infant mortality and premature mortality rates in all of London. 376 deaths in people below 75 years of age were recorded per 100,000 population; infant mortality rate, at 4.5 per 1,000 births, is the second highest in all of London, where the average is 3.4 deaths per 1,000 births. (*Trust for London 2022*)

Illegal Drugs

More than half a million doses of pure cocaine are consumed in London on average each day. Research by King's College London found that the average daily amount of pure cocaine being consumed in London was 23kg - more than Europe's next three biggest cocaine-consuming cities combined; Barcelona (12.74kg), Amsterdam (4.62kg) and Berlin (4.62kg). (Kings College London). It means London's annual pure cocaine use now equates to more than eight tonnes which has an estimated street value of more than £1bn. (*King's College 2019*)

Our experience is that the long-term effects of Adverse Childhood Experiences (ACES) often leads to self-medication for anxiety and depression through illegal drugs, typically cannabis for anxiety and cocaine for depression. For carers, the cost of these further reduces available family income. The demand leads to a lucrative drugs economy where dealers recruit local boys as young as 12 to deliver drugs and their poverty makes them additionally vulnerable to being recruited. Our young offender group primarily targets these boys, who are also users.

Under 18 Pregnancy

Greenwich Council's 2020 report on teen pregnancy says that for many teenagers bringing up a child is extremely difficult and often results in poor outcomes for both the teenage parent and the child, in terms of the baby's health, the mother's emotional health and wellbeing and the likelihood of both the parent and child living in long-term poverty. Teenage mothers are less likely to finish their education, are more likely to bring up their child alone and have a higher risk of poor mental health than older mothers. The children of teenage mothers have an increased risk of living in poverty and poor-quality housing and are more likely to have accidents and behavioural problems.

Infant mortality rates for babies born to teenage mothers are around 60% higher than for babies born to older mothers.

Risk factors for becoming a teenage parent include:

- poverty
- being a child in care
- children of teenage mothers
- low educational attainment
- truanting or exclusion from school
- 16-17 year olds not being in education, employment or training
- being a victim of sexual abuse
- mental health problems and involvement in crime.

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The latest statistics indicate that under 18 pregnancies in the Borough currently vary year on year between 19 to 25 pregnancies per 1000. Superkidz has a group targeting vulnerable girls and helps carers who have been through the experience of teen pregnancy. We estimate that 74% of the children we served in 2021 were originally born to teenage mothers.

Domestic Violence

In 2021 out of 21 Superkidz Local Workers and Leaders 14 were domestic violence survivors, (Superkidz providing them with a sheltered introduction to employment). Greenwich Domestic Violence and Abuse Services reports that the number of domestic abuse crimes recorded by the police in England and Wales in the year ending March 2021 increased by 6%; from 798,607 in the year ending March 2020 to 845,734. In the year ending March 2021, the number of people supported by the National Domestic Abuse Helpline, run by the charity Refuge, in England increased by 22% to 49,756 compared with 40,859 in the year ending March 2020. The Crime Survey for England and Wales (CSEW) found that an estimated 2.3 million adults aged 16 to 74 years experienced domestic abuse in the year ending March 2020 representing a prevalence rate of approximately 5 in 100 adults.

Of domestic abuse cases 73.1% were against women and 26.9% were against men. (Office for National Statistics, November 2021) (*Greenwich Domestic Violence and Abuse Services*)

Teenage Violence

Most Serious Violence (MSV) rates in London have the highest numbers of both perpetrators and victims among males in the age range 15-19, a group targeted by our work with young offenders. (*Understanding Serious Youth Violence in London GLA 2021*)

Activities & Achievements

In 2021 our total beneficiary reach, reduced by the pandemic, still amounted to a total of 424 deprived beneficiaries face to face (359 children and young people and 65 carers) and 1105 online. 28 children under 4 years old were reached through our Stay n Play group, as well as 15 parents and carers. Our Children's and Carers Support Groups engaged with 79 children and 50 carers face-to-face. Online Children's and Carer provision achieved 1044 online views. We reached 142 young people and also created an online programme tackling issues like drug abuse, drug dealing and knife crime. See below for further information in relation to beneficiaries reached at each support session.

In the course of 2021 the activities that were suspended or online during 2020 were gradually resumed face-to-face under Covid precautions: social distancing, mask-wearing and covid cleaning of all furniture, walls and floors before and after each session. The last activity to be reinstated was the mothers' and toddlers' group Stay n Play in Autumn 2021 because of the problem of shared toddlers' toys and the difficulty of maintaining social distance between toddlers. We followed National Youth Association rules which severely limited our numbers – 15 including workers at their most restricted. Online presentations continued reaching several hundred.

During 2021 we engaged with children, young people and their families every day of the week. Our main point of engagement was through our weekly support groups:

- one Stay n Play group for parents and toddlers
- two children's and carer support groups
- six youth support groups.

Our Thursday youth support group was first introduced to continue to meet demand for support when Covid restrictions limited attendee numbers at each group. We continued to run this group having seen just how vital this additional support is for our young people as

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we emerged from the pandemic. The weekly programme is outlined below.

Monday Sisters of Success (formerly Girl Power): Middle Park estate, SE9 5JH (term time)

This is a group run by Local Community Leader CT (who achieved a Diploma in Youth Work in 2020) since May 2021 when Alice Baird left for a post in a school. CT is a domestic violence survivor from one of the Council estates we serve. She is the mother of 10 children, 4 with special needs, who plays a vital role as a Superkidz leader. She is an accomplished artist and an expert in crafts and has brought these gifts as well as her hard-won experience to the SOS group. The name change – Sisters of Success- was her idea. This group of teenage girls desperately need increased self-esteem, aspirations, independent thinking and mutual support. CT has instigated personal achievements books for each girl with entries made by other girls affirming one another's qualities and successes. This group aims to reinforce girls' self-esteem, build local support networks and combat sexual exploitation by local gang members and others. Art and craft on focused themes also enhances self-esteem and mutual support (see right).



The group continued to benefit from the **mutual affirmation diaries** (first initiated by CT) to raise each other's self-esteem were a new strategy initiated by these workers. This is vital in helping girls avoid being part of the next generation of under-age mothers whose children in some cases will be subject to neglect or abuse and scenarios where serial stepfathers may in some cases be violent. Such children tend to form the next generation of young offenders, at risk girls, and addicts.

Average number of attendees each week: 8, with a peak of 11.

Yearly total: 18

Tuesday Children and Carers Support Group: Page Estate, SE9 6DH (term time)

Our weekly support group for 4-11-year-old children and their carers. These sessions promote self-esteem and resilience through creative, structured activities and enable isolated parents/carers to socialise. They also help carers with ideas for activities with children at home.

Average number of children each week: 13, with a peak of 26. Yearly total: 36

Average number of carers engaged each week: 6 Yearly total: 20

Wednesday Stay n Play Carers and Toddlers: Middle Park Estate, SE9 5JH (term time)

A friendly and informal group for parents and carers with preschool aged children providing support and encouragement alongside music, games and stories in a large and enriched safe play space with many toys and with craft activities. Carers who are struggling can find support and advice from staff and other members of the group.

Average number of children each week: 17, with a peak of 21. Yearly total children: 28

Average number of carers each week: 9. Yearly total: 15

Wednesday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Support group for years 6-8 boys and girls. This group has regular attenders and is helping with the transition from primary to secondary school. It enables us to do preventative work

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against dropping out of school and becoming drawn to gangs and especially drug gangs.

Average number of attendees each week: 8, with a peak of 13.

Yearly total young people: 24

Yearly total figure excludes 10 already counted in Monday SOS Group figure

Wednesday detached youth work: Briset Park, SE9 (term-time)

We contribute to this support group run by youth work organisation XLP. The session uses the XLP adapted double-decker bus equipped with computers, games consoles, air hockey tables and an array of arts and crafts activities. We also support football coaching sessions in the football 'cage' alongside the bus session.

Average number of attendees each week: 29, with a peak of 38. Yearly total: 51

Thursday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Initially a new session because of the Covid restrictions on numbers at Wednesday and Friday youth sessions, we transitioned this to help young offenders, primarily those recruited into drug gangs or at risk of being recruited, as the need for this work has increased. It became a 3-and-a-half hour session with sports and fitness training and input from three reformed ex-young offenders.

Average number of attendees each week: 10, with a peak of 21. Yearly total: 39

Friday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Club for those aged 13-19 where they can safely socialise and/or take part in a range of activities.

Average number of attendees each week: 10, with a peak of 17. Yearly total: 36

Yearly total figure excludes already counted in Wednesday Group figure.

Saturday Children's and Carer's Support Group, Middle Park estate, SE9 5JH (term time)

The second of our twice-weekly clubs for 4-11-year-olds and their carers. Like the Tuesday group this session has a number of children with special needs and with parents who are addicts, where the children are looked after by other relatives

Average number of children each week: 13, with a peak of 22. Yearly total: 43

Average number of carers engaged each week: 5 Yearly total: 30

At both children's and carers groups, whether online or face to face, there were weekly interactive puppet stories with memorised "powerphrases" reinforcing positive attitudes and choices as follows.

Term 1

1. Never give up
2. If at first you don't succeed
3. Don't go with the crowd
4. I can be a good example
5. Be good to your neighbourhood
6. Be kind when you speak your mind
7. We can all make a difference
8. One planet one family
9. Dare to care

10. Speak for the weak

Term 2

1. Put your heart into a good start
2. Mistakes help you learn
3. Stay safe on the streets
4. Mistakes help us learn
5. Never give up (2)
6. Because you are worth it
7. Everyone is important
8. Phone a friend
9. Remember heroes
10. Fools aren't cool

Term 3

1. Choose right
2. Always do your best
3. Bounce back from a setback
4. Need help? Ask for help!
5. Don't let your anger go bang!
6. Being bad will make you sad
7. Look after each other
8. Eat well live well
9. Have fun keep fit
10. Everyone is precious
11. Worth more than diamonds
12. Love works

Sunday G Group: Middle Park estate, SE9 5JH (51 weeks of the year))

The second of our drug gang and young offender Youth Support Groups - ages 13-19. "G" is a term of respect used among the young offenders and at-risk young people who form a special 2x weekly group with whom we work. It is a 2-and-a-half hour session with intensive group mentoring as the young people engage in sport and games

Average number of attendees each week: 13, with a peak of 18.

Yearly total: 39 (all attendees at both Thursday and Sunday sessions)

Christmas parties, Hampers and Christmas gifts

In December 2021 we held Christmas parties for our children and carers. Activities included seasonal games, crafts, music, dancing and messy play. We also delivered food hampers and presents to our neediest families.

Christmas Parties

A total of 63 children attended the 2 parties. Each child received a good present.

Christmas Hampers

We delivered a total of 51 Christmas hampers. Each hamper consisted of 2-3 bags of food and essentials (depending on the size of the family). We were also able to put a total of 120 gifts into hampers. Recipients of our hampers included grandparents with care of their grandchildren, carers who had recently lost jobs, victims of domestic violence, carers and children with mental health difficulties and special needs.

Instagram & Facebook

We used Facebook to reach carers and children with fun-based messages based on our “power phrases” (see above).

We used Instagram to reach young people with important messages, for example anti-knife and anti-drugs presentations.

Mentoring Successes - Examples

CE was a youth scarred by domestic violence throughout his early childhood, diagnosed with several special needs including autism and ADHD, and whose behaviour as a youth was violent, erratic and unpredictable, such that our partners XLP would not allow him to attend their activities. He was also being mentioned in police meetings. Superkidz group-mentored him and 4 others weekly and established a good relationship. Superkidz also bought gardening and building equipment and lent them to him to set him up in self-employment. He became a busy and hard-working self-employed landscaper and gardener, producing high quality patios and advertising online for business. He was able to support his new family, which included his partner’s children from a previous relationship.

SG and BL were also part of this troubled group. With our support S obtained work on building sites in central London and in steady employment. B is a father and working in retail, holding down a steady job. He previously had a joyriding conviction and was mentioned in police meetings.

DC is the daughter of class A addicts who was a Junior Helper and then Local Community Worker (LCW) with Superkidz for many years. She was established successfully in the Care Work sector with Superkidz providing references.

ZC is a 16-year-old girl who has had multiple problems at school and home and was helped in applying for childcare apprenticeships.

S is a person born male and in the process of changing gender identity. She was supported through discriminatory behaviour at college and received regular mentoring

EM is a teenage girl suffering from stress through anxiety about other people’s problems. She is highly intelligent and has aspirations to be a doctor. Her over empathising led to disruption to her concentration but she steadily improved through mentoring.

FN is a teenage girl with autism who has anger management problems. She was supported through a long wait for autism diagnosis.

Crisis Management -Examples

T, a victim of DV who was moved well out of area. We liaised with her MARAC worker to ensure she has local, ongoing support.

We offered support to a pregnant 17-year-old who is a Looked After Child. We helped her to know her rights and what social services involvement would take place with her pregnancy.

We mentored a drug user who is considering taking up a place at in-patient rehab.

We did a housing referral for care leaver who had just left prison. We provided financial guidance, including understanding UC income and fluctuations due to wages

Research & Development

Outcome Harvesting

Outcome harvesting is a process developed in foreign aid work by Sam Moody, one of our trustees. It inputs into our strategic planning and involves a process of reviewing all positive results of our work and describing them on a database. In 2021 this resulted in two major strategic decisions:

- a. carers from the deprived communities we serve becoming managers and leaders in Superkidz and shaping our delivery to their own communities.
- b. greater engagement with, and support of carers who bring children, including in informal parenting support.

Knife Crime & Violence

We continue to develop our understanding in how to tackle this problem which affects so many in this area. Our informal interviews with gang members and drug dealers to date, along with academic psychological data, show that Adverse Childhood Experiences (for example infant physical victimisation by a stepfather) lead to a mindset that generalises others as hostile and potentially threatening and also creates painfully low self-esteem play an important part in violent reactions. The fears that arise from the context of gang violence also play a key role. These factors are detailed in our youth work manual TGIM.

Drugs We are continuing our work in this area by looking at brain reward systems and how to reduce the need for drugs. The use of mutually supportive group dynamics and positive youth worker interactions based on Unconditional Positive Regard for producing oxytocin and games and exercise for dopamine and natural endorphins is helping our at risk youth group.

Gangs

We continued to develop our understanding of the gang as a type of social group, and how to create a sense of belonging at youth support groups which helps to prevent gang membership. Brain chemicals producing a sense of well-being from status and belonging can be fuelled by gangs. We run our youth support groups and youth mentoring in a way that provides status/self-esteem to young people and a feeling of belonging that emulates what gangs offer without the criminality, violence and dangers to young people.

Partnerships and Co-operation

Members

Our members are also partners, and representatives of parents, young people and children who come to our support groups meet with Board members each term to feedback and propose changes.

Royal Borough of Greenwich

We have a partnership with the Council through its youth work provider, Charlton Athletic Community Trust.

Churches

In 2021 we had partnerships with Church Army, Eltham Green Community Church and St. Saviour's Churches, and with Church Army, a national and international Anglican Church organisation. We are supported by many other churches through financial giving and gifts of Christmas presents for children and Easter eggs.

Greenwich Council

We delivered part of the Borough's Healthy Activity and Food (HAF) project over the Summer of 2021. We provided healthy food and exercise along with training for carers and young people in healthy recipes.

Metropolitan Police & MI6

Intelligence was passed to both these organisations about organised crime and radicalised young people joining a terrorist group.

XLP Partnership

We have a mature partnership with the London-wide charity XLP. We helped XLP provide detached work during lockdown when their double decker bus was considered not covid secure.

Local Schools and Colleges

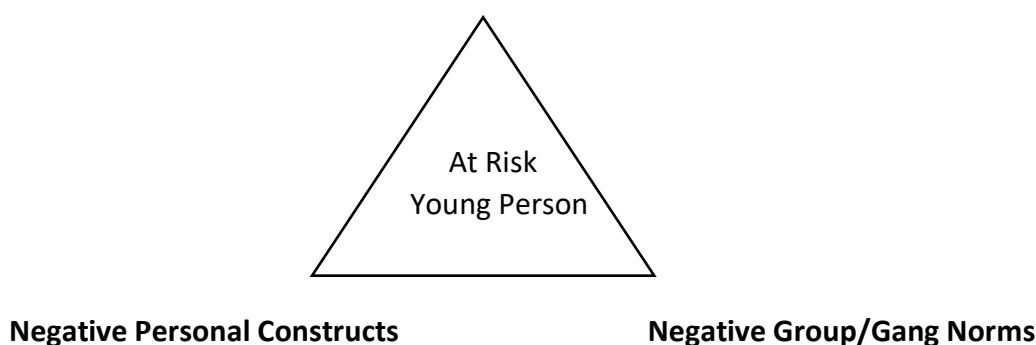
We worked closely with 3 local primary schools.

Food Bank Superkidz is part of the Greenwich Food Bank voucher distribution system.

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Replicable Youth Work Model

We have used our professional and academic training in psychology and sociology combined with practical personal experience to develop a manual and replicable model. This guides children's, youth and family work across several estates. The team has also provided training in this model for other organisations. Crucially, the model enables those whom we help to contribute to their own communities and act as strong, positive role models within them. Our theory of change is based on the following triangle, and is set out in our Transform Group and Individual Mentoring (TGIM) manual.

Negative Internal Working Model



The **Internal Working Model** is a framework of generalised beliefs and emotional responses shaped by experiences in early years. Children who have been the victims of physical or mental neglect or abuse at the hands of their carers often see all adults as uncaring or hostile, and react accordingly with aggression or withdrawal. Persevering care over a significant period, usually in the face of abuse, changes this.

Personal Construct Psychology focuses on hidden unconscious assumptions on which conclusions are based, which in turn guide decisions – such as, “I failed at school, therefore I am stupid – therefore drug dealing and crime are my only option”. The role of youth workers is to identify the underlying assumptions and conclusions, and help young people look at them critically and replace them where they are negative and destructive.

Social norms are among the most powerful forces influencing behaviour. Laws are often powerless by comparison. For example, there was group approval among many MPs to misuse expense claims, flouting the law and their own rules. They were not “criminal types”, but ordinary people. Communities and particularly the micro-communities of gangs, have their own norms on which group approval or rejection is based. The role of youth workers is to help young people to think for themselves, with reference to other values.

Training

We carried out routine training in

- a. Safeguarding x3 sessions
- b. Working with children who have special needs
- c. Working with anxiety sufferers

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- d. Working with depression sufferers
- e. Working with addicts
- f. Working with anger problems in young people

We supported three of our Local Community Leaders to undertake the following courses:

MM

Domestic Abuse Basic Awareness; Domestic Abuse Level 3 diploma; Professional Relationships with young people; Introduction to child protection. Safeguarding Children Level-3 Designated Officer B2B

Ongoing: LADO Level 3 Safeguarding Children, Level 4 Safeguarding children; Level 3 Diploma Youth Work.

Previously: NVQ in Rebuilding Family Relationships (run by Greenwich CAMHS)

CT

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 awareness; Children's Mental Health; Criminal Psychology (Intl Open Ac); First Aid; Paediatric First Aid; Food Hygiene.

Previously: Youth Work Diploma.

LV

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 Awareness; food hygiene.

Ongoing: Level 3 Children's Mental Health; Youth Work Diploma leading to degree.

Planned for 2022

We aim to continue our recovery from the effects of the pandemic, which restricted numbers at our support groups.

We are planning to employ a part-time BACP counsellor to address mental health needs among our young people and to provide training to staff in the psychological knowledge needed for counselling. The pandemic has led to a greater incidence of mental health problems in young people.

Structure, Membership and Organisation

Registered charity name:	Superkidz Community Trust
Charity registration number:	1125720
Company registration number:	6639454

Principal & Registered office:	98 Middle Park Avenue
	Eltham, London SE9 5JH
	Tel. 020 88596403

The Trustees

The Trustees who served the Charity during the period were as follows:

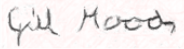
Gill Moody	Chair
Michael Stevenson	Secretary
Eric Sham	Treasurer

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Samuel Moody Trustee
Kane Brooks Trustee for Safeguarding
Debjani Roy Trustee

Superkidz Community Trust has responsibilities for employees and volunteers, repairs and maintenance of rented accommodation and the Trustees of Superkidz Community Trust decide how the funds of the Trust are to be spent.



Chairman

The board members are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice.

Charity law requires the board members to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements, the board members are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the activities of the charity will continue.

The board members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent examiner's report to the trustees of Superkidz Community Trust

Independent examiner's report to the trustees of Superkidz Community Trust

I report on the accounts of the company for the year ended 31 December 2021, which are set out on pages 6 to 13.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the Charities SORP (FRS102)

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



G D FOTHERGILL F.C.C.A.
Swaleside Accountancy Limited, Old Rectory, South Kilvington, Thirsk,
North Yorkshire YO7 2NL

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STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	Note	£	£	£	£	£	£
Income and Endowments from							
Donations and legacies	4	66,531	50,834	117,365	129,009	130,000	259,009
Investments		-	-	-	-	-	-
Total Income and Endowments		66,531	50,834	117,365	129,009	130,000	259,009
Expenditure on:							
expenditure on charitable activities	5	92,155	145,000	237,155	120,602	103,857	224,459
Raising Funds		-	-	-	-	-	-
Total Expenditure		92,155	145,000	237,155	120,602	103,857	224,459
Net income		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Reconciliation of funds brought forward at 1st January		34,213	154,362	188,576	25,806	128,219	154,026
Total Funds carried forward at 31 December		8,588	60,196	68,785	34,213	154,362	188,576

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2021

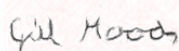
	Note	£	2021 £	2020 £
Fixed Assets		-	-	
Tangible Assets		-	-	
Current Assets				
Cash at bank and in hand		41,079	56,447	
Debtors	6	27,706	132,127	
		68,785	188,575	
Current liabilities				
Amounts falling due within one year	7	-	-	
Net current assets			68,785	188,575
Net assets			68,785	188,575
Funds				
Unrestricted	8			
Designated		6,291	6,291	
Undesignated		2,298	27,922	
Total Unrestricted		-	8,589	34,213
Restricted	8		60,196	154,362
Total Funds			68,785	188,575

The Trustees are satisfied that the Charity is entitled to exemption from the provision of the Companies Act 2006 (the Act) relating to the audit of the Financial Statements for the year by virtue of section 477.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the Charity keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing Financial Statements which give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of its surplus or deficit for the financial period in accordance with the requirements of the Companies Act 2006 relating to small companies and in accordance with the Charities SORP (FRSSE) (effective January 2015)

These Financial Statements were approved by the Board on September 2022 and are signed on their behalf:



....., Gill Moody, Chairman

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

STATEMENT OF CASH FLOWS

AS AT 31 DECEMBER 2021

	Note	2021	2020
Cash flows from operating activities:		£	£
Net cash provided by operating activities:	2	(15,368)	30,505
Cash flows from Investment activities			
Dividends, interest and rent from investments		-	-
Proceeds from sales of property		-	-
Purchase of Property, plant and equipment		-	-
Proceeds from sales of investments		-	-
Purchases of Investments		-	-
Net cash provided by investing activities		-	-
Cash flows from financing activities:			
Repayments and borrowing		-	-
Receipt of endowment		-	-
Net Cash provided by Financing activities		-	-
Change in cash and cash equivalents in reporting period		(15,368)	30,505
Cash and Cash equivalents at the beginning of the reporting period		56,447	25,942
Cash and cash equivalents at the end of the reporting period	3	41,079	56,447

1 Accounting Policies

Superkidz Community Trust is a public benefit entity under FRS 102. The Financial Statements have been prepared in accordance with the applicable accounting standards, the Charities Act 2011 and the Charity Commission's revised Statement of Recommended Practice issued in Charities SORP 2015 (FRSSE). The Financial Statements have been prepared under the historical cost convention.

1(a) Funds

General purpose funds represent those funds of Superkidz Community Trust that are not subject to any restrictions regarding their use and which are available for application to the general purposes of Superkidz Community Trust. Funds designated for a particular purpose by Superkidz Community Trust are also unrestricted.

The financial statements include all transactions, assets and liabilities for which the financial statements include all transactions, assets and liabilities for which Superkidz Community Trust is responsible in law.

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

1(b) Incoming Resources

Voluntary income and capital sources

- Collections are recognised when received by or on behalf of Superkidz Community Trust;
- Planned giving receivable under Gift Aid etc. is recognised only when received;
- Income Tax recoverable on covenants or Gift Aid donations is recognised when the income is probable;
- Grants and legacies Superkidz Community Trust are accounted for as soon as Superkidz Community Trust is notified of its legal entitlement and the amount due;
- Receipts from fundraising events are accounted for on receipt of cash or when the income is probable, if earlier.

Income from investments

Interest is accounted for when receivable. Tax recoverable on such income is recognised in the same accounting year.

1(c) Resources used

Grants

Grants and donations are accounted for when paid over, or as soon as outflow of economic benefit is probable for example when a grant is awarded (if that award creates a binding obligation on Superkidz Community Trust).

1(d) Current Assets

Amounts owing to Superkidz Community Trust at 31st December in respect of fees, rents or other income are shown as debtors less provision for amounts that may prove non-collectible.

1(e) Debtors

Trade and other debtors are recognised in the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

1(f) Creditors and Provisions

Creditors and provisions are recognised where the charity has a recent obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

1(g) Cash and bank

Cash at bank and cash in hand is recognised based on the balances at 31 December.

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

2 Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	Note	2021 £	2020 £
Net income/(expenditure) for the reporting period	2	(119,790)	34,550
Adjustment for:			
(increase)/decrease Debtors		104,422	(3,032)
Increase/(decrease) Creditors		-	(1,012)
Net cash provided by investing activities		(15,368)	30,505

3 Analysis of cash and cash equivalents

	Note	2021 £	2020 £
Cash in Hand	2	41,079	56,447
Net cash provided by investing activities		41,079	56,447

4 Income and endowments from

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations and legacy						
Church Donations	-	-	-	3,018	-	3,018
Gift Aid Uplift	-	-	-	817	-	817
Grants (donation)	62,620	30,834	93,454	93,800	130,000	223,800
Regular Givers	3,998	-	3,998	6,448	-	6,448
Single Donation	11,130	-	11,130	13,683	-	13,683
CJRS	8,778	-	8,778	11,204	-	11,204
	86,527	30,834	117,361	128,971	130,000	258,971
Investments						
Bank and other interest	4	-	4	37	-	37
Total Income and endowments	86,531	30,834	117,365	129,008	130,000	259,008

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

5 Expenditure on

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Raising funds						
Seeking donations and grants			-			-
Charitable Activities						
Grants Given	-	-	-	-	-	-
Childrens Clubs, running costs	9,637	-	9,637	14,647	417	15,063
Youth Work, Runnign costs	25,577	5,000	30,577	2,606	4,001	6,607
Family work, running costs		-	-	-	-	-
Rent and repair	3,400		3,400	2,382	-	2,382
Staff costs	31,225	140,000	171,225	51,415	99,752	151,167
Insurance	1,134	-	1,134	-	-	-
Examination and audit	432	-	432	432	-	432
Administration costs	20,750		20,750	49,120	(312)	48,808
	<u>92,155</u>	<u>145,000</u>	<u>237,155</u>	<u>120,602</u>	<u>103,857</u>	<u>224,459</u>
Total expenditure	92,155	145,000	237,155	120,602	103,857	224,459

6 Debtors

	2021	2020
	£	£
Accrued income	24,343	129,510
Employee cash advances	-	1,480
Gift Aid Reclaim	-	817
Tax Repayable	3,364	
	<u>27,706</u>	<u>131,807</u>

7 Liabilities: amounts falling due within one year

	2021	2020
	£	£
Trade Creditors	-	-
Accruals and deferred income	-	-
PAYE and NI payable	-	-
	<u>-</u>	<u>-</u>

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

8 Employees and emoluments

8 (a) Providers of services to Superkidz Community Trust and their emoluments

The Trustees are not employed by Superkidz Community Trust and do not receive remuneration, expenses or other non-cash benefits for their service.

Key management personnel: the Manager of Superkidz Community Trust is employed full-time by Church Army. The work for Superkidz Community Trust is completed under a secondment agreement to support the work of Superkidz Community Trust. No payment is made for remuneration, expenses or other non-cash benefits to either the Manager or Church Army.

8 (b) Employees and emoluments

Superkidz Community Trust employed one full-time and three part-time youth workers during 2021. It also employed sessional workers for Stay and Play and in support of the children's clubs.

Total employee numbers and emoluments were as follows:

	Number of employees 2021	Number of employees 2020
Sessional Workers	33	26
Youth Workers	<u>1</u>	<u>2</u>
	<u>34</u>	<u>28</u>
	2021	2020
	£	£
Salaries	158,916	134,824
Employer Pension Contributions	1,412	3,813
Employer NI	<u>1,134</u>	<u>1,209</u>
	<u>161,462</u>	<u>139,846</u>

These employees have contracts of employment and their emoluments are subject to deductions of PAYE, Pension and National Insurance. This is for the youth work team and sessional workers.

There were no employees with a salary greater than £60,000 per annum.

9 Related Party Transactions

There were no related party transactions during the year

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

10 Analysis of net assets

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Current Assets	8,588	60,196	68,785	34,213	154,362	188,575
Current Liabilities			-			-
	<u>8,588</u>	<u>60,196</u>	<u>68,785</u>	<u>34,213</u>	<u>154,362</u>	<u>188,575</u>

11 Analysis of fund movements during the year

	Balance at 31 Dec 2020	Income	Expenditure	Transfer	Balance at 31 Dec 2021
	£	£	£		£
Designated fund	6,291				6,291
General purpose fund	<u>27,922</u>	<u>66,531</u>	<u>92,155</u>		<u>2,298</u>
Total Unrestricted	34,213	66,531	92,155	-	8,589
Restricted funds:					
Children In Need	9,204		9,204		()
Ashden Trust	4,506	15,000	19,506		()
The Big Give	2,338		2,338		
Young Offender	571		571		()
St James Place	5,288		5,288		()
Henry Smith	40,000		20,000		20,000
Tudor Trust	92,456		52,259		40,197
CACT		10,834	10,834		-
Garfield		20,000	20,000		-
London City Community Reponse		5,000	5,000		-
Total Restricted Funds	154,362	50,834	145,000	-	60,196
Total Funds	<u>188,575</u>	<u>117,365</u>	<u>237,155</u>	-	<u>68,785</u>

Superkidz Community Trust

Registered charity number 1125720

Company Limited by Guarantee No 6639454



Annual Report and Financial Statements
for the year ended 31 December 2021

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

TRUSTEES REPORT YEAR ENDED 31 DECEMBER 2021

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the unaudited Financial Statements (independently examined by Swaleside Accountancy Ltd, Chartered Accountants) of the charity for the year ended 31 December 2021

Mission

We support and empower deprived communities through persevering loving care. Superkidz helps to maximise the potential and well-being of children, young people and families in the most deprived areas of the London Borough of Greenwich, restoring their innate human **resilience** and resourcefulness which enables them to become agents of change and to break the cycle of intergenerational poverty in their own communities.

Objectives

When planning our activities for the year, the trustees consider the most deprived estates in the locality and the range of children, young people and families from backgrounds of multiple disadvantage and seek to empower them and involve them in providing a broad range of individual and community social education activities and programmes aimed at maximising potential and positive outcomes, supporting vulnerable carers in good parenting, encouraging positive attitudes and fostering self-esteem in children and young people, preventing them from engaging in crime, drug use and negative lifestyles, and intervening with those who are already entangled in the latter.

Aim

Superkidz' primary aim is to work in and with deprived communities to disrupt cycles of low educational attainment, family dysfunction, violence, criminality, psychological damage, and poverty. We do this by a combination of crisis prevention and intervention in the lives of children and young people and by working with carers. Our methods are informed by psychological and sociological expertise. We support members of those communities to see their gifts and use them to bring about transformation in their own neighbourhoods and beyond. The exchange of expertise is mutual: we train and empower local carers and young adults in various skills, employ them as workers and receive training from them in the best ways of running activities and growing their communities' strengths, and in how to help the most vulnerable children, young people and carers. These include those previously recruited into crime, drug dealing and county lines, former drug addicts and victims of domestic abuse and violence. For example, one of our youth mentors is a local ex-young offender with whom we worked for 12 years, including visiting consistently in prison. He is a qualified fitness instructor and provides training and mentoring to young people involved with drug gangs or at risk of engaging in criminal activity from their own perspective, and has enabled other young offenders to turn a corner and become youth support workers.

SUPERKIDZ COMMUNITY TRUST
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Profile

Superkidz is a Christian foundation serving and employing people from deprived communities of any faith or none based in the London Borough of Greenwich. Our workforce has lived experience and first-hand knowledge of the issues on deprived estates. For example a number have overcome severe Adverse Childhood Experiences, drug gang membership, debt, domestic violence and drug addiction.

We have a core value of persevering loving care and unconditional positive regard, proven as a means to overcoming psychological scars and side effects like low self-esteem, learned helplessness and anxiety and depression. Young people who have experienced cruelty and neglect tend to view the world through a distorting lens that sees people as hostile and themselves in a distorting mirror that makes them feel worthless, useless and without hope. Our approach is proven to change both of these perceptions.

We specialise in work with young offenders, those who struggle with drugs and young people who have been victims of Adverse Childhood Experiences and who are vulnerable to being victims of recruitment into drug gangs or are already trapped in drug delivery work. We also address sexual responsibility with them. Vulnerable girls are an important focus. Helping them is also a way of preventing them from becoming victims of sexual exploitation, unplanned pregnancy and toxic relationships that sadly affect the next generation. Sadly, we are also having to address a significant rise in young people between the ages of 16 and 25 experiencing homelessness or at risk of homelessness.

Led by members of our local deprived communities, we have developed a management model that enables disadvantaged adults and young people to see their own potential, and become paid leaders and workers who shape Superkidz as an organisation, and who transform their own communities from within. We have used our training and experience to develop a model that enables us to work with the most damaged children and young people and to train other organisations in our methods. This model tackles low self-esteem, aspirational deficits and psychological issues that lead to low performance at school and relational and behavioural problems. Our mentoring promotes long term engagement with education, training and employment. It teaches children and young people to relate successfully within wider society. The model works for both crisis prevention and intervention and is enabling those we work with to act as positive role models within their community.

The Need

Poverty

Greenwich is the 50th most deprived Local Authority in England (ranked out of 326 authorities) placing the borough district in the top 20% most deprived authorities. There are 151 LSOAs within Greenwich. There are 3 that fall within the 10% most deprived neighbourhoods and 38 in the 20% most deprived neighbourhoods in England. In terms of deprivation for children, the Indices of Deprivation Affecting Children Index (IDACI) shows there are 18 areas that are in the 10% most deprived areas and 52 that are in the 20% most deprived areas in England. (*Royal Borough of Greenwich 2020*). In London 53% of single parent households are living in poverty (after housing costs). On average 71% of Superkidz beneficiaries come from single parent households. Out of 32 London boroughs Greenwich ranks 3rd for home repossessions. (*London's Poverty Profile. Trust for London 2022*).

Education

Students in Greenwich have one of the worst GCSE attainments in London, with 70.8% of students in the borough achieving grades 9-4 (equivalent to A*-C under the old system) in English and Maths at GCSE compared to 75.6% across the whole of the capital. Greenwich also has the highest proportion of 19-year-olds without level 3 qualifications at 38.7%, compared with the average of only 24.4% across boroughs. (*Trust for London 2022*)

Mortality

Greenwich has some of the highest infant mortality and premature mortality rates in all of London. 376 deaths in people below 75 years of age were recorded per 100,000 population; infant mortality rate, at 4.5 per 1,000 births, is the second highest in all of London, where the average is 3.4 deaths per 1,000 births. (*Trust for London 2022*)

Illegal Drugs

More than half a million doses of pure cocaine are consumed in London on average each day. Research by King's College London found that the average daily amount of pure cocaine being consumed in London was 23kg - more than Europe's next three biggest cocaine-consuming cities combined; Barcelona (12.74kg), Amsterdam (4.62kg) and Berlin (4.62kg). (Kings College London). It means London's annual pure cocaine use now equates to more than eight tonnes which has an estimated street value of more than £1bn. (*King's College 2019*)

Our experience is that the long-term effects of Adverse Childhood Experiences (ACES) often leads to self-medication for anxiety and depression through illegal drugs, typically cannabis for anxiety and cocaine for depression. For carers, the cost of these further reduces available family income. The demand leads to a lucrative drugs economy where dealers recruit local boys as young as 12 to deliver drugs and their poverty makes them additionally vulnerable to being recruited. Our young offender group primarily targets these boys, who are also users.

Under 18 Pregnancy

Greenwich Council's 2020 report on teen pregnancy says that for many teenagers bringing up a child is extremely difficult and often results in poor outcomes for both the teenage parent and the child, in terms of the baby's health, the mother's emotional health and wellbeing and the likelihood of both the parent and child living in long-term poverty. Teenage mothers are less likely to finish their education, are more likely to bring up their child alone and have a higher risk of poor mental health than older mothers. The children of teenage mothers have an increased risk of living in poverty and poor-quality housing and are more likely to have accidents and behavioural problems.

Infant mortality rates for babies born to teenage mothers are around 60% higher than for babies born to older mothers.

Risk factors for becoming a teenage parent include:

- poverty
- being a child in care
- children of teenage mothers
- low educational attainment
- truanting or exclusion from school
- 16-17 year olds not being in education, employment or training
- being a victim of sexual abuse
- mental health problems and involvement in crime.

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The latest statistics indicate that under 18 pregnancies in the Borough currently vary year on year between 19 to 25 pregnancies per 1000. Superkidz has a group targeting vulnerable girls and helps carers who have been through the experience of teen pregnancy. We estimate that 74% of the children we served in 2021 were originally born to teenage mothers.

Domestic Violence

In 2021 out of 21 Superkidz Local Workers and Leaders 14 were domestic violence survivors, (Superkidz providing them with a sheltered introduction to employment). Greenwich Domestic Violence and Abuse Services reports that the number of domestic abuse crimes recorded by the police in England and Wales in the year ending March 2021 increased by 6%; from 798,607 in the year ending March 2020 to 845,734. In the year ending March 2021, the number of people supported by the National Domestic Abuse Helpline, run by the charity Refuge, in England increased by 22% to 49,756 compared with 40,859 in the year ending March 2020. The Crime Survey for England and Wales (CSEW) found that an estimated 2.3 million adults aged 16 to 74 years experienced domestic abuse in the year ending March 2020 representing a prevalence rate of approximately 5 in 100 adults.

Of domestic abuse cases 73.1% were against women and 26.9% were against men. (Office for National Statistics, November 2021) (*Greenwich Domestic Violence and Abuse Services*)

Teenage Violence

Most Serious Violence (MSV) rates in London have the highest numbers of both perpetrators and victims among males in the age range 15-19, a group targeted by our work with young offenders. (*Understanding Serious Youth Violence in London GLA 2021*)

Activities & Achievements

In 2021 our total beneficiary reach, reduced by the pandemic, still amounted to a total of 424 deprived beneficiaries face to face (359 children and young people and 65 carers) and 1105 online. 28 children under 4 years old were reached through our Stay n Play group, as well as 15 parents and carers. Our Children's and Carers Support Groups engaged with 79 children and 50 carers face-to-face. Online Children's and Carer provision achieved 1044 online views. We reached 142 young people and also created an online programme tackling issues like drug abuse, drug dealing and knife crime. See below for further information in relation to beneficiaries reached at each support session.

In the course of 2021 the activities that were suspended or online during 2020 were gradually resumed face-to-face under Covid precautions: social distancing, mask-wearing and covid cleaning of all furniture, walls and floors before and after each session. The last activity to be reinstated was the mothers' and toddlers' group Stay n Play in Autumn 2021 because of the problem of shared toddlers' toys and the difficulty of maintaining social distance between toddlers. We followed National Youth Association rules which severely limited our numbers – 15 including workers at their most restricted. Online presentations continued reaching several hundred.

During 2021 we engaged with children, young people and their families every day of the week. Our main point of engagement was through our weekly support groups:

- one Stay n Play group for parents and toddlers
- two children's and carer support groups
- six youth support groups.

Our Thursday youth support group was first introduced to continue to meet demand for support when Covid restrictions limited attendee numbers at each group. We continued to run this group having seen just how vital this additional support is for our young people as

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

we emerged from the pandemic. The weekly programme is outlined below.

Monday Sisters of Success (formerly Girl Power): Middle Park estate, SE9 5JH (term time)

This is a group run by Local Community Leader CT (who achieved a Diploma in Youth Work in 2020) since May 2021 when Alice Baird left for a post in a school. CT is a domestic violence survivor from one of the Council estates we serve. She is the mother of 10 children, 4 with special needs, who plays a vital role as a Superkidz leader. She is an accomplished artist and an expert in crafts and has brought these gifts as well as her hard-won experience to the SOS group. The name change – Sisters of Success- was her idea. This group of teenage girls desperately need increased self-esteem, aspirations, independent thinking and mutual support. CT has instigated personal achievements books for each girl with entries made by other girls affirming one another's qualities and successes. This group aims to reinforce girls' self-esteem, build local support networks and combat sexual exploitation by local gang members and others. Art and craft on focused themes also enhances self-esteem and mutual support (see right).



The group continued to benefit from the **mutual affirmation diaries** (first initiated by CT) to raise each other's self-esteem were a new strategy initiated by these workers. This is vital in helping girls avoid being part of the next generation of under-age mothers whose children in some cases will be subject to neglect or abuse and scenarios where serial stepfathers may in some cases be violent. Such children tend to form the next generation of young offenders, at risk girls, and addicts.

Average number of attendees each week: 8, with a peak of 11.

Yearly total: 18

Tuesday Children and Carers Support Group: Page Estate, SE9 6DH (term time)

Our weekly support group for 4-11-year-old children and their carers. These sessions promote self-esteem and resilience through creative, structured activities and enable isolated parents/carers to socialise. They also help carers with ideas for activities with children at home.

Average number of children each week: 13, with a peak of 26. Yearly total: 36

Average number of carers engaged each week: 6 Yearly total: 20

Wednesday Stay n Play Carers and Toddlers: Middle Park Estate, SE9 5JH (term time)

A friendly and informal group for parents and carers with preschool aged children providing support and encouragement alongside music, games and stories in a large and enriched safe play space with many toys and with craft activities. Carers who are struggling can find support and advice from staff and other members of the group.

Average number of children each week: 17, with a peak of 21. Yearly total children: 28

Average number of carers each week: 9. Yearly total: 15

Wednesday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Support group for years 6-8 boys and girls. This group has regular attenders and is helping with the transition from primary to secondary school. It enables us to do preventative work

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

against dropping out of school and becoming drawn to gangs and especially drug gangs.

Average number of attendees each week: 8, with a peak of 13.

Yearly total young people: 24

Yearly total figure excludes 10 already counted in Monday SOS Group figure

Wednesday detached youth work: Briset Park, SE9 (term-time)

We contribute to this support group run by youth work organisation XLP. The session uses the XLP adapted double-decker bus equipped with computers, games consoles, air hockey tables and an array of arts and crafts activities. We also support football coaching sessions in the football 'cage' alongside the bus session.

Average number of attendees each week: 29, with a peak of 38. Yearly total: 51

Thursday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Initially a new session because of the Covid restrictions on numbers at Wednesday and Friday youth sessions, we transitioned this to help young offenders, primarily those recruited into drug gangs or at risk of being recruited, as the need for this work has increased. It became a 3-and-a-half hour session with sports and fitness training and input from three reformed ex-young offenders.

Average number of attendees each week: 10, with a peak of 21. Yearly total: 39

Friday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Club for those aged 13-19 where they can safely socialise and/or take part in a range of activities.

Average number of attendees each week: 10, with a peak of 17. Yearly total: 36

Yearly total figure excludes already counted in Wednesday Group figure.

Saturday Children's and Carer's Support Group, Middle Park estate, SE9 5JH (term time)

The second of our twice-weekly clubs for 4-11-year-olds and their carers. Like the Tuesday group this session has a number of children with special needs and with parents who are addicts, where the children are looked after by other relatives

Average number of children each week: 13, with a peak of 22. Yearly total: 43

Average number of carers engaged each week: 5 Yearly total: 30

At both children's and carers groups, whether online or face to face, there were weekly interactive puppet stories with memorised "powerphrases" reinforcing positive attitudes and choices as follows.

Term 1

1. Never give up
2. If at first you don't succeed
3. Don't go with the crowd
4. I can be a good example
5. Be good to your neighbourhood
6. Be kind when you speak your mind
7. We can all make a difference
8. One planet one family
9. Dare to care

10. Speak for the weak

Term 2

1. Put your heart into a good start
2. Mistakes help you learn
3. Stay safe on the streets
4. Mistakes help us learn
5. Never give up (2)
6. Because you are worth it
7. Everyone is important
8. Phone a friend
9. Remember heroes
10. Fools aren't cool

Term 3

1. Choose right
2. Always do your best
3. Bounce back from a setback
4. Need help? Ask for help!
5. Don't let your anger go bang!
6. Being bad will make you sad
7. Look after each other
8. Eat well live well
9. Have fun keep fit
10. Everyone is precious
11. Worth more than diamonds
12. Love works

Sunday G Group: Middle Park estate, SE9 5JH (51 weeks of the year))

The second of our drug gang and young offender Youth Support Groups - ages 13-19. "G" is a term of respect used among the young offenders and at-risk young people who form a special 2x weekly group with whom we work. It is a 2-and-a-half hour session with intensive group mentoring as the young people engage in sport and games

Average number of attendees each week: 13, with a peak of 18.

Yearly total: 39 (all attendees at both Thursday and Sunday sessions)

Christmas parties, Hampers and Christmas gifts

In December 2021 we held Christmas parties for our children and carers. Activities included seasonal games, crafts, music, dancing and messy play. We also delivered food hampers and presents to our neediest families.

Christmas Parties

A total of 63 children attended the 2 parties. Each child received a good present.

Christmas Hampers

We delivered a total of 51 Christmas hampers. Each hamper consisted of 2-3 bags of food and essentials (depending on the size of the family). We were also able to put a total of 120 gifts into hampers. Recipients of our hampers included grandparents with care of their grandchildren, carers who had recently lost jobs, victims of domestic violence, carers and children with mental health difficulties and special needs.

Instagram & Facebook

We used Facebook to reach carers and children with fun-based messages based on our “power phrases” (see above).

We used Instagram to reach young people with important messages, for example anti-knife and anti-drugs presentations.

Mentoring Successes - Examples

CE was a youth scarred by domestic violence throughout his early childhood, diagnosed with several special needs including autism and ADHD, and whose behaviour as a youth was violent, erratic and unpredictable, such that our partners XLP would not allow him to attend their activities. He was also being mentioned in police meetings. Superkidz group-mentored him and 4 others weekly and established a good relationship. Superkidz also bought gardening and building equipment and lent them to him to set him up in self-employment. He became a busy and hard-working self-employed landscaper and gardener, producing high quality patios and advertising online for business. He was able to support his new family, which included his partner’s children from a previous relationship.

SG and BL were also part of this troubled group. With our support S obtained work on building sites in central London and in steady employment. B is a father and working in retail, holding down a steady job. He previously had a joyriding conviction and was mentioned in police meetings.

DC is the daughter of class A addicts who was a Junior Helper and then Local Community Worker (LCW) with Superkidz for many years. She was established successfully in the Care Work sector with Superkidz providing references.

ZC is a 16-year-old girl who has had multiple problems at school and home and was helped in applying for childcare apprenticeships.

S is a person born male and in the process of changing gender identity. She was supported through discriminatory behaviour at college and received regular mentoring

EM is a teenage girl suffering from stress through anxiety about other people’s problems. She is highly intelligent and has aspirations to be a doctor. Her over empathising led to disruption to her concentration but she steadily improved through mentoring.

FN is a teenage girl with autism who has anger management problems. She was supported through a long wait for autism diagnosis.

Crisis Management -Examples

T, a victim of DV who was moved well out of area. We liaised with her MARAC worker to ensure she has local, ongoing support.

We offered support to a pregnant 17-year-old who is a Looked After Child. We helped her to know her rights and what social services involvement would take place with her pregnancy.

We mentored a drug user who is considering taking up a place at in-patient rehab.

We did a housing referral for care leaver who had just left prison. We provided financial guidance, including understanding UC income and fluctuations due to wages

Research & Development

Outcome Harvesting

Outcome harvesting is a process developed in foreign aid work by Sam Moody, one of our trustees. It inputs into our strategic planning and involves a process of reviewing all positive results of our work and describing them on a database. In 2021 this resulted in two major strategic decisions:

- a. carers from the deprived communities we serve becoming managers and leaders in Superkidz and shaping our delivery to their own communities.
- b. greater engagement with, and support of carers who bring children, including in informal parenting support.

Knife Crime & Violence

We continue to develop our understanding in how to tackle this problem which affects so many in this area. Our informal interviews with gang members and drug dealers to date, along with academic psychological data, show that Adverse Childhood Experiences (for example infant physical victimisation by a stepfather) lead to a mindset that generalises others as hostile and potentially threatening and also creates painfully low self-esteem play an important part in violent reactions. The fears that arise from the context of gang violence also play a key role. These factors are detailed in our youth work manual TGIM.

Drugs We are continuing our work in this area by looking at brain reward systems and how to reduce the need for drugs. The use of mutually supportive group dynamics and positive youth worker interactions based on Unconditional Positive Regard for producing oxytocin and games and exercise for dopamine and natural endorphins is helping our at risk youth group.

Gangs

We continued to develop our understanding of the gang as a type of social group, and how to create a sense of belonging at youth support groups which helps to prevent gang membership. Brain chemicals producing a sense of well-being from status and belonging can be fuelled by gangs. We run our youth support groups and youth mentoring in a way that provides status/self-esteem to young people and a feeling of belonging that emulates what gangs offer without the criminality, violence and dangers to young people.

Partnerships and Co-operation

Members

Our members are also partners, and representatives of parents, young people and children who come to our support groups meet with Board members each term to feedback and propose changes.

Royal Borough of Greenwich

We have a partnership with the Council through its youth work provider, Charlton Athletic Community Trust.

Churches

In 2021 we had partnerships with Church Army, Eltham Green Community Church and St. Saviour's Churches, and with Church Army, a national and international Anglican Church organisation. We are supported by many other churches through financial giving and gifts of Christmas presents for children and Easter eggs.

Greenwich Council

We delivered part of the Borough's Healthy Activity and Food (HAF) project over the Summer of 2021. We provided healthy food and exercise along with training for carers and young people in healthy recipes.

Metropolitan Police & MI6

Intelligence was passed to both these organisations about organised crime and radicalised young people joining a terrorist group.

XLP Partnership

We have a mature partnership with the London-wide charity XLP. We helped XLP provide detached work during lockdown when their double decker bus was considered not covid secure.

Local Schools and Colleges

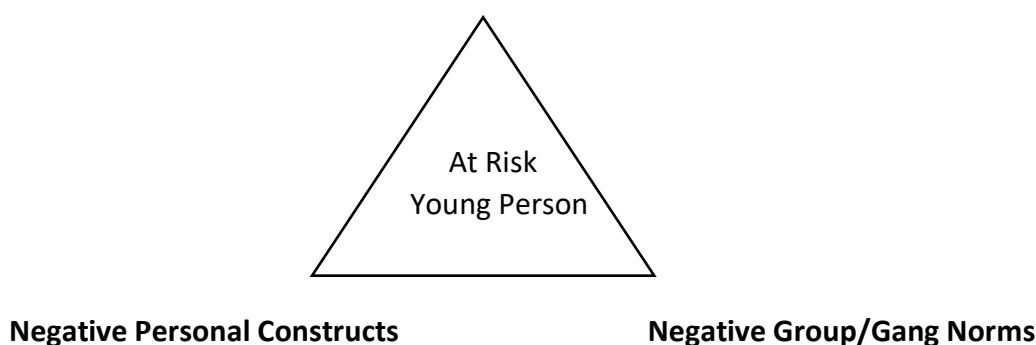
We worked closely with 3 local primary schools.

Food Bank Superkidz is part of the Greenwich Food Bank voucher distribution system.

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021
Replicable Youth Work Model

We have used our professional and academic training in psychology and sociology combined with practical personal experience to develop a manual and replicable model. This guides children's, youth and family work across several estates. The team has also provided training in this model for other organisations. Crucially, the model enables those whom we help to contribute to their own communities and act as strong, positive role models within them. Our theory of change is based on the following triangle, and is set out in our Transform Group and Individual Mentoring (TGIM) manual.

Negative Internal Working Model



The **Internal Working Model** is a framework of generalised beliefs and emotional responses shaped by experiences in early years. Children who have been the victims of physical or mental neglect or abuse at the hands of their carers often see all adults as uncaring or hostile, and react accordingly with aggression or withdrawal. Persevering care over a significant period, usually in the face of abuse, changes this.

Personal Construct Psychology focuses on hidden unconscious assumptions on which conclusions are based, which in turn guide decisions – such as, “I failed at school, therefore I am stupid – therefore drug dealing and crime are my only option”. The role of youth workers is to identify the underlying assumptions and conclusions, and help young people look at them critically and replace them where they are negative and destructive.

Social norms are among the most powerful forces influencing behaviour. Laws are often powerless by comparison. For example, there was group approval among many MPs to misuse expense claims, flouting the law and their own rules. They were not “criminal types”, but ordinary people. Communities and particularly the micro-communities of gangs, have their own norms on which group approval or rejection is based. The role of youth workers is to help young people to think for themselves, with reference to other values.

Training

We carried out routine training in

- a. Safeguarding x3 sessions
- b. Working with children who have special needs
- c. Working with anxiety sufferers

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

- d. Working with depression sufferers
- e. Working with addicts
- f. Working with anger problems in young people

We supported three of our Local Community Leaders to undertake the following courses:

MM

Domestic Abuse Basic Awareness; Domestic Abuse Level 3 diploma; Professional Relationships with young people; Introduction to child protection. Safeguarding Children Level-3 Designated Officer B2B

Ongoing: LADO Level 3 Safeguarding Children, Level 4 Safeguarding children; Level 3 Diploma Youth Work.

Previously: NVQ in Rebuilding Family Relationships (run by Greenwich CAMHS)

CT

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 awareness; Children's Mental Health; Criminal Psychology (Intl Open Ac); First Aid; Paediatric First Aid; Food Hygiene.

Previously: Youth Work Diploma.

LV

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 Awareness; food hygiene.

Ongoing: Level 3 Children's Mental Health; Youth Work Diploma leading to degree.

Planned for 2022

We aim to continue our recovery from the effects of the pandemic, which restricted numbers at our support groups.

We are planning to employ a part-time BACP counsellor to address mental health needs among our young people and to provide training to staff in the psychological knowledge needed for counselling. The pandemic has led to a greater incidence of mental health problems in young people.

Structure, Membership and Organisation

Registered charity name:	Superkidz Community Trust
Charity registration number:	1125720
Company registration number:	6639454

Principal & Registered office:	98 Middle Park Avenue
	Eltham, London SE9 5JH
	Tel. 020 88596403

The Trustees

The Trustees who served the Charity during the period were as follows:

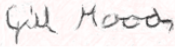
Gill Moody	Chair
Michael Stevenson	Secretary
Eric Sham	Treasurer

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

Samuel Moody Trustee
Kane Brooks Trustee for Safeguarding
Debjani Roy Trustee

Superkidz Community Trust has responsibilities for employees and volunteers, repairs and maintenance of rented accommodation and the Trustees of Superkidz Community Trust decide how the funds of the Trust are to be spent.



Chairman

The board members are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice.

Charity law requires the board members to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements, the board members are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the activities of the charity will continue.

The board members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent examiner's report to the trustees of Superkidz Community Trust

Independent examiner's report to the trustees of Superkidz Community Trust

I report on the accounts of the company for the year ended 31 December 2021, which are set out on pages 6 to 13.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the Charities SORP (FRS102)

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



G D FOTHERGILL F.C.C.A.
Swaleside Accountancy Limited, Old Rectory, South Kilvington, Thirsk,
North Yorkshire YO7 2NL

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	Note	£	£	£	£	£	£
Income and Endowments from							
Donations and legacies	4	66,531	50,834	117,365	129,009	130,000	259,009
Investments		-	-	-	-	-	-
Total Income and Endowments		66,531	50,834	117,365	129,009	130,000	259,009
Expenditure on:							
expenditure on charitable activities	5	92,155	145,000	237,155	120,602	103,857	224,459
Raising Funds		-	-	-	-	-	-
Total Expenditure		92,155	145,000	237,155	120,602	103,857	224,459
Net income		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Reconciliation of funds brought forward at 1st January		34,213	154,362	188,576	25,806	128,219	154,026
Total Funds carried forward at 31 December		8,588	60,196	68,785	34,213	154,362	188,576

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2021

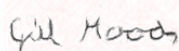
	Note	£	2021 £	2020 £
Fixed Assets		-	-	
Tangible Assets		-	-	
Current Assets				
Cash at bank and in hand		41,079	56,447	
Debtors	6	27,706	132,127	
		68,785	188,575	
Current liabilities				
Amounts falling due within one year	7	-	-	
Net current assets			68,785	188,575
Net assets			68,785	188,575
Funds				
Unrestricted	8			
Designated		6,291	6,291	
Undesignated		2,298	27,922	
Total Unrestricted		-	8,589	34,213
Restricted	8		60,196	154,362
Total Funds			68,785	188,575

The Trustees are satisfied that the Charity is entitled to exemption from the provision of the Companies Act 2006 (the Act) relating to the audit of the Financial Statements for the year by virtue of section 477.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the Charity keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing Financial Statements which give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of its surplus or deficit for the financial period in accordance with the requirements of the Companies Act 2006 relating to small companies and in accordance with the Charities SORP (FRSSE) (effective January 2015)

These Financial Statements were approved by the Board on September 2022 and are signed on their behalf:



....., Gill Moody, Chairman

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

STATEMENT OF CASH FLOWS

AS AT 31 DECEMBER 2021

	Note	2021	2020
Cash flows from operating activities:		£	£
Net cash provided by operating activities:	2	(15,368)	30,505
Cash flows from Investment activities			
Dividends, interest and rent from investments		-	-
Proceeds from sales of property		-	-
Pruchase of Property, plant and equipment		-	-
Proceeds from sales of investments		-	-
Purchases of Investments		-	-
Net cash provided by investing activities		-	-
Cash flows from financing activities:			
Repayments and borrowing		-	-
Receipt of endowment		-	-
Net Cash provided by Financing activities		-	-
Change in cash and cash equivilents in reporting period		(15,368)	30,505
Cash and Cash equivalents at the beginning of the reporting period		56,447	25,942
Cash and cash equivilents at the end of the reporting period	3	41,079	56,447

1 Accounting Policies

Superkidz Community Trust is a public benefit entity under FRS 102. The Financial Statements have been prepared in accordance with the applicable accounting standards, the Charities Act 2011 and the Charity Commission's revised Statement of Recommended Practice issued in Charities SORP 2015 (FRSSE). The Financial Statements have been prepared under the historical cost convention.

1(a) Funds

General purpose funds represent those funds of Superkidz Community Trust that are not subject to any restrictions regarding their use and which are available for application to the general purposes of Superkidz Community Trust. Funds designated for a particular purpose by Superkidz Community Trust are also unrestricted.

The financial statements include all transactions, assets and liabilities for which the financial statements include all transactions, assets and liabilities for which Superkidz Community Trust is responsible in law.

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

1(b) Incoming Resources

Voluntary income and capital sources

- Collections are recognised when received by or on behalf of Superkidz Community Trust;
- Planned giving receivable under Gift Aid etc. is recognised only when received;
- Income Tax recoverable on covenants or Gift Aid donations is recognised when the income is probable;
- Grants and legacies Superkidz Community Trust are accounted for as soon as Superkidz Community Trust is notified of its legal entitlement and the amount due;
- Receipts from fundraising events are accounted for on receipt of cash or when the income is probable, if earlier.

Income from investments

Interest is accounted for when receivable. Tax recoverable on such income is recognised in the same accounting year.

1(c) Resources used

Grants

Grants and donations are accounted for when paid over, or as soon as outflow of economic benefit is probable for example when a grant is awarded (if that award creates a binding obligation on Superkidz Community Trust).

1(d) Current Assets

Amounts owing to Superkidz Community Trust at 31st December in respect of fees, rents or other income are shown as debtors less provision for amounts that may prove non-collectible.

1(e) Debtors

Trade and other debtors are recognised in the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

1(f) Creditors and Provisions

Creditors and provisions are recognised where the charity has a recent obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

1(g) Cash and bank

Cash at bank and cash in hand is recognised based on the balances at 31 December.

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

2 Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	Note	2021 £	2020 £
Net income/(expenditure) for the reporting period	2	(119,790)	34,550
Adjustment for:			
(increase)/decrease Debtors		104,422	(3,032)
Increase/(decrease) Creditors		-	(1,012)
Net cash provided by investing activities		(15,368)	30,505

3 Analysis of cash and cash equivalents

	Note	2021 £	2020 £
Cash in Hand	2	41,079	56,447
Net cash provided by investing activities		41,079	56,447

4 Income and endowments from

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations and legacy						
Church Donations	-	-	-	3,018	-	3,018
Gift Aid Uplift	-	-	-	817	-	817
Grants (donation)	62,620	30,834	93,454	93,800	130,000	223,800
Regular Givers	3,998	-	3,998	6,448	-	6,448
Single Donation	11,130	-	11,130	13,683	-	13,683
CJRS	8,778	-	8,778	11,204	-	11,204
	86,527	30,834	117,361	128,971	130,000	258,971
Investments						
Bank and other interest	4	-	4	37	-	37
Total Income and endowments	86,531	30,834	117,365	129,008	130,000	259,008

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

5 Expenditure on

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Raising funds						
Seeking donations and grants			-			-
Charitable Activities						
Grants Given	-	-	-	-	-	-
Childrens Clubs, running costs	9,637	-	9,637	14,647	417	15,063
Youth Work, Runnign costs	25,577	5,000	30,577	2,606	4,001	6,607
Family work, running costs		-	-	-	-	-
Rent and repair	3,400		3,400	2,382	-	2,382
Staff costs	31,225	140,000	171,225	51,415	99,752	151,167
Insurance	1,134	-	1,134	-	-	-
Examination and audit	432	-	432	432	-	432
Administration costs	20,750		20,750	49,120	(312)	48,808
	<u>92,155</u>	<u>145,000</u>	<u>237,155</u>	<u>120,602</u>	<u>103,857</u>	<u>224,459</u>
Total expenditure	92,155	145,000	237,155	120,602	103,857	224,459

6 Debtors

	2021	2020
	£	£
Accrued income	24,343	129,510
Employee cash advances	-	1,480
Gift Aid Reclaim	-	817
Tax Repayable	3,364	
	<u>27,706</u>	<u>131,807</u>

7 Liabilities: amounts falling due within one year

	2021	2020
	£	£
Trade Creditors	-	-
Accruals and deferred income	-	-
PAYE and NI payable	-	-
	<u>-</u>	<u>-</u>

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

8 Employees and emoluments

8 (a) Providers of services to Superkidz Community Trust and their emoluments

The Trustees are not employed by Superkidz Community Trust and do not receive remuneration, expenses or other non-cash benefits for their service.

Key management personnel: the Manager of Superkidz Community Trust is employed full-time by Church Army. The work for Superkidz Community Trust is completed under a secondment agreement to support the work of Superkidz Community Trust. No payment is made for remuneration, expenses or other non-cash benefits to either the Manager or Church Army.

8 (b) Employees and emoluments

Superkidz Community Trust employed one full-time and three part-time youth workers during 2021. It also employed sessional workers for Stay and Play and in support of the children's clubs.

Total employee numbers and emoluments were as follows:

	Number of employees 2021	Number of employees 2020
Sessional Workers	33	26
Youth Workers	<u>1</u>	<u>2</u>
	<u>34</u>	<u>28</u>
	2021	2020
	£	£
Salaries	158,916	134,824
Employer Pension Contributions	1,412	3,813
Employer NI	<u>1,134</u>	<u>1,209</u>
	<u>161,462</u>	<u>139,846</u>

These employees have contracts of employment and their emoluments are subject to deductions of PAYE, Pension and National Insurance. This is for the youth work team and sessional workers.

There were no employees with a salary greater than £60,000 per annum.

9 Related Party Transactions

There were no related party transactions during the year

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

10 Analysis of net assets

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Current Assets	8,588	60,196	68,785	34,213	154,362	188,575
Current Liabilities			-			-
	<u>8,588</u>	<u>60,196</u>	<u>68,785</u>	<u>34,213</u>	<u>154,362</u>	<u>188,575</u>

11 Analysis of fund movements during the year

	Balance at 31 Dec 2020	Income	Expenditure	Transfer	Balance at 31 Dec 2021
	£	£	£		£
Designated fund	6,291				6,291
General purpose fund	<u>27,922</u>	<u>66,531</u>	<u>92,155</u>		<u>2,298</u>
Total Unrestricted	34,213	66,531	92,155	-	8,589
Restricted funds:					
Children In Need	9,204		9,204		()
Ashden Trust	4,506	15,000	19,506		()
The Big Give	2,338		2,338		
Young Offender	571		571		()
St James Place	5,288		5,288		()
Henry Smith	40,000		20,000		20,000
Tudor Trust	92,456		52,259		40,197
CACT		10,834	10,834		-
Garfield		20,000	20,000		-
London City Community Reponse		5,000	5,000		-
Total Restricted Funds	154,362	50,834	145,000	-	60,196
Total Funds	<u>188,575</u>	<u>117,365</u>	<u>237,155</u>	-	<u>68,785</u>

Superkidz Community Trust

Registered charity number 1125720

Company Limited by Guarantee No 6639454



Annual Report and Financial Statements
for the year ended 31 December 2021

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

TRUSTEES REPORT YEAR ENDED 31 DECEMBER 2021

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the unaudited Financial Statements (independently examined by Swaleside Accountancy Ltd, Chartered Accountants) of the charity for the year ended 31 December 2021

Mission

We support and empower deprived communities through persevering loving care. Superkidz helps to maximise the potential and well-being of children, young people and families in the most deprived areas of the London Borough of Greenwich, restoring their innate human **resilience** and resourcefulness which enables them to become agents of change and to break the cycle of intergenerational poverty in their own communities.

Objectives

When planning our activities for the year, the trustees consider the most deprived estates in the locality and the range of children, young people and families from backgrounds of multiple disadvantage and seek to empower them and involve them in providing a broad range of individual and community social education activities and programmes aimed at maximising potential and positive outcomes, supporting vulnerable carers in good parenting, encouraging positive attitudes and fostering self-esteem in children and young people, preventing them from engaging in crime, drug use and negative lifestyles, and intervening with those who are already entangled in the latter.

Aim

Superkidz' primary aim is to work in and with deprived communities to disrupt cycles of low educational attainment, family dysfunction, violence, criminality, psychological damage, and poverty. We do this by a combination of crisis prevention and intervention in the lives of children and young people and by working with carers. Our methods are informed by psychological and sociological expertise. We support members of those communities to see their gifts and use them to bring about transformation in their own neighbourhoods and beyond. The exchange of expertise is mutual: we train and empower local carers and young adults in various skills, employ them as workers and receive training from them in the best ways of running activities and growing their communities' strengths, and in how to help the most vulnerable children, young people and carers. These include those previously recruited into crime, drug dealing and county lines, former drug addicts and victims of domestic abuse and violence. For example, one of our youth mentors is a local ex-young offender with whom we worked for 12 years, including visiting consistently in prison. He is a qualified fitness instructor and provides training and mentoring to young people involved with drug gangs or at risk of engaging in criminal activity from their own perspective, and has enabled other young offenders to turn a corner and become youth support workers.

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021
Profile

Superkidz is a Christian foundation serving and employing people from deprived communities of any faith or none based in the London Borough of Greenwich. Our workforce has lived experience and first-hand knowledge of the issues on deprived estates. For example a number have overcome severe Adverse Childhood Experiences, drug gang membership, debt, domestic violence and drug addiction.

We have a core value of persevering loving care and unconditional positive regard, proven as a means to overcoming psychological scars and side effects like low self-esteem, learned helplessness and anxiety and depression. Young people who have experienced cruelty and neglect tend to view the world through a distorting lens that sees people as hostile and themselves in a distorting mirror that makes them feel worthless, useless and without hope. Our approach is proven to change both of these perceptions.

We specialise in work with young offenders, those who struggle with drugs and young people who have been victims of Adverse Childhood Experiences and who are vulnerable to being victims of recruitment into drug gangs or are already trapped in drug delivery work. We also address sexual responsibility with them. Vulnerable girls are an important focus. Helping them is also a way of preventing them from becoming victims of sexual exploitation, unplanned pregnancy and toxic relationships that sadly affect the next generation. Sadly, we are also having to address a significant rise in young people between the ages of 16 and 25 experiencing homelessness or at risk of homelessness.

Led by members of our local deprived communities, we have developed a management model that enables disadvantaged adults and young people to see their own potential, and become paid leaders and workers who shape Superkidz as an organisation, and who transform their own communities from within. We have used our training and experience to develop a model that enables us to work with the most damaged children and young people and to train other organisations in our methods. This model tackles low self-esteem, aspirational deficits and psychological issues that lead to low performance at school and relational and behavioural problems. Our mentoring promotes long term engagement with education, training and employment. It teaches children and young people to relate successfully within wider society. The model works for both crisis prevention and intervention and is enabling those we work with to act as positive role models within their community.

The Need

Poverty

Greenwich is the 50th most deprived Local Authority in England (ranked out of 326 authorities) placing the borough district in the top 20% most deprived authorities. There are 151 LSOAs within Greenwich. There are 3 that fall within the 10% most deprived neighbourhoods and 38 in the 20% most deprived neighbourhoods in England. In terms of deprivation for children, the Indices of Deprivation Affecting Children Index (IDACI) shows there are 18 areas that are in the 10% most deprived areas and 52 that are in the 20% most deprived areas in England. (*Royal Borough of Greenwich 2020*). In London 53% of single parent households are living in poverty (after housing costs). On average 71% of Superkidz beneficiaries come from single parent households. Out of 32 London boroughs Greenwich ranks 3rd for home repossessions. (*London's Poverty Profile. Trust for London 2022*).

Education

Students in Greenwich have one of the worst GCSE attainments in London, with 70.8% of students in the borough achieving grades 9-4 (equivalent to A*-C under the old system) in English and Maths at GCSE compared to 75.6% across the whole of the capital. Greenwich also has the highest proportion of 19-year-olds without level 3 qualifications at 38.7%, compared with the average of only 24.4% across boroughs. *(Trust for London 2022)*

Mortality

Greenwich has some of the highest infant mortality and premature mortality rates in all of London. 376 deaths in people below 75 years of age were recorded per 100,000 population; infant mortality rate, at 4.5 per 1,000 births, is the second highest in all of London, where the average is 3.4 deaths per 1,000 births. *(Trust for London 2022)*

Illegal Drugs

More than half a million doses of pure cocaine are consumed in London on average each day. Research by King's College London found that the average daily amount of pure cocaine being consumed in London was 23kg - more than Europe's next three biggest cocaine-consuming cities combined; Barcelona (12.74kg), Amsterdam (4.62kg) and Berlin (4.62kg). (Kings College London). It means London's annual pure cocaine use now equates to more than eight tonnes which has an estimated street value of more than £1bn. *(King's College 2019)*

Our experience is that the long-term effects of Adverse Childhood Experiences (ACES) often leads to self-medication for anxiety and depression through illegal drugs, typically cannabis for anxiety and cocaine for depression. For carers, the cost of these further reduces available family income. The demand leads to a lucrative drugs economy where dealers recruit local boys as young as 12 to deliver drugs and their poverty makes them additionally vulnerable to being recruited. Our young offender group primarily targets these boys, who are also users.

Under 18 Pregnancy

Greenwich Council's 2020 report on teen pregnancy says that for many teenagers bringing up a child is extremely difficult and often results in poor outcomes for both the teenage parent and the child, in terms of the baby's health, the mother's emotional health and wellbeing and the likelihood of both the parent and child living in long-term poverty. Teenage mothers are less likely to finish their education, are more likely to bring up their child alone and have a higher risk of poor mental health than older mothers. The children of teenage mothers have an increased risk of living in poverty and poor-quality housing and are more likely to have accidents and behavioural problems.

Infant mortality rates for babies born to teenage mothers are around 60% higher than for babies born to older mothers.

Risk factors for becoming a teenage parent include:

- poverty
- being a child in care
- children of teenage mothers
- low educational attainment
- truanting or exclusion from school
- 16-17 year olds not being in education, employment or training
- being a victim of sexual abuse
- mental health problems and involvement in crime.

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The latest statistics indicate that under 18 pregnancies in the Borough currently vary year on year between 19 to 25 pregnancies per 1000. Superkidz has a group targeting vulnerable girls and helps carers who have been through the experience of teen pregnancy. We estimate that 74% of the children we served in 2021 were originally born to teenage mothers.

Domestic Violence

In 2021 out of 21 Superkidz Local Workers and Leaders 14 were domestic violence survivors, (Superkidz providing them with a sheltered introduction to employment). Greenwich Domestic Violence and Abuse Services reports that the number of domestic abuse crimes recorded by the police in England and Wales in the year ending March 2021 increased by 6%; from 798,607 in the year ending March 2020 to 845,734. In the year ending March 2021, the number of people supported by the National Domestic Abuse Helpline, run by the charity Refuge, in England increased by 22% to 49,756 compared with 40,859 in the year ending March 2020. The Crime Survey for England and Wales (CSEW) found that an estimated 2.3 million adults aged 16 to 74 years experienced domestic abuse in the year ending March 2020 representing a prevalence rate of approximately 5 in 100 adults.

Of domestic abuse cases 73.1% were against women and 26.9% were against men. (Office for National Statistics, November 2021) (*Greenwich Domestic Violence and Abuse Services*)

Teenage Violence

Most Serious Violence (MSV) rates in London have the highest numbers of both perpetrators and victims among males in the age range 15-19, a group targeted by our work with young offenders. (*Understanding Serious Youth Violence in London GLA 2021*)

Activities & Achievements

In 2021 our total beneficiary reach, reduced by the pandemic, still amounted to a total of 424 deprived beneficiaries face to face (359 children and young people and 65 carers) and 1105 online. 28 children under 4 years old were reached through our Stay n Play group, as well as 15 parents and carers. Our Children's and Carers Support Groups engaged with 79 children and 50 carers face-to-face. Online Children's and Carer provision achieved 1044 online views. We reached 142 young people and also created an online programme tackling issues like drug abuse, drug dealing and knife crime. See below for further information in relation to beneficiaries reached at each support session.

In the course of 2021 the activities that were suspended or online during 2020 were gradually resumed face-to-face under Covid precautions: social distancing, mask-wearing and covid cleaning of all furniture, walls and floors before and after each session. The last activity to be reinstated was the mothers' and toddlers' group Stay n Play in Autumn 2021 because of the problem of shared toddlers' toys and the difficulty of maintaining social distance between toddlers. We followed National Youth Association rules which severely limited our numbers – 15 including workers at their most restricted. Online presentations continued reaching several hundred.

During 2021 we engaged with children, young people and their families every day of the week. Our main point of engagement was through our weekly support groups:

- one Stay n Play group for parents and toddlers
- two children's and carer support groups
- six youth support groups.

Our Thursday youth support group was first introduced to continue to meet demand for support when Covid restrictions limited attendee numbers at each group. We continued to run this group having seen just how vital this additional support is for our young people as

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we emerged from the pandemic. The weekly programme is outlined below.

Monday Sisters of Success (formerly Girl Power): Middle Park estate, SE9 5JH (term time)

This is a group run by Local Community Leader CT (who achieved a Diploma in Youth Work in 2020) since May 2021 when Alice Baird left for a post in a school. CT is a domestic violence survivor from one of the Council estates we serve. She is the mother of 10 children, 4 with special needs, who plays a vital role as a Superkidz leader. She is an accomplished artist and an expert in crafts and has brought these gifts as well as her hard-won experience to the SOS group. The name change – Sisters of Success- was her idea. This group of teenage girls desperately need increased self-esteem, aspirations, independent thinking and mutual support. CT has instigated personal achievements books for each girl with entries made by other girls affirming one another's qualities and successes. This group aims to reinforce girls' self-esteem, build local support networks and combat sexual exploitation by local gang members and others. Art and craft on focused themes also enhances self-esteem and mutual support (see right).



The group continued to benefit from the **mutual affirmation diaries** (first initiated by CT) to raise each other's self-esteem were a new strategy initiated by these workers. This is vital in helping girls avoid being part of the next generation of under-age mothers whose children in some cases will be subject to neglect or abuse and scenarios where serial stepfathers may in some cases be violent. Such children tend to form the next generation of young offenders, at risk girls, and addicts.

Average number of attendees each week: 8, with a peak of 11.

Yearly total: 18

Tuesday Children and Carers Support Group: Page Estate, SE9 6DH (term time)

Our weekly support group for 4-11-year-old children and their carers. These sessions promote self-esteem and resilience through creative, structured activities and enable isolated parents/carers to socialise. They also help carers with ideas for activities with children at home.

Average number of children each week: 13, with a peak of 26. Yearly total: 36

Average number of carers engaged each week: 6 Yearly total: 20

Wednesday Stay n Play Carers and Toddlers: Middle Park Estate, SE9 5JH (term time)

A friendly and informal group for parents and carers with preschool aged children providing support and encouragement alongside music, games and stories in a large and enriched safe play space with many toys and with craft activities. Carers who are struggling can find support and advice from staff and other members of the group.

Average number of children each week: 17, with a peak of 21. Yearly total children: 28

Average number of carers each week: 9. Yearly total: 15

Wednesday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Support group for years 6-8 boys and girls. This group has regular attenders and is helping with the transition from primary to secondary school. It enables us to do preventative work

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against dropping out of school and becoming drawn to gangs and especially drug gangs.

Average number of attendees each week: 8, with a peak of 13.

Yearly total young people: 24

Yearly total figure excludes 10 already counted in Monday SOS Group figure

Wednesday detached youth work: Briset Park, SE9 (term-time)

We contribute to this support group run by youth work organisation XLP. The session uses the XLP adapted double-decker bus equipped with computers, games consoles, air hockey tables and an array of arts and crafts activities. We also support football coaching sessions in the football 'cage' alongside the bus session.

Average number of attendees each week: 29, with a peak of 38. Yearly total: 51

Thursday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Initially a new session because of the Covid restrictions on numbers at Wednesday and Friday youth sessions, we transitioned this to help young offenders, primarily those recruited into drug gangs or at risk of being recruited, as the need for this work has increased. It became a 3-and-a-half hour session with sports and fitness training and input from three reformed ex-young offenders.

Average number of attendees each week: 10, with a peak of 21. Yearly total: 39

Friday Youth Support Group, Middle Park Estate, SE9 5JH (50 weeks of the year)

Club for those aged 13-19 where they can safely socialise and/or take part in a range of activities.

Average number of attendees each week: 10, with a peak of 17. Yearly total: 36

Yearly total figure excludes already counted in Wednesday Group figure.

Saturday Children's and Carer's Support Group, Middle Park estate, SE9 5JH (term time)

The second of our twice-weekly clubs for 4-11-year-olds and their carers. Like the Tuesday group this session has a number of children with special needs and with parents who are addicts, where the children are looked after by other relatives

Average number of children each week: 13, with a peak of 22. Yearly total: 43

Average number of carers engaged each week: 5 Yearly total: 30

At both children's and carers groups, whether online or face to face, there were weekly interactive puppet stories with memorised "powerphrases" reinforcing positive attitudes and choices as follows.

Term 1

1. Never give up
2. If at first you don't succeed
3. Don't go with the crowd
4. I can be a good example
5. Be good to your neighbourhood
6. Be kind when you speak your mind
7. We can all make a difference
8. One planet one family
9. Dare to care

10. Speak for the weak

Term 2

1. Put your heart into a good start
2. Mistakes help you learn
3. Stay safe on the streets
4. Mistakes help us learn
5. Never give up (2)
6. Because you are worth it
7. Everyone is important
8. Phone a friend
9. Remember heroes
10. Fools aren't cool

Term 3

1. Choose right
2. Always do your best
3. Bounce back from a setback
4. Need help? Ask for help!
5. Don't let your anger go bang!
6. Being bad will make you sad
7. Look after each other
8. Eat well live well
9. Have fun keep fit
10. Everyone is precious
11. Worth more than diamonds
12. Love works

Sunday G Group: Middle Park estate, SE9 5JH (51 weeks of the year))

The second of our drug gang and young offender Youth Support Groups - ages 13-19. "G" is a term of respect used among the young offenders and at-risk young people who form a special 2x weekly group with whom we work. It is a 2-and-a-half hour session with intensive group mentoring as the young people engage in sport and games

Average number of attendees each week: 13, with a peak of 18.

Yearly total: 39 (all attendees at both Thursday and Sunday sessions)

Christmas parties, Hampers and Christmas gifts

In December 2021 we held Christmas parties for our children and carers. Activities included seasonal games, crafts, music, dancing and messy play. We also delivered food hampers and presents to our neediest families.

Christmas Parties

A total of 63 children attended the 2 parties. Each child received a good present.

Christmas Hampers

We delivered a total of 51 Christmas hampers. Each hamper consisted of 2-3 bags of food and essentials (depending on the size of the family). We were also able to put a total of 120 gifts into hampers. Recipients of our hampers included grandparents with care of their grandchildren, carers who had recently lost jobs, victims of domestic violence, carers and children with mental health difficulties and special needs.

Instagram & Facebook

We used Facebook to reach carers and children with fun-based messages based on our “power phrases” (see above).

We used Instagram to reach young people with important messages, for example anti-knife and anti-drugs presentations.

Mentoring Successes - Examples

CE was a youth scarred by domestic violence throughout his early childhood, diagnosed with several special needs including autism and ADHD, and whose behaviour as a youth was violent, erratic and unpredictable, such that our partners XLP would not allow him to attend their activities. He was also being mentioned in police meetings. Superkidz group-mentored him and 4 others weekly and established a good relationship. Superkidz also bought gardening and building equipment and lent them to him to set him up in self-employment. He became a busy and hard-working self-employed landscaper and gardener, producing high quality patios and advertising online for business. He was able to support his new family, which included his partner’s children from a previous relationship.

SG and BL were also part of this troubled group. With our support S obtained work on building sites in central London and in steady employment. B is a father and working in retail, holding down a steady job. He previously had a joyriding conviction and was mentioned in police meetings.

DC is the daughter of class A addicts who was a Junior Helper and then Local Community Worker (LCW) with Superkidz for many years. She was established successfully in the Care Work sector with Superkidz providing references.

ZC is a 16-year-old girl who has had multiple problems at school and home and was helped in applying for childcare apprenticeships.

S is a person born male and in the process of changing gender identity. She was supported through discriminatory behaviour at college and received regular mentoring

EM is a teenage girl suffering from stress through anxiety about other people’s problems. She is highly intelligent and has aspirations to be a doctor. Her over empathising led to disruption to her concentration but she steadily improved through mentoring.

FN is a teenage girl with autism who has anger management problems. She was supported through a long wait for autism diagnosis.

Crisis Management -Examples

T, a victim of DV who was moved well out of area. We liaised with her MARAC worker to ensure she has local, ongoing support.

We offered support to a pregnant 17-year-old who is a Looked After Child. We helped her to know her rights and what social services involvement would take place with her pregnancy.

We mentored a drug user who is considering taking up a place at in-patient rehab.

We did a housing referral for care leaver who had just left prison. We provided financial guidance, including understanding UC income and fluctuations due to wages

Research & Development

Outcome Harvesting

Outcome harvesting is a process developed in foreign aid work by Sam Moody, one of our trustees. It inputs into our strategic planning and involves a process of reviewing all positive results of our work and describing them on a database. In 2021 this resulted in two major strategic decisions:

- a. carers from the deprived communities we serve becoming managers and leaders in Superkidz and shaping our delivery to their own communities.
- b. greater engagement with, and support of carers who bring children, including in informal parenting support.

Knife Crime & Violence

We continue to develop our understanding in how to tackle this problem which affects so many in this area. Our informal interviews with gang members and drug dealers to date, along with academic psychological data, show that Adverse Childhood Experiences (for example infant physical victimisation by a stepfather) lead to a mindset that generalises others as hostile and potentially threatening and also creates painfully low self-esteem play an important part in violent reactions. The fears that arise from the context of gang violence also play a key role. These factors are detailed in our youth work manual TGIM.

Drugs We are continuing our work in this area by looking at brain reward systems and how to reduce the need for drugs. The use of mutually supportive group dynamics and positive youth worker interactions based on Unconditional Positive Regard for producing oxytocin and games and exercise for dopamine and natural endorphins is helping our at risk youth group.

Gangs

We continued to develop our understanding of the gang as a type of social group, and how to create a sense of belonging at youth support groups which helps to prevent gang membership. Brain chemicals producing a sense of well-being from status and belonging can be fuelled by gangs. We run our youth support groups and youth mentoring in a way that provides status/self-esteem to young people and a feeling of belonging that emulates what gangs offer without the criminality, violence and dangers to young people.

Partnerships and Co-operation

Members

Our members are also partners, and representatives of parents, young people and children who come to our support groups meet with Board members each term to feedback and propose changes.

Royal Borough of Greenwich

We have a partnership with the Council through its youth work provider, Charlton Athletic Community Trust.

Churches

In 2021 we had partnerships with Church Army, Eltham Green Community Church and St. Saviour's Churches, and with Church Army, a national and international Anglican Church organisation. We are supported by many other churches through financial giving and gifts of Christmas presents for children and Easter eggs.

Greenwich Council

We delivered part of the Borough's Healthy Activity and Food (HAF) project over the Summer of 2021. We provided healthy food and exercise along with training for carers and young people in healthy recipes.

Metropolitan Police & MI6

Intelligence was passed to both these organisations about organised crime and radicalised young people joining a terrorist group.

XLP Partnership

We have a mature partnership with the London-wide charity XLP. We helped XLP provide detached work during lockdown when their double decker bus was considered not covid secure.

Local Schools and Colleges

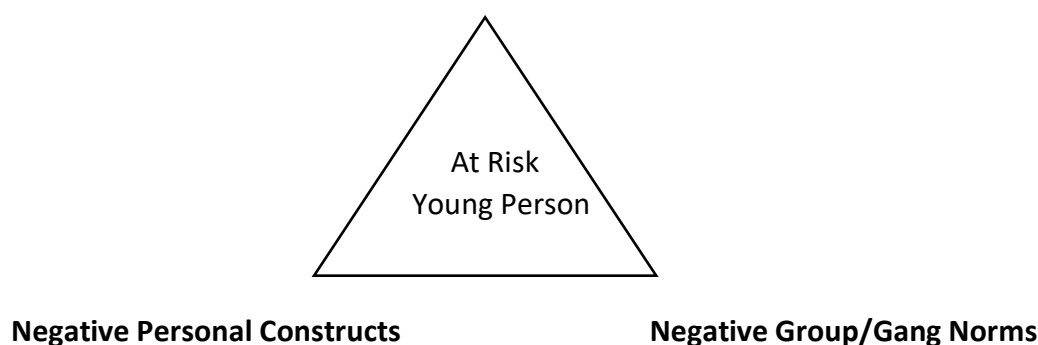
We worked closely with 3 local primary schools.

Food Bank Superkidz is part of the Greenwich Food Bank voucher distribution system.

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021
Replicable Youth Work Model

We have used our professional and academic training in psychology and sociology combined with practical personal experience to develop a manual and replicable model. This guides children's, youth and family work across several estates. The team has also provided training in this model for other organisations. Crucially, the model enables those whom we help to contribute to their own communities and act as strong, positive role models within them. Our theory of change is based on the following triangle, and is set out in our Transform Group and Individual Mentoring (TGIM) manual.

Negative Internal Working Model



The **Internal Working Model** is a framework of generalised beliefs and emotional responses shaped by experiences in early years. Children who have been the victims of physical or mental neglect or abuse at the hands of their carers often see all adults as uncaring or hostile, and react accordingly with aggression or withdrawal. Persevering care over a significant period, usually in the face of abuse, changes this.

Personal Construct Psychology focuses on hidden unconscious assumptions on which conclusions are based, which in turn guide decisions – such as, “I failed at school, therefore I am stupid – therefore drug dealing and crime are my only option”. The role of youth workers is to identify the underlying assumptions and conclusions, and help young people look at them critically and replace them where they are negative and destructive.

Social norms are among the most powerful forces influencing behaviour. Laws are often powerless by comparison. For example, there was group approval among many MPs to misuse expense claims, flouting the law and their own rules. They were not “criminal types”, but ordinary people. Communities and particularly the micro-communities of gangs, have their own norms on which group approval or rejection is based. The role of youth workers is to help young people to think for themselves, with reference to other values.

Training

We carried out routine training in

- a. Safeguarding x3 sessions
- b. Working with children who have special needs
- c. Working with anxiety sufferers

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- d. Working with depression sufferers
- e. Working with addicts
- f. Working with anger problems in young people

We supported three of our Local Community Leaders to undertake the following courses:

MM

Domestic Abuse Basic Awareness; Domestic Abuse Level 3 diploma; Professional Relationships with young people; Introduction to child protection. Safeguarding Children Level-3 Designated Officer B2B

Ongoing: LADO Level 3 Safeguarding Children, Level 4 Safeguarding children; Level 3 Diploma Youth Work.

Previously: NVQ in Rebuilding Family Relationships (run by Greenwich CAMHS)

CT

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 awareness; Children's Mental Health; Criminal Psychology (Intl Open Ac); First Aid; Paediatric First Aid; Food Hygiene.

Previously: Youth Work Diploma.

LV

Safeguarding Children Level-3 Designated Officer B2B; LADO Level 3 Safeguarding Children; Covid-19 Awareness; food hygiene.

Ongoing: Level 3 Children's Mental Health; Youth Work Diploma leading to degree.

Planned for 2022

We aim to continue our recovery from the effects of the pandemic, which restricted numbers at our support groups.

We are planning to employ a part-time BACP counsellor to address mental health needs among our young people and to provide training to staff in the psychological knowledge needed for counselling. The pandemic has led to a greater incidence of mental health problems in young people.

Structure, Membership and Organisation

Registered charity name:	Superkidz Community Trust
Charity registration number:	1125720
Company registration number:	6639454

Principal & Registered office:	98 Middle Park Avenue Eltham, London SE9 5JH Tel. 020 88596403
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The Trustees

The Trustees who served the Charity during the period were as follows:

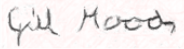
Gill Moody	Chair
Michael Stevenson	Secretary
Eric Sham	Treasurer

SUPERKIDZ COMMUNITY TRUST

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Samuel Moody Trustee
Kane Brooks Trustee for Safeguarding
Debjani Roy Trustee

Superkidz Community Trust has responsibilities for employees and volunteers, repairs and maintenance of rented accommodation and the Trustees of Superkidz Community Trust decide how the funds of the Trust are to be spent.



Chairman

The board members are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice.

Charity law requires the board members to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements, the board members are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the activities of the charity will continue.

The board members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent examiner's report to the trustees of Superkidz Community Trust

Independent examiner's report to the trustees of Superkidz Community Trust

I report on the accounts of the company for the year ended 31 December 2021, which are set out on pages 6 to 13.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the Charities SORP (FRS102)

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



G D FOTHERGILL F.C.C.A.
Swaleside Accountancy Limited, Old Rectory, South Kilvington, Thirsk,
North Yorkshire YO7 2NL

SUPERKIDZ COMMUNITY TRUST
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SUPERKIDZ COMMUNITY TRUST

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STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	Note	£	£	£	£	£	£
Income and Endowments from							
Donations and legacies	4	66,531	50,834	117,365	129,009	130,000	259,009
Investments		-	-	-	-	-	-
Total Income and Endowments		66,531	50,834	117,365	129,009	130,000	259,009
Expenditure on:							
expenditure on charitable activities	5	92,155	145,000	237,155	120,602	103,857	224,459
Raising Funds		-	-	-	-	-	-
Total Expenditure		92,155	145,000	237,155	120,602	103,857	224,459
Net income		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(25,624)	(94,166)	(119,790)	8,407	26,143	34,550
Reconciliation of funds brought forward at 1st January		34,213	154,362	188,576	25,806	128,219	154,026
Total Funds carried forward at 31 December		8,588	60,196	68,785	34,213	154,362	188,576

SUPERKIDZ COMMUNITY TRUST
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BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2021

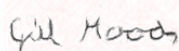
	Note	£	2021 £	2020 £
Fixed Assets		-	-	
Tangible Assets		-	-	
Current Assets				
Cash at bank and in hand		41,079	56,447	
Debtors	6	27,706	132,127	
		68,785	188,575	
Current liabilities				
Amounts falling due within one year	7	-	-	
Net current assets			68,785	188,575
Net assets			68,785	188,575
Funds				
Unrestricted	8			
Designated		6,291	6,291	
Undesignated		2,298	27,922	
Total Unrestricted		-	8,589	34,213
Restricted	8		60,196	154,362
Total Funds			68,785	188,575

The Trustees are satisfied that the Charity is entitled to exemption from the provision of the Companies Act 2006 (the Act) relating to the audit of the Financial Statements for the year by virtue of section 477.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the Charity keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing Financial Statements which give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of its surplus or deficit for the financial period in accordance with the requirements of the Companies Act 2006 relating to small companies and in accordance with the Charities SORP (FRSSE) (effective January 2015)

These Financial Statements were approved by the Board on September 2022 and are signed on their behalf:



....., Gill Moody, Chairman

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STATEMENT OF CASH FLOWS

AS AT 31 DECEMBER 2021

	Note	2021	2020
Cash flows from operating activities:		£	£
Net cash provided by operating activities:	2	(15,368)	30,505
Cash flows from Investment activities			
Dividends, interest and rent from investments		-	-
Proceeds from sales of property		-	-
Pruchase of Property, plant and equipment		-	-
Proceeds from sales of investments		-	-
Purchases of Investments		-	-
Net cash provided by investing activities		-	-
Cash flows from financing activities:			
Repayments and borrowing		-	-
Receipt of endowment		-	-
Net Cash provided by Financing activities		-	-
Change in cash and cash equivilents in reporting period		(15,368)	30,505
Cash and Cash equivalents at the beginning of the reporting period		56,447	25,942
Cash and cash equivilents at the end of the reporting period	3	41,079	56,447

1 Accounting Policies

Superkidz Community Trust is a public benefit entity under FRS 102. The Financial Statements have been prepared in accordance with the applicable accounting standards, the Charities Act 2011 and the Charity Commission's revised Statement of Recommended Practice issued in Charities SORP 2015 (FRSSE). The Financial Statements have been prepared under the historical cost convention.

1(a) Funds

General purpose funds represent those funds of Superkidz Community Trust that are not subject to any restrictions regarding their use and which are available for application to the general purposes of Superkidz Community Trust. Funds designated for a particular purpose by Superkidz Community Trust are also unrestricted.

The financial statements include all transactions, assets and liabilities for which the financial statements include all transactions, assets and liabilities for which Superkidz Community Trust is responsible in law.

SUPERKIDZ COMMUNITY TRUST
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1(b) Incoming Resources

Voluntary income and capital sources

- Collections are recognised when received by or on behalf of Superkidz Community Trust;
- Planned giving receivable under Gift Aid etc. is recognised only when received;
- Income Tax recoverable on covenants or Gift Aid donations is recognised when the income is probable;
- Grants and legacies Superkidz Community Trust are accounted for as soon as Superkidz Community Trust is notified of its legal entitlement and the amount due;
- Receipts from fundraising events are accounted for on receipt of cash or when the income is probable, if earlier.

Income from investments

Interest is accounted for when receivable. Tax recoverable on such income is recognised in the same accounting year.

1(c) Resources used

Grants

Grants and donations are accounted for when paid over, or as soon as outflow of economic benefit is probable for example when a grant is awarded (if that award creates a binding obligation on Superkidz Community Trust).

1(d) Current Assets

Amounts owing to Superkidz Community Trust at 31st December in respect of fees, rents or other income are shown as debtors less provision for amounts that may prove non-collectible.

1(e) Debtors

Trade and other debtors are recognised in the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

1(f) Creditors and Provisions

Creditors and provisions are recognised where the charity has a recent obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

1(g) Cash and bank

Cash at bank and cash in hand is recognised based on the balances at 31 December.

SUPERKIDZ COMMUNITY TRUST

Annual Report and Accounts Year Ended 31 December 2021

2 Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	Note	2021 £	2020 £
Net income/(expenditure) for the reporting period	2	(119,790)	34,550
Adjustment for:			
(increase)/decrease Debtors		104,422	(3,032)
Increase/(decrease) Creditors		-	(1,012)
Net cash provided by investing activities		(15,368)	30,505

3 Analysis of cash and cash equivalents

	Note	2021 £	2020 £
Cash in Hand	2	41,079	56,447
Net cash provided by investing activities		41,079	56,447

4 Income and endowments from

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations and legacy						
Church Donations	-	-	-	3,018	-	3,018
Gift Aid Uplift	-	-	-	817	-	817
Grants (donation)	62,620	30,834	93,454	93,800	130,000	223,800
Regular Givers	3,998	-	3,998	6,448	-	6,448
Single Donation	11,130	-	11,130	13,683	-	13,683
CJRS	8,778	-	8,778	11,204	-	11,204
	86,527	30,834	117,361	128,971	130,000	258,971
Investments						
Bank and other interest	4	-	4	37	-	37
Total Income and endowments	86,531	30,834	117,365	129,008	130,000	259,008

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

5 Expenditure on

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Raising funds						
Seeking donations and grants			-			-
Charitable Activities						
Grants Given	-	-	-	-	-	-
Childrens Clubs, running costs	9,637	-	9,637	14,647	417	15,063
Youth Work, Runnign costs	25,577	5,000	30,577	2,606	4,001	6,607
Family work, running costs		-	-	-	-	-
Rent and repair	3,400		3,400	2,382	-	2,382
Staff costs	31,225	140,000	171,225	51,415	99,752	151,167
Insurance	1,134	-	1,134	-	-	-
Examination and audit	432	-	432	432	-	432
Administration costs	20,750		20,750	49,120	(312)	48,808
	<u>92,155</u>	<u>145,000</u>	<u>237,155</u>	<u>120,602</u>	<u>103,857</u>	<u>224,459</u>
Total expenditure	92,155	145,000	237,155	120,602	103,857	224,459

6 Debtors

	2021	2020
	£	£
Accrued income	24,343	129,510
Employee cash advances	-	1,480
Gift Aid Reclaim	-	817
Tax Repayable	3,364	
	<u>27,706</u>	<u>131,807</u>

7 Liabilities: amounts falling due within one year

	2021	2020
	£	£
Trade Creditors	-	-
Accruals and deferred income	-	-
PAYE and NI payable	-	-
	<u>-</u>	<u>-</u>

SUPERKIDZ COMMUNITY TRUST
Annual Report and Accounts Year Ended 31 December 2021

8 Employees and emoluments

8 (a) Providers of services to Superkidz Community Trust and their emoluments

The Trustees are not employed by Superkidz Community Trust and do not receive remuneration, expenses or other non-cash benefits for their service.

Key management personnel: the Manager of Superkidz Community Trust is employed full-time by Church Army. The work for Superkidz Community Trust is completed under a secondment agreement to support the work of Superkidz Community Trust. No payment is made for remuneration, expenses or other non-cash benefits to either the Manager or Church Army.

8 (b) Employees and emoluments

Superkidz Community Trust employed one full-time and three part-time youth workers during 2021. It also employed sessional workers for Stay and Play and in support of the children's clubs.

Total employee numbers and emoluments were as follows:

	Number of employees 2021	Number of employees 2020
Sessional Workers	33	26
Youth Workers	<u>1</u>	<u>2</u>
	<u>34</u>	<u>28</u>
	2021	2020
	£	£
Salaries	158,916	134,824
Employer Pension Contributions	1,412	3,813
Employer NI	<u>1,134</u>	<u>1,209</u>
	<u>161,462</u>	<u>139,846</u>

These employees have contracts of employment and their emoluments are subject to deductions of PAYE, Pension and National Insurance. This is for the youth work team and sessional workers.

There were no employees with a salary greater than £60,000 per annum.

9 Related Party Transactions

There were no related party transactions during the year

SUPERKIDZ COMMUNITY TRUST
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10 Analysis of net assets

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£	£	£	£
Current Assets	8,588	60,196	68,785	34,213	154,362	188,575
Current Liabilities			-			-
	<u>8,588</u>	<u>60,196</u>	<u>68,785</u>	<u>34,213</u>	<u>154,362</u>	<u>188,575</u>

11 Analysis of fund movements during the year

	Balance at 31 Dec 2020	Income	Expenditure	Transfer	Balance at 31 Dec 2021
	£	£	£		£
Designated fund	6,291				6,291
General purpose fund	<u>27,922</u>	<u>66,531</u>	<u>92,155</u>		<u>2,298</u>
Total Unrestricted	34,213	66,531	92,155	-	8,589
Restricted funds:					
Children In Need	9,204		9,204		()
Ashden Trust	4,506	15,000	19,506		()
The Big Give	2,338		2,338		
Young Offender	571		571		()
St James Place	5,288		5,288		()
Henry Smith	40,000		20,000		20,000
Tudor Trust	92,456		52,259		40,197
CACT		10,834	10,834		-
Garfield		20,000	20,000		-
London City Community Reponse		5,000	5,000		-
Total Restricted Funds	<u>154,362</u>	<u>50,834</u>	<u>145,000</u>	-	<u>60,196</u>
Total Funds	<u>188,575</u>	<u>117,365</u>	<u>237,155</u>	-	<u>68,785</u>