

REGISTERED COMPANY NUMBER: 06235705 (England and Wales)
REGISTERED CHARITY NUMBER: 1125508

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MAY 2022
FOR
CASSANDRA CENTRE LTD

Leroy Reid & Co
Chartered Certified Accountants
and Statutory Auditors
299 Northborough Road
Norbury
London
SW16 4TR

CASSANDRA CENTRE LTD

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2022

	Page
Reference and administrative details	1
Report of the trustees	2 to 6
Independent examiner's report	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10 to 14
Detailed statement of financial activities	15

CASSANDRA CENTRE LTD

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MAY 2022

TRUSTEES	J Mcdermott (Director) A Mcdermott S McDermott R Myers J Flynn M Newman Laura Aumeer (appointed 04/05/2022) M Batista (appointed 09/02/2022) R P Weekes Ii (resigned 03/02/2021)
REGISTERED OFFICE	1433A London Road Norbury London SW16 4AW
REGISTERED COMPANY NUMBER	06235705 (England and Wales)
REGISTERED CHARITY NUMBER	1125508
INDEPENDENT EXAMINER	Leroy Reid & Co Chartered Certified Accountants and Statutory Auditors 299 Northborough Road Norbury London SW16 4TR

CASSANDRA CENTRE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2022

The Management committee who are also the directors of the charity for the purpose of the Companies Act 2006, present their report and accounts for the year ended 31st May 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland

(FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's objectives are to relieve those who have been affected by domestic violence, but not exclusively young people, by the provision of advice, counselling and support. This includes:

- a) To advance education, in particular, but not exclusively that of young people, providing advice and guidance on matters relating to domestic violence and other related issues calculated to relieve the need of sufferers of domestic violence.
- b) To provide facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life, but not exclusive to, young people.
- c) To create a forum where individuals can learn about basic human rights.
- d) To offer literacy classes, homework clubs, computer classes, special skills classes in particular, but not exclusively, young people.
- e) To provide drop-in sessions for general health issues i.e. (sexual health, teenage pregnancy and contraception).

Public benefit

The charity continues to follow the public benefit guidance as set out by the Charity Commission.

Volunteers

The Charity has 4 active volunteers who are successful DBS checked.

CASSANDRA CENTRE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our charitable activities mainly focus on providing counselling, education and support to families especially those affected by domestic abuse.

We are finding that families are still impacted by the effects of Covid-19 and now cost of living crisis, so we have undertaken other charitable objectives e.g the HAF, to support our service users and members.

During the past year, we have strengthened our presence in our local community and increased our outreach work to young people, families and the elderly.

Youth Squad

A successful 6 month pilot programme which engaged 8-10 young women aged between 13-20 years. Topics covered include: consent, being safe on the internet, CV writing, mental health, money management and friendship & relationship.

50+ Afternoon Tea

The luncheon club is a highlight for many people suffering from isolation. We currently have over 70 registered attendees.

We keep them busy with regular trips and guests speakers coming in and celebrating national and cultural events.

Counselling Service

Cassandra Centre has 11 qualified therapists offering 1-2-1 counselling and family constellations around relationship behaviour & trauma management of past and current abuse and providing space to develop positive relationship strategies, through our different packages of support. Our counselling coordinators ensure all referrals meet the key criteria and conduct interviews to capture relevant background information around referrals. The coordinator has monthly reviews with counsellors to track personal progression and outcomes that are logged. The counsellors have a diverse range of qualifications; - Criminal justice; CAMHS, working specifically with children; special needs education and perpetrators of abuse.

Holiday Programme

Delivered the Holiday, Activity and Food (HAF) programme for 4 weeks of the summer holiday for children on free school meals. We provided activities for 30 children aged 5-16 years with a mixture of indoor and outdoor activities across London.

Best Version of You

An empowerment women's group supporting approximately 30 women to see themselves positively. Each week a different topic was presented to the group and a personalised workbook was given to each woman so they could journal their progress.

Weekly Food Delivery

In partnership with ASKI charity, we deliver approximately 30 meals to the vulnerable older population every Saturday covering the Croydon and Sutton area.

Other Events and Activities

South Thames - attended Freshers week - we had a stall with our leaflets, personal alarms, a presentation playing behind the scene. Cupcakes and brownies prepared for the young people to have. This was a successful visit with a large number of young people interested in what we do and volunteering opportunities.

Cake sale & Collinson Group - a client completed a cake sale at her work offices in Liverpool Street. This is the second year that Ana has fundraised for Cassandra Centre and both times have been successful raising £500 each time.

LGBTQ+ Training - all staff on the group received training around LGBTQ+. We learnt new tools of supporting people to express themselves and how best to support them.

CASSANDRA CENTRE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2022

International Men's Day - We held an event on 19th November 2022. We created a safe space for the men who attended to tell their story. Guest speakers were also in attendance.

Domestic Violence Walk - in aid of White Ribbon, we met with the leader of Merton Council, Cllr Ross Garrod, Cllr Eleanor Stringer and local police at Wimbledon Centre Court on Friday 9th December 2022. We have a discussion regarding violence against women and girls before walking to the Box on Hayden's Road we had further discussions, food and a short film on domestic abuse.

Caring Dads - we now have a qualified Caring Dads practitioner who attended has passed a two day course. After completing shadowing opportunity we hope to start delivering this course in Spring/Summer 2023.

Nescot Christmas Packages - Nescot donated to Cassandra Centre, 40 gift bags containing Christmas cards from the students, hand creams, face masks, creams and chocolates which were given to members of our lunch club.

FINANCIAL REVIEW

Financial position

Against the backdrop of limited resources, ongoing insecurities over funding, and the increased pressures from the COVID-19 pandemic and the cost of living crisis, it has continued to be difficult to plan or develop services.

Despite all these pressures we are satisfied with the performance of the charity.

Reserves policy

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. Our policy is that the unrestricted funds held by the charity should be approximately 6 months of the average annual expenditure.

The reserves are needed to meet the working capital requirements of the charity and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The current levels of reserves meet this target level.

FUTURE PLANS

Lloyd's bank announced the closure of the bank, (this is not unusual as high street banks are at risk of closure) and our lease will be interrupted as a result. The chief executive is making enquiries to see if we will be allowed to remain on the premises up to 2025 when the entirety of the lease comes to an end.

The likelihood is, CC will be relocated to another London borough if suitable premises is unavailable in Norbury.

The over 50 lunch club will remain in Norbury, because we have acquired suitable premises and will sign a lease in May of this year. Taking the unpredicted news of the bank into consideration, the service users are at the heart of the charity and our pledge is to continue delivering the highest level of services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

CASSANDRA CENTRE LTD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Cassandra Centre has a Board of up to eight Trustees who meet quarterly and are responsible for the strategic direction of the charity.

During the COVID-19 crisis, to ensure flexibility in the face of an ever-changing situation, the Board began meeting monthly. At present the Board has six Trustees from a variety of professional backgrounds relevant to the work of the charity.

Day to day responsibility for the provision of the services rests with the Chief Executive Jennifer McDermott.

The counselling and therapy services are managed by Jutta ten Herkel, co-founder of the charity.

Administrative and organisational support is currently provided by Janai Brown on a part-time basis and is supported by a volunteer to manage the charity's social media.

Sophie Jones and Chiola Sutherland services have been engaged and are being paid on an ongoing basis (having previously been volunteers), working as Domestic Violence Case Workers to provide responsive service to those in urgent need.

The charity benefits from the support of a brilliant set of active volunteers, many of whom have joined during the COVID-19 pandemic and helped ensure the smooth and successful provision of emergency meals.

Induction and training of new trustees

All Trustees give their time voluntarily and do not derive any financial benefit from the charity.

Trustees are recruited via advertising on specialist online volunteer platforms such as Reach, where a job description is posted, outlining the specific skills and experience sought. They are then interviewed by a Trustee, and if considered suitable meet with the Chief Executive.

New Trustees receive a welcome pack which contains:

- " A copy of the charity's Governing Document and current strategy document
- " An outline of the current financial position as set out in the latest published accounts
- " A brief introduction to key members of the charity, and to the Board of Trustees
- " Information from various Charity Commission publications about the role of a Trustee

New Trustees are then invited to join the next board meeting to formally meet the Trustees and be officially elected. Trustees also try to meet informally to get to know each other, but this hasn't been possible recently due to COVID-19 restrictions.

The board of Trustees is currently reviewing its induction process, and plans are underway to include Domestic Violence training as part of this.

Risk management

As part of the charity's annual review, The Trustees conducted a review of the major risks to which the charity maybe exposed and identified:

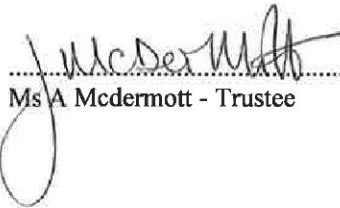
External risks to funding are mitigated by developing a fundraising strategy of improving links and relationships with local and regional funders, umbrella organisations and potential partners to maximise the charity's funding options and opportunities to develop partnership and secure new local and regional sources of funding, and local statutory funding.

CASSANDRA CENTRE LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2022

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 15/07/2023 and signed on its behalf by:


.....
Ms A Mcdermott - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CASSANDRA CENTRE LTD

Independent examiner's report to the trustees of Cassandra Centre Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st May 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E Okai

Ebenezer Okai (BSc); FCCA
On behalf of
Leroy Reid & Co
Chartered Certified Accountants
and Statutory Auditors
299 Northborough Road
Norbury
London
SW16 4TR

Date: 16-02-23

CASSANDRA CENTRE LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2022

		2022	2021
		Unrestricted	Total
		fund	funds
		£	£
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	39,970	82,059
Investment income	3	1,685	-
Other income		-	345
Total		41,655	82,404
EXPENDITURE ON			
Charitable activities	4		
Centre		84,060	56,800
NET INCOME/(EXPENDITURE)		(42,405)	25,604
RECONCILIATION OF FUNDS			
Total funds brought forward		88,799	63,195
TOTAL FUNDS CARRIED FORWARD		46,394	88,799

The notes form part of these financial statements

CASSANDRA CENTRE LTD

STATEMENT OF FINANCIAL POSITION
31ST MAY 2022

		2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS	Notes		
Tangible assets	9	633	949
CURRENT ASSETS			
Cash at bank		46,480	91,292
CREDITORS			
Amounts falling due within one year	10	(719)	(3,442)
NET CURRENT ASSETS		<u>45,761</u>	<u>87,850</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		46,394	88,799
NET ASSETS		<u>46,394</u>	<u>88,799</u>
FUNDS	11		
Unrestricted funds		46,394	88,799
TOTAL FUNDS		<u>46,394</u>	<u>88,799</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2022.

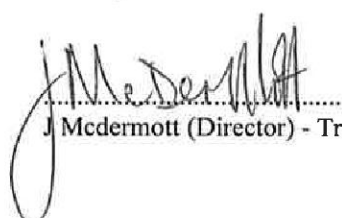
The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/02/2023 and were signed on its behalf by:


J McDermott (Director) - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2022

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

RELATED PARTY EXEMPTION

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

CASSANDRA CENTRE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2022

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	9,740	28,126
The London Community Foundation (MOPAC)	-	28,790
Other grants	30,230	15,557
Cheshire Community CCF	-	5,000
Mayors Office	-	4,586
	<u>39,970</u>	<u>82,059</u>

3. INVESTMENT INCOME

	2022	2021
	£	£
Hall hire	<u>1,685</u>	<u>-</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)
	£
Centre	<u>84,060</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Centre project expenses	10,860	10,694
Food project expenses	10,575	9,595
Subscriptions	1,076	505
Examiners fee	1,014	1,020
Insurance	674	510
Bank charges	71	35
Professional services	35,904	10,632
Printing and stationery	207	2,892
Light and heat	2,256	2,184
Repairs & maintenance	6,447	-
Fundraising cost	1,850	-
Volunteer expenses	2,819	3,797
Grant disbursement	-	4,650
Website & publicity	3,923	3,191
Sundry expenses	40	442
Office equipment & consumables	3,723	6,337
Telephone and broadband	2,305	-
Depreciation	316	316
	<u>84,060</u>	<u>56,800</u>

CASSANDRA CENTRE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2022

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	<u>316</u>	<u>316</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st May 2022 nor for the year ended 31st May 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31st May 2022 nor for the year ended 31st May 2021.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund
	£
INCOME AND ENDOWMENTS FROM	
Donations and legacies	82,059
Other income	345
Total	<u>82,404</u>
EXPENDITURE ON	
Charitable activities	
Centre	56,800
NET INCOME	<u>25,604</u>
RECONCILIATION OF FUNDS	
Total funds brought forward	63,195
TOTAL FUNDS CARRIED FORWARD	<u>88,799</u>

CASSANDRA CENTRE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2022

9. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1st June 2021 and 31st May 2022	6,328
DEPRECIATION	
At 1st June 2021	5,379
Charge for year	316
At 31st May 2022	5,695
NET BOOK VALUE	
At 31st May 2022	633
At 31st May 2021	949

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Accrued expenses	719	3,442

11. MOVEMENT IN FUNDS

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	88,799	(42,405)	46,394
TOTAL FUNDS	88,799	(42,405)	46,394

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	41,655	(84,060)	(42,405)
TOTAL FUNDS	41,655	(84,060)	(42,405)

CASSANDRA CENTRE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2022

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.20	Net	At
	£	movement	31.5.21
Unrestricted funds		in funds	£
General fund	63,195	25,604	88,799
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	63,195	25,604	88,799
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Comparative net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	82,404	(56,800)	25,604
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	82,404	(56,800)	25,604
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st May 2022.

CASSANDRA CENTRE LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	9,740	28,126
The London Community Foundation (MOPAC)	-	28,790
Other grants	30,230	15,557
Cheshire Community CCF	-	5,000
Mayors Office	-	4,586
	<u>39,970</u>	<u>82,059</u>
Investment income		
Hall hire	1,685	-
Other income		
Other income	-	345
Total incoming resources	<u>41,655</u>	<u>82,404</u>
EXPENDITURE		
Charitable activities		
Centre project expenses	10,860	10,694
Food project expenses	10,575	9,595
Subscriptions	1,076	505
Examiners fee	1,014	1,020
Insurance	674	510
Bank charges	71	35
Professional services	35,904	10,632
Printing and stationery	207	2,892
Light and heat	2,256	2,184
Repairs & maintenance	6,447	-
Fundraising cost	1,850	-
Volunteer expenses	2,819	3,797
Grant disbursement	-	4,650
Website & publicity	3,923	3,191
Sundry expenses	40	442
Office equipment & consumables	3,723	6,337
Telephone and broadband	2,305	-
Depreciation of tangible fixed assets	316	316
	<u>84,060</u>	<u>56,800</u>
Total resources expended	<u>84,060</u>	<u>56,800</u>
Net (expenditure)/income	<u>(42,405)</u>	<u>25,604</u>

This page does not form part of the statutory financial statements