

# Cassandra Centre Ltd

England & Wales · Charity number 1125508

## Details

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Other names	CASSANDRA CENTRE, CASSANDRA LEARNING CENTRE LIMITED, CASSANDRA LEARNING CENTRE LTD, Cassandra Centre
Status	Registered
Legal form	Charitable company
Company number	<a href="#">06235705</a>
Registered	2008-08-13
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Po Box 59935 London SW16 3XY
Phone	07930462968
Email	<a href="mailto:info@cassandracentre.org.uk">info@cassandracentre.org.uk</a>
Website	<a href="https://www.cassandracentre.org.uk">https://www.cassandracentre.org.uk</a>

## Activities

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**Objects:** TO RELIEVE THOSE WHO ARE OR HAVE BEEN AFFECTED BY DOMESTIC VIOLENCE IN PARTICULAR BUT NOT EXCLUSIVELY YOUNG PEOPLE BY THE PROVISION OF ADVICE, COUNSELLING AND SUPPORT. TO ADVANCE EDUCATION IN PARTICULAR BUT NOT EXCLUSIVELY THAT OF YOUNG PEOPLE, BY PROVIDING ADVICE AND GUIDANCE ON MATTERS RELATING TO DOMESTIC VIOLENCE AND OTHER RELATED ISSUES CALCULATED TO RELIEVE THE NEED OF SUFFERERS OF DOMESTIC VIOLENCE.

**Activities:** The organisation's objects is to relieve those who have been affected by domestic violence, in particular but not exclusively young people, by the provision of advice, counselling and support.

## Classification

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- **How:** Provides Services, Other Charitable Activities
- **What:** Education/training, Arts/culture/heritage/science, Amateur Sport, Other Charitable Purposes
- **Who:** Children/young People

## Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, NATIONAL AND OVERSEAS.
- Croydon

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£136,872	£131,980	-	-
2024-05-31	£159,381	£101,611	-	-
2023-05-31	£21,861	£66,725	-	-
2022-05-31	£41,655	£84,060	-	-
2021-05-31	£82,404	£56,800	-	-

## Trustees

Name	Role	Appointed
ANDREA MCDERMOTT		2012-04-25
Ernestina Larbi-Odam		2024-05-20
Guy Farrer-Fisher		2023-11-20
JENNIFER MCDERMOTT		2026-02-02
Jessica Flynn		2017-07-27
Laura Aumeer		2022-05-04
Murylo Batista		2022-02-09
Rebecca Myers		2020-06-03
SOPHIA McDERMOTT		

**Cassandra Centre Ltd**

England & Wales - Charity number 1125508

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# Accounts

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**REGISTERED COMPANY NUMBER: 06235705 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1125508**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MAY 2025**  
**FOR**  
**CASSANDRA CENTRE LTD**

Leroy Reid & Co  
Chartered Certified  
Accountants  
299 Northborough Road  
Norbury  
London  
SW16 4TR

**CASSANDRA CENTRE LTD**

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**FOR THE YEAR ENDED 31ST MAY 2025**

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**CASSANDRA CENTRE LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 31ST MAY 2025**

<b>DIRECTORS</b>	L Aumeer - Chair J Mcdermott - CEO E Larbi-Odam - Treasurer R Myers - Secretary A Mcdermott S McDermott M Batista G Farrer-Fisher
<b>REGISTERED OFFICE</b>	1 Granville Gardens London SW16 3LT
<b>REGISTERED COMPANY NUMBER</b>	06235705 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1125508
<b>INDEPENDENT EXAMINER</b>	Leroy Reid & Co Chartered Certified Accountants 299 Northborough Road Norbury London SW16 4TR

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

The Management committee who are also the directors of the charity for the purpose of the Companies Act 2006, present their report and accounts for the year ended 31st May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CC continued to deliver high quality counselling, therapeutic support, and group interventions for young women experiencing abuse and trauma. Through Croydon NHS funding, we provided 12 month therapeutic support to 30 referred service users, while our partnership with Gaia (Lambeth VAWG services) extended our reach to women in Lambeth. These collaborations strengthened our cross borough impact and ensured continuity of care for women with complex needs.

Despite sector wide pressures-including workforce shortages, rising living costs, and increased housing instability-CC delivered strong performance across all agreed outcomes during the final phase of our two year funding period.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Cassandra Centre exists to relieve those affected by domestic violence, particularly young people, by providing advice, counselling and practical support. Our charitable objectives include:

1. Advancing education by providing advice and guidance on domestic violence and related issues.
2. Providing facilities for recreation and leisure in ways of Social Welfare in order to improve quality of life.
3. Creating a forum for learning about basic human rights.
4. Offering literacy, homework, computer and other skills classes.
5. Providing drop-in sessions on general health issues such as sexual health and contraception.

**Public benefit**

The charity continues to follow the public benefit guidance as set out by the Charity Commission.

**Volunteers**

The Charity has 4 active volunteers who are successful DBS checked.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

## **ACHIEVEMENTS AND PERFORMANCE**

### **Charitable activities**

#### **Adapting to premises loss and continuing service delivery**

The charity continued to operate without a permanent base after losing its premises in 2023. Services were delivered virtually and from designated safe locations to ensure confidentiality for clients. Despite logistical challenges, we provided counselling, casework and support groups to people affected by domestic and sexual abuse. Our caseworkers helped survivors secure accommodation and navigate complex housing and welfare systems. Approximately 160 individuals were supported during the year.

#### **MOPAC VAWG Grassroots Project - Funded**

The project is called "Reaching independence from abuse project" and the funding will ensure the sustainment of our crucial work for 200 young women in need. 60% will achieve sustained independence;

#### **Safety and Independence**

- 97% of participants (74 of 76) achieved independence from abusive situations.
- Early indicators suggest strong potential for sustained safety over 12 months.
- Reflects the effectiveness of CC's trauma informed, long term therapeutic model.

#### **Confidence and Access to Support**

- 89% of participants (68 of 76) reported increased confidence to speak out and access services.
- Women engaged with housing, benefits, advocacy, and specialist VAWG services.
- Demonstrates empowerment and improved help seeking behaviour.

#### **Mental Health and Wellbeing**

- 78% (59 of 76) reported improved wellbeing after three months of engagement.
- Gains are expected to consolidate with continued therapeutic support.

#### **Reach and Strategic Growth**

- CC supported 76 women in six months, contributing to the annual target of 100.
- Slight reductions in numbers reflect external pressures rather than reduced demand.
- The grant provided essential stability, enabling consistent delivery of therapy, safety planning, and advocacy.
- The project remains on track to reach 200 beneficiaries per year by Year 3, demonstrating scalability and sustained community impact.

#### **Overall Impact**

CC has delivered a robust, trauma informed service that not only meets but exceeds expectations in key areas. The outcomes demonstrate:

- Strong improvements in safety and independence
- Increased confidence and engagement with essential services
- Meaningful gains in mental health and emotional wellbeing
- A stable, scalable service model supported by strategic partnerships

This period reinforces the critical role CC plays in supporting young women affected by abuse and trauma, and highlights the continued need for long term, specialist therapeutic interventions.

#### **Girls' Programme - Introduction of The Circle**

The programme agreed to rename in September 2025 from the Girls Squad to **The Circle** to better reflect the ethos and purpose of the group. The new name represents connection, belonging, and mutual support - a space where young women can come together to build confidence, develop resilience, and explore healthy relationships in a safe, nurturing environment.

During this period, 15 girls regularly attended The Circle. Many of the older participants progressed to university in 2024/25, marking a positive transition and demonstrating the long term impact of the programme in supporting young women's personal development, aspirations, and independence. The Circle continues to welcome new members and remains a vital early intervention space for young women navigating complex challenges.

## CASSANDRA CENTRE LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2025

#### **Lunch Club and community support**

##### **Lunch Club**

The Lunch Club continued to meet informally throughout the year, despite not having a permanent venue. Members now gather at local cafés and community spaces, ensuring the group remains active and connected. The club has around 50 members, with 20-25 attending each week, and a WhatsApp group helps everyone stay in touch and prevent loneliness and isolation.

The January 2026 newsletter highlighted a well-attended Christmas lunch, celebrating friendship and community - a reminder that the strength of the club lies in its members rather than a physical building. We continue to seek a permanent space and welcome support, introductions or funding to help secure a long term home for the group.

##### **Outreach and activism**

In November 2024 Cassandra Centre partnered with GAIA during the 16 Days of Activism Against Violence Against Women and Girls (VAWG). Staff and volunteers walked through Brixton High Street to raise awareness and encourage bystanders to take a stand against misogyny and gender-based violence. The event featured speeches from counsellors and community leaders and honoured the women and girls whose experiences drive our work. Later that month we joined the Reclaim the Night march, amplifying voices of survivors and demanding investment to prevent violence.

##### **Caring Dads Programme**

The Caring Dads Programme offers a 17-week course for fathers who wish to build healthy, positive relationships with their children. The programme, launched in 2023, continued throughout 2024-25 and encourages men to reflect on their behaviour and its impact. It promotes accountability and creates safer, more nurturing environments for children. Referrals come from fathers, solicitors, social workers, and community organisations, though irregular referral timing and limited facilitators remain challenges. Feedback from participants is highly positive, and increasing recognition is expanding our referral network and opportunities to showcase the programme at events.

The next cohort is scheduled for February 2026.

##### **Community Safety Forum 3 Year Project - Wandsworth**

In this period, the three-year City Bridge-funded project was in its first development year, designing a trauma-informed model and engaging statutory and community stakeholders through forums. Learning from previous IDVA, My Endz and other areas of work we engage in, we are addressing the often-misunderstood impact of intergenerational trauma on local safety.

While the sensitive nature of the work presents challenges, this approach ensures the project is evidence-informed, responsive, and positioned to strengthen community cohesion and safety.

##### **Women's Safe Space**

During 2025 we developed a new strand of our women's programme, Roots & Wings, designed as a safe and culturally sensitive space for Asian women. The initiative includes relaxed coffee mornings where women can connect, share experiences and build confidence, as well as intergenerational events that bring together women of different ages to preserve community stories and strengthen belonging.

Although Roots & Wings will formally launch in the next financial year, the planning, consultation and community engagement took place throughout 2025, laying strong foundations for a supportive and inclusive women's safe space.

##### **International partnerships and appeals**

Recognising the intersection between domestic violence and wider social issues, the charity launched a project to support women at the **Fort Augusta Adult Correctional Centre** in Jamaica following Hurricane Melissa. We appealed for donations of sewing machines, craft materials and hygiene products to help incarcerated women rebuild their lives. We also responded to a national rise in demand for therapeutic support, particularly from women and girls disclosing historic sexual abuse. Our newsletter called for equitable funding to grassroots organisations so that services for survivors and interventions for men and boys receive adequate support.

##### **Community Fundraising and Engagement**

Our supporters continued to play an important role in sustaining our work. The annual community cake sale raised £1,100, our highest total from a single event. Additional small fundraising activities and community events also contributed to our income, and we continue to receive regular donations from individual donors.

We maintained an active online presence throughout the year, updating our website and working with a social media consultant to raise awareness of domestic abuse and signpost support

## CASSANDRA CENTRE LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2025

#### **FINANCIAL REVIEW**

##### **Financial position**

The Trustees are satisfied with the overall performance and results of the charity, despite the charity continuing to operate in a challenging funding environment, compounded by the loss of our premises. Our principal sources of income in 2024-25 remained corporate fundraising (e.g., cake sales), community fundraising and grants from trusts. Private donations have provided additional support. We are grateful to all donors and funders for their continued generosity.

##### **Reserves policy**

The trustees review the level of reserves annually. Our policy is to hold unrestricted reserves equivalent to approximately six months' average expenditure. Reserves provide working capital and a buffer against funding fluctuations. The current reserves meet this target. Should the charity secure new premises, the board will review the reserves policy to ensure sustainability.

#### **FUTURE PLANS**

Looking ahead, Cassandra Centre intends to:

- Secure permanent premises. Having a stable base remains a priority and will allow us to expand services, host groups and develop new programmes.
- Continue counselling and casework. We will maintain therapeutic and case-support activities for those affected by domestic abuse, subject to satisfactory funding.
- Develop new programmes. The Circle re-launch, Roots & Wings coffee mornings and intergenerational events will start in 2025-26, providing additional avenues for community support.
- Engage more men and boys. We will run further cohorts of Caring Dads and develop interventions that engage men and boys in preventing violence.
- Strengthen fundraising and communications. We will continue to work with supporters, corporate partners and grant-makers, and will enhance our digital outreach to raise awareness and secure sustainable funding.
- Onboard CRM tool - We have seen that this tool would be a huge benefit in our day-to-day workings. The selection is to ensure we can report easily, easy to use, secure, continued support and within budget.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Organisational structure**

The charity is governed by a board of six Trustees who are responsible for strategic direction.

The board delegates day-to-day management to the Chief Executive.

##### **Induction and training of new trustees**

Trustees are recruited via volunteer platforms and appointed following interviews.

New Trustees receive a comprehensive induction pack and attend board meetings before formal election.

We benefit from the support of numerous volunteers who assist with administration, casework and group facilitation.

##### **Risk management**

As part of the charity's annual review, The Trustees conducted a review of the major risks to which the charity maybe exposed and identified:

External risks to funding are mitigated by developing a fundraising strategy of improving links and relationships with local and regional funders, umbrella organisations and potential partners to maximise the charity's funding options and opportunities to develop partnership and secure new local and regional sources of funding, and local statutory funding.

**CASSANDRA CENTRE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Cassandra Centre Ltd for the purposes of company law) are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

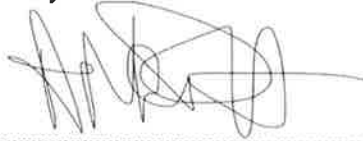
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

16th February 2026

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
**A Mcdermott**  
**Trustee**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CASSANDRA CENTRE LTD**

**Independent examiner's report to the trustees of Cassandra Centre Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st May 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*E Okai*

Ebenezer Okai (BSc); FCCA

Leroy Reid & Co  
Chartered Certified  
Accountants  
299 Northborough Road  
Norbury  
London  
SW16 4TR

Date: ..... *17/2/2026* .....

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	37,037	-	37,037	95,880
<b>Charitable activities</b>	3				
Centre		-	99,349	99,349	61,375
Other income		<u>486</u>	<u>-</u>	<u>486</u>	<u>2,126</u>
<b>Total</b>		<u>37,523</u>	<u>99,349</u>	<u>136,872</u>	<u>159,381</u>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Centre		<u>32,631</u>	<u>99,349</u>	<u>131,980</u>	<u>101,611</u>
<b>NET INCOME</b>		4,892	-	4,892	57,770
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>59,300</u>	<u>-</u>	<u>59,300</u>	<u>1,530</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>64,192</u>	<u>-</u>	<u>64,192</u>	<u>59,300</u>

The notes form part of these financial statements

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL POSITION**  
**31ST MAY 2025**

	Notes	2025 £	2024 £
<b>FIXED ASSETS</b>			
Tangible assets	10	15,083	22,625
<b>CURRENT ASSETS</b>			
Cash at bank		53,879	37,694
<b>CREDITORS</b>			
Amounts falling due within one year	11	(4,770)	(1,019)
<b>NET CURRENT ASSETS</b>		<u>49,109</u>	<u>36,675</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>64,192</u>	<u>59,300</u>
<b>NET ASSETS</b>		<u>64,192</u>	<u>59,300</u>
<b>FUNDS</b>	13		
Unrestricted funds:			
General fund		<u>64,192</u>	<u>59,300</u>
<b>TOTAL FUNDS</b>		<u>64,192</u>	<u>59,300</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:



16<sup>th</sup> February 2026

.....  
**J Mcdermott**  
Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2025**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**RELATED PARTY EXEMPTION**

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2025**

**2. DONATIONS AND LEGACIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Donations	20,691	27,880
Other grants	1,654	-
NPT UK	-	20,000
NHS South West London	-	18,000
The Clothworkers	-	30,000
Wandsworth Council	9,692	-
Clear Community	<u>5,000</u>	<u>-</u>
	<u><b>37,037</b></u>	<u><b>95,880</b></u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
London Community Foundation	46,429	23,715
City Bridge Foundation	39,920	37,660
Bennelong Foundation UK	<u>13,000</u>	<u>-</u>
	<u><b>99,349</b></u>	<u><b>61,375</b></u>

**4. CHARITABLE ACTIVITIES COSTS**

	<b>Direct Costs (see note 5)</b>
	<b>£</b>
Centre	<u><b>131,980</b></u>

**5. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Staff costs	23,952	5,160
Project administrator	-	14,364
Centre project expenses	33,382	11,717
Food project expenses	2,148	10,332
Subscriptions	34	923
Examiners fee	1,440	1,020
Insurance	3,494	2,799
Bank charges	126	120
Professional services	37,605	18,575
Printing and stationery	254	615
Light and heat	-	2,249
Repairs & maintenance	216	2,354
Fundraising cost	3,625	2,993
Travel and subsistence	2,077	-
Volunteer expenses	-	5,659
Website & publicity	3,068	1,844
Sundry expenses	<u>1,840</u>	<u>-</u>
Carried forward	<b>113,261</b>	<b>80,724</b>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2025**

<b>5. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Brought forward	113,261	80,724
Office equipment & consumables	223	2,150
Telephone and broadband	2,941	3,387
Donations	200	-
Workspace hire & subsistence	5,792	4,202
Motor expenses	1,441	3,096
Fines and penalties	-	195
Payroll services	581	-
Depreciation	<u>7,541</u>	<u>7,857</u>
	<u>131,980</u>	<u>101,611</u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	<u>7,542</u>	<u>7,858</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st May 2025 nor for the year ended 31st May 2024.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31st May 2025 nor for the year ended 31st May 2024.

**8. STAFF COSTS**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Wages and salaries	<u>23,952</u>	<u>5,160</u>
	<u>23,952</u>	<u>5,160</u>

The average monthly number of employees during the year was as follows:

	<b>2025</b>	<b>2024</b>
Administrator	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2025**

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	95,880	-	95,880
<b>Charitable activities</b>			
Centre	-	61,375	61,375
Other income	<u>2,126</u>	<u>-</u>	<u>2,126</u>
<b>Total</b>	<u>98,006</u>	<u>61,375</u>	<u>159,381</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Centre	<u>40,236</u>	<u>61,375</u>	<u>101,611</u>
<b>NET INCOME</b>	57,770	-	57,770
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>1,530</u>	<u>-</u>	<u>1,530</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>59,300</u>	<u>-</u>	<u>59,300</u>
<b>10. TANGIBLE FIXED ASSETS</b>			
	<b>Plant and machinery £</b>	<b>Motor vehicles £</b>	<b>Totals £</b>
<b>COST</b>			
At 1st June 2024 and 31st May 2025	<u>6,328</u>	<u>30,166</u>	<u>36,494</u>
<b>DEPRECIATION</b>			
At 1st June 2024	6,328	7,541	13,869
Charge for year	<u>-</u>	<u>7,542</u>	<u>7,542</u>
At 31st May 2025	<u>6,328</u>	<u>15,083</u>	<u>21,411</u>
<b>NET BOOK VALUE</b>			
At 31st May 2025	<u>-</u>	<u>15,083</u>	<u>15,083</u>
At 31st May 2024	<u>-</u>	<u>22,625</u>	<u>22,625</u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2025**

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Social security and other taxes	137	-
Other creditors	3,000	-
Nest	194	-
Accrued expenses	<u>1,439</u>	<u>1,019</u>
	<u>4,770</u>	<u>1,019</u>

**12. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund	Restricted fund	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	15,083	-	15,083	22,625
Current assets	53,879	-	53,879	37,694
Current liabilities	<u>(4,770)</u>	<u>-</u>	<u>(4,770)</u>	<u>(1,019)</u>
	<u>64,192</u>	<u>-</u>	<u>64,192</u>	<u>59,300</u>

**13. MOVEMENT IN FUNDS**

	At 1.6.24	Net movement in funds	At 31.5.25
	£	£	£
<b>Unrestricted funds</b>			
General fund	59,300	4,892	64,192
	<u>59,300</u>	<u>4,892</u>	<u>64,192</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	37,523	(32,631)	4,892
<b>Restricted funds</b>			
Restricted fund	99,349	(99,349)	-
	<u>136,872</u>	<u>(131,980)</u>	<u>4,892</u>
<b>TOTAL FUNDS</b>			

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2025**

**13. MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 1.6.23 £	Net movement in funds £	At 31.5.24 £
<b>Unrestricted funds</b>			
General fund	1,530	57,770	59,300
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>1,530</u>	<u>57,770</u>	<u>59,300</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	98,006	(40,236)	57,770
<b>Restricted funds</b>			
Restricted fund	61,375	(61,375)	-
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>159,381</u>	<u>(101,611)</u>	<u>57,770</u>

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st May 2025.

**CASSANDRA CENTRE LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

	2025	2024
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	20,691	27,880
Other grants	1,654	-
NPT UK	-	20,000
NHS South West London	-	18,000
The Clothworkers	-	30,000
Wandsworth Council	9,692	-
Clear Community	<u>5,000</u>	<u>-</u>
	37,037	95,880
<b>Charitable activities</b>		
London Community Foundation	46,429	23,715
City Bridge Foundation	39,920	37,660
Bennelong Foundation UK	<u>13,000</u>	<u>-</u>
	99,349	61,375
<b>Other income</b>		
Other income	<u>486</u>	<u>2,126</u>
<b>Total incoming resources</b>	136,872	159,381
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	23,952	5,160
Project administrator	-	14,364
Centre project expenses	33,382	11,717
Food project expenses	2,148	10,332
Subscriptions	34	923
Examiners fee	1,440	1,020
Insurance	3,494	2,799
Bank charges	126	120
Professional services	37,605	18,575
Printing and stationery	254	615
Light and heat	-	2,249
Repairs & maintenance	216	2,354
Fundraising cost	3,625	2,993
Travel and subsistence	2,077	-
Volunteer expenses	-	5,659
Website & publicity	3,068	1,844
Sundry expenses	1,840	-
Office equipment & consumables	223	2,150
Telephone and broadband	2,941	3,387
Carried forward	116,425	86,261

This page does not form part of the statutory financial statements

**CASSANDRA CENTRE LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Charitable activities</b>		
Brought forward	116,425	86,261
Donations	200	-
Workspace hire & subsistence	5,792	4,202
Motor expenses	1,441	3,096
Fines and penalties	-	195
Payroll services	581	-
Depreciation of tangible fixed assets	<u>7,541</u>	<u>7,857</u>
	<u>131,980</u>	<u>101,611</u>
Total resources expended	<u>131,980</u>	<u>101,611</u>
Net income	<u>4,892</u>	<u>57,770</u>

This page does not form part of the statutory financial statements

**Cassandra Centre Ltd**

England & Wales - Charity number 1125508

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# Accounts

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**REGISTERED COMPANY NUMBER: 06235705 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1125508**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MAY 2024**  
**FOR**  
**CASSANDRA CENTRE LTD**

Leroy Reid & Co  
Chartered Certified  
Accountants  
299 Northborough Road  
Norbury  
London  
SW16 4TR

**CASSANDRA CENTRE LTD**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2024**

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**CASSANDRA CENTRE LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 31ST MAY 2024**

<b>TRUSTEES</b>	J Mcdermott (Director) L Aumeer (Chair) E Larbi-Odam (appointed 20.5.24) - Treasurer R Myers (Secretary) A Mcdermott J Flynn M Batista S McDermott (appointed 1.6.23) G Farrer-Fisher (appointed 20.11.23)
<b>REGISTERED OFFICE</b>	1 Granville Gardens London SW16 3LT
<b>REGISTERED COMPANY NUMBER</b>	06235705 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1125508
<b>INDEPENDENT EXAMINER</b>	Leroy Reid & Co Chartered Certified Accountants 299 Northborough Road Norbury London SW16 4TR

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

The Management committee who are also the directors of the charity for the purpose of the Companies Act 2006, present their report and accounts for the year ended 31st May 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity's objectives are to relieve those who have been affected by domestic violence, but not exclusively young people, by the provision of advice, counselling and support. This includes:

- a) To advance education, in particular, but not exclusively that of young people, providing advice and guidance on matters relating to domestic violence and other related issues calculated to relieve the need of sufferers of domestic violence.
- b) To provide facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life, but not exclusive to, young people.
- c) To create a forum where individuals can learn about basic human rights.
- d) To offer literacy classes, homework clubs, computer classes, special skills classes in particular, but not exclusively, young people.
- e) To provide drop-in sessions for general health issues i.e. (sexual health, teenage pregnancy and contraception).

**Public benefit**

The charity continues to follow the public benefit guidance as set out by the Charity Commission.

**Volunteers**

The Charity has 4 active volunteers who are successful DBS checked.

**CASSANDRA CENTRE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our charitable activities focus on providing counselling, education and support to people affected by domestic abuse, and are undertaken to further our charitable objects for the public benefit. During the past year, the charity's activities have included: events and support groups. Counselling, casework, and provision of food. See further details below. Unfortunately, in May 2023 we lost our home (premises) due to the building closure of Lloyds Bank. The Charity had occupied two floors above the Bank. Since the closure we have been looking at securing premises and hope to do so locally in the following year.

Nevertheless, we continue to deliver our services virtually and at a designated addresses as a way of securing safe and confidential services for our clients.

**Support for vulnerable groups at risk of being affected by domestic abuse**

The charity's work has been focused on providing crisis response and support to vulnerable groups who are at high risk of being affected by domestic abuse.

**Counselling and therapeutic support for those affected by domestic abuse**

Therapeutic support has been delivered individually and online. This has included providing learning, advice, and support to those who have been affected by domestic and sexual abuse and mentoring to vulnerable young people. This support has provided a safe online presence that is well supervised, helping everyone to move to a greater independence.

This includes work with families and children together - providing family support and counselling.

Several family constellation workshops that are largely attended by participants from abroad.

We have supported approximately 160 individuals.

**Case and support work for those affected by domestic abuse**

This ongoing support has included finding accommodation for survivors of domestic abuse, something which has become a significant. The Case Workers' hard work, persistence and excellent levels of care and communication have been recognised and praised by clients.

**Education and support for vulnerable groups and wider communities**

The charity recognises that domestic abuse can affect all aspects of life, including work, study and community relations. In the past year, the charity has provided a range of community activities and programmes that are targeted at groups at risk of domestic abuse - such as older people, men and boys and new mothers.

Activities include:

**Lunch Club**

A weekly luncheon club for the over 50's as it was seen that there is an increase and need of support for the elderly and domestic abuse. The club has 80 registered members.

**Van Purchase**

Purchased in June 2023, as a result of a successful bid and then funds from The Clothworkers Foundation

The purchase provides significant benefits to the charity by enhancing its ability to support clients across its various initiatives. For the lunch club, a van allows for the efficient transport of meals, supplies, and even clients who may face mobility challenges, ensuring that no one is excluded due to logistical barriers. Similarly, for the Girls Squad and women's group, having access to a van facilitates safe and reliable transportation for group members, particularly for trips or events that play a vital role in their personal growth and bonding.

The van also supports day trips and excursions, which are essential in fostering a sense of community, offering new experiences, and providing opportunities for relaxation and connection. By enabling better access and participation, helping the charity expand its reach, enhance its services, and make a more profound impact on the lives of those it supports.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**Girls Squad - Ongoing Service**

The Girls Squad program is designed to empower young women by fostering self-esteem, providing essential tools to navigate life challenges, and promoting healthy relationships and positive body image. Through educational sessions and group discussions, participants develop skills to thrive in both their personal and social lives. The program runs fortnightly and offers a structured approach to fostering confidence, resilience, and personal growth. We have 15 young girls taking part in this program

**Key Objectives and Outcomes:**

**1. Create a Safe and Supportive Space:**

Objective: Provide an environment where participants can build self-esteem and confidence.

Outcome: Participants articulate their strengths and recognize their value by program completion.

**2. Develop Problem-Solving Skills:**

Objective: Equip participants with tools to navigate challenges and set goals.

Outcome: Practical strategies for overcoming obstacles and achieving goals are developed.

**3. Promote Healthy Relationships:**

Objective: Teach communication skills and boundary-setting.

Outcome: Participants identify healthy versus unhealthy communication patterns.

**4. Encourage Positive Body Image:**

Objective: Foster a positive relationship with one's body and a healthy lifestyle.

Outcome: Greater self-acceptance and awareness of self-care importance.

**5. Educate on Exploitation:**

Objective: Increase awareness of exploitation types and prevention strategies.

Outcome: Participants identify warning signs and develop protective strategies.

**6. Offer Resources for Personal Growth:**

Objective: Share resources on mental well-being, education, and career prospects.

Outcome: Participants set realistic and achievable future goals.

This is a progressive program and has the flexibility of working and staying on certain subjects as seen fit by the young girls and facilitators.

**Women's Group**

The Women's Group provides a safe space for women affected by domestic abuse to connect, heal, and grow. Through 13 weekly sessions (May 16 - August 15), the program addresses trauma recovery, self-discovery, and healthy relationship development. Using workshops, group discussions, and support sessions, participants build resilience and regain confidence.

**Key Objectives and Outcomes:**

**1. Foster Self-Esteem and Empowerment:**

Objective: Promote self-respect, boundary-setting, and individual empowerment.

Outcome: Participants articulate strengths, values, and needs.

**2. Enhance Social Connections:**

Objective: Build knowledge of toxic/healthy relationships and expand support networks.

Outcome: Participants understand abusive behaviours and develop healthy communication styles.

**3. Develop Emotional Intelligence:**

Objective: Recognize and regulate emotions while using empathy effectively.

Outcome: Participants control emotions assertively and identify empathetic interactions.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**Women's Group – cont'd**

**4. Build Resilience:**

Objective: Strengthen problem-solving skills and proactive decision-making.

Outcome: Participants adapt positively to challenges.

**5. Address Emotional Disconnection:**

Objective: Identify instability, rejection, and social isolation effects.

Outcome: Participants gain tactics to counter emotional deprivation.

**6. Recover from Abuse:**

Objective: Understand narcissistic abuse, trauma bonding, and recovery strategies.

Outcome: Participants learn tools to overcome PTSD and foster independence.

**7. Promote Confidence:**

Objective: Address faulty thinking patterns and build confidence.

Outcome: Participants recognize and combat negative thought processes.

**8. Encourage Healthy Behaviours:**

Objective: Teach respect, open communication, and independence in relationships.

Outcome: Participants apply principles of mutual respect, consent, and economic independence.

Both programs are integral to fostering personal growth and resilience, offering participants the tools to navigate their lives confidently and independently.

**Caring Dads Program**

The Caring Dads program, a 17-week initiative, was launched in 2023 to support men who have exhibited abusive behaviours in the presence of their children. Five participants successfully completed the self-funded course, demonstrating consistent engagement and significant personal growth throughout the sessions. The program provided an opportunity for participants to reflect on their behaviours and develop healthier relationships with their children. The team considered this inaugural program a great success, with tangible positive outcomes. A detailed report on the program is available for further review.

**Outreach Activities**

○ **International Women's Day - March 2024**

- A brunch event was organized to showcase the charity's achievements and foster connections with past and potential funders. Highlights included:
  - A display of five case studies and a presentation summarizing key projects such as Girls Squad, Caring Dads, Lunch Club, counselling services, and workshops.
  - Inspirational speeches from various speakers, including a young participant sharing her experiences with Girls Squad and a guest showcasing artistic work aimed at supporting the charity.
  - Discussions on the challenges and triumphs of running large organizations and supporting young people.

○ **BBC News Coverage**

The charity was featured on BBC News due to its ongoing homelessness challenges. This coverage, combined with an interview with Inside Croydon, highlighted the pressing need for secure premises and inspired a GoFundMe campaign.

○ **GoFundMe Campaign**

A fundraising campaign was launched to support the search for new premises, raising £7,179 to date. The charity also gained valuable connections, including an offer from a central London organization to provide temporary space if needed.

○ **Sexual Abuse Training (RASSC)**

- Staff and counsellors participated in a training session on supporting young people affected by sexual abuse. The session, held at West Norwood Fire Station, was insightful and equipped the team with valuable knowledge for future work.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**We have received funding from: -**

- London community foundation - 2 years Woman and Girls group
- London City Bridge - 2-year Project- Woman and Girls group.

In addition to these activities and achievements, the charity has also made marked progress in the past year in raising the profile of Cassandra Centre and thus raising awareness of what domestic abuse is and where to seek help. To help do this, the Charity has enlisted the services of a Social Media expert.

- KPI (Key performance Indicators) must include but not exclusive
- Kept website current and up to date
- Gather data and evaluate the footfall to the site and other social media sites
- Highlight and action incentives to highlight the Charity, services provided and awareness of domestic violence and abuse.

**FINANCIAL REVIEW**

**Financial position**

Against the backdrop of limited resources, ongoing insecurities over funding, it has continued to be difficult to plan or develop services. This has been exacerbated now that we also do not have a physical base.

With the hard work of the charity's staff and volunteers we aim to make good progress this year in securing funds, particularly from personal donors. We have been lucky enough to receive some significant private donations, which has - and will continue to - provide much needed additional resources for the future.

Principal funding sources for the charity this year were:

- Corporate Business fundraising e.g., Cake sales
- Community Fundraising
- London City Trust - who have provided funding for the last 2 years.

**Reserves policy**

The Trustees have again examined the charity's requirements for reserves considering the main risks to the organisation. Our policy is that the unrestricted funds held by the charity should be approximately 6 months of the average annual expenditure.

The reserves are needed to meet the working capital requirements of the charity and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The current levels of reserves meet this target level.

However, in the now loss of the premises in Norbury, any new lease would need careful consideration and review financially included reserves required.

**FUTURE PLANS**

Although losing premises, we have continued to provide a consistent service to the community, and Cassandra Centre's reputation has grown and is regarded highly. The charity is looking forward to building on these developments in the coming year(s).

The charity plans continuing counselling, therapeutic and case support activities for those affected by domestic abuse in the forthcoming years, subject to satisfactory funding arrangements.

The Trustees have begun discussing future priorities and establishing a process to develop a new strategy. This will likely include considering ways to secure funding necessary to support permanent paid staff, such as a centre manager, fundraiser, and / or co-ordinator for the counselling service.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Organisational structure**

The Cassandra Centre has a Board of six Trustees who meet quarterly and are responsible for the strategic direction of the charity. These Trustees are from a variety of professional backgrounds that brings unique skills and experiences that help with the work of the charity.

Day to day responsibility for the provision of the services rests with the Chief Executive Jennifer McDermott.

The counselling and therapy services are managed by Jutta ten Herkel, co-founder of the charity. Administrative and organisational support is shared amongst the trustees and at times Case Workers. Sophie Jones and Melinda Gordon working as Domestic Violence Case Workers and group facilitators to provide responsive service to those in urgent need.

Delphine Duff is planning the Men's Group.

The charity benefits from the support of a brilliant set of active volunteers.

**Induction and training of new trustees**

All Trustees give their time voluntarily and do not derive any financial benefit from the charity.

Trustees are recruited via advertising on specialist online volunteer platforms such as Reach, where a job description is posted, outlining the specific skills and experience sought. They are then interviewed by a Trustee, and if considered suitable meet with the Chief Executive.

New Trustees receive a welcome pack which contains:

- A copy of the charity's Governing Document and current strategy document
- An outline of the current financial position as set out in the latest published accounts.
- A brief introduction to key members of the charity, and to the Board of Trustees
- Information from various Charity Commission publications about the role of a Trustee

New Trustees are then invited to join the next board meeting to formally meet the Trustees and be officially elected.

The board of Trustees has reviewed its induction process, and plans are underway to include Domestic Violence training as part of this.

**Risk management**

As part of the charity's annual review, The Trustees conducted a review of the major risks to which the charity maybe exposed and identified:

External risks to funding are mitigated by developing a fundraising strategy of improving links and relationships with local and regional funders, umbrella organisations and potential partners to maximise the charity's funding options and opportunities to develop partnership and secure new local and regional sources of funding, and local statutory funding.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....20-02-2025..... and signed on its behalf by:



.....  
A McDermott  
**Trustee**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**CASSANDRA CENTRE LTD**

**Independent examiner's report to the trustees of Cassandra Centre Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st May 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*E Okai*

Ebenezer Okai (BSc); FCCA

Leroy Reid & Co  
Chartered Certified  
Accountants  
299 Northborough Road  
Norbury  
London  
SW16 4TR

Date: 21 - 02 - 2025

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

		2024 Unrestricted fund £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2	157,255	21,861
Other income		<u>2,126</u>	<u>-</u>
<b>Total</b>		<u>159,381</u>	<u>21,861</u>
<b>EXPENDITURE ON</b>			
Charitable activities Centre	3	<u>101,611</u>	<u>66,725</u>
<b>NET INCOME/(EXPENDITURE)</b>		57,770	(44,864)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<u>1,530</u>	<u>46,394</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>59,300</u>	<u>1,530</u>

The notes form part of these financial statements

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL POSITION**  
**31ST MAY 2024**

		2024	2023
		Unrestricted fund	Total funds
		£	£
<b>FIXED ASSETS</b>			
Tangible assets	9	22,625	317
<b>CURRENT ASSETS</b>			
Cash at bank		37,694	1,932
<b>CREDITORS</b>			
Amounts falling due within one year	10	(1,019)	(719)
<b>NET CURRENT ASSETS</b>		<u>36,675</u>	<u>1,213</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>59,300</u>	<u>1,530</u>
<b>NET ASSETS</b>		<u>59,300</u>	<u>1,530</u>
<b>FUNDS</b>	11		
Unrestricted funds:			
General fund		<u>59,300</u>	<u>1,530</u>
<b>TOTAL FUNDS</b>		<u>59,300</u>	<u>1,530</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20-02-2025 and were signed on its behalf by:



J Mcdermott  
Director

The notes form part of these financial statements

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicle – 25% straight line basis

Plant and machinery – 20% straight line basis

**RELATED PARTY EXEMPTION**

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**2. DONATIONS AND LEGACIES**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Donations	27,880	10,345
Other grants	-	11,516
NPT UK	20,000	-
NHS South West London	18,000	-
The Clothworkers	30,000	-
London Community Foundation	23,715	-
City of London	<u>37,660</u>	<u>-</u>
	<u>157,255</u>	<u>21,861</u>

**3. CHARITABLE ACTIVITIES COSTS**

	<b>Direct Costs (see note 4)</b>
	<b>£</b>
Centre	<u>101,611</u>

**4. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Staff costs	5,160	-
Project administrator	14,364	2,862
Centre project expenses	11,717	8,613
Food project expenses	10,332	8,667
Subscriptions	923	369
Examiners fee	1,020	720
Insurance	2,799	645
Bank charges	120	226
Professional services	18,575	25,440
Printing and stationery	615	200
Light and heat	2,249	2,292
Repairs & maintenance	2,354	3,259
Fundraising cost	2,993	1,755
Volunteer expenses	5,659	2,054
Website & publicity	1,844	3,091
Sundry expenses	-	220
Office equipment & consumables	2,150	2,094
Telephone and broadband	3,387	2,900
Donations	-	1,002
Workspace hire & subsistence	4,202	-
Motor expenses	3,096	-
Fines and penalties	195	-
Depreciation	<u>7,857</u>	<u>316</u>
	<u>101,611</u>	<u>66,725</u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**5. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	<u>7,858</u>	<u>316</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st May 2024 nor for the year ended 31st May 2023.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31st May 2024 nor for the year ended 31st May 2023.

**7. STAFF COSTS**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	<u>5,160</u>	<u>-</u>
	<u>5,160</u>	<u>-</u>

The average monthly number of employees during the year was as follows:

	<b>2024</b>	<b>2023</b>
Administrator	<u>1</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund</b>
	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>21,861</u>
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Centre	<u>66,725</u>
<b>NET INCOME/(EXPENDITURE)</b>	(44,864)
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	<u>46,394</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,530</u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**9. TANGIBLE FIXED ASSETS**

	<b>Plant and machinery £</b>	<b>Motor vehicles £</b>	<b>Totals £</b>
<b>COST</b>			
At 1st June 2023	6,328	-	6,328
Additions	<u>-</u>	<u>30,166</u>	<u>30,166</u>
At 31st May 2024	<u>6,328</u>	<u>30,166</u>	<u>36,494</u>
<b>DEPRECIATION</b>			
At 1st June 2023	6,011	-	6,011
Charge for year	<u>317</u>	<u>7,541</u>	<u>7,858</u>
At 31st May 2024	<u>6,328</u>	<u>7,541</u>	<u>13,869</u>
<b>NET BOOK VALUE</b>			
At 31st May 2024	<u>-</u>	<u>22,625</u>	<u>22,625</u>
At 31st May 2023	<u>317</u>	<u>-</u>	<u>317</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2024 £</b>	<b>2023 £</b>
Accrued expenses	<u>1,019</u>	<u>719</u>

**11. MOVEMENT IN FUNDS**

	<b>At 1.6.23 £</b>	<b>Net movement in funds £</b>	<b>At 31.5.24 £</b>
<b>Unrestricted funds</b>			
General fund	1,530	57,770	59,300
	<u>1,530</u>	<u>57,770</u>	<u>59,300</u>
<b>TOTAL FUNDS</b>	<u>1,530</u>	<u>57,770</u>	<u>59,300</u>

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	159,381	(101,611)	57,770
	<u>159,381</u>	<u>(101,611)</u>	<u>57,770</u>
<b>TOTAL FUNDS</b>	<u>159,381</u>	<u>(101,611)</u>	<u>57,770</u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2024**

**11. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
<b>Unrestricted funds</b>			
General fund	46,394	(44,864)	1,530
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>46,394</u>	<u>(44,864)</u>	<u>1,530</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	21,861	(66,725)	(44,864)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>21,861</u>	<u>(66,725)</u>	<u>(44,864)</u>

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st May 2024.

**CASSANDRA CENTRE LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2024**

	2024	2023
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	27,880	10,345
Other grants	-	11,516
NPT UK	20,000	-
NHS South West London	18,000	-
The Clothworkers	30,000	-
London Community Foundation	23,715	-
City of London	<u>37,660</u>	<u>-</u>
	157,255	21,861
<b>Other income</b>		
Other income	<u>2,126</u>	<u>-</u>
<b>Total incoming resources</b>	159,381	21,861
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	5,160	-
Project administrator	14,364	2,862
Centre project expenses	11,717	8,613
Food project expenses	10,332	8,667
Subscriptions	923	369
Examiners fee	1,020	720
Insurance	2,799	645
Bank charges	120	226
Professional services	18,575	25,440
Printing and stationery	615	200
Light and heat	2,249	2,292
Repairs & maintenance	2,354	3,259
Fundraising cost	2,993	1,755
Volunteer expenses	5,659	2,054
Website & publicity	1,844	3,091
Sundry expenses	-	220
Office equipment & consumables	2,150	2,094
Telephone and broadband	3,387	2,900
Donations	-	1,002
Workspace hire & subsistence	4,202	-
Motor expenses	3,096	-
Fines and penalties	195	-
Depreciation of tangible fixed assets	<u>7,857</u>	<u>316</u>
	<u>101,611</u>	<u>66,725</u>
<b>Total resources expended</b>	<u>101,611</u>	<u>66,725</u>
<b>Net income/(expenditure)</b>	<u>57,770</u>	<u>(44,864)</u>

This page does not form part of the statutory financial statements

**Cassandra Centre Ltd**

England & Wales - Charity number 1125508

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# Accounts

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**REGISTERED COMPANY NUMBER: 06235705 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1125508**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MAY 2022**  
**FOR**  
**CASSANDRA CENTRE LTD**

Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

**CASSANDRA CENTRE LTD**

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**FOR THE YEAR ENDED 31ST MAY 2022**

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**CASSANDRA CENTRE LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 31ST MAY 2022**

<b>TRUSTEES</b>	J Mcdermott (Director) A Mcdermott S McDermott R Myers J Flynn M Newman Laura Aumeer (appointed 04/05/2022) M Batista (appointed 09/02/2022) R P Weekes Ii (resigned 03/02/2021)
<b>REGISTERED OFFICE</b>	1433A London Road Norbury London SW16 4AW
<b>REGISTERED COMPANY NUMBER</b>	06235705 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1125508
<b>INDEPENDENT EXAMINER</b>	Leroy Reid & Co Chartered Certified Accountants and Statutory Auditors 299 Northborough Road Norbury London SW16 4TR

**CASSANDRA CENTRE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

The Management committee who are also the directors of the charity for the purpose of the Companies Act 2006, present their report and accounts for the year ended 31st May 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland

(FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity's objectives are to relieve those who have been affected by domestic violence, but not exclusively young people, by the provision of advice, counselling and support. This includes:

- a) To advance education, in particular, but not exclusively that of young people, providing advice and guidance on matters relating to domestic violence and other related issues calculated to relieve the need of sufferers of domestic violence.
- b) To provide facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life, but not exclusive to, young people.
- c) To create a forum where individuals can learn about basic human rights.
- d) To offer literacy classes, homework clubs, computer classes, special skills classes in particular, but not exclusively, young people.
- e) To provide drop-in sessions for general health issues i.e. (sexual health, teenage pregnancy and contraception).

**Public benefit**

The charity continues to follow the public benefit guidance as set out by the Charity Commission.

**Volunteers**

The Charity has 4 active volunteers who are successful DBS checked.

**CASSANDRA CENTRE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our charitable activities mainly focus on providing counselling, education and support to families especially those affected by domestic abuse.

We are finding that families are still impacted by the effects of Covid-19 and now cost of living crisis, so we have undertaken other charitable objectives e.g the HAF, to support our service users and members.

During the past year, we have strengthened our presence in our local community and increased our outreach work to young people, families and the elderly.

**Youth Squad**

A successful 6 month pilot programme which engaged 8-10 young women aged between 13-20 years. Topics covered include: consent, being safe on the internet, CV writing, mental health, money management and friendship & relationship.

**50+ Afternoon Tea**

The luncheon club is a highlight for many people suffering from isolation. We currently have over 70 registered attendees.

We keep them busy with regular trips and guests speakers coming in and celebrating national and cultural events.

**Counselling Service**

Cassandra Centre has 11 qualified therapists offering 1-2-1 counselling and family constellations around relationship behaviour & trauma management of past and current abuse and providing space to develop positive relationship strategies, through our different packages of support. Our counselling coordinators ensures all referrals meet the key criteria and conduct interviews to capture relevant background information around referrals. The coordinator has monthly reviews with counsellors to track personal progression and outcomes that are logged. The counsellors have a diverse range of qualifications; - Criminal justice; CAMHS, working specifically with children; special needs education and perpetrators of abuse.

**Holiday Programme**

Delivered the Holiday, Activity and Food (HAF) programme for 4 weeks of the summer holiday for children on free school meals. We provided activities for 30 children aged 5-16 years with a mixture of indoor and outdoor activities across London.

**Best Version of You**

An empowerment women's group supporting approximately 30 women to see themselves positively. Each week a different topic was presented to the group and a personalised workbook was given to each women so they could journal their progress.

**Weekly Food Delivery**

In partnership with ASKI charity, we deliver approximately 30 meals to the vulnerable older population every Saturday covering the Croydon and Sutton area.

**Other Events and Activities**

South Thames - attended Freshers week - we had a stall with our leaflets, personal alarms, a presentation playing behind the scene. Cupcakes and brownies prepared for the young people to have. This was a successful visit with a large number of young people interested in what we do and volunteering opportunities.

Cake sale & Collinson Group - a client completed a cake sale at her work offices in Liverpool Street. This is the second year that Ana has fundraised for Cassandra Centre and both times have been successful raising £500 each time.

LGBTQ+ Training - all staff on the group received training around LGBTQ+. We learnt new tools of supporting people to express themselves and how best to support them.

## CASSANDRA CENTRE LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2022

International Men's Day - We held an event on 19th November 2022. We created a safe space for the men who attended to tell their story. Guest speakers were also in attendance.

Domestic Violence Walk - in aid of White Ribbon, we met with the leader of Merton Council, Cllr Ross Garrod, Cllr Eleanor Stringer and local police at Wimbledon Centre Court on Friday 9th December 2022. We have a discussion regarding violence against women and girls before walking to the Box on Hayden's Road we had further discussions, food and a short film on domestic abuse.

Caring Dads - we now have a qualified Caring Dads practitioner who attended has passed a two day course. After completing shadowing opportunity we hope to start delivering this course in Spring/Summer 2023.

Nescot Christmas Packages - Nescot donated to Cassandra Centre, 40 gift bags containing Christmas cards from the students, hand creams, face masks, creams and chocolates which were given to members of our lunch club.

#### **FINANCIAL REVIEW**

##### **Financial position**

Against the backdrop of limited resources, ongoing insecurities over funding, and the increased pressures from the COVID-19 pandemic and the cost of living crisis, it has continued to be difficult to plan or develop services.

Despite all these pressures we are satisfied with the performance of the charity.

##### **Reserves policy**

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. Our policy is that the unrestricted funds held by the charity should be approximately 6 months of the average annual expenditure.

The reserves are needed to meet the working capital requirements of the charity and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The current levels of reserves meet this target level.

#### **FUTURE PLANS**

Lloyd's bank announced the closure of the bank, (this is not unusual as high street banks are at risk of closure) and our lease will be interrupted as a result. The chief executive is making enquiries to see if we will be allowed to remain on the premises up to 2025 when the entirety of the lease comes to an end.

The likelihood is, CC will be relocated to another London borough if suitable premises is unavailable in Norbury.

The over 50 lunch club will remain in Norbury, because we have acquired suitable premises and will sign a lease in May of this year. Taking the unpredicted news of the bank into consideration, the service users are at the heart of the charity and our pledge is to continue delivering the highest level of services.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The Cassandra Centre has a Board of up to eight Trustees who meet quarterly and are responsible for the strategic direction of the charity.

During the COVID-19 crisis, to ensure flexibility in the face of an ever-changing situation, the Board began meeting monthly. At present the Board has six Trustees from a variety of professional backgrounds relevant to the work of the charity.

Day to day responsibility for the provision of the services rests with the Chief Executive Jennifer McDermott.

The counselling and therapy services are managed by Jutta ten Herkel, co-founder of the charity.

Administrative and organisational support is currently provided by Janai Brown on a part-time basis and is supported by a volunteer to manage the charity's social media.

Sophie Jones and Chiola Sutherland services have been engaged and are being paid on an ongoing basis (having previously been volunteers), working as Domestic Violence Case Workers to provide responsive service to those in urgent need.

The charity benefits from the support of a brilliant set of active volunteers, many of whom have joined during the COVID-19 pandemic and helped ensure the smooth and successful provision of emergency meals.

**Induction and training of new trustees**

All Trustees give their time voluntarily and do not derive any financial benefit from the charity.

Trustees are recruited via advertising on specialist online volunteer platforms such as Reach, where a job description is posted, outlining the specific skills and experience sought. They are then interviewed by a Trustee, and if considered suitable meet with the Chief Executive.

New Trustees receive a welcome pack which contains:

- " A copy of the charity's Governing Document and current strategy document
- " An outline of the current financial position as set out in the latest published accounts
- " A brief introduction to key members of the charity, and to the Board of Trustees
- " Information from various Charity Commission publications about the role of a Trustee

New Trustees are then invited to join the next board meeting to formally meet the Trustees and be officially elected. Trustees also try to meet informally to get to know each other, but this hasn't been possible recently due to COVID-19 restrictions.

The board of Trustees is currently reviewing its induction process, and plans are underway to include Domestic Violence training as part of this.

**Risk management**

As part of the charity's annual review, The Trustees conducted a review of the major risks to which the charity maybe exposed and identified:

External risks to funding are mitigated by developing a fundraising strategy of improving links and relationships with local and regional funders, umbrella organisations and potential partners to maximise the charity's funding options and opportunities to develop partnership and secure new local and regional sources of funding, and local statutory funding.

**CASSANDRA CENTRE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 15/07/2023 and signed on its behalf by:

  
.....  
Ms A Mcdermott - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CASSANDRA CENTRE LTD**

**Independent examiner's report to the trustees of Cassandra Centre Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st May 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*E Okai*

Ebenezer Okai (BSc); FCCA  
On behalf of  
Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

Date: *16-02-23*

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

		<b>2022</b>	<b>2021</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
		<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>	<b>Notes</b>		
Donations and legacies	2	39,970	82,059
Investment income	3	1,685	-
Other income		-	345
<b>Total</b>		<b>41,655</b>	<b>82,404</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>	4		
Centre		84,060	56,800
<b>NET INCOME/(EXPENDITURE)</b>		<b>(42,405)</b>	<b>25,604</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>		<b>88,799</b>	<b>63,195</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>46,394</b>	<b>88,799</b>

The notes form part of these financial statements

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL POSITION**  
**31ST MAY 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>FIXED ASSETS</b>			
Tangible assets	9	633	949
<b>CURRENT ASSETS</b>			
Cash at bank		46,480	91,292
<b>CREDITORS</b>			
Amounts falling due within one year	10	(719)	(3,442)
<b>NET CURRENT ASSETS</b>		<u>45,761</u>	<u>87,850</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		46,394	88,799
<b>NET ASSETS</b>		<u>46,394</u>	<u>88,799</u>
<b>FUNDS</b>	11		
Unrestricted funds		<u>46,394</u>	<u>88,799</u>
<b>TOTAL FUNDS</b>		<u>46,394</u>	<u>88,799</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2022.

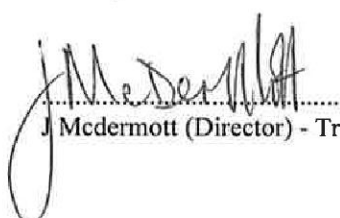
The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/02/2023 and were signed on its behalf by:

  
J McDermott (Director) - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**RELATED PARTY EXEMPTION**

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2022**

<b>2. DONATIONS AND LEGACIES</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Donations	9,740	28,126
The London Community Foundation (MOPAC)	-	28,790
Other grants	30,230	15,557
Cheshire Community CCF	-	5,000
Mayors Office	-	4,586
	<hr/>	<hr/>
	<b>39,970</b>	<b>82,059</b>
	<hr/> <hr/>	<hr/> <hr/>
<b>3. INVESTMENT INCOME</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Hall hire	1,685	-
	<hr/>	<hr/>
<b>4. CHARITABLE ACTIVITIES COSTS</b>		<b>Direct</b>
		<b>Costs (see</b>
		<b>note 5)</b>
		<b>£</b>
Centre		84,060
		<hr/> <hr/>
<b>5. DIRECT COSTS OF CHARITABLE ACTIVITIES</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Centre project expenses	10,860	10,694
Food project expenses	10,575	9,595
Subscriptions	1,076	505
Examiners fee	1,014	1,020
Insurance	674	510
Bank charges	71	35
Professional services	35,904	10,632
Printing and stationery	207	2,892
Light and heat	2,256	2,184
Repairs & maintenance	6,447	-
Fundraising cost	1,850	-
Volunteer expenses	2,819	3,797
Grant disbursement	-	4,650
Website & publicity	3,923	3,191
Sundry expenses	40	442
Office equipment & consumables	3,723	6,337
Telephone and broadband	2,305	-
Depreciation	316	316
	<hr/>	<hr/>
	<b>84,060</b>	<b>56,800</b>
	<hr/> <hr/>	<hr/> <hr/>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	316	316

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st May 2022 nor for the year ended 31st May 2021.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31st May 2022 nor for the year ended 31st May 2021.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund £</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	82,059
Other income	345
<b>Total</b>	<b>82,404</b>
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Centre	56,800
<b>NET INCOME</b>	<b>25,604</b>
<b>RECONCILIATION OF FUNDS</b>	
<b>Total funds brought forward</b>	<b>63,195</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>88,799</b>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**9. TANGIBLE FIXED ASSETS**

	<b>Plant and machinery £</b>
<b>COST</b>	
At 1st June 2021 and 31st May 2022	6,328
<b>DEPRECIATION</b>	
At 1st June 2021	5,379
Charge for year	316
At 31st May 2022	5,695
<b>NET BOOK VALUE</b>	
At 31st May 2022	633
At 31st May 2021	949

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022 £</b>	<b>2021 £</b>
Accrued expenses	719	3,442

**11. MOVEMENT IN FUNDS**

	<b>At 1.6.21 £</b>	<b>Net movement in funds £</b>	<b>At 31.5.22 £</b>
<b>Unrestricted funds</b>			
General fund	88,799	(42,405)	46,394
<b>TOTAL FUNDS</b>	88,799	(42,405)	46,394

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	41,655	(84,060)	(42,405)
<b>TOTAL FUNDS</b>	41,655	(84,060)	(42,405)

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2022**

**11. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	<b>At 1.6.20</b>	<b>Net</b>	<b>At</b>
	<b>£</b>	<b>movement</b>	<b>31.5.21</b>
		<b>in funds</b>	<b>£</b>
		<b>£</b>	
<b>Unrestricted funds</b>			
General fund	63,195	25,604	88,799
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>63,195</b>	<b>25,604</b>	<b>88,799</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Comparative net movement in funds, included in the above are as follows:

	<b>Incoming</b>	<b>Resources</b>	<b>Movement</b>
	<b>resources</b>	<b>expended</b>	<b>in funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	82,404	(56,800)	25,604
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>82,404</b>	<b>(56,800)</b>	<b>25,604</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st May 2022.

**CASSANDRA CENTRE LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2022**

	2022	2021
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	9,740	28,126
The London Community Foundation (MOPAC)	-	28,790
Other grants	30,230	15,557
Cheshire Community CCF	-	5,000
Mayors Office	-	4,586
	<u>39,970</u>	<u>82,059</u>
<b>Investment income</b>		
Hall hire	1,685	-
<b>Other income</b>		
Other income	-	345
	<u>41,655</u>	<u>82,404</u>
<b>Total incoming resources</b>		
	41,655	82,404
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Centre project expenses	10,860	10,694
Food project expenses	10,575	9,595
Subscriptions	1,076	505
Examiners fee	1,014	1,020
Insurance	674	510
Bank charges	71	35
Professional services	35,904	10,632
Printing and stationery	207	2,892
Light and heat	2,256	2,184
Repairs & maintenance	6,447	-
Fundraising cost	1,850	-
Volunteer expenses	2,819	3,797
Grant disbursement	-	4,650
Website & publicity	3,923	3,191
Sundry expenses	40	442
Office equipment & consumables	3,723	6,337
Telephone and broadband	2,305	-
Depreciation of tangible fixed assets	316	316
	<u>84,060</u>	<u>56,800</u>
<b>Total resources expended</b>		
	84,060	56,800
<b>Net (expenditure)/income</b>		
	<u>(42,405)</u>	<u>25,604</u>

This page does not form part of the statutory financial statements

**Cassandra Centre Ltd**

England & Wales - Charity number 1125508

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# Accounts

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**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MAY 2021**  
**FOR**  
**CASSANDRA CENTRE LTD**

Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2021**

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<b>Independent examiner's report</b>	7
<b>Statement of financial activities</b>	8
<b>Statement of financial position</b>	9
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**CASSANDRA CENTRE LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 31ST MAY 2021**

<b>TRUSTEES</b>	Mrs J Mcdermott (Company Director) R P Weekes II Ms A Mcdermott Ms J Flynn Ms R Myers (appointed 03.06.2020)
<b>REGISTERED OFFICE</b>	1433A London Road Norbury London SW16 4AW
<b>REGISTERED COMPANY NUMBER</b>	06235705 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1125508
<b>INDEPENDENT EXAMINER</b>	Leroy Reid & Co Chartered Certified Accountants and Statutory Auditors 299 Northborough Road Norbury London SW16 4TR

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2021**

The Management committee who are also the directors of the charity for the purpose of the Companies Act 2006, present their report and accounts for the year ended 31st May 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity's objectives are to relieve those who have been affected by domestic violence, but not exclusively young people, by the provision of advice, counselling and support. This includes:

- a) To advance education, in particular, but not exclusively that of young people, providing advice and guidance on matters relating to domestic violence and other related issues calculated to relieve the need of sufferers of domestic violence.
- b) To provide facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life, but not exclusive to, young people.
- c) To create a forum where individuals can learn about basic human rights.
- d) To offer literacy classes, homework clubs, computer classes, special skills classes in particular, but not exclusively, young people.
- e) To provide drop-in sessions for general health issues i.e. (sexual health, teenage pregnancy and contraception).

**Public benefit**

The charity continues to follow the public benefit guidance as set out by the Charity Commission.

**Volunteers**

The Charity has 4 active volunteers who have successful CRB checks.

## CASSANDRA CENTRE LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2021

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

Our charitable activities focus on providing counselling, education and support to people affected by domestic abuse, and are undertaken to further our charitable objects for the public benefit. During the past year, the charity's activities have included: counselling, casework and provision of food. See further details below:

- **COVID-19 support for vulnerable groups at risk of being affected by domestic abuse**

Given the ongoing COVID-19 pandemic, and repeated national and regional lockdowns across the course of this year, much of the charity's work in this period focused on providing crisis response and support to vulnerable groups who are at high risk of being affected by domestic abuse.

We delivered over 2000 emergency meals and food packs to an excess of 200 people. Volunteers were used to deliver these meals, to provide telephone support and telephone counselling, for women and children from households known to experience domestic abuse as well as the elderly, those living in food / fuel poverty, those living with social isolation or mental health issues and Black, Asian and Minority Ethnic communities. Some of this provision was delivered jointly with local partner ASKI.

- **Counselling and therapeutic support for those affected by domestic abuse**

COVID-19 has meant that much of the therapeutic support delivered by the charity over the past year has been delivered individually and online. This has included supplying learning, advice and support to those who have been affected by domestic and sexual abuse and mentoring to vulnerable young people. This support has provided a safe online presence that is well supervised, helping everyone to move to a greater independence.

As restrictions have lightened, and where appropriate, some of this support has moved to face to face. The charity has also started to work with families and children together - providing family support and counselling, as well as summer holiday activities in the summer of 2020.

- **Case and support work for those affected by domestic abuse**

In this period, the charity has been able to take on two Domestic Violence Case Workers on an ongoing basis, to provide responsive service to those in urgent need. This support has included finding accommodation for survivors of domestic abuse, something which has become a significant challenge during COVID-19. The Case Workers' hard work, persistence and excellent levels of care and communication have been recognised and praised by clients.

- **Education and support for vulnerable groups and wider communities**

The charity recognises that domestic abuse can affect all aspects of life, including work, study and community relations. In the past year, the charity has provided a range of community activities and programmes that are targeted at groups at risk of domestic abuse - such as older people, men, boys and new mothers. Activities included a befriending project, a creative writing project and a Men's group.

In addition to these activities and achievements, the charity has also made marked progress in the past year in raising the profile of Cassandra Centre, and thus raising awareness of what domestic abuse is and where to seek help. This has included speaking at an international conference, work to refresh the charity's logo and website, and a virtual event on International Women's Day 2021 with a high-profile presenter, Victoria Derbyshire, and speakers. This event received lots of positive feedback from attendees.

#### **FINANCIAL REVIEW**

Against the backdrop of limited resources, ongoing insecurities over funding, and the increased pressures of the COVID-19 pandemic, it has continued to be difficult to plan or develop services. This has been exacerbated by several break-ins during this period at the charity's physical premises.

However, the COVID-19 crisis - coupled with the hard work of the charity's staff and volunteers - has helped us to make good progress this year in securing funds, particularly from personal donors. We have been lucky enough to receive some significant private donations, which has - and will continue to - provide much needed additional resources for the future.

## **CASSANDRA CENTRE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MAY 2021**

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Charity raised the following funds during the year:

- Community Foundation COVID 19 emergency funding
- Croydon council
- Private Donations
- Co-op Foundation

##### **Reserves policy**

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. Our policy is that the unrestricted funds held by the charity should be approximately 6 months of the average annual expenditure.

The reserves are needed to meet the working capital requirements of the charity and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The current levels of reserves meet this target level.

##### **FUTURE PLANS**

As a result of our response to the COVID-19 crisis, and the work we have done in the community to provide a consistent service, Cassandra Centre's reputation has grown, and the charity is looking forward to building on these developments in the coming year(s).

The charity plans continuing counselling, therapeutic and case support activities for those affected by domestic abuse in the forthcoming years, subject to satisfactory funding arrangements.

Once lockdown restrictions fully lifted in summer 2021, the charity has re-started in-person intergenerational support and activities such as a weekly over 50 club. Plans are also underway to support local children and young people, who have been most impacted by the pandemic, during the school holidays under the HAF (Holiday activities and food) programme.

As the charity's current 5-year business plan and fundraising strategy will shortly come to an end, the Trustees have begun discussing future priorities and establishing a process to develop a new strategy. This will likely include considering ways to secure funding necessary to support permanent paid staff, such as a centre manager, fundraiser, and / or co-ordinator for the counselling service.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The Cassandra Centre has a Board of up to eight Trustees who meet quarterly and are responsible for the strategic direction of the charity.

During the COVID-19 crisis, to ensure flexibility in the face of an ever-changing situation, the Board began meeting monthly. At present the Board has six Trustees from a variety of professional backgrounds relevant to the work of the charity.

Day to day responsibility for the provision of the services rests with the Chief Executive Jennifer McDermott.

The counselling and therapy services are managed by Jutta ten Herkel, co-founder of the charity.

Administrative and organisational support is currently provided by Janai Brown on a part-time basis and is supported by a volunteer to manage the charity's social media.

Sophie Jones and Chiola Sutherland services have been engaged and are being paid on an ongoing basis (having previously been volunteers), working as Domestic Violence Case Workers to provide responsive service to those in urgent need.

The charity benefits from the support of a brilliant set of active volunteers, many of whom have joined during the COVID-19 pandemic and helped ensure the smooth and successful provision of emergency meals.

**Induction and training of new trustees**

All Trustees give their time voluntarily and do not derive any financial benefit from the charity.

Trustees are recruited via advertising on specialist online volunteer platforms such as Reach, where a job description is posted, outlining the specific skills and experience sought. They are then interviewed by a Trustee, and if considered suitable meet with the Chief Executive.

New Trustees receive a welcome pack which contains:

- A copy of the charity's Governing Document and current strategy document
- An outline of the current financial position as set out in the latest published accounts
- A brief introduction to key members of the charity, and to the Board of Trustees
- Information from various Charity Commission publications about the role of a Trustee

New Trustees are then invited to join the next board meeting to formally meet the Trustees and be officially elected. Trustees also try to meet informally to get to know each other, but this hasn't been possible recently due to COVID-19 restrictions.

The board of Trustees is currently reviewing its induction process, and plans are underway to include Domestic Violence training as part of this.

**Risk management**

As part of the charity's annual review, The Trustees conducted a review of the major risks to which the charity maybe exposed and identified:

External risks to funding are mitigated by developing a fundraising strategy of improving links and relationships with local and regional funders, umbrella organisations and potential partners to maximise the charity's funding options and opportunities to develop partnership and secure new local and regional sources of funding, and local statutory funding.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Cassandra Centre Ltd for the purposes of company law) are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

**CASSANDRA CENTRE LTD**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

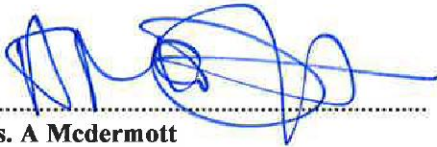
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on **30 March 2022** and signed on its behalf by:



**Ms. A Mcdermott**  
**Director/Trustee**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CASSANDRA CENTRE LTD**

**Independent examiner's report to the trustees of Cassandra Centre Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st May 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Leroy Reid & Co*

.....  
Ebenezer Okai (BSc); FCCA  
On behalf of  
Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

Date: **30 March 2022**

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2021**

		<b>2021</b>	<b>2020</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
		<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>	<b>Notes</b>		
Donations and legacies	2	82,059	98,201
Investment income	3	-	2,820
Other income		345	-
<b>Total</b>		<b>82,404</b>	<b>101,021</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>	4		
Centre		56,800	49,622
<b>NET INCOME</b>		<b>25,604</b>	<b>51,399</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>		<b>63,195</b>	<b>11,796</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>88,799</u></b>	<b><u>63,195</u></b>

The notes form part of these financial statements

**CASSANDRA CENTRE LTD**

**STATEMENT OF FINANCIAL POSITION**  
**31ST MAY 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
<b>FIXED ASSETS</b>			
Tangible assets	9	949	1,265
<b>CURRENT ASSETS</b>			
Cash at bank		91,292	64,352
<b>CREDITORS</b>			
Amounts falling due within one year	10	(3,442)	(2,422)
<b>NET CURRENT ASSETS</b>		<u>87,850</u>	<u>61,930</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>88,799</u>	<u>63,195</u>
<b>NET ASSETS</b>		<u>88,799</u>	<u>63,195</u>
<b>FUNDS</b>	11		
Unrestricted funds		<u>88,799</u>	<u>63,195</u>
<b>TOTAL FUNDS</b>		<u>88,799</u>	<u>63,195</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st May 2021.


The members have not required the company to obtain an audit of its financial statements for the year ended 31st May 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on **30 March 2022** and were signed on its behalf by:

  
Mrs J Mcdermott  
Company Director

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**RELATED PARTY EXEMPTION**

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**2. DONATIONS AND LEGACIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Donations	28,126	33,144
The London Community Foundation (MOPAC)	28,790	20,609
National Lottery	-	9,790
LB Croydon Council	-	12,000
Other grants	15,557	22,658
Cheshire Community CCF	5,000	-
Mayors Office	<u>4,586</u>	<u>-</u>
	<u><b>82,059</b></u>	<u><b>98,201</b></u>

**3. INVESTMENT INCOME**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Hall hire	<u>-</u>	<u>2,820</u>

**4. CHARITABLE ACTIVITIES COSTS**

	<b>Direct Costs (see note 5)</b>
	<b>£</b>
Centre	<u>56,800</u>

**5. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Project administrator	-	9,070
Centre project expenses	10,694	3,625
Food project expenses	9,595	8,492
Subscriptions	505	216
Examiners fee	1,020	1,020
Insurance	510	510
Bank charges	35	52
Professional services	10,632	8,678
Printing, stationery & telephone	2,892	2,087
Light and heat	2,184	6,469
Repairs & maintenance	-	2,616
Fundraising cost	-	1,635
Volunteer expenses	3,797	4,586
Grant disbursement	4,650	-
Website & publicity	3,191	250
Sundry expenses	442	-
Office equipment & consumables	6,337	-
Depreciation	<u>316</u>	<u>316</u>
	<u><b>56,800</b></u>	<u><b>49,622</b></u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	<u>316</u>	<u>316</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st May 2021 nor for the year ended 31st May 2020.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31st May 2021 nor for the year ended 31st May 2020.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund</b>
	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	98,201
Investment income	<u>2,820</u>
<b>Total</b>	101,021
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Centre	49,622
	<u>          </u>
<b>NET INCOME</b>	51,399
<b>RECONCILIATION OF FUNDS</b>	
<b>Total funds brought forward</b>	11,796
	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>63,195</u>

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**9. TANGIBLE FIXED ASSETS**

	<b>Plant and machinery £</b>
<b>COST</b>	
At 1st June 2020 and 31st May 2021	<u>6,328</u>
<b>DEPRECIATION</b>	
At 1st June 2020	5,063
Charge for year	<u>316</u>
At 31st May 2021	<u>5,379</u>
<b>NET BOOK VALUE</b>	
At 31st May 2021	<u>949</u>
At 31st May 2020	<u>1,265</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2021 £</b>	<b>2020 £</b>
Accrued expenses	<u>3,442</u>	<u>2,422</u>

**11. MOVEMENT IN FUNDS**

	<b>At 1.6.20 £</b>	<b>Net movement in funds £</b>	<b>At 31.5.21 £</b>
<b>Unrestricted funds</b>			
General fund	63,195	25,604	88,799
	<u>63,195</u>	<u>25,604</u>	<u>88,799</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	82,404	(56,800)	25,604
	<u>82,404</u>	<u>(56,800)</u>	<u>25,604</u>
<b>TOTAL FUNDS</b>			

**CASSANDRA CENTRE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MAY 2021**

**11. MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 1.6.19 £	Net movement in funds £	At 31.5.20 £
<b>Unrestricted funds</b>			
General fund	11,796	51,399	63,195
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>11,796</u>	<u>51,399</u>	<u>63,195</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	101,021	(49,622)	51,399
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>101,021</u>	<u>(49,622)</u>	<u>51,399</u>

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st May 2021.

**CASSANDRA CENTRE LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MAY 2021**

	2021	2020
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	28,126	33,144
The London Community Foundation (MOPAC)	28,790	20,609
National Lottery	-	9,790
LB Croydon Council	-	12,000
Other grants	15,557	22,658
Cheshire Community CCF	5,000	-
Mayors Office	<u>4,586</u>	<u>-</u>
	82,059	98,201
<b>Investment income</b>		
Hall hire	-	2,820
<b>Other income</b>		
No description	<u>345</u>	<u>-</u>
<b>Total incoming resources</b>	82,404	101,021
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Project administrator	-	9,070
Centre project expenses	10,694	3,625
Food project expenses	9,595	8,492
Subscriptions	505	216
Examiners fee	1,020	1,020
Insurance	510	510
Bank charges	35	52
Professional services	10,632	8,678
Printing, stationery & telephone	2,892	2,087
Light and heat	2,184	6,469
Repairs & maintenance	-	2,616
Fundraising cost	-	1,635
Volunteer expenses	3,797	4,586
Grant disbursement	4,650	-
Website & publicity	3,191	250
Sundry expenses	442	-
Office equipment & consumables	6,337	-
Depreciation of tangible fixed assets	<u>316</u>	<u>316</u>
	<u>56,800</u>	<u>49,622</u>
<b>Total resources expended</b>	<u>56,800</u>	<u>49,622</u>
<b>Net income</b>	<u>25,604</u>	<u>51,399</u>

This page does not form part of the statutory financial statements