



Registered Company Number: 6181997
Registered Charity Number: 1125500

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

Report of the Trustees and
Unaudited Financial Statements
for the year ended 31st March 2025

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Trustees:	Deborah Saunders (resigned 21 st November 2025) Dr Stanislaw Sakowicz-Librowski Rosalind Lavelle Laura Bowmer (resigned 10 th March 2025) Ann Mawdsley Etty Martin (resigned 22 nd December 2025)
Company Number:	6181997
Charity Number:	1125500
Registered Office & Charity Address:	98-100 Shrubland Street Leamington Spa Warwickshire CV31 3BD
Independent Examiner:	Mark Harwood FCA BFP FMAAT Michael Harwood & Co Greville House 10 Jury Street Warwick CV34 4EW

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report and the Financial Statements of the Charity for the year ended 31st March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the Annual Report and Financial Statements of the Charity.

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The objectives of the Charity and its principal activities, as stated in the Memorandum and Articles of Association, are the promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in the Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

- A. the relief of poverty;
- B. the advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;
- C. the provision of financial assistance, technical assistance or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:
 - i. in setting up their own business; or
 - ii. to existing businesses;
- D. the maintenance, improvement or provision of public amenities;
- E. the provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;
- F. the provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;
- G. such other means as may from time to time be determined, subject to the prior written consent of the Charity Commissioners of England and Wales.

The Aims and Objectives, as with many Charities, are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Charity's vision and cores values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2025

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on and signed on its behalf by:

Deborah Saunders
Trustee

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)

BALANCE SHEET

AS AT 31st MARCH 2025

The Financial Statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The Financial Statements were approved by the Board of Trustees on and signed on its behalf by:

Deborah Saunders
Trustee

The notes on pages 15 to 23 form part of these financial statements

Triple Link Dementia Café	This is to expand and further develop a service for those suffering from dementia together with support for their carers.
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13. Restricted Funds (continued)

Orbit	This was a 2 year contract (Jan 21-Dec 22) to deliver health & wellbeing support to all Orbit customers. The balance is being retained for use against similar projects.
Secret Garden	This fund is for a greenhouse and garden materials to increase activity and reduce social isolation.
Bereavement	This fund is to support people who have suffered a bereavement.
Enhanced Foodbank	This fund is to provide local families with 'chilled' goods up to the value of £20.
ESF Employment and Digital	This fund is for money to run targeted employment skills programmes.
Hardship Fund	Donations from various sources to be used for emergency for clients in financial crisis.
National Grid Warm Packs	Warm packs to be distributed to local residents during the winter and cost of living crisis.
Vinci Foundation	Grant received for the purchase of new staff computers which have been capitalised and are now being depreciated over their estimated useful life.
Warwickshire Rural	Grant received for Crown Routes to provide warm packs and tea & toast for a local walking for health group.
UKSPF Digital Capital and Revenue	Provision of digital resources to the local community.
UKSPF Social Inclusion	Provision of social inclusion resources to enhance the integrity of the local community and support those who are disenfranchised
Menopause Support	Grant to start up the new Menopause groups.
UKSPF Brunswick Capacity Project	Revenue to deliver services alongside the SLAs.
UKSPF Brunswick Improvement Building	Capital grant to improve facilities.