

REGISTERED COMPANY NUMBER: 06181997 (England and Wales)  
REGISTERED CHARITY NUMBER: 1125500

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

LDP Luckmans  
1110 Elliott Court  
Coventry Business Park  
Herald Avenue  
Coventry  
West Midlands  
CV5 6UB

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

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**for the year ended 31 March 2021**

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**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

The Trustees who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 2015).

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the Charity and its principal activities as stated in the Memorandum and Articles of Association are as follows:

The promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

A. The relief of poverty;

B. The advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;

C. The provision of financial assistance, technical assistance, or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:

(i) In setting up their own business; or (ii) To existing businesses;

D. The maintenance, improvement or provision of public amenities;

E. The provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;

F. The provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;

G. Such other means as may from time to time be determined subject to the prior written consent of the Charity Commissioners of England and Wales.'

The Aims and Objectives as with many charities are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Organisation's vision and core values stated:

**Vision**

A healthy community which fulfils its potential.

**Tag Line**

Being Here for Local Communities

**Priority needs/objectives of BHLC**

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up to date information regarding health and its related issues for the general public

**Core Values**

- Non-judgemental
- Inclusive/welcoming/open & transparent
- Creating a safe environment
- To empower our customer
- Removing barriers and improving access
- Value and respect individuals

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**OBJECTIVES AND ACTIVITIES**

**Significant activities**

**Public Benefit**

Brunswick Hub is a multi-service venue which Brunswick Healthy Living Centre (BHLC) Limited manages and coordinates. Warwickshire NHS services reside in a third of the building. While it manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as a holistic venue, offering services to the community addressing health and wellbeing issues.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

**How our activities deliver public benefit**

In shaping our objectives and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit.

**This Extraordinary Year:** This year has seen us with the rest of the country be put into an extraordinary situation with the outbreak of the COVID-19 pandemic. On March 23rd 2020 management closed our doors and moved all the services we could onto telephone and remote support. Some services were temporarily closed whilst others grew. The staff adapted to homeworking and provided key information to the local community. In August 2020 the HUB was able to reopen after providing changes to the space inside to make it safe and accessible to all users including those with NHS appointments and the staff team. Many changes continued to take place throughout the year adapting the services to provide COVID related support.

The main activities focus on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; also access to accurate and up to date information regarding health and all its related issues for the general public including all COVID-19 government messaging.. Throughout the year, **770 NEW** individuals registered to use a diverse range of services and activities in addition to last year's figure of 4 **45 NEW registrations**.

**NHS**

The Brunswick HUB supports the NHS with a space to enable them to provide various community based clinics.

**The Community Café**

On 23rd March 2020 unfortunately the Café closed due to COVID-19 Pandemic and the Hub closure in the first government lockdown, The café still remains closed to public and is currently being used as a base for a new scheme that was born out of the pandemic 'Emergency Chilled Goods for Families' since setting this up in September 2020 we have helped over 150 families with chilled goods (Approx £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats - Dietary requirements were also catered for where needed) through this scheme we have been able to identify any additional help they may need and referred them to either our own health & wellbeing officers or to other external partnering agencies.

**Physical Activities for the community**

During this Year the physical activity package has been one of the services we have had to cease following government guidelines. However the dance school (Jaykays) and walking group have stayed committed and will be resuming as soon as the guidelines allow.

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**OBJECTIVES AND ACTIVITIES**

**Room Hire**

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week; many varied activities that support health and wellbeing and employment in its widest sense are run from the premises;

Throughout March 20 - August 20 there was no Roomhire revenue due to the restrictions. From August 20 we were able to slowly introduce some services back into the HUB and was able to welcome back the NHS, Emis eyecare and Jaykays dance (temporarily through lockdowns). We also have a very successful baby/toddler group who have been using our Community Hall and this service alone has seen a footfall of 439 again operating within the guidelines. With a new Government 'roadmap' being announced it looks promising to reopen more services in the next financial year (21-22) so this should see the roomhire pick back up. In the interim core funding was secured through the National Lottery to bridge the gap for 6 months of lost revenue.

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

**Community Computer Facilities-digital inclusion**

The total number of computers available for community use is 30. This makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support although this has been intermittent through this past year. The pandemic has unfortunately impacted the use of the community computers located in the reception area (general use), when restrictions have allowed we have opened the usage up on an appointment basis which saw a total of 204 users.

**Volunteer Programme**

The Volunteer Programme remains an essential component of the Hub. However most of the current volunteers have not been at the Hub due to the pandemic. Volunteers have been supported through regular emails and contact from staff for their Health & Wellbeing as some of the ones we work with were classed as vulnerable. We hope that the next year will see us welcome them back into the centre. The Recruitment will continue to be through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one to one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered.

Members of the team BHLC is still very proud of its inclusive Volunteering Programme offering volunteering opportunities to all. Volunteers are valued and supported whilst learning new skills and gaining valuable experience.

We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB

The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers.

**Gardening**

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation the 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have had a dedicated volunteer overseeing the garden and has been used by many different groups including Mental Health Together (MHT) who have been delivering different projects from the garden weekly throughout the year. During the pandemic the work in the garden has continued and we were commended with a 'Leamington in Bloom' award.

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**OBJECTIVES AND ACTIVITIES**

**Employment Clubs**

The current funding for the Employment Clubs of BHLC comes from a Warwick District Council which the SLA. During this year the employment services have run both online and when allowed face to face appointments. These employment sessions run to assist clients to increase their employability skills and also offer facilities such as CV writing, interview skills, work experience and general job searches. During a very uncertain time for employment we have had **93 NEW** registrations and was able to help **95** people attend interviews with **45** job offers. We created a dedicated Facebook page that had over **350** followers and a 'Energise employment group with **109** members. We received funding from ESF to run courses for those unemployed over 6 months or more and also ran a COVID support group via social media. The employment club drop in sessions have ran when the restrictions have allowed.

**Work Experience and College Trainees**

The Work Experience Programme has a partnership with Warwickshire College. This, together with our strong links with Job Centre Plus, allows us to offer work placement opportunities to all age groups including young people. Unfortunately, we have been unable to take any Young people on in this year, the scheme was due to start again in March 2020 but was put on hold due to the COVID situation. We will look to start again later in 2021.

**Digital Inclusion**

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment package through the pandemic.

**Dementia Café / Triple Link**

This Service is for people affected by dementia and also their carers. Due to vulnerability of these clients all contact was taken online and through regular calls to the clients and their families. Newsletters were produced and 121 telephone support was provided for those really struggling with lockdown. Plans will include the reopening of the Dementia Café in 2021 when it is safe to do so.

**Citizens Advice Drop-in**

This service was ceased by the CAB in March 2020 and will be reviewed by them when it is felt they can open face to face appointments safely. All enquiries are by telephone direct.

**ASD (Autism Spectrum Disorder) Support**

Through the pandemic we came across many families who needed support in this area. We were able to support over 30 families with things such as Early Help meetings and general advice. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) and we are hoping in 2021 to secure funding to do targeted support and build on the foundation of work already in progress.

**Bereavement Support**

Through COVID this service has become a vital part of our support to the local community, we have 121 telephone support and also been able to run some group sessions. Over 20 individuals have benefitted from this with a growing waiting list for 2021 sessions. Funding from various sources has been secured for this with further funding being looked into.

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2021**

**OBJECTIVES AND ACTIVITIES**

**A Selection of Partners Worked with in the Year .....there are many more**

**Service**

Warwickshire District Council (Community Partnership Team)  
Warwickshire County Council  
South Warwickshire Clinical Commissioning Group  
Early Help  
Alzheimer's Society  
Waterside Medical Centre  
Lisle Court Medical Centre  
Safer Neighbourhoods Partnership Team  
The SYDNI Centre  
Age UK  
Medical Health Together  
NHS - Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist

**Hire**

Adventure babies  
NHS Property  
Jaykays  
Wiseability  
ROSA/IAPT  
The M in STEM CIC  
Central England Lipreading Support Trust  
Standguide  
Relate  
ICS/Health

**Communities Together Network**

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.



**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Funding**

Funding for the year 2020-21 was generated from several sources

Contracted Services/SLA  
Orbit  
NHS Recharge  
Big Lottery Fund  
National Lottery  
District & County Council Covid related funding pots  
ESF  
Room Hire  
Miscellaneous income

Contracted services and SLA's were awarded by Warwickshire District Council to BHLC for three years commencing in June 2018 for the provision of Employment Services and Social Inclusion Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language)

The Big Lottery Reaching Communities funding received in the Year, allows the Brunswick Hub to run and develop its dementia services for the next 4 years.

National Lottery funding for Core costs to cover lost room hire revenue over 6 months of lockdown

CAF (Charities Aid Foundation) 121 support with benefits/advice & skills in response to the Pandemic

Both District and County Council have provided several funding pots to deliver services in response to the pandemic.

WDC CEV Fund (Clinically Extremely Vulnerable) Providing vital support to local residents

WDC COMF FUND (Covid outbreak Fund) Communication and support of those in lockdown isolation.

WCC EMERGENCY CHILLED GOODS - Secured funding to provide local families with 'chilled' goods up to the value of £20

Western Power - provided food for a Community Turkey batch 'Takeaway' day at Christmas

Census Support (Good Things Foundation) Supporting the community with the 'online Census'

ESF provided money to run targeted employment skills programmes

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Miscellaneous Funding - this includes donations and activities by other organisations.

Future funding in the changing economic environment continues to be a challenge. BHLC will work closely with its current funders and organisation such as Orbit to understand their needs and how best we can deliver services to meet their needs

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has result in significant savings, which will continue into the next financial year.

**FINANCIAL REVIEW**

**Principal funding sources**

Our principal funding sources are Warwick District Council, South Warwickshire Clinical Commissioning Group managed by NHS Property and income generated from our room hire.

**Investment policy**

Any surplus funds are placed on short term deposit.

**Reserves policy**

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of Free Reserves (that is the Unrestricted Funds not committed or invested in tangible fixed assets) at 31 March 2021 should be £125,000.

The present level of free reserves available to the Charity amounts to £165,671 which is £40,671 higher than the currently estimated needs.

**Financial review**

Total income amounted to £276,229 (2020 - ££312,990) of which £120,878 (2020 - £67,451) was for restricted purposes. Grants increased by £39K. However, the Community Cafe was closed reducing income by £28k.

Expenditure totalled £226,156 (2020 - £332,696) including £108,849 (2020 - £76,933) spent out of the restricted funds. £133,396 (2020 - £190,455) of this expenditure related to staff costs involved in support services to the charitable activities. There was an unrestricted fund surplus this year of £38,044 compared to a deficit in the 2020 of £10,224

**FUTURE PLANS**

Work to develop the new Strategic Plan in the forthcoming 3 years (2021-2024) is in progress and will clearly outline and take into consideration the needs of the community following the pandemic.

There are six main Strategic Priorities for the coming year:

To develop a strategic plan to ensure that future services and activities meet local need and priorities.

To implement the priorities identified through the ever changing pandemic fallout.

To maximise income and ensure the future sustainability and efficiency of the Organisation.

To work with Warwick District Council and Orbit Heart of England to ensure our contractual obligations are met and to ensure that the Organisation is in a strong position to enter into new contracting arrangements for 2021 -2024.

To recruit new Trustees to the Board who have a local connection.

To continue and expand the work we do to support and sustain our local community.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The Charity is controlled by its governing document -Memorandum and Articles of Association. The Company was incorporated on 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on 30th June 2008 following consultation with the Charity Commission.

Charitable status was secured on 13th August 2008.

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new Trustees**

One Trustee left the board in the year 2020-21 leaving a total of four Trustees

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of remaining Trustees.

**Induction and training of new Trustees**

New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, Organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Organisation.

**Organisational structure**

There is a clear line of management within the Organisation. In 2018/19 a new CEO and Centre Manager were recruited. However the CEO position was made redundant in March 2020. The Centre Manager is now responsible for the day to day running of the Hub reporting directly to the Trustees.

The Directors and Trustees are elected in accordance with the Governing Document. They have met bi-monthly during a year of transition. No policy or major financial decisions can be taken without the approval of a majority of the Directors/Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth.

The current structure is as follows:

Board of Directors

CEO - From January 2019 (22 hours/week) (Redundant from March 2020)

Centre Manager - from end of March 2018 (full time)

Finance Officer (25 hours/week)

Receptionist/Social Media/Volunteer coordinator (22 hours/week)

Coffee Shop Manager & Coffee Shop Relief Assistant (37.5 hours/week)

Employment Club Advisor (20 hours/week)

Triple Link Project Officer/Social Inclusion (25 hours/week)

Digital Inclusion Project Officer (16 hours/week)

Social Prescriber (total 18 hours)

Caretakers x 2 (37.5 hours/week)

**Key Partners**

Brunswick Healthy Living Centre Ltd has had three key partners this year:

- a) South Warwickshire Clinical Commissioning Group managed by NHS Property Services
- b) Warwick District Council Community Services Department (SLA funding)
- c) Big Lottery Funding

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**REPORT OF THE TRUSTEES  
for the year ended 31 March 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
06181997 (England and Wales)

**Registered Charity number**  
1125500

**Registered office**  
98-100 Shrubland Street  
Leamington Spa  
Warwickshire  
CV31 3BD

**Trustees**

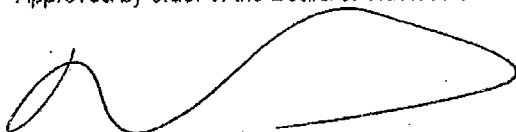
Mrs D E K Saunders Trustee  
J P Lyons Company Secretary  
Dr S J Sakowicz-Librowski  
Mrs M Steven (resigned 21.9.20)  
Mrs R J Lavelle  
A Wilkinson (resigned 1.7.20)

**Company Secretary**  
J P Lyons

**Independent Examiner**  
LDP Luckmans  
1110 Elliott Court  
Coventry Business Park  
Herald Avenue  
Coventry  
West Midlands  
CV5 6UB

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on 21 October 2021 and signed on its behalf by:



Mrs D E K Saunders - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**Independent examiner's report to the trustees of Brunswick Healthy Living Centre Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M D Spafford  
FCCA  
LDP Luckmans  
1110 Elliott Court  
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West Midlands  
CV5 6UB

21 October 2021

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	1,122	120,878	122,000	82,791
<b>Charitable activities</b>	5				
Healthy living		72,002	-	72,002	106,811
Other trading activities	3	82,126	-	82,126	122,985
Investment income	4	101	-	101	403
<b>Total</b>		<u>155,351</u>	<u>120,878</u>	<u>276,229</u>	<u>312,990</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	6				
Healthy living		117,307	108,849	226,156	332,696
<b>NET INCOME/(EXPENDITURE)</b>		<u>38,044</u>	<u>12,029</u>	<u>50,073</u>	<u>(19,706)</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		127,629	399,276	526,905	546,611
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>165,673</u></u>	<u><u>411,305</u></u>	<u><u>576,978</u></u>	<u><u>526,905</u></u>

The notes form part of these financial statements

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED (REGISTERED NUMBER: 06181997)**

**BALANCE SHEET**  
**31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	11	-	359,870	359,870	369,767
<b>CURRENT ASSETS</b>					
Stocks	12	300	-	300	374
Debtors	13	25,494	18,327	43,821	25,977
Cash at bank		155,665	35,677	191,342	157,739
		<u>181,459</u>	<u>54,004</u>	<u>235,463</u>	<u>184,090</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(15,788)	(2,567)	(18,355)	(26,952)
<b>NET CURRENT ASSETS</b>		<u>165,671</u>	<u>51,437</u>	<u>217,108</u>	<u>157,138</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>165,671</u>	<u>411,307</u>	<u>576,978</u>	<u>526,905</u>
<b>NET ASSETS</b>		<u>165,671</u>	<u>411,307</u>	<u>576,978</u>	<u>526,905</u>
<b>FUNDS</b>	15				
Unrestricted funds				165,671	127,629
Restricted funds				411,307	399,276
<b>TOTAL FUNDS</b>				<u>576,978</u>	<u>526,905</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

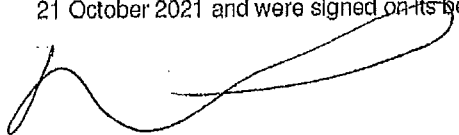
The notes form part of these financial statements

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**BALANCE SHEET - continued**  
**31 March 2021**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2021 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'D E K Saunders', written over a horizontal line.

D E K Saunders - Trustee

The notes form part of these financial statements



## BRUNSWICK HEALTHY LIVING CENTRE LIMITED

### NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Allocation and apportionment of costs**

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings                      -    3 to 10 years straight line

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and included at cost.

##### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	2021 £	2020 £
Donations	1,107	967
Grants	120,893	81,824
	<u>122,000</u>	<u>82,791</u>

Grants received, included in the above, are as follows:

	2021 £	2020 £
Warwick District Council	13,799	1,100
Warwickshire County Council	1,378	-
Big Lottery Fund	15,282	22,001
Orbit	6,257	15,000
National Lottery	40,000	-
Charities Aid Foundation	19,058	-
European Social Fund	11,470	-
Other grants	13,649	43,723
	<u>120,893</u>	<u>81,824</u>

**3. OTHER TRADING ACTIVITIES**

	2021 £	2020 £
Room hire	72,124	121,961
Other income	10,002	1,024
	<u>82,126</u>	<u>122,985</u>

**4. INVESTMENT INCOME**

	2021 £	2020 £
Deposit account interest	<u>101</u>	<u>403</u>

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**5. INCOME FROM CHARITABLE ACTIVITIES**

		2021 £	2020 £
Community Cafe income	Activity		
	Healthy living	-	27,648
Activities	Healthy living	2,002	4,163
Service Level Agreements	Healthy living	70,000	75,000
		<u>72,002</u>	<u>106,811</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs £	Totals £
Healthy living	<u>217,858</u>	<u>8,298</u>	<u>226,156</u>

**7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Independent Examiner's fees	1,800	1,620
Independent Examiner's fees for other services	2,116	1,696
Depreciation - owned assets	<u>9,897</u>	<u>10,000</u>

The charity paid £Nil for Directors' and officers' indemnity insurance. Last year £Nil.

**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**9. STAFF COSTS**

	2021 £	2020 £
Wages and salaries	128,865	181,873
Social security costs	2,747	6,117
Other pension costs	1,784	2,455
	<u>133,396</u>	<u>190,445</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Staff	<u>11</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

Total key management personnel remuneration benefits were £26,050 (2020: £32,780).

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	15,747	67,044	82,791
<b>Charitable activities</b>			
Healthy living	106,404	407	106,811
Other trading activities	122,985	-	122,985
Investment income	403	-	403
<b>Total</b>	<b>245,539</b>	<b>67,451</b>	<b>312,990</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Healthy living	255,763	76,933	332,696
<b>NET INCOME/(EXPENDITURE)</b>	<b>(10,224)</b>	<b>(9,482)</b>	<b>(19,706)</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>137,853</b>	<b>408,758</b>	<b>546,611</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>127,629</b>	<b>399,276</b>	<b>526,905</b>

**11. TANGIBLE FIXED ASSETS**

	Freehold property £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2020 and 31 March 2021	450,671	49,434	500,105
<b>DEPRECIATION</b>			
At 1 April 2020	81,788	48,550	130,338
Charge for year	9,013	884	9,897
At 31 March 2021	90,801	49,434	140,235
<b>NET BOOK VALUE</b>			
At 31 March 2021	359,870	-	359,870
At 31 March 2020	368,883	884	369,767

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2021**

<b>12. STOCKS</b>	2021	2020
	£	£
Stocks	<u>300</u>	<u>374</u>
<b>13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	2021	2020
	£	£
Trade debtors	39,538	19,555
Accrued income	1,443	-
Prepayments	<u>2,840</u>	<u>6,422</u>
	<u>43,821</u>	<u>25,977</u>
<b>14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	2021	2020
	£	£
Trade creditors	2,078	2,217
Social security and other taxes	-	1,530
Accrued expenses	<u>16,277</u>	<u>23,205</u>
	<u>18,355</u>	<u>26,952</u>

Income is deferred where it relates to service delivery for a specific period of time after the end of the current financial year.

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**15. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	126,745	38,926	165,671
Designated Fund - Fixed assets	884	(884)	-
	<u>127,629</u>	<u>38,042</u>	<u>165,671</u>
<b>Restricted funds</b>			
Regenesis 2 Assets	368,883	(9,013)	359,870
Triple Link	14,416	11,421	25,837
Young Families	3,237	(310)	2,927
Sport and Physical Activity	1,016	-	1,016
CSW Sport	501	-	501
Orbit	-	1,990	1,990
Secret Garden	887	(263)	624
Bereavement	1,332	(557)	775
Social Prescribing	7,501	(5,045)	2,456
Homework Club	1,043	-	1,043
Physical Activity	460	150	610
Census Support Good Things			
Foundation	-	1,142	1,142
Enhanced Foodbank	-	4,881	4,881
ESF Employment and Digital	-	935	935
WDC CEV Fund (Clinically Extremely			
Vulnerable)	-	300	300
WDC COMF	-	6,400	6,400
	<u>399,276</u>	<u>12,031</u>	<u>411,307</u>
<b>TOTAL FUNDS</b>	<u><u>526,905</u></u>	<u><u>50,073</u></u>	<u><u>576,978</u></u>

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	154,901	(115,975)	38,926
Designated Fund - Fixed assets	-	(884)	(884)
Western Power Grant	450	(450)	-
	<u>155,351</u>	<u>(117,309)</u>	<u>38,042</u>
<b>Restricted funds</b>			
Regenesi 2 Assets	-	(9,013)	(9,013)
Triple Link	15,284	(3,863)	11,421
Young Families	-	(310)	(310)
Orbit	6,256	(4,266)	1,990
Secret Garden	-	(263)	(263)
Bereavement	151	(708)	(557)
Social Prescribing	-	(5,045)	(5,045)
Physical Activity	-	150	150
National Lottery Covid19 Reponse	40,000	(40,000)	-
CAF	19,057	(19,057)	-
Census Support Good Things			
Foundation	3,417	(2,275)	1,142
Enhanced Foodbank	10,065	(5,184)	4,881
ESF Employment and Digital	11,470	(10,535)	935
WCC Covid-19	1,378	(1,378)	-
WDC CEV Fund (Clinically Extremely Vulnerable)	1,730	(1,430)	300
WDC COMF	12,070	(5,670)	6,400
	<u>120,878</u>	<u>(108,847)</u>	<u>12,031</u>
<b>TOTAL FUNDS</b>	<u>276,229</u>	<u>(226,156)</u>	<u>50,073</u>

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	135,982	(9,237)	126,745
Designated Fund - Fixed assets	1,871	(987)	884
	<u>137,853</u>	<u>(10,224)</u>	<u>127,629</u>
<b>Restricted funds</b>			
Regenesi 2 Assets	377,896	(9,013)	368,883
Triple Link	12,211	2,205	14,416
Asda	815	(815)	-
Hall Refurbishment	2,250	(2,250)	-
Lisle Court	928	(928)	-
Young Families	1,500	1,737	3,237
Croft Medical	3,458	(3,458)	-
Sport and Physical Activity	1,200	(184)	1,016
CSW Sport	5,000	(4,499)	501
Secret Garden	1,000	(113)	887
Love to Move	2,500	(2,500)	-
Bereavement	-	1,332	1,332
Social Prescribing	-	7,501	7,501
Homework Club	-	1,043	1,043
Physical Activity	-	460	460
	<u>408,758</u>	<u>(9,482)</u>	<u>399,276</u>
<b>TOTAL FUNDS</b>	<u>546,611</u>	<u>(19,706)</u>	<u>526,905</u>



**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	245,539	(254,776)	(9,237)
Designated Fund - Fixed assets	-	(987)	(987)
	<u>245,539</u>	<u>(255,763)</u>	<u>(10,224)</u>
<b>Restricted funds</b>			
Regenesi 2 Assets	-	(9,013)	(9,013)
Triple Link	23,218	(21,013)	2,205
Asda	3,430	(4,245)	(815)
Hall Refurbishment	23,618	(25,868)	(2,250)
Lisle Court	-	(928)	(928)
Young Families	2,520	(783)	1,737
Croft Medical	-	(3,458)	(3,458)
Sport and Physical Activity	-	(184)	(184)
CSW Sport	-	(4,499)	(4,499)
Secret Garden	925	(1,038)	(113)
Love to Move	1,100	(3,600)	(2,500)
Arts & Crafts	275	(275)	-
Bereavement	1,332	-	1,332
Social Prescribing	8,990	(1,489)	7,501
Homework Club	1,043	-	1,043
Physical Activity	1,000	(540)	460
	<u>67,451</u>	<u>(76,933)</u>	<u>(9,482)</u>
<b>TOTAL FUNDS</b>	<u><u>312,990</u></u>	<u><u>(332,696)</u></u>	<u><u>(19,706)</u></u>

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the year ended 31 March 2021

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	135,982	29,689	165,671
Designated Fund - Fixed assets	1,871	(1,871)	-
	<u>137,853</u>	<u>27,818</u>	<u>165,671</u>
<b>Restricted funds</b>			
Regenesis 2 Assets	377,896	(18,026)	359,870
Triple Link	12,211	13,626	25,837
Asda	815	(815)	-
Hall Refurbishment	2,250	(2,250)	-
Young Families	1,500	1,427	2,927
Sport and Physical Activity	1,200	(184)	1,016
CSW Sport	5,000	(4,499)	501
Orbit	-	1,990	1,990
Secret Garden	1,000	(376)	624
Love to Move	2,500	(2,500)	-
Bereavement	-	775	775
Social Prescribing	-	2,456	2,456
Homework Club	-	1,043	1,043
Physical Activity	-	610	610
Census Support Good Things	-	-	-
Foundation	-	1,142	1,142
Enhanced Foodbank	-	4,881	4,881
ESF Employment and Digital	-	935	935
WDC CEV Fund (Clinically Extremely	-	-	-
Vulnerable)	-	300	300
WDC COMF	-	6,400	6,400
	<u>404,372</u>	<u>6,935</u>	<u>411,307</u>
<b>TOTAL FUNDS</b>	<u>546,611</u>	<u>30,367</u>	<u>576,978</u>

# BRUNSWICK HEALTHY LIVING CENTRE LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2021

### 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	400,440	(370,751)	29,689
Designated Fund - Fixed assets	-	(1,871)	(1,871)
Western Power Grant	450	(450)	-
	<u>400,890</u>	<u>(373,072)</u>	<u>27,818</u>
<b>Restricted funds</b>			
Regenesis 2 Assets	-	(18,026)	(18,026)
Triple Link	38,502	(24,876)	13,626
Asda	3,430	(4,245)	(815)
Hall Refurbishment	23,618	(25,868)	(2,250)
Young Families	2,520	(1,093)	1,427
Sport and Physical Activity	-	(184)	(184)
CSW Sport	-	(4,499)	(4,499)
Orbit	6,256	(4,266)	1,990
Secret Garden	925	(1,301)	(376)
Love to Move	1,100	(3,600)	(2,500)
Bereavement	1,483	(708)	775
Social Prescribing	8,990	(6,534)	2,456
Homework Club	1,043	-	1,043
Physical Activity	1,000	(390)	610
National LotteryCovid19 Reponse	40,000	(40,000)	-
CAF	19,057	(19,057)	-
Census Support Good Things			
Foundation	3,417	(2,275)	1,142
Enhanced Foodbank	10,065	(5,184)	4,881
ESF Employment and Digital	11,470	(10,535)	935
WCC Covid-19	1,378	(1,378)	-
WDC CEV Fund (Clinically Extremely			
Vulnerable)	1,730	(1,430)	300
WDC COMF	12,070	(5,670)	6,400
	<u>188,054</u>	<u>(181,119)</u>	<u>6,935</u>
<b>TOTAL FUNDS</b>	<u>589,219</u>	<u>(558,852)</u>	<u>30,367</u>

#### Purposes of Designated Funds

Fixed Assets: The fixed assets fund is the value of unrestricted funds represented by the tangible fixed assets owned by the charitable company.

#### Purposes of Restricted Funds

Regenesis 2 Assets: This was the value of assets granted to the charity. The balance is reducing as the assets depreciate. Until 18 August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.

Triple Link Dementia Café: This is to expand and further develop a service for those suffering from dementia together with support for their carers.

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the year ended 31 March 2021**

**15. MOVEMENT IN FUNDS - continued**

Breakthrough: This is a partnership project to provide support to people with complex needs who are seeking employment.

Asda. This is to fund decoration, community storage and furniture for the centre.

Hall Refurbishment: This fund is to transform the community hall into an adapted, flexible space, able to provide a professional conference experience including quality audio/visual facilities.

Lisle Court: This funding is to support the improvement of health outcomes for patients across the wider determinants of health in Brunswick ward working with health professionals in a GPs surgery.

Lloyds Enable: This fund was for the strategic development of the Hub.

Sequence dancing: This fund is to pump prime the start of a sequence dancing activity.

Young Families: This fund is to support young families and to encourage better health and wellbeing outcomes using physical activity.

Croft Medical. This fund is to support a member of staff in their Social Prescribing work.

Sport and Physical Activity. This fund was from Warwick District Council for the Community Physical Activity Social Prescribing Project.

CSW Sport. This fund is to pilot an approach to social prescribing to community sport and physical activities.

Secret Garden. This fund is for a greenhouse and garden materials.

Love to Move. This fund is from Warwick District Council and is for dementia friendly physical activity and training.

Bereavement Fund. This fund is to support people who have suffered a bereavement.

Social Prescribing Fund. This fund is for Social Subscribing work.

Homework Club. This fund is to enable support for homework.

Physical Activity.. This fund is to support physical activity.

CAF - This fund was from Charities Aid Foundation to support with benefits/advice & skills in response to the Pandemic

Census Support Good Things Foundation - This fund is for supporting the community with the 'online Census'

Enhanced Foodbank - This fund is for to provide local families with 'chilled' goods up to the value of £20.

ESF Employment and Digital - This fund is for money to run targeted employment skills programmes.

WCC Covid-19 - This fund is for support relating to Covid 19

WDC CEV Fund - This fund is for Clinically Extremely Vulnerable providing vital support to local residents

WDC COMF - This fund is for Covid Outbreak Communication and support of those in lockdown isolation.

**BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2021**

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.