

BRUNSWICK HEALTHY LIVING CENTRE

England & Wales · Charity number 1125500

Details

Status	Registered
Legal form	Charitable company
Company number	06181997
Registered	2008-08-13
Register	View on the Charity Commission register

Contact

Address	Brunswick Healthy Living Centre Ltd 98-100 Shrubland Street Leamington Spa CV31 3BD
Phone	01926422123
Email	frontdesk@bhlc.services
Website	https://brunswickhlc.org.uk

Activities

Objects: THE PROMOTION FOR THE PUBLIC BENEFIT OF URBAN OR RURAL REGENERATION IN AREAS OF SOCIAL AND ECONOMIC DEPRIVATION (AND IN PARTICULAR IN THE LEAMINGTON OLD TOWN OF WARWICKSHIRE WITHIN THE MUNICIPAL DISTRICT OF WARWICK (THE AREA)) BY ALL OR ANY OF THE FOLLOWING MEANS: A THE RELIEF OF POVERTY B THE ADVANCEMENT OF EDUCATION, TRAINING, RETRAINING, PARTICULARLY AMONG UNEMPLOYED PEOPLE, AND PROVIDING UNEMPLOYED PEOPLE WITH WORK EXPERIENCE C THE PROVISION OF FINANCIAL ASSISTANCE, TECHNICAL ASSISTANCE, OR BUSINESS ADVICE OR CONSULTANCY IN ORDER TO PROVIDE TRAINING AND EMPLOYMENT OPPORTUNITIES FOR UNEMPLOYED PEOPLE IN CASES OF FINANCIAL OR OTHER CHARITABLE NEED THROUGH HELP: I IN SETTING UP THEIR OWN BUSINESS; OR II TO EXISTING BUSINESSES D THE MAINTENANCE, IMPROVEMENT OR PROVISIONS OF PUBLIC AMENITIES E THE PROVISION OF RECREATIONAL FACILITIES FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, POVERTY OR SOCIAL OR ECONOMIC CIRCUMSTANCES HAVE NEED OF SUCH FACILITIES F THE PROVISION OF PUBLIC HEALTH FACILITIES AND CHILDCARE, IN PARTICULAR BY THE ESTABLISHMENT AND OPERATION OF A HEALTHY LIVING CENTRE IN THE AREA G SUCH OTHER MEANS AS MAY FROM TIME TO TIME BE DETERMINED SUBJECT TO THE PRIOR WRITTEN CONSENT OF THE CHARITY COMMISSIONERS OF ENGLAND AND WALES

Activities: Brunswick Healthy Living Centre is a multi-service centre. Through Partnership working the centre acts as a joined up centre offering services to the community addresssing holistic health and wellbeing. Work is achieved through activities : the community cafe, physical activities, room hire, computer facilities, supported Volunteer programme, health promotion and a business enterprise service.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** THE LEAMINGTON OLD TOWN OF WARWICKSHIRE WITHIN THE MUNICIPAL DISTRICT OF WARWICK
- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£375,875	£411,465	-	-
2024-03-31	£321,510	£348,191	-	-
2023-03-31	£351,924	£335,881	-	-
2022-03-31	£263,019	£250,324	-	-
2021-03-31	£276,000	£226,000	-	-

Trustees

Name	Role	Appointed
Alan John Staniforth		2026-03-20
Dr Stanislaw Jan Sakowicz-Librowski		2016-03-09
Duncan John Elliot		2025-11-14
Lindsey Anne McCarthy		2026-03-20
Nicholas James Wilkins		2025-09-12
Rosie Lavelle		2018-02-20

Accounts



Registered Company Number: 6181997
Registered Charity Number: 1125500

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

Report of the Trustees and
Unaudited Financial Statements
for the year ended 31st March 2025

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Trustees:	Deborah Saunders (resigned 21 st November 2025) Dr Stanislaw Sakowicz-Librowski Rosalind Lavelle Laura Bowmer (resigned 10 th March 2025) Ann Mawdsley Etty Martin (resigned 22 nd December 2025)
Company Number:	6181997
Charity Number:	1125500
Registered Office & Charity Address:	98-100 Shrubland Street Leamington Spa Warwickshire CV31 3BD
Independent Examiner:	Mark Harwood FCA BFP FMAAT Michael Harwood & Co Greville House 10 Jury Street Warwick CV34 4EW

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report and the Financial Statements of the Charity for the year ended 31st March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the Annual Report and Financial Statements of the Charity.

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The objectives of the Charity and its principal activities, as stated in the Memorandum and Articles of Association, are the promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in the Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

- A. the relief of poverty;
- B. the advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;
- C. the provision of financial assistance, technical assistance or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:
 - i. in setting up their own business; or
 - ii. to existing businesses;
- D. the maintenance, improvement or provision of public amenities;
- E. the provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;
- F. the provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;
- G. such other means as may from time to time be determined, subject to the prior written consent of the Charity Commissioners of England and Wales.

The Aims and Objectives, as with many Charities, are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Charity's vision and cores values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

Priority needs/objectives of BHLC

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up-to-date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open and transparent
- Creating a safe environment
- Empowering customers
- Removing barriers and improving access
- Valuing and respecting individuals

Significant Activities

Brunswick Hub is a multi-service venue which Brunswick Health Living Centre Limited (BHLC) manages and coordinates. Warwickshire NHS services reside in a third of the building. While the NHS manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as a holistic venue offering services to the community addressing health and wellbeing issues.

In shaping the Charity's objectives and planning its activities, the Trustees have considered the Charity Commission's guidance on public benefit.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

Cost of Living: The HUB remains a leading source of support for the local community with its main activities focusing on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; It has also been able to support through food provision and fuel poverty advice

Throughout the year we consistently register new customers to use a diverse range of services and activities in addition to last year's figure we now have more than 4,000 individuals registered to use our services.

Physical Activities for the community

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week: many varied activities that support health and wellbeing and employment in its widest sense are run from the premises.

From April 24 we have seen an overall increase of footfall for both our internal and external services, all operating to full capacity.

We have also had venue hire bookings for other physical activity sessions as well as counselling sessions and employment services.

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

Community Computer Facilities-digital inclusion

The total number of computers available for community use is 15 This was reduced from 30 to take into consideration social distancing and privacy when completing Universal Credit claims. This still makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support as well as access to 3 public computers that can be used daily for any purpose. During 2024/25 we also had a digital contract through the UKSPF to deliver digital services to those who may not have access at home and need help to do day to day digital tasks such as pay bills etc online.

Volunteer Programme

We have a volunteer programme offering opportunities to work in and around the hub on different projects or in rolls such as Reception/Admin, Foodbank, and triple link. Recruitment is through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one-to-one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered. Volunteers are valued and supported whilst learning new skills and gaining valuable experience. We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers. In this period we had new volunteers sign up especially to help with our food provision as well as being able to offer 3 young individual's work experience through their schools.

Gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation the 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have several volunteers overseeing the garden including representatives from The Princes Trust. It has been visited by many different groups throughout the Year.

Employment Clubs

The current funding for the Employment Services of BHLC comes from a Warwick District Council SLA. These employment services assist clients to increase their employability through offering support with CV writing, interview skills, job searching, free access to computers and assistance with universal credit accounts.

Our dedicated Employment Facebook page has continued to grow with followers.

A partnership was created with Warwickshire County Council Adult Learning Team enabling us to offer Functional Skills English & Maths, as well as several different computer courses.

Health & Wellbeing Activities

Chilled Foodbank Project

After setting up this scheme in the pandemic it became apparent that the 'Emergency Chilled Goods for Families' was a service that needed to continue and is now one of our leading projects and in this financial year we have managed to secure extra funding to cover the cost of food and a dedicated project worker to oversee the coordination. Chilled goods bags offer families and individuals Approximately £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats – Dietary requirements were also catered for where needed) through this scheme we have been able to identify any additional help they may need and referred them to either our own health & wellbeing or employment officers and in some cases to other

external partnering agencies. We also work in partnership with the Sydni centre to provide a large bag of fruit & Veg for just £5.

Another initiative that the Project offer started is **FREE FOOD THURSDAY & FRIDAY**, by linking in with local supermarkets and food providers surplus stock is collected from stores or delivered directly to the HUB which is a put out in the mornings and the local community can come and collect what they need.

NHS

The NHS use a third of our building to deliver several different clinics throughout the week, these include Podiatry, Health visiting services, speech and language, orthoptist, and dietitians. We also have some services like the Diabetic eye screening that hire a room 3 times a week. These services are well attended and bring an extra footfall to the HUB.

Digital Inclusion

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment support offer and we have been able to run several courses throughout this year enhancing participants computer skills.

Functional skills English
Functional skills Maths
Digital Gateway to Work
Essential Digital Skills Entry level
Essential Digital Skills Level 1
Microsoft Word
Microsoft Publisher
Microsoft Excel
Census Support Centre
ESF Energise return to Work Course

Dementia Café / Triple Link

The Project provides a stimulating weekly programme of activities whilst being a source of support and information for carers. 15 different activities were provided on a rota basis, including physical activity, music, guest speakers, craft and a carers' support group. There have also been some external trips organised including visits to Stratford, British Motor Museum, National Memorial Arboretum and the local Panto at Christmas. We have 5 volunteers who currently support delivery of the Project.

ASD (Autism Spectrum Disorder) Support

We have new families registered helping with things such as Early Help meetings and general advice. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) for families interacting with each other for support.

Bereavement Support

This service has become a vital part of our support to the local community, we have 121 face-to-face and telephone support as well as some group sessions. Individuals have benefitted from this and 2 successful groups continue to run, one of which is a long-term support group.

Menopause Support

The menopause group was set up in February 23 to give ladies going through the menopause the opportunity to share experiences and gain knowledge and support to help them have a more positive experience. The group has enabled members to find a voice when approaching the medical professionals to

be given the correct support and HRT if it was felt appropriate. We have had outside speakers come in to provide information about the menopause and other services and support available.

Crown Routes

Is a small community Café in the Lillington area of the district, As well as providing very low cost 2 course meals 3 days, The Café has also delivered events such as Afternoon Tea for the Kings Coronation and a very successful Christmas Lunch which was attended by 56 people from the local community.

We are also tasked with taking some of our support services across from the HUB which cover Health & Wellbeing & Employment. We have a ‘drop-in’ 2 days of the week for the local people to come and access these services and have also started a SEND peer group in the Crown area of the ward. Staff also sit within the Community Pantry on Thursdays and Fridays providing 121 Health & Wellbeing and employment support. WE have also run a very successful Job Fair from that venue.

A Selection of Partners Worked with in the Year there are many more

Service	Hire
Warwickshire District Council (Community Partnership Team)	NHS Property
Warwickshire County Council	Jaykays
South Warwickshire Clinical Commissioning Group	
Early Help	
Alzheimers Society	ROSA/IAPT
Waterside Medical Centre	Yoga groups
Lisle Court Medical Centre	
Safer Neighbourhoods Partnership Team	Brakes Community Foundation (multi sports)
The SYDNI Centre	Relate
Age UK	ICS/Health
NHS – Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist	
Orbit Housing	
Princes Trust	

Communities Together Network

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.

ACHIEVEMENTS AND PERFORMANCE

Funding for the year 2024-2025 was generated from many different sources

1. 3 Contracted Services/SLA – Warwick District Council
2. UKSPF (various UK Social Prosperity grants)
3. NHS Recharge
4. Big Lottery Fund
5. Room Hire
6. Orbit Housing
7. Warwickshire County council
8. Town Council

- 9. Various Supermarkets
- 10. Miscellaneous income

Contracted services and SLAs were awarded by Warwickshire District Council to BHLC for the provision of Employment Services and Health & Wellbeing Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language).

The Big Lottery Reaching Communities funding has been extended in 2023 for another 5 years allowing the Brunswick Hub to run and develop its dementia services.

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Warwickshire County Council and Heart of England have ensured that funding has been available for our Chilled Food provision.

Miscellaneous Funding - this includes donations and activities by other organisations.

BHLC will work closely with its current funders and organisations to understand their requirements and how best we can deliver services to meet the needs of the community.

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has result in significant savings, which will continue into the next financial year.

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document

The Charity is controlled by its Memorandum and Articles of Association. The Company was incorporated on the 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on the 30th June 2008 following consultation with the Charity Commission. Charitable status was secured on the 13th August 2008.

Trustees

There is currently a total of five Trustees on the Board.

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of the current Trustees.

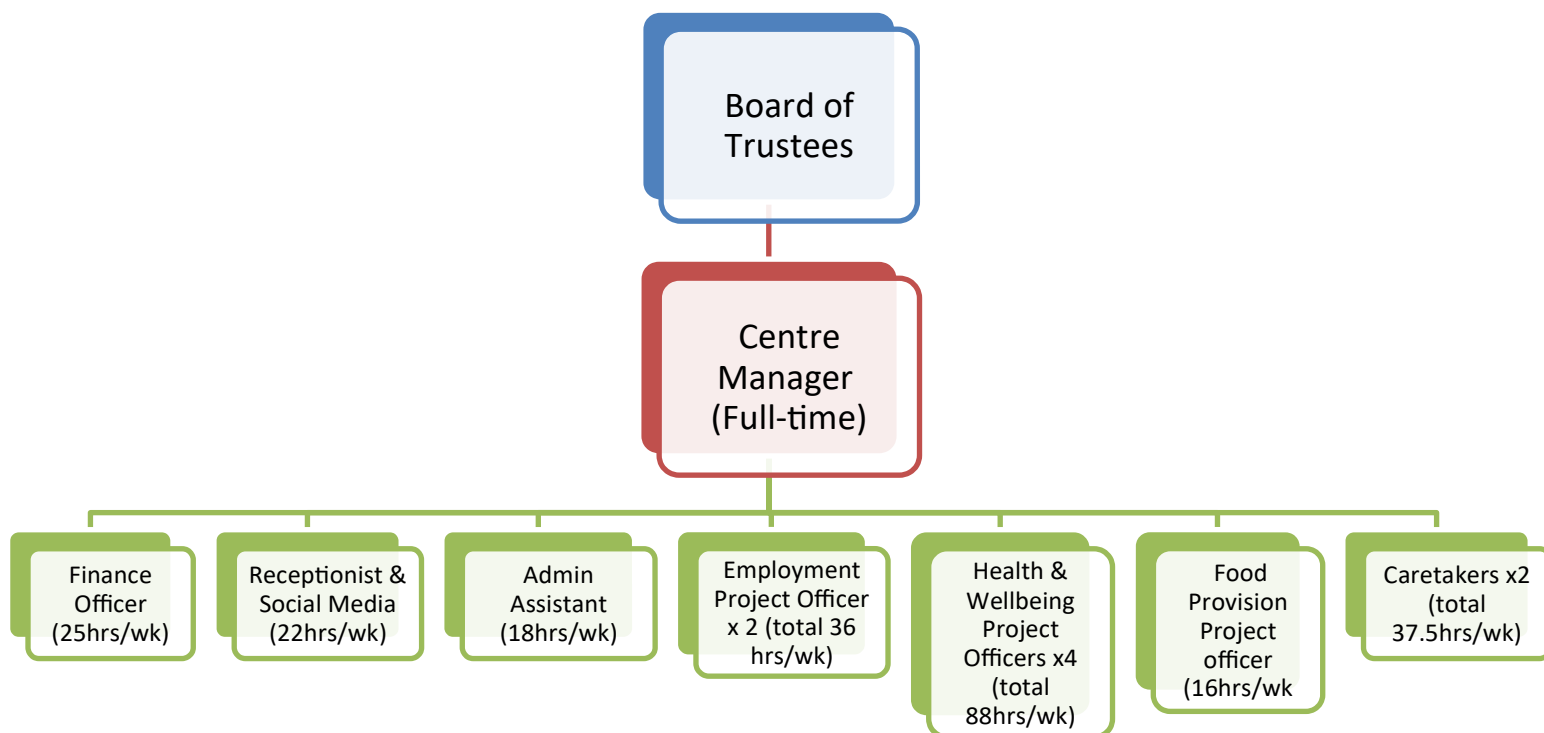
New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Charity.

Organisational Structure

There is a clear line of management with the organisation. The Centre Manager is now responsible for the day-to-day running of the Hub reporting directly to the Trustees.

The Trustees are elected in accordance with the governing document. They have met 6 times during the year. No policy or major financial decisions can be taken without the approval of a majority of the Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth. The current structure is as follows:



Key Partners

Brunswick Healthy Living Centre Ltd has had four key partners this year:

1. South Warwickshire Clinical Commissioning Group managed by NHS Property Services
2. Warwick District Council Community Services Department (SLA funding)
3. UKSPF
4. Big Lottery Funding

Risk Management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

FINANCIAL REVIEW

Total income amounted to £379,543 (2024 - £321,510) of which £165,510 (2024 - £136,814) was for restricted purposes. Donations and grants increased by £82k and room hire income decreased by £18k. Our principal funding sources are Warwick District Council, the Big Lottery Fund and income generated from room hire.

Expenditure totalled £411,465 (2024 - £348,191) including £109,211 (2024 - £63,649) spent out of the restricted funds. £208,681 (2024 - £188,277) of this expenditure related to staff costs involved in support services to the charitable activities. There was an unrestricted fund deficit this year of £34,197 compared to a deficit in 2024 of £112,194.

RESERVES POLICY

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of free reserves (that is the unrestricted funds not committed or invested in tangible fixed assets) at 31st March 2025 should be at least £125,000.

The present level of free unrestricted reserves available to the Charity amounts to a surplus of £5,956 which is £119,044 lower than the currently estimated needs.

INVESTMENT POLICY

Any surplus funds are placed on short term deposit.

FUTURE PLANS

Work to develop the new Strategic Plan for the 3 years (2025-2028) is ongoing and will clearly outline and take into consideration the needs of the community in the ever-changing economy.

There are six main Strategic Priorities for the coming year:

1. To develop a Strategic Plan to ensure that future services and activities meet local needs and priorities.
2. To implement the priorities identified through the ever-changing pandemic fallout.
3. To maximise income and ensure the future sustainability and efficiency of the Charity.
4. To work with Warwick District Council to ensure our contractual obligations are met to ensure that the Charity is in a strong position to enter into new contractual arrangements for 2024 - 2025.
5. To recruit new Trustees to the Board who have a local connection.
6. To continue and expand the work we do to support and sustain our local community.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company Law and Charity Law require the Trustees to prepare Financial Statements for each financial year, which give a true and fair view of the state of affairs of BHLC and of the surplus or deficit for that period. In preparing those Financial Statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the Financial Statements on an ongoing concern basis unless it is inappropriate that the Charity will continue in operation.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of BHLC and to enable them to ensure that the Financial Statements comply with the Companies Act 2006.

The Trustees are responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against material loss or unauthorised use to prevent and detect fraud and other irregularities.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2025

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on and signed on its behalf by:

Deborah Saunders
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED
FOR THE YEAR ENDED 31 MARCH 2025**

I report on the accounts of the Charity for the year ended 31 March 2024 which are set out on pages 12 to 22.

Responsibilities and basis of report

As the Charity Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Harwood FCA BFP FMAAT
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
CV34 4EW

Dated:

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2025

	Note	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total £
Income from:							
Donations and grants	2	55,304	164,889	220,193	1,341	136,406	137,747
Charitable activities	3	42,111	22	42,133	49,443	29	49,472
Other trading activities	4	112,950	599	113,549	130,042	379	130,421
Investments		3,668	-	3,668	3,870	-	3,870
Total Income		214,033	165,510	379,543	184,696	136,814	321,510
Expenditure on:							
Charitable activities	5	302,254	109,211	411,465	284,542	63,649	348,191
Total Expenditure		302,254	109,211	411,465	284,542	63,649	348,191
Net income / (expenditure)		(88,221)	56,299	(31,922)	(99,846)	73,165	(26,681)
Transfers between funds		54,024	(54,024)	-	(12,348)	12,348	-
Net movement in funds		(34,197)	2,275	(31,922)	(112,194)	85,513	(26,681)
Total funds brought forward		40,153	538,882	579,035	152,347	453,369	605,716
Total funds carried forward	12	5,956	541,157	547,113	40,153	538,882	579,035

The notes on pages 15 to 23 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)

BALANCE SHEET
AS AT 31st MARCH 2025

		2025	2025	2025	2024	2024	2024
	Note	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		£	£	£	£	£	£
Fixed Assets							
Tangible assets	8	-	338,088	338,088	-	352,284	352,284
Current Assets							
Stocks		233	-	233	433	-	433
Debtors	9	21,402	2,501	23,903	33,887	43,369	77,256
Cash at bank and in hand		14,715	200,568	215,283	16,013	144,001	160,014
		-----	-----	-----	-----	-----	-----
		36,350	203,069	239,419	50,333	187,370	237,703
Creditors							
Amounts falling due within one year	10	(30,394)	-	(30,394)	(10,180)	(772)	(10,952)
		-----	-----	-----	-----	-----	-----
Net Current Assets		5,956	203,069	209,025	40,153	186,598	226,751
		-----	-----	-----	-----	-----	-----
Total assets less current liabilities		5,956	541,157	547,113	40,153	538,882	579,035
		-----	-----	-----	-----	-----	-----
Net Assets		5,956	541,157	547,113	40,153	538,882	579,035
		=====	=====	=====	=====	=====	=====
Funds of the Charity							
Unrestricted	12			5,956			40,153
Restricted	12			541,157			538,882
				-----			-----
Total Charity Funds				547,113			579,035
				=====			=====

The charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for:

- ensuring that the charitable company keeps accounting records that comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)

BALANCE SHEET

AS AT 31st MARCH 2025

The Financial Statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The Financial Statements were approved by the Board of Trustees on and signed on its behalf by:

Deborah Saunders
Trustee

The notes on pages 15 to 23 form part of these financial statements

1. Accounting Policies

a) Basis of Preparation

The Charity constitutes a public benefit entity as defined by FRS 102. The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Financial Statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Company Status

The Charity is a company limited by guarantee in England & Wales. The members of the Company are the Trustees. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

c) Income

All incoming resources are included in the Statement of Financial Activities (SOFA) when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. No amounts are included in the Financial Statements for services donated by volunteers.

d) Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

e) Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Support costs are allocated to particular charitable activities on a basis consistent with the use of the resources.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

1. Accounting Policies (continued)

f) Tangible Fixed Assets and Depreciation

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	50 Years Straight Line Basis
Fixtures and Fittings	3 to 10 Years Straight Line Basis

g) Stock

Stock consists of purchased goods for resale and is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow-moving items.

h) Debtors and Creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

i) Pensions

The Company operates a defined contribution pension scheme. The assets of the scheme are held separately from the company in an independently administered Fund. Contributions payable to the scheme are charged to the SOFA in the period in which they relate.

j) Taxation

The Charity is exempt from income tax and capital gains tax within the exemption granted by sections 521 – 536 of the Income Taxes Act 2007. The Charity has borne VAT on its expenditure where appropriate.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

2. Donations and Grant Income

	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total £
Donations	306	16,252	16,558	1	12,333	12,334
Warwick District Council	54,920	114,465	169,385	-	89,738	89,738
Warwickshire County Council	-	-	-	-	6,177	6,177
Big Lottery Fund	-	16,403	16,403	-	15,153	15,153
Orbit	-	10,500	10,500	-	3,815	3,815
WCAVA	-	-	-	-	1,000	1,000
Cov & Warks Reinvestment Trust	-	-	-	-	7,500	7,500
Mercia District Charitable Trust	-	-	-	1,080	-	1,080
Other grants	78	7,269	7,347	260	690	950
	-----	-----	-----	-----	-----	-----
	55,304	164,889	220,193	1,341	136,406	137,747
	=====	=====	=====	=====	=====	=====

3. Charitable Activities Income

	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total £
Community Café	10,827	17	10,844	8,500	-	8,500
Activities	334	5	339	943	29	972
Service Level Agreements	30,950	-	30,950	40,000	-	40,000
	-----	-----	-----	-----	-----	-----
	42,111	22	42,133	49,443	29	49,472
	=====	=====	=====	=====	=====	=====

4. Other Trading Activities Income

	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total £
Room hire	109,141	99	109,240	127,441	-	127,441
Printing and stationery income	1,260	-	1,260			
Other income	2,549	500	3,049	2,601	379	2,980
	-----	-----	-----	-----	-----	-----
	112,950	599	113,549	130,042	379	130,421
	=====	=====	=====	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

5. Charitable Activities Expenditure

	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total £
Direct Costs						
Staff costs (note 6)	180,201	28,480	208,681	167,480	20,797	188,277
Consultants & staff expenses	6,245	1,252	7,497	4,551	996	5,547
Volunteer expenses	958	1,126	2,084	821	629	1,450
Premises utilities	20,738	8,491	29,229	31,582	-	31,582
Premises maintenance	40,578	26,223	66,801	24,048	4,443	28,491
Security	4,596	1,007	5,603	5,237	-	5,237
Insurance	4,475	-	4,475	3,170	-	3,170
Telephone	4,177	716	4,893	5,003	790	5,793
Printing, postage & stationery	7,098	22	7,120	3,473	169	3,642
IT & computer costs	9,099	635	9,734	8,812	-	8,812
Sundry equipment	587	661	1,248	79	-	79
Publicity	600	-	600	20	126	146
Sundry expenses	3,825	5,750	9,575	2,736	-	2,736
Hospitality	148	666	814	1,611	900	2,511
Community Café purchases	11,478	318	11,796	13,293	400	13,693
Project costs	3,247	17,471	20,718	7,166	19,273	26,439
Donations	500	-	500	-	-	-
Depreciation	-	16,393	16,393	-	15,126	15,126
Bad debts	-	-	-	-	-	-
	-----	-----	-----	-----	-----	-----
	298,550	109,211	407,761	279,082	63,649	342,731
Support Costs						
Independent Examiner's fees	2,104	-	2,104	1,872	-	1,872
Legal & professional fees	1,246	-	1,246	3,195	-	3,195
Bank charges	354	-	354	373	-	373
Interest	-	-	-	20	-	20
	-----	-----	-----	-----	-----	-----
	3,704	-	3,704	5,460	-	5,460
	-----	-----	-----	-----	-----	-----
	302,254	109,211	411,465	284,542	63,649	348,191
	=====	=====	=====	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

6. Staff Costs	2025	2024
	£	£
Staff costs during the year amounted to:		
Salaries and wages	199,299	179,749
Social security costs	6,157	5,527
Pension costs	3,225	3,001
	-----	-----
	208,681	188,277
	=====	=====

No employee received emoluments over £60,000.

The average number of staff during the year was 14 (2024 – 12).

7. Trustees' Remuneration and Benefits

No Trustees received any remuneration, benefits or expenses during the current or prior year.

8. Tangible Fixed Assets

	Freehold Property £	Fixtures & Fittings £	Total £
Cost			
At 1 April 2024	450,671	77,285	527,956
Additions	-	2,197	2,197
Disposals	-	-	-
	-----	-----	-----
At 31 March 2025	450,671	79,482	530,153
	-----	-----	-----
Accumulated Depreciation			
At 1 April 2024	117,840	57,832	175,672
Charge for period	9,013	7,380	16,393
Disposals	-	-	-
	-----	-----	-----
At 31 March 2025	126,853	65,212	192,065
	-----	-----	-----
Net Book Values			
At 31 March 2025	323,818	14,270	338,088
	=====	=====	=====
At 31 March 2024	332,831	19,453	352,284
	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

9. Debtors

	2025	2024
	£	£
Trade debtors	22,531	74,854
Prepayments	1,372	2,402
	-----	-----
	23,903	77,256
	=====	=====

10. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	2,640	5,106
Social security & other taxes	(139)	792
Other creditors	263	891
Accruals	27,630	4,163
	-----	-----
	30,394	10,952
	=====	=====

11. Related Party Transactions

There were no related party transactions during the year.

12. Movements on Funds

	Balance At 01.04.24	Incoming Resources	Resources Expended	Transfers In Period	Balance At 31.03.25
	£	£	£	£	£
(i) Unrestricted funds:					
General Funds	40,153	214,033	(302,254)	54,024	5,956
(ii) Restricted funds:					
Regenesis 2 Assets	332,831	-	(9,013)	-	323,818
Triple Link Dementia Café	39,138	16,043	(8,420)	-	46,761
Young Families	127	-	-	(127)	-
Sport and Physical Activity	929	-	-	(929)	-
CSW Sport	278	-	-	(278)	-
Orbit	-	10,500	(4,241)	-	6,259
Secret Garden	893	-	(5)	-	888
Bereavement	1,389	2,833	(2,398)	-	1,824
Social Prescribing	2,456	-	-	(2,456)	-
	-----	-----	-----	-----	-----
Carried forward	418,194	243,409	(326,361)	50,234	385,476

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

12. Movements on Funds (continued)

	Balance At 01.04.24 £	Incoming Resources £	Resources Expended £	Transfers In Period £	Balance At 31.03.25 £
Brought forward	418,194	243,409	(326,361)	50,234	385,476
Homework Club	1,043	-	(1,060)	17	-
Physical Activity	610	-	-	(610)	-
Census Support Good Things Foundation	15	-	(492)	477	-
Enhanced Foodbank	4,224	16,352	(27,383)	2,594	(4,213)
ESF Employment and Digital	4,365	9,893	(5,652)	-	8,606
WDC CEV Fund	310	-	-	(310)	-
WDC COMF	5,903	-	-	(5,903)	-
Heart of England Community Foundation	22,836	-	-	(22,836)	-
WCC Long Covid Support	12,138	-	-	(12,138)	-
WDC Social Isolation	5,982	-	-	(5,982)	-
Hardship Fund	6,486	3,978	(2,323)	-	8,141
Lloyds Bank Foundation	500	-	-	(500)	-
National Grid Warm Packs	2,435	-	-	-	2,435
Think Active CSW	6,428	-	-	(6,428)	-
Vinci Foundation	2,847	-	(1,667)	-	1,180
Warwickshire Rural	451	-	-	-	451
WCC Healthy Living	1,500	-	-	(1,500)	-
William Cadbury Trust	309	-	-	(309)	-
UKSPF Digital Capital	-	15,000	(8,378)	-	6,622
UKSPF Digital Revenue	-	24,572	(2,599)	-	21,973
UKSPF Social Inclusion Capital	-	-	(1,526)	1,526	-
UKSPF Social Inclusion Revenue	-	-	(1,668)	1,668	-
WPH Charitable Trust	-	1,369	(1,369)	-	-
Menopause Support	300	-	(42)	-	258
UKSPF Brunswick Capacity Project	45,738	22,500	(13,841)	-	54,397
UKSPF Brunswick Improvement Building	36,421	42,500	(17,134)	-	61,787
	579,035	379,543	(411,465)	-	547,113
TOTAL FUNDS	579,035	379,543	(411,465)	-	547,113

13. Restricted Funds

Regenesi 2 Assets	This was the value of assets granted to the Charity. The balance is reducing as the assets depreciate. Until 18 th August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.
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Triple Link Dementia Café	This is to expand and further develop a service for those suffering from dementia together with support for their carers.
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13. Restricted Funds (continued)

Orbit	This was a 2 year contract (Jan 21-Dec 22) to deliver health & wellbeing support to all Orbit customers. The balance is being retained for use against similar projects.
Secret Garden	This fund is for a greenhouse and garden materials to increase activity and reduce social isolation.
Bereavement	This fund is to support people who have suffered a bereavement.
Enhanced Foodbank	This fund is to provide local families with 'chilled' goods up to the value of £20.
ESF Employment and Digital	This fund is for money to run targeted employment skills programmes.
Hardship Fund	Donations from various sources to be used for emergency for clients in financial crisis.
National Grid Warm Packs	Warm packs to be distributed to local residents during the winter and cost of living crisis.
Vinci Foundation	Grant received for the purchase of new staff computers which have been capitalised and are now being depreciated over their estimated useful life.
Warwickshire Rural	Grant received for Crown Routes to provide warm packs and tea & toast for a local walking for health group.
UKSPF Digital Capital and Revenue	Provision of digital resources to the local community.
UKSPF Social Inclusion	Provision of social inclusion resources to enhance the integrity of the local community and support those who are disenfranchised
Menopause Support	Grant to start up the new Menopause groups.
UKSPF Brunswick Capacity Project	Revenue to deliver services alongside the SLAs.
UKSPF Brunswick Improvement Building	Capital grant to improve facilities.

Accounts



Registered Company Number: 6181997
Registered Charity Number: 1125500

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

Report of the Trustees and
Unaudited Financial Statements
for the year ended 31st March 2024

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BRUNSWICK HEALTHY LIVING CENTRE LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST MARCH 2024

Trustees: Deborah Saunders
John Lyons (resigned 23 November 2023)
Dr Stanislaw Sakowicz-Librowski
Rosalind Lavelle
Laura Bowmer
Ann Mawdsley
Etty Martin (appointed 23 November 2023)

Company Number: 6181997

Charity Number: 1125500

**Registered Office &
Charity Address:** 98-100 Shrubland Street
Leamington Spa
Warwickshire
CV31 3BD

Independent Examiner: Mark Harwood FCA BFP FMAAT
Michael Harwood & Co
Greville House
10 Jury Street
Warwick
CV34 4EW

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report and the Financial Statements of the Charity for the year ended 31st March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the Annual Report and Financial Statements of the Charity.

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The objectives of the Charity and its principal activities, as stated in the Memorandum and Articles of Association, are the promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in the Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

- A. the relief of poverty;
- B. the advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;
- C. the provision of financial assistance, technical assistance or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:
 - i. in setting up their own business; or
 - ii. to existing businesses;
- D. the maintenance, improvement or provision of public amenities;
- E. the provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;
- F. the provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;
- G. such other means as may from time to time be determined, subject to the prior written consent of the Charity Commissioners of England and Wales.

The Aims and Objectives, as with many Charities, are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Charity's vision and core values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

Priority needs/objectives of BHLC

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up-to-date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open and transparent
- Creating a safe environment
- Empowering customers
- Removing barriers and improving access
- Valuing and respecting individuals

Significant Activities

Brunswick Hub is a multi-service venue which Brunswick Health Living Centre Limited (BHLC) manages and coordinates. Warwickshire NHS services reside in a third of the building. While the NHS manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as a holistic venue offering services to the community addressing health and wellbeing issues.

In shaping the Charity's objectives and planning its activities, the Trustees have considered the Charity Commission's guidance on public benefit.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

Cost of Living: The HUB remains a leading source of support for the local community with its main activities focusing on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; It has also been able to support through food provision and fuel poverty advice

Throughout the year we consistently register new customers to use a diverse range of services and activities. In addition to last year's figure we now have more than 4000 individuals registered to use our services.

Physical Activities for the community

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week; many varied activities that support health and wellbeing and employment in its widest sense are run from the premises;

From April 23 we have seen an overall increase of footfall for both our internal and external services, all operating to full capacity.

We have also had venue hire bookings for other physical activity sessions as well as counselling sessions and employment services.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

Community Computer Facilities-digital inclusion

The total number of computers available for community use is 15. This was reduced from 30 to take into consideration social distancing and privacy when completing Universal Credit claims. This still makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support as well as access to 3 public computers that can be used daily for any purpose.

Volunteer Programme

We have a volunteer programme offering opportunities to work in and around the hub on different projects or in roles such as Reception/Admin, Foodbank, and triple link. Recruitment is through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one-to-one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered. Volunteers are valued and supported whilst learning new skills and gaining valuable experience. We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB. The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers. In this period we had new volunteers sign up especially to help with our food provision as well as being able to offer 3 young individuals work experience through their schools.

Gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation. The 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have several volunteers overseeing the garden including representatives from The Princes Trust. It has been visited by many different groups throughout the Year.

Employment Clubs

The current funding for the Employment Services of BHLC comes from a Warwick District Council SLA. These employment services assist clients to increase their employability through offering support with CV writing, interview skills, job searching, free access to computers and assistance with universal credit accounts.

Our dedicated Employment Facebook page has continued to grow with followers.

A partnership was created with Warwickshire County Council Adult Learning Team enabling us to offer Functional Skills English & Maths, as well as several different computer courses.

Health & Wellbeing Activities

Chilled Foodbank Project

After setting up this scheme in the pandemic it became apparent that the 'Emergency Chilled Goods for Families' was a service that needed to continue and is now one of our leading projects and in this financial year we have managed to secure extra funding to cover the cost of food and a dedicated project worker to oversee the coordination. Chilled goods bags offer families and individuals approximately £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats – Dietary requirements were also catered for where needed through this scheme we have been able to identify any additional help they may need and referred them to either our own health & wellbeing or employment officers and in some cases to other external partnering agencies. We also work in partnership with the Sydnal centre to provide a large bag of fruit & Veg for just £5.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

Another initiative that the Project offer started is **FREE FOOD THURSDAY & FRIDAY**, by linking in with local supermarkets and food providers surplus stock is collected from stores or delivered directly to the HUB which is put out in the mornings and the local community can come and collect what they need.

NHS

The NHS use a third of our building to deliver several different clinics throughout the week, these include Podiatry, Health visiting services, speech and language, orthoptist, and dietitians. We also have some services like the Diabetic eye screening that hire a room 3 times a week. These services are well attended and bring an extra footfall to the HUB.

Digital Inclusion

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment support offer and we have been able to run several courses throughout this year enhancing participants computer skills.

Functional skills English
Functional skills Maths
Digital Gateway to Work
Essential Digital Skills Entry level
Essential Digital Skills Level 1
Microsoft Word
Microsoft Publisher
Microsoft Excel
Census Support Centre
ESF Energise return to Work Course

Dementia Café / Triple Link

The Project provides a stimulating weekly programme of activities whilst being a source of support and information for carers. 15 different activities were provided on a rota basis, including physical activity, music, guest speakers, craft and a carers' support group. There have also been some external trips organised including visits to Stratford, British Motor Museum, National Memorial Arboretum and the local Panto at Christmas. We have 5 volunteers who currently support delivery of the Project.

ASD (Autism Spectrum Disorder) Support

We have new families registered helping with things such as Early Help meetings and general advice. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) for families interacting with each other for support.

Bereavement Support

This service has become a vital part of our support to the local community, we have 121 face-to-face and telephone support as well as some group sessions. Individuals have benefitted from this and 2 successful groups continue to run, one of which is a long-term support group.

Menopause Support

The menopause group was set up in February 23 to give ladies going through the menopause the opportunity to share experiences and gain knowledge and support to help them have a more positive experience. The group has enabled members to find a voice when approaching the medical professionals to be given the correct support and HRT if it was felt appropriate. We have had outside speakers come in to provide information about the menopause and other services and support available.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

Crown Routes

Is a small community Café in the Lillington area of the district, As well as providing very low cost 2 course meals 3 days, The Café has also delivered events such as Afternoon Tea for the Kings Coronation and a very successful Christmas Lunch which was attended by 56 people from the local community.

We are also tasked with taking some of our support services across from the HUB which cover Health & Wellbeing & Employment. We have a 'drop-in' 2 days of the week for the local people to come and access these services and have also started a SEND peer group in the Crown area of the ward. Staff also sit within the Community Pantry on Thursdays and Fridays providing 121 Health & Wellbeing and employment support. WE have also run a very successful Job Fair from that venue.

A Selection of Partners Worked with in the Year there are many more

Service

Warwickshire District Council (Community Partnership Team)
 Warwickshire County Council
 South Warwickshire Clinical Commissioning Group
 Early Help
 Alzheimers Society
 Waterside Medical Centre
 Lisle Court Medical Centre
 Safer Neighbourhoods Partnership Team
 The SYDNI Centre
 Age UK
 NHS – Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist
 Orbit Housing
 Princes Trust

Hire

Adventure babies
 NHS Property
 Jaykays
 Hereward College
 Wiseability
 ROSA/IAPT
 Yoga groups
 Havana Salsa
 Brakes Community Foundation (multi sports)
 Relate
 ICS/Health

Communities Together Network

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.

ACHIEVEMENTS AND PERFORMANCE

Funding for the year 2023-2024 was generated from many different sources

1. 3 Contracted Services/SLA – Warwick District Council
2. UKSPF (UK Social Prosperity funding)
3. NHS Recharge
4. Big Lottery Fund
5. Room Hire
6. Orbit Housing
7. Warwickshire County council
8. Town Council
9. Various Supermarkets
10. Miscellaneous income

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

Contracted services and SLAs were awarded by Warwickshire District Council to BHLC for the provision of Employment Services and Health & Wellbeing Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language).

The Big Lottery Reaching Communities funding has been extended in 2023 for another 5 years allowing the Brunswick Hub to run and develop its dementia services.

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Orbit Housing provided BHLC with a 2-year (Jan 2021- Dec 2023) SLA to provide wellbeing services to all its customers this has now been extended for a further year.

Warwickshire County Council and Heart of England have ensured that funding has been available for our Chilled Food provision.

Miscellaneous Funding - this includes donations and activities by other organisations.

BHLC will work closely with its current funders and organisations to understand their requirements and how best we can deliver services to meet the needs of the community.

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has resulted in significant savings, which will continue into the next financial year.

In 2023 Brunswick Hub received a Leamington Mayor Award for the work we do in the community

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document

The Charity is controlled by its Memorandum and Articles of Association. The Company was incorporated on the 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on the 30th June 2008 following consultation with the Charity Commission. Charitable status was secured on the 13th August 2008.

Trustees

There is a total of six Trustees on the Board.

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of the current Trustees.

New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Charity.

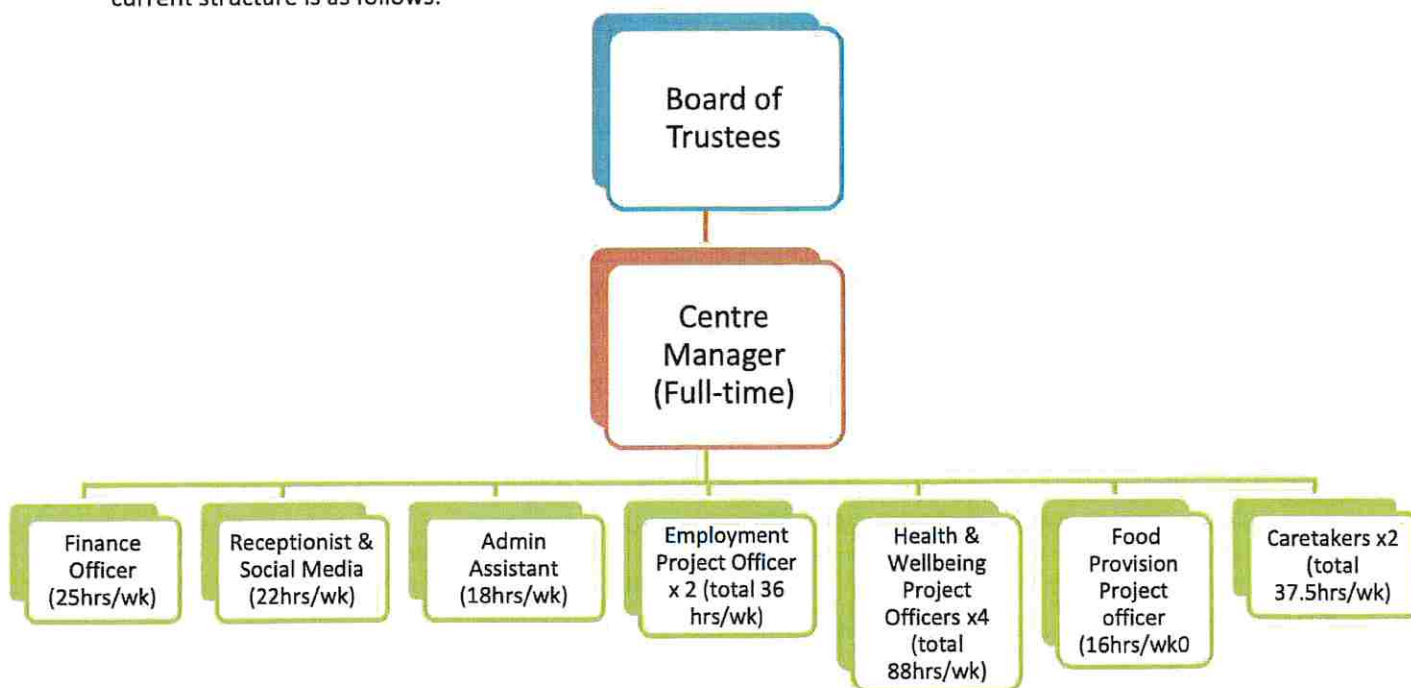
Organisational Structure

There is a clear line of management with the organisation. The Centre Manager is now responsible for the day-to-day running of the Hub reporting directly to the Trustees.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees are elected in accordance with the governing document. They have met 6 times during the year. No policy or major financial decisions can be taken without the approval of a majority of the Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth. The current structure is as follows:



Key Partners

Brunswick Healthy Living Centre Ltd has had four key partners this year:

1. South Warwickshire Clinical Commissioning Group managed by NHS Property Services
2. Warwick District Council Community Services Department (SLA funding)
3. UKSPF
4. Big Lottery Funding
5. Orbit

Risk Management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

FINANCIAL REVIEW

Total income amounted to £321,510 (2023 - £351,924) of which £136,814 (2023 - £83,538) was for restricted purposes. Donations and grants increased by £53.4k and room hire income increased by £14.8k. However, Service Level Agreements income decreased by £102.3k. Our principal funding sources are Warwick District Council, the Big Lottery Fund and income generated from room hire.

Expenditure totalled £348,191 (2023 - £335,881) including £63,649 (2023 - £75,758) spent out of the restricted funds. £188,277 (2023 - £199,916) of this expenditure related to staff costs involved in support services to the charitable activities.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (Incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

There was an unrestricted fund deficit this year of £112,194 compared to a surplus in 2023 of £8,263.

RESERVES POLICY

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of free reserves (that is the unrestricted funds not committed or invested in tangible fixed assets) at 31st March 2024 should be at least £125,000.

The present level of free reserves available to the Charity amounts to £40,153 which is £84,847 lower than the currently estimated needs.

INVESTMENT POLICY

Any surplus funds are placed on short term deposit.

FUTURE PLANS

Work to develop the new Strategic Plan for the 3 years (2021-2024) is ongoing and will clearly outline and take into consideration the needs of the community in the ever-changing economy.

There are six main Strategic Priorities for the coming year:

1. To develop a Strategic Plan to ensure that future services and activities meet local needs and priorities.
2. To implement the priorities identified through the ever-changing pandemic fallout.
3. To maximise income and ensure the future sustainability and efficiency of the Charity.
4. To work with Warwick District Council to ensure our contractual obligations are met to ensure that the Charity is in a strong position to enter into new contractual arrangements for 2024 - 2025.
5. To recruit new Trustees to the Board who have a local connection.
6. To continue and expand the work we do to support and sustain our local community.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company Law and Charity Law require the Trustees to prepare Financial Statements for each financial year, which give a true and fair view of the state of affairs of BHLC and of the surplus or deficit for that period. In preparing those Financial Statements, the Trustees are required to:

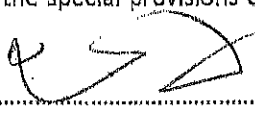
- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the Financial Statements on an ongoing concern basis unless it is inappropriate that the Charity will continue in operation.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of BHLC and to enable them to ensure that the Financial Statements comply with the Companies Act 2006.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees are responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against material loss or unauthorised use to prevent and detect fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on  and signed on its behalf by:

Deborah Saunders
Trustee

11/12/2024

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED
FOR THE YEAR ENDED 31 MARCH 2024**

I report on the accounts of the Charity for the year ended 31 March 2024 which are set out on pages 12 to 23.

Responsibilities and basis of report

As the Charity Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Harwood FCA BFP FMAAT
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
CV34 4EW

Dated: 11th December 2024

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2024

	Note	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total £
Income from:							
Donations and grants	2	1,341	136,406	137,747	1,371	82,967	84,338
Charitable activities	3	49,443	29	49,472	150,857	35	150,892
Other trading activities	4	130,042	379	130,421	114,560	536	115,096
Investments		3,870	-	3,870	1,598	-	1,598
Total Income		<u>184,696</u>	<u>136,814</u>	<u>321,510</u>	<u>268,386</u>	<u>83,538</u>	<u>351,924</u>
Expenditure on:							
Charitable activities	5	284,542	63,649	348,191	260,123	75,758	335,881
Total Expenditure		<u>284,542</u>	<u>63,649</u>	<u>348,191</u>	<u>260,123</u>	<u>75,758</u>	<u>335,881</u>
Net income / (expenditure)		(99,846)	73,165	(26,681)	8,263	7,780	16,043
Transfers between funds		(12,348)	12,348	-	-	-	-
Net movement in funds		<u>(112,194)</u>	<u>85,513</u>	<u>(26,681)</u>	<u>8,263</u>	<u>7,780</u>	<u>16,043</u>
Total funds brought forward		152,347	453,369	605,716	144,084	445,589	589,673
Total funds carried forward	12	<u>40,153</u>	<u>538,882</u>	<u>579,035</u>	<u>152,347</u>	<u>453,369</u>	<u>605,716</u>

The notes on pages 15 to 23 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2024

	Note	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total £
Fixed Assets							
Tangible assets	8	-	352,284	352,284	-	356,410	356,410
Current Assets							
Stocks		433	-	433	269	544	813
Debtors	9	33,887	43,369	77,256	50,080	3,535	53,615
Cash at bank and in hand		16,013	144,001	160,014	112,078	95,408	207,486
		50,333	187,370	237,703	162,427	99,487	261,914
Creditors							
Amounts falling due within one year	10	(10,180)	(772)	(10,952)	(10,080)	(2,528)	(12,608)
Net Current Assets		40,153	186,598	226,751	152,347	96,959	249,306
Total assets less current liabilities		40,153	538,882	579,035	152,347	453,369	605,716
Net Assets		40,153	538,882	579,035	152,347	453,369	605,716
Funds of the Charity							
Unrestricted	12			40,153			152,347
Restricted	12			538,882			453,369
Total Charity Funds				579,035			605,716

The charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

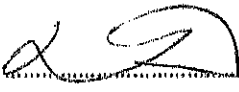
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for:

- ensuring that the charitable company keeps accounting records that comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2024

The Financial Statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The Financial Statements were approved by the Board of Trustees on  and signed on its behalf by:

Deborah Saunders
Trustee

11/12/2024

The notes on pages 15 to 23 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

1. Accounting Policies

a) Basis of Preparation

The Charity constitutes a public benefit entity as defined by FRS 102. The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Financial Statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Company Status

The Charity is a company limited by guarantee in England & Wales. The members of the Company are the Trustees. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

c) Income

All incoming resources are included in the Statement of Financial Activities (SOFA) when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. No amounts are included in the Financial Statements for services donated by volunteers.

d) Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

e) Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Support costs are allocated to particular charitable activities on a basis consistent with the use of the resources.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

1. Accounting Policies (continued)

f) Tangible Fixed Assets and Depreciation

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	50 Years Straight Line Basis
Fixtures and Fittings	3 to 10 Years Straight Line Basis

g) Stock

Stock consists of purchased goods for resale and is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow-moving items.

h) Debtors and Creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

i) Pensions

The Company operates a defined contribution pension scheme. The assets of the scheme are held separately from the company in an independently administered Fund. Contributions payable to the scheme are charged to the SOFA in the period in which they relate.

j) Taxation

The Charity is exempt from income tax and capital gains tax within the exemption granted by sections 521 – 536 of the Income Taxes Act 2007. The Charity has borne VAT on its expenditure where appropriate.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

2. Donations and Grant Income

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total £
Donations	1	12,333	12,334	510	6,901	7,411
Warwick District Council	-	89,738	89,738	-	3,000	3,000
Warwickshire County Council	-	6,177	6,177	-	7,504	7,504
Leamington Town Council	-	-	-	-	1,572	1,572
Big Lottery Fund	-	15,153	15,153	-	7,375	7,375
Orbit	-	3,815	3,815	-	9,791	9,791
European Social Fund	-	-	-	-	14,066	14,066
Heart of England Community Foundn	-	-	-	-	2,000	2,000
WCAVA	-	1,000	1,000	-	3,259	3,259
South Warwickshire GP Federation	-	-	-	-	5,000	5,000
Vinci Foundation	-	-	-	-	5,000	5,000
National Grid	-	-	-	-	5,600	5,600
Think Active	-	-	-	-	6,428	6,428
Cov & Warks Reinvestment Trust	-	7,500	7,500	-	-	-
Mercia District Charitable Trust	1,080	-	1,080	-	-	-
Other grants	260	690	950	861	5,471	6,332
	1,341	136,406	137,747	1,371	82,967	84,338
	=====	=====	=====	=====	=====	=====

3. Charitable Activities Income

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total £
Community Café	8,500	-	8,500	7,828	-	7,828
Activities	943	29	972	695	35	730
Service Level Agreements	40,000	-	40,000	142,334	-	142,334
	49,443	29	49,472	150,857	35	150,892
	=====	=====	=====	=====	=====	=====

4. Other Trading Activities Income

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Unrestricted £	2023 Restricted £	2023 Total £
Room hire	127,441	-	127,441	112,639	-	112,639
Other income	2,601	379	2,980	1,921	536	2,457
	130,042	379	130,421	114,560	536	115,096
	=====	=====	=====	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

5. Charitable Activities Expenditure

	2024	2024	2024	2023	2023	2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Direct Costs						
Staff costs (note 6)	167,480	20,797	188,277	165,780	34,136	199,916
Consultants & staff expenses	4,551	996	5,547	3,293	899	4,192
Volunteer expenses	821	629	1,450	260	183	443
Premises utilities	31,582	-	31,582	23,980	-	23,980
Premises maintenance	24,048	4,443	28,491	9,043	-	9,043
Security	5,237	-	5,237	4,225	-	4,225
Insurance	3,170	-	3,170	2,924	-	2,924
Telephone	5,003	790	5,793	4,553	609	5,162
Printing, postage & stationery	3,473	169	3,642	3,995	1,375	5,370
IT & computer costs	8,812	-	8,812	7,082	1,380	8,462
Sundry equipment	79	-	79	116	16	132
Publicity	20	126	146	305	367	672
Sundry expenses	2,736	-	2,736	2,736	-	2,736
Hospitality	1,611	900	2,511	105	1,233	1,338
Community Café purchases	13,293	400	13,693	10,897	382	11,279
Project costs	7,166	19,273	26,439	14,311	22,807	37,118
Donations	-	-	-	510	-	510
Depreciation	-	15,126	15,126	1	12,371	12,372
Bad debts	-	-	-	2	-	2
	279,082	63,649	342,731	254,118	75,758	329,876
Support Costs						
Independent Examiner's fees	1,872	-	1,872	1,680	-	1,680
Legal & professional fees	3,195	-	3,195	3,982	-	3,982
Bank charges	373	-	373	343	-	343
Interest	20	-	20	-	-	-
	5,460	-	5,460	6,005	-	6,005
	284,542	63,649	348,191	260,123	75,758	335,881

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

6. Staff Costs	2024	2023
	£	£
Staff costs during the year amounted to:		
Salaries and wages	179,749	190,532
Social security costs	5,527	6,262
Pension costs	3,001	3,122
	<u>188,277</u>	<u>199,916</u>
	=====	=====

No employee received emoluments over £60,000.

The average number of staff during the year was 12 (2023 – 13).

7. Trustees' Remuneration and Benefits

No Trustees received any remuneration, benefits or expenses during the current or prior year.

8. Tangible Fixed Assets

	Freehold Property £	Fixtures & Fittings £	Total £
Cost			
At 1 April 2023	450,671	66,285	516,956
Additions	-	11,000	11,000
Disposals	-	-	-
	<u>450,671</u>	<u>77,285</u>	<u>527,956</u>
	=====	=====	=====
Accumulated Depreciation			
At 1 April 2023	108,827	51,719	160,546
Charge for period	9,013	6,113	15,126
Disposals	-	-	-
	<u>117,840</u>	<u>57,832</u>	<u>175,672</u>
	=====	=====	=====
Net Book Values			
At 31 March 2024	332,831	19,453	352,284
	=====	=====	=====
At 31 March 2023	341,844	14,566	356,410
	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

9. Debtors

	2024	2023
	£	£
Trade debtors	74,854	50,952
Prepayments	2,402	2,663
	<u>77,256</u>	<u>53,615</u>
	<u>=====</u>	<u>=====</u>

10. Creditors: Amounts Falling Due Within One Year

	2024	2023
	£	£
Trade creditors	5,106	4,712
Social security & other taxes	792	2,091
Other creditors	891	767
Accruals	4,163	5,038
	<u>10,952</u>	<u>12,608</u>
	<u>=====</u>	<u>=====</u>

11. Related Party Transactions

There were no related party transactions during the year.

12. Movements on Funds

	Balance At 01.04.23	Incoming Resources	Resources Expended	Transfers In Period	Balance At 31.03.24
	£	£	£	£	£
(i) Unrestricted funds:					
General Funds	152,347	184,696	(284,542)	(12,348)	40,153
(ii) Restricted funds:					
Regenesis 2 Assets	341,844	-	(9,013)	-	332,831
Triple Link Dementia Café	33,495	15,238	(9,595)	-	39,138
Young Families	127	-	-	-	127
Sport and Physical Activity	929	-	-	-	929
CSW Sport	278	-	-	-	278
Orbit	(9,927)	3,941	(6,224)	12,210	-
Secret Garden	893	-	-	-	893
Bereavement	1,550	120	(282)	-	1,388
Social Prescribing	2,456	-	-	-	2,456
	<u>371,645</u>	<u>19,299</u>	<u>(25,114)</u>	<u>12,210</u>	<u>378,040</u>
Carried forward	371,645	19,299	(25,114)	12,210	378,040

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

12. Movements on Funds (continued)

	Balance At 01.04.23 £	Incoming Resources £	Resources Expended £	Transfers In Period £	Balance At 31.03.24 £
Brought forward	371,645	19,299	(25,114)	12,210	378,040
Homework Club	1,043	-	-	-	1,043
Physical Activity	610	-	-	-	610
Census Support Good Things Foundation	468	-	(453)	-	15
Enhanced Foodbank	4,285	25,369	(25,430)	-	4,224
ESF Employment and Digital	8,673	-	(4,308)	-	4,365
WDC CEV Fund	310	-	-	-	310
WDC COMF	5,903	-	-	-	5,903
Heart of England Community Foundation	22,836	-	-	-	22,836
WCC Long Covid Support	12,138	-	-	-	12,138
WDC Social Isolation	5,982	-	-	-	5,982
Hardship Fund	3,277	3,733	(524)	-	6,486
Lloyds Bank Foundation	500	-	-	-	500
National Grid Warm Packs	2,475	-	(40)	-	2,435
Think Active CSW	6,428	-	-	-	6,428
Vinci Foundation	4,514	-	(1,667)	-	2,847
Warwickshire Rural	451	-	-	-	451
WCC Healthy Eating	1,500	-	-	-	1,500
William Cadbury Trust	331	-	(22)	-	309
Christmas Community Days	-	1,375	(1,513)	138	-
Menopause Support	-	300	-	-	300
UKSPF Brunswick Capacity Project	-	45,738	-	-	45,738
UKSPF Brunswick Improvement Building	-	41,000	(4,578)	-	36,422
	453,369	136,814	(63,649)	12,348	538,882
TOTAL FUNDS	605,716	321,510	(348,191)	-	579,035

13. Restricted Funds

Regenesis 2 Assets	This was the value of assets granted to the Charity. The balance is reducing as the assets depreciate. Until 18 th August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.
Triple Link Dementia Café	This is to expand and further develop a service for those suffering from dementia together with support for their carers.
Young Families	This fund is to support young families and to encourage better health and wellbeing outcomes using physical activity.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

13. Restricted Funds (continued)

Sport and Physical Activity	This fund was from Warwick District Council for the Community Physical Activity Social Prescribing Project.
CSW Sport	This fund is to pilot an approach to social prescribing to community sport and physical activities.
Orbit	This is a 2 year contract (Jan 21-Dec 22) to deliver health & wellbeing support to all Orbit customers
Secret Garden	This fund is for a greenhouse and garden materials.
Bereavement	This fund is to support people who have suffered a bereavement.
Social Prescribing	This fund is for Social Prescribing work.
Homework Club	This fund is to enable support for homework.
Physical Activity	This fund is to support physical activity.
Census Support Good Things Foundation	This fund is for supporting the community with the online census.
Enhanced Foodbank	This fund is to provide local families with 'chilled' goods up to the value of £20.
ESF Employment and Digital	This fund is for money to run targeted employment skills programmes.
WDC CEV Fund	This fund is for providing vital support to local Clinically Extremely Vulnerable residents.
WDC COMF	This fund is for Covid Outbreak Communication and support of those in lockdown isolation.
Heart of England Community Foundation	This Fund is for recruitment of a 'Community Food provision project worker' to support the Chilled foodbag scheme that was set up in COVID.
WCC Long Covid Support	This fund is for providing 'Long Covid support groups' to those affected throughout South Warwickshire.
WDC Social Isolation	This fund is to cover costs associated with the 'Emergency Chilled Food scheme'.
Hardship Fund	Donations from various sources to be used for emergency for clients in financial crisis.
Lloyds Bank Foundation	Donation used towards the hardship fund.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

13. Restricted Funds (continued)

National Grid Warm Packs	Warm packs to be distributed to local residents during the winter and cost of living crisis.
Think Active CSW	Grant received for physical activity.
Vinci Foundation	Grant received for the purchase of new staff computers which have been capitalised and are now being depreciated over their estimated useful life.
Warwickshire Rural	Grant received for Crown Routes to provide warm packs and tea & toast for a local walking for health group.
WCC Healthy Eating	Grant to be used to promote healthy eating.
William Cadbury Trust	Funding for 'English for Speakers of Other Languages' (ESOL).
Christmas Community Days	Funding to deliver our Turkey Batch day and Community lunches.
Menopause Support	Grant to start up the new Menopause groups.
UKSPF Brunswick Capacity Project	Revenue to deliver services alongside the SLAs.
UKSPF Brunswick Improvement Building	Capital grant to improve facilities.

Accounts



Registered Company Number: 6181997
Registered Charity Number: 1125500

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

Report of the Trustees and
Unaudited Financial Statements
for the year ended 31st March 2023

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BRUNSWICK HEALTHY LIVING CENTRE LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST MARCH 2023

Trustees:	Deborah Saunders John Lyons Dr Stanislaw Sakowicz-Librowski Rosalind Lavelle Laura Bowmer Ann Mawdsley
Company Number:	6181997
Charity Number:	1125500
Registered Office & Charity Address:	98-100 Shrubland Street Leamington Spa Warwickshire CV31 3BD
Independent Examiner:	Steven Mugglestone BA(Hons) FCA Michael Harwood & Co Greville House 10 Jury Street Warwick CV34 4EW

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2023

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report and the Financial Statements of the Charity for the year ended 31st March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the Annual Report and Financial Statements of the Charity.

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The objectives of the Charity and its principal activities, as stated in the Memorandum and Articles of Association, are the promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in the Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

- A. the relief of poverty;
- B. the advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;
- C. the provision of financial assistance, technical assistance or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:
 - i. in setting up their own business; or
 - ii. to existing businesses;
- D. the maintenance, improvement or provision of public amenities;
- E. the provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;
- F. the provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;
- G. such other means as may from time to time be determined, subject to the prior written consent of the Charity Commissioners of England and Wales.

The Aims and Objectives, as with many Charities, are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Charity's vision and cores values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2023

Priority needs/objectives of BHLC

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting Independent living
- Access to accurate and up-to-date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open and transparent
- Creating a safe environment
- Empowering customers
- Removing barriers and improving access
- Valuing and respecting individuals

Significant Activities

Brunswick Hub is a multi-service venue which Brunswick Health Living Centre Limited (BHLC) manages and coordinates. Warwickshire NHS services reside in a third of the building. While the NHS manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as a holistic venue offering services to the community addressing health and wellbeing issues.

In shaping the Charity's objectives and planning its activities, the Trustees have considered the Charity Commission's guidance on public benefit.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

Cost of Living: As we emerged from the pandemic into a cost-of-living crisis the HUB remained a leading source of support for the local community with its main activities focusing on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; It has also been able to support through food provision and fuel poverty advice

Throughout the year, **773 NEW** individuals registered to use a diverse range of services and activities in addition to last year's figure we now have **3376** individuals registered to use our services.

Physical Activities for the community

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week: many varied activities that support health and wellbeing and employment in its widest sense are run from the premises;

From April 22 we have seen an increase of footfall from the NHS, Emis eyecare (**footfall of 2763**) and Jaykays dance. We also have a very successful baby/toddler group who have been using our Community Hall and this service alone has seen a **footfall of 1339** all operating to full capacity now restrictions from Covid have been lifted.

We have also had venue hire bookings for other physical activity sessions, such as Yoga, Hula hooping, Boxing fitness for Teens, Salsa dancing.

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

Community Computer Facilities-digital inclusion

The total number of computers available for community use is 15. This was reduced from 30 to take into consideration social distancing and privacy when completing Universal Credit claims. This still makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support as well as access to 3 public computers that can be used daily for any purpose.

Volunteer Programme

We have a volunteer programme offering opportunities to work in and around the hub on different projects or in roles such as Reception/Admin, Foodbank, and triple link. Recruitment is through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one-to-one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered. Volunteers are valued and supported whilst learning new skills and gaining valuable experience. We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB. The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers. In this period we had **13 New** volunteers sign up as well as being able to offer 4 young individual's work experience through their schools.

Gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation. The 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have several volunteers overseeing the garden including representatives from The Wildlife Trust. It has been visited by many different groups throughout the Year.

Employment Clubs

The current funding for the Employment Services of BHLC comes from a Warwick District Council SLA. These employment services assist clients to increase their employability through offering support with CV writing, interview skills, job searching, free access to computers and assistance with universal credit accounts.

Over this financial year we have registered **136 New** people for employment services and have had **81** individuals with job offers.

Our dedicated Employment Facebook page has continued to grow with **620** followers.

A partnership was created with Warwickshire County Council Adult Learning Team enabling us to offer Functional Skills English & Maths, as well as several different computer courses.

Health & Wellbeing Activities

Chilled Foodbank Project (Set up during Covid – Sept 2020)

After setting up this scheme in the pandemic it became apparent that the 'Emergency Chilled Goods for Families' was a service that needed to continue and is now one of our leading projects and in this financial year we have managed to secure extra funding to cover the cost of food and a dedicated project worker to oversee the coordination. Chilled goods bags offer families and individuals approximately £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats – Dietary requirements were also catered for where needed) through this scheme we have been able to identify any additional help they may need and referred

them to either our own health & wellbeing or employment officers and in some cases to other external partnering agencies. We also work in partnership with the Sydni centre to provide a large bag of fruit & Veg for just £5.

Another initiative that the Project offer started is **FREE FOOD THURSDAY & FRIDAY**, by linking in with local supermarkets and food providers surplus stock is collected from stores or delivered directly to the HUB which is a put out in the mornings and the local community can come and collect what they need.

NHS

The NHS use a third of our building to deliver several different clinics throughout the week, these include Podiatry, Health visiting services, speech and language, orthoptist, dietitians and the Sexual health Clinic. We also have some services like the Diabetic eye screening that hire a room 3 times a week. These services are well attended and bring an extra footfall to the HUB.

Digital Inclusion

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment support offer and we have been able to run several courses throughout this year enhancing participants computer skills.

Functional skills English
Functional skills Maths
Digital Gateway to Work
Essential Digital Skills Entry level
Essential Digital Skills Level 1
Microsoft Word
Microsoft Publisher
Microsoft Excel
Census Support Centre
ESF Energise return to Work Course

Dementia Café / Triple Link

We have 79 members registered with over 37 attending weekly.

The Project provides a stimulating weekly programme of activities whilst being a source of support and information for carers. 15 different activities were provided on a rota basis, including physical activity, music, guest speakers, craft and a carers' support group. There have also been some external trips organised including visits to Stratford, British Motor Museum, National Memorial Arboretum and the local Panto at Christmas. We have 5 volunteers who currently support delivery of the Project.

ASD (Autism Spectrum Disorder) Support

We have over **27 new** families registered helping with things such as Early Help meetings and general advice. Totalling over **75** registered in total. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) with **76** parents interacting with each other for support.

Bereavement Support

This service has become a vital part of our support to the local community, we have 121 face-to-face and telephone support as well as some group sessions. Over **72** individuals have benefitted from this and 4 successful groups continue to run, one of which is a long-term support group.

Menopause Support

The menopause group was set up in February 23 to give ladies going through the menopause the opportunity to share experiences and gain knowledge and support to help them have a more positive experience. The group has enabled members to find a voice when approaching the medical professionals to be given the correct support and HRT if it was felt appropriate. We have had outside speakers come in to provide information about the menopause and other services and support available.

Crown Routes

In April 22 we were awarded another Warwick District Council SLA to run a small community Café in the Lillington area of the district, As well as providing very low cost 2 course meals 3 days, The Café has also delivered events such as Afternoon Tea for the Queens Jubilee and a very successful Christmas Lunch which was attended by 56 people from the local community.

We are also tasked with taking some of our support services across from the HUB which cover Health & Wellbeing & Employment. We have a 'drop-in' 2 days of the week for the local people to come and access these services. This financial year we have helped **36** individuals with support as well as partnering with local primary school, Children's centre and Youth centre. Crown Routes helped to deliver a day of activities at the Children's centre during the half term which was well attended by local families. We also funded a seaside trip for the young people who attend the Youth Centre many of who had never been to the beach.

A Selection of Partners Worked with in the Year there are many more

Service

Warwickshire District Council (Community Partnership Team)
 Warwickshire County Council
 South Warwickshire Clinical Commissioning Group
 Early Help
 Alzheimers Society
 Waterside Medical Centre
 Lisle Court Medical Centre
 Safer Neighbourhoods Partnership Team
 The SYDNI Centre
 Age UK
 NHS – Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist

Hire

Adventure babies
 NHS Property
 Jaykays
 Hereward College
 Wiseability
 ROSA/IAPT
 Yoga groups
 Havana Salsa
 Boxing
 Relate
 ICS/Health

Communities Together Network

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.

ACHIEVEMENTS AND PERFORMANCE

Funding for the year 2022-2023 was generated from many different sources

1. 3 Contracted Services/SLA – Warwick District Council
2. NHS Recharge
3. Big Lottery Fund
4. Room Hire

5. Orbit Housing
6. Heart of England
7. Warwickshire County council
8. Miscellaneous income

Contracted services and SLAs were awarded by Warwickshire District Council to BHLC for the provision of Employment Services and Health & Wellbeing Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language)

The Big Lottery Reaching Communities funding s been extended in 2023 for another 5 years allowing the Brunswick Hub to run and develop its dementia services

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Orbit Housing provided BHLC with a 2-year (Jan 2021- Dec 2022) SLA to provide wellbeing services to all its customers this has now been extended for a further year

Warwickshire County Council and Heart of England have ensured that funding has been available for our Chilled Food provision

Miscellaneous Funding - this includes donations and activities by other organisations.

BHLC will work closely with its current funders and organisations to understand their requirements and how best we can deliver services to meet the needs of the community

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has result in significant savings, which will continue into the next financial year

In 2023 Brunswick Hub received a Leamington Mayor Award for the work we do in the community

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document

The Charity is controlled by its Memorandum and Articles of Association. The Company was incorporated on the 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on the 30th June 2008 following consultation with the Charity Commission. Charitable status was secured on the 13th August 2008.

Trustees

There is a total of six Trustees on the Board.

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of the current Trustees.

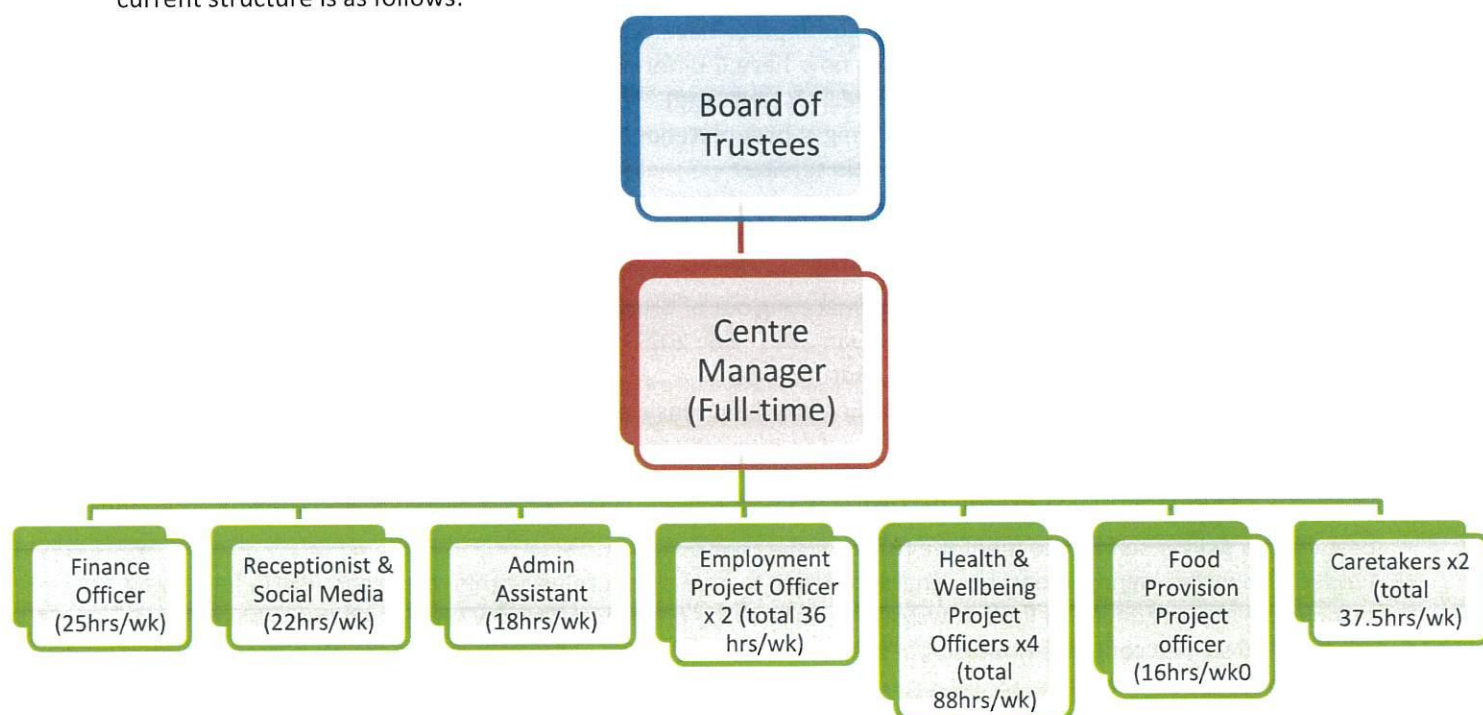
New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Charity.

Organisational Structure

There is a clear line of management with the organisation. The Centre Manager is now responsible for the day-to-day running of the Hub reporting directly to the Trustees.

The Trustees are elected in accordance with the governing document. They have met 6 times during the year. No policy or major financial decisions can be taken without the approval of a majority of the Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth. The current structure is as follows:



Key Partners

Brunswick Healthy Living Centre Ltd has had four key partners this year:

1. South Warwickshire Clinical Commissioning Group managed by NHS Property Services
2. Warwick District Council Community Services Department (SLA funding)
3. Big Lottery Funding
4. Orbit

Risk Management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

FINANCIAL REVIEW

Total income amounted to £351,924 (2022 - £263,019) of which £83,538 (2022 - £99,866) was for restricted purposes. Donations and grants decreased by £16.1k. However, Service Level Agreements income increased by £72.3k and room hire income increased by £22.7k. Our principal funding sources are Warwick District Council, South Warwickshire Clinical Commissioning Group managed by NHS Property and income generated from room hire.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2023

Expenditure totalled £335,881 (2022 - £250,324) including £75,758 (2022 - £65,582) spent out of the restricted funds. £199,916 (2022 - £151,561) of this expenditure related to staff costs involved in support services to the charitable activities.

There was an unrestricted fund surplus this year of £8,263 compared to a deficit in 2022 of £21,589.

RESERVES POLICY

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of free reserves (that is the unrestricted funds not committed or invested in tangible fixed assets) at 31st March 2023 should be at least £125,000.

The present level of free reserves available to the Charity amounts to £152,347 which is £27,347 higher than the currently estimated needs.

INVESTMENT POLICY

Any surplus funds are placed on short term deposit.

FUTURE PLANS

Work to develop the new Strategic Plan for the 3 years (2021-2024) is ongoing and will clearly outline and take into consideration the needs of the community in the ever-changing economy.

There are six main Strategic Priorities for the coming year:

1. To develop a Strategic Plan to ensure that future services and activities meet local needs and priorities.
2. To implement the priorities identified through the ever-changing pandemic fallout.
3. To maximise income and ensure the future sustainability and efficiency of the Charity.
4. To work with Warwick District Council and Orbit Heart of England to ensure our contractual obligations are met to ensure that the Charity is in a strong position to enter into new contractual arrangements for 2021-2024.
5. To recruit new Trustees to the Board who have a local connection.
6. To continue and expand the work we do to support and sustain our local community.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company Law and Charity Law require the Trustees to prepare Financial Statements for each financial year, which give a true and fair view of the state of affairs of BHLC and of the surplus or deficit for that period. In preparing those Financial Statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the Financial Statements on an ongoing concern basis unless it is inappropriate that the Charity will continue in operation.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2023

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of BHLC and to enable them to ensure that the Financial Statements comply with the Companies Act 2006.

The Trustees are responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against material loss or unauthorised use to prevent and detect fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on 09/11/2023..... and signed on its behalf by:

A handwritten signature in black ink, consisting of a large loop followed by a series of connected strokes that end in a large, rounded flourish.

Deborah Saunders
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED
FOR THE YEAR ENDED 31 MARCH 2023**

I report on the accounts of the Charity for the year ended 31 March 2023 which are set out on pages 12 to 23.

Responsibilities and basis of report

As the Charity Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Steven Mugglestone BA(Hons) FCA
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
CV34 4EW

Dated: 06/11/2023

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2023

	Note	2023 Unrestricted £	2023 Restricted £	2023 Total £	2022 Unrestricted £	2022 Restricted £	2022 Total £
Income from:							
Donations and grants	2	1,371	82,967	84,338	1,260	99,223	100,483
Charitable activities	3	150,857	35	150,892	70,968	221	71,189
Other trading activities	4	114,560	536	115,096	90,838	422	91,260
Investments		1,598	-	1,598	87	-	87
Total Income		<u>268,386</u>	<u>83,538</u>	<u>351,924</u>	<u>163,153</u>	<u>99,866</u>	<u>263,019</u>
Expenditure on:							
Charitable activities	5	260,123	75,758	335,881	184,742	65,582	250,324
Total Expenditure		<u>260,123</u>	<u>75,758</u>	<u>335,881</u>	<u>184,742</u>	<u>65,582</u>	<u>250,324</u>
Net income / (expenditure)		8,263	7,780	16,043	(21,589)	34,284	12,695
Transfers between funds		-	-	-	-	-	-
Net movement in funds		<u>8,263</u>	<u>7,780</u>	<u>16,043</u>	<u>(21,589)</u>	<u>34,284</u>	<u>12,695</u>
Total funds brought forward		144,084	445,589	589,673	165,673	411,305	576,978
Total funds carried forward	12	<u>152,347</u>	<u>453,369</u>	<u>605,716</u>	<u>144,084</u>	<u>445,589</u>	<u>589,673</u>

The notes on pages 15 to 23 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2023

		2023	2023	2023	2022	2022	2022
	Note	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		£	£	£	£	£	£
Fixed Assets							
Tangible assets	8	-	356,410	356,410	-	350,857	350,857
Current Assets							
Stocks		269	544	813	429	292	721
Debtors	9	50,080	3,535	53,615	21,634	3,197	24,831
Cash at bank and in hand		112,078	95,408	207,486	130,805	92,954	223,759
		<u>162,427</u>	<u>99,487</u>	<u>261,914</u>	<u>152,868</u>	<u>96,443</u>	<u>249,311</u>
Creditors							
Amounts falling due within one year	10	(10,080)	(2,528)	(12,608)	(8,784)	(1,711)	(10,495)
Net Current Assets		<u>152,347</u>	<u>96,959</u>	<u>249,306</u>	<u>144,084</u>	<u>94,732</u>	<u>238,816</u>
Total assets less current liabilities		<u>152,347</u>	<u>453,369</u>	<u>605,716</u>	<u>144,084</u>	<u>445,589</u>	<u>589,673</u>
Net Assets		<u>152,347</u>	<u>453,369</u>	<u>605,716</u>	<u>144,084</u>	<u>445,589</u>	<u>589,673</u>
Funds of the Charity							
Unrestricted	12			152,347			144,084
Restricted	12			453,369			445,589
Total Charity Funds				<u>605,716</u>			<u>589,673</u>

The charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for:

- ensuring that the charitable company keeps accounting records that comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2023

The Financial Statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The Financial Statements were approved by the Board of Trustees on 06/11/2023..... and signed on its behalf by:

A handwritten signature in black ink, consisting of a stylized 'D' followed by a horizontal line and a large loop.

Deborah Saunders
Trustee

The notes on pages 15 to 23 form part of these financial statements

1. Accounting Policies

a) Basis of Preparation

The Charity constitutes a public benefit entity as defined by FRS 102. The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Financial Statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Company Status

The Charity is a company limited by guarantee in England & Wales. The members of the Company are the Trustees. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

c) Income

All incoming resources are included in the Statement of Financial Activities (SOFA) when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. No amounts are included in the Financial Statements for services donated by volunteers.

d) Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

e) Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Support costs are allocated to particular charitable activities on a basis consistent with the use of the resources.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

1. Accounting Policies (continued)

f) Tangible Fixed Assets and Depreciation

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	50 Years Straight Line Basis
Fixtures and Fittings	3 to 10 Years Straight Line Basis

g) Stock

Stock consists of purchased goods for resale and is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow-moving items.

h) Debtors and Creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

i) Pensions

The Company operates a defined contribution pension scheme. The assets of the scheme are held separately from the company in an independently administered Fund. Contributions payable to the scheme are charged to the SOFA in the period in which they relate.

j) Taxation

The Charity is exempt from income tax and capital gains tax within the exemption granted by sections 521 – 536 of the Income Taxes Act 2007. The Charity has borne VAT on its expenditure where appropriate.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

2. Donations and Grant Income

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Donations	510	6,901	7,411	1,260	860	2,120
Warwick District Council	-	3,000	3,000	-	7,730	7,730
Warwickshire County Council	-	7,504	7,504	-	21,644	21,644
Leamington Town Council	-	1,572	1,572	-	-	-
Big Lottery Fund	-	7,375	7,375	-	7,773	7,773
Orbit	-	9,791	9,791	-	18,757	18,757
European Social Fund	-	14,066	14,066	-	311	311
Heart of England Community Foundn	-	2,000	2,000	-	36,000	36,000
WCAVA	-	3,259	3,259	-	-	-
South Warwickshire GP Federation	-	5,000	5,000	-	-	-
Vinci Foundation	-	5,000	5,000	-	-	-
National Grid	-	5,600	5,600	-	-	-
Think Active	-	6,428	6,428	-	-	-
Other grants	861	5,471	6,332	-	6,148	6,148
	<u>1,371</u>	<u>82,967</u>	<u>84,338</u>	<u>1,260</u>	<u>99,223</u>	<u>100,483</u>
	=====	=====	=====	=====	=====	=====

3. Charitable Activities Income

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Community Café	7,828	-	7,828	31	221	252
Activities	695	35	730	937	-	937
Service Level Agreements	142,334	-	142,334	70,000	-	70,000
	<u>150,857</u>	<u>35</u>	<u>150,892</u>	<u>70,968</u>	<u>221</u>	<u>71,189</u>
	=====	=====	=====	=====	=====	=====

4. Other Trading Activities Income

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Room hire	112,639	-	112,639	89,960	-	89,960
Other income	1,921	536	2,457	878	422	1,300
	<u>114,560</u>	<u>536</u>	<u>115,096</u>	<u>90,838</u>	<u>422</u>	<u>91,260</u>
	=====	=====	=====	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

5. Charitable Activities Expenditure

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Direct Costs						
Staff costs (note 6)	165,780	34,136	199,916	116,545	35,016	151,561
Consultants & staff expenses	3,293	899	4,192	654	156	810
Volunteer expenses	260	183	443	83	302	385
Premises utilities	23,980	-	23,980	22,080	-	22,080
Premises maintenance	9,043	-	9,043	11,381	200	11,581
Security	4,225	-	4,225	3,810	-	3,810
Insurance	2,924	-	2,924	2,883	-	2,883
Telephone	4,553	609	5,162	4,092	994	5,086
Printing, postage & stationery	3,995	1,375	5,370	5,703	2,079	7,782
IT & computer costs	7,082	1,380	8,462	8,139	3,123	11,262
Sundry equipment	116	16	132	492	-	492
Publicity	305	367	672	-	17	17
Sundry expenses	2,736	-	2,736	1,335	1,114	2,449
Hospitality	105	1,233	1,338	586	270	856
Community Café purchases	10,897	382	11,279	468	829	1,297
Project costs	14,311	22,807	37,118	912	12,469	13,381
Donations	510	-	510	-	-	-
Depreciation	1	12,371	12,372	-	9,013	9,013
Bad debts	2	-	2	-	-	-
	<u>254,118</u>	<u>75,758</u>	<u>329,876</u>	<u>179,163</u>	<u>65,582</u>	<u>244,745</u>
Support Costs						
Independent Examiner's fees	1,680	-	1,680	1,545	-	1,545
Legal & professional fees	3,982	-	3,982	3,775	-	3,775
Bank charges	343	-	343	259	-	259
	<u>6,005</u>	<u>-</u>	<u>6,005</u>	<u>5,579</u>	<u>-</u>	<u>5,579</u>
	<u>260,123</u>	<u>75,758</u>	<u>335,881</u>	<u>184,742</u>	<u>65,582</u>	<u>250,324</u>
	=====	=====	=====	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

6. Staff Costs	2023	2022
	£	£
Staff costs during the year amounted to:		
Salaries and wages	190,532	144,908
Social security costs	6,262	4,153
Pension costs	3,122	2,270
Recruitment costs	-	230
	-----	-----
	199,916	151,561
	=====	=====

No employee received emoluments over £60,000.

The average number of staff during the year was 13 (2022 – 11).

7. Trustees' Remuneration and Benefits

No Trustees received any remuneration, benefits or expenses during the current or prior year.

8. Tangible Fixed Assets

	Freehold Property £	Fixtures & Fittings £	Total £
Cost			
At 1 April 2022	450,671	48,360	499,031
Additions	-	17,925	17,925
Disposals	-	-	-
	-----	-----	-----
At 31 March 2023	450,671	66,285	516,956
	-----	-----	-----
Accumulated Depreciation			
At 1 April 2022	99,814	48,360	148,174
Charge for period	9,013	3,359	12,372
Disposals	-	-	-
	-----	-----	-----
At 31 March 2023	108,827	51,719	160,546
	-----	-----	-----
Net Book Values			
At 31 March 2023	341,844	14,566	356,410
	=====	=====	=====
At 31 March 2022	350,857	-	350,857
	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

9. Debtors

	2023	2022
	£	£
Trade debtors	50,952	22,745
Prepayments	2,663	2,086
	-----	-----
	53,615	24,831
	=====	=====

10. Creditors: Amounts Falling Due Within One Year

	2023	2022
	£	£
Trade creditors	4,712	6,609
Social security & other taxes	2,091	-
Other creditors	767	134
Accruals	5,038	3,752
	-----	-----
	12,608	10,495
	=====	=====

11. Related Party Transactions

There were no related party transactions during the year.

12. Movements on Funds

	Balance At 01.04.22	Incoming Resources	Resources Expended	Transfers In Period	Balance At 31.03.23
	£	£	£	£	£
(i) Unrestricted funds:					
General Funds	144,084	268,386	(260,123)	-	152,347
(ii) Restricted funds:					
Regenesis 2 Assets	350,857	-	(9,013)	-	341,844
Triple Link Dementia Café	30,407	7,938	(4,850)	-	33,495
Young Families	127	-	-	-	127
Sport and Physical Activity	929	-	-	-	929
CSW Sport	278	-	-	-	278
Orbit	(3,975)	10,253	(16,205)	-	(9,927)
Secret Garden	1,004	20	(131)	-	893
Bereavement	1,849	-	(298)	-	1,551
Social Prescribing	2,456	-	-	-	2,456
	-----	-----	-----	-----	-----
Carried forward	383,932	18,211	(30,497)	-	371,646

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

12. Movements on Funds (continued)

	Balance At 01.04.22 £	Incoming Resources £	Resources Expended £	Transfers In Period £	Balance At 31.03.23 £
Brought forward	383,932	18,211	(30,497)	-	371,646
Homework Club	1,043	-	-	-	1,043
Physical Activity	610	-	-	-	610
Census Support Good Things Foundation	854	-	(386)	-	468
Enhanced Foodbank	10,248	15,681	(21,645)	-	4,285
ESF Employment and Digital	(1,298)	14,066	(4,094)	-	8,674
WDC CEV Fund	310	-	-	-	310
WDC COMF	5,903	-	-	-	5,903
Heart of England Community Foundation	23,200	2,000	(2,364)	-	22,836
WCC Long Covid Support	14,805	9,011	(11,679)	-	12,138
WDC Social Isolation	5,982	-	-	-	5,982
Baron Davenport Charity	-	295	(295)	-	-
Hardship Fund	-	3,734	(457)	-	3,277
Lloyds Bank Foundation	-	500	-	-	500
National Grid Warm Packs	-	5,600	(3,125)	-	2,475
Think Active CSW	-	6,428	-	-	6,428
Vinci Foundation	-	5,000	(486)	-	4,514
Warwickshire Rural	-	500	(49)	-	451
WCAVA	-	500	(500)	-	-
WCC Healthy Eating	-	1,500	-	-	1,500
William Cadbury Trust	-	512	(181)	-	331
	445,589	83,538	(75,758)	-	453,369
TOTAL FUNDS	589,673	351,924	335,881	-	605,716

13. Restricted Funds

Regenesis 2 Assets	This was the value of assets granted to the Charity. The balance is reducing as the assets depreciate. Until 18 th August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.
Triple Link Dementia Café	This is to expand and further develop a service for those suffering from dementia together with support for their carers.
Young Families	This fund is to support young families and to encourage better health and wellbeing outcomes using physical activity.
Sport and Physical Activity	This fund was from Warwick District Council for the Community Physical Activity Social Prescribing Project.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

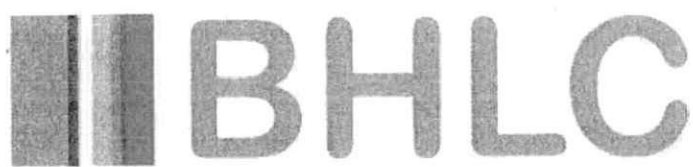
13. Restricted Funds (continued)

CSW Sport	This fund is to pilot an approach to social prescribing to community sport and physical activities.
Orbit	This is a 2 year contract (Jan 21-Dec 22) to deliver health & wellbeing support to all Orbit customers
Secret Garden	This fund is for a greenhouse and garden materials.
Bereavement	This fund is to support people who have suffered a bereavement.
Social Prescribing	This fund is for Social Prescribing work.
Homework Club	This fund is to enable support for homework.
Physical Activity	This fund is to support physical activity.
Census Support Good Things Foundation	This fund is for supporting the community with the online census.
Enhanced Foodbank	This fund is to provide local families with 'chilled' goods up to the value of £20.
ESF Employment and Digital	This fund is for money to run targeted employment skills programmes.
WDC CEV Fund	This fund is for providing vital support to local Clinically Extremely Vulnerable residents.
WDC COMF	This fund is for Covid Outbreak Communication and support of those in lockdown isolation.
Heart of England Community Foundation	This Fund is for recruitment of a 'Community Food provision project worker' to support the Chilled foodbag scheme that was set up in COVID.
WCC Long Covid Support	This fund is for providing 'Long Covid support groups' to those affected throughout South Warwickshire.
WDC Social Isolation	This fund is to cover costs associated with the 'Emergency Chilled Food scheme'.
Baron Davenport Charity	Grant received to cover the costs of new carpets for a local resident in need
Hardship Fund	Donations from various sources to be used for emergency for clients in financial crisis.
Lloyds Bank Foundation	Donation used towards the hardship fund.

13. Restricted Funds (continued)

National Grid Warm Packs	Warm packs to be distributed to local residents during the winter and cost of living crisis.
Think Active CSW	Grant received for physical activity.
Vinci Foundation	Grant received for the purchase of new staff computers which have been capitalised and are now being depreciated over their estimated useful life.
Warwickshire Rural	Grant received for Crown Routes to provide warm packs and tea & toast for a local walking for health group.
WCAVA	Grant received for the purchase of a new public computer.
WCC Healthy Eating	Grant to be used to promote healthy eating.
William Cadbury Trust	Funding for 'English for Speakers of Other Languages' (ESOL).

Accounts



Registered Company Number: 6181997
Registered Charity Number: 1125500

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

Report of the Trustees and
Unaudited Financial Statements
for the year ended 31st March 2022

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1	Company Information
2 – 10	Trustees' Annual Report (incl. Directors' Report)
11	Independent Examiner's Report
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13	Balance Sheet
14 - 22	Notes to the Finance Statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST MARCH 2022

Trustees: Deborah Saunders
John Lyons
Dr Stanislaw Sakowicz-Librowski
Rosalind Lavelle
Laura Bowmer (appointed 8th November 2021)
Ann Mawdsley (appointed 8th November 2021)

Company Number: 6181997

Charity Number: 1125500

**Registered Office &
Charity Address:** 98-100 Shrubland Street
Leamington Spa
Warwickshire
CV31 3BD

Independent Examiner: Steven Mugglestone BA(Hons) FCA
Michael Harwood & Co
Greville House
10 Jury Street
Warwick
CV34 4EW

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report and the Financial Statements of the Charity for the year ended 31st March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the Annual Report and Financial Statements of the Charity.

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The objectives of the Charity and its principal activities, as stated in the Memorandum and Articles of Association, are the promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in the Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

- A. the relief of poverty;
- B. the advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;
- C. the provision of financial assistance, technical assistance or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:
 - i. in setting up their own business; or
 - ii. to existing businesses;
- D. the maintenance, improvement or provision of public amenities;
- E. the provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;
- F. the provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;
- G. such other means as may from time to time be determined, subject to the prior written consent of the Charity Commissioners of England and Wales.

The Aims and Objectives, as with many Charities, are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Charity's vision and cores values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

Priority needs/objectives of BHLC

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up-to-date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open and transparent
- Creating a safe environment
- Empowering customers
- Removing barriers and improving access
- Valuing and respecting individuals

Significant Activities

Brunswick Hub is a multi-service venue which Brunswick Health Living Centre Limited (BHLC) manages and coordinates. Warwickshire NHS services reside in a third of the building. While the NHS manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as an holistic venue offering services to the community addressing health and wellbeing issues.

In shaping the Charity's objectives and planning its activities, the Trustees have considered the Charity Commission's guidance on public benefit.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

Pandemic: As we emerged from the pandemic the HUB became a leading source of support for the local community with its main activities focusing on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; also access to accurate and up to date information regarding health and all its issues for the general public relating to COVID-19

Throughout the year, **1062 NEW** individuals registered to use a diverse range of services and activities in addition to last year's figure we now have **2736** individuals registered to use our services.

Physical Activities for the community

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week: many varied activities that support health and wellbeing and employment in its widest sense are run from the premises;

In August 2021 we were able to reopen our Roomhire revenue (with some restrictions still in place) and welcome back the NHS, Emis eyecare (**footfall of 1702**) and Jaykays dance. We also have a very successful baby/toddler group who have been using our Community Hall and this service alone has seen a **footfall of 1053** again operating within the guidelines as the restrictions reduced.

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

Community Computer Facilities-digital inclusionhe total number of computers available for community use is 30. This makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support as well as access to 3 public computers that can be used daily for any purpose.

Volunteer Programme

We have a volunteer programme offering opportunities to work in and around the hub on different projects or in rolls such as Reception/Admin. Recruitment is through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one to one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered. Volunteers are valued and supported whilst learning new skills and gaining valuable experience. We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers.

Gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation the 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have had a dedicated volunteer overseeing the garden and has been used by many different groups that have visited the garden.

Employment Clubs

The current funding for the Employment Services of BHLC comes from a Warwick District Council SLA.

These employment services assist clients to increase their employability through offering support with CV writing, interview skills, job searching, free access to computers and assistance with universal credit accounts.

Through Covid lockdowns and social distancing the employment services continued to run, with **173** people attending interviews and **116** job offers.

Our dedicated Employment Facebook page has continued to grow with **488** followers.

Our Employment Club continued to run for two sessions a week on a pre-booked basis rather than a drop in to control numbers, funding was sought from CERF to purchase screens to ensure social distancing within the IT suite.

£19,058 was funded from CAF resilience funds towards the core costs of running the employment services.

We were selected to be a Census Support Centre.

A partnership was created with Warwickshire County Council Adult Learning Team enabling us to offer Functional Skills English & Maths, as well as six different computer courses.

Health & Wellbeing Activities

Long Covid Support

In August 2021 The Funding sum of £21,644 was awarded by **Warwickshire Covid-19 Mental Wellbeing & Resilience** Fund off the back of a very successful 'pilot scheme' to support those who were struggling emotionally with the lasting effects of 'Long Covid'. BHLC identified a need in Warwick District and through a 'steering group' made up of representing partners in Public Health, Primary care and County Council (plus others) it was apparent that there was a need for non-clinical support. Through working with key partners a format was agreed and BHLC now supports Long Covid sufferers through face to face and online support groups.

Chilled Foodbank Project (Set up during Covid – Sept 2020)

After setting up this scheme in the pandemic it became apparent that the 'Emergency Chilled Goods for Families' was a service that needed to continue and is now one of our leading projects, we have given out **over 495** chilled goods bags to families and individuals (Approx £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats – Dietary requirements were also catered for where needed) through this scheme we have been able to identify any additional help they may need and referred them to either our own health & wellbeing or employment officers and in some cases to other external partnering agencies.

NHS

The NHS use a third of our building to deliver several different clinics throughout the week, these include Podiatry, Health visiting services, speech and language, orthoptist, dietitians and the Sexual health Clinic. We also have some services like the Diabetic eye screening that hire a room 3 times a week. These services are well attended and bring an extra footfall to the HUB.

Digital Inclusion

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment support offer and we have been able to run several courses throughout this year enhancing participants computer skills.

Functional skills English
Functional skills Maths
Digital Gateway to Work
Essential Digital Skills Entry level
Essential Digital Skills Level 1
Microsoft Word
Microsoft Publisher
Microsoft Excel
Census Support Centre
ESF Energise return to Work Course

Dementia Café / Triple Link

After reopening it's doors in July 2021 the café has returned slowly but by March 2022 we were running it back at capacity, We have 57 members registered with over 30 attending weekly

The Project provides a stimulating weekly programme of activities whilst being a source of support and information for carers. 15 different activities were provided on a rota basis, including physical activity, music, guest speakers, craft and a carers' support group. 4 volunteers currently support delivery of the Project.

ASD (Autism Spectrum Disorder) Support

Through the pandemic we came across many families who needed support in this area and the support has continued throughout. We have over 60 families registered helping with things such as Early Help meetings and general advice. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) as this project builds we will be looking for funding to make it a stand alone service and to bolster the support we are able to provide.

Bereavement Support

Both during and as we emerged from the pandemic this service became a vital part of our support to the local community, we have 121 face to face and telephone support as well as some group sessions. Over 61 individuals have benefitted from this and 4 successful groups continue to run. As the numbers continue to grow Funding from various sources has been secured with further funding being looked into.

OBJECTIVES AND ACTIVITIES

A Selection of Partners Worked with in the Year there are many more

Service

Warwickshire District Council (Community Partnership Team)
 Warwickshire County Council
 South Warwickshire Clinical Commissioning Group
 Early Help
 Alzheimers Society
 Waterside Medical Centre
 Lisle Court Medical Centre
 Safer Neighbourhoods Partnership Team
 The SYDNI Centre
 Age UK
 NHS – Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist

Hire

Adventure babies
 NHS Property
 Jaykeys
 Hereward college
 Wiseability
 ROSA/IAPT
 Yoga groups
 Havana Salsa
 Boxing
 Relate
 ICS/Health

Communities Together Network

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.

ACHIEVEMENTS AND PERFORMANCE

Funding for the year 2021-2022 was generated from six sources

1. Contracted Services/SLA
2. NHS Recharge
3. Big Lottery Fund
4. Room Hire
5. Orbit Housing
6. Miscellaneous income

Contracted services and SLA's were awarded by Warwickshire District Council to BHLC for the provision of Employment Services and Social Inclusion Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language)

The Big Lottery Reaching Communities funding received in the Year, allows the Brunswick Hub to run and develop its dementia services

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Orbit Housing provided BHLC with a 2 year (Jan 2021- Dec 2022) SLA to provide wellbeing services to all its customers

Miscellaneous Funding - this includes donations and activities by other organisations.

Future funding in the changing economic environment continues to be a challenge. BHLC will work closely with its current funders and organisation such as Orbit to understand and their needs and how best we can deliver services to meet their needs

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has result in significant savings, which will continue into the next financial year

BHLC was very proud to be awarded 3 awards during this year:

Matt Western MP – Community Award

Leamington Business Awards – Charity of the Year

Leamington In Bloom – Silver award for the Secret Garden

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document

The Charity is controlled by its Memorandum and Articles of Association. The Company was incorporated on the 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on the 30th June 2008 following consultation with the Charity Commission. Charitable status was secured on the 13th August 2008.

Trustees

Two Trustees were appointed during the year resulting in a total of six Trustees on the Board.

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of the current Trustees.

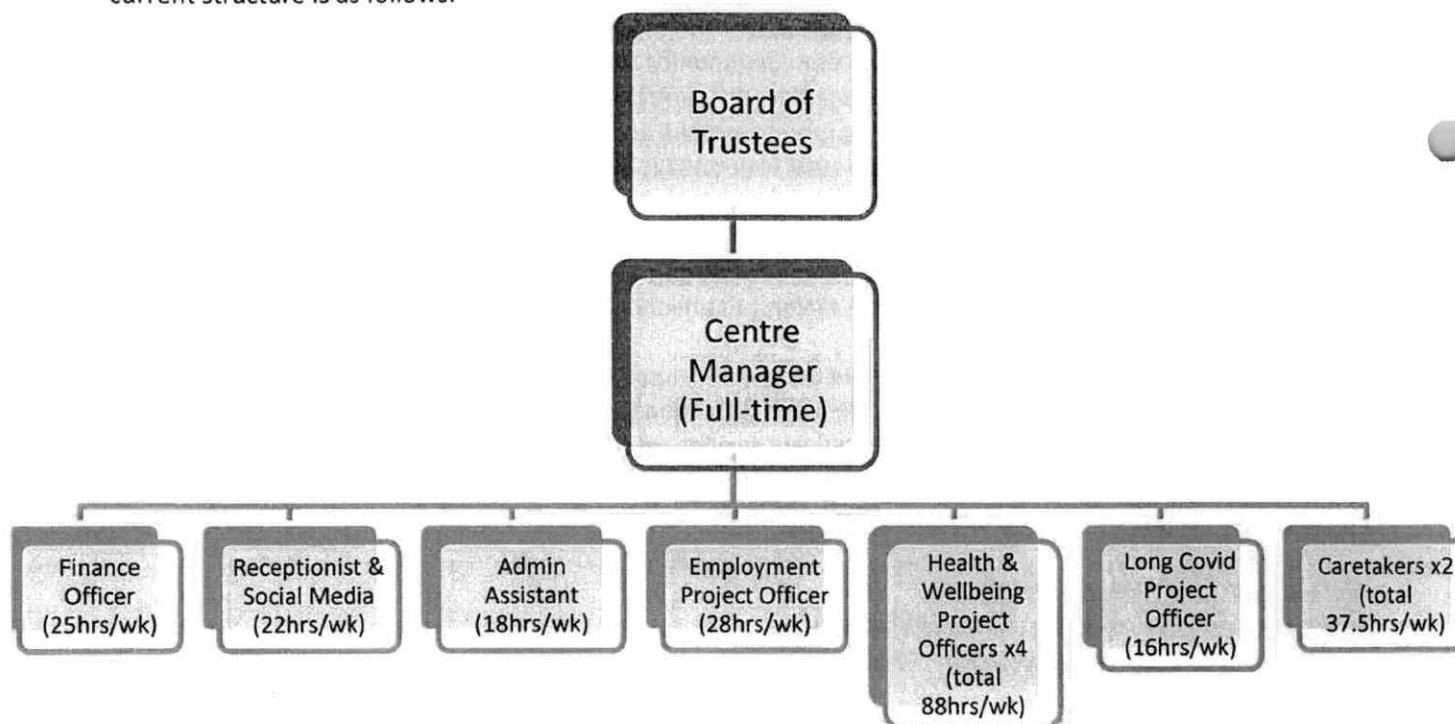
New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Charity.

Organisational Structure

There is a clear line of management with the organisation. In 2018/19 a new CEO and Centre Manager were recruited. However, the CEO position was made redundant in March 2020. The Centre Manager is now responsible for the day-to-day running of the Hub reporting directly to the Trustees.

The Trustees are elected in accordance with the governing document. They have met 6 times during the year. No policy or major financial decisions can be taken without the approval of a majority of the Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth. The current structure is as follows:



BRUNSWICK HEALTHY LIVING CENTRE LIMITED
TRUSTEES' ANNUAL REPORT (incl. Directors' Report)
FOR THE YEAR ENDED 31ST MARCH 2022

Key Partners

Brunswick Healthy Living Centre Ltd has had four key partners this year:

1. South Warwickshire Clinical Commissioning Group managed by NHS Property Services
2. Warwick District Council Community Services Department (SLA funding)
3. Big Lottery Funding
4. Orbit

Risk Management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

FINANCIAL REVIEW

Total income amounted to £263,019 (2021 - £276,229) of which £99,866 (2021 - £120,878) was for restricted purposes. Donations and grants decreased by £21.5k. However, room hire income increased by £17.8k. Our principal funding sources are Warwick District Council, South Warwickshire Clinical Commissioning Group managed by NHS Property and income generated from room hire.

Expenditure totalled £250,324 (2021 - £226,156) including £65,582 (2021 - £108,849) spent out of the restricted funds. £151,561 (2021 - £133,410) of this expenditure related to staff costs involved in support services to the charitable activities.

There was an unrestricted fund deficit this year of £21,589 compared to a surplus in 2021 of £38,044.

RESERVES POLICY

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of free reserves (that is the unrestricted funds not committed or invested in tangible fixed assets) at 31st March 2022 should be at least £125,000.

The present level of free reserves available to the Charity amounts to £144,084 which is £19,084 higher than the currently estimated needs.

INVESTMENT POLICY

Any surplus funds are placed on short term deposit.

FUTURE PLANS

Work to develop the new Strategic Plan for the 3 years (2021-2024) is ongoing and will clearly outline and take into consideration the needs of the community following the pandemic.

There are six main Strategic Priorities for the coming year:

1. To develop a Strategic Plan to ensure that future services and activities meet local needs and priorities.
2. To implement the priorities identified through the ever-changing pandemic fallout.
3. To maximise income and ensure the future sustainability and efficiency of the Charity.

4. To work with Warwick District Council and Orbit Heart of England to ensure our contractual obligations are met to ensure that the Charity is in a strong position to enter into new contractual arrangements for 2021-2024.
5. To recruit new Trustees to the Board who have a local connection.
6. To continue and expand the work we do to support and sustain our local community.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company Law and Charity Law require the Trustees to prepare Financial Statements for each financial year, which give a true and fair view of the state of affairs of BHLC and of the surplus or deficit for that period. In preparing those Financial Statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the Financial Statements on an ongoing concern basis unless it is inappropriate that the Charity will continue in operation.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of BHLC and to enable them to ensure that the Financial Statements comply with the Companies Act 2006.

The Trustees are responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against material loss or unauthorised use to prevent and detect fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on 29/9/22 and signed on its behalf by:



Deborah Saunders
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED
FOR THE YEAR ENDED 31 MARCH 2022**

I report on the accounts of the Charity for the year ended 31 March 2022 which are set out on pages 12 to 22.

Responsibilities and basis of report

As the Charity Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Steven Mugglestone BA(Hons) FCA
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
CV34 4EW

Dated: 29/9/22

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2022

	Note	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total £
Income from:							
Donations and grants	2	1,260	99,223	100,483	1,122	120,878	122,000
Charitable activities	3	70,968	221	71,189	72,002	-	72,002
Other trading activities	4	90,838	422	91,260	82,126	-	82,126
Investments		87	-	87	101	-	101
Total Income		<u>163,153</u>	<u>99,866</u>	<u>263,019</u>	<u>155,351</u>	<u>120,878</u>	<u>276,229</u>
Expenditure on:							
Charitable activities	5	184,742	65,582	250,324	117,307	108,849	226,156
Total Expenditure		<u>184,742</u>	<u>65,582</u>	<u>250,324</u>	<u>117,307</u>	<u>108,849</u>	<u>226,156</u>
Net income / (expenditure)		(21,589)	34,284	12,695	38,044	12,029	50,073
Transfers between funds		-	-	-	-	-	-
Net movement in funds		<u>(21,589)</u>	<u>34,284</u>	<u>12,695</u>	<u>38,044</u>	<u>12,029</u>	<u>50,073</u>
Total funds brought forward		165,673	411,305	576,978	127,629	399,276	526,905
Total funds carried forward	12	<u>144,084</u>	<u>445,589</u>	<u>589,673</u>	<u>165,673</u>	<u>411,305</u>	<u>576,978</u>

The notes on pages 15 to 22 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2022

	Note	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total £
Fixed Assets							
Tangible assets	8	-	350,857	350,857	-	359,870	359,870
Current Assets							
Stocks		429	292	721	300	-	300
Debtors	9	21,634	3,197	24,831	25,494	18,327	43,821
Cash at bank and in hand		130,805	92,954	223,759	155,667	35,675	191,342
		<u>152,868</u>	<u>96,443</u>	<u>249,311</u>	<u>181,461</u>	<u>54,002</u>	<u>235,463</u>
Creditors							
Amounts falling due within one year	10	(8,784)	(1,711)	(10,495)	(15,788)	(2,567)	(18,355)
Net Current Assets		<u>144,084</u>	<u>94,732</u>	<u>238,816</u>	<u>165,673</u>	<u>51,435</u>	<u>217,108</u>
Total assets less current liabilities		<u>144,084</u>	<u>445,589</u>	<u>589,673</u>	<u>165,673</u>	<u>411,305</u>	<u>576,978</u>
Net Assets		<u>144,084</u>	<u>445,589</u>	<u>589,673</u>	<u>165,673</u>	<u>411,305</u>	<u>576,978</u>
Funds of the Charity							
Unrestricted	12			144,084			165,673
Restricted	12			445,589			411,305
Total Charity Funds				<u>589,673</u>			<u>576,978</u>

The charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for:

- ensuring that the charitable company keeps accounting records that comply with sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (company no. 6181997)
BALANCE SHEET
AS AT 31st MARCH 2022

The Financial Statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The Financial Statements were approved by the Board of Trustees on 29/9/22 and signed on its behalf by:



Deborah Saunders
Trustee

The notes on pages 15 to 22 form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2022

1. Accounting Policies

a) Basis of Preparation

The Charity constitutes a public benefit entity as defined by FRS 102. The Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Financial Statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Company Status

The Charity is a company limited by guarantee in England & Wales. The members of the Company are the Trustees. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

c) Income

All incoming resources are included in the Statement of Financial Activities (SOFA) when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. No amounts are included in the Financial Statements for services donated by volunteers.

d) Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

e) Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Support costs are allocated to particular charitable activities on a basis consistent with the use of the resources.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

1. Accounting Policies (continued)

f) Tangible Fixed Assets and Depreciation

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	50 Years Straight Line Basis
Fixtures and Fittings	3 to 10 Years Straight Line Basis

g) Stock

Stock consists of purchased goods for resale and is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow-moving items.

h) Debtors and Creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

i) Pensions

The Company operates a defined contribution pension scheme. The assets of the scheme are held separately from the company in an independently administered Fund. Contributions payable to the scheme are charged to the SOFA in the period in which they relate.

j) Taxation

The Charity is exempt from income tax and capital gains tax within the exemption granted by sections 521 – 536 of the Income Taxes Act 2007. The Charity has borne VAT on its expenditure where appropriate.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2022

2. Donations and Grant Income

	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total £
Donations	1,260	860	2,120	672	435	1,107
Warwick District Council	-	7,730	7,730	-	13,799	13,799
Warwickshire County Council	-	21,644	21,644	-	1,378	1,378
Big Lottery Fund	-	7,773	7,773	-	15,282	15,282
Orbit	-	18,757	18,757	-	6,257	6,257
National Lottery	-	-	-	-	40,000	40,000
Charities Aid Foundation	-	-	-	-	19,058	19,058
European Social Fund	-	311	311	-	11,470	11,470
Heart of England Community Foundn	-	36,000	36,000	-	-	-
Other grants	-	6,148	6,148	450	13,199	13,649
	1,260	99,223	100,483	1,122	120,878	122,000

3. Charitable Activities Income

	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total £
Community Café	31	221	252	-	-	-
Activities	937	-	937	2,002	-	2,002
Service Level Agreements	70,000	-	70,000	70,000	-	70,000
	70,968	221	71,189	72,002	-	72,002

4. Other Trading Activities Income

	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £	2021 Restricted £	2021 Total £
Room hire	89,960	-	89,960	72,124	-	72,124
Other income	878	422	1,300	10,002	-	10,002
	90,838	422	91,260	82,126	-	82,126

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2022

5. Charitable Activities Expenditure

	2022	2022	2022	2021	2021	2021
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Direct Costs						
Staff costs (note 6)	116,545	35,016	151,561	78,793	54,617	133,410
Consultants & staff expenses	654	156	810	504	355	859
Volunteer expenses	83	302	385	24	-	24
Premises utilities	22,080	-	22,080	10,133	2,654	12,787
Premises maintenance	11,381	200	11,581	6,930	2,000	8,930
Security	3,810	-	3,810	2,054	1,000	3,054
Insurance	2,883	-	2,883	2,131	513	2,644
Telephone	4,092	994	5,086	1,572	1,897	3,469
Printing, postage & stationery	5,703	2,079	7,782	1,341	3,400	4,741
IT & computer costs	8,139	3,123	11,262	2,764	5,900	8,664
Sundry equipment	492	-	492	-	-	-
Publicity	-	17	17	-	104	104
Sundry expenses	1,335	1,114	2,449	3,065	2,816	5,881
Hospitality	586	270	856	201	-	201
Community Café purchases	468	829	1,297	202	554	756
Project costs	912	12,469	13,381	770	21,426	22,196
Depreciation	-	9,013	9,013	884	9,013	9,897
Interest payable	-	-	-	4	-	4
Bank charges	259	-	259	237	-	237
	179,422	65,582	245,004	111,609	106,249	217,858
Support Costs						
Independent Examiner's fees	1,545	-	1,545	2,316	1,600	3,916
Legal & professional fees	3,775	-	3,775	3,382	1,000	4,382
	5,320	-	5,320	5,698	2,600	8,298
	184,742	65,582	250,324	117,307	108,849	226,156

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2022

6. Staff Costs	2022	2021
	£	£
Staff costs during the year amounted to:		
Salaries and wages	144,908	128,865
Social security costs	4,153	2,747
Pension costs	2,270	1,784
Recruitment costs	230	14
	<u>151,561</u>	<u>133,410</u>
	=====	=====

No employee received emoluments over £60,000.

The average number of staff during the year was 11 (2021 – 11).

7. Trustees' Remuneration and Benefits

No Trustees received any remuneration, benefits or expenses during the current or prior year.

8. Tangible Fixed Assets

	Freehold Property £	Fixtures & Fittings £	Total £
Cost			
At 1 April 2021	450,671	49,434	500,105
Additions	-	-	-
Disposals	-	(1,074)	(1,074)
	<u>450,671</u>	<u>48,360</u>	<u>499,031</u>
At 31 March 2022	450,671	48,360	499,031
	<u>450,671</u>	<u>48,360</u>	<u>499,031</u>
Accumulated Depreciation			
At 1 April 2021	90,801	49,434	140,235
Charge for period	9,013	-	9,013
Disposals	-	(1,074)	(1,074)
	<u>99,814</u>	<u>48,360</u>	<u>148,174</u>
At 31 March 2022	99,814	48,360	148,174
	<u>99,814</u>	<u>48,360</u>	<u>148,174</u>
Net Book Values			
At 31 March 2022	350,857	-	350,857
	=====	=====	=====
At 31 March 2021	359,870	-	359,870
	=====	=====	=====

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2022

9. Debtors

	2022	2021
	£	£
Trade debtors	22,745	39,538
Accrued income	-	1,443
Prepayments	2,086	2,840
	<u>24,831</u>	<u>43,821</u>
	=====	=====

10. Creditors: Amounts Falling Due Within One Year

	2022	2021
	£	£
Trade creditors	6,609	2,078
Other creditors	134	-
Accruals	3,752	16,277
	<u>10,495</u>	<u>18,355</u>
	=====	=====

11. Related Party Transactions

There were no related party transactions during the year.

12. Movements on Funds

	Balance At 01.04.21	Incoming Resources	Resources Expended	Transfers In Period	Balance At 31.03.22
	£	£	£	£	£
(i) Unrestricted funds:					
General Funds	165,673	163,153	(184,742)	-	144,084
(ii) Restricted funds:					
Regenesis 2 Assets	359,870	-	(9,013)	-	350,857
Triple Link Dementia Café	25,837	8,103	(3,533)	-	30,407
Young Families	2,927	-	(2,800)	-	127
Sport and Physical Activity	1,016	-	(87)	-	929
CSW Sport	501	-	(223)	-	278
Orbit	1,989	19,210	(25,174)	-	(3,975)
Secret Garden	624	713	(333)	-	1,004
Bereavement	774	1,226	(151)	-	1,849
Social Prescribing	2,456	-	-	-	2,456
	<u>395,994</u>	<u>29,252</u>	<u>(41,314)</u>	<u>-</u>	<u>383,932</u>
Carried forward	395,994	29,252	(41,314)	-	383,932

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2022

12. Movements on Funds (continued)

	Balance At 01.04.21 £	Incoming Resources £	Resources Expended £	Transfers In Period £	Balance At 31.03.22 £
Brought forward	395,994	29,252	(41,314)	-	383,932
Homework Club	1,043	-	-	-	1,043
Physical Activity	610	-	-	-	610
Census Support Good Things Foundation	1,142	1,960	(2,248)	-	854
Enhanced Foodbank	4,881	14,669	(9,302)	-	10,248
ESF Employment and Digital	935	311	(2,544)	-	(1,298)
WDC CEV Fund	300	1,730	(1,720)	-	-310
WDC COMF	6,400	-	(497)	-	5,903
Heart of England Community Foundation	-	23,200	-	-	23,200
WCC Long Covid Support	-	21,644	(6,839)	-	14,805
WDC Social Isolation	-	6,000	(18)	-	5,982
WDC IT Suite Screens	-	1,100	(1,100)	-	-
	411,307	99,866	(65,582)	-	445,589
TOTAL FUNDS	576,978	263,019	(250,324)	-	589,673

13. Restricted Funds

Regenesis 2 Assets	This was the value of assets granted to the Charity. The balance is reducing as the assets depreciate. Until 18 th August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.
Triple Link Dementia Café	This is to expand and further develop a service for those suffering from dementia together with support for their carers.
Young Families	This fund is to support young families and to encourage better health and wellbeing outcomes using physical activity.
Sport and Physical Activity	This fund was from Warwick District Council for the Community Physical Activity Social Prescribing Project.
CSW Sport	This fund is to pilot an approach to social prescribing to community sport and physical activities.
Orbit	This is a 2 year contract (Jan 21-Dec 22) to deliver health & wellbeing support to all Orbit customers

13. Restricted Funds (continued)

Secret Garden	This fund is for a greenhouse and garden materials.
Bereavement	This fund is to support people who have suffered a bereavement.
Social Prescribing	This fund is for Social Prescribing work.
Homework Club	This fund is to enable support for homework.
Physical Activity	This fund is to support physical activity.
Census Support Good Things Foundation	This fund is for supporting the community with the online census.
Enhanced Foodbank	This fund is to provide local families with 'chilled' goods up to the value of £20.
ESF Employment and Digital	This fund is for money to run targeted employment skills programmes.
WDC CEV Fund	This fund is for providing vital support to local Clinically Extremely Vulnerable residents.
WDC COMF	This fund is for Covid Outbreak Communication and support of those in lockdown isolation.
Heart of England Community Foundation	This Fund is for recruitment of a 'Community Food provision project worker' to support the Chilled foodbag scheme that was set up in COVID.
WCC Long Covid Support	This fund is for providing 'Long Covid support groups' to those affected throughout South Warwickshire
WDC Social Isolation	This fund is to cover costs associated with the 'Emergency Chilled Food scheme'
WDC IT Suite Screens	Grant received from Warwick District Council to cover the cost of dividing screens in the IT Suite.

Accounts

REGISTERED COMPANY NUMBER: 06181997 (England and Wales)
REGISTERED CHARITY NUMBER: 1125500

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

LDP Luckmans
1110 Elliott Court
Coventry Business Park
Herald Avenue
Coventry
West Midlands
CV5 6UB

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

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**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

The Trustees who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 2015).

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity and its principal activities as stated in the Memorandum and Articles of Association are as follows:

The promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

A. The relief of poverty;

B. The advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;

C. The provision of financial assistance, technical assistance, or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:

(i) In setting up their own business; or (ii) To existing businesses;

D. The maintenance, improvement or provision of public amenities;

E. The provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;

F. The provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;

G. Such other means as may from time to time be determined subject to the prior written consent of the Charity Commissioners of England and Wales.'

The Aims and Objectives as with many charities are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Organisation's vision and core values stated:

Vision

A healthy community which fulfils its potential.

Tag Line

Being Here for Local Communities

Priority needs/objectives of BHLC

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up to date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open & transparent
- Creating a safe environment
- To empower our customer
- Removing barriers and improving access
- Value and respect individuals

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

OBJECTIVES AND ACTIVITIES

Significant activities

Public Benefit

Brunswick Hub is a multi-service venue which Brunswick Healthy Living Centre (BHLC) Limited manages and coordinates. Warwickshire NHS services reside in a third of the building. While it manages its own services, the Hub Staff Team do have an overall coordinating role to play. Through partnership working, the Hub acts as a holistic venue, offering services to the community addressing health and wellbeing issues.

BHLC is committed to identifying areas of need and developing services to address these needs.

Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

How our activities deliver public benefit

In shaping our objectives and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit.

This Extraordinary Year: This year has seen us with the rest of the country be put into an extraordinary situation with the outbreak of the COVID-19 pandemic. On March 23rd 2020 management closed our doors and moved all the services we could onto telephone and remote support. Some services were temporarily closed whilst others grew. The staff adapted to homeworking and provided key information to the local community. In August 2020 the HUB was able to reopen after providing changes to the space inside to make it safe and accessible to all users including those with NHS appointments and the staff team. Many changes continued to take place throughout the year adapting the services to provide COVID related support.

The main activities focus on: economic health; digital and employment; mental wellbeing; health and well-being; access to services and encouraging independent living; also access to accurate and up to date information regarding health and all its related issues for the general public including all COVID-19 government messaging.. Throughout the year, **770 NEW** individuals registered to use a diverse range of services and activities in addition to last year's figure of 4 **45 NEW registrations**.

NHS

The Brunswick HUB supports the NHS with a space to enable them to provide various community based clinics.

The Community Café

On 23rd March 2020 unfortunately the Café closed due to COVID-19 Pandemic and the Hub closure in the first government lockdown, The café still remains closed to public and is currently being used as a base for a new scheme that was born out of the pandemic 'Emergency Chilled Goods for Families' since setting this up in September 2020 we have helped over 150 families with chilled goods (Approx £20 worth of goods including bread, milk, cheese, eggs, frozen and chilled meats - Dietary requirements were also catered for where needed) through this scheme we have been able to identify any additional help they may need and referred them to either our own health & wellbeing officers or to other external partnering agencies.

Physical Activities for the community

During this Year the physical activity package has been one of the services we have had to cease following government guidelines. However the dance school (Jaykays) and walking group have stayed committed and will be resuming as soon as the guidelines allow.

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

OBJECTIVES AND ACTIVITIES

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week; many varied activities that support health and wellbeing and employment in its widest sense are run from the premises;

Throughout March 20 - August 20 there was no Roomhire revenue due to the restrictions. From August 20 we were able to slowly introduce some services back into the HUB and was able to welcome back the NHS, Emis eyecare and Jaykays dance (temporarily through lockdowns). We also have a very successful baby/toddler group who have been using our Community Hall and this service alone has seen a footfall of 439 again operating within the guidelines. With a new Government 'roadmap' being announced it looks promising to reopen more services in the next financial year (21-22) so this should see the roomhire pick back up. In the interim core funding was secured through the National Lottery to bridge the gap for 6 months of lost revenue.

Room hire rates have continued to be kept to an affordable minimum for community use. For statutory and commercial users, the rate is graduated upwards but still affordable.

Community Computer Facilities-digital inclusion

The total number of computers available for community use is 30. This makes Brunswick Hub one of the best equipped community facilities in Warwick District. Clients have access to the Employment Clubs and digital support although this has been intermittent through this past year. The pandemic has unfortunately impacted the use of the community computers located in the reception area (general use), when restrictions have allowed we have opened the usage up on an appointment basis which saw a total of 204 users.

Volunteer Programme

The Volunteer Programme remains an essential component of the Hub. However most of the current volunteers have not been at the Hub due to the pandemic. Volunteers have been supported through regular emails and contact from staff for their Health & Wellbeing as some of the ones we work with were classed as vulnerable. We hope that the next year will see us welcome them back into the centre. The Recruitment will continue to be through advertising, networking and word of mouth. Volunteers are encouraged to visit the Hub to see what is on offer and to experience a one to one taster session before committing to becoming a full volunteer. Volunteers have an essential role in the smooth running of the Hub; it relies heavily on their input for the day-to-day running across all services and activities delivered.

Members of the team BHLC is still very proud of its inclusive Volunteering Programme offering volunteering opportunities to all. Volunteers are valued and supported whilst learning new skills and gaining valuable experience.

We work in Partnership with WCAVA and use an on-line system to match potential volunteers to opportunities within the HUB

The Volunteer Programme continues to provide an invaluable social value to the community as well as to the individual volunteers.

Gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity & social isolation the 'Secret Garden' is a well-used facility in the summer months encouraging gardening skills and social interaction. The Garden has also been enhanced with local companies donating goods and funding being secured. We have had a dedicated volunteer overseeing the garden and has been used by many different groups including Mental Health Together (MHT) who have been delivering different projects from the garden weekly throughout the year. During the pandemic the work in the garden has continued and we were commended with a 'Leamington in Bloom' award.

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

OBJECTIVES AND ACTIVITIES

Employment Clubs

The current funding for the Employment Clubs of BHLC comes from a Warwick District Council which the SLA. During this year the employment services have run both online and when allowed face to face appointments. These employment sessions run to assist clients to increase their employability skills and also offer facilities such as CV writing, interview skills, work experience and general job searches. During a very uncertain time for employment we have had **93 NEW** registrations and was able to help **95** people attend interviews with **45** job offers. We created a dedicated Facebook page that had over **350** followers and a 'Energise employment group with **109** members. We received funding from ESF to run courses for those unemployed over 6 months or more and also ran a COVID support group via social media. The employment club drop in sessions have ran when restrictions have allowed.

Work Experience and College Trainees

The Work Experience Programme has a partnership with Warwickshire College. This, together with our strong links with Job Centre Plus, allows us to offer work placement opportunities to all age groups including young people. Unfortunately, we have been unable to take any Young people on in this year, the scheme was due to start again in March 2020 but was put on hold due to the COVID situation. We will look to start again later in 2021.

Digital Inclusion

This is another Service that complements our Employment Services and offers access to I.T. skills for the local community. The decision was made to incorporate these services within the employment package through the pandemic.

Dementia Café / Triple Link

This Service is for people affected by dementia and also their carers. Due to vulnerability of these clients all contact was taken online and through regular calls to the clients and their families. Newsletters were produced and 121 telephone support was provided for those really struggling with lockdown. Plans will include the reopening of the Dementia Café in 2021 when it is safe to do so.

Citizens Advice Drop-in

This service was ceased by the CAB in March 2020 and will be reviewed by them when it is felt they can open face to face appointments safely. All enquiries are by telephone direct.

ASD (Autism Spectrum Disorder) Support

Through the pandemic we came across many families who needed support in this area. We were able to support over 30 families with things such as Early Help meetings and general advice. In doing this we work alongside many different agencies including Schools, nurseries, health visitors, safeline, family support, social workers, adult provision and many more. We have set up online meetings and a Facebook page (closed for parents) and we are hoping in 2021 to secure funding to do targeted support and build on the foundation of work already in progress.

Bereavement Support

Through COVID this service has become a vital part of our support to the local community, we have 121 telephone support and also been able to run some group sessions. Over 20 individuals have benefitted from this with a growing waiting list for 2021 sessions. Funding from various sources has been secured for this with further funding being looked into.

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

OBJECTIVES AND ACTIVITIES

A Selection of Partners Worked with in the Year there are many more

Service	Hire
Warwickshire District Council (Community Partnership Team)	Adventure babies
Warwickshire County Council	NHS Property
South Warwickshire Clinical Commissioning Group	Jaykays
Early Help	Wiseability
Alzheimer's Society	ROSA/IAPT
Waterside Medical Centre	The M in STEM CIC
Lisle Court Medical Centre	Central England Lipreading Support Trust
Safer Neighbourhoods Partnership Team	Standguide
the SYDNI Centre	Relate
Age UK	ICS/Health
Medical Health Together	
NHS - Health Visitors, Podiatry, Dietitian, Speech & language, Sexual Health & orthoptist	

Communities Together Network

BHLC is part of the development of the Warwick District network of community organisations. This Network is an important space to share good practice, support each other and develop collaborations. It regularly meets bi-monthly with membership consisting of Warwick District Community Hubs, WCAVA, Citizens Advice, SYDNI, The Gap and the Chain. All Members hold contracts with WDC and some also with Orbit Heart of England. The over-arching aim is to maximise resources at all levels for the communities that are served. It also aims to deliver a more joined up service across the District.

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

ACHIEVEMENT AND PERFORMANCE

Funding

Funding for the year 2020-21 was generated from several sources

Contracted Services/SLA
Orbit
NHS Recharge
Big Lottery Fund
National Lottery
District & County Council Covid related funding pots
ESF
Room Hire
Miscellaneous income

Contracted services and SLA's were awarded by Warwickshire District Council to BHLC for three years commencing in June 2018 for the provision of Employment Services and Social Inclusion Activities.

The NHS Recharge is calculated on an agreed formula of building maintenance cost, building service cost and management cost and is paid quarterly on a 999-year lease. Utilisation of the NHS space has improved significantly in the year, as more Health departments see BHLC as an organisation to provide opportunities to deliver additional services. 2018 saw a revamp of the old dental rooms so Podiatry could run more services including the new 'Shoe fitting service'. We continue to have dialogue with key strategic NHS personnel to maximize the use of the NHS facility and we now have 6 different services running from the area including child health (Health Visitors, Orthoptist & Speech & Language)

The Big Lottery Reaching Communities funding received in the Year, allows the Brunswick Hub to run and develop its dementia services for the next 4 years.

National Lottery funding for Core costs to cover lost room hire revenue over 6 months of lockdown

CAF (Charities Aid Foundation) 121 support with benefits/advice & skills in response to the Pandemic

Both District and County Council have provided several funding pots to deliver services in response to the pandemic.

WDC CEV Fund (Clinically Extremely Vulnerable) Providing vital support to local residents

WDC COMF FUND (Covid outbreak Fund) Communication and support of those in lockdown isolation.

WCC EMERGENCY CHILLED GOODS - Secured funding to provide local families with 'chilled' goods up to the value of £20

Western Power - provided food for a Community Turkey batch 'Takeaway' day at Christmas

Census Support (Good Things Foundation) Supporting the community with the 'online Census'

ESF provided money to run targeted employment skills programmes

Room/facility hire provides a significant income stream for the Charity with a wide range of users from those providing employment support, medical services or community activity. The income from room hire helps towards closing the funding gap from what we receive for contracted/SLA services and the demands on BHLC Ltd from these services, the community and operating out of Brunswick Hub.

Miscellaneous Funding - this includes donations and activities by other organisations.

Future funding in the changing economic environment continues to be a challenge. BHLC will work closely with its current funders and organisation such as Orbit to understand their needs and how best we can deliver services to meet their needs

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

Prudent financial management has enabled BHLC to make a surplus within the Year. BHLC has acted responsibly and continues to look at ways to reduce costs, enhance efficiency and improve sustainability. A review of all service contracts has result in significant savings, which will continue into the next financial year.

FINANCIAL REVIEW

Principal funding sources

Our principal funding sources are Warwick District Council, South Warwickshire Clinical Commissioning Group managed by NHS Property and income generated from our room hire.

Investment policy

Any surplus funds are placed on short term deposit.

Reserves policy

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of Free Reserves (that is the Unrestricted Funds not committed or invested in tangible fixed assets) at 31 March 2021 should be £125,000.

The present level of free reserves available to the Charity amounts to £165,671 which is £40,671 higher than the currently estimated needs.

Financial review

Total income amounted to £276,229 (2020 - ££312,990) of which £120,878 (2020 - £67,451) was for restricted purposes. Grants increased by £39K. However, the Community Cafe was closed reducing income by £28k.

Expenditure totalled £226,156 (2020 - £332,696) including £108,849 (2020 - £76,933) spent out of the restricted funds. £133,396 (2020 - £190,455) of this expenditure related to staff costs involved in support services to the charitable activities. There was an unrestricted fund surplus this year of £38,044 compared to a deficit in the 2020 of £10,224

FUTURE PLANS

Work to develop the new Strategic Plan in the forthcoming 3 years (2021-2024) is in progress and will clearly outline and take into consideration the needs of the community following the pandemic.

There are six main Strategic Priorities for the coming year:

To develop a strategic plan to ensure that future services and activities meet local need and priorities.

To implement the priorities identified through the ever changing pandemic fallout.

To maximise income and ensure the future sustainability and efficiency of the Organisation.

To work with Warwick District Council and Orbit Heart of England to ensure our contractual obligations are met and to ensure that the Organisation is in a strong position to enter into new contracting arrangements for 2021 -2024.

To recruit new Trustees to the Board who have a local connection.

To continue and expand the work we do to support and sustain our local community.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document -Memorandum and Articles of Association. The Company was incorporated on 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on 30th June 2008 following consultation with the Charity Commission.

Charitable status was secured on 13th August 2008.

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new Trustees

One Trustee left the board in the year 2020-21 leaving a total of four Trustees

The Board are actively looking to appoint new Trustees to supplement the skills and dedication of remaining Trustees.

Induction and training of new Trustees

New Trustees are given a Trustee Handbook of roles and responsibilities, which includes information about the history, Organisation and management of the Charity. New Trustees are then taken through a recruitment process. This includes an interview with existing Trustees, which provides a platform from which they can outline their contribution to the Organisation.

Organisational structure

There is a clear line of management within the Organisation. In 2018/19 a new CEO and Centre Manager were recruited. However the CEO position was made redundant in March 2020. The Centre Manager is now responsible for the day to day running of the Hub reporting directly to the Trustees.

The Directors and Trustees are elected in accordance with the Governing Document. They have met bi-monthly during a year of transition. No policy or major financial decisions can be taken without the approval of a majority of the Directors/Trustees being present and quorate.

The staffing structure continues to be proactively reviewed during the year to meet business growth.

The current structure is as follows:

Board of Directors

CEO - From January 2019 (22 hours/week) (Redundant from March 2020)

Centre Manager - from end of March 2018 (full time)

Finance Officer (25 hours/week)

Receptionist/Social Media/Volunteer coordinator (22 hours/week)

Coffee Shop Manager & Coffee Shop Relief Assistant (37.5 hours/week)

Employment Club Advisor (20 hours/week)

Triple Link Project Officer/Social Inclusion (25 hours/week)

Digital Inclusion Project Officer (16 hours/week)

Social Prescriber (total 18 hours)

Caretakers x 2 (37.5 hours/week)

Key Partners

Brunswick Healthy Living Centre Ltd has had three key partners this year:

- a) South Warwickshire Clinical Commissioning Group managed by NHS Property Services
- b) Warwick District Council Community Services Department (SLA funding)
- c) Big Lottery Funding

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06181997 (England and Wales)

Registered Charity number
1125500

Registered office
98-100 Shrubland Street
Leamington Spa
Warwickshire
CV31 3BD

Trustees

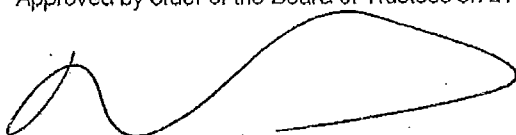
Mrs D E K Saunders Trustee
J P Lyons Company Secretary
Dr S J Sakowicz-Librowski
Mrs M Steven (resigned 21.9.20)
Mrs R J Lavelle
A Wilkinson (resigned 1.7.20)

Company Secretary
J P Lyons

Independent Examiner
LDP Luckmans
1110 Elliott Court
Coventry Business Park
Herald Avenue
Coventry
West Midlands
CV5 6UB

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on 21 October 2021 and signed on its behalf by:



Mrs D E K Saunders - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

Independent examiner's report to the trustees of Brunswick Healthy Living Centre Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M D Spafford
FCCA
LDP Luckmans
1110 Elliott Court
Coventry Business Park
Herald Avenue
Coventry
West Midlands
CV5 6UB

21 October 2021

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	1,122	120,878	122,000	82,791
Charitable activities	5				
Healthy living		72,002	-	72,002	106,811
Other trading activities	3	82,126	-	82,126	122,985
Investment income	4	101	-	101	403
Total		<u>155,351</u>	<u>120,878</u>	<u>276,229</u>	<u>312,990</u>
EXPENDITURE ON					
Charitable activities	6				
Healthy living		117,307	108,849	226,156	332,696
NET INCOME/(EXPENDITURE)		<u>38,044</u>	<u>12,029</u>	<u>50,073</u>	<u>(19,706)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		127,629	399,276	526,905	546,611
TOTAL FUNDS CARRIED FORWARD		<u><u>165,673</u></u>	<u><u>411,305</u></u>	<u><u>576,978</u></u>	<u><u>526,905</u></u>

The notes form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED (REGISTERED NUMBER: 06181997)

BALANCE SHEET
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	11	-	359,870	359,870	369,767
CURRENT ASSETS					
Stocks	12	300	-	300	374
Debtors	13	25,494	18,327	43,821	25,977
Cash at bank		155,665	35,677	191,342	157,739
		<u>181,459</u>	<u>54,004</u>	<u>235,463</u>	<u>184,090</u>
CREDITORS					
Amounts falling due within one year	14	(15,788)	(2,567)	(18,355)	(26,952)
NET CURRENT ASSETS		<u>165,671</u>	<u>51,437</u>	<u>217,108</u>	<u>157,138</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>165,671</u>	<u>411,307</u>	<u>576,978</u>	<u>526,905</u>
NET ASSETS		<u>165,671</u>	<u>411,307</u>	<u>576,978</u>	<u>526,905</u>
FUNDS	15				
Unrestricted funds				165,671	127,629
Restricted funds				411,307	399,276
TOTAL FUNDS				<u>576,978</u>	<u>526,905</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

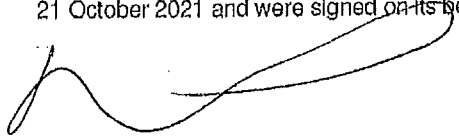
The notes form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

BALANCE SHEET - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2021 and were signed on its behalf by:

A handwritten signature in black ink, appearing to be 'D E K Saunders', written over a horizontal line.

D E K Saunders - Trustee

The notes form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Allocation and apportionment of costs

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. staff time.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 3 to 10 years straight line

Expenditure of less than £1,000 is treated as revenue expenditure. Tangible assets costing more than £1,000 are capitalised and included at cost.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2021 £	2020 £
Donations	1,107	967
Grants	120,893	81,824
	<u>122,000</u>	<u>82,791</u>

Grants received, included in the above, are as follows:

	2021 £	2020 £
Warwick District Council	13,799	1,100
Warwickshire County Council	1,378	-
Big Lottery Fund	15,282	22,001
Orbit	6,257	15,000
National Lottery	40,000	-
Charities Aid Foundation	19,058	-
European Social Fund	11,470	-
Other grants	13,649	43,723
	<u>120,893</u>	<u>81,824</u>

3. OTHER TRADING ACTIVITIES

	2021 £	2020 £
Room hire	72,124	121,961
Other income	10,002	1,024
	<u>82,126</u>	<u>122,985</u>

4. INVESTMENT INCOME

	2021 £	2020 £
Deposit account interest	101	403
	<u>101</u>	<u>403</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021**

5. INCOME FROM CHARITABLE ACTIVITIES

		2021 £	2020 £
Community Cafe income	Activity		
	Healthy living	-	27,648
Activities	Healthy living	2,002	4,163
Service Level Agreements	Healthy living	70,000	75,000
		<u>72,002</u>	<u>106,811</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Healthy living	<u>217,858</u>	<u>8,298</u>	<u>226,156</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Independent Examiner's fees	1,800	1,620
Independent Examiner's fees for other services	2,116	1,696
Depreciation - owned assets	<u>9,897</u>	<u>10,000</u>

The charity paid £Nil for Directors' and officers' indemnity insurance. Last year £Nil.

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

9. STAFF COSTS

	2021 £	2020 £
Wages and salaries	128,865	181,873
Social security costs	2,747	6,117
Other pension costs	1,784	2,455
	<u>133,396</u>	<u>190,445</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Staff	<u>11</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

Total key management personnel remuneration benefits were £26,050 (2020: £32,780).

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	15,747	67,044	82,791
Charitable activities			
Healthy living	106,404	407	106,811
Other trading activities	122,985	-	122,985
Investment income	403	-	403
Total	245,539	67,451	312,990
EXPENDITURE ON			
Charitable activities			
Healthy living	255,763	76,933	332,696
NET INCOME/(EXPENDITURE)	(10,224)	(9,482)	(19,706)
RECONCILIATION OF FUNDS			
Total funds brought forward	137,853	408,758	546,611
TOTAL FUNDS CARRIED FORWARD	127,629	399,276	526,905

11. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2020 and 31 March 2021	450,671	49,434	500,105
DEPRECIATION			
At 1 April 2020	81,788	48,550	130,338
Charge for year	9,013	884	9,897
At 31 March 2021	90,801	49,434	140,235
NET BOOK VALUE			
At 31 March 2021	359,870	-	359,870
At 31 March 2020	368,883	884	369,767

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

12. STOCKS	2021	2020
	£	£
Stocks	<u>300</u>	<u>374</u>
13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Trade debtors	39,538	19,555
Accrued income	1,443	-
Prepayments	<u>2,840</u>	<u>6,422</u>
	<u>43,821</u>	<u>25,977</u>
14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Trade creditors	2,078	2,217
Social security and other taxes	-	1,530
Accrued expenses	<u>16,277</u>	<u>23,205</u>
	<u>18,355</u>	<u>26,952</u>

Income is deferred where it relates to service delivery for a specific period of time after the end of the current financial year.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	126,745	38,926	165,671
Designated Fund - Fixed assets	884	(884)	-
	<u>127,629</u>	<u>38,042</u>	<u>165,671</u>
Restricted funds			
Regenesis 2 Assets	368,883	(9,013)	359,870
Triple Link	14,416	11,421	25,837
Young Families	3,237	(310)	2,927
Sport and Physical Activity	1,016	-	1,016
CSW Sport	501	-	501
Orbit	-	1,990	1,990
Secret Garden	887	(263)	624
Bereavement	1,332	(557)	775
Social Prescribing	7,501	(5,045)	2,456
Homework Club	1,043	-	1,043
Physical Activity	460	150	610
Census Support Good Things			
Foundation	-	1,142	1,142
Enhanced Foodbank	-	4,881	4,881
ESF Employment and Digital	-	935	935
WDC CEV Fund (Clinically Extremely			
Vulnerable)	-	300	300
WDC COMF	-	6,400	6,400
	<u>399,276</u>	<u>12,031</u>	<u>411,307</u>
TOTAL FUNDS	<u><u>526,905</u></u>	<u><u>50,073</u></u>	<u><u>576,978</u></u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	154,901	(115,975)	38,926
Designated Fund - Fixed assets	-	(884)	(884)
Western Power Grant	450	(450)	-
	<u>155,351</u>	<u>(117,309)</u>	<u>38,042</u>
Restricted funds			
Regenesi 2 Assets	-	(9,013)	(9,013)
Triple Link	15,284	(3,863)	11,421
Young Families	-	(310)	(310)
Orbit	6,256	(4,266)	1,990
Secret Garden	-	(263)	(263)
Bereavement	151	(708)	(557)
Social Prescribing	-	(5,045)	(5,045)
Physical Activity	-	150	150
National Lottery Covid19 Reponse	40,000	(40,000)	-
CAF	19,057	(19,057)	-
Census Support Good Things			
Foundation	3,417	(2,275)	1,142
Enhanced Foodbank	10,065	(5,184)	4,881
ESF Employment and Digital	11,470	(10,535)	935
WCC Covid-19	1,378	(1,378)	-
WDC CEV Fund (Clinically Extremely Vulnerable)	1,730	(1,430)	300
WDC COMF	12,070	(5,670)	6,400
	<u>120,878</u>	<u>(108,847)</u>	<u>12,031</u>
TOTAL FUNDS	<u>276,229</u>	<u>(226,156)</u>	<u>50,073</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	135,982	(9,237)	126,745
Designated Fund - Fixed assets	1,871	(987)	884
	<u>137,853</u>	<u>(10,224)</u>	<u>127,629</u>
Restricted funds			
Regenesi 2 Assets	377,896	(9,013)	368,883
Triple Link	12,211	2,205	14,416
Asda	815	(815)	-
Hall Refurbishment	2,250	(2,250)	-
Lisle Court	928	(928)	-
Young Families	1,500	1,737	3,237
Croft Medical	3,458	(3,458)	-
Sport and Physical Activity	1,200	(184)	1,016
CSW Sport	5,000	(4,499)	501
Secret Garden	1,000	(113)	887
Love to Move	2,500	(2,500)	-
Bereavement	-	1,332	1,332
Social Prescribing	-	7,501	7,501
Homework Club	-	1,043	1,043
Physical Activity	-	460	460
	<u>408,758</u>	<u>(9,482)</u>	<u>399,276</u>
TOTAL FUNDS	<u>546,611</u>	<u>(19,706)</u>	<u>526,905</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	245,539	(254,776)	(9,237)
Designated Fund - Fixed assets	-	(987)	(987)
	<u>245,539</u>	<u>(255,763)</u>	<u>(10,224)</u>
Restricted funds			
Regenesi 2 Assets	-	(9,013)	(9,013)
Triple Link	23,218	(21,013)	2,205
Asda	3,430	(4,245)	(815)
Hall Refurbishment	23,618	(25,868)	(2,250)
Lisle Court	-	(928)	(928)
Young Families	2,520	(783)	1,737
Croft Medical	-	(3,458)	(3,458)
Sport and Physical Activity	-	(184)	(184)
CSW Sport	-	(4,499)	(4,499)
Secret Garden	925	(1,038)	(113)
Love to Move	1,100	(3,600)	(2,500)
Arts & Crafts	275	(275)	-
Bereavement	1,332	-	1,332
Social Prescribing	8,990	(1,489)	7,501
Homework Club	1,043	-	1,043
Physical Activity	1,000	(540)	460
	<u>67,451</u>	<u>(76,933)</u>	<u>(9,482)</u>
TOTAL FUNDS	<u><u>312,990</u></u>	<u><u>(332,696)</u></u>	<u><u>(19,706)</u></u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	135,982	29,689	165,671
Designated Fund - Fixed assets	1,871	(1,871)	-
	<u>137,853</u>	<u>27,818</u>	<u>165,671</u>
Restricted funds			
Regenesis 2 Assets	377,896	(18,026)	359,870
Triple Link	12,211	13,626	25,837
Asda	815	(815)	-
Hall Refurbishment	2,250	(2,250)	-
Young Families	1,500	1,427	2,927
Sport and Physical Activity	1,200	(184)	1,016
CSW Sport	5,000	(4,499)	501
Orbit	-	1,990	1,990
Secret Garden	1,000	(376)	624
Love to Move	2,500	(2,500)	-
Bereavement	-	775	775
Social Prescribing	-	2,456	2,456
Homework Club	-	1,043	1,043
Physical Activity	-	610	610
Census Support Good Things	-	-	-
Foundation	-	1,142	1,142
Enhanced Foodbank	-	4,881	4,881
ESF Employment and Digital	-	935	935
WDC CEV Fund (Clinically Extremely	-	-	-
Vulnerable)	-	300	300
WDC COMF	-	6,400	6,400
	<u>404,372</u>	<u>6,935</u>	<u>411,307</u>
TOTAL FUNDS	<u>546,611</u>	<u>30,367</u>	<u>576,978</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	400,440	(370,751)	29,689
Designated Fund - Fixed assets	-	(1,871)	(1,871)
Western Power Grant	450	(450)	-
	<u>400,890</u>	<u>(373,072)</u>	<u>27,818</u>
Restricted funds			
Regenesis 2 Assets	-	(18,026)	(18,026)
Triple Link	38,502	(24,876)	13,626
Asda	3,430	(4,245)	(815)
Hall Refurbishment	23,618	(25,868)	(2,250)
Young Families	2,520	(1,093)	1,427
Sport and Physical Activity	-	(184)	(184)
CSW Sport	-	(4,499)	(4,499)
Orbit	6,256	(4,266)	1,990
Secret Garden	925	(1,301)	(376)
Love to Move	1,100	(3,600)	(2,500)
Bereavement	1,483	(708)	775
Social Prescribing	8,990	(6,534)	2,456
Homework Club	1,043	-	1,043
Physical Activity	1,000	(390)	610
National LotteryCovid19 Reponse	40,000	(40,000)	-
CAF	19,057	(19,057)	-
Census Support Good Things			
Foundation	3,417	(2,275)	1,142
Enhanced Foodbank	10,065	(5,184)	4,881
ESF Employment and Digital	11,470	(10,535)	935
WCC Covid-19	1,378	(1,378)	-
WDC CEV Fund (Clinically Extremely			
Vulnerable)	1,730	(1,430)	300
WDC COMF	12,070	(5,670)	6,400
	<u>188,054</u>	<u>(181,119)</u>	<u>6,935</u>
TOTAL FUNDS	<u>589,219</u>	<u>(558,852)</u>	<u>30,367</u>

Purposes of Designated Funds

Fixed Assets: The fixed assets fund is the value of unrestricted funds represented by the tangible fixed assets owned by the charitable company.

Purposes of Restricted Funds

Regenesis 2 Assets: This was the value of assets granted to the charity. The balance is reducing as the assets depreciate. Until 18 August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.

Triple Link Dementia Café: This is to expand and further develop a service for those suffering from dementia together with support for their carers.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021**

15. MOVEMENT IN FUNDS - continued

Breakthrough: This is a partnership project to provide support to people with complex needs who are seeking employment.

Asda. This is to fund decoration, community storage and furniture for the centre.

Hall Refurbishment: This fund is to transform the community hall into an adapted, flexible space, able to provide a professional conference experience including quality audio/visual facilities.

Lisle Court: This funding is to support the improvement of health outcomes for patients across the wider determinants of health in Brunswick ward working with health professionals in a GPs surgery.

Lloyds Enable: This fund was for the strategic development of the Hub.

Sequence dancing: This fund is to pump prime the start of a sequence dancing activity.

Young Families: This fund is to support young families and to encourage better health and wellbeing outcomes using physical activity.

Croft Medical. This fund is to support a member of staff in their Social Prescribing work.

Sport and Physical Activity. This fund was from Warwick District Council for the Community Physical Activity Social Prescribing Project.

CSW Sport. This fund is to pilot an approach to social prescribing to community sport and physical activities.

Secret Garden. This fund is for a greenhouse and garden materials.

Love to Move. This fund is from Warwick District Council and is for dementia friendly physical activity and training.

Bereavement Fund. This fund is to support people who have suffered a bereavement.

Social Prescribing Fund. This fund is for Social Subscribing work.

Homework Club. This fund is to enable support for homework.

Physical Activity.. This fund is to support physical activity.

CAF - This fund was from Charities Aid Foundation to support with benefits/advice & skills in response to the Pandemic

Census Support Good Things Foundation - This fund is for supporting the community with the 'online Census'

Enhanced Foodbank - This fund is for to provide local families with 'chilled' goods up to the value of £20.

ESF Employment and Digital - This fund is for money to run targeted employment skills programmes.

WCC Covid-19 - This fund is for support relating to Covid 19

WDC CEV Fund - This fund is for Clinically Extremely Vulnerable providing vital support to local residents

WDC COMF - This fund is for Covid Outbreak Communication and support of those in lockdown isolation.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.