MISGAV

England & Wales · Charity number 1125362

Details

Other names	MISGAV GIVING ADULTS SPECIAL MOMENTS
Status	Registered
Legal form	Other
Registered	2008-08-05
Register	View on the Charity Commission register

Contact

Address	48 Northfield Road London N16 5RN
Phone	020 7998 3782
Email	admin@misgav.org.uk
Website	www.misgav.org.uk

Activities

Objects: 1) THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME OCCUPATION FOR GIRLS AND YOUNG WOMEN WHO ARE IN NEED OF SUCH PROVISION BECAUSE OF PHYSICAL, EMOTIONAL OR MENTAL DISABILITIES, WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.2) THE PROMOTION AND ADVANCEMENT OF EDUCATION FOR GIRLS AND YOUNG WOMEN WHO ARE IN NEED OF SUCH PROVISION BECAUSE OF PHYSICAL, EMOTIONAL OR MENTAL DISABILITIES, ENABLING THEM TO ACQUIRE THE SKILLS AND KNOWLEDGE NECESSARY FOR THEM TO BECOME INTEGRATED INTO GENERAL SOCIETY, IN PARTICULAR BUT NOT EXCLUSIVELY DOMESTIC SKILLS.3) TO PROVIDE RESPITE BREAKS TO PARENTS/CARERS OF YOUNG PEOPLE WITH DISABILITIES, WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE YOUNG PEOPLE WITH DISABILITIES.4) THE PROMOTION OF ANY OTHER EXCLUSIVELY CHARITABLE OBJECTS AND PURPOSES SUCH AS THE TRUSTEES SEE FIT, PROVIDED THAT THEY ARE REGARDED AS CHARITABLE BY THE LAW OF ENGLAND AND WALES.

Activities: In 2021 Misgav's trustees decided to change Misgav's structure to a charitable company. A successor charity was established, registered as Misgav UK Ltd (charity reg. no. 1211067). On 01/04/25, Misgav's operations and assets were transferred to the successor charity.

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Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Education/training, Disability, Arts/culture/heritage/science, Amateur Sport
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** LOCAL
- Barnet
- Hackney
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£861,979	£863,604	£226,880	100
2024-03-31	£745,318	£742,056	£228,505	75
2023-03-31	£646,372	£648,316	£225,243	66
2022-03-31	£424,322	£456,206	-	-
2021-03-31	£356,251	£253,371	-	-

Trustees

Name	Role	Appointed
YUTTA DOMB	Chair	2014-03-19
Toby Berger		2014-03-20
Zeldy Frankel		2014-03-19

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MISGAV

England & Wales - Charity number 1125362

Accounts

FINDING A **HOME**

misgav

Registered Charity Number
1125362



ANNUAL REPORT AND ACCOUNTS
For year ending
31st March 2025

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TRUSTEES' ANNUAL REPORT

STRUCTURE, GOVERNANCE AND OBJECTS

Misgav is governed by its Trust Deed dated February 2006, which states the object of improving the lives of disabled women. The charity is an unincorporated registered charity, registration number 1125362. The Board of Trustees are responsible for the governance and overall management of the organisation. The Trustees who served the charity during this period were:

Mrs Yutta Domb
Mrs Toby Berger
Mrs Katalin Tesler
Mrs Zeldy Frankel

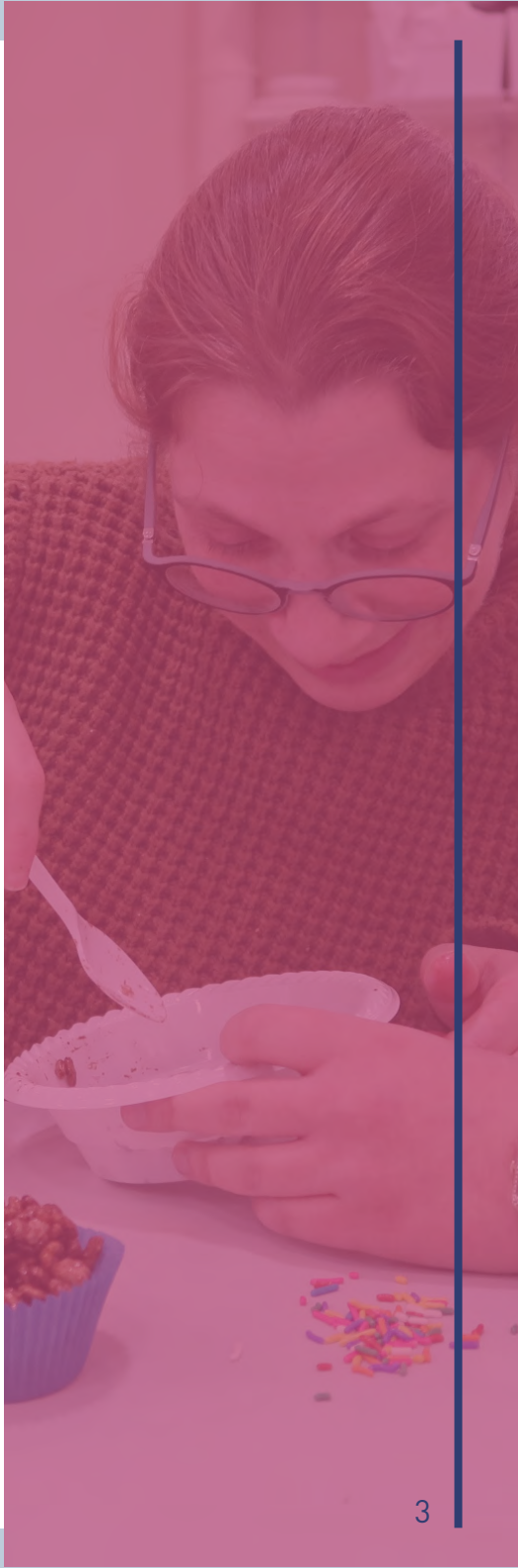
Day-to-day management of activities is carried out by two Co-Directors, supported by Project Managers, a Finance Manager and administrative support. Misgav's activities are supervised and run by 13 part-time employees, 2 full-time employees (total 10 FTE), 90+ sessional staff members, as well as 25 dedicated volunteers. The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. New Trustees are recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by a resolution of the Trustees, which is recorded in the minutes and signed by a Trustee. New Trustees are given induction and appropriate training by the current Trustees.

OBJECTS

Our primary, overarching aim continues to be to improve the lives of disabled women, supporting them in developing their life skills, improving their health and wellbeing, and enhancing their opportunities to lead a safe and fulfilling life whilst achieving their individual potential. Misgav's secondary aim is to continue to support users' parents/carers and family members, by providing them with essential regular respite from their ongoing, increasingly stressful task as caregivers, as both they and their daughters grow older.

PUBLIC BENEFIT

The Trustees have reviewed the charity's aims, objectives and future plans, and confirm that they comply with the public benefit guidance as published by the Charity Commission.



TRUSTEES' REPORT

When, together with a handful of teen volunteers and parents/carers we set up our very first ballet and then storytelling sessions in 2004, we could not have imagined that Misgav would be delivering over **35.5 hours** of activities per week- and that is on top of **160 weekly hours** of 1:1 support. Over the years, as we have added new projects, we were hosted by so many communal partners, renting their premises. However, as we have continued meeting growing demand for new activities, we have had to manage a complicated set of multiple venues and the need to constantly move around- resulting in an undeniable strain on staff, parents and disabled beneficiaries, and on our resources.

We had a brief period of stability over the two years when we used one room at the Stamford Hill Community Centre, which had allowed us to add more hours to the programme, but we received very short notice and learnt that Misgav was becoming homeless in September 2024.

I want to pay my utmost respect and express gratitude to all Misgav staff who for four months handled this situation with grit and grace, protecting our vulnerable women and their parents as much as possible from feeling the stress of having activities in temporary and ever-changing venues. Our senior leadership, working with the Hackney Council, have explored many options, only to be reminded of the acute premises crisis borough-wide.

We are extremely grateful to Peninim for opening their doors to Misgav. We have been in our new home, albeit yet another temporary and shared space, at Filey Avenue/Upper Clapton Common for three months since January. Having one space with a dedicated kitchen area has already transformed our programme, allowing us to plan for new regular meals provision and above all has had such a calming, stabilising effect on the disabled women we serve.





TRUSTEES' REPORT

Despite its challenges, it was a year of notable achievements:

-Misgav successfully bid to become a service provider on Hackney's new Dynamic Purchasing System (DPS) for Day and Evening Opportunities, introduced in November 2024. This is a result of our successful work with the Adult Services Department and the Commissioners, and a testimony to the high quality of our programmes.

-Our advocacy service has secured support for new and existing service users, allowing us to expand our daytime offer.

-We have managed to secure significant multi-year grants despite a very difficult fundraising climate.

-Our partnership with AIHA on the Supported Living project is progressing well. While we navigate the planning process and design stage, we have been carrying out needs assessments which will be key for the next stage of the project. We have also met several times with Norwood and Kisharon staff to ensure that we build on their expertise and experience, both regarding staffing hierarchy and structure, and regarding the actual layout of the home.

The past year has felt like we have been navigating very stormy waters with some hope that the solution to our challenges is on the horizon. The new dedicated hub project promises a breakthrough for our charity, beneficiaries, and the entire community which need an appropriate, safe and fully accessible spaces. The whole of the Misgav family has a very busy year head and we hope to report next year that we have reached safe shores.



TARGETS AND PERFORMANCE

TARGETS AND PERFORMANCE

I. To secure new premises that can provide adequate space for our office and programme activities, especially the daytime programme. This would be a more efficient way of running our activities, with managers being avaiable on-site to advise and assist sessional staff, and less travel and moving of equipment. It would also provide much-needed stability for the disabled women who find moving between sessions disruptive and unsettling.

Performance I:
We have scouted numerous options and took advantage of a rare opportunity of a centrally located and spacious premises being available. The site will provide sufficient space for our activities, numerous social enterprises and new Misgav projects, ensuring financial sustainability and forward- planning to accommodate expected steady growth of new service users each year. We are in the process of negotiating the lease; this is proving to be more protracted than expected but gives us more time to devise our fundraising strategy, with four funders already coming on board with the project.

II. To complete the upgrade of our Salesforce CRM and develop new workflow automations to ensure that we have systems in place that can handle the amount of compliance data we need for: the Local Authorities' Social Care Commissioning teams, grant monitoring, project management, and staff management of the sessional workforce.

Performance II:
The CRM upgrade has been transforming the way we gather information about our activities, feedback from sessions and more easily processed reports for internal and grant monitoring. This has saved staff time and resources. We are now concentrating on growing staff competence in Advanced Salesforce Administration.

III. To continue to develop trainings for our staff and Professional Development plans for our young support work force. Misgav benefits from upskilling our staff, and we also want to help young women gain transferable skills and knowledge which open up their job prospects for future roles in education, SEND support, charity and youth work or the care sector.

Performance III:
In winter 2024, managers and coordinators have taken 105 training opportunities, 19.5 hours of Professional Development contracted from specialist external organisations on: Safeguarding, First Aid, Food Safety and Hygiene Level 2, Epilepsy Awareness and Health and Safety. In addition, our 90+ support/sessional workers have received trainings on mental health, supporting disabled people, autism awareness and safeguarding.

IV. To build on gained advocacy experience and established connections to represent our users and amplify our beneficiaries' voices, to help shape Hackney's policies and strategy plans on Equity and Adult Social Care.

Performance IV:
Staff have contributed to Hackney consultations and policy workshops with the Hackney Partnership, presenting Misgav's perspectives along with lived experiences of our service users and their cultural needs and advocating for streamlined bureaucracy in needs assessments and anti-ableist reviews of services. Establishing connections with council staff has been an important part of our development strategy – the council's support is an important leverage in the crowded grant funding field. Networking with other Community Infrastructure organisations has broaden our access to shared learning which we will use in the new hub development. National networks like the Routes to Power initiative help us stay informed about new advocacy campaigns, research and government policy changes to help us shape our own advocacy and plan better for sustainable development.

V. To upgrade the Financial Quickbooks system from desktop to online to prevent data loss and to facilitate quicker, more accurate processes.

Performance V:
Staff ensured successful transfer of data to the new system, which is more accurate and quicker for data entry, with direct information feed from the bank allowing us to get our ledgers updated in real-time.



TARGETS FOR THE NEXT FINANCIAL YEAR

NEW TARGETS FOR THE NEXT FINANCIAL YEAR

I. Update the new hub business plan after fully scoping out feasibility of a Specialist Further Education college and new initiatives that could form part of the hub's social enterprises catering partnership/hall hire for functions, gym and nursery. Work on social investment and bank loan proposals to bridge the funding gap between the secured grants and the community fundraising campaign.

II. Plan a community fundraising campaign with the new business committee to ensure a broader donor base than the previous campaign. Prepare pre-campaign to attract high value donors from the local community and generate enthusiasm for the project, with the community embracing the hub as their new community centre an important asset.



III. Scope out and subscribe to a Continued Professional Development learning platform with in-depth training in a more targeted way for their roles' needs, allowing learning to be carried out more flexibly than in fixed-time trainings.

IV. Consultation with the parent carers on the Development of the Supported Living project and the transparency of criteria when deciding on resident places.

V. After feedback from the last year's summer camp being organised by a third party, we will be bringing back the residentials in-house with reorganised structure. The aim is to meet everyone's needs in a more targeted way, with a greater range of activities to choose from, tailored to the campers' abilities and interests.

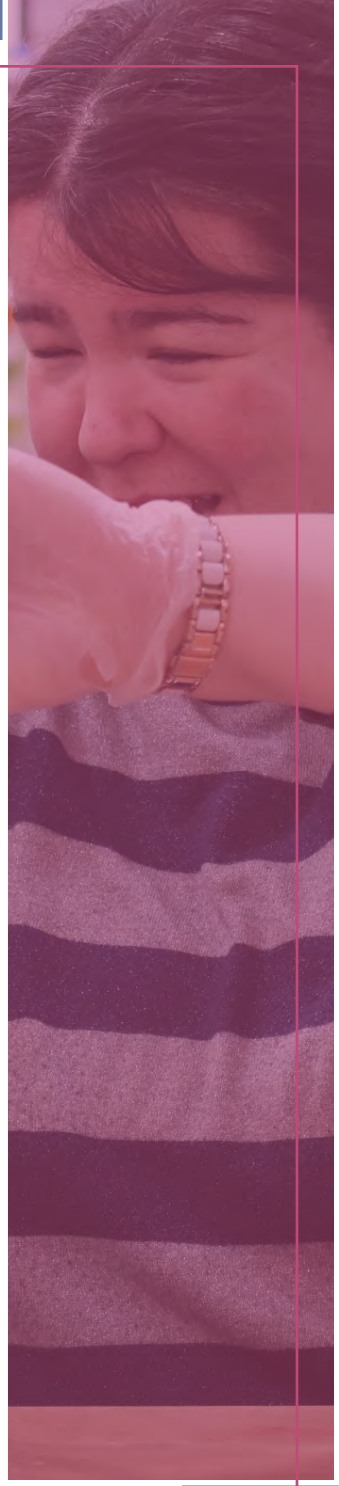
WORDS OF GRATITUDE

External factors continue to affect the grants sector with funders reporting unprecedented levels of applications while many had to pause or substantially cut their budgets. We are grateful to all the individual donors who support us at our events and throughout the year, especially these who offer continuous support through Direct Debit donations and all the new brides in the community who share the joy with Misgav on their special day.

Misgav is extremely grateful for each individual donation and grant, especially to those strategic funders who have worked with us for several years:
The National Lottery Community Fund, City Bridge Trust, Lloyds Bank Foundation and The Joseph and Lilian Sully Foundation – your vision to invest with us long-term is invaluable in those uncertain times - especially as we take on a leap with the hub; we feel most honoured that you have chosen to work with us again.

In addition to financial investment, the Lloyds Bank Foundation has been assisting us with development support, with invaluable advice from the Ethical Property Foundation on the lease of our planned new hub as well as market research and business planning for its new enterprises provided by Mark Kitson, business consultant.

Our long partnership with **Hackney Council** extends beyond crucial grant support; **Hackney Partnership** is a longstanding source of learning, networking and connections within the Council and above all is a group of colleagues whose commitment to positive change we have grown to appreciate over the years. This year we were awarded the **Hackney Children and Young People** grant for our Employability programme for disabled women and young women, who through volunteering and 1:1 support opportunities gain essential work skills. Our employability programme has been supported this year with a 3-year **Womens' Fund grant from the London Community Foundation.**
We are in our second year of **The Community Infrastructure** grant which recognises Misgav's essential auxiliary work of wrap-around services for disabled households. The Household Support Fund, distributed by Hackney on behalf of **the Department of Work and Pensions**, together with funding from the **Smallwood Trust** as part of **The National Lottery Community Fund under the Women's Urgent Support** grant programme has enabled us to extend our food support provision at the Filey centre.



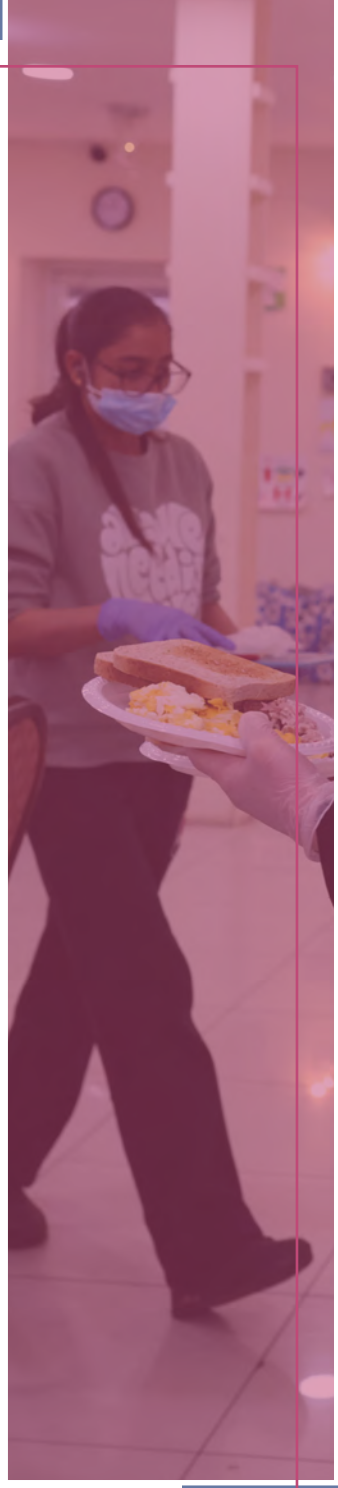
We are extremely fortunate to have found partners who understand how hard it is to fundraise at the initial stage of a capital project with **Childwick Trust, The Wolfson Family Trust** and **Delapage** giving us support to leverage our pending appeals.

We want to extend our gratitude to:

Flutter UKI / Cash 4 Clubs and the Sported Foundation, The Respite Association, The Skipton Foundation, Victoria Convalescent Trust, The Walking and Cycling grant (TFL/Groundwork). Your support is invaluable in running our activities.

Finally, we want to thank our local communities who embrace Misgav and help us change attitudes and shared spaces into more welcoming, accessible and inclusive ones for all. We get such amazing, positive feedback from customers and employees of the **28 local partners** who work with us on the supported job placements programme. Together we are making a tangible difference by putting disabled women at the heart of our community and I hope that next year, with new projects, we can build on this shared success.

Mrs Yutta Domb
27 January 2026



SPOTLIGHT INTERVIEW



Interview with: Mrs E, Childminder

Workplace: Nursery

Placements providing: 1.5 hours of work to 1 user weekly

Length of time providing placement: Just over a year

User's job at the workplace: Assisting staff and children

1. Which new skills has Sarah gained?
Sarah has learnt how to prepare teaching aids and crafts and how to interact with the children, something she was anxious about at first. Now, after working at this placement for over a year, Sarah is offering to help to distribute equipment/food to the children, although she still doesn't communicate with them – which is fine. It is obvious from her non-verbal cues that she enjoys working with the children - she even brought gifts of stickers and stationery for them from her holiday.

2. What makes this partnership special?
Parents appreciate the message of inclusion, mutual respect and acceptance of different abilities that Sarah's presence is giving the children. They thanked Sarah in the recent newsletters for her caring and work. Sarah feels it's her place; she has told a mutual friend how much she enjoys working at the nursery.
The token gifts brought back for the children show that she is invested in this place and takes pride in her work.

3. How does your nursery benefit from this weekly placement?
Thanks to Sarah, our work is better organised - I know that all the materials are ready by Tuesday. With another adult in the room, we are able to provide activities which require more supervision, like taking the kids out into the garden.

4. Have you made any accommodation for the Misgav user which now have a positive impact on your employees/ customers?
We need to plan and prepare the material to be ready for Tuesday morning. This has made a positive impact on the smooth-running of activities. Also, our teaching aids/crafts look very professional thanks to Sarah's work.

5. What do you think are the benefits for our community of having disabled women included more in the workplace?

It exercises our muscles of caring and sharing.

Giving from ourselves in this way makes us into a better, more accepting society.

Children are learning to be accepting and flexible.

Our disabled adults are feeling part of society and are happy and fulfilled.

SPOTLIGHT INTERVIEW



Interview with: Mrs Fried- Shop owner

Workplace: GiftCraft- A local Home & Gifts store

Placements providing: 1 user, 2.5 hours weekly

Length of time providing placement: Since July 2024

User's job at the workplace: Unpack orders, Arrange items on shelves, Price items

1. Which new skills has she gained?
Miriam has learnt about organisation and time management. She is given a list of tasks to do, and has to calculate how much time she can give each task within her slot- and do them well. Miriam really has come a long way with that.

2. What makes this partnership special?
Her happy nature and ever-present smile bring positive vibes into our shop!

3. How does your store benefit from this weekly placement?
Our shelves are filled and re-arranged in a neat and attractive way making it more pleasant for customers.

4. Have you made any accommodation for the Misgav user which now have a positive impact on your employees/ customers?
We have recently refurbished our store and now have a completely step free entrance. This makes our shop a lot more accessible, welcoming employees and customers with a variety of needs.

5. What do you think are the benefits for our community of having disabled women included more in the workplace?
I think this is bringing about more acceptance and appreciation for disabled women. They have so many capabilities, and the results we see when we give them a chance are truly inspiring.

FROM VOLUNTEER TO CO-DIRECTOR

INTERVIEW WITH BRUCHIE TAGER

Bruchie Tager, our Co-Director, joined Misgav as a volunteer and in September 2023 stepped in to cover for Sarah Schmerler during her short maternity leave. Ever since, despite being much younger than most of Misgav's managers, she has impressed with her abilities, especially to learn quickly on the job, and tenacity to get the best outcomes for our disabled users. In our interview, Bruchie brushed aside any personal praise, crediting Sarah's mentoring and her learning from other experts as key to her success in advocacy and considerable progress on the hub project. Bruchie's journey embodies Misgav's mission to nurture talent in our employability programme, which helps local girls and women gain training, skills and experience to help them find jobs and progress in their work. Many of our former volunteers have graduated to senior positions in the local voluntary and education sector. The full interview with Bruchie can be found on our website.

When did you start volunteering with Misgav?

I watched the Misgav showcase in February 2020 and I was blown away by its energy. The volunteers and participants were so united performing together, the disparity in their abilities made irrelevant! The respect and maturity they displayed was beautiful. Two of my friends who volunteered on this project told me how much this experience transformed their way of thinking about empathy, understanding and giving to others. That made me put my name down on the volunteer waiting list, and I remember feeling privileged when I was chosen to join the Music session.

What were the most difficult and rewarding parts of it?

Difficult: Remembering to give every participant their time and attention, especially quieter participants. I made it my mission to put a smile on every person's face each week

Rewarding: That lightbulb moment of finding just the thing that would put a smile on each person's face - because it's something different for everyone.

How did the experience of being a volunteer inform your work now as co-director?

It gives me awareness of the struggles of showing up each week with a smile and upholding Misgav's professional standards, as well as the importance of continuous encouragement of our volunteers to prevent burnout. I also know the participants in a way I never would have, had I just started in the office. There's a big difference between knowing them from care plans or monitoring feedback and knowing them personally- their struggles, their strengths. This is especially helpful when it comes to advocating for their needs with the Local Authorities and moulding our programme to suit their changing needs.

> "I REMEMBER FEELING PRIVILEGED WHEN I WAS CHOSEN TO JOIN THE MUSIC SESSION"

You have transformed our advocacy service – can you tell us more about this part of your work? What was key to the successes you have been getting with securing more appropriate social care for our women?

I don't think it was any special abilities- but more about having a dedicated person for the task. The Director's capacity is often over-stretched with urgent issues.

"I CAN'T WAIT FOR THE DAY WHEN WE HAVE THE SPACE TO FLOURISH AND THRIVE."

Sarah gave me a brilliant training; shadowing Alex Rook of Rook Irwin Sweeney, who supported Misgav in this process, was also helpful. My first needs assessment was for a longstanding user who had never had a proper care package. Her package now caters to all her needs and I still think back fondly to that first assessment, despite the many more I have been involved in since - because of the learning experience it was for me.

I've learned to politely but firmly push for the client's needs to be looked at and properly assessed and addressed by the social workers. Meticulous preparation and being vocal about every and any need that comes up are key, because getting reassessments is much harder than getting it right the first time.

Your work on securing the hub lease must have been a crash course in legal and property issues, it's a big step for Misgav. What are the main take-aways so far for you from the process?

I've learned a whole new legal jargon, a lot about the value of personal relationships in the business negotiations and that everything takes more time than you expect, especially where there are so many complex factors involved, like the condition of the building and the balancing act of securing capital funding. We have learned the immense value of taking advice and utilising the generous offers of assistance from funders! The Ethical Property Foundation Surveyor (Liz Marsh, MRICS) and Lloyds Bank Foundation's Senior Asset Manager, Helen Arkell MRICS provided invaluable support on the lease and Heads of Terms journey, with the generous support of the Lloyds Bank Foundation who funded this support. Through the EPF's



webinars, advice hours with a solicitor from Russel-Cooke, time with the Relationships Director at CAF to address our queries on financing/lending options – we have gained a great foundation on all property matters to move forward with the project.

What are the dreams you have for Misgav?

I can't wait for the day when we have the space to flourish and thrive. When we are settled in a place of our own, so much time being spent at director-level on troubleshooting and supporting issues, linked to the lack of our own suitable and settled premises, will be redirected to developing and expanding our service offer, as well as improving the existing service's quality.



ACHIEVEMENTS AND PERFORMANCE

ACHIEVEMENTS AND PERFORMANCE

PARENTS' QUESTIONNAIRE JANUARY 2025

Please rate how much of a necessity you think your daughter attending Misgav activities is:

100%
Necessity

'Essential, my daughter lives in a residential home with mainly elderly residents, and she lives for Misgav. All through the day, she keeps asking when she can go to Misgav.'

'Without Misgav activities, Esther, due to her disability, would lack social opportunities, leaving her homebound, sad, depressed, and unmotivated'

Are your personal budgets sufficient for your daughter's needs?

20% significantly below the needs
50% below their needs
30% sufficient.

What would your daughter's day/week be like without our programme?

Without your programme, **my daughter's life would be challenging**. 'She would be upset, crying, lonely and angry, leading to depression and impacting the whole family.'

Are you struggling with the rise of the cost of living?

90% said definitely
10% said partly

Rate the impact of our activities on the mental health of carers and your family in general:

98% very high
2% high

'The activities provide essential support, reducing stress and offering peace of mind for our family, knowing our daughter is engaged and well cared for'

'It helps me enormously as I know she is happy at that time and she won't call me. The Care home is also happy as she is out and occupied. I wish Lea could participate in even more sessions - with more funding.'

Are you satisfied with the daytime activities we provide on a weekly basis?

90% very satisfied
5% satisfied
5% less satisfied

'The sessions Misgav offers cover a broad range of knowledge and skill. We would much prefer iif sessions would go on for even longer.'

How much do Misgav's activities help with your daughter's sense of loneliness/ isolation:

100%
very *INSTRUMENTAL*
in reducing isolation

'Due to her disability, Rachel would otherwise be very limited in social opportunities, but these activities provide her with the chance to connect with others and engage in meaningful interactions.'

ROUGH SEAS
TO CALMER WATERS

Securing a dedicated centre has been a significant milestone for us, enabling our services to run in a stable, unified and welcoming environment. This has also enabled us to offer more services and support now that we have a communal base for our users, albeit temporary, as we support them through their full schedules of work placements, skill courses and individualised programmes.

This year we have delivered

1,454 hours

of group programming

-4 new users have joined Misgav's programme in the last financial year.

-We have introduced new services including Educational studies and Cultural Awareness sessions in order to broaden our range of independence and employability skills.

-We have initiated meals at our centre, where users attending group sessions meet together with users on the go at job placements, and prepare themselves a healthy lunch. This opportunity for shared lunchtime recharges them for the rest of their day, as they relax and connect in the company of their peers and dedicated support staff.

'The new premises have finally given our participants a sense of stability, a place to belong, and a chance to develop new opportunities'

-Fay Braun,
Onsite Coordinator

'This centre is really nice, and so much more convenient, I love the fact that we have central neat and organised cupboards, and I now know where everything is. Above all, the centre is ours, and I like to take pride in it and keep it neat all the time'

-Sarah, 22,
User with Cerebral Palsy

WHO WE WORK WITH

- 24 learning disabled women from Hackney, Haringey and Barnet access our ongoing Daytime, Evening and Weekend services. Most of these women have high support needs, and also face barriers because of physical disabilities and mobility issues.

- An additional 11 women, totalling 35 unique users per year from across the UK, who access our residentials and daytrips.

- Over 150 family members of our users

- 90+ young people in the community working/volunteering at our regular sessions and biannual residentials.

- 8 additional staff members for half-term programmes and day camps

- A team of 31 one-to-one support workers.

- 28 employers from local businesses, shops, schools and offices.

THIS YEAR WE HAVE DELIVERED

Sports Activities

- 42 Aerobic sessions
- 19 Cycling sessions
- 42 Dance Workout sessions
- 43 Netball Sessions
- 32 Swimming Sessions

Arts Activities

- 42 Art & Song sessions
- 43 Card Making sessions
- 41 Art Therapy Sessions
- 51 Music sessions
- 42 Music Theory & Skills sessions

Independence & Life Skills

- 44 Cooking group sessions
- 20 Food & Nutrition sessions
- 41 Life Skills sessions
- 41 Social Skills sessions

Mental Health / Wellbeing Support

- 173 Individual course sessions consisting of
- 13 1:1 mentorship & coaching sessions
- 124 1:1 individual Music and life skill sessions
- 36 Volunteer peer mentoring sessions supporting 1:1 users

Respite

- 15 days Summer residential camp
- 6 days Winter day camp
- 23 individualised half-term programmes

Education & Social Inclusion

- 14 Science Sensory Enterprise
- 41 Cultural Awareness sessions

This year we have delivered:

5,122 hours

of one-to-one support delivered

'For both parents and staff, it gives us a sense of calm and reassurance, knowing that all sessions are taking place in one base. We no longer have the stress of keeping up with the changes in premises and all the technical arrangements involved. Staff are also now able to plan sessions better, knowing the resources available and the space they have. The Misgav women greatly benefit from the sessions in one central place. They finally feel they have a space and hub where they belong.'

-Mrs T,
Mother of Miriam, 39, Learning Disabled

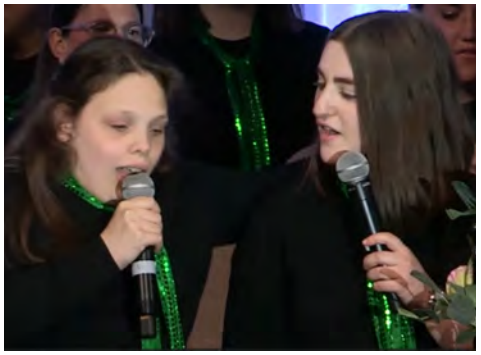
A THOUSAND VOICES. ONE SONG.

SHOWCASE AND COMMUNITY FUNDRAISING EVENTS

We held a large-scale musical showcase event, where our users displayed their outstanding musical talent and skill to the community, followed by an interactive Sing & Perform programme. This proved very successful in terms of publicity and awareness.

Misgav's exquisite Showcase event 'A Thousand Voices' on Sunday 9th June started with our Misgav performers introducing the evening with their own welcome song, 'We're Back', accompanied with their percussion instruments. The audience of over 800 was captivated, joining along, using their claves and egg shakers.







The highlight was the songs medley with a repertoire of songs learnt in our group weekly sessions over the past term.

There was a moving tribute in memory of Penina and Elianne. A video of pictures and memories showed Elianne singing her favourite song in a previous Misgav concert. The Misgav performers stood on stage and joined the song.

We took the opportunity to unveil our new logo and present a short video with a glimpse of the Misgav week. There were snapshots of work placements. work placements tunity to thank business owners doors and offer our tunities in the work sessions and The video of the was an oppor- partnering who open their women oppor- environment.

'BEING PART OF THE PERFORMANCE MADE ME FEEL INCLUDED. I LOVED SHOWING EVERY-ONE WHAT MISGAV CAN DO." -CHAYA, 21, USER

The choir, led by extraordinaire, our musical music teacher and composer Chavi was a premiere of a new composition, and a magical experience. The entire audience were divided in 3 and each soloist taught their individual part. The song highlights the importance of being a Misgav- a refuge for each other; a tower of strength, comforting others in times of need.

The final round, accompanied by a live band: keyboard, guitar, electric guitar, drummer, saxophone, flute, and drums, was an electric combination of 'A Thousand Voices' raised in unity, creating a rousing, moving rendition of 'I can be.'

The event concluded on a beautiful note with a choir by Misgav volunteers followed by a short jam session; the crowd left with a heartfelt feeling of unity and love.

ANCHORED IN STRENGTH, DIRECTED WITH PURPOSE

Fitting into the work environment is what truly makes our Misgav users feel valued in society. The social interaction and appreciation of their abilities positively influence their mood, self-image and overall well-being. We recognize this at Misgav and make managing their employment schedules a prime focus. We continually invest in their skills and work ethic, so that both employers and their weekly employees benefit to the fullest.

WHOM WE WORK WITH:

- 1 Day Programme Manager
- 1 Job Placements Manager
- 1 Dedicated Jobs/ Daytime admin support
- 20 Support workers providing 1:1 care to users at their jobs
- 7 instructors for Skills courses
- 6 project staff members, including clinical psychologist
- 8 young women as sessional keyworkers who help out at some sessions.

At Misgav we help our users stretch their capabilities. We offer support and training to our service users whilst encouraging independence, so that they can positively impact the workforce and community.

3,110 HOURS
of Job placements

MISGAV'S ACTIVITIES

Employment Skills Group Sessions

- 43 IT skills Sessions
- 41 Social Enterprise sessions
- 40 Social and Communication skills sessions
- Provided support for 167 1:1 employability sessions





OUTCOMES OF MISGAV'S ACTIVITIES

IMPACT OF OUR MOVE TO OUR CENTRE JANUARY 2025 –

STAFF'S REFLECTIONS

SHORT-TERM/ INCONSISTENT / PREMISES:

- 'It difficult to find a book sessions, especially wheelchair accessible space.'

'With temporary premises, staff had to carry all the equipment back and forth. Each session also needed different materials, so staff spent a lot of time packing, unpacking, and setting up. This often had a knock-on effect on the next session affecting the plan that staff carefully prepared ahead.'

- The constant changes made it difficult for users who find it hard to adjust when things are not consistent. Staff also found it stressful working in an unsettled and unpredictable environment. They treated it with grit and humour; as one support worker observed: 'the only predictable in this unpredictable setting were the ever-new challenges.'

- 'We also learned the need to plan ahead, be flexible, and adapt quickly when things don't go according to plan. Overall, we saw how much smoother sessions run when the

THE DIFFERENCE THE MOVE TO THE CENTRE MADE:

- 'Everything became much easier. No time-consuming premises bookings. We finally had our own cupboards and plenty of storage space, which meant all our equipment could stay on-site.'

- 'The space felt settled, calm, and relaxed. Staff could focus on running the sessions instead of worrying about logistics, and users benefited from a stable, familiar environment.'

- 'Being in our own centre made the sessions smoother, more consistent, and far less stressful for everyone.'



How much of a necessity is having a central base to run our sessions?

★★★★★

Are our current premises fully filling our needs?

★★☆☆☆

Rate negative impact on our users and sessional staff prior to our move

★★★★★

Rate positive impact on our users and sessional staff now that we have central base?

★★★★★



FINANCIAL REVIEW

FINANCIAL REVIEW

CLEAR DIRECTION, STEADY PROGRESS

This financial year (April 2024 - March 2025) we have continued to see an increase in demand on our services, have faced ongoing challenges of the cost-of-living crisis and increased activities' delivery costs. All these were further compounded by four months of renting multiple, temporary premises and associated running costs of moving between activities and of the move to the Filey centre.

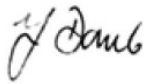
Continuing the trend of previous years, Misgav's income increased by £116,661. It is an encouraging result given the economy and fundraising climate. For the second year we have managed without a community fundraising campaign in the anticipation of a big community campaign planned for the new hub.
We have increased our income from Local Authorities' Learning Disabilities Services by £182,927 as result of advisory support to families and advocacy on their behalf in revisions or securing for the first time the social care support they are entitled to.

Our grant/trusts funding decreased compared to last year by £33,295 - although the grants/trusts fundraising income remains encouraging at £217,571 despite pressure on funds reported by funders. We need to prepare for substantial cuts announced to the Hackney Partnership budget which has been our significant funder over the past two years. Multi-year grants secured in the last and previous years have provided us with some financial security and a significant leverage with match funding. However, the need for diversified income is evident more than ever and we are working hard to bring those with the new hub projects. Donations are down by £32,956 further highlighting a need for new trading/social enterprises income.

Our expenditure rose by £121,548. The rise in expenditure was due to: extending staff capacity to ensure continuity of service quality and safety (we have trained and employed new, specialist 1:1 support staff), continuing increases in delivery and associated support costs. It also reflects an increase of group sessions provision by 333 hours – as of September we offered a full-day of sessions option. Our residentials expenditure decreased this year as we have carried on delivering holiday day camps but the summer residential camp was taken over, on trial basis, by Camp Horizon, with Misgav staff still putting in considerable time and effort to ensure that social packages for this were secured. The Trustees will need to evaluate how to avoid loss incurred with this arrangement and more generally how we should invoice our advice/advocacy services when there is no external funding to cover them.

The trustees aim to maintain free reserves at a level of 3-6 months' running costs. Last year the level of free reserves was 3.12 months of running costs. Because of a small deficit in unrestricted income, the cash value of reserves this year decreased slightly to £186,880, but due to increase of annual expenditure, now stands at 2.6 months' of running costs. Trustees deem this as sustainable and reflecting our undertaking of ambitious new projects and factored measures in our 5-year business plan to rebuild the reserves.

Signed on behalf of the trustees:



Mrs Yutta Domb
27th January 2026



INDIVIDUAL EXAMINER'S REPORT

INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Misgav Trust ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report
As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirmthat no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. The financial statements do not accord with those records; or

3. The financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Goldberg

David Goldberg, FCA DChA

Cohen Arnold

New Burlington House
1075 Finchley Road
London
NW11 0PU

27h January 2026



STATEMENT OF FINANCIAL ACTIVITIES AND BALANCE SHEET

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2025

	Note	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £
Income and endowments							
Donations and legacies	4	46,164	–	46,164	79,120	-	79,120
Charitable activities	5	600,744	215,071	815,815	419,337	246,861	666,198
Total income		646,908	215,071	861,979	498,457	246,861	745,318
Expenditure							
Expenditure on raising funds	6	47,858	–	47,858	21,880	-	21,880
Expenditure on charitable activities	7	604,825	210,921	815,746	486,317	233,859	720,176
Total expenditure		652,683	210,921	863,604	508,197	233,859	742,056
Net (expenditure)/income and net movement in funds		(5,775)	4,150	(1,625)	(9,740)	13,002	3,262
Reconciliation of funds							
Total funds brought forward		192,655	35,850	228,505	202,395	22,848	225,243
Total funds carried forward		186,880	40,000	226,880	192,655	35,850	228,505

The statement of financial activities includes all gains and losses recognised in the year.

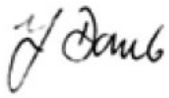
All income and expenditure derive from continuing activities.

STATEMENT OF FINANCIAL POSITION

YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
Fixed assets	**12**	3,475	4,633
Tangible fixed assets			
Current assets			
Debtors	**13**	151,697	142,816
Cash at bank in hand		119,799	98,621
		271,496	241,437
Creditors: amounts falling due within one year	**14**	48,091	17,565
Net current assets		223,405	223,872
Total assets less current liabilities		226,880	228,505
Net assets		226,880	228,505
Funds of the charity			
Restricted funds		40,000	35,850
Unrestricted funds		186,880	192,655
Total charity funds	**15**	226,880	228,505

These financial statements were approved by the board of trustees and authorised for issue on 27th January 2026, and are signed on behalf of the board by:



Mrs Y Domb
Trustee

STATEMENT OF CASH FLOW

YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Cash flows from operating activities		
Net (expenditure)/income	(1,625)	3,262
Adjustments for:		
Depreciation of tangible fixed assets	1,158	1,544
Accrued expenses/(income)	11,935	(19,085)
Changes in:		
Trade and other debtors	(20,816)	33,464
Trade and other creditors	30,526	(46,696)
Cash generated from operations	21,178	(27,511)
Net cash from/(used in) operating activities	21,178	(27,511)
Cash flows from investing activities		
Purchase of tangible assets	-	(504)
Net cash used in investing activities	-	(504)
Net increase/(decrease) in cash and cash equivalents	21,178	(28,015)
Cash and cash equivalents at beginning of year	98,621	126,636
Cash and cash equivalents at end of year	119,799	98,621

'Cash and equivalents at the end of the year'

NOTES TO FINANCIAL STATEMENT

1. GENERAL INFORMATION

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 48b Northfield Road, N16 5RN, London.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. ACCOUNTING POLICIES

Basis of preparation

The financial statements are prepared in sterling (rounded to the nearest pound), which is the functional currency of the entity. The accounts (financial statements) have been prepared on the historical cost basis.

Public Benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

Going Concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The Trustees do not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed below.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Fund accounting
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund. Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes. Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Expenditure
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.



Expenditure is classified under the following activity headings: Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose Expenditure on charitable activities includes the costs of activities and services undertaken to further the purposes of the charity and their associated support costs. Other expenditure represents those items not falling into any other heading.

Allocation of support costs
Resources expended are allocated to the particular activity where the cost relates directly to that activity. Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff, of the amount attributable to each activity.

Sports Activities:	15%
Art Activities:	20%
Employability:	49%
Respite:	16%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

Depreciation
Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment 25% reducing balance

Debtors
Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

4. DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	**Total 2025**	Total 2024
	£	£	**£**	£
Charitable Donations	26,808		**26,808**	36,191
Community Donations (Fundraising Event)	9,356		**9,356**	32,929
The Joseph and Lillian Sully Foundation	10,000		**10,000**	10,000
Total:	**46,164**	-	**46,164**	**79,120**

5. CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	**Total 2025**	Total 2024
	£	£	**£**	£
Parental Contributions	293,509		**293,509**	45,700
Borough of Hackney and Haringey LD Services	304,735		**304,735**	369,617
Access Foundation			**-**	5,000
Bentley Foundation		500	**500**	500
Boshier Hinton Foundation			**-**	1,950
Bruce Wake Charitiable trust			**-**	1,000
CAPH			**-**	5,000
Cash 4 Clubs		2,000	**2,000**	-
City Bridge Trust		46,260	**46,260**	49,820
Delapage		15,000	**15,000**	15,000
EMDUK			**-**	1,977
Florence Nightingale Trust			**-**	750
Hackney Children and Young People		20,000	**20,000**	-
Hackney Community Infrastructure		19,800	**19,800**	19,800
Hackney - Household Support		10,000	**10,000**	5,000
Healthier Hackney			**-**	20,000
Hedley Foundation			**-**	1,000
HSF 96			**-**	350
Interlink Foundation			**-**	2,684
London Community Foundation		20,000	**20,000**	-
London Marathon Foundation			**-**	33,500
Lloyds TSB	2,500	25,000	**27,500**	50,000
Screwfix			**-**	5,850
Smallwood Trust		20,000	**20,000**	21,200
The Childwick Trust		15,000	**15,000**	-
The February Foundation			**-**	3,000
The National Lottery Trust		15,000	**15,000**	-
The Respite Association		2,500	**2,500**	-
The Shanley Foundation			**-**	1,000
The Skipton Foundation		1,211	**1,211**	-
Victoria Convalescent Trust		800	**800**	-
Walking and Cycling		2,000	**2,000**	3,000
Warburtons			**-**	3,000
Woodroofe Benton			**-**	500
Total:	**600,744**	**215,071**	**815,815**	**666,198**

6. COSTS OF RAISING FUNDS

Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total 2024
£	£	£	£
47,858	47,858	21,880	21,880

7. EXPENDITURE ON CHARITABLE ACTIVITIES (BY ACTIVITY TYPE)

	Charitable Activities			Support Costs Including Governance Cost	**Total 2025**	Total 2024
	Sports and Arts	Employability	Respite		**£**	£
Advertising and Publicity	2,656	2,340	411	1,839	**7,246**	5,196
Consultancy	8,665	12,131	3,961	10,405	**35,162**	21,976
Trips and Entertainment	890	325	3,545	145	**4,905**	21,801
Depreciation Charge				1,158	**1,158**	1,544
Supplies and Equipment	15,301	15,939	6,699	17,801	**55,740**	36,895
Consumables	4,218	6,814	2,413	6,091	**19,536**	37,402
Audit Fees				6,240	**6,240**	8,280
Hire of Facilities	38,836	23,031	4,114	32,948	**98,930**	113,640
Insurance				1,224	**1,224**	964
Membership fee				557	**557**	386
Office Expenses	14,480	20,272	6,619	18,663	**60,034**	40,439
Staff Costs	167,024	201,842	27,406	93,885	**490,157**	407,640
Transport	5,746	7,057	10,758	7,062	**30,623**	40,007
Volunteer Costs	1,037	1,452	474	1,270	**4,233**	5,886
Resources expended	**258,854**	**291,203**	**66,400**	**199,289**	**815,746**	**742,056**
Support costs apportioned	69,751	97,652	31,886	-199,289		
Total Resources Expended	**328,605**	**388,855**	**98,286**	**0**	**815,746**	**742,056**

The total restricted expenditure for 2025 was £210,921 (2024: £233,859) of which £68,880 was for Sports & Arts (2024: £131,760), £109,636 was for Employment Support Program (2024: £71,174) and £32,405 was for Residentials and Day Camps (2024: £30,925).

8. NET (EXPENDITURE)/INCOME

Net (expenditure)/income is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	1,158	1,544

9. INDEPENDENT EXAMINATION FEES

	2025 £	2024 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	6,240	5,400

10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	527,621	289,231

The average head count of employees during the year was 100 (2024: 75).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

11. TRUSTEE REMUNERATION AND EXPENSES

There was no remuneration paid to the trustees. The charity did not meet any individual expenses incurred by the trustees for services provided to the charity.

12. TANGIBLE FIXED ASSETS

	Equipment £
Cost	
At 1 April 2024 and 31 March 2025	18,220
Depreciation	
At 1 April 2024	13,587
Charge for the year	1,158
At 31 March 2025	14,745
Carrying amount	
At 31 March 2025	3,475
At 31 March 2024	4,633

13. DEBTORS

	2025 £	2024 £
Accounts Receivable	138,603	117,876
Accrued income	11,565	23,500
Other debtors	1,529	1,440
	151,697	142,816

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Accounts Payable	40,923	4,240
Accruals	5,400	5,400
Other creditors	1,768	7,925
	48,091	17,565

15. ANALYSIS OF CHARITABLE FUNDS

Unrestricted funds

	At 1 April 2024	Income	Expenditure	At 31 March 2025
	£	£	£	£
General funds	192,655	646,908	(652,683)	186,880

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
General funds	202,395	498,457	(508,197)	192,655

Restricted funds

	At 1 April 2024	Income	Expenditure	At 31 March 2025
	£	£	£	£
Restricted Fund	35,850	215,071	(210,921)	40,000

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
Restricted Fund	22,848	246,861	(233,859)	35,850

The following grants were received in the year in relation to expenditure in the next financial year:

The Childwick Trust	£15,000
LTSB Foundation	£25,000

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Tangible fixed assets	3,475	–	3,475
Current assets	231,496	40,000	271,496
Creditors less than 1 year	(48,091)	–	(48,091)
Net assets	186,880	40,000	226,880

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Tangible fixed assets	4,633	–	4,633
Current assets	205,587	35,850	241,437
Creditors less than 1 year	(17,565)	–	(17,565)
Net assets	192,655	35,850	228,505

17. ANALYSIS OF CHANGES IN NET DEBT

	At 1 Apr 2024	Cash flows	At 31 Mar 2025
	£	£	£
Cash at bank and in hand	98,621	21,178	119,799

18. RELATED PARTIES

There were no transactions with related parties during the year under review.

LEGAL AND ADMINISTRATIVE DETAILS

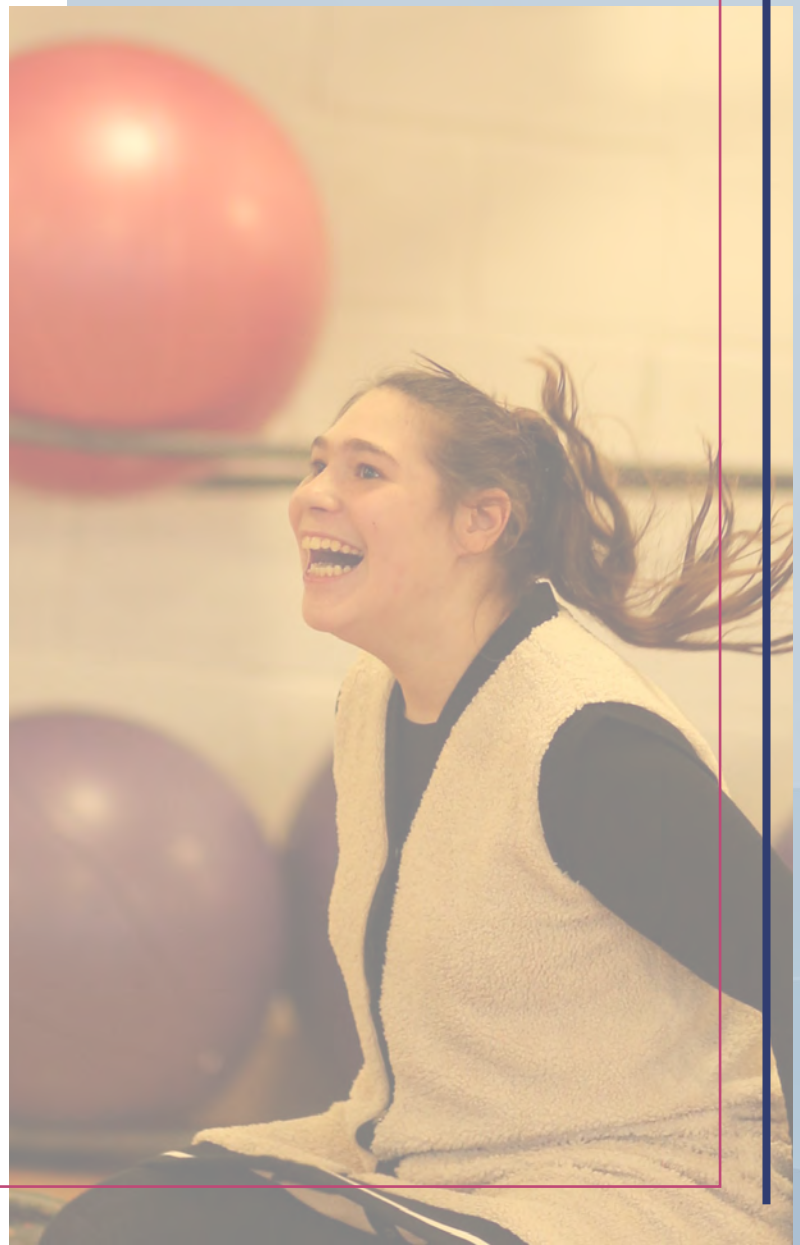
The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name:	Misgav
Charity registration number:	1125362
Registered office address :	48b Northfield Road London N16 5RN
Telephone number:	020 7998 3782
Website:	www.misgav.org.uk
Email address:	admin@misgav.org.uk
The trustees:	Mrs Yutta Domb Mrs Katalin Tesler Mrs Toby Berger Mrs Zeldy Frankel
Independent examiner:	Cohen Arnold New Burlington House 1075 Finchley Road London NW11 0PU
Bankers:	TSB Bank PLC 174 Clapton Common London E5 9AQ

The trustees' annual report was approved on 27th January 2026 and signed on behalf of the board of trustees by:

Mrs Y Domb
Trustee



MISGAV

England & Wales - Charity number 1125362

Accounts

LET'S MAKE IT WORK

misgav

Registered Charity Number
1125362



ANNUAL REPORT AND ACCOUNTS

For year ending
31st March 2024

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STRUCTURE, GOVERNANCE AND OBJECTS

Misgav is governed by its Trust Deed dated February 2006, which states the object of improving the lives of disabled women. The charity is an unincorporated registered charity, registration number 1125362. The Board of Trustees are responsible for the governance and overall management of the organisation. The Trustees who served the charity during this period were:

Mrs Yutta Domb **Mrs Katalin Tesler**

Mrs Toby Berger **Mrs Zeldy Frankel**

Day-to-day management of activities is carried out by the Director, supported by Project Managers, a Finance Manager and administrative support. Misgav's activities are supervised and run by 13 part-time employees, 2 full-time employees (total 6 FTE), 75 sessional staff members, as well as 25 dedicated volunteers (58 incl. residentials' volunteers). The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. New Trustees are recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by the resolution of the Trustees, which is recorded in the minutes and signed by a Trustee. New Trustees are given induction and appropriate training by the current Trustees.

OBJECTS

Our primary, overarching aim continues to be to improve the lives of disabled women, supporting them in developing their life skills, improving their health and wellbeing, and enhancing their opportunities to lead a safe and fulfilling life whilst achieving their individual potential. Misgav's secondary aim is to continue to support users' parents/carers and family members, by providing them with essential regular respite from their ongoing, increasingly stressful task as caregivers, as both they and their daughters grow older.

PUBLIC BENEFIT

The Trustees have reviewed the charity's aims, objectives and future plans, and confirm that they comply with the public benefit guidance as published by the Charity Commission.



TRUSTEES' REPORT

We make it Work

At Misgav a lot of our work can go on seemingly unnoticed for a considerable time until we have demonstrable results. Parents, teachers, therapists, and our support staff understand that well, and carry on because we share a long term vision of our learning-disabled women leading happy lives with maximum independence and self-expression. It may take weeks, months or even years until some of our Misgav family are ready to face a bus journey independently or can participate fully in a music session.

It is similar with our day-to-day, behind the scenes work. Recruiting and training new staff, upgrading the database and scouting new premises for supported living and our activities– it all takes time, effort and faces numerous set-backs. We have a lot to report on this year and while those milestones were reached recently, they are the outcome of years of work.

The **Supported Living** Scheme was merely an idea in 2018 and became an acute need in 2020, but it took us many properties, numerous draft business plans and countless meetings to finally arrive at the stage when this project becomes reality. In September, 95 Lordship Park was acquired by AIHA to become a Supported Living Scheme run by Misgav, once planning permission for refurbishment and all the works are completed. Elisheva Reitzer, who joined Misgav in March, has been appointed to lead on liaising with AIHA and on the Care Quality Commission registration, as well as creating the care provision aspect of the scheme.

Although Misgav feels like a family, our provision is a significant operation with 75 sessional staff, 1121 hours of group activities and 70+ hours of individual sessions weekly. Our reporting requirements to funders and contractual obligations with Local Authorities mean a lot of data processing, and we have come to the point where we need to **upgrade our Salesforce database**. It is a costly investment and a time-consuming project, and many staff members will also have to be upskilled. The upgrade will give us great tools to evidence the scale and impact of our work, and will save staff time in due course.

We continue to expand our day provision with a special focus on work skills and job placements in the community. We are immensely appreciative of all our partners (full list on page 8); you can read feedback from two of them on page 7, and of Freidy Halpern who took the position of Job Placements Manager in May 2023. Freidy has progressed from being a Misgav volunteer and then administrator, and is an excellent example of what Misgav does for many young women in the community as an employability and training hub.



TARGETS AND PERFORMANCE

I. Secure a site for Supported Living and increase staff capacity to coordinate the planning and Phase 1 of the project. Start Care Quality Commission application process.

Thanks to a partnership with AIHA, we have secured a building for Supported Living. While AIHA is working through the planning permission process, we have begun the CQC application process, with a new staff member, Elisheva Reitzer, leading on this project.

II. Step up advocacy for adequate social care support, both supporting individuals and exploring ways for the experiences of our disabled users to be heard at a local and national level.

Misgav has made great steps towards securing social care support rates from the LAs which better reflect the true costs incurred, enabling us to run services to the standards the community has come to expect from us. In this financial year we helped 4 disabled households secure new social care packages and 10 existing users receive an increase in their support, enabling them to join more activities and lead fuller, less isolated lives.
Acknowledging our holistic offer of a wrap-around service for disabled households, Misgav was recognised as a Hackney Community Infrastructure organisation. This gives us access to; information and resources that will help our users, the initiatives of the programme and Hackney officers at different departments, as well as new network groups. We are also part of the Poverty Reduction Group and expect to have more impact on having the voices of our users and their families heard by the Local Authority.
Our staff delivering art and music therapies have worked with users on their self-expression and self-advocacy and we see seedlings of ideas on how our disabled users want to take those further in the coming year.

III. Look into cost-effective measures and more agile ways of transforming programmes to respond to the cost-of-living crisis. Find new ways of supporting disabled users and staff affected by the crisis, especially rising food poverty.

We have augmented in-session food provision and introduced aspects of cost-effective cooking into our life skills sessions. We have also extended our weekend provision to offer a social space which is also a warm hub in the winter for our users and some young support workers. We have managed to secure three grants to distribute food vouchers to most vulnerable households. This provision uses locally-owned stores, as supporting local businesses is important to both us and our users, who benefit from so much support in our local community.

IV. Increase staff capacity and restructure the employment programme to secure more job placement partnerships and 1:1 volunteer support in this area, helping users extend their work hours and be provided with greater variety in their work areas of placement.

The job placements programme now has a dedicated manager and has increased its offer from 5 users attending 24 job opportunities weekly in April 2023, to 8 users attending 43 opportunities weekly in March 2024. We also have secured a greater variety of opportunities across local schools, nurseries, charities, shops and other businesses.

V. To create a dedicated role for training, upskilling and increasing employability of volunteers and young sessional support staff.
Because our entire operation depends on our volunteers and sessional staff, we want to ensure that they get individualised, targeted support, to enable them to reap maximum benefit from their work experience with Misgav.

Due to funding, we still divide this role between existing staff, but we are progressing well in refining our co-production of this programme with the young people and revising our monitoring methods. The young women found our trainings helpful, giving them transferable skills with a particular interest in mental health and autism awareness, in addition to other specialist trainings.

TARGETS FOR THE NEXT FINANCIAL YEAR



I. To secure new premises that can provide adequate space for our office and programme activities, especially the daytime programme. This would be a more efficient way to run our activities, with managers being available on-site to advise and assist sessional staff, and less travel and moving of equipment. It would also provide much-needed stability for the disabled women who find moving between sessions disruptive and unsettling.

II. To complete the upgrade of our Salesforce CRM and develop new workflow automations to ensure that we have systems in place that can handle the amount of compliance data we need for; the Local Authorities Social Care Commissioning teams, grant monitoring, project management, and staff management of the sessional workforce.

III. Continue to develop trainings for our staff and professional development plans for our young support workforce. Misgav benefits from upskilling our staff, and we also want to help young women gain transferable skills and knowledge which open up their job prospects for future roles in education, SEN support, charity and youth work or the care sector.

IV. To build on gained advocacy experience and established connections to represent our users and amplify our beneficiaries' voices, to help shape Hackney's policies and strategy plans on equity and Adult Social Care.

V. To upgrade the Financial Quickbooks system from desktop to online to prevent data loss and to facilitate quicker, more accurate processes.

SPOTLIGHT ON OUR JOB PLACEMENT PARTNERS



Miss Freidy Halpern, 21,
Job Placements Manager at Misgav

My first experience at Misgav was as a weekly volunteer at Music sessions in 2019, where I learned to appreciate what Misgav gives its users every single day. I saw how much the women gained from the sessions; how the connections and friendships they form make them happier, and how music has a therapeutic effect on them. Back then, we were gearing up for a grand Showcase event which infused the users and volunteers with excitement. The show was a great celebration of what we had worked on for months – the skills, the friendships, and improved emotional health. But the aftermath surpassed my expectations– the women's self-esteem got such a boost from feeling appreciated for their work and talents and being celebrated and valued in the community.

After that period of volunteering, I saw an advert for an available admin post at Misgav, and thought– I would love to work for such an inspiring organisation. I applied and was hired, mostly due to my volunteering experience, as being familiar with the service users and their needs was an extra asset for the job.

Initially, I started off as a secretary, carrying out day-to-day general office duties; stocking supplies, answering calls, etc. This was an opportunity to better get to know the users and the parent-body of Misgav.

In May 2023 I got promoted to the new role of Jobs Placements Manager. Working in this role, I gained many work and communication skills, boosting my confidence and highlighting my strengths as a committed and responsible worker. The most rewarding part of my job is seeing our users overcome the barriers they face and celebrating new milestones with them. The job keeps challenging me as I keep learning new skills needed for programme management, monitoring progress and financial reporting. The vision for the future is that we can offer every user, regardless of their support needs, job opportunities to make them feel part of the local community.



The Interlink Foundation has partnered with Misgav to provide an opportunity for EH to do shredding for the offices for 1 hour a week. She has been working there for over a year.

Miss R Denderowitz (admin team) reflects on our partnership's impact:

Which skills has EH gained?
EH has learned to interact with the team of employees in a friendly and professional manner. She greets everyone nicely as she comes in and respects the professional boundaries of the workplace.
She is also earning a weekly wage, which gives her a sense of fulfillment and responsibility.

What makes this partnership special?
The Interlink Foundation supports local charities in many ways and enjoys the opportunity to directly impact a service user from an organisation they assist.

How does Interlink benefit from this weekly placement?
EH has an exceptionally charming personality and staff enjoy the chance to interact with her. They are also very grateful for the work she gets done in a super-efficient manner.



Beis Yaakov School (Nursery department) has partnered with Misgav for over 8 years and currently provides 6-7 hours weekly to 2 different users: TW works with children in the classroom, and MT prepares snacks and supplies to hand out to the children.
Mrs R Dresdner (Headteacher) answered our questioned about the partnership:

Which skills have the Misgav users gained?
Both users have learned to deal with children and their needs. They have acquired patience and tolerance to different kinds of behaviours in children. MT has learned to be meticulous with personal hygiene, as well as food hygiene whilst preparing food for the kids. Most importantly, they have learned the skill of teamwork, communicating and working together with their fellow staff members in a joint effort to provide care in a warm and fun-loving way.

Which staff interact mostly with the users?
The keyworkers in the classroom, and also myself as the headteacher.

What makes this partnership special?
TW and MT feel valued and important as they learn and implement skills, impacting children. In addition, at their young age, nursery kids easily learn to accept and respect disabled women as important members of staff.

How does Beis Yaakov School benefit from this weekly placement?
We most definitely benefit from the fact that they are helping us with the children. Parents have also grown to appreciate that disabled people have so much to offer and contribute to society, and how much positive impact these interactions have on their children.

Our Job Placement Partners

Working As A Community












































WORDS OF GRATITUDE

As we have weathered another year of an unstable fundraising climate with the support of our grant funders and donors, Misgav is extremely grateful for each individual donation and grant, especially to those strategic funders who are working with us long-term. The security afforded through your long-term vision is giving us confidence to take on new projects and make ambitious plans.

The National Lottery Community Fund, City Bridge Trust, and **Lloyds Bank Foundation** funded us previously; we feel most honoured that they have chosen to work with us again. In addition to financial investment, the Lloyds Bank Foundation has been supporting us with consultancy advice which helped us rethink our long-term business planning and funding strategy.

Our partnership with Hackney council through their grant programme goes back to 2011 when we received our first small grant for a health project. So much has changed since then and we understand how stretched the funding of **Hackney Partnership** is, so we are extremely appreciative for having being recognised as making an important contribution to the local community and for their support through two grants:

- Healthier Hackney
- The **Community Infrastructure** grant recognises Misgav's essential auxiliary work of wrap-around services, which provide help to households that cannot be anticipated ahead of their emerging, often urgent, needs.

The Community Infrastructure grant has opened for us the opportunity of the Household Support Fund, which we will use to address food insecurity among the most vulnerable, disabled households in Hackney.

As we respond to the unprecedented food and fuel poverty crisis, we are encouraged by the three-year support of **the Smallwood Trust** and **The National Lottery Community Fund** under the **Women's Urgent Support** grant programme. This grant will help extend food support to Haringey and Barnet users and to create more employability opportunities for all our users and the young people supporting them.

As many of our previous grants for disabled women came to an end last year, we welcome our new partnership with **The Walking and Cycling grant (TFL/Groundwork)**. The **London Marathon Foundation** through their major **Active Spaces** grant will ensure the continuity of our sports provision. As we plan for the future, we thank the **EMDUK** (the national governing body for group exercise) for an amazing opportunity for one of our volunteers to get a fully-paid bursary to get her dance/fitness instructor qualification.

The Joseph and Lilian Sully Foundation has been our long-standing supporter and we are so privileged to be a beneficiary of their trust and encouragement.

We want to extend our gratitude to: **Woodroffe Benton Foundation**, **Warburtons Community Fund/CAF**, **Shanley Foundation**, **Hedley Foundation**, **February Foundation**, **Bruce Wake Charitable Trust**, **Screwfix Foundation and Community Health Partnership/Rocket Science**.

Finally, we want to thank our **community partners** who support us through making connections, helping to recruit volunteers, welcoming us into their organisations as we use their netball courts and other premises, and to our many **job placement partners**. Thank you for helping us create a more inclusive, caring community for disabled women and for everyone.



Mrs Yutta Domb
31 January 2025

ACHIEVEMENTS AND PERFORMANCE

What's working

Misgav is working on providing a wide range of services, including sports, arts, employment and life skills- all with the goal of enhancing users' self-esteem and boosting their mental health and wellbeing. As carer/user survey results show, the impact is high, and the satisfaction significant. *Looks like it's working.*

Parent Survey March 2024

WHAT WOULD YOUR DAUGHTER'S DAY/WEEK BE LIKE WITHOUT OUR PROGRAMME?

'I dread to think what things would look like without Misgav programmes. Laura would be bored and restless. I would be overwhelmed trying to occupy her, and my basic day-to-day tasks would be neglected.'

'She would be miserable, frustrated and bored, and it would be heavy and difficult to be around her.'

SATISFACTION WITH OUR WEEKLY ACTIVITIES

100%

answered 'High'

'The wide range of activities on offer stimulate Miriam and infuse her with positive energy. She also really gains from the social outlet this gives her'.

ARE YOU STRUGGLING WITH THE RISE IN THE COST OF LIVING?

67%

of respondents struggle with the costs of living

33%

of respondents struggle **a lot** with the costs of living

NECESSITY OF MISGAV'S ACTIVITIES:

100%

answered 'High'

'The social environment is crucial'

'Without Misgav, life would be depressing. The activities are fulfilling, constructive and fill her with excitement'.



EMPLOYING OUR STRENGTHS

Over this past financial year, our employment programme has seen growth and progress as we have:

- Extended our service to cater to 2 more individuals.
- Introduced a new system to monitor the skills and personal development of disabled women in the workplace, as well as the impact on their employers.
- Added more skill courses within the daytime division, so users are better equipped to handle different jobs and communicate more effectively in a team setting.

1,121

hours of group programming delivered

6010.5

hours of one-to-one support delivered

Who We Work With

- 22 learning disabled women from Hackney, Haringey and Barnet- most of them with high support needs- who also face barriers because of physical disabilities/mobility issues, who access our ongoing daytime and respite services.
- An additional 5 women, totalling 27 unique users per year, from across the UK, who access our residentials and daytrips.
- Over 110 family members.
- 90+ young people in the community working/volunteering at our regular sessions and biannual residentials.
- 8 additional support staff at residentials.
- A team of 15 one-to-one support workers.
- 27 employers from local businesses, shops, schools and offices.

EMPLOYING OUR STRENGTHS

5875.5
hours of volunteering opportunities

Sports Activities

- 40 gym sessions
- 19 cycling sessions
- 40 dance workout sessions
- 40 netball sessions
- 6 swimming sessions

Celebration Events

7 individual sessional staff parties celebrating the achievements of staff.

Residentials

- 2 weeks residential in the summer
- 2 weeks of day camp before and after our summer residential
- 1 week of winter day camp
- 6 daytrips

Volunteers

5 groups of onsite training sessions for volunteers

Arts Activities

- 44 art therapy sessions
- 40 creative art sessions
- 16 cake decorating sessions
- 36 card and craft making sessions
- 12 drumming sessions
- 40 music sessions

Mental health/ Wellbeing support

- 71 volunteer buddies supporting 1:1 users
- 199 baking/music sessions with 1:1 volunteers

Independence and Life-Skills sessions

- 30 cooking group sessions
- 23 food and nutrition sessions
- 30 social skills sessions
- 8 gardening sessions

Showcase and Community Fundraising Events

- 2 pop up shops at community mall events showcasing and selling our own products, handcrafted at social enterprise sessions
- 2 large-scale gala community fundraising events where community members raised significant funds for Misgav, gaining entry to a spectacular evening with an international performer. This was a great success in terms of fundraising and publicity, and our events were a true highlight and memorable night for the community.



OUTCOME OF MISGAV'S ACTIVITIES

Our Core Work

At Misgav we help our users stretch their capabilities. We offer support and training to our service users whilst encouraging independence, so that they can positively impact the workforce and community.

Support Workers & Staff

- 1 Day Programme Manager
- 1 Job Placements Manager
- 12 support workers, supporting users at their jobs
- 5 instructors for skills courses
- 6 project staff members including clinical psychologist
- 5 young women as sessional keyworkers who help out at some sessions

Work Skills Group Sessions

- 36 IT Skills Sessions
- 43 Social Enterprise Sessions
- 42 Food Packaging Sessions
- 12 Social & Communication Skills Sessions
- 30 Photography Skills Sessions

3190

hours of work placements



GENERAL IMPACT OF OUR EMPLOYMENT PROGRAMME

‘Seri has a peer group and the security of belonging’

‘The varied activities really make Molly happy and relaxed; she would otherwise be bored and frustrated’.

‘Obviously, if she's happy, it positively affects the entire family environment. There is much less tension and stress after she comes home from sessions content and fulfilled’.

‘The activities help tremendously! Having friends and a social outlet is so good for her’

‘She would otherwise have no social life at all’.

User Survey March 2024

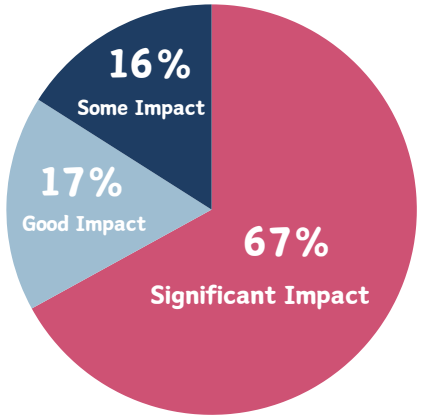
USERS SAW A HIGH NEED FOR THE PROGRAMME FOR THEIR PERSONAL DEVELOPMENT AND GENERAL WELLBEING:



IMPACT OF OUR PROGRAMME ON USERS’ WELLBEING/ MENTAL HEALTH:



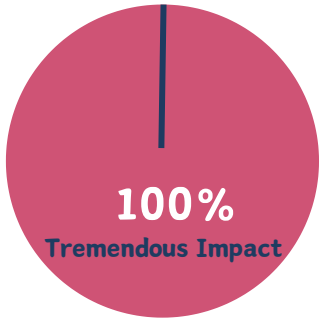
IMPACT OF OUR DAYTIME ACTIVITIES ON USERS’ PHYSICAL ACTIVITY:



IMPACT OF OUR PROGRAMMES ON THE MENTAL HEALTH OF CARERS AND FAMILIES IN GENERAL:



IMPACT OF MISGAV’S ACTIVITIES ON USERS’ SENSE OF LONELINESS/ISOLATION:



‘I love my jobs because they teach me important things. I’ve learned how to make money, be patient, wait my turn, be nice and say thank you. It also helps me spend money cleverly and make good choices. I want to thank Misgav for sourcing and managing my jobs.’

-Martha, 38

‘We sometimes ask for Leah to come in on random days when big orders arrive and we need more help. She does great work!’

-Local shop owner, Job placements partner

‘Working in local offices fills my daughter with a profound sense of purpose and belonging. This joy and fulfilment shape her week and life, and I am filled with gratitude to Misgav and to their Job placement partners for enabling this.’

-Mrs B, Mother of Sarah, 22

FINANCIAL REVIEW

Our Work is Paying Off

This financial year (April 2023-March 2024) we have continued to see an increase in demand on our services, compounded by the ongoing challenges of the cost-of-living crisis and the impact of increased activities delivery costs.

Misgav's income increased by £98,946. This is a good performance given the economy and fundraising climate. This year we did not run a community fundraising campaign, as our previous one relied mainly on small donors and we sense a fatigue for such campaigns in the community navigating the cost-of-living challenges. We also felt that we will need a big community campaign once we secure new premises and having a one year pause will make this future effort more impactful.

We have increased our income from Local Authorities' Learning Disabilities Services by £68,250, as result of advisory support to families and advocacy on their behalf for revisions or for securing for the first time the Social Care support they are entitled to.

Our grant/trusts funding increased compared to last year by £58,160. Overall, the grants/trusts fundraising income remains stable at £250,866 despite pressure on funds reported by funders and shifts to more welfare/crisis-focused fundings. The grants team has been proactive in securing funds and informing responses in our programmes, securing two significant multi-year grants which are not fully reflected in this report but which provide us with some financial security and a significant leverage with match-funding for pending grant applications.

Our expenditure rose by £93,740. The rise in expenditure was due to: extending staff capacity to ensure continuity of service quality and safety, including employing a co-director; costs of onboarding new users; a significant increase in delivery and associated support costs, especially for sports and arts (12% increase) and extending our employment support scheme as part of our day care provision (29% increase in expenditure), as well as surging mental health/wellbeing support in line with growing needs.

The trustees aim to maintain free reserves at a level of 3-6 months' running costs. Last year the level of free reserves was 3.4 months of running costs. The cash value of reserves this year increased to £192,655 but due to increase of annual expenditure now stands at 3.12 months' of running costs.

Signed on behalf of the trustees:

Mrs Yutta Domb

31 January 2025



INDIVIDUAL EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Misgav Trust ('the charity') for the year ended 31 March 2024.

Responsibilities and Basis of Report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. The financial statements do not accord with those records; or

3. The financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Goldberg

David Goldberg, FCA DChA
New Burlington House
1075 Finchley Road
London
NW11 0PU

31 January 2025



STATEMENT OF FINANCIAL ACTIVITIES

For Year ended 31 March 2024

	Note	2024 £ Unrestricted funds	2024 £ Restricted funds	2024 £ Total funds	2023 £ Unrestricted funds	2023 £ Restricted funds	2023 £ Total funds
Income and endowments							
Donations and legacies	4	79,120	–	79,120	121,167	178,138	299,305
Charitable activities	5	419,337	246,861	666,198	347,067	–	347,067
Total income		498,457	246,861	745,318	468,234	178,138	646,372
Expenditure							
Raising funds	6	21,880	–	21,880	31,414	–	31,414
Charitable activities	7	486,317	233,859	720,176	420,172	196,730	616,902
Total expenditure		508,197	233,859	742,056	451,586	196,730	648,316
Net income/(expenditure) and net movement in funds		(9,740)	13,002	3,262	16,648	(18,592)	(1,944)
Reconciliation of funds							
Total funds brought forward		202,395	22,848	225,243	185,747	41,440	227,187
Total funds carried forward		192,655	35,850	228,505	202,395	22,848	225,243

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.



STATEMENT OF FINANCIAL POSITION

As at March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	12	4,633	5,673
Current assets			
Debtors	13	142,816	157,795
Cash at bank and in hand		98,621	126,636
		241,437	284,431
Creditors: amounts falling due within one year	14	17,565	64,861
Net current assets		223,872	219,570
Total assets less current liabilities		228,505	225,243
Net assets		228,505	225,243
Funds of the charity			
Restricted funds		35,850	22,848
Unrestricted funds		192,655	202,395
Total charity funds	15	228,505	225,243

These financial statements were approved by the board of trustees and authorised for issue on 30th January 2025 and are signed on behalf of the board by:

Mrs Y Domb
Trustee

STATEMENT OF CASH FLOWS

As at March 2024

	2024 £	2023 £
Cash flows from operating activities		
Net income/(expenditure)	3,262	(1,944)
Adjustments for:		
Depreciation of tangible fixed assets	1,544	1,891
Accrued (income)/expenses	(19,085)	4,251
Changes in:		
Trade and other debtors	33,464	(96,841)
Trade and other creditors	(46,696)	55,697
Cash generated from operations	(27,511)	(36,946)
Net cash used in operating activities	(27,511)	(36,946)
Cash flows from investing activities		
Purchase of tangible assets	(504)	(5,139)
Net cash used in investing activities	(504)	(5,139)
Net decrease in cash and cash equivalents	(28,015)	(42,085)
Cash and cash equivalents at beginning of year	126,636	168,721
Cash and cash equivalents at end of year	98,621	126,636



NOTES TO THE FINANCIAL STATEMENTS

1. GENERAL INFORMATION

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 48 Northfield Road, N16 5RN, London.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. ACCOUNTING POLICIES

Basis of preparation

The accounts (financial statements) have been prepared on the historical cost basis.

Public Benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

Going Concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund. Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes. Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

Expenditure on charitable activities includes the costs of activities and services undertaken to further the purposes of the charity and their associated support costs • Other expenditure represents those items not falling into any other heading.

Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity.

Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff, of the amount attributable to each activity.

- Sports Activities 20%
- Arts Activities 26%
- Residentials 17%
- Employment Support 37%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	25% reducing balance

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS *continued*

4. DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	**Total 2024**	Total 2023
	£	£	**£**	£
Donations:				
Charitable Donations	36,191		**36,191**	143
Community Donations (Charity Campaign)	32,929		**32,929**	106,456
The Joseph and Lillian Sully Foundation	10,000		**10,000**	10,000
Total income from Donations and Legacies:	**79,120**	**0**	**79,120**	**106,599**

5. CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	**Total 2024**	Total 2023
	£	£	**£**	£
Charitable Activities:			**0**	
Parental Contributions	45,700		**45,700**	823
Borough of Hackney and Haringey LD Services	369,617		**369,617**	346,244
Access Foundation		5,000	**5,000**	
Alpkit Foundation				
Bentley Foundation		500	**500**	
Boshier Hinton Foundation		1,950	**1,950**	
Bruce Wake Charitiable trust		1,000	**1,000**	
CAPH		5,000	**5,000**	
City Bridge Trust	2,820	47,000	**49,820**	
Delapage		15,000	**15,000**	
EMDUK		1,977	**1,977**	
Florence Nightingale Trust		750	**750**	
Hackney - Household Support		5,000	**5,000**	
Hackney Community Infrastructure		19,800	**19,800**	
Healthier Hackney		20,000	**20,000**	
Hedley Foundation		1,000	**1,000**	
HSF 96		350	**350**	
Interlink Foundation		2,684	**2,684**	
Lloyds TSB		50,000	**50,000**	
London Marathon Foundation		33,500	**33,500**	
Screwfix		5,850	**5,850**	
Smallwood Trust	1,200	20,000	**21,200**	
The February Foundation		3,000	**3,000**	
The Shanley Foundation		1,000	**1,000**	
Walking and Cycling		3,000	**3,000**	
Warburtons		3,000	**3,000**	
Woodroffe Benton		500	**500**	
Total Charitable Activities:	**419,337**	**246,861**	**666,198**	**347,067**

6. COST OF RAISING DONATIONS AND LEGACIES

	Unrestricted Funds £	**Total Funds 2024 £**	Unrestricted Funds £	Total Funds 2023 £
Costs of raising donations and legacies - Donations	21,880	21,880	31,414	31,414

7. EXPENDITURE ON CHARITABLE ACTIVITIES (by activity type)

	Charitable Activities			Support Costs	**Total 2024**	Total 2023
	Sports and Arts	Employment Support Program	Residentials and Day Camps		**£**	£
Advertising and Publicity	1,227	1,318	912	1,558	5,015	6,201
Consultancy	4,393	5,516	3,798	7,548	21,255	22,064
Day Trips and Entertainment	2,317	896	8,587	10,001	21,801	7,271
Depreciation Charge				1,544	1,544	1,891
Equipment and Supplies	8,199	5,525	17,907	5,264	36,895	35,355
Food and Refreshments	2,768	5,616	18,617	10,401	37,402	38,712
Governance Costs				8,280	8,280	5,832
Hire of Facilities	40,784	18,064	28,013	26,779	113,640	95,691
Insurance				964	964	861
Membership fee				386	386	240
Office Expenses	6,920	5,239	7,165	20,098	39,422	34,395
Staff Costs	120,455	108,235	60,541	98,450	387,681	317,366
Transport	6,357	7,167	15,895	10,588	40,007	43,727
Volunteer Expenses	1,054	746	3,339	747	5,886	7,296
Resources expended	194,473	158,321	164,774	202,608	720,176	616,902
Support costs apportioned	93,200	74,965	34,443	- 202,608		
Total Resources Expended	**287,673**	**233,286**	**199,217**	**0**	**720,176**	**616,902**

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	1,544	1,891

9. INDEPENDENT EXAMINATION FEES

Fees payable to the independent examiner for:	2024 £	2023 £
Independent examination of the financial statements	5,400	7,920

10. STAFF COSTS

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024 £	2023 £
Wages and salaries	289,231	228,031

The average head count of employees during the year was 75 (2023: 66).
No employee received employee benefits of more than £60,000 during the year (2023: Nil).

11. TRUSTEE REMUNERATION AND EXPENSES

There was no remuneration paid to the trustees. The charity did not meet any individual expenses incurred by the trustees for services provided to the charity.

12. TANGIBLE FIXED ASSETS

	Equipment £
Cost	
At 1 April 2023	17,716
Additions	504
At 31 March 2024	18,220
Depreciation	
At 1 April 2023	12,043
Charge for the year	1,544
At 31 March 2024	13,587
Carrying amount	
At 31 March 2024	4,633
At 31 March 2023	5,673

13. DEBTORS

	2024 £	2023 £
Trade debtors	117,876	136,144
Prepayments and accrued income	23,500	5,015
Other debtors	1,440	16,636
	142,816	157,795

14. CREDITORS

	2024 £	2023 £
Trade creditors	4,240	58,861
Accruals and deferred income	5,400	6,000
Other creditors	7,925	–
	17,565	64,861

15. ANALYSIS OF CHARITABLE FUNDS

Unrestricted funds

	At 1 April 2023 £	Income £	Expenditure £	At 31 March 2024 £
General funds	202,395	498,457	(508,197)	192,655

	At 1 April 2022 £	Income £	Expenditure £	At 31 March 2023 £
General funds	185,747	468,234	(451,586)	202,395

Restricted funds

	At 1 April 2023 £	Income £	Expenditure £	At 31 March 2024 £
Restricted Fund	22,848	246,861	(233,859)	35,850

	At 1 April 2022 £	Income £	Expenditure £	At 31 March 2023 £
Restricted Fund	41,440	178,138	(196,730)	22,848

The following grants were received in the year in relation to expenditure in the next financial year:

	£
Delapage	5,000
Lloyds TSB	25,000
Screwfix	5,850
Total	35,850

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	**Total Funds 2024 £**
Tangible fixed assets	4,633	–	4,633
Current assets	205,587	35,850	241,437
Creditors less than 1 year	(17,565)	–	(17,565)
Net assets	192,655	35,850	228,505

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	5,673	–	5,673
Current assets	261,583	22,848	284,431
Creditors less than 1 year	(64,861)	–	(64,861)
Net assets	202,395	22,848	225,243

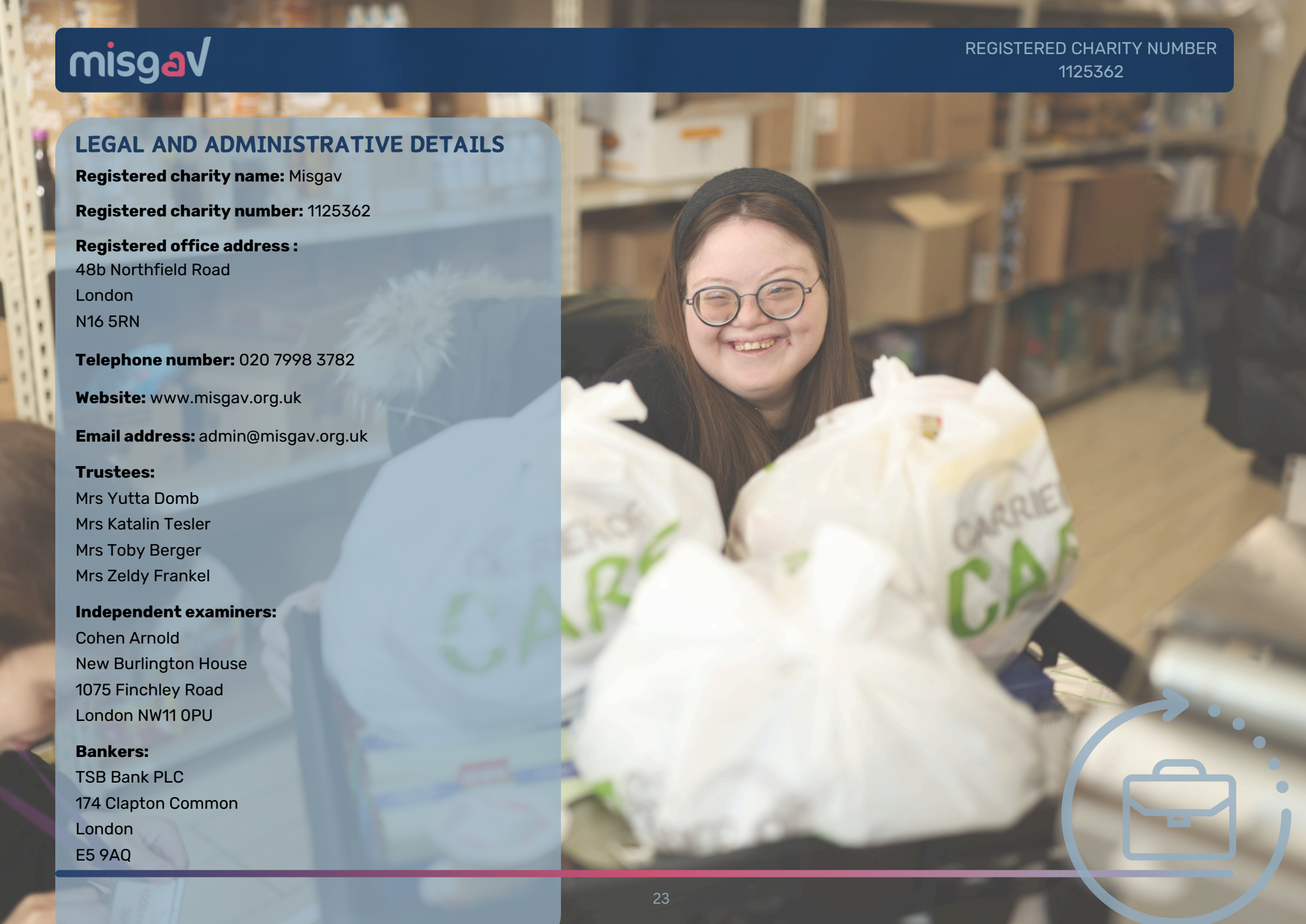
17. ANALYSIS OF CHANGES IN NET DEBT

	At 1 Apr 2023 £	Cash flows £	**At 31 Mar 2024 £**
Cash at bank and in hand	126,636	(28,015)	98,621

18. RELATED PARTIES

There were no transactions with related parties during the year under review.





LEGAL AND ADMINISTRATIVE DETAILS

Registered charity name: Misgav

Registered charity number: 1125362

Registered office address :
48b Northfield Road
London
N16 5RN

Telephone number: 020 7998 3782

Website: www.misgav.org.uk

Email address: admin@misgav.org.uk

Trustees:
Mrs Yutta Domb
Mrs Katalin Tesler
Mrs Toby Berger
Mrs Zeldy Frankel

Independent examiners:
Cohen Arnold
New Burlington House
1075 Finchley Road
London NW11 0PU

Bankers:
TSB Bank PLC
174 Clapton Common
London
E5 9AQ

MISGAV

England & Wales - Charity number 1125362

Accounts

GROWTH IS A JOURNEY...

MSGAV
Brightening Lives Building Futures

Registered Charity Number
1125362



This is growth.

This is growth.

This is growth.

This is growth.

...IT LOOKS DIFFERENT FOR EVERYONE

Annual Report and Accounts
For year ending
31st March 2023

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STRUCTURE, GOVERNANCE AND OBJECTS

STRUCTURE AND GOVERNANCE

Misgav is governed by its Trust Deed dated February 2006, which states the object of improving the lives of disabled women. The charity is an unincorporated registered charity – registration number 1125362.

The Board of Trustees are responsible for the governance and overall management of the organisation. The trustees who served the charity during the period were:

Mrs Yutta Domb
Mrs Toby Berger
Mrs Katalin Tesler
Mrs Zeldy Frankel

Day-to-day management of activities is carried out by the Director, supported by Project Managers, a Finance Manager and administrative support. Misgav's activities are supervised and run by 9 part-time employees, 2 full-time employees, 65 sessional staff as well as 25 dedicated volunteers.

The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. New Trustees are recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by the resolution of the Trustees, which is recorded in the minutes and signed by a Trustee. New Trustees are given induction and appropriate training by the current Trustees.

OBJECTS

Our primary, overarching aim continues to be to improve the lives of disabled women, supporting them in developing their life skills, improving their health and wellbeing, and enhancing their opportunities to lead a safe and fulfilling life while achieving their individual potential.

Misgav' s secondary aim is to continue to support users' parent-carers and family members, by providing them with essential regular respite from their ongoing, increasingly stressful task as caregivers, as both they and their daughters grow older.

PUBLIC BENEFIT

The trustees have reviewed the charity's aims, objectives and future plans, and confirm that they comply with the public benefit guidance as published by the Charity Commission.

TRUSTEES' REPORT

The previous financial year 21/22 marked a big leap forward; we extended our day programme and our wellbeing provision; we added new sessions to the respite offer, and our plan was to keep up the momentum. We set out into the 22/23 financial year with equally ambitious plans for securing our first Supported Living facility; creating a community hub to house most of our programmes, reducing the need to travel to different venues; and providing enrichment sessions for our young sessional staff and volunteers. We did not succeed in overcoming all the hurdles in our path to implementing those in 22/23, but as we look back onto the epic journey, we are proud of what we did succeed in achieving. We can say that our efforts and preparatory work have laid solid foundations for those long-term projects which will transform Misgav and the way we serve our disabled users, their carers, and the wider community of young people who gain work experience with us.

- Our first and greatest achievement of 22/23 was that we were able to sustain the programmes we had extended in the previous year. This was a real challenge in the prevailing climate, with the cost-of-living crisis blindsiding the sector just as we started to regain some equilibrium from the pandemic crisis. As the costs of food, fuel and energy started to soar with inflation, running costs of our activities started rising too, while the real value of social care packages from local authorities decreased drastically. Those packages were rarely adequate before Covid-19 struck and never caught up with the changing (and increasing) needs of the disabled women we serve and their families. We have protected our services; however, we are still on a journey of increasing and diversifying income, helping families to access adequate social care benefits, and reducing costs wherever possible without compromising the quality of our services.

- Getting adequate social care benefits for our users is essential for their quality of life, a right which is legally protected. In practice, it takes enormous logistical effort by Misgav staff to ensure that this right is respected.

- We are now a recognised Hackney day service provider which requires Misgav to comply with all quality assurance procedures, hence we have expanded our monitoring of co-set user targets as well as worked on the efficiency of that data recording. These changes required additional development of our CRM database which we are unrolling at a staggered rate because of the hefty costs of working with external consultants and developers.

- We have laid solid foundations for our CQC application for the Supported Living facility. Various options for accommodation were scouted, costed and discussed with parents and other stakeholders. While this year we cannot announce more, all the research work and even 'dead end' options that we have explored are adding to the learning process on this project. These lessons will help us ensure that the accommodation we choose is fit for purpose and suits users' needs best.

- Together with the entire local community and friends beyond London, we exceeded our £100,000 target in our first ever community fundraising campaign.





Growth is recovering from setbacks

TARGETS	PERFORMANCE
I To fully utilise resources offered by partners such as Lloyds and Solace Foundations to devise a sound organisational strategy and business planning for the supported living project.	Our Director and Development Team staff worked with a business consultant funded by the Lloyds Foundation, who helped us to crystalize our business plan and development strategy for the years ahead. He was also very insightful on supported living plans and social care packages advocacy. We felt empowered by his previous experience in helping other organisations reach similar goals to ours.
II Extend staff and volunteer training especially in the area of low-level mental health support and on ways of enhancing co-production with users.	Quarterly staff trainings, especially in the area of mental health, and addressing how to respond to users in order to promote positive engagement and group cohesion, were cited by session staff as very helpful, and there were notably reduced occurrences of withdrawn or negative behaviour. These skills helped address the higher mental health needs of users who were still struggling since returning to activities after lockdowns. We started in depth training of all coordinators of activities, coaches and teachers on involving users more in session planning and co-setting their personal goals.
III To extend staff capacity in line with the growth of the employment programme and to address more complicated logistics when finding and co-ordinating job placements. This reflected extra health risk considerations and training since the pandemic and a need to replace partners who went out of business/changed their mode of work during the lockdowns.	We extended staff capacity especially in the areas of coordination and finding new partners for work placements. We remained on track to double the amount of weekly supported hours of work placements with a variety of options to increase engagement and help disabled users gain diverse skills.
IV To respond to an acute need to fill the gap in local provision between term activities and residential camps by providing summer and winter day camps. These would not only bridge care provision for carers but also for users, and would prevent routine upheavals and 'holiday slide' in skills.	We delivered winter (4 days), spring (5 days) and summer (13 days) day camps, receiving some funding from HAF Hackney (via the Interlink Foundation) for users aged 25 and under. The day camps received very good reviews from carers, users, as well as Sue Roberts from Hackney (School Standards and Improvement Team Hackney Holiday Food & Activities Programme Coordinator) who visited the sessions. After meeting the women in March 2023 Sue remarked how our participants 'were speaking very interestingly and reflectively about their special needs. This is encouraging feedback, as self-awareness and advocating for their own needs are such crucial milestones to an optimum of independence for the disabled women.
V Explore and apply for new ways to: promote the arts programme, test/ introduce new social enterprise ideas and to improve financial and eco sustainability of Misgav.	Planning in those areas has been tied to the size and type of space we were able to secure for a hub to host most of our activities. While having a dedicated, customised space would allow us to implement more of those plans, we were restricted by the lack of availability of local properties. Progress was slower than we had hoped, but we are considering some very promising options which will allow us to grow, and which we expect to announce next year.

TARGETS AND PERFORMANCE

TARGETS FOR NEXT FINANCIAL YEAR



I. Secure a site for supported living, increase staff capacity to coordinate the planning and Phase 1 of the project. Start Care Quality Commission application process.

II. Step up advocacy for adequate social care support, both supporting individuals and exploring ways for the experiences of our disabled users to be heard at the local and national level.

III. Look into cost effective measures and more agile ways of transforming programmes to respond to the cost-of-living crisis. Find new ways of supporting disabled users and staff affected by the crisis, especially rising food poverty.

IV. Increase staff capacity and restructure the employment programme to secure more work placement partnerships and 1:1 volunteer support in this area, helping users extend their work hours and be provided with greater variety in their work areas of placement.

V. To create a dedicated role for training, upskilling and increasing employability of volunteers and young sessional support staff. Because our entire operation depends on our volunteers and sessional staff, we want to ensure that they get individualised, targeted support to enable them to reap maximum benefit from their work experience with Misgav.

WORDS OF GRATITUDE

In the current unstable fundraising climate, where organisations are challenged to respond to the unprecedented food and fuel poverty, Misgav is extremely grateful for each individual donation and grant.

The National Lottery Community Fund, City Bridge Trust, Lloyds Bank Foundation and the Postcode Society have funded us previously; we feel most honoured that they have chosen to work with us again. Their investment in our work has helped us enormously in enabling us to focus on Misgav's most pressing needs.

We are most grateful to Sport England for their multi-grant support from the Queen's Platinum Jubilees Activity Fund, and also via the visionary, disability-focussed programme - Together Fund. The Together Fund not only provided us with much needed funding for our sports activities - it also opened new ways of networking and learning opportunities by way of the charities managing the grant: Disability Rights UK, EMDUK (the national governing body for group exercise) and our long-term partner the Interlink Foundation.

The Joseph and Lilian Sully Foundation has been our long-standing supporter, and we are so privileged to be a beneficiary of their trust and encouragement.

It was a pleasure to work for the first time with:

- The Access Foundation on our employment and IT upskilling.
- The London Community Foundation who through the Together For London fund supported our Warm hub and Mental Health support
- Compass Wellbeing on Mental Health support for Barnet users
- Locality on employability

We want to extend our gratitude to: Hackney Giving, Medicash Foundation, De Brye Charitable Trust, Bentley Motors, CLA Charitable Trust, Action Funder, Boshier Foundation and Alpkit Foundation.

Once again, a big thank you to everyone from the community and beyond who donated to our Charidy Campaign.

Mrs Yutta Domb

29 January 2024



TRIBUTE TO OUR LATE TRUSTEE MRS BINAH HIRSCHLER

Remembering our late Trustee, Mrs Binah Hirschler, fills us with an aching feeling of pain, for a void that can never be filled. In her unique role as parent and trustee, her guidance was invaluable and priceless, yet so selfless.

Mrs Hirschler inspired our growth from Misgav's inception until her recent passing on 28 January 2021.

HER INPUT INTO MISGAV' S GROWTH

As a mother of a Misgav participant, she was the voice and thoughts of all Misgav's parents. Parents trusted and adored her for her outstanding sensitivity. She shaped our provisions by telling us what the real needs are.

In her regal way, she would often pick up the phone and share both praise and constructive criticism, which was particularly useful in providing a link to siblings' feelings.

Mrs Hirschler introduced us to the Learning Disabilities team at Hackney and the value of social care. She had many useful contacts there, as well as in the fundraising field as a past fundraiser.

Mrs Hirschler was a great believer in our residential projects – she even offered to cook for them so we could keep costs down.

HER VISION FOR MISGAV

Mrs Hirschler wanted to see our Supported Living project up and running. Unfortunately, we were not ready to set it up yet when she so badly needed it. We hope to name the supported living facility, currently in the planning stages, in her memory.

RIVKY LANDAU – COORDINATOR OF THE COMMUNITY FUNDRAISING CAMPAIGN

THE CHARIDY CAMPAIGN IN MAY WAS A HUGE SUCCESS.

We got Misgav's name out beyond the local disability community and now many people know about the charity and the full offer of our activities.

Because it was the first time Misgav was running a community fundraising campaign, the workload was quite heavy. As all staff pitched in to help, things were under control.

We managed to get 4,165 donors and raised over **£100,000!**

Misgav parents, staff, and volunteers as well as many of our disabled users devoted themselves and gave away their time to reach their goals and surpass them. Many of our staff members really outdid themselves - well done!

The atmosphere was great, and the morale was high as the entire Misgav family worked together to get Misgav over our initial goal of £100,000! We recalled the day of the campaign; what stood out was the excitement but also a feeling of calm, knowing that the community will come through for us - and you all did!



ACHIEVMENTS AND PERFORMANCE

MISGAV HELPS ITS USERS REACH THEIR MAXIMUM LEVEL OF INDEPENDENCE, BY RECOGNISING THEIR CHALLENGES AND FOCUSING ON POSITIVE CHANGE:

NECESSITY OF MISGAV ACTIVITIES:

100% answered 'High'

'Without Misgav my daughter's life would be so much poorer; she would be bored with no hope, no motivation and no socializing.'

PARENTS' SURVEY JANUARY 2023

IMPACT OF OUR ACTIVITIES ON YOUR DAUGHTER'S PHYSICAL ACTIVITY:

78% said significant **22%** said good

'F. really needs encouragement to join, but it does her a world of good.'

'Bella participates because she enjoys the stimulation at the exercise sessions."

IMPACT OF OUR PROGRAMME ON YOUR DAUGHTER'S WELLBEING/MENTAL HEALTH

100% noted significant impact

'Sarah feels happy when she's had a good day out - it makes all the difference!.'

'The sessions relax her mind! Once Bella has been motivated she feels fulfilled.'

SUCCESS AND ENJOYMENT OF RESIDENTIAL PROJECTS:

70% said very successful, **30%** successful

'Eva loves it! Great mix of fun activities, day trips, sport and art projects etc. Very well thought-out activities.'

SATISFACTION OF WEEKLY ACTIVITIES:

73% said very satisfied, **27%** said satisfied

'The sessions are enjoyable and really motivate her!'

'Leah looks forward to the Art therapy and cooking sessions where she can use her creativity, whilst gaining essential skills.'

IMPACT OF OUR PROGRAMMES ON THE MENTAL HEALTH OF CARERS AND YOUR FAMILY IN GENERAL

100% report significant impact.

HOW MUCH DO MISGAV'S ACTIVITIES HELP WITH YOUR DAUGHTER'S SENSE OF LONELINESS/ISOLATION?

She feels like Misgav is her family! F. loves to meet her friends. She feels rather isolated when she cannot join the sessions.'



Over this past year, there have been remarkable and positive advancements to our daytime and respite services.

In our daytime division, we have taken on managing work placements for 2 additional participants. We have added more courses to ensure they are gaining more skills, broadening their abilities for new and different types of work in the community.

We have continued to deliver high quality sports and arts activities, week in, week out. With very specific and individualised targets, we have stretched the capabilities of our participants by gently encouraging them to go above their usual performance levels.

Throughout our sports and life skills sessions, we have made healthy living a strong focus, thus enabling them to make healthier choices in their day-to-day decisions.

4,658 hours of volunteering opportunities

1,405 hours of group programming delivered.

4634 hours of one to one support delivered.

Who we work with

» 22 learning disabled women – most with high support needs who also face barriers because of physical disabilities/mobility issues, from Hackney, Haringey and Barnet who access our ongoing daytime and respite services

» Additional 19 women, totalling 41 unique users per year, from across the UK accessing our residentials and daytrips.

» Over 112 family members

» 90+ young people in the community working/ volunteering in our regular sessions and bi-annual residentials

» 7 additional support staff at residentials

» A team of 7 one-to-one support workers

» 30 employers of local businesses/ shops and offices

Independence and life-skills activities

» 40 gardening sessions at St. Mary's Secret Garden
» 31 cookery sessions
» 41 social skills sessions
» 46 Social enterprise sessions
» 39 social activities and friendship groups

Advocacy and support for parent/ carers

In January 23, we realised that our finances were declining at an alarming rate. This was because many participants had very small/ no funding packages in place and were joining our activities at a very minimal rate. We therefore initiated a series of individual/group parent meetings to establish new guidelines. We explained that they can only access services they could pay for at their true cost, and should prioritise the services they need most.

We promised to advocate for bigger packages and secure initial packages for those who never had one. we continue this intensive work with a view to ensure Misgav's long term sustainability without compromising our high-level of support that the parents and users are accustomed to and expect from us.

Arts activities

» 46 music sessions
» 41 art therapy sessions
» 44 creative arts sessions
» 12 fimo sessions
» 28 creative Modelling sessions

Sports activities

» 45 netball sessions
» 29 swimming sessions
» 33 cycling sessions
» 44 gym sessions
» 48 dance workout sessions
» 12 spin biking sessions

Celebration events

3 pop up shops at community Mall events showcasing and selling our own products created at Social enterprise sessions

In my role as volunteer on Sundays, I've watched Misgav grow over the past few years, from a fun and happening place to be, to a professional, fun and happening place to be! BT, Gym volunteer

Volunteers

» 3 training events
» 1 large volunteer appreciation event
» Small volunteer group celebration events
» 1 volunteer recruitment event

Residentials and Bank Holiday trips and activities

» 2 weeks residential in the summer
» 1 week residential in the winter
» 6 daytrips
» 2 bespoke half term programmes for users

Community Campaign

Large scale campaign aimed at the community, supporters and friends/ family of participants and staff. This brought in the phenomenal figure of £100,000.

OUTCOMES OF MISGAV'S ACTIVITIES

EMPLOYMENT

Misgav's employment programme has seen remarkable growth. We now providing services to even more users with a greater variety of placements. Their very specific and well-matched job placements are filling them with true satisfaction as they grow into their unique role at their jobs and find their niche in the community. The group sessions run as part of the programme teach skills and give users a social setting where they can interaact with their peers and be supported in a more relaxed setting.

Support Workers & Staff

» 1 Day Programme Manager

» 13 support workers, supporting users at their jobs

» 4 instructors for skill courses

» 5 project staff including clinical psychologist

» 5 young women as sessional keyworkers who helped out at some sessions.

Work Skill group sessions

» 38 IT sessions

» 41 social skills sessions

» 46 social enterprise sessions

» 11 food packaging sessions

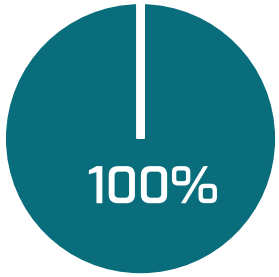
***2651** hours of work placements*

'The participants arrive with enthusiasm each day reflective of how meaningful Misgav is to their lives' FB 1:1 support worker at employment programme'



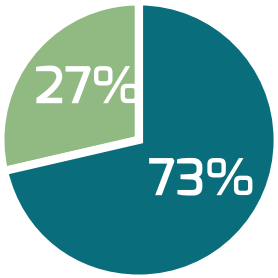
GENERAL IMPACT OF OUR EMPLOYMENT PROGRAMME

USER'S HIGH NEED FOR THE PROGRAMME FOR THEIR PERSONAL DEVELOPMENT AND GENERAL WELLBEING:



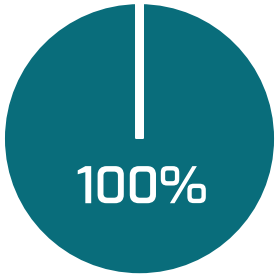
Vital importance

USERS' SATISFACTION WITH THE DAYTIME PROGRAMME:



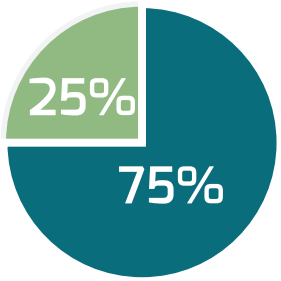
Happy Very happy

USERS' SATISFACTION WITH THE RESPITE PROGRAMME:



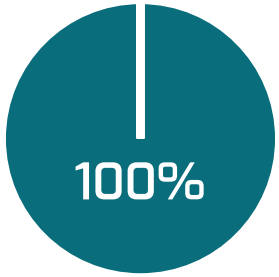
Very happy

IMPACT OUR PROGRAMMES HAVE ON USERS' WELLBEING/ MENTAL HEALTH:



Some positive impact Positive impact

IMPACT OF OUR PROGRAMMES ON THE MENTAL HEALTH OF CARERS AND YOUR FAMILY IN GENERAL:



Strong/ significant impact

IMPACT OF OUR PROGRAMMES IN REDUCING ISOLATION:



Significant impact

Beth, aged 24 who is learning disabled and on the autistic spectrum, joined our IT course having had minimal access to a computer. We provided her with a tailormade programme to start learning the basic functions of Microsoft Office. Beth enjoys making comprehensive and aesthetic Power Point presentations and has learnt how to carry out google searches effectively for her projects. Another outcome of the IT course for Beth was that it reduced her acute isolation, now that she can keep in contact with friends via email. She has learnt how to send emails, communicating professionally. 'I like using email because I can be in contact with my friends at a time that is convenient for me and for them.' Expanded forms of communication have been an opportunity for Beth to widen her social network and improve communication skills. They have played an important role as Beth prepares to take on external job placement opportunities.



'Before Sarah joined Misgav's work placements programme, she had nothing to do with her day and felt very unfulfilled and discouraged. Now, not only does she have what to do; she is thriving from the connections she has made with her employers and colleagues at her workplaces . Their work expectations infuse her with confidence and make her feel like a valued part of the working society. The fulfilment she is getting from her work, as well as the genuine compliments she receives, really boost her mood and self-esteem.

We would be at a total loss if not for this excellent and well-managed programme - we are so grateful!'

Mother of Sarah, Autistic user, aged 25

FINANCIAL REVIEW



FINANCIAL REVIEW

This financial year (April 2022- March 2023) we have continued seeing an increase in the demand on our services compounded with the challenges of the cost-of-living crisis and the impact of increased activities' delivery costs.

Misgav's income increased by £222,049. This is a remarkable accomplishment given the economic and fundraising climate. We have achieved this partly as a result of our first, very successful, community fundraising campaign which provided net income of £99,581.

We also increased our income from the Local Authorities' LD Services by £153,247 as result of advisory support to families and advocacy on their behalf in revisions of care plans and in securing for the first time social care support that our users are entitled to.

Our grant/trusts funding decreased compared to last year by £22,651 but this was offset by restricted funds of £41,440 carried over from grants secured last year for this financial year's expenditure. Overall, the grants/trusts fundraising income remains stable at £192,706 despite pressure on funds reported by funders and shifts to more welfare/crisis focussed fundings.

Our expenditure rose by £192,109. The rise in expenditure was due to: extending staff capacity to ensure continuity of service quality and safety, bringing up sessional staff's wages in line with responsibilities, costs of onboarding new users, our move to a bigger office with associated equipment purchases, a significant increase in delivery and associated support costs especially for sports and arts (45% increase) and residentials (75% increase) and extending our mental health/wellbeing support in line with growing needs.

RESERVES POLICY

The trustees aim to maintain free reserves at a level of 3-6 months' running costs. Last year the level of free reserves was 5 months of running costs. The cash value of reserves this year remained the same as last year at £185,747 but due to increase of annual expenditure now stands at 3.4 months' of running costs.

Signed on behalf of the trustees:

Mrs Yutta Domb
30 January 2024

INDIVIDUAL EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Misgav Trust ('the charity') for the year ended 31 March 2023.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Goldberg

David Goldberg, FCA DChA
Cohen Arnold
New Burlington House
1075 Finchley Road
LONDON
NW11 0PU

30 January 2024



STATEMENT OF FINANCIAL ACTIVITIES

For the year ending 31 March 2023

	Note	Unrestricted funds	Restricted funds	2023 **Total funds**	2022 Total funds
		£	£	£	£
Income and endowments					
Donations and legacies	4	121,167	178,138	299,305	219,971
Charitable activities	5	347,067	–	347,067	204,352
Total income		468,234	178,138	646,372	424,323
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	6	31,414	–	31,414	33,463
Expenditure on charitable activities:	7				
Sports and Arts		164,773	88,528	253,301	174,507
Employment Support Program		119,745	45,248	164,993	135,263
Residentials and day camps		135,654	62,954	198,608	112,974
Total expenditure		451,586	196,730	648,316	456,207
Net expenditure and net movement in funds		16,648	(18,592)	(1,944)	(31,884)
Reconciliation of funds					
Total funds brought forward		185,747	41,440	227,187	259,071
Total funds carried forward		202,395	22,848	225,243	227,187



STATEMENT OF FINANCIAL POSITION

As at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	12	5,673	2,425
Current assets			
Debtors	13	157,795	62,205
Cash at bank and in hand		126,636	168,721
		284,431	230,926
Creditors: amounts falling due within one year	14	64,861	6,164
Net current assets		219,570	224,762
Total assets less current liabilities		225,243	227,187
Net assets		225,243	227,187
Funds of the charity			
Restricted funds		22,848	41,923
Unrestricted funds		202,395	185,264
Total charity funds	15	225,243	227,187

These financial statements were approved by the board of trustees on the 30 January 2024 and are signed on their behalf by:

Mrs Y Domb
Chair
30 January 2024

STATEMENT OF CASH FLOWS

As at 31 March 2023

	2023 £	2022 £
Cash flows from operating activities		
Net expenditure	(1,944)	(31,884)
Adjustments for:		
Depreciation of tangible fixed assets	1,891	808
Accrued expenses/(income)	4,251	(1,663)
Changes in:		
Trade and other debtors	(96,841)	(26,877)
Trade and other creditors	55,697	(53,213)
Cash generated from operations	(36,946)	(112,829)
Net cash used in operating activities	(36,946)	(112,829)
Cash flows from investing activities		
Purchase of tangible assets	(5,139)	–
Net cash used in investing activities	(5,139)	–
Net decrease in cash and cash equivalents	(42,085)	(112,829)
Cash and cash equivalents at beginning of year	168,721	281,550
Cash and cash equivalents at end of year	126,636	168,721



NOTES TO THE FINANCIAL STATEMENTS

1. GENERAL INFORMATION

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 48 Northfield Road, N16 5RN, London.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. ACCOUNTING POLICIES

Basis of preparation
The accounts (financial statements) have been prepared on the historical cost basis.

Public Benefit entity
The charity meets the definition of a public benefit entity under FRS 102.

Going Concern
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.
Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.
Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Fund accounting
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund. Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes. Designated funds are unrestricted funds earmarked by the trustees for particular purposes.
Expenditure
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:
Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
Expenditure on charitable activities includes the costs of activities and services undertaken to further the purposes of the charity and their associated support costs o Other expenditure represents those items not falling into any other heading.

Allocation of support costs
Resources expended are allocated to the particular activity where the cost relates directly to that activity. Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff, of the amount attributable to each activity.

o Sports Activities 26%
o Arts Activities 19%
o Residentials 32%
o Employment Support 23%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

Depreciation
Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment 25% reducing balance

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

4. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	106,599	–	106,599
Grants			
Grants receivable	14,568	178,138	192,706
	121,167	178,138	299,305

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	4,614	–	4,614
Grants			
Grants receivable	4,000	211,357	215,357
	8,614	211,357	219,971

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
The Eva Greenberg Trust				3,000
Charitable Donations	143		143	
Community Donations (Charity Campaign)	106,456		106,456	1,613
Total income from Donations and Legacies:	106,599		106,599	4,613
Charitable Activities:				
Parental Contributions	822		822	11,355
Borough of Hackney and Haringey LD Services	346,244		346,244	192,997
Total Charitable Activities:	347,066		347,066	204,352
Grants Received:				
29th May				4,000
Access Foundation		10,508	10,508	
Alpkit Foundation		200	200	
Arnold Clark				2,500
Barchester				750
Barnet Grant				5,960
Bruce Wake Charitiable trust				2,000
City Bridge Trust	4,568	47,720	52,288	48,460
CLA Charitable Trust		2,500	2,500	
Compass Wellbeing		9,333	9,333	
CST Grants		3,067	3,067	1,728
David Solomons				750
De Brye		1,000	1,000	
Disability Rights		8,500	8,500	9,623
EMDUK		3,834	3,834	
Hackney Giving		5,000	5,000	8,300
Interlink Foundation		8,425	8,425	1,710
Kirsch Foundation				4,000
Locality		5,000	5,000	
London Catalyst Foundation				2,000
London City Airport				3,000
Lloyds TSB		2,250	2,250	30,000
Medi Cash		2,000	2,000	
Mouniest Foundation		500	500	
NHS Health				275
Queens Platinum Jubilee Activity Fund		9,800	9,800	
Reaching Communities				41,761
Solace Womans Aid		5,000	5,000	5,000
Souter Charitable trust				3,000
Sport England				9,840
Sported Foundation				1,700
The Childwick Trust				4,000
The Field Family Charity Trust				3,000
The Hiscox Foundation				1,500
The Joseph and Lillian Sully Foundation	10,000		10,000	10,000
The London Community Fund		10,000	10,000	
The National Lottery Trust		10,000	10,000	
The Postcode Society Trust		25,000	25,000	
The Respite Association				
The Semble Grassroots Trust		3,000	3,000	
The Steven Bloch Image Trust		500	500	
The Stockwell Cliffe				1,000
This Girl Can Stage 2 (Sport England)				9,500
Walking and Cycling		5,000	5,000	
Total Grants Received:			192,706	215,357

5. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Other income from charitable activities	347,067	347,067	204,352	204,352

6. COSTS OF RAISING DONATIONS AND LEGACIES

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Costs of raising donations and legacies - Donations	31,414	31,414	33,463	33,463

7. EXPENDITURE ON CHARITABLE ACTIVITIES (by activity type)

	Charitable Activities			Support Costs	Total 2023	Total 2022
	Sports and Arts	Employment Support Program	Residentials & Day Camps		£	£
Advertising and Publicity	1,591	1,787	965	1,858	6,201	1,418
Consultancy	4,624	5,894	3,998	7,548	22,064	20,068
Day Trips	1,563	497	5,211		7,271	2,989
Depreciation Charge				1,891	1,891	808
Equipment and Supplies	11,565	9,457	8,967	5,366	35,355	16,511
Food and Refreshments	11,768	8,469	15,887	2,588	38,712	34,436
Governance Costs				5,832	5,832	4,494
Hire of Facilities	37,985	18,857	30,699	8,150	95,691	69,573
Insurance				861	861	790
Membership fee				240	240	48
Office Expenses	5,784	4,015	5,542	19,054	34,395	31,583
Staff Costs	98,553	71,594	57,884	89,335	317,366	222,972
Transport	8,378	7,867	15,895	11,587	43,727	45,061
Volunteer Expenses	1,619	845	3,874	958	7,296	5,454
Resources expended	183,430	129,281	148,922	155,269	616,902	456,205
Support costs apportioned	69,871	35,712	49,686	-155,269		
Total Resources Expended	**253,301**	**164,993**	**198,608**	**0**	**616,902**	**456,205**

8. NET EXPENDITURE

Net expenditure is stated after charging/(crediting):

9. INDEPENDENT EXAMINATION FEES

Fees payable to the independent examiner for:

	2023	2022
	£	£
Independent examination of the financial statements	3,000	3,000

10. STAFF COSTS

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	228,031	134,535

The average head count of employees during the year was 66 (2022: 70).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

11. TRUSTEE REMUNERATION AND EXPENSES

There was no remuneration paid to the trustees. The charity did not meet any individual expenses incurred by the trustees for services provided to the charity.

12. TANGIBLE FIXED ASSETS

	Equipment
	£
Cost	
At 1 April 2022	12,577
Additions	5,139
At 31 March 2023	17,716
Depreciation	
At 1 April 2022	10,152
Charge for the year	1,891
At 31 March 2023	12,043
Carrying amount	
At 31 March 2023	5,673
At 31 March 2022	2,425

13. DEBTORS

	2023	2022
	£	£
Prepayments and accrued income	5,015	6,266
Other debtors	152,780	55,939
	157,795	62,205

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	58,861	3,097
Accruals and deferred income	6,000	3,000
Social security and other taxes	–	67
	64,861	6,164

15. ANALYSIS OF CHARITABLE FUNDS

Unrestricted funds

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
General funds	185,747	468,234	(451,586)	202,395

	At 1 April 2021	Income	Expenditure	At 31 March 2022
	£	£	£	£
General funds	224,632	212,966	(252,334)	185,264

Restricted funds

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
Restricted Fund	41,440	178,138	(196,730)	22,848

	At 1 April 2021	Income	Expenditure	At 31 March 2022
	£	£	£	£
Restricted Fund	34,439	211,357	(203,873)	41,923

The following grants were received in the year in relation to expenditure in the next financial year:

	£
Compass Wellbeing	9,333
Interlink Foundation	5,015
Locality	3,500
The London community fund	5,000
Total funds carried forward	22,848

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

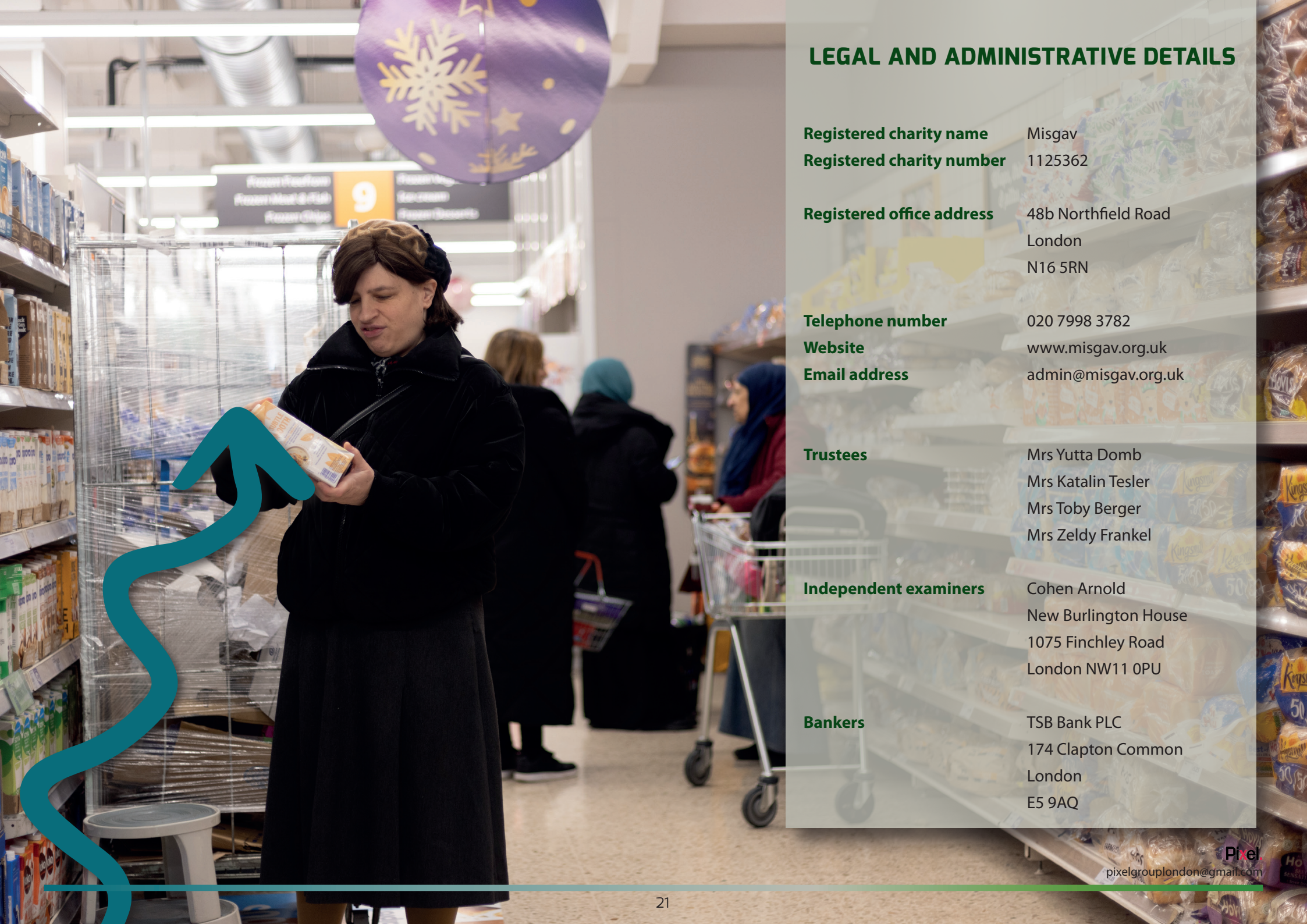
	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Tangible fixed assets	5,673	–	5,673
Current assets	261,583	22,848	284,431
Creditors less than 1 year	(64,861)	–	(64,861)
Net assets	202,395	22,848	225,243

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Tangible fixed assets	2,425	–	2,425
Current assets	189,486	41,440	230,926
Creditors less than 1 year	(6,164)	–	(6,164)
Net assets	185,747	41,440	227,187

17. ANALYSIS OF CHANGES IN NET DEBT

	At 1 Apr 2022	Cash flows	At 31 Mar 2023
	£	£	£
Cash at bank and in hand	168,721	(42,085)	126,636





LEGAL AND ADMINISTRATIVE DETAILS

Registered charity name	Misgav
Registered charity number	1125362
Registered office address	48b Northfield Road London N16 5RN
Telephone number	020 7998 3782
Website	www.misgav.org.uk
Email address	admin@misgav.org.uk
Trustees	Mrs Yutta Domb Mrs Katalin Tesler Mrs Toby Berger Mrs Zeldy Frankel
Independent examiners	Cohen Arnold New Burlington House 1075 Finchley Road London NW11 0PU
Bankers	TSB Bank PLC 174 Clapton Common London E5 9AQ

Pixel
pixelgrouplondon@gmail.com

MISGAV

England & Wales - Charity number 1125362

Accounts

A Palette of Opportunity

MSGAV
Brightening Lives Building Futures

REGISTERED CHARITY NUMBER 1125362

ANNUAL REPORT AND ACCOUNTS FOR YEAR ENDING 31ST MARCH 2022





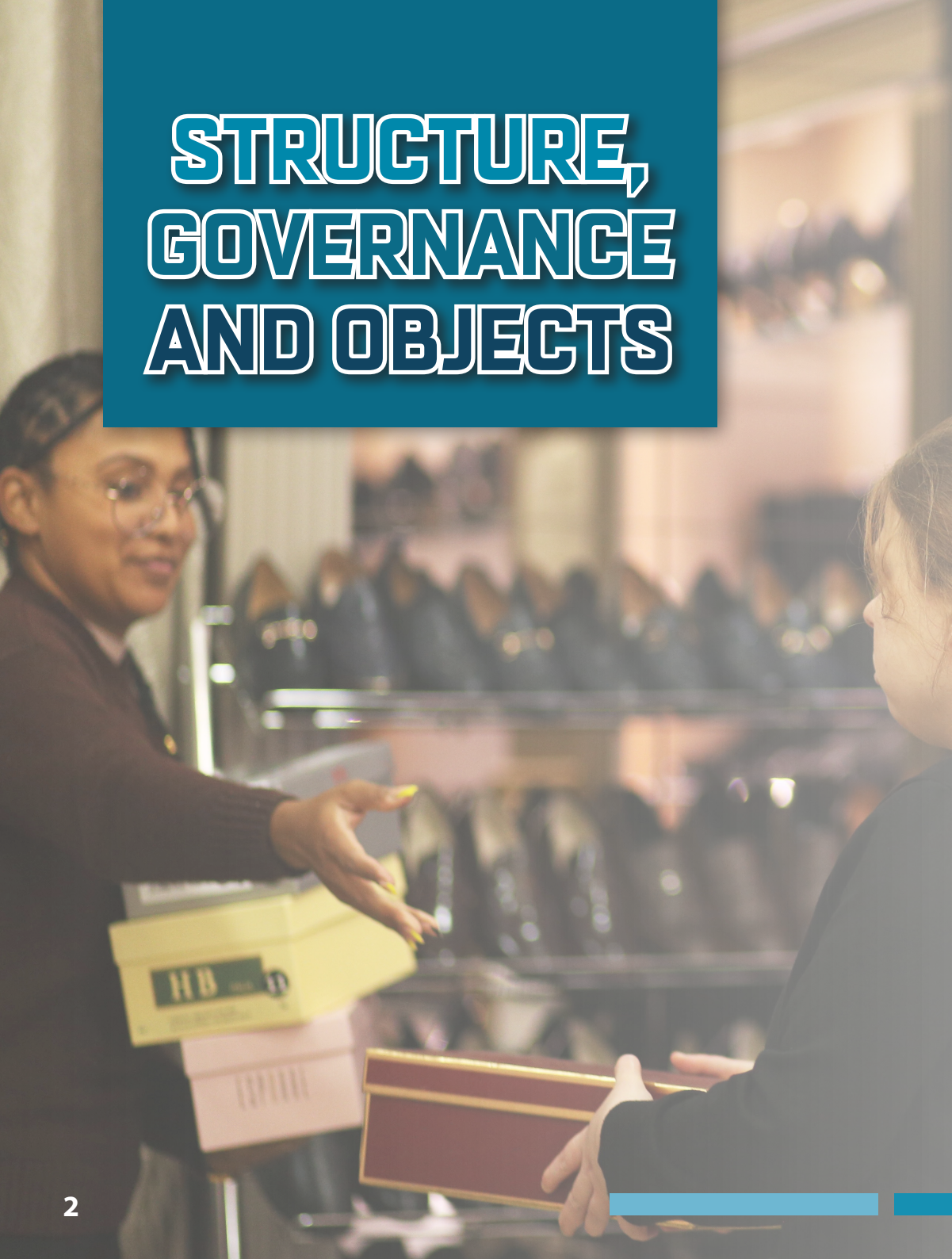


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STRUCTURE, GOVERNANCE AND OBJECTS



Structure and governance

Misgav is governed by its Trust Deed dated February 2006, which states the object of improving the lives of disabled women. The charity is an unincorporated registered charity – registration number 1125362.

The Board of Trustees are responsible for the governance and overall management of the organisation. The trustees who served the charity during the period were:

Mrs Yutta Domb Mrs Katalin Tesler

Mrs Toby Berger Mrs Zeldy Frankel

Day-to-day management of activities is carried out by the Director, supported by Project Managers, Finance Manager and administrative support. Misgav's activities are supervised and run by the Group Coordinators, 10 part-time employees, 1 full time, 59 sessional staff, as well as 25 dedicated volunteers. The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. New Trustees are recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by the resolution of the Trustees, which is recorded in the minutes and signed by a Trustee. New Trustees are given induction and appropriate training by the current Trustees.

Objects

Our primary, overarching aim continues to be to improve the lives of disabled women, supporting them in developing their life skills, improving their health and wellbeing, and enhancing their opportunities to lead a safe and fulfilling life while achieving their individual potential.

Misgav's secondary aim is to continue to support users' parent-carers and family members, by providing them with essential regular respite from their ongoing, increasingly stressful task as caregivers, as both they and their daughters grow older.

Public benefit

The trustees have reviewed the charity's aims, objectives and future plans, and confirm that they comply with the public benefit guidance as published by the Charity Commission.

TRUSTEE'S REPORT

Misgav's users gain a palette of skills with which they paint a more independent, happier reality and make a positive mark on our community.

Growth: needs and a new range of activities

While the previous financial year was characterised by pause, uncertainty, new ways of thinking and delivering our programmes – this financial year could be summed up in one word as 'growth' – in many aspects of our work. First, disabled users, carers and staff felt the growth of impatience to get back to normal. Yet over the year we have faced uncertainties with new variants of Covid – Delta in July and Omicron in December 2021. We have weathered those with a well-practiced range of safety measures and an attitude to adapt and 'get on with it'. What has become apparent to us is that things have changed for Misgav and our users so much since the pandemic that there might be no return to the 'before', even as we have successfully reintroduced all our pre-Covid programming. This is because 21/22 has delivered unprecedent growth of needs – circumstances have changed for our users and their carers, and so they have for staff, volunteers and Misgav as an organisation.

Disabled women, many of whom are clinically vulnerable and their carers because of their age and medical conditions are being disabled by the society and left behind without measures to cope with a new reality. Adding to this a lingering trauma of the pandemic on our disabled households with all its implications for the wellbeing and finances. To address those new needs, this year we have focussed on:



- Improving mental health of disabled users and alleviating the pandemic's impact. We have engaged Dr Topper, a clinical psychologist, to work with our users and their families, as well as staff across all programmes to help them return to Misgav and a wider range of activities in the community. In our holistic approach we guide users on how to cope better with anxieties and teach resilience skills. Our sport, art and music activities provide great tools for successful therapeutic interventions. We hope that this low-level mental health support will progress from ad-hoc work with only high-needs cases to a fully rolled out programme which will help users at the earliest possible stage when their mental health requires a boost.
- Facilitating good transitions for new users joining Misgav and users who need to move to the next stage of their independence. The demand for a supported living is growing and with initial funding committed from Delapage we have worked on this new venture with external consultants funded by the Lloyds Foundation, staff at the Interlink Foundation and representatives of Hackney and Haringey councils.
- Expanding the day programme into a full range of skills training and hands on group work experiences which dovetail with our job placements. By the end of this financial year, we are offering 11.5 hours of day group programming which for the first time includes a formal, accredited IT training co-delivered with Vista Education. The gardening, nutrition, soft and work skills as well as cooking programmes provide a set of skills that helps users become more engaged and independent.
- Dance was added to our daily afternoon activities as users felt this type of exercise would be beneficial especially to those who struggle with stamina and motivation to keep fit.
- Our social media and local press communications were expanded.
- Access to social care benefits for all eligible users – we have extended our advisory service and practical help with personal budgets applications. This part is essential to users' well-being but also to Misgav's survival as costs of our programmes have risen along with cost of fuel and inflation.
- Advocacy - we have worked with local and national disability rights organisations to make sure we stay informed and present the voice of our unique community at fora which affect local and national change.
- Increase staff capacity as our governance 'health checks' highlighted this as a measure to ensure that our growth is sustainable. We have employed 3 part-time staff including 2 new admin workers and a Grants Writer who has received in house training to help us secure grants in an increasingly challenging fundraising environment.



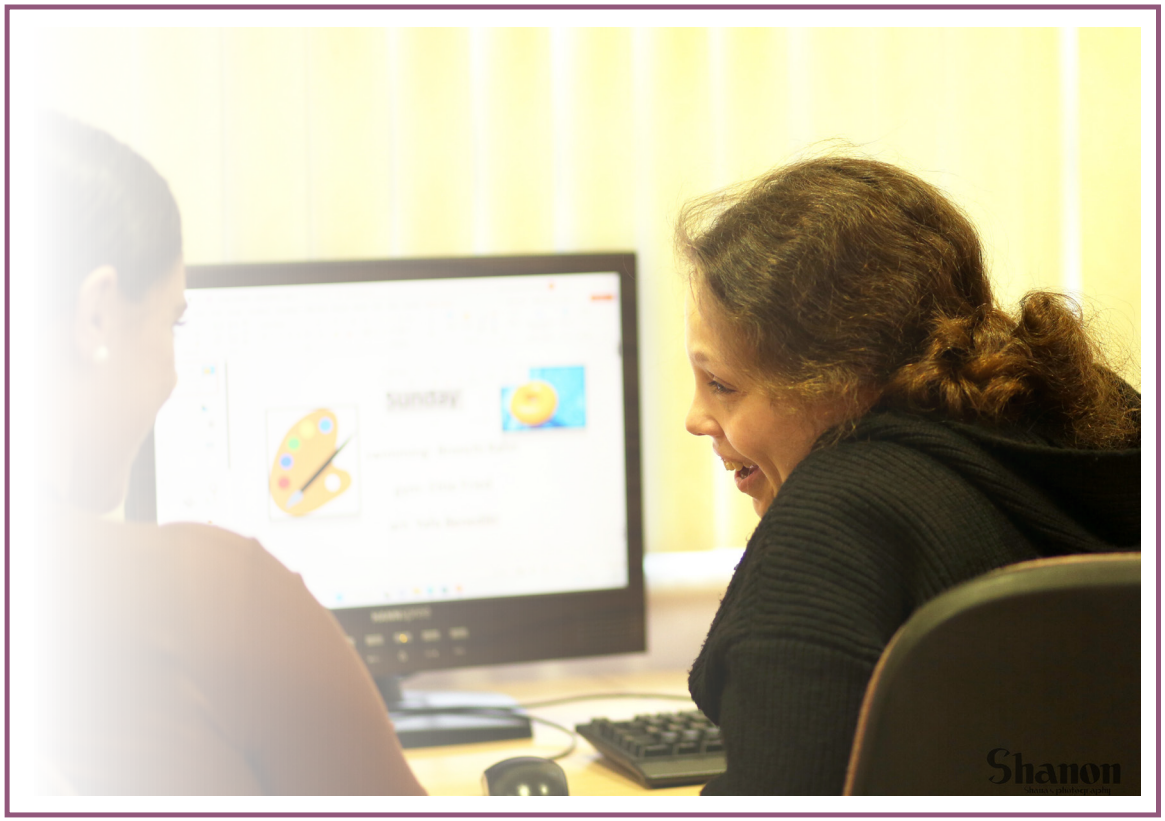
TARGETS AND PERFORMANCE

Targets

I We plan to set up skill courses geared at a group of higher achievers, open to members of the community who need the skills in an appropriate social setting for them. Their care-givers need that respite, but potential users consider themselves too mainstream to join Misgav as users.	We have added new sessions and are on course of providing a full day programme of skills training and group work opportunities.
II We hope to increase our administrative capacity to enable us to manage more effectively and run more efficiently.	We have hired 2 new admin staff, a junior Grant Writer to be trained in-house to extend the fundraising capacity and a coordinator to develop wellbeing support.
III The Covid year has left its mark on our users, directly affecting their behaviour and performance at our sessions. We aim to employ a behavioural specialist for a period of 6 months, to assess the triggers and behaviour patterns for each of our users, draw up crib sheets, and train our onsite staff with the best behaviour management techniques.	Our work with Dr Topper, a clinical psychologist, has had a great impact on the most urgent cases thanks to a holistic intervention. On average she has spent 3 months per household helping address behavioural patterns of concern (unsafe self-soothing, overeating, panic attacks). After the training staff and volunteers reported feeling better-equipped to help users with behaviours challenges.

Performance

TARGETS FOR NEXT YEAR



I. To fully utilise resources offered by partners such as Lloyds and Solace foundations to devise a sound organisational strategy and business planning for the supported living

II. Extend staff and volunteer training especially in the area of mental health and on ways of enhancing co-production with users.

III. To extend staff capacity in line with the growth of the employment programme and to address more complicated logistics when finding and co-ordinating job placements. This reflects extra health risk considerations and training since the pandemic and a need to replace partners who went out of business/changed mode of work during the lockdowns.

IV. Respond to an acute need to fill in the gap in local provision between term activities and residential camps by providing summer and winter day camps. These will not only bridge the care provision for carers but also for users, and will prevent routine upheavals and 'holiday slide' in skills.

V. Explore and apply for new ways to: promote the art programme, test/introduce new social enterprise ideas and to improving financial and eco sustainability of Misgav.

A WORD OF GRATITUDE

Misgav is most fortunate to partner with those who support and empower us, turning our visions into reality.

The **National Lottery Community Fund** - Reaching Communities and **City Bridge Trust** with their multi-year awards give us capacity to develop and enhance programming.

Over the past two years the **Lloyds Bank Foundation** has benefited Misgav way beyond the monetary value of the core funding they have generously invested in us. Staff at Lloyds have shared our vision for a more resilient charity and a sustainable response to our users' and carers' urgent needs. We have learned so much from the mentoring and business consultancy that are shaping our supported living and other projects. We are also grateful for the networking and opportunities to present our users' voice on pressing issues such as accessible banking.

Solace Labyrinth funding has given us a real boost to expand our employment programme. This investment gave us a great leverage to attract further funding, which in turn helped us introduce a new accredited IT course.

We are also extremely fortunate to have partners such as **The Joseph and Lilian Sully Foundation** who have been our long-term supporters and friends. Your trust and encouragement have boosted our morale when we started facing this precarious new financial climate.



Our main funders of the year were:

- 29th of May
- Barnet Giving
- Childwick Trust
- Disability Rights UK
- Hackney Giving
- Kirsch Foundation
- Sport England
- Westfield/Foundation for Future

We are also grateful to: Arnold Clark, Barchester Trust, Barnet Community Response, London Catalyst, London City Airport, London Cycling Campaign, Souter Charitable Trust, Sported Foundation, Stockwell Cliffe, The Hiscox Foundation, The Field Family Trust

Signed on behalf of the trustees:

Mrs Yutta Domb
30 January 2023

Users' Feedback

'My Misgav friends boost my mood'

'Music and sport sessions infuse me with energy..'

'I feel warmed and encouraged by the smile of my support worker'

'The aerobic and dance lets me kick away my troubles and feel good '

'I love the fun way we get to express our-selves at Art Therapy'

'Misgav is a happy place....'

ACHIEVMENTS AND PERFORMANCE

Misgav helps its users reach their maximum level of independence, by recognising their challenges and focusing on positive change:

Necessity of Misgav activities:

100% answered 'High'

'Misgav activities gives her day structure - she would otherwise have nothing else to do'.

'Misgav activities are absolutely essential - it gives her access to all different activities.'

PARENTS SURVEY 2022

Impact of our activities on your daughter's physical activity:

78% said excellent **22%** said very good

'Exercise is very important for Miriam who won't move much otherwise'

'The physical activity during dancing really keeps her active'

Impact of our programme on your daughter's wellbeing/mental health

80% significant impact **20%** some impact

'Keeps her happy and satisfied'

'Leah lives with older people and the time she spends with company similar to her age at external activities are vital to her general wellbeing'

How much do Misgav's activities help with your daughter's sense of loneliness/ isolation?

'Without Misgav she would have no social life'

'She is making friends and feels a sense of belonging'

Satisfaction of weekly activities:

92% said extremely satisfied, **8%** said satisfied

'They focus on Sarah's unique needs!'

'I feel she really gains a lot!'

'It's varied and interesting'

Impact of our programmes on the mental health of carers and your family in general

78% significant impact, **22%** some impact

'Gives us all a break, knowing she has where to spend time safely.'



Over the past year Misgav has developed and managed our users' daytime schedules, ensuring they have the best chances in the working world. Their very individualised work placements, along with group courses to up their skills, has stretched them and given them real feelings of satisfaction and fulfilment.

Alongside this, we have continued to deliver high-quality sports and arts respite sessions daily. In a warm and welcoming environment, our users and volunteers engage in reaching their set targets together, enhancing valuable life skills and improving their stamina and general health.



8583 HOURS OF VOLUNTEER OPPORTUNITIES PER YEAR

Who we work with

- 41 women with moderate/severe learning and physical disabilities, from Hackney, Haringey and Barnet. Our residential holidays are attended by women from across the UK.
- Over 112 family members
- 105 young people in the community working/ volunteering
- A team of one-to-one support workers
- 29 employers of local businesses/ shops and offices

Independence and life-skills activities

- 41 gardening sessions
- 50 cookery sessions
- 45 social skills sessions
- 29 bake& create sessions
- 7 card making workshops
- 21 social skills sessions
- 28 IT sessions

Advocacy and support for parent/ carers

- We ran 3 parent workshops with a lawyer, making parents aware of their legal rights and obligations.
- We have piloted one application for deputyship.

Residentials and Bank Holiday trips and activities

- 2 weeks residential in the summer
- 1 week residential in the winter
- 6 day trips

Arts activities

- 43 music sessions
- 46 art therapy sessions
- 43 creative arts sessions

Sports activities

- 33 netball sessions
- 34 swimming sessions
- 21 cycling sessions
- 34 gym sessions
- 9 aerobics sessions
- 34 dance workout sessions
- 13 1:1 gym sessions

Volunteers

- 3 training events
- 1 volunteer appreciation event
- 1 volunteer recruitment event

Community Campaign

- 3 Initial meetings to plan and prepare for large community fundraising campaign.

Celebration events

- 2 showcase celebration events for family, friends and volunteers

1553 HOURS OF PROGRAMMING DELIVERED

EMPLOYMENT

Our work programme has made great strides, as more users have joined, benefiting from unique and tailor-made work schedules. Under our closely managed programme our users are coached and trained to fill their positions well, and communicate professionally with their employers.

Support Workers & Staff

- 1 manager
- 16 support workers, supporting users in their jobs
- 4 instructors for skill courses
- 6 project staff (incl psychologist and 5 young women as sessional keyworkers who helped out at some sessions).

Work Skill group sessions

- 28 IT sessions
- 45 social skills sessions
- 45 social enterprise sessions
- 25 communication skills sessions

1269 HOURS OF WORK PLACEMENTS





OUTCOMES OF MISGAV'S ACTIVITIES

How do my work placements make me feel?

Users respond...

'I like the space to work at my own pace'

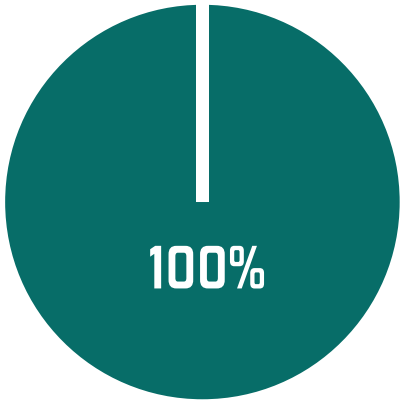
'Calm, always there for me'

'Confident, I feel I can do it'

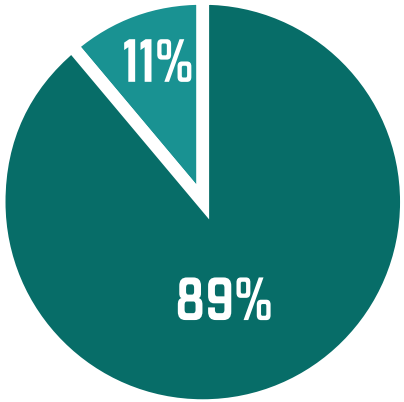
'I have my place in the community'

GENERAL IMPACT OF OUR EMPLOYMENT PROGRAMME

The programme is essential for users' personal development and wellbeing:

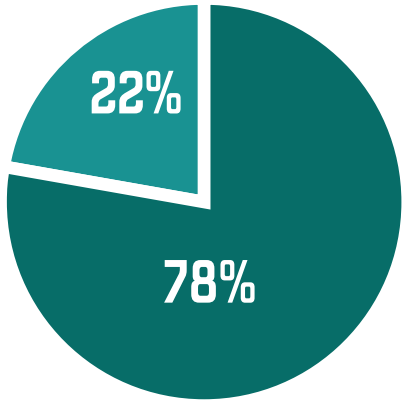


Users' satisfaction with the programme:



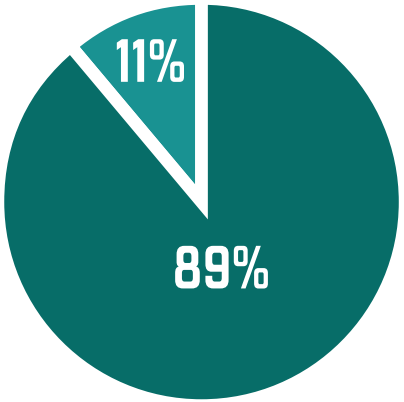
Very happy **Happy**

Significant/positive impact of our programme on their mental health:



Very positive impact **Some positive impact**

Programme important to reduce their isolation:



Vital importance **Great importance**

'Liz, aged 26, who is learning disabled and has some mobility issues, likes calm environment and predictable workload. Misgav found and support Liz's induction at a local personalised gifts company. She assists in fulfilling delivery orders and uses her artistic flair honed in our art classes to create beautiful gift arrangements. Her employers needed some induction training as they had no previous contact with a learning-disabled person, and little help to adjust the work to Liz's needs. Now they work well as a team and both look forward to the afternoons when Liz is in the shop.'

Leah (owner of local gift store)

'Janet looks forward to social enterprise all week long! She will always ensure that she is free during that slot and will absolutely not allow me to book any appointments during that time! Social enterprise is her favourite session. I am so gratefull that she has this opportunity to develop skills in such a supportive setting.'

Janet's mum age 68

FINANCIAL REVIEW

Financial Review

This financial year (April 2021- March 2022) saw the after-effects of Covid and the challenges of fundraising for increased services. Whilst income increased by £68,000, expenditure on charitable activities rose by £185,00. The rise in expenditure was due to increase in service provision, both in the number and quality of services and in the number of service users. This year, Misgav developed and expanded its employment programme, day programme, sports provision and one-2-one support. Costs have also risen, especially in the running of residential camps. This upsurge in costs was mainly funded from brought forward reserves.

During the previous financial year, Covid restrictions had placed a pause on many of the charity's activities, resulting in a brought forward level of reserves this year that was unusually high. The trustees determined to use £38,885 of these reserves to improve and expand services in the best interests of the charity. This still leaves the charity in a healthy position. Misgav's current level of reserves is still at the higher end of its policy of holding 3-6 months' operational costs.

The trustees will aim for income to match expenditure in the year to March 2023. A crowdfunding campaign is planned which will hopefully allow Misgav to achieve its fundraising goals in conjunction with the many grant funding opportunities of which it continues to take advantage.

Reserves Policy

The trustees aim to maintain free reserves at a level of 3-6 months' running costs. Last year the level of free reserves was almost 12 months of running costs. The trustees position is that the charity should use those extra funds to benefit service users and this brought the level of free reserves this year (£185,747) to 5 months' running costs.

Signed on behalf of the trustees:

Mrs Yutta Domb

30 January 2023



INDIVIDUAL EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Misgav ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. The financial statements do not accord with those records; or

3. The financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Goldberg

David Goldberg, FCA DChA
Cohen Arnold
New Burlington House
1075 Finchley Road
LONDON
NW11 0PU

30 January 2023



STATEMENT OF FINANCIAL ACTIVITIES

For the year ending 31 March 2022



	Notes	Unrestricted Funds £	Restricted Funds £	**Total Funds *2022*** **£**	Unrestricted Funds £	Restricted Funds £	**Total Funds *2021*** £
Income from Donations & Legacies							
Income from Donations & Legacies		4,613		**4,613**	4,451	1,000	5,451
Charitable Activities		208,352	211,357	**419,709**	123,865	226,935	350,800
Total Incoming Resources	4	**212,965**	**211,357**	**424,322**	**128,316**	**227,935**	**356,251**
RESOURCES EXPENDED							
Raising Funds		33,463		**33,463**	20,434		20,434
Charitable Activities		218,387	204,356	**422,743**	30,214	202,723	232,937
Total Resources Expended	5	**251,850**	**204,356**	**456,206**	**50,648**	**202,723**	**253,371**
Net Movement In Funds		**-38,885**	**7,001**	**-31,884**	**77,668**	**25,212**	**102,880**
Transfer To / (From) Reserves							
Net Reserves for the Year		**-38,885**	**7,001**	**-31,884**	**77,668**	**25,212**	**102,880**
Total Funds Brought Forward		**224,632**	**34,439**	**259,071**	**146,964**	**9,227**	**156,191**
Total Funds Carried Forward	14/15	**£ 185,747**	**£ 41,440**	**£ 227,187**	**£ 224,632**	**£ 34,439**	**£ 259,071**



BALANCE SHEET

As at 31 March 2022

	Notes	*2022* £	*2021* £
Fixed Assets			
Tangible Assets	11	2,425	3,233
		2,425	3,233
Current Assets			
Debtors	12	62,205	35,043
Cash at Bank and in Hand		168,721	281,550
		230,926	316,593
Creditors			
Amounts falling due within one year	13	(6,164)	(60,755)
Net Current Assets		224,762	255,838
Total Assets less Current Liabilities		227,187	259,071
Creditors			
Amounts falling due after more than one year	11		
Net Assets		**£ 227,187**	**£ 259,071**
Restricted Funds	14	41,440	34,439
Unrestricted Funds	15	185,747	224,632
Total Funds		**£ 227,187**	**£ 259,071**

These financial statements were approved by the board of trustees on the 30 January 2023 and are signed on their behalf by:

Mrs Y Domb
Chair

30 January 2023

Notes To The Accounts - 31 March 2022

1) General Information

The charity is registered charity in England and Wales and is unincorporated. The address of the principal office is 48 Northfield Road, London N16 5RN.

2) Statement of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3) Accounting Policies

Basis of preparation
The accounts (financial statements) have been prepared on the historical cost basis.

Public Benefit entity
The charity meets the definition of a public benefit entity under FRS 102.

Going Concern
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.
Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Expenditure
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.
Expenditure is classified under the following activity headings:
• Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
• Expenditure on charitable activities includes the costs of activities and services undertaken to further the purposes of the charity and their associated support costs
• Other expenditure represents those items not falling into any other heading.

Allocation of support costs
Resources expended are allocated to the particular activity where the cost relates directly to that activity.
Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff, of the amount attributable to each activity.
• Sports Activities 25%
• Arts Activities 24%
• Residentials 30%
• Employment Support 13%
• Fundraising 5%
• Governance costs 3%
Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

4) Income from Donations & Legacies

	Unrestricted Funds £	Restricted Funds £	**Total *2022* £**	Total *2021* £
Alec Dickson Trust				500
The Eve Greenberg Trust	3,000		**3,000**	2,000
Gowling WLG Charitable Trust				500
Community Donations	1,613		**1,613**	2,451
Total Income from Donations & Legacies	**4,613**		**4,613**	5,451
Charitable Activities				
Parental Contributions	11,355		**11,355**	11,325
Borough of Hackney and Haringey LD Services	192,997		**192,997**	108,540
Total Charitable Activities	204,352		**204,352**	119,865
Grants Received				
29th May		4,000	**4,000**	4,000
Anton Jurgens				3,000
Arnold Clark		2,500	**2,500**	
Awards for All				10,000
Barchester		750	**750**	
Branet Grant		5,960	**5,960**	
Bruce Wake Charitable Trust		2,000	**2,000**	2,000
CAF Grant				18,500
City Bridge Trust		48,460	**48,460**	
CST Grants		1728	**1,728**	
David Solomons		750	**750**	
Delapage				13,819
Disability Rights		9,623	**9,623**	
East End Community Fund				5,000
East Bank Westfield Grant				5,000
Hackney Giving		8,300	**8,300**	9,000
Hackney Voluntary Sector Grant				19,968
Interlink Foundation		1,710	**1,710**	
Kirsh Foundation	4,000		**4,000**	4,000
London Catalyst Foundation		2,000	**2,000**	
London City Airport		3,000	**3,000**	
London Community Response Fund				10,000
London Cycling Campaign				2,000
Lloyds TSB		30,000	**30,000**	38,200
NHS Health		275	**275**	
Olive Wolf Holiday Trust				2,000
Reaching Communities		41,761	**41,761**	45,688
Solace Womens Aid		5,000	**5,000**	
Souter Charitable Trust		3,000	**3,000**	
Sport England		9,840	**9,840**	
Sported Foundation		1,700	**1,700**	
Stronger Communities Grant				986
The Childwick Trust		4,000	**4,000**	
The Field Family Charity Trust		3000	**3,000**	
The Hiscox Foundation		1,500	**1,500**	
The Joseph & Lilian Sully Foundation		10,000	**10,000**	5,000
The Respite Association				2,500
The Stockwell Cliffe		1,000	**1,000**	
This Girl Can Stage 2 (Sport England)		9,500	**9,500**	
HMRC Job Retention Scheme				**30,275**
	4,000	211,357	**215,357**	230,935
Total Income Generated	**£ 212,965**	**£ 211,357**	**£ 424,322**	£ 356,251

5) Resources Expended

	Raising Funds	Sports and Arts	Employment Support Program	Residentials	Support Costs	**Total 2022**	Total 2021
	£	£	£	£	£	£	£
Advertising and Publicity	340	440	380	60	198	**1,418**	1,378
Consultancy	1,500	2,800	2,500	1,900	11,368	**20,068**	8,080
Day Trips		520	350	2,119	0	**2,989**	677
Depreciation Charge					808	**808**	1,078
Equipment and Supplies		4,200	6,156	4,700	1,455	**16,511**	5,745
Food and Refreshments		13,600	6,876	11,980	1,981	**34,436**	17,608
Governance Costs					4,494	**4,494**	4,483
Hire of Facilities		28,360	17,793	18,000	5,420	**69,573**	55,824
Insurance					790	**790**	762
Membership fee					48	**48**	36
Office Expenses	1,250	8,368	3,860	1,625	16,480	**31,583**	25,226
Staff Costs	19,360	54,255	44,840	35,440	69,077	**222,972**	117,163
Transport		20,411	11,540	4,210	8,900	**45,061**	12,824
Volunteer Expenses		1,174	590	2,350	1,340	**5,454**	2,487
Resources expended	22,450	134,128	94,885	82,384	122,358	**456,206**	253,371
Support costs apportioned	11,013	40,379	40,378	30,590	-122,358		
Total Resources Expended	33,463	174,507	135,263	112,974	0	**456,206**	253,371



6) Taxation

The Charity is exempt from taxation on its charitable activities.

7) Net income

Net income is charged after charging:

	2022	2021
Depreciation	£808	£1,078

8) Independent Examination Fees

Fees payable for independent examination	£3,000	£3,000

9) Staff Costs

The total staff costs and employee benefits for the year are analysed a follows:

	2022	2021
Wages and salaries	£222,972	£117,163

No employee earned more than £60,000 (2021: Nil).

The average number of Employees during the year	2022	2021
Sessional staff	59	46
Part time staff	10	9
Full time staff	1	1
total number of staff	70	56

10) Trustee Remuneration and Expenses

There was no remuneration paid to the trustees. The charity did not meet any individual expenses incurred by the trustees for services provided to the charity.

11) Tangible Fixed Assets

		Computer Equipment £	Activity Equipment £	Total £
Cost or valuation				
At	2021	2,844	9,733	12,577
	Additions			
	Disposals			
At	2022	2,844	9,733	12,577
Depreciation				
At	2021	2,424	6,920	9,344
	Charge for the year	105	703	808
	Disposals			
At	2022	2,529	7,623	10,152
Valuation				
	2022	£ 315	£ 2,110	£ 2,425
	2021	£ 420	£ 2,813	£ 3,233



12) Debtors

	2022	2021
	£	£
Parental Contributions and User Fees	55,939	28,879
Grants Receivable	6,266	5,981
Pre Paid Expenses and other debtors	0	183
	£ 62,205	**£ 35,043**

13) Creditors:

Amounts falling due within one year

	2022	2021
	£	£
Trade Creditors	3,097	52,882
Taxation and Social Security	67	2,789
Accruals and deferred income	3,000	4,378
Other Creditors		706
	£ 6,164	**£ 60,755**

14) Analysis of Net Assets of The Charity's Funds

	Fixed Assets	Current Assets	Current Liabilities	Fund Balances
	£	£	£	£
Restricted Funds		41,440		41,440
Unrestricted Funds	2,425	189,486	(6,164)	185,747
Total Funds	**£ 2,425**	**£ 230,926**	**£ (6,164)**	**£ 227,187**

15) Movement in Funds

	At 1 April 2021	Income	Expended	At 31 March 2022
		£	£	£
Restricted Funds	34,439	211,357	204,356	41,440
Unrestricted Funds	224,632	212,965	251,850	185,747
Total Funds	**£ 259,071**	**£ 424,322**	**£ 456,206**	**£ 227,187**

The following Grants were received in the Year in relation to expenditure in the next financial Year	
Lloyds	£30,000
Reaching Communities	£5,440
The Field Family Trust	£3,000
London City Airport	£1,500
Bruce Wake	£1,500
	£ 41,440



LEGAL AND ADMINISTRATIVE DETAILS

Registered charity name	Misgav
Registered charity number	1125362
Registered office address	48b Northfield Road London N16 5RN
Telephone number	020 7998 3782
Website	www.misgav.org.uk
Email address	admin@misgav.org.uk
Trustees	Mrs Yutta Domb Mrs Katalin Tesler Mrs Toby Berger Mrs Zeldy Frankel
Independent examiners	Cohen Arnold New Burlington House 1075 Finchley Road London NW11 0PU
Bankers	TSB Bank PLC 174 Clapton Common London E5 9AQ

Pixel.
pixelgrouplondon@gmail.com

MISGAV

England & Wales - Charity number 1125362

Accounts



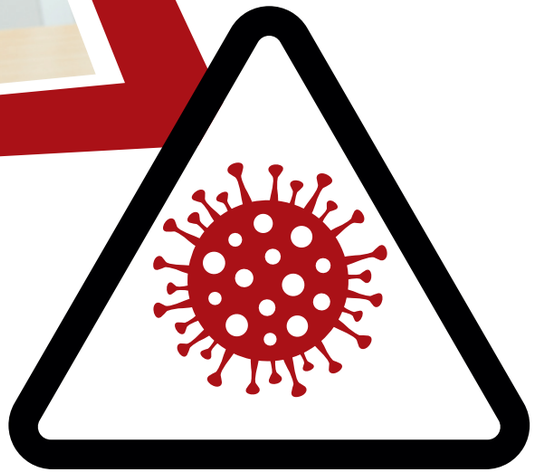
MSGAV

Brightening Lives Building Futures

REGISTERED CHARITY: 1125362

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDING 31ST MARCH 2021



Stay alert.

We're

Changing Lives



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STRUCTURE, GOVERNANCE AND OBJECTS



Misgav is governed by its Trust Deed dated February 2006, which states the object of improving the lives of disabled women. The charity is an unincorporated registered charity – registration number 1125362.

The Board of Trustees are responsible for the governance and overall management of the organisation. The trustees who served the charity during the period were:

Mrs Yutta Domb
Mrs Katalin Tesler
Mrs Toby Berger
Mrs Zeldy Frankel
Mrs Binah Hirshler

Day-to-day management of activities is carried out by the Director, supported by a Projects Manager, Finance Manager and administrative support. Misgav's activities are supervised and run by the Group Coordinators, 15 part-time employees, as well as 90 dedicated volunteers. The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. New Trustees are recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by the resolution of the Trustees, which is recorded in the minutes and signed by a Trustee. New Trustees are given induction and appropriate training by the current Trustees.

Objects

Our primary, overarching aim continues to be to improve the lives of disabled women, supporting them in developing their life skills, improving their health and wellbeing, and enhancing their opportunities to lead a safe and fulfilling life while achieving their individual potential.

Misgav's secondary aim is to continue to support users' parent-carers and family members, by providing them with essential regular respite from their ongoing, increasingly stressful task as caregivers, as both they and their daughters grow older.

Public benefit

The trustees have reviewed the charity's aims, objectives and future plans, and confirm that they comply with the public benefit guidance as published by the Charity Commission.



TRUSTEES' REPORT

'Testing Positive'

It's been a rough year, with tough restrictions. But Misgav certainly passed the test of Providing support and catering to the needs of our vulnerable users through this global crisis.

We are delighted to be able to report on a very successful year for Misgav and our dear users.

We began the year with feelings of trepidation on what lay ahead in this first experience of Covid lockdown. Our focus was on how we could best support our vulnerable users in those challenging and unprecedented times. This first lockdown lasted until June, and we worked very hard with the ongoing and loyal support of our dedicated staff and volunteers to provide the most we could within the strict restrictions of those months. We set up innumerable phone calls and Zoom phone meetings for our users. We arranged daily conference calls with different themes, including a quiz line, listen and learn; our music instructor ran interactive music sessions that our users - and their families who were also confined to home – really enjoyed. Our Food and Nutrition and Creative Arts facilitators prepared beautifully designed individual home packs with ingredients, recipes, materials and clear instructions, which were further explained over the phone for our users to follow and achieve a good end result.

The full schedule of work placements we set up for our high achieving users were greatly reduced through the heavy phases of Covid. Slowly as the year moved on and workplaces reopened, we re-established as many work opportunities as possible, ensuring our users are familiar with safety guidelines at work.

the Families told us how all activities were a life saver during that time, keeping our users creatively occupied, so that all family members were able to retain their sanity during those challenging weeks, made even more challenging by their learning disabled family member.
Misgav also provided unlimited emotional support and encouragement to families and care givers through this trying period, with utmost care and maximum sensitivity.

Mercifully, lockdown ended in June and Misgav was able to slowly reintroduce face to face activities in a Covid safe distanced setting for our less vulnerable users. These were supplemental to the still active conference calls and home activities. In August we felt ready for a two week Covid safe day programme to replace our usual annual sleep away, with activities taking place in support bubbles, for example. And so the year continued, with us responding to Covid restrictions and relaxations as the year wore on, always focusing on keeping our users safe, positively occupied and using all our initiative and wherewithal to preserve their mental and emotional wellbeing as best we could.

Feedback was ongoing and positive throughout, both from users, their families and the wider community. By March 2021, we had all survived a second lockdown, and were providing onsite activities once again, keeping to Covid safe regulations, with lots of Covid – and other – training under our belts, and with policies and procedures in place.

Looking back over the year, with all its bumps and bruises, we are not complacent, but we feel that we have served our users and their families well. They have all survived the challenges with increased resilience and tolerance, and are well placed to achieve much more with Misgav' s future plans, chief amongst them being to provide lots more work experience leading to meaningful employment according to each of our user's personal potential.

Tracking 'n' tracing our strengths

Tracing our voyage during a full year of Covid has been overwhelming journey.

Though planned projects were re-aligned and targets redirected, we stayed focused on our path towards high quality performance.



Target	Performance
We plan to further expand our social enterprise to enable it to cater for users with a broader range of ability, and also carry out market research to give us guidance on developing a possible new social enterprise	With Covid restrictions our more vulnerable users could not join our group sessions, which has made it difficult for us to broaden our user group. We have carried out market research, speaking to similar organisations in different countries and hearing ideas from them. As a result of our Covid related experiences this year, it became even more apparent how vital it is for us to set up our own enterprises rather than relying on outside workplaces who are under heavy pressure and often have needed to cut the hours that they have employed our members.
We also intend to grow our work experience programme due to the high demand, which will, at the same time, also increase visibility in the community as this will entail reaching out to more shops, institutions and work environments locally.	Our work experience programme has grown exponentially – although in a different way from what we had expected. As day centres/ colleges closed their doors, more users required individualised work schedules. We managed to set up timetables which included many 1:1 work sessions. Covid did restrict our visibility across the community, but never compromised the quality of care within our special Misgav family.
We will prepare a 5-year fundraising strategy, which will include establishing our presence on a social media platform to raise greater awareness about Misgav' s work, keeping better track of funding opportunities, engage more with funders and potential funders and foster better donor stewardship	We had to redirect our fundraising to help us cover Covid related requirements including 1:1 staff support, greatly increased transport and premises costs (in separate bubbles), and at the same time fundraise for the gap in resources that had been raised in the past by open community events, now proscribed.
Research and assess the implications of incorporating the charity with regard to trustees' personal liability and our plans for a sustainable social enterprise	We began the process and hope it will be completed without too much delay
Move forward with our planned project of providing for independent living, doing more research and looking into more funding opportunities.	There has been a lot of groundwork, meetings and researching of legal and regulatory requirements.

Future Targets

Contagious Energy

The limitations of this year and the subsequent impact this has had on our users, have demonstrated the need for our indispensable services and have given us a powerful surge of energy to expand and develop our services.

1. We plan to set up skill courses geared at a group of higher achievers, open to members of the community who need the skills in an appropriate social setting for them. Their care-givers need that respite, but potential users consider themselves too mainstream to join Misgav as users.

2. We hope to increase our administrative capacity to enable us to manage more effectively and run more efficiently.

3. The Covid year has left its mark on our users, directly affecting their behaviour and performance at our sessions. We aim to employ a behavioural specialist for a period of 6 months, to assess the triggers and behaviour patterns for each of our users, draw up crib sheets, and train our onsite staff with the best behaviour management techniques.

4. Pilot a social enterprise sale to help us evaluate success and plan a way forward with Social Enterprise.

5. Support parents with the transition to supported living and run parent workshops which will include support with legal concerns involved with supported living, as well as their care plans. We also plan to provide lawyer led sessions to clarify power of attorney/deputyship and related matters.

6. We plan to Increase advocacy and improve care plan income.



A word of gratitude

Misgav are most fortunate to partner with those who support and empower us, turning our visions into reality.

- **-We are exceptionally grateful to our funding partners.**

Our main funders of the year were:
-East End Community Foundation
-London Community Response Fund
-The National Lottery Community Fund
-Hackney Giving
-Lloyds Bank Foundation
-Charities Aid Foundation
-The Department for Digital, Culture, Media & Sport (DCMS)

Misgav is fortunate to be a largely volunteer-led charity, allowing £65,000 to be saved annually. With a pool of approx. 90 dedicated volunteers who have given of themselves through the thick and thin of Covid, providing a service so vital to the wellbeing and emotional stability of our users as the world around them caved in, leaving them with feelings of fear of the unknown and an unpredictable tomorrow.

In addition to their hours of volunteering, our volunteers provide ongoing companionship and enduring friendship to our members-most of whom have a very limited social circle. They keep in touch with our members long after sessions are over, boosting member's self-worth and greatly enhancing their emotional wellbeing.

- **We thank our users for being a constant source of inspiration to us all. Their pure joy and genuine show of affection to everyone they meet at Misgav give us the energy and strength to continue investing in bettering their everyday lives, now and in the future.**

Signed on behalf of the trustees:

Mrs Yutta Domb
January 2022

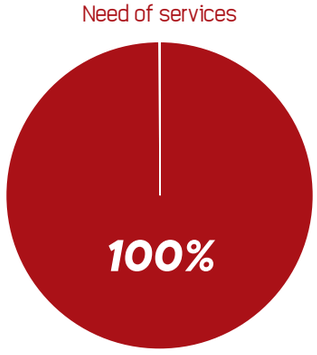
ACHIEVEMENTS AND PERFORMANCE



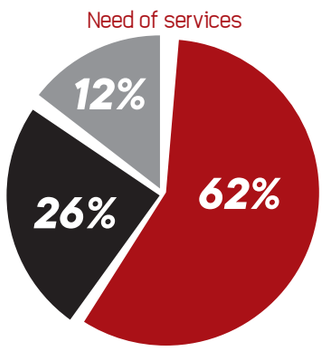
Unmasked Success

Misgav recognised the areas our users and their families were hit hardest by the global crisis.
We were in constant contact with the local authorities keeping up to date with guidelines, so we can give maximum care and support whilst protecting the health of our vulnerable users.

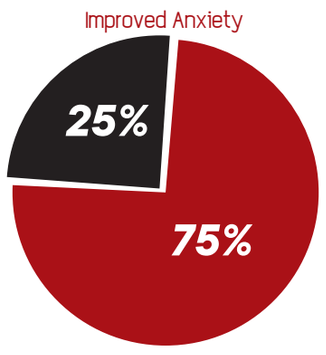
Necessity of Misgav Services through all stages of Covid



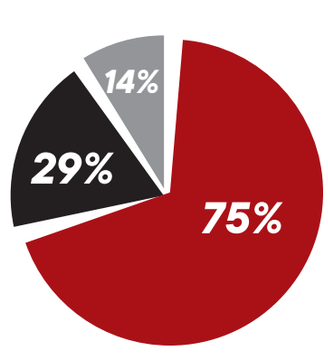
Was wellbeing of family improved as we went back to providing a fuller schedule?



How much has returning to a fuller schedule helped with your daughter's anxiety?



Does the regular interaction with our staff/volunteers help reduce loneliness?



Restrictions, lockdowns and limitations have been exceedingly difficult for our women with disabilities, and their families.
Misgav stepped up to the challenge by providing the maximum respite and care whilst following the strictest safety guidelines. Stretching our creativity and resources, we provided sessions over zoom, conference lines, and later on- on-site sessions, thus lightening the load of 95+ family members and caregivers.



OUR WORK

'Transmitting' Joy

Who we work with

- 35m + women with moderate/severe learning and physical disabilities, from Hackney, Haringey and Barnet. Our residential holidays are attended by women from across the UK.
- Over 95 family members
- Over 90 dedicated volunteers

Conference Calls (through Covid)

- 48 Quiz lines
- 47 Listen & learn lines
- 26 'Food over Fone' lines
- 24 Creative Crafting lines

Sports Activities

- 30 aerobics session
- 18 swimming session
- 18 gym sessions
- 23 power walks

Volunteers

- 2 robust Covid training for volunteers



OUR WORK

'Transmitting' Joy

Advocacy & support for parent/carers

- A significant amount of emotional phone support was provided and extremely vital during the heavy Covid year.
- Many high achieving though usually more mainstreamed adults joined Misgav during this covid year as a result of lost jobs and isolation. The necessary paperwork, emotional support and help with funding was supplied.

Independence and life-skills activities

- 30 cooking sessions
- 39 Table décor workshops
- 35 gardening sessions Secret Garden
- 37 social skills sessions
- 18 sessions covering work ethics, time management, and personal hygiene

Sports/Arts Activities

- 39 Jewellery making session
- 23 music sessions
- 23 arts sessions
- 26 interactive Games sessions
- 24 social enterprise sessions

Family Events

- We could not do large scale events due to the restrictions, but our weekly Zoom quiz line involved all family members who participated in the activity.

Residentials

- 2 weeks Covid safe Summer day camp
- 1 week long Covid safe Winter day camp

Enhanced emotional wellbeing

Misgav ran a 2 phased programme this year, the first part running phone/ zoom sessions only, and by the second half, slowly introducing some live sessions.

Although these sessions were 'distanced' and full of rules and regulations, a very sharp increase in wellbeing is seen as restrictions loosened and users could partake in physical sessions, meet each other and actually see the smiles of their patient and devoted 1 to 1 carers.



1st phase of Covid (very restricted)

General happiness

40% users showed general happiness



Loneliness and boredom

75% suffered from loneliness and boredom



Less isolated +more friends

50% reported that being more isolated gave them a smaller circle yet stronger connection to friends as they enjoy buddy phone calls and support on a 1:1 basis



Enjoyment of sessions

32% reported enjoying sessions over Zoom/ phone lines



Second phase of Covid (less restricted)

General happiness

69% of users showed general happiness



Loneliness and boredom

48% suffered from loneliness and boredom



Less isolated +more friends

100% reported the relief and joy of seeing their peers and carers and meeting up with them.



Enjoyment of sessions

76% users reported enjoyment of sessions as they came back to some of their old schedules



"Being restricted during Covid has caused mood swings and outbursts , some quite self harming and hurting others" Mother of Rachel,21, with severe learning disabilities

"Covid taught us how really needed each and every service you offer actually is. The restrictions brought with it so much frustration and boredom- which was so much improved as you slowly were able to put on more sessions." Mother of Judy, 29, with autism

"Covid took its toll on every family, not to be compared though to the families challenged with disability. Your weekly Conference quizz sessions were a breather though, as Leah thrived on competing with her peers and all her siblings joined her team, upping her scores in every way" Sibling of Sarah, 32, Spinal Bifida

FINANCIAL REVIEW



Looking back over the critical pandemic year from April 2020 to March 2021, we see that although our income increased by 13%, our expenditure on charitable activities decreased by 20%. This was due to the fact that although our fundraising was successful (many funders laudably responded to the crisis by making more money available to charities), we were unable to provide the activities we would have liked because of Covid safety and restrictions. We did our best by providing home based kits and lots of 1-1 support on the telephone – our users are not connected to the Internet or to social media – but, hard as we tried, that could not replace our normal lively, social and interactive programmes. There were times over the year when restrictions eased and we provided face to face activities as best we could; but the figures reflect our challenges in keeping users safe and also happily and productively occupied.

The upside of this is that we face the coming year with healthy reserves and lots of new ideas how to further improve the lives of our users. You can read about them in other sections of this report. We are poised to expand our work, giving lots more opportunities to our ever growing band of beneficiaries.

We continue to be inspired by our users, and also by our funders. Both groups provide ongoing motivation to us to continue our important work, and we thank you all.

Reserves Policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity, at a level of three to six months' running costs. The Trustees are pleased to report that they have once more increased the level of reserves for the Charity this past year by a full 53%, greatly consolidating our financial position. As of 31st March 2021, the Charity's free reserves are £224,632.

This consolidation of our level of reserves will help to secure the financial future of Misgav. We anticipate a decrease in funding from our regular funders due to Covid fallout, as well as Covid's impact on higher costs and the unpredictability of the future involving as yet unknown challenges ahead.

Added to that, and maybe most importantly, Trustees are planning for a significant amount of reserves to be allocated to the development of our Supported Living Project. These funds will be needed for its planning, for possible capital expenditure and for other costs associated with the successful launch of this pivotal project, designed to positively transform the lives of our users.

Signed on behalf of the trustees:

Mrs Yutta Domb
January 2022

INDEPENDENT EXAMINER'S REPORT



I report to the trustees on my examination of the financial statements of Misgav ('the charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. The financial statements do not accord with those records; or

3. The financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Goldberg, FCA DChA
Cohen Arnold
New Burlington House
1075 Finchley Road
LONDON NW11 0PU

January 2022

STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 March 2021

(incorporating an income and expenditure account)

	Notes	Unrestricted Funds £	Restricted Funds £	**Total Funds 2021 £**	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
INCOME FROM							
Donations & Legacies	2	4,451	1,000	**5,451**	18,044	2,000	20,044
Charitable Activities	3	123,865	226,935	**350,800**	169,794	124,268	294,062
Total income		128,316	227,935	**356,251**	187,838	126,268	314,106
EXPENDITURE ON							
Raising Funds		20,434		**20,434**	21,420		21,420
Charitable activities		30,214	202,723	**232,937**	145,632	144,104	289,739
Total expenditure	4	50,648	202,723	**253,371**	167,055	144,104	311,159
Net income before transfer							
Transfer between funds							
Net reserves for year		77,668	25,212	**102,880**	20,783	(17,836)	2,947
Reconciliation of funds							
Total funds brought forward		146,964	9,227	**156,191**	126,181	27,063	153,244
Total funds carried forward	13	224,632	34,439	**259,071**	146,963	9,227	156,191

All the above results are derived from continuing activities. There were no other recognised gains of losses other than those stated above.

BALANCE SHEET

As at 31 March 2021

	Notes	2021 £	**2021 £**	2020 £	2020 £
FIXED ASSETS					
Tangible assets	9		**3,233**		3,107
CURRENT ASSETS					
Debtors	10	35,043		16,163	
Cash at bank and in hand		281,550		167,694	
		316,593		183,857	
LIABILITIES					
Creditors: amounts falling due within one year	11	(60,755)		(30,773)	
Net current assets			**255,838**		153,084
Total assets less current liabilities			**259,071**		156,191
Net Assets			**259,071**		156,191
FUNDS					
Restricted income funds	13		**34,439**		9,227
Unrestricted income funds	13		**224,632**		146,964
Total Charity Funds			**259,071**		156,191

These financial statements were approved by the board of trustees on the 18 January 2022 and are signed on their behalf by:



Mrs Y Domb
Chair

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting policies

Statutory Information
Misgav is an unincorporated charity registered with the Charity Commission in England. The registered office address (and principal place of business, if different from the registered office) is Rear of 107 Dunsmure Road, London N16 5HT.

Statement of compliance
These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation
The accounts (financial statements) have been prepared on the historical cost basis.

Public Benefit entity
The charity meets the definition of a public benefit entity under FRS 102.

Going Concern
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.
Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Fund accounting
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.
Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Expenditure
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.
Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of activities and services undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading.

Allocation of support costs
Resources expended are allocated to the particular activity where the cost relates directly to that activity.
Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff, of the amount attributable to each activity.

• Sports Activities	25%
• Arts Activities	24%
• Residentials	30%
• Employment Support	13%
• Fundraising	8%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. Income from Donations & Legacies

	Unrestricted Funds £	Restricted Funds £	**2021 £**	2020 £
The Albert Hunt Trust				2,000
Alec Dickson Trust		500	**500**	
The Eve Greenberg Trust	2,000		**2,000**	3,000
Gowling WLG Charitable Trust		500	**500**	
Community Donations	2,451		**2,451**	14,744
Other Donations (less than £1000)				300
	4,451	1,000	**5,451**	20,044

3. Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	**2021 £**	2020 £
29th May		4,000	**4,000**	4,000
Active Londoners				4,858
Anton Jurgens		3,000	**3,000**	
Awards for All		10,000	**10,000**	9,952
Borough of Hackney Public Health				925
Bruce Wake Charitable Trust			**2,000**	
CAF Grants			**18,500**	
CST Grants				1,994
Delapage			**13,819**	
Disability Sport Development Trust				1,800
East End Community Fund		5,000	**5,000**	
East Bank Westfield Grant		5,000	**5,000**	
Edward Gostling Foundation				8,850
Green Hall Foundation				2,300
Hackney Giving		9,000	**9,000**	
Hackney Community Small Grant				4,960
Hackney Parochial Charities				4,200
Hackney Voluntary Sector Grant		19,968	**19,968**	
Impex Management Foundation				2,000
Kirsh Foundation	4,000		**4,000**	4,000
London Catalyst Foundation				1,500
London Community Response Fund		10,000	**10,000**	
London Cycling Campaign		2,000	**2,000**	3,000
London Freemasons Charity				5,000
Lloyds TSB		38,200	**38,200**	
Olive Woolf Holiday Trust		2,000	**2,000**	2,000
Reaching Communities- National Lottery Community Fund		45,688	**45,688**	47,897
Span Trust				2,500
Stanley Smith Horticultural Fund				500
Stronger Communities Grant		986	**986**	3,942
Swimathon Foundation				2,500
TTCF				2,750
Tesco Grants				1,000
The Cotton Trust				800
The Hedley Foundation				2,540
The Joseph and Lillian Sully Foundation		5,000	**5,000**	
The Respite Association		2,500	**2,500**	2,500
HMRC Job Retention Scheme		30,275	**30,275**	
Borough of Hackney and Haringey LD Services	108,540		**108,540**	142,029
Parental Donations	11,325		**11,325**	23,765
	123,865	226,935	**350,800**	294,062

4. Analysis of Expenditure

	Raising Funds	Charitable Activities Sports/ Arts/ Covid support	Charitable Activities Employment Support Program	Charitable Activities Residentials (Day trips due to Covid)	Support Costs	**Total 2020**	Total 2019
	£	£		£	£	**£**	£
Advertising and Publicity	420	550	180	50	178	**1,378**	6,240
Consultancy						**8,080.3**	4,767
Day Trips						**676.70**	4,139
Depreciation Charge					1,078	**1,078**	1,036
Equipment and Supplies		1,645	2,410	780	910	**5,745**	10,951
Food and Refreshments		11,458	306	5,403	441	**17,608**	28,980
Governance Costs					4,483	**4,483**	3,120
Hire of Facilities		34,224	4,204	10,500	6,896	**55,824**	59,041
Insurance					762	**762**	691
Membership Fee					36	**36**	36
Office Expenses	1,040	4,205	920	1,465	17,596	**25,226**	34,067
Staff Costs	10,520	36,280	7,055	5,235	58073	**117,163**	117,775
Transport		6,780	491	2,215	3,338	**12,824**	34,657
Volunteer Expenses		524		947	1,016	**2,487**	5,659
Resources Expended	11,980	95,790	15,670	27,041	102,888	**253,371**	311,159
Support Costs Apportioned	8,231	51,444	12,347	30,866	(102,888)	**0**	0
Total Resources Expended	20,211	147,234	28,017	57,908	0	**253,371**	311,159

5. Taxation

The Charity is exempt from taxation on its charitable activities.

6. Net income for the year

	2021	2020
This is stated after charging:	**£**	£
Depreciation	**1,078**	1,036

7. Independent Examination Fees

	2021	2020
	£	£
Fees Payable for Independent Examination	3,000	3,120

8. Analysis of staff costs, staff numbers, trustee remuneration and expenses, and the cost of key management personnel

Total staff costs were as follows:	**2021**	2020
	£	£
Salaries & Wages	**117,163**	117,775

Staff numbers The average number of employees during the year were as follows: (head count based on number of staff employed)	**2021**	2020
	no.	no.
Sessional staff	**46**	46
Part time staff	**9**	9
Full time staff	**1**	1
Total number of staff	**56**	56

No employee earned more than £60,000 (2019: Nil)
The charity trustees were neither paid no received any other benefits from employment with the charity in the year (2020: Nil). No charity trustee received payment for professional or other services supplied to the charity (2020: Nil). None of the trustees were reimbursed for any expenses during the year (2020: Nil)

9. Tangible fixed assets

	Computer Equipment	Activity Equipment	**Total**
	£	£	**£**
Cost			
At 31 March 2020	2,577	8,796	**11,373**
Additions	267	937	**1,204**
Disposals		0	**0**
	2,844	9,733	**12,577**
Depreciation			
At 31 March 2020	2,284	5,982	**8,266**
Charge for the year	140	938	**1,078**
Disposals			**0**
At 31 March 2021	2,424	6,920	**9,344**
Net Book Value			
31 March 2021	420	2,813	**3,233**
31 March 2020	293	2,814	**3,107**
The Fixed Assets were purchased with the use of Restricted Funds			

10. Debtors

	2021	2020
	£	£
Parental Donations and User Fees	**28,879**	7,602
Grants receivable	**5,981**	8,397
Pre Paid Expenses and other debtors	**183**	164
	35,043	16,163

11. Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade Creditors	**52,882**	19,386
Taxation and Social Security	**2,789**	2,406
Accruals	**4378**	3,200
Other Creditors	**706**	5,781
	60755	30,773

12. Analysis of net assets between funds

	Fixed Assets	Net Current Assets	Current Liabilities	**Total Funds**
		£	£	**£**
Restricted Funds		34,439		**34,439**
Unrestricted Funds	3,233	282,154	57,755	**227,632**
Total Funds	**3,233**	**316,593**	**57,755**	**262,071**

13. Movement in Funds

	At 1 April 2020	Income	Expenditure	**At 31 March 2021**
	£	£	£	**£**
Restricted Funds	9,227	227,935	202,723	**34,439**
Unrestricted funds	146,964	128,316	50,648	**224,632**
Total Funds	**156,191**	**356,251**	**253,371**	**259,071**

The following Restricted Grants were received in the year in relation to expenditure in the next financial year;

Anton Jurgens Foundation	1,500
Westfield East Bank Foundation	5,000
London Cycling Campaign	2000
LTSB	20,000
Reaching Communities	5,939
Total	**34,439**





LEGAL AND ADMINISTRATIVE DETAILS

Registered charity name	Misgav
Registered charity number	1125362
Registered office address	Rear of 107 Dunsmure Road London N16 5HT
Telephone number	020 7998 3782
Website	www.misgav.org.uk
Email address	admin@misgav.org.uk

Trustees	Mrs Yutta Domb Mrs Katalin Tesler Mrs Toby Berger Mrs Zeldy Frankel Mrs Binah Hirschler
Independent examiners	Cohen Arnold New Burlington House 1075 Finchley Road London NW11 0PU
Bankers	TSB Bank PLC 174 Clapton Common London E5 9AQ