

Registered Office

11 Thornwood Avenue,  
Ingleby Barwick, Stockton on Tees.  
TS17 0RS.  
Tele: 01642765574  
Email: tvawf@yahoo.co.uk



We are a voluntary Community Organisation devoted to fulfil charitable purposes as laid down in our constitution.

We are a Company Limited by Guarantee, as well as, a Registered Charity. Accordingly all our activities, management and accounts are organised in accordance with the appropriate provisions of the Companies Act, as well as, the Charities Act.

Our charity reaches out to the BME community in the Teesside area. We set out to reach the elderly community as well as Asian and Ethnic minority communities to combat loneliness and depression and other health issues. We are hoping that our service will give clients the confidence and skills on interaction preventing them from staying home alone and combating depression and other health issues that can arise with loneliness such as early dementia.

We run three weekly sessions at Meath Street Resource Centre, Middlesbrough to help Asian men and women to come out of their homes and into the community. On each day we have 2 sessions one for the men and the other for the women, the sessions are separate but run simultaneously due to religious and cultural reasons. The weekly sessions are Monday, Tuesday and Thursday and number of people attending the centre approximately 60 in these 3 days excluding staff and volunteers. The total numbers of weeks we hold the centre are 48 weeks a year.

We have the benefit of a retired doctor as a volunteer Rashida Ahmed, whose expert advice on health and social matters has been immensely helpful. She also helps the ladies with gardening activities, which includes planting vegetables, herbs and flowers.

She also provides our clients with a talk about health and general topics that are relevant for example: The importance of adopting a hobby, current affairs, medication (importance of taking correctly, on time, side effects etc), healthy eating, exercising at home, recycling, care in the community, neighbourhood watch, gardening, arts and crafts, (i.e. knitting this is beneficial for clients because as well as keeping their minds occupied it keeps their hands moving to help with arthritis etc. As such the

participants benefited from appropriate advice/talks about cholesterol level, weight management, diabetes, incontinence and many more.

In our session we provide our clients a masseuse and an exercise trainer. The masseuse provides professional massages, which is offered to the clients to help with their aches and pains as we understand if the clients are feeling well they will want to come out to attend the sessions. We concentrate on the well being of our clients and try to put them on the right care path.

The trainer provides exercise drills, which is catered towards our clients' needs and abilities, each session lasts for about 60 minutes. Our clients really look forward to these sessions and enjoy them immensely; this is because they can take part with confidence knowing they'll be able to perform the exercises as their needs have been considered.

The clients play different types of games during the session such as dominos, playing cards and etc. They are also provided with puzzles, colouring pencils and books to keep the clients interactive and to help with brain stimulation.

We also run a weight management session once a month, where the clients weight information is recorded in a book to remind them of their weight so they can keep control of it thus helping them to tackle obesity problems.

The clients have developed trust in our organisation and discuss their personal issues with our staff in confidence knowing their trust would never be betrayed. We also invite other organizations to give talks on different issues how to contact Police, Ambulance etc. also organize activities to integrate with white community and make new friends.

We have treated the client to different outings throughout the year. They went to Redcar beach, where they went for a stroll along the beach, visited shops and had a picnic. They were also treated to an ice cream that they enjoyed. They had a trip to Dalton park which the clients thoroughly enjoyed as it's a lot quieter than other shopping centers so they could shop with ease, after the shopping they enjoyed a nice McDonalds meal. They also went to a fruit picking farm in York, where they picked different kinds

of fresh fruit and vegetables. They also visited Bradford and enjoyed a day visiting different areas for shopping and the day ended with meal at a local restaurant. They enjoyed the experience thoroughly as it reminded some of them of their childhood memories. We also treat the clients to an Eid party in June, which included entertainment and food such as roast chicken, rice, different types of curries and much more. We also had a raffle draw which ended with all clients winning a prize.

Our charity helps clients to combat loneliness and depression and to focus on their health and to give them the confidence to be independent. We work within a team which consists, of 6 care workers, one male, 5 females, one cook and one co-coordinator. We also have a few volunteers and together we work to provide the best care for the clients. Our clients really benefit from such sessions and are often relied upon to have somewhere to go and someone to talk to. From last few years our organisation have money reserved to buy building for day centre this year we have acquired a building together with another organisation, it is an old club needs lots of work before we make a use of it. So we will keep you posting for any updates on this project.

07/21

Date	Category	Cost	Type
07/21	Taxies		
07/01/2021	Taxies	£20.00	Cash
07/01/2021	Taxies	£3.80	Cash
07/01/2021	Taxies	£4.00	Cash
07/01/2021	Taxies	£4.00	Cash
07/01/2021	Taxies	£4.00	Cash
07/01/2021	Taxies	£4.00	Cash
07/01/2021	Taxies	£4.00	Cash
07/01/2021	Taxies	£4.00	Cash
07/06/2021	Taxies	£5.00	Cash
07/06/2021	Taxies	£3.00	Cash
07/06/2021	Taxies	£4.60	Cash
07/06/2021	Taxies	£3.00	Cash
07/06/2021	Taxies	£4.00	Cash
07/06/2021	Taxies	£4.00	Cash
07/06/2021	Taxies	£3.30	Cash
07/06/2021	Taxies	£12.50	Cash
07/06/2021	Taxies	£12.50	Cash
07/08/2021	Taxies	£4.00	Cash
07/08/2021	Taxies	£7.00	Cash
07/08/2021	Taxies	£4.00	Cash
07/08/2021	Taxies	£4.00	Cash
07/08/2021	Taxies	£4.00	Cash
07/08/2021	Taxies	£25.00	Cash
07/08/2021	Taxies	£7.00	Cash
07/13/2021	Taxies	£5.50	Cash
07/13/2021	Taxies	£4.00	Cash
07/13/2021	Taxies	£3.30	Cash
07/13/2021	Taxies	£3.30	Cash
07/13/2021	Taxies	£4.00	Cash
07/13/2021	Taxies	£26.50	Cash
07/13/2021	Taxies	£8.00	Cash
07/15/2021	Taxies	£5.50	Cash
07/15/2021	Taxies	£4.00	Cash
07/15/2021	Taxies	£4.00	Cash
07/15/2021	Taxies	£36.00	Cash
07/27/2021	Taxies	£4.00	Cash
07/27/2021	Taxies	£4.00	Cash
07/27/2021	Taxies	£3.30	Cash
07/27/2021	Taxies	£4.00	Cash
07/27/2021	Taxies	£3.30	Cash
07/27/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash
07/29/2021	Taxies	£4.00	Cash

£305.40

Date	Category	Cost	Type
07/21	Groceries	£127.42	Cash
	Taxi	£305.40	Cash
	Total	£432.82	Cash
	Cash in hand	£435.02	
	Expense	£432.82	
	cash balance	£2.10	
July Transport cheque payments			
Shamim Sadiq	taxi	£67.20	Cheque
Shaheen	taxi	£91.00	Cheque
Bushra	taxi	£21.00	Cheque
Total Cheques		£179.20	
		£305.40	
July wages			
07/31/2021	CW Hussain Tal	£126.00	B Transfer
07/31/2021	Hussain Y	£243.00	B Transfer
07/31/2021	Shanaz Din	£281.70	B Transfer
07/31/2021	Malik Nasim	£336.15	B Transfer
07/31/2021	Ali Houzan	£135.00	B Transfer
07/31/2021	Aileen Nelson	£175.00	B Transfer
		£1,296.85	
July	Room Hire	£672.00	B Transfer
July	Management	£86.05	B Transfer
		£2,054.90	
	Cash	£432.82	
	Cheque	£179.20	
	Bank T	£2,054.90	
	Total	£2,666.92	
	Transport	£484.60	
	Gorceries	£127.42	
	wages	£1,296.85	
	Room Hire	£672.00	
	Management	£86.05	
	Total	£2,666.92	

201218

201216

201217

08/21

Date	Category	Cost	Type
August	Taxies	£217.00	Cash
August	Groceries	£190.67	Cash
August	Admid	£60.38	Cash
	Total spend	£468.05	Cash
Transport			
August	Shamim S	£48.00	Cheque
August	Shaheen	£117.00	Cheque
August	Bushra H	£30.00	Cheque
	Total	£195.00	Cheque
August	Room Hire	£768.00	Bank Transfer
August	management	£100.35	Bank Transfer
August	Wages		
	A Nelson	£175.00	Bank Transfer
	S Din	£281.70	Bank Transfer
	N Malik	£336.15	Bank Transfer
	H Ali	£54.00	Bank Transfer
	T Hussain	£218.70	Bank Transfer
	Y Hussain	£243.00	Bank Transfer
	Total	£1,308.55	Wages
	Bank T	£1,308.55	
		£768.00	
		£100.35	
	Cheque	£195.00	
	Cash	£468.05	
	Total	£2,839.95	

201221

201220

201219

Wages	£1,308.55
Taxi	£217.00
taxi	£195.00
Room hire	£768.00
Managemt	£100.35
Groceries	£190.67
Admin	£60.38
Total	£2,839.95

Accounts 28 June 2021 to 27 June 2022

09/21

Date	Category	Cost	Type
09/21	Taxi	£506.70	Cash
09/21	Groceries	£92.39	Cash
	Groceries	£125.83	Cheque
		£724.92	
September	2021	Cash in ha	£251.41
Transport	Bushra	£51.00	Cheque
Transport	Shaheen	£117.00	Cheque
		£168.00	
September	Room Hire	£912.00	Bank Transfer
September	Management	£114.65	Bank Transfer
Wages	A Nelson	£225.00	Bank Transfer
Wages	N Akhter	£60.00	Bank Transfer
Wages	Y Hussain	£243.00	Bank Transfer
Wages	T Hussain	£126.00	Bank Transfer
Wages	N Malik	£336.15	Bank Transfer
Wages	S Din	£218.70	Bank Transfer
Wages	H Ali	£216.00	Bank Transfer
		£1,424.85	

	Taxi	£506.70
		£168.00
	Groceries	£218.22
	Room hire	£912.00
	Managemet	£114.65
	Wages	£1,424.85
201223		£3,344.42
201224		
	Cash	
	cash	£506.70
		£92.39
	cheques	£168.00
		£125.83
	Bank Transfer	£912.00
		£114.65
		£1,424.85
	total	£3,344.42

## Accounts 28 June 2021 to 27 June 2022

[illegible]

201225

201226

201227

Taxi	£514.20
Taxi	£228.80
Groceries	£138.51
Room Hire	£864.00
Management	£256.80
Wages	£1,503.55
	£3,505.86
Cash	£652.71
Cheques	£228.80
Bank Transfer	£2,624.35
Total	£3,505.86

## Accounts 28 June 2021 to 27 June 2022

11/21

[illegible]

201229	Taxi	£373.60
	Taxi	£219.00
	Groceries	£300.00
201230	Management	£215.30
201231	Room Hire	£984.00
201228		
	wages	£1,535.85
		£3,627.75
	Cash	£673.60
	Cheque	£219.00
		£79.20
	Bank Transfer	£2,655.95
		£3,627.75



[illegible]

Taxi	£227.20
Taxi	£114.00
Groceries	£127.48
Management	£125.00
	£86.05
Room hire	£624.00
wages	£1,578.00
Total	£2,881.73
cash	£354.68
Cheque	£114.00
	£125.00
Bank T	£2,288.05
Total	£2,881.73

201237

[illegible]

Taxi	£302.90
Taxi	£65.00
Groceries	£173.20
Room Hire	£792.00
Management	£86.05
wages	£1,715.00
	£3,134.15
Cash	£476.10
Cheque	£65.00
Bank T	£2,593.05
	£3,134.15

201238  
201239

Taxi	£512.10
taxi	£346.00
Groceries	£229.41
Room hire	£864.00
Management	£107.50
wages	£1,823.30
Total	£3,882.31
Cash	£741.51
cheque	£346.00
Bank Transfer	£2,794.80
Total	£3,882.31

	Taxi	£522.17
	taxi	£252.60
201240	Gorceries	£272.54
201241		
201242	Room Hire	£960.00
	Management	£207.36
	wages	£2,928.50
		£5,143.17
	Cash	£794.71
	Cheque	£252.60
		£4,095.86
		£5,143.17

Taxi	£356.10
Taxi	£232.80
Gorceries	£159.43
Room Hire	£840.00
Managemnt	£107.50
Wages	£1,707.25
	£3,403.08
Cash	£515.53
Cheque	£232.80
Bank Transfe	£2,654.75
	£3,403.08

201249  
201251

201250

£100.36  
£351.00  
£65.00  
£930.00  
£1,385.68  
£2,832.04

201252  
201253

Taxi	£341.30
Taxi	£230.00
Gorceries	£388.68
Room Hire	£750.00
Managemen	£121.80
Wages	£1,737.00
Total	£3,568.78
Cash	£729.98
Cheque	£178.00
Bank Trans	£2,660.80
	£3,568.78

# Tees Valley Asian Welfare Forum Annual Accounts 28 June 2021 to 27 June 2022

## Room Hire

Month/ Ye	Cost
Jun/Jul 2021	£ 672.00
08/21	£ 768.00
09/21	£ 912.00
10/21	£ 864.00
11/21	£ 984.00
12/21	£ 624.00
01/22	£ 792.00
02/22	£ 864.00
03/22	£ 960.00
04/22	£ 840.00
05/22	£ 930.00
06/22	£ 750.00
<b>Total</b>	<b>£ 9,960.00</b>

## Management

Month/ Ye	Cost
Jun/Jul 2021	£ 86.05
08/21	£ 100.35
09/21	£ 114.65
10/21	£ 256.80
11/21	£ 215.30
12/21	£ 211.05
01/22	£ 86.05
02/22	£ 107.50
03/22	£ 207.36
04/22	£ 107.50
05/22	£ 100.36
01/06/202	£ 121.80
<b>Total</b>	<b>£ 1,714.77</b>

## Groceries

Month/ Ye	Cost
Jun/Jul 2021	£ 127.42
08/21	£ 190.67
09/21	£ 218.22
10/21	£ 138.51
11/21	£ 300.00
12/21	£ 127.48
01/22	£ 173.20
02/22	£ 229.41
03/22	£ 272.54
04/22	£ 159.43
05/22	£ 206.44
06/22	£ 388.00
<b>Total</b>	<b>£ 2,531.32</b>

## Transport

Month/ Ye	Cost
Jun/Jul 2021	£ 484.60
08/21	£ 412.00
09/21	£ 674.70
10/21	£ 743.00
11/21	£ 592.60
12/21	£ 341.20
01/22	£ 367.90
02/22	£ 858.10
03/22	£ 774.77
04/22	£ 588.90
05/22	£ 1,052.90
06/22	£ 571.30
<b>Total</b>	<b>£ 7,461.97</b>

## Miscellaneous

Month/ Ye	Cost
Jun/Jul 2021	£ -
08/21	£ 60.38
09/21	£ -
10/21	£ -
11/21	
12/21	£ -
01/22	
02/22	£ -
03/22	
04/22	
05/22	£ 50.00
06/22	
<b>Total</b>	<b>£ 110.38</b>

## Wages

Month/ Ye	Cost
Jun/Jul 2021	£ 1,296.85
08/21	£ 1,308.55
09/21	£ 1,424.85
10/21	£ 1,503.55
11/21	£ 1,535.85
12/21	£ 1,578.00
01/22	£ 1,715.00
02/22	£ 1,823.30
03/22	£ 2,928.50
04/22	£ 1,707.25
05/22	£ 1,551.93
06/22	£ 1,737.00
<b>Total</b>	<b>£ 20,110.63</b>

## Cash Expenditure

Month/ Ye	Cost
Jun/Jul 2021	£ 432.82
08/21	£ 468.37
09/21	£ 599.09
10/21	£ 652.71
11/21	£ 673.60
12/21	£ 354.68
01/22	£ 476.10
02/22	£ 741.51
03/22	£ 794.71
04/22	£ 515.53
05/22	£ 718.74
06/22	£ 729.98
<b>Total</b>	<b>£ 7,157.84</b>

## Cheque Expenditure

Month/ Ye	Cost
Jun/Jul 2021	£ 179.20
08/21	£ 195.00
09/21	£ 293.83
10/21	£ 228.80
11/21	£ 298.20
12/21	£ 239.00
01/22	£ 65.00
02/22	£ 346.00
03/22	£ 252.60
04/22	£ 232.80
05/22	£ 340.85
06/22	£ 178.00
<b>Total</b>	<b>£ 2,849.28</b>

## Bank Credit

Month/ Ye	Cost	year Total
Jun/Jul 2021	£ 2,054.90	£2,666.92
08/21	£ 2,176.90	£ 2,840.27
09/21	£ 2,450.50	£ 3,343.42
10/21	£ 2,624.35	£ 3,505.86
11/21	£ 2,655.95	£ 3,627.75
12/21	£ 2,288.05	£ 2,881.73
01/22	£ 2,593.05	£ 3,134.15
02/22	£ 2,794.80	£ 3,882.31
03/22	£ 4,095.86	£ 5,143.17
04/22	£ 2,654.75	£ 3,403.08
05/22	£ 2,832.04	£ 3,891.63
06/22	£ 2,660.80	£ 3,568.78
<b>Total</b>	<b>£ 31,881.95</b>	<b>£41,889.07</b>
		<b>Total</b>



cheques not shown any where

Date	Category	Cost	
09/12/2021	M D travel	£320.00	201222
12/08/2021	solicitors	£25,461.00	201232
01/18/2022	Rafiq Begum	£700.00	201236
04/28/2022	Khursheed H	£444.00	201245
01/24/2022	for building	£120,000.00	Bank transfer
	total	£146,925.00	

Expenses	£41,889.07
	£146,925.00
Total	£188,814.07

Resvered fo £49,000.00

Middlesbro £25,000.00

£74,000.00

Note: This is not Direct Payment it has been minus from total amount

Actual Direct Payment is £64074.52

Year Total Itemised

Room Hire	£9,960.00
Admin	£110.38
Groceries	£2,531.32
Management	£1,714.77
Transport	£7,461.97
Wages	£20,110.63
Total	£41,889.07
	Total

*Direct Payments Received this Financial Year 28 June 2021 to 27 June 2022*

	Amount
cash	£ 7,157.84
Cheque	£ 2,849.28
Bank Tranfer	£ 31,881.95
Total	£ 41,889.07

jun/july 2021	£ 1,687.56
July Aug 2021	£ 5,936.28
Aug Sept 2021	£ 5,755.52
Sept Oct 2021	£ 13,139.88
Oct Nov 2021	£ 3,900.76
Nov Dec 2021	£ 60,786.42
Dec Jan 2021/ 2022	£ 2,258.80
Jan Feb 2022	£ 7,722.12
Feb Mar 2022	£ 20,267.68
Mar Apr 2022	£5,211.00
Apr May 2022	£6,094.00
May Jun 2022	£5,314.50
Total in Bank	£138,074.52
Reserve	£49,000.00
Money from other sources	£25,000.00
Direct Payments	£64,074.52



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/  
members of

Tees Valley Asian Welfare Forum Limited

On accounts for the year  
ended

27/06/2022

Charity no  
(if any)

1125304

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*[Signature]*

Date:

02/02/2023

Name:

IRHAN ULLAH

Relevant professional  
qualification(s) or body  
(if any):

B.Com (Hons), M.Com PFA

Address:

120 PARLIAMENT ROAD  
MIDDLESBROUGH  
TS1 4HZ