



Parenting
Project

The Parenting Project

Report and Financial Statements
For the Year Ended 31 March 2021
(A company limited by guarantee)

Registered Charity number 1125291
Company number 6032858

Annual Report and Financial Statements

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The Parenting Project

Report of the Board of Trustees

The Board of Trustees presents its report and audited financial statements for the year ended March 31st 2021.

Reference and Administrative Information

Charity Name	Parenting Project
Charity registration number	1125291
Company registration number	6032858
Registered Office and operational address:	St. John's Family & Wellbeing Centre Mortimer Road Kenilworth Warwickshire CV8 1FS

Board of Trustees

Mrs J M Williams	Chair
Mr A W J Sherratt	Treasurer
Mrs H E J Alexander	(resigned 06.03.21)
Mrs B J Ballinger	
Mrs R H Faulkner	
Mrs A J Milton	
Mr I Thompson	(resigned 16.09.20)
Mrs S A Lightfoot	(appointed 26.05.21)

Company Secretary

Ms E Johnston

Auditors: Cooper Adams Ltd, 12 Payton St, Stratford upon Avon, Warwickshire, CV37 6UA

Bank: Lloyds Bank, Stourbridge Business Centre, Lloyds Bank Commercial, PO Box 1000, BX1 1LT.

Jane Williams Chair
Welcome to our Annual Report for financial year ending 2021

Despite the impact of the pandemic and the associated isolation due to repeated lock downs, it feels that this year's report has come around more quickly than any other year.

The pandemic has affected us all in so many ways. For the charity sector the challenge has been to continue to support our beneficiaries, who are facing unprecedented difficulties caused by, or exacerbated by the global situation, whilst ensuring we are able to survive financially in order to continue to meet growing demand.

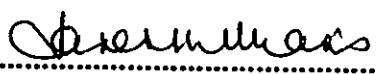
Nationally, funding streams were put on hold whilst the global financial impact was assessed. For us this meant that we were unable to apply for the grants and contracts identified in our fundraising strategy. The impact of the situation could not fully be predicted, which was extremely challenging. There were decisions to take, which demanded significant courage.

First and foremost we decided very quickly to maintain our support for families at a time when they clearly needed us the most. This meant that we could not access significant funding through the government's furlough scheme. All other government support and support from some trust funds involved competitive bidding, which meant we needed to constantly prove the need for our work within a context of less than a 10% chance of success.

Following our bid for government funding for charities, administered by the Lottery Fund, I'm pleased to say we were successful in securing enough funds to maintain our services during the worst of the pandemic. Since then, as funders began to open their doors again and recognised the importance of providing support for the mental health of families, we have secured further funding for new and existing programmes of work.

It is with great pride that I and the Board of Trustees, acknowledge the phenomenal work and commitment of our team, employed staff and volunteers alike. They have worked so very hard, despite the challenges they have faced in their own lives, and have literally enabled families to find the strength to survive this unprecedented time.

Jane Williams Chair of Trustees

Signed: 

Date: 14 December 2021

Objectives and Activities

Purpose and Aims

Our Charity's purpose, as set out in the objects contained in the company's memorandum of association, is to:

- Make a positive difference to the lives of families to improve outcomes for children by providing support at the earliest point of need.
- To be there to provide high quality parenting support by recognising that parents are key to making a difference to the lives of their children.

The aims of our charity are to support parents to do their best for their children to enable them to grow and develop well and to provide support and services for children 0-19 years (25 if SEND) to help them to secure positive outcomes in all aspects of their lives. We work directly with children as well as the parents themselves.

Vision and Mission Statement

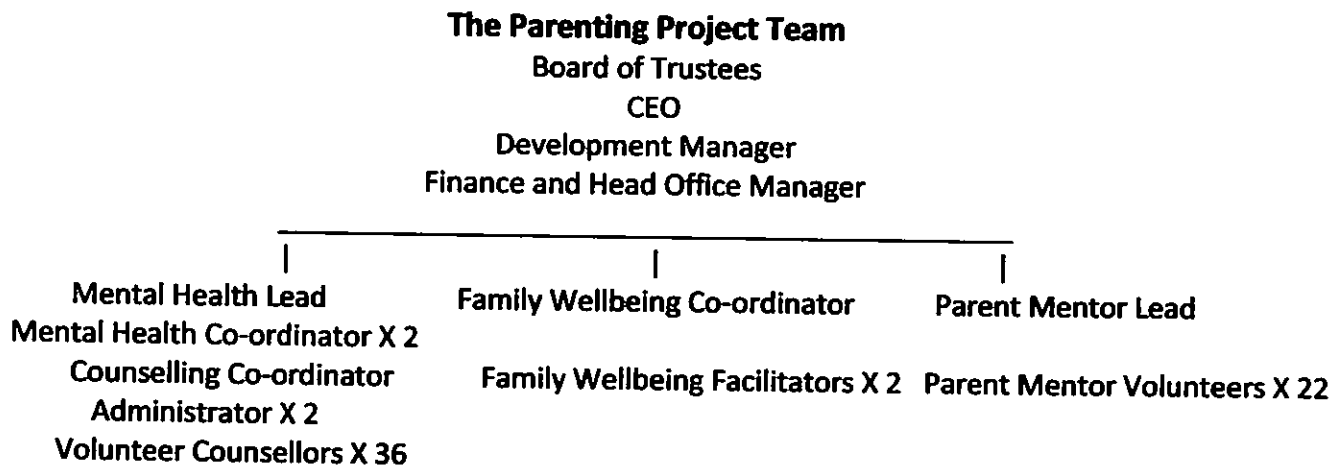
Our vision is that we will be there to improve lives for children, young people and their families when support is needed and continue to develop our range of services, programmes and projects in response to their needs.

Our Mission:

"To improve the life experiences and outcomes of children, young people and their families by providing services and support at a time when they are most needed"

Ensuring our work delivers our aims

We review our aims, objectives and activities each year. The review examines our achievements and the outcomes of our work over the previous 12 months. We look at the effectiveness of each key activity and assess the benefits of those activities and the difference they have made to the children and families we have supported. The review also helps us to ensure our aims, objectives and activities remain focused upon our stated purpose. For example, the trustees consider how our planned developments and services will contribute to the aims and objectives they have set.



The Focus of our Work

We have continued to develop and implement our Mental Health Strategy in response to growing need to enable parents to improve and secure their mental health and, consequently, that of their children.

Parents experiencing mental ill health often request support and therapy in their endeavour to mitigate against the impact of their emotional health on their children and yet, it is well documented that such help and support is difficult to access and insufficient.

A range of research has suggested that children may experience a range of adverse consequences when living with parents with mental illness and poor emotional wellbeing.

Effects on children are described in the literature as mainly negative – including poor psycho-social development and attachments, compromised emotional and mental well-being and poor transitions into adulthood.

However, not all children will be adversely affected when parents have mental illness and positive outcomes have also been identified, including enhanced maturity and children's capacity to develop resilience and effective coping mechanisms.

These outcomes are more likely to occur when children and families are supported adequately and appropriately.

Key factors in ensuring children do not suffer adverse consequences of living with a parent who has mental illness are:

- Providing effective support to families.
- Listening to what children have to say about their experiences and needs in the context of parental mental illness.
- Providing children with age appropriate information about mental health conditions.

- Recognising that, alongside their own health needs, parents with mental illness may also have additional parenting needs. This is an important message for practitioners working with adults with mental health problems and their families.
(Jo Aldridge, 2012 Loughborough University)

As we continue to develop our understanding of this and expand our focus on mental health support, we have consolidated our work into our pathway of support we have called the Parenting Project Family Wellbeing Programme. This is described in more detail below.

Our objectives for 2020/21:

- To continue to respond to the mental health needs of families and the wider population
- To continue to provide support for children 0-19 (25 if SEND)
- To develop a trading arm of the charity which will enable the Parenting Project to become sustainable in the medium and long term

We have now successfully met all three of our objectives. Funding from Stratford Town Trust has enabled us to employ a Business Development Manager to create and develop a trading arm of our charity, which will be developed over the forthcoming year and will be aligned with our values.

How our activities deliver public benefit

Our main activities and those we aim to help are described below. All of our charitable activities focus upon improving the lives of children and their families and are undertaken to further our charitable purposes for public benefit. During the pandemic we remained focused on supporting the most vulnerable families and continued to support them remotely. Our commitment to families at this time meant that we only furloughed 3 members of our team for a period of several weeks.

Who used and benefitted from our services?

Our objects and funding limited the services we were able to provide to families this year, to Warwickshire. During this financial year a total of 575 individuals benefitted from our support. Beneficiaries include children 0-19 (25 if SEND) and parents.

Focusing on Mental Health

It is well documented that there is an increase in mental health issues, purporting 1 in 4 people are now affected. If we view these statistics from a medicalised perspective we do in fact have an issue. Through this lens, many people, including children, are more likely to be living with a mental illness than ever before.

However, it is also accepted that the 1 in 4 figure is not totally random and is potentially misleading in that social inequalities, poverty, and adverse childhood experiences are recognised as the main reasons for distress and suffering, and therefore make up the 1 in 4. (Johnstone, Boyle, Cromby et al 2018).

Understanding mental health and emotional wellbeing in a medicalised context increases the risk of perpetuating dependency and marginalisation as services, that are quite often doing their best, can unwittingly emulate triggers and potentially reinforce childhood issues and past abusive relationships as experts try to help and advise families. A plan 'put in place' to engage families and increase their sense of agency can actually have the opposite effect due to the perceived power imbalances.

The trauma-informed approach is based on the recognition that people who use services have quite often experienced significant adversity. It is also noted that the key to recovery is when trusting relationships and validation are experienced (Johnstone, Boyle, Cromby et al 2018).

It may therefore be more helpful to make sense of emotional wellbeing and mental health through an individual's social and developmental context - in essence, their lived experience. Trauma-informed projects are running in service design, education, prisons, and public health (www.acestoohigh.com). Our counselling service and entire organisation adopts a Trauma Informed Approach.

Counselling, and in particular the therapeutic relationship, aims not to take the expert position but instead, listens non-judgmentally, conveys empathy and upholds respect for the client. Rather than tell the client what to do, it facilitates exploration so the client can arrive at their own choices, decisions and a sense of what is right for them. At its core is the Person Centred Approach.

The Person-Centred Approach is transferable and is recognised to work very well in allied helping professions, quite often we hear the phrase 'patient-centred care' in hospitals or child-centred approaches in schools to demonstrate how putting the person at the centre of any professional involvement seeks to empower individuals, facilitate independence and, in the case of parenting, improve outcomes for children.

The use of language is key to effective communication, using counselling skills is a simple yet effective way to facilitate insight and understanding.

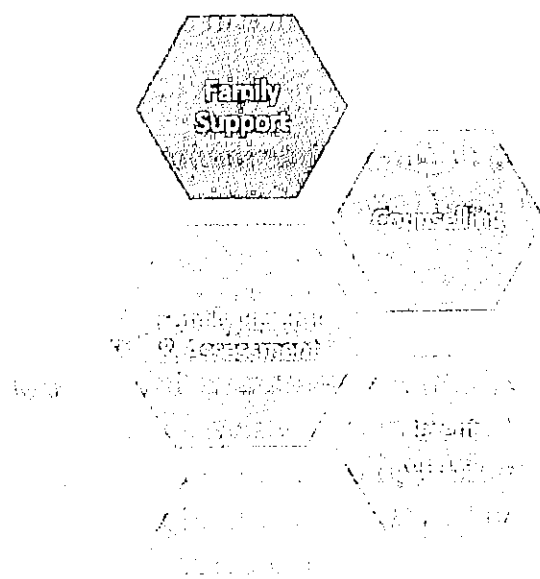
Communities that adopt an approach which focuses on the strengths and abilities of those it seeks to support, can position themselves well to achieve better outcomes. They are socially and economically robust where people play a part in the decisions that are important to them increasing a sense of self-agency and autonomy (Places: empowerment and investment for local communities, 2018).

Therefore to promote independence and resilience we work in collaboration with those we are endeavouring to help and support, those taking responsibility for the choices they make.

Family Wellbeing Pathway

The Family Wellbeing Pathway evolved over a number of years in response to family need, in particular, mental health. It offers a pathway of support and activities which aim to improve outcomes for families. Each family is assessed and offered support from the pathway activities as appropriate. For some families, dependent on need, this means they will access all or most of the activities within the pathway, whilst others may only need one or two elements, for example, counselling and signposting to other partner organisations. Importantly, all families will access the pathway which is appropriate for them to achieve improved outcomes and independence. Crucially, parents will choose the pathway most suitable for them to bring about changes in their lives.

The Pathway:



Family Support; this is 1:1 support for families who need guidance on dealing with specific problems which are overwhelming them. For example, debt, benefit claims, housing, impact of domestic abuse, school attendance, child behaviour, child development, school attainment levels, isolation, loneliness, confidence, self-esteem, attachment with new baby and family relationships.

1:1 support is delivered by a qualified and experienced Family Wellbeing Facilitators.

Family support is delivered by our Family Wellbeing Team:

Family Wellbeing Lead
2 X Family Wellbeing Facilitators

Group Activities;

Lego Based Therapy	Art Therapy
Parenting Programmes	Parent Groups
Baby massage	

Group activities are provided in schools to complement our programme of family support. They are delivered by our Family Wellbeing Team.

During this financial year we provided family support and group work to 78 families (312 individuals) The full pathway was funded in Warwick Town by Thomas Oken and Nicholas Eyfler Trust and by Orbit Housing for the Stratford District.

Counselling; Counselling helps parents to achieve a sense of agency which is essential for them to feel in control of their lives and to believe in their capacity to influence their own thoughts and behaviour and build confidence in their ability to handle a wide range of tasks and situations, including being a parent.

Many children whose parents or carers have mental health problems go on to achieve their full potential in life, particularly if their parents receive the right support at the right time ([Hogg, 2013](#)).

Parents access up to 18 sessions with a trauma informed, person centred Counsellor. Now Covid 19 restrictions have been lifted, the sessions are delivered in locally based venues which are accessible and inclusive and a blend of online or telephone counselling. Outcomes are measured using the 'Core 34 Outcomes Measure Tool' which measures mental wellbeing in terms of risk, function, problems and subjective wellbeing. From existing data of counselling over 1,000 parents an average improvement score of 94% was achieved.

The Counsellors are supported by the Parenting Project Mental Health Team;

Mental Health Lead

2 X Mental Health Coordinators

Counselling Coordinator

2 X Mental Health Administrators

Parenting Project is an organisational member of the British Association for Counselling and Psychotherapy (BACP). We require all counsellors to hold individual membership of the BACP. The association promotes and facilitates research to produce trusted best practice by providing a robust framework to ensure the profession follows and adheres to the highest possible standards that protect individuals seeking therapy.

<https://www.bacp.co.uk/about-us/about-bacp/>

We are also members of the Association of Mental Health Providers.

Our counselling placement provider model enables us to deliver effective counselling therapy which is affordable. The following provides a snapshot of the service:

- We deliver in 12 Children and Family Centres and numerous outreach venues throughout Warwickshire
- We provide more than 90 hours a week of counselling, currently available to Warwickshire parents (mothers and fathers/carers of children aged 0-19, 25 if SEND)
- Counselling is inclusive for all who meet criteria
- Safeguarding procedures are in place and used effectively
- We are able to offer different modalities, with a person-centred/trauma-informed core
- Our volunteer placement counsellors come from helping backgrounds and second careers, e.g. Doctors, Nurses, Teachers, CPNs, Support Workers, psychologists etc.
- We have strong partnerships with universities
- We are recommended as a counselling placement organisation due to our excellent knowledge and application of ethics and morals and safe counselling practice. Students are well supported and contracts are in place.
- We are audited by universities
- We are an organisational member of the BACP
- We train student counsellors in different areas, offer quality CPD, and utilise current student skills to share knowledge.

We are valued and recognised by our local partners, both statutory and non-statutory, e.g. RISE (formally CAMHS), Perinatal MH, Health Visitors, GPs, IAPT, Crisis Team, Midwives, Social workers, Social Care, Early Help, Family Information Service, CAB, Children and Family

Centres, other voluntary and statutory sector services. This list is by no means definitive and continues to grow year on year.

During this financial year we received 383 referrals to the service and provided counselling for 212 parents. In addition we received 6 referrals for the child and young person counselling pilot delivered in South West Warwickshire only.

Parent Mentoring; this is for parents who are struggling with their role as a parent and would benefit from emotional and/or practical support from a Parent Mentor volunteer. The Parent Mentor spends time with the family on a weekly basis for up to 2 hours, for 3-6 months. Parents decide on the type of support they want in order to make progress as a parent and an individual. The goal of the Parent Mentoring Programme is to facilitate an outcome of confidence, wellbeing and independence for the parent which has a positive impact on the whole family.

Parent Mentors are recruited rigorously from often professional backgrounds, it is a volunteer role for which mentors receive comprehensive training and induction including safeguarding. They also receive group supervision and on call support. Current and previous Parent Mentors have found the role valuable in terms of their own learning and development and rewarding as they support parents to make positive and lasting changes in their lives.

All parents identified as suitable for the programme are assessed and matched to an appropriate Parent Mentor.

The Parent Mentor Programme is led by the Parent Mentor Lead, who is extensively experienced and suitably qualified senior manager.

During this financial year we recruited 22 Parent Mentors and supported 45 families (180 individuals) through the Parent Mentor Programme.

Structure, Governance and Management

Statement of Trustee's Responsibilities

The trustees are responsible for preparing the Annual Accounts in accordance with applicable law and regulations. The trustees are also Directors of the Parenting Project for the purpose of company law. Under that law the trustees have elected to prepare the financial statements in accordance with the UK generally accepted accounting practice (UK Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

In preparing the financial statements, the directors were required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time, the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees have adopted the provisions of the Statements of Recommended Practice (SORP).

Statement as to Disclosure of Information to Auditors

So far as the trustees are aware, there is no relevant audit information (as defined by section 418 of the 2006 Companies Act) of which the company's auditors are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself aware of any relevant audit information and to establish that the company's auditors are aware of that information. Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year.

How we are Organised

The Parenting Project recognises that in order to deliver its strategic aims, objectives and priorities successfully, it needs sound corporate governance arrangements in place. Our

Governance Handbook sets out the roles, responsibilities and procedures for the effective and efficient conduct of its business. It also provides new trustees with a handbook of good governance structures and practice.

Legal Status

The Parenting Project is a Private Limited Liability Company, also known as an Unincorporated Association, which is registered with Companies House and The Charity Commission. The Parenting Project is governed by a Board of Trustees and supported by sub-committees if considered appropriate.

The Parenting Project governing documents are:

- **Memorandum of Association**
- **Articles of Association**

The Articles of Association specify that the board is comprised of not less than five, but not limited. New trustees are appointed by the board from a wide range of backgrounds to bring balance and expertise to the Parenting Project. The board consists of a chair, deputy chair and trustees who are responsible for its governance and strategy. The day to day management and operation of the Parenting Project is designated to the Chief Officer.

Management and Governance

The Parenting Project operates under the Good Governance Code for the voluntary and community sector. The code clarifies the roles and responsibilities of the trustees and provides guidance in ensuring effective decision-making and accountability. The code is not mandatory but the Parenting Project is making a clear statement about our commitment to high standards of governance by operating within the code.

We currently have 6 trustees. As part of our commitment to effective governance we have improved the accountability between the Children's Centre Advisory Board and the Board of Trustees by ensuring a trustee attends each Advisory Board meeting when possible. We also continue to audit our governance functions to ensure continual improvement.

The board meets formally at least four times a year and, in addition, hosts an Annual General Meeting to discuss publicly the previous year's performance and look ahead to future priorities. The board has a schedule of business which details the essential business items which trustees are required to consider throughout the year.

Safeguarding Children

We continue to set safeguarding as a priority for the Parenting Project. We have a clear structure of responsibility for keeping children safe with a minimum of 6 fully trained Designated Safeguarding Leads who are responsible for all aspects of our Safeguarding Policy and Procedures.

Our Safeguarding Policy is thoroughly reviewed annually to bring it in line with the most recent government guidelines included in the document 'Working Together to Safeguard Children'. (HM Government, 2015) and Warwickshire Safeguarding Children Board new Multi-Agency Safeguarding Hub (MASH) procedures which took effect from May 2016. The Parenting Project Safeguarding Policy is reviewed annually. The next review will be in April 2022.

We are confident in our ability to safeguard children and adhere to all legal requirements in this regard. In addition, and equally important, we continue to foster a strong safeguarding culture based on effective communication, inquiry, regular training inspiring confidence in our team and a focus on the wellbeing of children.

Plans for Future Periods

- To further develop and expand the Family Wellbeing Programme
- To continue to provide support for children 0-19 (25 if SEND) and their parents
- To develop a trading arm of the charity which will enable the Parenting Project to become sustainable in the medium and long term

Due to the pandemic we were forced to hold our plans for this year and delay the development of a trading arm to support the charity. At the end of April 2021 we began to realise our plans to develop a trading arm by employing a Business Development Manager funded by Stratford Town Trust.

Financial Review

Analysis of Results for the Year

This year was the first full year without the Children's Centre contract we previously held for a total of 11 years. The impact of the pandemic limited our income as many funding opportunities became unavailable to charities. We did, however, receive £97,241 from the government via the Lottery Fund. This enabled us to continue to deliver services to the most vulnerable families.

Income for the year

FAMILY WELLBEING PROGRAMME		GRANT	DONATIONS	AMOUNT
Orbit Housing		£52,064.00	Heart of England CV resilience Fund	£1500
Thomas Oken & Nicholas Eyfler Trust		£23,561.00	Robert Waley-Cohen	£33000
PARENT MENTORING PROGRAMME			Advent of Change	£645
Municipal Charities Parent Mentoring		£5,000.00	Tesco Groundwork	£500
Kenilworth Town Council Parent Mentoring		£11,315.00	In memory of Ian Thompson	£1842
MENTAL HEALTH PROGRAMME			General Donations	£610
Kenilworth/Nuneaton		£6,000.00	Virgin Money Giving	£277
Rugby		£2,000.00		
WPH Charitable Trust		£5,000.00		
Warwick Provident		£3,000.00		
29th May 1961 Trust		4000.00		
STT Counselling		£7,500.00		
Nuneaton & Bedworth CC (Barnardos) funded by Leamington Town Council		£7,500.00		
WCC County Councillors Grants		£12,351.00		
BBC Children in Need		£9,991.00		
Warks Public Health Parenting in Mind		£25,000.00		
Warks Police Crime Commissioner MOJ Fund		£17,379.00		
LOTTERY COMMUNITY FUND		£97,241.00		
STT BUSINESS DEVELOPMENT MANAGER		£9,582.00		
TOTAL		298,484.00	TOTAL	38,374.00

Our total income for this year amounted to £345,929 and our total expenditure was £353,210.

Reserves Policy

The Parenting Project is keenly aware of the need to secure its viability beyond the immediate future. To provide reliable services over the longer term, the project must be able to absorb setbacks and to take advantage of change and opportunity. The Parenting Project aims to provide for this by putting aside, when it can afford it, some unrestricted income as a reserve against future uncertainties. Should one of the Parenting Project funding streams be withdrawn, the Parenting Project would need to find alternative methods of funding, preferably without depleting existing unrestricted reserves. However, reserves are required in case this cannot happen.

The trustees have examined the company's requirements for reserves. It is the Trustee's view that it is prudent to ensure that there are sufficient reserves to provide financial flexibility in the case of forthcoming challenges. The trustees therefore consider that the ideal level of reserves as at March 31st 2021 would be £150,000 representing 6 months core expenditure and current contract end costs. The current reserves are £163,505. £47,500 of the reserves is restricted funding which is required to deliver grant contracts and Family Wellbeing projects.

Investment Policy

Aside from retaining an amount of reserves each year, the Parenting Project's funds are received mostly in quarterly amounts and spent in the short term so there are limited funds for long term investment. Having considered the options available the company has decided to invest the small amount in a common investment fund. There is an investment policy in place.

This report has been prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Management Committee on November 30th 2021 and signed on its behalf by:


Jane Williams

Chair of Trustees

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE PARENTING PROJECT

Opinion

We have audited the financial statements of The Parenting Project (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE PARENTING PROJECT

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE PARENTING PROJECT

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



David Cooper FCA (Senior Statutory Auditor)
for and on behalf of Cooper Adams Ltd
Chartered Accountants
and Statutory Auditors
12 Payton Street
Stratford upon Avon
Warwickshire
CV37 6UA

14 December 2021

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	3,374	35,000	38,374	47,849
Charitable activities	4				
Grants received for projects		-	290,984	290,984	385,120
Sundry income		16,318	-	16,318	15,486
Investment income	3	253	-	253	754
Total		<u>19,945</u>	<u>325,984</u>	<u>345,929</u>	<u>449,209</u>
EXPENDITURE ON					
Charitable activities	5				
Provision of services		93,485	245,340	338,825	514,953
Support costs		7,531	6,854	14,385	21,069
Total		<u>101,016</u>	<u>252,194</u>	<u>353,210</u>	<u>536,022</u>
NET INCOME/(EXPENDITURE)		<u>(81,071)</u>	<u>73,790</u>	<u>(7,281)</u>	<u>(86,813)</u>
Transfers between funds	14	55,584	(55,584)	-	-
Net movement in funds		<u>(25,487)</u>	<u>18,206</u>	<u>(7,281)</u>	<u>(86,813)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		141,492	29,294	170,786	257,599
TOTAL FUNDS CARRIED FORWARD		<u><u>116,005</u></u>	<u><u>47,500</u></u>	<u><u>163,505</u></u>	<u><u>170,786</u></u>

STATEMENT OF FINANCIAL POSITION
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	11	4,841	-	4,841	-
CURRENT ASSETS					
Debtors	12	-	21,266	21,266	25,000
Cash at bank and in hand		115,364	46,799	162,163	207,435
		<u>115,364</u>	<u>68,065</u>	<u>183,429</u>	<u>232,435</u>
CREDITORS					
Amounts falling due within one year	13	(4,200)	(20,565)	(24,765)	(61,649)
NET CURRENT ASSETS		<u>111,164</u>	<u>47,500</u>	<u>158,664</u>	<u>170,786</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>116,005</u>	<u>47,500</u>	<u>163,505</u>	<u>170,786</u>
NET ASSETS		<u>116,005</u>	<u>47,500</u>	<u>163,505</u>	<u>170,786</u>
FUNDS	14				
Unrestricted funds				116,005	141,492
Restricted funds				<u>47,500</u>	<u>29,294</u>
TOTAL FUNDS				<u>163,505</u>	<u>170,786</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
J M L Williams - Trustee

STATEMENT OF CASH FLOWS
for the Year Ended 31 March 2021

	2021	2020	Notes
Cash flows from operating activities	(38,263)	(62,924)	1
Cash generated from operations	(38,263)	(62,924)	
Net cash used in operating activities	(38,263)	(62,924)	
Cash flows from investing activities	(7,262)	-	
Purchase of tangible fixed assets	253	754	
Interest received	(7,009)	754	
Net cash (used in)/provided by investing activities	(7,009)	754	
Change in cash and cash equivalents in the reporting period	(45,272)	(62,170)	
Cash and cash equivalents at the beginning of the reporting period	207,435	269,605	
Cash and cash equivalents at the end of the reporting period	162,163	207,435	

The notes form part of these financial statements

NOTES TO THE STATEMENT OF CASH FLOWS
for the Year Ended 31 March 2021

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(7,281)	(86,813)
Adjustments for:		
Depreciation charges	2,421	-
Interest received	(253)	(754)
Decrease/(increase) in debtors	3,734	(12,425)
(Decrease)/increase in creditors	(36,884)	37,068
Net cash used in operations	<u>(38,263)</u>	<u>(62,924)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank and in hand	207,435	(45,272)	162,163
	<u>207,435</u>	<u>(45,272)</u>	<u>162,163</u>
Total	<u>207,435</u>	<u>(45,272)</u>	<u>162,163</u>

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	<u>38,374</u>	<u>47,849</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

3. INVESTMENT INCOME

	2021 £	2020 £
Deposit account interest	<u>253</u>	<u>754</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021 £	2020 £
Grants from Warwickshire County Council	Grants received for projects	-	305,764
Grants from Stratford Town Trust	Grants received for projects	17,082	20,155
Grants from local County Councillors	Grants received for projects	11,821	8,350
Other grants	Grants received for projects	262,081	50,851
Sundry income	Sundry income	<u>16,318</u>	<u>15,486</u>
		<u>307,302</u>	<u>400,606</u>

5. CHARITABLE ACTIVITIES COSTS

Detailed analysis of charitable activities costs is shown on the detailed Statement of Financial Activities.

6. SUPPORT COSTS

	2021 £	2020 £
Trustees' expenses	100	30
Professional fees	9,764	18,989
Auditors' remuneration	<u>2,100</u>	<u>2,050</u>
	<u>11,964</u>	<u>21,069</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	<u>2,421</u>	<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

Trustees were reimbursed expenses of £100 (2020: £30).

9. STAFF COSTS

	2021 £	2020 £
Wages and salaries	271,612	373,323
Social security costs	21,790	23,960
Other pension costs	13,629	19,391
	<u>307,031</u>	<u>416,674</u>

The average monthly number of employees during the year was as follows:

	2021 <u>13</u>	2020 <u>21</u>
Employees		

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	47,849	-	47,849
Charitable activities			
Grants received for projects	-	385,120	385,120
Sundry income	15,486	-	15,486
Investment income	754	-	754
Total	<u>64,089</u>	<u>385,120</u>	<u>449,209</u>
EXPENDITURE ON			
Charitable activities			
Provision of services	206,268	308,685	514,953
Support costs	7,132	13,937	21,069
Total	<u>213,400</u>	<u>322,622</u>	<u>536,022</u>
NET INCOME/(EXPENDITURE)	<u>(149,311)</u>	<u>62,498</u>	<u>(86,813)</u>
Transfers between funds	<u>87,457</u>	<u>(87,457)</u>	<u>-</u>
Net movement in funds	<u>(61,854)</u>	<u>(24,959)</u>	<u>(86,813)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	203,346	54,253	257,599
TOTAL FUNDS CARRIED FORWARD	<u>141,492</u>	<u>29,294</u>	<u>170,786</u>

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	7,262
DEPRECIATION	
Charge for year	2,421
NET BOOK VALUE	
At 31 March 2021	4,841
At 31 March 2020	-

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Other debtors	21,266	25,000

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	320	3,795
Social security and other taxes	5,909	5,880
Other creditors	1,444	1,358
Deferred income	5,000	46,306
Accrued expenses	12,092	4,310
	<u>24,765</u>	<u>61,649</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

14. MOVEMENT IN FUNDS

	2020 £	Incoming Resources £	Resources Expended £	Transfers	2021 £
Unrestricted funds					
General funds	141,492	1,945	(141,492)	55,584	116,005
Restricted funds					
CV34	-	19,361	(8,578)	(2,700)	8,083
STT Family Support	6,659	7,500	(13,409)	(750)	-
WCC County Councillors	6,294	12,321	(11,228)	(1,182)	6,205
Housing Priority	730	44,157	(32,723)	(7,844)	4,320
BBC Children in Need	-	9,991	(9,991)	-	-
Municipal Charities	6,178	5,000	(10,008)	-	1,170
Parent Mentoring	-	2,900	-	(1,076)	1,824
Kentworth Town Council	-	11,315	(7,040)	-	4,275
Counselling	9,433	64,237	(58,559)	(3,070)	12,041
Warwick Police Commissioner	-	17,379	(9,917)	(7,462)	-
Lottery Community Fund	-	97,241	(73,241)	(24,000)	-
STT Business Development	-	9,582	-	-	9,582
Parenting in Mind	-	25,000	(17,500)	(7,500)	-
Total Restricted Funds	29,294	325,984	(252,194)	(55,584)	47,500
TOTAL FUNDS	170,786	345,929	(353,210)	-	163,505

During the year an amount of £55,584 was transferred from the CV34 , STT Family Support, WCC County Councillors, Housing Priority, Parent Mentoring, Counselling, Warwick Police Commissioner, Lottery Community and Parenting in Mind funds to the unrestricted general funds. This represents the agreed management fee for the year.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

16. CHARITABLE STATUS

The company is registered as a charity on 31 July 2008. The charity number is 1125291.

17. COMPANY STATUS

The Parenting Project is a company limited by guarantee not having any share capital.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	38,374	47,849
Investment income		
Deposit account interest	253	754
Charitable activities		
Grants from Warwickshire County Council	-	305,764
Grants from Stratford Town Trust	17,082	20,155
Grants from local County Councillors	11,821	8,350
Other grants	262,081	50,851
Sundry income	16,318	15,486
	<hr/>	<hr/>
	307,302	400,606
Total incoming resources	<hr/>	<hr/>
	345,929	449,209
EXPENDITURE		
Charitable activities		
Staff salaries	271,612	373,323
Social security	21,790	23,960
Pensions	13,629	19,391
Costs of volunteers	348	1,568
Activities costs	189	14,830
Activities equipment and resources	196	1,833
Cleaning	3,273	3,692
Travelling and subsistence	2,032	13,592
Employee expenses	279	485
Staff training	4,262	2,876
Publicity	1,362	3,145
Insurance	3,098	956
Postage and delivery	170	754
Printing and stationery	2,687	5,305
Rent	7,892	17,026
Repairs and maintenance	29	5,768
Telephone and internet	3,453	7,310
Utilities	(32)	16,207
Computer and software expenses	2,406	2,810
Bank charges	150	122
Depreciation of computer equipment	2,421	-
	<hr/>	<hr/>
	341,246	514,953
Support costs		
Management		
Auditors' remuneration	2,100	2,050
Professional fees	9,764	18,989
Carried forward	11,864	21,039

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021

	2021 £	2020 £
Management		
Brought forward	11,864	21,039
Trustees' expenses	100	30
	<u>11,964</u>	<u>21,069</u>
Total resources expended	<u>353,210</u>	<u>536,022</u>
Net expenditure	<u>(7,281)</u>	<u>(86,813)</u>