

**WHERE EVERY
BRICK**

This lunchbox meant more than just food for my son. He came home happier, more focused, and proud to have something nutritious to eat. It really took pressure off our family during a tough time."

Mrs S.

Before BoysGetFit24, I never thought I could enjoy exercise. Now I feel stronger, more focused in school, and I even bike with my cousins on the weekend. It changed how I see myself."

Participant, age 13

**TELLS
A STORY**

ANNUAL REPORT AND ACCOUNTS 2023



TRUSTEES STATEMENT:

This year marked a period of growth and “construction” for our charity, as we laid the foundation for long-term impact through innovative new initiatives and the expansion of existing programmes. Our focus has been on deepening community engagement, fostering youth empowerment, and ensuring the sustainability of our services.

A major milestone was the successful launch of our new community gym — a safe, inclusive space where young people can stay active, build confidence, and develop positive routines. Alongside this, we introduced targeted fitness sessions and new community engagement strategies to better respond to evolving local needs.

- **Fuel for Learning**

Delivered over 255 daily nutritious lunchboxes to young boys, addressing hunger and promoting long-term healthy eating habits, in partnership with nutritionists and local food suppliers.

- **Boys Get Fit '24**

A youth-led physical activity programme promoting regular movement, mental wellbeing, and positive self-image through structured group fitness sessions.

- **Cook With Me**

A family-centred cooking initiative aimed at building practical skills, improving nutrition awareness, and strengthening bonds through shared food experiences.

- **The 3-Day Hike**

A transformative outdoor challenge that empowered young people through teamwork, resilience-building, and connection with nature.

Together, these initiatives reflect our renewed mission: to create sustainable, empowering opportunities for our community to grow stronger, healthier, and more connected. As we look ahead, we remain committed to scaling our impact and ensuring that every programme we deliver contributes meaningfully to the lives of those we serve.

We deeply appreciate the ongoing support and dedication from all our partners and supporters. We eagerly anticipate building on this success in the upcoming year.



Ester Amelia Stern



OUR MISSION

To provide children with opportunities TO BUILD better skills so they can USE THE TOOLS to lay a SOLID FOUNDATION have improved life chances.



3

CHARITABLE OBJECTIVES

To advance in life and help children through:

A. providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

B. To help children, especially but not exclusively through leisure time activities, so as to develop their capabilities so that they may grow to full maturity as individuals and members of society. The promotion of any other exclusively charitable objects and purposes such as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.





OUR TRUSTEES

MR JEFFREY SINITSKY

An experienced manager in the financial sector, Mr Sinitsky has years of business acumen and acts as the treasurer of Fun4kids. He has wide community interests at heart and a particular interest in children's education and emotional wellbeing.

MR YEHOSHUA PINTER

A local philanthropist and businessman involved in many charities including a local school as a governor. Mr Pinter has excellent experience in governance and management and as the Chair brings his management skills to the charity. He is interested in helping the community and setting up social enterprises. He has been involved in many worthwhile projects and has great ideas to make big things happen quickly.

MISS ESTER AMELIA STERN

A highly experienced and phenomenal teacher with over 8 years of dedicated service in education. Her deep understanding of children's needs, coupled with her exceptional ability to connect with them, makes her an invaluable asset to our charity. Esther's passion for education and her natural ability to build positive relationships have earned her the admiration and respect of both colleagues and the families she works with. As a trustee, Esther brings a unique perspective and unwavering commitment to supporting the well-being and development of every child in our care.



OUR AIMS

Our aim is to ensure that every child receives the essential 'H' factors necessary for a fulfilling childhood, irrespective of their family's financial circumstances.



HEALTH:

We aim to promote the physical and mental well-being of children through access to nutritious meals, fitness activities, and wellness programs that encourage healthy lifestyles.



HOPE:

Our goal is to inspire hope in the children we serve by offering programs and support that empower them to dream big, set goals, and work towards a brighter future.



HOLIDAYS:

We strive to provide enriching and enjoyable holiday programs that offer children fun activities, new experiences, and opportunities to learn and grow during school breaks.



HAPPINESS:

We are dedicated to creating a joyful and positive environment through engaging activities, recreational programs, and events that bring smiles to children's faces and enhance their overall well-being.

A hand-drawn illustration of a brick wall. The bricks are light blue with dark blue outlines. A black hook is at the top center, with a black string passing through it. The string goes down and then splits into two diagonal lines that connect to the top corners of an orange rectangular sign with rounded corners. The sign has the text "OUR PROJECTS:" in white, bold, uppercase letters.

OUR PROJECTS:

YOU CANNOT BUILD A WALL WITH ONE STONE

COOK WITH ME HOLIDAY PROGRAM

The Cost-of-Living Crisis (COLC) had resulted in both direct and indirect outcomes for our community. One significant indirect outcome was the increased risk of child malnutrition as families struggled to meet daily expenses, leading to a lack of sufficient food. This malnutrition impaired children's ability to function properly and hindered their academic achievements.

To combat this, we launched the "Cook with Me" project, specifically targeting the winter holidays when children were particularly vulnerable. Through this initiative, boys participated in cooking sessions and enjoyed the nutritious meals they prepared. This not only ensured they had a good meal during the break but also helped alleviate the immediate issue of hunger, preventing its negative impact on their well-being and future success.

By addressing malnutrition during the winter holidays, the "Cook with Me" project supported children in their growth and learning, ultimately helping them achieve their full potential during these challenging times.

Our cooking groups had a two-fold impact on our users' health and nutrition, as well as their confidence. Specifically, we planned and developed the following three outcomes:

- 65 young boys experienced better health and improved nutrition as they cooked and ate healthy meals.
- 65 young boys improved their confidence, which positively impacted their life chances.
- 65 young boys enhanced their cooking skills and became capable of preparing a two-course meal that included a vegetable, starch, and protein.

This project was supported by the Greater London Authority (GLA) through the Building Stronger Communities.



"Being part of the 'Cook with me' holiday program at fun4kids, has really boosted my confidence. I feel more comfortable speaking up in class and trying new things." Jeffrey's confidence was notably increased, not only in the kitchen but also in his daily life."

FUEL FOR LEARNING INITIATIVE

In 2024, Hackney Foodbank delivered a targeted Fuel for Learning programme supporting 255 boys with daily nutritious lunchboxes. Each lunchbox included a protein-based snack and fresh fruit, addressing immediate hunger while encouraging healthier eating habits.

This initiative was developed in close collaboration with nutritionists and local suppliers, ensuring meals were both balanced and freshly prepared. The model not only supported young people's health but also contributed to local economic activity.

Key outcomes include:

- Delivery of over ____ meals across the programme period.
- Improved physical well-being and reported increases in concentration and energy among beneficiaries.
- Strengthened community partnerships and food supply chains.

We implemented ongoing monitoring and beneficiary feedback to refine delivery and ensure responsiveness to local needs. This initiative demonstrates our commitment to moving beyond emergency food aid toward sustainable, health-led interventions that enhance well-being and educational outcomes.



This lunchbox meant more than just food for my son. He came home happier, more focused, and proud to have something nutritious to eat every day. It really took pressure off our family during a tough time."

BOYSGETFIT-24 BY SPORTS ENGLAND

Empowering young boys through fitness, confidence, and community

BoysGetFit-2024 was a 10-week health and wellbeing initiative delivered by Fun4Kids for boys referred by their schools. The programme offered participants a choice between weekly personal trainer-led fitness classes or cycling sessions at the Lee Valley Velopark — with many boys opting to attend both.



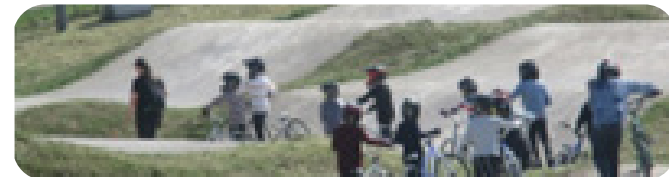
Fitness Classes: Held at Yesodey Hatorah School, these sessions were led by three qualified personal trainers and focused on endurance, muscle strengthening, and proper warm-up/cool-down routines. With 24 boys engaged each week, we saw measurable improvements in fitness, energy levels, and motivation.

Cycling Sessions: Delivered by two professional cycling instructors at the Velopark, boys were grouped by skill level into beginner and development groups. Each week, 24 boys participated, gaining practical cycling skills and confidence in a structured outdoor environment.



Equipment Investment: The programme also saw the purchase of new fitness equipment — including treadmills, cross trainers, mats, weights, and jump ropes — which will continue to benefit future Fun4Kids projects, promoting sustainability and long-term community health impact.

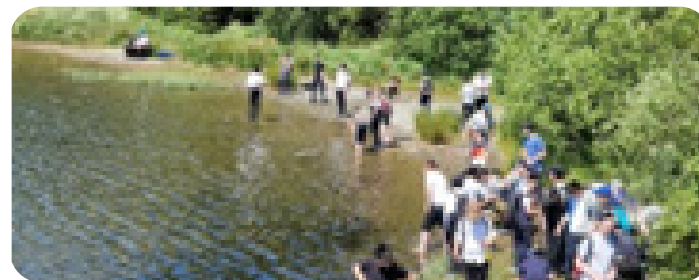
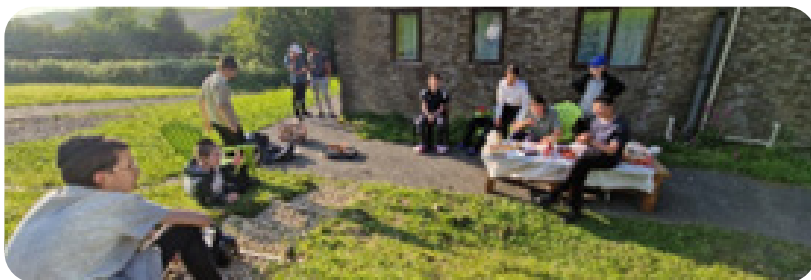
Nutrition: After every class, boys received a high-quality, protein-based snack, guided by trainers to support post-exercise recovery and model healthy habits.



The success of BoysGetFit-2024 lies in its holistic design — combining physical training, healthy eating, and emotional support — to help young boys build resilience, self-belief, and lifelong wellness habits.

3 DAY HIKE - HENRY SMITH

This transformative outdoor challenge took a group of young participants on a 3-day guided hike, designed to build teamwork, confidence, and resilience. Away from screens and routine, the boys learned navigation skills, overcame physical challenges, and developed a deeper connection with nature and each other. The experience promoted mental wellbeing, independence, and a strong sense of achievement that stayed with them long after the final mile.



YOUNG VOICES TEAM

Our YVT - young voices team program constantly helps us monitor our users' needs. It helps us watch the progress and success of our work.

We do this via different methods and forms such as video taking after sessions, mini-interviews or handing out an opinion poll to ask the boys what they feel like or what they enjoyed most. This gives them a chance to raise their voice of opinion and improves confidence as we perform further according to their feedback.

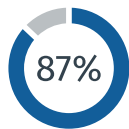
In addition, we give out an extensive questionnaire at the start of the course covering hard and soft skills rated on a 1-10 basis. These exact questions will be asked during the course and after the course helping us to map changes and learn how to shape future work that we do.



Saw improvements in their emotional wellbeing



Reported improvements in their identity and self-worth



Feel their health and wellbeing improved



Saw an improvement in their relationships with their friends



Felt their home & family improved



Reported improvements in their safety



Felt they progress in their school, work or training environment



Reported improved fitness





NO JOB TOO SMALL



3
NEW
SESSIONS
LAUNCHED

30
VOLUNTEERS
SUPPORTED
FUN4KIDS

190
BOYS
PARTICIPATED
IN OUR
PROGRAMS
DURING 2023

540
HOURS
OF ACTIVITY A
YEAR

65
BOYS ATTENDED
OUR AFTER-
SCHOOL GROUPS-

OUR 2024 DONORS: BUILDING SUCCESS TOGETHER TOGETHER

We extend our heartfelt gratitude to the generous donors who have supported us throughout 2023. Your contributions have been instrumental in helping us achieve our goals and make a positive impact in our community. Here are some of the donors that have helped us build success this year:



We also want to acknowledge and thank all the local philanthropists whose generous donations have been vital to our success.

We look forward to continuing our partnership and building on this success in the coming years.

FUN4KIDS

REPORT OF THE TRUSTEES

14

RESERVES POLICY

The trustees retain reserves as necessary to maintain the operational capability of the Charity.

RESPONSIBILITIES OF THE TRUSTEES

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet Date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and

- a. Select suitable accounting policies and the apply them consistently.
- b. Make judgements and estimates that are reasonable and prudent.
- c. Follow applicable accounting standards and the Charities SORP October 2005, updated May 2008 disclosing and explaining any departures in the financial statements.
- d. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

BOARD OF TRUSTEES

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of on 10 June 2024

and signed on behalf of them all.

Chairperson and Trustee

Miss Esther Amelia Stern

Date: 02 June 2024

Treasurer

Mr. Jeffrey Sinitsky

Date: 02 June 2024

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2024

	Notes	Unrestricted Funds £	Restrtricted Funds £	2024 Total Funds £	2023 Total Funds £
INCOMING RESOURCES					
Activities to further the Charity's Objects	2	59,713	56,746	116,459	85,051
Total Incoming Resources		59,713	56,746	116,459	85,051
RESOURCES EXPENDED					
Cost of Generating Funds			0	0	0
Net Incoming Resources Available For Charitable Application		59,713	56,746	116,459	85,051
Cost of Activities In Furtherance	3	48,876	21,200	70,076	60,397
Governance Costs	5	9,285	0	9,285	11,585
Total Charitable Expenditure		58,161	21,200	79,361	71,982
Total Resources Expended	3	58,161	21,200	79,361	71,982
Net Movement In Funds		1,552	35,546	37,098	13,069
Transfer To / (From) Reserves		0	0	0	0
Net Reserves for the Year		1,552	35,546	37,098	13,069
Total Funds Brought Forward		20,978	4,180	25,158	12,089
Total Funds Carried Forward	10	£ 22,530	£39,726	£62,256	£25,158

FUN4KIDS

BALANCE SHEET AT 31 AUGUST 2024

16

	Notes	2023 £	2022 £
Current Assets			
Debtors	7	0	11,885
Cash at Bank and in Hand		31,333	13,723
		31,333	25,608
Creditors: Amounts falling due within one year	8	(450)	(450)
Net Current Assets		30,883	25,158
Total Assets less Current Liabilities		30,883	25,158
Net Liabilities	9	£30,883	£ 25,158
Restricted Funds	10	8,353	4,180
Unrestricted Funds	11	22,530	20,978
Total Funds		£30,883	£25,158

Approved by The Trustees on 25 March 2025, and signed on behalf of them all.



Chairperson and Trustee
Mr. Yehoshua Pinter
Date: 05 January 2023



Treasurer
Mr. Jeffrey Sinitsky
Date: 05 January 2023

The notes on pages 16 and 19 form part of these accounts.

FUN4KIDS

NOTES TO THE ACCOUNTS 31 AUGUST 2024

17

1. PRINCIPAL ACCOUNTING POLICIES

Basis of Accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (effective from April 2015).

Cash Flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and Fund Accounting

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable. Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

Resources Expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

2. INCOMING FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	2023 £
Grants Received				
Mayor Of London	0	4,890	4,890	1,000
Souter Charitable Trust	2,000	0	2,000	2,680
Invesco cares	500	0	500	500
CAC	0	880	880	10,000
Hackney Food Bank	0	11,213	11,213	1,500
Sports England	0	12,040	12,040	500
Henry Smith Foundation	0	2,350	2,350	1,000
Other Grants	9,470	0	9,470	15,341
Other Individual Donations	13,983	0	13,984	12,350
Total Income Generated	£25,953	£31,373	£57,326	£55,221

FUN4KIDS

NOTES TO THE ACCOUNTS 31 AUGUST 2024

18

3. CHARITABLE ACTIVITIES

	Unrestricted £	Restricted £	Total 2024 £	2023 £
Fun4kids				
Accommodation	2,500	0	2,500	3,500
Activities	8,520	21,200	29,720	18,520
Administration	930	0	930	890
Advertising	1,260	0	1,260	2,350
Food & Kitchen Costs	11,186	0	11,186	11,350
Insurance	950	0	950	950
Outing Trips	11,570	0	11,570	12,067
Project Coordinator	3,160	0	3,160	2,860
Travel	2,655	0	2,655	3,620
Wages	6,145	0	6,145	4290
Total Charitable Activities	48,876	21,200	70,076	60,397
Total Cost of Activities In Furtherance	£48,876	£21,200	£70,076	£60,397

4. COST OF GENERATING FUNDS

£0 £0

5. GOVERNANCE COSTS

	2024 £	2023 £
Accountancy	300	300
Bank Charges	225	125
Rent of Office and site	5,240	8,260
Stationery	3,520	2,900
	£9,285	£11,585

6. TAXATION

The Charity is exempt from taxation on its charitable activities.

7. DEBTORS

	2024 £	2023 £
Pledges Owed to the Charity	0	11,885
	£0	£11,885

The Donations pledged during the year have now all been received.

FUN4KIDS

NOTES TO THE ACCOUNTS 31 AUGUST 2024

19

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2021 £
Trade Creditors	450	450
	£450	£450

9. NET ASSETS OF THE CHARITY'S FUNDS

	Fixed Assets £	Net Current Assets £	Long Term Liabilities £	Fund Balances £
Restricted Funds	0	39,726	0	39,726
Unrestricted Funds	0		0	0
Total Funds	£0	£39,726	£0	£39,726

10. RESTRICTED FUNDS: MOVEMENTS IN THE YEAR

	Balance at 31 August 2023 £	Income £	Expended £	Transfer To/ (From) Reserves £	Balance at 31 August 2024 £
Income and Expenses	4,180	25,373	21,200	0	8,353
Total Funds	£4,180	£25,373	£21,200	£0	£8,353

11. UNRESTRICTED FUNDS: MOVEMENTS IN THE YEAR

	Balance at 31 August 2023 £	Income £	Expended £	Transfer To/ (From) Reserves £	Balance at 31 August 2024 £
General Reserve	12,089	70,871	61,982	0	20,978
Total Funds	£ 12,089	£ 70,871	£ 61,982	£ 0	£ 20,978

12. The average number of Employees during the year, on a full time equivalent basis was

No Employee was paid above £60,000 per year.

	2024	2023
	0	0

We report on the financial statements of Fun4kids, for the year ended 31 August 2024 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

As described on page 13, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply.

It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner

C Rosen & Co

Date 10 June 2024

OPINION

In our opinion, no matter has come to our attention,

1) which gives us reasonable cause to believe that, in any material respect, the requirements

a) to keep accounting records in accordance with section 41 of the Act; and

b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



REFERENCE AND ADMINISTRATIVE DETAILS

REGISTERED CHARITY NAME:

Fun4kids

REGISTERED CHARITY NUMBER:

1125178

REGISTERED ADDRESS:

2-4 Amhurst Park

London

N16 5AE

TRUSTEES:

Miss Esther Amelia Stern

Mr. Jeffrey Sinitsky

Mr. Yehoshua Pinter