

*Charity number: 1125084, registered in England and Wales*

# Templesprings

## Annual Report and Accounts

For the long period from 1<sup>st</sup> July 2022 to 31 August 2023



# *Templesprings*

## *Contents of the Annual Report and Accounts*

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# *Templesprings*

## *Charity Information*

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**Charity Number:** 1125084

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**Trustees** Mrs Bidemi Johnson  
Miss Pursher William  
Mrs Katarzyna Wasilewska  
Mr Abdul Otusanya

**Bankers** The Cooperative Bank PLC  
PO Box 250  
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**Independent Examiner** Fumi Popoola,  
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## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Legal Form**

A charitable trust governed by its constitution.

### **Governing Document**

The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

### **Trustees**

The following individuals have served as Trustees in the period:

<b>Name</b>	<b>Position</b>
Mrs Bidemi Johnson	Chair
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary
Mr Abdul Otusanya	

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

### **Officers**

There are no paid officers of the Charity (see note 10 for details).

### **Membership**

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the long period ended 31<sup>st</sup> August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTS, AIMS AND PRINICPAL ACTIVITIES**

### **Objects**

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

- 1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music.
- 2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools.
- 3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community.
- 4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils, and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society.
- 5) To act as a resource for young people up to the age of twenty-one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:
  - Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.
  - Advancing education
  - Relieving unemployment.
- 6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the world as the Council from time to time may think fit.
- 7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling, and support in such parts of the United Kingdom or the world as the Council from time to time may think fit.
- 8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.
- 9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

## Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

## Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

## Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument.
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

## Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children, and young people.

We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic, and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social, and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver, and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring, and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical, and social well-being, using music and the arts as a gateway to transforming their lives.

## Achievements and Performances in the Period

### Partnership Essex Community Foundation (ECF)

We received a grant from ECF (alongside match funding from Royal Opera House Bridge) which enabled our team to deliver 'Mini Mixers' music sessions for children up to five years in Grays. Mini Mixers was developed to promote early years learning (particularly musical enjoyment, creativity, motor skills/cognitive development and listening/learning skills) and set children on a positive path of arts engagement and creativity.

Our project was developed in consultation with local early years practitioners throughout 2021/22, which found that many lack confidence/knowledge to deliver effective and engaging music activities for children. Our pilot study (enabled through Essex Community Foundation's funding) supported delivery and evaluation of three Mini Mixers sessions (delivered by ten early career Early Years professionals), and subsequent reflective practice sessions to understand challenges for tutors and examine their feedback on children's learning/engagement.

This led to the creation of five new downloadable Mini Mixers lesson plans, adapted for specific age groups (e.g. 1-2s, 3-4s, and 4-5s groups). We have also developed best practice resources including - expanded list of recommended instruments; lists of recommended songs for singing, clapping, chanting, structured dance and accompanying with percussion; and ideas for sensory based games.

May 2023

EARLY YEARS NEWS

Vol 1 Issue 5

Guitar



Mini Mixers

Group Sessions Ages 2-5

Our Mini Mixer sessions are filled with exploration of music and instruments, making the little ones more curious than ever. They will be learning about rhythm, melody and various instruments whilst having fun, dancing and letting out all of their energy!

Keyboard



Saxophone



Drums





MAKE MUSIC FUN!

One Teaching Assistant 'Sam' described herself as "not musical at all" and in our consultations shared how she found delivering/supporting music activities with young children to be very daunting.

Many of the children she works with are from disadvantaged backgrounds, and were under enormous stress during the pandemic, during which time the emotional wellbeing/behaviour of some young children suffered.

Sam found it hard to support children with music activities, particularly with child-directed play with small instruments, with which she herself was largely unfamiliar.

Her previous experiences of these sessions were that children would become bored and inattentive very quickly, leaving her feeling frustrated.

Sam reported that the learning resources developed by Templesprings were helpful in structuring the music sessions and provided many new ideas for activities that she had not previously considered. In particular, she reported that the Templesprings Music characters featured in the lesson materials were helpful in increasing her understanding of basic terms (tempo, pitch, rhythms etc.) whilst also providing valuable tools to help maintain children's interest, engagement, and positive learning outcomes from sessions. Sam is now co-facilitating weekly music/movement sessions at her workplace and would feel confident to plan similar activities by herself. She reports that these sessions are extremely enjoyable for the children and something they look forward to.



## Partnership - Thurrock Mind

Changing people's lives through personalised care – The Thurrock Story. Templesprings continues to work with the Youth Facilitator for positive pathways to transition the young people who have been receiving mental health support back to the community. Some of the young people had no access to creative opportunities and were introduced to Templesprings.

A total of 240 music sessions (including drums, keys, guitar) were delivered to 20 YOUNG MINDS. Templesprings also supported the young people through work experience and participating in holiday club activities. The young people experienced and reported on the following outcomes: They no longer struggled alone; Built better relationships; Learnt how to use music and the arts as coping strategies.

**Volunteers and Gift in Kind:** We are so grateful for our trustees, the community of professionals, young people and parents who continually volunteer their time to support the work we do in the community. Around 30 people provided a total of 1,800 volunteering hours. Their Gift in Kind contribution to the organisation is worth £23,400.

## EVENTS - GRANGE WATERS

We had so much fun at Grange Waters on Monday 24th July, doing a wide range of team bonding and team building activities. Your children used their brains and problem solving skills, from untangling ropes to conquering the ever-shrinking island challenge, they demonstrated remarkable determination and teamwork.

They sailed the waters and scaled heights, the children gave everything a go and the sense of unity among the group was truly heartwarming as they all cheered each other on along the way.

None of this would have been possible without the Grange Waters staff and The Templesprings team, we couldn't have done it without you!

We look forward to more such enriching experiences in the future, where your children can learn, grow, and create lasting memories together!



Through grant funding, we have supported 41 children aged (8-12) and nine young volunteers (13+) through programming which has included summer holiday 'music camp' provision, local excursions and term time music tuition and other Arts Award accredited learning.

Our holiday excursions featured a day of dinghy sailing, outdoor theatre and team building activities at Grange water

Outdoor Education Centre and plenty of energetic trampolining at Flip Out. Additional half term provision included music studio recording projects, in which young people recorded 6 their favourite pop covers and Christmas carols, whilst learning about the audio recording process and studio engineering/postproduction.

In total we have delivered 312 hours of music tuition and arts award support, 274 hours of music camp programming and 14 hours of group excursion activity.



## Partnership - Active Essex Holiday Food Program



Our partnership with Active Essex sponsored by the government (DfE) HAF Programme, ran FREE face to face clubs during the school holidays for children and young people who are eligible for benefits based free school meals, as well as those from low income working families who would benefit from this extra support. This partnership meant we could ensure 150+ children (primary, secondary and SEN) accessed over the course of the 3 Holiday Clubs nutritious meals and sports to complement their music activities, leveraging match funding from Dept of Education.

HAF was a great success, with all the children leaving the programme feeling more confident, active and with smiles on their faces. We saw a lot of confidence gained in every child, whether it be in music, arts & craft, sports games, taking part in activities, forming friendships, especially when compared to how quiet and shy they were at the start. They were also not afraid to express their opinions, interests, likes/dislikes, which shows they feel comfortable with each other, the staff members in a safe environment.

The difference in energy and attitude from when they arrived to when they leave, was substantial. Starting the day quiet and reserved to leaving with big smiles and lots of energy, excited to come back the next day. Some of the children managed to excel in certain activities that we provided, mainly with music. With some parents enquiring to sign them up for music lessons next year.



### Partnership - Comic Relief Community Fund (CRCF)

We received a grant of £10,000 from CRCF to build capacity and enabled us to deliver our 'Audio Ambition' programme which engaged 40 children (primarily 8-12 years) from vulnerable families, who have been educationally disadvantaged by the pandemic and the cost-of-living crisis. Over the duration of the project, the children accessed:



1) Term-time music scholarships (evenings/weekends) – weekly coaching in drums, keyboards, or guitar at Templesprings centre (with remote learning options also). According to individual need/age, sessions will be one-to-one or in small groups (2-3 children). Our unique tutoring approach focuses on learning 'by ear', enabling children to quickly develop and perform a basic repertoire of music fairly quickly. This helps build confidence and motivation to continue developing skills. Children also had digital learning resources to support their practice and self-directed learning at home, empowering them as independent learners and helping improve literacy/comprehension skills.



2) School holiday activities – children were helped to develop confidence and interpersonal skills through live music performance, leadership/volunteering activities and opportunities for accreditation including Arts Awards. Our 'Music Camp' programming during half terms/holidays, offers children a

range of exciting music and performing arts activities, arts and crafts, sports games, and more. We work in continued partnership with local/regional holiday food programmes to ensure children also access nutritious meals.

Children also had peer mentoring support from our 'C3' young volunteers, working with them in supporting local social action initiatives, which previously years included organising live concerts and befriending programmes for care home residents, and supermarket bag packing



services for the elderly. Peer-mentoring is our 'tried and tested' approach refined since 2015 and has proven highly effective in building self-esteem/interpersonal skills in less confident children – last year 90% of parents Strongly Agreed (10% Agreed) that their child had increased in confidence, and 95% Strongly Agreed (5% Agreed) that their child had developed new skills from activities co-delivered with positive young role models.





## Arts Awards

Arts Award inspires young people to grow their arts and leadership talents: it's creative, valuable and accessible. Through Arts Award, young people gain a nationally recognised qualification enabling them to progress into further education and employment. They not only gain art form knowledge and understanding but also develop leadership, creativity and communication skills.

Arts Award is a personal learning framework that accredits students' individual development in the arts. Arts Award also provides measurable CPD opportunities for staff as well as enabling schools to make meaningful links with their local arts organisations, and vice versa. As an Arts Awards center, Templesprings puts up a lot of events for the children to access.



## EVENTS

There are exciting events taking place in Templesprings every month. Please make a note for your diary!

### There are different types of Concerts at Templesprings

- **Show & Tell Concert (SAT)**

A Show & Tell Concert is a small concert where our students perform the songs learnt in class. They do this in front of an audience made up of parents/guardians/carers and Templesprings staff.

**Date:** The selected students will be informed closer to the date.

- **Mini Concert (MC1)**

A Mini Concert is a slightly larger concert than a Show & Tell Concert where students play in front of a live audience at the centre.

**Date:** 5:30 p.m. Friday, 10th March 2023

- **Major Concert (MC2)**

A major concert is one in which a large auditorium is hired (upwards of a 100-seater) and performances are held and recorded by our students. The participants in these are usually the Friday Night Live students and Bands (FNL). Our major concerts usually take place in the summer months.



- **Make Music Day (MMD)**

Make Music Day is a global event and a wonderful way to celebrate live music in every corner of the UK. It takes place across the globe on the 21st of June each year and is made up of thousands of fantastic music events, performances, and activities. We will be participating this year and rehearsals have already started.

- **Friday Night Live (FNL)**

As soon as our students can play confidently and reach a level of proficiency, they are placed in music bands where they meet on Fridays and have greater opportunity to perform and improve their musical skills. This exciting event is called FRIDAY NIGHT LIVE (FNL).

Friday Night Live participants are only required to attend twice in a term (our term is always a 12-week term). Parents and students are notified in advance of their scheduled participation by text and email.

Delivered a 'Winter Wonder Workshop' where children:

- explored the composition of Christmas Carols - what makes them so magical?
- Learnt the instruments used in Christmas-themed music
- Made festive origami to gift to family members



# HARMONIES FOR HOPE

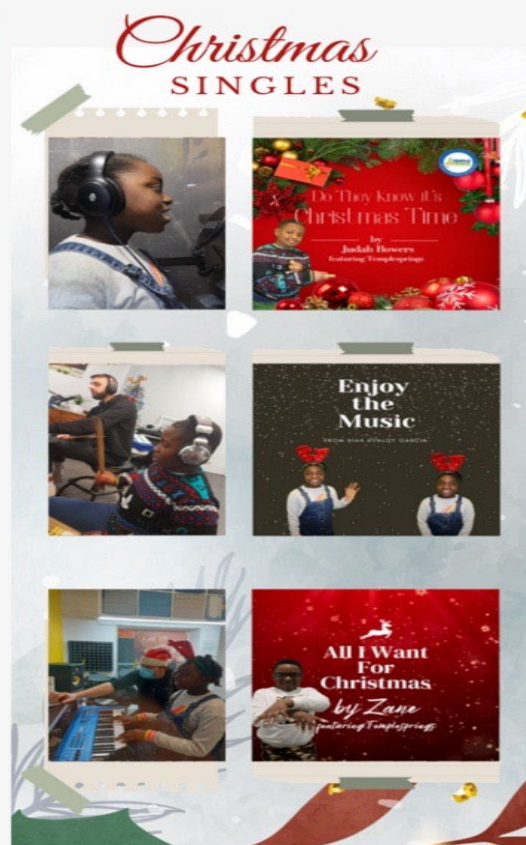
Harmonies of Hope is an exciting musical project for the autumn term!

It's getting to be that wonderful time of year again, and we are inviting all of you to be a part of something truly special.

Together we are working on a Christmas album that showcases the skills of our Friday Night Live Band members.

This Christmas album will not only be filled with festive melodies but also with the promise of hope. Every purchase of the album contributes to raising funds for our C3 Youth program and the youths of our community here in Thurrock.

Temple Springs uses music and the arts as a gateway for making a positive difference in the lives of young people in our community.



Harmonies of Hope project is all about celebrating the magic of music and the spirit of togetherness; along with practical experience which benefits creativity and self expression.

## THAMES OPERA COMPANY

### COLLABORATES ON OUR 'HARMONIES FOR HOPE' CHRISTMAS ALBUM



We're excited to be collaborating with Thames Opera Company (TOC)!

Thames Opera Company is a non profit charity organisation committed to sharing opera with people around Essex and Thurrock, they have a rich legacy of performances in prestigious venues, including Oxford's Sheldonian Theatre and the renowned Royal Opera House's Covent Garden. This speaks volumes about their talent and passion for the arts.



## DISCOVER ARTS AWARD HAVE ARRIVED!

Congratulations to our Arts Award achievers, we are proud to celebrate our students' achievements, especially for our class of 2022-2023! Our 38 students have achieved their first Arts Award Certificate.

Once again, well done to our arts award achievers!

AADHYA K  
ADAM K  
ALEXANDRU M  
ALFIE H  
AMARA C  
AMELIA K  
AYOOLUWA A  
DANSIKAA A  
ERINOLUWA A  
EASHAAN K  
EBUBE O  
EVE W  
EVELYN N  
HANA A  
IJEAMKA C  
IMISIOLUWA K  
IREMIDE A  
JACK K  
JASIEL-J  
JESSICA K  
JOSIAH K

JULIA O  
KONYINSOLA E  
LEONARD I  
LAURA V  
MANOL S  
MIA K  
NOAH M  
OLABISI K  
OLIVIA Z  
OLUWASIJIBOMI K  
OLUWATONI D  
OLUWATONI F  
RACHEL O  
RANUKA G  
RAUL P  
SAMUEL O  
SATHVIKA K  
TEMIYATO D  
TOBILOBA D  
YASHU R



### **Temple Springs Turns 15 and Summer Extravaganza**

We were thrilled to celebrate 15 years of Temple Springs! A journey filled with inspiring stories and transformative experiences. At Temple Springs, our mission is to utilise the power of music and the arts as a gateway to enriching the lives of children, young people, and their families in communities of Essex and Thurrock. We have impacted tens of thousands of individuals, fostering growth, creativity, and lasting memories.

We celebrated at our Annual Summer Extravaganza at West Tilbury village hall, which was attended by around 100 children, young people and parents/families. Approximately 20 Temple Springs students and youth volunteers collaborated with our tutor team to put on a packed evening of music performances spanning everything from Harry Styles to John Lennon. Through this event we successfully promoted our summer programme and 'Young Scholars' programme to local families.

It was an absolute delight, leaving everyone in awe of the incredible talent displayed by your children in their music bands. From the very first note, it was evident that your children had put their heart and soul into their performances. Their passion for music shone through as they played melodies and harmonies, captivating all of us with their skills.

### **EVENTS – SUMMER EXTRAVAGANZA**





As the echoes of applause filled the air after the final performance, the annual Summer Extravaganza served as a brilliant reminder of the power of music and the positive impact it has on young minds. It was a celebration of not only the kids' musical talents but also of the strong bond between the children, parents, and the entire community that had come together to create something truly extraordinary. Thank you to every member of staff, volunteer, trustee's and carers who made the entire evening possible with tasty food, amazing decorations and their unmitigated efforts into making the performance a complete and utter success.

## EVENTS – AWARD LIST

With celebration comes more celebrations! We would like to celebrate the 2022/2023 Academic Year Winners:

**Outstanding Achievement Award -  
ALICIA P**

**Most Improved Student Award -  
AADHYA K**

**Outstanding Commitment To Music  
Award -  
RAAM S**

**The Most Creative Student Award -  
YVY A**

**Student Of The Year -  
ELI M**

**C3 Commitment Award -  
GIUVILA I**

**C3 Consistency Award -  
OLUWASEYI O**

**C3 Communication Award -  
ALICIA P**

**C3 Young leader of the year -  
FUNMI O**



## RAFFLE WINNERS

**First  
NOEMI A**

**Second  
HANA A**

**Third  
KONYINSOLA A**

**Fourth  
YASHU A**





### **C3 Youth Programme:**

Our programme offered young people valuable opportunities for life skills coaching and workplace volunteering at Templesprings. It enabled them to work with a wide range of experienced coaches and mentors as well as Arts Awards support. Young people reported that the opportunities for regular volunteering and Arts Award accreditation were helping to allay their anxieties about their future – particularly around being able to find employment, which many young people were worried about. A total of 18 young people between the ages of 11-17 accessed a total of 1500 hours of support over 40 weeks of the year.

## **EXCITING SEPTEMBER ADVENTURES WITH C3 YOUTH PROGRAM!**

We're thrilled to extend a warm and enthusiastic welcome to our newest members to the C3 Youth Program. Your presence is always a source of fresh energy and inspiration.

This month, our dedicated members will be taking on exciting excursions, trips, and expeditions. The spirit of adventure is alive and well within our C3 community. To our young participants, please continue to display the commitment and enthusiasm you show to us each week.

In an exciting twist, our youth members are not only working towards their Bronze awards but are also taking the lead in planning and organising a fun-filled Christmas party!



This event will not only celebrate their hard-earned achievements but also showcase their ability to put on an event entirely by themselves. This will help towards achieving their Bronze Arts Awards. We're enthused to see their creativity and leadership shine through as they bring this holiday celebration to life. Stay tuned for more details on this exciting event.

As we continue to grow and welcome newcomers into our C3 Youth Program family, we are forging a path to a brighter future, and we can't wait to see how you all excel in both your Bronze award pursuits and your Christmas party planning.



## A DAY IN THE LIFE OF A C3 VOLUNTEER

Our vision is to be part of bringing change to our community, and we have been working to achieve this vision by enriching the lives of the young people of Thurrock throughout our C3 Youth Programme. We've interviewed one of our C3 volunteers to provide an insight into the life of what a C3 volunteer does and what it means to be part of C3.

### WHAT MADE YOU JOIN C3?

“I'm Ayomikun Ayanleye-Egbo I and originally started off with music lessons at age 8 but my parents asked me if I would be interested in joining a youth programme at aged 12 and I was hesitant at first but they encouraged me to participate.”



### WHAT EVENTS HAVE YOU DONE IN C3 SO FAR?

We helped out with the Annual Summer Extravaganza by setting up the venue for the show. Making the christmas hampers are also an annual tradition in C3 to help the elderly. Recently we visited our local library to view the historical artefacts.”

### WHAT HAS C3 TAUGHT YOU?

“C3 has taught me essential skills on how to manage my time and money efficiently and this encouraged me to start up my own jewellery business at the age of 16 and was trusted to begin work at Templesprings with my new skillset.”

### WHAT DO YOU FIND MOST REWARDING WORKING WITH YOUTH?

Working with the youth has enabled me to build a lot of patience, it also helps me to learn when I teach them as it forces me to expand my skillset in public speaking and organisation.”

### WHAT ADVICE WOULD YOU GIVE TO SOMEONE WHO'S CONSIDERING VOLUNTEERING FOR A YOUTH PROGRAMME?

“Always have an open mindset, see everything as an opportunity and take the leap.”

**INTERESTED IN JOINING THE C3 PROGRAMME?**



The C3 young people were entrepreneurial and worked on exciting business projects. The aim was to design a t-shirt theme based on a concept or interest. The design was made using vinyl printing, and they were all allocated group roles where everyone brainstormed on different ideas for the project. Skills gained included project management, marketing, design, accounting and creative skills as well as fund raising for the year's C3 Social Action Project.

## EVENTS 3 – C3 T-SHIRT PROJECT



**Work placements:** We worked in partnership with USP College and local secondary schools to host work experience placements for their students.

A total of 12 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience more than 500 hours of work.

Templesprings  
helps young  
people discover  
who they really are

Templesprings  
builds young  
people's  
confidence & gives  
them a voice

One-to-one  
support makes  
young people feel  
valued

It means a lot when  
an older/adult role  
model spends their  
time to help you

"I've learned from new experiences that I wouldn't get in school or in my normal day to day life. I also get to meet lots of new kind people at Templesprings. Volunteering has helped me get used to a work environment at a young age, that will help me prepare for the future".

"Templesprings has given me the opportunity to learn more about the world of work through volunteering. I have learnt the importance of communication and teamwork and have also made great relationships along the way. I really appreciate this opportunity, as it pushes me to develop in character, whilst doing the things that I am interested in."

## Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

1. **Social:** Increased employability, opportunity and confidence/wellbeing of young people; giving them increased resilience to mental ill-health and negative lifestyles such as crime/anti-social behaviour, gang involvement and other harms. Increased access to further education/training opportunities through UCAS accreditation, increased positive role models for young people in our community and increased cultural/creative opportunities for children, young people and local residents Grays. Increased community cohesion between young people and the wider Grays community.
2. **Economic:** Increased employment and reduced risk of NEET for young people from Black/BAME backgrounds. Increased affordable cultural opportunities for local young people and wide community. Increased scope to generate and grow valuable unrestricted income for our charity.
3. **Environmental:** Creating a safe, yet enjoyable/engaging 'hub' for young people to access valuable creative participation/training opportunities and to interact with positive peers/role models. Increased music recording opportunities for local musicians/performers and local residents just wanting to experience a recording studio.

We are an evidence-based organisation, and we continually evaluate our activity impact through a wide range of data collection methods. These include (quantitative) – Youth Outcomes Star, Youth Music Evaluation (including Agency & Citizenship Scale), and regular anonymised session feedback surveys and service satisfaction surveys with young people and parents.

Our qualitative data includes our regular focus groups, individual case studies, and interviews/observations from young people, coaches and parents. We also monitor 'hard' outcomes such as take up and completion of accreditation opportunities, and progression to work/further training.

We measure the impact of our project through the following metrics:

- Young people's employability skills development (measured through interviews/focus groups, tutor observation and Arts Awards portfolios)
- Young people's confidence, aspirations and wellbeing (measure as above and with Outcomes Star/Youth Music tools)
- Young people's onward progression (evidenced through case study/interviews)
- Engagement with community (measured through analysis of community studio sales and customer feedback)

These are evidenced through our performances and achievements during this year.

## **Financial Review and Reserves Policy**

Total resources expended increased slightly when compared to the previous year, with a large increase in incoming resources. The Charity had a deficit at the end of the year. During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

## **Investment Policy**

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

## **Basis of Preparation**

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

**The trustees declare that they have approved the report and accounts.**

**Signed by one trustee on behalf of all the charity's trustees.**



**OLAWAGBEMI BIDE MI JOHNSON**

**PRINT NAME**

**Date 10<sup>th</sup> August 2024**

# Templesprings

## Independent Examiner's Report To The Trustees of Templesprings

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I report on the accounts of the trust for the long period ended 31st August 2023, which are set out on pages 21 to 29.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date: 23 August 2024

# Templesprings

Receipts and payments account

For the long period ended 31st August 2023

		Unrestricted funds	Restricted funds	Period ended Aug 2023	Year ended June 2022
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b><u>Incoming resources from generated funds</u></b>					
Donations and legacies	2	178,121	-	178,121	93,647
Income from charitable activities	3	45,090	29,373	74,463	40,623
Investment Income	4	7	-	7	-
		223,218	29,373	252,590	134,270
Other incoming resources		1,969	-	1,969	-
<b>Total Incoming resources</b>		<b>225,186</b>	<b>29,373</b>	<b>254,559</b>	<b>134,270</b>
<b><u>Resources Expended</u></b>					
<b>Raising funds</b>		-	-	-	-
<b>Net incoming resources available</b>		<b>225,186</b>	<b>29,373</b>	<b>254,559</b>	<b>134,270</b>
<b>Charitable activities</b>		197,123	29,373	226,496	211,088
<b>Other</b>	8	5,883	-	5,883	5,462
<b>Total resources expended</b>	6	<b>203,007</b>	<b>29,373</b>	<b>232,379</b>	<b>216,550</b>
<b>Net outgoing resources before transfers</b>		22,180	-	22,180	(82,280)
Gross transfer between funds		-	-	-	-
<b>Net expenditure for the year/Net movement in funds</b>		<b>22,180</b>	<b>-</b>	<b>22,180</b>	<b>(82,280)</b>
Fund balances at 1st July 2022		(64,625)	-	(64,625)	17,655
<b>Fund balances at 31st August 2023</b>		<b>(42,445)</b>	<b>-</b>	<b>(42,445)</b>	<b>(64,625)</b>




# Templesprings

## Statement of assets and liabilities As at 31st August 2023

	<u>Notes</u>	<b>31st Aug 2023</b> £	<b>30th June 2022</b> £
<b>Fixed Assets</b>			
Tangible assets	9	<u>2,099</u>	<u>818</u>
<b>Current Assets</b>			
Trade receivables		-	-
Other debtors		-	-
Cash at bank and in hand		<u>1,559</u>	<u>1,208</u>
		<u>1,559</u>	<u>1,208</u>
<b>Current Liabilities</b>			
Other creditors		<u>46,103</u>	<u>66,651</u>
		<u>46,103</u>	<u>66,651</u>
<b>Non-current Liabilities</b>			
Creditors falling due after one year		<u>-</u>	<u>-</u>
<b>Total assets less total liabilities</b>		<u><b>(42,445)</b></u>	<u><b>(64,625)</b></u>
<b>Income funds</b>			
Restricted funds	12	-	-
Unrestricted funds		<u>(42,445)</u>	<u>(64,625)</u>
		<u><b>(42,445)</b></u>	<u><b>(64,625)</b></u>

The accounts were approved by the Trustees on 16th August 2024



.....  
Olawagbemi Bidemi Johnson  
Trustee

Registered Charity No: 1092825

## 1. Accounting policies

### a. Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

### b. Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

### c. Incoming Resources

Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

### d. Resources Expended

All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

### e. Other Costs

Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

### f. Grants

The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

### g. Funds structure

Restricted funds are funds earmarked by the Trustees for particular purposes.

### h. Treatment of irrecoverable VAT

Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

# Templesprings

Notes to the accounts  
For the long period ended 31st August 2023

## 2. Donations and legacies

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
Donations and gifts	178,121	-	178,121	93,647
<b>Donations and gifts</b>				
Unrestricted funds:				
Gift in kind			23,400	18,400
Gift Aid			29,611	24,687
Merchandise			-	736
Course materials			-	-
Donations and gifts			125,109	49,824
			178,121	93,647
Restricted funds:				
Donations and gifts			-	-
			-	-

## 3. Income from charitable activities

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
Government grants (see note 5)	-	19,136	19,136	6,400
Corporate grants (see note 5)	45,090	10,237	55,327	34,223
	45,090	29,373	74,463	40,623

## 4. Investment income

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
Interest receivable	7	-	7	-

# Templesprings

Notes to the accounts

For the long period ended 31st August 2023

## 5. Income from charitable activities: Government and Corporate grants

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2023</u> £	<u>Total</u> <u>2022</u> £
ECC	-	19,136	19,136	-
Youth Music	-	10,237	10,237	13,207
Postcode Places	-	-	-	15,016
UK Youth	-	-	-	1,000
Essex Community	-	-	-	5,000
	-	29,373	29,373	34,223

## 6. Total resources expended

	<u>2023</u> £	<u>2022</u> £
<b>Costs of generating funds</b>		
Raising funds	-	-
<b>Charitable activities</b>		
Activities undertaken directly (see note 7)	226,496	211,088
Other costs (see note 8)	5,883	5,462
	<u>232,379</u>	<u>216,550</u>

# Templesprings

Notes to the accounts

For the long period ended 31st August 2023

## 7. Cost of charitable activities: undertaken directly

	<u>2023</u>	<u>2022</u>
	£	£
<u>Staff costs</u>		
Staff Salaries	111,724	124,267
Employers NI	4,284	2,166
Pension Costs	1,629	1,665
Staff Training	580	1,195
	<u>118,217</u>	<u>129,293</u>
 <u>Supporting costs</u>		
Advertising and Marketing	1,091	7,078
Computer Expenses	5,589	4,480
Office and Rent Expenses	20,362	17,883
Telecommunications	4,192	3,868
Volunteer Expenses	5,986	7,464
	<u>37,221</u>	<u>40,773</u>
 <u>Direct Project expenditure</u>		
Equipment	1,272	828
Events and activities	69,786	40,194
	<u>71,058</u>	<u>41,022</u>
 Total cost of charitable activities: undertaken directly	<u><u>226,496</u></u>	<u><u>211,088</u></u>

## 8. Other expenditure

	<u>2023</u>	<u>2022</u>
	£	£
Audit & Accountancy fees	708	1,786
Bank Fees	73	93
Cleaning	348	-
Consulting	500	1,225
Depreciation Expense	938	829
Insurance	521	467
Repairs & Maintenance	2,536	-
Subscriptions	-	364
Subsistence	90	401
Travel	169	297
	<u><u>5,883</u></u>	<u><u>5,462</u></u>

# Templesprings

Notes to the accounts

For the long period ended 31st August 2023

<b>9. Fixed Assets</b>	<b>£</b>
<i>Cost or valuation</i>	
At 1st July 2022	23,697
Additions	2,220
Disposals	-
At 31st August 2023	25,917
<i>Depreciation</i>	
At 1st July 2022	22,879
Charge for the year	939
At 31st August 2023	23,818
<i>Net book value</i>	
<b>At 31st August 2023</b>	<b>2,099</b>
At 30th June 2022	818

## 10. Transaction with Trustees

During the year, no trustees received any remuneration or any other benefits from the charity.

## 11. Employees

During the year, there was an average of 6 employees employed by the Charity (2022: 7).

## 12. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

	Movement in funds				
	Balance at 1st July 2022	Incoming resources	Resource expended	Transfers	Balance at 31st August 2023
	£	£	£	£	£
Government Grants	-	19,136	(19,136)	-	-
Youth Music	-	10,237	(10,237)	-	-
	-	29,373	(29,373)	-	-

## ***Templesprings***

Notes to the accounts

For the long period ended 31st August 2023

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### **13. Analysis of net assets between funds**

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31st August 2023 are represented by:			
Current assets	<u>(42,445)</u>	<u>-</u>	<u>(42,445)</u>
	<u><u>(42,445)</u></u>	<u><u>-</u></u>	<u><u>(42,445)</u></u>