TEMPLESPRINGS

England & Wales · Charity number 1125084

Details

Status	Registered
Legal form	Other
Registered	2008-07-21
Register	View on the Charity Commission register

Contact

Address	Ground Floor 22 London Road Grays Essex RM17 5XY
Phone	01375800979
Email	info@templesprings.com
Website	www.templesprings.com

Activities

Objects: TO ADVANCE THE CHRISTIAN FAITH IN ACCORDANCE WITH THE STATEMENT IN SUCH WAYS AND IN SUCH PARTS OF THE UNITED KINGDOM OR THE WORLD AS THE COUNCIL FROM TIME TO TIME MAY THINK FIT.2 TO RELIEVE SICKNESS AND FINANCIAL HARDSHIP AND TO PROMOTE AND PRESERVE GOOD HEALTH BY THE PROVISION OF FUNDS, GOODS OR SERVICES OF ANY KIND INCLUDING THROUGH THE PROVISION OF COUNSELLING AND SUPPORT IN SUCH PARTS OF THE UNITED KINGDOM OR THE WORLD AS THE COUNCIL FROM TIME TO TIME THINK FIT; AND3 TO ADVANCE EDUCATION IN SUCH WAYS AND IN SUCH PARTS OF THE UNITED KINGDOM OR THE WORLD AS THE COUNCIL FROM TIME TO TIME THINK FIT.

Activities: Templesprings specialises in the area of Music Coaching, Lifestyle Coaching and Mentoring services. Our music coaching programs are unique and robust, and includes group courses in schools, faith organisations, and short intensive classes for individuals. Templesprings works with people who want to access professional coaching services for personal development.

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Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** UNITED KINGDOM OR THE WORLD
- Essex
- Hertfordshire
- Kent
- Southend-on-sea
- Thurrock
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£185,464	£201,449	-	-
2023-08-31	£254,559	£232,379	-	-
2022-06-30	£134,270	£216,550	-	-
2021-06-30	£168,502	£177,703	-	-
2020-06-30	£195,763	£168,477	-	-

Trustees

Name	Role	Appointed
OLAWAGBEMI BIDEMI REBECCA JOHNSON	Chair	
Abdul Otusanya		2019-07-06
Katarzyna Wasilewska		2017-05-15
PURSHER WILLIAM		

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TEMPLESPRINGS

England & Wales - Charity number 1125084

Accounts

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the year from 1st September 2023 to 31 August 2024

Templesprings

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Templesprings

Charity Information

Charity Number:	1125084
Registered Office:	Ground Floor, 22 London Road Grays, Essex RM17 5XY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Bidemi Johnson Miss Pursher William Mrs Katarzyna Wasilewska Mr Abdul Otusanya
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form
A charitable trust governed by its constitution.

Governing Document
The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees
The following individuals have served as Trustees in the year:

Name	Position
Mrs Bidemi Johnson	Chair
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William Mr	Secretary
Abdul Otusanya	

There was no change in the composition of the board of trustees of the charity between the year end and the date of approval of these accounts.

Officers
There are no paid officers of the Charity (see note 10 for details).

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the year ended 31st August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music.

2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools.

3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community.

4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils, and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society.

5) To act as a resource for young people up to the age of twenty-one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:
- Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals. - Advancing education - Relieving unemployment.

6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the word as the Council from time to time may think fit.

7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling, and support in such parts of the United Kingdom or the world as the Council from time to time may think fit.

8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.

9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument.
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children, and young people.
We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic, and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social, and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver, and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring, and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to: - Build confidence and self-esteem

- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical, and social well-being, using music and the arts as a gateway to transforming their lives.

Achievements and Performances in the Year

Partnership -Thurrock Mind *Changing lives through personalised care – The Thurrock Story*

Templesprings continues its valued partnership with Thurrock Mind, working alongside the Youth Facilitator to support positive pathways for young people transitioning back into the community after receiving mental health support. This year, **six young people** were referred through the programme, many of whom had limited or no access to creative opportunities before being introduced to Templesprings.

A total of **72 music sessions** were delivered, covering instruments such as drums, keyboard, and guitar. In addition to weekly tuition, Templesprings also provided opportunities for work experience and participation in holiday club activities, offering a broader platform for social engagement and personal growth.

The impact of the programme has been profound. The young people involved reported a range of positive outcomes, including:

- No longer feeling they had to struggle alone
- Building healthier and more trusting relationships
- Learning to use music and the arts as powerful coping strategies

This partnership continues to demonstrate the transformative potential of music in supporting mental health and wellbeing, and Templesprings remains committed to providing a safe, creative space for young people to grow, express themselves, and reconnect with their communities.

Volunteers and Gift in Kind: We are so grateful for our trustees, the community of professionals, young people and parents who continually volunteer their time to support the work we do in the community. Around 15 people provided a total of 900 volunteering hours. Their Gift in Kind contribution to the organisation is worth £9,500.

Holiday Clubs

Templesprings continues to offer vibrant and engaging **Holiday Clubs** for our students, providing safe, structured, and creative environments during school breaks. These clubs are offered **free of charge to students enrolled in our Annual Tuition Package**, with paid spaces available for others. Across the academic year, we successfully ran **four separate holiday clubs**, each offering a unique blend of music, arts, and outdoor activities.



Easter Holiday Club – 2nd to 5th April 2024

Our Easter Holiday Club welcomed **23 children** and featured a range of themed activities, including Easter crafts, park visits, music sessions, and a shared lunch each day. The creative and festive atmosphere allowed students to socialise, express themselves artistically, and enjoy the break in a fun, supportive setting.

Summer Half-Term Club – 28th to 31st May 2024

With **34 attendees**, our half-term club focused more on **outdoor fun and musical engagement**, building on the success of our previous sessions. Without a seasonal theme, activities were tailored to the group's interests and the warmer weather, promoting physical activity, teamwork, and continued musical exploration.

Summer Holiday Club – 29th July to 9th August 2024
Our largest club of the year, the two-week Summer Holiday Club, welcomed **40 individual participants**. The focus was firmly on **music, outdoor play, and water-based activities**, taking full advantage of the good weather. A highlight was the water fight day, which proved to be a favourite among the children and added a memorable splash of fun to the programme.

Achievements and Performances in the Year

Showcase and Mini Concerts
At Templesprings, we recognise the importance of building students' confidence gradually when it comes to live performance. Our **Showcase and Mini Concert** events, held at the Templesprings Music Centre, are designed specifically for our **beginner and early-stage students** as stepping stones toward larger public performances like the *Templesprings Summer Music Slam*.



Showcases are informal sessions held in front of a small, supportive audience of parents or guardians. These events provide students with a chance to **demonstrate what they've been learning in lessons**, often performing simple songs — sometimes with the support of their tutor. The relaxed setting allows students to grow comfortable playing in front of others while celebrating their progress with family. This year, we hosted **10 Showcase acts**, all of whom performed with great enthusiasm and pride.

Mini Concerts are a slightly more formal progression step, held on Saturdays with a few selected acts. These invite a slightly larger audience of **parents and close relatives**, giving students a taste of a real concert environment while keeping the atmosphere warm and encouraging.

Our 2024 Mini Concerts featured **11 acts**, and the performers demonstrated impressive courage and progress as they stepped into this next stage of their musical journey. Both the Showcases and Mini Concerts play a key role in our performance pathway — helping students **develop stage presence, confidence, and musical expression** in a low-pressure environment before progressing to larger stages.

Work Placement
Over the course of 2024, we welcomed five work placement young people into our organisation providing over 2,000 hours of work experience. We take pride in being one of the few companies that actively support young people through meaningful placements. Our aim is to give each individual a genuine experience that contributes to their personal and professional growth.

From the beginning, work placements are given responsibilities that matter. A key part of their role is helping to create our wire-bound music manuals, which are used in lessons with our music students. This task follows a clear, step-by-step process that helps develop their ability to follow instructions with care and precision.

In addition to administrative duties, we train them in essential digital skills. One of the most valuable is learning how to create SEO-optimised pages for our website. This has a measurable impact on increasing enquiries and helps them understand how digital tools support business growth.

We are intentional about ensuring these young people are not just doing menial tasks. Instead, they take on real responsibilities that build confidence, foster teamwork, and teach relevant, practical skills that they can take into any workplace in the future.

Achievements and Performances in the Year

Summer Sounds Programme

Launched in 2024, the **Summer Sounds** programme offered a unique opportunity for students to immerse themselves in both **music performance and music production** through an integrated, creative package. Participants attended **daily sessions** either in the **morning (10am–12pm)** or **afternoon (2pm–4pm)**, based on their availability.

The programme was designed to develop both instrumental skills and technical production knowledge. Students received focused tuition on their chosen instrument, alongside hands-on lessons in music production.



The ultimate outcome was the creation of their **own professionally recorded track**, which they were able to take home and keep — giving them a tangible product of their learning and creativity.

Although still in its pilot phase, **two students enrolled** and thoroughly enjoyed the experience. The smaller group size allowed for a personalised approach, with our experienced tutors offering tailored guidance and encouragement throughout the programme.

Summer Sounds represents a powerful blend of creative learning and real-world application, and we look forward to expanding this offering in future years to provide more students with the chance to write, record, and produce their own music.

Group Lessons

In Autumn 2024, we launched a group lesson promotion that offered six weeks of free group music lessons, covering half of a school term. The aim was to make music education more accessible to those who may be interested but are unable to afford one-to-one lessons. This initiative also served to populate our group lesson slots, which had previously not been in use for instrument tuition. The promotion helped attract new learners and laid the groundwork for a consistent group lesson structure moving forward.

Arts Awards

Arts Award inspires young people to grow their arts and leadership talents: it's creative, valuable and accessible. Through Arts Award, young people gain a nationally recognised qualification enabling them to progress into further education and

C3 Youth Programme:

Our programme offered young people valuable opportunities for life skills coaching and workplace volunteering at Templesprings. It enabled them to work with a wide range of experienced coaches and mentors as well as Arts Awards support. Young people reported that the opportunities for regular volunteering and Arts Award accreditation were helping to allay their anxieties about their future – particularly around being able to find employment, which many young people were worried about. A total of 18 young people between the ages of 11-17 accessed a total of 1500 hours of support over 40 weeks of the year.

The C3 young people were entrepreneurial and worked on exciting business projects. The aim was to design a t-shirt theme based on a concept or interest. The design was made using vinyl printing, and they were all allocated group roles where everyone brainstormed on different ideas for the project. Skills gained included project management, marketing, design, accounting and creative skills as well as fund raising for the year's C3 Social Action Project.

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

1. **Social:** Increased employability, opportunity and confidence/wellbeing of young people; giving them increased resilience to mental ill-health and negative lifestyles such as crime/anti-social behaviour, gang involvement and other harms. Increased access to further education/training opportunities through UCAS accreditation, increased positive role models for young people in our community and increased cultural/creative opportunities for children, young people and local residents Grays. Increased community cohesion between young people and the wider Grays community.

2. **Economic:** Increased employment and reduced risk of NEET for young people from Black/BAME backgrounds. Increased affordable cultural opportunities for local young people and wide community. Increased scope to generate and grow valuable unrestricted income for our charity.

3. **Environmental:** Creating a safe, yet enjoyable/engaging 'hub' for young people to access valuable creative participation/training opportunities and to interact with positive peers/role models. Increased music recording opportunities for local musicians/performers and local residents just wanting to experience a recording studio.

We are an evidence-based organisation, and we continually evaluate our activity impact through a wide range of data collection methods. These include (quantitative) – Youth Outcomes Star, Youth Music Evaluation (including Agency & Citizenship Scale), and regular anonymised session feedback surveys and service satisfaction surveys with young people and parents.

Our qualitative data includes our regular focus groups, individual case studies, and interviews/observations from young people, coaches and parents. We also monitor 'hard' outcomes such as take up and completion of accreditation opportunities, and progression to work/further training.

We measure the impact of our project through the following metrics:

- Young people's employability skills development (measured through interviews/focus groups, tutor observation and Arts Awards portfolios)
- Young people's confidence, aspirations and wellbeing (measure as above and with Outcomes Star/Youth Music
  tools)
- Young people's onward progression (evidenced through case study/interviews)

- Engagement with community (measured through analysis of community studio sales and customer feedback)

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended has decreased when compared to the previous year, with also reduction in incoming resources. The Charity had a deficit at the end of the year. During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees.



PRINT NAME: OLAWAGBEMI BIDEMI JOHNSON

DATE: 21st June 2025

Templesprings

Independent Examiner's Report To The Trustees of Templesprings

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I report on the accounts of the trust for the year ended 31st August 2024, which are set out on pages 13 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date: 27 June 2025

Templesprings

Receipts and payments account
For the year ended 31st August 2024

	Notes	Unrestricted funds	Restricted funds	Year ended Aug 2024	Period ended June Aug 2023
		£	£	£	£
Incoming resources from generated funds					
Donations and legacies	2	180,457	-	180,457	178,121
Income from charitable activities	3	5,000	-	5,000	74,462
Investment Income	4	8	-	8	7
		185,464	-	185,464	252,590
Other incoming resources		2,735	-	2,735	1,969
Total Incoming resources		**188,199**	**-**	**188,199**	**254,559**
Resources Expended					
Raising funds		-	-	-	-
Net incoming resouces available		**188,199**	**-**	**188,199**	**254,559**
Charitable activities		195,740	-	195,740	226,496
Other	8	5,710	-	5,710	5,883
Total resources expended	6	**201,449**	**-**	**201,449**	**232,379**
Net outgoing resources before transfers		(13,250)	-	(13,250)	22,180
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		**(13,250)**	-	**(13,250)**	**22,180**
Fund balances at 1st September 2023		(42,445)	-	(42,445)	(64,625)
Fund balances at 31st August 2024		**(55,695)**	**-**	**(55,695)**	**(42,445)**

Templesprings

Statement of assets and liabilities
As at 31st August 2024

	Notes	31st Aug 2024 £	31st Aug 2023 £
Fixed Assets			
Tangible assets	9	1,123	2,099
Current Assets			
Trade receivables		-	-
Other debtors		1,000	-
Cash at bank and in hand		5,285	1,559
		6,285	1,559
Current Liabilities			
Other creditors		63,103	46,103
		63,103	46,103
Non-current Liabilities			
Creditors falling due after one year		-	-
Total assets less total liabilities		**(55,695)**	**(42,445)**
Income funds			
Restricted funds	12	-	-
Unrestricted funds		(55,695)	(42,445)
		(55,695)	**(42,445)**

The accounts were approved by the Trustees on 21st June 2025



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Olawagbemi Bidemi Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting
The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources
Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended
All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Other Costs
Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants
The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure
Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT
Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and gifts	180,457	-	180,457	93,647

Donations and gifts

Unrestricted funds:		
Gift in kind	9,500	23,400
Gift Aid	73,173	29,611
Donations and gifts	97,784	125,110
	180,457	178,121
Restricted funds:		
Donations and gifts	-	-
	-	-

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Government grants (see note 5)	-	-	-	19,136
Corporate grants (see note 5)	5,000	-	5,000	55,327
	5,000	-	5,000	74,463

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Interest receivable	8	-	8	7

5. Income from charitable activities: Government and Corporate grants

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
ECC	-	-	-	19,136
Youth Music	-	-	-	10,237
Groundwork UK	5,000	-	5,000	-
	5,000	-	5,000	29,373

6. Total resources expended

	2024 £	2023 £
Costs of generating funds		
Raising funds	-	-
Charitable activities		
Activities undertaken directly (see note 7)	195,740	226,496
Other costs (see note 8)	5,710	5,883
	201,449	**232,379**

7. Cost of charitable activities: undertaken directly

	2024 £	2023 £
Staff costs		
Staff Salaries	129,503	111,724
Employers NI	3,055	4,284
Pension Costs	2,053	1,629
Staff Training	396	580
	135,008	118,217
Supporting costs		
Advertising and Marketing	2,508	1,091
Computer Expenses	3,888	5,589
Office and Rent Expenses	14,593	20,362
Telecommunications	785	4,192
Volunteer Expenses	7,058	5,987
	28,832	37,221
Direct Project expenditure		
Equipment	913	1,272
Events and activities	30,986	69,786
	31,899	71,058
Total cost of charitable activities: undertaken directly	**195,740**	**226,496**

8. Other expenditure

	2024 £	2023 £
Audit & Accountancy fees	2,978	708
Bank Fees	45	73
Cleaning	-	348
Consulting	610	500
Depreciation Expense	976	938
Insurance	-	521
Repairs & Maintenance	231	2,536
Subscriptions	360	-
Subsistence	-	90
Travel	511	169
	5,710	**5,883**

9. Fixed Assets

	£
Cost or valuation	
At 1st September 2023	25,917
Additions	-
Disposals	-
At 31st August 2024	25,917
Depreciation	
At 1st September 2023	23,818
Charge for the year	976
At 31st August 2024	24,794
Net book value	
At 31st August 2024	**1,123**
At 31st August 2023	2,099

10. Transaction with Trustees

During the year, no trustees received any remuneration or any other benefits from the charity.

11. Employees

During the year, there was an average of 5 employees employed by the Charity (2023: 6).

12. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

		Movement in funds			
	Balance at 1st September 2023	Incoming resources	Resource expended	Transfers	Balance at 31st August 2024
	£	£	£	£	£
Government Grants	-	-	-	-	-
Youth Music	-	-	-	-	-
	-	-	-	-	-

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31st August 2024 are represented by:			
Current assets	(55,695)	-	(55,695)
	(55,695)	-	(55,695)

TEMPLESPRINGS

England & Wales - Charity number 1125084

Accounts

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the long period from 1st July 2022 to 31 August 2023

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Charity Number:	1125084
Registered Office:	Ground Floor, 22 London Road Grays, Essex RM17 5XY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Bidemi Johnson Miss Pursher William Mrs Katarzyna Wasilewska Mr Abdul Otusanya
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form
A charitable trust governed by its constitution.

Governing Document
The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees
The following individuals have served as Trustees in the period:

Name	Position
Mrs Bidemi Johnson	Chair
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary
Mr Abdul Otusanya	

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

Officers
There are no paid officers of the Charity (see note 10 for details).

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the long period ended 31st August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music.

2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools.

3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community.

4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils, and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society.

5) To act as a resource for young people up to the age of twenty-one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:
- Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.
- Advancing education
- Relieving unemployment.

6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the word as the Council from time to time may think fit.

7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling, and support in such parts of the United Kingdom or the world as the Council from time to time may think fit.

8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.

9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument.
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children, and young people.
We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic, and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social, and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver, and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring, and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical, and social well-being, using music and the arts as a gateway to transforming their lives.

Achievements and Performances in the Period

Partnership Essex Community Foundation (ECF)

We received a grant from ECF (alongside match funding from Royal Opera House Bridge) which enabled our team to deliver 'Mini Mixers' music sessions for children up to five years in Grays. Mini Mixers was developed to promote early years learning (particularly musical enjoyment, creativity, motor skills/cognitive development and listening/learning skills) and set children on a positive path of arts engagement and creativity.

Our project was developed in consultation with local early years practitioners throughout 2021/22, which found that many lack confidence/knowledge to deliver effective and engaging music activities for children. Our pilot study (enabled through Essex Community Foundation's funding) supported delivery and evaluation of three Mini Mixers sessions (delivered by ten early career Early Years professionals), and subsequent reflective practice sessions to understand challenges for tutors and examine their feedback on children's learning/engagement.

This led to the creation of five new downloadable Mini Mixers lesson plans, adapted for specific age groups (e.g. 1-2s, 3-4s, and 4-5s groups). We have also developed best practice resources including - expanded list of recommended instruments; lists of recommended songs for singing, clapping, chanting, structured dance and accompanying with percussion; and ideas for sensory based games.



One Teaching Assistant 'Sam' described herself as "not musical at all" and in our consultations shared how she found delivering/supporting music activities with young children to be very daunting.

Many of the children she works with are from disadvantaged backgrounds, and were under enormous stress during the pandemic, during which time the emotional wellbeing/behaviour of some young children suffered.

Sam found it hard to support children with music activities, particularly with child-directed play with small instruments, with which she herself was largely unfamiliar.
Her previous experiences of these sessions were that children would become bored and inattentive very quickly, leaving her feeling frustrated.

Sam reported that the learning resources developed by Templesprings were helpful in structuring the music sessions and provided many new ideas for activities that she had not previously considered. In particular, she reported that the Templesprings Music characters featured in the lesson materials were helpful in increasing her understanding of basic terms (tempo, pitch, rhythms etc.) whilst also providing valuable tools to help maintain children's interest, engagement, and positive learning outcomes from sessions. Sam is now co-facilitating weekly music/movement sessions at her workplace and would feel confident to plan similar activities by herself. She reports that these sessions are extremely enjoyable for the children and something they look forward to.

Partnership -Thurrock Mind

Changing people's lives through personalised care – The Thurrock Story. Templesprings continues to work with the Youth Facilitator for positive pathways to transition the young people who have been receiving mental health support back to the community. Some of the young people had no access to creative opportunities and were introduced to Templesprings.

A total of 240 music sessions (including drums, keys, guitar) were delivered to 20 YOUNG MINDS. Templesprings also supported the young people through work experience and participating in holiday club activities. The young people experienced and reported on the following outcomes: They no longer struggled alone; Built better relationships; Learnt how to use music and the arts as coping strategies.

Volunteers and Gift in Kind: We are so grateful for our trustees, the community of professionals, young people and parents who continually volunteer their time to support the work we do in the community. Around 30 people provided a total of 1,800 volunteering hours. Their Gift in Kind contribution to the organisation is worth £23,400.



Through grant funding, we have supported 41 children aged (8-12) and nine young volunteers (13+) through programming which has included summer holiday 'music camp' provision, local excursions and term time music tuition and other Arts Award accredited learning.

Our holiday excursions featured a day of dinghy sailing, outdoor theatre and team building activities at Grange water

Outdoor Education Centre and plenty of energetic trampolining at Flip Out. Additional half term provision included music studio recording projects, in which young people recorded 6 their favourite pop covers and Christmas carols, whilst learning about the audio recording process and studio engineering/postproduction.

In total we have delivered 312 hours of music tuition and arts award support, 274 hours of music camp programming and 14 hours of group excursion activity.

Partnership - Active Essex Holiday Food Program



Our partnership with Active Essex sponsored by the government (DfE) HAF Programme, ran FREE face to face clubs during the school holidays for children and young people who are eligible for benefits based free school meals, as well as those from low income working families who would benefit from this extra support. This partnership meant we could ensure 150+ children (primary, secondary and SEN) accessed over the course of the 3 Holiday Clubs nutritious meals and sports to complement their music activities, leveraging match funding from Dept of Education.

HAF was a great success, with all the children leaving the programme feeling more confident, active and with smiles on their faces. We saw a lot of confidence gained in every child, whether it be in music, arts & craft, sports games, taking part in activities, forming friendships, especially when compared to how quiet and shy they were at the start. They were also not afraid to express their opinions, interests, likes/dislikes, which shows they feel comfortable with each other, the staff members in a safe environment.

The difference in energy and attitude from when they arrived to when they leave, was substantial. Starting the day quiet and reserved to leaving with big smiles and lots of energy, excited to come back the next day. Some of the children managed to excel in certain activities that we provided, mainly with music. With some parents enquiring to sign them up for music lessons next year.

Partnership - Comic Relief Community Fund (CRCF)

We received a grant of £10,000 from CRCF to build capacity and enabled us to deliver our 'Audio Ambition' programme which engaged 40 children (primarily 8-12 years) from vulnerable families, who have been educationally disadvantaged by the pandemic and the cost-of-living crisis. Over the duration of the project, the children accessed:



1) Term-time music scholarships (evenings/weekends) – weekly coaching in drums, keyboards, or guitar at Templesprings centre (with remote learning options also). According to individual need/age, sessions will be one-to-one or in small groups (2-3 children). Our unique tutoring approach focuses on learning 'by ear', enabling children to quickly develop and perform a basic repertoire of music fairly quickly. This helps build confidence and motivation to continue developing skills. Children also had digital learning resources to support their practice and self-directed learning at home, empowering them as independent learners and helping improve literacy/comprehension skills.

2) School holiday activities – children were helped to develop confidence and interpersonal skills through live music performance, leadership/volunteering activities and opportunities for accreditation including Arts Awards. Our 'Music Camp' programming during half terms/holidays, offers children a range of exciting music and performing arts activities, arts and crafts, sports games, and more. We work in continued partnership with local/regional holiday food programmes to ensure children also access nutritious meals.



Children also had peer mentoring support from our 'C3' young volunteers, working with them in supporting local social action initiatives, which previously years included organising live concerts and befriending programmes for care home residents, and supermarket bag packing services for the elderly. Peer-mentoring is our 'tried and tested' approach refined since 2015 and has proven highly effective in building self-esteem/interpersonal skills in less confident children – last year 90% of parents Strongly Agreed (10% Agreed) that their child had increased in confidence, and 95% Strongly Agreed (5% Agreed) that their child had developed new skills from activities co-delivered with positive young role models.



Arts Awards

Arts Award inspires young people to grow their arts and leadership talents: it's creative, valuable and accessible. Through Arts Award, young people gain a nationally recognised qualification enabling them to progress into further education and employment. They not only gain art form knowledge and understanding but also develop leadership, creativity and communication skills.

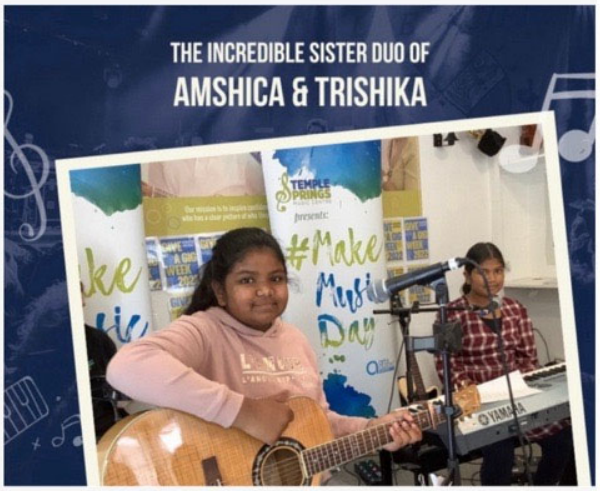
Arts Award is a personal learning framework that accredits students' individual development in the arts. Arts Award also provides measurable CPD opportunities for staff as well as enabling schools to make meaningful links with their local arts organisations, and vice versa. As an Arts Awards center, Templesprings puts up a lot of events for the children to access.





EVENTS

There are exciting events taking place in Templesprings every month. Please make a note for your diary!



There are different types of Concerts at Templesprings

- **Show & Tell Concert (SAT)**

A Show & Tell Concert is a small concert where our students perform the songs learnt in class. The do this in front of an audience made up of parents/guardians/ carers and Templesprings staff.

Date: The selected students will be informed closer to the date.

- **Mini Concert (MC1)**

A Mini Concert is a slightly larger concert than a Show & Tell Concert where students play in front of a live audience at the centre.

Date: 5:30 p.m. Friday, 10th March 2023

- **Major Concert (MC2)**

A major concert is one in which a large auditorium is hired (upwards of a 100-seater) and performances are held and recorded by our students. The participants in these are usually the Friday Night Live students and Bands (FNL). Our major concerts usually take place in the summer months.

- **Make Music Day (MMD)**

Make Music Day is a global event and a wonderful way to celebrate live music in every corner of the UK. It takes place across the globe on the 21st of June each year and is made up of thousands of fantastic music events, performances, and activities. We will be participating this year and rehearsals have already started.

- **Friday Night Live (FNL)**

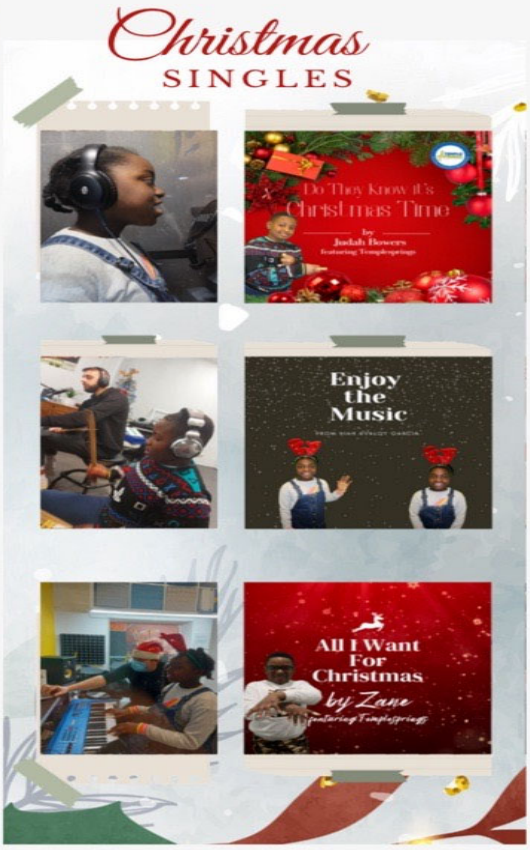
As soon as our students can play confidently and reach a level of proficiency, they are placed in music bands where they meet on Fridays and have greater opportunity to perform and improve their musical skills. This exciting event is called FRIDAY NIGHT LIVE (FNL).

Friday Night Live participants are only required to attend twice in a term (our term is always a 12-week term). Parents and students are notified in advance of their scheduled participation by text and email.

Delivered a 'Winter Wonder Workshop' where children:

- explored the composition of Christmas Carols - what makes them so magical?
- Learnt the instruments used in Christmas-themed music
- Made festive origami to gift to family members

HARMONIES FOR HOPE



Harmonies of Hope is an exciting musical project for the autumn term!

It's getting to be that wonderful time of year again, and we are inviting all of you to be a part of something truly special.

Together we are working on a Christmas album that showcases the skills of our Friday Night Live Band members.

This Christmas album will not only be filled with festive melodies but also with the promise of hope. Every purchase of the album contributes to raising funds for our C3 Youth program and the youths of our community here in Thurrock.

Templesprings uses music and the arts as a gateway for making a positive difference in the lives of young people in our community.

Harmonies of Hope project is all about celebrating the magic of music and the spirit of togetherness; along with practical experience which benefits creativity and self expression.

THAMES OPERA COMPANY

COLLABORATES ON OUR 'HARMONIES FOR HOPE' CHRISTMAS ALBUM



We're excited to be collaborating with Thames Opera Company (TOC)!

Thames Opera Company is a non profit charity organisation committed to sharing opera with people around Essex and Thurrock, they have a rich legacy of performances in prestigious venues, including Oxford's Sheldonian Theatre and the renowned Royal Opera House's Covent Garden. This speaks volumes about their talent and passion for the arts.

DISCOVER ARTS AWARD HAVE ARRIVED!

Congratulations to our Arts Award achievers, we are proud to celebrate our students' achievements, especially for our class of 2022-2023! Our 38 students have achieved their first Arts Award Certificate.

Once again, well done to our arts award achievers!

AADHYA K
ADAM K
ALEXANDRU M
ALFIE H
AMARA C
AMELIA K
AYOOLUWA A
DANSIKAA A
ERINOLUWA A
EASHAAN K
EBUBE O
EVE W
EVELYN N
HANA A
IJEAMKA C
IMISIOLUWA K
IREMIDE A
JACK K
JASIEL-J
JESSICA K
JOSIAH K
JULIA O
KONYINSOLA E
LEONARD I
LAURA V
MANOL S
MIA K
NOAH M
OLABISI K
OLIVIA Z
OLUWASIJIBOMI K
OLUWATONI D
OLUWATONI F
RACHEL O
RANUKA G
RAUL P
SAMUEL O
SATHVIKA K
TEMIYATO D
TOBILOBA D
YASHU R







Templesprings Turns 15 and Summer Extravaganza

We were thrilled to celebrate 15 years of Templesprings! A journey filled with inspiring stories and transformative experiences. At Templesprings, our mission is to utilise the power of music and the arts as a gateway to enriching the lives of children, young people, and their families in communities of Essex and Thurrock. We have impacted tens of thousands of individuals, fostering growth, creativity, and lasting memories.

We celebrated at our Annual Summer Extravaganza at West Tilbury village hall,) which was attended by around 100 children, young people and parents/families. Approximately 20 Templesprings students and youth volunteers collaborated with our tutor team to put on a packed evening of music performances spanning everything from Harry Styles to John Lennon. Through this event we successfully promoted our summer programme and 'Young Scholars' programme to local families.

It was an absolute delight, leaving everyone in awe of the incredible talent displayed by your children in their music bands. From the very first note, it was evident that your children had put their heart and soul into their performances. Their passion for music shone through as they played melodies and harmonies, captivating all of us with their skills.



As the echoes of applause filled the air after the final performance, the annual Summer Extravaganza served as a brilliant reminder of the power of music and the positive impact it has on young minds. It was a celebration of not only the kids' musical talents but also of the strong bond between the children, parents, and the entire community that had come together to create something truly extraordinary. Thank you to every member of staff, volunteer, trustee's and carers who made the entire evening possible with tasty food, amazing decorations and their unmitigated efforts into making the performance a complete and utter success.

EVENTS – AWARD LIST

With celebration comes more celebrations! We would like to celebrate the 2022/2023 Academic Year Winners:



Outstanding Achievement Award -
ALICIA P

Most Improved Student Award -
AADHYA K

Outstanding Commitment To Music Award -
RAAM S

The Most Creative Student Award -
YVY A

Student Of The Year -
ELI M



C3 Commitment Award -
GIUILA I

C3 Consistency Award -
OLUWASEYI O



C3 Communication Award -
ALICIA P

C3 Young leader of the year -
FUNMI O

RAFFLE WINNERS



First
NOEMI A

Second
HANA A

Third
KONYINSOLA A



Fourth
YASHU A

C3 Youth Programme:

Our programme offered young people valuable opportunities for life skills coaching and workplace volunteering at Templesprings. It enabled them to work with a wide range of experienced coaches and mentors as well as Arts Awards support. Young people reported that the opportunities for regular volunteering and Arts Award accreditation were helping to allay their anxieties about their future – particularly around being able to find employment, which many young people were worried about. A total of 18 young people between the ages of 11-17 accessed a total of 1500 hours of support over 40 weeks of the year.

EXCITING SEPTEMBER ADVENTURES WITH C3 YOUTH PROGRAM!

We're thrilled to extend a warm and enthusiastic welcome to our newest members to the C3 Youth Program. Your presence is always a source of fresh energy and inspiration.



This month, our dedicated members will be taking on exciting excursions, trips, and expeditions. The spirit of adventure is alive and well within our C3 community. To our young participants, please continue to display the commitment and enthusiasm you show to us each week.

In an exciting twist, our youth members are not only working towards their Bronze awards but are also taking the lead in planning and organising a fun-filled Christmas party!



This event will not only celebrate their hard-earned achievements but also showcase their ability to put on an event entirely by themselves. This will help towards achieving their Bronze Arts Awards. We're enthused to see their creativity and leadership shine through as they bring this holiday celebration to life. Stay tuned for more details on this exciting event.

As we continue to grow and welcome newcomers into our C3 Youth Program family, we are forging a path to a brighter future, and we can't wait to see how you all excel in both your Bronze award pursuits and your Christmas party planning.

A DAY IN THE LIFE OF A C3 VOLUNTEER

Our vision is to be part of bringing change to our community, and we have been working to achieve this vision by enriching the lives of the young people of Thurrock throughout our C3 Youth Programme. We've interviewed one of our C3 volunteers to provide an insight into the life of what a C3 volunteer does and what it means to be part of C3.

WHAT MADE YOU JOIN C3?

I'm Ayomikun Ayanleye-Egbo I and originally started off with music lessons at age 8 but my parents asked me if I would be interested in joining a youth programme at aged 12 and I was hesitant at first but they encouraged me to participate.



WHAT EVENTS HAVE YOU DONE IN C3 SO FAR?

We helped out with the Annual Summer Extravaganza by setting up the venue for the show. Making the christmas hampers are also an annual tradition in C3 to help the elderly. Recently we visited our local library to view the historical artefacts.

WHAT HAS C3 TAUGHT YOU?

C3 has taught me essential skills on how to manage my time and money efficiently and this encouraged me to start up my own jewellery business at the age of 16 and was trusted to begin work at Templesprings with my new skillset.

WHAT DO YOU FIND MOST REWARDING WORKING WITH YOUTH?

Working with the youth has enabled me to build a lot of patience, it also helps me to learn when I teach them as it forces me to expand my skillset in public speaking and organisation.

WHAT ADVICE WOULD YOU GIVE TO SOMEONE WHO'S CONSIDERING VOLUNTEERING FOR A YOUTH PROGRAMME?

Always have an open mindset, see everything as an opportunity and take the leap.

INTERESTED IN JOINING THE C3 PROGRAMME?

The C3 young people were entrepreneurial and worked on exciting business projects. The aim was to design a t-shirt theme based on a concept or interest. The design was made using vinyl printing, and they were all allocated group roles where everyone brainstormed on different ideas for the project. Skills gained included project management, marketing, design, accounting and creative skills as well as fund raising for the year's C3 Social Action Project.



Work placements: We worked in partnership with USP College and local secondary schools to host work experience placements for their students.
A total of 12 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience more than 500 hours of work.



"I've learned from new experiences that I wouldn't get in school or in my normal day to day life. I also get to meet lots of new kind people at Templesprings. Volunteering has helped me get used to a work environment at a young age, that will help me prepare for the future".

"Templesprings has given me the opportunity to learn more about the world of work through volunteering. I have learnt the importance of communication and teamwork and have also made great relationships along the way. I really appreciate this opportunity, as it pushes me to develop in character, whilst doing the things that I am interested in."

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

1. **Social:** Increased employability, opportunity and confidence/wellbeing of young people; giving them increased resilience to mental ill-health and negative lifestyles such as crime/anti-social behaviour, gang involvement and other harms. Increased access to further education/training opportunities through UCAS accreditation, increased positive role models for young people in our community and increased cultural/creative opportunities for children, young people and local residents Grays. Increased community cohesion between young people and the wider Grays community.

2. **Economic:** Increased employment and reduced risk of NEET for young people from Black/BAME backgrounds. Increased affordable cultural opportunities for local young people and wide community. Increased scope to generate and grow valuable unrestricted income for our charity.

3. **Environmental:** Creating a safe, yet enjoyable/engaging 'hub' for young people to access valuable creative participation/training opportunities and to interact with positive peers/role models. Increased music recording opportunities for local musicians/performers and local residents just wanting to experience a recording studio.

We are an evidence-based organisation, and we continually evaluate our activity impact through a wide range of data collection methods. These include (quantitative) – Youth Outcomes Star, Youth Music Evaluation (including Agency & Citizenship Scale), and regular anonymised session feedback surveys and service satisfaction surveys with young people and parents.

Our qualitative data includes our regular focus groups, individual case studies, and interviews/observations from young people, coaches and parents. We also monitor 'hard' outcomes such as take up and completion of accreditation opportunities, and progression to work/further training.

We measure the impact of our project through the following metrics:

- Young people's employability skills development (measured through interviews/focus groups, tutor observation and Arts Awards portfolios)
- Young people's confidence, aspirations and wellbeing (measure as above and with Outcomes Star/Youth Music tools)
- Young people's onward progression (evidenced through case study/interviews)
- Engagement with community (measured through analysis of community studio sales and customer feedback)

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended increased slightly when compared to the previous year, with a large increase in incoming resources. The Charity had a deficit at the end of the year. During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees.



OLAWAGBEMI BIDEMI JOHNSON

PRINT NAME

Date 10th August 2024

Independent Examiner's Report To The Trustees of Templesprings

I report on the accounts of the trust for the long period ended 31st August 2023, which are set out on pages 21 to 29.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date: 23 August 2024

Templesprings

Receipts and payments account
For the long period ended 31st August 2023

	Notes	Unrestricted funds	Restricted funds	Period ended Aug 2023	Year ended June 2022
		£	£	£	£
Incoming resources from generated funds					
Donations and legacies	2	178,121	-	178,121	93,647
Income from charitable activities	3	45,090	29,373	74,463	40,623
Investment Income	4	7	-	7	-
		223,218	29,373	252,590	134,270
Other incoming resources		1,969	-	1,969	-
Total Incoming resources		**225,186**	**29,373**	**254,559**	**134,270**
Resources Expended					
Raising funds		-	-	-	-
Net incoming resouces available		**225,186**	**29,373**	**254,559**	**134,270**
Charitable activities		197,123	29,373	226,496	211,088
Other	8	5,883	-	5,883	5,462
Total resources expended	6	**203,007**	**29,373**	**232,379**	**216,550**
Net outgoing resources before transfers		22,180	-	22,180	(82,280)
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		**22,180**	-	**22,180**	**(82,280)**
Fund balances at 1st July 2022		(64,625)	-	(64,625)	17,655
Fund balances at 31st August 2023		**(42,445)**	**-**	**(42,445)**	**(64,625)**

Templesprings

Statement of assets and liabilities
As at 31st August 2023

	Notes	31st Aug 2023 £	30th June 2022 £
Fixed Assets			
Tangible assets	9	2,099	818
Current Assets			
Trade receivables		-	-
Other debtors		-	-
Cash at bank and in hand		1,559	1,208
		1,559	1,208
Current Liabilities			
Other creditors		46,103	66,651
		46,103	66,651
Non-current Liabilities			
Creditors falling due after one year		-	-
Total assets less total liabilities		**(42,445)**	**(64,625)**
Income funds			
Restricted funds	12	-	-
Unrestricted funds		(42,445)	(64,625)
		(42,445)	**(64,625)**

The accounts were approved by the Trustees on 16th August 2024



……
Olawagbemi Bidemi Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting
The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources
Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended
All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Other Costs
Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants
The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure
Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT
Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Donations and gifts	178,121	-	178,121	93,647
Donations and gifts				
Unrestricted funds:				
Gift in kind			23,400	18,400
Gift Aid			29,611	24,687
Merchandise			-	736
Course materials			-	-
Donations and gifts			125,109	49,824
			178,121	93,647
Restricted funds:				
Donations and gifts			-	-
			-	-

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Government grants (see note 5)	-	19,136	19,136	6,400
Corporate grants (see note 5)	45,090	10,237	55,327	34,223
	45,090	29,373	74,463	40,623

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Interest receivable	7	-	7	-

5. Income from charitable activities: Government and Corporate grants

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
ECC	-	19,136	19,136	-
Youth Music	-	10,237	10,237	13,207
Postcode Places	-	-	-	15,016
UK Youth	-	-	-	1,000
Essex Community	-	-	-	5,000
	-	29,373	29,373	34,223

6. Total resources expended

	2023 £	2022 £
Costs of generating funds		
Raising funds	-	-
Charitable activities		
Activities undertaken directly (see note 7)	226,496	211,088
Other costs (see note 8)	5,883	5,462
	232,379	**216,550**

7. Cost of charitable activities: undertaken directly

	2023 £	2022 £
Staff costs		
Staff Salaries	111,724	124,267
Employers NI	4,284	2,166
Pension Costs	1,629	1,665
Staff Training	580	1,195
	118,217	129,293
Supporting costs		
Advertising and Marketing	1,091	7,078
Computer Expenses	5,589	4,480
Office and Rent Expenses	20,362	17,883
Telecommunications	4,192	3,868
Volunteer Expenses	5,986	7,464
	37,221	40,773
Direct Project expenditure		
Equipment	1,272	828
Events and activities	69,786	40,194
	71,058	41,022
Total cost of charitable activities: undertaken directly	**226,496**	**211,088**

8. Other expenditure

	2023 £	2022 £
Audit & Accountancy fees	708	1,786
Bank Fees	73	93
Cleaning	348	-
Consulting	500	1,225
Depreciation Expense	938	829
Insurance	521	467
Repairs & Maintenance	2,536	-
Subscriptions	-	364
Subsistence	90	401
Travel	169	297
	5,883	**5,462**

9. Fixed Assets

	£
Cost or valuation	
At 1st July 2022	23,697
Additions	2,220
Disposals	-
At 31st August 2023	25,917
Depreciation	
At 1st July 2022	22,879
Charge for the year	939
At 31st August 2023	23,818
Net book value	
At 31st August 2023	**2,099**
At 30th June 2022	818

10. Transaction with Trustees

During the year, no trustees received any remuneration or any other benefits from the charity.

11. Employees

During the year, there was an average of 6 employees employed by the Charity (2022: 7).

12. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

		Movement in funds			
	Balance at 1st July 2022	Incoming resources	Resource expended	Transfers	Balance at 31st August 2023
	£	£	£	£	£
Government Grants	-	19,136	(19,136)	-	-
Youth Music	-	10,237	(10,237)	-	-
	-	29,373	(29,373)	-	-

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31st August 2023 are represented by:			
Current assets	(42,445)	-	(42,445)
	(42,445)	-	(42,445)

TEMPLESPRINGS

England & Wales - Charity number 1125084

Accounts

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the year ended 30 June 2022

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Charity Number:	1125084
Registered Office:	Ground Floor, 22 London Road Grays, Essex RM17 5XY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Bidemi Johnson Miss Pursher William Mrs Katarzyna Wasilewska Mr Abdul Otusanya Miss Damilola Awojobi – resigned March 2022
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form
A charitable trust governed by its constitution.

Governing Document
The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees
The following individuals have served as Trustees in the period:

Name	Position
Mrs Bidemi Johnson	Chair
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary
Mr Abdul Otusanya	

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

Officers
There are no paid officers of the Charity (see note 10 for details).

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the year ended 30th June 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music.

2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools.

3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community.

4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils, and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society.

5) To act as a resource for young people up to the age of twenty-one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:
- Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.
- Advancing education
- Relieving unemployment.

6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the word as the Council from time to time may think fit.

7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling, and support in such parts of the United Kingdom or the world as the Council from time to time may think fit.

8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.

9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument.
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children, and young people.
We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic, and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social, and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver, and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring, and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical, and social well-being, using music and the arts as a gateway to transforming their lives.

Achievements and Performances in the Period

Partnership - Royal Opera House (ROH) Learning Offer Development Fund (LODF)

Despite ongoing challenges in engaging with schools in the current climate, we have gained great value from being an active member of ROH Bridge's network, which has enabled us to access learning from other creative education providers and share with Early Years (EY)providers.

In our partnerships with EY settings, practitioners demonstrated/reported low confidence in delivering music activities to 2-4s year olds (particularly floor work and child-directed music exploration). Our intent was to develop teacher resources to replicate our own successful 'Mini Mixers' sessions in local settings, by understanding practitioner learning and support needs in greater detail.

Templesprings' 'Mini Mixers' sessions (for Under 4s) combine music, movement and exploration of instruments through child-directed play and story making. Mini Mixers promotes DfE 'Development Matters' Good Practice guidelines for Expressive Arts by fostering group child-directed play and experimentation with sounds; improvisation; and 'by ear' learning.



Our 'Tried and Tested' techniques, developed through 20+ years teaching experience – harness humorous storytelling play featuring sonic characters that help bring music dynamics, tempo, pitch, and rhythms to life for young children. Without these tools, teachers often experienced difficulties in sustaining children's meaningful engagement with music exploration1##



We evaluated nine practitioners who delivered three music sessions and engaged in reflective practice to understand tutor challenges and feedback on children's engagement. This led to the creation of five new downloadable Mini Mixers lesson plans, adapted for specific age groups (e.g., 2-3s, 3-4s, and 4-5s groups).



We have also developed best practice resources including - expanded list of recommended instruments; lists of recommended songs for singing, clapping, chanting, structured dance and accompanying with percussion; and ideas for sensory based games.

Our target outcomes for educators accessing the training are:

- Practitioners can confidently support exploration of music dynamics (e.g., sound & volume); rhythms, pitch, and tempo through child-centred play with instruments & toys using the resources.
- Practitioners report increased frequency & quality of sessions in their workplace from accessing training.

In our follow up assessments with 9 practitioners, 100% agreed that they:

- Felt more confident about delivering an EY music session.
- Observed improved learner engagement after using our lesson plans & resources.
- Had increased motivation to deliver music activities on a regular basis.
- Had increased their own EY music education skills/knowledge.

Partnership - ROH Cultural Capital



ROH was keen to diversify their audiences at the Royal Opera House and work with partners like Templesprings to bring in new audiences to experience opera and ballet. Over 50 families accessed this experience as prices were offered at a discounted rate for various productions such as

- La traviata
- Werther
- Il trovatore
- Aida

Quote from one of the families (Mum and 2 teenage children) "We have never been to the theatre before to watch a live production – because we didn't really think opera and ballet were interesting and we couldn't afford the price. Going to watch La traviata changed our mind. We really enjoyed the show and the whole theatre experience. Already looking forward to booking to go on another show. Thank you for this opportunity"!

Templesprings – Essex Community Foundation report

The grant (alongside match funding from Royal Opera House Bridge) enabled our practice team to deliver 'Mini Mixers' music sessions for children up to five years in Grays in autumn 2022. MiniMixers was developed to promote early years learning (particularly musical enjoyment, creativity, motor skills/cognitive development and listening/learning skills) and set children on a positive path of arts engagement and creativity.

Our project was developed in consultation with local early years practitioners throughout 2021/22, which found that many lack confidence/knowledge to deliver effective and engaging music activities for children. Our pilot study (enabled through Essex Community Foundation's funding) supported delivery and evaluation of three MiniMixers sessions (delivered by ten early career Early Years professionals), and subsequent reflective practice sessions to understand challenges for tutors and examine their feedback on children's learning/engagement.

Partnership -Thurrock Mind

Changing people's lives through personalised care – The Thurrock Story.

Covid-19 was devastating in so many ways, and young people and their mental health were hit hard. Endless disruption to schooling, long periods of isolation, losing support networks and struggling to access services have all had a huge impact. We saw the needs of those young people who were already struggling drastically worsen while many more experienced mental health problems for the first time.

Templesprings worked with the Youth Facilitator for positive pathways to transition the young people who have been receiving mental health support back to the community. Some of the young people had no access to creative opportunities and were introduced to Templesprings. A total of 144 music sessions (including drums, keys, guitar) were delivered to 12 YOUNG MINDS. Templesprings also supported the young people through work experience and participating in holiday club activities.



Templesprings was included in the NHS video campaign about YOUNG MINDS for the support we provided to the young people - https://youtu.be/P9n_SadmQ2o

The young people experienced and reported on the following outcomes:

- They no longer struggled alone.
- Built better relationships.
- Learnt how to use music and the arts as coping strategies.

Partnership - The #YoungandBlack Awards by UK Youth

The #YoungandBlack Awards by UK Youth supported by Citi and Knights of who awarded us a grant of £1,000. This allowed us to purchase some equipment for our new digital community studio in which we offered training and work experience in music/video production, to young people looking to develop careers in the creative industries.



The outcome for this project was to:

- Recognise and value black culture and history.
- Enable and create opportunity for entrepreneurship and employability of young black people.
- Deliver culturally accessible interventions that challenge inequalities in mental and physical health.
- Empower, educate, and change through social action or social justice.

The community studio allowed us to offer competitively priced recording packages (e.g. Pop Star/Rock star) experiences to local residents – helping address lack of cultural activities the Grays area (particularly since covid) and music recording services.

Young people also gained Arts Award accreditation whilst gaining valuable professional experience.

Partnership - Active Essex Holiday Food Program

School holidays can be pressure points for some families because of increased costs (such as food and childcare) and reduced incomes (such as loss of a free school meal, reduced working hours etc.). There is a growing body of evidence of a holiday experience gap - with children from disadvantaged families less likely to access organised out-of-school activities; more likely to experience 'unhealthy holidays' in terms of nutrition and physical health; and more likely to experience social isolation.



Working with a network of trusted local delivery partners, Active Essex sponsored by the government (DfE) HAF Programme, ran FREE face to face clubs during the school holidays for children and young people who are eligible for benefits based free school meals, as well as those from low income working families who would benefit from this extra support.



This valuable partnership approach enabled 80 young people to be supported during the to access 100 hours of vital opportunities for sport/recreation as well as free nutritious meals throughout the holidays, provided in a non-stigmatising environment for local families.

Partnership – Postcode Lottery and Youth Music

The grant from Postcode lottery and Youth Music allowed us to deliver our Audio ambition project. We provided free-of-charge music tuition (learning guitars, keyboards, drums or digital music production) to young people aged 8-16 in Grays, particularly focusing on those from low-income/lone parent households who would not otherwise be able to provide these opportunities. Our unique 'by ear' approach focuses on building children's enjoyment, basic knowledge and listening/learning skills - engaging them in weekly lessons (and regular performances) for approximately six months, giving them a solid foundation for continuing their own learning independently,

Arts Awards

Arts Award inspires young people to grow their arts and leadership talents: it's creative, valuable and accessible. Through Arts Award, young people gain a nationally recognised qualification enabling them to progress into further education and employment. They not only gain art form knowledge and understanding but also develop leadership, creativity and communication skills.

Arts Award is a personal learning framework that accredits students' individual development in the arts. Arts Award also provides measurable CPD opportunities for staff as well as enabling schools to make meaningful links with their local arts organisations, and vice versa.

As an Arts Awards center, Templesprings achieved the following in this reporting period through the support of Youth Music Grant. This was the final year of a 3-year funding received.

Accreditation outputs

	Number of Awards Predicted	Number of Awards Achieved
Arts Award Discover	150	160
Arts Award Explore	50	43
Arts Award Bronze	25	2
Arts Award Silver	10	2
Arts Award Gold	5	3
ABRSM Grades	0	0
ASDAN	0	0

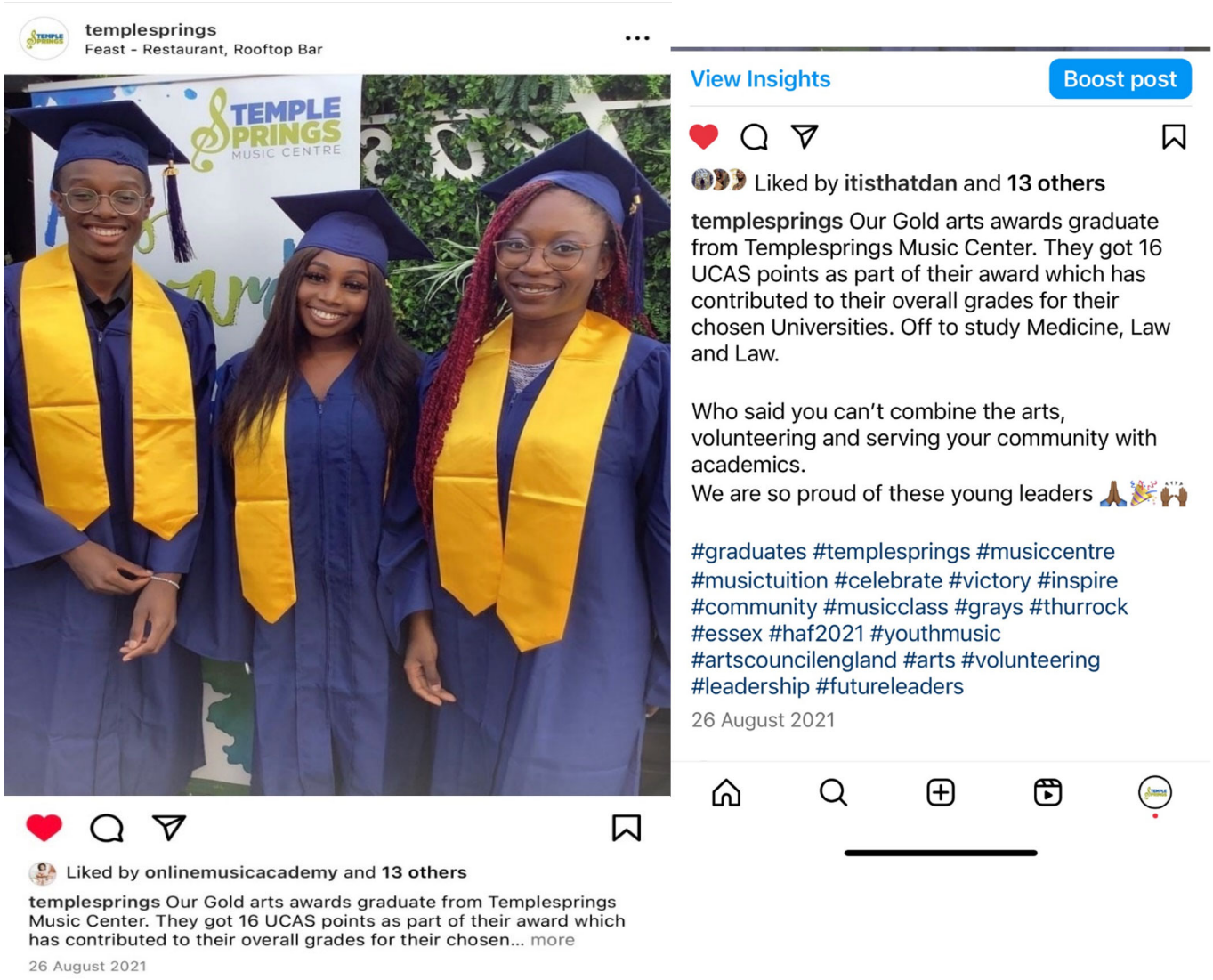
YOUTH MUSIC

In August 2021 we held our Arts Awards ceremony, in which 50 young people collected awards, including three Gold Awards presented to young leaders.





#



Workforce – 4 staff gained Arts Award Assessor certification (Discover/Explore) and 2 gained (Bronze/Silver), plus SEN Training, Marketing Training, Health and Safety and Safeguarding Courses. Our tutors were also engaged in GRIT accredited mentoring training to support young people's emotional wellbeing and resilience following the difficulties presented by the pandemic and extended school closures. Following grant funding support from ROH Bridge, staff have also been engaged in developing music education and CPD resources for local schools and early years settings.

C3 Youth Programme: Our programme offered 15 young people valuable opportunities for workplace volunteering at Templesprings and enabled them to speak with a wide range of experienced coaches and mentors to manage the stress/uncertainty they were experiencing about the future. Since the submission of our last report, we have continued to offer a flexible, blended-learning approach to engage young people amid the challenges posed by Covid-19 and social distancing. Core participants ('Young Scholars') continued to access weekly instrument tuition, either in-person or online, as well as Arts Awards support – including group sessions delivered during half term holidays.

Young people reported that the opportunities for regular volunteering and Arts Award accreditation were helping to allay their anxieties about their future – particularly around being able to find employment, which many young people were worried about.

Work placements: We worked in partnership with USP College to host work experience placements for their students. A total of 8 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience the world of work over 3 terms.



"I've learned from new experiences that I wouldn't get in school or in my normal day to day life. I also get to meet lots of new kind people at Templesprings. Volunteering has helped me get used to a work environment at a young age, that will help me prepare for the future".

"Templesprings has given me the opportunity to learn more about the world of work through volunteering. I have learnt the importance of communication and teamwork and have also made great relationships along the way. I really appreciate this opportunity, as it pushes me to develop in character, whilst doing the things that I am interested in."

Social Action Project: Every year, an army of volunteers young and old, trustees and the staff of Templesprings, raise funds for good causes in our community. With the money raised, we were able to purchase items to include in the Christmas hampers. The aim of this Christmas Hamper Campaign is to raise funds for families on the breadline, homeless hostels and old people's home. Thanks to Giving World for donating the hamper fillers.

This year, the team packed 220 hampers and donated them to the following charities:

- Colourful beginnings https://www.colourfulbeginnings.com/
- Thurrock Based Homeless Shelter (Need official Name and Website)
- Thurrock Based Single Mum Support charity (Need official name and website)
- Active Essex – Free School meal-based End of term Holiday Club Program. https://www.activeessex.org/children-young-people/essex-activate/



As we run the holiday club (HAF) program through Templesprings every Spring, Summer and Winter. We also gave Hampers to the families which attended the holiday club.

Through the Hampers, we were able to help and support local charities. Providing their beneficiaries with essentials and small gifts, personalised for the specific charity to ensure that every item was useful and able to help those in need.

"Thank you for your generous gift to our residents. We are thrilled to have your support. It was a lovely Christmas surprise for our Residents who all appreciated receiving such generous gifts. You truly make the difference for us, and we are extremely grateful!" Sanctuary Supported Living Manager



Volunteers and Gift in Kind: We are so grateful for the community of young people and parents who continually volunteer their time to support the work we do in the community. Around 21 people provided a total of 1,150 volunteering hours. Their Gift in Kind contribution to the organisation is worth £18,400.

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

1. **Social:** Increased employability, opportunity and confidence/wellbeing of young Black/BAME/mixed individuals; giving them increased resilience to mental ill-health and negative lifestyles such as crime/anti-social behaviour, gang involvement and other harms. Increased access to further education/training opportunities through UCAS accreditation, increased positive role models for young Black children/young people in our community and increased cultural/creative opportunities for children, young people and local residents Grays. Increased community cohesion between young people and the wider Grays community.

2. **Economic:** Increased employment and reduced risk of NEET for young people from Black/BAME backgrounds. Increased affordable cultural opportunities for local young people and wide community. Increased scope to generate and grow valuable unrestricted income for our charity.

3. **Environmental:** Creating a safe, yet enjoyable/engaging 'hub' for young people to access valuable creative participation/training opportunities and to interact with positive peers/role models. Increased music recording opportunities for local musicians/performers and local residents just wanting to experience a recording studio.

We are an evidence-based organisation, and we continually evaluate our activity impact through a wide range of data collection methods. These include (quantitative) – Youth Outcomes Star, Youth Music Evaluation (including Agency & Citizenship Scale), and regular anonymised session feedback surveys and service satisfaction surveys with young people and parents.

Our qualitative data includes our regular focus groups, individual case studies, and interviews/observations from young people, coaches and parents. We also monitor 'hard' outcomes such as take up and completion of accreditation opportunities, and progression to work/further training.

We measure the impact of our project through the following metrics:

- Young people's employability skills development (measured through interviews/focus groups, tutor observation and Arts Awards portfolios)
- Young people's confidence, aspirations and wellbeing (measure as above and with Outcomes Star/Youth Music tools)
- Young people's onward progression (evidenced through case study/interviews)
- Engagement with community (measured through analysis of community studio sales and customer feedback)

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended saw an increase compared to the previous year in conjunction with a drop in incoming resources. The Charity had a deficit at the end of the year. For the upcoming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects. The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees.



OLAWAGBEMI BIDEMI JOHNSON

Date 19th July 2023

Independent Examiner's Report To The Trustees of Templesprings

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I report on the accounts of the trust for the year ended 30th June 2022, which are set out on pages 17 to 24.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date: 07/08/23

Templesprings

Receipts and payments account
For the year ended 30th June 2022

	Notes	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
Incoming resources from generated funds					
Donations and legacies	2	93,647	-	93,647	72,474
Income from charitable activities	3	-	40,623	40,623	96,028
Investment Income	4	-	-	-	-
		93,647	40,623	134,270	168,502
Other incoming resources		-	-	-	-
Total Incoming resources		**93,647**	**40,623**	**134,270**	**168,502**
Resources Expended					
Raising funds		-	-	-	-
Net incoming resouces available		**93,647**	**40,623**	**134,270**	**168,502**
Charitable activities		139,754	71,334	211,088	167,475
Other	8	5,462	-	5,462	10,228
Total resources expended	6	**145,216**	**71,334**	**216,550**	**177,703**
Net outgoing resources before transfers		(51,569)	(30,711)	(82,280)	(9,201)
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		**(51,569)**	(30,711)	**(82,280)**	**(9,201)**
Fund balances at 1st July 2021		(13,056)	30,711	17,655	26,856
Fund balances at 30th June 2022		**(64,625)**	**-**	**(64,625)**	**17,655**

Templesprings

Statement of assets and liabilities
As at 30th June 2022

	Notes	2022 £	2021 £
Fixed Assets			
Tangible assets	9	818	1,180
Current Assets			
Trade receivables		-	-
Other debtors		-	14,134
Cash at bank and in hand		1,208	50,954
		1,208	65,088
Current Liabilities			
Other creditors		66,651	48,612
		66,651	48,612
Non-current Liabilities			
Creditors falling due after one year		-	-
Total assets less total liabilities		**(64,625)**	**17,656**
Income funds			
Restricted funds	12	-	30,711
Unrestricted funds		(64,625)	(13,056)
		(64,625)	**17,655**

The accounts were approved by the Trustees on 4th August 2023



……
Olawagbemi Bidemi Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting
The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources
Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended
All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Other Costs
Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants
The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure
Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT
Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and gifts	93,647	-	93,647	72,474

Donations and gifts

Unrestricted funds:				
Gift in kind			18,400	24,900
Gift Aid			24,687	15,902
Merchandise			736	50
Course materials			-	-
Donations and gifts			49,824	31,623
			93,647	72,475
Restricted funds:				
Donations and gifts			-	-
			-	-

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Government grants	-	6,400	6,400	14,427
Corporate grants (see note 5)	-	34,223	34,223	81,601
	-	40,623	40,623	96,028

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Interest receivable	-	-	-	-

5. Income from charitable activities: Corporate grants

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
ACE Emergency	-	-	-	9,980
Sylvia Waddlove Fdn	-	-	-	1,000
BBC CIN Next Steps	-	-	-	25,370
Ground Work	-	-	-	1,000
Royal Opera House	-	-	-	4,540
Youth Music	-	13,207	13,207	29,870
Awards for All	-	-	-	9,841
Postcode Places	-	15,016	15,016	-
UK Youth	-	1,000	1,000	-
Essex Community	-	5,000	5,000	-
	-	34,223	34,223	81,601

6. Total resources expended

	2022 £	2021 £
Costs of generating funds		
Raising funds	-	-
Charitable activities		
Activities undertaken directly (see note 7)	211,088	167,475
Other costs (see note 8)	5,462	10,228
	216,550	**177,703**

7. Cost of charitable activities: undertaken directly

	2022 £	2021 £
Staff costs		
Staff Salaries	124,267	69,665
Employers NI	2,166	913
Pension Costs	1,665	914
Staff Training	1,195	1,042
	129,292	72,534
Supporting costs		
Advertising and Marketing	7,078	2,266
Computer Expenses	4,480	5,617
Office and Rent Expenses	17,883	30,610
Telecommunications	3,868	1,931
Volunteer Expenses	7,464	7,831
	40,773	48,255
Direct Project expenditure		
Equipment	828	11,921
Events and activities	40,194	34,765
	41,022	46,686
Total cost of charitable activities: undertaken directly	**211,088**	**167,475**

8. Other expenditure

	2022 £	2021 £
Audit & Accountancy fees	1,786	1,656
Bank Fees	93	27
Consulting	1,225	4,388
Depreciation Expense	829	791
Insurance	467	280
Interest Paid	-	8
Repairs & Maintenance	-	2,850
Subscriptions	364	228
Subsistence	401	-
Travel	297	-
	5,462	**10,228**

9. Fixed Assets

	£
Cost or valuation	
At 1st July 2021	23,230
Additions	467
Disposals	-
At 30th June 2022	23,697
Depreciation	
At 1st July 2021	22,050
Charge for the year	829
At 30th June 2022	22,879
Net book value	
At 30th June 2022	**818**
At 30th June 2021	1,180

10. Transaction with Trustees

During the year, no trustees received any remuneration or any other benefits from the charity.

11. Employees

During the year, there was an average of 7 employees employed by the Charity (2021: 7).

12. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

		Movement in funds			
	Balance at 1st July 2021	Incoming resources	Resource expended	Transfers	Balance at 30th June 2022
	£	£	£	£	£
Government Grants	-	6,400	(6,400)	-	-
Youth Music	-		-	-	-
Awards for All	23,370	13,207	(36,577)	-	-
Postcode Places	7,341	-	(7,341)	-	-
UK Youth	-	15,016	(15,016)	-	-
Essex Community	-	1,000	(1,000)	-	-
	-	5,000	(5,000)	-	-
	30,711	40,623	(71,334)	-	-

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 30th June 2022 are represented by:			
Current assets	(64,625)	-	(64,625)
	(64,625)	-	(64,625)

14. Related party transactions

Templesprings Childcare Services Ltd (company number 11240681)

A company of which Mrs O Johnson is a shareholder and director. During the year, the charity provided advances to the company and the total balance due at year end was £nil (2021: £14,133).

TEMPLESPRINGS

England & Wales - Charity number 1125084

Accounts

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the year ended 30 June 2021

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Charity Number:	1125084
Registered Office:	Ground Floor, 22 London Road Grays, Essex RM17 5XY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Bidemi Johnson Miss Pursher William Mrs Katarzyna Wasilewska Mr Abdul Otusanya Miss Damilola Awojobi
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form
A charitable trust governed by its constitution.

Governing Document
The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees
The following individuals have served as Trustees in the period:

Name	Position
Mrs Olawagbemi Bidemi Rebecca Johnson	Chair
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary
Mr Abdul Otusanya	
Miss Damilola Awojobi	

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

Officers
There were no paid officers of the Charity during the period (see note 10).

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the year ended 30th June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music.

2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools.

3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community.

4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils, and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society.

5) To act as a resource for young people up to the age of twenty-one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:
- Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.
- Advancing education
- Relieving unemployment.

6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the word as the Council from time to time may think fit.

7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling, and support in such parts of the United Kingdom or the world as the Council from time to time may think fit.

8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.

9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument.
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children, and young people.
We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic, and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social, and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver, and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring, and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical, and social well-being, using music and the arts as a gateway to transforming their lives.

Achievements and Performances in the Period

Impact of Covid-19 and how our organisation responded to the needs of the children and young people we support.

Like many organisations, Templesprings has been affected by the COVID-19 pandemic which started 3 months into this reporting period. As a result of the school shut down on 20 March 2020, we had to close our centre which at the time of closing was serving more than 300 children, young people, and families.

We had to transition music lessons online, and when the restrictions were relaxed, we held some blended learning sessions at the centre so that we could bring the young people in bubbles whilst observing social distancing. They participated in some awesome projects including, song writing, produced and recorded their songs, learnt about music in films - Foley sounds and confidently performed a live concert.

All these could not have been possible without the funding we received from Youth Music, Arts Council England, Big Lottery Fund, and BBC Children in Need, so we are truly grateful.

We were able to offer a flexible, blended-learning approach to engaging young people in positive creative activities. Through this work we were able to better support local children and families to overcome the challenges posed by Covid-19 – which disproportionately affected the most vulnerable families through issues including learning loss, isolation, holiday hunger, and financial poverty/hardship.

Some of the children we support are from large (often lone parent) families and live in small/overcrowded properties with limited space for physical/creative play. Many parents we engage with are also key workers, who experienced significant stress when balancing school closures with increased pressure at work. Some of the older children (13+) supported by this work were spending much more time alone at home than usual during the crisis, with their emotional wellbeing and family relationships severely affected. Throughout the crisis, long periods of inactivity have resulted in children of all ages experiencing boredom/frustration, and behavioural issues, increasing tension/conflict in families.

As many Templesprings beneficiaries were also disproportionately affected by 'learning loss', this increased issues such as low self-esteem, behavioural problems in school and anxiety about the future. Youth Music Audio Ambitions project increased Templesprings' capacity to engage young people from low-income families in weekly instrument tuition - either in-person or online, as well as support to work towards valuable Arts Award qualifications, through one-to-one and small group learner support sessions. This support enabled them to have regular enjoyable learning activities, regular social interaction, and opportunities to build their confidence, self-esteem, and key skills for learning (e.g., listening, collaboration, critical thinking, self-discipline, communication skills).



Scholarships: Thanks to Youth Music Grant, we were able to offer music scholarships to children from lower-income families.

- In this period, Templesprings provided 112 children who could not afford music lessons with a 100% Music Scholarship which equated to 1750 music coaching sessions over 6 months of participation. This was worth £43,750.

Achievements and Performances in the Period

Holiday Clubs and Summer Camp: School holidays can be pressure points for some families because of increased costs (such as food and childcare) and reduced incomes (such as loss of a free school meal, reduced working hours etc.). There is a growing body of evidence of a holiday experience gap - with children from disadvantaged families less likely to access organised out-of-school activities; more likely to experience 'unhealthy holidays' in terms of nutrition and physical health; and more likely to experience social isolation.

Templesprings organised holiday camp events which engaged children and young people aged 5-18 years.
The Audio Ambitions Summer Camp was a great opportunity for the children to come back to our music center after some of the lockdown restrictions were lifted. It was great to see their joy of interacting with other kids and getting in-person tutoring once again

Over the 6-week summer holiday. Templesprings team came together to create an experience that helped children learn about the scope of the music industry. This included interactive presentations from our tutors, music composition, learning about using music in films, foley sounds, and music production.



Tutors helped students get ready for performances, Rock School exams and completion of their Arts Award portfolio.



Most of the children have benefitted from the coaching that they received from our tutors and reported improvements in both their musical skills and confidence in performing.
As a measure of the students' progress and an opportunity for them to show off their skills, we prepared them for a live performance.

For some children it was their first performance ever, whilst for more advanced students it was another step on their way to become professional musicians. Either way, it was a very enjoyable experience for the youngsters, as we saw the smiles on their faces after their successful performances, as well as the positive feedback they provided afterwards.



Achievements and Performances in the Period

C3 Youth Programme: During this period, young people within the group (including 13-18) were facing a range of stressors throughout the pandemic – in particular, uncertainty about their GCSE exams, transitions into college, and worries about rising youth employment with fewer access to key learning opportunities such as work experience. Our project offered these young people valuable opportunities for workplace volunteering at Templesprings and enabled them to speak with a wide range of experienced coaches and mentors to manage the stress/uncertainty they were experiencing about the future.

In early April 2021, we held an externally facilitated Review, Reflection & Stakeholder Consultation event, engaging young people, staff, volunteers, and parents over several online sessions.

Our coaching team were also engaged in a range of CPD opportunities including GRIT accredited mentoring training to deliver new 'Courageous Conversations' coaching sessions for young people aged 14+ accessing/volunteering on our programme. These sessions are designed to further strengthen young people's resilience as they continue to recover from the social and educational impacts of the pandemic. As an organisation, supporting young people's mental wellbeing is crucial in helping them on their journey to successful futures. The right support can equip students with the skills to help the early intervention and prevention of mental health issues in later life.







Young people themselves reported to our independent evaluator how much they valued accessing one-to-one time with an adult, especially in the wake of repeated school closures. Many young people reported feeling 'left behind' due to the educational disruption caused by Covid-19, and as one consultee put it "It means a lot when an older or adult role model spends their time to help you."

Young people also reported that the opportunities for regular volunteering and Arts Award accreditation were helping to allay their anxieties about their future – particularly around being able to find employment, which many young people were worried about.

"I've learned from new experiences that I wouldn't get in school or in my normal day to day life. I also get to meet lots of new kind people at Templesprings. Volunteering has helped me get used to a work environment at a young age, that will help me prepare for the future. Adesewa, 15

"Templesprings has given me the opportunity to learn more about the world of work through volunteering. I have learnt the importance of communication and teamwork and have also made great relationships along the way. I really appreciate this opportunity, as it pushes me to develop in character, whilst doing the things that I am interested in." Cara, 17

"It is a pleasure to be able to give back to a community via Templesprings – who have helped me immensely in the formative years of my life" (Emmanuel, 19).

Achievements and Performances in the Period

Social Action Project: Every year, an army of volunteers young and old, trustees and the staff of Templesprings, raise funds for good causes in our community. With the money raised, we were able to purchase items to include in the Christmas hampers. The aim of this Christmas Hamper Campaign is to raise funds for families on the breadline, homeless hostels and old people's home. Thanks to Giving World for donating the hamper fillers.

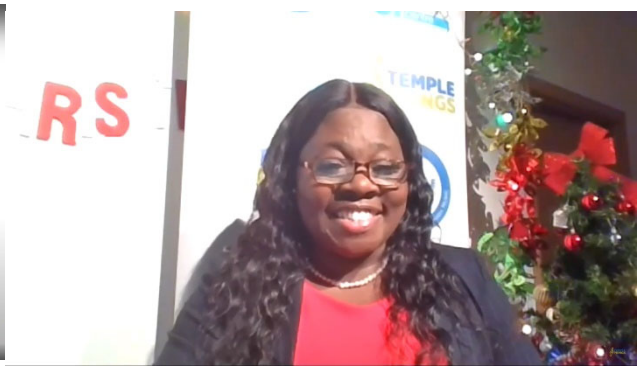


Despite the pandemic, the team did not let COVID stop us and we packed, quarantined, and delivered 150 hampers to two local organisations.

The first is a Homeless Hostel for Young parents in Grays called Sanctuary Supported Living and the second is an Old's People's Home in Tilbury called Willows Lodge.

"Thank you for your generous gift to Willows Lodge Care Home and our residents. We are thrilled to have your support. It was a lovely Christmas surprise for our Residents who all appreciated receiving such generous gifts. You truly make the difference for us, and we are extremely grateful!" Willows Lodge Manager - Marta





We had a very successful Christmas Hamper Campaign and our first ever virtual concert where the young people and staff bands performed for the residents of Willows Lodge. The concert was hosted by the Chair of the Board of Trustees – Mrs Bidemi Johnson



Achievements and Performances in the Period

Work placements: We worked in partnership with USP College to host work experience placements for their students. A total of 6 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience the world of work over 16 weeks.

Volunteers and Gift in Kind: We are so grateful for the community of young people and parents who continually volunteer their time to support the work we do in the community. Around 25 people provided a total of 1,560 volunteering hours. Their Gift in Kind contribution to the organisation is worth £24,900.

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

The strategies employed this year to ensure that our activities targeted the charities objectives as set out in the constitution:

- Building up of the capacity and skills of local people
- Working in partnership with others to improve Community cohesion.
- Creating a safe, supportive, and stimulating environment where individuals and groups can engage.
- Building quality relationships and engendering support for mutual benefit to enrich and strengthen the community.
- Develop opportunities for 11–18-year-olds to ensure high quality opportunities for learning, skills, development, and training.
- Through work placement scheme, supporting young students from USP College.
- promoting the positive contribution made by children and young people and helping them access opportunities that give them a role in the community.

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended had increased compared to the previous year, with a decrease in overall incoming resources. The Charity had an overall surplus in funds, however unrestricted funds remain in deficit at the end of the year. Although there was a surplus in unrestricted funds during the year, this was offset against the deficit from the previous year.

During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees.



OLAWAGBEMI BIDEMI JOHNSON

PRINT NAME

Date 26TH April 2022

Templesprings

Independent Examiner's Report To The Trustees of Templesprings

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I report on the accounts of the trust for the year ended 30th June 2021, which are set out on pages 14 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date: 29th April 2022

Templesprings

Receipts and payments account
For the year ended 30th June 2021

	Notes	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
Incoming resources from generated funds					
Donations and legacies	2	72,474	-	72,474	134,571
Income from charitable activities	3	-	96,028	96,028	61,189
Investment Income	4	-	-	-	3
		72,474	96,028	168,502	195,763
Other incoming resources		-	-	-	-
Total Incoming resources		**72,474**	**96,028**	**168,502**	**195,763**
Resources Expended					
Raising funds		-	-	-	-
Net incoming resouces available		**72,474**	**96,028**	**168,502**	**195,763**
Charitable activities		55,352	112,123	167,475	161,408
Other	7	10,228	-	10,228	7,070
Total resources expended	6	**65,580**	**112,123**	**177,703**	**168,478**
Net outgoing resources before transfers		6,894	(16,095)	(9,201)	27,285
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		**6,894**	(16,095)	**(9,201)**	**27,285**
Fund balances at 1st July 2020		(19,950)	46,806	26,856	(429)
Fund balances at 30th June 2021		**(13,056)**	**30,711**	**17,655**	**26,856**

Templesprings

Statement of assets and liabilities
As at 30th June 2021

	Notes	2021 £	2020 £
Fixed Assets			
Tangible assets	8	1,180	1,494
Current Assets			
Trade receivables		-	-
Other debtors		14,133	12,337
Cash at bank and in hand		50,954	53,951
		65,088	66,288
Current Liabilities			
Other creditors		48,612	40,926
		48,612	40,926
Non-current Liabilities			
Creditors falling due after one year		-	-
Total assets less total liabilities		**17,655**	**26,856**
Income funds			
Restricted funds	11	30,711	46,806
Unrestricted funds		(13,056)	(19,950)
		17,655	**26,856**

The accounts were approved by the Trustees on 26th April 2022



……
Olawagbemi Bidemi Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting
The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources
Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended
All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Other Costs
Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants
The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure
Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT
Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Donations and gifts	72,474	-	72,474	134,571

Donations and gifts

Unrestricted funds:			
Gift in kind		24,900	20,700
Gift Aid		15,902	34,866
Merchandise		50	447
Course materials		-	735
Donations and gifts		31,623	77,823
		72,474	134,571
Restricted funds:			
Donations and gifts		-	-
		-	-

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Government grants	-	14,427	14,427	4,533
Corporate grants (see note 5)	-	81,601	81,601	56,656
	-	96,028	96,028	61,189

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Interest receivable	-	-	-	3

5. Income from charitable activities: Corporate grants

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
ACE Emergency	-	9,980	9,980	-
Sylvia Waddlove Fdn	-	1,000	1,000	-
BBC CIN Next Steps	-	25,370	25,370	9,850
Ground Work	-	1,000	1,000	-
Royal Opera House	-	4,540	4,540	-
Y. Music Emergency	-	29,870	29,870	46,806
Awards for All	-	9,841	9,841	-
	-	81,601	81,601	56,656

6. Total resources expended

	2021 £	2020 £
Costs of generating funds		
Raising funds	-	-
Charitable activities		
Activities undertaken directly (see note 7)	167,475	161,408
Other costs (see note 8)	10,228	7,070
	177,703	**168,478**

7. Cost of charitable activities: undertaken directly

	2021 £	2020 £
Staff costs		
Staff Salaries	69,665	94,795
Employers NI	913	1,066
Pension Costs	914	1,080
Staff Training	1,042	286
	72,533	97,227
Supporting costs		
Advertising and Marketing	2,266	1,809
Computer Expenses	5,617	3,413
Office and Rent Expenses	30,610	29,124
Telecommunications	1,931	1,617
Volunteer Expenses	7,831	2,598
	48,255	38,562

7. Cost of charitable activities: undertaken directly (continued)

Direct Project expenditure		
Equipment	11,921	1,115
Events and activities	34,765	24,504
	46,686	25,618
Total cost of charitable activities: undertaken directly	**167,475**	**161,408**

8. Other expenditure

	2021	**2020**
	£	**£**
Audit & Accountancy fees	1,656	1,024
Bank Fees	27	1,165
Consulting	4,388	2,128
Depreciation Expense	791	1,459
Insurance	280	-
Interest Paid	8	11
Legal Expenses	-	242
Repairs & Maintenance	2,852	108
Subscriptions	228	-
Subsistence	-	903
Travel	-	30
	10,228	**7,070**

9. Fixed Assets

	£
Cost or valuation	
At 1st July 2020	22,753
Additions	477
Disposals	-
At 30th June 2021	23,230
Depreciation	
At 1st July 2020	21,259
Charge for the year	791
At 30th June 2021	22,050
Net book value	
At 30th June 2021	**1,180**
At 30th June 2020	1,494

10. Transaction with Trustees

The following trustee received remueration from the Charity:	**2021**	**2020**
	£	£
Mr Aderinola Johnson - resigned Janauary 2020	-	14,318
	-	14,318

11. Employees

During the year, there was an average of 7 employees employed by the Charity (2020: 9).

12. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

		Movement in funds			
	Balance at 1st July 2020	Incoming resources	Resource expended	Transfers	Balance at 31st June 2021
	£	£	£	£	£
ACE Emergency	-	9,980	(9,980)	-	-
Sylvia Waddlove Fdn	-	1,000	(1,000)	-	-
BBC CIN Next Steps	-	25,370	(25,370)	-	-
Ground Work	-	1,000	(1,000)	-	-
Royal Opera House	-	4,540	(4,540)	-	-
Y. Music Emergency	46,806	29,870	(53,306)	-	23,370
Awards for All	-	9,841	(2,500)	-	7,341
	46,806	81,601	(97,696)	-	30,711

13. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Fund balances at 30th June 2021 are represented by:			
Current assets	(13,056)	30,711	17,655
	(13,056)	30,711	17,655

14. Related party transactions

Templesprings Childcare Services Ltd (company number 11240681)

A company of which Mrs O Johnson and Mr A Johnson are shareholders and director. During the year, the charity received advances from the company and the total balance due at year end was £14,133 (2020: £10,114).

TEMPLESPRINGS

England & Wales - Charity number 1125084

Accounts

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the year ended 30 June 2020

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Charity Number:	1125084
Registered Office:	Ground Floor 22 London Road Grays RM17 5XY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Olawagbemi Bidemi Rebecca Johnson Mr Aderinola Johnson (resigned 11th January 2020) Miss Pursher William Mrs Katarzyna Wasilewska Mr Abdul Otusanya (appointed 6th July 2019) Miss Damilola Awojobi (appointed 2nd June 2020)
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form
A charitable trust governed by its constitution.

Governing Document
The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees
The following individuals have served as Trustees in the period:

Name	Position
Mrs Olawagbemi Bidemi Rebecca Johnson	Chair
Mr Aderinola Johnson	
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary
Mr Abdul Otusanya	
Miss Damilola Awojobi	

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

Officers
Paid officers of the Charity can be seen under note 8.

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the year ended 30th June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music;

2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools;

3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community;

4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society;

5) To act as a resource for young people up to the age of twenty one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
- Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- Advancing education
- Relieving unemployment;

6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the word as the Council from time to time may think fit;

7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling and support in such parts of the United Kingdom or the world as the Council from time to time may think fit;

8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters;

9) To advance education in such ways and in such parts of the United Kingdom of the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument;
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children and young people.

We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical and social well-being, using music and the arts as a gateway to transforming their lives.

Achievements and Performances in the Period

Our charity is committed to breaking down social barriers between children from more affluent families and those who are from disadvantaged backgrounds and we rely on income generated from music course fees to enable our charitable objectives to be fulfilled.

Impact of Covid-19:
Like many organisations, Templesprings has been affected by the COVID-19 pandemic which started during this reporting period. As a result of the school shut down on 20 March 2020, we had to close our centre which at the time of closing was serving more than 300 children, young people, and families.

Our wrap around facility shut down overnight, some staff with underlying conditions self-isolated and other staff had to be furloughed. The pandemic resulted in a loss in earned income from private music tuition and services to schools. The lockdown restrictions meant, we were unable to deliver key income-generating activities such as music lessons and wrap around clubs.

Existing clients: We delivered 3,624 sessions to 302 clients in this period. The outcomes and achievements included:

- Building confidence in children through music
- Providing support for musically talented children whose parents cannot afford to pay their music tuition fees.

New Visitors: In 2019/2020, we had 120 persons make enquiries into the various services we provided. This gave visitors a chance to visit our centre and learn about what Templesprings is doing in the community.

- We provided 92 hours of FREE music lessons to 180 children and adults.
- This was valued at £2,760 worth of free music tuition.
- 54 of these people registered to access our various services during this period.

Scholarships: As we would never wish a child's personal circumstances to prevent them from participating in music learning, we offered scholarships to parents from lower-income families.

- In this period, Templesprings provided 25 children who could not afford music lessons with a 100% Music Scholarship worth over £9,000. This equated to 300 music coaching sessions.

Mini-Mixers: In this period, we continued to provide our early years music program called Mini-Mixers for children aged 2 years to 5 years old. Our aim was to help meet children's physical developmental needs through action, songs, and the movements needed to play instruments such as drums, keyboard and guitar. We found that music made a great contribution to language and literacy development through repetition, linking sounds and letters as required by the EYFS.

- We had a total of 35 children registered over the course of the year.
- Sessions were held three days a week (Tuesday, Thursday, and Saturday) due to high demands.
- We also offered on a Wednesday, a SEN session to accommodate the 3 children who required the service
- 420 Mini-mixer sessions were delivered.

Special Needs: We had the opportunity to work with more special needs clients who had been signposted to us by the Thurrock council and word of mouth from other parents.

- We delivered 150 music coaching sessions to 15 individuals. This helped improve their mobility, social interaction and increased their confidence tremendously –a truly memorable experience for the young people, their parents and us.

Events and Performances:
We organised 8 'Make Music Day' MMD concerts at the music center for our students. This provided the platform for students to perform in front of family and friends and the community, showcasing what they have learnt as part of their music lessons. More than 40 children and young people had the opportunity to perform.

Achievements and Performances in the Period

Holiday Clubs and Summer Camp: School holidays can be pressure points for some families because of increased costs (such as food and childcare) and reduced incomes (such as loss of a free school meal, reduced working hours etc.). There is a growing body of evidence of a holiday experience gap - with children from disadvantaged families less likely to access organised out-of-school activities ; more likely to experience 'unhealthy holidays' in terms of nutrition and physical health ; and more likely to experience social isolation.

We are delighted about the grant we received from **BBC Children in Need** (BBC CIN) to run holiday clubs for the disadvantaged kids in our community during the February half term and a week during the Easter break. As part of our application, we partnered with local schools and One Community organisation in Tilbury. With grant funding support from BBC CIN, our school holiday programmes offered a life-changing experience to children who may otherwise never could have had the opportunity to learn to play a musical instrument. The investment often sparked a deep desire to continue their journey on a regular basis during term-time, opportunities that many children take for granted.

Templesprings organised two Holiday Camp events which engaged children aged 5-12 and young people 13-18 years. With 'light touch' support from our experienced coaches and music tutors, the Camp was organised and delivered by the young people - who gained valuable transferrable employability and leadership skills from their involvement. It was a unique creative learning opportunity to help build their confidence and key personal skills such as communication, teamwork, and leadership. The activities we provided included:



- Arts & Crafts, team building activities, learning to play an instrument 'by ear', Playing in a band.
- Learning a choreographed dance routine; The children took part in a mini concert and production.
- For the second year, we returned to Apple Store Lakeside for a journey of discovery and tech inspiration.





Video Lab: Small Screen Magic Co-created with Zach King

We followed the BBC CIN data collection ideas and created some of our own to capture the outcomes. We aligned the children's and the young mentor's assessment forms with the BBC children in need specifications for the holiday camp. Staff filled out an assessment form for each child and reviewed it among each other to ensure it was a fair judgement for each child.

The results gave us an insight on how the holiday camp went and showed the areas we needed to improve. We used an app to record how the younger children felt about the camp by getting them to select emojis that represented their experiences such as; smiley faces, sad faces, straight faces etc. We filmed different activities which took place at the holiday camp to show a representation of how things went and capture genuine reactions and feelings about holiday camp. We asked Parents to complete a feedback questionnaire. 37 forms were completed and returned. The analysis below shows the summary result

- 100% of the parents were satisfied with the service received, noting in particular the interaction between the teenage mentors and the kids and the positive role models they were for their children
- 100% Strongly Agreed that: My child(ren) feels happy at Templesprings
- 95% Strongly Agreed that: My child(ren) feels safe at Templesprings.
- 95% Strongly Agreed and 5% Agreed that: My child(ren) has grown in confidence.
- 90% Strongly Agreed and 10% Agreed that: My child(ren) learnt a new life skill.

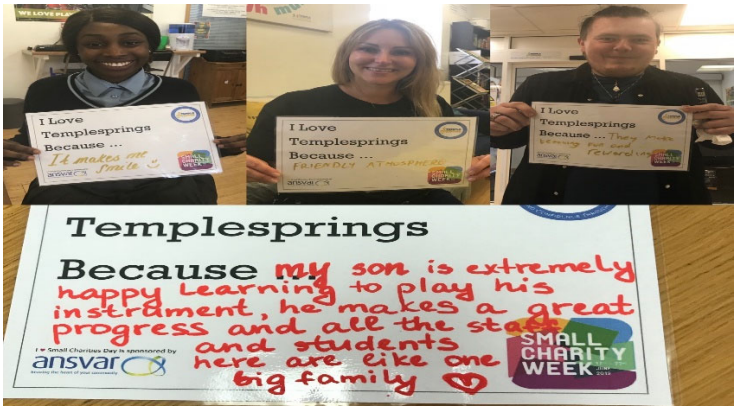
Case Study/Testimonial: A 9-year-old girl named 'A' was recommended to our program by a family friend. The mum was going through treatment for an aggressive form of cancer which sadly she did not survive. Girl A was very withdrawn initially and would not participate in many activities. Dad would drop her in the morning and all she wanted to do was stay in our relaxation area where she played with teddy bears.

Because of what she was going through, a staff was assigned to her full time making sure she was ok. As the days passed, she got more involved and talked about her feelings. She would often play 'mummy' and 'daddy' games with other children and was always happy to cook in the pretend kitchen. 'A' responded to this extra support and threw himself into all activities. Dad was most pleased after day 3 when she did not want to go home because she really enjoyed our holiday club. The next day, they were the first to arrive and 'A' participated in the keyboard lessons for the first time. She also played in the ensemble on the last day with the other children. 'A' had truly come out of her shell and always had a wide smile on her face more often.

After the holiday club finished, Templesprings was able to offer a music scholarship for her to continue to develop her interest in music. An excerpt from Dad's note to us: "We are truly honoured to be considered as beneficial for the scholarship program.... Thank you and God Bless for this opportunity of a lifetime"

C3 Youth Program: In this period, we were able to create and maintain trusting relationships with the targeted group of young people. 25 young talented and vibrant Mentors. Together they planned, promoted, organised and delivered the Holiday Clubs and Summer Camp. It was wonderful to observe the progress the children and young people made in terms of confidence, self-esteem, musical ability, communication skills, teamwork and all-round social skills. All of these were happening within the space of a few days.

We have learnt that the environment that children and young people operate in matters a lot! At Templesprings, we have created a positive environment where the programs are youth led. Young people are natural 'Evangelist' and marketeers for the things they love! The activities during this period required the young volunteers to use their communication and social skills to uphold the Templesprings' 'house rules', which created a supportive environment for everyone. Our inclusive approach means that every young person is supported to challenge themselves, for example participating in things they haven't tried before, or setting themselves learning goals. Progressing in these goals helped the children to develop self-esteem, and young volunteers gain confidence from helping deliver this impactful project in their community.



Achievements and Performances in the Period

Barclays Life Skills: We organised and ran Barclays Life Skills Modules covering Resilience and Wellbeing. Just like our physical health, mental wellbeing is something we all have and must look after. As an organisation, supporting young people's mental wellbeing is crucial in helping them on their journey to successful futures. The right support can equip students with the skills to help the early intervention and prevention of mental health issues in later life. We explored the following areas:

- What words come to mind when people use the term 'wellbeing'?; How might people feel when their overall wellbeing is at its best?; What kinds of things can affect a positive sense of wellbeing, or throw it off balance?
- How might wellbeing be affected at times of transition and change, such as moving on from school, or starting work? How might learning skills for maintaining positive wellbeing at an early age benefit people later in life?
- We undertook activities with scenarios on how to manage pressure of exams, relationships, and interview techniques.



All our music programmes for young people to date have been co-developed and led by Young Volunteers, via our C3 youth committee. The group has historically met weekly at our centre, with 'light-touch' facilitation support from our team of experienced adult coaches – empowering young people to identify key issues for their community, and form strategic working groups and sub-committees to drive a wide range of social action projects forward.

In 2019 this focused on helping improve support for local older people, through services such as voluntary gardening for the elderly, supermarket bag-packing assistance, a community car wash and more.

Young volunteers also consulted with peers through surveys and interviews to identify the range/type of activities young people wanted for their summer camp programme. As well as leading/ co-facilitating the programme activities, volunteers evaluated the project through surveys and interviews with children and parents.

The year ended with a celebration of the young people's achievement for volunteering and social action projects. To end the period, we organised a paintballing trip as a way of celebrating and thanking the young participants for a very successful year. They all absolutely loved the paintballing and enjoyed the camaraderie and team building activities.

Achievements and Performances in the Period

Social Action Project: Every year, an army of volunteers young and old, trustees and the staff of Templesprings, raise funds for good causes in our community. With the money raised, we were able to purchase items to include in the Christmas hampers. The aim of this Christmas Hamper Campaign is to raise funds for families on the breadline, homeless hostels and old people's home. Thanks to Giving World for donating the hamper fillers.















This year we delivered 220 hampers to two local organisations, a Homeless Hostel for Young parents in Grays called Sanctuary Supported Living and an Old's People's Home in Tilbury called Willows Lodge. The young people also held a very successful Christmas concert where they spread festive joy to the residents of Willows Lodge.

Achievements and Performances in the Period

Inaugural Arts Awards Celebration: Templesprings Music Centre is an Arts Awards Centre. In the Autumn Term of 2019, our students were working towards their Discover Awards. The students who achieved this award attended the inaugural Arts Awards event we hosted on 25th January 2020. It was a family-friendly fun day of showcasing achievements and live music.





We celebrated young people's achievement for volunteering and social action projects. Overall, 76 children and 22 Young people received their nationally recognised Trinity College Discover Awards on the day.







Achievements and Performances in the Period

Work placements: We worked in partnership with USP College to host work experience placements for their students. A total of 8 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience the world of work over 16 weeks.

Queen's Award for Voluntary Services (QAVC) Nomination: In October 2019, we learnt that Templesprings was nominated for the Queen's Award for Voluntary Service by One Community Tilbury, a 2017 recipient of the award. Three parents and benefactors submitted letters of support and recommendation. Below is one of those letters.

10/09/2019

Dear Sir/Madam

To Whom It May Concern,

I am delighted to write this letter to the Queens Award in support of the well-deserved nomination of Templesprings for the Queens Award for Volunteer Services. Templesprings is a remarkable organisation doing an excellent work in our local community with children, young people and their families. -This nomination is a notable proof of their value added and great contribution to our borough, Thurrock and it's environed.

My family have had a very positive experience with Templesprings, and I have witnessed a positive impact on my two kids since attending their music tuition. My kids confidence, awareness, learning abilities and attitude have significantly improved not only in music but in communication and in relating with others. Many parents have approached me after they have played instruments at events to enquire about where they go for lessons as their playing is unique and great to listen to.

One distinct strength Templesprings have is the quality of care, passion and practical approach they apply to helping the children, young people and the families in our community to build the right foundation for success. The young children I meet at their tuition centre always appear calm, joyful, respectful and assertive. The youth that volunteers there also come across as well trained professionally to provide customers like myself with an excellent service. To me this is a great encouragement and achievement by Templesprings to positively influence the youth, taking them off the streets, giving them a great work experience and inspiring them to do something great with their lives. This really touches my heart knowing well the national concern and out-cry of the level of violence witnessed among some youth in other communities. I applaud Templesprings for their efforts and breakthrough with the youth in Thurrock and I believe that it will be beneficial to have Templesprings operate in more communities to "catch" children early and save them from falling prey to wrong influences and choices as they get older.

Another testimonial I have about Templesprings is that, it's a centre of inclusion and diversity where everyone is made to feel welcome, be themselves and is respected regardless of their age, gender, sexuality, faith, background, colour, disability, ethnicity etc. This is reflected in the staff and service user groups. I have met parents and families from all walks of life at Templesprings and has proven to be a great place that unites, build and grow families together as a community in harmony. They also foster a loving and respectful environment to build great networks among parents and families. An example is their recent introduction of parents' forum to discuss issues and concerns affecting families in the local communities. Parents have also had the opportunity to participate in Music Masterclasses for free where they learn to play all types of musical instruments. This is a unique and great idea which when accessed elsewhere costs hundreds of pounds. My family has directly benefited from this and has made the family bond stronger as we spend time making music at home from the homework given to my husband and sons.

I am very impressed with the leadership of this great organisation, that is Mr & Mrs Johnson and the entire board, their clarity of purpose, great sense of direction, competence and their life story is truly inspirational to all in our community. Their excellence, passion and consistency are clear to all who get close to the organisation. I am currently taking Life Coaching sessions with Templesprings and it is transforming my life and outlook for the better.

Templesprings is an organisation that goes the extra mile with it's service users in the sense they always have information available on activities, services, products and local government departments that can assists parents and families in their choices. They have recently partnered with a local academic tuition provider to give their service users discount on referral, which to me is wonderful additional assistance to many families. Aside this they are always happy to be of help with any queries one has.

To me the service Templesprings provides is so key to our community and it's second to none; they have a well-resourced office and centre to the standard a big corporate organisation despite being a local charity. This and all the above detailed examples make Templesprings the well-deserved organisation for Volunteer Services Award.

I wish Templesprings the very best with their nominations.

Yours Faithfully,

Benedictta Apraku

23 groups were nominated in the county of Essex and it was a pleasure to be hosted by the Lord Lieutenant. We did not win that year however we feel very privileged to have been considered for this prestigious honour.



Essex County Council

LORD-LIEUTENANT

Mrs Bidemi Johnson
Templesprings Music Centre

10th January 2020

Dear Mrs Johnson,

Queen's Award for Voluntary Services (QAVS)

As you are aware, since Her Majesty's Golden Jubilee in 2002, Her Majesty the Queen has awarded the prestigious honour of the Queen's Award for Voluntary Service (QAVS) to hundreds of voluntary groups across the UK. The QAVS, the MBE for voluntary groups, recognises the contribution that volunteers make to their communities.

To acknowledge the excellent work undertaken by the 23 groups nominated for the QAVS Award from across the County for 2020 (of which your group is one), two people from your group are invited to an informal Reception at County Hall, Chelmsford on Thursday 27th February 2020 from 6.30pm to 8.30pm. The Reception will be hosted by Mrs Jennifer Tolhurst, Lord Lieutenant for the County of Essex and Councillor John Jowers, Chairman of Essex County Council.

The Queen's Award for Voluntary Service

Achievements and Performances in the Period

Sessional Workers and Volunteers: We are so grateful for the community of young people and parents who continually volunteer their time to support the work we do in the community. The table below provides a breakdown of the volunteer hours donated.

- Around 22 people provided a total of 1,260 volunteering hours. Their Gift in Kind contribution to the organisation is worth £20,700.

Impact of Covid-19: Like many organisations, Templesprings has been affected by the COVID-19 pandemic which started during this reporting period. As a result of the school shut down on March 20, we had to close our centre which at the time of closing was serving more than 300 children, young people, and families.
Our wrap around facility shut down overnight, some staff with underlying conditions self-isolated and other staff had to be furloughed. The pandemic resulted in a loss in earned income from private music tuition and services to schools. The lockdown restrictions meant, we were unable to deliver key income-generating activities such as music lessons and wrap around clubs.

Supporting Families
The team spent a lot of time calling and speaking to more than 300 parents, children, and young people. Checking in on them and making sure they were keeping well. Very trying times for people and we found with our conversations that there was a lot of anxiety, frustrations, and stress during the first lockdown.

The staff encouraged them to keep music as part of their activities as it helps with their mental health. Templesprings provided a listening ear and provided re-assurance to many that we are all certainly in this together. We felt privileged to have access to these families and we've kept up with newsletters as well.

FREE childcare for Key Workers: During the first lockdown, we were also able to divert resources by offering free childcare facility to key workers children during the first lockdown.

Transition to Online Digital Platform: We began the transition of existing clients to our online music lessons but lost nearly 100 students as a direct impact of covid-19, often due to reduced parental/household income in the current climate, and parental scepticism about online tuition.

Safeguarding: We updated our Safeguarding Policy to take account of delivering our activities remotely. Discussed with our staff about how we plan to deliver remote lessons and provided additional training and re-assurance. We worked with parents, carers, and children to understand the benefits and risks of online lessons and get written consent for children to be involved. We asked for at least one adult age 18 and above to be present in the background during our remote lessons and activities.

What we learnt: Since the pandemic, our C3 youth group have met through fortnightly Zoom meetings to access peer support and share ideas for how they can build their own resilience and skills to effectively manage the challenges posed by Covid-19 and its impacts. Across all age groups, many more children are exhibiting signs of stress and anxiety, which we explored as part of our C3 youth program. Young people highlighted the need for more one-to-one coaching support, particularly around developing skills to manage feelings of frustration/anxiety, and practical advice with issues around education and school/careers.

Some year groups have reported an 'overload' of homework - causing significant stress and anxiety, particularly for those without fast/reliable connectivity and other facilities (e.g., printing) at home. By contrast, many families have experienced problems as children spend more time online – including increased bullying (spilling over from school onto social media channels), more children exhibiting poor body image, and addictive behaviours towards gaming and social media. Naturally, it has been significantly more challenging for parents to ensure that 'screen time' is kept to appropriate levels during the crisis.

Achievements and Performances in the Period

Many young people have also been disappointed to miss out on valuable experiences normally accessed in school – particularly school trips/excursions and work experience placements. This feedback from young people led to the development of our 'Courageous Creativity' programme, which promotes emotional wellbeing and life skills through one-to-one online mentoring, opportunities for digital and centre-based volunteering/work experience and positive activities including music activities/events and local excursions.

Young people in the Year 12 group have reported high levels of anxiety about their future prospects, as many feel they have been abandoned and overlooked by their schools. During lock down restrictions, our coaching team has focused its remote support and coaching to this age group, supporting them with self-directed Arts Award learning and accreditation, and offering a range of digital work experience opportunities such as social media management, web development/graphic design and copywriting.

Youth Music Grant Award: Templesprings Music Centre in Thurrock were delighted to announce that **Youth Music** awarded them a grant of £99,870 over 3 years for their Audio Ambitions Project. This project is supported by Youth Music, using public funding from the **National Lottery** through **Arts Council England**. This grant means we can make music accessible for those who are from disadvantaged backgrounds who face social and financial barriers to music right here in Thurrock.

Our project will be delivered over approximately 27 months, and around 300 children (4-12) will access the programme exploring singing, playing instruments, song writing, performance coaching and delivering a concert for the local community. Approximately 40 Young Volunteers (YVs) (13-18) will design and co-deliver the Summer Camp Programme, with 'light touch' support from experienced coaches.

Our team of experienced adult coaches will support Young people to develop their music leadership skills, set and review their personal goals, support them to find relevant skills development opportunities within the programme as well as identifying other local relevant opportunities. Young people will be supported to attain iArts Awards including Gold, Silver and Bronze level.

Matt Griffiths, CEO of Youth Music said, "We're delighted to grant funding to Templesprings Music Centre and deliver an exciting programme of music-making opportunities for children and young people in Thurrock. These three-year grants will really help to develop and sustain music-making locally and continues to be a vital way for young people to connect during the global crisis."

Bidemi Johnson, Chair of the Board of Trustees said, "We are grateful to Youth Music for the opportunity especially in this climate of great uncertainty and high unemployment rate in young people. We are pleased to be able to support young people who are Not in Education, Employment or Training to build their employability skills and identify opportunities for career progression, including further work experience or paid sessional placements at Templesprings using music and the arts as our tool of engagement".

Through this grant, in term-time, we will provide 12-week music Scholarships to 160 local children (4-17) who face social and financial barriers to music participation. They will access weekly music lessons (choosing from a range of instruments), and tailored support to gain Arts Award Discovery and Explore accreditation. We will work with local schools, faith groups and local music hub to engage around 200 children in taster sessions and deliver Music Education CPD events for teachers and community youth workers.

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

The strategies employed this year to ensure that our activities targeted the charities objectives as set out in the constitution:

- Building up of the capacity and skills of local people
- Working in partnership with others to improve Community cohesion.
- Creating a safe, supportive, and stimulating environment where individuals and groups can engage.
- Building quality relationships and engendering support for mutual benefit to enrich and strengthen the community.
- Develop opportunities for 11–18-year-olds to ensure high quality opportunities for learning, skills, development, and training.
- Through work placement scheme, supporting young students from USP College.
- promoting the positive contribution made by children and young people and helping them access opportunities that give them a role in the community.

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended had reduced compared to the previous year, due to a reduction in incoming resources from the impact of COVID-19 towards the end of the financial year. The Charity had an overall surplus in funds, however unrestricted funds were in deficit at the end of year. Although the unrestricted funds were in deficit at the end of the year as a result of COVID-19, this has been regularised as at the date of signing of this report.

During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees.



OLAWAGBEMI BIDEMI JOHNSON

Date 28TH April 2021

Independent Examiner's Report To The Trustees of Templesprings

I report on the accounts of the trust for the year ended 30th June 2020, which are set out on pages 18 to 24.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

……

Name: Fumi Popoola BSc FCCA CTA

Relevant professional qualification or body: ACCA

Address: 36A Goodmayes Road, Ilford, Essex IG3 9UR

Date:

Templesprings

Receipts and payments account
For the year ended 30th June 2020

	Notes	Unrestricted funds	Restricted funds	Total 2020	Total 2019
		£	£	£	£
Incoming resources from generated funds					
Donations and legacies	2	134,571	-	134,571	230,187
Other income	3	-	61,189	61,189	11,820
Investment Income	4	3	-	3	3
		134,574	61,189	195,763	242,010
Other incoming resources		-	-	-	-
Total Incoming resources		**134,574**	**61,189**	**195,763**	**242,010**
Resources Expended					
Raising funds		-	-	-	-
Net incoming resouces available		**134,574**	**61,189**	**195,763**	**242,010**
Charitable activities		147,025	14,383	161,408	247,756
Other	6	7,070	-	7,070	10,154
Total resources expended	5	**154,094**	**14,383**	**168,477**	**257,910**
Net outgoing resources before transfers		(19,521)	46,806	27,285	(15,900)
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		**(19,521)**	46,806	**27,285**	**(15,900)**
Fund balances at 1st July 2019		(429)	-	(429)	15,471
Fund balances at 30th June 2020		**(19,950)**	**46,806**	**26,856**	**(429)**

Templesprings

Statement of assets and liabilities
As at 30th June 2020

	Notes	2020 £	2019 £
Fixed Assets			
Tangible assets	7	1,494	1,410
Current Assets			
Trade receivables		-	8,154
Other debtors		12,337	5,654
Cash at bank and in hand		53,951	8,422
		66,288	22,230
Current Liabilities			
Other creditors		40,926	24,069
		40,926	24,069
Non-current Liabilities			
Creditors falling due after one year		-	-
Total assets less total liabilities		**26,856**	**(429)**
Income funds			
Restricted funds	10	46,806	-
Unrestricted funds		(19,950)	(429)
		26,856	**(429)**

The accounts were approved by the Trustees on 29th April 2021



……
Olawagbemi Bidemi Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting
The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources
Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended
All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Other Costs
Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants
The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure
Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT
Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Donations and gifts	134,571	-	134,571	230,187
Donations and gifts				
Unrestricted funds:				
Gift in kind			20,700	36,090
Gift Aid			34,866	34,557
Merchandise			447	3,279
Course materials			735	5,215
Donations and gifts			77,823	151,046
			134,571	230,187
Restricted funds:				
Donations and gifts			-	-
			-	-

3. Other income

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Government grants	-	4,533	4,533	-
Corporate grants	-	56,656	56,656	7,880
	-	61,189	61,189	7,880

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Interest receivable	3	-	3	3

5. Total resources expended

	2020 £	2019 £
Costs of generating funds		
Raising funds	-	-
Charitable activities		
Activities undertaken directly	161,408	247,756
Other costs	7,070	10,154
	168,477	**257,910**

6. Other expenditure

	2020 £	2019 £
Audit & Accountancy fees	1,024	1,839
Bank Fees	1,165	1,283
Consulting	2,128	-
Depreciation Expense	1,459	3,649
Interest Paid	11	1
Legal Expenses	242	905
Repairs & Maintenance	108	-
Subscriptions	-	120
Subsistence	903	2,129
Travel	30	228
	7,070	**10,154**

7. Fixed Assets

	£
Cost or valuation	
At 1st July 2019	21,210
Additions	1,543
Disposals	-
At 30th June 2020	22,753
Depreciation	
At 1st July 2019	19,800
Charge for the year	1,459
At 30th June 2020	21,259
Net book value	
At 30th June 2020	**1,494**
At 30th June 2019	1,410

8. Transaction with Trustees

During the year, the following trustee received remueration from the Charity:

	£
Mr Aderinola Johnson	14,318
	14,318

9. Employees

During the year, there was an average of 9 employees employed by the Charity (2019: 10).

10. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

		Movement in funds			
	Balance at 1st July 2019	Incoming resources	Resource expended	Transfers	Balance at 31st June 2020
	£	£	£	£	£
Corporate grants	-	61,189	(14,383)	-	46,806
	-	61,189	(14,383)	-	46,806

11. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 30th June 2020 are represented by:			
Current assets	(19,950)	46,806	26,856
	(19,950)	46,806	26,856

12. Related party transactions

Templesprings Childcare Services Ltd

A company of which Mrs O Johnson and Mr A Johnson are shareholders and director. During the year, the charity received advances from the company and the total balance due at year end was £10,114 (2019: (£3,045)).