

SOUTH LONDON COUNSELLING AND SUPPORT SERVICES

(A Company Limited by Guarantee Without Share Capital)

Company Registration No: 6037025

Charity Registration No: 1125078

REPORTS & ACCOUNTS

For the Year Ended 31 May 2023

FANLA & CO

Accountants & Consultants

CORPORATE INFORMATION

TRUSTEES: DR ADEKINTE OYEKAN - Chair
LASUN RAJI - Secretary
ROBERTA BASSAH - Treasurer
GERMAIN LABELLA
SAMUEL OROBOLA OSUNMAKINDE

DIRECTORS: DR ADEKINTE OYEKAN
LASUN RAJI
ROBERTA BASSAH
GERMAIN LABELLA
SAMUEL OROBOLA OSUNMAKINDE

CHIEF EXECUTIVE OFFICER OLADIPO AYoola

INDEPENDENT EXAMINERS: FANLA & CO
(ACCOUNTANTS & CONSULTANTS)
UNIT 10, WARWICK HOUSE
OVERTON ROAD
LONDON SW9 7JP

REGISTERED OFFICE: 143 BOUNDFIELD ROAD
CATFORD
LONDON SE6 1PE

COMPANY NUMBER: 6037025

REGISTERED CHARITY NO: 1125078

REPORT AND ACCOUNTS: 31 MAY 2023

Page 2	INDEPENDENT EXAMINER'S REPORT
3-4	REPORT OF THE DIRECTORS
5	BALANCE SHEET
6	STATEMENT OF FINANCIAL ACTIVITIES
7	NOTES TO THE ACCOUNTS

INDEPENDENT EXAMINER'S REPORT
To The Trustees of
SOUTH LONDON COUNSELLING AND SUPPORT SERVICES

On the Accounts for the year ended 31 May, 2023 Set out on the attached sheets.

Respective Responsibilities of Trustees and Examiner

As trustees you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- state whether particular matters have come to our attention.

Basis of Independent Examiner's Statement

Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the 1993 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Fanla & Co

Date:

12/09/2023

FANLA & CO
UNIT 10, WARWICK HOUSE
OVERTON ROAD
LONDON SW9 7JP

DIRECTORS' REPORT
To The Trustees of
SOUTH LONDON COUNSELLING AND SUPPORT SERVICES

The trustees present with pleasure their Annual Report together with the financial statements of the Charity for the year ended 31 May 2023.

Objectives

The aims and objectives of the Charity are to:

- provide mentoring and confidential therapeutic counselling to people living or working in London. This is inclusive of adults and young people. The services are provided in a safe and secure environment without discrimination.
- organise seminars and workshops that will enable people of different faith, belief and cultural background to interact, socialise, dialogue and integrate together.
- deliver services and activities like 'faith fair' and diversity training that enhance community cohesion, build relationships and enable people to work together to accomplish desired goals, reduce crimes, build trust, raise confidence through understanding of each other's faith, culture and beliefs.
- promote and maintain harmonious relationships between people of different faiths in Lewisham Borough and wider communities.
- help reduce and heal painful memories of religious intolerance and attempt to create new memories and experiences of respectful and friendly community.
- provide services and activities to help people like refugees, asylum seekers and young lone parents to overcome fear, reduce anxiety and increase their self-confidence and self-esteem.
- provide workshops and seminars to prevent young people from becoming involved in crime, gun, knives and other gang related crimes.
- support crime victims inclusive of the parents and siblings of young people involved in or at risk of involvement in crime, gang or knives and violence.
- support families, children aged 10-18, including vulnerable young people up to 24 years old.

Organisation

The Charity is governed by a Board of Trustees who are elected to serve and run its affairs. Annually, the Board reviews the range of skills it has available and uses its power of co-option to ensure that gaps are filled.

Activities Undertaken During the Year

Activities undertaken during the period under review involved drug and alcohol awareness project for children and young people between the ages of 13-25 years old. This project helped to create awareness and the consequences and effect of drug and substance misuse for the young people in the community. The organisation also offered 6-18 sessions of counselling to clients on various issues like mental health, bereavements, loss of job and income, depression, family and relationship issues. We held regular youth meetings to improve school attendance, academic performance and reduce school truancy, knives and gun crimes. We looked at breaking stereotypical views and finding ways to inspire and encourage young people to build their self confidence, raise their aspirations and change their lives. We also counselled and mentored young people that have dysfunctional behaviour and children and youth referred from the youth offending team. Our flexible approach increased diversity, encouraged greater participation by the local community and strikingly widened the scope of the organisation's work.

DIRECTORS' REPORT
To The Trustees of
SOUTH LONDON COUNSELLING AND SUPPORT SERVICES Contd.

Committee Members' Responsibilities In The Preparation Of Financial Statements

Charity Legislation requires the committee to prepare financial statements for each financial year which give a true and fair view of the state of the Trust as at the end of the financial year and the income and expenditure of the Trust for the year ended on that date. In preparing those financial statements, suitable accounting policies have been used, framed, to the best of the Committee's knowledge and belief, by reference to reasonable and prudent judgements and applied consistently. Applicable accounting standards have been followed. The Committee is also required to indicate where the financial statements are prepared other than on the basis that Charity is a going concern.

The Committee is responsible for ensuring that arrangements are made for keeping proper books of account with respect to the Trust's transactions and its assets and liabilities and for maintaining a satisfactory system of control over the Trust's books of accounts and transactions. The Committee is also responsible for ensuring that arrangements are made to safeguard the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

Signature
Name


Dr Adekint OYEKAN - Chair

Date:

12/09/23

South London Counselling And Support Services**Company No: 6037025****BALANCE SHEET**

as at 31 May 2023

	notes	2023	2022
Fixed Assets		£	£
Tangible Assets	3	1,356	1,950
Investments		-	-
Total Fixed Assets		1,356	1,950
Current Assets			
Debtors & Prepayments		-	-
Cash in Hand & at Bank		54,125	36,871
Total Current Assets		54,125	36,871
Current Liabilities			
Creditors & Accrued Expenses		4,132	3,333
Total Current Liabilities		4,132	3,333
Net Current Assets/(Liabilities)		49,993	33,538
Total Net Assets		51,349	35,488

REPRESENTED BY**ACCUMULATED FUND**

Opening Balance	35,488	28,769
Net Incoming/(Outgoing) Resources for the year	15,861	6,719
Closing Balance	51,349	35,488

For the year ending 31 May 2023:

- a) the company was entitled to exemption under section 477 of the Companies Act 2006
- b) the members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c) the directors acknowledge their responsibility for:
 - i) ensuring the company keeps accounting records which comply with Section 386; and
 - i) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company

Signature
Name
Oladipo AYoola - CEO12/09/2023
Date of Approval

South London Counselling And Support Services

Company No: 6037025

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 May 2023

notes

2

Incoming Resources

Lewisham Safer Neighbourhood Board (LSNB)
 The London Community Foundation (Together For London)
 The London Community Foundation (MOPAC) Vic. Crime
 Greenwich Charitable Trust (Glittering Project)
 Mercers Trustee (Propel)
 Lloyds Bank Foundation
 National Lottery Community Fund
 CAF Donation
 Donation

2023			2022
Restricted	Unrestricted	Total	
£	£	£	£
7,090	-	7,090	7,190
-	10,000	10,000	-
-	-	-	29,126
8,750	-	8,750	-
35,000	-	35,000	-
750	27,250	28,000	25,000
-	-	-	9,995
-	20	20	-
-	-	-	-
51,590	37,270	88,860	71,311

Total incoming resources

(a)

Resources Expended**Cost of Generating Funds****Administration****Salaries & Wages**

Events, Workshops, Operational Costs

Charitable Expenditure

Donations, Subscription & Membership Fees

Rent & Hall Hire

Costs of activities for charitable objectives

Training Expenses

Volunteers Expenses

Supervision Cost

Support Costs

Repairs & Maintenance

Equipment & Work Materials

Telephone, Fax & Internet

Light, Heat & Water

Printing, Stationery & Sanitation/Covid-19 Materials

Advertisement & Publicity

Insurance

Companies House Fees/Secretarial Expenses

Legal/Professional Fees

Management & Administration

Bank Interest & Charges

Annual Report/Accounts/Independent Examiner's Fee

Depreciation

15,100	9,500	24,600	28,800
9,254	10,000	19,254	9,112
-	-	-	-
2,700	4,000	6,700	5,100
635	1,200	1,835	2,000
3,137	3,100	6,237	9,802
2,700	1,200	3,900	3,000
355	1,000	1,355	1,400
-	2,000	2,000	1,600
1,783	750	2,533	1,645
1,159	800	1,959	-
396	300	696	50
-	-	-	400
-	465	465	565
-	50	50	50
-	-	-	-
-	72	72	36
-	750	750	500
-	594	594	532

Total Resources Expended

(b)

NET MOVEMENT IN FUNDS

Balance b/f at 01 Jun. 2022

Balance c/f at 31st May 2023

(a-b)

37,219	35,781	73,000	64,592
14,371	1,489	15,861	6,719
30,294	63	30,358	23,639
44,666	1,552	46,219	30,358

-6-

South London Counselling And Support Services

Company No: 6037025

NOTES TO THE ACCOUNTS
For the Year Ended 31 May 2023

1.0 ACCOUNTING POLICIES

1.1 Basis of Accounting

The accounts have been prepared under the historical cost convention.

1.2 Fixed Assets

Fixed Assets are stated at cost.

1.3 Depreciation

Depreciation is provided on the straight line basis to write off fixed assets over their expected useful lives as follows:

Office Equipment	20% p.a
Furniture & Fittings	20% p.a
Motor Vehicle	20% p.a

2 INCOME

Income consists of grants from Award For All (Big Lottery Fund), Fund Raising, Service Users, Contributions and Donations.

3 TANGIBLE FIXED ASSETS

Tangible fixed assets are made up of the following:

	Office Equipm't £	Furniture & Fitt'gs £	Motor Vehicle £	Total £
COST				
At 01 Jun. 2022	2968	508	-	3476
Additions/(disposals) during the period				0
At 31 May 2023	2968	508	0	3476
DEPRECIATION				
At 01 Jun. 2022	1028	499	-	1527
Charge for the period	594	0	0	594
At 31 May 2023	1622	499	0	2120
NET BOOK VALUE				
At 31 May 2023	1346	10	0	1356
At 31 May 2022	1940	10	0	1950