

Art Beyond Belief

Annual report and Accounts

Year ending 31st August 2022

Legal and Administrative Information

1st September 2021 to 31st August 2022

Name of Organisation: Art Beyond Belief (ABB)

Charity Registration Number: 1124858

Date of Charitable Registration: 7th July 2008

Management Committee:

- John Prosser (Chair)
- Joseph Chadwell (Trustee)
- Ramesh Kukar (Treasurer)
- Rachel Morgan (Trustee)
- Stella Neal (Trustee)

Office Address: 29 Church Street, Slough SL1 1PL

Registered Address: 99 Eton Wick Road, Eton Wick, Windsor, SL4 6NQ

Company Limited by Guarantee number: 6525304

Date of incorporation: 6th March 2008

Directors:

- Ramesh Kukar
- Rachel Morgan
- John Prosser

Company Secretary: Andrea Sparrow

Bankers: HSBC, 128 High Street, Slough, SL1 1JF

Independent Examiner: Mrs Neeru Palhi, 523 Maplin Park, Slough SL3 8YG

Insurers: QBE Insurance

Report from the Trustees Year ending August 31st 2022

Art Beyond Belief works to challenge preconceptions, especially with regard to faith, health, diversity and social disadvantage, through innovative and inspirational art-based projects. We aim to improving wellbeing and communication through engagement with visual arts.

During the past year ABB has made good progress towards these aims.

The Connect Mental Health and Wellbeing programs which we created as Zoom-based sessions specifically during Covid have proven useful beyond their original lockdown-era intention - for groups that cannot travel or are geographically separated, and also as an introductory group-bonding programme prior to Looking Glass and other face-to-face groups. ReConnect – our ongoing support group, is now an established strand of our work, and meets face-to-face.

Covid-impact specific funding has helped us to weather the difficult years since 2020, and we now look towards new funding streams to continue working with current clients, expand our work further to new clients and groups, and make further connections and co-partnerships to grow the organization for the coming years.

ABB reported last year that one of the biggest challenges reported by our clients and by professionals in the sector was the reduction of mental health services available, while the need for support was greater than ever. We continue to monitor what is happening in the sector, so that the programmes we offer serve our clients well, and are continue to be relevant to local needs and services.

Face-to-face meet has started to return, although there is still reluctance in some quarters. We will continue to be flexible in our approach, - whether we find ourselves face-to-face with our clients, or meeting over Zoom.

The Art Beyond Belief Management Team is confident that the organisation is well placed to deliver outcomes to our clients in the coming year, and that we will be in a position to develop and deliver further innovative programmes to enhance the charity's aims.

On behalf of the Trustees: April 2023

Structure, Governance and Management

ABB began work in February 2005

ABB was incorporated as a Company Limited by Guarantee in March 2008 and obtained charitable status in July 2008.

Governing document

ABB's governing document is a memorandum and articles of association adopted by the management committee in November 2007.

Charitable objects

Art Beyond Belief's charitable objects are:

The promotion of equality and diversity for the benefit of the public by:

- advancing education and raising awareness in equality and diversity
- promoting activities to foster understanding between people from diverse backgrounds

The promotion of religious harmony for the benefit of the public by:

- educating the public in different religious beliefs including an awareness of their distinctive features and their common ground to promote good relations between persons of different faiths
- promoting knowledge and mutual understanding and respect of the beliefs and practices of different religious faiths.

Developing the capacity and skills of members of various disadvantaged communities in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society

To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness, through the medium of visual arts and music.

Organisational structure

The Management Committee comprises the trustees. The committee meets quarterly, and additionally as needed to support the Creative Lead, agrees strategic direction and inputs specific expertise.

Art Beyond Belief's founder and Creative Lead is David Sparrow. Emel Soylu (*MBS* (*Hons*) *Psych*, *GMBPsS*) is Art Beyond Belief's Psychologist.

The Management Committee has approved a full range of policies, including for child protection and the protection of vulnerable adults, equal opportunities and health and safety. An equal opportunities statement and confidentiality policy are in place, and risk assessments are conducted where appropriate. Those working with children or vulnerable adults have enhanced DBS checks in place. Policies are due for review in October 2022. The organisation is GDPR compliant, and reviews its Data Protection policies and practices in accordance with current legislation.

Related Parties

Art Beyond Belief continues to build relationships with a number of organisations. During the year we have worked with the following organisations:

Berkshire Healthcare NHS Foundation Trust
Mental Health Integrated Community Service (MHICS)
Slough Council for Voluntary Services
Arts Council England/Thriving Communities
Buckinghamshire Community Mental Health Team/ Recovery College
Learning Through The Arts
Slough Refugee Support
JCoSS New Barnet
Slough Faith Partnership
South East England Faiths Forum (SEEFF)
The Courtauld Gallery, London
The Rothschild Foundation

Objectives and Activities

Mission statement

The purpose of Art Beyond Belief is to improve wellbeing and communication for our clients through engagement with the arts – in particular visual arts including photography and graphic arts as well as contemporary and classic arts.

We aim to challenge preconceptions, especially with regard to faith, to health, to diversity and to social disadvantage. We aim to enable dialogue across communities, faiths and groups through the medium of art. Art Beyond Belief affirms the dignity of difference, recognising the value of every human being, aiming to inspire others, and to reach out to the disadvantaged, the excluded and the sick through inspirational and compassionate projects.

Summary of the objects of Art Beyond Belief

- Promoting equality and diversity
- Promoting religious harmony
- Improving life quality for members of disadvantaged groups.
- Assisting in the care of those suffering mental or physical illness

To this end, ABB aims to:

- Improve well-being and quality of life through the use of visual arts
- Provide opportunities to meet the needs of people from disadvantaged groups
- Improve education in matters of equality, diversity and harmony
- Raise awareness of issues of equality, diversity, and harmony
- Foster understanding between people from diverse backgrounds and faiths

Art Beyond Belief's major objectives and activities for the year were:

- Continuing to support mental health and wellbeing in Slough, Windsor and Maidenhead, East Berkshire and Bucks through Connect, ReConnect and Aspire programmes, one-off deliveries and ongoing support sessions.
- Planning and delivering face-to-face, online and hybrid programme models
- Leveraging funding for new and ongoing programmes and core business
- Exploring and maximising new opportunities post-Covid and lockdown
- Exploring and developing capacity through media and new contacts

Achievements and performance

During this year, we have continued to embrace the challenges of post-Covid, post-lockdown ways of working. Continuing with Zoom-based deliveries of the Connect programme, we have also resumed face-to-face meeting as appropriate. We have identified opportunities for which hybrid ways of working are ideal for our clients and for our organization, and continue to develop programmes with flexibility in mind.

As reported two years ago, we set up the Connect programme specifically to tackle the restrictions of lockdown - a low-tech, easily accessed Zoom-based alternative to using simplified versions of Looking Glass tools and exercises, along with bespoke new ones. Although we had initially seen Connect as a short-term response for Covid times, it has become an established programme in its own right. It has benefits for groups that are geographically spread, and for those who find travel difficult for whatever reason. Material from the original lockdown Connect programmes 1 thru 4 has evolved, and been customized to suit a number of groups. Meanwhile, we are once again starting to build up the Looking Glass face to face programmes.

During this year, we completed our work with Slough CVS on the Thriving Communities programme through Social Prescribing, including the feedback and reporting process. We continued to deliver Connect through MHICS, and through Buckinghamshire Recovery College. Through contacts from this process, we were asked to develop a programme for a dementia group in Bucks; we developed and are running an iPad-based programme which is proving very successful so far.

We have been asked by the organization Learning Through The Arts, who specialize in creative wellbeing, to collaborate on one of their programmes in Slough. Their aims and accent on arts and creativity makes us good partners for each other, and we are looking forward to running the Aspire programme with them.

We ran some sessions this year for Refugee week with Slough Refugee Support. We have run diversity sessions once again at JCoss school, and are currently planning a Rucksack programme for autumn half-term. The recipe book project with Food for Thought has come to a successful conclusion.

Diversity and Inclusion

An estimated 200 people have taken part in our projects during the year, approximately 50% male/female. The demographic of our participants is in line with the local demographic. Our programmes are open to all, and we are proactive in our use of tools, apps, access assistance and volunteer support to enable each person to take part fully.

Finance and Funding

Thank you to our funders:

Rothschild Foundation
Berkshire Community Foundation
Community Fund (National Lottery)
Heart of Bucks
The Coop
Thriving Communities/Art Council England
Slough Council for Voluntary Service

Thank you also to:

Slough Council for Voluntary Service
Apple Business Team at The Oracle

Volunteer time and in-kind contributions

Our projects, and consequently our personnel, are currently funded on a project-by-project basis. A great deal of volunteer time has been given by those most closely involved in our organisation. We estimate that more than 1200 volunteer hours have been given on peer support, funding, administration, planning and marketing, to a value of approximately £14,500

Special thanks are due to our volunteers Sam, Karen, Paul and Emma, invaluable members of the Art Beyond Belief team who continue to support ABB and our clients. Thank you!

Plans for the future

Now that we can contemplate return to some normality, we are particularly keen to start face-to-face groups once more, particularly with the Looking Glass programme. However, we will not lose sight of the enormous potential for the Connect Zoom-based programmes to continue, and we envisage the two delivery mechanisms working in parallel. In the upcoming year, we intend to:

- Restart the Looking Glass face-to-face programmes, taking the opportunity of a refresh of the content and taking onboard what we and our clients learned during the Covid period
- Continue deliveries of the Connect suite of four programmes, particularly where Zoom-based delivery works better than face-to-face.
- Continue working with ReConnect group, meeting face-to-face whenever possible, particularly on their Green project exploring our relationship with, and responsibility for, the environment.
- Continue to develop our connections with community groups and partnerships
- Build our knowledge on new ways of working and new opportunities, in particular looking at expanding the geographical areas in which we work with social prescribing, MHICS and others, and increasing our professional contacts
- Continue to look for an increase in core funding.
- Continuing to market our organisation via our website, social media and networking, and exploring new opportunities to expand our horizons



Section A

Independent Examiner's Report

Report to the trustees/
members of

Art Beyond Belief Limited

Registered Address: 99 Eton Wick Road, Eton Wick, Windsor, SL4 6NQ
Company Limited by Guarantee no 6525304

On accounts for the year
ended

31st August 2022

Charity no 1248518

Set out on the

Final accounts from 1st September 2021 – 31st August 2022

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 / 08 / 2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's
statement

As the charity's gross income is less than £250,000, I am satisfied that the charity is not subject to an audit under company law. It is therefore eligible for an independent examination.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (Other than that disclosed below*) which gives me cause to believe that in, any material respect:

1. the accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts did not accord with the accounting records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts, set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement, that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

9th May 2023

Name:

Mrs Neeru Palhi

Relevant professional qualifications:

Dun and Bradstreet Accredited Diploma in Credit and Financial Analysis.
Dun and Bradstreet Accredited Diploma in Financial Risk Management.

Address:


523 Maplin Park, Langley, Slough, Berkshire, SL3 8YG

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Art Beyond Belief Limited - Balance sheet at 31st August 2022					
	Company No:6525304				
Total Fixed Assets			11730.15		
Opening Balance Treasurer A/C 1st Sept 21			51734.91		
Opening Balance BMM A/C 1st Sept 21			19132.69		
Current Assets					
Closing Balance Treasurer A/C 31st Aug 22			46686.28		
Closing Balance BMM A/C 31st Aug 22			19139.33		
Total Current Assets			65825.61		
Current liabilities			0.00		
Net Current Assets			65825.61		
Total fixed assets			11730.15		
Total Balance			77555.76		
These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.					
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.					
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.					
The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.					
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime					
					
RAMESH KUKAR: DIRECTOR					

Art Beyond Belief Limited			Company No:6525304		
				Incoming	Expended
				Resources	Resources
Statement of financial activities					
<i>for period 1st September 2021 to 31st August 2022</i>					
Revenues					
Grants					
Rothschild Foundation			20000.00		
Thriving Communities (Slough CVS)			18834.00		
Lottery Grant			9970.00		
Coop Funding			1230.54		
other income					
Payment for Walk & Talk Recipe books			325.00		
Bank interest for year to 31st August 2021			6.64		
VAT reclaimed			0.00		
Other income			0.00		
Expenditure					
Capital Costs					0.00
VAT on capital					0.00
Project costs					
Staff costs					45210.00
Premises costs					5418.76
Project costs					1692.67
Admin and Office					838.65
Insurance					1948.09
Professional fees					300.00
<i>Fundraising & Publicity</i>	<i>iro 350</i>				
<i>Governance</i>	<i>iro 100</i>				
<i>Training</i>	<i>nil</i>				
Total Income and Total payments			50366.18	55408.17	
Opening Balance Treasurer A/C 1st Sept 21			51734.91		
Opening Balance BMM A/C 1st Sept 21			19132.69		
Closing Balance Treasurer A/C 31st Aug 22				46686.28	
Closing Balance BMM A/C 31st Aug 22				19139.33	
			<i>121233.78</i>	<i>121233.78</i>	

Art Beyond Belief Limited		Company No:6525304		
Fixed Assets Register (Tangible Assets)				
<i>Financial Year 1st September 2020 to 31st August 2022</i>				
Item	current	purchase	Date of	
	value	price	Purchase	
12 32GB iPads	1551.54	3030.36	Jul 19	
12 128GB iPads	1968.41	3844.56	Jul 19	
256GB 11" iPad	368.57	719.88	Jul 19	
1TB 11" iPad	609.21	1189.88	Jul 19	
MacBook Air 13.3 laptop*	612.80	957.50	Mar 20	
HP screens x2*	335.36	524.00	Mar 20	
HP screen x1*	170.24	266.00	Apr 20	
Macbooks x 8	6114.02	7642.53	Feb 21	
Total value	11730.15			
Depreciation calculated at 20%				
Equipment is usually kept at the office				
During Covid restrictions, iPads have been on loan to clients or temporarily stored at home offices.				
*items purchased to enable home working				