

Art Beyond Belief

Annual report and Accounts

Year ending 31st August 2021

Legal and Administrative Information

1st September 2020 to 31st August 2021

Name of Organisation: Art Beyond Belief (ABB)

Charity Registration Number: 1124858

Date of Charitable Registration: 7th July 2008

Management Committee:

- John Prosser (Chair)
- Joseph Chadwell (Trustee)
- Ramesh Kukar (Treasurer)
- Rachel Morgan (Trustee)
- Stella Neal (Trustee)

Office Address: 29 Church Street, Slough SL1 1PL

Registered Address: 99 Eton Wick Road, Eton Wick, Windsor, SL4 6NQ

Company Limited by Guarantee number: 6525304

Date of incorporation: 6th March 2008

Directors:

- Ramesh Kukar
- Rachel Morgan
- John Prosser

Company Secretary: Andrea Sparrow

Bankers: HSBC, 128 High Street, Slough, SL1 1JF

Independent Examiner: Mrs Neeru Palhi, 523 Maplin Park, Slough SL3 8YG

Insurers: QBE Insurance

Report from the Trustees Year ending August 31st 2021

Art Beyond Belief works to challenge preconceptions, especially with regard to faith, health, diversity and social disadvantage, through innovative and inspirational art-based projects.

During the past year ABB has made good progress towards these aims in spite of ongoing uncertainty and disruption caused by Covid-19, lockdown and other restrictions.

Last year, we reported two main strands of our initial response to Covid and lockdown, which impacted the second half of that reporting year. These were:

- customising running programmes in order to sustain support remotely
- creating new programmes specifically for lockdown (Connect & ReConnect)

We continued to build on this approach during the year to August 2021. This enabled us to access funding - including Covid-impact specific funding - to continue working with current clients, to expand our work further to new clients and groups, and to make further connections and co-partnerships that will stand us in good stead in 'new normal' times.

It became apparent in first lockdown that many mental health services had suspended their support for clients, and while available services decreased, the need for support was ever-increasing. We were able to build on the Connect programme to offer three follow-on programmes, and we ran these throughout lockdown.

As programmes relying on physical meeting, Looking Glass and Curator were put on hold, with Connect, as a Zoom-based option, taking the place of Looking Glass, ReConnect - a weekly Zoom based support group - taking the place of Curator and providing support after the Connect programmes.

We envisage that face-to-face meeting may return during the second half of our upcoming year; we are ready with flexible and scalable options so that we can be quick to react to the situation as it changes and meet the needs of our clients both current and new - whether we find ourselves face-to-face, or remote or hybrid working on Zoom.

The Art Beyond Belief Management Team is confident that the organisation is well placed to deliver outcomes to our clients in the coming year - whatever the situation - and that we will be in a position to develop and deliver further innovative programmes to enhance the charity's aims.

On behalf of the Trustees: April 2022

Structure, Governance and Management

ABB began work in February 2005

ABB was incorporated as a Company Limited by Guarantee in March 2008 and obtained charitable status in July 2008.

Governing document

ABB's governing document is a memorandum and articles of association adopted by the management committee in November 2007.

Charitable objects

Art Beyond Belief's charitable objects are:

The promotion of equality and diversity for the benefit of the public by:

- advancing education and raising awareness in equality and diversity
- promoting activities to foster understanding between people from diverse backgrounds

The promotion of religious harmony for the benefit of the public by:

- educating the public in different religious beliefs including an awareness of their distinctive features and their common ground to promote good relations between persons of different faiths
- promoting knowledge and mutual understanding and respect of the beliefs and practices of different religious faiths.

Developing the capacity and skills of members of various disadvantaged communities in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society

To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness, through the medium of visual arts and music.

Organisational structure

The Management Committee comprises the trustees. The committee meets quarterly, and additionally as needed to support the Creative Lead, agrees strategic direction and inputs specific expertise.

Creative Lead is David Sparrow. David founded Art Beyond Belief, and works on a project-paid basis.

The Management Committee has approved a full range policies, including for child protection and the protection of vulnerable adults, equal opportunities and health and safety. An equal opportunities statement and confidentiality policy are in place, and risk assessments are conducted where appropriate. Those working with children or vulnerable adults have enhanced DBS checks in place. Policies are due for review in October 2022. The organisation is GDPR compliant, and reviews its Data Protection policies and practices in accordance with current legislation.

Related Parties

Art Beyond Belief continues to build relationships with a number of organisations. During the year we have worked with the following organisations:

Berkshire Healthcare NHS Foundation Trust
Mental Health Integrated Community Service (MHICS)
Slough Council for Voluntary Services
Arts Council England/Thriving Communities
Slough Community Mental Health Team/ Hope Recovery College
Buckinghamshire Community Mental Health Team/ Recovery College

Slough Faith Partnership
South East England Faiths Forum (SEEFF)

The Courtauld Gallery, London
The Rothschild Foundation

Objectives and Activities

Mission statement

The purpose of Art Beyond Belief is to challenge preconceptions, especially with regard to faith, to health, to diversity and to social disadvantage. We aim to enable dialogue across communities, faiths and groups through the medium of art. Art Beyond Belief affirms the dignity of difference, recognising the value of every human being, aiming to inspire others, and to reach out to the disadvantaged, the excluded and the sick through inspirational and compassionate projects.

Summary of the objects of Art Beyond Belief

- Promoting equality and diversity
- Promoting religious harmony
- Improving life quality for members of disadvantaged groups.
- Assisting in the care of those suffering mental or physical illness

To this end, ABB aims to:

- Raise awareness of issues of equality, diversity, and religious harmony
- Improve education in matters of equality, diversity and religious harmony
- Foster understanding between people from diverse backgrounds and faiths
- Provide opportunities to meet the needs of people from disadvantaged groups
- Improve quality of life for the sick through the use of visual arts and music

Art Beyond Belief's major objectives and activities for the year were:

- Continuing to support mental health and wellbeing in Slough, Windsor and Maidenhead, East Berkshire and Buckinghamshire through the delivery of the Connect programmes and ReConnect ongoing support sessions.
- Planning for Uncertainty: developing programme options for post-lockdown delivery, whether face-to-face, remote, or hybrid.
- Maximising funding available for Covid- and lockdown-specific delivery and programmes and also for organisational and core support.
- Building equipment and skills levels to meet increasing programme numbers
- Exploring and developing capacity through website and social media

Achievements and performance

During this year, we have risen to the challenges of a completely different way of working. We have also been able to identify opportunities that is new way of working offers - for our clients and for our organisation.

Support for existing Mental Health programme clients

At the onset of the COVID-19 pandemic, we had:

- loaned each of our existing clients an iPad, set up ready to continue their work.
- replaced physical meetings with Zoom sessions
- created WhatsApp groups for communication.

Our volunteers helped with support with connection, and we encouraged clients to use the challenges of the situation as an inspiration whenever possible. Isolation, confusion, and fear of an uncertain future, which many clients experiences at the start of lockdown, continued to be a major issue for so many throughout the year, and the support we provided was appreciated and relied upon.

Responding to the challenges of well-being during Covid - a different way of working

As we reported last year, we set up the Connect programme during lockdown as a low-tech alternative to Looking Glass Basic. Connect uses pared-down, simplified versions of Looking Glass tools and exercises, along with some new ones we have developed specially for this programme, with lots of discussion and sharing of experiences.

Slough Council for Voluntary Service asked us be a partner in the Thriving Communities programme (which runs to March 2022) - this delivers Connect programmes through Social Prescribing. We also deliver to clients of MHICS, and in Buckinghamshire through the Recovery College. During Connect, we help participants to understand ways that lockdown and uncertainty affects us, identify what causes our worry, anxiety and fear, learn about constructive ways of coping, and develop ways to keep a positive outlook

The Connect One programmes run with new groups of clients; after this, approximately 50% choose to continue with Connects 2, 3 and 4 - so we have combined groups at this point to ensure optimum numbers for discussion and support. After Level 4, clients can choose to join the ReConnect group, which meets weekly on Zoom. This group has worked on mini projects such as 'postcards from the edge' and 'my shadow self'- we, and they, have benefitted from support from the Coop which is ongoing. The ReConnect group has been together for longer than any other group we have run.

Food for Thought

We have been working with a group of ladies from the 'Walk and Talk Upton' group, who have been growing vegetables, fruit and herbs in their gardens during lockdown. They asked us to help them work on e-Books of traditional and family recipes from diverse cultures, and we have done this with two of our volunteers taking major roles. We received funding from the Grocers Charity for this programme. The books are scheduled to complete at the end of 2021.

Diversity and Inclusion

An estimated 180 people have taken part in our projects during the year, approximately 50% male/female. The demographic of our participants is in line with the local demographic. Our programmes are open to all, and we are proactive in our use of tools, apps, access assistance and volunteer support to enable each person to take part fully.

Finance and Funding

Thank you to our funders:

Rothschild Foundation
Berkshire Community Foundation
Community Fund (National Lottery)
Heart of Bucks
The Grocers Charity
BP Collins
Louis Baylis
The Coop
Freedom for Minds
Thriving Communities/Art Council England
Slough Council for Voluntary Service

Thank you also to:

Slough Council for Voluntary Service
Apple Business Team at The Oracle
Kingsway United Reformed Church

Volunteer time and in-kind contributions

Our projects, and consequently our personnel, are currently funded on a project-by-project basis. A great deal of volunteer time has been given by those most closely involved in our organisation. We estimate that more than 1200 volunteer hours have been given on peer support, funding, administration, planning and marketing, to a value of approximately £14,500

Special thanks are due to our volunteers Sam, Karen, Paul and Emma, who have worked tirelessly to help Connect clients with Zoom connections and offered so much encouragement and support throughout this strange and difficult year for everyone. Their support is simply invaluable.

Plans for the future

Last year, we said 'The coming year to August 2021 will undoubtedly be different ...' We envisaged restrictions being with us for some of the year, but not to its end, and even then with little prospect of a continuous return to previous normality. We also said last year that we "...will continue to be open to opportunities to fulfil our mission, and be ready to react to changing circumstances" - and this is still our standpoint. In the short term, we intend to :

- Continue deliveries of the Connect suite of four programme with clients whose well-being is suffering as a result of lockdown, fear and isolation.
- Continue working with ReConnect group - over Zoom for now - incorporating clients who have finished Connect at Level Four if they wish to join.
- Continue to develop our connections with community groups and partnerships
- Build our knowledge on new ways of working and new opportunities, in particular looking at expanding the geographical areas in which we work with social prescribing, MHICS and others, and increasing our professional contacts
- Be prepared for the return of face-to-face working, including assessing risk and preparing financially.
- Continue to look for an increase in core funding.
- Continuing to market our organisation via our website, social media and networking



Section A

Independent Examiner's Report

Report to the trustees/
members of

Art Beyond Belief Limited

Registered Address: 99 Eton Wick Road, Eton Wick, Windsor, SL4 6NQ
Company Limited by Guarantee no 6525304

On accounts for the year
ended

31st August 2021

Charity no 1248518

Set out on the

Final accounts from 1st September 2020 – 31st August 2021

I report to the trustees on my examination of the accounts of the above charity for the year ended **31 / 08 / 2021**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

As the charity's gross income is less than £250,000, I am satisfied that the charity is not subject to an audit under company law. It is therefore eligible for an independent examination.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (Other than that disclosed below*) which gives me cause to believe that in, any material respect:

1. the accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts did not accord with the accounting records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts, set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement, that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 22nd April 2022

Name: Mrs Neeru Palhi

Relevant professional qualifications:	Dun and Bradstreet Accredited Diploma in Credit and Financial Analysis. Dun and Bradstreet Accredited Diploma in Financial Risk Management.
Address:	523 Maplin Park, Langley, Berkshire, SL3 8YG

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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Art Beyond Belief Limited			Company No:6525304		
				Incoming	Expended
				Resources	Resources
Statement of financial activities					
<i>for period 1st September 2020 to 31st August 2021</i>					
Revenues					
Grants					
Community Fund (Lottery)			8660.00		
Berkshire Community Foundation			14712.00		
Heart of Bucks			2475.00		
BP Collins			2500.00		
Louis Baylis			500.00		
Coop Funding			2068.24		
Grocers Charity			3840.00		
other income					
Slough BC discretionary fund			12450.00		
Bank interest for year to 31st August 2021			1.91		
VAT reclaimed			1991.74		
Other income			0.00		
Expenditure					
Capital Costs					7642.53
VAT on capital					1528.47
Project costs					
Staff costs					29410.00
Premises costs					6500.62
Project costs					768.70
Admin and Office					863.41
Insurance					1755.61
Project Management					2195.00
Professional fees					300.00
<i>Fundraising & Publicity</i>	<i>iro 250</i>				
<i>Governance</i>	<i>iro 100</i>				
<i>Training</i>	<i>nil</i>				
Total Income and Total payments			49198.89		50964.34
Opening Balance Treasurer A/C 1st Sept 20			53502.27		
Opening Balance BMM A/C 1st Sept 20			19130.78		
Closing Balance Treasurer A/C 31st Aug 21					51734.91
Closing Balance BMM A/C 31st Aug 21					19132.69
			<i>121831.94</i>		<i>121831.94</i>

Art Beyond Belief Limited		Company No:6525304		
Fixed Assets Register (Tangible Assets)				
<i>Financial Year 1st September 2020 to 31st August 2021</i>				
Item	current	purchase	Date of	
	value	price	Purchase	
iMac 27" (refurb)	269.10	657.00	Aug 17	
12 32GB iPads	1939.43	3030.36	Jul 19	
12 128GB iPads	2460.52	3844.56	Jul 19	
256GB 11" iPad	460.72	719.88	Jul 19	
1TB 11" iPad	761.52	1189.88	Jul 19	
MacBook Air 13.3 laptop*	766.00	957.50	Mar 20	
HP screens x2*	419.20	524.00	Mar 20	
HP screen x1*	212.80	266.00	Apr 20	
Macbooks x 8	7642.53	7642.53	Feb 21	
Total value	14931.82			
Depreciation calculated at 20%				
Equipment is usually kept at the office				
During Covid restrictions, iPads have been on loan to clients or temporarily stored at home offices.				
*items purchased to enable home working				