

Art Beyond Belief

Annual report and Accounts

Year ending 31st August 2020

Legal and Administrative Information

1st September 2019 to 31st August 2020

Name of Organisation: Art Beyond Belief (ABB)

Charity Registration Number: 1124858

Date of Charitable Registration: 7th July 2008

Management Committee:

- John Prosser (Chair)
- Joseph Chadwell (Trustee)
- Ramesh Kukar (Treasurer)
- Rachel Morgan (Trustee)
- Stella Neal (Trustee)

Office Address: 1st floor, Kingsway, Church Street, Slough SL1 1SZ

Registered Address: 99 Eton Wick Road, Eton Wick, Windsor, SL4 6NQ

Company Limited by Guarantee number: 6525304

Date of incorporation: 6th March 2008

Directors:

- Alan Wilson (Chairman)
- Ramesh Kukar (Treasurer)
- Rachel Morgan
- John Prosser

Company Secretary: Andrea Sparrow

Bankers: HSBC, 128 High Street, Slough, SL1 1JF

Independent Examiner: Mrs Neeru Palhi, 523 Maplin Park, Slough SL3 8YG

Insurers: QBE Insurance

Report from the Trustees Year ending August 31st 2020

Art Beyond Belief works to challenge preconceptions, especially with regard to faith, health, diversity and social disadvantage, through innovative and inspirational art-based projects.

During the past year ABB has made progress towards these aims with the following key projects that encourage personal well-being and self-reliance, encourage critical thinking, foster a spirit of inclusion, and bring people together:

Continuing to build the Looking Glass programmes - both Basic and Advanced - with Community Mental Health Teams/Recovery Colleges in Slough, in Windsor and Maidenhead, and in Buckinghamshire.

Continuing the growth of the Curator programme (following on from Looking Glass) in Slough, and Maidenhead, with a 'Beyond Curator' programme to follow in Slough.

Continuing the Chalvey 360 programme with Roma children and young people in Slough.

Running the Insight programme for Carers in Buckinghamshire, and pilots elsewhere.

How ABB responded to Covid-19 and lockdown

There were two strands to our response:

- customising running programmes in order to sustain support remotely
- creating new programmes specifically for lockdown (Connect & ReConnect)

This has enabled Art Beyond Belief to access funding to continue working with current clients, expand our work to a new cohort of clients, and make valuable new connections and partnerships that will have positive impact well beyond lockdown measures.

The Art Beyond Belief Management Team is confident that the organisation is well placed to deliver these and other projects in the coming year, and to develop and deliver more innovative programmes to further the charity's aims.

On behalf of the Trustees: March 2021

Structure, Governance and Management

ABB began work in February 2005

ABB was incorporated as a Company Limited by Guarantee in March 2008 and obtained charitable status in July 2008.

Governing document

ABB's governing document is a memorandum and articles of association adopted by the management committee in November 2007.

Charitable objects

Art Beyond Belief's charitable objects are:

The promotion of equality and diversity for the benefit of the public by:

- advancing education and raising awareness in equality and diversity
- promoting activities to foster understanding between people from diverse backgrounds

The promotion of religious harmony for the benefit of the public by:

- educating the public in different religious beliefs including an awareness of their distinctive features and their common ground to promote good relations between persons of different faiths
- promoting knowledge and mutual understanding and respect of the beliefs and practices of different religious faiths.

Developing the capacity and skills of members of various disadvantaged communities in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society

To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness, through the medium of visual arts and music.

Organisational structure

The Management Committee comprises the trustees. The committee meets quarterly, and additionally as needed to support the Creative Lead, agrees strategic direction and inputs specific expertise.

Creative Lead is David Sparrow. David founded Art Beyond Belief, and works on a project-paid basis.

The Management Committee has approved a full range policies, including for child protection and the protection of vulnerable adults, equal opportunities and health and safety. An equal opportunities statement and confidentiality policy are in place, and risk assessments are conducted where appropriate. Those working with children or vulnerable adults have enhanced DBS checks in place. Policies are due for review in October 2021. The organisation is GDPR compliant, and reviews its Data Protection policies and practices in accordance with current legislation.

Related Parties

Art Beyond Belief continues to build relationships with a number of organisations. During the year we have worked with the following organisations:

Statutory organisations

Slough Borough Council
Royal Borough of Windsor & Maidenhead
Berkshire Healthcare NHS Foundation Trust
Slough Community Mental Health Team/ Hope Recovery College
Royal Borough of Windsor and Maidenhead Community Mental Health Team
Buckinghamshire Community Mental Health Team/ Recovery College

Educational organisations

Slough & Eton Business & Enterprise College
Montem Academy

Third Sector groups

Slough Council for Voluntary Services
Slough WAM Get Involved
SWAMI (Slough, Windsor & Maidenhead Initiative)
Freedom for Minds

Faith Groups

Slough Faith Partnership
South East England Faiths Forum (SEEFF)
Local Faith and Belief groups

Other organisations

The Courtauld Gallery, London
The Rothschild Foundation

Venues

Kingsway URC, Slough
Maidenhead Synagogue
Windsor United Reformed Church

Objectives and Activities

Mission statement

The purpose of Art Beyond Belief is to challenge preconceptions, especially with regard to faith, to health, to diversity and to social disadvantage. We aim to enable dialogue across communities, faiths and groups through the medium of art. Art Beyond Belief affirms the dignity of difference, recognising the value of every human being, aiming to inspire others, and to reach out to the disadvantaged, the excluded and the sick through inspirational and compassionate projects.

Summary of the objects of Art Beyond Belief

- Promoting equality and diversity
- Promoting religious harmony
- Improving life quality for members of disadvantaged groups.
- Assisting in the care of those suffering mental or physical illness

To this end, ABB aims to:

- Raise awareness of issues of equality, diversity, and religious harmony
- Improve education in matters of equality, diversity and religious harmony
- Foster understanding between people from diverse backgrounds and faiths
- Provide opportunities to meet the needs of people from disadvantaged groups
- Improve quality of life for the sick through the use of visual arts and music

Art Beyond Belief's major objectives and activities for the year were:

- Ongoing deliveries of Looking Glass through the Mental Health Recovery Colleges in Slough, Windsor and Maidenhead and Buckinghamshire.
- Delivery and ongoing development of the Curator programme.
- Development of schools programmes and delivery for the Chalvey 360 programme
- Continuing to build reserves and increase core funding, in addition to securing funding for continuing and potential projects.
- Building equipment levels to meet increasing programme numbers
- Exploring and developing capacity through website and social media

Achievements and performance

The main projects undertaken: the first half of the year

Looking Glass and Curator

We continued to work with Community Mental Health Teams as part of the Recovery College model in Slough (Hope College), and Buckinghamshire. It was clear that these models of delivery would be likely to be cut back from April 2020 due to cuts in budgets for the Colleges. Curator had in addition been supported in Windsor and Maidenhead through an RBWM annual grant.

Chalvey 360 programme

The programme, lead by Slough Borough Council, works with Roma children and young people in Chalvey. We delivered sessions in Slough and Eton and Montem Schools. These sessions were just finished in time before Covid lockdown, and reports submitted. Later parts of the programme, involving parents and community, are on hold due to Covid.

Other work this year

We have continued to maximise opportunities for the organisation by attending relevant seminars, workshops events - many of them via Zoom - and taking part in local focus and working groups on mental health and inclusion. Our website has grown and developed, and is a valuable resource for us. We continue to maintain a balanced social media presence.

The second half of the year: Covid-19 and lockdown

Customising existing Mental Health programmes

At the onset of the COVID-19 pandemic, a number of our clients told us how much they dreaded the lockdown and the resulting social isolation. They stressed how much they would miss the social contact and creativity they have found within their groups and the support from us. We took action immediately we knew lockdown was imminent:

- We loaned each of our clients an iPad, set up ready to continue their work.
- We ensured they could continue their artistic journey during the lockdown.
- We replaced physical meetings with Zoom sessions where participants share their work.
- We created WhatsApp groups for communication.
- We provided support where needed to set up iPads for Zoom and help use the apps.
- We recruited our volunteers to help with support.
- We encouraged participants to try to use the challenges of the situation as an inspiration rather than a problem. As participants reported further issues they were experiencing as a result of isolation, confusion, and fear of an uncertain future, having the means to come together and problem solve as a group proved to be vitally important for our Looking Glass and Curator clients.

Responding to the challenges of well-being during Covid - a different way of working

We set up the Connect programme during lockdown as a low-tech alternative to Looking Glass Basic. Connect uses pared-down, simplified versions of Looking Glass tools and exercises, along with some new ones we have developed specially for this programme, and lots of discussion.

Slough Council for Voluntary Service had told us they had a number of contacts whose mental well-being was suffering - from lockdown, from the fear of coming out of lockdown from all the uncertainty. A similar conversation took place with our Buckinghamshire contacts. A low-tech option enabled us to work immediately with a new client group, with no need to worry about technology. Those taking part need only access to a computer, tablet or smartphone for a Zoom connection - plus a pencil and paper.

During Connect, we help participants to:

- understand ways that lockdown affects us
- identify what causes our worry, anxiety and fear
- learn about constructive ways of coping
- develop ways to keep a positive outlook

Connect programmes with new clients started in July; follow-on Connect groups are now up and running, and ReConnect - a bridge between Connect programmes and Looking Glass/ Curator - is currently being developed.

We are supported by four brilliant volunteers now (all from the Curator groups). They provide technical help for remote connections, assist with learning and making the most of new apps, and offer peer support.

Diversity and Inclusion

An estimated 200 people have taken part in our projects this year, approximately 50% male/female. Of these, approximately half were from BME communities. Our programmes are open to all, and we are proactive in our use of tools, apps and access assistance to enable each person to take part fully.

Finance and Funding

Thank you to our funders:

Rothschild Foundation
Berkshire Community Foundation
Slough Borough Council
Royal Borough of Windsor and Maidenhead
Awards for All
Heart of Bucks
Freedom for Minds
Slough CVS
Kingsway Over 60s

Thank you also to:

Slough Council for Voluntary Service for organisational advice and guidance
Apple Business Team: Apple The Oracle
Kingsway United Reformed Church
Windsor United Reformed Church
Maidenhead Synagogue

Volunteer time and in-kind contributions

Our projects, and consequently our personnel, are currently funded on a project-by-project basis. A great deal of volunteer time has been given by those most closely involved in our organisation.

We estimate that more than 1200 volunteer hours have been given on peer support, funding, administration, planning and marketing, to a value of approximately £14,500

Independent Examiner's Report to the Trustees of the Art Beyond Belief

I report on the accounts of Art Beyond Belief for the financial year ending 31st August 2020.

In connection with my examination, no matter has come to my attention.

Responsibilities of the Management Committee

Company law requires the members of the Management Committee, who are directors for company law and trustees for the purpose of Charity Law, are responsible for the preparation of accounts. The Charity's trustees consider that an audit is not required for this financial year under section 144 (2) of the Charities Act (the 2011 Act) and that an independent examination is needed.

Responsibilities of the Independent Examiner

Having satisfied myself that the charity is not subject to an audit under Company Law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow the procedure laid down in the General Directions given by the Charity Commission section 145 (5) (b) of the 2011 Act; and
- To State whether the particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission and is in accordance with the Regulation 11 of the Charities Accounts Regulations 2006. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with these records. It also includes consideration of any unqualified items of disclosures in the accounts and seeks explanation from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a

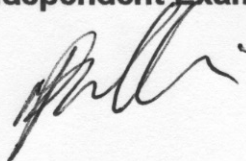
"true and fair view" and the report is limited to these matters set out in next the statement.

Basis of Independent Examiner's Statement

In connection with my examination, no matter has to come to my attention.

1. Which gives me reasonable cause to believe that in any material respect the requirements:
 - To keep accounting records in accordance with Section 130 of the 2011 Act and Section 44(1)(a) of the 2005 Act of regulation 4 of the 2006 Accounts Regulation.
 - To prepare accounts which accord with these accounting records and comply with the accounting requirements of the 2011 Acts and Section 44(1)(b) of the 2005 Act and Regulation of the 2006 Accounts Regulations have not been met;
2. Or to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

Independent Examiner



**Mrs. Neeru Palhi
523 Maplin Park
Langley
Slough
SL3 8YG**

21st April 2021

Art Beyond Belief					
				Incoming	Expended
				Resources	Resources
Statement of financial activities					
<i>for period 1st September 2019 to 31st August 2020</i>					
Revenues					
Grants					
Heart of Bucks				3660.00	
Berkshire Community Foundation				7300.00	
Slough Borough Council Discretionary Fund				5000.00	
Rothschild Foundation				8700.00	
other income					
Earned income				35215.00	
Bank interest for year to 31st August 2016				30.88	
VAT on earned income				7043.00	
Other income: donations inc from fundraiser				740.36	
Expenditure					
Capital Costs					1747.50
VAT on capital					349.50
Project costs					
Staff costs					29875.00
Premises costs					3246.63
Project costs					2725.17
Admin and Office					1030.35
Insurance					1540.91
Project Management					1540.00
Professional fees					300.00
VAT paid					6704.66
<i>Fundraising & Publicity iro 250</i>					
<i>Governance iro 100</i>					
<i>Training iro 20</i>					
Total Income and Total payments				67689.24	49059.72
Opening Balance Treasurer A/C 1st Sept 19				34903.63	
Opening Balance BMM A/C 1st Sept 19				19099.90	
Closing Balance Treasurer A/C 31st Aug 20					53502.27
Closing Balance BMM A/C 31st Aug 20					19130.78
				121692.77	121692.77

Art Beyond Belief - Balance sheet at 31st August 2020

[illegible]

Art Beyond Belief			
Fixed Assets Register (Tangible Assets)			
<i>Financial Year 1st September 2019 to 31st August 2020</i>			
Item	current	purchase	Date of
	value	price	Purchase
iPad mini 128GB	152.23	464.60	Apr 15
LapCabby charge trolley	335.36	655.00	Nov 16
Dell Monitor	230.38	449.98	Nov 16
MacbookPro 13"	1106.94	2162.00	Nov 16
Sony A7 Video	594.78	1161.67	Nov 16
14 iPads	2290.58	4473.79	Dec 16
iMac 27" (refurb)	336.38	657.00	Aug 17
Rode Microphone	188.67	235.84	Jun 19
12 32GB iPads	2424.29	3030.36	Jul 19
12 128GB iPads	3075.65	3844.56	Jul 19
256GB 11" iPad	575.90	719.88	Jul 19
1TB 11" iPad	951.90	1189.88	Jul 19
MacBook Air 13.3 laptop*	957.50	957.50	Mar 20
HP screens x2*	524.00	524.00	Mar 20
HP screen x1*	266.00	266.00	Apr 20
Total value	14010.56	20792.06	
Depreciation calculated at 20%			
Equipment is usually kept at the office			
During Covid restrictions, iPads have been on loan to clients or temporarily stored at h			
*items purchased to enable home working			

Plans for the future

The coming year to August 2021 will undoubtedly be different - from what we might have envisaged, and from any year previously. With restrictions of some kind likely to be in place for a while longer, we will continue to be open to opportunities to fulfil our mission, and be ready to react to changing circumstances as we have done this year. In the short term, we intend to :

- Continue deliveries of the Connect programme with clients whose well-being is suffering as a result of lockdown, fear and isolation. This may include developing follow-on Connect programmes.
- Continue working with Curator/ReConnect group over Zoom, with the expectation of being able to resume face-to-face deliveries during the coming year.
- Develop interim versions of Insight programmes for Zoom as needed
- Explore alternative options (with the Slough Borough Council steering group) for delivery of the remainder of the Chalvey 360 Roma programme
- Develop your connections with community groups and partnerships
- Building our knowledge on new ways of working and new opportunities, in particular looking at developing social prescribing
- Continuing to build reserves and increase core funding.
- Continuing to market our organisation via our website and social media