PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales · Charity number 1124792

Details

Status	Registered
Legal form	Charitable company
Company number	05487998
Registered	2008-07-02
Register	View on the Charity Commission register

Contact

Address	People First Merseyside 3rd Floor The Investment Centre 375 Stanley Road Bootle L20 3EF
Phone	01513292137
Email	joannee@peoplefirst.uk.com
Website	http://peoplefirstmerseyside.co.uk

Activities

Objects: 1 ADVANCE AND PROMOTE THE EDUCATION OF THOSE MEMBERS OF THE PUBLIC WITH LEARNING DISABILITIES OR LEARNING DIFFICULTIES IN PARTICULAR BY THE PROVISION OF TRAINING FACILITIES AND WORKSHOPS IN SELF ADVOCACY AND RELATED AREAS INCLUDING:I ENABLING AND ASSISTING PEOPLE WITH LEARNING DISABILITIES AND LEARNING DIFFICULTIES TO SPEAK UP FOR THEMSELVES, TO SHARE THE IDEAS AND VOICE OPINIONS WITH OTHERS;II ASSISTING AND ENABLING PEOPLE WITH LEARNING DISABILITIES AND LEARNING DIFFICULTIES TO ENJOY THE SAME RIGHTS AS EVERYONE ELSE, TO ATTAIN GREATER INDEPENDENCE, FREEDOM OF CHOICE AND PARTICIPATION IN THE COMMUNITY.2 TO ADVANCE PUBLIC EDUCATION ABOUT THE EDUCATIONAL, PHYSICAL, PSYCHOLOGICAL AND EMOTIONAL NEEDS OF PEOPLE WITH A LEARNING DIFFICULTY OR LEARNING DISABILITY.3 TO PROMOTE OR ASSIST IN PROMOTING RESEARCH INTO ALL ASPECTS OF SUCH NEEDS AND TO DISSEMINATE THE USEFUL RESULTS OF SUCH RESEARCH FOR THE BENEFIT OF THE PUBLIC.

Downloaded from opencharities.uk/ew/1124792

Activities: A Self Advocacy organisation for adults with learning difficulties, working across Liverpool and Sefton. Supporting people to work together in a group to speak up for themselves to enable them to have more control over their own lives, create a supportive network to encourage more people to speak up, provides information and signpost people who may need a different type of advocacy service.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability
- **Who:** People With Disabilities

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, MERSEYSIDE.
- Liverpool City
- Sefton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£184,539	£213,767	-	-
2024-03-31	£208,278	£244,668	-	-
2023-03-31	£211,787	£236,213	-	-
2022-03-31	£248,977	£275,351	-	-
2021-03-31	£308,422	£275,138	-	-

Downloaded from opencharities.uk/ew/1124792

Trustees

Name	Role	Appointed
ANDY PHILIP BOWSKILL		
Emma Grange		2017-09-12
Geraldine Brigid McConaghy		2022-05-30
Hannah Leah Smart		2023-11-27
Keith Neil Davies		2025-02-10
Lesley Curran		2025-01-13
Michael Harold Reid		2023-11-27
Philip Hume		2017-09-12
Rebecca Elizabeth Ferguson		2026-03-16
Siobhan Storey		2018-10-29
Susan Elizabeth Williams		2019-11-13
Wilhelmina Mullen		2022-11-21

Downloaded from opencharities.uk/ew/1124792

PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales - Charity number 1124792

Accounts

People First Merseyside Company Limited

Charity No. 1124792

Company No. 05487998

Trustees' Report and Unaudited Accounts

31 March 2025

People First Merseyside Company Limited
Contents

	Pages
Trustees' Annual Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Accounts	10 to 19

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, herein present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.
The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 05487998

Charity No. 1124792

Registered Office

The Investment Centre
375 Stanley Road
Bootle
Merseyside
L20 3EF

Directors and Trustees
The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

A.P. Bowskill
P. Bullen
P. Burke
L. Curran
K.N. Davies
E. Grange
R. Holland (Resigned 4 December 2024)
P. Hume
J. Martlew (Resigned 4 December 2024)
G.B. McConaghy
W. Mullen
M.H. Reid
H.L. Smart
S. Storey
S.E. Williams

Accountants

Sefton Council for Voluntary Service
Burlington House
Crosby Road North

Waterloo
Liverpool
L22 0LG

OBJECTIVES AND ACTIVITIES

1.) To advance and promote the education of those members of the public with learning disabilities or learning difficulties in particular by the provision of training facilities and workshops in self advocacy and related areas, including;

• Enabling and assisting people with learning disabilities or learning difficulties to speak up for themselves, to share ideas and voice opinions with others.

• Assisting and enabling people with learning disabilities or learning difficulties to enjoy the same rights as everyone else, to attain greater independence, freedom of choice and participation in community.

2.) To advance public education about the educational, psychological and emotional needs of people with a learning disability or learning difficulty

3.) To promote or assist in promoting research into all aspects of such needs and to disseminate the useful results of such research for the benefit of the public.

ACHIEVEMENTS AND PERFORMANCE

The promotion of Self Advocacy and its benefits for People with learning disabilities is central to People First Merseyside. We aim to help people with learning disabilities in Liverpool and Sefton to:

• Improve their Self-confidence and Self Esteem

• Reduce Social Isolation

• Improve Psychological well being

• Have more choice and control over their own lives.

Sefton Group

Our Sefton group have continued to provide a self-advocacy service for adults with a learning disability living within the Metropolitan Borough of Sefton. This work is funded by Sefton Council and Sefton CCGs.

The Sefton group support the work of the Sefton Learning Disability and Autism Coproduction Board. People First Merseyside are taking a lead in supporting the Learning-disabled Co Chairs at meetings.

Members in Sefton take part in Community Networking meetings such as the Health and Social Care Forum and Healthwatch's Community Champions Network. These meetings are an opportunity to promote the work of People First Merseyside and self-advocacy in Sefton.

We have continued to hold our Get Involved Groups meetings to enable people with learning disabilities find out what is happening in Sefton and to provide opportunities for professionals to come and consult with people with learning disabilities about issues that affect them.

During this period, we had 2,178 interactions with 105 individuals with learning disabilities from Sefton and/or engaged with in Sefton activities, who took part in:

11 Board of Directors/AGM Meetings

10 Group Advocacy/Diary Meetings

11 Office Work Sessions with Members

182 1:1 Advocacy Interactions

24 Awareness Raising and Promotion Meetings/Events

5 Social Events

6 Get Involved Group Meetings

28 Health Activities

2 Sub Groups

100 Consultations

27 Training Sessions by and for Members

66 Planning and Pre Meetings

24 Networking and Partnership Meetings

The total hours of supported work and activity by members and other self-advocates from Sefton and/or engaged with in Sefton activities was 4,678 hours, valued at £94,716.

Bloods Pathway Project

This project was funded by Mersey Care NHS Foundation Trust.

This project was looking at the Bloods Pathway which is related to the protocols for clinicians when taking blood or delivering vaccinations to those who have learning disabilities and have conditions or phobias which make it difficult.

We worked with Learning Disability Health facilitators from Mersey Care to look at the current protocols and research alternative methods for taking blood. The group then developed an easy read booklet to help people with learning disabilities to understand better the process of having blood taken. This will be distributed to people with learning disabilities across Merseyside.

The DAVID Project

The DAVID Project is a five year project funding by the National Lottery Community Fund, which was extended to six years with the existing funding with permission from the National Lottery Community Fund. The project was developed after the death of one of People First Merseyside's members who had no family to make arrangements for his funeral. The project aims to address the subject of death and dying for people with learning disabilities.

During this year the DAVID Project group held 32 Steering Group meetings, looking at such things as forward planning for the project, discussing feedback from group events/activities and planning for the DAVID Project conference.

The group also held 29 Task & Finish Group meetings, which included looking at such things as producing bereavement resources, funeral planning, religion & culture, dementia and assisted dying.

In addition to those core meetings DAVID members took part in the People First Merseyside podcast, attended bereavement counselling sessions, attended the Buddy Group (supporting people with cancer) at the Royal Liverpool University Hospital, IncludeAge Research Interviews, LeDeR Independent Advisory Group Meetings, Royal Liverpool University Hospital LD Steering Group Meetings, Regional Staying Healthy Group Meetings, a REACHE Consultation, a Death Cafe at Liverpool Hope University and Yellow Tulip Research Consultations.

The project also held the DAVID Project Conference to launch the booklets and films produced by the project and the event.

Health Matters

In March 2025 we received a grant of £19,999 to carry out carry out a 12 month project around physical and mental health. This project will run over the course of the 2025/26 financial year.

Advocacy Liaison Officer

The Advocacy Liaison Officer has continued to provide one-to-one issue-based advocacy for adults with learning disabilities and/or autism.

This year the Advocacy Liaison Officer has supported people with such issues as:

- Accessing and updating Universal Credit journals.
- Completing SMI (Support for Mortgage Interest) forms.
- Setting up Council Tax payment plans.
- Applying for Universal Credit.
- The PIP (Personal Independence Payment) assessment, mandatory reconsideration and change of circumstances processes.
- The Care Needs Assessment process.
- Making referrals to RASA Merseyside.
- Attending meetings with social workers.
- Applying for a disabled person's travel pass.
- Attending counselling sessions.
- Transitioning between Job Seekers Allowance to Universal Credit.
- Making complaints RE: support.

Mind My Mind

The Mind My Mind project was funded by the National Lottery Community Fund.

The Mind My Mind group held 8 planning and prep sessions and 17 project delivery sessions all around mental health. In these sessions the group discussed topics including different mental health disorders, relaxation, trauma & PTSD, coping with stress, mindfulness, emotions and coping with anger.

DNACPR Project

During the COVID-19 pandemic people with a learning disability were given a DNACPR (Do Not Attempt Cardiopulmonary Resuscitation) order whilst in hospital without their knowledge or permission.

NHS England funded People First Merseyside. Our members developed and produced a short film and an easy read booklet to help people with a learning disability understand what a DNACPR order is and understand their rights.

Boosting Bootle

In February 2025 we received a grant of £2,000 to carry out carry out a 6 week project around protecting adults with learning disabilities from being victims of crime. This project will run in the 2025/26 financial year.

Other non-project specific funding included:

Lloyds Bank Foundation for England and Wales

The Lloyds Bank Foundation for England and Wales funding was used to contribute towards existing staff and overhead costs.

Baily Thomas Charitable Fund

The Baily Thomas Charitable Fund funding from 2023/24 carried over into this financial year and was used to contribute towards existing staff costs.

Garfield Weston Foundation

The Garfield Weston Foundation funding was used to contribute towards existing staff costs.

John Moores Foundation

The John Moores Foundation funding was used to contribute towards existing staff and overhead costs.

Living Well Sefton Workplace Grant

The Living Well Sefton Workplace Grant funding was used to purchase LEGO sets to enable us to run LEGO mental health sessions with a focus on team work and creativity.

VOLA

The VOLA Digital Connectivity for Community Facilities Grant was used to purchase and set up new IT equipment.

The Postcode Neighbourhood Trust

The Postcode Neighbourhood Trust funding was used to contribute towards existing staff and overhead costs.

PLANS FOR FUTURE PERIODS

The Board of Directors continues to discuss and source alternative sources of income to diversify funding streams in the future.

The Trustees have set aside full Redundancy Provisions for staff who meet the criteria.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

Andrew Bowskill

A.P. Bowskill
Trustee
15 December 2025

G. McConaghy
Trustee
15 December 2025

Independent Examiner's Report to the trustees of People First Merseyside Company Limited

I report to the charity trustees on my examination of the financial statements of People First Merseyside Company Limited for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Ian Wright
Chartered Accountant
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
15 December 2025

People First Merseyside Company Limited
Statement of Financial Activities

for the year ended 31 March 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:					
Donations and legacies	4	3,890	-	3,890	735
Charitable activities	5	-	163,791	163,791	194,658
Other trading activities	6	13,985	-	13,985	10,882
Investments	7	1,596	-	1,596	1,522
Other	8	1,277	-	1,277	481
Total		20,748	163,791	184,539	208,278
Expenditure on:					
Charitable activities	9	18,360	195,407	213,767	244,668
Total		18,360	195,407	213,767	244,668
Net gains on investments		-	-	-	-
Net expenditure		2,388	(31,616)	(29,228)	(36,390)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		2,388	(31,616)	(29,228)	(36,390)
Other gains and losses					
Net movement in funds		2,388	(31,616)	(29,228)	(36,390)
Reconciliation of funds:					
Total funds brought forward		79,235	100,157	179,392	215,782
Total funds carried forward		81,623	68,541	150,164	179,392

People First Merseyside Company Limited
Balance Sheet

at 31 March 2025

Company No. 05487998	Notes	2025	2024
		£	£
Current assets			
Debtors	11	2,327	10,662
Cash at bank and in hand		159,192	187,956
		161,519	198,618
Creditors: Amount falling due within one year	12	(760)	(623)
Net current assets		160,759	197,995
Total assets less current liabilities		160,759	197,995
Provisions for liabilities	13	(10,595)	(18,603)
Net assets excluding pension asset or liability		150,164	179,392
Total net assets		150,164	179,392
The funds of the charity			
Restricted funds	14		
Restricted income funds		68,541	100,157
		68,541	100,157
Unrestricted funds	14		
General funds		43,630	23,181
Designated funds		37,993	56,054
		81,623	79,235
Reserves	14		
Total funds		150,164	179,392

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 15 December 2025

And signed on its behalf by:

Andrew Bowskill

A.P. Bowskill
Trustee
15 December 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note. The functional currency used is the £ Sterling.

Preparation of the accounts on a going concern basis

At the time of approving the accounts, the trustees' have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the forseeable future. As such these accounts have been prepared under the going concern basis.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024
	£	£	£
Income and endowments from:			
Donations and legacies	735	-	735
Charitable activities	-	194,658	194,658
Other trading activities	10,882	-	10,882
Investments	1,522	-	1,522
Other	256	225	481
Total	13,395	194,883	208,278
Expenditure on:			
Charitable activities	2,409	242,259	244,668
Total	2,409	242,259	244,668
Net income	10,986	(47,376)	(36,390)
Net income before other gains/(losses)	10,986	(47,376)	(36,390)
Other gains and losses:			
Net movement in funds	10,986	(47,376)	(36,390)
Reconciliation of funds:			
Total funds brought forward	68,249	147,533	215,782
Total funds carried forward	79,235	100,157	179,392

4 Income from donations and legacies

	Unrestricted	Total 2025	Total 2024
	£	£	£
Donations	2,465	2,465	735
Membership dues	1,425	1,425	-
	3,890	3,890	735

5 Income from charitable activities

	Restricted	Total 2025	Total 2024
	£	£	£
Sefton Health Authority	56,838	56,838	52,400
Boosting Bootle	2,000	2,000	-
John Moores Foundation	7,103	7,103	-
Living Well Sefton	500	500	-
Lloyds Bank Foundation	25,000	25,000	25,000
National Lottery Community Fund Health Matters	19,999	19,999	-
Garfield Weston Foundation	15,000	15,000	-
Postcode Neighbourhood Trust	30,000	30,000	-
VOLA	7,351	7,351	-
The Baily Thomas Charitable Foundation	-	-	8,000
National Lottery Community Fund Mind My Mind	-	-	10,000
National Lottery Community Fund DAVID	-	-	99,258
	163,791	163,791	194,658

6 Income from other trading activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Services	13,985	13,985	10,882
	13,985	13,985	10,882

7 Income from investments

	Unrestricted	Total 2025	Total 2024
	£	£	£
Interest received	1,596	1,596	1,522
	1,596	1,596	1,522

8 Other income

	Unrestricted	Total 2025	Total 2024
	£	£	£
Reimbursed expenses	1,277	1,277	481
	1,277	1,277	481

9 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Expenditure on charitable activities				
Self advocacy	-	26,493	26,493	15,528
Admin costs				
Employee costs	-	121,266	121,266	171,572
Motor and travel costs	-	510	510	1,740
Premises costs	-	34,318	34,318	34,560
General administrative costs	-	-	-	17
Governance costs				
Administration	17,341	12,820	30,161	20,183
Accountancy	558	-	558	558
Payroll processing	336	-	336	396
Bank charges	125	-	125	114
	18,360	195,407	213,767	244,668

10 Staff costs

	2025	2024
Salaries and wages	115,702	157,606
Social security costs	3,150	6,970
Pension costs	2,414	4,294
	121,266	168,870

No employee received emoluments in excess of £60,000.

The average number of employees during the year was as follows:

	2025 Number	2024 Number
Management and support staff	4.5	6
	4.5	6

11 Debtors

	2025	2024
	£	£
Trade debtors	2,327	10,662
	2,327	10,662

12 Creditors:
amounts falling due within one year

	2025	2024
	£	£
Trade creditors	120	-
Accruals	640	623
	760	623

13 Provisions

	Other provisions	Total
	£	£
At 1 April 2024	18,603	18,603
Movement for the year	(8,008)	(8,008)
At 31 March 2025	10,595	10,595

14 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses)	Resources expended	At 31 March 2025
	£	£	£	£
Restricted funds:				
Restricted income funds:				
National Lottery Community Fund DAVID	74,836	-	(69,422)	5,414
Boosting Bootle	-	2,000	-	2,000
John Moores Foundation	-	7,103	(2,203)	4,900
Sefton MBC	-	56,838	(56,838)	-
Living Well Sefton	-	500	(500)	-
Lloyds Bank Foundation	-	25,000	(8,333)	16,667
National Lottery Community Fund Health Matters	-	19,999	-	19,999
Postcode Neighbourhood Trust	-	30,000	(17,500)	12,500
VOLA	-	7,351	(7,351)	-
Merseyside Blood Pathways	11,310	-	(11,310)	-
National Health Service England DNA CPR	2,700	-	(1,634)	1,066
Garfield Weston Foundation	-	15,000	(10,000)	5,000
The Baily Thomas Charitable Foundation	6,672	-	(6,672)	-
National Lottery Community Fund (Mind My Mind)	4,639	-	(3,644)	995
Total	100,157	163,791	(195,407)	68,541
Unrestricted funds:				
General funds	23,181	20,748	(18,360)	25,569
Designated funds:				
Contingency Fund	56,054	-	-	56,054
Total	56,054	-	-	56,054
Total funds	179,392	184,539	(213,767)	150,164

Purposes and restrictions in relation to the funds:

Restricted funds:

National Lottery Community Fund DAVID	Dignity and Voices in dying
Boosting Bootle	Protecting adults with learning disabilities from being victims of crime

John Moores Foundation	Staff and overhead costs
Sefton MBC	Staff and overhead costs
Living Well Sefton	LEGO sets for mental health sessions
Lloyds Bank Foundation	Staff and overhead costs
National Lottery Community Fund Health Matters	Project for mental and physical health
Postcode Neighbourhood Trust	Staff and overhead costs
VOLA	IT equipment
Merseyside Blood Pathways	Blood pathways
National Health Service England DNA CPR	Core Funding
Garfield Weston Foundation	Core running costs
The Baily Thomas Charitable Foundation	Staff costs
National Lottery Community Fund (Mind My Mind)	Mind My Mind
Designated funds:	
Contingency Fund	3 months' running costs

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	92,218	68,541	160,759
Creditors due in more than one year and provisions	(10,595)	-	(10,595)
	81,623	68,541	150,164

16 Reconciliation of net cash / (net debt)

	At 1 April 2024	Cash flows	At 31 March 2025
	£	£	£
Cash and cash equivalents	187,956	(28,764)	159,192
	187,956	(28,764)	159,192
Net cash / (net debt)	187,956	(28,764)	159,192

FRS 102 requires and entity to report changes in net debt in the accounting period. People First Merseyside does not carry any debt or other borrowings and has a positive net cash position

17 Commitments

Pension commitments

	2025	2024
	£	£
The pension cost charge to the company amounted to:	2,414	4,294

18 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales - Charity number 1124792

Accounts

People First Merseyside Company Limited

Charity No. 1124792

Company No. 05487998

Trustees' Report and Unaudited Accounts

31 March 2024

FRIDAY
ADIDIØAW
A50 20/12/2024 #186
COMPANIES HOUSE

People First Merseyside Company Limited
Contents

	Pages
Trustees' Annual Report	2 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Accounts	11 to 20

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, herein present their report with the unaudited financial statements of the charity for the year ended 31 March 2024.
The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 05487998

Charity No. 1124792

Registered Office

The Investment Centre
375 Stanley Road
Bootle
Merseyside
L20 3EF

Directors and Trustees
The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

A.P. Bowskill	
P. Bullen	
P. Burke	
R.E. Ferguson	(Resigned 30 October 2023)
E. Grange	
N. Hall	(Resigned 30 October 2023)
R. Holland	
P. Hume	
J. Martlew	
G.B. McConaghy	
W. Mullen	
M.H. Reid	
H.L. Smart	
S. Storey	
S. Walker	(Resigned 30 October 2023)
S.E. Williams	

Accountants

Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
L22 0LG

OBJECTIVES AND ACTIVITIES

1.) To advance and promote the education of those members of the public with learning disabilities or learning difficulties in particular by the provision of training facilities and workshops in self advocacy and related areas, including;

• Enabling and assisting people with learning disabilities or learning difficulties to speak up for themselves, to share ideas and voice opinions with others.

• Assisting and enabling people with learning disabilities or learning difficulties to enjoy the same rights as everyone else, to attain greater independence, freedom of choice and participation in community.

A large charity must provide an explanation of its criteria or measures it uses to assess success in the reporting period.

2.) To advance public education about the educational, psychological and emotional needs of people with a learning disability or learning difficulty

3.) To promote or assist in promoting research into all aspects of such needs and to disseminate the useful results of such research for the benefit of the public.

ACHIEVEMENTS AND PERFORMANCE

The promotion of Self Advocacy and its benefits for People with learning disabilities is central to People First Merseyside. We aim to help people with learning disabilities in Liverpool and Sefton to:

• Improve their Self-confidence and Self Esteem

• Reduce Social Isolation

• Improve Psychological well being

• Have more choice and control over their own lives.

Sefton Group

Our Sefton group have continued to provide a self-advocacy service for adults with a learning disability living within the Metropolitan Borough of Sefton. This work is funded by Sefton Council and Sefton CCGs.

The Sefton group support the work of the Sefton Learning Disability and Autism Coproduction Board. People First Merseyside are taking a lead in supporting the Learning-disabled Co Chairs at meetings..

Members in Sefton take part in Community Networking meetings such as the Health and Social Care Forum and Healthwatch's Community Champions Network. These meetings are an opportunity to promote the work of People First Merseyside and self-advocacy in Sefton.

We have continued to hold our Get Involved Groups meetings to enable people with learning disabilities find out what is happening in Sefton and to provide opportunities for professionals to come and consult with people with learning disabilities about issues that affect them.

During this period, we had 3,483 interactions with 1,128 people with learning disabilities and/or engaged with in Sefton activities, who took part in:

11 Board of Directors Meetings

2 Group Advocacy/Diary Meetings

4 Office Work Sessions with Members

349 1:1 Advocacy Interactions

38 Awareness Raising and Promotion Meetings/Events

9 Social Events

6 Get Involved Group Meetings

31 Health Activities

3 Sub Groups

101 Consultations

6 Training Sessions by and for Members

103 Planning and Pre Meetings

13 Networking and Partnership Meetings

The total hours of supported work and activity by members and other self-advocates from Sefton and/or engaged with in Sefton activities was 5,850 hours, valued at £104,958.

Bloods Pathway Project

This project was funded by Mersey Care NHS Foundation Trust.

This project was looking at something called the Bloods Pathway which is related to the protocols for clinicians when taking blood or delivering vaccinations to those who have learning disabilities and have conditions or phobias which make it difficult.

We worked with Learning Disability Health facilitators from Mersey Care to look at the current protocols and research alternative methods for taking blood. The group then developed an easy read booklet to help people with learning disabilities to understand better the process of having blood taken. This will be distributed to people with learning disabilities across Merseyside.

The DAVID Project

The DAVID Project is a five year project funding by the National Lottery Community Fund. The project was developed after the death of one of People First Merseyside's members who had no family to make arrangements for his funeral. The project aims to address the subject of death and dying for people with learning disabilities.

During this year the DAVID Project group held 61 Steering Group meetings, looking at such things as forward planning for the project, discussing feedback from group events/activities and planning for the DAVID Project conference.

The group also held 41 Task & Finish Group meetings, which included working on resources around Funeral Planning, Organ Donation, Will Writing and Bereavement and working on members' sensory stories.

In addition to those core meetings DAVID members took part in the People First Merseyside podcast, attended bereavement counselling sessions, delivered Funeral Planning, Will Writing and Organ Donation workshops at the Regional Self Advocacy Conference, attended the Buddy Group (supporting people with cancer) at the Royal Liverpool University Hospital, acted as experts by experience for PhotoSymbols and took part in various consultation/research sessions including Cheshire & Merseyside Cancer Alliance Patient Experience Survey, Living Libraries Feedback Consultation, CoREN Focus Group, Health Passport Consultation, IncludeAge Research Interviews, LeDeR Independent Advisory Group Meetings, Royal Liverpool University Hospital LD Steering Group Meetings, REACHE Consultations and Yellow Tulip Research Consultations.

The group also delivered 5 death cafes where people can talk about issues around death and dying in a fun environment with refreshments, games and activities. This included death cafes held at Liverpool Hope University, the University of Liverpool and Walton Life Rooms.

Advocacy Liaison Officer

The remainder of the Steve Morgan Foundation funding from 2022/23 carried over into this financial year and was used to contribute to the Advocacy Liaison Officer staff costs.

The Advocacy Liaison Officer has continued to provide one-to-one issue-based advocacy for adults with learning disabilities and/or autism.

This year the Advocacy Liaison Officer has supported people with such issues as:

- Accessing and updating Universal Credit journals.
- Completing SMI (Support for Mortgage Interest) forms.
- Transferring from ESA (Employment and Support Allowance) to Universal Credit.
- Applying for financial support grants.
- Housing payment refunds.
- The PIP (Personal Independence Payment) assessment, mandatory reconsideration and change of circumstances processes.
- The Care Needs Assessment process.
- ESA (Employment Support Allowance) queries.
- Making counselling service referrals.
- Making appointments with tradesmen.
- The Child Protection hearing process.
- The Care Plan meeting process.
- Closing utilities accounts.
- Disputing utility bills.
- Making complaints RE: support.
- Applying for properties on Property Pool Plus.

Mind My Mind

The Mind My Mind project was funded by the National Lottery Community Fund.

The Mind My Mind group recruited the Mind My Mind Project Development Worker, held 8 planning and prep sessions and 3 consultation sessions, including starting a Mental Health Workshop consultation with Mersey Care NHS Foundation Trust.

The Mind My Mind group held 31 project delivery sessions all around mental health. In these sessions the group discussed topics including depression, phobias, anxiety, grounding techniques, mental health in the media, coping strategies, complimentary therapy, the connection between physical and mental health, STOMP/STAMP and meditation. As part of these sessions the group also carried out activities such as creating mental health boxes, writing poetry, visiting the cinema, making worry dolls and having a mental health therapy session.

NHS England

During the COVID-19 pandemic people with a learning disability were given a DNACPR (Do Not Attempt Cardiopulmonary Resuscitation) order whilst in hospital without their knowledge or permission.

NHS England funded People First Merseyside. Our members developed and produced a short film and an easy read booklet to help people with a learning disability understand what a DNACPR order is and understand their rights.

Other non-project specific funding included:

Lloyds Bank Foundation for England and Wales

The remainder of the Lloyds Bank Foundation for England and Wales funding from 2022/23 carried over into this financial year along with new funding received from Lloyds Bank Foundation for England and Wales was used to contribute towards existing staff and overhead costs.

Baily Thomas Charitable Fund

The Baily Thomas Charitable Fund funding contributed towards existing staff costs.

Community of Practice

The remainder of the Community of Practice funding from 2022/23 carried over into this financial year was used to continue enabling members to take part in social activities.

Garfield Weston Foundation

The Garfield Weston Foundation funding carried over from 2022/23 was used to contribute towards existing staff costs.

The Edward Gostling Foundation

The Edward Gostling Foundation funding carried over from 2022/23 was used to contribute towards existing staff costs.

PLANS FOR FUTURE PERIODS

The Board of Directors continues to discuss and source alternative sources of income to diversify funding streams in the future.

The Trustees have set aside full Redundancy Provisions for staff who meet the criteria.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

A.P. Bowskill
Trustee
05 December 2024

S.E. Williams
Trustee
05 December 2024

Independent Examiner's Report to the trustees of People First Merseyside Company Limited

I report to the charity trustees on my examination of the financial statements of People First Merseyside Company Limited for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Ian Wright

Ian Wright
Chartered Accountant
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
05 December 2024

People First Merseyside Company Limited
Statement of Financial Activities

for the year ended 31 March 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:					
Donations and legacies	4	735	-	735	835
Charitable activities	5	-	194,658	194,658	199,831
Other trading activities	6	10,882	-	10,882	9,450
Investments	7	1,522	-	1,522	589
Other	8	256	225	481	1,082
Total		13,395	194,883	208,278	211,787
Expenditure on:					
Charitable activities	9	2,409	242,259	244,668	236,213
Total		2,409	242,259	244,668	236,213
Net gains on investments		-	-	-	-
Net expenditure		10,986	(47,376)	(36,390)	(24,426)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		10,986	(47,376)	(36,390)	(24,426)
Other gains and losses					
Net movement in funds		10,986	(47,376)	(36,390)	(24,426)
Reconciliation of funds:					
Total funds brought forward		68,249	147,533	215,782	240,208
Total funds carried forward		79,235	100,157	179,392	215,782

People First Merseyside Company Limited
Balance Sheet

at 31 March 2024

Company No. 05487998	**Notes**	**2024**	**2023**
		£	**£**
Current assets			
Debtors	11	10,662	-
Cash at bank and in hand		187,956	232,274
		198,618	232,274
Creditors: Amount falling due within one year	12	(623)	(591)
Net current assets		197,995	231,683
Total assets less current liabilities		197,995	231,683
Provisions for liabilities	13	(18,603)	(15,901)
Net assets excluding pension asset or liability		179,392	215,782
Total net assets		179,392	215,782
The funds of the charity			
Restricted funds	14		
Restricted income funds		100,157	147,533
		100,157	147,533
Unrestricted funds	14		
General funds		23,181	11,500
Designated funds		56,054	56,749
		79,235	68,249
Reserves	14		
Total funds		179,392	215,782

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 05 December 2024

And signed on its behalf by:

A.P. Bowskill
Trustee
05 December 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note. The functional currency used is the £ Sterling.
Assets and liabilities are initially recognized at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The functional currency used is the £ Sterling.

Preparation of the accounts on a going concern basis

At the time of approving the accounts, the trustees' have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the forseeable future. As such these accounts have been prepared under the going concern basis.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.
Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.
All exchange differences are are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.
Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.
In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 **Company status**

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2023	Restricted funds 2023	Total funds 2023
	£	£	£
Income and endowments from:			
Donations and legacies	835	-	835
Charitable activities	-	199,831	199,831
Other trading activities	9,450	-	9,450
Investments	589	-	589
Other	707	375	1,082
Total	11,581	200,206	211,787
Expenditure on:			
Charitable activities	49,392	186,821	236,213
Total	49,392	186,821	236,213
Net income	(37,811)	13,385	(24,426)
Net income before other gains/(losses)	(37,811)	13,385	(24,426)
Other gains and losses:			
Net movement in funds	(37,811)	13,385	(24,426)
Reconciliation of funds:			
Total funds brought forward	106,060	134,148	240,208
Total funds carried forward	68,249	147,533	215,782

4 Income from donations and legacies

	Unrestricted	Total 2024	Total 2023
	£	£	£
Donations	735	735	475
Membership dues	-	-	360
	735	735	835

5 Income from charitable activities

	Restricted	Total 2024	Total 2023
	£	£	£
Sefton Health Authority	52,400	52,400	52,400
National Health Lottery Community Fund DAVID	99,258	99,258	78,241
Lloyds Bank Foundation	25,000	25,000	27,250
Steve Morgan Foundation	-	-	15,000
Arnold Clark Community Fund	-	-	1,000
Community of Practice	-	-	940
The Edward Gostling Foundation	-	-	10,000
Garfield Weston Foundation	-	-	15,000
The Baily Thomas Charitable Fund	8,000	8,000	-
The National Lottery Community Fund Mind My Mind	10,000	10,000	-
	194,658	194,658	199,831

6 Income from other trading activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
Services	10,882	10,882	8,200
Consultancy fees	-	-	1,250
	10,882	10,882	9,450

7 Income from investments

	Unrestricted	Total 2024	Total 2023
	£	£	£
Interest received	1,522	1,522	589
	1,522	1,522	589

8 Other income

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Reimbursed expenses	256	225	481	1,082
	256	225	481	1,082

9 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Expenditure on charitable activities				
Self advocacy	754	222,663	223,417	217,519
Governance costs				
Administration	587	19,596	20,183	17,606
Accountancy	558	-	558	558
Payroll processing	396	-	396	406
Bank charges	114	-	114	124
	2,409	242,259	244,668	236,213

10 Staff costs

	2024	2023
Salaries and wages	157,606	161,177
Social security costs	6,970	6,927
Pension costs	4,294	4,125
	168,870	172,229

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2024 Number	2023 Number
Management and support staff	6	8
	6	8

11 Debtors

	2024	2023
	£	£
Trade debtors	10,662	-
	10,662	-

12 Creditors:

amounts falling due within one year

	2024	2023
	£	£
Accruals	623	591
	623	591

13 **Provisions**

	Other provisions	Total
	£	£
At 1 April 2023	15,901	15,901
Movement for the year	2,702	2,702
At 31 March 2024	18,603	18,603

14 **Movement in funds**

	At 1 April 2023	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2024
	£	£	£	£	£
Restricted funds:					
Restricted income funds:					
National Lottery Community Fund DAVID	48,715	99,258	(73,137)	-	74,836
National Health Service England Roadshows	4,780	-	(4,780)	-	-
Sefton MBC	-	52,400	(52,400)	-	-
Steve Morgan Foundation	713	-	(713)	-	-
National Health Service England LeDeR	-	225	(225)	-	-
National Health Service England Passports to Good Health	3,783	-	(3,783)	-	-
National Health Service England Annual Health Checks	2,348	-	(2,348)	-	-
Merseyside Blood Pathways	12,500	-	(1,190)	-	11,310
National Health Service England DNA CPR	3,150	-	(450)	-	2,700
Lloyds Bank Foundation	46,038	25,000	(71,038)	-	-
Community of Practice	506	-	(506)	-	-
The Edward Gostling Foundation	10,000	-	(10,000)	-	-
Garfield Weston Foundation	15,000	-	(15,000)	-	-
The Baily Thomas Charitable Foundation	-	8,000	(1,328)	-	6,672
National Lottery Community Fund (MMM)	-	10,000	(5,361)	-	4,639
Total	147,533	194,883	(242,259)	-	100,157
Unrestricted funds:					
General funds	11,500	13,395	(2,409)	695	23,181
Designated funds:					
Contingency Fund	56,749	-	-	(695)	56,054
Total	56,749	-	-	(695)	56,054
Total funds	215,782	208,278	(244,668)	-	179,392

Purposes and restrictions in relation to the funds:

Restricted funds:	
National Lottery Community Fund DAVID	Dignity and Voices in dying
National Health Service England Roadshows	Roadshows
Sefton MBC	Roadshows
Steve Morgan Foundation	Advocacy Liaison Officer
National Health Service England LeDeR	LeDeR
National Health Service England Passports to Good Health	Passports to Good Health
National Health Service England Annual Health Checks	Annual Health Checks
Merseyside Blood Pathways	Blood pathways
National Health Service England DNA CPR	Core Funding
Lloyds Bank Foundation	Core Funding
Community of Practice	Social Activities
The Edward Gostling Foundation	Core costs and Live and Learn project
Garfield Weston Foundation	Core running costs
The Baily Thomas Charitable Foundation	Staff costs
National Lottery Community Fund (MMM)	Mind My Mind
Designated funds:	
Contingency Fund	3 months' running costs

15 **Analysis of net assets between funds**

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	97,838	100,157	197,995
Creditors due in more than one year and provisions	(18,603)	-	(18,603)
	79,235	100,157	179,392

16 **Reconciliation of net cash / (net debt)**

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash and cash equivalents	232,274	(44,318)	187,956
	232,274	(44,318)	187,956
Net cash / (net debt)	232,274	(44,318)	187,956

FRS 102 requires and entity to report changes in net debt in the accounting period. People First Merseyside Company Limited does not carry any debt or other borrowings and has a positive net cash position

17 **Commitments**

Pension commitments

	2024	2023
	£	£
The pension cost charge to the company amounted to:	4,294	4,125

18 **Related party disclosures**

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales - Charity number 1124792

Accounts

People First Merseyside Company Limited

Charity No. 1124792

Company No. 10049609

Trustees' Report and Unaudited Accounts

31 March 2023

People First Merseyside Company Limited
Contents

	Pages
Trustees' Annual Report	2 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Accounts	12 to 21

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, herein present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.
The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 10049609

Charity No. 1124792

Registered Office

The Investment Centre
375 Stanley Road
Bootle
Merseyside
L20 3EF

Directors and Trustees
The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

A.P. Bowskill
P. Burke
R.E. Ferguson
E. Grange
N. Hall
R. Holland
P. Hume
J. Martlew
G.B. McConaghy
W. Mullen
S. Storey
S. Walker
S.E. Williams

Accountants

Sefton Council for Voluntary Service
Burlington House

Crosby Road North
Waterloo
Liverpool
L22 0LG

OBJECTIVES AND ACTIVITIES

1.) To advance and promote the education of those members of the public with learning disabilities or learning difficulties in particular by the provision of training facilities and workshops in self advocacy and related areas, including;

- Enabling and assisting people with learning disabilities or learning difficulties to speak up for themselves, to share ideas and voice opinions with others.
- Assisting and enabling people with learning disabilities or learning difficulties to enjoy the same rights as everyone else, to attain greater independence, freedom of choice and participation in community.

A large charity must provide an explanation of its criteria or measures it uses to assess success in the reporting period...

2.) To advance public education about the educational, psychological and emotional needs of people with a learning disability or learning difficulty

3.) To promote or assist in promoting research into all aspects of such needs and to disseminate the useful results of such research for the benefit of the public.

ACHIEVEMENTS AND PERFORMANCE

The promotion of Self Advocacy and its benefits for People with learning disabilities is central to People First Merseyside. We aim to help people with learning disabilities in Liverpool and Sefton to:

- Improve their Self-confidence and Self Esteem
- Reduce Social Isolation
- Improve Psychological well being
- Have more choice and control over their own lives.

2022 – 2023 This year has been one of planning we worked with a consultant to develop our strategic plan. This helped us identify our priorities and strategic direction.

As a result of this work the board made the decision to allow us to utilise the services of a bid writer, this has allowed us to free up more time doing to work on other things that can potentially generate income whilst they work on putting funding application together on our behalf.

Sefton

Our Sefton group have continued to provide a self-advocacy service for adults with a learning disability living within the borough of Sefton. This work is funded by Sefton MBC and Sefton CCGs.

The Sefton group support the work of the Sefton Learning Disability and Autism Coproduction Board. People First Merseyside are taking a lead in supporting the Learning-disabled Co Chairs at meetings. There is still a lot of changes happening as a result of the changes to the way services are provided and the change from health and social care to integrated commissioning boards.

Members in Sefton take part in Community Networking meetings such as Health and Social Care Forum and Healthwatch's Community Champions Network. These meetings are an opportunity to promote the work of People First Merseyside and self-advocacy in Sefton. This year more meeting are taking place face to face but there are still many of them that have chosen to continue on Teams and Zoom.

We have continued to hold our Get Involved groups to enable people with learning disabilities across Sefton to find out about what is happening in Sefton and to provide opportunities for professional to come and consult with members about issues that affect them.

During this period, we had 4,646 interactions with 914 individuals from Sefton and took part in:
105 consultation events
55 Training Sessions
22 Community Network Meetings
48 Awareness Raising Sessions
710 1 to 1 member support sessions

Members of People First Merseyside Sefton group gave 5,412 volunteer hours valued at delivered £88,106 from April 2022 – March 2023. This number is reflective of recovery as we come away from restrictions a result of the pandemic think this is significant achievement and shows the commitment of our members.

Bloods Pathway Project

This project was partly funded by Mersey Care and by Lloyds Bank Foundation.

This project was looking at something called the Bloods Pathway which is related to the protocols for clinicians when taking blood or delivering vaccinations to those who have learning disabilities and have conditions or phobias which make it difficult.

We worked with Learning Disability Health facilitators from Mersey Care to look at the current protocols and research alternative methods for taking blood. The group then developed an easy read booklet to help people with learning disabilities to understand better the process of having blood taken. This will be distributed to lots of people across Liverpool and Sefton.

Dignity And Voices In Dying (DAVID)

The DAVID Project is funded for 5 years by the National Lottery Community Fund. It aims to address the subject of death and dying for people with learning disabilities. The project was developed after the death of one of People First Merseyside's members. When he died, he had no family to make arrangements for his funeral. Our members expressed a desire to learn more about dying and how to plan for our own deaths.

Over the last 12 months the DAVID project has seen key aspects of its work come to fruition with members now increasingly involved in the creation of resources and in developing a range of events, as we endeavour to reach a wider audience. Whilst weekly whole day sessions continue, we are finding that the project now operates throughout the week as members host 'death cafes', contribute to meetings and working parties and develop contacts with a range of groups and services. The profile of the Project is growing locally and at a regional and national level as we develop constructive links with self-advocacy, support and research groups across the country.

Having focussed, within the task and finish groups, on each of the six key topics initially identified as priority areas for the DAVID project, we are now working on resource development. Key for us is the creation of materials which will be effective, engaging and accessible for people with learning disabilities, their families and support. Responding to research which indicates that people can find visual and oral resources most accessible, the members have written, developed and starred in a series of short information films with a professional film maker and animator. These films have now been completed and we are assessing how best to make them available to people with learning disabilities and their carers. There is an accompanying 'Experiences of Bereavement film' in which members discuss their own responses to the death of a close family member or friend. We feel this extremely powerful film is foundational to much of the training with carers and professionals which we are developing.

Additionally, members are now working with the People First Merseyside podcast team to develop the DAVID podcasts which will be available on Spotify. These will provide information and ideas, creating the opportunity to share lived experience and, we hope, empower others to develop their own groups focussing on death, dying and bereavement. These podcasts will include interviews with members and also with relevant professionals, including a solicitor who specialises in wills and power of attorney, a funeral director, LD nurse able to explore the palliative care model within the local hospital trust and a counsellor experienced in offering bereavement support to people with learning disabilities (PWLD).

A further area which the DAVID members have been developing this year is the creation of sensory materials, which may be particularly appropriate for people with complex needs. Working in partnership Fernley Resource Centre, part of the Frances Taylor foundation, providing support for people with multiple disabilities and complex needs, our members have created a sensory story book which they have employed in telling their own stories of loved ones who have died. Sensory story-telling and the story-book have already been effectively used within Death Cafes, will be the focus of a future podcast and, we envisage, will be incorporated into our resource packs.

People First Merseyside and Photosymbols, the online photographic image bank which specialises in featuring models with learning disabilities and autism worked in partnership to develop images related to Death and dying as there were not many currently on the image bank. Our members featured in these images that are now available to be used across the country.

We also worked with Liverpool Bereavement services to look at counselling for people with learning disabilities.

We have been particularly thrilled by our collaboration with local universities, having worked closely with disability studies and sociology students at Hope University and with nursing students at Liverpool University. We are hopeful that through very well received death cafes, presentations and life-story work, the DAVID projects is positively influencing attitudes towards death and dying and the support and information needs of PWLD. Our recent contact with John Moores University's Law department leading to constructive discussions around the creation of an accessible will pack, present as the first steps towards a major year 5 piece of work and, potentially, the development of a significant DAVID Project legacy.

During this reporting period we have
recorded the following:

- 21 steering group sessions.
- 36 task and finish group sessions.
- 28 members engaged with in steering groups and Task and finish Groups
- 8 Death Cafes

Advocacy Liaison Officer

Funded by the Steve Morgan Foundation in the period 2022 -2023 our Advocacy Liaison Officer has continued to provide 1 to 1 issue-based Advocacy for people with learning disabilities and or autism. These individuals come with complex personal issues that take time to deal with.

The grant has had a huge impact on the organisation. As a user led self advocacy group we work with our members in groups, this did not allow us to support members with 1 to 1 issues that were often complex in nature requiring engagement with other organisations and agencies which can be complex and time consuming. As a small organisation with little spare capacity within the workforce dealing with these issues was difficult. Having an additional worker dedicated to supporting members with these issues meant they were given the support they needed from someone who can spend time with them and support them to navigate complicated systems and processes.

"Having this funding from The Steve Morgan Foundation has given us the capacity to support our members with 1 to 1 complex issues giving them the time and support they need for as long as they need it.

We have noticed an improvement in the physical and mental health of those The Advocacy Liaison officer has supported, he has truly been an asset to the organisation."

Aside from practical support, we also provide emotional support when facing up to frightening issues. Knowing that they have a safety net for all matters gives our members a sense of security which they might otherwise not have available as a person with a learning disability.

In some cases, providing this intermediary role can relieve the pressure on families, and so help maintain positive familial relationships.

In its second year, this project has supported PFM members with a multitude of issues including, but not limited to the following:

- Social Services' referrals for,
- safeguarding,
- new care packages,
- rehousing.
- Chasing up medical referrals and attending appointments.
- Domestic abuse.
- Hate crimes.
- Support completing and sending forms and attending meetings
- Benefits issues including
- applications and appeals. –
- Debt management including setting up repayments, write-offs, and
- Official complaints. –
- Accessing mental health support including counselling and medication reviews.
- Commercial and tax refunds. –
- Moving homes. –
- Occupational Therapy needs and accessibility in the home.
- Financial capacity assessments.

Regardless of the issue in hand, our members know they can come to us for support, and we will do everything in our power to either address the problem directly or signposting to someone who can. This knowledge helps promote a general sense of safety for our members many of whom do not have other sources of support and would otherwise be much more vulnerable. In many cases, having long term and regular engagement with our members means we develop a deep understanding and trust, and therefore can support them in a manner that another agency could not. When an issue is resolved with someone receiving one-to-one advocacy support, often they carry forward acquired knowledge they have learned from the work done together which can help them avoid similar situations in future.

Lloyds Banking Foundation Fund

In this funding period we able to carry forward £52,250 of funding from Lloyds banking Foundation to contribute towards our core costs and to enable us to become more self-sustaining and less reliant on short term project funding. In this period we have been able to utilise this fund to meet any short fall in funds for other things such as maintaining staff who would have otherwise have been made redundant, paying for the bid writer any unforeseen expenses. This has made a massive difference to the organisation.

NHS England commissioned projects:

We have several projects commissioned by NHS England in progress during this reporting period.

On completion of the Cancer Read Flag and look after your lungs project there was an underspend as a result of the pandemic and many organisations not taking us up on the offer of training.

DNACPR (Do Not Attempt Cardiopulmonary Resuscitation)

During the pandemic people with learning disabilities were given a DNACPR order whilst in hospital without their knowledge or permission. This was Highlighted as part of the LeDeR Reviews.

We were asked to develop some resources to raise awareness of this issue. We have developed a film to help people understand what DNACPR is this will be shared as part of an awareness raising programme.

Other funds we have received during this period were:

Arnold Clark Community Fund

This fund was used for Meeting Room Hire so we could continue to Social distance.

Community of Practice

This fund was a result of work carried out by member and was used to enable members to do some social activities such as a narrow boat trip and day trips to New Brighton and Southport.

Community Transitions Fund

This fund was used to top up staff wages.

Edward Gostling and Garfield Weston have been held in reserve.

PLANS FOR FUTURE PERIODS

The Board of Directors continues to discuss and source alternative sources of income to diversify funding streams in the future.

The Trustees have set aside full Redundancy Provisions for staff who meet the criteria.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

A.P. Bowskill

Trustee
16 November 2023

S.E. Williams

Trustee

Independent Examiner's Report to the trustees of People First Merseyside Company Limited

I report to the charity trustees on my examination of the financial statements of People First Merseyside Company Limited for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Anthony Deegan
MAAT, MICB Pm.dip
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
16 November 2023

People First Merseyside Company Limited
Statement of Financial Activities

for the year ended 31 March 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:					
Donations and legacies	4	835	-	835	4,575
Charitable activities	5	-	199,831	199,831	235,963
Other trading activities	6	9,450	-	9,450	7,660
Investments	7	589	-	589	34
Other	8	707	375	1,082	745
Total		11,581	200,206	211,787	248,977
Expenditure on:					
Charitable activities	9	49,392	186,821	236,213	275,351
Total		49,392	186,821	236,213	275,351
Net gains on investments		-	-	-	-
Net expenditure		(37,811)	13,385	(24,426)	(26,374)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		(37,811)	13,385	(24,426)	(26,374)
Other gains and losses					
Net movement in funds		(37,811)	13,385	(24,426)	(26,374)
Reconciliation of funds:					
Total funds brought forward		106,060	134,148	240,208	266,582
Total funds carried forward		68,249	147,533	215,782	240,208

People First Merseyside Company Limited

Balance Sheet

at 31 March 2023

Company No. 10049609	Notes	2023 £	2022 £
Current assets			
Debtors	11	-	21,503
Cash at bank and in hand		232,274	245,307
		232,274	266,810
Creditors: Amount falling due within one year	12	(591)	(473)
Net current assets		231,683	266,337
Total assets less current liabilities		231,683	266,337
Provisions for liabilities	13	(15,901)	(26,129)
Net assets excluding pension asset or liability		215,782	240,208
Total net assets		215,782	240,208
The funds of the charity			
Restricted funds	14		
Restricted income funds		147,533	134,148
		147,533	134,148
Unrestricted funds	14		
General funds		11,500	46,203
Designated funds		56,749	59,857
		68,249	106,060
Reserves	14		
Total funds		215,782	240,208

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 16 November 2023

And signed on its behalf by:

A.P. Bowskill
Trustee
16 November 2023

S.E. Williams
Trustee

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note. The functional currency used is the £ Sterling.
Assets and liabilities are initially recognized at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The functional currency used is the £ Sterling.

Preparation of the accounts on a going concern basis

At the time of approving the accounts, the trustees' have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the forseeable future. As such these accounts have been prepared under the going concern basis.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 **Company status**

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022	Restricted funds 2022	Total funds 2022
	£	£	£
Income and endowments from:			
Donations and legacies	4,575	-	4,575
Charitable activities	-	235,963	235,963
Other trading activities	7,660	-	7,660
Investments	34	-	34
Other	295	450	745
Total	12,564	236,413	248,977
Expenditure on:			
Charitable activities	29,957	245,394	275,351
Total	29,957	245,394	275,351
Net income	(17,393)	(8,981)	(26,374)
Transfers between funds	72	(72)	-
Net income before other gains/(losses)	(17,321)	(9,053)	(26,374)
Other gains and losses:			
Net movement in funds	(17,321)	(9,053)	(26,374)
Reconciliation of funds:			
Total funds brought forward	123,381	143,201	266,582
Total funds carried forward	106,060	134,148	240,208

4 Income from donations and legacies

	Unrestricted	Total 2023	Total 2022
	£	£	£
Donations	475	475	4,575
Membership dues	360	360	-
	835	835	4,575

5 Income from charitable activities

	Restricted	Total 2023	Total 2022
	£	£	£
Sefton Health Authority	52,400	52,400	52,400
National Health Lottery	78,241	78,241	75,546
Dignity and Voices in Dying	-	-	10,000
John Moores Foundation	-	-	2,462
Sefton CCG Community Champions	-	-	20,978
NHSE Transforming Care	27,250	27,250	25,000
Lloyds Bank Foundation	-	-	352
European Social Fund	-	-	17,000
Merseycare	15,000	15,000	15,000
Steve Morgan Foundation	1,000	1,000	-
Arnold Clark Community Fund	940	940	-
Community of Practice	10,000	10,000	-
The Edward Gosling Foundation	15,000	15,000	-
Garfield Weston Foundation	-	-	17,225
Sefton MBC Community Transition Fund	199,831	199,831	235,963

6 Income from other trading activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Services	8,200	8,200	900
Management fees	-	-	6,760
Consultancy fees	1,250	1,250	-
	9,450	9,450	7,660

7 Income from investments

	Unrestricted	Total 2023	Total 2022
	£	£	£
Interest received	589	589	34
	589	589	34

8 Other income

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Reimbursed expenses	707	375	1,082	745
	707	375	1,082	745

9 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Expenditure on charitable activities				
Self advocacy	30,698	186,821	217,519	244,850
Support costs				
Administration	17,606	-	17,606	29,603
Accountancy	558	-	558	447
Payroll processing	406	-	406	319
Bank charges	124	-	124	132
	49,392	186,821	236,213	275,351

10 Staff costs

	2023	2022
Salaries and wages	161,177	171,996
Social security costs	6,927	8,491
Pension costs	4,125	5,015
	172,229	185,502
Redundancy costs	(10,228)	6,255

Redundancy costs represent the movement in the provision for potential redundancy payments.

No employee received emoluments in excess of £60,000.

The average number of employees during the year was as follows:

	2023 Number	2022 Number
Management and support staff	8	9
	8	9

11 Debtors

	2023	2022
	£	£
Trade debtors	-	21,503
	-	21,503

12 **Creditors:**

amounts falling due within one year

	2023	2022
	£	£
Accruals	591	473
	591	473

13 **Provisions**

	Other provisions	Total
	£	£
At 1 April 2022	26,129	26,129
Movement for the year	(10,228)	(10,228)
At 31 March 2023	15,901	15,901

14 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2023
	£		£	£	£
Restricted funds:					
Restricted income funds:					
National Lottery Community Fund (DAVID)	44,472	78,241	(73,998)	-	48,715
National Health Service England Roadshows	12,149	-	(7,369)	-	4,780
Sefton MBC	-	52,400	(52,400)	-	-
Steve Morgan Foundation	639	15,000	(14,926)	-	713
National Health Service England LeDeR	150	375	(525)	-	-
National Health Service England Passports to Good Health	3,783	-	-	-	3,783
National Health Service England Annual Health Checks	2,348	-	-	-	2,348
Community Transition Fund	7,629	-	(7,629)	-	-
Merseyside Blood Pathways	17,000	-	(4,500)	-	12,500
National Health Service England DNA CPR	20,978	-	(17,828)	-	3,150
Lloyds Bank Foundation	25,000	27,250	(6,212)	-	46,038
Arnold Clark Community Fund	-	1,000	(1,000)	-	-
Community of Practice	-	940	(434)	-	506
The Edward Gostling Foundation	-	10,000	-	-	10,000
Garfield Weston Foundation	-	15,000	-	-	15,000
Total	134,148	200,206	(186,821)	-	147,533
Unrestricted funds:					
General funds	46,203	11,581	(49,392)	3,108	11,500
Designated funds:					
Contingency Fund	59,857	-	-	(3,108)	56,749
Total	59,857	-	-	(3,108)	56,749
Total funds	240,208	211,787	(236,213)	-	215,782

Purposes and restrictions in relation to the funds:

Restricted funds:	
National Lottery Community Fund (DAVID)	Dignity and Voices in dying
National Health Service England Roadshows	Roadshows
Sefton MBC	Self-advocacy service
Steve Morgan Foundation	Advocacy Liaison Officer
National Health Service England LeDeR	LeDeR
National Health Service England Passports to Good Health	Passports to Good Health
National Health Service England Annual Health Checks	Annual Health Checks
Community Transition Fund	Merseyside Live & Learn Project
Merseyside Blood Pathways	Blood pathways
National Health Service England DNA CPR	Core Funding
Lloyds Bank Foundation	Core Funding
Arnold Clark Community Fund	Meeting Room Hire
Community of Practice	Social Activities
The Edward Gostling Foundation	Core costs and Live and Learn project
Garfield Weston Foundation	Core running costs
Designated funds:	
Contingency Fund	3 months' running costs

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	84,150	147,533	231,683
Creditors due in more than one year and provisions	(15,901)	-	(15,901)
	68,249	147,533	215,782

16 Reconciliation of net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash and cash equivalents	245,307	(13,033)	232,274
	245,307	(13,033)	232,274
Net debt	245,307	(13,033)	232,274

17 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2023 Land and buildings £	2023 Other £	2022 Land and buildings £	2022 Other £
Operating leases with expiry date:				

Pension commitments

	2023 £	2022 £
The pension cost charge to the company amounted to:	4,125	5,015

18 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales - Charity number 1124792

Accounts

Company Number: 05487998
Charity Number: 1124792

People First Merseyside Company Limited
(A Company Limited by Guarantee)
Annual Report
&
Financial Statements
For the year ended
31 March 2022

Greater Merseyside Community Accountancy Service
Sefton Council for Voluntary Service
3rd Floor, Suite 3b
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

SATURDAY
ABFMM862
A12 29/10/2022 #52
COMPANIES HOUSE

People First Merseyside Company Limited
Contents

Pages	
3-12	Trustees' Annual Report
13	Independent Examiner's Report
14	Statement of Financial Activities
15-16	Balance Sheet
17-30	Notes to the Financial Statements

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ended 31 March 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

Objectives and Activities

The objects of the charity are to:-

1) To advance and promote the education of those members of the public with learning disabilities or learning difficulties in particular by the provision of training facilities and workshops in self advocacy and related areas, including;

(a) Enabling and assisting people with learning disabilities or learning difficulties to speak up for themselves, to share ideas and voice opinions with others.

(b) Assisting and enabling people with learning disabilities or learning difficulties to enjoy the same rights as everyone else, to attain greater independence, freedom of choice and participation in community.

2) to advance public education about the educational, psychological and emotional needs of people with a learning disability or learning difficulty

3) to promote or assist in promoting research into all aspects of such needs and to disseminate the useful results of such research for the benefit of the public.

In setting our objectives and planning our activities the trustees have given careful consideration to the Charity Commission's guidance on public benefit.

Achievements and Performance

The promotion of Self Advocacy and its benefits for People with learning disabilities is central to People First Merseyside. We aim to help people with learning disabilities in Liverpool and Sefton to:

Improve their Self-confidence and Self Esteem
Reduce Social Isolation
Improve Psychological well being
Have more choice and control over their own lives.

2021 - 2022 has been a year of change for People First Merseyside. In October 2021 the coordinator of 15 years left the organisation. This has left a gap in the workforce. We were able to recruit internally with someone who has worked at the organisation for 20 years and was able to take on the duties of the previous coordinator allowing for an almost seamless transition.

This meant we had to have an internal reorganisation of the workforce; we took on 2 part time workers to back fill a vacant post.

We then lost another full-time worker in December, we recruited externally to fill this post
As soon as we were able, we reopened our office to members as we felt as a user led organisation this was extremely important. We had to adhere to many restrictions including limiting the time members were present and hiring a larger room to allow for social distancing.
We were able to offer members activity on most days as well as supporting members to attend the various partnership and network meetings taking place on Zoom and Teams.

Paid workers were now able to do a mixture of home and office working which is something we have continued to do allowing them more flexibility.

During the whole of the pandemic, we were able to continue with our work in one form or another this is why when restrictions were lifted we were able to respond and adapt to the changes very quickly.

Even though this has still been a difficult year we have been able to achieve positive outcomes and at this point we are able to take on new challenges, and have achieved success in the following areas.

Sefton

This year the Sefton Group has seen a change in the workforce as the Sefton worker took on the role of coordinator, we recruited internally to fill the vacant post with someone who is extremely skilled and familiar with the geography and landscape of Sefton. This meant that there was a seamless transition.

Our Sefton group have continued to provide a self-advocacy service for adults with a learning disability living within the borough of Sefton. This work is funded by Sefton MBC and Sefton CCGs.

The Sefton group support the work of the Sefton Transforming Care Partnership Board. People First Merseyside are taking a lead in supporting the Learning-Disabled Co Chairs at meetings. This year we have been part of a reorganisation of this board. The changes to health and social care becoming the ICB (integrated Care Board) this board is now called the Sefton Learning Disability and/or Autism Coproduction Board. We continue to be an integral part of this work.

Members in Sefton take part in Community Networking meetings such as Health and Social Care Forum and Healthwatch's Community Champions Network. These meetings are an opportunity to promote the work of People First Merseyside and self-advocacy in Sefton. Meetings are still taking place on Zoom and Teams, however some are now starting to think about returning to face to face meetings.
Members were able to continue being part of these networks and to speak up about the services they receive in Sefton.

This year also we have been involved in some larger pieces of work including the procurement and development of Day opportunities in Sefton. This included development of easy read consultation materials that were to be distributed to people across the borough to enable people to be involved in having a say, as well as supporting the development of a reference group working in partnership with Sefton council to engage with People with learning disabilities and/or autism, parents and carers and professionals.

During this period, we had 5,889 interactions with 991 individuals from Sefton and took part in:
82 consultation events
72 Training Sessions
53 Community Network Meetings
159 Awareness Raising Sessions
1,566 1 to 1 member support sessions
225 Community Activities

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

Members of People First Merseyside Sefton group gave 4072 volunteer hours valued at delivered £53,600 from April 2021 - March 2022. This number is reflective of recovery as we come away from restrictions a result of the pandemic think this is significant achievement and shows the commitment of our members.

Merseyside Live and Learn project

People First Merseyside Live and Learn project was funded by the National Lottery Community Fund, ,John Moores Foundation, PH Holt and The Community Transition Fund in 2021/22 the project provided a social support group run by and for people with a learning disability.

The original project was adversely affected by the pandemic restricting opportunities to access the community. Members talked about a change in direction. It was highlighted that for the last 2 years members have felt less in control of the organisation including how they use the office, many of them felt they had lost the skills they used to have around office skills including using the computers, answering the phone and taking messages, contributing to newsletters and websites etc.

The aims of this new project are to increase the office skills of members to enable them to feel more involved in the day to day running of the office.

For this change to the project we had a peer led approach, some of our more able members became team leaders and were given the opportunity to support the less able members of the group. This increased the skill level of all of our members who were able to take activities such as typing, answering the telephone doing research, using office equipment such as the photocopier and shredder.

During 2021/22 70 people with learning disabilities have taken part in regular meetings and activities.

Dignity And Voices In Dying (DAVID)

The DAVID Project is funded for 5 years by the National Lottery Community Fund. It aims to address the subject of death and dying for people with learning disabilities. The project was developed after the death of one of People First Merseyside's members. When he died, he had no family to make arrangements for his funeral. Our members expressed a desire to learn more about dying and how to plan for our own deaths.

Despite the continued impact of covid on the delivery of the DAVID project, over the past 12 months we have re-established weekly face-to-face
whole-day sessions. This has enabled us to commence and progress key aspects of the Project and revisit some of the potentially more emotive issues with one-to-one support available. Members are keen to advance the DAVID project, to share their experiences and, during the last year we have had a complete change in the workforce, the staff team now comprises one full-time plus two part-time development workers, we have the capacity to organise additional focussed sessions.

In our task and finish groups we have discussed emergency cards, ReSPECT/ADRT forms, decisions regarding resuscitation (DNACPR documentation), Will making and organising a Power of Attorney. A local solicitor specialised in Wills and Probate met with members to answer questions and offer ongoing guidance. A representative from Thompsons Funerals, local co-ordinator of Dignity funerals, joined members in May to discuss funeral planning, while input from Liverpool Bereavement Counselling will consolidate the work already undertaken on the stages of grief. Members are nearing the completion of script-writing in preparation for a series of 6 short informative and accessible films to be made with local film-maker Jake Ryan, in June/ July 2022. These films will serve as a core aspect of future workshops, death cafes and roadshows, alongside member-led presentations, activities, and easy-read booklets.

Additionally, members have continued their collaboration with Photosymbols, an online photo library for easy-read information featuring actors with learning disabilities. They have now met director, Pete Le Grys, in person, provided initial feedback on ideas and selected two representatives who will act as models for a series of images relating to death and bereavement. Members will also act as expert advisors and opportunities for ongoing collaborations are being considered.

Keen to share their learning, members facilitated a Death Cafe, offering a relaxed social space in which topics relating to death and bereavement could be discussed, at a People Shaped Support (PSS) Centre, in December 2021. With the easing of covid restrictions, links with New Directions have been re-established and members are excited at the prospect of delivering workshops to carers.

During this reporting period we have recorded the following:
21 steering group sessions.
32 task and finish group sessions.
29 members engaged with in steering groups and Task and finish Groups .
4 Death Cafes

Advocacy Liaison Officer

Funded by the Steve Morgan Foundation in the period 2021/22 our Advocacy Liaison Officer has continued to provide 1 to 1 issue-based Advocacy for people with learning disabilities and or autism. These individuals come with complex personal issues that take time to deal with.

The grant has had a huge impact on the organisation. As a user led self advocacy group we work with our members in groups, this did not allow us to support members with 1 to 1 issues that were often complex in nature requiring engagement with other organisations and agencies which can be complex and time consuming.
As a small organisation with little spare capacity within the workforce dealing with these issues was difficult. Having an additional worker dedicated to supporting members with these issues meant they were given the support they needed from someone who can spend time with them and support them to navigate complicated systems and processes.

"Having this funding from The Steve Morgan Foundation has given us the capacity to support our members with 1 to 1 complex issues giving them the time and support they need for as long as they need it.

We have noticed an improvement in the physical and mental health of those The Advocacy Liaison officer has supported, he has truly been an asset to the organisation."

Aside from practical support, we also provide emotional support when facing up to frightening issues. Knowing that they have a safety net for all matters gives our members a sense of security which they might otherwise not have available as a person with a learning disability.

In some cases, providing this intermediary role can relieve the pressure on families, and so help maintain positive familial relationships.

In its second year, this project has supported PFM members with a multitude of issues including, but not limited to the following:
Social Services' referrals for,
safeguarding,
new care packages,

rehousing.
Chasing up medical referrals and attending appointments.
Domestic abuse
Hate crimes.
Support completing and sending forms and attending meetings
Benefits issues including
applications and appeals.
Debt management including setting up repayments, write-offs, and refunds.
Official complaints.
Accessing mental health support including counselling and medication reviews.
Commercial and tax refunds. -
Moving homes.
Occupational Therapy needs and accessibility in the home.
Financial capacity assessments.

Regardless of the issue in hand, our members know they can come to us for support, and we will do everything in our power to either address the problem directly or signposting to someone who can. This knowledge helps promote a general sense of safety for our members many of whom do not have other sources of support and would otherwise be much more vulnerable. In many cases, having long term and regular engagement with our members means we develop a deep understanding and trust, and therefore can support them in a manner that another agency could not. When an issue is resolved with someone receiving one-to-one advocacy support, often they carry forward acquired knowledge they have learned from the work done together which can help them avoid similar situations in future.

Autism Liaison Officer

In 2021/22 we employed a autism Liaison officer with funding from NHS England.

Lisa role was to provide support to individuals with a diagnosis of Autism who are not eligible for statutory services. As a result of the pandemic many people with autism had become socially isolated, we wanted to offer people the opportunity to enter back into society in a safe and supportive environment.

Communication is a common but complex challenge for many Autistic people. Lisa uses resources that reduce anxieties including a one-page profile that enables a person to share information about their needs and how they can be supported well e.g., with an employer or when starting with a new group.

Unfortunately, we were unable to secure further funding for this post beyond March 2022.

Lloyds Banking Foundation Fund

In this funding period we received £25,000 of funding from Lloyds banking Foundation to contribute towards our core costs and to enable us to become more self-sustaining and less reliant on short term project funding. As we had already agreed the organisational budget for this financial year the board made the decision to defer this pot of money into the 2022/23 financial year, allowing us the time to work with a consultant provided by Lloyds to develop a strategic plan and set our priorities for spending.

NHS England commissioned projects

We have several projects commissioned by NHS England in progress during this reporting period.

Cancer Red Flag Symptoms & Look After Your Lungs:

During this funding period we were able to deliver those awareness raising roadshows across the Northwest and Yorkshire and Humber that were delayed as a result of the pandemic. In total we delivered 42 roadshows. This was not as many as we originally planned, due to organisations still having restrictions and not allowing others in their buildings.

Those we did deliver were a great success and in total we met 528 individuals and had some really positive feedback from those who attended.

Learning Disability Annual Health Checks:

In this funding period we have continued to promote annual health checks and attended lots of events promoting the booklets and delivering them across Sefton. The booklets were completed and 10,000 printed.

Passport To Good Health:

The aim of the project is to promote good general health and health services to people with learning disabilities in Sefton. Again, the project had to be adapted due to Covid lockdown restrictions.
The project began with a series of sessions for our members to learn about a range of health issues and services e.g., screening services, Immunisations, chronic conditions etc.
Members then worked on developing an accessible easy read booklet covering a wide range of health topics. The booklets were completed and 4,500 have been printed.
We have been unable to have the 3 events to promote the booklets and raise awareness of general health for people with learning disabilities, parents / carers and provider organisations as organisations still have restrictions about attending face to face events.

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

Financial Review

The charity had a deficit for the year of £26,374 (2021: surplus £33,284). The deficit on the unrestricted funds was £17,321 (2021: Surplus 33,714). Net assets at 31 March 2022 were £240,208.

The balance on the general fund at 31 March 2022 was £46,203.

Reserves Policy

The Charity endeavours to retain in its unrestricted funds, sufficient funds to cover three months' turnover for the Charity's core activities. The Trustees require a minimum of at least this figure at the start of each financial year in order to safeguard against budgetary problems occasionally experienced by our core funders. Therefore a Contingency Fund of £59,857 has been designated.

Plans for Future Periods

The Board of Directors continues to discuss and source alternative sources of income to diversify funding streams in the future.

The Trustees have set aside full Redundancy Provisions for staff who meet the criteria.

Reference and administrative details

Charity number:	1124792
Company number:	05487998
Registered Office:	3rd Floor The Investment Centre, 375 Stanley Road, Bootle L20 3EF

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB Pm.dip
Bankers:	Unity Trust Bank, 4 Brindleyplace, Birmingham. B1 2JB

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

Andy Bowskill	
Patrick Burke	
Karen Duffy	
Rebecca Ferguson	
Emma Grange	
Nicola Hall	
Phillip Hume	
Geraldiine McConaghy	- appointed 30 May 2022
Siobhan Storey	
Susan Williams	
Simon Walker	- appointed 28 June 2021
Jade Martlew	
Paul Walsh	

Other Key Management personnel:

Co-ordinator to October 2021	Helen Flett
Co-ordinator from October 2021	Joanne English

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

Structure, Governance and Management

Governing Document

People First Merseyside Company Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 22nd June 2005. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company and there are currently 13 members (11] in 2021), each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which comprises:

* an annual review of the principal risks and uncertainties that the charity faces;
* the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
* the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for both the charity and its subsidiary. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank and active management of trade debtors and creditors balances to ensure sufficient working capital by the charity.

Attention has also been focused on non-financial risks arising from fire, health and safety of clients, food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

People First Merseyside Company Limited
Trustees' Annual Report
For the year ended 31 March 2022

Trustees' Responsibilities

The trustees, who are also the directors of People First Merseyside Company Limited for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. in preparing the financial statements, the trustees are required to:

1) select suitable accounting policies and then apply them consistently;
2) observe the methods and principles on the Charities SORP;
3) make judgements and estimates that are reasonable and prudent;
4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will contionue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Comapnies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 24th October 2022 and signed on their behalf.

Andrew Bowskill
Trustee

Sue Williams
Trustee

Independent Examiner's Report
To the trustees of People First Merseyside Company Limited
For the year ended 31 March 2022

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 14 to 30.

Responsibilities and basis of report

As the charity's trustees of People First Merseyside (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the the requirements of the Company's Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 14595) (b) of the 2011 Act.

Independent examiner's statement

I am a member of the AAT and I am bound by the code of ethics issued by FRC's Revised Ethical Standard 2016.

Accounts preparation services were provided by Sefton CVS, my employer, and I as examiner have applied the ethical standard to my work.

I have completed my examination, I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anthony Deegan MAAT, MICB Pm.dip
Community Accountant
Sefton Council for Voluntary Service
Crosby Road North
Waterloo
Liverpool
L20 0LG
24th October 2022

People First Merseyside Company Limited
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 31 March 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	4,575	-	4,575	1,216
Charitable activities	3	-	235,963	235,963	274,821
Other trading activities	4	7,660	-	7,660	29,211
Investments	5	34	-	34	57
Other	6	295	450	745	3,117
Total income		12,564	236,413	248,977	308,422
Expenditure on:					
Charitable activities	7	29,957	245,394	275,351	275,138
Total expenditure		29,957	245,394	275,351	275,138
Net (expenditure)/income		(17,393)	(8,981)	(26,374)	33,284
Transfers between funds		72	(72)	-	-
Other recognised gains:					
Net movement in funds		(17,321)	(9,053)	(26,374)	33,284
Reconciliation of funds:					
Funds b/fwd		123,383	143,201	266,584	233,299
Funds c/fwd		106,060	134,148	240,208	266,584

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

The notes on pages 17 to 30 form part of these financial statements

People First Merseyside Company Limited
Balance Sheet
As at 31 March 2022

Company Number: 05487998

	Note	2022 £	£	2021 £
Current Assets				
Debtors	11	21,503		7,679
Cash at bank and in hand	12	245,307		279,233
		266,810		286,912
Creditors: Amounts falling due within one year	13	473		455
Net Current Assets			266,337	286,457
Total Assets Less Current Liabilities			266,337	286,457
Provisions for Liabilities	14		(26,129)	(19,874)
Total Net Assets			240,208	266,583
Funds of the charity				
Designated Funds			59,857	49,925
General Fund			46,203	73,458
Total Unrestricted Funds	15		106,060	123,383
Restricted Funds	16		134,148	143,201
Total Funds			240,208	266,584

The notes on pages 17 to 30 form part of these financial statements

People First Merseyside Company Limited
Balance Sheet
As at 31 March 2022
(cont.)

Company Number: 05487998

In approving these financial statements as directors of the company we hereby confirm the following:
For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
Directors' responsibilities:
1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the board of directors on 24th October 2022.

A Bowskill

Andrew Bowskill, Trustee

S Williams

Sue Williams, Trustee

The notes on pages 17 to 30 form part of these financial statements

People First Merseyside Company Limited
Notes to the Accounts
For the year ended 31 March 2022

1 Accounting Policies

1a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 Janaury 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

People First Merseyside Company Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for Charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The functional currency used by People First Merseyside Company Ltd. is the £ Sterling.

1b. Preparation of the accounts on a going concern basis

The unrestricted reserves are considered to be sufficient and are consistent with the reserves policy. The accounts have therefore been prepared on a going concern basis.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1 Accounting Policies (cont.)

1d. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Self advocacy

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1e. Fund Accounting

All income and expenditure together with gains and losess are allocated to a specific charitable fund.

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Further details of designated funds together with their purpose are set out in note 15.

Restricted funds are donations which the donor has specified are to be used solely for particular areas of the charity's work or for specific projects being undertaken by the charity. Further details of restricted funds together with their purposes are set out in note 16.

1f. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1g. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1 Accounting Policies (cont.)

1h. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1i. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Donations and Legacies

	2022 £	2021 £
Donations	4,575	1,021
Membership dues	-	195
	4,575	1,216

3. Charitable Activity Income

	2022 £	2021 £
Sefton Health Authority	52,400	*52,400*
National Lottery Dignity&Voices In Dying	75,546	*74,531*
National Lottery Live & Learn (Live & Learn)	-	*18,385*
John Moores Foundation	10,000	-
Grantscape	-	*5,221*
Sefton CCG Community Champions	2,462	-
NHSE Transforming Care	20,978	-
Lloyds Bank Foundation	25,000	*8,458*
European Social Fund	352	*14,425*
Merseycare	17,000	-
NHSE Roadshows	-	*13,768*
PH Holt	-	*8,250*
NHS Autism Awareness	-	*25,000*
LCR Cares Covid Fund	-	*9,364*
Groundwork	-	*500*
Steve Morgan Foundation	15,000	*18,357*
NLCF Covid Fund	-	*26,162*
Sefton MBC Community Transition Fund	17,225	-
	235,963	*274,821*

Income from charitable activities has been applied to the following activities:

	2022 £	2021 £
Self advocacy	236,163	*274,821*
	236,163	*274,821*

4. Other trading activity income

	2022 £	2021 £
Services	900	6,900
Management fees	6,760	19,092
Overhead Fees	-	2,136
Room Hire	-	1,083
	7,660	29,211

5. Investment Income

	2022 £	2021 £
Interest Receivable	34	57
	34	57

6. Other Income

	2022 £	2021 £
Other income	745	3,117
	745	3,117

7. Charitable Activities Expenditure

	Activities Undertaken Directly £	Support Costs £	Total 2022 £	Total 2021 £
Self advocacy	245,050	30,501	275,551	*275,138*
	245,050	30,501	275,551	*275,138*

8. Support Costs

	Management & Administration £	Total 2022 £	Total 2021 £
Self advocacy	30,501	30,501	38,565
	30,501	30,501	38,565

9. Staff Costs

	2022 £	2021 £
Wages and Salaries	171,996	164,763
Redundancy	6,255	3,405
Social Security costs	8,491	8,434
Pension costs	5,015	5,275
	191,757	181,877

The average number of employees during the 2022 was:

	2022 Number	2021 Number
Management & Support Staff	9	9
	9	9

The trustees received no remuneration during the year (2021: £nil).
The trustees did not receive any expenses during the year (2021: £nil).

10. Key Management Personnel

The trustees consider that the key management personnel comprise the trustees listed on page 9 and the Senior Management Team as follows:-

Senior Management Team

Co-ordinator - Helen Flett — To October 2021
Co-ordinator - Joanne English — From October 2021

	2022 £	2021 £
Total Remuneration	33,295	31,210

11. Debtors

	2022 £	2021 £
Amounts falling due within one year		
Trade debtors	21,503	7,679
	21,503	7,679

12. Cash at bank and in hand

	2022 £	2021 £
Cash at bank	244,919	279,014
Cash in hand	388	219
	245,307	279,233

People First Merseyside Company Limited
Notes to the Accounts (cont.)
For the year ended 31 March 2022

13. Creditors: Amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	473	455
	473	455

14. Provisions for Liabilities

	2022 £	2021 £
Redundancy provision	26,129	19,874
	26,129	19,874

People First Merseyside Company Limited
Notes to the Accounts (cont.)
For the year ended 31 March 2022

15. Unrestricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2021 £
General Fund	*27,663*	*33,051*	*662*	*12,082*	*73,458*
Designated Funds					
Contingency Fund	*62,007*	-	-	*(12,082)*	*49,925*
Total Funds (previous year)	*89,670*	*33,051*	*662*	-	*123,383*

	Balance brought forward 2021 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2022 £
General Fund	73,457	12,365	(29,759)	(9,860)	46,203
Designated Funds					
Contingency Fund	49,925	-	-	9,932	59,857
Total Funds (current year)	123,382	12,365	(29,759)	72	106,060

The Contingency Fund is designated to cover 3 months' running costs in order to provide against fluctuations in income.

People First Merseyside Company Limited
Notes to the Accounts (cont.)
For the year ended 31 March 2022

16. Restricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2021 £
Lloyds Bank Foundation	*3,360*	*8,458*	*(11,818)*	-	-
National Lottery Community Fund (DAVID)	*24,143*	*74,531*	*(63,272)*	-	*35,402*
National Lottery Community Fund (Merseyside Live & Learn Group)	*20,088*	*18,385*	*(32,302)*	-	*6,171*
National Lottery Community Fund (Don't Live Lonely Lives)	*4,645*	-	*(4,645)*	-	-
NHSE Roadshows	*43,316*	*13,768*	*(26,873)*	-	*30,211*
Sefton MBC	-	*52,400*	*(26,776)*	-	*25,624*
Steve Morgan Foundation	-	*18,357*	*(17,658)*	-	*699*
NHSE Autism Awareness	-	*25,000*	*(569)*	-	*24,431*
Other	*48,077*	*64,472*	*(91,888)*	-	*20,661*
Total Funds (previous year)	*143,629*	*275,371*	*(275,801)*	-	143,199
Other Funds					
NHSE LeDeR	-	*450*	*(300)*	-	*150*
Groundwork	-	*500*	*(500)*	-	-
LCR Cares Covid Fund	-	*9,364*	*(9,364)*	-	-
NCLF Covid Fund	-	*26,162*	*(26,162)*	-	-
BBC Home Services	-	*100*	*(100)*	-	-
P H Holt	-	*8,250*	-	-	8,250
Sefton CVS Community Resilience	*837*	-	(288)	-	549
NHSE Passports to Good Health	*21,001*	-	*(14,722)*	-	6,279
NHSE Annual Health Checks	*21,179*	-	(18,538)	-	2,641
European Social Fund	*2,773*	*14,425*	*(17,198)*	-	-
Grantscape Burbo Bank Extension Fund	*2,288*	*5,221*	*(4,716)*	-	2,793
Total other funds (previous year)	*48,078*	*64,472*	*(91,888)*	-	*20,662*

People First Merseyside Company Limited
Notes to the Accounts (cont.)
For the year ended 31 March 2022

16. Restricted Funds (cont.)

	Balance brought forward 2021 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2022 £
Lloyds Bank Foundation	-	25,000	-	-	25,000
National Lottery Community Fund (DAVID)	35,402	75,546	(66,476)	-	44,472
National Lottery Community Fund (Merseyside Live & Learn Group)	6,172	-	(6,172)	-	-
NHSE Roadshows	30,211	-	(18,062)	-	12,149
Sefton MBC	25,624	52,400	(78,024)	-	-
Steve Morgan Foundation	699	15,000	(15,061)	-	638
NHSE Autism Awareness	24,432	-	(24,432)	-	-
John Moores Foundation	-	10,000	(10,000)	-	-
Other	20,661	58,467	(27,167)	(72)	51,889
Total Funds (current year)	143,201	236,413	(245,394)	(72)	134,148
Other Funds					
NHSE LeDeR	150	450	(450)	-	150
P H Holt	8,250	-	(8,250)	-	-
Sefton CVS Community Resilience	549	-	(549)	-	-
NHSE Passports to Good Health	6,279	-	(2,496)	-	3,783
NHSE Annual Health Checks	2,641	-	(293)	-	2,348
European Social Fund	-	352	(352)	-	-
Grantscape Burbo Bank Extension Fund	2,792	-	(2,720)	(72)	-
Community Champions Fund	-	2,462	(2,462)	-	-
Community Transition Fund	-	17,225	(9,596)	-	7,629
Merseycare Blood Pathways	-	17,000	-	-	17,000
NHS England DNACPR	-	20,978	-	-	20,978
Total other funds (current year)	20,661	58,467	(27,167)	(72)	51,889

The use of restricted funds is determined by the grant provider.
Lloyds Bank Foundation, core funding to work towards sustainability

Sefton MBC/Sefton CCG's funding to provide a self-advocacy service for people with a learning disability in Sefton delivered in accordance with chapter 4 of the Valuing People White paper

National Lottery funding was received for Dignity and Voices in dying (DAVID)and Live and Learn

NHS England funding for Cancer Red flag/ Lungs, Autism Advocacy Service, Annual health checks and passport to good health projects

John Moores Foundation to deliver Merseyside Live and learn project, enabling people with learning disabilities to engage in community opportunities, build friendships and reduce social isolation.

PH Holt to deliver Merseyside Live and learn project, enabling people with learning disabilities to engage in community opportunities, build friendships and reduce social isolation.

16. Restricted Funds (cont.)

Sefton Community Transition fund to deliver Merseyside Live and learn project, enabling people with learning disabilities to engage in community opportunities, build friendships and reduce social isolation.

Steve Morgan foundation funding to provide an Advocacy Liaison officer working 1 to 1 with adults with learning disabilities across Merseyside.

17. Analysis of Net Assets

Previous year ended 31 March 2021

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total Funds £
Current Assets	*93,787*	*49,925*	*143,201*	*286,913*
Current Liabilities	*(455)*	-	-	*(455)*
Long Term Liabilities	*(19,874)*	-	-	*(19,874)*
	73,458	*49,925*	143,201	266,584

Current year ended 31 March 2022

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Totals Funds £
Current Assets	72,805	59,857	134,148	266,810
Current Liabilities	(473)	-	-	(473)
Long Term Liabilities	(26,129)	-	-	(26,129)
	46,203	59,857	134,148	240,208

People First Merseyside Company Limited
Notes to the Accounts (cont.)
For the year ended 31 March 2022

18. Comparative Statement of Financial Activities Information

In order to comply with Financial Reporting Standard 102 which requires comparative information to be provided for all amounts, this note provides the necessary disclosure for comparative purposes of the Statement of Financial Activities for the year ended 31 March 2021.

	Unrestricted Fund £	Restricted Fund £	Total Funds £
Income			
Donations and legacies	1,216	-	1,216
Comparative activities	-	274,821	274,821
Other Trading Activities	29,211	-	29,211
Investments	57	-	57
Other income	2,567	550	3,117
Total income	33,051	275,371	308,422
Expenditure on			
Charitable activities	(662)	275,801	275,138
	(662)	275,801	275,138
Net income/(expenditure)	33,714	(430)	33,284
Other Recognised gains:			
Net movement in funds	**33,714**	(430)	33,284

The notes on pages 17 to 30 form part of these financial statements

PEOPLE FIRST MERSEYSIDE COMPANY LIMITED

England & Wales - Charity number 1124792

Accounts

Company Number: 5487998
Charity Number: 1124792

People First Merseyside Company Limited

(A Company Limited by Guarantee)

Annual Report
&
Financial Statements
For the year ended
31 March 2021

Greater Merseyside Community Accountancy Service
Sefton Council for Voluntary Service
3rd Floor, Suite 3b
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

SATURDAY
AAF9BMKB
A04 16/10/2021 #240
COMPANIES HOUSE

People First Merseyside Company Limited
Contents

Pages	
3-12	Trustees' Annual Report
13	Independent Examiner's Report
14	Statement of Financial Activities
15-16	Balance Sheet
17-31	Notes to the Financial Statements

People First Merseyside Company Limited
Trustee's Annual Report
For the year ended 31 March 2021

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ended 31 March 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

Objectives and Activities

The objects of the charity are to:-

1) To advance and promote the education of those members of the public with learning disabilities or learning difficulties in particular by the provision of training facilities and workshops in self advocacy and related areas, including;

(a) Enabling and assisting people with learning disabilities or learning difficulties to speak up for themselves, to share ideas and voice opinions with others.

(b) Assisting and enabling people with learning disabilities or learning difficulties to enjoy the same rights as everyone else, to attain greater independence, freedom of choice and participation in community.

2) to advance public education about the educational, psychological and emotional needs of people with a learning disability or learning difficulty

3) to promote or assist in promoting research into all aspects of such needs and to disseminate the useful results of such research for the benefit of the public.

In setting our objectives and planning our activities the trustees have given careful consideration to the Charity Commission's guidance on public benefit.

Achievements and Performance

The promotion of Self Advocacy and its benefits for People with learning disabilities is central to People First Merseyside. We aim to help people with learning disabilities in Liverpool and Sefton to:

Improve their Self-confidence and Self Esteem
Reduce Social Isolation
Improve Psychological well being
Have more choice and control over their own lives.

2020 -2021 has been a difficult and exceptional year for People First Merseyside. In March 2020, the country went into lockdown due to the Covid-19 pandemic. This hugely impacted on our activities and project delivery.

We had to close our office for several months, a place of sanctuary, safety and support for many of our members who are some of the most vulnerable in society. The lockdown restrictions created complex social issues including, isolation, low confidence, inability to cope with daily living and a deterioration in mental health and wellbeing. Our focus changed from meeting project outcomes to the day-to-day welfare of our members.

Staff were allocated members to call daily to ensure they were well, knew how to get food, to offer reassurance and to explain the complex and changing information from the Government.

We also had to adapt to home working which required both time and financial input. We had to invest in new laptop computers, software and printers to ensure that staff were able to connect to the network from home. Staff also had to learn how to use video conferencing facilities such as Zoom and Microsoft Teams.

Some weeks into the lockdown, we began to reintroduce regular project meetings using Zoom to help provide structure to members days and to enable them to see and interact with their peers on a regular basis. However, some members did not have access to the internet or devices to access Zoom. As a result, we submitted applications for emergency funds to several funders.

Emergency Funds:

Initially, emergency funds were utilised to support the welfare of our members. As lockdown restrictions began to ease, we started to look at the costs of returning to the office. We successfully applied for emergency funds to cover costs of increased communication costs, tablets and data cards, PPE, Cleaning materials, desk screens, additional room hire for social distancing.

Emergency funders were: LCR Cares (x2 applications), Lloyds Foundation and The Steve Morgan Foundation.

During this reporting period where we faced a total of 3 national lockdowns, we were able to:
Make 3,744 wellbeing calls to 43 members.
Had 941 additional one to one support engagements.
Had 3,083 non wellbeing engagements with self-advocates.

Despite the difficulties we faced during the year, we were able to continue with some of our project work and are proud to report the following achievements for our projects.

Sefton

Our Sefton group have continued to provide a self-advocacy service for adults with a learning disability living within the borough of Sefton. This work is funded by Sefton MBC and Sefton CCGs.

The Sefton group support the work of the Sefton Transforming Care Partnership Board. People First Merseyside are taking a lead in supporting the Learning-Disabled Co Chairs at meetings.

Members in Sefton take part in Community Networking meetings such as The Ability Network and Health and Social Care Forum and Healthwatch's Community Champions Network. These meetings are an opportunity to promote the work of People First Merseyside and self-advocacy in Sefton. During 2020 - 21, these meetings took place on Zoom and Members were able to continue being part of these networks and to speak up about the services they receive in Sefton.

During this period, we had 6,839 interactions with 1,899 individuals from Sefton and took part in:

87 consultation events
67 Training Sessions
32 Community Network Meetings
29 Awareness Raising Sessions
2,504 1 to 1 member support sessions
250 Community Activities

Members of People First Merseyside Sefton group gave 3,647 volunteer hours valued at delivered £41,958 t from April 2020 - March 2021. Although this number is lower than previous years, we think this is significant achievement during the pandemic and show the commitment of our members.

Merseyside Live and Learn project.

People First Merseyside was established to provide a social support group run by and for people with a learning disability. This project was initially funded by The People's Health Trust and P.H.Holt. It now continued with funding from The National Lottery Community Fund and John Moore's Foundation during 2020 -21.

The aims of the project are to increase opportunities to become more independent, increase friendship groups, increase the number of social opportunities and to improve skills for people with a learning disability.

Covid-19 had a huge impact on the ability to deliver face to face activities. However, the group still met regularly using Zoom and introduced a regular Fun Friday session to provide social interaction opportunities.

During this year of the project (April 20 - March 21) 92 people with learning disabilities have taken part in regular meetings and online activities.

Beneficiaries completed a self-assessment questionnaire during the project and have reported the following:
100% reported they feel encouraged to take a lead and ownership of the activities.
100% reported they felt they had been able to contribute ideas to the activity programme.
100% reported feeling more connected (involved) with their community since they started the project.
100% reported they had made new friendships since starting the project and that their social network had expanded.

Don't Live Lonely Lives

We were awarded funds from Burbobank Extension fund and The National Lottery Community Fund (Awards 4 All) to develop a project about relationships.
The Don't Live Lonely Lives project started in September 2019. It began with 20 weeks of relationship training for 24 People First Merseyside members so they could become Relationships champions.

In 2020 -21 the group developed 4 easy read booklets with the following headings:
All about Relationships
Consent
Keeping Safe In Relationships
Sexual Relationships.

Our plans for the end of the project included hosting 4 events to promote the booklets and to provide training for up to 200 people with learning disabilities. Unfortunately, we have had to amend these plans because of Covid-19. We are developing a training pack including a PowerPoint presentation, worksheets and the booklets that will be delivered to several provider organisations and groups in the Burbo Bank extension fund area. The training pack can be used by organisations to host relationships training sessions for the people who use their service.

Dignity And Voices In Dying (DAVID)

The project is funded for 5 years by the National Lottery Community Fund. It aims to address the subject of death and dying for people with learning disabilities. The project was developed after the death of one of People First Merseyside's members. When he died, he had no family to make arrangements for his funeral. Our members expressed a desire to learn more about dying and how to plan for our own deaths.

Since the beginning of lockdown, we have continued to run the DAVID Project via zoom meetings. We have completed work on Consent, and Funeral Planning, and aim to re-visit the topic of Religion post-lockdown when we can visit the relevant places of worship.

We have continued to work with professionals. We had a guest speaker from Debbie Bennet Funeral Directors to talk about the importance of pre-planning your funeral.

We have had zoom meetings with an organisation called the BuzzHub, based in St Helens, who have offered to support the project in script writing and filming videos once lockdown is over. We have also had meetings with Pete Le Grys, the director of Photosymbols - a company that produces images to be incorporated into easy- read documents. Pete met with the members to discuss what images we would require to produce easy-read documents around death and dying. There is also scope for members to be the models for some of the pictures, post-lockdown.

During this reporting period we have recorded the following:
24 steering group sessions.
30 task and finish group sessions.
25 members (on average) engaged.

Advocacy Liaison Officer

In April 2020, we employed Daniel Morgan as an Advocacy Liaison Officer. Our purpose is providing group support and project opportunities to people with learning disabilities, but these individuals come with complex personal issues that take time to deal with.

Existing staff did not have the capacity to give support required to resolve these issues. During the lockdowns, these issues were exacerbated. Our members say that they do not know where to go or who to turn to for support when they have problems.

Daniel's role means that we are now able to give our members and other people with learning disabilities the time and attention they need to negotiate their way through these often complex and time-consuming issues.

In his first year, Daniel has supported members with a multitude of issues including, but not limited to the following:
Social Services' referrals for, safeguarding, new care packages, rehousing.
Chasing up medical referrals and attending appointments.
Staffing complaints and dismissals.

Hate crimes.
Domestic abuse.
Support when criminally culpable.
Support completing and sending forms and attending meetings.
Benefits issues including applications and appeals.
Debt management including setting up repayments, write-offs, and refunds.

Where possible, we educate our members on systems they are working in and the processes that they must go through, involve them in every step, and keep them updated on progress until the issue finds its final resolution. This enables them to feel they maintain control over the issue in hand and the path their lives take.

Aside from practical support, we also provide emotional support when facing up to frightening issues. Knowing that they have a safety net for all matters gives our members a sense of security which they might otherwise not have available as a person with a learning disability.

In some cases, providing this intermediary role can relieve the pressure on families, and so help maintain positive familial relationships.

The project was especially helpful during Covid-19 lockdowns as all services have been forced to depend on phone calls/video calls/emails/messages more than ever before. These are modes of communication many of our members struggle with.

Autism Liaison Officer

In October 2020, we employed Lisa Smeaton as an Autism Liaison Officer. This post was initially funded by the National Lottery Community Fund for 6 months as a direct result of the Covid Pandemic.

Lisa is based in Sefton, providing support to identify issues affecting Autistic people, such as; social isolation, poor mental health and reduced employment opportunities. Lisa helps them to set goals towards achieving steps to independence and personal outcomes e.g. getting/keeping a job, making a friend or becoming an active part of their community.

Communication is a common but complex challenge for many Autistic people. Lisa uses resources that reduce anxieties including a one-page profile that enables a person to share information about their needs and how they can be supported well e.g. with an employer or when starting with a new group.

Further funding was secured from NHS England to continue this post in the next financial year.

Aspiration, Inspiration, Motivation (AIM)

During this reporting period, we received a grant from ESF to support people with a learning disability to learn basic sign language through a combination of accredited guided learning which will be embedded through signing to music as part of a choir.

The plans for this project had to be adapted as a result of Covid-19. We started by holding 20 sing and sign sessions with a freelance British Sign Language tutor called Helen Andrews. This was followed by and introduction to British Sign Language (BSL) and 20 BSL, Unit 101, sessions, delivered by Merseyside Society for Deaf People (MSDP.)

Many sessions were delivered using Zoom. We were able to revert to face-to-face sessions later in the project. Participants each received 43 hours of guided learning and covered topics such as greetings, fingerspelling, colours, numbers basic conversation etc.

NHS England commissioned projects:

We have several projects commissioned by NHS England in progress during this reporting period.

Cancer Red Flag Symptom & Look After Your Lungs:
Following the success of an initial pilot across Cheshire and Merseyside in 2018, we were commissioned to deliver a further 50 awareness raising roadshows across the Northwest and Yorkshire and Humber. Unfortunately, plans for this project had to be postponed until the following financial year because of the Covid-19 lockdown restrictions.

Learning Disability Annual Health Checks:
Due to the poor uptake of Learning Disability Annual Health Checks, we were commissioned to develop an awareness raising project that would help to increase demand from people with learning disabilities for these checks.
This project had to be adapted during the pandemic and sessions were delivered on Zoom. 33 members took part in a total 37 sessions.
Initial sessions were to learn about Learning Disability Annual Health Checks and what should happen at one. Later sessions were to design and develop an accessible, easy read booklet that would help to raise awareness of these health checks for people with learning disabilities. The booklets were completed and 10,000 printed.
10 Awareness raising workshops to promote and disseminate the booklets have been put on hold until the following financial year.

Passport To Good Health:
This project was commissioned by NHS England through Sefton CCGs. The aim of the project is to promote good general health and health services to people with learning disabilities in Sefton. Again, the project had to be adapted due to Covid lockdown restrictions.
The project began with a series of sessions for our members to learn about a range of health issues and services e.g. screening services, Immunisations, chronic conditions etc.
Members then worked on developing an accessible easy read booklet covering a wide range of health topics. The booklets were completed and 9,000 have been printed.
3 events to promote the booklets and raise awareness of general health for people with learning disabilities, parents / carers and provider organisations have been put on hold until the next financial year.

Financial Review

The charity had a surplus for the year of £33,284 (2020: surplus £107,537). The surplus on the unrestricted funds was £33,714 (2020: Surplus £27,632). Net assets at 31 March 2021 were £286,458.

The balance on the general fund at 31 March 2021 was £73,458.

Reserves Policy

The Charity endeavours to retain in its unrestricted funds, sufficient funds to cover three months' turnover for the Charity's core activities. The Trustees require a minimum of at least this figure at the start of each financial year in order to safeguard against budgetary problems occasionally experienced by our core funders. Therefore a Contingency Fund of £49,925 has been designated.

Plans for Future Periods

The Board of Directors continues to discuss and source alternative sources of income to diversify funding streams in the future.

The Trustees have set aside full Redundancy Provisions for staff who meet the criteria.

Reference and administrative details

Charity number:	1124792
Company number:	5487998
Registered Office:	3rd Floor The Investment Centre, 375 Stanley Road, Bootle L20 3EF

People First Merseyside Company Limited
Trustee's Annual Report
For the year ended 31 March 2021

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB, Dm.dip
Bankers:	Unity Trust Bank, 4 Brindleyplace, Birmingham. B1 2JB

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

Andy Bowskill	
Patrick Burke	
Karen Duffy	
Rebecca Ferguson	
Emma Grange	
Nicola Hall	
Phillip Hume	
Ryan Huntley	- resigned 25 January 2021
Derek Jones	- resigned 29 March 2021
Maria McClintock	- resigned 30 November 2020
Siobhan Storey	
Susan Williams	
Simon Walker	- appointed 28 June 2021
Jade Martlew	- appointed 29 March 2021
Paul Walsh	

Other Key Management personnel:

Co-ordinator	Helen Flett

Structure, Governance and Management

Governing Document

People First Merseyside Company Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 22nd June 2005. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company and there are currently - members (13 in 2020), each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which comprises:

* an annual review of the principal risks and uncertainties that the charity faces;
* the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
* the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for both the charity and its subsidiary. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank and active management of trade debtors and creditors balances to ensure sufficient working capital by the charity.

Attention has also been focused on non-financial risks arising from fire, health and safety of clients, food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

People First Merseyside Company Limited
Trustee's Annual Report
For the year ended 31 March 2021

Trustees' Responsibilities

The trustees, who are also the directors of People First Merseyside Company Limited for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. in preparing the financial statements, the trustees are required to:

1) select suitable accounting policies and then apply them consistently;
2) observe the methods and principles on the Charities SORP;
3) make judgements and estimates that are reasonable and prudent;
4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will contionue in business.

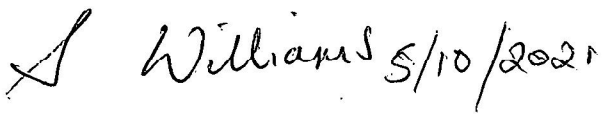
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Comapnies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 5th October 2021 and signed on their behalf.

Andrew Bowskill
Trustee

Sue Williams
Trustee



Independent Examiner's Report
To the trustees of People First Merseyside Company Limited
For the year ended 31 March 2021

I report on the accounts of the charity for the year ended 31 March 2021 which are set out on pages 14 to 31.

Responsibilities and basis of report

As the charity's trustees of People First Merseyside (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the the requirements of the Company's Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 14595) (b) of the 2011 Act.

Independent examiner's statement

I am a member of the AAT and I am bound by the code of ethics issued by FRC's Revised Ethical Standard 2016.

Accounts preparation services were provided by Sefton CVS, my employer, and I as examiner have applied the ethical standard to my work.

I have completed my examination, I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anthony Deegan MAAT, MICB, Dm.dip
Community Accountant
Sefton Council for Voluntary Service
Crosby Road North
Waterloo
Liverpool
L20 0LG

5th October 2021

People First Merseyside Company Limited
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 31 March 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £	*Total 2020 £*
Income and endowments from:					
Donations and legacies	2	1,216	-	1,216	6,186
Charitable activities	3	-	274,821	274,821	343,973
Other trading activities	4	29,211	-	29,211	30,277
Investments	5	57	-	57	227
Other	6	2,567	550	3,117	-
Total income		33,051	275,371	308,422	380,663
Expenditure on:					
Charitable activities	7	(663)	275,801	275,138	273,126
Total expenditure		(663)	275,801	275,138	273,126
Net income/(expenditure)		33,714	(430)	33,284	107,537
Other recognised gains:					
Net movement in funds		33,714	(430)	33,284	107,537
Reconciliation of funds:					
Funds b/fwd		89,670	143,629	233,299	125,760
Funds c/fwd		123,383	143,201	266,584	233,300

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

The notes on pages 17 to 31 form part of these financial statements

People First Merseyside Company Limited
Balance Sheet
As at 31 March 2021

Company Number: 5487998

	Note	2021 £	£	*2020 £*
Current Assets				
Debtors	11	7,679		1,660
Cash at bank and in hand	12	279,234		253,276
		286,913		254,936
Creditors: Amounts falling due within one year	13	455		5,167
Net Current Assets			286,458	249,769
Total Assets Less Current Liabilities			286,458	249,769
Provisions for Liabilities	14		(19,874)	(16,469)
Total Net Assets			266,584	233,300
Funds of the charity				
Designated Funds			49,925	62,008
General Fund			73,458	27,662
Total Unrestricted Funds	15		123,383	89,670
Restricted Funds	16		143,201	143,630
Total Funds			266,584	233,300

The notes on pages 17 to 31 form part of these financial statements

People First Merseyside Company Limited
Balance Sheet
As at 31 March 2021 (cont.)

Company Number: 5487998

In approving these financial statements as directors of the company we hereby confirm the following:
For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
Directors' responsibilities:
1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the board of directors on 5th October 2021.

Andrew Bowskill, Trustee A. Bowskill 12/10/21

Sue Williams, Trustee S Williams 5/10/2021

The notes on pages 17 to 31 form part of these financial statements

1 Accounting Policies

1a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 Janaury 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

People First Merseyside Company Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for Charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The functional currency used by People First Merseyside Company Ltd. is the £ Sterling.

1b. Preparation of the accounts on a going concern basis

The unrestricted reserves are considered to be sufficient and are consistent with the reserves policy. The accounts have therefore been prepared on a going concern basis.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1 Accounting Policies (cont.)

1d. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Self advocacy

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1e. Funds Accounting

All income and expenditure together with gains and losess are allocated to a specific charitable fund.

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Further details of designated funds together with their purpose are set out in note 15.

Restricted funds are donations which the donor has specified are to be used solely for particular areas of the charity's work or for specific projects being undertaken by the charity. Further details of restricted funds together with their purposes are set out in note 16.

1f. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1g. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1 Accounting Policies (cont.)

1h. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1i. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Donations and Legacies

	2021 £	*2020* *£*
Donations	1,021	3,786
Membership dues	195	1,650
Conference	-	750
	1,216	6,186

3. Charitable Activity Income

	2021 £	*2020 £*
Sefton Health Authority	52,400	*52,400*
National Lottery Dignity&Voices In Dying	74,531	*74,363*
National Lottery Live & Learn (Live & Learn)	18,385	*69,831*
National Lottery Don't Live Lonely Lives	-	*10,000*
John Moores Foundation	-	*5,000*
Grantscape	5,221	*8,643*
Sefton CCG VCF Fund	-	*1,690*
NHSE Transforming Care	-	*21,179*
Lloyds Bank Foundation	8,458	*11,478*
European Social Fund	14,425	*4,926*
NHSE Good Health	-	*21,001*
NHSE Roadshows	13,768	*48,337*
PH Holt	8,250	-
NHS Autism Awareness	25,000	-
Peoples Health Trust	-	*5,206*
LCR Cares Covid Fund	9,364	-
Groundwork	500	-
Heritage Lottery Fund	-	*9,919*
Steve Morgan Foundation	18,357	-
NLCF Covid Fund	26,162	-
	274,821	*343,973*

Income from charitable activities has been applied to the following activities:

	2021 £	*2020 £*
Self advocacy	267,292	*343,973*
	267,292	*343,973*

4. Other trading activity income

	2021 £	2020 £
Services	6,900	750
Management fees	19,092	27,122
Sales	-	1,500
Overhead Fees	2,136	117
Room Hire	1,083	788
	29,211	30,277

5. Investment Income

	2021 £	2020 £
Interest Receivable	57	227
	57	227

6. Other Income

	2021 £	2020 £
Other income	3,117	-
	3,117	-

7. Charitable Activities Expenditure

	Activities Undertaken Directly £	Support Costs £	Total 2021 £	*Total 2020 £*
Self advocacy	236,573	38,565	275,138	*273,125*
	236,573	38,565	275,138	*273,125*

8. Support Costs

	Management & Administration £	Total 2021 £	*Total 2020 £*
Self advocacy	38,565	38,565	44,095
	38,565	38,565	44,095

9. Staff Costs

	2021 £	2020 £
Wages and Salaries	164,763	156,365
Redundancy	3,405	3,094
Social Security costs	8,434	9,030
Pension costs	5,275	5,081
	181,877	173,570

The average number of employees during the 2021 was:

	2021 Number	2020 Number
Management & Support Staff	9	8
	9	8

The trustees received no remuneration during the year (2020: £nil).
The trustees did not receive any expenses during the year (2020: £nil).

10. Key Management Personnel

The trustees consider that the key management personnel comprise the trustees listed on page 9 and the Senior Management Team as follows:-

Senior Management Team

Co-ordinator - Helen Flett

	2021 £	2020 £
Total Remuneration	31,210	31,210

11. Debtors

	2021 £	2020 £
Amounts falling due within one year		
Trade debtors	7,679	1,660
	7,679	1,660

12. Cash at bank and in hand

	2021 £	2020 £
Cash at bank	279,014	252,762
Cash in hand	219	513
	279,233	253,275

13. Creditors: Amounts falling due within one year

	2021 £	*2020 £*
Trade creditors	-	1,771
Other creditors	-	2,864
Accruals and deferred income	455	532
	455	5,167

14. Provisions for Liabilities

	2021 £	*2020 £*
Redundancy provision	19,874	16,469
	19,874	16,469

15. Unrestricted Funds

	Balance brought forward 2019 £	*Income* £	*Expenditure* £	*Transfers between funds* £	*Balance carried forward 2020* £
General Fund	*17,504*	*36,691*	*(9,059)*	*(17,475)*	*27,661*
Designated Funds					
Contingency Fund	*44,533*	-	-	*17,475*	*62,008*
Total Funds (previous year)	*62,037*	*36,691*	*(9,059)*	-	*89,669*

	Balance brought forward 2020 £	**Income** £	**Expenditure** £	**Transfers between funds** £	**Balance carried forward 2021** £
General Fund	27,663	33,050	662	12,082	73,457
Designated Funds					
Contingency Fund	62,007	-	-	(12,082)	49,925
Total Funds (current year)	89,670	33,050	662	-	123,382

The Contingency Fund is designated to cover 3 months' running costs in order to provide against fluctuations in income.

16. Restricted Funds

	Balance brought forward 2019 £	Income £	Expenditure £	Balance carried forward 2020 £
Lloyds Bank Foundation	-	*11,478*	*(8,118)*	*3,360*
National Lottery Community Fund (DAVID)	-	*74,363*	*(50,220)*	*24,143*
National Lottery Community Fund (Merseyside Live & Learn Group)	-	*69,831*	*(49,743)*	*20,088*
National Lottery Community Fund (Don't Live Lonely Lives)	-	*10,000*	*(5,355)*	*4,645*
NHSE Roadshows	-	*48,337*	*(5,021)*	*43,316*
Sefton MBC	-	*52,400*	*(52,400)*	-
Heritage Lottery Fund	*16,738*	*9,919*	*(26,657)*	-
John Moores Foundation	-	*5,000*	*(5,000)*	-
Other	*46,986*	*62,645*	*(61,553)*	*48,078*
Total Funds (previous year)	*63,724*	*343,973*	*(264,067)*	143,630

16. Restricted Funds (cont.)

	Balance brought forward 2020 £	Income £	Expenditure £	Balance carried forward 2021 £
Lloyds Bank Foundation	3,360	8,458	(11,818)	-
National Lottery Community Fund (DAVID)	24,143	74,531	(63,272)	35,402
National Lottery Community Fund (Merseyside Live & Learn Group)	20,088	18,385	(32,302)	6,171
National Lottery Community Fund (Don't Live Lonely Lives)	4,645	-	(4,645)	-
NHSE Roadshows	43,316	13,768	(26,873)	30,211
Sefton MBC	-	52,400	(26,776)	25,624
Steve Morgan Foundation	-	18,357	(17,658)	699
NHSE Autism Awareness	-	25,000	(569)	24,431
Other	48,077	64,472	(91,888)	20,661
Total Funds (current year)	143,629	275,371	(275,801)	143,199
Other Funds				
NHSE LeDeR	-	450	(300)	150
Groundwork	-	500	(500)	-
LCR Cares Covid Fund	-	9,364	(9,364)	-
NCLF Covid Fund	-	26,162	(26,162)	-
BBC Home Services	-	100	(100)	-
P H Holt	-	8,250	-	8,250
Sefton CVS Community Resilience	837	-	(288)	549
NHSE Passports to Good Health	21,001	-	(14,722)	6,279
NHSE Annual Health Checks	21,179	-	(18,538)	2,641
European Social Fund	2,773	14,425	(17,198)	-
Grantscape Burbo Bank Extension Fund	2,288	5,221	(4,716)	2,793
Total other funds (current year)	48,078	64,472	(91,888)	20,662

The use of restricted funds is determined by the grant provider.

The Lloyds Bank Foundation was to rebuild the website and train staff and members how to update it.

National Lottery funding was received for Dignity And Voices In Dying (DAVID), Live & Learn, and Don't Live Lonely Lives.

National Health Service England provided funding for cancer / red flag roadshows.

16. Restricted Funds (cont.)

Sefton MBC funding is to to provide a self-advocacy service for people with a learning disability in Sefton delivered in accordance with Chapter four of the Valuing People White paper.

People Health Trust funding is to deliver the 'Merseyside Live and Learn' Project, enabling people with learning disabilities to engage in new community opportunities, build friendships and a reduce social isolation

NHSE Stomp is a small grant to produce an awareness raising film about medication and the process of a medications use review.

P H Holt grant contributes to the delivery of the Merseyside Live and Learn project, providing additional support enabling people with learning disabilities to engage in new community opportunities, build friendships and reduce social isolation.

Sefton CVS community resilience funding is for Friends Eating And Socialising Together.

National Health Service England provided funding for resources about general health and encouraging annual health checks.

The European Social Fund grant was for a project called 'Aspiration, Inspiration, Motivation', on which members will learn basic British Sign Language (BSL) and will embed the learning through a sing and sign choir.

Grantscape Burbo Bank Extension Fund finances the Don't Live Lonely Lives project.

17. Analysis of Net Assets

Previous year ended 31 March 2020

	Unrestricted Funds £	*Designated Funds* £	*Restricted Funds* £	*Total Funds* £
Current Assets	*49,297*	*62,008*	*143,630*	*254,935*
Current Liabilities	*(5,166)*	-	-	*(5,166)*
Long Term Liabilities	*(16,469)*	-	-	*(16,469)*
	27,662	*62,008*	143,630	233,300

Current year ended 31 March 2021

	Unrestricted Funds £	**Designated Funds** £	**Restricted Funds** £	**Totals Funds** £
Current Assets	93,787	49,925	143,201	286,913
Current Liabilities	(455)	-	-	(455)
Long Term Liabilities	(19,874)	-	-	(19,874)
	73,458	49,925	143,201	266,584

18. Comparative Statement of Financial Activities Information

In order to comply with Financial Reporting Standard 102 which requires comparative information to be provided for all amounts, this note provides the necessary disclosure for comparative purposes of the Statement of Financial Activities for the year ended 31 March 2020.

	Unrestricted Fund £	Restricted Fund £	Total Funds £
Income			
Donations and legacies	6,186	-	6,186
Comparative activities	343,973	343,973	343,973
Other Trading Activities	30,277	-	30,277
Investments	227	-	227
Total income	**380,663**	**343,973**	**380,663**
Expenditure on			
Charitable activities	9,059	264,067	273,126
	9,059	**264,067**	**273,126**
Net income	**27,631**	**79,906**	**107,537**
Other Recognised gains:			
Net movement in funds	**27,631**	**79,906**	**107,537**