

# *Contact Morpeth Mental Health Group*

*Annual Report and Financial Statements  
for the year ended 31<sup>st</sup> July 2024*



**Charity Number 1124547**

**Company Number 06182748**



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**Contact Morpeth Mental Health Group Ltd.**

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Registered charity number: 1124547 Company Limited by guarantee: 06182748

## Legal and Administrative Information

Name: **Contact Morpeth Mental Health Group Ltd.**

Registered charity number: **1124547**

Company Limited by guarantee: **06182748**

Trustees:

<b>Rhona Dunn BEM</b>	<b>(Chairperson)</b>
<b>Mary Kendall</b>	<b>(Treasurer / Vice Chairperson)</b>
<b>Geoff Bushell</b>	<b>(Secretary) (Resigned 30 Jan 2025)</b>
<b>Elaine Smith</b>	<b>(Resigned 25 Apr 2024)</b>
<b>Robert Kendall</b>	
<b>Kathryn Kent</b>	<b>(Appointed 16 Oct 2024)</b>
<b>Shelley Piper</b>	<b>(Appointed 30 Jan 2025)</b>

Representatives on the Leadership Group:

**Volunteers: Dawn Ternent**

**Members: Lyndsay Thompson**

**Carers: Derek Lord**

Registered Office:

**7 Greys Yard, Oldgate, Morpeth, Northumberland, NE61 1QD**

Bank Details:

**Santander UK plc. Registered Office: 2 Triton Square,  
Regent's Place, London, NW1 3AN**

Independent Examiner:

**Michelle Wright MW Accounting, Bookkeeping and Training,  
Woodgate House, 5c Wood Street, Gateshead, NE11 9NP**

## **Mission Statement**

“To offer friendship, develop support and reduce social isolation of those of us living with Mental Ill Health and their Carers.”

## **Aims and Objectives**

Our charity’s purposes as set out in the objects in the company’s memorandum of association are to:

- Relieve the need of persons suffering or who have suffered from mental ill health, and in particular to advance education, relieve poverty and to provide facilities in the interest of social welfare for recreation and other leisure-time occupation for such persons with the object of improving their conditions of life;
- Engage in any other charitable activity which may relieve the needs of such persons to protect and preserve the health of their families, friends and carers.

## **Main Activities delivering Public Benefit**

Contact Morpeth Mental Health and its charitable work is seen as crucial, offering friendship, support and reducing social isolation for those living with Serious Mental Illness and their carers, delivering vital services and activities, reaching beneficiaries across a wide area of South East Northumberland.

Made possible through the provision of a safe space and drop - in Centre for individuals whose lives have been severely affected by Serious Mental Illness, delivering a wide range of mentally stimulating activities and services which encourage participation as individuals or in a group setting, ultimately improving wellbeing and mental health, bringing about a reduction in the social isolation experienced by many.

Companionship is encouraged in a fun and friendly environment, which in turn is non-judgmental.

## **Structure, Governance and Management**

### **Governing Document:**

Contact (Morpeth Mental Health Group) Ltd. is a charitable company limited by guarantee, incorporated on 26 March 2007 and registered as a charity on 1 August 2008 (originally registered as an unincorporated charity on 22 May 1986). The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

### **Recruitment and Appointment of Board of Trustees:**

The directors of the company are also charity trustees for the purposes of charity law and throughout this report are collectively referred to as the Board. Under the requirements of the Memorandum and Articles of Association the Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Board of Trustees give their time voluntarily and receive no benefits or personal/travel expenses from the charity. The Board seeks to ensure that the needs of service users are appropriately reflected through the diversity of the trustee body.

A broad mix of skills is represented on the Trustee Board. Contact Morpeth is always looking to recruit people with strengths in the areas of Marketing, HR, Business Management and Funding / Fundraising.



### **Trustee Induction and Training:**

Copies of the Memorandum and Articles of Association and the latest financial statements are distributed to all new trustees. The Board is reviewing the induction and training for its trustees to provide a more structured approach.

Additionally, new trustees are invited and encouraged to meet with staff and volunteers as well as attend drop-in sessions and social activities to familiarise themselves with the charity's activities and the beneficiaries of the charity.

### **Risk Management:**

Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of all staff, volunteers, services users and visitors to the centre. These policies / procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### **Organisational Structure:**

Contact (Morpeth Mental Health Group) Ltd. has a board of trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present the Board has members from a variety of professional backgrounds relevant to the work of the charity.

### **Responsibilities of the Board of Trustees:**

The Trustees (who are also the directors of Contact (Morpeth Mental Health Group) Ltd. (for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant audit information of which the company's auditors/examiner are unaware; and

- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors/examiner are aware of that information.

## **Chairperson's Report**

I am pleased to present my annual report for Contact Morpeth Mental Health Group for the financial year 2023-2024. This year has once again highlighted our unwavering commitment to promoting mental well-being, advocating for those in need, and raising awareness of mental health issues.

Despite the ongoing challenges posed by rising levels of mental ill health, the cost-of-living crisis, and increasing operational costs, our charity has continued to adapt and evolve to meet the ever-changing needs of our community. Like many organisations, we have experienced a significant rise in the demand for our services, particularly for our vital Free Counselling Service. We receive regular referrals and self-referrals from across South East Northumberland, working closely with GP surgeries, Community Link Workers, Social Prescribers, and Crisis Teams. None of this would be possible without the dedication and professionalism of our incredible team of volunteer counsellors.

## **Over 83 beneficiaries of our Free Counselling Service this year!**

This year alone, over 83 individuals have benefitted from our Free Counselling Service, representing a 30% increase from the previous year. Our support extends not only to Morpeth but also to communities across South East Northumberland.

Beyond counselling, we have devoted significant time to assisting people with benefit advice, applications, and appeals—including telephone assessments and where necessary, representation at benefit tribunals. We have also seen an increase in referrals made to Food Banks and the CAB, reflecting the ongoing hardships many in our community face.

Through our continued efforts, Contact Morpeth Mental Health Group remains a vital source of support for individuals facing mental health challenges, ensuring they receive the help, guidance, respect, and understanding they deserve. As we anticipate that the needs of our beneficiaries will continue to grow, the demand for our numerous services and activities will undoubtedly increase.

## **Community Engagement and Events**

During the year, our members enjoyed fantastic days out at Beamish and Alnwick Gardens, where we were given 32 free tickets. Additional day trips and holidays are being planned to further support the well-being of our members.

We gratefully received Christmas Gift Boxes sourced from "Elderberries" and the Duchess of Northumberland, which were distributed to members over 50 and those alone at Christmas. Additionally, our Christmas Lunch catered for 32 people—many thanks to everyone who worked so hard on the day and in the preparations!

In recognition of Mental Health Awareness Week, we hosted a successful Circle Drumming event at Contact. We also celebrated the contribution of our volunteers with a fun event during Volunteers Week in June.

Our charity was represented at an Ageing Well Event at Morpeth Town Hall and at a Northumberland Communities Together networking and public event with a display at Pegswood Community Hub.

## **Fundraising and Financial Support**

Our fundraising efforts, with valuable support from our local community, have been highly successful. Various fundraising events took place, including Quiz Nights with food and a Burns Night. Notable contributions include:

- "Andy's 100 Half Marathons" fundraiser, which raised an incredible sum of £1,426.76, including Gift Aid.
- "Party for Patrick," organised by Lyndsey Crofts at the Rugby Club, which raised £1,302.50.
- Generous donations from Morpeth Men's Breakfasts, Morpeth Poetry Group, Anglican Churches of Morpeth, Health Hut Pharmacy, Morpeth Rotary Club, St George's United Reformed Church, and the Ladies Breakfast Club Morpeth.
- Supporters completing the Great North Run and other sponsored events on our behalf.

In addition, we raised funds for other worthy causes, including £310 for Macmillan Cancer and £107 for Comic Relief from our Red Nose Day Raffle. Thank you to all who helped and donated.

We are extremely grateful for the financial support provided by the trustees of The Hollon Trust and The Morpeth Dispensary, assisting beneficiaries struggling financially. Furthermore, thanks to grants, we were able to purchase much-needed new computers in line with planned ICT office upgrades, significantly improving our efficiency and staff well-being.

Despite economic uncertainties, I am pleased to report that our charity remains financially stable. This is a testament to the unwavering support of our donors, sponsors, and partners, whose generosity enables us to continue our vital work. We are deeply grateful for their ongoing commitment to our cause.

## **Looking Ahead**

With your continued support and dedication, I am confident that we will make even greater strides in the years to come.

In closing, I would like to express my sincere gratitude to the board, staff, volunteers, and supporters who have contributed to the success of our charity. Your passion, dedication, and tireless efforts are truly inspiring, and I am honoured to work alongside each and every one of you.

A massive thank you—you're all amazing!

**Rhona Dunn BEM**

Chair, Contact Morpeth Mental Health

## Services and Activities

We have continued to improve, expand and provide our free vital Counselling / Therapy Service for those in need across South East Northumberland, using trained volunteer counsellors, also providing relief, advice and support on benefits / debt / housing and many other issues, all important to our beneficiaries.

We signed up our premises as a “Warm Space and Place” with Northumberland County Council.

Our tutor led “Funky Fitness” sessions continue to be in great demand, with individuals benefitting from improvements to their health as well as increased social interaction. Our Digital Camera / Photography group also proves popular as well as our informal IT sessions which assist our beneficiaries in becoming more Digitally Inclusive, with tutor led weekly sessions reaping the advantages of going online.

### **Over 500 hours of Counselling delivered this year!**

Other weekly activities include “Meditation and Mindfulness” sessions, Craft sessions, Card making, a Carers Support Group and a Film Club.

Our Drop In Café the “Coffee Den ” generates valuable income, operating daily run predominately by a great group of Volunteers, not only does it provide tea /coffee but nutritious warm subsidised meals, a vital place where members can feel accepted, socialise with others or may just need to escape from their home setting.

#### **Volunteers:**

Contact Morpeth Volunteers are massively important to our success and are seen as an integral part of our team rather than seen as an “add on”. We could not operate the charity without them, seen as an essential part of our operations and are invaluable to our work.

Contact’s Volunteers contribute in numerous roles such as one-to-one counselling, tutoring workshops and serving refreshments and lunches in our Coffee Den, as well as on our fundraising group and as Trustees. With approximately 25 volunteers between August 2023 and July 2024, having donated thousands of hours of their time.

### **Volunteers gave over 3,300 hours of their time this year!**

The Trustees and Staff would like to take this opportunity to sincerely thank the Volunteers for their continued enthusiasm, support and time given selflessly to the service of our others. They are great fun to have around and no task is too much for them.

#### **Plans for the future:**

The charity plans to continue running the activities outlined subject to satisfactory levels of funding being acquired.

As we build on the momentum of the past year, we are excited to continue our mission of promoting mental health and well-being for all.

We are currently raising funds to purchase a new replacement Static Caravan in a different location, part of our “Respite Breaks Project”. To complement our existing services and activities, we aim to start Creative and Expressive Writing Groups, a Singing Group and a Walking Group. Additionally, we plan to replace our kitchen, carry out energy-saving measures, and redecorate the centre to improve our facilities.



## Financial Review

The total income for the period was £118,286 (2023: £93,153). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 July 2024 shows a net income across all funds of £15,922 (2023: £11,174).

The Balance Sheet at 31 July 2024 shows total funds carried forward of £145,453 (2023: £129,531) of which there are £77,889 designated funds (2023: £66,131) and £32,431 restricted funds (2023: £34,862).

### Funding and Fundraising:

During the year Funding was gratefully received from the following sources, trusts and foundations:

The Albert Hunt Trust      The Hadrian Trust      Morpeth Town Council      Morpeth Football Club  
Local Giving      The Greggs Foundation      The Rothley Trust      The Green Hall Foundation  
The Community Foundation Northumberland / Tyne and Wear)      Sir James Knott Trust  
The Barbour Foundation      The Joicey Trust      The Ridley Family Charity  
The National Lottery Cost of Living Fund      St. James Place Foundation  
British Engines      Tesco Community Grant      The North East Together Small Grants Fund  
The 29<sup>th</sup> May 1961 Charitable Trust      Freemasons of Northumberland Benevolent Fund  
Coca-Cola Euro pacific Partners Community Fund      The Carr Ellison Family Trust  
The William Webster Charitable Trust      Awards For All      The J H Burn Charity Trust  
LL Manning Charity Trust      Every Turn MHC

*Thank  
you!*

Other income was derived from our Fundraising efforts, Donations, Activities and Events, Room Hire, Caravan Lettings, our Café.

### Reserves Policy:

The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation and have set a level equivalent to 6 months of operating costs as a desired level of reserve. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity are a contingency in the event of sudden unforeseen variations in its income and expenditure, in order to protect the future operation of the organisation.

## Trustees Declarations

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<u>R Dunn</u> <small>R Dunn (Apr 3, 2025 10:06 GMT+1)</small>	<u>M Kendall</u> <small>M Kendall (Apr 16, 2025 10:02 GMT+1)</small>
Full Name(s)	R Dunn	M Kendall
Position (e.g. Chair, Secretary etc.)	Chair	Treasurer

Date	03/04/2025
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## **CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES**

For the year ended 31 July 2024

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I report on the financial statements of Contact (Morpeth Mental Health Group) Limited for the year ended 31 July 2024, which are set out on pages 10 to 21.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Michelle Wright*

Michelle Wright  
MW Accounting, Bookkeeping & Training  
Woodgate House  
5c Wood Street  
Gateshead  
NE11 9NP  
Date: 16/04/2025

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES**

(INCLUDING SUMMARY INCOME &amp; EXPENDITURE ACCOUNT)

For the year ended 31 July 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b><u>Income from:</u></b>					
Donations and legacies	6	11,442	-	<b>11,442</b>	4,828
Charitable activities					
Grants and contracts	7	46,127	38,530	<b>84,657</b>	68,672
Other trading activities	8	15,718	4,170	<b>19,888</b>	18,213
Other income	9	2,298	-	<b>2,298</b>	1,441
<b>Total income</b>		<b>75,586</b>	<b>42,700</b>	<b>118,286</b>	<b>93,153</b>
<b><u>Expenditure on:</u></b>					
Charitable activities					
Operation of the charity	10	57,233	45,131	<b>102,364</b>	81,979
<b>Total expenditure</b>		<b>57,233</b>	<b>45,131</b>	<b>102,364</b>	<b>81,979</b>
<b>Net income/(expenditure) and net movement of funds</b>		<b>18,353</b>	<b>( 2,431 )</b>	<b>15,922</b>	<b>11,174</b>
<b><u>Reconciliation of funds</u></b>					
Total funds brought forward		94,669	34,862	<b>129,531</b>	118,357
<b>Total funds carried forward</b>		<b>113,022</b>	<b>32,431</b>	<b>145,453</b>	<b>129,531</b>

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 12 to 21 form an integral part of these accounts.

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

Charity Number 1124547

Company Number 06182748

**BALANCE SHEET**

As at 31 July 2024

	Notes	£	Total 2024 £	£	Total 2023 £
<b><u>Fixed assets</u></b>					
Tangible assets	17		45,620		40,753
<b>Total fixed assets</b>			<b>45,620</b>		<b>40,753</b>
<b><u>Current assets</u></b>					
Debtors	18	1,073		1,160	
Cash at bank and in hand	19	99,234		87,918	
<b>Total current assets</b>		<b>100,307</b>		<b>89,078</b>	
<b>Creditors:</b> amounts falling due within one year	20	<b>( 475 )</b>		<b>( 300 )</b>	
<b>Net current assets</b>			<b>99,833</b>		<b>88,778</b>
<b>Total assets less current liabilities</b>			<b>145,453</b>		<b>129,531</b>
<b>Total net assets or liabilities</b>			<b>145,453</b>		<b>129,531</b>
<b><u>Funds of the charity</u></b>					
Unrestricted income funds			35,133		28,538
Designated funds			77,889		66,131
Restricted income funds			32,431		34,862
<b>Total funds</b>			<b>145,453</b>		<b>129,531</b>

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 12 to 21 form an integral part of these accounts.

These financial statements were approved by the Board on: 03/04/2025

and are signed on its behalf by:

Rhona Dunn

Chair of Board of Trustees

*R Dunn*

R Dunn (Apr 3, 2025 10:06 GMT+1)

## **CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

### **NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

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#### **1 Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

#### **2 Basis of accounting**

##### **2.1 Basis of preparation**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Contact (Morpeth Mental Health Group) Limited meets the definition of a public benefit entity under FRS 102.

##### **2.2 Preparation of the accounts on a going concern basis**

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

#### **3 Income**

##### **3.1 Recognition of income**

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

##### **3.2 Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

##### **3.3 Grants and donations**

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.



## **CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

### **NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

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#### **3.4 Donated goods and services**

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

#### **3.5 Volunteer help**

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

#### **3.6 Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

#### **3.7 Investment gains and losses**

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

#### **3.8 Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

### **4 Expenditure and liabilities**

#### **4.1 Liability recognition**

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

#### **4.2 Charitable activities**

Expenditure on charitable activities includes the costs of mentally stimulating activities, counselling/therapy and other activities undertaken to further the purposes of the charity and their associated support costs.

## **CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

### **NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

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#### **4.3 Governance and support costs**

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **4.4 Irrecoverable VAT**

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### **4.5 Creditors**

The charity has creditors which are measured at settlement amounts less any trade discounts.

#### **4.6 Provisions for liabilities**

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

### **5 Assets**

#### **5.1 Tangible fixed assets for use by the charity**

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis, a full years depreciation charge is applied in the year of acquisition and no charge is made in the year of disposal:

Caravan	Straight line over seven years
Office equipment	Straight line over five years
Computer equipment	Straight line over three years

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

**Analysis of income**

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>6 Donations and legacies</b>				
Donations and Gift Aid	11,442	-	<b>11,442</b>	4,828
	<u>11,442</u>	<u>-</u>	<u><b>11,442</b></u>	<u>4,828</u>
<b>7 Charitable activities</b>				
<u>Income from grants and contracts</u>				
Albert Hunt Trust	4,000	-	<b>4,000</b>	4,000
EC Graham Belford	-	-	-	3,000
Barbour Foundation	5,000	-	<b>5,000</b>	5,000
Joicey Trust	-	-	-	3,000
Greatham Hospital	-	-	-	1,000
Ridley Family	-	-	-	3,000
29th May 1961 Charitable Trust	1,000	-	<b>1,000</b>	1,000
Karbon Homes	-	-	-	1,000
St James' Place	-	-	-	2,500
Northumberland Council Community Chest	2,912	-	<b>2,912</b>	1,072
Sir James Knott Trust	-	10,000	<b>10,000</b>	10,000
Community Foundation	-	-	-	7,700
Freemasons	-	-	-	5,000
National Lottery	17,147	-	<b>17,147</b>	-
Awards for All	-	3,600	<b>3,600</b>	-
Morpeth Town Council	750	-	<b>750</b>	5,000
Magic Little Grant	-	-	-	500
LL Manning Charity Trust	1,000	-	<b>1,000</b>	-
Everyturn MHC	-	3,930	<b>3,930</b>	-
Greggs Foundation	10,000	-	<b>10,000</b>	15,000
The Green Hall Foundation	-	4,000	<b>4,000</b>	-
The William Webster Charitable Trust	-	3,000	<b>3,000</b>	-
NCC MLIS Counsellor Richard Wearmouth	-	3,000	<b>3,000</b>	-
NCC MLIS Counsellor David Bawn	-	3,000	<b>3,000</b>	-
NCC MLIS Counsellor John Beynor	-	3,000	<b>3,000</b>	-
Other small grants	4,318	5,000	<b>9,318</b>	900
	<u>46,127</u>	<u>38,530</u>	<u><b>84,657</b></u>	<u>68,672</u>
<b>8 Other trading activities</b>				
Activities and Events	2,676	-	<b>2,676</b>	1,664
Fundraising	2,596	-	<b>2,596</b>	2,451
Room hire	1,290	-	<b>1,290</b>	1,579
Caravan Lettings	-	4,170	<b>4,170</b>	4,036
Café	9,155	-	<b>9,155</b>	8,483
	<u>15,718</u>	<u>4,170</u>	<u><b>19,888</b></u>	<u>18,213</u>

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

**Analysis of income** continued

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2023 £
<b>9 Other income</b>				
Other income	2,298	-	<b>2,298</b>	1,441
	<u>2,298</u>	<u>-</u>	<u><b>2,298</b></u>	<u>1,441</u>

Income was £118,286 (2023: £93,153) of which £75,586 was unrestricted or designated (2023: £62,417) and £42,700 was restricted (2023: £30,736)

**Analysis of expenditure on charitable activities**

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>10 Charitable activities</b>				
<u>Direct costs</u>				
Staff Costs	37,875	1,798	<b>39,673</b>	32,166
Staff and Volunteer Training	303	-	<b>303</b>	333
Activities & events	3,056	6,889	<b>9,945</b>	6,997
Caravan costs	-	3,678	<b>3,678</b>	6,617
Supervision	-	-	<b>-</b>	-
Café	3,870	-	<b>3,870</b>	2,864
<u>Support costs</u>				
Centre & office running costs	-	19,024	<b>19,024</b>	20,293
Insurance	1,481	-	<b>1,481</b>	1,837
Printing, postage & stationery	614	-	<b>614</b>	1,003
Repairs & renewals	432	401	<b>833</b>	1,392
Sale of asset	-	13,340	<b>13,340</b>	-
Depreciation	8,242	-	<b>8,242</b>	7,026
<u>Governance costs</u>				
Independent examiner's fees for reporting on the accounts	300	-	<b>300</b>	300
Payroll Fees	337	-	<b>337</b>	339
Legal and professional fees	722	-	<b>722</b>	811
	<u>57,233</u>	<u>45,131</u>	<u><b>102,364</b></u>	<u>81,979</u>

Expenditure on charitable activities was £102,364 (2023: £81,979) of which £57,233 was unrestricted or designated (2023: £53,162) and £45,131 was restricted (2023: £28,817)

## CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

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### NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2024

#### 11 Fees for examination of the accounts

	2024 £	2023 £
Independent examiner's fees for reporting on the accounts	300	300
	<b>300</b>	<b>300</b>

#### 12 Analysis of staff costs and the cost of key management personnel

	2024 £	2023 £
Salaries and wages	37,196	30,703
Social security costs	2,298	1,441
Pension costs (defined contribution pension plan)	112	-
	<b>39,607</b>	<b>32,143</b>

No employee received remuneration above £60,000 (2023: nil)

The key management personnel of the charity, comprise the Trustees and the Fundraiser. The total employee benefits of the key management personnel of the charity were £14,971. (2023: £14,971)

#### 13 Staff numbers

The average monthly head count was 2.5 staff (2023: 2.5 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2024 Number	2023 Number
The parts of the charity in which the employee's work		
Fundraising	1.0	1.0
Charitable activities	1.5	1.5
	<b>2.5</b>	<b>2.5</b>

Sessional staff are hired on a project by project basis and are included within charitable activities as direct project costs as they typically relate to specific production or projects.

#### 14 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

##### Transaction(s) with related parties

There have been no related party transactions in the reporting period.

#### 15 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £262 (2023: £0). There was £175 outstanding as at 31 July 2024 (2023: £0)

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

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**NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

**16 Corporation Taxation**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

**17 Tangible fixed assets**

	<b>Caravan £</b>	<b>Office Equipment £</b>	<b>Computer equipment £</b>	<b>Total £</b>
<b>Cost</b>				
Balance brought forward	45,502	7,300	389	<b>53,191</b>
Additions	42,040	-	4,035	<b>46,075</b>
Disposals	( 45,502 )	-	-	<b>( 45,502 )</b>
<b>Balance carried forward</b>	<b>42,040</b>	<b>7,300</b>	<b>4,424</b>	<b>53,764</b>
<b>Depreciation</b>				
Basis	SL	SL	SL	
Rate	14%	20%	33%	
Balance brought forward	10,608	1,625	205	<b>12,438</b>
Depreciation charge for year	5,432	1,460	1,350	<b>8,242</b>
Disposals	( 12,536 )	-	-	<b>( 12,536 )</b>
<b>Balance carried forward</b>	<b>3,503</b>	<b>3,085</b>	<b>1,556</b>	<b>8,144</b>
<b>Net book value</b>				
<b>Brought forward</b>	<b>34,894</b>	<b>5,675</b>	<b>184</b>	<b>40,753</b>
<b>Carried forward</b>	<b>38,537</b>	<b>4,215</b>	<b>2,869</b>	<b>45,620</b>

**18 Debtors and prepayments (receivable within 1 year)**

	<b>2024 £</b>	<b>2023 £</b>
Prepayments & accrued income	<b>1,073</b>	1,160
	<b>1,073</b>	1,160

**19 Cash at bank and in hand**

	<b>2024 £</b>	<b>2023 £</b>
Cash at bank and in hand	<b>99,184</b>	87,843
Cash in hand	<b>50</b>	75
	<b>99,234</b>	87,918



## CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

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### NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2024

#### 20 Creditors and accruals (payable within 1 year)

	2024 £	2023 £
Pension	175	-
Accruals		
Independent examination of accounts	300	300
	<u>475</u>	<u>300</u>

#### 21 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

#### 22 Analysis of charitable funds

##### Analysis of movements in unrestricted funds

For the year ending 31 July 2024

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
<b>Unrestricted funds</b>					
General unrestricted fund	28,537	75,586	( 48,990 )	( 20,000 )	<b>35,132</b>
Designated funds					
Depreciating assets	36,131	-	( 8,242 )	-	<b>27,889</b>
Future projects	10,000	-	-	10,000	<b>20,000</b>
Caravan replacement	15,000	-	-	10,000	<b>25,000</b>
Unplanned staff costs	5,000	-	-	-	<b>5,000</b>
<b>Totals</b>	<u>94,668</u>	<u>75,586</u>	<u>( 57,233 )</u>	<u>-</u>	<u><b>113,021</b></u>

##### Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds
Designated funds	
Depreciating assets	Funding received and used to purchase a new caravan
Future projects	To enable the charity to initiate projects that are immediate need
Caravan capital replacement	To cover or contribute to timely replacement of the capital asset
Unplanned staff costs	To fund a dedicated resource to support the staff team

## CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

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### NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2024

#### 22 Analysis of charitable funds continued Analysis of movement in restricted funds For the year ending 31 July 2024

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
<b>Restricted funds</b>					
Caravan	-	25,170	( 17,019 )	-	<b>8,151</b>
Community Foundation	3,232	-	-	-	<b>3,232</b>
Magic Little Grant	870	-	( 870 )	-	-
The Clothworkers	401	-	( 401 )	-	-
Wilan Trust	8,500	3,930	( 8,500 )	-	<b>3,930</b>
Activities	666	-	( 666 )	-	-
Albert Hunt Trust	109	-	( 109 )	-	-
Barbour Foundation	362	-	( 362 )	-	-
Karbon Homes	1,000	-	-	-	<b>1,000</b>
St James' Place	2,500	-	( 1,828 )	-	<b>672</b>
Sir James Knott	1,327	10,000	( 1,327 )	-	<b>10,000</b>
Awards for All	-	3,600	( 3,525 )	-	<b>75</b>
Morpeth Town Council	5,000	-	( 5,000 )	-	-
Other grants	10,895	-	( 5,524 )	-	<b>5,371</b>
<b>Totals</b>	<b>34,862</b>	<b>42,700</b>	<b>( 45,131 )</b>	<b>-</b>	<b>32,431</b>

#### Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Caravan	To support the purchase and running costs of a Respite Breaks Caravan Project, available for members to use for short breaks
Community Foundation	To support counselling provided by the organisation
Magic Little Grant	To support the activities that the organisation runs
The Clothworkers	To assist with the refurbishment of the centre and replacing equipment
Wilan Trust	To support the core running costs of the organisation
Activities	Funding received to support the running costs of the activities provided
Albert Hunt Trust	To support salary costs
Barbour Foundation	To support salary costs
Karbon Homes	To support counselling provided by the organisation
St James' Place	To support counselling provided by the organisation
Sir James Knott	To support salary costs
Awards for All	To support the meditation and fitness activities the organisation runs
Morpeth Town Council	To support the core running costs of the organisation
Other grants	To support the core running costs of the organisation

#### 23 Capital commitments

As at 31 July 2024, the charity had no capital commitments (2023 -£nil)

**CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED**

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**NOTES TO THE FINANCIAL STATEMENTS**

For the year ended 31 July 2024

**24 Analysis of net assets between funds**

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Tangible fixed assets	45,620	-	<b>45,620</b>	<b>40,753</b>
Cash at bank and in hand	66,803	32,431	<b>99,234</b>	<b>87,918</b>
Other net current assets/(liabilities)	599	-	<b>599</b>	<b>860</b>
	<b>113,022</b>	<b>32,431</b>	<b>145,453</b>	<b>129,531</b>