

Contact Morpeth Mental Health Group

*Annual Report and Financial Statements
for the year ended 31st July 2023*



Charity Number 1124547

Company Number 06182748



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Contact Morpeth Mental Health Group Ltd.

7 Grey's Yard, Oldgate, Morpeth, Northumberland NE61 1QD

Tel: 01670 510652 E-mail: contact@contactmorpeth.org.uk www.contactmorpeth.org.uk

Registered charity number: 1124547 Company Limited by guarantee: 06182748

Legal and Administrative Information

Name: **Contact Morpeth Mental Health Group Ltd.**

Registered charity number: **1124547**

Company Limited by guarantee: **06182748**

Trustees:

Rhona Dunn BEM (Chairperson)

Mary Kendall (Treasurer / Vice Chairperson)

Geoff Bushell (Secretary)

Elaine Smith

Robert Kendall (Appointed December 2022)

Representatives on the Leadership Group:

Volunteers: Cynthia Livesey

Members: Lyndsay Thompson

Carers: Derek Lord

Registered Office:

7 Greys Yard, Oldgate, Morpeth, Northumberland, NE61 1QD

Bank Details:

Santander UK plc. Registered Office: 2 Triton Square,

Regent's Place, London, NW1 3AN

Independent Examiner:

**Michelle Wright MW Accounting, Bookkeeping and Training,
Woodgate House, 5c Wood Street, Gateshead, NE11 9NP**

Mission Statement

“To offer friendship, develop support and reduce social isolation of those of us living with Mental Ill Health and their Carers.”

Aims and Objectives

Our charity’s purposes as set out in the objects in the company’s memorandum of association are to:

- Relieve the need of persons suffering or who have suffered from mental ill health, and in particular to advance education, relieve poverty and to provide facilities in the interest of social welfare for recreation and other leisure-time occupation for such persons with the object of improving their conditions of life;
- Engage in any other charitable activity which may relieve the needs of such persons to protect and preserve the health of their families, friends and carers.

Main Activities delivering Public Benefit

Contact Morpeth Mental Health and its charitable work is seen as crucial, offering friendship, support and reducing social isolation for those living with Serious Mental Illness and their carers, delivering vital services and activities, reaching beneficiaries across a wide area of South East Northumberland.

Made possible through the provision of a safe space and drop - in Centre for individuals whose lives have been severely affected by Serious Mental Illness, delivering a wide range of mentally stimulating activities and services which encourage participation as individuals or in a group setting, ultimately improving wellbeing and mental health, bringing about a reduction in the social isolation experienced by many.

Companionship is encouraged in a fun and friendly environment, which in turn is non-judgmental.

Structure, Governance and Management

Governing Document:

Contact (Morpeth Mental Health Group) Ltd. is a charitable company limited by guarantee, incorporated on 26 March 2007 and registered as a charity on 1 August 2008 (originally registered as an unincorporated charity on 22 May 1986). The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Board of Trustees:

The directors of the company are also charity trustees for the purposes of charity law and throughout this report are collectively referred to as the Board. Under the requirements of the Memorandum and Articles of Association the Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Board of Trustees give their time voluntarily and receive no benefits or personal/travel expenses from the charity. The Board seeks to ensure that the needs of service users are appropriately reflected through the diversity of the trustee body.

A broad mix of skills is represented on the Trustee Board. Contact Morpeth is always looking to recruit people with strengths in the areas of Marketing, HR, Business Management and Funding / Fundraising.

Trustee Induction and Training:

Copies of the Memorandum and Articles of Association and the latest financial statements are distributed to all new trustees. The Board is reviewing the induction and training for its trustees to provide a more structured approach.

Additionally, new trustees are invited and encouraged to meet with staff and volunteers as well as attend drop-in sessions and social activities to familiarise themselves with the charity's activities and the beneficiaries of the charity.

Risk Management:

Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of all staff, volunteers, services users and visitors to the centre. These policies / procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Organisational Structure:

Contact (Morpeth Mental Health Group) Ltd. had a Board of 5 trustees who meet monthly and are responsible for the strategic direction and policy of the charity. At present the Board has members from a variety of professional backgrounds relevant to the work of the charity.

Responsibilities of the Board of Trustees:

The Trustees (who are also the directors of Contact (Morpeth Mental Health Group) Ltd. (for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant audit information of which the company's auditors/examiner are unaware; and
- As the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors/examiner are aware of that information.

Chairpersons Report

It is with great pleasure and a sense of profound responsibility that I present my Chairpersons annual report for Contact Morpeth Mental Health Group for the year 2022-2023. Once again this year has been a testament to our commitment to fostering mental well-being, advocating for those in need, and championing mental health awareness.

Despite the challenges posed by the increases in Mental Ill Health, "The Cost of Living" and rising costs our charity has continued to adapt and evolve in meeting the changing and challenging needs of our community.

Contact Morpeth Mental Health Group has like many other organisations experienced a dramatic increase in the demand for our services and support, especially for our vital Free Counselling Services.

We continue to receive regular referrals and self-referrals for this service from across South East Northumberland, working closely with GP Surgeries/ Community Link Workers / Social Prescribers and Crisis Teams. On occasions we have paused referrals due to high demand in managing caseloads and ensuring a quality service. Over the years our client base has diversified, presenting both challenges and opportunities. We now have a mix of ages and different complexities to deal with.

This service wouldn't be possible without the commitment and professionalism shown and provided by our dedicated team of Volunteer Counsellors and Administration Staff.

Over 60 beneficiaries of our Free Counselling Service this year!

We continue to support beneficiaries not only from Morpeth but from across a large area of South East Northumberland. Additionally, we have expanded our reach through social media, engaging with thousands of followers across various platforms.

Again during the year we have spent a considerable amount of time assisting people with Benefit advice and Applications / Appeals, telephone assessments, attending Benefits Tribunals where needed, in addition to listening to any problems / issues members may have, most of which might not seem important to us but are extremely important to them.

Our members were able to have a great day out at Northumberland Zoo, with other day trips and holidays being planned.

Our Fundraising efforts, with valuable support from our local community have gone well with various Fundraising Events taking place, stalls at "Morpeth Town Fair" and "Morpeth Picnic In The Park" and supporters completing the Great North Run and other sponsored events on our behalf.

As we aim to make a lasting difference to the lives of our beneficiaries we also anticipate their needs will continue to grow and the demand for our numerous services and activities will undoubtedly increase.

We are truly thankful for the financial support provided by The Hollon Trust, assisting our beneficiaries who are struggling financially.

We are also extremely grateful for all the financial support and donations received throughout the year. Despite the economic uncertainties, I am pleased to report that our charity remains financially stable. This is a testament to the unwavering support of our donors, sponsors, and partners, whose generosity enables us to continue our vital work. We are deeply grateful for their ongoing commitment to our cause.

Looking ahead, we are excited to build on the momentum of the past year and continue our mission of promoting mental health and well-being for all. With your continued support and dedication, I am confident that we will make even greater strides in the years to come.

In closing, I would like to express my sincere gratitude to the board, staff, volunteers, and supporters who have contributed to the success of our charity. Your passion, dedication, and tireless efforts are truly inspiring, and I am honoured to work alongside each and every one of you.

A massive thank you, you're all amazing!

Rhona Dunn BEM
Chair, Contact Morpeth Mental Health

Services and Activities

We have continued to improve, expand and provide our free vital Counselling / Therapy Service for those in need across South East Northumberland, using trained volunteer counsellors, also providing relief, advice and support on benefits / debt / housing and many other issues, all important to our beneficiaries.

We signed up our premises as a "Warm Space and Place" with Northumberland County Council.

Our tutor led "Funky Fitness" sessions continue to be in great demand, with individuals benefitting from improvements to their health as well as increased social interaction. Our Digital Camera / Photography group also proves popular as well as our informal IT sessions which assist our beneficiaries in becoming more Digitally Inclusive, with tutor led weekly sessions reaping the advantages of going online.

Over 600 hours of Counselling delivered this year!

Other weekly activities include "Meditation and Mindfulness" sessions, Craft sessions, Card making, a "Discussion Group", a Carers Support Group and a Film Club, which are all well attended.

Our Drop In Café the "Coffee Den" generates valuable income, operating daily run predominately by a great group of Volunteers, not only does it provide tea /coffee but nutritious warm subsidised meals, a vital place where members can feel accepted, socialise with others or just need to escape from their home setting.

During the year we held regular Quiz Fundraising evenings, some with food provided. We also raised funds for another charity with a Coffee Morning donating over £300 to Macmillan Cancer Care.

We were fortunate enough to upgrade 4 office Computers with funding gratefully received from Northumberland County Council Community Chest scheme and The Rothley Trust.

Volunteers:

Contact Morpeth Volunteers are massively important to our success and are seen as an integral part of our team rather than seen as an “add on”. We could not operate the charity without them, seen as an essential part of our operations and are invaluable to our work.

Contact’s Volunteers contribute in numerous roles such as one-to-one counselling, tutoring workshops and serving refreshments and lunches in our Coffee Den, as well as on our fundraising group and as Trustees. With approximately 25 volunteers between August 2022 and July 2023, having donated thousands of hours of their time.

Volunteers gave over 3,500 hours of their time this year!

The Trustees and Staff would like to take this opportunity to sincerely thank the Volunteers for their continued enthusiasm, support and time given selflessly to the service of our others. They are great fun to have around and no task is too much for them.

Plans for the future:

The charity plans to continue running the activities outlined subject to satisfactory levels of funding being acquired, it also has plans to develop and deliver an Allotment Project as well as a Telephone Friendship scheme for our members. Also starting Creative and Expressive Writing Groups.

Financial Review

Funding and Fundraising:

During the year Funding was gratefully received from the following sources, trusts and foundations:

Albert Hunt Trust	Morpeth Town Council	The EC Graham Belford Charitable Settlement
Magic Little Grant through “Local Giving”	The Greggs Foundation	The Rothley Trust
The Community Foundation Northumberland / Tyne and Wear	Sir James Knott Trust	
The Barbour Foundation	The Joicey Trust	The Ridley Family Charity
Northumberland County Council Community Chest	St. James Place	
Karbon Homes Community Fund	The Hospital of God at Greatham	
The 29 th May 1961 Charitable Trust	Freemasons of Northumberland Benevolent Fund	
Coca-Cola Euro pacific Partners Community Fund	The Carr Ellison Family Trust	

Other income was derived from our Fundraising efforts, Donations, Activities and Events, Room Hire, Caravan Lettings, our Café.

Financial Review:

The total income for the period was £93,153 (2022: £97,334). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 July 2023 shows a net income across all funds of £11,174 (2022: £23,047).

*Thank
you!*

The Balance Sheet at 31 July 2023 shows total funds carried forward of £129,531 (2022: £118,357) of which there are £66,131 designated funds (2022: £43,157) and £34,862 restricted funds (2022: £32,140).

Reserves Policy:

The Board of Trustees has examined the charity’s requirements for reserves in light of the main risks to the organisation and have set a level equivalent to 6 months of operating costs as a desired level of reserve. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity are a contingency in the event of sudden unforeseen variations in its income and expenditure, in order to protect the future operation of the organisation.

Trustees Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	<i>Rhona Dunn</i>	<i>Mary Kendall</i>
Full Name(s)	Rhona Dunn (Apr 26, 2024 11:18 GMT+1)	Mary Kendall (Apr 25, 2024 13:06 GMT+1)
Position (e.g. Chair, Secretary etc.)	Chair	Treasurer/Vice Chair

Date	25/04/2024
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CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 July 2023

I report on the financial statements of Contact (Morpeth Mental Health Group) Limited for the year ended 31 July 2023, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.


Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Michelle Wright
MW Accounting, Bookkeeping & Training
Woodgate House
5c Wood Street
Gateshead
NE11 9NP
Date: 26/04/2024


Michelle Wright (Apr 26, 2024 10:03 GMT+1)

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 July 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<u>Income from:</u>					
Donations and legacies	6	4,828	-	4,828	8,323
Charitable activities					
Grants and contracts	7	41,972	26,700	68,672	54,930
Other trading activities	8	14,177	4,036	18,213	33,038
Other income	9	1,441	-	1,441	1,043
Total income		62,417	30,736	93,153	97,334
<u>Expenditure on:</u>					
Charitable activities					
Operation of the charity	10	53,162	28,817	81,979	74,287
Total expenditure		53,162	28,817	81,979	74,287
Net income/(expenditure)		9,256	1,919	11,174	23,047
Transfers between funds		(803)	803	-	-
Net income/(expenditure) and net movement of funds		8,452	2,722	11,174	23,047
<u>Reconciliation of funds</u>					
Total funds brought forward		86,216	32,140	118,357	95,310
Total funds carried forward		94,669	34,862	129,531	118,357

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 11 to 20 form an integral part of these accounts.

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

Charity Number 1124547

Company Number 06182748

BALANCE SHEET

As at 31 July 2023

	Notes	£	Total 2023 £	£	Total 2022 £
<u>Fixed assets</u>					
Tangible assets	17		40,753		38,580
<i>Total fixed assets</i>			40,753		38,580
<u>Current assets</u>					
Debtors	18	1,160		1,849	
Cash at bank and in hand	19	87,918		78,129	
<i>Total current assets</i>		89,078		79,977	
Creditors: amounts falling due within one year	20	(300)		(200)	
<i>Net current assets</i>			88,778		79,777
<i>Total assets less current liabilities</i>			129,531		118,357
<i>Total net assets or liabilities</i>			129,531		118,357
<u>Funds of the charity</u>					
Unrestricted income funds			28,537		86,216
Designated funds			66,131		
Restricted income funds			34,862		32,140
<i>Total funds</i>			129,531		118,357

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 11 to 20 form an integral part of these accounts.

These financial statements were approved by the Board on:

and are signed on its behalf by:

Rhona Dunn

Chair of Board of Trustees Rhona Dunn (Apr 26, 2024 11:18 GMT+1)

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Contact (Morpeth Mental Health Group) Limited meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.8 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of mentally stimulating activities, counselling/therapy and other activities undertaken to further the purposes of the charity and their associated support costs.

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

5 Assets

5.1 Tangible fixed assets for use by the charity

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis, a full years depreciation charge is applied in the year of acquisition and no charge is made in the year of disposal:

Caravan	Straight line over seven years
Office equipment	Straight line over five years
Computer equipment	Straight line over three years

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
6 Donations and legacies				
Donations and Gift Aid	4,828		4,828	8,323
	4,828	-	4,828	8,323
7 Charitable activities				
<u>Income from grants and contracts</u>				
Albert Hunt Trust	-	4,000	4,000	-
EC Graham Belford	3,000	-	3,000	-
Barbour Foundation	-	5,000	5,000	-
Joicey Trust	3,000	-	3,000	-
Greatham Hospital	1,000	-	1,000	-
Ridley Family	3,000	-	3,000	-
29th May 1961 Charitable Trust	1,000	-	1,000	-
Karbon Homes	-	1,000	1,000	-
St James' Place	-	2,500	2,500	-
Northumberland Council Community Chest	1,072	-	1,072	-
Sir James Knott Trust	-	10,000	10,000	-
Community Foundation	4,000	3,700	7,700	-
Freemasons	5,000	-	5,000	-
Mayor's Fund	-	-	-	13,808
Morpeth Town Council	5,000	-	5,000	5,000
Magic Little Grant	-	500	500	500
Wilan Trust	-	-	-	8,500
North Tyneside Council - Kickstart	-	-	-	7,713
Greggs Foundation	15,000	-	15,000	15,000
Other small grants	900	-	900	4,408
	41,972	26,700	68,672	54,930
8 Other trading activities				
Activities and Events	1,664	-	1,664	5,832
Fundraising	2,451	-	2,451	698
Room hire	1,579	-	1,579	810
Caravan Lettings	-	4,036	4,036	3,550
Café	8,483	-	8,483	6,623
Sale of asset	-	-	-	15,525
	14,177	4,036	18,213	33,038

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

Analysis of income continued

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
9 Other income				
Other income	1,441	-	1,441	1,043
	<u>1,441</u>	<u>-</u>	<u>1,441</u>	<u>1,043</u>

Income was £93,153 (2022: £97,334) of which £62,417 was unrestricted or designated (2022: £63,181) and £30,736 was restricted (2022: £34,153)

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
10 Charitable activities				
<u>Direct costs</u>				
Staff Costs	14,771	17,395	32,166	24,890
Staff and Volunteer Training	333	-	333	635
Activities & events	5,981	1,016	6,997	10,044
Caravan costs	-	6,617	6,617	6,282
Supervision	-	-	-	330
Café	2,864	-	2,864	1,288
<u>Support costs</u>				
Centre & office running costs	16,538	3,755	20,293	19,658
Insurance	1,837	-	1,837	648
Printing, postage & stationery	1,003	-	1,003	2,790
Repairs & renewals	1,358	34	1,392	1,365
Depreciation	7,026	-	7,026	5,412
<u>Governance costs</u>				
Independent examiner's fees for reporting on the accounts	300	-	300	300
Payroll Fees	339	-	339	334
Legal and professional fees	811	-	811	310
	<u>53,162</u>	<u>28,817</u>	<u>81,979</u>	<u>74,287</u>

Expenditure on charitable activities was £81,979 (2022: £74,287) of which £53,162 was unrestricted or designated (2022: £42,595) and £28,817 was restricted (2022: £31,692)

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

11 Fees for examination of the accounts

	2023 £	2022 £
Independent examiner's fees for reporting on the accounts	300	300
	300	300

12 Analysis of staff costs and the cost of key management personnel

	2023 £	2022 £
Salaries and wages	30,703	23,441
Social security costs	1,441	1,043
Pension costs (defined contribution pension plan)	-	287
	32,143	24,771

No employee received remuneration above £60,000 (2022: nil)

The key management personnel of the charity, comprise the Trustees and the Fundraiser. The total employee benefits of the key management personnel of the charity were £14,971. (2022: £9,562)

13 Staff numbers

The average monthly head count was 2.5 staff (2022: 2.5 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2023 Number	2022 Number
The parts of the charity in which the employee's work		
Fundraising	1.0	1.0
Charitable activities	1.5	1.5
	2.5	2.5

Sessional staff are hired on a project by project basis and are included within charitable activities as direct project costs as they typically relate to specific production or projects.

14 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

15 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £0 (2022: £287). There was £0 outstanding as at 31 July 2023 (2022: £0)

CONTACT (MORPETH MENTAL HEALTH GROUP) LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

16 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

17 Tangible fixed assets

	Caravan £	Office Equipment £	Computer equipment £	Total £
Cost				
Balance brought forward	40,502	3,101	389	43,992
Additions	5,000	4,199	-	9,199
Disposals	-	-	-	-
Balance carried forward	45,502	7,300	389	53,191
Depreciation				
Basis	SL	SL	SL	
Rate	14%	20%	33%	
Balance brought forward	4,822	515	76	5,412
Depreciation charge for year	5,786	1,110	130	7,026
Disposals	-	-	-	-
Balance carried forward	10,608	1,625	205	12,438
Net book value				
Brought forward	35,680	2,586	313	38,580
Carried forward	34,894	5,675	184	40,753

18 Debtors and prepayments (receivable within 1 year)

	2023 £	2022 £
Prepayments & accrued income	1,160	1,849
	1,160	1,849

19 Cash at bank and in hand

	2023 £	2022 £
Cash at bank and in hand	87,843	77,978
Cash in hand	75	151
	87,918	78,129

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

20 Creditors and accruals (payable within 1 year)

	2023 £	2022 £
Accruals		
Independent examination of accounts	300	200
	300	200

21 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

22 Analysis of charitable funds

Analysis of movements in unrestricted funds

For the year ending 31 July 2023

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	43,059	62,417	(46,136)	(30,803)	28,537
Designated funds					
Depreciating assets	43,157	-	(7,026)	-	36,131
Future projects	-	-	-	10,000	10,000
Caravan replacement	-	-	-	15,000	15,000
Unplanned staff costs	-	-	-	5,000	5,000
Totals	86,216	62,417	(53,162)	(803)	94,668

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds
Designated funds	
Depreciating assets	Funding received and used to purchase a new caravan
Future projects	To enable the charity to initiate projects that are immediate need
Caravan capital replacement	To cover or contribute to timely replacement of the capital asset
Unplanned staff costs	To fund a dedicated resource to support the staff team

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

22 **Analysis of charitable funds** continued
Analysis of movement in restricted funds
For the year ending 31 July 2023

	Fund balances brought forward	Incoming resources	Resources expended	Transfers	Fund balances carried forward
Restricted funds	£	£	£	£	£
Caravan	1,778	4,036	(6,617)	803	-
Community Foundation	582	3,700	(1,050)	-	3,232
Magic Little Grant	370	500	-	-	870
The Clothworkers	401	-	-	-	401
Recovery College	3,755	-	(3,755)	-	-
CPDO Salaries Fund	193	-	(193)	-	-
Wilan Trust	8,500	-	-	-	8,500
Activities	666	-	-	-	666
Albert Hunt Trust	-	4,000	(3,891)	-	109
Barbour Foundation	-	5,000	(4,638)	-	362
Karbon Homes	-	1,000	-	-	1,000
St James' Place	-	2,500	-	-	2,500
Sir James Knott	-	10,000	(8,673)	-	1,327
Morpeth Town Council	5,000	-	-	-	5,000
Other grants	10,895	-	-	-	10,895
Totals	32,140	30,736	(28,817)	803	34,862

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Caravan	To support the purchase and running costs of a Respite Breaks Caravan Project, available for members to use for short breaks
Community Foundation	To support counselling provided by the organisation
Magic Little Grant	To support the activities that the organisation runs
The Clothworkers	To assist with the refurbishment of the centre and replacing equipment
Recovery College	To support the activities that the organisation runs and usage of the building
CPDO Salaries Fund	To support the salary costs
Wilan Trust	To support the core running costs of the organisation
Activities	Funding received to support the running costs of the activities provided
Albert Hunt Trust	To support salary costs
Barbour Foundation	To support salary costs
Karbon Homes	To support counselling provided by the organisation
St James' Place	To support counselling provided by the organisation
Sir James Knott	To support salary costs
Morpeth Town Council	To support the core running costs of the organisation
Other grants	To support the core running costs of the organisation

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 July 2023

22 Analysis of charitable funds continued

Transfers between funds

	Reason for transfer	Amount £
Between unrestricted and restricted funds	A pre-agreed transfer to top up the caravan running fund	803

23 Capital commitments

As at 31 July 2023, the charity had no capital commitments (2022 -£nil)

24 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Tangible fixed assets	40,753	-	40,753	38,580
Cash at bank and in hand	53,056	34,862	87,918	78,129
Other net current assets/(liabilities)	860	-	860	1,649
	<u>94,668</u>	<u>34,862</u>	<u>129,531</u>	<u>118,357</u>