

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2023
for
Churn Project Limited

JD Frost Accountants
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Churn Project Limited

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Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE CHAIR

The Churn Project has been supporting vulnerable and marginalised people across the community in Cirencester and nearby villages since 2001. Our aims are to reduce isolation and improve wellbeing particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing poverty or mental health issues. Our vision is that all our residents are included and involved in their community; feel supported, valued and given the opportunity to achieve their potential.

Over the past twelve months, the Churn Project has engaged with 1,364 people, including 137 volunteers, supporting people to connect with their communities, make new friends, learn new skills, and grow in confidence. We have continued our focus on support with mental wellbeing, helping people to feel more resilient and able to cope with changes in life.

Many of our clients have been impacted by the increase in the cost of living, especially food and energy prices, and we have enhanced our support to those affected with additional 1:1 support, and initiatives including access to warm packs and energy advice. Within many of our group settings we have offered advice and tips to help with the cost of living, and we continue to offer hot refreshments in a warm space for free or at very low cost. Barnwood Trust chose us as a local partner to their Grants for Your Home scheme, giving our clients the opportunity to access funding support; and Stroud and Cotswold District Citizens Advice created a referral pathway into their service, helping our clients to access advice quickly and easily.

Our employment and skills service has expanded to a district wide offer, through funding from Gloucestershire County Council which gives us the chance to pilot outreach work and increase our client reach.

The board is very proud of the hardworking staff team, and the positive difference they are making to people's lives. None of this would be possible without the support from our funders and donors to whom we are very grateful and allow us to finish the year in a sound financial position.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose & Aims

The Churn Project's purposes are set out in the objects stated in its Memorandum & Articles of Association:

- Relief of financial hardship
- Relief of unemployment
- Creating training and employment opportunities
- Providing activities and services for unemployed people, older people and those facing disadvantage due to financial hardship or social and economic circumstances
- Promotion of good health.

Our vision that all people should be included, involved, and invested in their community is met through our mission to change lives by:

- reducing and preventing isolation.
- supporting and promoting wellbeing.
- creating opportunities to learn and achieve.
- supporting people through crisis.
- providing early help and interventions.
- encouraging personal responsibility.
- making use of the best resources through wise procurement and positive partnerships.

We tackle inequalities which contribute to economic hardship, social isolation and unemployment, by developing solutions and services which focus on giving purpose, belonging, hope. We aim to work with those in and around the Cirencester community most marginalised by those issues, especially those who are unemployed or low-skilled, older people, and vulnerable families.

To meet our objectives, we provide a range of services:

- Family services, focusing on the first one thousand days of children's lives and the family lives beyond that time, promoting strong family bonds, offering early help and interventions.
- Employment and skills support for those furthest from the labour market, offering 1:1 support and practical help through accredited courses.
- Engagement and support services tackle mental health issues, provide information promoting good health practices, and offer practical solutions.
- Services to help people age well, tackling isolation and promoting resilience and wellbeing.

We pride ourselves on offering services of excellent quality with very limited resources, this year our total output has cost £429,478. Although we operate with a paid staff of 17 part-time workers constituting around 11 full-time equivalents, we optimise our offer by forming robust partnerships with other local organisations and making full use of community goodwill through our volunteers. This year 137 volunteers contributed time and effort to the project, donating over 1397 hours of their time, equivalent to £15,227 given in kind based on the UK Real Living Wage of £10.90ph.

Ensuring our work delivers our aims.

We regularly review our work ensuring that our aims, objectives and all activities remain relevant to what we have stated we will achieve. We evaluate our work in relation to the outcomes and benefits it produces for our clients. The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the work planned.

Public benefit

How our services deliver public benefit.

During the year, our services were accessed by 1364 people from Cirencester and the surrounding area.

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ACHIEVEMENT AND PERFORMANCE

Charitable activities

Achievements and Performance

Service	Service Users
Ageing Well	231
Employment & Skills	220
Engagement	181
Family Services	286 adults
	309 children
Volunteers	<u>137</u>
Total	1,364

Our Listening Fortnight evaluation told us that accessing Churn services resulted in:

Listening Fortnight

82% say they feel less lonely.
80% feel more confident.
78% feel more able to tackle life's challenges.
77% feel more in control of their lives.
78% feel more hopeful about the future.

1 AGEING WELL

Main Objectives:

- **Reduction of isolation**
- **Increase in resilience**
- **Improvement of wellbeing**
- **Support through crisis**

Our 'Ageing Well' programme supports people over 65, particularly those who live alone, or who have additional needs or responsibilities, including carers, people with mental health concerns, learning difficulties, low income, or recently bereaved. We support people to feel more connected, less isolated, and more purposeful, enabling them to live happily and independently, for longer. To that end, we offer a mix of volunteer befriending, friendship and support groups and 1:1 support. Over the past 12 months, we have supported 231 older people. Our 'Ageing Well' programme is mainly funded by The Henry Smith Charity with additional contributions from the Summerfield's' Charity Trust and GCF carers Gloucestershire legacy fund.

Friendship Café

Our Friendship Café is the greatest success story. Established in 2021 and now based at the Ashcroft Church and Centre, it continues to be well attended with over 106 registered members and an average weekly attendance of 53. With the support of eight volunteers, participants enjoy tea, cake, and meaningful conversations. It is a good social event and the opportunity to see friends, meet new people and feel connected. In addition, trips and social activities are organised proving a varied and engaging programme. Staff are on hand to offer support and signpost to other resources and foster a sense of belonging to those who attend.

"On the Churn days it really gives me a reason to get out of bed, knowing I will meet up with friends I have made there. It may be the only time in the week that we meet one another and it is so nice to catch up, especially over a cup of tea and slice of cake."

We were especially proud that the contribution that Friendship Café has made to the life of older residents was recognised by Cirencester Town Council, who awarded us the Community Project of the Year 2022. One of our long-standing volunteers also won the Community Volunteer Award 2022 for her work at the café and as a 'Good Neighbour' befriending volunteer.

"My confidence is growing because of the lovely atmosphere and I appreciate all the volunteers."

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Our Friendship Café has been used as a focus group to give feedback about council initiatives. Healthcare visited the café as part of a consultation about NHS provision for older people. We are increasingly seen as a resource, as well as being a respected service that social prescribers, the frailty team and other charities refer people to.

"It gives me an outlet to other opinions and to discuss issues that affect us 'oldies'. I get information as regards what is going on in town."

Friendship Café - Social Events

Every fourth week, the café attendees are invited to a social event or activity. We know how important it is, whatever your age, to have new opportunities and experiences and to visit new places. The value of enjoying shared experiences is fundamental to combating the loneliness and isolation felt by many older people living alone. These trips provide participants with new experiences and a safe environment to enjoy outings that they might not feel confident attempting alone.

"It gives a purpose to your days, an incentive to do things. Gets you out and about."

The events have been successful at building confidence and encouraging older people into the community. We have taken groups to the theatre and cinema and to a choir, and some group members have gone back to the same places without our support. Our trips this year have included:

August: Slimbridge Wetland Centre (43 clients and 4 volunteers)
September: Organic Farm Shop (53 clients and 4 volunteers)
October: Cinema at the Museum (47 clients)
November: New Brewery Arts (52 people)
December: Christmas Lunch (51 clients and 5 volunteers)
Singing and Sherry at the Parish Church (99 people)
February: Highgrove House (44 clients)
March: Good afternoon choir (18 clients)
June: 'Private Lives' at The Barn Theatre (43 clients and 6 volunteers)
July: Cirencester Bowls Club (50 clients)

Good Neighbours 1-1 Befriending

This year, we have adapted Churn Good Neighbours, our volunteer led befriending service. While this service remains highly valued with 40 active pairings, we now reserve it for individuals who are genuinely housebound. Our focus has shifted towards encouraging clients to engage with the community, providing safe and supported opportunities for socialisation, including the Friendship Café, Memory Café and other Churn groups including Men's Shed and Stitch Knit & Natter.

We have recruited volunteers whose befriending role has a broader remit, so that now a befriender might be helping someone to attend activities or to regain confidence in their mobility or independence after a hospital stay, rather than just long-term visiting. We continue to receive referrals from adult social care, community nursing and mental health services, social prescribers, and the South Cotswold frailty team.

Memory Café

Our new Memory Café was launched in January 2023. We had been experiencing an increase in demand for people living with dementia due to the decline in provision from specialist services, especially in relation to ongoing support. In addition, we wanted to offer more support to carers who are rarely considered by statutory services and often struggle to cope. In collaboration with external agencies such as Dementia Advisors, Managing Memory, and Carers Hub Gloucestershire, we enhanced the support provided to our clients, addressing their specific needs.

We have had 32 members and have increased from monthly meetings to fortnightly sessions which purposely alternates with Sing to Remember, a group we developed with Mindsong. Memory Café has 8 volunteers who give crucial 1-1 support to ensure the clients can engage with the activity, enabling their carers to attend the carer support group that runs in a separate room. The Carers group is now supported by Gloucestershire's Carers Hub and the level of support has greatly improved. We are planning to increase the Carers support in the coming year.

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Sociable Stroll

Our weekly gentle walks are conducted in South Cerney (10 participants) and Cirencester (28 participants). These walks, supported by volunteers and staff, encourage physical activity and social interaction among the older adults. They also provide an opportunity to introduce people to additional churn groups and support.

"The Sociable Stroll walking group is great."

Living with Loss

Our monthly group providing informal support for those recently bereaved has 10 members. This program facilitates open discussions on various topics related to coping with loss.

"Living with Loss has enabled me to deal with the unknown; the deep dark hole left after losing a partner. The members are all dealing with similar experiences, and I have realised 'I am not alone' and 'my emotions are ok'. Had I just stayed at home I would not be confident to step out alone, also it has led to being introduced to other groups and even more opportunities."

"From being a reasonably efficient and confident person whilst caring for my husband I have now become the exact opposite, but by attending The Churn hopefully this will return. It has encouraged me to make the effort of going out and meeting new people. It has helped me realise that it is normal to feel some of the emotions that I am feeling. The encouragement and kindness that I am getting at The Churn is a great help to me in moving forward - thank you."

Volunteering

Volunteering is a valuable part of our service. Some of our volunteers are aged 75+ years and benefit from engaging with the group, through a sense of purpose, belonging and mental wellbeing. Rather than joining as a client, volunteering is a different way of accessing the groups, and feels more comfortable for some. We have seen a fall in the number of people coming forward to volunteer but are fortunate to have 24 active volunteers who support delivery of our groups, and without whom we couldn't operate.

Case Study

EH is a lady in her early eighties who started attending Living with Loss around 12 months ago. She had lost her husband several years ago and was feeling troubled that some days were still a real struggle for her. She felt she should be over her loss by now and found herself 'putting on a brave face' for her family as she didn't want them to worry that she was still grieving after so long.

It took a few meetings before she felt confident to share her situation with the group. Gradually she has opened up and, encouraged by other members, also joined the weekly Sociable Stroll. A quiet, unassuming lady who always displays great sensitivity and kindness towards the other group members, it has been heartening to hear her say recently how important the group has been to her.

"Julie and the Living with Loss group was a life saver for me. Being able to talk about my feelings to strangers and finding they were feeling the same was much easier than talking to family.

I personally have been made welcome and comfortable - in dealing with such sadness I am not at my best socially. I dread to think how I would be had I not made the initial phone call."

In May 2023 we conducted a Listening Fortnight questionnaire to clients who attend our Ageing Well Service.

When asked what has changed for them through attending the Churn's groups, they said:

- Feel less lonely or isolated 88%
- Better wellbeing 89%
- Feel more confident 79%
- Feel more in control of my life 49%
- Developing new friendships 74%
- Feel more part of the community 59%

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2 EMPLOYMENT & SKILLS

Main Objectives

- **Improved employment skills**
- **Better opportunities to learn new skills**
- **Improvement of wellbeing**
- **Support through crisis**

Our Employment and Skills Service has worked with 205 people providing employment and skills advice, personalised 1:1 support and training.

There have been changes to our Employment & Skills Service over the last 12 months. In December 2022, the highly successful GEM Project ended. The GEM Project (Building Better Opportunities: Going the Extra Mile) was a consortium of Gloucestershire organisations funded through the National Lottery to help people furthest from the labour market towards paid work. Our GEM Navigator Developer worked regularly with people on a 1:1 basis; supporting people into employment and training.

Since January 2023, the post has been funded by the National Lottery Community Fund, Reaching Communities Southwest Region, allowing us to continue our work supporting people in Cirencester and surrounding villages to fulfil their potential. We support people to overcome barriers and achieve their ambitions, helping people to gain life skills, work skills, and confidence and to take all the necessary small steps that move them towards employability.

We have also been able to increase the support we offer, with additional funding from Gloucestershire County Council, Employment and Skills Hub Outreach project (ESHO). This exciting project has given us the opportunity to recruit an additional staff member and broaden our reach expanding to Tetbury in the South Cotswolds, and Moreton in Marsh, Stow-on-the-Wold, Bourton on the Water and surrounding villages in the North Cotswolds. The ESHO project provides residents who are economically inactive with the opportunity to receive 1:1 support, helping them to move into or closer to paid sustainable employment.

Our support includes a host of courses and activities to help people into volunteering, employment, education, and training, or to build confidence. Courses this year have included:

- **Young person's gaming group 11 regular members meeting weekly at Cirencester Library**
- **Artlift Courses run from September to July Term time only and has 30 participants over the year.**
- **Digital skills training started July 2023 and so far, has run 7 face to face sessions supporting 52 separate visits.**
- **Rural Skills courses 4 people have been supported to gain Lantra qualifications in Dry stone Walling, Tractor driving and Brush cutting.**
- **AONB Outdoor Skills and Woodworking Training 10 people attended the AONB training at Whole woods.**
- **12 People attended the Water Butts GEM Training Course at Wild Acres CIC**
- **English and Maths with Cirencester college 12 participants attending .**
- **Cooking on a Budget 12 participants**
- **ESOL 5 Participants**
Gloucestershire Adult Education courses at The Churn
- **Stress awareness 14 participants**
- **Mindfulness 14 participants**
- **Self Defence for Women 3 participants**
- **Calming the Mind 8 participants**
- **DIY for Women 2 terms 23 women**
- **Upcycling 2 terms 23 participants**
- **Spring Art and Crafts 10 participants**
- **Moving Forward 7 participants**
- **First Aid Course 7 people have attended and passed the FA Course.**
- **Bicycle Maintenance 5 participants**
- **2 young people attended the Get started in Music Training at Music works.**
- **5 participants received bursaries for New Brewery Arts Creative Courses**

4 participants were supported and passed online training in
Level 2 Course Mental Health First Aid for children and young people

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Level 2 Introduction to Business Administration online training,
Level 2 Working with and Supporting children and Young people.
Level 2 Food Hygiene Certificate

Our weekly Work Club has been reviewed and refreshed, moving from a specific time slot on a Friday morning to ad hoc individual support as needed, offering people help with CV writing, job applications and building confidence.

3 ENGAGEMENT

Main Objectives:

- **Reduction of isolation**
- **Improvement of wellbeing**
- **Support through crisis**
- **Better connection with community**

At the Churn, we adopt a 'strengths-based approach', supporting people to look at their strengths and passions whilst identifying goals they wish to achieve. Enabling people to fulfil their potential is integral to the work we do. Rather than fixate on barriers we work with people to see what they want to do and support them to pursue their ambitions. This is the very essence of our work, supporting people to gain life skills, work skills, and confidence.

We have worked with 181 people offering both 1:1 support based on individual identified goals, and through group support. The National Lottery Reaching Communities fund most of our Engagement and Wellbeing Support.

1:1 Mental Health Engagement Work

Our Mental Health Engagement Worker supports people on a 1:1 basis who self-identify as having poor mental health. Some people are referred by other voluntary sector or statutory organisations, whilst others self-refer. We support people to identify their goals and work alongside them to achieve these. This year we have worked with 30 people.

"Individual support is a huge help to me. Without this I am unable to leave my flat. I know that once a week I will be able to go out for coffee. I am very thankful for the help I receive."

"The 121 help I have received has made my life so much more bearable, I cannot begin to thank you all for your help and understanding."

1:1 Engagement Work

We offer practical support and help to people in need. This year we have supported 42 people 1:1 covering both emotional and practical support. A lot of our engagement work has been focused on the cost-of-living crisis and mental wellbeing. We make referrals to the Foodbank and support clients to access advice from Citizens Advice, P3, Signpost and others. We have successfully obtained funding for individuals in need, including for essential white goods and clothing.

Barnwood Trust chose the Churn Project to be a trusted partner to deliver the 'Grants for Your Home Programme', enabling us to support people to make applications for furniture, white goods and flooring.

Citizens Advice chose the Churn Project as a trusted partner, giving us access to a tool for internal referrals which is more efficient and prioritises need.

Chat and Connect Group

A great success for our Engagement team, is our weekly friendship group, offering support to working age adults, who feel lonely or isolated or who wish to connect with others in their community. The group focuses on people coming together to share food, chat and take part in an activity, including reading newspapers, arts and crafts, therapeutic colouring books and playing board games. The staff and volunteers introduce people to the idea of being part of a group or encourage them to join a course. Over the winter the group was open as a Cirencester Warm Space.

The group is growing and 52 people are registered members, with an average weekly attendance of 24.

"I'm very lonely. The Churn help has meant I have received help to get more benefits, it gives me breathing space to share my worries, hopes and laugh. The advice and support are really powerful in managing my health and finances."

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Time for You Women's Group

A supportive group for women with a focus on mental wellbeing, learning new skills, being creative and offering peer support. We have 32 members registered and a regular weekly attendance of 20.

Some highlights of the group this year.

August: A trip to West Midland Safari Park attended by 56 people, funded by Gloucestershire County Council 'Holiday, Activity and Food' (HAF) provision. This enabled our Time for You parents to bring along their children and share a family fun day out.

October: As part of our work focused on the cost-of-living crisis, we invited Severn Wye and Citizen Advice to attend and give energy advice to the group. Following this we supported some of the women to access additional funding to help with rising energy costs and signposted them for support around debts. 12 group members were given funding from Severn Wye and received between £100-£600 of energy vouchers depending on their circumstances.

November: Trip to Bristol Christmas Shopping and exploring the local area (23 women)

December: Christmas Craft activity with a local crafter from a Fairford charity showing the women how to make natural wreaths from items they had at home or in the local area. Plus, a tutor for 2 sessions through Gloucester Adult Education.

Due to financial difficulties, we have supported several of the women to access grants for energy, Foodbank vouchers, white goods, water debt support and 'Surviving Winter Fuel' funding for warm clothes/coats.

The group has also benefited from funding for 'warm packs' which include winter clothing, accessories and slow cookers.

"I absolutely love the group and the others that come. Thank you so much for your support and help. I will be forever grateful for the opportunity to go on so many trips that I would never be able to take my child on."

Men's Shed & Community Shed

The new South Cerney Men's Shed started in September and was officially opened in April. The group offers a new community resource in the village, to allow men to come together, build friendships, share skills and benefit from peer support. As part of a community project organised by the District Council the men built some planters to brighten an area of the town. In May, the shed opened on a second day, offering a Community Shed open to men and women, with skill sharing including basic plumbing and use of tools. 33 members are registered with the shed with an average weekly attendance of 14.

My first session at the shed, I was met by the two gentleman who run the group and was shown around, had a cuppa and settled in. I was amazed that the shed had even been set up for wheel chair access so I was relieved, if I have bad day with mobility I can sit down and still enjoy the task.

The group was very welcoming and made sure health and safety was explained and I was shown how to use the equipment safely. There was no judgement and plenty of patience when learning to do new things which I loved as I always worry making mistake.

I myself walked in nervous and walked out with a massive smile and sense of I achieved something for the day. I was even amazed there a plumbing section so can learn how to do basic repairs for plumbing.

Stitch Knit and Natter

12 people attended our weekly craft group for anybody who would like to try new crafts and socialise, giving an opportunity to learn new skills and create new friendships.

Volunteering

Volunteering is an essential part of the employment, engagement and wellbeing offer, giving people the opportunity to share their skills, build friendships and support their local communities.

We know that volunteering can be a stepping stone towards employment and improves confidence to help job hunting. Volunteers lead some of our groups, from sharing their practical skills at our Shed, to their creative skills with Time for You and Stitch, Knit and Natter to academic skills with reading, writing and learning support.

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Case Study

Julie was referred by the Barnwood Trust. She was living at South Cerney barracks, a single parent, divorced, with three children, the eldest of whom has autism and special needs. She is unemployed and suffers from a back injury. It was apparent that her housing situation was her main problem and the need to move off camp was a priority. This was having a huge impact on her mental health. We referred her to our partner agencies who specialise with housing and benefits. They completed the relevant applications. We helped her to collate the necessary documentation for her housing application and supported her with her mental health and accessing food and signposted her to free holiday activities for the children. After a few months Julie and her family were offered a house in a local village. We supported her with grants for flooring and household items.

Our Listening Fortnight evaluation told us that people accessing our Engagement, Employment and Wellbeing Services resulted in:

Listening Fortnight figures

86% feel more confident.

100% feel less lonely.

92% feel their overall wellbeing has improved.

92% feel more able to tackle life's challenges.

79% say that The Churn has had a positive impact on their mental health.

4 FAMILY SERVICES

Main Objectives

- Improved parenting skills
- A better start in life
- Reduction of isolation
- Support through crisis

The Churn has been delivering a cohesive family service since 2010. Since then the services have developed and increased in capacity. This year we worked with 286 parents, supporting them to find social connection and peer support, offering parenting advice and support aimed at increasing confidence and resilience. We work to mitigate the challenging circumstances encountered by many of the families who access our services, including domestic abuse, poor mental health, traumatic childhood experiences, drugs or alcohol dependency, Child Protection issues and supporting children with additional needs. We aim to prevent and combat the effects of Adverse Childhood Experiences (ACEs), knowing that they are strongly linked with poor physical and mental health, chronic disease, increased levels of violence, and lower academic success both in childhood and adulthood. We offer a range of groups and activities alongside individual support and recognised programmes.

The Peter Lang Children's Trust gives generous funding support to our early intervention programme which focuses on the first 1000 days of children's lives. We also received funding from Cotswold Primrose Trust, St James Place, Early Years Services, Integrated Care Board Gloucestershire, Gloucestershire County Council Holiday Activity and Food programme and numerous community groups and business who contribute toward activities and support for the children to engage in extra circular groups and clubs.

Ready Steady Baby our antenatal group concentrates on forging strong family bonds, increasing parenting self-confidence and improving knowledge. We support women at any stage of their pregnancy, providing a weekly drop in group which supports them with health, wellbeing, emotional and social issues, housing and financial support, bonding with their baby and preparing for parenting. We target vulnerable, often young parents, who typically do not access support. This is supplemented by a 4 topic-based programme for parents and anyone supporting them. This prepares parents for birth, feeding and caring for their baby, increasing parental knowledge and building confidence, it is supported by a community midwife. 41 parents attended the group, including 20 parents with additional support needs and 10 parents aged under 20 years old.

"The Churn offered me a chance to learn in a group setting to be more confident and to meet new people in the area. It also offered me help and support with anything I needed as a new parent."

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New Baby New Life, our universal baby group for parents with a baby under 12 months old, runs both a drop-in group and a six week topic-based postnatal programme. The drop-in group is attended monthly by a nursery nurse from the health visiting team who weighs the babies and offers support and advice. In addition, the pelvic health physiotherapy team visit once a month giving individual and group advice. Each week there are information sessions covering a range of relevant topics, for example baby communication, play & activities for babies, teething, introduction to solid food, sleep, first aid and maternal mental health. The postnatal programme is for parents with newborn babies and covers topics such as sleep, feeding, crying and communication, health concerns, safety and support services. 82 parents have attended the drop-in group and 56 the postnatal programme 38 of whom went onto another Churn baby group, and we have offered support and advice with 125 babies.

"NBNL has been an amazing way to connect with other new mums in the local area, it has been informative on a wide range of topics and created a real community feel. We're very lucky to have this incredible free resource available in our area".

Rachel was an absolutely wonderful course leader; friendly, approachable, highly knowledgeable and gave so much non-judgemental advice.

Mother and Baby Group is a small weekly group for mothers with more intense support needs including young mothers, those with anxiety and mental health issues, those with experience of domestic abuse those involved with Children's Social Care and/or those with poor or no support networks. We support with personal and social issues that impact on their ability to parent such as mental wellbeing, domestic abuse and parental conflict. Each week we provide a safe space to enjoy activities with the babies and cover topics such as breast feeding, socialising and playing with baby, singing, weaning, teething, baby massage and sleeping. In addition, the pelvic health physiotherapy team visit once a month giving individual and group advice. During the year, 30 parents have attended baby group with 33 babies.

"I thoroughly enjoyed the group and looked forward to it every week. It was great to meet with mums in the same boat on a regular basis and the atmosphere was so friendly and welcoming."

Mini Toddler Group is a weekly group for parents and children aged 1-2 years utilising play to encourage children to achieve developmental milestones. The group helps parents gain confidence and increases parental involvement in a relaxed environment. Through a combination of planned play sessions, and periodically a recognised developmental programme PEEPS, parents increase their capacity to understand their child's developmental needs and to see their child's point of view. It is aimed at families who struggle to meet their children's developmental needs, through perhaps lack of understanding, poor role models, abusive or stressful homelife or lack of support.

Most parents who come to this group will attend for a full year, enabling us to provide more intense and longer term support. During the year 17 parents have attended mini toddlers with 22 children

"The Churn are always so welcoming and are always amazing with helping when we need advice on anything and always make things seem easier and better."

Families Matter supports families with toddlers and preschool aged children. We offer parenting support and advice, alongside structured play activities for the children and an enrichment programme. Our Family and Child Support Worker has responsibility for promoting and modelling positive play experiences for children, encouraging parents' engagement and involvement. The group has the dual purpose of a) helping parents form a peer group and support one another and seek parenting advice and support and b) helping children to socialise, achieve developmental milestones and engage in age-appropriate play and activities. This year 32 parents have attended our group and we have supported 37 children.

Both my children really enjoy a Thursday for coming to toddler group. Every day my eldest says "toddler group day" and gets really excited when it is a Thursday!"

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1:1 Engagement Support

Building relationships through our group work alerts us to those in need of additional support. This might address concerns around mental health, parental conflict, behavioural issues, developmental delays, domestic abuse, benefits/ housing/ grants, supporting children with additional needs, emotional support with past or present trauma. The aim is to prevent problems escalating into crisis, through early intervention. In addition, parents can access individual support without attending any groups or programmes.

We also offer practical help and support parents to make grant applications for white goods and furniture, helped to arrange house moves and assisted with applications for schools.

Freedom Programme

For the past three years we have secured funding to run a 11 week domestic abuse programme for female victims. Referrals are received from partner organisation and from our own groups and contacts. This year 8 women attended the course.

Case Study

Billy is a three year old boy who has been attending Churn groups since he was 3 months old. His mother suffers from anxiety and depression. Billy spends long periods of time in their small apartment as mum is often overwhelmed with going out. Attending the toddler group was his only weekly activity. Initially he was extremely quiet and withdrawn and needed gentle encouragement to play and when he did, he preferred one to one. Over time as he become familiar with the surroundings and now goes straight off to play and has started to join in with crafts and shared games. He has bonded with support workers and become familiar with the children. There can be up and down times, especially when things are problematic at home, and he reverts to being withdrawn and clingy. But now his mother responds more positively and has been encouraged to be in tune with his feelings. Having somewhere to go to have fun and receive some nurture has had a huge impact on his development and personality. He has become more confident and enjoys attention and praise.

Our Listening Fortnight evaluation told us that people accessing our Family Services resulted in:

Listening Fortnight figures

- 84% feel much less lonely.
- 90% say that their wellbeing has improved.
- 97% feel more able to tackle life's challenges.
- 90% feel more hopeful about life.
- 87% feel more confident about their parenting.
- 80% say they feel more able to understand their child's emotions.
- 83% feel that their relationship with their child has improved.

FINANCIAL REVIEW

Financial position

Our fundraising strategy to secure longer term grant funding, has allowed us to embed and develop our work giving our fundraising manager time to focus on grant and trust fundraising, and our partnerships officer on community fundraising and local donations. We are fortunate to have multiyear funding from Barnwood Trust, Peter Lang Childrens Trust, The Henry Smith Charity and The National Lottery Reaching Communities.

In May, our Fundraising Manager was replaced by a new Manager with significantly increased hours. The additional hours create increased scope to grow our fundraising activity and improve our communications and marketing.

During the year, we have been able to grow the team with additional funding from Gloucestershire County Council for the Employment and Skills Hub outreach project, and from Cotswold District Council for an exciting intensive family support project, working closely with local charity The Door, alongside offering clients increased levels of 1:1 support, focused on cost of living support from NHS ILP funding.

In 2022/23 our income increased by £89,027 to £482,817. Expenditure increased by £10,569 to £429,478. Funds on 31st July 2023 stand at £213,879 increased from previous year by £53,339.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

FINANCIAL REVIEW

Reserves policy

The trustees have set a reserves policy which requires that the reserves be maintained at a level which ensures that The Churn Project's core activities could continue during a period of unforeseen difficulty and that these reserves are maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of The Churn Project's planning, budgeting and forecasting cycle. It considers the risks associated with unexpected variations in the stream of income and expenditure given planned activity levels and The Churn Project's future commitments. The trustees assess the reserves policy on an annual basis. They monitor and discuss levels of readily realisable reserves and The Churn Project's future commitments. The main risks to both income and expenditure plus the requirements for working capital and adequate cash flow are assessed. The trustees use this information to ensure an adequate level of readily realisable reserves is maintained.

In March 2023, the trustees agreed a reserves figure of £77,000 based upon a calculation which included 'core staff' notice period and redundancy, 'restricted staff' redundancy (as the notice period will be covered by restricted funding). There is an aspiration to increase the level of reserves when viable based upon realistic fundraising projections.

This policy will be updated on an annual basis, in accordance with the organisation's current outgoings.

FUTURE PLANS

The Churn Projects three-year plan 2022-2025, addresses how the staff and trustees plan to:

1. Grow the 'Ageing Well' offer to meet the needs of the ageing population.
2. Focus the 'Engagement, Employment and Wellbeing service' on adult skills and support for mental wellbeing.
3. Develop the 'Family Services' increasing one2one support by adding provision for parents with primary school aged children and working in partnerships with a new lead provider for targeted level two family support.
4. Get 'back to basics', reviewing and improving all functions including governance, safeguarding, risk, lone working, finance, business continuity and management to ensure we are fit for purpose.
5. Strengthen and increase the charity's reserves and diversify its income streams, to ensure longevity and stability.
6. Implement a fundraising strategy that expands the range of funding streams.
7. Extend the communications program, to convey a clear narrative to key audiences and donors.
8. Improve evaluation and impact reporting.
9. Strengthen the support functions.
10. Ensure that its staff and volunteers are supported and resourced to deliver positive outcomes for its clients.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company are also trustees of the charity. All trustees give their time voluntarily and receive no benefits from the charity; they can, however, recover expenses incurred directly because of their role.

Having recruited two new trustees this year, the board now consists of the Chair (appointed from the existing trustees) and eight further trustees - there must be at least 3 serving trustees with no maximum limit. Trustees are recruited to ensure a diversity of relevant skills and expertise needed for effective governance of the charity. They are invited to complete a skills audit and attend a meeting as an observer before commitment from either side.

One third of trustees must retire from office at the Annual General Meeting but can be re-elected by remaining trustees.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Churn Project has a board of trustees of at least 3 members, currently comprising of 9, which meets every 8 weeks. It is responsible for the strategic direction of the charity and monitoring systems and procedures to ensure good governance. The Chief Executive Officer manages the day-to-day operation of the organisation, leading the staff team to implement strategy and ensuring that they continue to develop their skills and working practices to produce the best outcomes for our clients.

Trustee Induction and Training

On appointment, trustees sign a declaration of eligibility, undertake an enhanced DBS check and sign a code of conduct agreement. They undergo online safeguarding training. They receive a Trustee Information Pack, which includes:

- Trustee role and responsibilities outlined.
- Key documents setting out the framework for the charity including the Memorandum and Articles, all current policies, Business Plan.
- Financial and funding information including the latest published accounts
- A copy of the Charity Commission: Essential Trustee guide

Trustees are also invited to a tour of the building to see The Churn in action and to meet the staff and volunteer team and attend team meetings.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees manage and mitigate risks to the charity through reviews of operations and procedures at Trustee Meetings held every 8 weeks. Under constant review:

- Finance - ongoing cashflow model and budget control, internal authorisation procedures for management of transactions.
- Health and safety - an agenda item at every meeting (trustee & staff) to ensure compliance with regulations, and a general common-sense approach to maintaining safe practices.
- External risk - to funding and services, strategic planning ensures relevant service development and diversification paying heed to wider county and national strategic direction.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees

S A Alexander
D W Bellamy
M A Blumsom
W C Cobbett (appointed 1/3/2023)
C Groombridge (appointed 1/3/2023)
R Lynn Chair
F R Penny
D G Sutherland
R S Towill

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Company Secretary

R S Towill

Independent Examiner

JD Frost Accountants

Chartered Accountants

7 Links View

Cirencester

Gloucestershire

GL7 2NF

Approved by order of the board of trustees on and signed on its behalf by:

.....
R Lynn Chair - Trustee

**Independent Examiner's Report to the Trustees of
Churn Project Limited**

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J D Frost

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date:

6 December 2023

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2023**

		Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		18,799	2	18,801	73,679
Charitable activities					
Family Services		-	100,803	100,803	75,568
Employment & Skills		-	7,059	7,059	23,466
Ageing Well		-	59,765	59,765	57,633
Well Being		-	132,630	132,630	49,995
General		159,103	-	159,103	57,000
The National Lottery Community Fund - R/C South West Region		-	-	-	49,330
Other trading activities	2	4,656	-	4,656	7,119
Total		182,558	300,259	482,817	393,790
EXPENDITURE ON					
Charitable activities					
Family Services		-	85,276	85,276	84,012
Employment & Skills		-	10,784	10,784	22,900
Ageing Well		-	53,439	53,439	52,394
Older People Services		-	124	124	-
Hardship Fund		-	220	220	1,091
Well Being		-	113,584	113,584	55,311
General		166,051	-	166,051	155,845
The National Lottery Community Fund - R/C South West Region		-	-	-	47,356
Other		-	-	-	-
Total		166,051	263,427	429,478	418,909
NET INCOME/(EXPENDITURE)		16,507	36,832	53,339	(25,119)
Transfers between funds	9	(397)	397	-	-
Net movement in funds		16,110	37,229	53,339	(25,119)
RECONCILIATION OF FUNDS					
Total funds brought forward		70,127	90,413	160,540	185,659
TOTAL FUNDS CARRIED FORWARD		86,237	127,642	213,879	160,540

The notes form part of these financial statements

Churn Project Limited

**Balance Sheet
31st July 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	6	10,164	374	10,538	18,109
Cash at bank and in hand		86,343	128,789	215,132	182,918
		<u>96,507</u>	<u>129,163</u>	<u>225,670</u>	<u>201,027</u>
CREDITORS					
Amounts falling due within one year	7	(10,270)	(1,521)	(11,791)	(40,487)
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
NET CURRENT ASSETS					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
NET ASSETS					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
FUNDS					
Unrestricted funds	9			86,237	70,127
Restricted funds				127,642	90,413
				<u>213,879</u>	<u>160,540</u>
TOTAL FUNDS					
				<u>213,879</u>	<u>160,540</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R Lynn Chair - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31st July 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Other income	<u>4,656</u>	<u>7,119</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2023 nor for the year ended 31st July 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2023 nor for the year ended 31st July 2022.

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2023

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Employees	16	14

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	73,680	(1)	73,679
Charitable activities			
Family Services	-	75,568	75,568
Employment & Skills	-	23,466	23,466
Ageing Well	-	57,633	57,633
Well Being	-	49,995	49,995
General	57,000	-	57,000
The National Lottery Community Fund - R/C South West Region	-	49,330	49,330
Other trading activities	7,119	-	7,119
Total	137,799	255,991	393,790
EXPENDITURE ON			
Charitable activities			
Family Services	-	84,012	84,012
Employment & Skills	-	22,900	22,900
Ageing Well	-	52,394	52,394
Hardship Fund	-	1,091	1,091
Well Being	-	55,311	55,311
General	155,845	-	155,845
The National Lottery Community Fund - R/C South West Region	-	47,356	47,356
Other	-	-	-
Total	155,845	263,064	418,909
NET INCOME/(EXPENDITURE)	(18,046)	(7,073)	(25,119)
Transfers between funds	249	(249)	-
Net movement in funds	(17,797)	(7,322)	(25,119)
RECONCILIATION OF FUNDS			
Total funds brought forward	87,924	97,735	185,659
TOTAL FUNDS CARRIED FORWARD	70,127	90,413	160,540

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	799	7,631
Other debtors	5,625	5,625
Prepayments and accrued income	519	3,062
Prepayments	3,595	1,791
	<u>10,538</u>	<u>18,109</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 8)	-	2,223
Trade creditors	4,577	29,309
Social security and other taxes	5,302	4,276
Pension Fund	896	1,007
Accrued expenses	1,016	3,672
	<u>11,791</u>	<u>40,487</u>

8. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	-	2,223
	<u>-</u>	<u>2,223</u>

9. MOVEMENT IN FUNDS

	At 1/8/22	Net movement in funds	Transfers between funds	At 31/7/23
	£	£	£	£
Unrestricted funds				
General fund	70,127	16,507	(397)	86,237
Restricted funds				
Employment & Skills	3,327	(3,725)	398	-
Family Services	24,654	15,528	-	40,182
Ageing Well	33,780	6,326	(1)	40,105
Older People Services	590	(123)	-	467
Hardship Fund	222	(220)	(2)	-
Well Being	16,428	19,046	2	35,476
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>90,413</u>	<u>36,832</u>	<u>397</u>	<u>127,642</u>
TOTAL FUNDS	<u>160,540</u>	<u>53,339</u>	<u>-</u>	<u>213,879</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2023

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	182,558	(166,051)	16,507
Restricted funds			
Employment & Skills	7,059	(10,784)	(3,725)
Family Services	100,804	(85,276)	15,528
Ageing Well	59,765	(53,439)	6,326
Older People Services	1	(124)	(123)
Hardship Fund	-	(220)	(220)
Well Being	132,630	(113,584)	19,046
	<u>300,259</u>	<u>(263,427)</u>	<u>36,832</u>
TOTAL FUNDS	<u>482,817</u>	<u>(429,478)</u>	<u>53,339</u>

Comparatives for movement in funds

	At 1/8/21 £	Net movement in funds £	Transfers between funds £	At 31/7/22 £
Unrestricted funds				
General fund	87,924	(18,046)	249	70,127
Restricted funds				
Employment & Skills	3,011	565	(249)	3,327
Family Services	33,098	(8,444)	-	24,654
Ageing Well	28,541	5,239	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,313	(1,091)	-	222
Well Being	21,744	(5,316)	-	16,428
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>(7,073)</u>	<u>(249)</u>	<u>90,413</u>
TOTAL FUNDS	<u>185,659</u>	<u>(25,119)</u>	<u>-</u>	<u>160,540</u>

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023**

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,799	(155,845)	(18,046)
Restricted funds			
Employment & Skills	23,465	(22,900)	565
Family Services	75,568	(84,012)	(8,444)
Ageing Well	57,633	(52,394)	5,239
Hardship Fund	-	(1,091)	(1,091)
Well Being	49,995	(55,311)	(5,316)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>255,991</u>	<u>(263,064)</u>	<u>(7,073)</u>
TOTAL FUNDS	<u>393,790</u>	<u>(418,909)</u>	<u>(25,119)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/21 £	Net movement in funds £	Transfers between funds £	At 31/7/23 £
Unrestricted funds				
General fund	87,924	(1,539)	(148)	86,237
Restricted funds				
Employment & Skills	3,011	(3,160)	149	-
Family Services	33,098	7,084	-	40,182
Ageing Well	28,541	11,565	(1)	40,105
Older People Services	590	(123)	-	467
Hardship Fund	1,313	(1,311)	(2)	-
Well Being	21,744	13,730	2	35,476
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>29,759</u>	<u>148</u>	<u>127,642</u>
TOTAL FUNDS	<u>185,659</u>	<u>28,220</u>	<u>-</u>	<u>213,879</u>

Churn Project Limited**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023****9. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	320,357	(321,896)	(1,539)
Restricted funds			
Employment & Skills	30,524	(33,684)	(3,160)
Family Services	176,372	(169,288)	7,084
Ageing Well	117,398	(105,833)	11,565
Older People Services	1	(124)	(123)
Hardship Fund	-	(1,311)	(1,311)
Well Being	182,625	(168,895)	13,730
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>556,250</u>	<u>(526,491)</u>	<u>29,759</u>
TOTAL FUNDS	<u>876,607</u>	<u>(848,387)</u>	<u>28,220</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2023.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2023**

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,801	73,679
Other trading activities		
Other income	4,656	7,119
Charitable activities		
Grants	459,360	312,992
Total incoming resources	482,817	393,790
EXPENDITURE		
Charitable activities		
Employment & Skills	10,784	22,900
Family Services	85,276	84,012
Ageing Well	53,563	52,394
Hardship Fund	220	1,091
Well Being	113,584	55,311
Lottery	-	47,356
	263,427	263,064
Support costs		
Finance		
Bank charges	446	352
Other		
Wages	282,194	231,434
Social security	15,573	11,913
Pensions	6,092	9,414
Rates and water	343	252
Insurance	2,190	2,157
Light and heat	3,472	1,863
Telephone	1,430	1,789
Postage and stationery	1,718	1,243
Sundries	1,477	1,265
Rent	25,640	25,500
Travel	1,700	171
Newsletter costs	2,421	2,754
Computer costs	11,016	10,831
Office equipment	1,121	939
Premises expenses	7,336	7,850
Training, coaching & mentoring	-	45
Covid shopping	50	3,822
Employee benefits	855	204
Carried forward	364,628	313,446

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2023**

	2023	2022
	£	£
Other		
Brought forward	364,628	313,446
Outings	-	1,147
	<u>364,628</u>	<u>314,593</u>
Other 2		
Wages allocated to restricted	(199,553)	(163,349)
Social security allocated to restricted	(14,644)	(11,913)
Pensions allocated to restricted	(4,446)	(3,653)
Advertising	6,352	4,958
	<u>(212,291)</u>	<u>(173,957)</u>
Governance costs		
Accountancy fees	900	800
Professional fees	12,368	14,057
	<u>13,268</u>	<u>14,857</u>
Total resources expended	<u>429,478</u>	<u>418,909</u>
Net income/(expenditure)	<u><u>53,339</u></u>	<u><u>(25,119)</u></u>

This page does not form part of the statutory financial statements