

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2022
for
Churn Project Limited

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**Contents of the Financial Statements
for the Year Ended 31st July 2022**

	Page
Report of the Trustees	1 to 13
Independent Examiner's Report	14
Statement of Financial Activities	15
Balance Sheet	16
Notes to the Financial Statements	17 to 22
Detailed Statement of Financial Activities	23 to 24

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE CHAIR

For twenty-one years, the Churn Project has been supporting vulnerable and marginalised people across the community in Cirencester and nearby villages. Our aims are to reduce isolation and improve wellbeing particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing poverty or mental health issues. Our vision is that all our residents are included and involved in their community; feel supported, valued and given the opportunity to achieve their potential.

It has been a year of change, with people and communities finally being able to come together again. Over the past twelve months, The Churn Project have engaged with 1378 people, including 156 volunteers, supporting people to reconnect, build new friendships, learn new skills and grow in confidence.

I am really proud of the hard work and commitment of our team of staff and volunteers. Their support and encouragement has seen people get together, join groups, visit new places and learn new skills whilst feeling more confident, less isolated and more involved in their communities.

None of this would be possible without the support from our funders and donors to whom we are very grateful and allow us to finish the year in a sound financial position.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose & Aims

The Churn Project's purposes are set out in the objects stated in its Memorandum & Articles of Association:

- Relief of financial hardship
- Creating training and employment opportunities
- Providing activities and services for unemployed people, older people and those facing disadvantage due to financial hardship or social and economic circumstances
- Promotion of good health.

Our vision that all people should be included, involved, and invested in their community is met through our mission to change lives by:

- reducing and preventing isolation;
- supporting and promoting wellbeing;
- creating opportunities to learn and achieve;
- supporting people through crisis;
- providing early help and interventions;
- making use of the best resources through wise procurement and positive partnerships.

We tackle inequalities which contribute to economic hardship, social isolation and unemployment, by developing solutions and services which focus on giving purpose, belonging, hope. We aim to work with those in and around the Cirencester community most marginalised by those issues, especially those who are unemployed or low-skilled, older people, and vulnerable families.

To meet our objectives, we provide a range of services:

- Family services, focusing on the first one thousand days of children's lives and the family lives beyond that time, promoting strong family bonds, offering early help and interventions.
- Employment and skills support for those furthest from the labour market, offering 1:1 support and practical help through accredited courses
- Engagement and support services tackle mental health issues, provide information promoting good health practices, and offer practical solutions.
- Services to help people age well, tackling isolation and promoting resilience and wellbeing

The Churn's ongoing strategic objectives are:

1. To further develop the services we currently provide, and any new we introduce, to make them the most effective we can offer.
2. To reach and communicate in an appropriate way with different audiences, including the people who need our services most
3. To manage the charity as effectively and efficiently as possible

We pride ourselves on offering services of excellent quality with very limited resources, this year our total output has cost £418,909. Although we operate with a paid staff of 16 part-time workers constituting around 9 full-time equivalents, we optimise our offer by forming robust partnerships with other local organisations and making full use of community goodwill through our volunteers. This year 156 volunteers contributed time and effort to the project, donating over 4622 hours of their time, which means £50,378 given in kind (based on the UK Real Living Wage of £10.90ph).

COVID 19 Pandemic

During the period 2021/22 the Covid19 pandemic continued to have an impact, particularly around feelings of isolation and loneliness and we saw an increase in demand for support around mental wellbeing. We continued with our increased levels of 1:1 support and our Mental Health Engagement role became firmly embedded in the team with a cohort of clients receiving both short term and longer-term support.

Ensuring our work delivers our aims

We regularly review our work ensuring that our aims, objectives and all activities remain relevant to what we have stated we will achieve. We evaluate our work in relation to the outcomes and benefits it produces for our clients. The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the work planned.

Public benefit

During the year our services were accessed by over 1200 people from Cirencester and the surrounding area.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

SERVICE	SERVICE USERS
Ageing Well	242
Employment & Skills	206
Engagement	153
Family Services	313 adults
	308 children
Volunteers	<u>156</u>
Total	<u>1378</u>

Our Listening Fortnight evaluation told us that accessing Churn services resulted in:

- 62% feeling less lonely or isolated
- 77% have made new friendships
- 46% feeling more part of the community
- 43% reporting better wellbeing
- 36% feel less anxious
- 23% feel more useful
- 26% feel more in control in their lives

1 AGEING WELL

Main Objectives:

- Reduction of isolation
- Increase of resilience
- Improvement of wellbeing
- Support through crisis

Our Ageing Well Programme supports people over 65, particularly those who live alone, or who have additional needs or responsibilities (including carers, people with mental health concerns, learning difficulties, low income, or recently bereaved) in and around Cirencester. We support people to feel more connected, less isolated, and more purposeful - enabling them to live happily, and independently, for longer. To that end, we offer a mix of volunteer befriending, friendship groups and classes, and 1:1 support. Over the past 12 months, we have supported 242 older people. Our Ageing Well programme is mainly funded by The Henry Smith Charity.

Good Neighbours 1-1 Befriending

We have 62 people befriended under our Good Neighbours scheme, 55 of these receive a weekly visit from a volunteer, 7 people prefer to have telephone calls only.

Since August 2021 we have received 45 new referrals for Good Neighbours 1-1 befriending service. Referrals come from a range of statutory providers including Adult Social Care, NHS primary care services, Community Nursing and Mental Health Teams. We work particularly closely with the South Cotswold Frailty Team and Social Prescribers attached to local GP surgeries who often use the Friendship Café as a venue to meet mutual clients in an informal setting. Our ethos has always been to try to help our older clients to re-connect with the wider community and widen their network of friendships and support therefore, if appropriate, we always try to encourage new referrals to attend a group or activity before registering them for Good Neighbours 1-1 befriending. Some people are unable to get out of the house or would prefer individual visits but for others, the physical and emotional support of a volunteer accompanying them to a group has had many benefits.

Friendship Café

Our weekly Friendship Café is an opportunity for older people to get together and catch up with friends old and new. It is an informal space, supported by staff and volunteers, offering tea, cake, and friendship. The Café was established in 2021 to enable older people to connect with each other and their wider community, where staff can signpost to other resources or sources of support, and to foster a sense of belonging and purpose for those who attend.

The membership has grown significantly over the last 12 months, increasing from 62 in August 2021 up to 108 by May 2022, with an average of 40 people coming along to each session.

In September, due to the growth in numbers, we relocated the Café from The Churn Project building to Diversities, a local café who kindly gave us their premises from which to host. People continued to engage and by December we had outgrown the space and moved to a permanent home at the Ashcroft Church and Centre.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

As well as being a great social event for attendees, the Café also serves as a forum to disseminate useful information. For example, we have provided advice and practical help around energy costs, aiming to remove barriers of stigma and misinformation to ensure people who needed it were able to access additional financial support. It has been used as resource by Health and Social Care professionals to meet clients informally. Older patients who are new to Cirencester are often signposted to the Café by their surgery and we receive frequent referrals from Social Prescribers working with patients who are identified by their GP's as being lonely, isolated or who are experiencing poor mental health.

The team are supported to deliver the Friendship Café by 8 fantastic volunteers, and we receive regular donations of cake from Cook Cirencester.

'It is so nice to go somewhere for a natter and a cup of tea and cake with like-minded people'

'I do like meeting other folk and socialising. Its very good to come here, I do enjoy the tea and cake and the friendship it offers'

Friendship Café - Social Events

Every fourth week, the Café attendees are invited to a social event or activity. We know how important it is, whatever your age, to have new opportunities and experiences and to visit new places and the value of enjoying shared experiences in combating the loneliness and isolation felt by many older people living alone.

We have partnered with local organisations who have offered their services free or at a reduced charge, to encourage people to engage in activities within their community that that they might not otherwise be able or inclined to do.

After each event we ask the participants to complete a simple feedback form. Many people tell us that they would not be able to attend an event without our support, citing barriers including cost, lack of confidence attending alone, concerns about access or needing support to attend, inability to arrange or afford transport or simply preferring to share the experience with others. Our events this year have included

- **August** Afternoon Tea at The Organic Farm Shop, with 34 attendees and 9 volunteers from Charles Russell Speechlys International Law Firm acting as hosts and funding costs.
- **September** Day trip to Clevedon Pier, with 39 attendees and 5 volunteers offering support and friendship
- **October** Westonbirt National Arboretum, with 38 attendees and 4 volunteers
- **November** New Brewery Arts held a workshop to involve our clients in a community arts project focussing on resilience and togetherness during the pandemic. People were helped to embroider words of strength and create ceramic wall hangings.
- **December** Churn Christmas Carol Service at Cirencester Parish Church, with 114 attendees and eight volunteers. The music was provided by Mindsong, a singing group for people living with dementia and their carers, and the choir from St James's Place Wealth Management. Sherry and mince pies were enjoyed by all.
- **January**: Corinium Museum, with 42 attendees and 3 volunteers
- **March** Cirencester Parish Church Tour, with 35 attendees and 4 volunteers
- **May** The Barn Theatre hosted a special matinee performance of *Some Enchanted Evening* attended by 83 of our clients and five volunteers. We also collaborated with The Barn Theatre in hosting a Jubilee Tea Party featuring songs from the 1950's which was held on June 2nd.

'A very enjoyable experience and has brought my husband out of a shell of not wanting to mix, he now looks forward to going'

Sociable Stroll

Our weekly groups encourage gentle exercise outdoors and provide informal support. We host sessions each week from Cirencester and South Cerney, with an average attendance of 7 older people and three volunteers per week. In May 2022 both groups (21 people) visited Westonbirt Arboretum for a walk and a picnic lunch.

"We had a really lovely walk - PP's hip seemed to be painful today so we walked a bit, sat on the bench, then walked back to the café.'

Memory Club

A monthly group for people living with dementia and their carers, with an average attendance of 9 people per month.

Living with Loss

A monthly group providing informal support for the recently bereaved.

**Report of the Trustees
for the Year Ended 31st July 2022**

'Its good to have company as I live alone'

Volunteering

Volunteering is central to the ethos of our Ageing Well service. We know that people choose to volunteer for a variety of reasons: to become more involved in their community, to connect with other people, to have a sense of purpose and to increase their own wellbeing. Many of our volunteers are older adults themselves and joined us at a point of transition in their lives, including retirement, having made a recent home move or having lost their life partner. Volunteers support the running of our group activities and all of our befriending visits are provided by volunteers. 46 people volunteer their time supporting our Ageing Well Services.

Case Study

Sandra is an older person living with dementia who recently moved to Cirencester. Sandra was referred to us through the Alzheimer's Society and is aware of her diagnosis. She explained that she feels self-conscious about some of her cognitive limitations and can become flustered when she cannot remember things. She had lost confidence in going out on her own due to a couple of occasions where she had got lost and felt disorientated.

Initially Sandra was reluctant to have any support and did not want to come along to Memory Club, our group for people living with dementia. In many ways she was still grieving for her independence and her 'old self', so our Engagement Worker spent several sessions gaining her trust and building up a relationship with the ultimate goal of assisting her to attend the Friendship Café. After a few false starts, she began attending regularly.

I really did not want to come but my son said I must give it a try. I'm so glad I did because I had no idea that well, we are all the same really. No one cares what you look like and they don't judge you. Everyone is so friendly and wants you to be there and wants it to be a happy place. I absolutely love it. It is the best part of my week. I used to be such a confident person but I'm not anymore but I feel part of it here.

Our Listening Fortnight evaluation told us that Older People accessing Churn services resulted in:

- 55% feeling less lonely or isolated
- 71% have made new friendships
- 55% feeling more part of the community

2 EMPLOYMENT & SKILLS

Main Objectives

- **Improved employment skills**
- **Better opportunities to learn new skills**
- **Improvement of wellbeing**
- **Support through crisis**

Our Employment & Skills Service has worked with 206 people through our weekly Work Club, the courses we offer, 1:1 support and GEM.

Our weekly Work Club offers people individual targeted support from a volunteer or staff member, to update their CV, complete application forms and seek advice on Universal Credit & Jobmatch. We have a team of 4 dedicated volunteers who support staff to give people the 1:1 attention they need. These volunteers have a wide range of skills from previous employment and are fantastic at being able to adapt to the participants way of learning and identifying any areas where they need additional support, including reading, writing, confidence building and self-esteem. We invite representatives from other relevant organisations, including the Job Centre and the National Careers Service to bring information and advice to our client group, who would often not access it directly.

The Churn Project is a partner in the highly successful GEM Project (Building Better Opportunities: Going the Extra Mile), a consortium of Gloucestershire organisations funded through the National Lottery to help people furthest from the labour market towards paid work. The Navigator Developer has worked intensively on a regular 1:1 basis with 75 participants; supporting people into employment, training, and volunteering.

'It helped me to get an apprenticeship'

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

Our offer includes a host of courses and activities to support people into volunteering, employment or build confidence. Courses this year have included:

- Moving Forwards Employability sessions
- Confidence for Work
- Interview Skills: Opportunities for Mock Interview session with volunteers
- Dress to Impress day
- GEM Participants Council Day
- Art sessions with Laurie Plant
- Dungeons and Dragons
- Stone carving workshops at New Brewery Arts
- British Sign Language Level 2 30-week Training Course
- GEM job Fair
- CV workshop with Adviza
- English and Maths with Cirencester college.
- Digital skills training
- Artlift Courses

'The Churn is a great place for Adult Learning and to meet new people and I also build social skills'

3 ENGAGEMENT

Main Objectives:

- **Reduction of isolation**
- **Improvement of wellbeing**
- **Support through crisis**
- **Better connection with community**

At the Churn, we adopt a 'strengths-based approach', supporting people to look at their strengths and passions whilst identifying goals they wish to achieve. Enabling people to fulfil their potential is integral to the work we do. Rather than fixate on barriers we work with people to see what they want to do and support them to pursue their ambitions. This is the very essence of our work, supporting people to gain life skills, work skills, and confidence.

We have worked with 153 people offering both 1:1 support based on individual identified goals and through group support. The National Lottery Reaching Communities fund most of our Engagement and Wellbeing Support.

'The 121 help I have received has made my life so much more bearable. I can not begin to thank you for all your help and understanding.'

1:1 Mental Health Engagement Work

Our Mental Health Engagement Worker supports people on a 1:1 basis who self-identify as having poor mental health. Some people are referred by other voluntary sector or statutory organisations, whilst others self-refer. We support people to identify their goals and work alongside them to achieve these.

Individual support is a huge help to me. Without this I am unable to leave my flat, I know that once a week I will be able to go out for coffee etc. I am very thankful for the help I receive.

1:1 Engagement Work

We offer practical support and help to people in need. This year we made 117 referrals to the Foodbank and supported clients to access advice from Citizens Advice, P3, Signpost and others. We have successfully obtained funding for individuals in need, including for business start-ups, essential white goods and clothing.

Chat and Connect Group

A new weekly group, offering support to working age adults, who feel lonely or isolated or who wish to connect with others in their community. The group focuses on people coming together to share food, chat and take part in an activity, including reading newspapers, arts and crafts, therapeutic colouring books for adults and playing board games. The staff and volunteers who support the group introduce people to the idea of being part of a group, or encourage them to join a course. 28 people are registered with the group.

'The group improves my mental health and gets me out of the house to socialise'

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

'It helps my mental health and gives me somewhere to go for help when I am worried'

'It helps with anxiety and gets me out of the house'

Time for You Women's Group

A supportive group for women with a focus on mental wellbeing, learning new skills, being creative and offering peer support. This year we held six sessions on Mental Health and Wellbeing through Adult Education and visited Into Nature in Hailey Woods to learn bush craft and hammock building.

Twenty eight women are registered with Time for You and they have achieved some great outcomes including three women completing a British Sign Language course, women who starting volunteering, others working with an alcohol support group, securing part time employment, completing Maths and English with Cirencester College and signing up for GCSE English. Two women have become GEM participants working towards employment and six have been successful in gaining funding support for white goods and carpets.

'The Churn has been a great support to me and my family and had helped improve my self-esteem so thanks so much to everyone that's helping the group, it's a great opportunity for all of the ladies that go there'

Cirencester Men's Shed

The Churn Men's Shed at Cirencester Scouts Hall, creates space for people to get together and share activities, alongside support and companionship from one another. The 'Shedders' as they are often known, undertake their own projects or make things for the local communities. Our Engagement worker offers 1:1 support and signposting to attendees. The Men's Shed visited Filton Air Museum, and progressed the development of a new shipping container home, kindly funded by The Winstone Charitable Trust. The South Cerney Men's Shed is under development.

Stitch Knit and Natter

13 people attended our weekly craft group for people who would like to try new crafts and socialise.

Volunteering

Volunteering is an essential part of the employment, engagement and wellbeing offer, giving people the opportunity to share their skills, build friendships and support their local communities.

We know that volunteering can be a stepping stone towards employment, and create interesting and varied volunteering roles to build skills and improve confidence to help job hunting. Volunteers lead many of our groups and donate their time and experience to support others, from sharing their practical skills at our allotment project or Men's Shed, to their creative skills with Time for You and Stitch, Knit and Natter to academic skills with reading, writing and learning support.

Case Study

Chris was referred to The Churn Project by Cirencester Signpost, a local charity who support homeless people. He explained that he had a troubled background, which included a period in prison and problems with drugs and homelessness. Chris had been able to turn his life around and was seeking support to help him back into employment. He really wanted to make a bright future for himself by setting up his own business in photon printing which would enable him to design, print, engrave and cut most materials using a laser machine.

He had done his market research looking at business opportunities locally, especially around the events and marketing sectors, spoken to businesses to show what he would be capable of doing for them and received a positive response. He asked for help seeking the money to buy the laser machine and support around starting up a business. We worked alongside Chris to submit funding bids to local charities and thanks to the Gloucestershire Society, Signpost and Cirencester Smiths Poor Charity he was able to achieve his goal. The GEM Project gave him the opportunity to attend training courses and access support on how to set up a business successfully.

At our recent garden party at Daglingworth House, Chris was the guest speaker and spoke to over 100 people to tell his amazing story and how he has been able to start his own business, feel more confident and understand his self-worth.

Our Listening Fortnight evaluation told us that people accessing our Engagement, Employment and Wellbeing Services resulted in:

- 53% feeling less lonely or isolated

**Report of the Trustees
for the Year Ended 31st July 2022**

- 78% have made new friendships
- 55% forming new friendships
- 51% learning new skills
- 45% feeling more confident

4 FAMILY SERVICES

Main Objectives

- **Improved parenting skills**
- **A better start in life**
- **Reduction of isolation**
- **Support through crisis**

The Churn has been delivering Family Services since 2010, and this year worked with 313 parents, supporting them to find social connection and peer support, offering parenting advice and support and aiming to increase resilience. We offer a range of groups and activities, alongside 1:1 support and have continued to run Freedom programme to support women affected by domestic abuse, alongside Parenting Courses.

The Peter Lang Children's Trust gives generous funding support to our early intervention programme which focuses on the first 1000 days of children's lives.

Ready Steady Baby our antenatal group, concentrates on forging strong family bonds, increasing parenting self-confidence and improving knowledge of an infant's needs and realistic development. 38 parents attended the group, including 20 parents with additional support needs and 6 parents aged under 20 years old. Topics include health & wellbeing, breast feeding and birth, bonding and socialising with baby and we explain the support available including parental mental health.

'helped me feel positive about myself being a mum'

'I attended the antenatal group when pregnant with my youngest daughter, the advice and support to prepare was incredible, the advice from the workers at the Churn does make a difference, they can put things into perspective a lot better than us as parents at times, when we're in the thick midst of family life it can be intense so it is hard at times to think logically and realistically, the workers are able to look in from the outside and have calm and sensible suggestions and help, making decisions and next steps a lot easier and more manageable

New Baby New Life, our group for local parents with a baby under 12 weeks old has changed this year with the introduction of a drop in group, in addition to the topic based group. The topic-based group continues to run a programme of sessions including baby communication, play & activities for babies, teething, introduction to solid food, sleep and first aid, whilst the drop-in group offers informal access and support.

105 parents have attended the drop-in group and 89 the topic based group, and we have offered support and advice with 176 babies.

'I've suffered with post natal depression so it has been really great being able to socialise with other mummies and just having some time dedicated to playing with my baby'

Baby Group is a smaller group for younger or more vulnerable parents. This year we divided the group into a baby group and a mini-toddler group, to offer direct support for the children's development milestones through play and parental discussion. We focus on the appropriate social and emotional development of the child, on supporting the parents to gain in confidence and understanding of their children's needs, it can be a bridge between initial engagement and connecting parents to services which can help them. During the year, 24 parents have attended baby group with 26 babies, and 20 parents have attended mini toddlers with 21 children.

'By communicating with other mums and helps my children boost their confidence by playing and interacting with others and making friends'

'Gives me support and a chance to make new friends and also a great way for the babies to learn to socialise and learn and explore new things'

**Report of the Trustees
for the Year Ended 31st July 2022**

Families Matter supports families with preschool aged children. We offer parenting support and advice, alongside structured play activities for the children and an enrichment programme. Our Family and Child Support Worker has responsibility for promoting and modelling positive play experiences for children, encouraging parents' engagement and involvement. This year 29 parents have attended our group and we have supported 85 children.

'I get to talk to people, my children get to play with others their age and we all get to get out of the house'

'The team are amazing always there to listen to us mums and give fantastic support and advice too'

Enrichment Programme St James's Place Foundation continues to contribute towards our enrichment programme, aiming to create opportunities for disadvantaged children to help close the gap in attainment. Their funding provides structured play interventions for pre-school children, and enables school-age children of families attending the Churn Project to take part in outings and extra curriculum activities that support their development and confidence. We have also received support from Gloucestershire County Council Holiday Activities and Food Programme (HAF). Family trips this year have included beach trip's to Porthcawl and Weymouth and a visit to 'All Things Wild'. At Christmas we shared over 130 children's gifts which had been kindly donated.

'I wouldn't go elsewhere now, all 3 of my children have been whether that be ante natal classes, baby group, family matters, they've all been to at least one group through their pre school years. They also do some brilliant trips which is really helpful if you're low on money or can't drive'.

1:1 Engagement Support

We understand that being a parent can be a difficult job. We offer practical support and advice to families including support with parenting issues, contact with social care, or accessing help through GDASS or Citizens Advice. Our 1:1 engagement work gives parents a voice and the confidence to seek support. We have supported parents to make grant applications for white goods and furniture, helped to arrange house moves and assisted with applications for schools.

Our Listening Fortnight evaluation told us that people accessing our Family Services resulted in:

- 90% feeling more confident about their parenting since coming to The Churn
- 90% feeling less lonely or isolated
- 87% have made new friendships
- 58% feeling more confident

FINANCIAL REVIEW

Financial position

Our fundraising strategy to secure longer term grant funding, has allowed us to embed and develop our work giving our fundraising manager time to focus on grant and trust fundraising, and our partnerships officer on community fundraising and local donations. Our 3 year funding from The Henry Smith Charity for our Ageing Well team continues and we were delighted to secure 3 year funding from the National Lottery Community Fund -Reaching Communities South West Region from February 2022 which has enabled us to grow the Engagement, Employment and Wellbeing Team. Our expenditure has continued to increase with contributing factors including the development of a new website, increased staff capacity needed to provide individual client support, and the purchase of a shipping container for the Men's Shed, from funds kindly donated by The Winstone Charitable Trust. Our room hire income has not returned to pre-covid levels.

In 2021/22 our income increased by £26,820 to £393,790. Expenditure increased by £94,203 to £418,909. Funds at 31st July 2022 decreased from the previous year by £25,119 and now stand at £160,540.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

FINANCIAL REVIEW

Principal funding sources

Community partnerships and collaborations are essential to our work and we are grateful to our funders (listed below), our professional partners and the input and goodwill we receive from within the community. Thank you - we couldn't do our work without this support.

Funders 2021/22

Trusts/Foundations/Lottery/Statutory

Barchester Charitable Foundation
Barnwood Trust
Charles Russell Speechlys Foundation
Cirencester Temperance Trust
Cirencester Town Council
Cotswold District Council
Cotswold Primrose Trust
GEM - Gloucestershire Going the Extra Mile Fund Building Better Opportunities Project
Gloucestershire Community Foundation
Gloucestershire County Council
Glow Community Grants
Julia and Hans Rausing Trust
National Lottery Community Fund - RC South West Region
Office of Police and Crime Commissioner
Peter Lang Children's Trust
Philip Marner Charity
St James's Place Charitable Foundation
The Henry Smith Charity
The Winstone Charitable Trust
Woodroffe Benton Foundation
World Jungle

Companies and Community Groups

Art Society Corinium
Amazon Smile
Barnsley Village Festival
Busy Fingers
Chedworth Knitting Group
CHEQS Charitable Trust
Choirinium Choir
Coventry Building Society
Gardiner Haskins
Haynes Hanson & Clark
Jessie Smith
Lounge Design
Mitsubishi
Moore Allen Innocent
Odin Events
Peyton Principles
Proposito Financial Planning
Raffles Fine Wines
Red Onion Catering
Savage Selection
St James's Place Wealth Management
Tanners solicitors
Vanessa Arbuthnott
Waitrose Community Fund
Wenn Townsend

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

FINANCIAL REVIEW

50+ individual supporters

Reserves policy

The Trustees have set a reserves policy which requires that the reserves be maintained at a level which ensures that The Churn Project's core activities could continue during a period of unforeseen difficulty and that these reserves are maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of The Churn Project's planning, budgeting and forecasting cycle. It takes into account the risks associated with unexpected variations in the stream of income and expenditure given planned activity levels and The Churn Project's future commitments. The Trustees assess the reserves policy on an annual basis. They monitor and discuss levels of readily realisable reserves and The Churn Project's future commitments. The main risks to both income and expenditure plus the requirements for working capital and adequate cash flow are assessed. The trustees use this information to ensure an adequate level of readily realisable reserves is maintained.

In July 2022 the reserves policy was reviewed and based on this risk analysis, a Free Cash Reserve figure of between £51,000 and £102,000 was confirmed as an appropriate and realistic target.

This policy will be updated on an annual basis, at the time of annual accounts being prepared, in accordance with the organisation's current outgoings.

FUTURE PLANS

- We will continue to support the community in Cirencester and surrounding villages in the following three areas
 - Families
 - Engagement, Employment and Wellbeing
 - Ageing Well
- The Engagement, Employment and Wellbeing team will continue with their focus on mental wellbeing support. With the closure of the GEM Project in December 2022, our Employment and Skills worker will transition support to local job seekers under the National Lottery Community Fund-Reaching Communities South West Region funding
- We will continue to support older people through the friendship café model of delivery, to reach current and new clients and update the memory café model
- Finalise implementation of the database, to improve efficiency with data capture, particularly around outcome reporting
- Launch the Cirencester Men's Shed in their new shipping container, and the South Cerney Men's Shed in their new building.
- And continue to be involved in conversations around the proposed Family Hub model in Gloucestershire, to ensure our family services offer continues to meet the needs of the local community

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company are also trustees of the charity. All trustees give their time voluntarily and receive no benefits from the charity; they can, however, recover expenses incurred directly as a result of their role.

The board currently consists of the Chair (appointed from the existing trustees) and six further trustees - there must be at least 3 serving trustees with no maximum limit. Trustees are recruited to ensure a diversity of relevant skills and expertise needed for effective governance of the charity. They are invited to complete a skills audit and attend a meeting as an observer before commitment from either side.

One third of trustees must retire from office at the Annual General Meeting but can be re-elected by remaining trustees.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Churn Project has a board of trustees of at least 3 members, currently comprising 7, which meets every 8 weeks. It is responsible for the strategic direction of the charity and monitoring systems and procedures to ensure good governance. The Chief Executive manages the day-to-day operation of the organisation, leading the staff team to implement strategy and ensuring that they continue to develop their skills and working practices to produce the best outcomes for our clients.

Trustee Induction and Training

On appointment, trustees sign a declaration of eligibility, undertake an enhanced DBS check and sign a code of conduct agreement. They undergo online safeguarding training. They receive a Trustee Information Pack, which includes:

- Trustee role and responsibilities outlined
- Key documents setting out the framework for the charity including the Memorandum and Articles, all current policies, Business Plan.
- Financial and funding information including the latest published accounts
- A copy of the Charity Commission: Essential Trustee guide

Trustees are also invited to a tour of the building to see The Churn in action and to meet the staff and volunteer team.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees manage and mitigate risks to the charity through reviews of operations and procedures at Trustee Meetings held every 8 weeks. Under constant review:

- Finance - ongoing cashflow model and budget control, internal authorisation procedures for management of transactions.
- Health and safety - an agenda item at every meeting (trustee & staff) to ensure compliance with regulations, and a general common-sense approach to maintaining safe practices.
- External risk - to funding and services, strategic planning ensures relevant service development and diversification paying heed to wider county and national strategic direction.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees

S A Alexander
D W Bellamy
M A Blumsom
E Q Darroch (resigned 31/8/2021)
R Lynn Chair
D G Sutherland
R S Towill
F R Penny (appointed 26/1/2022)

Company Secretary

R S Towill

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Approved by order of the board of trustees on and signed on its behalf by:

.....
R Lynn Chair - Trustee

Independent Examiner's Report to the Trustees of Churn Project Limited

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

JD Frost
ICAEW
JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date:

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2022**

		Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		73,680	(1)	73,679	68,883
Charitable activities					
Family Services		-	75,568	75,568	72,282
Employment & Skills		-	23,466	23,466	20,676
Ageing Well		-	57,633	57,633	47,537
Well Being		-	49,995	49,995	43,093
General		57,000	-	57,000	101,879
The National Lottery Community Fund - R/C South West Region		-	49,330	49,330	-
Other trading activities	2	7,119	-	7,119	12,620
Total		<u>137,799</u>	<u>255,991</u>	<u>393,790</u>	<u>366,970</u>
EXPENDITURE ON					
Charitable activities					
Family Services		-	84,012	84,012	60,539
Employment & Skills		-	22,900	22,900	20,777
Ageing Well		-	52,394	52,394	39,020
Hardship Fund		-	1,091	1,091	-
Well Being		-	55,311	55,311	43,086
General		155,845	-	155,845	161,284
The National Lottery Community Fund - R/C South West Region		-	47,356	47,356	-
Other		-	-	-	-
Total		<u>155,845</u>	<u>263,064</u>	<u>418,909</u>	<u>324,706</u>
NET INCOME/(EXPENDITURE)		(18,046)	(7,073)	(25,119)	42,264
Transfers between funds	9	<u>249</u>	<u>(249)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(17,797)	(7,322)	(25,119)	42,264
RECONCILIATION OF FUNDS					
Total funds brought forward		87,924	97,735	185,659	143,395
TOTAL FUNDS CARRIED FORWARD		<u><u>70,127</u></u>	<u><u>90,413</u></u>	<u><u>160,540</u></u>	<u><u>185,659</u></u>

The notes form part of these financial statements

Churn Project Limited**Balance Sheet
31st July 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	6	12,270	5,839	18,109	22,561
Cash at bank and in hand		69,714	113,204	182,918	176,117
		<u>81,984</u>	<u>119,043</u>	<u>201,027</u>	<u>198,678</u>
CREDITORS					
Amounts falling due within one year	7	(11,857)	(28,630)	(40,487)	(13,019)
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
NET CURRENT ASSETS					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
NET ASSETS					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
FUNDS	9				
Unrestricted funds				70,127	87,924
Restricted funds				90,413	97,735
				<u>160,540</u>	<u>185,659</u>
TOTAL FUNDS				<u>160,540</u>	<u>185,659</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R Lynn Chair - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31st July 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Other income	7,119	12,620
	<u> </u>	<u> </u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2022 nor for the year ended 31st July 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2022 nor for the year ended 31st July 2021.

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Employees	14	15

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	68,882	1	68,883
Charitable activities			
Family Services	-	72,282	72,282
Employment & Skills	-	20,676	20,676
Ageing Well	-	47,537	47,537
Well Being	-	43,093	43,093
General	101,879	-	101,879
Other trading activities	12,620	-	12,620
Total	183,381	183,589	366,970
EXPENDITURE ON			
Charitable activities			
Family Services	-	60,539	60,539
Employment & Skills	-	20,777	20,777
Ageing Well	-	39,020	39,020
Well Being	-	43,086	43,086
General	160,658	626	161,284
Other	-	-	-
Total	160,658	164,048	324,706
NET INCOME	22,723	19,541	42,264
Transfers between funds	38	(38)	-
Net movement in funds	22,761	19,503	42,264
RECONCILIATION OF FUNDS			
Total funds brought forward	65,163	78,232	143,395
TOTAL FUNDS CARRIED FORWARD	87,924	97,735	185,659

Notes to the Financial Statements - continued
for the Year Ended 31st July 2022

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	7,631	10,350
Other debtors	5,625	5,625
Prepayments and accrued income	3,062	4,259
Prepayments	1,791	2,327
	<u>18,109</u>	<u>22,561</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 8)	2,223	2,436
Trade creditors	29,309	4,074
Social security and other taxes	4,276	3,286
Pension Fund	1,007	1,023
Accrued expenses	3,672	2,200
	<u>40,487</u>	<u>13,019</u>

8. LOANS

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>2,223</u>	<u>2,436</u>

9. MOVEMENT IN FUNDS

	At 1/8/21	Net movement in funds	Transfers between funds	At 31/7/22
	£	£	£	£
Unrestricted funds				
General fund	87,924	(18,046)	249	70,127
Restricted funds				
Employment & Skills	3,011	565	(249)	3,327
Family Services	33,098	(8,444)	-	24,654
Ageing Well	28,541	5,239	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,313	(1,091)	-	222
Well Being	21,744	(5,316)	-	16,428
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>(7,073)</u>	<u>(249)</u>	<u>90,413</u>
TOTAL FUNDS	<u>185,659</u>	<u>(25,119)</u>	<u>-</u>	<u>160,540</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,799	(155,845)	(18,046)
Restricted funds			
Employment & Skills	23,465	(22,900)	565
Family Services	75,568	(84,012)	(8,444)
Ageing Well	57,633	(52,394)	5,239
Hardship Fund	-	(1,091)	(1,091)
Well Being	49,995	(55,311)	(5,316)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>255,991</u>	<u>(263,064)</u>	<u>(7,073)</u>
TOTAL FUNDS	<u><u>393,790</u></u>	<u><u>(418,909)</u></u>	<u><u>(25,119)</u></u>

Comparatives for movement in funds

	At 1/8/20 £	Net movement in funds £	Transfers between funds £	At 31/7/21 £
Unrestricted funds				
General fund	65,163	22,723	38	87,924
Restricted funds				
Employment & Skills	2,400	(101)	712	3,011
Family Services	22,104	11,744	(750)	33,098
Ageing Well	20,024	8,517	-	28,541
Older People Services	590	-	-	590
Hardship Fund	1,939	(626)	-	1,313
Well Being	31,175	7	-	31,182
	<u>78,232</u>	<u>19,541</u>	<u>(38)</u>	<u>97,735</u>
TOTAL FUNDS	<u><u>143,395</u></u>	<u><u>42,264</u></u>	<u><u>-</u></u>	<u><u>185,659</u></u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	183,381	(160,658)	22,723
Restricted funds			
Employment & Skills	20,676	(20,777)	(101)
Family Services	72,283	(60,539)	11,744
Ageing Well	47,537	(39,020)	8,517
Hardship Fund	-	(626)	(626)
Well Being	43,093	(43,086)	7
	<u>183,589</u>	<u>(164,048)</u>	<u>19,541</u>
TOTAL FUNDS	<u><u>366,970</u></u>	<u><u>(324,706)</u></u>	<u><u>42,264</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/20 £	Net movement in funds £	Transfers between funds £	At 31/7/22 £
Unrestricted funds				
General fund	65,163	4,677	287	70,127
Restricted funds				
Employment & Skills	2,400	464	463	3,327
Family Services	22,104	3,300	(750)	24,654
Ageing Well	20,024	13,756	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,939	(1,717)	-	222
Well Being	31,175	(5,309)	-	25,866
The National Lottery Community Fund - R/C South West Region	-	1,974	-	1,974
	<u>78,232</u>	<u>12,468</u>	<u>(287)</u>	<u>90,413</u>
TOTAL FUNDS	<u><u>143,395</u></u>	<u><u>17,145</u></u>	<u><u>-</u></u>	<u><u>160,540</u></u>

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2022**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	321,180	(316,503)	4,677
Restricted funds			
Employment & Skills	44,141	(43,677)	464
Family Services	147,851	(144,551)	3,300
Ageing Well	105,170	(91,414)	13,756
Hardship Fund	-	(1,717)	(1,717)
Well Being	93,088	(98,397)	(5,309)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>439,580</u>	<u>(427,112)</u>	<u>12,468</u>
TOTAL FUNDS	<u><u>760,760</u></u>	<u><u>(743,615)</u></u>	<u><u>17,145</u></u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2022.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	73,679	68,883
Other trading activities		
Other income	7,119	12,620
Charitable activities		
Grants	312,992	285,467
Total incoming resources	393,790	366,970
EXPENDITURE		
Charitable activities		
Employment & Skills	22,900	20,777
Family Services	84,012	60,539
Ageing Well	52,394	39,020
Hardship Fund	1,091	626
Well Being	55,311	43,086
Lottery	47,356	-
	263,064	164,048
Support costs		
Finance		
Bank charges	352	225
Other		
Wages	231,434	208,240
Social security	11,913	12,927
Pensions	9,414	5,177
Rates and water	252	161
Insurance	2,157	2,060
Light and heat	1,863	1,768
Telephone	1,789	1,543
Postage and stationery	1,243	1,452
Sundries	1,265	1,267
Rent	25,500	25,042
Travel	171	49
Newsletter costs	2,754	2,335
Computer costs	10,831	15,296
Office equipment	939	847
Premises expenses	7,850	8,472
Training, coaching & mentoring	45	485
Covid shopping	3,822	13,860
Employee benefits	204	-
Carried forward	313,446	300,981

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2022**

	2022	2021
	£	£
Other		
Brought forward	313,446	300,981
Outings	1,147	-
	<hr/>	<hr/>
	314,593	300,981
 Other 2		
Wages allocated to restricted	(163,349)	(131,527)
Social security allocated to restricted	(11,913)	(8,814)
Pensions allocated to restricted	(3,653)	(3,368)
Advertising	4,958	2,010
	<hr/>	<hr/>
	(173,957)	(141,699)
 Governance costs		
Accountancy fees	800	800
Professional fees	14,057	351
	<hr/>	<hr/>
	14,857	1,151
	<hr/>	<hr/>
Total resources expended	418,909	324,706
	<hr/>	<hr/>
Net (expenditure)/income	<u>(25,119)</u>	<u>42,264</u>