

The Churn Community Hub Ltd

England & Wales · Charity number 1124422

Details

Other names	CHURN PROJECT LIMITED, THE CHURN NEIGHBOURHOOD PROJECT LIMITED
Status	Registered
Legal form	Charitable company
Company number	05672529
Registered	2008-06-09
Register	View on the Charity Commission register

Contact

Address	14-16 The Waterloo Cirencester GL7 2PY
Phone	01285380038
Email	info@thechurn.co.uk
Website	www.churnproject.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSES UNDER THE LAW OF ENGLAND AND WALES FOR THE BENEFIT OF THE COMMUNITY IN THE AREA OF BENEFIT PRINCIPALLY BUT NOT EXCLUSIVELY THE AREA OF CIRENCESTER AND SURROUNDING VILLAGES BY ALL AND ANY OF THE FOLLOWING MEANS 3:1 THE RELIEF OF POVERTY/FINANCIAL HARDSHIP IN SUCH WAYS AS MAYBE THOUGHT FIT 3:2 THE RELIEF OF UNEMPLOYMENT IN SUCH WAYS AS MAY BE THOUGHT FIT INCLUDING PROVIDING ASSISTANCE TO FIND EMPLOYMENT OR TRAINING 3:4 THE RELIEF OF THOSE IN NEED BY REASON OF YOUTH,AGE,ILL HEALTH,DISABILITY,FINANCIAL HARDSHIP OR OTHER DISADVANTAGE 3:5 THE ADVANCEMENT OF CITIZENSHIP OR COMMUNITY DEVELOPMENT BY THE PROMOTION OF VOLUNTEERING AND COMMUNITY CAPACITY BUILDING 3:7 THE MAINTENANCE, IMPROVEMENT OR PROVISION OF PUBLIC AMENITIES 3:8 THE PROVISION OR ASSISTANCE IN THE PROVISION OF RECREATIONAL ACTIVITIES FOR THE PUBLIC AT LARGE AND/OR THOSE WHO, BY REASON OF THEIR YOUTH, AGE OR INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES 3:9 THE PROVISION OF PUBLIC HEALTH FACILITIES AND CHILDCARE INCLUDING THE PROMOTION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH PROVIDING SUPPORT SERVICES AND ADVICE.

Activities: Neighbourhood and Community Project

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People

Geography

- **Area of benefit:** CIRENCESTER
- Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£579,108	£556,766	£203,215	18
2024-07-31	£461,739	£494,745	-	-
2023-07-31	£482,817	£429,478	-	-
2022-07-31	£393,790	£418,909	-	-
2021-07-31	£366,970	£324,706	-	-

Trustees

Name	Role	Appointed
Catherine Sarah Groombridge		2023-05-18
Crispin Dawe		2025-06-03
David George Sutherland		2018-03-07
Frances Rebecca Penny		2022-01-26
Marcus Scrivens		2025-06-03
Paul Styles		2025-06-03
Rosemary Lynn		2015-01-22
Simon Jones		2024-11-13

The Churn Community Hub Ltd

England & Wales - Charity number 1124422

Accounts

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2025
for
Churn Project Limited

JD Frost Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Churn Project Limited

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Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Report From the Chair of Trustees

This has been a year of challenge, change and continued growth for The Churn Project. The scale and complexity of need across our community have continued to rise, while resources remain stretched. Yet through determination, creativity and compassion, the team has ensured that our core services not only continue but adapt and strengthen in response. During 2024/25, **1,765** accessed group and individual support, with **474 people** receiving one-to-one help, over half of whom required ongoing support for complex issues. There were over **10,000** group attendances. The organisation was supported by **121** regular volunteers, with an additional **250** contributing to events and community activity.

Listening to the people we support and responding to what matters most to them has remained central to our approach. By valuing lived experience, we have refined and reshaped services to meet real needs - from mental health and family support to employability and wellbeing. This has meant developing smaller, more focused activities that support connection, health and confidence, while maintaining our commitment to those facing hardship through individual grants, practical help and emotional support.

Family work has expanded further this year, particularly in primary schools, where demand for one-to-one and parenting support continues to grow. Our mental health provision has also developed, with increased support for young adults and men, and new opportunities for connection through creative and therapeutic groups. For older people, we have introduced smaller, more activity-based sessions, helping individuals engage in ways that feel comfortable and meaningful.

New partnerships have strengthened our work, particularly in areas such as digital inclusion, community health and employability. These collaborations extend our reach and help ensure people can access the right support at the right time.

Volunteers continue to be at the heart of The Churn Project, giving their time, care and commitment across every part of our work. We are grateful for their dedication and pleased to have improved volunteer coordination and support this year.

Our staff team remains exceptional. Their professionalism, experience and empathy shine through every aspect of what we do. Despite operating at full capacity, they continue to deliver high-quality, person-centred support and find new ways to respond to emerging need. This year we had a team of **18 staff (12 FTE)**.

We have also welcomed new Trustees to the Board this year, bringing valuable insight and experience that will help guide the charity's next stage of development.

While we face ongoing financial and operational challenges, this has been a year that demonstrates resilience, adaptability and deep community connection. My sincere thanks go to our staff, volunteers, Trustees, partners and funders - and to everyone who has placed their trust in us. Together, we remain committed to sustaining The Churn Project's vital role at the heart of our community and ensuring that those who need support continue to find it here.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2025

OBJECTIVES AND ACTIVITIES

Objectives and aims

Founded in 2001, The Churn Project is a community charity based in Cirencester, dedicated to reducing isolation and enhancing the wellbeing of local residents. The charity operates right at the heart of the community and is often the only place people feel they can turn to for support. The Churn Project provides a warm and welcoming environment where individuals can openly discuss their concerns and receive much-needed assistance. What sets the Churn Project apart is its comprehensive support across the lifespan, from pregnancy to old age, through our three services: Family, Community Wellbeing, and Ageing Well. With a focus on building community connections, we ensure that everyone feels valued and supported, helping to connect individuals with other relevant organisations when needed.

Objectives and Purpose

This year, The Churn Project has reviewed and updated its Memorandum and Articles of Association to ensure our charitable objectives reflect the organisation as it is today and the breadth of support we now provide. While our founding purpose remains unchanged-addressing hardship and reducing isolation in Cirencester and the surrounding area-our work has evolved to include a stronger focus on mental health and wellbeing, supporting families, developing volunteering, and strengthening community capacity and connection.

- Relief of financial hardship
- Creating training, volunteering, and work experience opportunities
- Supporting people of all ages facing hardship or disadvantage
- Promoting wellbeing and independence in later life
- Promoting volunteering opportunities
- Supporting and developing the voluntary sector
- Helping children and young people to thrive and reach their potential
- Providing accessible activities that improve wellbeing and reduce isolation
- Promoting and protecting good mental health and wellbeing, and providing advice and support services for mental health and wellbeing
- Delivering activities with benefits to health and promoting good health
- Providing activities and services for older individuals and those facing challenges due to financial hardship or social and economic circumstances

Our aims are to improve wellbeing and reduce isolation, particularly for those experiencing loneliness or facing challenges during transitions in their lives, such as financial hardship or mental health difficulties. Our mission is to address inequalities that contribute to social isolation and economic difficulties by offering services that promote purpose, belonging, and hope. We are committed to ensuring that all residents feel included and valued in their community, supported in achieving their potential, and able to access opportunities for personal and professional growth.

Vision

Our vision is that every individual should feel included, involved, and invested in their community. We strive to change lives by reducing and preventing isolation, promoting wellbeing, creating opportunities to learn and achieve, supporting individuals through crises, and providing early help and interventions. By encouraging personal responsibility and leveraging the best resources through thoughtful procurement and positive partnerships, we work towards a future where all members of the Cirencester community can thrive and contribute meaningfully.

Ensuring our work delivers our aims.

To ensure we deliver our aims effectively, we follow a structured approach that includes regular reviews, evaluations and alignment with our stated objectives. Here's how we manage this, based on our current practices:

Regular review process:

- We conduct an annual strategic review with trustees and staff to ensure our aims, objectives, and activities align with our mission. This review is informed by service user feedback, evaluations, and emerging needs in the community.
- Participant and service user feedback, 'Listening to You', is conducted biennially to provide a wider scope for feedback and enable more people to share their views.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2025

Evaluation of impact:

- We use the Ages and Stages Development evaluation in our early intervention family work to monitor and support the developmental progress of children.
- We have adopted the Outcome Star tool in the family service, which helps us measure changes and track progress in a structured, visual way.
- Karitane parenting confidence scale is used to measure parental wellbeing, providing important insights into how our support meets their needs.
- The NHS Dialog scale measures mental health and wellbeing for adults receiving individual support and those participating in programmes, allowing us to assess improvements in overall wellbeing.
- We have developed our own feedback forms for participants in programmes and groups, which enable us to capture specific outcomes and make adjustments based on their feedback.

Trustee oversight & public benefit

- Our trustees refer to the Charity Commission's guidance on public benefit when planning and reviewing our work. This ensures that everything we do delivers meaningful benefits to the public. We regularly review public benefit in board meetings, especially when planning new projects or reviewing ongoing ones.

STRATEGIC REPORT

Achievements and performance

Charitable Activities

Service	Service Users
Ageing Well Service	432
Community Wellbeing Service	466
Family Service	421 adults 401 children
Digihub	45
Volunteers	371
Collaborative Service Delivery Groups	65
Total	2156

Service Delivery Summary

Community Wellbeing Service

The Community Wellbeing Service provides comprehensive support for adults and young adults, encouraging social engagement and reducing isolation through a range of social groups and community projects. It offers tailored wellbeing and mental health support, including one-to-one work with young adults, crisis assistance, and employability programmes that help individuals access education and training, particularly those who struggle to engage with mainstream resources. The service also includes social wellbeing groups and volunteer-led initiatives, such as wellbeing walks, which promote community connection and improve overall wellbeing.

Family Service

The Family Service supports families through various activities and programmes designed to enhance parenting skills, promote connections, and provide essential resources. The service offers guidance for parents, including antenatal and postnatal support, parenting support groups, and one-to-one family support, including for parents with SEND children, as well as assistance for those experiencing domestic abuse or facing complex issues. It also aims to support child development by providing activities that encourage learning and growth. Working in close partnership with local primary schools, the service delivers targeted projects that strengthen family relationships and early intervention. By creating a safe and welcoming environment, the Family Service builds community connections and provides tailored support during times of crisis, empowering families to navigate challenges and improve their overall well-being.

STRATEGIC REPORT

Achievements and performance

Ageing well Service

The Ageing Well service provides support to improve the health and well-being of older adults, particularly those experiencing loneliness and isolation. Recognising the unique challenges faced by older people, the service offers tailored support to address their specific needs, including those living with dementia. The service has an increasing focus on health and wellbeing, introducing physical activities and health-focused sessions that encourage movement and engagement. Through various activities and programmes, the service promotes positive ageing, encourages social connections, and supports larger social activity groups as well as smaller therapeutic-based wellness groups. It also includes a dedicated Carers Hub, providing essential resources and support for individuals caring for others. Additionally, the service offers bereavement support and a befriending scheme aimed at individuals who may struggle to leave their homes. By focusing on building resilience and promoting independence, the Ageing Well service ensures that older adults can access the support they need to maintain their health, well-being, and a sense of belonging within the community.

Financial review

Financial position

The past year has been one of steady adaptation and organisational growth. Against a backdrop of rising costs and increasing demand, we have strengthened our financial resilience through targeted fundraising, new partnerships, and sound management. Continued investment in our internal systems and staffing has ensured that we remain well placed to deliver services efficiently and maintain the trust and confidence of our funders and community. This period of consolidation has provided a strong foundation for the year ahead, as we balance sustainability with the continued development of our work and the increasing needs of those we support.

In 2024/25, our income was £579,108, an increase of £117,370. Expenditure increased by £62,021, bringing the total to £556,766. As of 31st July 2025, our funds stand at £203,215, an increase of £22,342 compared to the previous year.

The organisation continues to identify and secure new funding opportunities that support long-term stability and service expansion. Previous volunteers have been supported into employment, demonstrating our commitment to providing pathways for people to move forward and build confidence through lived experience. Collaboration with other voluntary sector organisations has resulted in joint funding projects and a stronger, more connected local network. These partnerships have enhanced resources, improved access to support, and strengthened our collective impact across the community. Our work with statutory partners, including the Cotswold District Council, has been vital in delivering targeted projects that meet local needs and recognise the positive difference we make. We have also focused on raising our profile at a county level to highlight the importance of our organisation and place us in a stronger position for future opportunities. Developing partnerships with health services through the Integrated Care Board has enabled us to expand community health activities and mental health programmes.

Staffing has also developed this year, with additions to administrative and finance support, and increased capacity for work with young people and families. The higher turnover reflects the team's hard work in securing funding and delivering services, as well as the new challenges of sustaining growth and the increasing need for additional space.

Sustaining Our Services Through Multi-Year Grants

Securing multi-year grants has been crucial in sustaining our services and demonstrates the faith our funders have in our work. We are grateful for the strong relationships we've built with funders such as the Peter Lang Trust, the National Lottery, Henry Smith Charity, and Barnwood Trust, all of whom provide vital support for our services.

We are also fortunate to receive regular financial support from various trusts and organisations, including the Primrose Trust, St. James's Place Foundation, National Benevolent Charity, Garfield Weston Foundation, Summerfield Trust, Gloucestershire Community Foundation, Winstone Trust, and the Integrated Care Board (NHS), Hans Rausing Trust. Their ongoing grants, along with one-off funding, are crucial to sustaining our work and enabling us to meet the needs of our community. We are equally grateful for the contributions from Cotswold District Council, Cirencester Town Council, Gloucestershire County Council and numerous smaller grants, donations, and invaluable support from local businesses and individuals, all of which have made a significant impact on our ability to deliver essential services.

STRATEGIC REPORT

Financial review

Reserves policy

The trustees have established a reserves policy to ensure that The Churn Project can maintain core activities during unforeseen difficulties. This policy requires reserves to be held in a readily realisable form. The necessary reserve levels are calculated as part of the planning, budgeting, and forecasting cycle, taking into account potential income and expenditure variations related to planned activities and future commitments. The trustees review the reserves policy annually, monitoring readily realisable reserves, assessing risks to income and expenditure, and evaluating working capital and cash flow needs to maintain adequate reserves.

Our target reserves for the year were between £63k and £106k. This is based on a minimum of redundancy costs for all staff and a paid notice period for all core staff with the maximum being these costs plus 3 months running costs including running one service. Our actual unrestricted reserves were £110,841k.

Future plans

We recognise that our plans must continue to adapt to changing circumstances and ongoing evaluation. However, informed by feedback from service users, staff, and partners, these priorities reflect our focus for the year ahead and align with our three-year strategic plan.

- **Strengthen financial sustainability** by reviewing our funding strategy, diversifying income, and developing longer-term, unrestricted funding opportunities.
- **Invest in our people**, continuing to build staff capacity, wellbeing, and professional development, while expanding volunteer opportunities and lived experience roles.
- **Progress work on premises**, exploring options for expanded or additional delivery space to meet increasing operational needs.
- **Maintain strong partnerships** with statutory, health, and voluntary sector organisations, developing joint projects that maximise local impact and avoid duplication.
- **Sustain core delivery** across Family, Community Wellbeing, and Ageing Well services, ensuring consistency, quality, and responsiveness to community needs.
- **Extend family support in schools**, increasing one-to-one and group work, parenting sessions, and SEND-focused provision.
- **Develop young adult wellbeing and employability activities**, strengthening one-to-one mental health support and creative group sessions.
- **Grow the Community Sheds programme**, expanding to additional sites and developing new volunteer-led and skills-based activities.
- **Enhance the Supporting Wellness programme** within Ageing Well, increasing physical health, nutrition, and smaller therapeutic wellbeing groups.
- **Refine the befriending service**, focusing on individuals with complex needs and encouraging participation in wider group and social activities.
- **Embed mental health and wellbeing support** across all services to ensure emotional wellbeing remains central to delivery.
- **Strengthen communication and visibility**, improving digital presence, storytelling, and engagement with funders, partners, and the public.
- **Enhance evaluation and impact reporting**, embedding 'Listening to You' feedback and developing the CRM system to improve data consistency.
- **Advance digital development and innovation**, trialling new tools and responsible use of AI to streamline administration, improve efficiency, and strengthen communication.
- **Prepare for our 25th anniversary**, celebrating achievements and using the milestone to strengthen community and funder relationships.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The directors of the company also serve as trustees, all of whom volunteer their time and can recover expenses incurred due to their roles. The board currently consists of a Chair and eight additional trustees, with a minimum of three serving trustees and no maximum limit. Trustees are recruited for their diverse skills and expertise, invited to complete a skills audit, and encouraged to observe a meeting before joining.

One third of trustees must retire at the Annual General Meeting but may be re-elected.

Organisational structure

The Churn Project has a board of trustees comprising at least three members, currently nine, which meets every eight weeks. The board is responsible for the charity's strategic direction and monitoring governance systems. The Chief Executive Officer manages day-to-day operations, leading the staff to implement strategy and enhance skills for optimal client outcomes.

Trustee Induction and Training

Upon appointment, trustees complete a declaration of eligibility, undergo an enhanced DBS check, and sign a code of conduct agreement. They also undertake online safeguarding training and receive a Trustee Information Pack containing:

- An outline of trustee roles and responsibilities
- Key documents, including the Memorandum and Articles, current policies, and the Business Plan
- Financial information, including the latest published accounts
- A copy of the Charity Commission's Essential Trustee guide
- Three month familiarisation period that includes buddying and training

Trustees are invited to tour the premises, meet staff and volunteers, and attend team meetings.

Risk management

Trustees are responsible for identifying and reviewing risks to the charity, ensuring appropriate controls are in place to mitigate fraud and error. They manage risks through regular operational reviews at bi-monthly meetings, focusing on:

- **Finance:** Ongoing cash flow management, budget control, and internal authorisation procedures.
- **Health and Safety:** Compliance is discussed at every meeting, ensuring safe practices are upheld.
- **External Risk:** Strategic planning addresses funding and service diversification, aligned with wider county and national strategies.
- **Safeguarding:** Safeguarding policies and procedures are regularly reviewed to protect vulnerable individuals and ensure compliance with relevant legislation.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2025**

Trustees

S A Alexander (resigned 9/7/2025)
D W Bellamy (resigned 9/7/2025)
W C Cobbett (resigned 13/11/2024)
C Groombridge
R Lynn Chair
F R Penny
D G Sutherland
R S Towill
S Jones (appointed 13/11/2024)
M Scrivens (appointed 3/6/2025)
C Dawe (appointed 3/6/2025)
P Styles (appointed 3/6/2025)

Company Secretary

C Dawe

Independent Examiner

JD Frost Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 19/11/2025..... and signed on the board's behalf by:

.....
R Lynn Chair - Trustee

**Independent Examiner's Report to the Trustees of
Churn Project Limited**

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

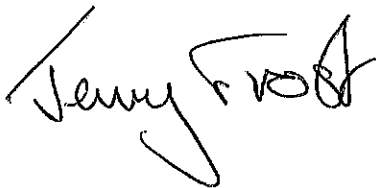
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J D Frost

JD Frost Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date: 26/11/2025

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2025**

		Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM	Notes				
Donations and legacies	2	95,385	5,739	101,124	25,922
Charitable activities	5				
Family Services		-	114,137	114,137	86,749
Ageing Well		-	68,850	68,850	20,000
Hardship Fund		-	2,500	2,500	-
Well Being		-	158,028	158,028	134,679
General		116,380	-	116,380	170,028
Other trading activities	3	9,432	-	9,432	19,438
Investment income	4	8,657	-	8,657	4,923
Total		<u>229,854</u>	<u>349,254</u>	<u>579,108</u>	<u>461,739</u>
EXPENDITURE ON					
Charitable activities	6				
Family Services		77,094	109,900	186,994	155,389
Ageing Well		42,830	69,577	112,407	90,193
Hardship Fund		-	657	657	-
Well Being		94,227	161,251	255,478	241,693
Other		1,230	-	1,230	7,470
Total		<u>215,381</u>	<u>341,385</u>	<u>556,766</u>	<u>494,745</u>
NET INCOME/(EXPENDITURE)		14,473	7,869	22,342	(33,006)
RECONCILIATION OF FUNDS					
Total funds brought forward		96,368	84,505	180,873	213,879
TOTAL FUNDS CARRIED FORWARD		<u>110,841</u>	<u>92,374</u>	<u>203,215</u>	<u>180,873</u>

The notes form part of these financial statements

Churn Project Limited

Balance Sheet

31st July 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Debtors	11	8,819	150	8,969	8,379
Cash at bank and in hand		115,077	93,826	208,903	182,685
		<u>123,896</u>	<u>93,976</u>	<u>217,872</u>	<u>191,064</u>
CREDITORS					
Amounts falling due within one year	12	(13,055)	(1,602)	(14,657)	(10,191)
		<u>110,841</u>	<u>92,374</u>	<u>203,215</u>	<u>180,873</u>
NET CURRENT ASSETS					
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>110,841</u>	<u>92,374</u>	<u>203,215</u>	<u>180,873</u>
NET ASSETS					
		<u>110,841</u>	<u>92,374</u>	<u>203,215</u>	<u>180,873</u>
FUNDS					
	13			110,841	96,368
Unrestricted funds				92,374	84,505
Restricted funds				<u>203,215</u>	<u>180,873</u>
TOTAL FUNDS					

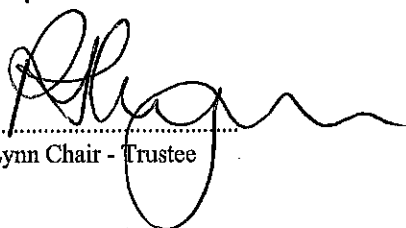
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 19/11/2025 and were signed on its behalf by:


 R Lynn Chair - Trustee

The notes form part of these financial statements

Churn Project Limited**Cash Flow Statement
for the Year Ended 31st July 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	17,561	(37,370)
Net cash provided by/(used in) operating activities		17,561	(37,370)
Cash flows from investing activities			
Interest received		8,657	4,923
Net cash provided by investing activities		8,657	4,923
Change in cash and cash equivalents in the reporting period		26,218	(32,447)
Cash and cash equivalents at the beginning of the reporting period		182,685	215,132
Cash and cash equivalents at the end of the reporting period		208,903	182,685

The notes form part of these financial statements

Churn Project Limited

**Notes to the Cash Flow Statement
for the Year Ended 31st July 2025**

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025	2024
	£	£
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	22,342	(33,006)
Adjustments for:		
Interest received	(8,657)	(4,923)
(Increase)/decrease in debtors	(590)	2,159
Increase/(decrease) in creditors	4,466	(1,600)
Net cash provided by/(used in) operations	<u>17,561</u>	<u>(37,370)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/8/24	Cash flow	At 31/7/25
	£	£	£
Net cash			
Cash at bank and in hand	182,685	26,218	208,903
	<u>182,685</u>	<u>26,218</u>	<u>208,903</u>
Total	<u>182,685</u>	<u>26,218</u>	<u>208,903</u>

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31st July 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	<u>101,124</u>	<u>25,922</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	2,942	14,040
Other income	6,490	5,398
	<u>9,432</u>	<u>19,438</u>

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2025**

4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>8,657</u>	<u>4,923</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025	2024
		£	£
Grants	Family Services	114,137	86,749
Grants	Ageing Well	68,850	20,000
Grants	Hardship Fund	2,500	-
Grants	Well Being	158,028	134,679
Grants	General	116,380	170,028
		<u>459,895</u>	<u>411,456</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Grants	357,583	344,862
Government Grants	102,312	66,594
	<u>459,895</u>	<u>411,456</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Family Services	109,900	77,094	186,994
Ageing Well	69,577	42,830	112,407
Hardship Fund	657	-	657
Well Being	161,251	94,227	255,478
	<u>341,385</u>	<u>214,151</u>	<u>555,536</u>

7. SUPPORT COSTS

	Finance	Human resources	Other	Governance costs	Totals
	£	£	£	£	£
Family Services	166	45,792	27,117	4,019	77,094
Ageing Well	93	25,439	15,065	2,233	42,830
Well Being	204	55,966	33,145	4,912	94,227
	<u>463</u>	<u>127,197</u>	<u>75,327</u>	<u>11,164</u>	<u>214,151</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2025

7. SUPPORT COSTS - continued

Activity	Basis of allocation
Finance	Support costs allocation per FTE
Human resources	Support costs allocation per FTE
Other	Support costs allocation per FTE
Governance costs	Support costs allocation per FTE

Support costs, included in the above, are as follows:

Finance

	Family Services £	Ageing Well £	Well Being £	2025 Total activities £	2024 Total activities £
Bank charges	166	93	204	463	691

Human resources

	Family Services £	Ageing Well £	Well Being £	2025 Total activities £	2024 Total activities £
Wages	136,627	75,903	166,987	379,517	323,997
Social security	8,725	4,847	10,663	24,235	20,071
Pensions	2,480	1,377	3,030	6,887	5,727
Employee benefits	388	216	474	1,078	943
Wages in restricted	(92,614)	(51,452)	(113,194)	(257,260)	(213,147)
ER's NI in restricted	(8,285)	(4,602)	(10,125)	(23,012)	(15,507)
ER's pension in restricted	(1,529)	(850)	(1,869)	(4,248)	(3,313)
	45,792	25,439	55,966	127,197	118,771

Other

	Family Services £	Ageing Well £	Well Being £	2025 Total activities £	2024 Total activities £
Rates and water	314	175	385	874	528
Insurance	546	304	669	1,519	2,097
Light and heat	1,275	708	1,558	3,541	3,209
Telephone	1,358	754	1,660	3,772	2,202
Postage and stationery	778	432	950	2,160	2,222
Sundries	895	497	1,093	2,485	3,306
Rent	10,406	5,781	12,718	28,905	28,500
Travel	89	49	108	246	479
Newsletter costs	307	171	375	853	2,040
Computer costs	3,187	1,770	3,895	8,852	7,881
Office equipment	1,094	608	1,338	3,040	6,480
Premises expenses	3,232	1,796	3,950	8,978	14,047
Training, coaching & mentoring	1,527	848	1,867	4,242	1,651
Advertising	2,109	1,172	2,579	5,860	1,002
	27,117	15,065	33,145	75,327	75,644

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2025

7. SUPPORT COSTS - continued Governance costs

	Family Services £	Ageing Well £	Well Being £	2025 Total activities £	2024 Total activities £
Accountancy fees	324	180	396	900	900
Professional fees	3,695	2,053	4,516	10,264	2,736
	<u>4,019</u>	<u>2,233</u>	<u>4,912</u>	<u>11,164</u>	<u>3,636</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2025 nor for the year ended 31st July 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2025 nor for the year ended 31st July 2024.

9. STAFF COSTS

	2025 £	2024 £
Wages and salaries	379,517	323,997
Social security costs	24,235	20,071
Other pension costs	6,887	5,727
	<u>410,639</u>	<u>349,795</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Employees	<u>18</u>	<u>16</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	21,954	3,968	25,922
Charitable activities			
Family Services	-	86,749	86,749
Ageing Well	-	20,000	20,000
Well Being	-	134,679	134,679
General	170,028	-	170,028
Other trading activities	19,438	-	19,438
Investment income	4,923	-	4,923
Total	<u>216,343</u>	<u>245,396</u>	<u>461,739</u>

EXPENDITURE ON

Notes to the Financial Statements - continued
for the Year Ended 31st July 2025

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Charitable activities			
Family Services	67,573	87,816	155,389
Ageing Well	37,760	52,433	90,193
Well Being	93,409	148,284	241,693
Other	7,470	-	7,470
Total	206,212	288,533	494,745
NET INCOME/(EXPENDITURE)	10,131	(43,137)	(33,006)
RECONCILIATION OF FUNDS			
Total funds brought forward	86,237	127,642	213,879
TOTAL FUNDS CARRIED FORWARD	96,368	84,505	180,873

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	405	500
Other debtors	5,625	5,625
Accrued income	733	125
Prepayments	2,206	2,129
	8,969	8,379

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	3,984	2,470
Social security and other taxes	7,835	5,225
Pension Fund	1,434	1,095
Accrued expenses	1,404	1,401
	14,657	10,191

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2025

13. MOVEMENT IN FUNDS

	At 1/8/24 £	Net movement in funds £	At 31/7/25 £
Unrestricted funds			
General fund	96,368	14,473	110,841
Restricted funds			
Family Services	39,115	4,237	43,352
Ageing Well	11,439	2,854	14,293
Hardship Fund	-	1,843	1,843
Well Being	22,539	(1,065)	21,474
The National Lottery Community Fund - R/C South West Region	11,412	-	11,412
	<u>84,505</u>	<u>7,869</u>	<u>92,374</u>
TOTAL FUNDS	<u>180,873</u>	<u>22,342</u>	<u>203,215</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	229,854	(215,381)	14,473
Restricted funds			
Family Services	114,137	(109,900)	4,237
Ageing Well	72,431	(69,577)	2,854
Hardship Fund	2,500	(657)	1,843
Well Being	160,186	(161,251)	(1,065)
	<u>349,254</u>	<u>(341,385)</u>	<u>7,869</u>
TOTAL FUNDS	<u>579,108</u>	<u>(556,766)</u>	<u>22,342</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2025

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/8/23 £	Net movement in funds £	Transfers between funds £	At 31/7/24 £
Unrestricted funds				
General fund	86,237	10,131	-	96,368
Restricted funds				
Family Services	40,182	(1,067)	-	39,115
Ageing Well	40,105	(29,133)	467	11,439
Older People Services	467	-	(467)	-
Well Being	35,476	(12,937)	-	22,539
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>127,642</u>	<u>(43,137)</u>	<u>-</u>	<u>84,505</u>
TOTAL FUNDS	<u>213,879</u>	<u>(33,006)</u>	<u>-</u>	<u>180,873</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	216,343	(206,212)	10,131
Restricted funds			
Family Services	86,749	(87,816)	(1,067)
Ageing Well	23,300	(52,433)	(29,133)
Well Being	135,347	(148,284)	(12,937)
	<u>245,396</u>	<u>(288,533)</u>	<u>(43,137)</u>
TOTAL FUNDS	<u>461,739</u>	<u>(494,745)</u>	<u>(33,006)</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2025

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/23 £	Net movement in funds £	Transfers between funds £	At 31/7/25 £
Unrestricted funds				
General fund	86,237	24,604	-	110,841
Restricted funds				
Family Services	40,182	3,170	-	43,352
Ageing Well	40,105	(26,279)	467	14,293
Older People Services	467	-	(467)	-
Hardship Fund	-	1,843	-	1,843
Well Being	35,476	(14,002)	-	21,474
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>127,642</u>	<u>(35,268)</u>	<u>-</u>	<u>92,374</u>
TOTAL FUNDS	<u>213,879</u>	<u>(10,664)</u>	<u>-</u>	<u>203,215</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	446,197	(421,593)	24,604
Restricted funds			
Family Services	200,886	(197,716)	3,170
Ageing Well	95,731	(122,010)	(26,279)
Hardship Fund	2,500	(657)	1,843
Well Being	295,533	(309,535)	(14,002)
	<u>594,650</u>	<u>(629,918)</u>	<u>(35,268)</u>
TOTAL FUNDS	<u>1,040,847</u>	<u>(1,051,511)</u>	<u>(10,664)</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2025.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	101,124	25,922
Other trading activities		
Fundraising events	2,942	14,040
Other income	6,490	5,398
	<u>9,432</u>	<u>19,438</u>
Investment income		
Deposit account interest	8,657	4,923
Charitable activities		
Grants	459,895	411,456
Total incoming resources	<u>579,108</u>	<u>461,739</u>
EXPENDITURE		
Charitable activities		
Family Services	109,900	87,816
Ageing Well	69,577	52,433
Hardship Fund	657	-
Well Being	161,251	148,284
	<u>341,385</u>	<u>288,533</u>
Other		
Fundraising events	1,230	7,470
Support costs		
Finance		
Bank charges	463	691
Human resources		
Wages	379,517	323,997
Social security	24,235	20,071
Pensions	6,887	5,727
Employee benefits	1,078	943
Wages in restricted	(257,260)	(213,147)
ER's NI in restricted	(23,012)	(15,507)
ER's pension in restricted	(4,248)	(3,313)
	<u>127,197</u>	<u>118,771</u>
Other		
Rates and water	874	528
Carried forward	874	528

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2025**

	2025	2024
	£	£
Other		
Brought forward	874	528
Insurance	1,519	2,097
Light and heat	3,541	3,209
Telephone	3,772	2,202
Postage and stationery	2,160	2,222
Sundries	2,485	3,306
Rent	28,905	28,500
Travel	246	479
Newsletter costs	853	2,040
Computer costs	8,852	7,881
Office equipment	3,040	6,480
Premises expenses	8,978	14,047
Training, coaching & mentoring	4,242	1,651
Advertising	5,860	1,002
	<u>75,327</u>	<u>75,644</u>
Governance costs		
Accountancy fees	900	900
Professional fees	10,264	2,736
	<u>11,164</u>	<u>3,636</u>
Total resources expended	<u>556,766</u>	<u>494,745</u>
Net income/(expenditure)	<u><u>22,342</u></u>	<u><u>(33,006)</u></u>

This page does not form part of the statutory financial statements

The Churn Community Hub Ltd

England & Wales - Charity number 1124422

Accounts

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2024
for
Churn Project Limited

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

**Contents of the Financial Statements
for the Year Ended 31st July 2024**

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Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT FROM THE CHAIR OF TRUSTEES

What a year it's been for The Churn Project! We're delighted by the progress we've made, particularly in expanding services to better support our community's wellbeing. By listening to those who rely on our services, we've been able to provide more targeted and impactful support for people facing mental health challenges, parenting concerns, and personal crises.

This year, we've supported 1550 people in total. Of these 334 received individual support, 99 people accessed our employability services, 69 parents received family-focused support through our new programme in primary schools and 119 older people enjoyed our social trips and activities. Across all groups there was a total of 1411 memberships. These numbers highlight the growth in both capacity and outreach, allowing us to meet a wider range of needs across the community.

Volunteers continue to be at the heart of our success. We've strengthened our volunteer programme, encouraging co-production and involving service users in leading groups. It's been rewarding to see former participants become volunteers, further embedding the community spirit that drives us.

In response to the increasing cost of living, we've provided practical support like warm packs, energy advice, and frozen meals. Our partnerships with local organisations have ensured people in need can access essential benefits and support to alleviate financial hardship.

We are fortunate to have a dedicated team of 17 employees (equating to around 12 FTE) and 114 regular volunteers with a further 200 supporting one off events whose experience and commitment drive our success. Their hard work is reflected in everything we do, including hosting successful fundraising events to participating in community activities, making meaningful contributions that strengthen our impact. We take great pride in delivering excellent quality services with limited resources.

Thank you to everyone involved for your commitment. Here's to another year of making a difference.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2024

OBJECTIVES AND ACTIVITIES

Objectives and aims

Founded in 2001, The Churn Project is a community charity based in Cirencester, dedicated to reducing isolation and enhancing the wellbeing of local residents. The charity operates right at the heart of the community and is often the only place people feel they can turn to for support. The Churn Project provides a warm and welcoming environment where individuals can openly discuss their concerns and receive much-needed assistance. What sets the Churn Project apart is its comprehensive support across the lifespan, from pregnancy to old age, through our three services: Family, Community Wellbeing, and Ageing Well. With a focus on building community connections, we ensure that everyone feels valued and supported, helping to connect individuals with other relevant organisations when needed.

Objectives and Purpose

The Churn Project's objectives, as outlined in its Memorandum & Articles of Association, are as follows:

- Relief of financial hardship
- Relief of unemployment
- Creating training and employment opportunities
- Providing activities and services for older individuals and those facing challenges due to financial hardship or social and economic circumstances
- Promotion of good health

Our aims are to improve wellbeing and reduce isolation, particularly for those experiencing loneliness or facing challenges during transitions in their lives, such as financial hardship or mental health difficulties. Our mission is to address inequalities that contribute to social isolation and economic difficulties by offering services that promote purpose, belonging, and hope. We are committed to ensuring that all residents feel included and valued in their community, supported in achieving their potential, and able to access opportunities for personal and professional growth.

Vision

Our vision is that every individual should feel included, involved, and invested in their community. We strive to change lives by reducing and preventing isolation, promoting wellbeing, creating opportunities to learn and achieve, supporting individuals through crises, and providing early help and interventions. By encouraging personal responsibility and leveraging the best resources through thoughtful procurement and positive partnerships, we work towards a future where all members of the Cirencester community can thrive and contribute meaningfully.

Ensuring our work delivers our aims.

To ensure we deliver our aims effectively, we follow a structured approach that includes regular reviews, evaluations and alignment with our stated objectives. Here's how we manage this, based on our current practices:

Regular review process:

- We conduct an annual strategic review with trustees and staff to ensure our aims, objectives, and activities align with our mission. This review is informed by service user feedback, evaluations, and emerging needs in the community.

Evaluation of impact:

- We use the Ages and Stages Development evaluation in our early intervention family work to monitor and support the developmental progress of children.
- We have adopted the Outcome Star tool in the family service, which helps us measure changes and track progress in a structured, visual way.
- Karitane parenting confidence scale is used to measure parental wellbeing, providing important insights into how our support meets their needs.
- The NHS Dialog scale measures mental health and wellbeing for adults receiving individual support and those participating in programmes, allowing us to assess improvements in overall wellbeing
- *We have developed our own feedback forms for participants in programmes and groups, which enable us to capture specific outcomes and make adjustments based on their feedback.

OBJECTIVES AND ACTIVITIES

Trustee oversight & public benefit

- Our trustees refer to the Charity Commission's guidance on public benefit when planning and reviewing our work. This ensures that everything we do delivers meaningful benefits to the public. We regularly review public benefit in board meetings, especially when planning new projects or reviewing ongoing ones.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Service	Service Users
Ageing Well Service	375
Community Wellbeing Service	435
Family Service	378 adults 362 children
Volunteers	314
Collaborative Service Delivery Groups	93
Total	1954

Service Delivery Summary

Community Wellbeing Service

The Community Wellbeing Service provides comprehensive support for adults, encouraging social engagement and reducing isolation through a range of social groups and community projects. It offers tailored wellbeing and mental health support, crisis assistance, and employability programmes that help individuals access education and training, particularly those who struggle to engage with mainstream resources. The service also includes volunteer-led initiatives, such as wellbeing walks, which promote community connection and improve overall wellbeing.

Family Service

The Family Service supports families through various activities and programmes designed to enhance parenting skills, promote connections, and provide essential resources. The service offers guidance for parents, including antenatal and postnatal support, as well as assistance for those experiencing domestic abuse or facing complex issues. It also aims to support child development by providing activities that encourage learning and growth. By creating a safe and welcoming environment, the Family Service builds community connections and provides tailored support during times of crisis, empowering families to navigate challenges and improve their overall well-being.

Ageing well Service

The Ageing Well service provides support to improve the health and well-being of older adults, particularly those experiencing loneliness and isolation. Recognising the unique challenges faced by older people, the service offers tailored support to address their specific needs, including those living with dementia. Through various activities and programmes, the service encourages social connections and promotes community involvement. It also includes a dedicated Carers Hub, providing essential resources and support for individuals caring for others.

Additionally, the service offers bereavement support and a befriending scheme aimed at individuals who may struggle to leave their homes. By focusing on building resilience and promoting independence, the Ageing Well service ensures that older adults can access the support they need to maintain their health, well-being, and a sense of belonging within the community.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2024

FINANCIAL REVIEW

Financial position

The past year has been one of adaptation and growth for The Churn Project, shaped by the changing political landscape and the challenges facing the voluntary sector. In an increasingly competitive funding environment and with rising community needs, we've worked hard to maintain trust in our services and keep them relevant. As we continue to develop, we've also made significant investments in strengthening our internal infrastructure to ensure we can meet the growing demand.

In 2023/24, our income was £461,739, a decrease of £21,078. Expenditure increased by £65,267, bringing the total to £494,745. As of 31st July 2024, our funds stand at £180,873, a decrease of £33,006 compared to the previous year.

A key area of investment has been improving our HR support by outsourcing to a recognised consultancy, which has provided professional guidance for our team. We've also increased staff hours, with most of our team now working 30 hours or more - a better reflection of their workload and the current capacity required to deliver our services.

To support our growth, we restructured our team, creating new roles such as the Volunteer and Communications Coordinator, and expanded the Finance Manager role to include operations, reflecting the increasing complexity of our core services and administration. With the CEO now full-time, we've been able to focus more on strategic development, ensuring our services remain sustainable and impactful.

We are also in the second year of our ESHO project, funded through the UK Shared Prosperity Fund. We have also been able to pilot family support work with funding from Cotswold District Council. Both have had a huge impact on our ability to deliver services and expand our services.

Sustaining Our Services Through Multi-Year Grants

Securing multi-year grants has been crucial in sustaining our services and demonstrates the faith our funders have in our work. We are grateful for the strong relationships we've built with funders such as the Peter Lang Trust, the National Lottery, Henry Smith Charity, and Barnwood Trust, all of whom provide vital support for our services.

We are also fortunate to receive regular financial support from various trusts and organisations, including the Primrose Trust, St. James's Place Foundation, National Benevolent Charity, Garfield Weston Foundation, Summerfield Trust, Gloucestershire Community Foundation, Winstone Trust, and the Integrated Care Board (NHS). Their ongoing grants, along with one-off funding, are crucial to sustaining our work and enabling us to meet the needs of our community. We are equally grateful for the contributions from Cirencester District Council, Cirencester Town Council, and numerous smaller grants, donations, and invaluable support from local businesses and individuals, all of which have made a significant impact on our ability to deliver essential services.

Reserves policy

The trustees have established a reserves policy to ensure that The Churn Project can maintain core activities during unforeseen difficulties. This policy requires reserves to be held in a readily realisable form. The necessary reserve levels are calculated as part of the planning, budgeting, and forecasting cycle, taking into account potential income and expenditure variations related to planned activities and future commitments. The trustees review the reserves policy annually, monitoring readily realisable reserves, assessing risks to income and expenditure, and evaluating working capital and cash flow needs to maintain adequate reserves.

Our target reserves for the year were between £47k and £93k. This is based on a minimum of redundancy costs for all staff and a paid notice period for all core staff with the maximum being these costs plus 3 months running costs including of 1 service. Our actual unrestricted reserves were £96k so £3k above the maximum.

**Report of the Trustees
for the Year Ended 31st July 2024**

FUTURE PLANS

We recognise that our plans must adapt to changing circumstances and ongoing assessments. However, based on the information we have gathered from service users and partners, these priorities will be our focus for the upcoming year.

- Expand volunteer provision to increase capacity, with a strong focus on lived experience to provide meaningful engagement opportunities, develop skills and confidence, and allow individuals to progress in their journeys.
- Continue to develop mental health support by securing further funding for the Wellness Programme, introducing additional weeks, and linking with follow-on community social groups with a well-being emphasis.
- Widen the scope of social and engagement groups by listening to service users and expanding to evening sessions, linking with partners to offer more resources accessible in our building.
- Increase support for young people's well-being groups, including one-to-one support and advice on employment and training assistance.
- Increase engagement capacity at the Community Shed to enhance participation and work with partners on development.
- Further develop family support in partnership with schools, including whole family activities and parenting programmes.
- Enhance mental health support for parents through links with the perinatal team and other partners.
- Focus on individual support for older people, reevaluating the befriending scheme to better address more complex needs.
- Develop smaller creative well-being groups for older people to encourage connection and engagement.
- Focus on physical health and nutrition through our service delivery
- Continue focus on our fundraising strategy to diversify and secure funding sources for future projects.
- Develop a communication strategy to improve our outreach and engagement with the community and stakeholders.
- Collaborate with partner organisations to strengthen the district's voluntary sector and enhance service provision.
- Continue to improve our evaluations, impact assessments, and data reporting by further developing the use of our CRM and monitoring tools.
- Develop a longer-term strategy to meet growing demand and capacity, with a focus on sustainability and financial security.
- Strengthen administration support, to enhance efficiency, enabling our core team to effectively manage growing service demands and support organisational development.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company also serve as trustees, all of whom volunteer their time and can recover expenses incurred due to their roles. The board currently consists of a Chair and eight additional trustees, with a minimum of three serving trustees and no maximum limit. Trustees are recruited for their diverse skills and expertise, invited to complete a skills audit, and encouraged to observe a meeting before joining.

One third of trustees must retire at the Annual General Meeting but may be re-elected.

Organisational structure

The Churn Project has a board of trustees comprising at least three members, currently nine, which meets every eight weeks. The board is responsible for the charity's strategic direction and monitoring governance systems. The Chief Executive Officer manages day-to-day operations, leading the staff to implement strategy and enhance skills for optimal client outcomes.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Induction and Training

Upon appointment, trustees complete a declaration of eligibility, undergo an enhanced DBS check, and sign a code of conduct agreement. They also undertake online safeguarding training and receive a Trustee Information Pack containing:

- An outline of trustee roles and responsibilities
- Key documents, including the Memorandum and Articles, current policies, and the Business Plan
- Financial information, including the latest published accounts
- A copy of the Charity Commission's Essential Trustee guide

Trustees are invited to tour the premises, meet staff and volunteers, and attend team meetings.

Risk management

Trustees are responsible for identifying and reviewing risks to the charity, ensuring appropriate controls are in place to mitigate fraud and error. They manage risks through regular operational reviews at bi-monthly meetings, focusing on:

- **Finance:** Ongoing cash flow management, budget control, and internal authorisation procedures.
- **Health and Safety:** Compliance is discussed at every meeting, ensuring safe practices are upheld.
- **External Risk:** Strategic planning addresses funding and service diversification, aligned with wider county and national strategies.
- **Safeguarding:** Safeguarding policies and procedures are regularly reviewed to protect vulnerable individuals and ensure compliance with relevant legislation.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees

S A Alexander
D W Bellamy
M A Blumsom
W C Cobbett
C Groombridge
R Lynn Chair
F R Penny
D G Sutherland
R S Towill

Company Secretary

R S Towill

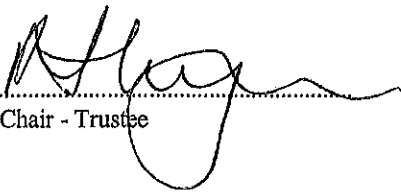
Independent Examiner

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2024**

Approved by order of the board of trustees on 13/11/24 and signed on its behalf by:


.....
R Lynn Chair - Trustee

**Independent Examiner's Report to the Trustees of
Churn Project Limited**

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J D Frost

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date: 13/11/2024

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2024**

		Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		21,954	1	21,955	18,801
Charitable activities					
Family Services		-	86,749	86,749	100,803
Employment & Skills		-	-	-	7,059
Ageing Well		-	23,300	23,300	59,765
Well Being		-	135,346	135,346	132,630
General		170,028	-	170,028	159,103
Other trading activities	2	19,438	-	19,438	4,656
Investment income	3	4,923	-	4,923	-
Total		<u>216,343</u>	<u>245,396</u>	<u>461,739</u>	<u>482,817</u>
EXPENDITURE ON					
Charitable activities					
Family Services		-	87,816	87,816	85,276
Employment & Skills		-	-	-	10,784
Ageing Well		-	52,433	52,433	53,439
Older People Services		-	-	-	124
Hardship Fund		-	-	-	220
Well Being		-	148,284	148,284	113,584
General		198,742	-	198,742	166,051
Other		7,470	-	7,470	-
Total		<u>206,212</u>	<u>288,533</u>	<u>494,745</u>	<u>429,478</u>
NET INCOME/(EXPENDITURE)		10,131	(43,137)	(33,006)	53,339
RECONCILIATION OF FUNDS					
Total funds brought forward		86,237	127,642	213,879	160,540
TOTAL FUNDS CARRIED FORWARD		<u>96,368</u>	<u>84,505</u>	<u>180,873</u>	<u>213,879</u>

The notes form part of these financial statements

Churn Project Limited

Balance Sheet

31st July 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	7	7,879	500	8,379	10,538
Cash at bank and in hand		97,108	85,577	182,685	215,132
		<u>104,987</u>	<u>86,077</u>	<u>191,064</u>	<u>225,670</u>
CREDITORS					
Amounts falling due within one year	8	(8,619)	(1,572)	(10,191)	(11,791)
		<u>96,368</u>	<u>84,505</u>	<u>180,873</u>	<u>213,879</u>
NET CURRENT ASSETS					
		<u>96,368</u>	<u>84,505</u>	<u>180,873</u>	<u>213,879</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>96,368</u>	<u>84,505</u>	<u>180,873</u>	<u>213,879</u>
NET ASSETS		<u>96,368</u>	<u>84,505</u>	<u>180,873</u>	<u>213,879</u>
FUNDS	9				
Unrestricted funds				96,368	86,237
Restricted funds				84,505	127,642
TOTAL FUNDS				<u>180,873</u>	<u>213,879</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2024.

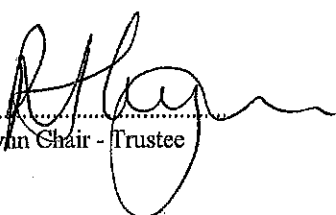
The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/11/24 and were signed on its behalf by:


R Lynn Chair - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31st July 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	14,040	-
Other income	5,398	4,656
	<u>19,438</u>	<u>4,656</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2024

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	<u>4,923</u>	<u>-</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2024 nor for the year ended 31st July 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2024 nor for the year ended 31st July 2023.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
	16	16
Employees	<u>16</u>	<u>16</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	18,799	2	18,801
Charitable activities			
Family Services	-	100,803	100,803
Employment & Skills	-	7,059	7,059
Ageing Well	-	59,765	59,765
Well Being	-	132,630	132,630
General	159,103	-	159,103
Other trading activities	<u>4,656</u>	<u>-</u>	<u>4,656</u>
Total	<u>182,558</u>	<u>300,259</u>	<u>482,817</u>
EXPENDITURE ON			
Charitable activities			
Family Services	-	85,276	85,276
Employment & Skills	-	10,784	10,784
Ageing Well	-	53,439	53,439
Older People Services	-	124	124
Hardship Fund	-	220	220
Well Being	-	113,584	113,584
General	<u>166,051</u>	<u>-</u>	<u>166,051</u>
Total	<u>166,051</u>	<u>263,427</u>	<u>429,478</u>
NET INCOME	16,507	36,832	53,339
Transfers between funds	(397)	397	-

Notes to the Financial Statements - continued
for the Year Ended 31st July 2024

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Net movement in funds	16,110	37,229	53,339
RECONCILIATION OF FUNDS			
Total funds brought forward	70,127	90,413	160,540
TOTAL FUNDS CARRIED FORWARD	<u>86,237</u>	<u>127,642</u>	<u>213,879</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	500	799
Other debtors	5,625	5,625
Accrued income	125	519
Prepayments	2,129	3,595
	<u>8,379</u>	<u>10,538</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	2,470	4,577
Social security and other taxes	5,225	5,302
Pension Fund	1,095	896
Accrued expenses	1,401	1,016
	<u>10,191</u>	<u>11,791</u>

9. MOVEMENT IN FUNDS

	At 1/8/23 £	Net movement in funds £	Transfers between funds £	At 31/7/24 £
Unrestricted funds				
General fund	86,237	10,131	-	96,368
Restricted funds				
Family Services	40,182	(1,067)	-	39,115
Ageing Well	40,105	(29,133)	467	11,439
Older People Services	467	-	(467)	-
Well Being	35,476	(12,937)	-	22,539
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>127,642</u>	<u>(43,137)</u>	<u>-</u>	<u>84,505</u>
TOTAL FUNDS	<u>213,879</u>	<u>(33,006)</u>	<u>-</u>	<u>180,873</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2024

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	216,343	(206,212)	10,131
Restricted funds			
Family Services	86,749	(87,816)	(1,067)
Ageing Well	23,300	(52,433)	(29,133)
Well Being	135,347	(148,284)	(12,937)
	<u>245,396</u>	<u>(288,533)</u>	<u>(43,137)</u>
TOTAL FUNDS	<u>461,739</u>	<u>(494,745)</u>	<u>(33,006)</u>

Comparatives for movement in funds

	At 1/8/22 £	Net movement in funds £	Transfers between funds £	At 31/7/23 £
Unrestricted funds				
General fund	70,127	16,507	(397)	86,237
Restricted funds				
Employment & Skills	3,327	(3,725)	398	-
Family Services	24,654	15,528	-	40,182
Ageing Well	33,780	6,326	(1)	40,105
Older People Services	590	(123)	-	467
Hardship Fund	222	(220)	(2)	-
Well Being	16,428	19,046	2	35,476
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>90,413</u>	<u>36,832</u>	<u>397</u>	<u>127,642</u>
TOTAL FUNDS	<u>160,540</u>	<u>53,339</u>	<u>-</u>	<u>213,879</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2024

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	182,558	(166,051)	16,507
Restricted funds			
Employment & Skills	7,059	(10,784)	(3,725)
Family Services	100,804	(85,276)	15,528
Ageing Well	59,765	(53,439)	6,326
Older People Services	1	(124)	(123)
Hardship Fund	-	(220)	(220)
Well Being	132,630	(113,584)	19,046
	<u>300,259</u>	<u>(263,427)</u>	<u>36,832</u>
TOTAL FUNDS	<u>482,817</u>	<u>(429,478)</u>	<u>53,339</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/22 £	Net movement in funds £	Transfers between funds £	At 31/7/24 £
Unrestricted funds				
General fund	70,127	26,638	(397)	96,368
Restricted funds				
Employment & Skills	3,327	(3,725)	398	-
Family Services	24,654	14,461	-	39,115
Ageing Well	33,780	(22,807)	466	11,439
Older People Services	590	(123)	(467)	-
Hardship Fund	222	(220)	(2)	-
Well Being	16,428	6,109	2	22,539
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>90,413</u>	<u>(6,305)</u>	<u>397</u>	<u>84,505</u>
TOTAL FUNDS	<u>160,540</u>	<u>20,333</u>	<u>-</u>	<u>180,873</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2024

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	398,901	(372,263)	26,638
Restricted funds			
Employment & Skills	7,059	(10,784)	(3,725)
Family Services	187,553	(173,092)	14,461
Ageing Well	83,065	(105,872)	(22,807)
Older People Services	1	(124)	(123)
Hardship Fund	-	(220)	(220)
Well Being	267,977	(261,868)	6,109
	<u>545,655</u>	<u>(551,960)</u>	<u>(6,305)</u>
TOTAL FUNDS	<u>944,556</u>	<u>(924,223)</u>	<u>20,333</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2024.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	21,955	18,801
Other trading activities		
Fundraising events	14,040	-
Other income	5,398	4,656
	<u>19,438</u>	<u>4,656</u>
Investment income		
Deposit account interest	4,923	-
Charitable activities		
Grants	415,423	459,360
	<u>461,739</u>	<u>482,817</u>
Total incoming resources		
	461,739	482,817
EXPENDITURE		
Charitable activities		
Employment & Skills	-	10,784
Family Services	87,816	85,276
Ageing Well	52,433	53,563
Hardship Fund	-	220
Well Being	148,284	113,584
	<u>288,533</u>	<u>263,427</u>
Other		
Fundraising events	7,470	-
Support costs		
Finance		
Bank charges	691	446
Other		
Wages	323,997	282,194
Social security	20,071	15,573
Pensions	5,727	6,092
Rates and water	528	343
Insurance	2,097	2,190
Light and heat	3,209	3,472
Telephone	2,202	1,430
Postage and stationery	2,222	1,718
Sundries	3,306	1,477
Rent	28,500	25,640
Carried forward	391,859	340,129

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2024**

	2024	2023
	£	£
Other		
Brought forward	391,859	340,129
Travel	479	1,700
Newsletter costs	2,040	2,421
Computer costs	7,881	11,016
Office equipment	6,480	1,121
Premises expenses	14,047	7,336
Training, coaching & mentoring	1,651	-
Covid shopping	-	50
Employee benefits	943	855
	<u>425,380</u>	<u>364,628</u>
Other 2		
Wages allocated to restricted	(213,147)	(199,553)
Social security allocated to restricted	(15,507)	(14,644)
Pensions allocated to restricted	(3,313)	(4,446)
Advertising	1,002	6,352
	<u>(230,965)</u>	<u>(212,291)</u>
Governance costs		
Accountancy fees	900	900
Professional fees	2,736	12,368
	<u>3,636</u>	<u>13,268</u>
Total resources expended	<u>494,745</u>	<u>429,478</u>
Net (expenditure)/income	<u>(33,006)</u>	<u>53,339</u>

This page does not form part of the statutory financial statements

The Churn Community Hub Ltd

England & Wales - Charity number 1124422

Accounts

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2023
for
Churn Project Limited

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Churn Project Limited

Contents of the Financial Statements for the Year Ended 31st July 2023

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Detailed Statement of Financial Activities	24 to 25

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE CHAIR

The Churn Project has been supporting vulnerable and marginalised people across the community in Cirencester and nearby villages since 2001. Our aims are to reduce isolation and improve wellbeing particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing poverty or mental health issues. Our vision is that all our residents are included and involved in their community; feel supported, valued and given the opportunity to achieve their potential.

Over the past twelve months, the Churn Project has engaged with 1,364 people, including 137 volunteers, supporting people to connect with their communities, make new friends, learn new skills, and grow in confidence. We have continued our focus on support with mental wellbeing, helping people to feel more resilient and able to cope with changes in life.

Many of our clients have been impacted by the increase in the cost of living, especially food and energy prices, and we have enhanced our support to those affected with additional 1:1 support, and initiatives including access to warm packs and energy advice. Within many of our group settings we have offered advice and tips to help with the cost of living, and we continue to offer hot refreshments in a warm space for free or at very low cost. Barnwood Trust chose us as a local partner to their Grants for Your Home scheme, giving our clients the opportunity to access funding support; and Stroud and Cotswold District Citizens Advice created a referral pathway into their service, helping our clients to access advice quickly and easily.

Our employment and skills service has expanded to a district wide offer, through funding from Gloucestershire County Council which gives us the chance to pilot outreach work and increase our client reach.

The board is very proud of the hardworking staff team, and the positive difference they are making to people's lives. None of this would be possible without the support from our funders and donors to whom we are very grateful and allow us to finish the year in a sound financial position.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose & Aims

The Churn Project's purposes are set out in the objects stated in its Memorandum & Articles of Association:

- Relief of financial hardship
- Relief of unemployment
- Creating training and employment opportunities
- Providing activities and services for unemployed people, older people and those facing disadvantage due to financial hardship or social and economic circumstances
- Promotion of good health.

Our vision that all people should be included, involved, and invested in their community is met through our mission to change lives by:

- reducing and preventing isolation.
- supporting and promoting wellbeing.
- creating opportunities to learn and achieve.
- supporting people through crisis.
- providing early help and interventions.
- encouraging personal responsibility.
- making use of the best resources through wise procurement and positive partnerships.

We tackle inequalities which contribute to economic hardship, social isolation and unemployment, by developing solutions and services which focus on giving purpose, belonging, hope. We aim to work with those in and around the Cirencester community most marginalised by those issues, especially those who are unemployed or low-skilled, older people, and vulnerable families.

To meet our objectives, we provide a range of services:

- Family services, focusing on the first one thousand days of children's lives and the family lives beyond that time, promoting strong family bonds, offering early help and interventions.
- Employment and skills support for those furthest from the labour market, offering 1:1 support and practical help through accredited courses.
- Engagement and support services tackle mental health issues, provide information promoting good health practices, and offer practical solutions.
- Services to help people age well, tackling isolation and promoting resilience and wellbeing.

We pride ourselves on offering services of excellent quality with very limited resources, this year our total output has cost £429,478. Although we operate with a paid staff of 17 part-time workers constituting around 11 full-time equivalents, we optimise our offer by forming robust partnerships with other local organisations and making full use of community goodwill through our volunteers. This year 137 volunteers contributed time and effort to the project, donating over 1397 hours of their time, equivalent to £15,227 given in kind based on the UK Real Living Wage of £10.90ph.

Ensuring our work delivers our aims.

We regularly review our work ensuring that our aims, objectives and all activities remain relevant to what we have stated we will achieve. We evaluate our work in relation to the outcomes and benefits it produces for our clients. The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the work planned.

Public benefit

How our services deliver public benefit.

During the year, our services were accessed by 1364 people from Cirencester and the surrounding area.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Achievements and Performance

Service	Service Users
Ageing Well	231
Employment & Skills	220
Engagement	181
Family Services	286 adults
	309 children
Volunteers	<u>137</u>
Total	1,364

Our Listening Fortnight evaluation told us that accessing Churn services resulted in:

Listening Fortnight

82% say they feel less lonely.
80% feel more confident.
78% feel more able to tackle life's challenges.
77% feel more in control of their lives.
78% feel more hopeful about the future.

1 AGEING WELL

Main Objectives:

- **Reduction of isolation**
- **Increase in resilience**
- **Improvement of wellbeing**
- **Support through crisis**

Our 'Ageing Well' programme supports people over 65, particularly those who live alone, or who have additional needs or responsibilities, including carers, people with mental health concerns, learning difficulties, low income, or recently bereaved. We support people to feel more connected, less isolated, and more purposeful, enabling them to live happily and independently, for longer. To that end, we offer a mix of volunteer befriending, friendship and support groups and 1:1 support. Over the past 12 months, we have supported 231 older people. Our 'Ageing Well' programme is mainly funded by The Henry Smith Charity with additional contributions from the Summerfield's' Charity Trust and GCF carers Gloucestershire legacy fund.

Friendship Café

Our Friendship Café is the greatest success story. Established in 2021 and now based at the Ashcroft Church and Centre, it continues to be well attended with over 106 registered members and an average weekly attendance of 53. With the support of eight volunteers, participants enjoy tea, cake, and meaningful conversations. It is a good social event and the opportunity to see friends, meet new people and feel connected. In addition, trips and social activities are organised proving a varied and engaging programme. Staff are on hand to offer support and signpost to other resources and foster a sense of belonging to those who attend.

"On the Churn days it really gives me a reason to get out of bed, knowing I will meet up with friends I have made there. It may be the only time in the week that we meet one another and it is so nice to catch up, especially over a cup of tea and slice of cake."

We were especially proud that the contribution that Friendship Café has made to the life of older residents was recognised by Cirencester Town Council, who awarded us the Community Project of the Year 2022. One of our long-standing volunteers also won the Community Volunteer Award 2022 for her work at the café and as a 'Good Neighbour' befriending volunteer.

"My confidence is growing because of the lovely atmosphere and I appreciate all the volunteers."

Churn Project Limited

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Our Friendship Café has been used as a focus group to give feedback about council initiatives. Healthcare visited the café as part of a consultation about NHS provision for older people. We are increasingly seen as a resource, as well as being a respected service that social prescribers, the frailty team and other charities refer people to.

"It gives me an outlet to other opinions and to discuss issues that affect us 'oldies'. I get information as regards what is going on in town."

Friendship Café - Social Events

Every fourth week, the café attendees are invited to a social event or activity. We know how important it is, whatever your age, to have new opportunities and experiences and to visit new places. The value of enjoying shared experiences is fundamental to combating the loneliness and isolation felt by many older people living alone. These trips provide participants with new experiences and a safe environment to enjoy outings that they might not feel confident attempting alone.

"It gives a purpose to your days, an incentive to do things. Gets you out and about."

The events have been successful at building confidence and encouraging older people into the community. We have taken groups to the theatre and cinema and to a choir, and some group members have gone back to the same places without our support. Our trips this year have included:

August: Slimbridge Wetland Centre (43 clients and 4 volunteers)
September: Organic Farm Shop (53 clients and 4 volunteers)
October: Cinema at the Museum (47 clients)
November: New Brewery Arts (52 people)
December: Christmas Lunch (51 clients and 5 volunteers)
Singing and Sherry at the Parish Church (99 people)
February: Highgrove House (44 clients)
March: Good afternoon choir (18 clients)
June: 'Private Lives' at The Barn Theatre (43 clients and 6 volunteers)
July: Cirencester Bowls Club (50 clients)

Good Neighbours 1-1 Befriending

This year, we have adapted Churn Good Neighbours, our volunteer led befriending service. While this service remains highly valued with 40 active pairings, we now reserve it for individuals who are genuinely housebound. Our focus has shifted towards encouraging clients to engage with the community, providing safe and supported opportunities for socialisation, including the Friendship Café, Memory Café and other Churn groups including Men's Shed and Stitch Knit & Natter.

We have recruited volunteers whose befriending role has a broader remit, so that now a befriender might be helping someone to attend activities or to regain confidence in their mobility or independence after a hospital stay, rather than just long-term visiting. We continue to receive referrals from adult social care, community nursing and mental health services, social prescribers, and the South Cotswold frailty team.

Memory Café

Our new Memory Café was launched in January 2023. We had been experiencing an increase in demand for people living with dementia due to the decline in provision from specialist services, especially in relation to ongoing support. In addition, we wanted to offer more support to carers who are rarely considered by statutory services and often struggle to cope. In collaboration with external agencies such as Dementia Advisors, Managing Memory, and Carers Hub Gloucestershire, we enhanced the support provided to our clients, addressing their specific needs.

We have had 32 members and have increased from monthly meetings to fortnightly sessions which purposely alternates with Sing to Remember, a group we developed with Mindsong. Memory Café has 8 volunteers who give crucial 1-1 support to ensure the clients can engage with the activity, enabling their carers to attend the carer support group that runs in a separate room. The Carers group is now supported by Gloucestershire's Carers Hub and the level of support has greatly improved. We are planning to increase the Carers support in the coming year.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

Sociable Stroll

Our weekly gentle walks are conducted in South Cerney (10 participants) and Cirencester (28 participants). These walks, supported by volunteers and staff, encourage physical activity and social interaction among the older adults. They also provide an opportunity to introduce people to additional churn groups and support.

"The Sociable Stroll walking group is great."

Living with Loss

Our monthly group providing informal support for those recently bereaved has 10 members. This program facilitates open discussions on various topics related to coping with loss.

"Living with Loss has enabled me to deal with the unknown; the deep dark hole left after losing a partner. The members are all dealing with similar experiences, and I have realised 'I am not alone' and 'my emotions are ok'. Had I just stayed at home I would not be confident to step out alone, also it has led to being introduced to other groups and even more opportunities."

"From being a reasonably efficient and confident person whilst caring for my husband I have now become the exact opposite, but by attending The Churn hopefully this will return. It has encouraged me to make the effort of going out and meeting new people. It has helped me realise that it is normal to feel some of the emotions that I am feeling. The encouragement and kindness that I am getting at The Churn is a great help to me in moving forward - thank you."

Volunteering

Volunteering is a valuable part of our service. Some of our volunteers are aged 75+ years and benefit from engaging with the group, through a sense of purpose, belonging and mental wellbeing. Rather than joining as a client, volunteering is a different way of accessing the groups, and feels more comfortable for some. We have seen a fall in the number of people coming forward to volunteer but are fortunate to have 24 active volunteers who support delivery of our groups, and without whom we couldn't operate.

Case Study

EH is a lady in her early eighties who started attending Living with Loss around 12 months ago. She had lost her husband several years ago and was feeling troubled that some days were still a real struggle for her. She felt she should be over her loss by now and found herself 'putting on a brave face' for her family as she didn't want them to worry that she was still grieving after so long.

It took a few meetings before she felt confident to share her situation with the group. Gradually she has opened up and, encouraged by other members, also joined the weekly Sociable Stroll. A quiet, unassuming lady who always displays great sensitivity and kindness towards the other group members, it has been heartening to hear her say recently how important the group has been to her.

"Julie and the Living with Loss group was a life saver for me. Being able to talk about my feelings to strangers and finding they were feeling the same was much easier than talking to family.

I personally have been made welcome and comfortable - in dealing with such sadness I am not at my best socially. I dread to think how I would be had I not made the initial phone call."

In May 2023 we conducted a Listening Fortnight questionnaire to clients who attend our Ageing Well Service.

When asked what has changed for them through attending the Churn's groups, they said:

- Feel less lonely or isolated 88%
- Better wellbeing 89%
- Feel more confident 79%
- Feel more in control of my life 49%
- Developing new friendships 74%
- Feel more part of the community 59%

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Report of the Trustees for the Year Ended 31st July 2023

2 EMPLOYMENT & SKILLS

Main Objectives

- **Improved employment skills**
- **Better opportunities to learn new skills**
- **Improvement of wellbeing**
- **Support through crisis**

Our Employment and Skills Service has worked with 205 people providing employment and skills advice, personalised 1:1 support and training.

There have been changes to our Employment & Skills Service over the last 12 months. In December 2022, the highly successful GEM Project ended. The GEM Project (Building Better Opportunities: Going the Extra Mile) was a consortium of Gloucestershire organisations funded through the National Lottery to help people furthest from the labour market towards paid work. Our GEM Navigator Developer worked regularly with people on a 1:1 basis; supporting people into employment and training.

Since January 2023, the post has been funded by the National Lottery Community Fund, Reaching Communities Southwest Region, allowing us to continue our work supporting people in Cirencester and surrounding villages to fulfil their potential. We support people to overcome barriers and achieve their ambitions, helping people to gain life skills, work skills, and confidence and to take all the necessary small steps that move them towards employability.

We have also been able to increase the support we offer, with additional funding from Gloucestershire County Council, Employment and Skills Hub Outreach project (ESHO). This exciting project has given us the opportunity to recruit an additional staff member and broaden our reach expanding to Tetbury in the South Cotswolds, and Moreton in Marsh, Stow-on-the-Wold, Bourton on the Water and surrounding villages in the North Cotswolds. The ESHO project provides residents who are economically inactive with the opportunity to receive 1:1 support, helping them to move into or closer to paid sustainable employment.

Our support includes a host of courses and activities to help people into volunteering, employment, education, and training, or to build confidence. Courses this year have included:

- **Young person's gaming group 11 regular members meeting weekly at Cirencester Library**
- **Artlift Courses run from September to July Term time only and has 30 participants over the year.**
- **Digital skills training started July 2023 and so far, has run 7 face to face sessions supporting 52 separate visits.**
- **Rural Skills courses 4 people have been supported to gain Lantra qualifications in Dry stone Walling, Tractor driving and Brush cutting.**
- **AONB Outdoor Skills and Woodworking Training 10 people attended the AONB training at Whole woods.**
- **12 People attended the Water Butts GEM Training Course at Wild Acres CIC**
- **English and Maths with Cirencester college 12 participants attending .**
- **Cooking on a Budget 12 participants**
- **ESOL 5 Participants**
Gloucestershire Adult Education courses at The Churn
- **Stress awareness 14 participants**
- **Mindfulness 14 participants**
- **Self Defence for Women 3 participants**
- **Calming the Mind 8 participants**
- **DIY for Women 2 terms 23 women**
- **Upcycling 2 terms 23 participants**
- **Spring Art and Crafts 10 participants**
- **Moving Forward 7 participants**
- **First Aid Course 7 people have attended and passed the FA Course.**
- **Bicycle Maintenance 5 participants**
- **2 young people attended the Get started in Music Training at Music works.**
- **5 participants received bursaries for New Brewery Arts Creative Courses**

4 participants were supported and passed online training in
Level 2 Course Mental Health First Aid for children and young people

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Level 2 Introduction to Business Administration online training,
Level 2 Working with and Supporting children and Young people.
Level 2 Food Hygiene Certificate

Our weekly Work Club has been reviewed and refreshed, moving from a specific time slot on a Friday morning to ad hoc individual support as needed, offering people help with CV writing, job applications and building confidence.

3 ENGAGEMENT

Main Objectives:

- **Reduction of isolation**
- **Improvement of wellbeing**
- **Support through crisis**
- **Better connection with community**

At the Churn, we adopt a 'strengths-based approach', supporting people to look at their strengths and passions whilst identifying goals they wish to achieve. Enabling people to fulfil their potential is integral to the work we do. Rather than fixate on barriers we work with people to see what they want to do and support them to pursue their ambitions. This is the very essence of our work, supporting people to gain life skills, work skills, and confidence.

We have worked with 181 people offering both 1:1 support based on individual identified goals, and through group support. The National Lottery Reaching Communities fund most of our Engagement and Wellbeing Support.

1:1 Mental Health Engagement Work

Our Mental Health Engagement Worker supports people on a 1:1 basis who self-identify as having poor mental health. Some people are referred by other voluntary sector or statutory organisations, whilst others self-refer. We support people to identify their goals and work alongside them to achieve these. This year we have worked with 30 people.

"Individual support is a huge help to me. Without this I am unable to leave my flat. I know that once a week I will be able to go out for coffee. I am very thankful for the help I receive."

"The 121 help I have received has made my life so much more bearable, I cannot begin to thank you all for your help and understanding."

1:1 Engagement Work

We offer practical support and help to people in need. This year we have supported 42 people 1:1 covering both emotional and practical support. A lot of our engagement work has been focused on the cost-of-living crisis and mental wellbeing. We make referrals to the Foodbank and support clients to access advice from Citizens Advice, P3, Signpost and others. We have successfully obtained funding for individuals in need, including for essential white goods and clothing.

Barnwood Trust chose the Churn Project to be a trusted partner to deliver the 'Grants for Your Home Programme', enabling us to support people to make applications for furniture, white goods and flooring.

Citizens Advice chose the Churn Project as a trusted partner, giving us access to a tool for internal referrals which is more efficient and prioritises need.

Chat and Connect Group

A great success for our Engagement team, is our weekly friendship group, offering support to working age adults, who feel lonely or isolated or who wish to connect with others in their community. The group focuses on people coming together to share food, chat and take part in an activity, including reading newspapers, arts and crafts, therapeutic colouring books and playing board games. The staff and volunteers introduce people to the idea of being part of a group or encourage them to join a course. Over the winter the group was open as a Cirencester Warm Space.

The group is growing and 52 people are registered members, with an average weekly attendance of 24.

"I'm very lonely. The Churn help has meant I have received help to get more benefits, it gives me breathing space to share my worries, hopes and laugh. The advice and support are really powerful in managing my health and finances."

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Report of the Trustees for the Year Ended 31st July 2023

Time for You Women's Group

A supportive group for women with a focus on mental wellbeing, learning new skills, being creative and offering peer support. We have 32 members registered and a regular weekly attendance of 20.

Some highlights of the group this year.

August: A trip to West Midland Safari Park attended by 56 people, funded by Gloucestershire County Council 'Holiday, Activity and Food' (HAF) provision. This enabled our Time for You parents to bring along their children and share a family fun day out.

October: As part of our work focused on the cost-of-living crisis, we invited Severn Wye and Citizen Advice to attend and give energy advice to the group. Following this we supported some of the women to access additional funding to help with rising energy costs and signposted them for support around debts. 12 group members were given funding from Severn Wye and received between £100-£600 of energy vouchers depending on their circumstances.

November: Trip to Bristol Christmas Shopping and exploring the local area (23 women)

December: Christmas Craft activity with a local crafter from a Fairford charity showing the women how to make natural wreaths from items they had at home or in the local area. Plus, a tutor for 2 sessions through Gloucester Adult Education.

Due to financial difficulties, we have supported several of the women to access grants for energy, Foodbank vouchers, white goods, water debt support and 'Surviving Winter Fuel' funding for warm clothes/coats.

The group has also benefited from funding for 'warm packs' which include winter clothing, accessories and slow cookers.

"I absolutely love the group and the others that come. Thank you so much for your support and help. I will be forever grateful for the opportunity to go on so many trips that I would never be able to take my child on."

Men's Shed & Community Shed

The new South Cerney Men's Shed started in September and was officially opened in April. The group offers a new community resource in the village, to allow men to come together, build friendships, share skills and benefit from peer support. As part of a community project organised by the District Council the men built some planters to brighten an area of the town. In May, the shed opened on a second day, offering a Community Shed open to men and women, with skill sharing including basic plumbing and use of tools. 33 members are registered with the shed with an average weekly attendance of 14.

My first session at the shed, I was met by the two gentleman who run the group and was shown around, had a cuppa and settled in. I was amazed that the shed had even been set up for wheel chair access so I was relieved, if I have bad day with mobility I can sit down and still enjoy the task.

The group was very welcoming and made sure health and safety was explained and I was shown how to use the equipment safely. There was no judgement and plenty of patience when learning to do new things which I loved as I always worry making mistake.

I myself walked in nervous and walked out with a massive smile and sense of I achieved something for the day. I was even amazed there a plumbing section so can learn how to do basic repairs for plumbing.

Stitch Knit and Natter

12 people attended our weekly craft group for anybody who would like to try new crafts and socialise, giving an opportunity to learn new skills and create new friendships.

Volunteering

Volunteering is an essential part of the employment, engagement and wellbeing offer, giving people the opportunity to share their skills, build friendships and support their local communities.

We know that volunteering can be a stepping stone towards employment and improves confidence to help job hunting. Volunteers lead some of our groups, from sharing their practical skills at our Shed, to their creative skills with Time for You and Stitch, Knit and Natter to academic skills with reading, writing and learning support.

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Report of the Trustees for the Year Ended 31st July 2023

Case Study

Julie was referred by the Barnwood Trust. She was living at South Cerney barracks, a single parent, divorced, with three children, the eldest of whom has autism and special needs. She is unemployed and suffers from a back injury. It was apparent that her housing situation was her main problem and the need to move off camp was a priority. This was having a huge impact on her mental health. We referred her to our partner agencies who specialise with housing and benefits. They completed the relevant applications. We helped her to collate the necessary documentation for her housing application and supported her with her mental health and accessing food and signposted her to free holiday activities for the children. After a few months Julie and her family were offered a house in a local village. We supported her with grants for flooring and household items.

Our Listening Fortnight evaluation told us that people accessing our Engagement, Employment and Wellbeing Services resulted in:

Listening Fortnight figures

86% feel more confident.
100% feel less lonely.
92% feel their overall wellbeing has improved.
92% feel more able to tackle life's challenges.
79% say that The Churn has had a positive impact on their mental health.

4 FAMILY SERVICES

Main Objectives

- Improved parenting skills
- A better start in life
- Reduction of isolation
- Support through crisis

The Churn has been delivering a cohesive family service since 2010. Since then the services have developed and increased in capacity. This year we worked with 286 parents, supporting them to find social connection and peer support, offering parenting advice and support aimed at increasing confidence and resilience. We work to mitigate the challenging circumstances encountered by many of the families who access our services, including domestic abuse, poor mental health, traumatic childhood experiences, drugs or alcohol dependency, Child Protection issues and supporting children with additional needs. We aim to prevent and combat the effects of Adverse Childhood Experiences (ACEs), knowing that they are strongly linked with poor physical and mental health, chronic disease, increased levels of violence, and lower academic success both in childhood and adulthood. We offer a range of groups and activities alongside individual support and recognised programmes.

The Peter Lang Children's Trust gives generous funding support to our early intervention programme which focuses on the first 1000 days of children's lives. We also received funding from Cotswold Primrose Trust, St James Place, Early Years Services, Integrated Care Board Gloucestershire, Gloucestershire County Council Holiday Activity and Food programme and numerous community groups and business who contribute toward activities and support for the children to engage in extra circular groups and clubs.

Ready Steady Baby our antenatal group concentrates on forging strong family bonds, increasing parenting self-confidence and improving knowledge. We support women at any stage of their pregnancy, providing a weekly drop in group which supports them with health, wellbeing, emotional and social issues, housing and financial support, bonding with their baby and preparing for parenting. We target vulnerable, often young parents, who typically do not access support. This is supplemented by a 4 topic-based programme for parents and anyone supporting them. This prepares parents for birth, feeding and caring for their baby, increasing parental knowledge and building confidence, it is supported by a community midwife. 41 parents attended the group, including 20 parents with additional support needs and 10 parents aged under 20 years old.

"The Churn offered me a chance to learn in a group setting to be more confident and to meet new people in the area. It also offered me help and support with anything I needed as a new parent."

**Report of the Trustees
for the Year Ended 31st July 2023**

New Baby New Life, our universal baby group for parents with a baby under 12 months old, runs both a drop-in group and a six week topic-based postnatal programme. The drop-in group is attended monthly by a nursery nurse from the health visiting team who weighs the babies and offers support and advice. In addition, the pelvic health physiotherapy team visit once a month giving individual and group advice. Each week there are information sessions covering a range of relevant topics, for example baby communication, play & activities for babies, teething, introduction to solid food, sleep, first aid and maternal mental health. The postnatal programme is for parents with newborn babies and covers topics such as sleep, feeding, crying and communication, health concerns, safety and support services. 82 parents have attended the drop-in group and 56 the postnatal programme 38 of whom went onto another Churn baby group, and we have offered support and advice with 125 babies.

"NBNL has been an amazing way to connect with other new mums in the local area, it has been informative on a wide range of topics and created a real community feel. We're very lucky to have this incredible free resource available in our area".

Rachel was an absolutely wonderful course leader; friendly, approachable, highly knowledgeable and gave so much non-judgemental advice.

Mother and Baby Group is a small weekly group for mothers with more intense support needs including young mothers, those with anxiety and mental health issues, those with experience of domestic abuse those involved with Children's Social Care and/or those with poor or no support networks. We support with personal and social issues that impact on their ability to parent such as mental wellbeing, domestic abuse and parental conflict. Each week we provide a safe space to enjoy activities with the babies and cover topics such as breast feeding, socialising and playing with baby, singing, weaning, teething, baby massage and sleeping. In addition, the pelvic health physiotherapy team visit once a month giving individual and group advice. During the year, 30 parents have attended baby group with 33 babies.

"I thoroughly enjoyed the group and looked forward to it every week. It was great to meet with mums in the same boat on a regular basis and the atmosphere was so friendly and welcoming."

Mini Toddler Group is a weekly group for parents and children aged 1-2 years utilising play to encourage children to achieve developmental milestones. The group helps parents gain confidence and increases parental involvement in a relaxed environment. Through a combination of planned play sessions, and periodically a recognised developmental programme PEEPS, parents increase their capacity to understand their child's developmental needs and to see their child's point of view. It is aimed at families who struggle to meet their children's developmental needs, through perhaps lack of understanding, poor role models, abusive or stressful homelife or lack of support.

Most parents who come to this group will attend for a full year, enabling us to provide more intense and longer term support. During the year 17 parents have attended mini toddlers with 22 children

"The Churn are always so welcoming and are always amazing with helping when we need advice on anything and always make things seem easier and better."

Families Matter supports families with toddlers and preschool aged children. We offer parenting support and advice, alongside structured play activities for the children and an enrichment programme. Our Family and Child Support Worker has responsibility for promoting and modelling positive play experiences for children, encouraging parents' engagement and involvement. The group has the dual purpose of a) helping parents form a peer group and support one another and seek parenting advice and support and b) helping children to socialise, achieve developmental milestones and engage in age-appropriate play and activities. This year 32 parents have attended our group and we have supported 37 children.

Both my children really enjoy a Thursday for coming to toddler group. Every day my eldest says "toddler group day" and gets really excited when it is a Thursday!"

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

1:1 Engagement Support

Building relationships through our group work alerts us to those in need of additional support. This might address concerns around mental health, parental conflict, behavioural issues, developmental delays, domestic abuse, benefits/ housing/ grants, supporting children with additional needs, emotional support with past or present trauma. The aim is to prevent problems escalating into crisis, through early intervention. In addition, parents can access individual support without attending any groups or programmes.

We also offer practical help and support parents to make grant applications for white goods and furniture, helped to arrange house moves and assisted with applications for schools.

Freedom Programme

For the past three years we have secured funding to run a 11 week domestic abuse programme for female victims. Referrals are received from partner organisation and from our own groups and contacts. This year 8 women attended the course.

Case Study

Billy is a three year old boy who has been attending Churn groups since he was 3 months old. His mother suffers from anxiety and depression. Billy spends long periods of time in their small apartment as mum is often overwhelmed with going out. Attending the toddler group was his only weekly activity. Initially he was extremely quiet and withdrawn and needed gentle encouragement to play and when he did, he preferred one to one. Over time as he become familiar with the surroundings and now goes straight off to play and has started to join in with crafts and shared games. He has bonded with support workers and become familiar with the children. There can be up and down times, especially when things are problematic at home, and he reverts to being withdrawn and clingy. But now his mother responds more positively and has been encouraged to be in tune with his feelings. Having somewhere to go to have fun and receive some nurture has had a huge impact on his development and personality. He has become more confident and enjoys attention and praise.

Our Listening Fortnight evaluation told us that people accessing our Family Services resulted in:

Listening Fortnight figures

- 84% feel much less lonely.
- 90% say that their wellbeing has improved.
- 97% feel more able to tackle life's challenges.
- 90% feel more hopeful about life.
- 87% feel more confident about their parenting.
- 80% say they feel more able to understand their child's emotions.
- 83% feel that their relationship with their child has improved.

FINANCIAL REVIEW

Financial position

Our fundraising strategy to secure longer term grant funding, has allowed us to embed and develop our work giving our fundraising manager time to focus on grant and trust fundraising, and our partnerships officer on community fundraising and local donations. We are fortunate to have multiyear funding from Barnwood Trust, Peter Lang Childrens Trust, The Henry Smith Charity and The National Lottery Reaching Communities.

In May, our Fundraising Manager was replaced by a new Manager with significantly increased hours. The additional hours create increased scope to grow our fundraising activity and improve our communications and marketing.

During the year, we have been able to grow the team with additional funding from Gloucestershire County Council for the Employment and Skills Hub outreach project, and from Cotswold District Council for an exciting intensive family support project, working closely with local charity The Door, alongside offering clients increased levels of 1:1 support, focused on cost of living support from NHS ILP funding.

In 2022/23 our income increased by £89,027 to £482,817. Expenditure increased by £10,569 to £429,478. Funds on 31st July 2023 stand at £213,879 increased from previous year by £53,339.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

FINANCIAL REVIEW

Reserves policy

The trustees have set a reserves policy which requires that the reserves be maintained at a level which ensures that The Churn Project's core activities could continue during a period of unforeseen difficulty and that these reserves are maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of The Churn Project's planning, budgeting and forecasting cycle. It considers the risks associated with unexpected variations in the stream of income and expenditure given planned activity levels and The Churn Project's future commitments. The trustees assess the reserves policy on an annual basis. They monitor and discuss levels of readily realisable reserves and The Churn Project's future commitments. The main risks to both income and expenditure plus the requirements for working capital and adequate cash flow are assessed. The trustees use this information to ensure an adequate level of readily realisable reserves is maintained.

In March 2023, the trustees agreed a reserves figure of £77,000 based upon a calculation which included 'core staff' notice period and redundancy, 'restricted staff' redundancy (as the notice period will be covered by restricted funding). There is an aspiration to increase the level of reserves when viable based upon realistic fundraising projections.

This policy will be updated on an annual basis, in accordance with the organisation's current outgoings.

FUTURE PLANS

The Churn Projects three-year plan 2022-2025, addresses how the staff and trustees plan to:

1. Grow the 'Ageing Well' offer to meet the needs of the ageing population.
2. Focus the 'Engagement, Employment and Wellbeing service' on adult skills and support for mental wellbeing.
3. Develop the 'Family Services' increasing one2one support by adding provision for parents with primary school aged children and working in partnerships with a new lead provider for targeted level two family support.
4. Get 'back to basics', reviewing and improving all functions including governance, safeguarding, risk, lone working, finance, business continuity and management to ensure we are fit for purpose.
5. Strengthen and increase the charity's reserves and diversify its income streams, to ensure longevity and stability.
6. Implement a fundraising strategy that expands the range of funding streams.
7. Extend the communications program, to convey a clear narrative to key audiences and donors.
8. Improve evaluation and impact reporting.
9. Strengthen the support functions.
10. Ensure that its staff and volunteers are supported and resourced to deliver positive outcomes for its clients.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company are also trustees of the charity. All trustees give their time voluntarily and receive no benefits from the charity; they can, however, recover expenses incurred directly because of their role.

Having recruited two new trustees this year, the board now consists of the Chair (appointed from the existing trustees) and eight further trustees - there must be at least 3 serving trustees with no maximum limit. Trustees are recruited to ensure a diversity of relevant skills and expertise needed for effective governance of the charity. They are invited to complete a skills audit and attend a meeting as an observer before commitment from either side.

One third of trustees must retire from office at the Annual General Meeting but can be re-elected by remaining trustees.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Churn Project has a board of trustees of at least 3 members, currently comprising of 9, which meets every 8 weeks. It is responsible for the strategic direction of the charity and monitoring systems and procedures to ensure good governance. The Chief Executive Officer manages the day-to-day operation of the organisation, leading the staff team to implement strategy and ensuring that they continue to develop their skills and working practices to produce the best outcomes for our clients.

Trustee Induction and Training

On appointment, trustees sign a declaration of eligibility, undertake an enhanced DBS check and sign a code of conduct agreement. They undergo online safeguarding training. They receive a Trustee Information Pack, which includes:

- Trustee role and responsibilities outlined.
- Key documents setting out the framework for the charity including the Memorandum and Articles, all current policies, Business Plan.
- Financial and funding information including the latest published accounts
- A copy of the Charity Commission: Essential Trustee guide

Trustees are also invited to a tour of the building to see The Churn in action and to meet the staff and volunteer team and attend team meetings.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees manage and mitigate risks to the charity through reviews of operations and procedures at Trustee Meetings held every 8 weeks. Under constant review:

- Finance - ongoing cashflow model and budget control, internal authorisation procedures for management of transactions.
- Health and safety - an agenda item at every meeting (trustee & staff) to ensure compliance with regulations, and a general common-sense approach to maintaining safe practices.
- External risk - to funding and services, strategic planning ensures relevant service development and diversification paying heed to wider county and national strategic direction.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees

S A Alexander
D W Bellamy
M A Blumsom
W C Cobbett (appointed 1/3/2023)
C Groombridge (appointed 1/3/2023)
R Lynn Chair
F R Penny
D G Sutherland
R S Towill

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Company Secretary

R S Towill

Independent Examiner

JD Frost Accountants

Chartered Accountants

7 Links View

Cirencester

Gloucestershire

GL7 2NF

Approved by order of the board of trustees on and signed on its behalf by:

.....
R Lynn Chair - Trustee

**Independent Examiner's Report to the Trustees of
Churn Project Limited**

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J D Frost

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date:

6 December 2023

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2023**

		Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		18,799	2	18,801	73,679
Charitable activities					
Family Services		-	100,803	100,803	75,568
Employment & Skills		-	7,059	7,059	23,466
Ageing Well		-	59,765	59,765	57,633
Well Being		-	132,630	132,630	49,995
General		159,103	-	159,103	57,000
The National Lottery Community Fund - R/C South West Region		-	-	-	49,330
Other trading activities	2	4,656	-	4,656	7,119
Total		182,558	300,259	482,817	393,790
EXPENDITURE ON					
Charitable activities					
Family Services		-	85,276	85,276	84,012
Employment & Skills		-	10,784	10,784	22,900
Ageing Well		-	53,439	53,439	52,394
Older People Services		-	124	124	-
Hardship Fund		-	220	220	1,091
Well Being		-	113,584	113,584	55,311
General		166,051	-	166,051	155,845
The National Lottery Community Fund - R/C South West Region		-	-	-	47,356
Other		-	-	-	-
Total		166,051	263,427	429,478	418,909
NET INCOME/(EXPENDITURE)		16,507	36,832	53,339	(25,119)
Transfers between funds	9	(397)	397	-	-
Net movement in funds		16,110	37,229	53,339	(25,119)
RECONCILIATION OF FUNDS					
Total funds brought forward		70,127	90,413	160,540	185,659
TOTAL FUNDS CARRIED FORWARD		86,237	127,642	213,879	160,540

The notes form part of these financial statements

Churn Project Limited

**Balance Sheet
31st July 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	6	10,164	374	10,538	18,109
Cash at bank and in hand		86,343	128,789	215,132	182,918
		<u>96,507</u>	<u>129,163</u>	<u>225,670</u>	<u>201,027</u>
CREDITORS					
Amounts falling due within one year	7	(10,270)	(1,521)	(11,791)	(40,487)
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
NET CURRENT ASSETS					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
NET ASSETS					
		<u>86,237</u>	<u>127,642</u>	<u>213,879</u>	<u>160,540</u>
FUNDS					
Unrestricted funds	9			86,237	70,127
Restricted funds				127,642	90,413
				<u>213,879</u>	<u>160,540</u>
TOTAL FUNDS					
				<u>213,879</u>	<u>160,540</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R Lynn Chair - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31st July 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Other income	4,656	7,119

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2023 nor for the year ended 31st July 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2023 nor for the year ended 31st July 2022.

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2023

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Employees	16	14

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	73,680	(1)	73,679
Charitable activities			
Family Services	-	75,568	75,568
Employment & Skills	-	23,466	23,466
Ageing Well	-	57,633	57,633
Well Being	-	49,995	49,995
General	57,000	-	57,000
The National Lottery Community Fund - R/C South West Region	-	49,330	49,330
Other trading activities	7,119	-	7,119
Total	137,799	255,991	393,790
EXPENDITURE ON			
Charitable activities			
Family Services	-	84,012	84,012
Employment & Skills	-	22,900	22,900
Ageing Well	-	52,394	52,394
Hardship Fund	-	1,091	1,091
Well Being	-	55,311	55,311
General	155,845	-	155,845
The National Lottery Community Fund - R/C South West Region	-	47,356	47,356
Other	-	-	-
Total	155,845	263,064	418,909
NET INCOME/(EXPENDITURE)	(18,046)	(7,073)	(25,119)
Transfers between funds	249	(249)	-
Net movement in funds	(17,797)	(7,322)	(25,119)
RECONCILIATION OF FUNDS			
Total funds brought forward	87,924	97,735	185,659
TOTAL FUNDS CARRIED FORWARD	70,127	90,413	160,540

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	799	7,631
Other debtors	5,625	5,625
Prepayments and accrued income	519	3,062
Prepayments	3,595	1,791
	<u>10,538</u>	<u>18,109</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 8)	-	2,223
Trade creditors	4,577	29,309
Social security and other taxes	5,302	4,276
Pension Fund	896	1,007
Accrued expenses	1,016	3,672
	<u>11,791</u>	<u>40,487</u>

8. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	-	2,223
	<u>-</u>	<u>2,223</u>

9. MOVEMENT IN FUNDS

	At 1/8/22	Net movement in funds	Transfers between funds	At 31/7/23
	£	£	£	£
Unrestricted funds				
General fund	70,127	16,507	(397)	86,237
Restricted funds				
Employment & Skills	3,327	(3,725)	398	-
Family Services	24,654	15,528	-	40,182
Ageing Well	33,780	6,326	(1)	40,105
Older People Services	590	(123)	-	467
Hardship Fund	222	(220)	(2)	-
Well Being	16,428	19,046	2	35,476
The National Lottery Community Fund - R/C South West Region	11,412	-	-	11,412
	<u>90,413</u>	<u>36,832</u>	<u>397</u>	<u>127,642</u>
TOTAL FUNDS	<u>160,540</u>	<u>53,339</u>	<u>-</u>	<u>213,879</u>

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	182,558	(166,051)	16,507
Restricted funds			
Employment & Skills	7,059	(10,784)	(3,725)
Family Services	100,804	(85,276)	15,528
Ageing Well	59,765	(53,439)	6,326
Older People Services	1	(124)	(123)
Hardship Fund	-	(220)	(220)
Well Being	132,630	(113,584)	19,046
	<u>300,259</u>	<u>(263,427)</u>	<u>36,832</u>
TOTAL FUNDS	<u>482,817</u>	<u>(429,478)</u>	<u>53,339</u>

Comparatives for movement in funds

	At 1/8/21 £	Net movement in funds £	Transfers between funds £	At 31/7/22 £
Unrestricted funds				
General fund	87,924	(18,046)	249	70,127
Restricted funds				
Employment & Skills	3,011	565	(249)	3,327
Family Services	33,098	(8,444)	-	24,654
Ageing Well	28,541	5,239	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,313	(1,091)	-	222
Well Being	21,744	(5,316)	-	16,428
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>(7,073)</u>	<u>(249)</u>	<u>90,413</u>
TOTAL FUNDS	<u>185,659</u>	<u>(25,119)</u>	<u>-</u>	<u>160,540</u>

Churn Project Limited

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2023**

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,799	(155,845)	(18,046)
Restricted funds			
Employment & Skills	23,465	(22,900)	565
Family Services	75,568	(84,012)	(8,444)
Ageing Well	57,633	(52,394)	5,239
Hardship Fund	-	(1,091)	(1,091)
Well Being	49,995	(55,311)	(5,316)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>255,991</u>	<u>(263,064)</u>	<u>(7,073)</u>
TOTAL FUNDS	<u>393,790</u>	<u>(418,909)</u>	<u>(25,119)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/21 £	Net movement in funds £	Transfers between funds £	At 31/7/23 £
Unrestricted funds				
General fund	87,924	(1,539)	(148)	86,237
Restricted funds				
Employment & Skills	3,011	(3,160)	149	-
Family Services	33,098	7,084	-	40,182
Ageing Well	28,541	11,565	(1)	40,105
Older People Services	590	(123)	-	467
Hardship Fund	1,313	(1,311)	(2)	-
Well Being	21,744	13,730	2	35,476
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>29,759</u>	<u>148</u>	<u>127,642</u>
TOTAL FUNDS	<u>185,659</u>	<u>28,220</u>	<u>-</u>	<u>213,879</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2023

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	320,357	(321,896)	(1,539)
Restricted funds			
Employment & Skills	30,524	(33,684)	(3,160)
Family Services	176,372	(169,288)	7,084
Ageing Well	117,398	(105,833)	11,565
Older People Services	1	(124)	(123)
Hardship Fund	-	(1,311)	(1,311)
Well Being	182,625	(168,895)	13,730
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>556,250</u>	<u>(526,491)</u>	<u>29,759</u>
TOTAL FUNDS	<u>876,607</u>	<u>(848,387)</u>	<u>28,220</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2023.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2023**

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,801	73,679
Other trading activities		
Other income	4,656	7,119
Charitable activities		
Grants	459,360	312,992
Total incoming resources	482,817	393,790
EXPENDITURE		
Charitable activities		
Employment & Skills	10,784	22,900
Family Services	85,276	84,012
Ageing Well	53,563	52,394
Hardship Fund	220	1,091
Well Being	113,584	55,311
Lottery	-	47,356
	263,427	263,064
Support costs		
Finance		
Bank charges	446	352
Other		
Wages	282,194	231,434
Social security	15,573	11,913
Pensions	6,092	9,414
Rates and water	343	252
Insurance	2,190	2,157
Light and heat	3,472	1,863
Telephone	1,430	1,789
Postage and stationery	1,718	1,243
Sundries	1,477	1,265
Rent	25,640	25,500
Travel	1,700	171
Newsletter costs	2,421	2,754
Computer costs	11,016	10,831
Office equipment	1,121	939
Premises expenses	7,336	7,850
Training, coaching & mentoring	-	45
Covid shopping	50	3,822
Employee benefits	855	204
Carried forward	364,628	313,446

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2023**

	2023	2022
	£	£
Other		
Brought forward	364,628	313,446
Outings	-	1,147
	<u>364,628</u>	<u>314,593</u>
Other 2		
Wages allocated to restricted	(199,553)	(163,349)
Social security allocated to restricted	(14,644)	(11,913)
Pensions allocated to restricted	(4,446)	(3,653)
Advertising	6,352	4,958
	<u>(212,291)</u>	<u>(173,957)</u>
Governance costs		
Accountancy fees	900	800
Professional fees	12,368	14,057
	<u>13,268</u>	<u>14,857</u>
Total resources expended	<u>429,478</u>	<u>418,909</u>
Net income/(expenditure)	<u><u>53,339</u></u>	<u><u>(25,119)</u></u>

This page does not form part of the statutory financial statements

The Churn Community Hub Ltd

England & Wales - Charity number 1124422

Accounts

REGISTERED COMPANY NUMBER: 05672529 (England and Wales)
REGISTERED CHARITY NUMBER: 1124422

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2022
for
Churn Project Limited

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

**Contents of the Financial Statements
for the Year Ended 31st July 2022**

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Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE CHAIR

For twenty-one years, the Churn Project has been supporting vulnerable and marginalised people across the community in Cirencester and nearby villages. Our aims are to reduce isolation and improve wellbeing particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing poverty or mental health issues. Our vision is that all our residents are included and involved in their community; feel supported, valued and given the opportunity to achieve their potential.

It has been a year of change, with people and communities finally being able to come together again. Over the past twelve months, The Churn Project have engaged with 1378 people, including 156 volunteers, supporting people to reconnect, build new friendships, learn new skills and grow in confidence.

I am really proud of the hard work and commitment of our team of staff and volunteers. Their support and encouragement has seen people get together, join groups, visit new places and learn new skills whilst feeling more confident, less isolated and more involved in their communities.

None of this would be possible without the support from our funders and donors to whom we are very grateful and allow us to finish the year in a sound financial position.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose & Aims

The Churn Project's purposes are set out in the objects stated in its Memorandum & Articles of Association:

- Relief of financial hardship
- Creating training and employment opportunities
- Providing activities and services for unemployed people, older people and those facing disadvantage due to financial hardship or social and economic circumstances
- Promotion of good health.

Our vision that all people should be included, involved, and invested in their community is met through our mission to change lives by:

- reducing and preventing isolation;
- supporting and promoting wellbeing;
- creating opportunities to learn and achieve;
- supporting people through crisis;
- providing early help and interventions;
- making use of the best resources through wise procurement and positive partnerships.

We tackle inequalities which contribute to economic hardship, social isolation and unemployment, by developing solutions and services which focus on giving purpose, belonging, hope. We aim to work with those in and around the Cirencester community most marginalised by those issues, especially those who are unemployed or low-skilled, older people, and vulnerable families.

To meet our objectives, we provide a range of services:

- Family services, focusing on the first one thousand days of children's lives and the family lives beyond that time, promoting strong family bonds, offering early help and interventions.
- Employment and skills support for those furthest from the labour market, offering 1:1 support and practical help through accredited courses
- Engagement and support services tackle mental health issues, provide information promoting good health practices, and offer practical solutions.
- Services to help people age well, tackling isolation and promoting resilience and wellbeing

The Churn's ongoing strategic objectives are:

1. To further develop the services we currently provide, and any new we introduce, to make them the most effective we can offer.
2. To reach and communicate in an appropriate way with different audiences, including the people who need our services most
3. To manage the charity as effectively and efficiently as possible

We pride ourselves on offering services of excellent quality with very limited resources, this year our total output has cost £418,909. Although we operate with a paid staff of 16 part-time workers constituting around 9 full-time equivalents, we optimise our offer by forming robust partnerships with other local organisations and making full use of community goodwill through our volunteers. This year 156 volunteers contributed time and effort to the project, donating over 4622 hours of their time, which means £50,378 given in kind (based on the UK Real Living Wage of £10.90ph).

COVID 19 Pandemic

During the period 2021/22 the Covid19 pandemic continued to have an impact, particularly around feelings of isolation and loneliness and we saw an increase in demand for support around mental wellbeing. We continued with our increased levels of 1:1 support and our Mental Health Engagement role became firmly embedded in the team with a cohort of clients receiving both short term and longer-term support.

Ensuring our work delivers our aims

We regularly review our work ensuring that our aims, objectives and all activities remain relevant to what we have stated we will achieve. We evaluate our work in relation to the outcomes and benefits it produces for our clients. The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the work planned.

Public benefit

During the year our services were accessed by over 1200 people from Cirencester and the surrounding area.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

SERVICE	SERVICE USERS
Ageing Well	242
Employment & Skills	206
Engagement	153
Family Services	313 adults
	308 children
Volunteers	<u>156</u>
Total	<u>1378</u>

Our Listening Fortnight evaluation told us that accessing Churn services resulted in:

- 62% feeling less lonely or isolated
- 77% have made new friendships
- 46% feeling more part of the community
- 43% reporting better wellbeing
- 36% feel less anxious
- 23% feel more useful
- 26% feel more in control in their lives

1 AGEING WELL

Main Objectives:

- **Reduction of isolation**
- **Increase of resilience**
- **Improvement of wellbeing**
- **Support through crisis**

Our Ageing Well Programme supports people over 65, particularly those who live alone, or who have additional needs or responsibilities (including carers, people with mental health concerns, learning difficulties, low income, or recently bereaved) in and around Cirencester. We support people to feel more connected, less isolated, and more purposeful - enabling them to live happily, and independently, for longer. To that end, we offer a mix of volunteer befriending, friendship groups and classes, and 1:1 support. Over the past 12 months, we have supported 242 older people. Our Ageing Well programme is mainly funded by The Henry Smith Charity.

Good Neighbours 1-1 Befriending

We have 62 people befriended under our Good Neighbours scheme, 55 of these receive a weekly visit from a volunteer, 7 people prefer to have telephone calls only.

Since August 2021 we have received 45 new referrals for Good Neighbours 1-1 befriending service. Referrals come from a range of statutory providers including Adult Social Care, NHS primary care services, Community Nursing and Mental Health Teams. We work particularly closely with the South Cotswold Frailty Team and Social Prescribers attached to local GP surgeries who often use the Friendship Café as a venue to meet mutual clients in an informal setting. Our ethos has always been to try to help our older clients to re-connect with the wider community and widen their network of friendships and support therefore, if appropriate, we always try to encourage new referrals to attend a group or activity before registering them for Good Neighbours 1-1 befriending. Some people are unable to get out of the house or would prefer individual visits but for others, the physical and emotional support of a volunteer accompanying them to a group has had many benefits.

Friendship Café

Our weekly Friendship Café is an opportunity for older people to get together and catch up with friends old and new. It is an informal space, supported by staff and volunteers, offering tea, cake, and friendship. The Café was established in 2021 to enable older people to connect with each other and their wider community, where staff can signpost to other resources or sources of support, and to foster a sense of belonging and purpose for those who attend.

The membership has grown significantly over the last 12 months, increasing from 62 in August 2021 up to 108 by May 2022, with an average of 40 people coming along to each session.

In September, due to the growth in numbers, we relocated the Café from The Churn Project building to Diversities, a local café who kindly gave us their premises from which to host. People continued to engage and by December we had outgrown the space and moved to a permanent home at the Ashcroft Church and Centre.

**Report of the Trustees
for the Year Ended 31st July 2022**

As well as being a great social event for attendees, the Café also serves as a forum to disseminate useful information. For example, we have provided advice and practical help around energy costs, aiming to remove barriers of stigma and misinformation to ensure people who needed it were able to access additional financial support. It has been used as resource by Health and Social Care professionals to meet clients informally. Older patients who are new to Cirencester are often signposted to the Café by their surgery and we receive frequent referrals from Social Prescribers working with patients who are identified by their GP's as being lonely, isolated or who are experiencing poor mental health.

The team are supported to deliver the Friendship Café by 8 fantastic volunteers, and we receive regular donations of cake from Cook Cirencester.

'It is so nice to go somewhere for a natter and a cup of tea and cake with like-minded people'

'I do like meeting other folk and socialising. Its very good to come here, I do enjoy the tea and cake and the friendship it offers'

Friendship Café - Social Events

Every fourth week, the Café attendees are invited to a social event or activity. We know how important it is, whatever your age, to have new opportunities and experiences and to visit new places and the value of enjoying shared experiences in combating the loneliness and isolation felt by many older people living alone.

We have partnered with local organisations who have offered their services free or at a reduced charge, to encourage people to engage in activities within their community that that they might not otherwise be able or inclined to do.

After each event we ask the participants to complete a simple feedback form. Many people tell us that they would not be able to attend an event without our support, citing barriers including cost, lack of confidence attending alone, concerns about access or needing support to attend, inability to arrange or afford transport or simply preferring to share the experience with others. Our events this year have included

- **August** Afternoon Tea at The Organic Farm Shop, with 34 attendees and 9 volunteers from Charles Russell Speechlys International Law Firm acting as hosts and funding costs.
- **September** Day trip to Clevedon Pier, with 39 attendees and 5 volunteers offering support and friendship
- **October** Westonbirt National Arboretum, with 38 attendees and 4 volunteers
- **November** New Brewery Arts held a workshop to involve our clients in a community arts project focussing on resilience and togetherness during the pandemic. People were helped to embroider words of strength and create ceramic wall hangings.
- **December** Churn Christmas Carol Service at Cirencester Parish Church, with 114 attendees and eight volunteers. The music was provided by Mindsong, a singing group for people living with dementia and their carers, and the choir from St James's Place Wealth Management. Sherry and mince pies were enjoyed by all.
- **January**: Corinium Museum, with 42 attendees and 3 volunteers
- **March** Cirencester Parish Church Tour, with 35 attendees and 4 volunteers
- **May** The Barn Theatre hosted a special matinee performance of Some Enchanted Evening attended by 83 of our clients and five volunteers. We also collaborated with The Barn Theatre in hosting a Jubilee Tea Party featuring songs from the 1950's which was held on June 2nd.

'A very enjoyable experience and has brought my husband out of a shell of not wanting to mix, he now looks forward to going'

Sociable Stroll

Our weekly groups encourage gentle exercise outdoors and provide informal support. We host sessions each week from Cirencester and South Cerney, with an average attendance of 7 older people and three volunteers per week. In May 2022 both groups (21 people) visited Westonbirt Arboretum for a walk and a picnic lunch.

"We had a really lovely walk - PP's hip seemed to be painful today so we walked a bit, sat on the bench, then walked back to the café.'

Memory Club

A monthly group for people living with dementia and their carers, with an average attendance of 9 people per month.

Living with Loss

A monthly group providing informal support for the recently bereaved.

**Report of the Trustees
for the Year Ended 31st July 2022**

'Its good to have company as I live alone'

Volunteering

Volunteering is central to the ethos of our Ageing Well service. We know that people choose to volunteer for a variety of reasons: to become more involved in their community, to connect with other people, to have a sense of purpose and to increase their own wellbeing. Many of our volunteers are older adults themselves and joined us at a point of transition in their lives, including retirement, having made a recent home move or having lost their life partner. Volunteers support the running of our group activities and all of our befriending visits are provided by volunteers. 46 people volunteer their time supporting our Ageing Well Services.

Case Study

Sandra is an older person living with dementia who recently moved to Cirencester. Sandra was referred to us through the Alzheimer's Society and is aware of her diagnosis. She explained that she feels self-conscious about some of her cognitive limitations and can become flustered when she cannot remember things. She had lost confidence in going out on her own due to a couple of occasions where she had got lost and felt disorientated.

Initially Sandra was reluctant to have any support and did not want to come along to Memory Club, our group for people living with dementia. In many ways she was still grieving for her independence and her 'old self', so our Engagement Worker spent several sessions gaining her trust and building up a relationship with the ultimate goal of assisting her to attend the Friendship Café. After a few false starts, she began attending regularly.

I really did not want to come but my son said I must give it a try. I'm so glad I did because I had no idea that well, we are all the same really. No one cares what you look like and they don't judge you. Everyone is so friendly and wants you to be there and wants it to be a happy place. I absolutely love it. It is the best part of my week. I used to be such a confident person but I'm not anymore but I feel part of it here.

Our Listening Fortnight evaluation told us that Older People accessing Churn services resulted in:

- 55% feeling less lonely or isolated
- 71% have made new friendships
- 55% feeling more part of the community

2 EMPLOYMENT & SKILLS

Main Objectives

- **Improved employment skills**
- **Better opportunities to learn new skills**
- **Improvement of wellbeing**
- **Support through crisis**

Our Employment & Skills Service has worked with 206 people through our weekly Work Club, the courses we offer, 1:1 support and GEM.

Our weekly Work Club offers people individual targeted support from a volunteer or staff member, to update their CV, complete application forms and seek advice on Universal Credit & Jobmatch. We have a team of 4 dedicated volunteers who support staff to give people the 1:1 attention they need. These volunteers have a wide range of skills from previous employment and are fantastic at being able to adapt to the participants way of learning and identifying any areas where they need additional support, including reading, writing, confidence building and self-esteem. We invite representatives from other relevant organisations, including the Job Centre and the National Careers Service to bring information and advice to our client group, who would often not access it directly.

The Churn Project is a partner in the highly successful GEM Project (Building Better Opportunities: Going the Extra Mile), a consortium of Gloucestershire organisations funded through the National Lottery to help people furthest from the labour market towards paid work. The Navigator Developer has worked intensively on a regular 1:1 basis with 75 participants; supporting people into employment, training, and volunteering.

'It helped me to get an apprenticeship'

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

Our offer includes a host of courses and activities to support people into volunteering, employment or build confidence. Courses this year have included:

- Moving Forwards Employability sessions
- Confidence for Work
- Interview Skills: Opportunities for Mock Interview session with volunteers
- Dress to Impress day
- GEM Participants Council Day
- Art sessions with Laurie Plant
- Dungeons and Dragons
- Stone carving workshops at New Brewery Arts
- British Sign Language Level 2 30-week Training Course
- GEM job Fair
- CV workshop with Adviza
- English and Maths with Cirencester college.
- Digital skills training
- Artlift Courses

'The Churn is a great place for Adult Learning and to meet new people and I also build social skills'

3 ENGAGEMENT

Main Objectives:

- **Reduction of isolation**
- **Improvement of wellbeing**
- **Support through crisis**
- **Better connection with community**

At the Churn, we adopt a 'strengths-based approach', supporting people to look at their strengths and passions whilst identifying goals they wish to achieve. Enabling people to fulfil their potential is integral to the work we do. Rather than fixate on barriers we work with people to see what they want to do and support them to pursue their ambitions. This is the very essence of our work, supporting people to gain life skills, work skills, and confidence.

We have worked with 153 people offering both 1:1 support based on individual identified goals and through group support. The National Lottery Reaching Communities fund most of our Engagement and Wellbeing Support.

'The 121 help I have received has made my life so much more bearable. I can not begin to thank you for all your help and understanding.'

1:1 Mental Health Engagement Work

Our Mental Health Engagement Worker supports people on a 1:1 basis who self-identify as having poor mental health. Some people are referred by other voluntary sector or statutory organisations, whilst others self-refer. We support people to identify their goals and work alongside them to achieve these.

Individual support is a huge help to me. Without this I am unable to leave my flat, I know that once a week I will be able to go out for coffee etc. I am very thankful for the help I receive.

1:1 Engagement Work

We offer practical support and help to people in need. This year we made 117 referrals to the Foodbank and supported clients to access advice from Citizens Advice, P3, Signpost and others. We have successfully obtained funding for individuals in need, including for business start-ups, essential white goods and clothing.

Chat and Connect Group

A new weekly group, offering support to working age adults, who feel lonely or isolated or who wish to connect with others in their community. The group focuses on people coming together to share food, chat and take part in an activity, including reading newspapers, arts and crafts, therapeutic colouring books for adults and playing board games. The staff and volunteers who support the group introduce people to the idea of being part of a group, or encourage them to join a course. 28 people are registered with the group.

'The group improves my mental health and gets me out of the house to socialise'

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

'It helps my mental health and gives me somewhere to go for help when I am worried'

'It helps with anxiety and gets me out of the house'

Time for You Women's Group

A supportive group for women with a focus on mental wellbeing, learning new skills, being creative and offering peer support. This year we held six sessions on Mental Health and Wellbeing through Adult Education and visited Into Nature in Hailey Woods to learn bush craft and hammock building.

Twenty eight women are registered with Time for You and they have achieved some great outcomes including three women completing a British Sign Language course, women who starting volunteering, others working with an alcohol support group, securing part time employment, completing Maths and English with Cirencester College and signing up for GCSE English. Two women have become GEM participants working towards employment and six have been successful in gaining funding support for white goods and carpets.

'The Churn has been a great support to me and my family and had helped improve my self-esteem so thanks so much to everyone that's helping the group, it's a great opportunity for all of the ladies that go there'

Cirencester Men's Shed

The Churn Men's Shed at Cirencester Scouts Hall, creates space for people to get together and share activities, alongside support and companionship from one another. The 'Shedders' as they are often known, undertake their own projects or make things for the local communities. Our Engagement worker offers 1:1 support and signposting to attendees. The Men's Shed visited Filton Air Museum, and progressed the development of a new shipping container home, kindly funded by The Winstone Charitable Trust. The South Cerney Men's Shed is under development.

Stitch Knit and Natter

13 people attended our weekly craft group for people who would like to try new crafts and socialise.

Volunteering

Volunteering is an essential part of the employment, engagement and wellbeing offer, giving people the opportunity to share their skills, build friendships and support their local communities.

We know that volunteering can be a stepping stone towards employment, and create interesting and varied volunteering roles to build skills and improve confidence to help job hunting. Volunteers lead many of our groups and donate their time and experience to support others, from sharing their practical skills at our allotment project or Men's Shed, to their creative skills with Time for You and Stitch, Knit and Natter to academic skills with reading, writing and learning support.

Case Study

Chris was referred to The Churn Project by Cirencester Signpost, a local charity who support homeless people. He explained that he had a troubled background, which included a period in prison and problems with drugs and homelessness. Chris had been able to turn his life around and was seeking support to help him back into employment. He really wanted to make a bright future for himself by setting up his own business in photon printing which would enable him to design, print, engrave and cut most materials using a laser machine.

He had done his market research looking at business opportunities locally, especially around the events and marketing sectors, spoken to businesses to show what he would be capable of doing for them and received a positive response. He asked for help seeking the money to buy the laser machine and support around starting up a business. We worked alongside Chris to submit funding bids to local charities and thanks to the Gloucestershire Society, Signpost and Cirencester Smiths Poor Charity he was able to achieve his goal. The GEM Project gave him the opportunity to attend training courses and access support on how to set up a business successfully.

At our recent garden party at Daglingworth House, Chris was the guest speaker and spoke to over 100 people to tell his amazing story and how he has been able to start his own business, feel more confident and understand his self-worth.

Our Listening Fortnight evaluation told us that people accessing our Engagement, Employment and Wellbeing Services resulted in:

- 53% feeling less lonely or isolated

**Report of the Trustees
for the Year Ended 31st July 2022**

- 78% have made new friendships
- 55% forming new friendships
- 51% learning new skills
- 45% feeling more confident

4 FAMILY SERVICES

Main Objectives

- **Improved parenting skills**
- **A better start in life**
- **Reduction of isolation**
- **Support through crisis**

The Churn has been delivering Family Services since 2010, and this year worked with 313 parents, supporting them to find social connection and peer support, offering parenting advice and support and aiming to increase resilience. We offer a range of groups and activities, alongside 1:1 support and have continued to run Freedom programme to support women affected by domestic abuse, alongside Parenting Courses.

The Peter Lang Children's Trust gives generous funding support to our early intervention programme which focuses on the first 1000 days of children's lives.

Ready Steady Baby our antenatal group, concentrates on forging strong family bonds, increasing parenting self-confidence and improving knowledge of an infant's needs and realistic development. 38 parents attended the group, including 20 parents with additional support needs and 6 parents aged under 20 years old. Topics include health & wellbeing, breast feeding and birth, bonding and socialising with baby and we explain the support available including parental mental health.

'helped me feel positive about myself being a mum'

'I attended the antenatal group when pregnant with my youngest daughter, the advice and support to prepare was incredible, the advice from the workers at the Churn does make a difference, they can put things into perspective a lot better than us as parents at times, when we're in the thick midst of family life it can be intense so it is hard at times to think logically and realistically, the workers are able to look in from the outside and have calm and sensible suggestions and help, making decisions and next steps a lot easier and more manageable

New Baby New Life, our group for local parents with a baby under 12 weeks old has changed this year with the introduction of a drop in group, in addition to the topic based group. The topic-based group continues to run a programme of sessions including baby communication, play & activities for babies, teething, introduction to solid food, sleep and first aid, whilst the drop-in group offers informal access and support.

105 parents have attended the drop-in group and 89 the topic based group, and we have offered support and advice with 176 babies.

'I've suffered with post natal depression so it has been really great being able to socialise with other mummies and just having some time dedicated to playing with my baby'

Baby Group is a smaller group for younger or more vulnerable parents. This year we divided the group into a baby group and a mini-toddler group, to offer direct support for the children's development milestones through play and parental discussion. We focus on the appropriate social and emotional development of the child, on supporting the parents to gain in confidence and understanding of their children's needs, it can be a bridge between initial engagement and connecting parents to services which can help them. During the year, 24 parents have attended baby group with 26 babies, and 20 parents have attended mini toddlers with 21 children.

'By communicating with other mums and helps my children boost their confidence by playing and interacting with others and making friends'

'Gives me support and a chance to make new friends and also a great way for the babies to learn to socialise and learn and explore new things'

**Report of the Trustees
for the Year Ended 31st July 2022**

Families Matter supports families with preschool aged children. We offer parenting support and advice, alongside structured play activities for the children and an enrichment programme. Our Family and Child Support Worker has responsibility for promoting and modelling positive play experiences for children, encouraging parents' engagement and involvement. This year 29 parents have attended our group and we have supported 85 children.

'I get to talk to people, my children get to play with others their age and we all get to get out of the house'

'The team are amazing always there to listen to us mums and give fantastic support and advice too'

Enrichment Programme St James's Place Foundation continues to contribute towards our enrichment programme, aiming to create opportunities for disadvantaged children to help close the gap in attainment. Their funding provides structured play interventions for pre-school children, and enables school-age children of families attending the Churn Project to take part in outings and extra curriculum activities that support their development and confidence. We have also received support from Gloucestershire County Council Holiday Activities and Food Programme (HAF). Family trips this year have included beach trip's to Porthcawl and Weymouth and a visit to 'All Things Wild'. At Christmas we shared over 130 children's gifts which had been kindly donated.

'I wouldn't go elsewhere now, all 3 of my children have been whether that be ante natal classes, baby group, family matters, they've all been to at least one group through their pre school years. They also do some brilliant trips which is really helpful if you're low on money or can't drive'.

1:1 Engagement Support

We understand that being a parent can be a difficult job. We offer practical support and advice to families including support with parenting issues, contact with social care, or accessing help through GDASS or Citizens Advice. Our 1:1 engagement work gives parents a voice and the confidence to seek support. We have supported parents to make grant applications for white goods and furniture, helped to arrange house moves and assisted with applications for schools.

Our Listening Fortnight evaluation told us that people accessing our Family Services resulted in:

- 90% feeling more confident about their parenting since coming to The Churn
- 90% feeling less lonely or isolated
- 87% have made new friendships
- 58% feeling more confident

FINANCIAL REVIEW

Financial position

Our fundraising strategy to secure longer term grant funding, has allowed us to embed and develop our work giving our fundraising manager time to focus on grant and trust fundraising, and our partnerships officer on community fundraising and local donations. Our 3 year funding from The Henry Smith Charity for our Ageing Well team continues and we were delighted to secure 3 year funding from the National Lottery Community Fund -Reaching Communities South West Region from February 2022 which has enabled us to grow the Engagement, Employment and Wellbeing Team. Our expenditure has continued to increase with contributing factors including the development of a new website, increased staff capacity needed to provide individual client support, and the purchase of a shipping container for the Men's Shed, from funds kindly donated by The Winstone Charitable Trust. Our room hire income has not returned to pre-covid levels.

In 2021/22 our income increased by £26,820 to £393,790. Expenditure increased by £94,203 to £418,909. Funds at 31st July 2022 decreased from the previous year by £25,119 and now stand at £160,540.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

FINANCIAL REVIEW

Principal funding sources

Community partnerships and collaborations are essential to our work and we are grateful to our funders (listed below), our professional partners and the input and goodwill we receive from within the community. Thank you - we couldn't do our work without this support.

Funders 2021/22

Trusts/Foundations/Lottery/Statutory

Barchester Charitable Foundation
Barnwood Trust
Charles Russell Speechlys Foundation
Cirencester Temperance Trust
Cirencester Town Council
Cotswold District Council
Cotswold Primrose Trust
GEM - Gloucestershire Going the Extra Mile Fund Building Better Opportunities Project
Gloucestershire Community Foundation
Gloucestershire County Council
Glow Community Grants
Julia and Hans Rausing Trust
National Lottery Community Fund - RC South West Region
Office of Police and Crime Commissioner
Peter Lang Children's Trust
Philip Marner Charity
St James's Place Charitable Foundation
The Henry Smith Charity
The Winstone Charitable Trust
Woodroffe Benton Foundation
World Jungle

Companies and Community Groups

Art Society Corinium
Amazon Smile
Barnsley Village Festival
Busy Fingers
Chedworth Knitting Group
CHEQS Charitable Trust
Choirinium Choir
Coventry Building Society
Gardiner Haskins
Haynes Hanson & Clark
Jessie Smith
Lounge Design
Mitsubishi
Moore Allen Innocent
Odin Events
Peyton Principles
Proposito Financial Planning
Raffles Fine Wines
Red Onion Catering
Savage Selection
St James's Place Wealth Management
Tanners solicitors
Vanessa Arbuthnott
Waitrose Community Fund
Wenn Townsend

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

FINANCIAL REVIEW

50+ individual supporters

Reserves policy

The Trustees have set a reserves policy which requires that the reserves be maintained at a level which ensures that The Churn Project's core activities could continue during a period of unforeseen difficulty and that these reserves are maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of The Churn Project's planning, budgeting and forecasting cycle. It takes into account the risks associated with unexpected variations in the stream of income and expenditure given planned activity levels and The Churn Project's future commitments. The Trustees assess the reserves policy on an annual basis. They monitor and discuss levels of readily realisable reserves and The Churn Project's future commitments. The main risks to both income and expenditure plus the requirements for working capital and adequate cash flow are assessed. The trustees use this information to ensure an adequate level of readily realisable reserves is maintained.

In July 2022 the reserves policy was reviewed and based on this risk analysis, a Free Cash Reserve figure of between £51,000 and £102,000 was confirmed as an appropriate and realistic target.

This policy will be updated on an annual basis, at the time of annual accounts being prepared, in accordance with the organisation's current outgoings.

FUTURE PLANS

- We will continue to support the community in Cirencester and surrounding villages in the following three areas
 - Families
 - Engagement, Employment and Wellbeing
 - Ageing Well
- The Engagement, Employment and Wellbeing team will continue with their focus on mental wellbeing support. With the closure of the GEM Project in December 2022, our Employment and Skills worker will transition support to local job seekers under the National Lottery Community Fund-Reaching Communities South West Region funding
- We will continue to support older people through the friendship café model of delivery, to reach current and new clients and update the memory café model
- Finalise implementation of the database, to improve efficiency with data capture, particularly around outcome reporting
- Launch the Cirencester Men's Shed in their new shipping container, and the South Cerney Men's Shed in their new building.
- And continue to be involved in conversations around the proposed Family Hub model in Gloucestershire, to ensure our family services offer continues to meet the needs of the local community

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company are also trustees of the charity. All trustees give their time voluntarily and receive no benefits from the charity; they can, however, recover expenses incurred directly as a result of their role.

The board currently consists of the Chair (appointed from the existing trustees) and six further trustees - there must be at least 3 serving trustees with no maximum limit. Trustees are recruited to ensure a diversity of relevant skills and expertise needed for effective governance of the charity. They are invited to complete a skills audit and attend a meeting as an observer before commitment from either side.

One third of trustees must retire from office at the Annual General Meeting but can be re-elected by remaining trustees.

Churn Project Limited

Report of the Trustees for the Year Ended 31st July 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Churn Project has a board of trustees of at least 3 members, currently comprising 7, which meets every 8 weeks. It is responsible for the strategic direction of the charity and monitoring systems and procedures to ensure good governance. The Chief Executive manages the day-to-day operation of the organisation, leading the staff team to implement strategy and ensuring that they continue to develop their skills and working practices to produce the best outcomes for our clients.

Trustee Induction and Training

On appointment, trustees sign a declaration of eligibility, undertake an enhanced DBS check and sign a code of conduct agreement. They undergo online safeguarding training. They receive a Trustee Information Pack, which includes:

- Trustee role and responsibilities outlined
- Key documents setting out the framework for the charity including the Memorandum and Articles, all current policies, Business Plan.
- Financial and funding information including the latest published accounts
- A copy of the Charity Commission: Essential Trustee guide

Trustees are also invited to a tour of the building to see The Churn in action and to meet the staff and volunteer team.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees manage and mitigate risks to the charity through reviews of operations and procedures at Trustee Meetings held every 8 weeks. Under constant review:

- Finance - ongoing cashflow model and budget control, internal authorisation procedures for management of transactions.
- Health and safety - an agenda item at every meeting (trustee & staff) to ensure compliance with regulations, and a general common-sense approach to maintaining safe practices.
- External risk - to funding and services, strategic planning ensures relevant service development and diversification paying heed to wider county and national strategic direction.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05672529 (England and Wales)

Registered Charity number

1124422

Registered office

14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees

S A Alexander
D W Bellamy
M A Blumsom
E Q Darroch (resigned 31/8/2021)
R Lynn Chair
D G Sutherland
R S Towill
F R Penny (appointed 26/1/2022)

Company Secretary

R S Towill

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Approved by order of the board of trustees on and signed on its behalf by:

.....
R Lynn Chair - Trustee

Independent Examiner's Report to the Trustees of Churn Project Limited

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

JD Frost
ICAEW
JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date:

Churn Project Limited

Statement of Financial Activities for the Year Ended 31st July 2022

		Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		73,680	(1)	73,679	68,883
Charitable activities					
Family Services		-	75,568	75,568	72,282
Employment & Skills		-	23,466	23,466	20,676
Ageing Well		-	57,633	57,633	47,537
Well Being		-	49,995	49,995	43,093
General		57,000	-	57,000	101,879
The National Lottery Community Fund - R/C South West Region		-	49,330	49,330	-
Other trading activities	2	7,119	-	7,119	12,620
Total		<u>137,799</u>	<u>255,991</u>	<u>393,790</u>	<u>366,970</u>
EXPENDITURE ON					
Charitable activities					
Family Services		-	84,012	84,012	60,539
Employment & Skills		-	22,900	22,900	20,777
Ageing Well		-	52,394	52,394	39,020
Hardship Fund		-	1,091	1,091	-
Well Being		-	55,311	55,311	43,086
General		155,845	-	155,845	161,284
The National Lottery Community Fund - R/C South West Region		-	47,356	47,356	-
Other		-	-	-	-
Total		<u>155,845</u>	<u>263,064</u>	<u>418,909</u>	<u>324,706</u>
NET INCOME/(EXPENDITURE)		(18,046)	(7,073)	(25,119)	42,264
Transfers between funds	9	<u>249</u>	<u>(249)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(17,797)	(7,322)	(25,119)	42,264
RECONCILIATION OF FUNDS					
Total funds brought forward		87,924	97,735	185,659	143,395
TOTAL FUNDS CARRIED FORWARD		<u><u>70,127</u></u>	<u><u>90,413</u></u>	<u><u>160,540</u></u>	<u><u>185,659</u></u>

The notes form part of these financial statements

Churn Project Limited

Balance Sheet 31st July 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	6	12,270	5,839	18,109	22,561
Cash at bank and in hand		69,714	113,204	182,918	176,117
		<u>81,984</u>	<u>119,043</u>	<u>201,027</u>	<u>198,678</u>
CREDITORS					
Amounts falling due within one year	7	(11,857)	(28,630)	(40,487)	(13,019)
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
NET CURRENT ASSETS					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
NET ASSETS					
		<u>70,127</u>	<u>90,413</u>	<u>160,540</u>	<u>185,659</u>
FUNDS	9				
Unrestricted funds				70,127	87,924
Restricted funds				90,413	97,735
TOTAL FUNDS				<u>160,540</u>	<u>185,659</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R Lynn Chair - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31st July 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Other income	7,119	12,620

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2022 nor for the year ended 31st July 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2022 nor for the year ended 31st July 2021.

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Employees	14	15

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	68,882	1	68,883
Charitable activities			
Family Services	-	72,282	72,282
Employment & Skills	-	20,676	20,676
Ageing Well	-	47,537	47,537
Well Being	-	43,093	43,093
General	101,879	-	101,879
Other trading activities	12,620	-	12,620
Total	183,381	183,589	366,970
EXPENDITURE ON			
Charitable activities			
Family Services	-	60,539	60,539
Employment & Skills	-	20,777	20,777
Ageing Well	-	39,020	39,020
Well Being	-	43,086	43,086
General	160,658	626	161,284
Other	-	-	-
Total	160,658	164,048	324,706
NET INCOME	22,723	19,541	42,264
Transfers between funds	38	(38)	-
Net movement in funds	22,761	19,503	42,264
RECONCILIATION OF FUNDS			
Total funds brought forward	65,163	78,232	143,395
TOTAL FUNDS CARRIED FORWARD	87,924	97,735	185,659

Notes to the Financial Statements - continued
for the Year Ended 31st July 2022

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	7,631	10,350
Other debtors	5,625	5,625
Prepayments and accrued income	3,062	4,259
Prepayments	1,791	2,327
	<u>18,109</u>	<u>22,561</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 8)	2,223	2,436
Trade creditors	29,309	4,074
Social security and other taxes	4,276	3,286
Pension Fund	1,007	1,023
Accrued expenses	3,672	2,200
	<u>40,487</u>	<u>13,019</u>

8. LOANS

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>2,223</u>	<u>2,436</u>

9. MOVEMENT IN FUNDS

	At 1/8/21	Net movement in funds	Transfers between funds	At 31/7/22
	£	£	£	£
Unrestricted funds				
General fund	87,924	(18,046)	249	70,127
Restricted funds				
Employment & Skills	3,011	565	(249)	3,327
Family Services	33,098	(8,444)	-	24,654
Ageing Well	28,541	5,239	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,313	(1,091)	-	222
Well Being	21,744	(5,316)	-	16,428
The National Lottery Community Fund - R/C South West Region	9,438	1,974	-	11,412
	<u>97,735</u>	<u>(7,073)</u>	<u>(249)</u>	<u>90,413</u>
TOTAL FUNDS	<u>185,659</u>	<u>(25,119)</u>	<u>-</u>	<u>160,540</u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,799	(155,845)	(18,046)
Restricted funds			
Employment & Skills	23,465	(22,900)	565
Family Services	75,568	(84,012)	(8,444)
Ageing Well	57,633	(52,394)	5,239
Hardship Fund	-	(1,091)	(1,091)
Well Being	49,995	(55,311)	(5,316)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>255,991</u>	<u>(263,064)</u>	<u>(7,073)</u>
TOTAL FUNDS	<u><u>393,790</u></u>	<u><u>(418,909)</u></u>	<u><u>(25,119)</u></u>

Comparatives for movement in funds

	At 1/8/20 £	Net movement in funds £	Transfers between funds £	At 31/7/21 £
Unrestricted funds				
General fund	65,163	22,723	38	87,924
Restricted funds				
Employment & Skills	2,400	(101)	712	3,011
Family Services	22,104	11,744	(750)	33,098
Ageing Well	20,024	8,517	-	28,541
Older People Services	590	-	-	590
Hardship Fund	1,939	(626)	-	1,313
Well Being	31,175	7	-	31,182
	<u>78,232</u>	<u>19,541</u>	<u>(38)</u>	<u>97,735</u>
TOTAL FUNDS	<u><u>143,395</u></u>	<u><u>42,264</u></u>	<u><u>-</u></u>	<u><u>185,659</u></u>

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2022

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	183,381	(160,658)	22,723
Restricted funds			
Employment & Skills	20,676	(20,777)	(101)
Family Services	72,283	(60,539)	11,744
Ageing Well	47,537	(39,020)	8,517
Hardship Fund	-	(626)	(626)
Well Being	43,093	(43,086)	7
	<u>183,589</u>	<u>(164,048)</u>	<u>19,541</u>
TOTAL FUNDS	<u><u>366,970</u></u>	<u><u>(324,706)</u></u>	<u><u>42,264</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/20 £	Net movement in funds £	Transfers between funds £	At 31/7/22 £
Unrestricted funds				
General fund	65,163	4,677	287	70,127
Restricted funds				
Employment & Skills	2,400	464	463	3,327
Family Services	22,104	3,300	(750)	24,654
Ageing Well	20,024	13,756	-	33,780
Older People Services	590	-	-	590
Hardship Fund	1,939	(1,717)	-	222
Well Being	31,175	(5,309)	-	25,866
The National Lottery Community Fund - R/C South West Region	-	1,974	-	1,974
	<u>78,232</u>	<u>12,468</u>	<u>(287)</u>	<u>90,413</u>
TOTAL FUNDS	<u><u>143,395</u></u>	<u><u>17,145</u></u>	<u><u>-</u></u>	<u><u>160,540</u></u>

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2022**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	321,180	(316,503)	4,677
Restricted funds			
Employment & Skills	44,141	(43,677)	464
Family Services	147,851	(144,551)	3,300
Ageing Well	105,170	(91,414)	13,756
Hardship Fund	-	(1,717)	(1,717)
Well Being	93,088	(98,397)	(5,309)
The National Lottery Community Fund - R/C South West Region	49,330	(47,356)	1,974
	<u>439,580</u>	<u>(427,112)</u>	<u>12,468</u>
TOTAL FUNDS	<u><u>760,760</u></u>	<u><u>(743,615)</u></u>	<u><u>17,145</u></u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2022.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	73,679	68,883
Other trading activities		
Other income	7,119	12,620
Charitable activities		
Grants	312,992	285,467
Total incoming resources	393,790	366,970
EXPENDITURE		
Charitable activities		
Employment & Skills	22,900	20,777
Family Services	84,012	60,539
Ageing Well	52,394	39,020
Hardship Fund	1,091	626
Well Being	55,311	43,086
Lottery	47,356	-
	263,064	164,048
Support costs		
Finance		
Bank charges	352	225
Other		
Wages	231,434	208,240
Social security	11,913	12,927
Pensions	9,414	5,177
Rates and water	252	161
Insurance	2,157	2,060
Light and heat	1,863	1,768
Telephone	1,789	1,543
Postage and stationery	1,243	1,452
Sundries	1,265	1,267
Rent	25,500	25,042
Travel	171	49
Newsletter costs	2,754	2,335
Computer costs	10,831	15,296
Office equipment	939	847
Premises expenses	7,850	8,472
Training, coaching & mentoring	45	485
Covid shopping	3,822	13,860
Employee benefits	204	-
Carried forward	313,446	300,981

This page does not form part of the statutory financial statements

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2022**

	2022	2021
	£	£
Other		
Brought forward	313,446	300,981
Outings	1,147	-
	314,593	300,981
 Other 2		
Wages allocated to restricted	(163,349)	(131,527)
Social security allocated to restricted	(11,913)	(8,814)
Pensions allocated to restricted	(3,653)	(3,368)
Advertising	4,958	2,010
	(173,957)	(141,699)
 Governance costs		
Accountancy fees	800	800
Professional fees	14,057	351
	14,857	1,151
Total resources expended	418,909	324,706
Net (expenditure)/income	<u>(25,119)</u>	<u>42,264</u>

The Churn Community Hub Ltd

England & Wales - Charity number 1124422

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2021
for
Churn Project Limited

JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

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for the Year Ended 31st July 2021**

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**Chairman's Report
for the Year Ended 31st July 2021**

For twenty years, the Churn Project has been supporting vulnerable and marginalised people across the community in Cirencester and nearby villages. Our aims are to reduce isolation and improve wellbeing particularly for those who are lonely, at a point of transition or crisis in their lives or experiencing poverty or mental health issues. Our vision is that all our residents are included and involved in their community; feel supported, valued and given the opportunity to achieve their potential.

This has been a year of change for the Project. Our new Chief Executive Officer joined us in August and the pandemic continued to impact our face-to-face delivery. Lockdowns and restrictions led to fundamental change in the way groups and activities were delivered, and sadly to the suspension of our Young Neighbours programme, when it became unviable to visit care homes.

However, there have been some positive outcomes from the pandemic, which highlighted the importance of communities and the value placed on local friendships, local connections, and support. The Churn Project has continued to be there for everyone who needs us and been agile and creative with our response to change. We have embraced new opportunities for funding and the kindness and generosity of people has shone through. New services including our Friendship Café and mental health support started, and we will continue with some of the changes to group delivery which work so well.

Over the past 12 months, we engaged with 1074 people, focusing on older people, young vulnerable families and those who are unemployed or low-skilled, through a mix of 1:1 support and running a range of groups catering to different interests or needs, supported by our volunteers. With Covid restrictions it was an unusual year with a significant reduction in our group attendance; in normal times we reach nearer 2000 people in a year.

We have continued to work alongside our clients to help find practical solutions to the issues they face. People tell us that attending The Churn improves their wellbeing and makes them feel less isolated. Whether it be our in-person social groups, our telephone befriending, our work club, our Covid shopping service, our baby groups or our 1:1 support, we listen to what people need and ensure they find it, either with us or by signposting to something more suitable. We talk to prospective clients about their goals, needs, strengths and interests, and tailor our support to each individual. We work with each unique client to create solutions that work for them. We help them to find what they need, not just at The Churn, but in the wider community.

Thank you to The Churn staff team and volunteers for their continued enthusiasm, hard work and dedication to making a difference to our community, in an exceptional year for the project.

**Report of the Trustees
for the Year Ended 31st July 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Churn Project's purposes are set out in the objects stated in its Memorandum & Articles of Association:

- Relief of financial hardship
- Relief of unemployment
- Creating training and employment opportunities
- Providing activities and services for unemployed people, older people and those facing disadvantage due to financial hardship or social and economic circumstances
- Promotion of good health.

Our vision that all people should be included, involved and invested in their community is met through our mission to change lives by:

- reducing and preventing isolation;
- supporting and promoting wellbeing;
- creating opportunities to learn and achieve;
- supporting people through crisis;
- providing early help and interventions;
- encouraging personal responsibility;
- making use of the best resources through wise procurement and positive partnerships.

We tackle inequalities which contribute to economic hardship, social isolation and unemployment, by developing solutions and services which focus on giving purpose, belonging, hope. We aim to work with those in and around the Cirencester community most marginalised by those issues, especially those who are unemployed or low-skilled, older people, and vulnerable families.

To meet our objectives, we provide a range of services:

- Family services, focusing on the first 1000 days of children's lives and the family lives beyond that time, promoting strong family bonds, offering early help and interventions.
- Employment and skills support for those furthest from the labour market, offering 1:1 support and practical help through accredited courses
- Engagement and support services tackle mental health issues, provide information promoting good health practices, and offer practical solutions.
- Services to help people age well, tackling isolation and promoting resilience and wellbeing

The Churn's ongoing strategic objectives are:

1. To further develop the services we currently provide, and any new we introduce, to make them the most effective we can offer.
2. To reach and communicate in an appropriate way with different audiences, including the people who need our services most
3. To manage the charity as effectively and efficiently as possible

We pride ourselves on offering services of excellent quality with very limited resources, this year our total output has cost £324,708. Although we operate with a paid staff of 14 part-time workers constituting around 7.7 full-time equivalents, we optimise our offer by forming robust partnerships with other local organisations and making full use of community goodwill through our volunteers. This year 267 volunteers contributed time and effort to the project

Ensuring our work delivers our aims

We regularly review our work ensuring that our aims, objectives and all activities remain relevant to what we have stated we will achieve. We evaluate our work in relation to the outcomes and benefits it produces for our clients. The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the work planned.

Public benefit

During the year our services were accessed by over 800 people from Cirencester and the surrounding area.

**Report of the Trustees
for the Year Ended 31st July 2021**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

SERVICE	SERVICE USERS
Ageing Well	162
Employment & Skills	148
Engagement	152
Family Services	345
Volunteers	<u>267</u>
Total	<u>1074</u>

Our Listening Fortnight evaluation told us that accessing Churn services resulted in:

- 75% feeling more part of the community
- 75% reporting better wellbeing
- 62% feeling less lonely or isolated
- 78% have made new friendships
- 78% feeling more connected to others

1 AGEING WELL

Main Objectives:

- **Reduction of isolation**
- **Increase of resilience**
- **Improvement of wellbeing**
- **Support through crisis**

Our Ageing Well Programme supports people over 65, particularly those who live alone, or who have additional needs or responsibilities (including carers, people with mental health concerns, learning difficulties, low income, or recently bereaved) in and around Cirencester. We support people to feel more connected, less isolated, and more purposeful - enabling them to live happily, and independently, for longer. To that end, we offer a mix of volunteer befriending, social groups and classes, and 1:1 support. Over the past 12 months, we have supported 162 older people.

Our longest standing service is Churn Good Neighbours, our 1:1 befriending service, whereby a volunteer visits an isolated older person in their home once a week. We have expanded to include short term buddying (a volunteer accompanies an older person on outings, to build their confidence). During periods of lockdown, the service adapted to offer telephone befriending, ensuring people still felt connected and valued. During the year, we supported 71 individuals through Good Neighbours, who received a total of 2756 visits or telephone calls.

During a lockdown period, our Ageing Well team took the opportunity to consult with our older clients and review our services. Many people said they were missing simple social connection, the chance to have a chat and meet friends, with the opportunity to get together safely. Following this consultation, we started a small 'Friendship café' in the car park of the Churn, which complied with government rules about meeting outdoors in small 'bubbles' or groups. Once we were allowed, we moved indoors and quickly found we had outgrown the space. The Friendship Café is open to our Ageing Well clients, and generally the attendance is 35-38 people each week. Volunteers support with making cups of tea and serving cake and chatting to the attendees enabling the staff team to identify and informally assess any issues and needs arising and to provide further support and signposting. It has been a great safe space to meet new and old friends and build connections, with the offer of a local trip every fourth week, including an interesting outing to the Quenington Sculpture trail.

We deliver two bespoke courses, Living with Loss for people recently bereaved and Memory Club, for those newly diagnosed with memory problems and their carers. Our groups give the opportunity for people to share experiences and support one another, whilst benefiting from social interaction.

Our Sociable Stroll groups started at the end of a lockdown, running weekly in South Cerney and Cirencester for a walk with others giving the opportunity for fresh air and companionship.

We work hard to reduce loneliness. The Christmas period can be difficult for people who are isolated or alone, and thanks to the generous financial support of St James's Place, we delivered over 100 goodie bags to our Ageing Well clients, including a candle and 'bag of light' to give people hope of brighter times ahead. During the long Spring lockdown, we delivered over 100 bouquets of daffodils to clients to let them know that we were thinking of them. We regularly send birthday cards and messages, so everyone knows they matter and are valued.

**Report of the Trustees
for the Year Ended 31st July 2021**

"M wanted to make sure we all knew how pleased she was with the fabulous Xmas gifts this year - she doesn't want to upset anyone, but she thought it was the best one she's ever had! She kept it for Xmas day because she only had one other gift at Xmas."

"This email is for all the marvellous people who work so hard at The Churn Project for bringing a happy smile to my face this morning."

"Thank you for the bunch of daffodils and the Churn Newsletter, both of which are SO welcome during lockdown. I'm getting on OK - good days, bad lonely days, but the goodness and love that has come my way over the past hard weeks has been wonderful."

We were delighted to secure the support of The Henry Smith Charity for our Ageing Well service for the next three years.

2 EMPLOYMENT & SKILLS

Main Objectives

- Improved employment skills
- Better opportunities to learn new skills
- Improvement of wellbeing
- Support through crisis

Our Employment & Skills Service has worked with 148 people through our weekly Work Club, the courses we offer, 1:1 support and GEM. Again, our numbers were reduced compared to previous years, due to Covid restrictions and periods of lockdown.

Our weekly Work Club offers people individual targeted support from a volunteer or staff member, to update their CV, complete application forms and seek advice on Universal Credit & Jobmatch. We have 5 dedicated volunteers who support staff to give people the 1:1 attention they need. We invite representatives from other relevant organisations, including the Job Centre and the National Careers Service to bring information and advice to our client group, who would often not access it directly. During lockdowns, support was offered online via zoom and regular contact maintained with people to support motivation.

The Churn Project is a partner in the highly successful GEM Project (Building Better Opportunities: Going the Extra Mile), a consortium of Gloucestershire organisations funded through the National Lottery to help people furthest from the labour market towards paid work. The Navigator Developer has worked intensively on a 1:1 regular basis with participants; supporting people into employment, training, and volunteering.

Over the last year 106 people have accessed work club and GEM, 22 of whom secured employment, 25 volunteering opportunities and 3 people started work placements, 42 people have joined courses and groups to build confidence and learn new skills. Our diverse range of courses has included Dungeons & Dragons group and Craft Sessions, Snap & Chat photography, support to get online, functional Maths and English. We work closely with Adult Education and Cirencester College to deliver courses.

Case study 1

A had been out of work and felt socially isolated since leaving college 3 years ago. He spent much of his time gaming until the early hours and catching up on sleep during the day

A joined the GEM project 2 years ago and built up his employability skills and was regularly volunteering, however during the lockdown he lost his volunteer role and lost confidence. A felt worried about going outside but with support from Churn Navigator Developer, Amanda, he started new training, regained confidence, and learnt new skills. A was supported to apply for a 2-year Admin apprentice opportunity and was successful at interview. He has been employed for 6 months now and his routine is healthy, his sleeping habits are regulated and he is enjoying his job.

Feedback from Dungeons and Dragons "I enjoyed the sessions. Helps make friends and develop skills. It's not easy when you have asperges."

"This group has given me a more positive atmosphere than my current home situation, and given me more creative ideas "

Report of the Trustees
for the Year Ended 31st July 2021

3 ENGAGEMENT

Main Objectives:

- Reduction of isolation
- Improvement of wellbeing
- Support through crisis
- Better connection with community

At the Churn, we adopt a 'strengths-based approach', supporting people to look at their strengths and passions whilst identifying goals they wish to achieve. Enabling people to fulfil their potential is integral to the work we do, rather than fixate on barriers we work with people to see what they want to do and support them to pursue their ambitions. This is the very essence of our work, supporting people to gain life skills, work skills, and confidence.

We have worked with 71 people offering 1:1 support based on individual identified goals; including supporting people to access help with purchasing school uniform and white goods, support with signposting to local partners including Citizens Advice, the Foodbank and P3, and advocating for people, for example with their landlords or children's school. We have distributed Foodbank vouchers and hundreds of frozen meals kindly donated by COOK Cirencester, and the Long Table Project.

'I feel that I am now actually moving forwards doing things I wouldn't be able to do on my own'

Our Time for You group, is aimed at women whose children are in school, to support them to progress the ambitions they have for themselves, 28 individuals attended the group over the year. Several have started their own businesses as a result, testing products and services on one another, and building up their skills and confidence. Others have found paid work and all have built friendships and felt part of a community. The group enjoyed sessions including ink painting, collage making, clay creations, healthy cooking on a budget and working with New Brewery Arts for medals of courage

Our 1:1 mental health support is also built on the belief that people are motivated to fulfil their potential, and that our role is to help them overcome any barriers they may face to doing that. One lady who experienced debilitating anxiety, to the point she could not leave her home alone, has been supported weekly by both a staff member and more recently a volunteer, initially to go for a walk and a coffee, and then to attend a local club, where her skills were quickly recognised. By accompanying her from home to the charity where she volunteers, the barrier is surmounted, and this lady can contribute to a local charity, and to get enormous personal satisfaction from being productive and using her skills. 26 people have accessed our 1:1 mental health support service this year and we have received additional support from Leah Brookes, the Mental Health & VCS Navigator from the Complex Emotional Needs Service.

'It gives me a sense of anchor, as I moved to Gloucestershire during the pandemic from another county. I didn't know anyone or anyway to source help and support. It is important because I have someone to turn to and ask for advice and knowledge about the area. I have someone to turn to when I am struggling with financial problems. I have someone who is kind and made me feel valued, like at Christmas they gave me a Christmas present when I thought I would have nothing. They include me by sending emails inviting me to join a photography competition or a free ticket to a local event. It means I feel I have someone who cares'

Our allotment creates space for people to be outdoors, growing vegetables and enjoying peace and tranquillity. We purchased additional seating and a compostable toilet to make the space as relaxing as possible. Our superb volunteers ensure the allotment is well maintained and cared for.

The Churn Men's Shed at Cirencester Scouts Hall, creates space for people to get together and share activities, alongside support and companionship from one another. The 'Shedders' as they are affectionately known, undertake their own projects or make things for the local communities. At Christmas they raised money through making snowmen, reindeers, and bird boxes. Our South Cerney Men's shed has been suspended during the pandemic, however Bromford Housing have continued to be a great supporter and helped us with storage until the shed is back up and running.

Stitch, Knit and Natter is our weekly group based around sewing and knitting, although most members come for the social interaction. The group is co-produced and led by a volunteer who is also a group member. When face to face meetings were suspended, we offered telephone support and virtual sessions to keep in touch.

4 FAMILY SERVICES

Main Objectives

- Improved parenting skills
- A better start in life
- Reduction of isolation
- Support through crisis

The Churn has been delivering Family Services since 2010, and this year worked with 345 families, supporting them to find social connection and peer support, offering parenting advice and support and aiming to increasing resilience. We offer a range of groups and activities, alongside 1:1 support and have continued to run Freedom programme to support women affected by domestic abuse, alongside Parenting Courses. In March, a dedicated Children and Family Support Worker joined the team, focused on developmental play for the children, and was able to order extra toys with funding from the Toy Trust.

The Peter Lang Children's Trust gives generous funding support to our early intervention programme which focuses on the first 1000 days of children's lives:

Ready Steady Baby, our antenatal group, concentrates on forging the strongest family bonds, increasing parenting self-confidence and improving knowledge of an infant's needs and realistic development. 43 people have attended the group over the year, some online via zoom during lockdown periods and others face to face. In addition, we offer 1:1 support to Mums who need us. Topics include health & wellbeing, breast feeding and birth, bonding and socialising with baby and we explain the support available including parental mental health.

New Baby New Life is our universal group for local parents and baby's under 12 weeks old, offering a fixed topic based programme of sessions including; baby communication, play & activities for babies, teething, introduction to solid food, sleep and first aid. 130 parents attended the group, with feedback that they are more aware of the physical and emotional needs of their babies and value the support and friendships made, ensuring they feel less alone. The size and format of the group changed due to covid, and rather than being a large open access resource, it is now targeted and focused for those who need us most.

Ready, Steady, Baby's Here is a smaller group for young or more vulnerable mums. It focuses on the appropriate social and emotional development of the children, on supporting the parents to gain in confidence and understanding of their children's needs, it can be a bridge between initial engagement and connecting parents to services which can help them. The group is divided into a baby group and a mini-toddler group, to offer direct support for the children's development milestones through play and parental discussion.

"The Churn baby group is so important as everyone gets lonely being a Mum and the group gives me something to look forward to. It boosts my confidence massively by talking to other Mums."

Families Matter is our largest group and supports families with preschool aged children. We offer parenting support and advice, alongside structured play activities for the children and an enrichment programme. St James's Place Foundation continues to contribute towards our enrichment programme, aiming to create opportunities for disadvantaged children to help close the gap in attainment, provide structured play interventions for pre-school children, and enable school-age children of families attending The Churn to take part in outings and activities that support their development and confidence. The activities include a visit to a local farm and to the local water park. We had additional funding from the Primrose Trust for delivery of the Solihull parenting course and Freedom programme. We have seen an increase in the 1:1 support provided, due to the pressures on families from lockdowns.

To offer the best support to our families, we work closely with other organisations including Social Care, Families First, Homestart and are members of the association for infant mental health. We help people to access domestic abuse support via GDASS and are local domestic abuse champions. We have delivered activity packs to families, provided frozen COOK food and meals, and are a Holiday Activities and Food Programme (HAF) delivery partner, which included distributing 73 boxes of home cooking ingredients for families at Easter. At Christmas we received fantastic donations of presents to give to the children, and distributed Salvation Army food and toy hampers.

Feedback from 'New Baby New Life'

I felt so fortunate to have the group during the pandemic. It gave me support and helpful knowledge when I wasn't able to see my family and friends.

**Report of the Trustees
for the Year Ended 31st July 2021**

I feel like I've met an amazing group of women in the same circumstances who have helped me become a more confident parent.

VOLUNTEERS

Our volunteer numbers are lower this year, due to the impact of lockdowns and the reduction in befriender home visits, along with the absence of many of our corporate volunteers being unavailable as working from home. This year 267 volunteers contributed their time and energy to supporting us to achieve our objectives. Fundraising, befriending, shopping, delivering newsletters, supporting group delivery, serving tea and cake, singing at online concerts, running our online quiz and tending our allotment are just some of the activity's volunteers have undertaken. We really couldn't do it all without them. Special thanks to Cotswold TV for their amazing garden tour films and the garden owners for allowing us to film and visit their beautiful gardens.

'Volunteering made me feel I was contributing to the community'

'I don't attend a group, but support by volunteering and I find that enriches my own mental health and wellbeing when I can help others'

'It does make me feel useful, but I get back more than I put in I think. I have met new friends and lovely, brave people that helps put any minor problem I might have into perspective'

COVID 19 Pandemic

2020/21 was greatly affected by the Covid19 pandemic, with impact on staff, clients and volunteers. All services quickly adapted to change and continued to provide essential support to those who needed us, complying with the appropriate government guidance and legislation. The charity increased the amount of 121 support offered to people, including the continuation of a new project worker supporting people with mental health illness. We found that we are agile and quickly able to change our delivery models, which allowed us to continue services effectively. The purchase of laptops for all staff, supported effective working from home and our frequently updated risk assessments along with the provision of appropriate PPE has allowed us to continue to support our community.

FINANCIAL REVIEW

Financial position

2020/21 has seen a shift in the Churns fundraising strategy to secure longer term grant funding, to allow us to embed and develop our work. Our fundraising manager has focused on grant and trust fundraising, and our partnerships officer has focused on community fundraising and local donations. We were delighted to secure 3 years funding from The Henry Smith Charity for our Ageing Well team from August 2021. Despite the impact of COVID 19 our income increased by £10,647 to £366,970. Expenditure was higher due to COVID 19 and increased by £26,139 to £324,706. Funds at 31st July 2021 increased from the previous year by £42,264 and now stand at £185,659.

Reserves policy

The Trustees have set a reserves policy which requires that the reserves be maintained at a level which ensures that The Churn Project's core activities could continue during a period of unforeseen difficulty and that these reserves are maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of The Churn Project's planning, budgeting and forecasting cycle. It takes into account the risks associated with unexpected variations in the stream of income and expenditure given planned activity levels and The Churn Project's future commitments. The Trustees assess the reserves policy on an annual basis. They monitor and discuss levels of readily realisable reserves and The Churn Project's future commitments. The main risks to both income and expenditure plus the requirements for working capital and adequate cash flow are assessed. The trustees use this information to ensure an adequate level of readily realisable reserves is maintained.

In July 2021 the reserves policy was reviewed and based on this risk analysis, a Free Cash Reserve figure of between £51,000 and £102,000 was confirmed as an appropriate and realistic target.

This policy will be updated on an annual basis, at the time of annual accounts being prepared, in accordance with the organisation's current outgoings.

**Report of the Trustees
for the Year Ended 31st July 2021**

FUTURE PLANS

- We will build our Engagement, Employment and Wellbeing team with the introduction of a manager, to offer increased support to the team and ensure we are meeting the needs of our community and engaging effectively with other agencies and partners
- We will update our website to include a 'volunteer hub' section, and to link effectively with our social media accounts
- We will introduce a database, to improve efficiency with data capture, particularly around outcome reporting
- Covid19 necessitated a change to the way we engage with people, through delivery of smaller groups. We will continue with this model in many of our groups, due to the benefit of offering targeted and personalised support
- We will continue to support older people through the friendship café model of delivery, to reach current and new clients
- We will continue to support the community in Cirencester and surrounding villages in the following three areas
 - Families
 - Engagement, employment and wellbeing
 - Ageing well

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document Memorandum & Articles of Association and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It was incorporated 11th January 2006 and registered as a charity on 9th June 2008.

Recruitment and appointment of new trustees

The directors of the company are also trustees of the charity. All trustees give their time voluntarily and receive no benefits from the charity; they can, however, recover expenses incurred directly as a result of their role.

The board currently consists of the Chair (appointed from the existing trustees) and six further trustees - there must be at least 3 serving trustees with no maximum limit. Trustees are recruited to ensure a diversity of relevant skills and expertise needed for effective governance of the charity. They are invited to complete a skills audit and attend a meeting as an observer before commitment from either side.

One third of trustees must retire from office at the Annual General Meeting but can be re-elected by remaining trustees.

Organisational structure

The Churn Project has a board of trustees of at least 3 members, currently comprising 7, which meets every 8 weeks. It is responsible for the strategic direction of the charity and monitoring systems and procedures to ensure good governance. The Chief Executive manages the day-to-day operation of the organisation, leading the staff team to implement strategy and ensuring that they continue to develop their skills and working practices to produce the best outcomes for our clients.

Trustee Induction and Training

On appointment, trustees sign a declaration of eligibility, undertake an enhanced DBS check and sign a code of conduct agreement. They undergo online safeguarding training. They receive a Trustee Information Pack, which includes:

- Trustee role and responsibilities outlined
- Key documents setting out the framework for the charity including the Memorandum and Articles, all current policies, Business Plan.
- Financial and funding information including the latest published accounts
- A copy of the Charity Commission: Essential Trustee guide

Trustees are also invited to a tour of the building to see The Churn in action and to meet the staff and volunteer team.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees manage and mitigate risks to the charity through reviews of operations and procedures at Trustee Meetings held every 8 weeks. Under constant review:

- Finance - ongoing cashflow model and budget control, internal authorisation procedures for management of transactions.
- Health and safety - an agenda item at every meeting (trustee & staff) to ensure compliance with regulations, and a general common-sense approach to maintaining safe practices.
- External risk - to funding and services, strategic planning ensures relevant service development and diversification paying heed to wider county and national strategic direction.

Churn Project Limited

**Report of the Trustees
for the Year Ended 31st July 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05672529 (England and Wales)

Registered Charity number
1124422

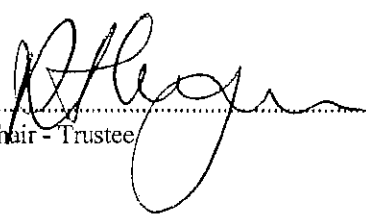
Registered office
14-16 The Waterloo
Cirencester
Gloucestershire
GL7 2PY

Trustees
S A Alexander
D W Bellamy
M A Blumsom
E Q Darroch (resigned 31/8/2021)
R Lynn Chair
D G Sutherland
R S Towill
F R Penny (appointed 26/1/2022)

Company Secretary
R S Towill

Independent Examiner
JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Approved by order of the board of trustees on 26/01/22 and signed on its behalf by:


.....
R Lynn Chair - Trustee

**Independent Examiner's Report to the Trustees of
Churn Project Limited**

Independent examiner's report to the trustees of Churn Project Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

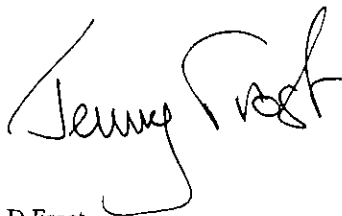
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



JD Frost
ICAEW
JD Frost Accountants
Chartered Accountants
7 Links View
Cirencester
Gloucestershire
GL7 2NF

Date:

9 February 2022

Churn Project Limited

**Statement of Financial Activities
for the Year Ended 31st July 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		68,882	1	68,883	32,420
Charitable activities					
Family Services		-	72,282	72,282	67,628
Employment & Skills		-	20,676	20,676	20,786
Ageing Well		-	47,537	47,537	33,845
Well Being		-	43,093	43,093	51,345
General		101,879	-	101,879	121,970
Other trading activities	2	12,620	-	12,620	28,329
Total		<u>183,381</u>	<u>183,589</u>	<u>366,970</u>	<u>356,323</u>
EXPENDITURE ON					
Charitable activities					
Family Services		-	60,539	60,539	51,507
Employment & Skills		-	20,777	20,777	19,739
Ageing Well		-	39,020	39,020	39,116
Hardship Fund		-	-	-	941
Well Being		-	43,086	43,086	28,889
General		160,658	626	161,284	158,375
Other		-	-	-	-
Total		<u>160,658</u>	<u>164,048</u>	<u>324,706</u>	<u>298,567</u>
NET INCOME		<u>22,723</u>	<u>19,541</u>	<u>42,264</u>	<u>57,756</u>
Transfers between funds	9	38	(38)	-	-
Net movement in funds		<u>22,761</u>	<u>19,503</u>	<u>42,264</u>	<u>57,756</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>65,163</u>	<u>78,232</u>	<u>143,395</u>	<u>85,639</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>87,924</u></u>	<u><u>97,735</u></u>	<u><u>185,659</u></u>	<u><u>143,395</u></u>

The notes form part of these financial statements

Churn Project Limited

**Balance Sheet
31st July 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Debtors	6	15,957	6,604	22,561	26,237
Cash at bank and in hand		79,776	96,341	176,117	127,389
		<u>95,733</u>	<u>102,945</u>	<u>198,678</u>	<u>153,626</u>
CREDITORS					
Amounts falling due within one year	7	(7,809)	(5,210)	(13,019)	(10,231)
		<u>87,924</u>	<u>97,735</u>	<u>185,659</u>	<u>143,395</u>
NET CURRENT ASSETS					
		<u>87,924</u>	<u>97,735</u>	<u>185,659</u>	<u>143,395</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>87,924</u>	<u>97,735</u>	<u>185,659</u>	<u>143,395</u>
NET ASSETS					
		<u>87,924</u>	<u>97,735</u>	<u>185,659</u>	<u>143,395</u>
FUNDS	9				
Unrestricted funds				87,924	65,163
Restricted funds				<u>97,735</u>	<u>78,232</u>
TOTAL FUNDS				<u>185,659</u>	<u>143,395</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26/01/22 and were signed on its behalf by:


R Lynn Chair - Trustee

Notes to the Financial Statements
for the Year Ended 31st July 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Other income	12,620	28,329

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2021 nor for the year ended 31st July 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2021 nor for the year ended 31st July 2020.

Notes to the Financial Statements - continued
for the Year Ended 31st July 2021

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Employees	15	15

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	32,420	-	32,420
Charitable activities			
Family Services	-	67,628	67,628
Employment & Skills	-	20,786	20,786
Ageing Well	-	33,845	33,845
Well Being	-	51,345	51,345
General	121,970	-	121,970
Other trading activities	28,329	-	28,329
Total	182,719	173,604	356,323
EXPENDITURE ON			
Charitable activities			
Family Services	-	51,507	51,507
Employment & Skills	-	19,739	19,739
Ageing Well	-	39,116	39,116
Hardship Fund	-	941	941
Well Being	-	28,889	28,889
General	158,375	-	158,375
Total	158,375	140,192	298,567
NET INCOME	24,344	33,412	57,756
Transfers between funds	(5,452)	5,452	-
Net movement in funds	18,892	38,864	57,756
RECONCILIATION OF FUNDS			
Total funds brought forward	46,271	39,368	85,639
TOTAL FUNDS CARRIED FORWARD	65,163	78,232	143,395

Churn Project Limited

Notes to the Financial Statements - continued for the Year Ended 31st July 2021

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	10,350	18,835
Other debtors	5,625	5,625
Prepayments and accrued income	4,259	-
Prepayments	2,327	1,777
	<u>22,561</u>	<u>26,237</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts (see note 8)	2,436	2,925
Trade creditors	4,074	1,199
Social security and other taxes	3,286	4,065
Pension Fund	1,023	1,217
Accrued expenses	2,200	825
	<u>13,019</u>	<u>10,231</u>

8. LOANS

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>2,436</u>	<u>2,925</u>

9. MOVEMENT IN FUNDS

	At 1/8/20	Net movement in funds	Transfers between funds	At 31/7/21
	£	£	£	£
Unrestricted funds				
General fund	65,163	22,723	38	87,924
Restricted funds				
Employment & Skills	2,400	(101)	712	3,011
Family Services	22,104	11,744	(750)	33,098
Ageing Well	20,024	8,517	-	28,541
Older People Services	590	-	-	590
Hardship Fund	1,939	(626)	-	1,313
Well Being	31,175	7	-	31,182
	<u>78,232</u>	<u>19,541</u>	<u>(38)</u>	<u>97,735</u>
TOTAL FUNDS	<u>143,395</u>	<u>42,264</u>	<u>-</u>	<u>185,659</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2021

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	183,381	(160,658)	22,723
Restricted funds			
Employment & Skills	20,676	(20,777)	(101)
Family Services	72,283	(60,539)	11,744
Ageing Well	47,537	(39,020)	8,517
Hardship Fund	-	(626)	(626)
Well Being	43,093	(43,086)	7
	<u>183,589</u>	<u>(164,048)</u>	<u>19,541</u>
TOTAL FUNDS	<u><u>366,970</u></u>	<u><u>(324,706)</u></u>	<u><u>42,264</u></u>

Comparatives for movement in funds

	At 1/8/19 £	Net movement in funds £	Transfers between funds £	At 31/7/20 £
Unrestricted funds				
General fund	46,271	24,344	(5,452)	65,163
Restricted funds				
Employment & Skills	1,491	1,047	(138)	2,400
Family Services	394	16,120	5,590	22,104
Ageing Well	25,295	(5,271)	-	20,024
Older People Services	590	-	-	590
Hardship Fund	2,880	(941)	-	1,939
Well Being	8,313	22,457	405	31,175
Mens Shed	405	-	(405)	-
	<u>39,368</u>	<u>33,412</u>	<u>5,452</u>	<u>78,232</u>
TOTAL FUNDS	<u><u>85,639</u></u>	<u><u>57,756</u></u>	<u><u>-</u></u>	<u><u>143,395</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2021

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	182,719	(158,375)	24,344
Restricted funds			
Employment & Skills	20,786	(19,739)	1,047
Family Services	67,627	(51,507)	16,120
Ageing Well	33,845	(39,116)	(5,271)
Hardship Fund	-	(941)	(941)
Well Being	51,346	(28,889)	22,457
	<u>173,604</u>	<u>(140,192)</u>	<u>33,412</u>
TOTAL FUNDS	<u>356,323</u>	<u>(298,567)</u>	<u>57,756</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/8/19 £	Net movement in funds £	Transfers between funds £	At 31/7/21 £
Unrestricted funds				
General fund	46,271	47,067	(5,414)	87,924
Restricted funds				
Employment & Skills	1,491	946	574	3,011
Family Services	394	27,864	4,840	33,098
Ageing Well	25,295	3,246	-	28,541
Older People Services	590	-	-	590
Hardship Fund	2,880	(1,567)	-	1,313
Well Being	8,313	22,464	405	31,182
Mens Shed	405	-	(405)	-
	<u>39,368</u>	<u>52,953</u>	<u>5,414</u>	<u>97,735</u>
TOTAL FUNDS	<u>85,639</u>	<u>100,020</u>	<u>-</u>	<u>185,659</u>

Notes to the Financial Statements - continued
for the Year Ended 31st July 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	366,100	(319,033)	47,067
Restricted funds			
Employment & Skills	41,462	(40,516)	946
Family Services	139,910	(112,046)	27,864
Ageing Well	81,382	(78,136)	3,246
Hardship Fund	-	(1,567)	(1,567)
Well Being	94,439	(71,975)	22,464
	<u>357,193</u>	<u>(304,240)</u>	<u>52,953</u>
TOTAL FUNDS	<u>723,293</u>	<u>(623,273)</u>	<u>100,020</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2021.

Churn Project Limited**Detailed Statement of Financial Activities
for the Year Ended 31st July 2021**

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	68,883	32,420
Other trading activities		
Other income	12,620	28,329
Charitable activities		
Grants	285,467	295,574
Total incoming resources	366,970	356,323
EXPENDITURE		
Charitable activities		
Employment & Skills	20,777	19,739
Family Services	60,539	51,507
Ageing Well	39,020	39,116
Hardship Fund	626	941
Well Being	43,086	28,889
Churn classes	-	68
	164,048	140,260
Support costs		
Finance		
Bank charges	225	-
Other		
Wages	208,240	194,176
Social security	12,927	11,015
Pensions	5,177	5,893
Rates and water	161	299
Insurance	2,060	2,073
Light and heat	1,768	1,861
Telephone	1,543	2,720
Postage and stationery	1,452	2,236
Sundries	1,267	1,356
Rent	25,042	25,000
Travel	49	33
Newsletter costs	2,335	2,406
Computer costs	15,296	5,722
Office equipment	847	718
Premises expenses	8,472	6,836
Training, coaching & mentoring	485	1,260
Covid shopping	13,860	15,507
	300,981	279,111

Churn Project Limited

**Detailed Statement of Financial Activities
for the Year Ended 31st July 2021**

	2021	2020
	£	£
Other		
Other 2		
Wages allocated to restricted	(131,527)	(115,412)
Social security allocated to restricted	(8,814)	(6,867)
Pensions allocated to restricted	(3,368)	(3,084)
Advertising	2,010	2,182
	<u>(141,699)</u>	<u>(123,181)</u>
Governance costs		
Accountancy fees	800	800
Professional fees	351	1,577
	<u>1,151</u>	<u>2,377</u>
Total resources expended	<u>324,706</u>	<u>298,567</u>
Net income	<u>42,264</u>	<u>57,756</u>