

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1st	Month August	Year 2021		Day 31st	Month July	Year 2022

## Section A Reference and administration details

**Charity name** Himalayan Youth Foundation UK (HYF-UK)

**Other names charity is known by**

**Registered charity number (if any)** 1124243

7 Hallam Mews

London

**Postcode**

W1W 6AR

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Norman Stromsoy	Chairman		HYF-UK
2	Samantha Michel	Secretary		
3	Gerry Slater	Treasurer		
4	Cathy Kerr	Trustee		
5	Koenraad Foulon	Trustee		
6				
7				
8				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

### Name of chief executive or names of senior staff members (Optional information)

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## Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Existing Trustees

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity works closely with the Himalayan Youth Foundation in the USA (HYF-US), Mountaineers for Himalayas (M4H) in Andorra, and the Fontana Foundation in Switzerland.

Working with these organisations, support is provided to the following operational charities

- The Himalayan Children's Foundation (HCF) which operates the Kailash Home in Kathmandu, Nepal.
- The Choki Traditional Arts School (CTAS) in Thimpu, Bhutan

## Summary of the objects of the charity set out in its governing document

To advance Education, relieve poverty, sickness and distress and promote the good health of children, particularly those aged 6 to 18, living in the Himalayan region, in such ways as the Trustees think fit.

The charity has continued to work closely with HYF-US and M4H to support the needs of both HCF in Nepal and CTAS in Bhutan.

### HCF in Nepal

The impact of Covid-19 has continued to affect the work of our charity in the UK and Nepal. During this period schools, colleges and universities have re-opened but with a disrupted programme.

In Nepal, there has been a period of consolidation at the Kailash Home as the children were able to benefit from the new learning facilities provided in 2019-20, whilst minor construction work to complete the programme has recommenced after the disruption caused by Covid,

Mountaineers for Himalayas in Andorra (M4H) continues to have overall financial responsibility for HCF in Nepal.

HCF in Nepal runs a hostel constructed in 2007 on the outskirts of Kathmandu which houses 100 underprivileged and/or orphaned students as well as mentoring and financial support to 25 students undertaking Higher Education in the community. The hostel provides general care and assistance for the children and provides for their education through local schools.

In the past we have supported HCF by providing individual sponsors for each child. Sadly, we have again been unable to find any new sponsors or gather significant donations here in the UK.

Similarly, we have been unable to raise significant funds, and, other than Sponsorship payments, financial support has been limited to individual donations by existing sponsors.

The UK continues to support older students who are currently undertaking Higher education and living outside the Kailash Home. We have endeavoured to maintain regular contact and support for them throughout their study programmes which still face disruption following the Covid pandemic.

We have continued to work with the Madrinha Trust to provide financial support and mentoring guidance to the students, helping them to make the very most of this opportunity.

Madrinha have agreed to continue to provide funds to cover University fees and living expenses for existing students during their course but have now signalled that they do not intend to support further students in the future.

As detailed in section D below, further funds have been provided to contribute to the existing operational costs of the Kailash hostel. Residual funds from previous donations were provided to continue the support of the employability skills and enterprise training programme which supported the development of new horticultural, bakery and bicycle maintenance facilities.

## Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

### **CTAS in Bhutan**

The Fontana Foundation in Switzerland continues to have overall financial responsibility for CTAS in Bhutan, and we work with them to support the children at the Choki school.

CTAS in Bhutan is a private school for traditional arts, set up to help children from broken and economically disadvantaged homes. The school provides free education, food and lodging and schools the children in the traditional arts of Lhadri(painting), Jinzo(sculpture) and Pap(carving).

A contribution has been made towards the ongoing costs for construction of the new study block.

### **Charity Commission Guidance**

In managing the charity's activities, the Trustees have taken due notice of the Guidance on public benefit issued by the Charity Commission. A Trustee with recent and relevant experience has been appointed with child safeguarding responsibility. He liaises with HCF and the management team to hold them to account for ensuring high standards of safeguarding are maintained.

### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grant making.
- policy programme related investment.
- contribution made by volunteers.

## **Section D**

## **Achievements and performance**

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

The number of children the Charity supports through sponsorship has dropped by one to 2 children in the Kailash Home in Nepal. We support a further 6 students undertaking Higher education and training.

The charity is pleased to record that the following sums have been raised and distributed during the year-

- Raised the sum of £45,195.
- Distributed the sum of £71,668.

The funds were distributed as follows: -

#### To Kailash Home in Kathmandu

- £37,290 to provide sponsorship of 24 children at the Kailash home.
- £15,695 to cover the costs of 6 children at University.
- £11,226 has been contributed towards the Enterprise programme, which is aimed at developing business and life skills for the children.
- £2,331 has been donated to cover Medical costs for all the children.
- £1,837 has been provided in additional Sponsor Support for individual children.
- £2,331 was donated for general support for the children.

#### To Choki Arts School in Thimpu

- £485 was donated for general support for the school.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Recognising the responsibility of maintaining an increasing number of sponsors, the Charity operates a Reserve Policy, which provides financial cover in the event of a default by sponsors. During the current year, the Reserve has been maintained at the same level as in the previous year.

Additional reserves are also in place to protect the charity from exposure to adverse movement in the currency exchange rate.

We work in close co-operation with M4H in Andorra and Fontana Foundation in Switzerland, and these organisations operate reserve policies aimed at ensuring that operating costs at HCF and CTAS are fully covered.

**Details of any funds materially in deficit**

None.

#### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising).
- how expenditure has supported the key objectives of the charity.
- investment policy and objectives including any ethical investment policy adopted.

The principal sources of funding for the Charity have been donations from individuals and from other charitable organisations.

The Charity has been able to support its key objectives by maintaining and its register of sponsors, and by raising funds which enable it to contribute to the educational, caring and accommodation needs of HCF and CTAS.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	G. Slater	Sam Michel
<b>Full name(s)</b>	Gerald Slater	Samantha Michel
<b>Position (eg Secretary, Chair, etc)</b>	Trustee	Secretary
<b>Date</b>	April 2023	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Himalayan Youth Foundation UK

No (if any)  
1124243

CC16a

## Receipts and payments accounts

For the period from	Period start date 01/08/2021	To	Period end date 31/07/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
HCF Child Sponsorship	22,480	-	-	22,480	-
HCF University Sponsorship	13,176	-	-	13,176	-
HCF Just Giving Donations	-	-	-	-	-
HCF Medical Fund	-	-	-	-	-
HCF General Donations	2,450	-	-	2,450	-
HCF Enterprise Fund	-	-	-	-	-
CTAS Donations	500	-	-	500	-
HCF Gift Aid Recovery	6,588			6,588	
Bank Interest	1			1	
Rounding error	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>45,195</b>	<b>-</b>	<b>-</b>	<b>45,195</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>45,195</b>	<b>-</b>	<b>-</b>	<b>45,195</b>	<b>-</b>
<b>A3 Payments</b>					
HCF Sponsor Fees	37,290	-	-	37,290	-
HCF College fees	15,695	-	-	15,695	-
HCF Sponsor support	1,837	-	-	1,837	-
HCF Enterprise expenses	11,226	-	-	11,226	-
CTAS Donation	485	-	-	485	-
HCF Medical	2,331	-	-	2,331	-
HCF Gift Fund	2,331	-	-	2,331	-
Fees and Costs	473	-	-	473	-
Rounding error	1	-	-	1	-
<b>Sub total</b>	<b>71,667</b>	<b>-</b>	<b>-</b>	<b>71,667</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>71,667</b>	<b>-</b>	<b>-</b>	<b>71,667</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 26,472</b>	<b>-</b>	<b>-</b>	<b>- 26,472</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>77,203</b>	<b>-</b>	<b>-</b>	<b>77,203</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>50,731</b>	<b>-</b>	<b>-</b>	<b>50,731</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Treasurer Account	46,117	-	-
	Savings account	3,810	-	-
	USD Account- converted	804	-	-
	<b>Total cash funds</b>	<b>50,731</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	G. Slater	C.Kerr	22/04/2023	



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Charity Name  
Himalayan Youth Foundation UK

**On accounts for the year  
ended**

31st July 2022

**Charity no  
(if any)**

1124243

**Set out on pages**

1 & 2

(remember to include the page numbers of additional sheets)

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

- In connection with my examination, no matter has come to my attention
1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 41 of the 1993 Act; and
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met ; or
  2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

Jennifer Slater

**Date:**

25 April 2023

**Name:**

Jennifer Slater

**Relevant professional qualification(s) or body (if any):**

None

**Address:**

18 Holeyn Hall Road

Wylam

Northumberland NE41 8BB

## Section B

## Disclosure

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**