






# Table of Contents



Foreword	1
Partners	3
CHC Rebrand	4
15 years of CHC	5
Social Shapla Family Day	7
Projects	9
Partnership Projects	13
Exhibitions	14
Exhibitions Workshops	19
Black History Month	20
Data	21
Staff & Facilitators	25
Trustees	26
Moving Forward	27

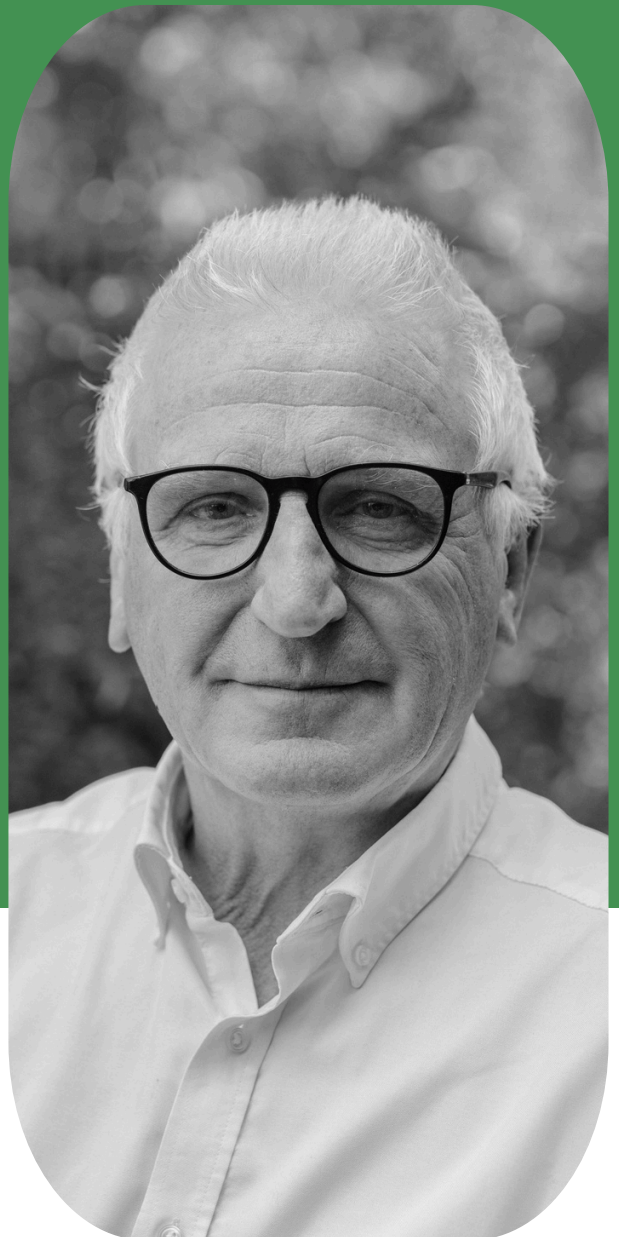
# Foreword

## Dr Roy Macgregor, Chair of Trustees

This year has seen major development and big changes within our charity. The rebranding as Creative Health Camden has shone a spotlight on the transformative effect our activity has on participants. This has also helped the team of Trustees to clarify our goals, aspirations and targets. Evaluation now plays a big part in our ongoing activities.

Referrals from a wide range of practitioners and self referrals have increased considerably. Liaison and links with both the James Wigg Practice and the Queens Crescent practice are enhanced. We now also partner with a wide range of other agencies. This allows for considerable sharing of ideas and an opportunity for our team to export ideas, and bring new ideas to the Trustees.

We have been struck by comments from visitors who highlight the very high standard of work produced whether in photography, textiles or crafts. The lack of hierarchy between artist facilitators and participants is often sighted as a reason for our high attendance rates and the continuity attendees enjoy.





As well as a large event to mark our 15th anniversary and our rebranding, we also hosted a Social Shapla Family Day with more than 200 attendees. This focused on bringing together the Bengali community using art, food and play. These events were held in the garden which has flourished under our gardening lead, Spencer, who meets with participants every week. Our usual activities continue with an increasing number of attendees at - Drawn Together, Breathing for Wellbeing, Dance for Parkinson's, Freedom to Make, Well-beeing Garden, Sing for Joy and more.

Our Food Bank operating once a week all year, has grown to very unexpected proportions. This has provided support as the cost of living crisis has grown, to more than 860 families distributing more than £45,000 value of donated food.

This report allows you a look into the wide range of activities we promote, all of which have moved to a long term basis. This model of providing long term projects, has now become established. It provides better continuity and more consistent referrals.

Our administrative team under the clever direction of Antonia Attwood, with help from Maddie Rose and Grace Smith continues to deliver a wonderful programme

We have just been fortunate to recruit Lizzie Smith as a new Trustee and we look forward to what she will bring. Our Trustees monitor our programme and guide our direction of travel. We have a strong group who have contributed immensely over the last year

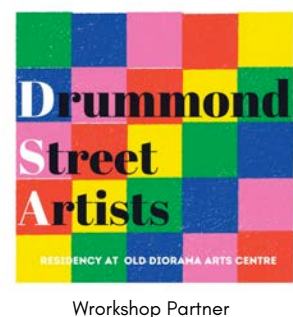
Social Prescribing now plays a key role in supporting everyone by providing effective non-pharmaceutical interventions. We are a national exemplar and are proud to offer this report to illustrate how far we have come over 15 years

Thank you very much indeed to all who support, donate, and participate.

Dr Roy Macgregor  
Chair Creative Health Camden



# Partners



# CHC Rebrand



This year saw big changes for the charity, one of the biggest being our new name. After a number of years as Free Space Project, we felt that our aims were no longer aligning with the name and branding of the charity. We wanted to make sure our branding focused on our creative approaches to health and wellbeing and solidified our roots in Camden.

We worked closely with graphic designer Dan McGill to design our new logo, it was important that it was bright colourful and eye catching to really represent the charities ethos.

Since the rebrand we have had positive feedback from people accessing our services, saying that they understand more coherently the services we offer.





# 15 Years of CHC



## Rebrand launch party // 15 year celebration

Following the full rebrand we decided to throw a celebration to mark a new era in the charities history. This year the charity will have been running for 15 years so we felt it was fitting to not only launch our new branding but to also celebrate all the work that has come before.

We invited staff, old and new, participants and the local community to spend the evening with us. We had a number of creative activities available including collaborative colouring and a hand drawn 'photo' booth.



We provided drinks and pizza and there was lots of networking that took place over course of the evening. It was a great space for people from all our projects to meet.

We had speeches from Antonia Attwood (Artistic Director), Roy Macgregor (Charity Chair) and local labour councillor James Slater.

More than 150 people visited the centre to enjoy our displays and activities. It was a very successful launch of our new brand.







# Social Shapla Family Day



As part of our Social Shapla project, the group organised and hosted a summer outdoor event for all families in Camden. Creative sessions, food and children's activities were provided. Teenagers from the summer workshops, were invited to help run the event. Some of the catering was provided by a member of the group, who had recently started an asian food business.

Over 200 people attended. There had been a summer break from the adult workshops, and the event helped re-introduce members to the project for September.



The project has succeeded in beginning to expand CHC's community reach and given us access to a large local community, identified as under served. This is valuable since Camden as a borough has a large Bangladeshi population, identified as one of the least likely groups to access healthcare especially with regard to mental ill health.





# Projects

## Aromatherapy

This year saw the end of our Aromatherapy project that has been running with Free Space Project for the last 15 years. We want to say a huge thank you to Tracy Childs for all the work she has put in and the support she has provided to patients through her services.

## Social Shapla



Social Shapla has created a safe space for women to experience creative activity, eat, chat and learn new skills. As they become more comfortable in the space, discussions have become less inhibited. We have offered an easily accessed, stable, regular resource. This group observe quite traditional roles, the majority of the Bangladeshi community do not socialise outside of family and faith groups. The setting has encouraged participants to connect with one another and engage with a wider environment. This project was funded by the Baring Foundation.



# Breathing for Wellbeing



This year marks the 3rd year of Breathing for Wellbeing . It has now become one of our most referred-to programmes by the clinicians of the James Wigg and Queens Crescent practices. Over the years the group has gone from strength to strength. It is now evolving into a supportive community where the participants come together and gain health benefits through breathing exercises. This project was funded by Camden and Islington Trust.

## Drawn Together



Drawn Together continues to support the community using art to benefit their wellbeing. This advocates, empowers and connects threads through creative practices. The project has worked with more than 50 referrals. There is a core group of around 8 participants that attend weekly sessions online and in person. This year saw participants delivering as professional art facilitators, and received multiple private commissions. Diverse artforms such as poetry, spoken word, photography, embroidery and sculpture have all been developed. The group also now meets independently outside of the sessions as a support network in Camden. This project was funded by the Arts Council.

# Freedom to Make



Freedom to Make is CHC's weekly textiles group, mainly focusing on knitting and crochet. This year, the group have been growing their skills and have become a community of crafters who share their knowledge and are always learning from each other - over a cuppa, of course! This year the group have completed a variety of projects such as toys for grandchildren, hats, bags and clothing, each one expanding their growing skill set.

# Well-beeing Garden



This year, our garden has grown from strength to strength. Vital repairs to the planters have been undertaken by our group, and our garden is looking better than ever. The garden at KTHC provides an area of calm and solace to the patients of the James Wigg and Queens Crescent practices. It also provides an opportunity for patients themselves to have an input over how their very own health centre looks.



# Dance for Parkinson's



Dance for Parkinson's is our weekly movement group for those with Parkinson's or other tremor-inducing conditions. This group enlivens the entire health centre with their live music every week. After they have completed their movement session, the group come together to have a cup of tea and a chat. This creates a vital community amongst the members where they can share their experiences of their conditions.

# Food Bank



Our weekly food bank started in 2022 and has now given out over 1,000 food parcels to the people of Camden. This year the food bank has been supported by both the Trussell Trust and Food Bank Aid. They have provided the food for each and every food parcel. A massive thanks goes out to both of them.

# Partnership Projects

Alongside our core projects, we have a number of partnerships with other established Camden organisations. We partner with them to bring them into KTHC and serve our participants.



Arts Group for those living with Dementia



Patient-led support for people living with Chronic Pain



Helping people with long term and terminal illnesses create a Living Will.



Free cycle maintenance workshops



Self-managed community choir



Support group for women of colour living with ADHD



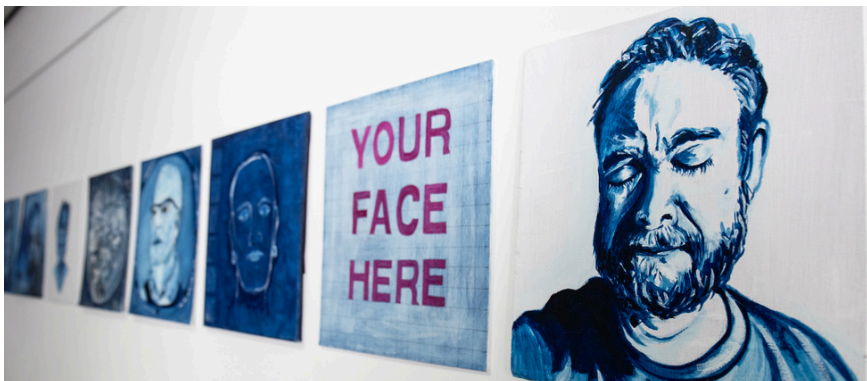
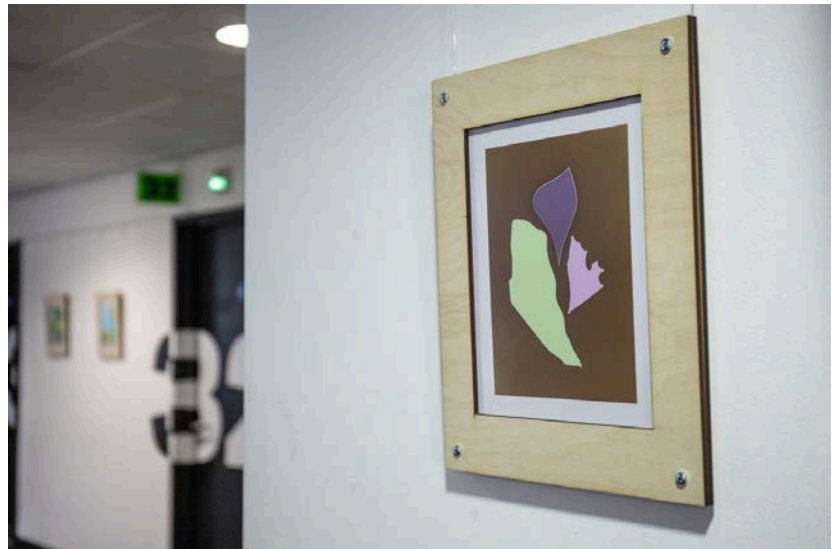
Peer supported talking therapies

# Exhibitions

This year we have held five exhibitions across Kentish Town Health Centre and Queens Crescent Practice. Three of which were on our gallery space on the first floor of KTHC. The other two filled the busy corridors in both practices. These include:

- 'The Vessel That Contains Me' by Georgia Clemson
- 'Biodivergent Sites and Sounds' by Elinor Rowlands
- 'We The Human: A Quiet Blue Wall' with project partner Laura Mahopi
- Re:Purpose/Repurpose by Drawn Together
- 'Window Into My World' by Martin O'Connell

A huge thank you to the artists for filling our walls with beautiful moving work.



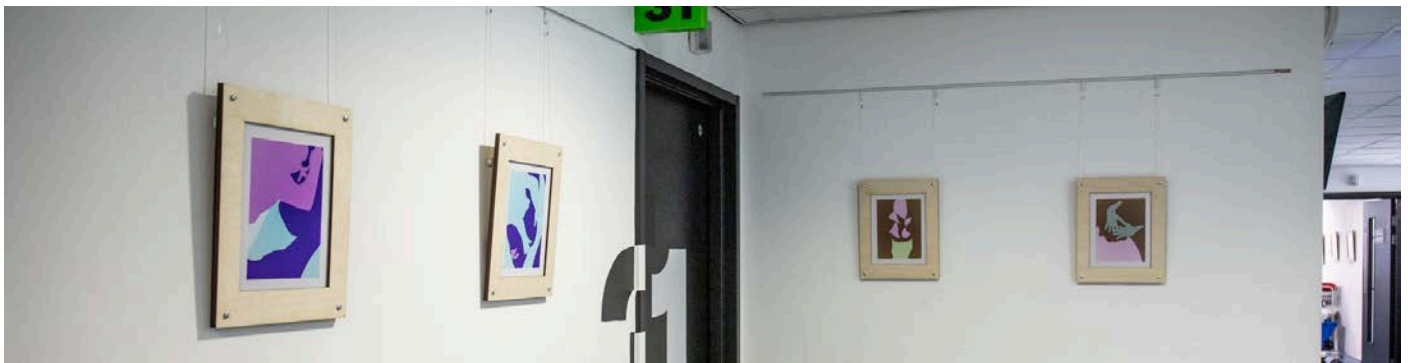


# The Vessel That Contains Me

## Georgia Clemson

Every human body has physical and emotional limits, and like the border of a geographical territory, these boundaries can be hard, blurred or fragmented. There are many things that we cannot control about our health and the world around us, but we can feel empowered to make decisions about how we treat ourselves, and how we interact with our environment. In 'The Vessel That Contains Me', Georgia Clemson presented a series of photograms that celebrate the body as both a sacred site and a vessel that will carry you throughout your life.

The abstract shapes that make up these prints were created by drawing around a person's body as they moved around a piece of paper, capturing the space between the edges where a hand meets a waist, knee, neck or elbow. Through this process, a picture of the person is made that exposes the beauty of the human form outside of the normal conventions that we judge it on. Three other works explored the footprint of the Kentish Town Health Centre itself, a place designed specifically to facilitate care and wellbeing.

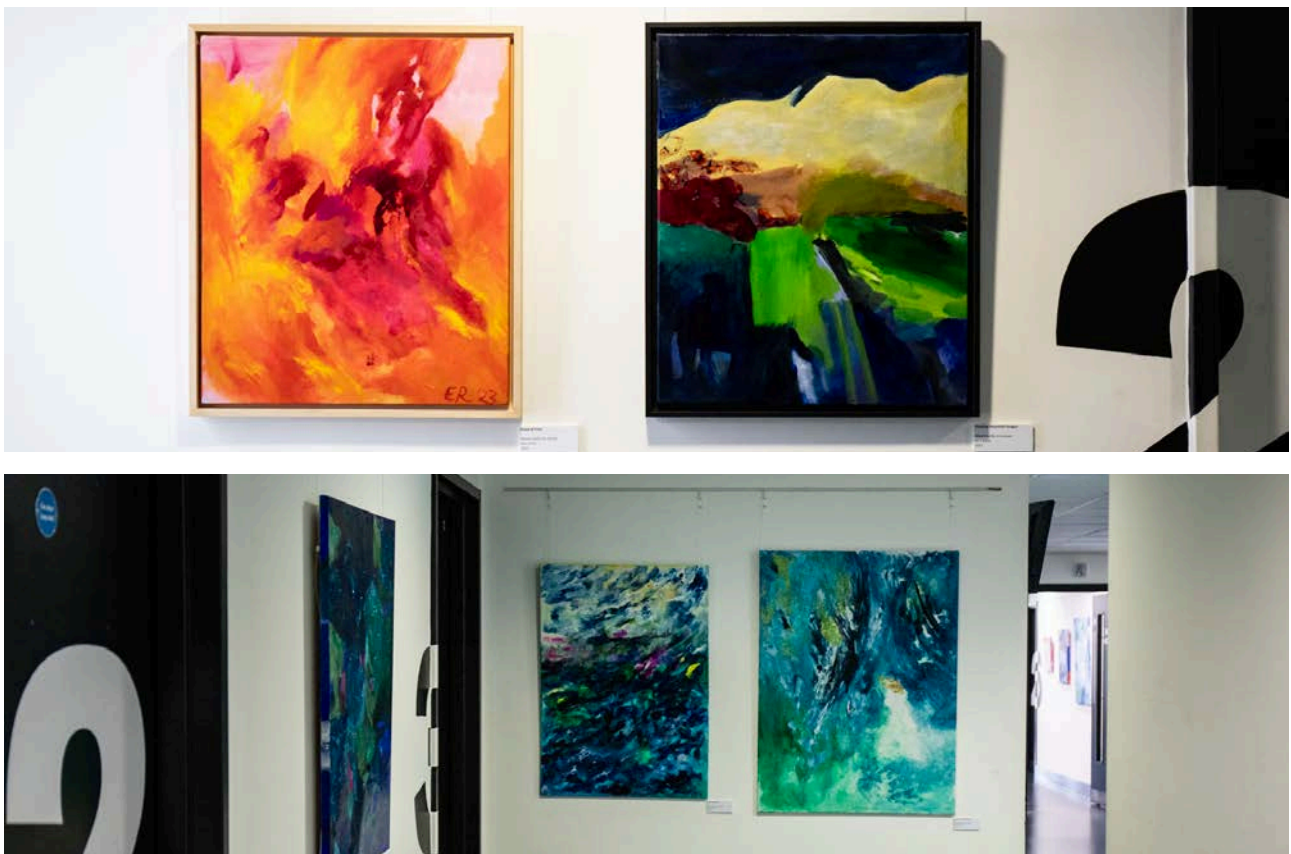


# Biodivergent Sites and Sounds

## Elinor Rowlands

Elinor Rowlands is an Autistic/ADHD multi-disciplinary artist and is a Fine Art practice-based PhD candidate. Elinor is based within the Artistic Research Centre (ARC) at Nottingham Trent University on a bursary scholarship. Her work is founded on the contemporary interplay between sound and live art, experimental forms of composition and language derived from the neurodivergent lived experience. This is underpinned by political interest and the act of “noticing”.

Biodivergent Sites and Sounds shone light on the importance of preserving our waterways and landscapes. Elinor's paintings are a response to the local stories and sounds found around London's waterways. The exhibition at Creative Health Camden featured paintings made in collaboration with other autistic musicians and pupils from Harlesden primary school.





# We The Human: A Quiet Blue Wall

We The Human: A Quiet Blue Wall, is a global project, a people project, a human project, designed and developed by an artist from the community of the neurodiverse. The project aims to help those at risk of suicidal ideation and attempted suicide.

Visitors to the exhibition were invited to create, using only white and prussian blue oil paint, a painting of their face in any style. This has helped the project to build a quiet blue wall and change society for the better.

This project was facilitated by Laura Mahopi.

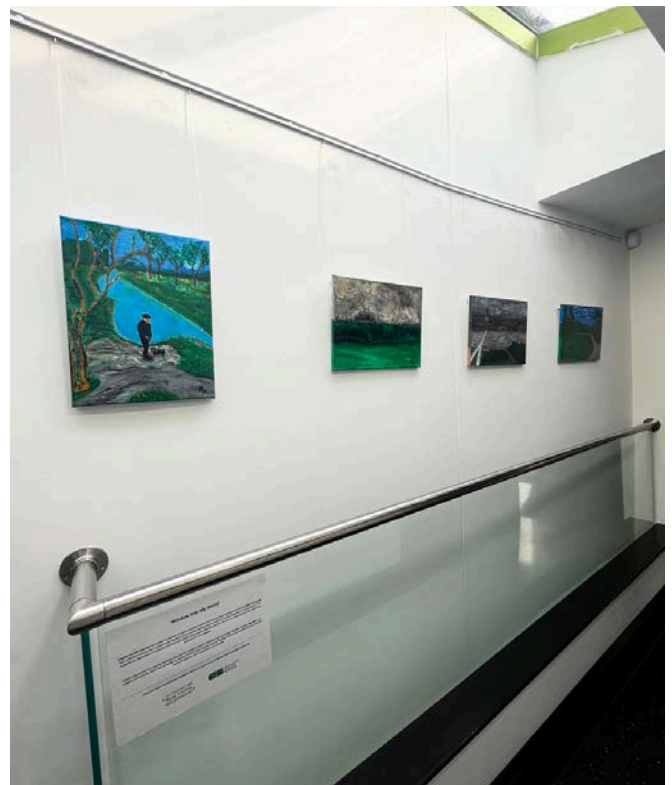
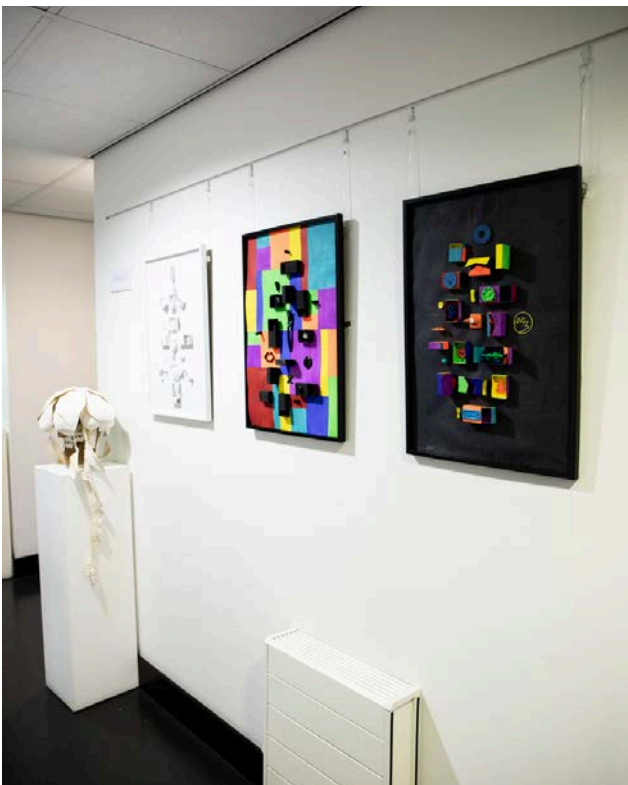


# Re:Purpose/Repurpose & Window Into My World

As well as our first floor exhibitions programme we have also had two wonderful exhibitions of the work created by our 'Drawn Together' group: Re:Purpose/Repurpose and Window Into My World. These exhibitions lined our ground floor corridors at KTHC and our space at Queens Crescent Practice.

Re:Purpose/Repurpose was a group show by all the Drawn Together participants exploring the idea nothing is ever lost or wasted, however broken people or objects are, they can still create beauty.

Window Into My World was a solo show by local artist, Martin O'Connell. This exhibition serves as a window into Martin's artistic world, showcasing a carefully curated selection of his paintings. Martin discovered his love for painting after joining our group 'Drawn Together'





# Exhibition Workshops

As well as our exhibitions programme, each artist ran a workshop based on their exhibition ideas. All Creative Health Camden participants were invited to join and we also partnered with Drummond Street Artists.





# Black History Month X Camden Carers

After last years success on our collaboration with the Black Camden Carers Collective we held a workshop with artist Ryan Prince exploring identity and photography. Each carer was invited to take a self portrait with the support of Ryan. These were exhibited in the Camden Carers Black History Month celebration.



# Data

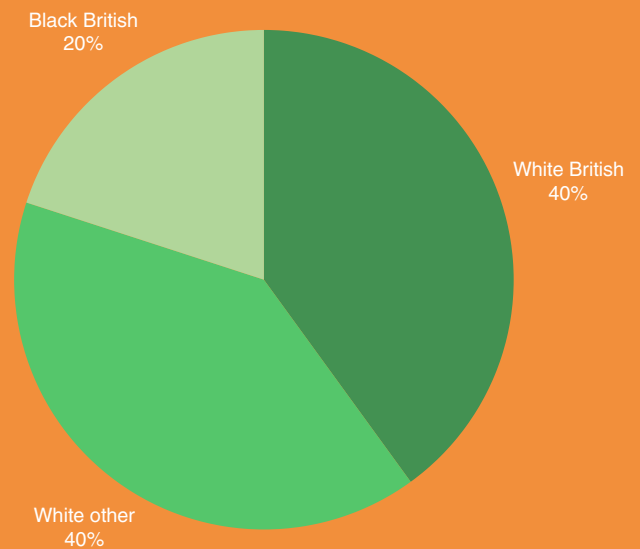
*Note: participants were allowed to self-describe ethnicity, so may not correlate with census categories.*

## Freedom to Make

409 slots filled



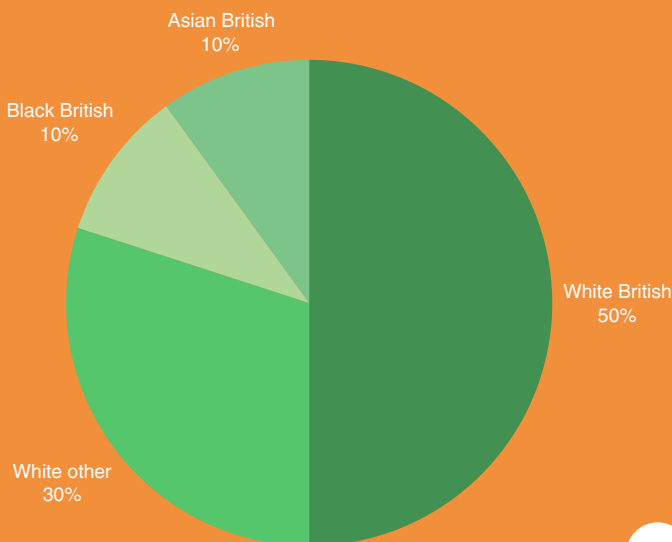
Gender



Ethnicity

## Breathing for Wellbeing

416 slots filled



Ethnicity



Gender

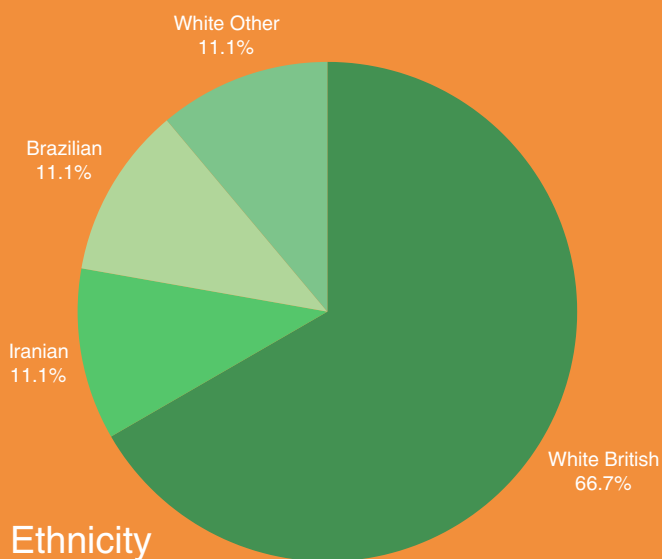


# Data

## Dance for Parkinson's 405 slots filled

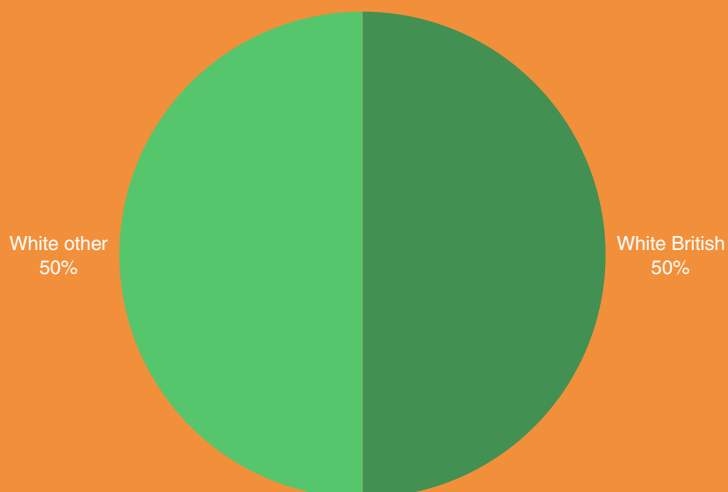


Gender

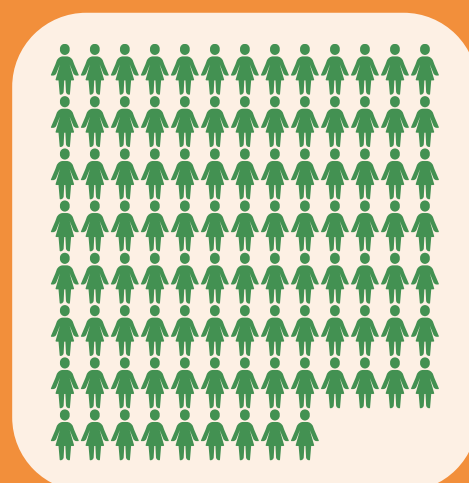


Ethnicity

## Well-beeing Garden 75 slots filled



Ethnicity



Gender

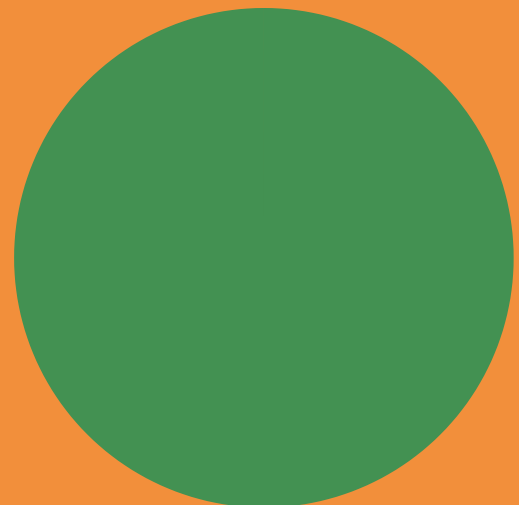
# Data

## Social Shapla

255 slots filled



Gender



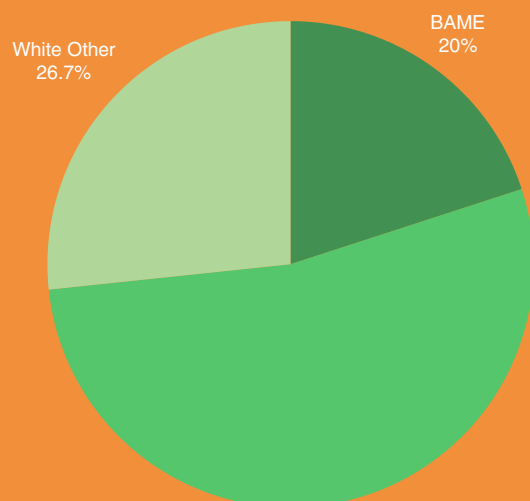
Ethnicity

## Drawn Together

369 slots filled



Gender



Ethnicity

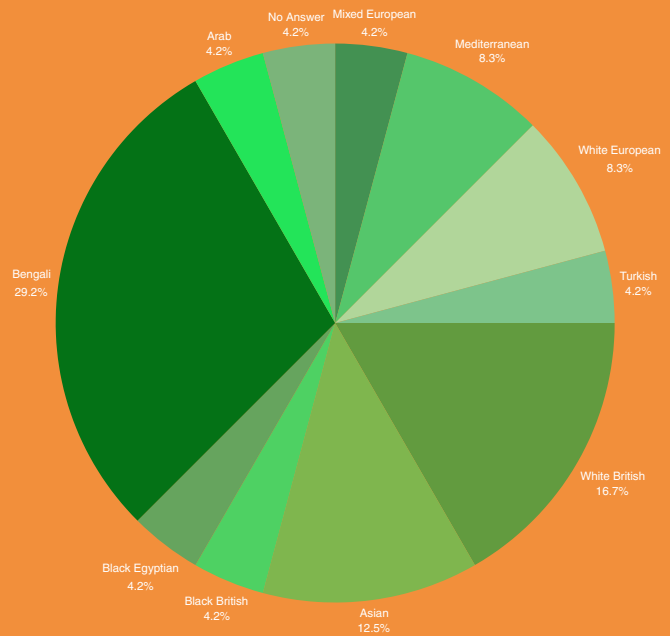
# Food Bank

This year we helped 869 people/families

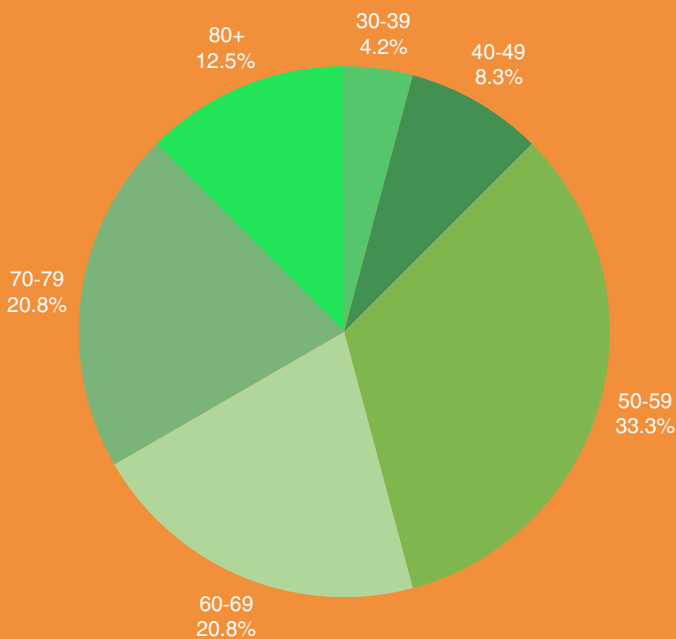
This project used food donated by both The Trussell Trust and Food Bank Aid



Gender



Ethnicity



Age





# Staff and facilitators



Antonia Attwood,  
Artistic Director



Maddie Rose,  
Programmes and Evaluation lead



Grace Smith,  
Exhibitions Assistant



Julie Crossan,  
Breathing for Wellbeing



Anna Gillespie,  
Dance for Parkinson's



Julien Lewis,  
Dance for Parkinson's



Merlin Evans,  
Drawn Together



Vanessa Hubbard,  
Freedom to Make



Spencer Knoll,  
Well-beeing Garden



Dilwara Talukder,  
Social Shapla



Li Williams,  
Social Shapla

# Trustees



Abira Hussain, Trustee



Elizabeth Goodburn, Trustee



Hadjer Nacer, Trustee



Philip Posner, Trustee



Roy Macgregor, Chair of Trustees



Sally Higginbottom, Trustee



Steven Yaxley, Trustee

# Moving Forward

## Antonia Attwood, Artistic Director

First of all I would like to thank my fantastic team. Without their hard work and dedication CHC would not be where it is today.

This year has been a year of radical change, not only with our name and branding but also our success getting more diversity amongst the participants accessing our services.

This was really important to us as a goal this year, after making our projects more sustainable we were able to work to engage harder to reach communities.

Having gone from a majority of white british participants to having more than 200 people from the Bengali community at our family day was a huge win for us. The continuity of Social Shapla and other inclusive activities will hopefully continue this success into next year.

It is with regret that we may be obliged to close our food bank in the next year. However we are developing an in house benefits advice service to support our community in a more sustainable way.

We welcome our new Youth Hub project and hope to diversify the age range of our participants.

We are looking forward to continuing the work we do and couldn't be more excited about what lies ahead.

Antonia Attwood  
Artistic Director, Creative Health Camden









## Contact Information



---

Email: [info@creativehealthcamden.com](mailto:info@creativehealthcamden.com)

---

Website: [www.creativehealthcamden.com](http://www.creativehealthcamden.com)

---

Photographs by  
**Antonia Attwood**  
**David Barreiro**



**Donate here**

Prepared by  
**Antonia Attwood**  
**Maddie Rose**



**RAMSAY BROWN**

CHARTERED ACCOUNTANTS

**KENTISH TOWN IMPROVEMENT FUND**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**1ST APRIL 2024**

**CHARITY NO. 1124077**



**KENTISH TOWN IMPROVEMENT FUND**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 1ST APRIL 2024**

**CONTENTS**

	<b><u>PAGE</u></b>
Charity Information	1
Trustees' Report	2 - 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8 - 11

**KENTISH TOWN IMPROVEMENT FUND****CHARITY INFORMATION****TRUSTEES:**

Dr. E. A. Goodburn  
Dr. P. Posner  
Dr. D. R. Macgregor  
Dr. S. Higginbottom  
Dr. H. Nacer-Laidi  
Dr. S. Yaxley  
Ms. A. Hussein

**CHARITY NUMBER:**

1124077

**REGISTERED OFFICE:**

James Wigg Practice  
Kentish Town Health Centre  
2 Bartholomew Road  
London  
NW5 2BX

**INDEPENDENT EXAMINER:**

Laurence Slavin  
Ramsay Brown LLP  
The Brentano Suite, Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

**CLIENT REFERENCE:**

K223

## **KENTISH TOWN IMPROVEMENT FUND**

### **TRUSTEES' REPORT**

#### **FOR THE YEAR ENDED 1ST APRIL 2024**

#### **KENTISH TOWN IMPROVEMENT FUND CHARITY INFORMATION**

The trustees present their report along with the financial statements for the year ended 1st April 2024. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011, and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

#### **1. REFERENCE AND ADMINISTRATIVE DETAILS**

The charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008. The trustees named on Page 1 have served throughout the year.

The trustees govern the activities of the charity, meeting five times a year. They employ an Artistic Director and two other part-time staff to deliver its services, alongside several freelance staff. Ramsay Brown LLP prepares the annual financial statements using financial records provided by the trustees. The information shown on Page 1 forms part of the trustees' report.

#### **2. STRUCTURE, GOVERNANCE AND MANAGEMENT**

The trustees are fully engaged in the work of the charity, with some taking special responsibility for different areas of work. Towards the end of the financial year under review, the trustees initiated a governance review and began updating the Articles of Association to reflect the importance of art in the services the charity has been offering for the past 16 years. These services are provided to patients at the James Wigg and Queens Crescent Medical Centres and residents of the London Borough of Camden.

##### **Risk Management**

The major risks to which the trust is exposed, as identified by the trustees, are regularly reviewed. Systems are in place and, where appropriate, professional advisors are appointed to mitigate those risks.

#### **3. OBJECTIVES AND ACTIVITIES**

Creative Health Camden (formerly known as Free Space Project) serves as the delivery body for the Kentish Town Improvement Fund. It provides practical support to Camden residents through non-pharmacological interventions, such as: Aromatherapy, Social Shapla for Bangladeshi Women, Breathing for Wellbeing, Drawn Together, Freedom to Make, Dance for Parkinson's, Well Being Garden and a Food Bank.

In addition to partnerships with the James Wigg and Queens Crescent Medical Centres, Creative Health Camden collaborates with other organisations on initiatives such as: Cycle Maintenance, Engage Here (for people living with neurodiversity or cognitive impairment), Advance Care Planning (helping people with terminal illnesses create living wills), Sing for Joy (a local community choir).

A total of 3,372 people benefited from the charity's work last year.

#### **4. ACHIEVEMENTS AND PERFORMANCE**

Last year, the charity secured significant funding for three major projects:

£23,950 from the Arts Council for the further development of Drawn Together, now in its third year. £20,000 from Awards for All (The National Lottery Community Fund) for the second year of Social Shapla. £15,000 from Camden Council for the Youth Hub. Additional smaller grants included: £2,740 from Camden & Islington Trust for the Wellbeing Project. £1,000 from Community Health Partnerships for the Social Shapla Garden Party.

The trustees express their gratitude for the main grant recorded in the accounts as My Gift to My Community, which has supported the charity's oncosts. The grant amounted to £145,000 in both 2023 and 2024.

Continued.....



## KENTISH TOWN IMPROVEMENT FUND

### TRUSTEES' REPORT

#### **Rebranding Success**

A significant highlight of the year was the charity's rebranding from Free Space Project to Creative Health Camden. After careful consideration, the board of trustees concluded that the charity's original name and branding no longer adequately reflected its vision, mission, and the evolving nature of its work. The new name, Creative Health Camden, was chosen to better represent the charity's core focus on fostering health and wellbeing through creative approaches. This rebranding also emphasizes the charity's deep connection to the local community and its commitment to serving the residents of Camden. The updated branding not only clarifies the organisation's purpose but also strengthens its identity, ensuring it remains relevant and impactful as it moves forward.

#### **5. FINANCIAL REVIEW**

##### **Reserves Policy**

In line with Charity Commission recommendations, the trustees have formally adopted a reserves policy. This recognizes the uneven nature of the trust's income and ensures sufficient reserves to support ongoing projects for six months. This amounts to £66,314, which can be used in line with the charity's objectives at the trustees' discretion.

The policy distinguishes fixed asset reserves, which are not freely available, from free reserves. The trustees believe these reserves are adequate for the continued efficient management of the trust.

##### **Investment Policy**

The trustees will consider social, environmental, ethical, and equality-related factors when setting any future investment policy.

##### **Financial Performance**

The trustees are pleased with the performance of the Kentish Town Improvement Fund, which has net assets of £306,168 (2023: £250,127). There was a net incoming resource of £56,041 in the current year (2023: net outgoing resource of £127,411).

The trust continues to receive an annual grant of £145,000 from My Gift to My Community, which is managed by the trustees to sustain the fund's performance.

#### **6. PLANS FOR THE FUTURE**

Creative Health Camden remains committed to promoting equity, diversity, and inclusion through initiatives such as Social Shapla, which empowers Bengali women by providing a safe, supportive space to connect, share experiences, and access resources.

The charity also plans to hire an in-house benefits advisor to support Camden residents, addressing poverty and inequality.

##### **Sustainability and Long-Term Impact**

Creative Health Camden will continue its long-term creative health projects, which foster self-expression, social connection, and personal growth. These initiatives promote mental and physical wellbeing, resilience, and a sense of belonging.

By developing sustainable, community-driven programs, Creative Health Camden aims to ensure that creative health remains a cornerstone of wellbeing in Camden.

Continued.....

**KENTISH TOWN IMPROVEMENT FUND****TRUSTEES' REPORT****STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice), including FRS 102.

Under the Charities Act 2011, trustees must prepare financial statements that:

Provide a true and fair view of the charity's financial activities and position.

Comply with applicable accounting standards and the Charities SORP.

When preparing these statements, trustees must:

- a. Select and apply suitable accounting policies consistently.
- b. Make reasonable and prudent judgments and estimates.
- c. State compliance with applicable standards or explain deviations.
- d. Prepare accounts on a going concern basis unless operations are expected to cease.

Trustees are also responsible for:

- Maintaining accurate accounting records.
- Safeguarding the charity's assets.
- Preventing and detecting fraud and other irregularities

**APPROVAL**

This report was approved by the trustees and signed on 15<sup>th</sup> Jan 2025 and signed on their behalf.

.....  
**Dr. D. R. Macgregor**  
**Trustee**

**KENTISH TOWN IMPROVEMENT FUND**

**INDEPENDENT EXAMINER'S REPORT**

**Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund**

I report to the charity trustees on my examination of the accounts of the company for the year ended 1 April 2024.

**Respective Responsibilities of Trustees and Independent Examiner**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Basis of Independent Examiner's Report**

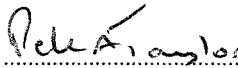
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all of the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

 .....

**Peter Taylor FCA**  
**Taylor Associates**  
**1st Floor, Gallery Court**  
**28 Arcadia Avenue**  
**Finchley, London**  
**N3 2FG**

**25<sup>th</sup> Feb 2025**



**KENTISH TOWN IMPROVEMENT FUND**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 1ST APRIL 2024**

		Unrestricted Funds	Restricted Funds	Total Funds 2024	Prior Year 2023
	Note	£	£	£	£
<b><u>INCOMING RESOURCES FROM GENERATED FUNDS:</u></b>					
<u>Voluntary Income:</u>					
Donations Received		-	2,859	2,859	1,495
Grants Received		-	214,686	214,686	12,586
<b><u>TOTAL INCOME RESOURCES</u></b>		- <hr/>	217,545 <hr/>	217,545 <hr/>	14,081 <hr/>
<b><u>RESOURCE EXPENDED</u></b>					
Freelancer Pay	2	-	63,060	63,060	67,865
Project Expenditure	3	-	18,229	18,229	11,537
Other Grant Expenditure	4	-	78,777	78,777	62,709
Governance Costs	5	-	1,439	1,439	(617)
<b><u>TOTAL RESOURCES EXPENDED</u></b>		- <hr/>	161,505 <hr/>	161,505 <hr/>	141,493 <hr/>
<b><u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u></b>		-	56,041	56,041	(127,411)
<b><u>TOTAL FUNDS BROUGHT FORWARD</u></b>		66,314 <hr/>	183,813 <hr/>	250,127 <hr/>	377,538 <hr/>
<b><u>TOTAL FUNDS CARRIED FORWARD</u></b>		66,314 <hr/> <hr/>	239,854 <hr/> <hr/>	306,168 <hr/> <hr/>	250,127 <hr/> <hr/>

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 8 to 11 form part of these accounts.

**KENTISH TOWN IMPROVEMENT FUND****BALANCE SHEET****AS AT 1ST APRIL 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Prior Year 2023 £
<b><u>CURRENT ASSETS:</u></b>					
Bank and Cash		66,314	258,919	325,233	262,336
Debtors		-	-	-	610
		<u>66,314</u>	<u>258,919</u>	<u>325,233</u>	<u>262,946</u>
<b><u>CREDITORS AND ACCRUALS</u></b>					
<b><u>Amounts falling due within one year</u></b>	6	<u>-</u>	<u>(19,065)</u>	<u>(19,065)</u>	<u>(12,819)</u>
NET CURRENT ASSET		<u>66,314</u>	<u>239,854</u>	<u>306,168</u>	<u>250,127</u>
<b><u>TOTAL ASSETS LESS CURRENT LIABILITIES</u></b>		<u><u>66,314</u></u>	<u><u>239,854</u></u>	<u><u>306,168</u></u>	<u><u>250,127</u></u>
<b><u>CAPITAL</u></b>					
UNRESTRICTED FUND				66,314	65,009
RESTRICTED FUND				<u>239,854</u>	<u>185,118</u>
TOTAL CHARITY FUNDS				<u><u>306,168</u></u>	<u><u>250,127</u></u>

The notes on pages 8 to 11 form part of these accounts.

The financial statements on pages 6 to 11 were approved by the board of trustees on 15<sup>th</sup> Jan 2025.

.....  
**Dr. D. R. Macgregor**  
**Trustee**

**KENTISH TOWN IMPROVEMENT FUND**

**NOTES TO THE ACCOUNTS**

**FOR THE YEAR ENDED 1ST APRIL 2024**

**1 ACCOUNTING POLICIES**

**Basis of Preparation of Accounts**

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

**Incoming Resources**

Income is accounted for as received by the charity. The income is shown gross.

**Irrecoverable VAT**

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

**Grant**

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

**Governance Costs**

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

**Debtors**

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.



**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024****ACCOUNTING POLICIES (continued)****Financial instruments**

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Critical Accounting Estimates and Judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

**2 FREELANCER PAY**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Grant - Arts Council - Antonia Attwood	100	-
Grant - Arts Council - Emily Bradfield	-	2,750
Grant - Arts Council - Eve Loren Mundy	-	5
Grant - Arts Council - Merlin Strangeway	3,000	445
Grant - Arts Council - Re-Creational	100	-
Grant - Arts Council - Ryan Prince	100	-
Grant - Baring Foundation - Art Stars	7,412	12,360
Grant - Baring Foundation - Assemble Design Ltd	317	-
Grant - Baring Foundation - Dilwara Talukder	5,778	1,530
Grant - Baring Foundation - Maryam Luong Face Painting	240	-
Grant - Baring Foundation - Rahima Begum	788	-
Grant - Baring Foundation - Sara Abu-Sala	135	-
Grant - Baring Foundation - Shewli Begum	120	-
Grant - Camden and Islington Trust - Julie Wernys	405	-
Grant - London Borough of Camden Youth Hub - Art Stars	1,080	-
Grant - MGTMC Core - A M Richardson	5,250	4,500
Grant - MGTMC Core - Antonia Attwood	1,800	167
Grant - MGTMC Core - Art Stars	180	-
Grant - MGTMC Core - Bloomsbury Beginnings CIC	-	263
Grant - MGTMC Core - Catriona Andrew	720	810
Grant - MGTMC Core - Charlie Blowers	570	820
Grant - MGTMC Core - Dance For Parkinsons	6,055	6,420
Grant - MGTMC Core - Daniel McGill	-	750
Grant - MGTMC Core - David Barreiro Vila	500	-
Grant - MGTMC Core - E Kosumi	70	-
Grant - MGTMC Core - Elinor Rowlands	1,150	-
Grant - MGTMC Core - Ellie Cavalli	2,150	980
Grant - MGTMC Core - Georgia Clemson	1,351	614
Grant - MGTMC Core - Grace Smith	180	16
Grant - MGTMC Core - Guido Balbo di Vinadio	70	-
Grant - MGTMC Core - Hannah Mayall	1,064	429
Grant - MGTMC Core - Ian Critchley	-	46
Grant - MGTMC Core - Iko-Ojo Mercy Haruna	-	150

Continued.....

**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024**

Continued....

Grant - MGTMC Core - Lucy Levene	-	150
Grant - MGTMC Core - Madeline Rose	4,680	3,150
Grant - MGTMC Core - Maxwell Greenhalgh	70	100
Grant - MGTMC Core - Melissa Newbery Welcome	70	-
Grant - MGTMC Core - Sophia Oshodin	-	1,676
Grant - MGTMC Core - Tadhg Booth	-	140
Grant - MGTMC Core - The Phoenix Gardener	3,780	-
Grant - MGTMC Core - Tony Byers	99	1,565
Grant - MGTMC Core - Tracy Childs (Aromatherapy)	3,150	4,680
Grant - MGTMC Core - Vanessa Hubbard	4,230	3,780
Grant - National Lottery Community - Eve Loren Mundy	-	10,120
Grant - National Lottery Community - Merlin Strangeway	6,296	9,449
	<u>63,060</u>	<u>67,865</u>

**3 PROJECT EXPENDITURE**

	<u>2024</u>	<u>2023</u>
	£	£
Grant - Arts Council - Merlin Strangeway	1,133	-
Grant - Arts Council - Other Expenses	-	1,786
Grant - Baring Foundation - Art Stars	4,551	-
Grant - Baring Foundation - Other Expenses	270	227
Grant - Camden and Islington Trust - Other Expenses	180	120
Grant - Community Health Partnerships	1,521	-
Grant - London Borough of Camden Youth Hub - Art Stars	148	-
Grant - London Borough of Camden Youth Hub - Other Expenses	252	-
Grant - MGTMC Core - All Is Joy	240	-
Grant - MGTMC Core - Antonia Attwood	395	-
Grant - MGTMC Core - Art Stars	90	-
Grant - MGTMC Core - Dr Elizabeth Anne Goodburn	17	-
Grant - MGTMC Core - Dr Roy Macgregor	168	-
Grant - MGTMC Core - Georgia Clemson	137	-
Grant - MGTMC Core - Grace Smith	13	-
Grant - MGTMC Core - Hannah Mayall	37	-
Grant - MGTMC Core - James Wigg Practice	784	2,464
Grant - MGTMC Core - Madeline Rose	192	-
Grant - MGTMC Core - Other Expenses	7,237	6,940
Grant - MGTMC Core - The Phoenix Gardener	705	-
Grant - MGTMC Core - Vanessa Hubbard	117	-
Grant - National Lottery Community - Merlin Strangeway	42	-
	<u>18,229</u>	<u>11,537</u>

**4 OTHER GRANT EXPENDITURE**

	<u>2024</u>	<u>2023</u>
	£	£
Grant - Citizens Advice Bureau - Expenditure	-	4,028
Grant - MGTMC Core - Advertising & Marketing	245	175
Grant - MGTMC Core - Artistic Director	35,682	29,344

Continued.....

**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024**

Continued....

Grant - MGTMC Core - Bookkeeping Fees	1,607	1,607
Grant - MGTMC Core - Charity Coordinator	30,035	16,341
Grant - MGTMC Core - Exhibitions Assistant	5,373	6,543
Grant - MGTMC Core - Insurance	1,084	1,069
Grant - MGTMC Core - IT and Communications	826	358
Grant - MGTMC Core - Payroll Costs	2,155	743
Grant - MGTMC Core - Printing & Stationery	687	455
Grant - MGTMC Core - Room Bookings	1,081	410
Grant - MGTMC Core - Staff Training	2	1,527
Grant - MGTMC Core - Travel	-	38
Grant - National Lottery Community - Travel	-	71
	<u>78,777</u>	<u>62,709</u>

**5 GOVERNANCE COSTS**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Accountancy Fees	1,020	(970)
Bank Charges and Interest	419	353
	<u>1,439</u>	<u>(617)</u>

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

**6 CREDITORS AND ACCRUALS**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	96	32
Accruals	18,935	12,753
	<u>19,065</u>	<u>12,819</u>

**7 RELATED PARTY TRANSACTIONS**

There were no related party transactions during the year.





**RAMSAY BROWN**

CHARTERED ACCOUNTANTS

**KENTISH TOWN IMPROVEMENT FUND**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**1ST APRIL 2024**

**CHARITY NO. 1124077**

**KENTISH TOWN IMPROVEMENT FUND**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 1ST APRIL 2024**

**CONTENTS**

	<b><u>PAGE</u></b>
Charity Information	1
Trustees' Report	2 - 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8 - 11

**KENTISH TOWN IMPROVEMENT FUND****CHARITY INFORMATION****TRUSTEES:**

Dr. E. A. Goodburn  
Dr. P. Posner  
Dr. D. R. Macgregor  
Dr. S. Higginbottom  
Dr. H. Nacer-Laidi  
Dr. S. Yaxley  
Ms. A. Hussein

**CHARITY NUMBER:**

1124077

**REGISTERED OFFICE:**

James Wigg Practice  
Kentish Town Health Centre  
2 Bartholomew Road  
London  
NW5 2BX

**INDEPENDENT EXAMINER:**

Laurence Slavin  
Ramsay Brown LLP  
The Brentano Suite, Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

**CLIENT REFERENCE:**

K223



## **KENTISH TOWN IMPROVEMENT FUND**

### **TRUSTEES' REPORT**

#### **FOR THE YEAR ENDED 1ST APRIL 2024**

#### **KENTISH TOWN IMPROVEMENT FUND CHARITY INFORMATION**

The trustees present their report along with the financial statements for the year ended 1st April 2024. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011, and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

#### **1. REFERENCE AND ADMINISTRATIVE DETAILS**

The charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008. The trustees named on Page 1 have served throughout the year.

The trustees govern the activities of the charity, meeting five times a year. They employ an Artistic Director and two other part-time staff to deliver its services, alongside several freelance staff. Ramsay Brown LLP prepares the annual financial statements using financial records provided by the trustees. The information shown on Page 1 forms part of the trustees' report.

#### **2. STRUCTURE, GOVERNANCE AND MANAGEMENT**

The trustees are fully engaged in the work of the charity, with some taking special responsibility for different areas of work. Towards the end of the financial year under review, the trustees initiated a governance review and began updating the Articles of Association to reflect the importance of art in the services the charity has been offering for the past 16 years. These services are provided to patients at the James Wigg and Queens Crescent Medical Centres and residents of the London Borough of Camden.

##### **Risk Management**

The major risks to which the trust is exposed, as identified by the trustees, are regularly reviewed. Systems are in place and, where appropriate, professional advisors are appointed to mitigate those risks.

#### **3. OBJECTIVES AND ACTIVITIES**

Creative Health Camden (formerly known as Free Space Project) serves as the delivery body for the Kentish Town Improvement Fund. It provides practical support to Camden residents through non-pharmacological interventions, such as: Aromatherapy, Social Shapla for Bangladeshi Women, Breathing for Wellbeing, Drawn Together, Freedom to Make, Dance for Parkinson's, Well Being Garden and a Food Bank.

In addition to partnerships with the James Wigg and Queens Crescent Medical Centres, Creative Health Camden collaborates with other organisations on initiatives such as: Cycle Maintenance, Engage Here (for people living with neurodiversity or cognitive impairment), Advance Care Planning (helping people with terminal illnesses create living wills), Sing for Joy (a local community choir).

A total of 3,372 people benefited from the charity's work last year.

#### **4. ACHIEVEMENTS AND PERFORMANCE**

Last year, the charity secured significant funding for three major projects:

£23,950 from the Arts Council for the further development of Drawn Together, now in its third year. £20,000 from Awards for All (The National Lottery Community Fund) for the second year of Social Shapla. £15,000 from Camden Council for the Youth Hub. Additional smaller grants included: £2,740 from Camden & Islington Trust for the Wellbeing Project. £1,000 from Community Health Partnerships for the Social Shapla Garden Party.

The trustees express their gratitude for the main grant recorded in the accounts as My Gift to My Community, which has supported the charity's oncosts. The grant amounted to £145,000 in both 2023 and 2024.

Continued.....

## KENTISH TOWN IMPROVEMENT FUND

### TRUSTEES' REPORT

#### **Rebranding Success**

A significant highlight of the year was the charity's rebranding from Free Space Project to Creative Health Camden. After careful consideration, the board of trustees concluded that the charity's original name and branding no longer adequately reflected its vision, mission, and the evolving nature of its work. The new name, Creative Health Camden, was chosen to better represent the charity's core focus on fostering health and wellbeing through creative approaches. This rebranding also emphasizes the charity's deep connection to the local community and its commitment to serving the residents of Camden. The updated branding not only clarifies the organisation's purpose but also strengthens its identity, ensuring it remains relevant and impactful as it moves forward.

## **5. FINANCIAL REVIEW**

#### **Reserves Policy**

In line with Charity Commission recommendations, the trustees have formally adopted a reserves policy. This recognizes the uneven nature of the trust's income and ensures sufficient reserves to support ongoing projects for six months. This amounts to £66,314, which can be used in line with the charity's objectives at the trustees' discretion.

The policy distinguishes fixed asset reserves, which are not freely available, from free reserves. The trustees believe these reserves are adequate for the continued efficient management of the trust.

#### **Investment Policy**

The trustees will consider social, environmental, ethical, and equality-related factors when setting any future investment policy.

#### **Financial Performance**

The trustees are pleased with the performance of the Kentish Town Improvement Fund, which has net assets of £306,168 (2023: £250,127). There was a net incoming resource of £56,041 in the current year (2023: net outgoing resource of £127,411).

The trust continues to receive an annual grant of £145,000 from My Gift to My Community, which is managed by the trustees to sustain the fund's performance.

## **6. PLANS FOR THE FUTURE**

Creative Health Camden remains committed to promoting equity, diversity, and inclusion through initiatives such as Social Shapla, which empowers Bengali women by providing a safe, supportive space to connect, share experiences, and access resources.

The charity also plans to hire an in-house benefits advisor to support Camden residents, addressing poverty and inequality.

#### **Sustainability and Long-Term Impact**

Creative Health Camden will continue its long-term creative health projects, which foster self-expression, social connection, and personal growth. These initiatives promote mental and physical wellbeing, resilience, and a sense of belonging.

By developing sustainable, community-driven programs, Creative Health Camden aims to ensure that creative health remains a cornerstone of wellbeing in Camden.

Continued.....

## **KENTISH TOWN IMPROVEMENT FUND**

### **TRUSTEES' REPORT**

#### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice), including FRS 102.

Under the Charities Act 2011, trustees must prepare financial statements that:

Provide a true and fair view of the charity's financial activities and position.  
Comply with applicable accounting standards and the Charities SORP.

When preparing these statements, trustees must:

- a. Select and apply suitable accounting policies consistently.
- b. Make reasonable and prudent judgments and estimates.
- c. State compliance with applicable standards or explain deviations.
- d. Prepare accounts on a going concern basis unless operations are expected to cease.

Trustees are also responsible for:

- Maintaining accurate accounting records.
- Safeguarding the charity's assets.
- Preventing and detecting fraud and other irregularities

#### **APPROVAL**

This report was approved by the trustees and signed on 15<sup>th</sup> Jan 2025 and signed on their behalf.

.....  
**Dr. D. R. Macgregor**  
**Trustee**

**KENTISH TOWN IMPROVEMENT FUND**

**INDEPENDENT EXAMINER'S REPORT**

**Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund**

I report to the charity trustees on my examination of the accounts of the company for the year ended 1 April 2024.

**Respective Responsibilities of Trustees and Independent Examiner**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Basis of Independent Examiner's Report**

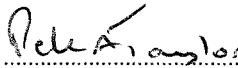
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all of the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

 .....

**Peter Taylor FCA**  
**Taylor Associates**  
**1st Floor, Gallery Court**  
**28 Arcadia Avenue**  
**Finchley, London**  
**N3 2FG**

**25<sup>th</sup> Feb 2025**



**KENTISH TOWN IMPROVEMENT FUND**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 1ST APRIL 2024**

		Unrestricted Funds	Restricted Funds	Total Funds 2024	Prior Year 2023
	Note	£	£	£	£
<b><u>INCOMING RESOURCES FROM GENERATED FUNDS:</u></b>					
<u>Voluntary Income:</u>					
Donations Received		-	2,859	2,859	1,495
Grants Received		-	214,686	214,686	12,586
<b><u>TOTAL INCOME RESOURCES</u></b>		-	217,545	217,545	14,081
<b><u>RESOURCE EXPENDED</u></b>					
Freelancer Pay	2	-	63,060	63,060	67,865
Project Expenditure	3	-	18,229	18,229	11,537
Other Grant Expenditure	4	-	78,777	78,777	62,709
Governance Costs	5	-	1,439	1,439	(617)
<b><u>TOTAL RESOURCES EXPENDED</u></b>		-	161,505	161,505	141,493
<b><u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u></b>		-	56,041	56,041	(127,411)
<b><u>TOTAL FUNDS BROUGHT FORWARD</u></b>		66,314	183,813	250,127	377,538
<b><u>TOTAL FUNDS CARRIED FORWARD</u></b>		66,314	239,854	306,168	250,127

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 8 to 11 form part of these accounts.

**KENTISH TOWN IMPROVEMENT FUND****BALANCE SHEET****AS AT 1ST APRIL 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Prior Year 2023 £
<b><u>CURRENT ASSETS:</u></b>					
Bank and Cash		66,314	258,919	325,233	262,336
Debtors		-	-	-	610
		<u>66,314</u>	<u>258,919</u>	<u>325,233</u>	<u>262,946</u>
<b><u>CREDITORS AND ACCRUALS</u></b>					
<b><u>Amounts falling due within one year</u></b>	6	<u>-</u>	<u>(19,065)</u>	<u>(19,065)</u>	<u>(12,819)</u>
NET CURRENT ASSET		<u>66,314</u>	<u>239,854</u>	<u>306,168</u>	<u>250,127</u>
<b><u>TOTAL ASSETS LESS CURRENT LIABILITIES</u></b>		<u><u>66,314</u></u>	<u><u>239,854</u></u>	<u><u>306,168</u></u>	<u><u>250,127</u></u>
<b><u>CAPITAL</u></b>					
UNRESTRICTED FUND				66,314	65,009
RESTRICTED FUND				<u>239,854</u>	<u>185,118</u>
TOTAL CHARITY FUNDS				<u><u>306,168</u></u>	<u><u>250,127</u></u>

The notes on pages 8 to 11 form part of these accounts.

The financial statements on pages 6 to 11 were approved by the board of trustees on 15<sup>th</sup> Jan 2025.

.....  
**Dr. D. R. Macgregor**  
**Trustee**

**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024****1 ACCOUNTING POLICIES****Basis of Preparation of Accounts**

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

**Incoming Resources**

Income is accounted for as received by the charity. The income is shown gross.

**Irrecoverable VAT**

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

**Grant**

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

**Governance Costs**

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

**Debtors**

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024****ACCOUNTING POLICIES (continued)****Financial instruments**

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Critical Accounting Estimates and Judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

**2 FREELANCER PAY**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Grant - Arts Council - Antonia Attwood	100	-
Grant - Arts Council - Emily Bradfield	-	2,750
Grant - Arts Council - Eve Loren Mundy	-	5
Grant - Arts Council - Merlin Strangeway	3,000	445
Grant - Arts Council - Re-Creational	100	-
Grant - Arts Council - Ryan Prince	100	-
Grant - Baring Foundation - Art Stars	7,412	12,360
Grant - Baring Foundation - Assemble Design Ltd	317	-
Grant - Baring Foundation - Dilwara Talukder	5,778	1,530
Grant - Baring Foundation - Maryam Luong Face Painting	240	-
Grant - Baring Foundation - Rahima Begum	788	-
Grant - Baring Foundation - Sara Abu-Sala	135	-
Grant - Baring Foundation - Shewli Begum	120	-
Grant - Camden and Islington Trust - Julie Wernys	405	-
Grant - London Borough of Camden Youth Hub - Art Stars	1,080	-
Grant - MGTMC Core - A M Richardson	5,250	4,500
Grant - MGTMC Core - Antonia Attwood	1,800	167
Grant - MGTMC Core - Art Stars	180	-
Grant - MGTMC Core - Bloomsbury Beginnings CIC	-	263
Grant - MGTMC Core - Catriona Andrew	720	810
Grant - MGTMC Core - Charlie Blowers	570	820
Grant - MGTMC Core - Dance For Parkinsons	6,055	6,420
Grant - MGTMC Core - Daniel McGill	-	750
Grant - MGTMC Core - David Barreiro Vila	500	-
Grant - MGTMC Core - E Kosumi	70	-
Grant - MGTMC Core - Elinor Rowlands	1,150	-
Grant - MGTMC Core - Ellie Cavalli	2,150	980
Grant - MGTMC Core - Georgia Clemson	1,351	614
Grant - MGTMC Core - Grace Smith	180	16
Grant - MGTMC Core - Guido Balbo di Vinadio	70	-
Grant - MGTMC Core - Hannah Mayall	1,064	429
Grant - MGTMC Core - Ian Critchley	-	46
Grant - MGTMC Core - Iko-Ojo Mercy Haruna	-	150

Continued.....



**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024**

Continued....

Grant - MGTMC Core - Lucy Levene	-	150
Grant - MGTMC Core - Madeline Rose	4,680	3,150
Grant - MGTMC Core - Maxwell Greenhalgh	70	100
Grant - MGTMC Core - Melissa Newbery Welcome	70	-
Grant - MGTMC Core - Sophia Oshodin	-	1,676
Grant - MGTMC Core - Tadhg Booth	-	140
Grant - MGTMC Core - The Phoenix Gardener	3,780	-
Grant - MGTMC Core - Tony Byers	99	1,565
Grant - MGTMC Core - Tracy Childs (Aromatherapy)	3,150	4,680
Grant - MGTMC Core - Vanessa Hubbard	4,230	3,780
Grant - National Lottery Community - Eve Loren Mundy	-	10,120
Grant - National Lottery Community - Merlin Strangeway	6,296	9,449
	<u>63,060</u>	<u>67,865</u>

**3 PROJECT EXPENDITURE**

	<u>2024</u>	<u>2023</u>
	£	£
Grant - Arts Council - Merlin Strangeway	1,133	-
Grant - Arts Council - Other Expenses	-	1,786
Grant - Baring Foundation - Art Stars	4,551	-
Grant - Baring Foundation - Other Expenses	270	227
Grant - Camden and Islington Trust - Other Expenses	180	120
Grant - Community Health Partnerships	1,521	-
Grant - London Borough of Camden Youth Hub - Art Stars	148	-
Grant - London Borough of Camden Youth Hub - Other Expenses	252	-
Grant - MGTMC Core - All Is Joy	240	-
Grant - MGTMC Core - Antonia Attwood	395	-
Grant - MGTMC Core - Art Stars	90	-
Grant - MGTMC Core - Dr Elizabeth Anne Goodburn	17	-
Grant - MGTMC Core - Dr Roy Macgregor	168	-
Grant - MGTMC Core - Georgia Clemson	137	-
Grant - MGTMC Core - Grace Smith	13	-
Grant - MGTMC Core - Hannah Mayall	37	-
Grant - MGTMC Core - James Wigg Practice	784	2,464
Grant - MGTMC Core - Madeline Rose	192	-
Grant - MGTMC Core - Other Expenses	7,237	6,940
Grant - MGTMC Core - The Phoenix Gardener	705	-
Grant - MGTMC Core - Vanessa Hubbard	117	-
Grant - National Lottery Community - Merlin Strangeway	42	-
	<u>18,229</u>	<u>11,537</u>

**4 OTHER GRANT EXPENDITURE**

	<u>2024</u>	<u>2023</u>
	£	£
Grant - Citizens Advice Bureau - Expenditure	-	4,028
Grant - MGTMC Core - Advertising & Marketing	245	175
Grant - MGTMC Core - Artistic Director	35,682	29,344

Continued.....

**KENTISH TOWN IMPROVEMENT FUND****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2024**

Continued....

Grant - MGTMC Core - Bookkeeping Fees	1,607	1,607
Grant - MGTMC Core - Charity Coordinator	30,035	16,341
Grant - MGTMC Core - Exhibitions Assistant	5,373	6,543
Grant - MGTMC Core - Insurance	1,084	1,069
Grant - MGTMC Core - IT and Communications	826	358
Grant - MGTMC Core - Payroll Costs	2,155	743
Grant - MGTMC Core - Printing & Stationery	687	455
Grant - MGTMC Core - Room Bookings	1,081	410
Grant - MGTMC Core - Staff Training	2	1,527
Grant - MGTMC Core - Travel	-	38
Grant - National Lottery Community - Travel	-	71
	<u>78,777</u>	<u>62,709</u>

**5 GOVERNANCE COSTS**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Accountancy Fees	1,020	(970)
Bank Charges and Interest	419	353
	<u>1,439</u>	<u>(617)</u>

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

**6 CREDITORS AND ACCRUALS**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b>£</b>	<b>£</b>
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	96	32
Accruals	18,935	12,753
	<u>19,065</u>	<u>12,819</u>

**7 RELATED PARTY TRANSACTIONS**

There were no related party transactions during the year.