



RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
1ST APRIL 2021

CHARITY NO. 1124077

KENTISH TOWN IMPROVEMENT FUND
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 1ST APRIL 2021

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KENTISH TOWN IMPROVEMENT FUND**CHARITY INFORMATION****TRUSTEES:**

Dr. E. A. Goodburn
Dr. P. Posner
Dr. D. R. MacGregor
Dr. S. Higginbottom
Dr. H. Nacer-Laidi
Dr. S. Yaxley
Ms. A. Hussein

CHARITY NUMBER:

1124077

REGISTERED OFFICE:

James Wigg Practice
Kentish Town Health Centre
2 Bartholomew Road
London
NW5 2BX

INDEPENDENT EXAMINER:

Laurence Slavin
Ramsay Brown LLP
The Brentano Suite, Solar House
915 High Road
North Finchley
London
N12 8QJ

CLIENT REFERENCE:

K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2021

The trustees present their report along with the financial statements for the year ended 1st April 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The Charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008.

The trustees named on page 1 have served throughout the year. The trustees run the day to day activities of the Charity personally and do not employ any staff. Ramsay Brown LLP prepare the annual financial statements using financial records prepared by the trustees. The information shown on page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees consider that the affairs of the Charity are straightforward and do not require a complicated regime of governance. The trustees are regularly in touch and meet formally four times a year. The trustees have in mind the need to provide for trustees' succession and when new trustees are appointed the trustees will ensure that they are properly inducted and trained.

3. OBJECTIVES AND ACTIVITIES

The objects of the Charity are charitable objects or purposes concerned with the benefit of the community living in the London Borough of Camden and the surrounding areas by the promotion of health, the advancement of education and the relief of poverty, sickness and distress.

The Charity achieves these objectives by the trustees making financial grants to organisations. The trustees made a small number of grants to organisations for charitable purposes within the objects set out above. The charity also offers financial support to a range of services at Kentish Town Health Centre including social and healthcare, multi-disciplinary interactive healthcare and education training, and support groups for sufferers of long term conditions.

4. ACHIEVEMENTS AND PERFORMANCE

The trustees are pleased to state that the trust has sufficient funds to meet its current and future obligations, and that such reserves as it maintains are considered to be reasonable.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are and will continue to be regularly reviewed, and systems have been and will be established, and where appropriate, professional advisors have been or will be appointed to mitigate those risks.

5. FINANCIAL REVIEW

During the year ended 1st April 2021 the trust received donated funds of £433,244 (2020: £75,007), now presented in the accounts as My Gift to My Community.

Our primary sponsor comments:

"My support to the community stems from a desire to tackle inequality and injustice. The Kentish Town Improvement Fund was set up with a broad agenda. It has delivered targeted help since 2008. It is important this continues."

As a National exemplar we must continue without erosion of our principles. It is necessary to restrict our core funding to deliver the primary care initiatives we have developed. These are unique, as they are Primary Care based, not hospital funded or delivered in Secondary Care.

The Free Space Project now delivers a programme of Arts and Health activity that is a leading example of what can be delivered in Primary Care. The Social prescribing agenda specifically adds to the repertoire of the possibilities for doctors and nurses to prescribe, or direct patients towards. Our research has shown a decrease in antidepressant medication prescribing and fewer GP appointments in the cohort benefiting from FSP funded initiatives.

Continued.....

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

Continued...

Community Health Partnerships - a wholly owned Department of Health property section - sights the FSP as a National exemplar across their estate. This now comprises more than 250 Health Centres built over the last 12 years. The FSP intends to show case what can be delivered to tackle difficult community problems, which do not currently have mainstream support.

We intend to deliver an expanding programme of Social Prescribing initiatives. It is important our funding is targeted and restricted to ensure our success.

The trustees are pleased with the performance of Kentish Town Improvement Fund which has net assets of £443,253 (2020: £138,256). There was a net incoming resources of £304,997 in the current year (2020: outgoing resources of £35,726). The trust also continues to utilise a donation of £250,000 received in the year-ended 1st April 2014, another £250,000 received in the year-ended 1st April 2018 and £375,000 received in the year-ended 1st April 2021 to enable it to continue to fund the ongoing implementation of its objectives.

Reserves Policy

In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. This recognises that the income of the trust does not arise evenly year on year and so to enable the trust to plan its activities it is prudent to hold reserves. The Trustees consider it wise to hold unrestricted funds to satisfy ongoing projects for 6 months. This equates to £65,009 as in the proposed budget.(Attached). The policy also recognises that the reserves that represent the fixed assets of the trust are not freely available and thus are to be distinguished from free reserves. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

Investment Policy

The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

6. PLANS FOR THE FUTURE

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Charity's trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The trustees are required under the Charities Act 2011 to prepare financial statements for each financial year which gives a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year (unless the charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- a. select suitable accounting policies and apply them consistently;
- b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);
- c. make judgments and estimates that are reasonable and prudent;
- d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KENTISH TOWN IMPROVEMENT FUND**TRUSTEES' REPORT****APPROVAL**

This report was approved by the trustees and signed on 2022 and signed on their behalf.

.....
Dr. D. R. MacGregor
Trustee



KENTISH TOWN IMPROVEMENT FUND**INDEPENDENT EXAMINER'S REPORT****Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund**

In accordance with your instructions we have examined without carrying out an audit, the accounts for the year ended 1 April 2021.

Respective Responsibilities of Trustees and Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

2022

**Laurence Slavin
Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ**

KENTISH TOWN IMPROVEMENT FUND
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 1ST APRIL 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Prior Year 2020
	Note	£	£	£	£
<u>INCOMING RESOURCES FROM GENERATED FUNDS:</u>					
<u>Voluntary Income:</u>					
Donations Received		55,000	329,331	384,331	12,307
Grants Received		-	48,913	48,913	62,700
		<u>55,000</u>	<u>378,244</u>	<u>433,244</u>	<u>75,007</u>
<u>TOTAL INCOME RESOURCES</u>					
<u>RESOURCE EXPENDED</u>					
Grants	2	-	62,457	62,457	58,957
Running Costs	3	-	63,144	63,144	48,926
Governance Costs	4	-	2,646	2,646	2,850
		<u>-</u>	<u>128,247</u>	<u>128,247</u>	<u>110,733</u>
<u>TOTAL RESOURCES EXPENDED</u>					
		55,000	249,997	304,997	(35,726)
<u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u>					
<u>TOTAL FUNDS BROUGHT FORWARD</u>		<u>10,009</u>	<u>128,247</u>	<u>138,256</u>	<u>173,982</u>
<u>TOTAL FUNDS CARRIED FORWARD</u>		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND**BALANCE SHEET****AS AT 1ST APRIL 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
<u>CURRENT ASSETS:</u>					
Bank and Cash		65,009	405,885	470,894	163,865
		<u>65,009</u>	<u>405,885</u>	<u>470,894</u>	<u>163,865</u>
<u>CREDITORS AND ACCRUALS</u>					
<u>Amounts falling due within one year</u>	5	-	(27,641)	(27,641)	(25,609)
		<u>-</u>	<u>(27,641)</u>	<u>(27,641)</u>	<u>(25,609)</u>
NET CURRENT ASSET		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>
<u>TOTAL ASSETS LESS CURRENT LIABILITIES</u>		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>
<u>CAPITAL</u>					
UNRESTRICTED FUND				65,009	10,009
RESTRICTED FUND				<u>378,244</u>	<u>128,247</u>
TOTAL CHARITY FUNDS				<u>443,253</u>	<u>138,256</u>

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on 2022.

.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021****ACCOUNTING POLICIES (continued)****Financial instruments**

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2

GRANTS

	<u>2021</u>	<u>2020</u>
	£	£
Aromatherapy Sessions	4,740	4,410
Baby Sing-A-Long	5,225	2,312
Musical Moving	-	2,870
Saber Ali – Arts Facilitator	1,300	-
Rebecca J Vaughan – BSL Video	80	-
Ibrahim Azab – Arts Commission	75	-
Alejandra Picco	-	200
Antonia Attwood	-	150
Beth Hopkins	-	1,500
Caroline Bradley	-	88
Chris Cawkwell	120	300
Dance For Parkinson's	5,185	2,510
Daniel Sumpton	-	140
Liz Orton	-	400
Marie-Louise Plum	-	1,300
Michael Crossan	-	150
The English Folk Dance and Song Society	-	250
The NW Live Foundation	-	850
Tim Boddy Photography	-	160
Citizen Advice Bureau	17,687	32,312
Arts & Health Hub Project	125	9,055
Creative Wellbeing	6,180	-
BP Consulting	2,500	-
Clinical Supervision	1,540	-
Mindful Transformation Exhibition	1,050	-
Intro To Drawing Course	600	-
Virtual Exhibition	2,970	-
On A Scale of 1-10 Exhibition	2,675	-
Freedom to Make Online Sessions	2,200	-
Hulkes Lane Darkroom Studio	230	-
The Support Hub	1,550	-
Zo & Co Consulting	850	-
National Lottery Community Fund Project	175	-
Drawn Together Program	2,100	-

Continued.....

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021**

Continued....

Emily Bradfield	1,500	-
Freedom to Be Project	1,750	-
Vanessa Hubbard	50	-
	<hr/>	<hr/>
	62,457	58,957
	<hr/>	<hr/>

3 RUNNING COSTS

	<u>2021</u>	<u>2020</u>
	£	£
Advertising and Marketing	396	1,405
Arts Coordinator	15,459	13,119
Arts Director	28,024	22,943
Artist Material	9,405	2,020
Entertaining	-	603
Gardening	926	(853)
General Expenses	384	278
Insurance	836	832
Printing, Postage and Stationery	367	16
Repairs and Equipment	2,357	1,761
Room Bookings	105	2,898
Subscriptions	2,283	1,384
Telephone and IT costs	1,007	895
Training Costs	1,433	411
Travel Costs	162	1,214
	<hr/>	<hr/>
	63,144	48,926
	<hr/>	<hr/>

4 GOVERNANCE COSTS

	<u>2021</u>	<u>2020</u>
	£	£
Accountancy Fees	804	750
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	235	493
	<hr/>	<hr/>
	2,646	2,850
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None of the trustees received any remuneration during the above two years for acting as trustees.

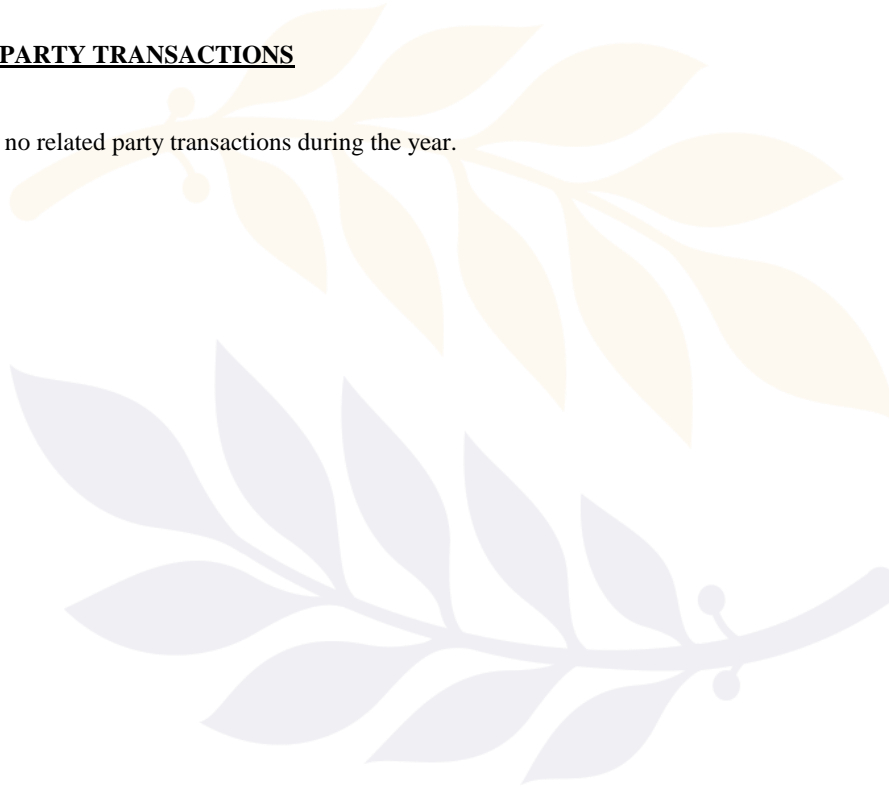
No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021****5 CREDITORS AND ACCRUALS**

	<u>2021</u>	<u>2020</u>
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	32	32
Accruals	27,575	25,543
	<hr/>	<hr/>
	27,641	25,609
	<hr/>	<hr/>

6 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.



Virtual Cabinet Portal Digital Signatures

Digital Signature Verification

You can verify that this is a genuine Virtual Cabinet Document Portal signed document by uploading it to the following secure web page:

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Signature Dates and Times

All dates and times shown in the signatures below are expressed in Coordinated Universal Time (UTC), which is generally equivalent to GMT.

You can find out more about UTC at the following web page:

<http://www.virtualcabinetportal.com/WhatIsUTC>

Signature 1

Signed by Roy Macgregor using authentication code YixnOFF4KTFhV283 at IP address 80.0.167.58, on 2022/01/28 15:26:27 Z.

Roy Macgregor's e-mail address is: roy.macgregor7@gmail.com.



Free Space Project

Who we are:

We are a pioneering charity supporting arts and community initiatives within Kentish Town Health Centre in north London. We work at the intersection of community, health and the arts to engage individuals with creative and social activities that explore their individual wellbeing. We work in partnership with the James Wigg and Queens Crescent GP practices as part of a social prescribing model.

How we work:

We work closely with the clinical staff at both our NHS practices; using a Social Prescribing model to refer patients to activities. All our events and activities are also open to people living in the borough of Camden through a self-referral process. These activities are designed to improve health and wellbeing through the arts and holistic care. Ranging from exhibitions and talks in the Health Centre, to individual programmes of workshops or activities. We also work in partnership with other organisations to design projects suitable for the wider community.

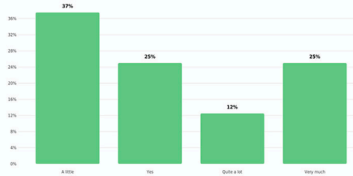
Our ethos:



The trustees will act as an overarching “board” responsible for developing and approving the charity’s mission, strategic goals and objectives. The operational management team will be supported to deliver the direction set by the trustees. Individual Trustees will contribute their expertise and direction, where this can assist and enhance the charity’s performance.



We will provide and signpost a wide range of activities to support wellbeing. As we are based in a GP practice these services are provided for patients and centre users in addition to usual NHS services. This will provide a range of social prescribing possibilities for clinicians. Some services will be offered to the wider Kentish Town population.



We will build and maintain strong relationships across arts, health, cultural, local authority and research sectors. We will deliver a programme improving health through a wide Arts and Health agenda. As a leading example of social prescribing we will be adventurous and 'leading edge' in our approach. We will evaluate and illustrate the impact of our provision.



We will be inclusive in our approach to staff and participants. We will welcome and include those with lived experience of mental health, members of the BAME and LGBTQI communities, and those with specific health conditions - all of which can be supported through activities not provided by the NHS. We will seek to address inequality and acknowledge the context of our community.



We will support our staff and ensure appropriate training and appraisal opportunities are provided. Where freelance providers are engaged we will ensure they are valued and supported, and appropriately remunerated.

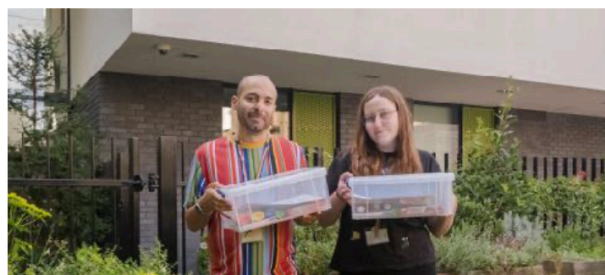


We will take a holistic view and complement the treatment offered by the NHS, with the services FSP provides. We will also provide a prophylactic aspect through some of the activities. Our activities will aim to enable our patients, staff, volunteers and freelancers to thrive. We will not only support others to get better, but also strive to keep people well and to connect them to



The Practice's Free Space Project delivered ART BOXES to Shielding patients, then supported them to create pieces during the pandemic.

" We were out delivering the first 20 of the Art boxes today - boy were the patients happy to receive them! Myself and 3 others from the PPG were helping - it gave a real personal touch"
 "Many of the shielding patients mentioned how lonely and bored they had been over past months. We included a Boredom Buster Summer Annual for NHS Patients (Bristol and Weston NHS FT)"



Daniel and Antonia of the Free Space Project out to deliver ART BOXES with help from the

Free Space Project offering Social prescribing opportunities to the James Wigg and Queens Crescent Practices

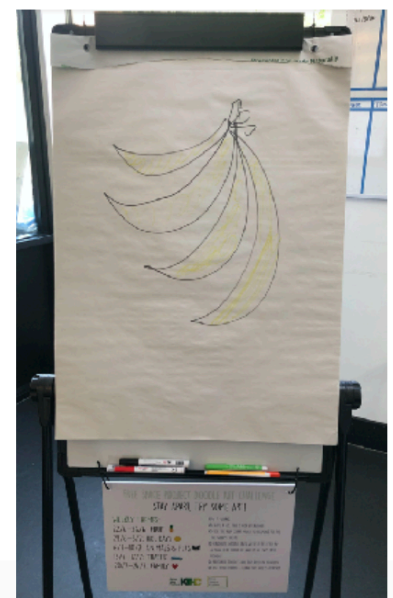
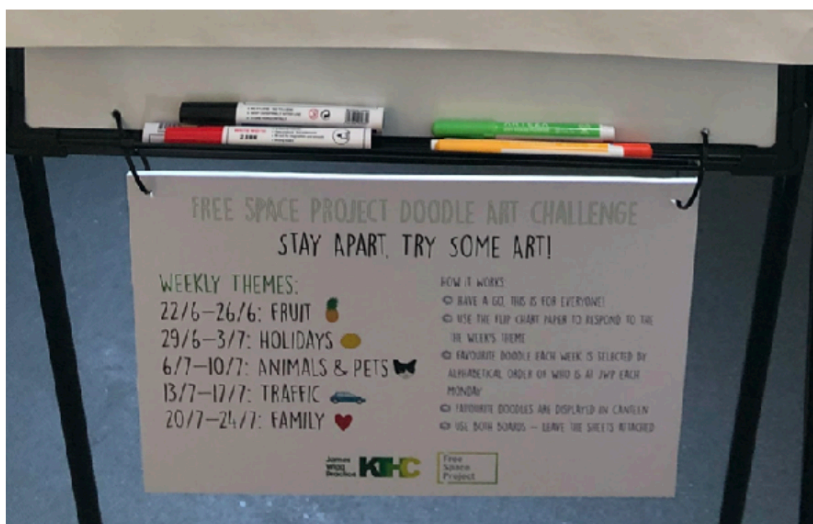
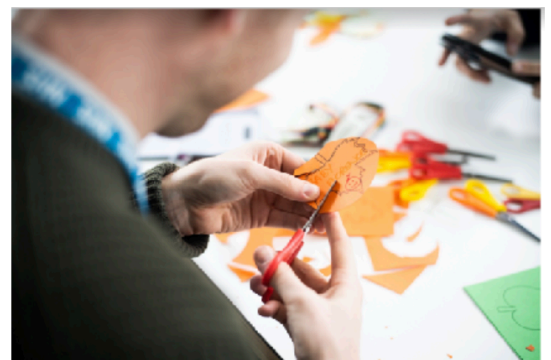


Staff mental health was addressed through different initiatives

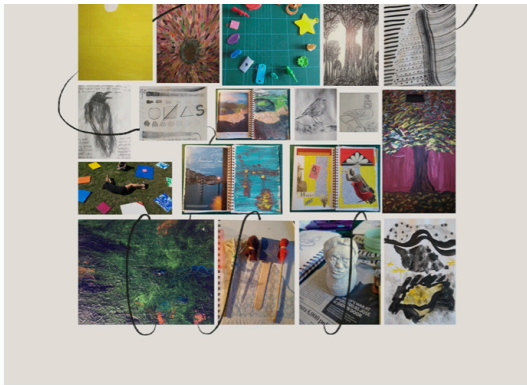
This tree leaf project proved popular and both patient and staff “leaves” were combined on the tree displayed. **“Leaf Reflections”**

A second project invited staff to draw doodles on two flip charts in the coffee area now underused as chairs had been removed. **“Stay Apart ! Do Some Art !”**

Staff session :



Free Space Project offering Social prescribing opportunities to the James Wigg and Queens Crescent Practices



Freedom to Be:

Currently on display on the ground floor of Kentish Town Health Centre & across Queens Crescent GP practice. Freedom to Be was a creative project delivered by us in the summer of the first COVID lockdown, 2020, with funding from the National Lottery Community Fund. This project supported patients that were shielding at the James Wigg and Queens Crescent GP practices.

With extra support and donations from our staff we were able to put together a number of high quality art boxes that were hand delivered to patients in Camden. Each week patients were given activity sheets and art materials to creatively respond to their experiences of the pandemic.



PPG – WE NEED YOUR HELP!

The Free Space Project are delivering a collaborative and creative project for shielding patients.

We are providing patients with art boxes and weekly creative activities that collect their stories about the impact shielding has had on them. The work will be exhibited in KTHC.

We would love to have PPG members on board to help deliver boxes to patients and collect their weekly works.

WILL YOU LEND A HAND?

HOW CAN I HELP?

We need volunteers to help drop off the boxes to patients and also collect in the artwork made on a weekly basis. Patients are in the local area and will be no more than 15 minutes walk from Kentish Town Health Centre.

We are aiming to deliver the boxes and first activity on July 12th. Then collecting and delivering new activities weekly for 6 weeks.

HOW DO I GET INVOLVED?

E-mail Daniel to express your interest with your contact details and we'll get in touch with more information.

info@freespaceproject.org

THANK YOU FOR SUPPORTING US TO SUPPORT OTHER PEOPLE

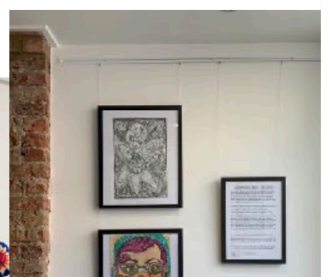
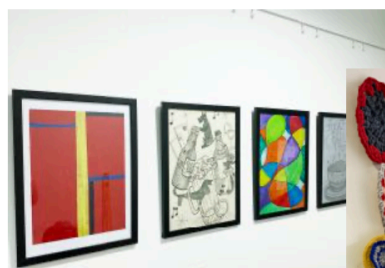


Freedom to Be was a creative project delivered by the Free Space Project, the in-house arts and community charity at Kentish Town Health Centre. This project supported three different patient groups, funded by the National Lottery Community Fund.

Freedom to Make focused on knitting and textiles sessions for older patients at risk of isolation. These were run by artists Alejandra Picco and Beth Hopkins.

Freedom to Express involved visual arts sessions for SEND children between the ages of 10 and 15 and their siblings, run by artists Marie-Louise Plum and Saber Ali.

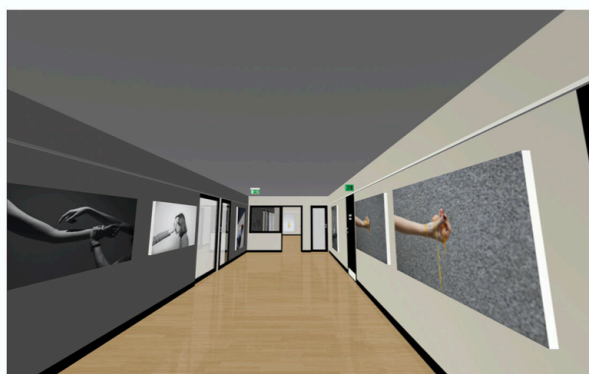
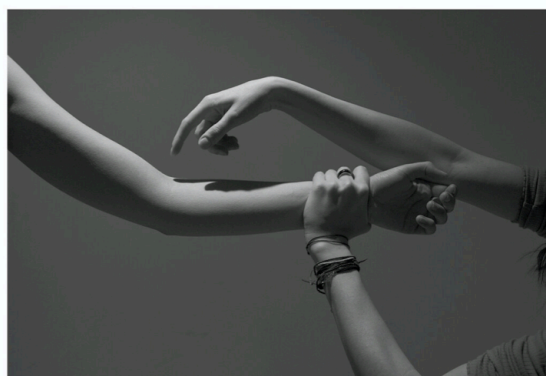
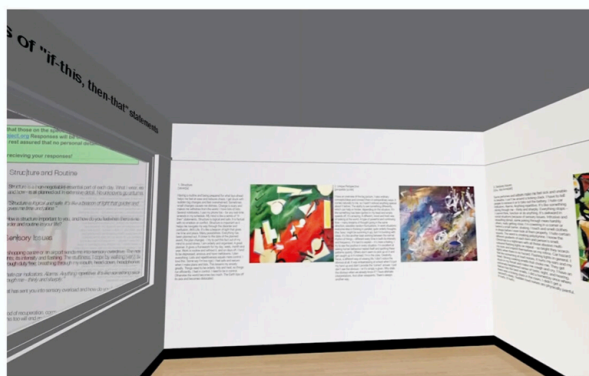
During the pandemic we were also able to redirect funding



Creative Wellbeing:

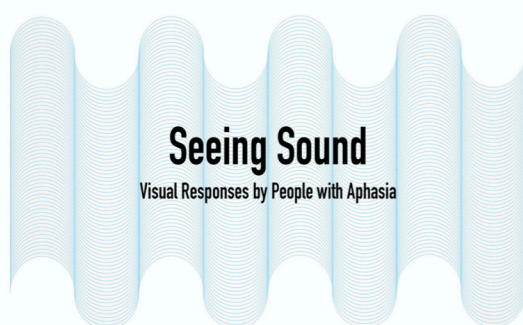
Creative Wellbeing was an online project delivered through the COVID-19 pandemic in 2020, supported by the City Bridge Trust. This new strand of opportunities enabled us to deliver some projects differently. This included using digital tools and working online, whilst our building was inaccessible to patients.

During this project we commissioned 3 artists that were new to us for virtual exhibitions, online workshops and online artist talks. As well as this we commissioned 10 online children's activities. We also delivered online adult workshops exploring, Warli art (traditional Indian folk art), natural dying and anthotypes.



Seeing Sound:

Seeing Sound brings together a partnership between The British Library, the Free Space Project (London) and The Brain Charity (Liverpool) to explore language through natural sounds taken from The British Library's extensive sound archive. The project was designed for people living with aphasia, an impairment in language following an injury to the brain, most commonly from a stroke in the left hemisphere.

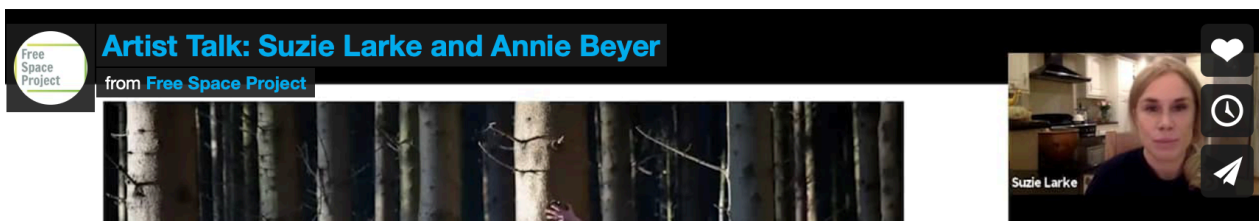


The exhibition was held at Kentish Town Health Centre between May and July 2021. The exhibition is also being displayed at the Brain Charity Liverpool.

Unseen by Suzie Lark:

Suzie Larke is a visual artist and photographer from Cardiff. Her project uses conceptual photography to depict the mental health experiences of a group of participants. She uses constructed imagery, digitally stitching photographs together in such a way that they present as a single, untampered image. By using 'magical realism' to transform photographs that take the everyday and skew it, she creates images that interpret the subjective experience of mental health.

Unseen aims to help people find a visual language through conceptual photography, helping them express their inner experiences in an empowering and engaging way. By using imagery to connect with an audience, this project also aims to increase awareness and conversation about mental wellbeing, and unite us in the knowledge that everyone experiences – and can overcome – struggle. This exhibition was on show in Kentish Town Health Centre between January and April 2021.



"In an exceptional year the Free Space Project has continued to deliver a wide range of activities. It is a great credit to our team that the feedback from patients and staff at the Health centre has been so positive." Dr Roy Macgregor, Chair of Trustees.

Many projects are continuing and have been copied and visited by outside agencies. There has been engagement with the British Library, City Bridge Trust, The Brain Charity, Unlimited and the The National Lottery Community Fund.

Citizens Advice Bureau: CAB provides free, impartial debt, legal and housing advice.

Dance for Parkinson's: This class is especially designed for people with Parkinson's and each session involves live music and dance run by experienced professionals. This class runs weekly and is running online during the pandemic.

Aromatherapy: We continued to run our ongoing Artomatherapy sessions for patients of the practices. This much appreciated, service helps patients with physical and mental health challenges.

Freedom to Make: We are currently running weekly knitting and textiles sessions online, run by our fantastic facilitator Nessa Hubbard. This supports underlying physical and mental health problems. It also provides a social and supportive environment using crafts and peer support. This has continued online during the pandemic.

Children's online activities: Clinicians reported desperate parents stuck at home with children. FSP was able to implement Children's online workshops. Including: clay head sculpture; splatter painting; drawing with rubbings; happy hands collage; kite making; food colour marbling; making a sense journal.

Well-Beeing Garden: Our Patient Participation Group (PPG) helped deliver volunteer gardening opportunities. A staff growing competition -12 different teams competing for the best blooms - was a morale booster during the difficult year.

The FSP team was supported by the Trustees of the Charity. This year we have welcomed Abira Hussein, Hadjer Nasser and Stephen Yaxley as new trustees. Our other trustees are: Sally Higginbottom, Liz Goodburn, Roy Macgregor and Philip Posner.



RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
1ST APRIL 2021

CHARITY NO. 1124077

KENTISH TOWN IMPROVEMENT FUND
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 1ST APRIL 2021

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KENTISH TOWN IMPROVEMENT FUND**CHARITY INFORMATION****TRUSTEES:**

Dr. E. A. Goodburn
Dr. P. Posner
Dr. D. R. MacGregor
Dr. S. Higginbottom
Dr. H. Nacer-Laidi
Dr. S. Yaxley
Ms. A. Hussein

CHARITY NUMBER:

1124077

REGISTERED OFFICE:

James Wigg Practice
Kentish Town Health Centre
2 Bartholomew Road
London
NW5 2BX

INDEPENDENT EXAMINER:

Laurence Slavin
Ramsay Brown LLP
The Brentano Suite, Solar House
915 High Road
North Finchley
London
N12 8QJ

CLIENT REFERENCE:

K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2021

The trustees present their report along with the financial statements for the year ended 1st April 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The Charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008.

The trustees named on page 1 have served throughout the year. The trustees run the day to day activities of the Charity personally and do not employ any staff. Ramsay Brown LLP prepare the annual financial statements using financial records prepared by the trustees. The information shown on page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees consider that the affairs of the Charity are straightforward and do not require a complicated regime of governance. The trustees are regularly in touch and meet formally four times a year. The trustees have in mind the need to provide for trustees' succession and when new trustees are appointed the trustees will ensure that they are properly inducted and trained.

3. OBJECTIVES AND ACTIVITIES

The objects of the Charity are charitable objects or purposes concerned with the benefit of the community living in the London Borough of Camden and the surrounding areas by the promotion of health, the advancement of education and the relief of poverty, sickness and distress.

The Charity achieves these objectives by the trustees making financial grants to organisations. The trustees made a small number of grants to organisations for charitable purposes within the objects set out above. The charity also offers financial support to a range of services at Kentish Town Health Centre including social and healthcare, multi-disciplinary interactive healthcare and education training, and support groups for sufferers of long term conditions.

4. ACHIEVEMENTS AND PERFORMANCE

The trustees are pleased to state that the trust has sufficient funds to meet its current and future obligations, and that such reserves as it maintains are considered to be reasonable.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are and will continue to be regularly reviewed, and systems have been and will be established, and where appropriate, professional advisors have been or will be appointed to mitigate those risks.

5. FINANCIAL REVIEW

During the year ended 1st April 2021 the trust received donated funds of £433,244 (2020: £75,007), now presented in the accounts as My Gift to My Community.

Our primary sponsor comments:

"My support to the community stems from a desire to tackle inequality and injustice. The Kentish Town Improvement Fund was set up with a broad agenda. It has delivered targeted help since 2008. It is important this continues."

As a National exemplar we must continue without erosion of our principles. It is necessary to restrict our core funding to deliver the primary care initiatives we have developed. These are unique, as they are Primary Care based, not hospital funded or delivered in Secondary Care.

The Free Space Project now delivers a programme of Arts and Health activity that is a leading example of what can be delivered in Primary Care. The Social prescribing agenda specifically adds to the repertoire of the possibilities for doctors and nurses to prescribe, or direct patients towards. Our research has shown a decrease in antidepressant medication prescribing and fewer GP appointments in the cohort benefiting from FSP funded initiatives.

Continued.....

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

Continued...

Community Health Partnerships - a wholly owned Department of Health property section - sights the FSP as a National exemplar across their estate. This now comprises more than 250 Health Centres built over the last 12 years. The FSP intends to show case what can be delivered to tackle difficult community problems, which do not currently have mainstream support.

We intend to deliver an expanding programme of Social Prescribing initiatives. It is important our funding is targeted and restricted to ensure our success.

The trustees are pleased with the performance of Kentish Town Improvement Fund which has net assets of £443,253 (2020: £138,256). There was a net incoming resources of £304,997 in the current year (2020: outgoing resources of £35,726). The trust also continues to utilise a donation of £250,000 received in the year-ended 1st April 2014, another £250,000 received in the year-ended 1st April 2018 and £375,000 received in the year-ended 1st April 2021 to enable it to continue to fund the ongoing implementation of its objectives.

Reserves Policy

In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. This recognises that the income of the trust does not arise evenly year on year and so to enable the trust to plan its activities it is prudent to hold reserves. The Trustees consider it wise to hold unrestricted funds to satisfy ongoing projects for 6 months. This equates to £65,009 as in the proposed budget.(Attached). The policy also recognises that the reserves that represent the fixed assets of the trust are not freely available and thus are to be distinguished from free reserves. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

Investment Policy

The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

6. PLANS FOR THE FUTURE

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Charity's trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The trustees are required under the Charities Act 2011 to prepare financial statements for each financial year which gives a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year (unless the charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- a. select suitable accounting policies and apply them consistently;
- b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);
- c. make judgments and estimates that are reasonable and prudent;
- d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KENTISH TOWN IMPROVEMENT FUND**TRUSTEES' REPORT****APPROVAL**

This report was approved by the trustees and signed on 2022 and signed on their behalf.

.....
Dr. D. R. MacGregor
Trustee



KENTISH TOWN IMPROVEMENT FUND**INDEPENDENT EXAMINER'S REPORT****Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund**

In accordance with your instructions we have examined without carrying out an audit, the accounts for the year ended 1 April 2021.

Respective Responsibilities of Trustees and Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

2022

**Laurence Slavin
Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ**

KENTISH TOWN IMPROVEMENT FUND
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 1ST APRIL 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Prior Year 2020
	Note	£	£	£	£
<u>INCOMING RESOURCES FROM GENERATED FUNDS:</u>					
<u>Voluntary Income:</u>					
Donations Received		55,000	329,331	384,331	12,307
Grants Received		-	48,913	48,913	62,700
		<u>55,000</u>	<u>378,244</u>	<u>433,244</u>	<u>75,007</u>
<u>TOTAL INCOME RESOURCES</u>					
<u>RESOURCE EXPENDED</u>					
Grants	2	-	62,457	62,457	58,957
Running Costs	3	-	63,144	63,144	48,926
Governance Costs	4	-	2,646	2,646	2,850
		<u>-</u>	<u>128,247</u>	<u>128,247</u>	<u>110,733</u>
<u>TOTAL RESOURCES EXPENDED</u>					
		55,000	249,997	304,997	(35,726)
<u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u>					
<u>TOTAL FUNDS BROUGHT FORWARD</u>		<u>10,009</u>	<u>128,247</u>	<u>138,256</u>	<u>173,982</u>
<u>TOTAL FUNDS CARRIED FORWARD</u>		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND**BALANCE SHEET****AS AT 1ST APRIL 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
<u>CURRENT ASSETS:</u>					
Bank and Cash		65,009	405,885	470,894	163,865
		<u>65,009</u>	<u>405,885</u>	<u>470,894</u>	<u>163,865</u>
<u>CREDITORS AND ACCRUALS</u>					
<u>Amounts falling due within one year</u>	5	-	(27,641)	(27,641)	(25,609)
		<u>-</u>	<u>(27,641)</u>	<u>(27,641)</u>	<u>(25,609)</u>
NET CURRENT ASSET		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>
<u>TOTAL ASSETS LESS CURRENT LIABILITIES</u>		<u>65,009</u>	<u>378,244</u>	<u>443,253</u>	<u>138,256</u>
<u>CAPITAL</u>					
UNRESTRICTED FUND				65,009	10,009
RESTRICTED FUND				<u>378,244</u>	<u>128,247</u>
TOTAL CHARITY FUNDS				<u>443,253</u>	<u>138,256</u>

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on 2022.

.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021****ACCOUNTING POLICIES (continued)****Financial instruments**

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2

GRANTS

	<u>2021</u>	<u>2020</u>
	£	£
Aromatherapy Sessions	4,740	4,410
Baby Sing-A-Long	5,225	2,312
Musical Moving	-	2,870
Saber Ali – Arts Facilitator	1,300	-
Rebecca J Vaughan – BSL Video	80	-
Ibrahim Azab – Arts Commission	75	-
Alejandra Picco	-	200
Antonia Attwood	-	150
Beth Hopkins	-	1,500
Caroline Bradley	-	88
Chris Cawkwell	120	300
Dance For Parkinson's	5,185	2,510
Daniel Sumpton	-	140
Liz Orton	-	400
Marie-Louise Plum	-	1,300
Michael Crossan	-	150
The English Folk Dance and Song Society	-	250
The NW Live Foundation	-	850
Tim Boddy Photography	-	160
Citizen Advice Bureau	17,687	32,312
Arts & Health Hub Project	125	9,055
Creative Wellbeing	6,180	-
BP Consulting	2,500	-
Clinical Supervision	1,540	-
Mindful Transformation Exhibition	1,050	-
Intro To Drawing Course	600	-
Virtual Exhibition	2,970	-
On A Scale of 1-10 Exhibition	2,675	-
Freedom to Make Online Sessions	2,200	-
Hulkes Lane Darkroom Studio	230	-
The Support Hub	1,550	-
Zo & Co Consulting	850	-
National Lottery Community Fund Project	175	-
Drawn Together Program	2,100	-

Continued.....

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021**

Continued....

Emily Bradfield	1,500	-
Freedom to Be Project	1,750	-
Vanessa Hubbard	50	-
	<hr/>	<hr/>
	62,457	58,957
	<hr/>	<hr/>

3 RUNNING COSTS

	<u>2021</u>	<u>2020</u>
	£	£
Advertising and Marketing	396	1,405
Arts Coordinator	15,459	13,119
Arts Director	28,024	22,943
Artist Material	9,405	2,020
Entertaining	-	603
Gardening	926	(853)
General Expenses	384	278
Insurance	836	832
Printing, Postage and Stationery	367	16
Repairs and Equipment	2,357	1,761
Room Bookings	105	2,898
Subscriptions	2,283	1,384
Telephone and IT costs	1,007	895
Training Costs	1,433	411
Travel Costs	162	1,214
	<hr/>	<hr/>
	63,144	48,926
	<hr/>	<hr/>

4 GOVERNANCE COSTS

	<u>2021</u>	<u>2020</u>
	£	£
Accountancy Fees	804	750
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	235	493
	<hr/>	<hr/>
	2,646	2,850
	<hr/>	<hr/>

None of the trustees received any remuneration during the above two years for acting as trustees.

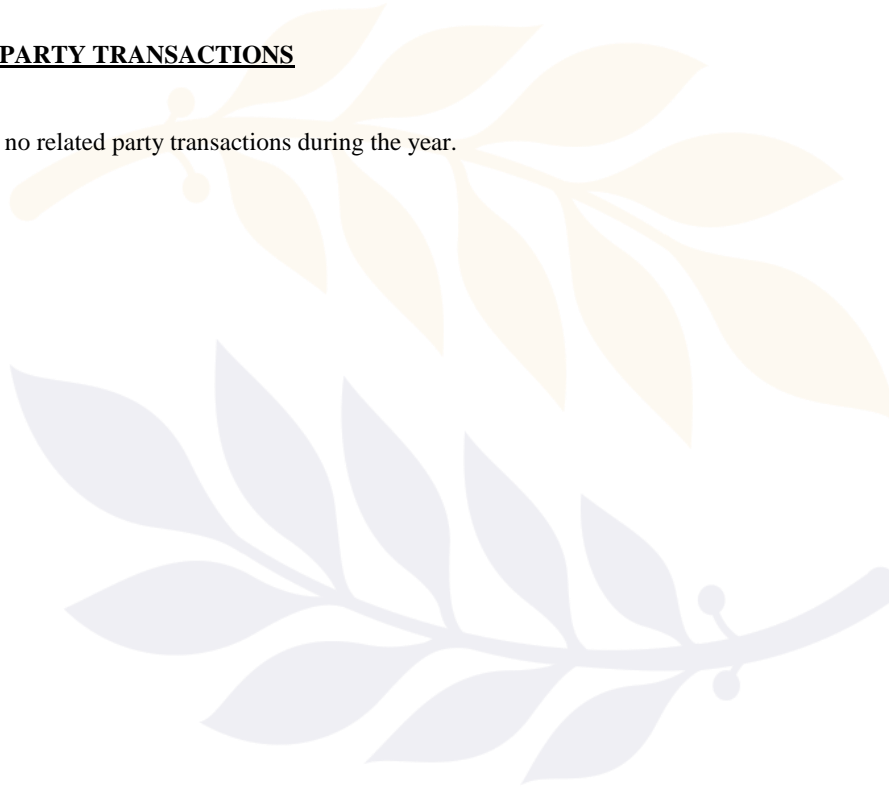
No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND**NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 1ST APRIL 2021****5 CREDITORS AND ACCRUALS**

	<u>2021</u>	<u>2020</u>
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	32	32
Accruals	27,575	25,543
	<hr/>	<hr/>
	27,641	25,609
	<hr/>	<hr/>

6 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.



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<http://www.virtualcabinetportal.com/WhatIsUTC>

Signature 1

Signed by Roy Macgregor using authentication code YixnOFF4KTFhV283 at IP address 80.0.167.58, on 2022/01/28 15:26:27 Z.

Roy Macgregor's e-mail address is: roy.macgregor7@gmail.com.