KENTISH TOWN IMPROVEMENT FUND

England & Wales · Charity number 1124077

Details

Status	Registered
Legal form	Trust
Registered	2008-05-15
Register	View on the Charity Commission register

Contact

Address	KTIF and Creative Health Camden Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
Phone	07465244073
Email	info@freespaceproject.org
Website	www.freespaceproject.org

Activities

Objects: FOR THE BENEFIT OF THE COMMUNITY LIVING IN THE LONDON BOROUGH OF CAMDEN AND THE SURROUNDING AREAS WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE, OR POLITICAL, RELIGIOUS OR OTHER OPINION BY THE PROMOTION OF HEALTH, THE ADVANCEMENT OF EDUCATION, PARTICULAR IN HEALTHY LIVING AND THE RELIEF OF POVERTY, SICKNESS AND DISTRESS.

Activities: KTIF offers financial support to a range of services at Kentish Town Health Centre including social and healthcare, a programme for the arts, children's activities, multi disciplinary interactive healthcare and education training, support groups for long term conditions.

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Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LONDON BOROUGH OF CAMDEN
- Camden

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£178,586	£207,446	-	-
2024-04-01	£217,545	£161,505	-	-
2023-04-01	£14,081	£141,492	-	-
2022-04-01	£65,275	£111,402	-	-
2021-04-01	£433,244	£128,247	-	-

Trustees

Name	Role	Appointed
Dr DONALD ROY MACGREGOR	Chair	
Abira Hussein		2020-07-22
Dr Sally Higginbottom		2017-06-01
Dr Stephen Yaxley		2020-07-22
ELIZABETH GOODBURN		2015-02-25
Elizabeth Smith Lizzie		2024-04-18
Hadjer Nacer-Laidi		2020-07-22
PHILIP POSNER		2015-02-24

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KENTISH TOWN IMPROVEMENT FUND

England & Wales - Charity number 1124077

Accounts

Kentish Town Improvement Fund

Trustees Annual Report and Unaudited Financial Statements

Year ended 1 April 2025

Charity registation - 1124077

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The Trustees Annual Report and Unaudited Financial Statements form the second part of a longer document that also includes a wider impact report, but can also stand alone as a document, and so the page numbering commences at the end of the impact report.

Reference and administrative details

Charity number

1124077

Registered office

Kentish Town Health Centre
2 Bartholomew Road
London
NW5 2BX

Trustees

Dr E A Goodburn	
Dr P Posner	
Dr D R Macgregor	Chair
Dr S Higginbottom	
Dr H Nacer-Laidi	
Dr S Yaxley	
Ms A Hussein	
Ms E Smith	(appointed 18 April 2024)

Independent examiners

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Principal bankers

Lloyds Bank
140 Camden High Street
London
NW1 0NG

Trustees' annual report

The Board of Trustees submit their annual report and the financial statements of Kentish Town Improvement Fund for the year ended 1 April 2025.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Society's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (eff ective 1 January 2019)', and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Aims and objectives

Creative Health Camden (formerly known as Free Space Project) serves as the delivery body for the Kentish Town Improvement Fund. It provides practical support to Camden residents through non-pharmacological interventions, such as: Social Shapla for Bangladeshi Women, Breathing for Wellbeing, Drawn Together, Freedom to Make, Dance for Parkinson's, Well Beeing Garden and Benefits Advice, Engage here and a Youth Hub.

In addition to partnerships with the James Wigg and Queens Crescent Medical Centres, Creative Health Camden collaborates with other organisations on initiatives such as: Cycle Maintenance, Advance Care Planning (helping people with terminal illnesses create living wills), Sing for Joy (a local community choir). They also provide arts exhibitions held in both James Wigg Practice and Queens Crescent Practice

A total of 2650 people benefited from the charity's work last year and over 2000 people a month see the exhibitions.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning the activities outlined in this report.

Achievements and performance

Last year, the charity secured significant funding for our major projects:

£26,874 from the Arts Council for the further development of Drawn Together, now in its fourth year. £3,500 from The James Wigg Practice so support our Creative Connections project working with Learning Disables Patients and our Well beeing Garden. We also received a small donation of £470 from Camden Council's River of Hope fund for a one off networking event. As well as the continued support from National Lottery for Social Shapla, Camden and Islington Trust for Breathing for Wellbeing and Camden Council for our Youth Hub.

The trustees express their gratitude for the main grant recorded in the accounts as My Gift to My Community, which has supported the charity's oncosts. The grant amounted to £145,000.

Some highlights for the year included holding our first major off-site exhibition in Soho. This was titled Nurture where our activities and projects were demonstrated over a full week. This was a great way of promoting our services on a wider London level and not just in the Borough of Camden. It is something we strive to continue.

This year we saw the start of Creative Connections. An afternoon of gardening and art facilitated by Spencer Noll and Melissa Fry with support from Bonita O'Brien from the Wigg team. This specifically engages those with learning disabilities.

The charity now provides an in-house benefits advisor to support Camden residents, addressing poverty and inequality.

We were so pleased that all of our other activities continued from the last financial year into this one in order to provide long term support for our participants.

Plans for the future

Creative Health Camden remains committed to promoting equality, diversity, and inclusion through initiatives such as Social Shapla, which empowers Bengali women by providing a safe, supportive space to connect, share experiences, and access resources.

Sustainability and Long-Term Impact

Creative Health Camden will continue its long-term creative health projects, which foster self-expression, social connection, and personal growth. These initiatives promote mental and physical wellbeing, resilience, and a sense of belonging.

By developing sustainable, community-driven programmes, Creative Health Camden aims to ensure that creative health remains a cornerstone of wellbeing in Camden.

Financial review

Financial performance

The trustees are pleased with the performance of the Kentish Town Improvement Fund, which has net assets of £277,308 (2024: £306,168). There was a net outgoing resource of £28,860 in the current year (2024: net incoming resources of £56,041).

The trust continues to receive an annual grant of £145,000 from My Gift to My Community, which is managed by the trustees to sustain the fund's performance.

Reserves policy

In line with Charity Commission recommendations, the trustees have formally adopted a reserves policy. This recognises the uneven nature of the trust's income and ensures sufficient reserves to support ongoing projects for six months. This amounts to £66,314, which can be used in line with the charity's objectives at the trustees' discretion.

The policy distinguishes fixed asset reserves, which are not freely available, from free reserves. The trustees believe these reserves are adequate for the continued efficient management of the trust.

Investment Policy

The trustees will consider social, environmental, ethical, and equality-related factors when setting any future investment policy.

Structure, governance and management

The charity was formed under a trust deed dated 19th December 2007, as amended on 23 February 2020, and registered with the Charity Commission for England and Wales on 15th May 2008.

The trustees govern the activities of the charity, meeting five times a year.

They employ an Artistic Director and two other part-time staff to deliver its services, alongside several freelance staff. Enaid Accountancy prepares the annual financial statements using financial records provided by the trustees.

The board of trustees, including appointments and resignations during and since the year end, have been included in the Reference and administration section.

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Charity law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under charity law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 35 to 37 of this document meets the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under charity law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)' and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee in order to make themselves aware of any relevant independent examination information and to establish that the charity's independent examiner is aware of that information.

This report was approved and authorised for issue by the Board of Trustees on 15 January 2026 and signed on its behalf by:

Roy Macgregor

DR D R MACGREGOR

CHAIRMAN

Independent examiner's report

I report to the Trustees on my examination of the accounts of Kentish Town Improvement Fund (charity number 1124077) for the year ended 1 April 2025 which are set out on pages 40 to 49.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Charities Act). The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of

accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

ANDREW PHILIP NASH FCA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 27 JANUARY 2026

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

For the year ended 1 April 2025

	Notes	Unrestricted Funds Year ended 1 April 2025 £	Restricted Funds Year ended 1 April 2025 £	Total Funds Year ended 1 April 2025 £	Total Funds Year ended 1 April 2024 £
Income from:					
Donations & legacies	3	-	178,586	**178,586**	217,545
Total income		**-**	**178,586**	**178,586**	217,545
Expenditure on:					
Charitable activities	4	-	207,446	**207,446**	161,504
Total expenditure		**-**	**207,446**	**207,446**	161,504
Net income/(expenditure)		**-**	**(28,860)**	**(28,860)**	56,041
Reconciliation of funds:					
Total funds brought forward	8 & 9	66,314	239,854	**306,168**	250,127
Total funds carried forward	8 & 9	**66,314**	**210,994**	**277,308**	306,168

The notes on pages 42 to 49 form part of the financial statements.

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

Balance sheet

As at 1 April 2025

	Notes	£	Total 1 April 2025 £	£	Total 1 April 2024 £
Current assets:					
Debtors & prepayments	6	7,639		-	
Cash at bank and in hand		300,168		325,233	
		307,807		325,233	
Creditors:					
Amounts falling due within one year	7	(30,499)		(19,065)	
Net current assets/ (liabilities)			**277,308**		306,168
Net assets/(liabilities)			**277,308**		306,168
The funds of the charity:					
Restricted funds	8 & 9		**210,994**		239,854
Unrestricted funds	8 & 9		**66,314**		66,314
Total charity funds			**277,308**		306,168

The notes on pages 42 to 49 form part of the financial statements.

The financial statements were approved and authorised for issue by the Board of Trustees on 15 January 2026 and signed on their behalf by:

Roy Macgregor

DR D R MACGREGOR

CHAIRMAN

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and relevant charities law.

The effect of any event relating to the year ended 1 April 2025, which occurred before the date of approval of the financial statements by the Board of Trustees, has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 1 April 2025 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Using the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than suffi cient to meet current commitments. There are no material uncertainties that impact this assessment, and the wider econcomic environment has had no material impact on this assessment.

Legal status

Kentish Town Improvement Fund is a charity registered in England & Wales and meets the definition of a public benefit entity. The registered address is Kentish Town Health Centre, 2 Bartholomew Road, London, NW5 2BX.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 8 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised. There are no assets held over this amount currently.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Notes	Unrestricted Funds Year ended 1 April 2024 £	Restricted Funds Year ended 1 April 2024 £	Total Funds Year ended 1 April 2024 £
Income from:				
Donations & legacies	3	-	217,545	217,545
Total income		-	217,545	217,545
Expenditure on:				
Charitable activities	4	-	161,504	161,504
Total expenditure		-	161,504	161,504
Net income/(expenditure)		-	56,041	56,041
Reconciliation of funds:				
Total funds brought forward	8 & 9	66,314	183,813	250,127
Total funds carried forward	8 & 9	66,314	239,854	306,168

3. Income from donations and legacies

	Unrestricted Funds Year ended 1 April 2025 £	Restricted Funds Year ended 1 April 2025 £	Total Funds Year ended 1 April 2025 £
Donations	-	2,737	**2,737**
Grants	-	175,849	**175,849**
	-	**178,586**	**178,586**

	Unrestricted Funds Year ended 1 April 2024 £	Restricted Funds Year ended 1 April 2024 £	Total Funds Year ended 1 April 2024 £
Donations	-	2,859	2,859
Grants	-	214,686	214,686
	-	217,545	217,545

4. Total expenditure

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

4. Total expenditure (continued from the previous page)

	Unrestricted Funds Year ended 1 April 2025 £	Restricted Funds Year ended 1 April 2025 £	Total Funds Year ended 1 April 2025 £
Charitable Activities			
Staff costs	-	68,840	**68,840**
Freelancer pay	-	95,810	**95,810**
Project expenditure	-	31,342	**31,342**
Other grant expenditure	-	8,197	**8,197**
Governance	-	3,257	**3,257**
Total Charitable Activities	**-**	**207,446**	**207,446**

	Unrestricted Funds Year ended 1 April 2024 £	Restricted Funds Year ended 1 April 2024 £	Total Funds Year ended 1 April 2024 £
Charitable Activities			
Staff costs	-	71,089	71,089
Freelancer pay	-	63,060	63,060
Project expenditure	-	18,229	18,229
Other grant expenditure	-	6,603	6,603
Governance	-	2,523	2,523
Total Charitable Activities	-	161,504	161,504

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 6.

Governance costs consists of the following:

	Total Year ended 1 April 2025 £	Total Year ended 1 April 2024 £
Independent examination - current year	**1,608**	-
Independent examination - prior year	**1,380**	1,020
Insurance	**80**	1,084
Bank charges	**189**	419
	3,257	2,523

5. Staff costs

	Total Year ended 1 April 2025	Total Year ended 1 April 2024
	£	£
Gross salaries	**61,861**	58,489
Employer's national insurance contributions	**5,690**	5,121
Employer's pension contributions	**1,289**	2,106
	68,840	65,716

The average headcount during the period was 3 persons (2024: 2 persons).

No employee received employee benefits of more than £60,000 (2024: Nil).

The total employee benefits paid to key management personnel during the year was £34,075 (2024: £35,682).

6. Debtors and prepayments

	Total 1 April 2025	Total 1 April 2024
	£	£
Prepayments	**7,639**	**-**
	7,639	**-**

7. Creditors: amounts falling due within one year

	Total 1 April 2025	**Total 1 April 2024**
	£	**£**
Owed to James Wigg Practice	**-**	130
Accounts Payable	**11,463**	3,698
Accruals	**5,508**	1,359
Deferred income	**2,500**	-
Other creditors	**766**	184
HMRC	**5,581**	9,431
Pension	**310**	288
Net wages	**4,371**	3,975
	30,499	19,065

8. Analysis of charity funds

	Balance brought forward Year ended 1 April 2025 £	Income for the period Year ended 1 April 2025 £	Expenditure in the period Year ended 1 April 2025 £	Transfers between funds Year ended 1 April 2025 £	Balance carried forward Year ended 1 April 2025 £
Restricted funds					
My gift to my community	169,091	145,000	(143,840)	-	**170,251**
National lottery community	23,376	-	(20,238)	-	**3,138**
Camden and Islingon Trust	3,035	-	(2,447)	-	**588**
Arts Council	19,367	26,874	(29,095)	-	**17,146**
Camden Council - Youth Hub	22,126	-	(8,644)	-	**13,482**
Camden Council - River of Hope	-	475	(384)	-	**91**
James Wigg Practice	-	3,500	(2,320)	-	**1,180**
We Make Camden	-	1,998	(478)	-	**1,520**
Other	2,859	739	-	-	**3,598**
Restricted funds	**239,854**	**178,586**	**(207,446)**	**-**	**210,994**
Unrestricted funds	66,314	-	-	-	**66,314**
Total funds	**306,168**	**178,586**	**(207,446)**	**-**	**277,308**

My gift to my community is managed by the board of trustees. These funds are used to maintain the infrastructure and running of the charity and to support the delivery of core projects.

National Lottery community funds are used for the continuation and development of Social Shapla, a visual arts project for Bengali Women.

Camden and Islington Trust funded our Breathing for Wellbeing sessions for adults living in Camden.

Arts Council funded Drawn Together, a visual arts programme for adults with long term mental and physical health needs.

Camden Council - Youth Hub are funds for a weekly Youth Hub for young people ages 11-18 living in Camden.

Camden Council - River of Hope are funds for a One off event CHC Connects.

James Wigg Practice funded garden activities and Creative Connections for patients with Learning Disabilities.

We Make Camden funded specialist sessions for Freedom To Make our textiles group to look at diverse craft techniques.

Other funds are smaller donations received for restricted purposes.

8. Analysis of charity funds (continued from the previous page)

	Balance brought forward Year ended 1 April 2024 £	Income for the period Year ended 1 April 2024 £	Expenditure in the period Year ended 1 April 2024 £	Transfers between funds Year ended 1 April 2024 £	Balance carried forward Year ended 1 April 2024 £
Restricted funds					
My gift to my community	163,213	154,396	(148,518)	-	169,091
National lottery community	9,714	20,000	(6,338)	-	23,376
Camden and Islington Trust	(120)	3,740	(585)	-	3,035
Arts Council	-	23,950	(4,583)	-	19,367
Camden Council - Youth Hub	11,006	12,600	(1,480)	-	22,126
Other	-	2,859	-	-	2,859
Restricted funds	183,813	217,545	(161,504)	-	239,854
Unrestricted funds	66,314	-	-	-	66,314
Total funds	250,127	217,545	(161,504)	-	306,168

9. Analysis of net assets

	Unrestricted Funds Year ended 1 April 2025 £	**Restricted Funds Year ended 1 April 2025 £**	**Total Funds Year ended 1 April 2025 £**
Current assets	66,314	241,493	**307,807**
Current liabilities	-	(30,499)	**(30,499)**
	66,314	**210,994**	**277,308**

	Unrestricted Funds Year ended 1 April 2024 £	Restricted Funds Year ended 1 April 2024 £	Total Funds Year ended 1 April 2024 £
Current assets	66,314	258,919	325,233
Current liabilities	-	(19,065)	(19,065)
	66,314	239,854	306,168

10. Trustee remuneration

During the year, no Trustee received any remuneration (2024: £Nil). No members of the Board of Trustees received reimbursement of expenses (2024: £Nil).

11. Related party transactions

During the year there were no related party transactions (2024: £Nil).

KENTISH TOWN IMPROVEMENT FUND

England & Wales - Charity number 1124077

Accounts

CREATIVE HEALTH CAMDEN

Annual Report 2023/24

CREATIVE
HEALTH
CAMDEN

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Foreword

Dr Roy Macgregor, Chair of Trustees

This year has seen major development and big changes within our charity. The rebranding as Creative Health Camden has shone a spotlight on the transformative effect our activity has on participants. This has also helped the team of Trustees to clarify our goals, aspirations and targets. Evaluation now plays a big part in our ongoing activities.

Referrals from a wide range of practitioners and self referrals have increased considerably. Liaison and links with both the James Wigg Practice and the Queens Crescent practice are enhanced. We now also partner with a wide range of other agencies. This allows for considerable sharing of ideas and an opportunity for our team to export ideas, and bring new ideas to the Trustees.

We have been struck by comments from visitors who highlight the very high standard of work produced whether in photography, textiles or crafts. The lack of hierarchy between artist facilitators and participants is often sighted as a reason for our high attendance rates and the continuity attendees enjoy.

As well as a large event to mark our 15th anniversary and our rebranding, we also hosted a Social Shapla Family Day with more than 200 attendees. This focused on bringing together the Bengali community using art, food and play. These events were held in the garden which has flourished under our gardening lead, Spencer, who meets with participants every week. Our usual activities continue with an increasing number of attendees at - Drawn Together, Breathing for Wellbeing, Dance for Parkinson's, Freedom to Make, Well-beeing Garden, Sing for Joy and more.

Our Food Bank operating once a week all year, has grown to very unexpected proportions. This has provided support as the cost of living crisis has grown, to more than 860 families distributing more than £45,000 value of donated food.

This report allows you a look into the wide range of activities we promote, all of which have moved to a long term basis. This model of providing long term projects, has now become established. It provides better continuity and more consistent referrals.

Our administrative team under the clever direction of Antonia Attwood, with help from Maddie Rose and Grace Smith continues to deliver a wonderful programme

We have just been fortunate to recruit Lizzie Smith as a new Trustee and we look forward to what she will bring. Our Trustees monitor our programme and guide our direction of travel. We have a strong group who have contributed immensely over the last year

Social Prescribing now plays a key role in supporting everyone by providing effective non-pharmaceutical interventions. We are a national exemplar and are proud to offer this report to illustrate how far we have come over 15 years

Thank you very much indeed to all who support, donate, and participate.

Dr Roy Macgregor
Chair Creative Health Camden

Partners

James Wigg Group Practice JWGP

Provided Social Prescribing Partnership and workspace

the trussell trust Stop UK Hunger

Provided Food Bank Donations

Community Health Partnerships

Provided Venue

CRI

Funded Breathing for Wellbeing

The Baring Foundation

Funded Social Shapla

COMMUNITY FUND

Funded Social Shapla

ARTS COUNCIL ENGLAND

Supported using public funding by ARTS COUNCIL ENGLAND

Funded Drawn Together

UCL

Research Partner

Camden

Funded Youth Hub Focus Groups

Camden Carers

Wrorkshop Partner

FOOD BANK AID

Provided Food Bank Donations

Drummond Street Artists

RESIDENCY AT OLD DIORAMA ARTS CENTRE

Wrorkshop Partner

CHC Rebrand

This year saw big changes for the charity, one of the biggest being our new name. After a number of years as Free Space Project, we felt that our aims were no longer aligning with the name and branding of the charity. We wanted to make sure our branding focused on our creative approaches to health and wellbeing and solidified our roots in Camden.

We worked closely with graphic designer Dan McGill to design our new logo, it was important that it was bright colourful and eye catching to really represent the charities ethos.

Since the rebrand we have had positive feedback from people accessing our services, saying that they understand more coherently the services we offer.

15 Years of CHC

Rebrand launch party // 15 year celebration

Following the full rebrand we decided to throw a celebration to mark a new era in the charities history. This year the charity will have been running for 15 years so we felt it was fitting to not only launch our new branding but to also celebrate all the work that has come before.

We invited staff, old and new, participants and the local community to spend the evening with us. We had a number of creative activities available including collaborative colouring and a hand drawn ‘photo’ booth.

We provided drinks and pizza and there was lots of networking that took place over course of the evening. It was a great space for people from all our projects to meet.

We had speeches from Antonia Attwood (Artistic Director), Roy Macgregor (Charity Chair) and local labour councillor James Slater.

More than 150 people vistited the centre to enjoy our displays and activities. It was a very successful launch of our new brand.

Photo
pop your head in
d wait for your

Social Shapla Family Day

As part of our Social Shapla project, the group organised and hosted a summer outdoor event for all families in Camden. Creative sessions, food and children's activities were provided. Teenagers from the summer workshops, were invited to help run the event. Some of the catering was provided by a member of the group, who had recently started an asian food business.

Over 200 people attended. There had been a summer break from the adult workshops, and the event helped re-introduce members to the project for September.

The project has succeeded in beginning to expand CHC's community reach and given us access to a large local community, identified as under served. This is valuable since Camden as a borough has a large Bangladeshi population, identified as one of the least likely groups to access healthcare especially with regard to mental ill health.

Projects ↘

Aromatherapy

This year saw the end of our Aromatherapy project that has been running with Free Space Project for the last 15 years. We want to say a huge thank you to Tracy Childs for all the work she has put in and the support she has provided to patients through her services.

Social Shapla

Social Shapla has created a safe space for women to experience creative activity, eat, chat and learn new skills. As they become more comfortable in the space, discussions have become less inhibited. We have offered an easily accessed, stable, regular resource. This group observe quite traditional roles, the majority of the Bangladeshi community do not socialise outside of family and faith groups. The setting has encouraged participants to connect with one another and engage with a wider environment. This project was funded by the Baring Foundation.

Breathing for Wellbeing

This year marks the 3rd year of Breathing for Wellbeing . It has now become one of our most referred-to programmes by the clinicians of the James Wigg and Queens Crescent practices. Over the years the group has gone from strength to strength. It is now evolving into a supportive community where the participants come together and gain health benefits through breathing exercises. This project was funded by Camden and Islington Trust.

Drawn Together

Drawn Together continues to support the community using art to benefit their wellbeing. This advocates, empowers and connects threads through creative practices. The project has worked with more than 50 referrals. There is a core group of around 8 participants that attend weekly sessions online and in person. This year saw participants delivering as professional art facilitators, and received multiple private commissions. Diverse artforms such as poetry, spoken word, photography, embroidery and sculpture have all been developed. The group also now meets independently outside of the sessions as a support network in Camden. This project was funded by the Arts Council.

Freedom to Make

Freedom to Make is CHC's weekly textiles group, mainly focusing on knitting and crochet. This year, the group have been growing their skills and have become a community of crafters who share their knowledge and are always learning from each other - over a cuppa, of course! This year the group have completed a variety of projects such as toys for grandchildren, hats, bags and clothing, each one expanding their growing skill set.

Well-beeing Garden

This year, our garden has grown from strength to strength. Vital repairs to the planters have been undertaken by our group, and our garden is looking better than ever. The garden at KTHC provides an area of calm and solace to the patients of the James Wigg and Queens Crescent practices. It also provides an opportunity for patients themselves to have an input over how their very own health centre looks.

Dance for Parkinson's

Dance for Parkinson's is our weekly movement group for those with Parkinson's or other tremor-inducing conditions. This group enlivens the entire health centre with their live music every week. After they have completed their movement session, the group come together to have a cup of tea and a chat. This creates a vital community amongst the members where they can share their experiences of their conditions.

Food Bank

Our weekly food bank started in 2022 and has now given out over 1,000 food parcels to the people of Camden. This year the food bank has been supported by both the Trussell Trust and Food Bank Aid. They have provided the food for each and every food parcel. A massive thanks goes out to both of them.

Partnership Projects

Alongside our core projects, we have a number of partnerships with other established Camden organisations. We partner with them to bring them into KTHC and serve our participants.

Arts Group for those living with Dementia

Patient-led support for people living with Chronic Pain

Helping people with long term and terminal illnesses create a Living Will.

Self-managed community choir

Free cycle maintenance workshops

Support group for women of colour living with ADHD

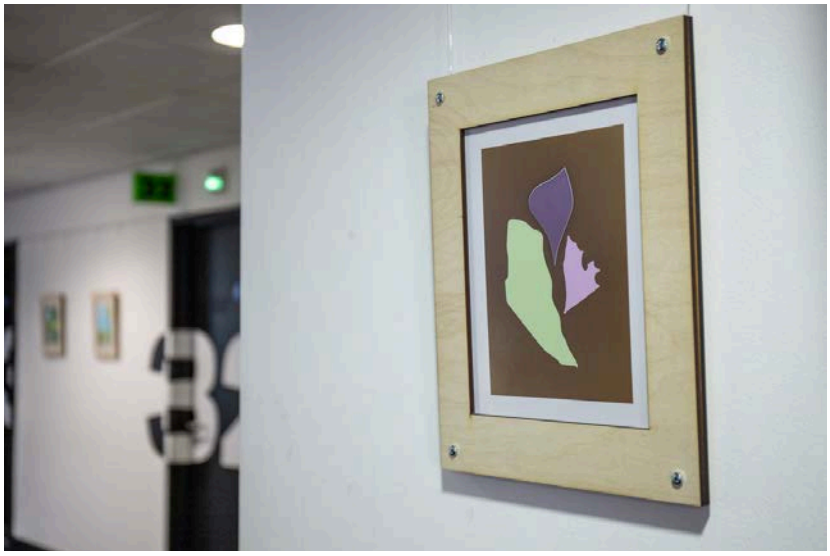
Peer supported talking therapies

Exhibitions

This year we have held five exhibitions across Kentish Town Health Centre and Queens Crescent Practice. Three of which were on our gallery space on the first floor of KTHC. The other two filled the busy corridors in both practices. These include:

- ‘The Vessel That Contains Me’ by Georgia Clemson
- ‘Biodivergent Sites and Sounds’ by Elinor Rowlands
- ‘We The Human: A Quiet Blue Wall’ with project partner Laura Mahopi
- Re:Purpose/Repurpose by Drawn Together
- ‘Window Into My World’ by Martin O'Connell

A huge thank you to the artists for filling our walls with beautiful moving work.



The Vessel That Contains Me
Georgia Clemson

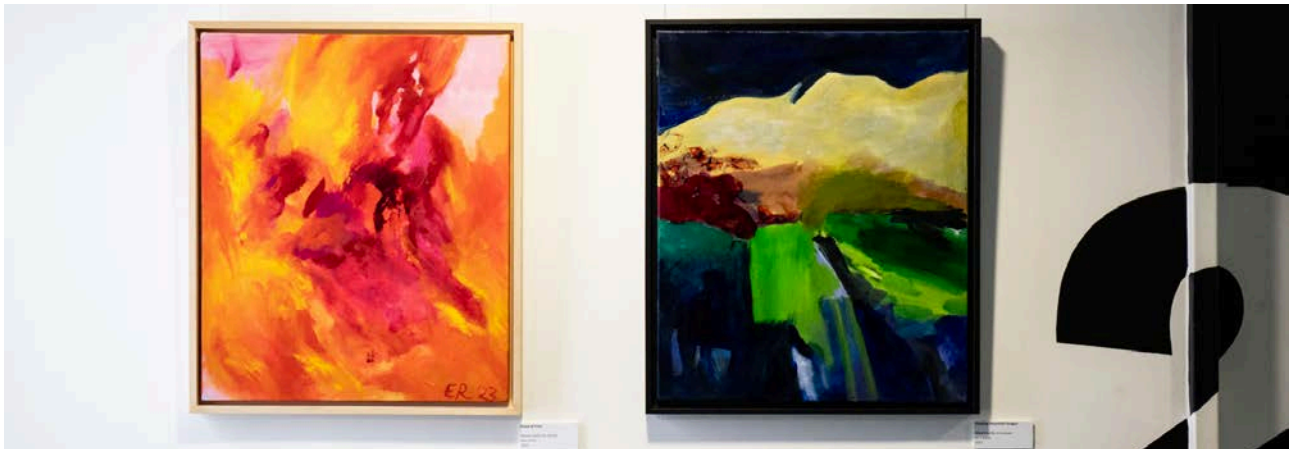
Every human body has physical and emotional limits, and like the border of a geographical territory, these boundaries can be hard, blurred or fragmented. There are many things that we cannot control about our health and the world around us, but we can feel empowered to make decisions about how we treat ourselves, and how we interact with our environment. In ‘The Vessel That Contains Me’, Georgia Clemson presented a series of photograms that celebrate the body as both a sacred site and a vessel that will carry you throughout your life.

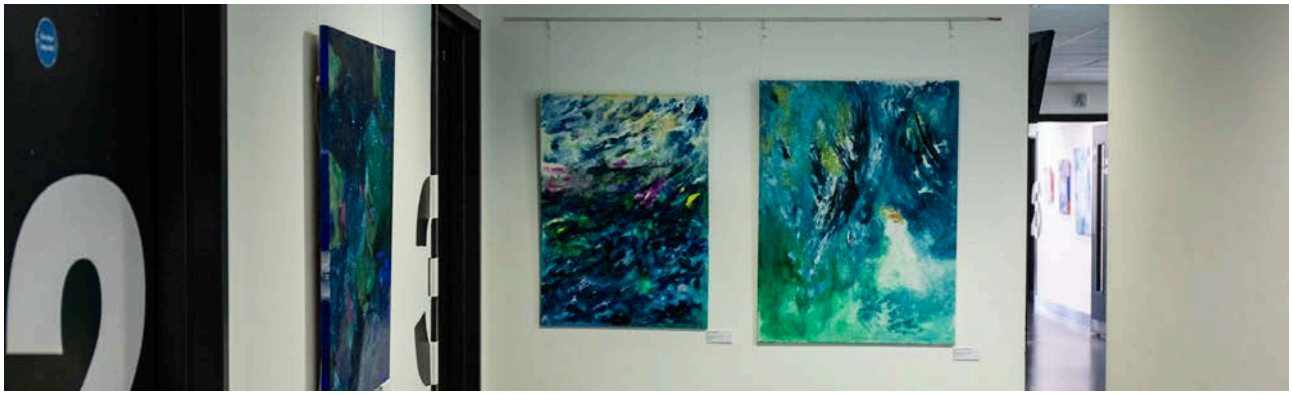
The abstract shapes that make up these prints were created by drawing around a person’s body as they moved around a piece of paper, capturing the space between the edges where a hand meets a waist, knee, neck or elbow. Through this process, a picture of the person is made that exposes the beauty of the human form outside of the normal conventions that we judge it on. Three other works explored the footprint of the Kentish Town Health Centre itself, a place designed specifically to facilitate care and wellbeing.

Biodivergent Sites and Sounds
Elinor Rowlands

Elinor Rowlands is an Autistic/ADHD multi-disciplinary artist and is a Fine Art practice-based PhD candidate. Elinor is based within the Artistic Research Centre (ARC) at Nottingham Trent University on a bursary scholarship. Her work is founded on the contemporary interplay between sound and live art, experimental forms of composition and language derived from the neurodivergent lived experience. This is underpinned by political interest and the act of “noticing”.

Biodivergent Sites and Sounds shone light on the importance of preserving our waterways and landscapes. Elinor's paintings are a response to the local stories and sounds found around London's waterways. The exhibition at Creative Health Camden featured paintings made in collaboration with other autistic musicians and pupils from Harlesden primary school.





We The Human: A Quiet Blue Wall

We The Human: A Quiet Blue Wall, is a global project, a people project, a human project, designed and developed by an artist from the community of the neurodiverse. The project aims to help those at risk of suicidal ideation and attempted suicide.

Visitors to the exhibition were invited to create, using only white and prussian blue oil paint, a painting of their face in any style.This has helped the project to build a quiet blue wall and change society for the better.

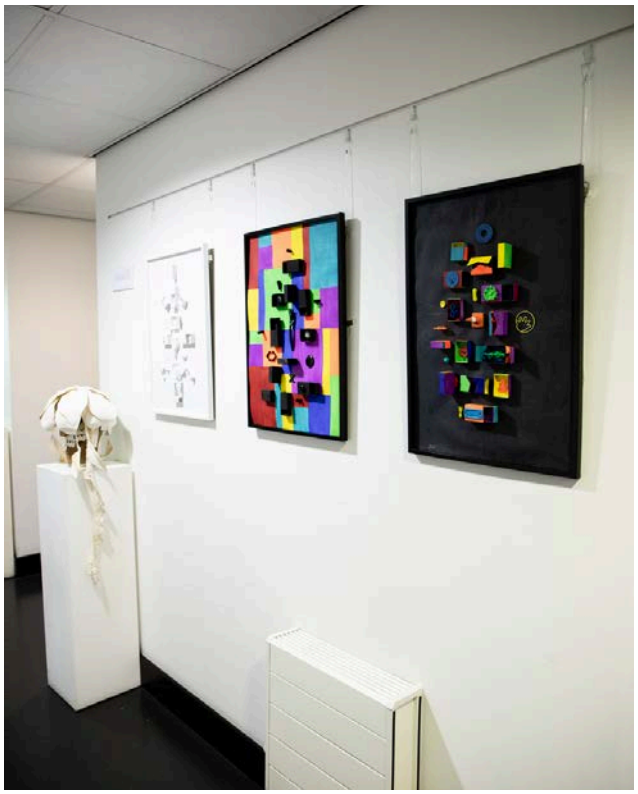
This project was facilitated by Laura Mahopi.

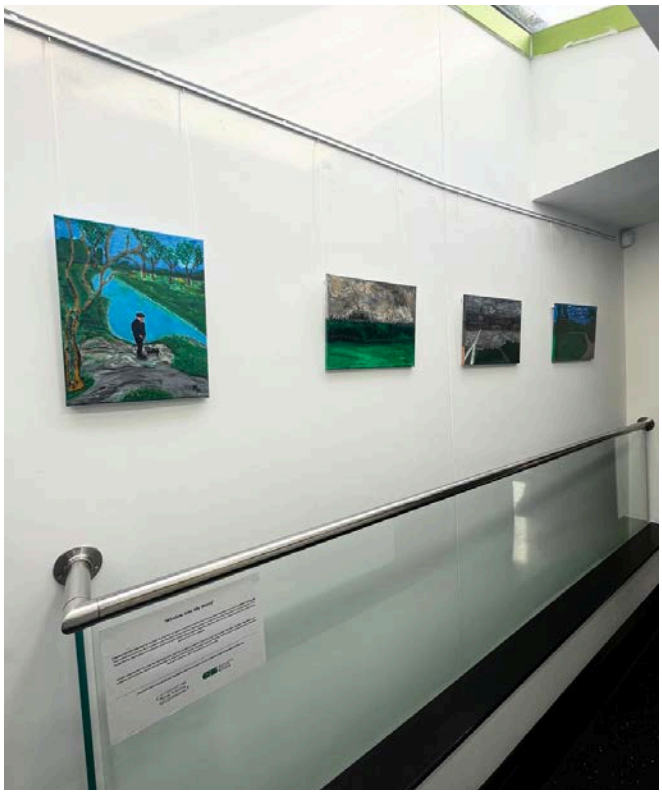
Re:Purpose/Repurpose & Window Into My World

As well as our first floor exhibitions programme we have also had two wonderful exhibitions of the work created by our ‘Drawn Together’ group: Re:Purpose/Repurpose and Window Into My World. These exhibitions lined our ground floor corridors at KTHC and our space at Queens Crescent Practice.

Re:Purpose/Repurpose was a group show by all the Drawn Together participants exploring the idea nothing is ever lost or wasted, however broken people or objects are, they can still create beauty.

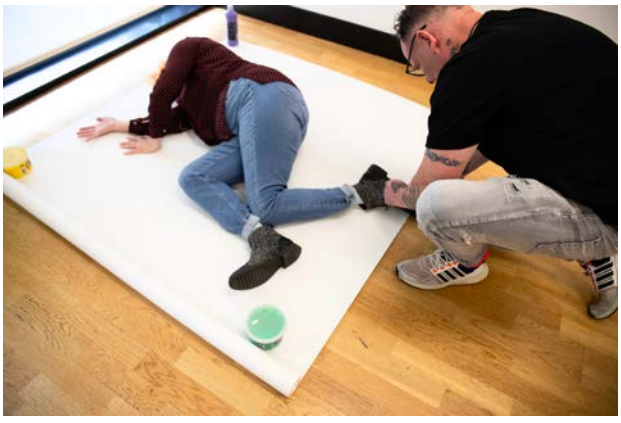
Window Into My World was a solo show by local artist, Martin O'Connell. This exhibition serves as a window into Martin's artistic world, showcasing a carefully curated selection of his paintings. Martin discovered his love for painting after joining our group ‘Drawn Together’





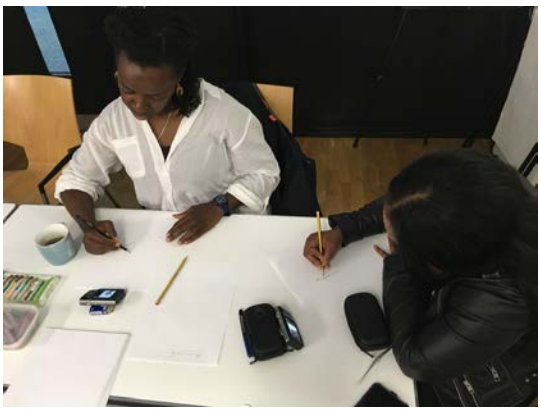
Exhibition Workshops

As well as our exhibitions programme, each artist ran a workshop based on their exhibition ideas. All Creative Health Camden participants were invited to join and we also partnered with Drummond Street Artists.



Black History Month X Camden Carers

After last years success on our collaboration with the Black Camden Carers Collective we held a workshop with artist Ryan Prince exploring identity and photography. Each carer was invited to take a self portrait with the support of Ryan. These were exhibited in the Camden Carers Black History Month celebration.

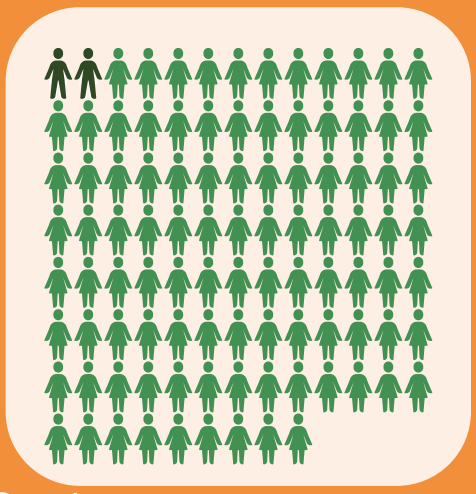


Data

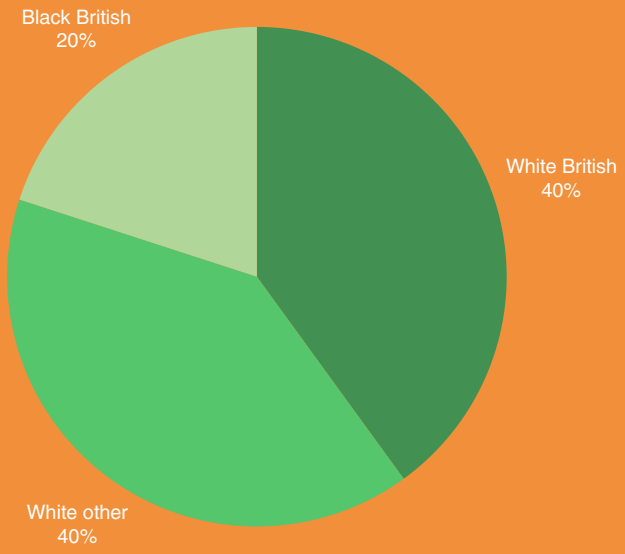
Note: participants were allowed to self-describe ethnicity, so may not correlate with census categories.

Freedom to Make

409 slots filled



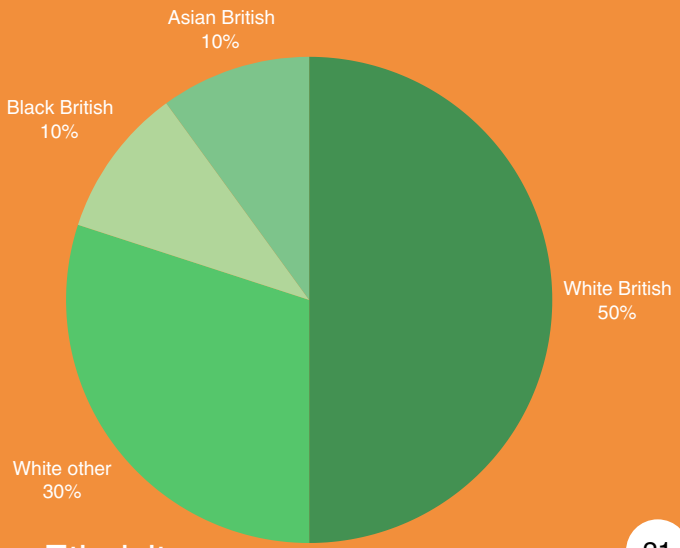
Gender



Ethnicity

Breathing for Wellbeing

416 slots filled



Ethnicity

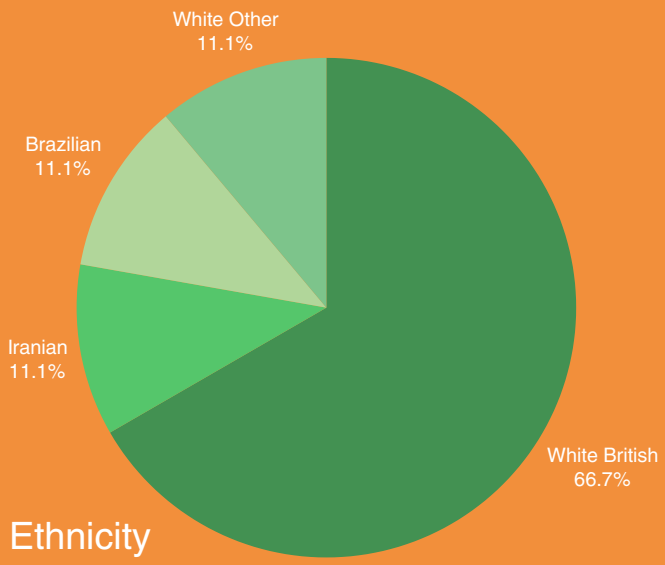
Gender

Data

Dance for Parkinson's

405 slots filled

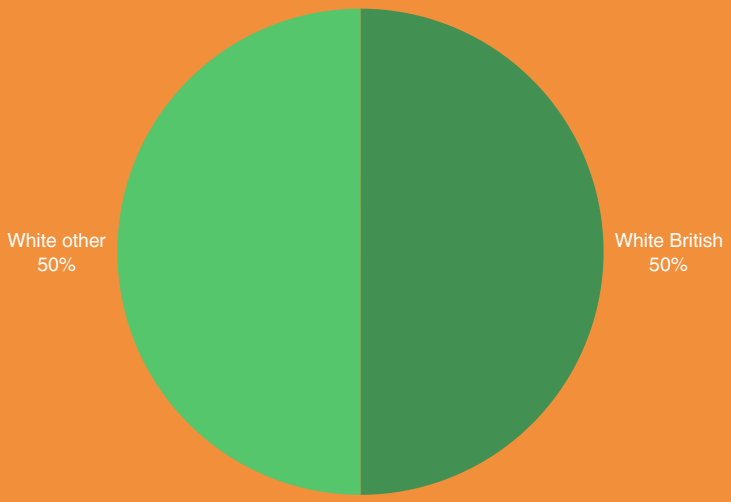
Gender



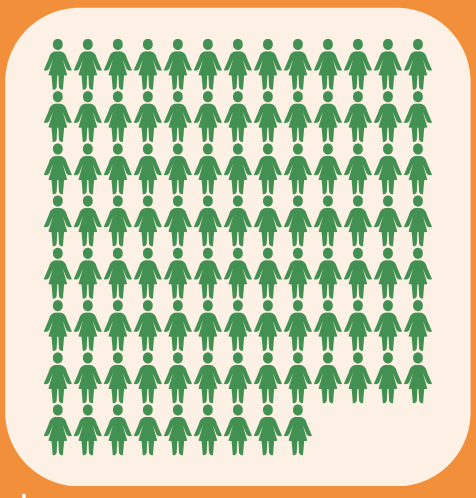
Ethnicity

Well-beeing Garden

75 slots filled



Ethnicity

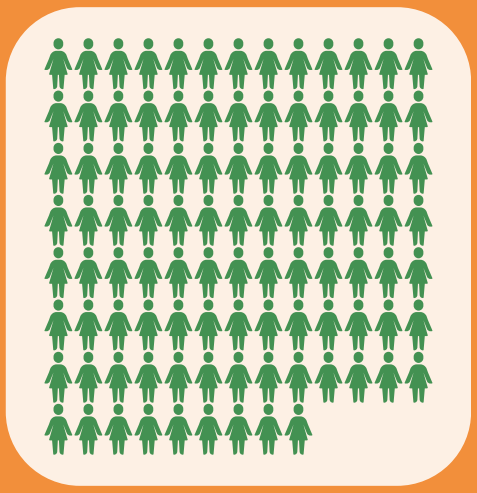


Gender

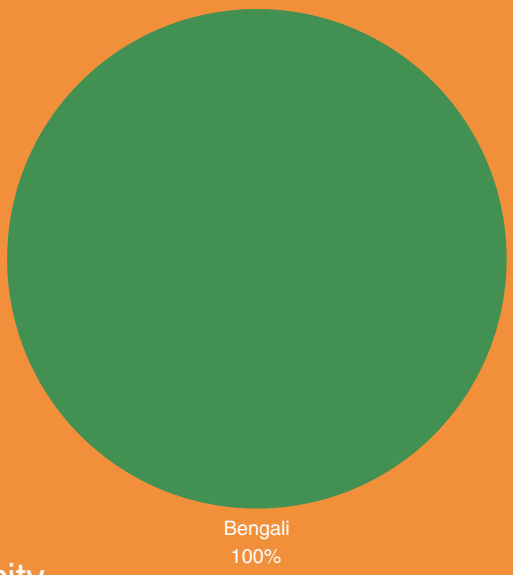
Data

Social Shapla

255 slots filled



Gender

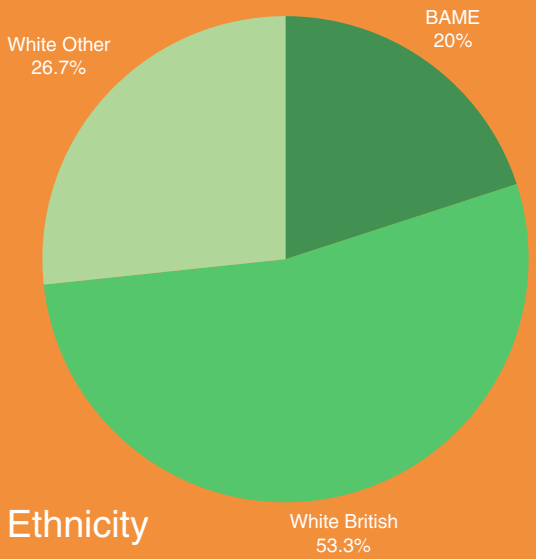


Ethnicity

Drawn Together

369 slots filled

Gender



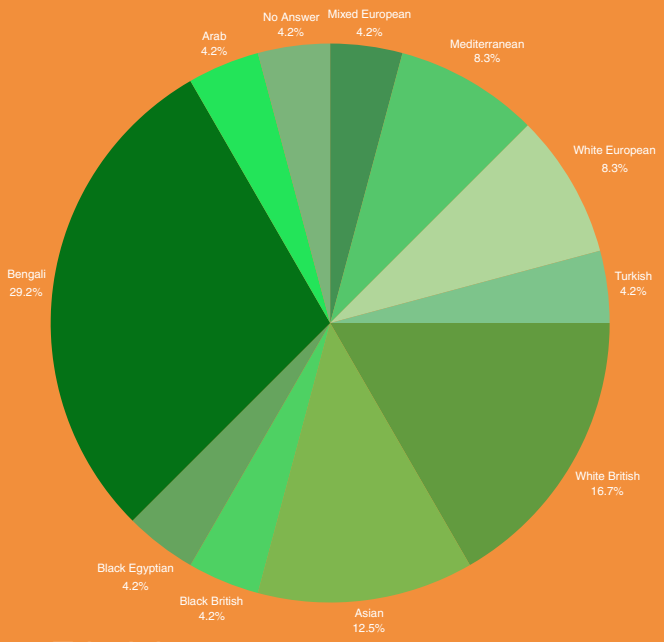
Ethnicity

Food Bank

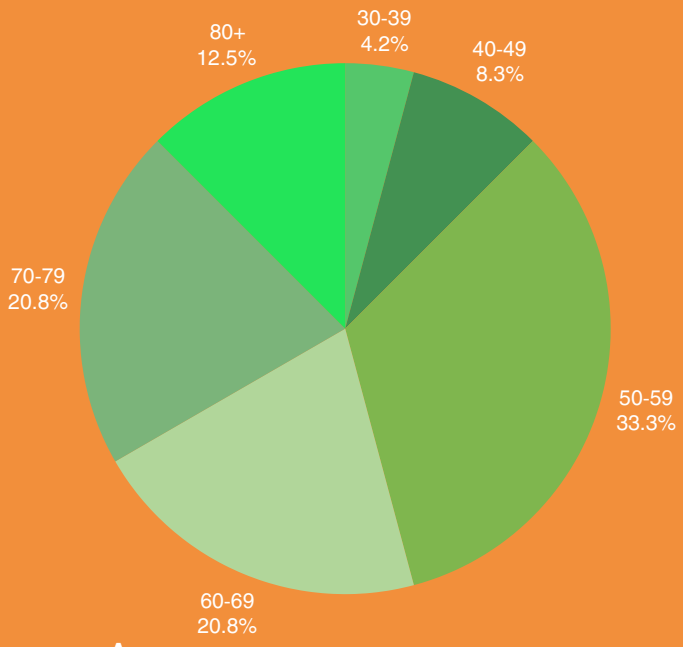
This year we helped 869 people/families

This project used food donated by both The Trussell Trust and Food Bank Aid

Gender



Ethnicity



Age

Staff and facilitators

Antonia Attwood,
Artistic Director

Maddie Rose,
Programmes and Evaluation lead

Grace Smith,
Exhibitions Assistant

Julie Crossan,
Breathing for Wellbeing

Anna Gillespie,
Dance for Parkinson's

Julien Lewis,
Dance for Parkinson's

Merlin Evans,
Drawn Together

Vanessa Hubbard,
Freedom to Make

Spencer Knoll,
Well-beeing Garden

Dilwara Talukder,
Social Shapla

Li Williams,
Social Shapla

Trustees

Abira Hussain, Trustee

Elizabeth Goodburn, Trustee

Hadjer Nacer, Trustee

Philip Posner, Trustee

Roy Macgregor, Chair of Trustees

Sally Higginbottom, Trustee

Steven Yaxley, Trustee

Moving Forward

Antonia Attwood, Artistic Director

First of all I would like to thank my fantastic team. Without their hard work and dedication CHC would not be where it is today.

This year has been a year of radical change, not only with our name and branding but also our success getting more diversity amongst the participants accessing our services.

This was really important to us as a goal this year, after making our projects more sustainable we were able to work to engage harder to reach communities.

Having gone from a majority of white british participants to having more than 200 people from the Bengali community at our family day was a huge win for us. The continuity of Social Shapla and other inclusive activities will hopefully continue this success into next year.

It is with regret that we may be obliged to close our food bank in the next year. However we are developing an in house benefits advice service to support our community in a more sustainable way.

We welcome our new Youth Hub project and hope to diversify the age range of our participants.

We are looking forward to continuing the work we do and couldn't be more excited about what lies ahead.

Antonia Attwood
Artistic Director, Creative Health Camden

CREATIVE
HEALTH
CAMDEN

Contact Information

Email: info@creativehealthcamden.com

Website: www.creativehealthcamden.com

Photographs by
Antonia Attwood
David Barreiro

Donate here

Prepared by
Antonia Attwood
Maddie Rose

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

1ST APRIL 2024

CHARITY NO. 1124077

Ramsay Brown LLP is a limited liability partnership registered in England and Wales. Reg. No. OC425701 Reg. Office: The Brentano Suite, Solar House, 915 High Road, North Finchley, London N12 8QJ

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2024

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KENTISH TOWN IMPROVEMENT FUND

CHARITY INFORMATION

TRUSTEES:	Dr. E. A. Goodburn Dr. P. Posner Dr. D. R. Macgregor Dr. S. Higginbottom Dr. H. Nacer-Laidi Dr. S. Yaxley Ms. A. Hussein
CHARITY NUMBER:	1124077
REGISTERED OFFICE:	James Wigg Practice Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
INDEPENDENT EXAMINER:	Laurence Slavin Ramsay Brown LLP The Brentano Suite, Solar House 915 High Road North Finchley London N12 8QJ
CLIENT REFERENCE:	K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2024

KENTISH TOWN IMPROVEMENT FUND CHARITY INFORMATION

The trustees present their report along with the financial statements for the year ended 1st April 2024. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011, and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008. The trustees named on Page 1 have served throughout the year.

The trustees govern the activities of the charity, meeting five times a year. They employ an Artistic Director and two other part-time staff to deliver its services, alongside several freelance staff. Ramsay Brown LLP prepares the annual financial statements using financial records provided by the trustees. The information shown on Page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees are fully engaged in the work of the charity, with some taking special responsibility for different areas of work. Towards the end of the financial year under review, the trustees initiated a governance review and began updating the Articles of Association to reflect the importance of art in the services the charity has been offering for the past 16 years. These services are provided to patients at the James Wigg and Queens Crescent Medical Centres and residents of the London Borough of Camden.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are regularly reviewed. Systems are in place and, where appropriate, professional advisors are appointed to mitigate those risks.

3. OBJECTIVES AND ACTIVITIES

Creative Health Camden (formerly known as Free Space Project) serves as the delivery body for the Kentish Town Improvement Fund. It provides practical support to Camden residents through non-pharmacological interventions, such as: Aromatherapy, Social Shapla for Bangladeshi Women, Breathing for Wellbeing, Drawn Together, Freedom to Make, Dance for Parkinson's, Well Being Garden and a Food Bank.

In addition to partnerships with the James Wigg and Queens Crescent Medical Centres, Creative Health Camden collaborates with other organisations on initiatives such as: Cycle Maintenance, Engage Here (for people living with neurodiversity or cognitive impairment), Advance Care Planning (helping people with terminal illnesses create living wills),Sing for Joy (a local community choir).

A total of 3,372 people benefited from the charity's work last year.

4. ACHIEVEMENTS AND PERFORMANCE

Last year, the charity secured significant funding for three major projects:

£23,950 from the Arts Council for the further development of Drawn Together, now in its third year. £20,000 from Awards for All (The National Lottery Community Fund) for the second year of Social Shapla. £15,000 from Camden Council for the Youth Hub. Additional smaller grants included: £2,740 from Camden & Islington Trust for the Wellbeing Project. £1,000 from Community Health Partnerships for the Social Shapla Garden Party.

The trustees express their gratitude for the main grant recorded in the accounts as My Gift to My Community, which has supported the charity's oncosts. The grant amounted to £145,000 in both 2023 and 2024.

Continued.....

Rebranding Success

A significant highlight of the year was the charity's rebranding from Free Space Project to Creative Health Camden. After careful consideration, the board of trustees concluded that the charity's original name and branding no longer adequately reflected its vision, mission, and the evolving nature of its work. The new name, Creative Health Camden, was chosen to better represent the charity's core focus on fostering health and wellbeing through creative approaches. This rebranding also emphasizes the charity's deep connection to the local community and its commitment to serving the residents of Camden. The updated branding not only clarifies the organisation's purpose but also strengthens its identity, ensuring it remains relevant and impactful as it moves forward.

5. FINANCIAL REVIEW

Reserves Policy

In line with Charity Commission recommendations, the trustees have formally adopted a reserves policy. This recognizes the uneven nature of the trust's income and ensures sufficient reserves to support ongoing projects for six months. This amounts to £66,314, which can be used in line with the charity's objectives at the trustees' discretion.

The policy distinguishes fixed asset reserves, which are not freely available, from free reserves. The trustees believe these reserves are adequate for the continued efficient management of the trust.

Investment Policy

The trustees will consider social, environmental, ethical, and equality-related factors when setting any future investment policy.

Financial Performance

The trustees are pleased with the performance of the Kentish Town Improvement Fund, which has net assets of £306,168 (2023: £250,127). There was a net incoming resource of £56,041 in the current year (2023: net outgoing resource of £127,411).

The trust continues to receive an annual grant of £145,000 from My Gift to My Community, which is managed by the trustees to sustain the fund's performance.

6. PLANS FOR THE FUTURE

Creative Health Camden remains committed to promoting equity, diversity, and inclusion through initiatives such as Social Shapla, which empowers Bengali women by providing a safe, supportive space to connect, share experiences, and access resources.

The charity also plans to hire an in-house benefits advisor to support Camden residents, addressing poverty and inequality.

Sustainability and Long-Term Impact

Creative Health Camden will continue its long-term creative health projects, which foster self-expression, social connection, and personal growth. These initiatives promote mental and physical wellbeing, resilience, and a sense of belonging.

By developing sustainable, community-driven programs, Creative Health Camden aims to ensure that creative health remains a cornerstone of wellbeing in Camden.

Continued.....

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice), including FRS 102.

Under the Charities Act 2011, trustees must prepare financial statements that:

Provide a true and fair view of the charity's financial activities and position.
Comply with applicable accounting standards and the Charities SORP.

When preparing these statements, trustees must:
a. Select and apply suitable accounting policies consistently.
b. Make reasonable and prudent judgments and estimates.
c. State compliance with applicable standards or explain deviations.
d. Prepare accounts on a going concern basis unless operations are expected to cease.

Trustees are also responsible for:

- Maintaining accurate accounting records.
- Safeguarding the charity's assets.
- Preventing and detecting fraud and other irregularitie

APPROVAL

This report was approved by the trustees and signed on 15th Jan 2025 and signed on their behalf.

.....
Dr. D. R. Macgregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund

I report to the charity trustees on my examination of the accounts of the company for the year ended 1 April 2024.

Respective Responsibilities of Trustees and Independent Examiner

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all of the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter Taylor

Peter Taylor FCA
Taylor Associates
1st Floor, Gallery Court
28 Arcadia Avenue
Finchley, London
N3 2FG

25th Feb 2025

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Prior Year 2023 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		-	2,859	2,859	1,495
Grants Received		-	214,686	214,686	12,586
TOTAL INCOME RESOURCES		-	217,545	217,545	14,081
RESOURCE EXPENDED					
Freelancer Pay	2	-	63,060	63,060	67,865
Project Expenditure	3	-	18,229	18,229	11,537
Other Grant Expenditure	4	-	78,777	78,777	62,709
Governance Costs	5	-	1,439	1,439	(617)
TOTAL RESOURCES EXPENDED		-	161,505	161,505	141,493
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		-	56,041	56,041	(127,411)
TOTAL FUNDS BROUGHT FORWARD		66,314	183,813	250,127	377,538
TOTAL FUNDS CARRIED FORWARD		66,314	239,854	306,168	250,127

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 8 to 11 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND

BALANCE SHEET

AS AT 1ST APRIL 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Prior Year 2023 £
CURRENT ASSETS:					
Bank and Cash		66,314	258,919	325,233	262,336
Debtors		-	-	-	610
		66,314	258,919	325,233	262,946
CREDITORS AND ACCRUALS					
Amounts falling due within one year	6	-	(19,065)	(19,065)	(12,819)
NET CURRENT ASSET		66,314	239,854	306,168	250,127
TOTAL ASSETS LESS CURRENT LIABILITIES		66,314	239,854	306,168	250,127
CAPITAL					
UNRESTRICTED FUND				66,314	65,009
RESTRICTED FUND				239,854	185,118
TOTAL CHARITY FUNDS				306,168	250,127

The notes on pages 8 to 11 form part of these accounts.

The financial statements on pages 6 to 11 were approved by the board of trustees on 15th Jan 2025.

.....

Dr. D. R. Macgregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 FREELANCER PAY

	2024	2023
	£	£
Grant - Arts Council - Antonia Attwood	100	-
Grant - Arts Council - Emily Bradfield	-	2,750
Grant - Arts Council - Eve Loren Mundy	-	5
Grant - Arts Council - Merlin Strangeway	3,000	445
Grant - Arts Council - Re-Creational	100	-
Grant - Arts Council - Ryan Prince	100	-
Grant - Baring Foundation - Art Stars	7,412	12,360
Grant - Baring Foundation - Assemble Design Ltd	317	-
Grant - Baring Foundation - Dilwara Talukder	5,778	1,530
Grant - Baring Foundation - Maryam Luong Face Painting	240	-
Grant - Baring Foundation - Rahima Begum	788	-
Grant - Baring Foundation - Sara Abu-Sala	135	-
Grant - Baring Foundation - Shewli Begum	120	-
Grant - Camden and Islington Trust - Julie Wemyss	405	-
Grant - London Borough of Camden Youth Hub - Art Stars	1,080	-
Grant - MGTMC Core - A M Richardson	5,250	4,500
Grant - MGTMC Core - Antonia Attwood	1,800	167
Grant - MGTMC Core - Art Stars	180	-
Grant - MGTMC Core - Bloomsbury Beginnings CIC	-	263
Grant - MGTMC Core - Catriona Andew	720	810
Grant - MGTMC Core - Charlie Blowers	570	820
Grant - MGTMC Core - Dance For Parkinsons	6,055	6,420
Grant - MGTMC Core - Daniel McGill	-	750
Grant - MGTMC Core - David Barreiro Vila	500	-
Grant - MGTMC Core - E Kosumi	70	-
Grant - MGTMC Core - Elinor Rowlands	1,150	-
Grant - MGTMC Core - Ellie Cavalli	2,150	980
Grant - MGTMC Core - Georgia Clemson	1,351	614
Grant - MGTMC Core - Grace Smith	180	16
Grant - MGTMC Core - Guido Balbo di Vinadio	70	-
Grant - MGTMC Core - Hannah Mayall	1,064	429
Grant - MGTMC Core - Ian Critchley	-	46
Grant - MGTMC Core - Iko-Ojo Mercy Haruna	-	150

Continued.....

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

Continued....

Grant - MGTMC Core - Lucy Levene	-	150
Grant - MGTMC Core - Madeline Rose	4,680	3,150
Grant - MGTMC Core - Maxwell Greenhalgh	70	100
Grant - MGTMC Core - Melissa Newbery Welcome	70	-
Grant - MGTMC Core - Sophia Oshodin	-	1,676
Grant - MGTMC Core - Tadhg Booth	-	140
Grant - MGTMC Core - The Phoenix Gardener	3,780	-
Grant - MGTMC Core - Tony Byers	99	1,565
Grant - MGTMC Core - Tracy Childs (Aromatherapy)	3,150	4,680
Grant - MGTMC Core - Vanessa Hubbard	4,230	3,780
Grant - National Lottery Community - Eve Loren Mundy	-	10,120
Grant - National Lottery Community - Merlin Strangeway	6,296	9,449
	63,060	67,865

3 PROJECT EXPENDITURE

	2024	2023
	£	£
Grant - Arts Council - Merlin Strangeway	1,133	-
Grant - Arts Council – Other Expenses	-	1,786
Grant - Baring Foundation - Art Stars	4,551	-
Grant – Baring Foundation - Other Expenses	270	227
Grant - Camden and Islington Trust - Other Expenses	180	120
Grant – Community Health Partnerships	1,521	-
Grant - London Borough of Camden Youth Hub - Art Stars	148	-
Grant - London Borough of Camden Youth Hub - Other Expenses	252	-
Grant - MGTMC Core - All Is Joy	240	-
Grant - MGTMC Core - Antonia Attwood	395	-
Grant - MGTMC Core - Art Stars	90	-
Grant - MGTMC Core - Dr Elizabeth Anne Goodburn	17	-
Grant - MGTMC Core - Dr Roy Macgregor	168	-
Grant - MGTMC Core - Georgia Clemson	137	-
Grant - MGTMC Core - Grace Smith	13	-
Grant - MGTMC Core - Hannah Mayall	37	-
Grant - MGTMC Core - James Wigg Practice	784	2,464
Grant - MGTMC Core - Madeline Rose	192	-
Grant - MGTMC Core – Other Expenses	7,237	6,940
Grant - MGTMC Core - The Phoenix Gardener	705	-
Grant - MGTMC Core - Vanessa Hubbard	117	-
Grant - National Lottery Community - Merlin Strangeway	42	-
	18,229	11,537

4 OTHER GRANT EXPENDITURE

	2024	2023
	£	£
Grant - Citizens Advice Bureau - Expenditure	-	4,028
Grant - MGTMC Core - Advertising & Marketing	245	175
Grant - MGTMC Core - Artistic Director	35,682	29,344

Continued.....

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

Continued....

Grant - MGTMC Core - Bookkeeping Fees	1,607	1,607
Grant - MGTMC Core - Charity Coordinator	30,035	16,341
Grant - MGTMC Core - Exhibitions Assistant	5,373	6,543
Grant - MGTMC Core - Insurance	1,084	1,069
Grant - MGTMC Core - IT and Communications	826	358
Grant - MGTMC Core - Payroll Costs	2,155	743
Grant - MGTMC Core - Printing & Stationery	687	455
Grant - MGTMC Core - Room Bookings	1,081	410
Grant - MGTMC Core - Staff Training	2	1,527
Grant - MGTMC Core - Travel	-	38
Grant - National Lottery Community - Travel	-	71
	78,777	62,709

5 GOVERNANCE COSTS

	2024	2023
	£	£
Accountancy Fees	1,020	(970)
Bank Charges and Interest	419	353
	1,439	(617)

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

6 CREDITORS AND ACCRUALS

	2024	2023
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	96	32
Accruals	18,935	12,753
	19,065	12,819

7 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

1ST APRIL 2024

CHARITY NO. 1124077

Ramsay Brown LLP is a limited liability partnership registered in England and Wales. Reg. No. OC425701 Reg. Office: The Brentano Suite, Solar House, 915 High Road, North Finchley, London N12 8QJ

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2024

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KENTISH TOWN IMPROVEMENT FUND

CHARITY INFORMATION

TRUSTEES:	Dr. E. A. Goodburn Dr. P. Posner Dr. D. R. Macgregor Dr. S. Higginbottom Dr. H. Nacer-Laidi Dr. S. Yaxley Ms. A. Hussein
CHARITY NUMBER:	1124077
REGISTERED OFFICE:	James Wigg Practice Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
INDEPENDENT EXAMINER:	Laurence Slavin Ramsay Brown LLP The Brentano Suite, Solar House 915 High Road North Finchley London N12 8QJ
CLIENT REFERENCE:	K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2024

KENTISH TOWN IMPROVEMENT FUND CHARITY INFORMATION

The trustees present their report along with the financial statements for the year ended 1st April 2024. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011, and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008. The trustees named on Page 1 have served throughout the year.

The trustees govern the activities of the charity, meeting five times a year. They employ an Artistic Director and two other part-time staff to deliver its services, alongside several freelance staff. Ramsay Brown LLP prepares the annual financial statements using financial records provided by the trustees. The information shown on Page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees are fully engaged in the work of the charity, with some taking special responsibility for different areas of work. Towards the end of the financial year under review, the trustees initiated a governance review and began updating the Articles of Association to reflect the importance of art in the services the charity has been offering for the past 16 years. These services are provided to patients at the James Wigg and Queens Crescent Medical Centres and residents of the London Borough of Camden.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are regularly reviewed. Systems are in place and, where appropriate, professional advisors are appointed to mitigate those risks.

3. OBJECTIVES AND ACTIVITIES

Creative Health Camden (formerly known as Free Space Project) serves as the delivery body for the Kentish Town Improvement Fund. It provides practical support to Camden residents through non-pharmacological interventions, such as: Aromatherapy, Social Shapla for Bangladeshi Women, Breathing for Wellbeing, Drawn Together, Freedom to Make, Dance for Parkinson's, Well Being Garden and a Food Bank.

In addition to partnerships with the James Wigg and Queens Crescent Medical Centres, Creative Health Camden collaborates with other organisations on initiatives such as: Cycle Maintenance, Engage Here (for people living with neurodiversity or cognitive impairment), Advance Care Planning (helping people with terminal illnesses create living wills),Sing for Joy (a local community choir).

A total of 3,372 people benefited from the charity's work last year.

4. ACHIEVEMENTS AND PERFORMANCE

Last year, the charity secured significant funding for three major projects:

£23,950 from the Arts Council for the further development of Drawn Together, now in its third year. £20,000 from Awards for All (The National Lottery Community Fund) for the second year of Social Shapla. £15,000 from Camden Council for the Youth Hub. Additional smaller grants included: £2,740 from Camden & Islington Trust for the Wellbeing Project. £1,000 from Community Health Partnerships for the Social Shapla Garden Party.

The trustees express their gratitude for the main grant recorded in the accounts as My Gift to My Community, which has supported the charity's oncosts. The grant amounted to £145,000 in both 2023 and 2024.

Continued.....

Rebranding Success

A significant highlight of the year was the charity's rebranding from Free Space Project to Creative Health Camden. After careful consideration, the board of trustees concluded that the charity's original name and branding no longer adequately reflected its vision, mission, and the evolving nature of its work. The new name, Creative Health Camden, was chosen to better represent the charity's core focus on fostering health and wellbeing through creative approaches. This rebranding also emphasizes the charity's deep connection to the local community and its commitment to serving the residents of Camden. The updated branding not only clarifies the organisation's purpose but also strengthens its identity, ensuring it remains relevant and impactful as it moves forward.

5. FINANCIAL REVIEW

Reserves Policy

In line with Charity Commission recommendations, the trustees have formally adopted a reserves policy. This recognizes the uneven nature of the trust's income and ensures sufficient reserves to support ongoing projects for six months. This amounts to £66,314, which can be used in line with the charity's objectives at the trustees' discretion.

The policy distinguishes fixed asset reserves, which are not freely available, from free reserves. The trustees believe these reserves are adequate for the continued efficient management of the trust.

Investment Policy

The trustees will consider social, environmental, ethical, and equality-related factors when setting any future investment policy.

Financial Performance

The trustees are pleased with the performance of the Kentish Town Improvement Fund, which has net assets of £306,168 (2023: £250,127). There was a net incoming resource of £56,041 in the current year (2023: net outgoing resource of £127,411).

The trust continues to receive an annual grant of £145,000 from My Gift to My Community, which is managed by the trustees to sustain the fund's performance.

6. PLANS FOR THE FUTURE

Creative Health Camden remains committed to promoting equity, diversity, and inclusion through initiatives such as Social Shapla, which empowers Bengali women by providing a safe, supportive space to connect, share experiences, and access resources.

The charity also plans to hire an in-house benefits advisor to support Camden residents, addressing poverty and inequality.

Sustainability and Long-Term Impact

Creative Health Camden will continue its long-term creative health projects, which foster self-expression, social connection, and personal growth. These initiatives promote mental and physical wellbeing, resilience, and a sense of belonging.

By developing sustainable, community-driven programs, Creative Health Camden aims to ensure that creative health remains a cornerstone of wellbeing in Camden.

Continued.....

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice), including FRS 102.

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Provide a true and fair view of the charity's financial activities and position.
Comply with applicable accounting standards and the Charities SORP.

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a. Select and apply suitable accounting policies consistently.
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d. Prepare accounts on a going concern basis unless operations are expected to cease.

Trustees are also responsible for:

- Maintaining accurate accounting records.
- Safeguarding the charity's assets.
- Preventing and detecting fraud and other irregularitie

APPROVAL

This report was approved by the trustees and signed on 15th Jan 2025 and signed on their behalf.

.....
Dr. D. R. Macgregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund

I report to the charity trustees on my examination of the accounts of the company for the year ended 1 April 2024.

Respective Responsibilities of Trustees and Independent Examiner

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all of the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

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I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter Taylor

Peter Taylor FCA
Taylor Associates
1st Floor, Gallery Court
28 Arcadia Avenue
Finchley, London
N3 2FG

25th Feb 2025

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Prior Year 2023 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		-	2,859	2,859	1,495
Grants Received		-	214,686	214,686	12,586
TOTAL INCOME RESOURCES		-	217,545	217,545	14,081
RESOURCE EXPENDED					
Freelancer Pay	2	-	63,060	63,060	67,865
Project Expenditure	3	-	18,229	18,229	11,537
Other Grant Expenditure	4	-	78,777	78,777	62,709
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TOTAL RESOURCES EXPENDED		-	161,505	161,505	141,493
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		-	56,041	56,041	(127,411)
TOTAL FUNDS BROUGHT FORWARD		66,314	183,813	250,127	377,538
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KENTISH TOWN IMPROVEMENT FUND

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AS AT 1ST APRIL 2024

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		66,314	258,919	325,233	262,946
CREDITORS AND ACCRUALS					
Amounts falling due within one year	6	-	(19,065)	(19,065)	(12,819)
NET CURRENT ASSET		66,314	239,854	306,168	250,127
TOTAL ASSETS LESS CURRENT LIABILITIES		66,314	239,854	306,168	250,127
CAPITAL					
UNRESTRICTED FUND				66,314	65,009
RESTRICTED FUND				239,854	185,118
TOTAL CHARITY FUNDS				306,168	250,127

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Dr. D. R. Macgregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years. The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 FREELANCER PAY

	2024	2023
	£	£
Grant - Arts Council - Antonia Attwood	100	-
Grant - Arts Council - Emily Bradfield	-	2,750
Grant - Arts Council - Eve Loren Mundy	-	5
Grant - Arts Council - Merlin Strangeway	3,000	445
Grant - Arts Council - Re-Creational	100	-
Grant - Arts Council - Ryan Prince	100	-
Grant - Baring Foundation - Art Stars	7,412	12,360
Grant - Baring Foundation - Assemble Design Ltd	317	-
Grant - Baring Foundation - Dilwara Talukder	5,778	1,530
Grant - Baring Foundation - Maryam Luong Face Painting	240	-
Grant - Baring Foundation - Rahima Begum	788	-
Grant - Baring Foundation - Sara Abu-Sala	135	-
Grant - Baring Foundation - Shewli Begum	120	-
Grant - Camden and Islington Trust - Julie Wemyss	405	-
Grant - London Borough of Camden Youth Hub - Art Stars	1,080	-
Grant - MGTMC Core - A M Richardson	5,250	4,500
Grant - MGTMC Core - Antonia Attwood	1,800	167
Grant - MGTMC Core - Art Stars	180	-
Grant - MGTMC Core - Bloomsbury Beginnings CIC	-	263
Grant - MGTMC Core - Catriona Andew	720	810
Grant - MGTMC Core - Charlie Blowers	570	820
Grant - MGTMC Core - Dance For Parkinsons	6,055	6,420
Grant - MGTMC Core - Daniel McGill	-	750
Grant - MGTMC Core - David Barreiro Vila	500	-
Grant - MGTMC Core - E Kosumi	70	-
Grant - MGTMC Core - Elinor Rowlands	1,150	-
Grant - MGTMC Core - Ellie Cavalli	2,150	980
Grant - MGTMC Core - Georgia Clemson	1,351	614
Grant - MGTMC Core - Grace Smith	180	16
Grant - MGTMC Core - Guido Balbo di Vinadio	70	-
Grant - MGTMC Core - Hannah Mayall	1,064	429
Grant - MGTMC Core - Ian Critchley	-	46
Grant - MGTMC Core - Iko-Ojo Mercy Haruna	-	150

Continued.....

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

Continued....

Grant - MGTMC Core - Lucy Levene	-	150
Grant - MGTMC Core - Madeline Rose	4,680	3,150
Grant - MGTMC Core - Maxwell Greenhalgh	70	100
Grant - MGTMC Core - Melissa Newbery Welcome	70	-
Grant - MGTMC Core - Sophia Oshodin	-	1,676
Grant - MGTMC Core - Tadhg Booth	-	140
Grant - MGTMC Core - The Phoenix Gardener	3,780	-
Grant - MGTMC Core - Tony Byers	99	1,565
Grant - MGTMC Core - Tracy Childs (Aromatherapy)	3,150	4,680
Grant - MGTMC Core - Vanessa Hubbard	4,230	3,780
Grant - National Lottery Community - Eve Loren Mundy	-	10,120
Grant - National Lottery Community - Merlin Strangeway	6,296	9,449
	63,060	67,865

3 PROJECT EXPENDITURE

	2024	2023
	£	£
Grant - Arts Council - Merlin Strangeway	1,133	-
Grant - Arts Council – Other Expenses	-	1,786
Grant - Baring Foundation - Art Stars	4,551	-
Grant – Baring Foundation - Other Expenses	270	227
Grant - Camden and Islington Trust - Other Expenses	180	120
Grant – Community Health Partnerships	1,521	-
Grant - London Borough of Camden Youth Hub - Art Stars	148	-
Grant - London Borough of Camden Youth Hub - Other Expenses	252	-
Grant - MGTMC Core - All Is Joy	240	-
Grant - MGTMC Core - Antonia Attwood	395	-
Grant - MGTMC Core - Art Stars	90	-
Grant - MGTMC Core - Dr Elizabeth Anne Goodburn	17	-
Grant - MGTMC Core - Dr Roy Macgregor	168	-
Grant - MGTMC Core - Georgia Clemson	137	-
Grant - MGTMC Core - Grace Smith	13	-
Grant - MGTMC Core - Hannah Mayall	37	-
Grant - MGTMC Core - James Wigg Practice	784	2,464
Grant - MGTMC Core - Madeline Rose	192	-
Grant - MGTMC Core – Other Expenses	7,237	6,940
Grant - MGTMC Core - The Phoenix Gardener	705	-
Grant - MGTMC Core - Vanessa Hubbard	117	-
Grant - National Lottery Community - Merlin Strangeway	42	-
	18,229	11,537

4 OTHER GRANT EXPENDITURE

	2024	2023
	£	£
Grant - Citizens Advice Bureau - Expenditure	-	4,028
Grant - MGTMC Core - Advertising & Marketing	245	175
Grant - MGTMC Core - Artistic Director	35,682	29,344

Continued.....

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2024

Continued....

Grant - MGTMC Core - Bookkeeping Fees	1,607	1,607
Grant - MGTMC Core - Charity Coordinator	30,035	16,341
Grant - MGTMC Core - Exhibitions Assistant	5,373	6,543
Grant - MGTMC Core - Insurance	1,084	1,069
Grant - MGTMC Core - IT and Communications	826	358
Grant - MGTMC Core - Payroll Costs	2,155	743
Grant - MGTMC Core - Printing & Stationery	687	455
Grant - MGTMC Core - Room Bookings	1,081	410
Grant - MGTMC Core - Staff Training	2	1,527
Grant - MGTMC Core - Travel	-	38
Grant - National Lottery Community - Travel	-	71
	78,777	62,709

5 GOVERNANCE COSTS

	2024	2023
	£	£
Accountancy Fees	1,020	(970)
Bank Charges and Interest	419	353
	1,439	(617)

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

6 CREDITORS AND ACCRUALS

	2024	2023
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	96	32
Accruals	18,935	12,753
	19,065	12,819

7 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

KENTISH TOWN IMPROVEMENT FUND

England & Wales - Charity number 1124077

Accounts

DR ROY MACGREGOR, CHARITY CHAIR

Since 2008 when the Free Space Project was born with a lottery grant, we have been fortunate to sustain and enlarge our activities. 2021- 2022 has been an exceptional year.

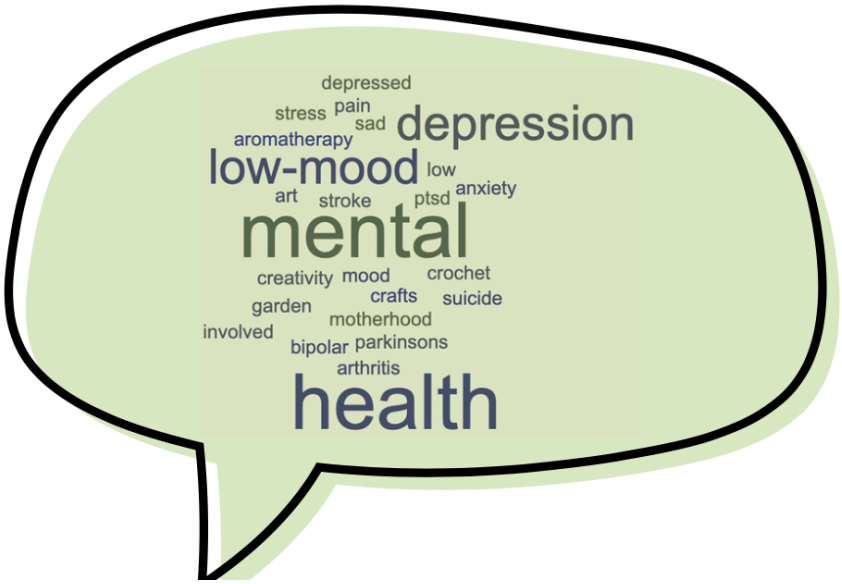
Under the leadership of Antonia Attwood the charity has made great strides. Antonia now has a small team who ably assist her in disseminating information, maintaining links, and expanding our programme. We are now reaching a more diverse community, and delivering in multiple directions as this report illustrates.

Just as Social Prescribing has become such an important addition to a doctor or nurses repertoire for assisting people, the FSP has been better placed than ever to provide support. We continue to lead as a National Exemplar and are justly proud of our position which helps other centres to move forward in a similar direction.

Your support and encouragement does help us to maintain high standards and deliver an outstanding programme.

Dr Roy Macgregor
Chair of Trustees

REASON FOR REFERRAL



CITIZENS' ADVICE BUREAU

PROVIDING THE ADVICE PEOPLE NEED FOR THE PROBLEMS THEY FACE AND IMPROVE THE POLICIES AND PRACTICES THAT AFFECT PEOPLE'S LIVES.

PROJECT OVERVIEW

BACKGROUND

James Wigg advice project has been running since 1st August 2018. It was set up to replace the previous advice service which had run for several years as part of a project funded by Camden CCG across several GP surgeries in the borough of Camden. The funding for that project was terminated by Camden CCG with effect from 31st July 2018. Kentish Town Improvement Fund kindly agreed funding to enable the advice work to continue at James Wigg Practice.
The need for this work arises because many people with health problems experience difficulties in accessing their legal rights to benefits, and to other resources which they need in order to manage their welfare. They are often unable to work or are on low income for other reasons. This can in turn lead to debt problems, difficulties with obtaining and maintaining adequate accommodation, and failure to access their rights in other areas.

Locating the advice sessions in health centres enables us to work closely with GPs and other health care professionals. A lot of the advice relates to benefits and other welfare issues which are linked to health. The adviser can deal with such issues which might otherwise take up time during patients' consultations with health professionals. Advice is provided in relation to welfare benefits, debt, housing and a range of

We created physical self- referals in the waiting room so patients can refer themselves and save the clinicans time

We made a leaflet that combined all our projects in one easily accessible place

We refined our online self referral process so everything is kept in one place and information is easy to find

We developed hybrid sessions - meaning they run both online and offline - so everyone could access our services in a way that suited them

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

1ST APRIL 2022

CHARITY NO. 1124077

Ramsay Brown LLP is a limited liability partnership registered in England and Wales. Reg. No. OC425701 Reg. Office: The Brentano Suite, Solar House, 915 High Road, North Finchley, London N12 8QJ

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2022

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KENTISH TOWN IMPROVEMENT FUND

CHARITY INFORMATION

TRUSTEES:	Dr. E. A. Goodburn Dr. P. Posner Dr. D. R. MacGregor Dr. S. Higginbottom Dr. H. Nacer-Laidi Dr. S. Yaxley Ms. A. Hussein
CHARITY NUMBER:	1124077
REGISTERED OFFICE:	James Wigg Practice Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
INDEPENDENT EXAMINER:	Laurence Slavin Ramsay Brown LLP The Brentano Suite, Solar House 915 High Road North Finchley London N12 8QJ
CLIENT REFERENCE:	K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2022

The trustees present their report along with the financial statements for the year ended 1st April 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The Charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008.

The trustees named on page 1 have served throughout the year. The trustees run the day to day activities of the Charity personally and do not employ any staff. Ramsay Brown LLP prepare the annual financial statements using financial records prepared by the trustees. The information shown on page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees consider that the affairs of the Charity are straightforward and do not require a complicated regime of governance. The trustees are regularly in touch and meet formally four times a year. The trustees have in mind the need to provide for trustees' succession and when new trustees are appointed the trustees will ensure that they are properly inducted and trained.

3. OBJECTIVES AND ACTIVITIES

The objects of the Charity are charitable objects or purposes concerned with the benefit of the community living in the London Borough of Camden and the surrounding areas by the promotion of health, the advancement of education and the relief of poverty, sickness and distress.

The Charity achieves these objectives by the trustees making financial grants to organisations. The trustees made a small number of grants to organisations for charitable purposes within the objects set out above. The charity also offers financial support to a range of services at Kentish Town Health Centre including social and healthcare, multi-disciplinary interactive healthcare and education training, and support groups for sufferers of long term conditions.

4. ACHIEVEMENTS AND PERFORMANCE

The trustees are pleased to state that the trust has sufficient funds to meet its current and future obligations, and that such reserves as it maintains are considered to be reasonable.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are and will continue to be regularly reviewed, and systems have been and will be established, and where appropriate, professional advisors have been or will be appointed to mitigate those risks.

5. FINANCIAL REVIEW

During the year ended 1st April 2021 the trust received donated funds of £45,687 (2021: £433,244), now presented in the accounts as My Gift to My Community.

Our primary sponsor comments:
"My support to the community stems from a desire to tackle inequality and injustice. The Kentish Town Improvement Fund was set up with a broad agenda. It has delivered targeted help since 2008. It is important this continues."

As a National exemplar we must continue without erosion of our principles. It is necessary to restrict our core funding to deliver the primary care initiatives we have developed. These are unique, as they are Primary Care based, not hospital funded or delivered in Secondary Care.

The Free Space Project now delivers a programme of Arts and Health activity that is a leading example of what can be delivered in Primary Care. The Social prescribing agenda specifically adds to the repertoire of the possibilities for doctors and nurses to prescribe, or direct patients towards. Our research has shown a decrease in antidepressant medication prescribing and fewer GP appointments in the cohort benefiting from FSP funded initiatives.

Continued……

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

Continued...

Community Health Partnerships - a wholly owned Department of Health property section - sights the FSP as a National exemplar across their estate. This now comprises more than 250 Health Centres built over the last 12 years. The FSP intends to show case what can be delivered to tackle difficult community problems, which do not currently have mainstream support.

We intend to deliver an expanding programme of Social Prescribing initiatives. It is important our funding is targeted and restricted to ensure our success.

The trustees are pleased with the performance of Kentish Town Improvement Fund which has net assets of £377,538 (2021: £443,253). There was a net outgoing resources of £65,715 in the current year (2021: incoming resources of £304,997). The trust also continues to utilise a donation of £250,000 received in the year-ended 1st April 2014, another £250,000 received in the year-ended 1st April 2018 and £375,000 received in the year-ended 1st April 2021 to enable it to continue to fund the ongoing implementation of its objectives.

Reserves Policy

In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. This recognises that the income of the trust does not arise evenly year on year and so to enable the trust to plan its activities it is prudent to hold reserves. The Trustees consider it wise to hold unrestricted funds to satisfy ongoing projects for 6 months. This equates to £65,009 as in the proposed budget.(Attached). The policy also recognises that the reserves that represent the fixed assets of the trust are not freely available and thus are to be distinguished from free reserves. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

Investment Policy

The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

6. PLANS FOR THE FUTURE

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Charity's trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The trustees are required under the Charities Act 2011 to prepare financial statements for each financial year which gives a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year (unless the charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

a. select suitable accounting policies and apply them consistently;

b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);

c. make judgments and estimates that are reasonable and prudent;

d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

APPROVAL

This report was approved by the trustees and signed on …… 2022 and signed on their behalf.

.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund

In accordance with your instructions we have examined without carrying out an audit, the accounts for the year ended 1 April 2022.

Respective Responsibilities of Trustees and Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:

   - to keep accounting records in accordance with section 41 of the Act; and
   - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

   have not been met; or

2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Laurence Slavin
Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ

2022

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Prior Year 2021 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		-	6,097	6,098	384,331
Grants Received		-	39,590	39,590	48,913
TOTAL INCOME RESOURCES		-	45,687	45,687	433,244
RESOURCE EXPENDED					
Grants	2	-	60,192	60,192	62,457
Running Costs	3	-	47,982	47,982	63,144
Governance Costs	4	-	3,228	3,228	2,646
TOTAL RESOURCES EXPENDED		-	111,402	111,402	128,247
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		-	(65,715)	(65,715)	304,997
TOTAL FUNDS BROUGHT FORWARD		65,009	378,244	443,253	138,256
TOTAL FUNDS CARRIED FORWARD		65,009	312,529	377,538	443,253

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND

BALANCE SHEET

AS AT 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Prior Year 2021 £
CURRENT ASSETS:					
Bank and Cash		65,009	337,924	402,933	470,894
Debtors			1,610	1,610	-
		65,009	339,534	404,543	470,894
CREDITORS AND ACCRUALS					
Amounts falling due within one year	5	-	(27,005)	(27,005)	(27,641)
NET CURRENT ASSET		65,009	312,529	377,538	443,253
TOTAL ASSETS LESS CURRENT LIABILITIES		65,009	312,529	377,538	443,253
CAPITAL					
UNRESTRICTED FUND				65,009	65,009
RESTRICTED FUND				312,529	378,244
TOTAL CHARITY FUNDS				377,538	443,253

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on ……..…….... 2022.

.....……..

Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years .The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 GRANTS

	2022	2021
	£	£
Aromatherapy Sessions	5,040	4,740
Baby Sing-A-Long	-	5,225
Saber Ali – Arts Facilitator	-	1,300
Rebecca J Vaughan – BSL Video	-	80
Ibrahim Azab – Arts Commission	-	75
Chris Cawkwell	720	120
Dance For Parkinson's	7,170	5,185
Citizen Advice Bureau	18,041	17,687
Arts & Health Hub Project	125	125
Creative Wellbeing	-	6,180
BP Consulting	-	2,500
Clinical Supervision	1,120	1,540
Mindful Transformation Exhibition	-	1,050
Intro To Drawing Course	-	600
Virtual Exhibition	-	2,970
On A Scale of 1-10 Exhibition	-	2,675
Freedom to Make Online Sessions	-	2,200
Hulkes Lane Darkroom Studio	-	230
The Support Hub	200	1,550
Zo & Co Consulting	-	850
National Lottery Community Fund Project	90	175
Drawn Together Program	13,803	2,100
Emily Bradfield	250	1,500
Isaac Caplan Wilson	405	-
Reimbursement	500	-
Freedom to Be Project	350	1,750
Vanessa Hubbard	1,080	50
Face Painting	122	-
George Meadows	150	-
Marina Shu Wa Wu	400	-
Assemble Design Ltd	132	-
Madeline Rose	3,860	-
A M Richardson	1,625	-
Loise Camrass	150	-

Continued……

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

Continued….

Tadhg Booth	155	-
Papia Islam	200	-
Lucy Levene	1,607	-
Charlie Blowers	320	-
Grace Smith	1,100	-
Iko-Ojo Mercy Haruna	1,297	-
Catriona Andrew	180	-
	60,192	62,457

3 RUNNING COSTS

	2022	2021
	£	£
Advertising and Marketing	152	396
Arts Coordinator	18,227	15,459
Arts Director	15,368	28,024
Artist Material	6,626	9,405
Entertaining	564	-
Gardening	-	926
General Expenses	455	384
Insurance	1,033	836
Printing, Postage and Stationery	(7)	367
Repairs and Equipment	1,585	2,357
Room Bookings	-	105
Subscriptions	3,306	2,283
Telephone and IT costs	218	1,007
Training Costs	275	1,433
Travel Costs	180	162
	47,982	63,144

4 GOVERNANCE COSTS

	2022	2021
	£	£
Accountancy Fees	1,237	804
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	384	235
	3,228	2,646

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

5 CREDITORS AND ACCRUALS

	2022	2021
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	32	32
Accruals	26,939	27,575
	27,005	27,641

6 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

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Signature 1

Signed by Roy Macgregor using authentication code Z24hIXR1TDZpXFEq at IP address 149.86.186.210, on 2022/11/17 10:08:39 Z.

Roy Macgregor's e-mail address is: roy.macgregor7@gmail.com.

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

1ST APRIL 2022

CHARITY NO. 1124077

Ramsay Brown LLP is a limited liability partnership registered in England and Wales. Reg. No. OC425701 Reg. Office: The Brentano Suite, Solar House, 915 High Road, North Finchley, London N12 8QJ

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2022

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KENTISH TOWN IMPROVEMENT FUND

CHARITY INFORMATION

TRUSTEES:	Dr. E. A. Goodburn Dr. P. Posner Dr. D. R. MacGregor Dr. S. Higginbottom Dr. H. Nacer-Laidi Dr. S. Yaxley Ms. A. Hussein
CHARITY NUMBER:	1124077
REGISTERED OFFICE:	James Wigg Practice Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
INDEPENDENT EXAMINER:	Laurence Slavin Ramsay Brown LLP The Brentano Suite, Solar House 915 High Road North Finchley London N12 8QJ
CLIENT REFERENCE:	K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2022

The trustees present their report along with the financial statements for the year ended 1st April 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

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During the year ended 1st April 2021 the trust received donated funds of £45,687 (2021: £433,244), now presented in the accounts as My Gift to My Community.

Our primary sponsor comments:
"My support to the community stems from a desire to tackle inequality and injustice. The Kentish Town Improvement Fund was set up with a broad agenda. It has delivered targeted help since 2008. It is important this continues."

As a National exemplar we must continue without erosion of our principles. It is necessary to restrict our core funding to deliver the primary care initiatives we have developed. These are unique, as they are Primary Care based, not hospital funded or delivered in Secondary Care.

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Continued……

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

Continued...

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In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. This recognises that the income of the trust does not arise evenly year on year and so to enable the trust to plan its activities it is prudent to hold reserves. The Trustees consider it wise to hold unrestricted funds to satisfy ongoing projects for 6 months. This equates to £65,009 as in the proposed budget.(Attached). The policy also recognises that the reserves that represent the fixed assets of the trust are not freely available and thus are to be distinguished from free reserves. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

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The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

6. PLANS FOR THE FUTURE

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

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a. select suitable accounting policies and apply them consistently;

b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);

c. make judgments and estimates that are reasonable and prudent;

d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

APPROVAL

This report was approved by the trustees and signed on …… 2022 and signed on their behalf.

.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund

In accordance with your instructions we have examined without carrying out an audit, the accounts for the year ended 1 April 2022.

Respective Responsibilities of Trustees and Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:

   - to keep accounting records in accordance with section 41 of the Act; and
   - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

   have not been met; or

2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Laurence Slavin
Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ

2022

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Prior Year 2021 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		-	6,097	6,098	384,331
Grants Received		-	39,590	39,590	48,913
TOTAL INCOME RESOURCES		-	45,687	45,687	433,244
RESOURCE EXPENDED					
Grants	2	-	60,192	60,192	62,457
Running Costs	3	-	47,982	47,982	63,144
Governance Costs	4	-	3,228	3,228	2,646
TOTAL RESOURCES EXPENDED		-	111,402	111,402	128,247
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		-	(65,715)	(65,715)	304,997
TOTAL FUNDS BROUGHT FORWARD		65,009	378,244	443,253	138,256
TOTAL FUNDS CARRIED FORWARD		65,009	312,529	377,538	443,253

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND

BALANCE SHEET

AS AT 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Prior Year 2021 £
CURRENT ASSETS:					
Bank and Cash		65,009	337,924	402,933	470,894
Debtors			1,610	1,610	-
		65,009	339,534	404,543	470,894
CREDITORS AND ACCRUALS					
Amounts falling due within one year	5	-	(27,005)	(27,005)	(27,641)
NET CURRENT ASSET		65,009	312,529	377,538	443,253
TOTAL ASSETS LESS CURRENT LIABILITIES		65,009	312,529	377,538	443,253
CAPITAL					
UNRESTRICTED FUND				65,009	65,009
RESTRICTED FUND				312,529	378,244
TOTAL CHARITY FUNDS				377,538	443,253

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on ……..…….... 2022.

.....……..

Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years .The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 GRANTS

	2022	2021
	£	£
Aromatherapy Sessions	5,040	4,740
Baby Sing-A-Long	-	5,225
Saber Ali – Arts Facilitator	-	1,300
Rebecca J Vaughan – BSL Video	-	80
Ibrahim Azab – Arts Commission	-	75
Chris Cawkwell	720	120
Dance For Parkinson's	7,170	5,185
Citizen Advice Bureau	18,041	17,687
Arts & Health Hub Project	125	125
Creative Wellbeing	-	6,180
BP Consulting	-	2,500
Clinical Supervision	1,120	1,540
Mindful Transformation Exhibition	-	1,050
Intro To Drawing Course	-	600
Virtual Exhibition	-	2,970
On A Scale of 1-10 Exhibition	-	2,675
Freedom to Make Online Sessions	-	2,200
Hulkes Lane Darkroom Studio	-	230
The Support Hub	200	1,550
Zo & Co Consulting	-	850
National Lottery Community Fund Project	90	175
Drawn Together Program	13,803	2,100
Emily Bradfield	250	1,500
Isaac Caplan Wilson	405	-
Reimbursement	500	-
Freedom to Be Project	350	1,750
Vanessa Hubbard	1,080	50
Face Painting	122	-
George Meadows	150	-
Marina Shu Wa Wu	400	-
Assemble Design Ltd	132	-
Madeline Rose	3,860	-
A M Richardson	1,625	-
Loise Camrass	150	-

Continued……

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

Continued….

Tadhg Booth	155	-
Papia Islam	200	-
Lucy Levene	1,607	-
Charlie Blowers	320	-
Grace Smith	1,100	-
Iko-Ojo Mercy Haruna	1,297	-
Catriona Andrew	180	-
	60,192	62,457

3 RUNNING COSTS

	2022	2021
	£	£
Advertising and Marketing	152	396
Arts Coordinator	18,227	15,459
Arts Director	15,368	28,024
Artist Material	6,626	9,405
Entertaining	564	-
Gardening	-	926
General Expenses	455	384
Insurance	1,033	836
Printing, Postage and Stationery	(7)	367
Repairs and Equipment	1,585	2,357
Room Bookings	-	105
Subscriptions	3,306	2,283
Telephone and IT costs	218	1,007
Training Costs	275	1,433
Travel Costs	180	162
	47,982	63,144

4 GOVERNANCE COSTS

	2022	2021
	£	£
Accountancy Fees	1,237	804
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	384	235
	3,228	2,646

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

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KENTISH TOWN IMPROVEMENT FUND

England & Wales - Charity number 1124077

Accounts

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

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KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2021

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KENTISH TOWN IMPROVEMENT FUND

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KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

APPROVAL

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.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

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Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ

2022

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		55,000	329,331	384,331	12,307
Grants Received		-	48,913	48,913	62,700
TOTAL INCOME RESOURCES		55,000	378,244	433,244	75,007
RESOURCE EXPENDED					
Grants	2	-	62,457	62,457	58,957
Running Costs	3	-	63,144	63,144	48,926
Governance Costs	4	-	2,646	2,646	2,850
TOTAL RESOURCES EXPENDED		-	128,247	128,247	110,733
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		55,000	249,997	304,997	(35,726)
TOTAL FUNDS BROUGHT FORWARD		10,009	128,247	138,256	173,982
TOTAL FUNDS CARRIED FORWARD		65,009	378,244	443,253	138,256

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND

BALANCE SHEET

AS AT 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
CURRENT ASSETS:					
Bank and Cash		65,009	405,885	470,894	163,865
		65,009	405,885	470,894	163,865
CREDITORS AND ACCRUALS					
Amounts falling due within one year	5	-	(27,641)	(27,641)	(25,609)
NET CURRENT ASSET		65,009	378,244	443,253	138,256
TOTAL ASSETS LESS CURRENT LIABILITIES		65,009	378,244	443,253	138,256
CAPITAL					
UNRESTRICTED FUND				65,009	10,009
RESTRICTED FUND				378,244	128,247
TOTAL CHARITY FUNDS				443,253	138,256

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on ……..…….... 2022.

.....……..

Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years .The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 GRANTS

	2021	2020
	£	£
Aromatherapy Sessions	4,740	4,410
Baby Sing-A-Long	5,225	2,312
Musical Moving	-	2,870
Saber Ali – Arts Facilitator	1,300	-
Rebecca J Vaughan – BSL Video	80	-
Ibrahim Azab – Arts Commission	75	-
Alejandra Picco	-	200
Antonia Attwood	-	150
Beth Hopkins	-	1,500
Caroline Bradley	-	88
Chris Cawkwell	120	300
Dance For Parkinson's	5,185	2,510
Daniel Sumpton	-	140
Liz Orton	-	400
Marie-Louise Plum	-	1,300
Michael Crossan	-	150
The English Folk Dance and Song Society	-	250
The NW Live Foundation	-	850
Tim Boddy Photography	-	160
Citizen Advice Bureau	17,687	32,312
Arts & Health Hub Project	125	9,055
Creative Wellbeing	6,180	-
BP Consulting	2,500	-
Clinical Supervision	1,540	-
Mindful Transformation Exhibition	1,050	-
Intro To Drawing Course	600	-
Virtual Exhibition	2,970	-
On A Scale of 1-10 Exhibition	2,675	-
Freedom to Make Online Sessions	2,200	-
Hulkes Lane Darkroom Studio	230	-
The Support Hub	1,550	-
Zo & Co Consulting	850	-
National Lottery Community Fund Project	175	-
Drawn Together Program	2,100	-

Continued……

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

Continued….

Emily Bradfield	1,500	-
Freedom to Be Project	1,750	-
Vanessa Hubbard	50	-
	62,457	58,957

3 RUNNING COSTS

	2021	2020
	£	£
Advertising and Marketing	396	1,405
Arts Coordinator	15,459	13,119
Arts Director	28,024	22,943
Artist Material	9,405	2,020
Entertaining	-	603
Gardening	926	(853)
General Expenses	384	278
Insurance	836	832
Printing, Postage and Stationery	367	16
Repairs and Equipment	2,357	1,761
Room Bookings	105	2,898
Subscriptions	2,283	1,384
Telephone and IT costs	1,007	895
Training Costs	1,433	411
Travel Costs	162	1,214
	63,144	48,926

4 GOVERNANCE COSTS

	2021	2020
	£	£
Accountancy Fees	804	750
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	235	493
	2,646	2,850

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

5 CREDITORS AND ACCRUALS

	2021	2020
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	32	32
Accruals	27,575	25,543
	27,641	25,609

6 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

Virtual Cabinet Portal Digital Signatures

Digital Signature Verification

You can verify that this is a genuine Virtual Cabinet Document Portal signed document by uploading it to the following secure web page:

https://www.virtualcabinetportal.com/VerifySignedDocument

Signature Dates and Times

All dates and times shown in the signatures below are expressed in Coordinated Universal Time (UTC), which is generally equivalent to GMT. You can find out more about UTC at the following web page:

http://www.virtualcabinetportal.com/WhatIsUTC

Signature 1

Signed by Roy Macgregor using authentication code YixnOFF4KTFhV283 at IP address 80.0.167.58, on 2022/01/28 15:26:27 Z.

Roy Macgregor's e-mail address is: roy.macgregor7@gmail.com.

Annual Report 2020/21

Charity name: Kentish Town Improvement Fund
Registered charity no. 1124077

Free Space Project

Free Space Project

Who we are:

We are a pioneering charity supporting arts and community initiatives within Kentish Town Health Centre in north London. We work at the intersection of community, health and the arts to engage individuals with creative and social activities that explore their individual wellbeing. We work in partnership with the James Wigg and Queens Crescent GP practices as part of a social prescribing model.

How we work:

We work closely with the clinical staff at both our NHS practices; using a Social Prescribing model to refer patients to activities. All our events and activities are also open to people living in the borough of Camden through a self-referal process. These activities are designed to improve health and wellbeing through the arts and hollistic care. Ranging from exhibitions and talks in the Health Centre, to individual programmes of workshops or activities. We also work in partnership with other organisations to design projects suitable for the wider community.

Our ethos:

The trustees will act as an overarching “board” responsible for developing and approving the charity’s mission, strategic goals and objectives. The operational management team will be supported to deliver the direction set by the trustees. Individual Trustees will contribute their expertise and direction, where this can assist and enhance the charity’s performance.

We will provide and signpost a wide range of activities to support wellbeing. As we are based in a GP practice these services are provided for patients and centre users in addition to usual NHS services. This will provide a range of social prescribing possibilities for clinicians. Some services will be offered to the wider Kentish Town population.

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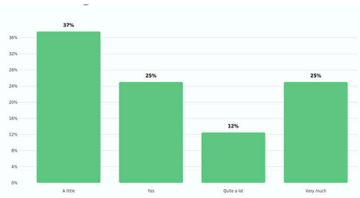
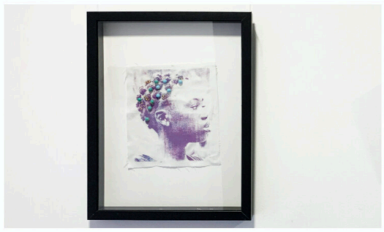


We will build and maintain strong relationships across arts, health, cultural, local authority and research sectors. We will deliver a programme improving health through a wide Arts and Health agenda. As a leading example of social prescribing we will be adventurous and 'leading edge' in our approach. We will evaluate and illustrate the impact of our provision.



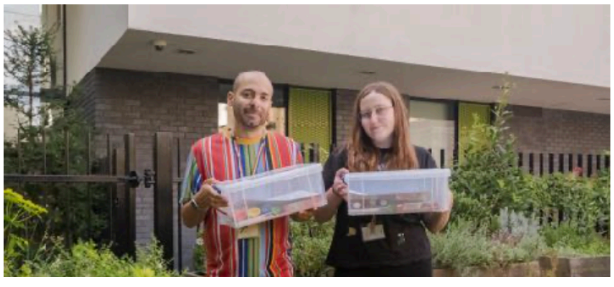
We will be inclusive in our approach to staff and participants. We will welcome and include those with lived experience of mental health, members of the BAME and LGBTQI communities, and those with specific health conditions - all of which can be supported through activities not provided by the NHS. We will seek to address inequality and acknowledge the context of our community.

We will support our staff and ensure appropriate training and appraisal opportunities are provided. Where freelance providers are engaged we will ensure they are valued and supported, and appropriately remunerated.

We will take a holistic view and complement the treatment offered by the NHS, with the services FSP provides. We will also provide a prophylactic aspect through some of the activities. Our activities will aim to enable our patients, staff, volunteers and freelancers to thrive. We will not only support others to get better, but also strive to keep people well and to connect them to

The Practice's Free Space Project delivered ART BOXES to Shielding patients, then supported them to create pieces during the pandemic.

" We were out delivering the first 20 of the Art boxes today - boy were the patients happy to receive them! Myself and 3 others from the PPG were helping - it gave a real personal touch"
"Many of the shielding patients mentioned how lonely and bored they had been over past months. We included a Boredom Buster Summer Annual for NHS Patients (Bristol and Weston NHS FT)"



Daniel and Antonia of the Free Space Project out to deliver ART BOXES with help from the

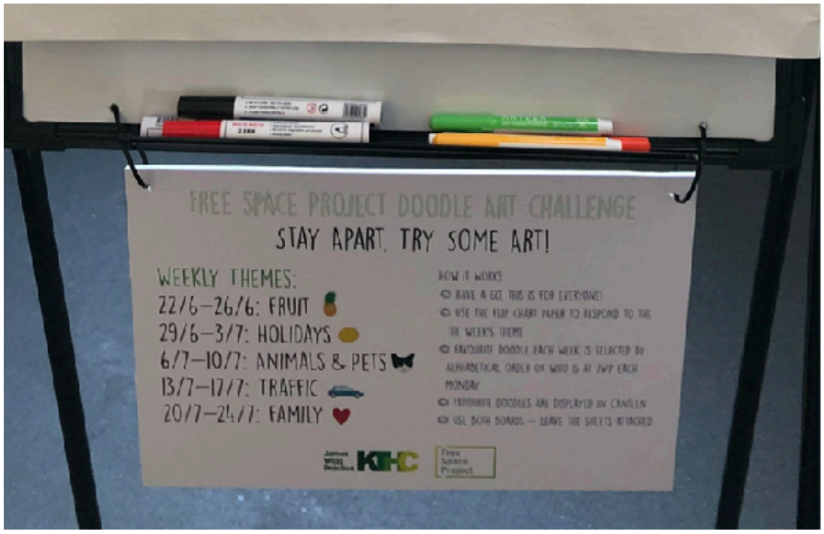
Free Space Project offering Social prescribing opportunities to the James Wigg and Queens Crescent Practices

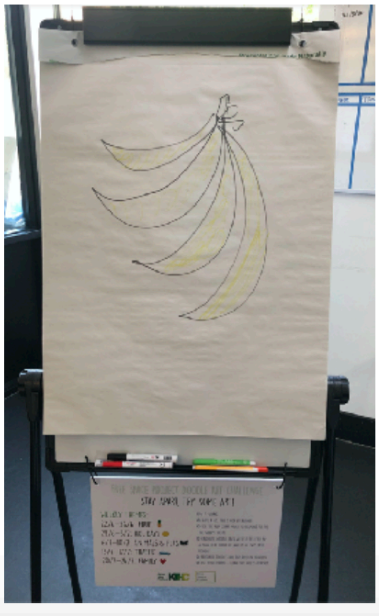
Staff mental health was addressed through different initiatives

This tree leaf project proved popular and both patient and staff “leaves” were combined on the tree displayed. **“Leaf Reflections”**

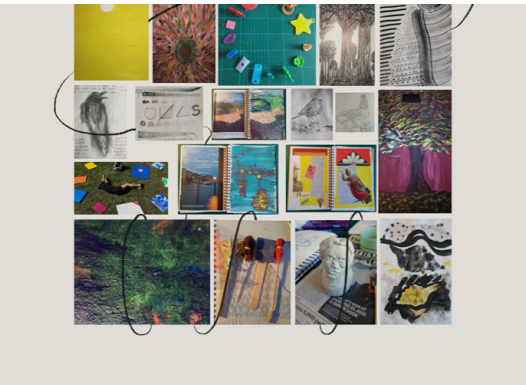
A second project invited staff to draw doodles on two flip charts in the coffee area now underused as chairs had been removed. **“Stay Apart ! Do Some Art !”**

Staff session :





Free Space Project offering Social prescribing opportunities to the James Wigg and Queens Crescent Practices



Freedom to Be:

Currently on display on the ground floor of Kentish Town Health Centre & across Queens Crescent GP practice. Freedom to Be was a creative project delivered by us in the summer of the first COVID lockdown, 2020, with funding from the National Lottery Community Fund. This project supported patients that were shielding at the James Wigg and Queens Crescent GP practices.

With extra support and donations from our staff we were able to put together a number of high quality art boxes that were hand delivered to patients in Camden. Each week patients were given activity sheets and art materials to creatively respond to their experiences of the pandemic.

FREEDOM TO BE

FREEDOM TO BE

Freedom to Be was a creative project delivered by the Free Space Project, the in-house arts and community charity at Kentish Town Health Centre. This project supported three different patient groups, funded by the National Lottery Community Fund.

Freedom to Make focused on knitting and textiles sessions for older patients at risk of isolation. These were run by artists Alejandra Picco and Beth Hopkins.

Freedom to Express involved visual arts sessions for SEND children between the ages of 10 and 15 and their siblings, run by artists Marie-Louise Plum and Saber Ali.

During the pandemic we were also able to redirect funding

PPG – WE NEED YOUR HELP!

The Free Space Project are delivering a collaborative and creative project for shielding patients.

We are providing patients with art boxes and weekly creative activities that collect their stories about the impact shielding has had on them. The work will be exhibited in KTHC.

We would love to have PPG members on board to help deliver boxes to patients and collect their weekly works.

WILL YOU LEND A HAND?

HOW CAN I HELP?

We need volunteers to help drop off the boxes to patients and also collect in the artwork made on a weekly basis. Patients are in the local area and will be no more than 15 minutes walk from Kentish Town Health Centre.

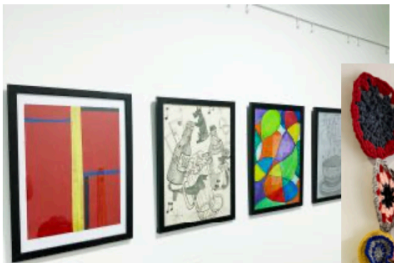
We are aiming to deliver the boxes and first activity on July 12th. Then collecting and delivering new activities weekly for 6 weeks.

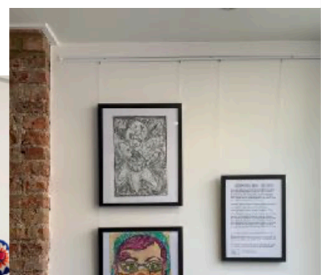
HOW DO I GET INVOLVED?

E-mail Daniel to express your interest with your contact details and we'll get in touch with more information.

info@freespaceproject.org

THANK YOU FOR SUPPORTING US TO SUPPORT OUR PATIENTS

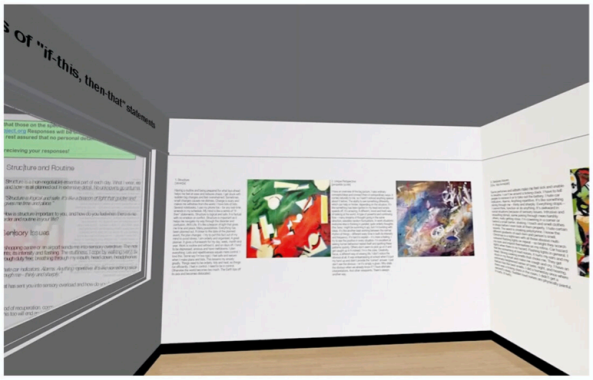




Creative Wellbeing:

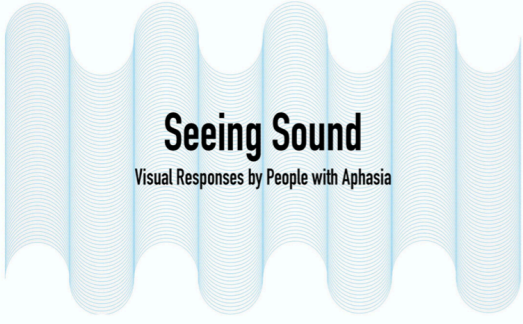
Creative Wellbeing was an online project delivered through the COVID-19 pandemic in 2020, supported by the City Bridge Trust. This new strand of opportunities enabled us to deliver some projects differently. This included using digital tools and working online, whilst our building was inaccessible to patients.

During this project we commissioned 3 artists that were new to us for virtual exhibitions, online workshops and online artist talks. As well as this we commissioned 10 online children's activities. We also delivered online adult workshops exploring, Warli art (traditional Indian folk art), natural dying and anthotypes.



Seeing Sound:

Seeing Sound brings together a partnership between The British Library, the Free Space Project (London) and The Brain Charity (Liverpool) to explore language through natural sounds taken from The British Library's extensive sound archive. The project was designed for people living with aphasia, an impairment in language following an injury to the brain, most commonly from a stroke in the left hemisphere.

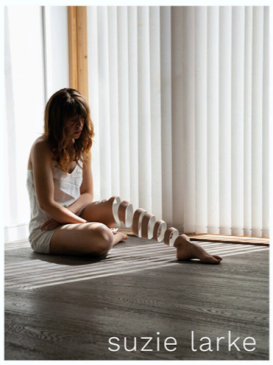


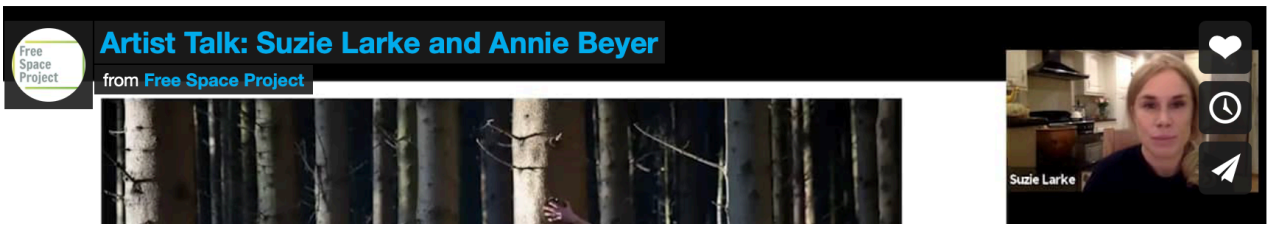
The exhibition was held at Kentish Town Health Centre between May and July 2021.
The exhibition is also being displayed at the Brain Charity Liverpool.

Unseen by Suzie Lark:

Suzie Larke is a visual artist and photographer from Cardiff. Her project uses conceptual photography to depict the mental health experiences of a group of participants. She uses constructed imagery, digitally stitching photographs together in such a way that they present as a single, untampered image. By using 'magical realism' to transform photographs that take the everyday and skew it, she creates images that interpret the subjective experience of mental health.

Unseen aims to help people find a visual language through conceptual photography, helping them express their inner experiences in an empowering and engaging way. By using imagery to connect with an audience, this project also aims to increase awareness and conversation about mental wellbeing, and unite us in the knowledge that everyone experiences – and can overcome – struggle.This exhibition was on show in Kentish Town Health Centre betwwen January and April 2021.





"In an exceptional year the Free Space Project has continued to deliver a wide range of activities. It is a great credit to our team that the feedback from patients and staff at the Health centre has been so positive." Dr Roy Macgregor, Chair of Trustees.

Many projects are continuing and have been copied and visited by outside agencies. There has been engagement with the British Library, City Bridge Trust, The Brain Charity, Unlimited and the The National Lottery Community Fund.

Citizens Advice Bureau: CAB provides free, impartial debt, legal and housing advice.

Dance for Parkinson's: This class is especially designed for people with Parkinson's and each session involves live music and dance run by experienced professionals. This class runs weekly and is running online during the pandemic.

Aromatherapy: We continued to run our ongoing Artomatherapy sessions for patients of the practices. This much appreciated, service helps patients with physical and mental health challenges.

Freedom to Make: We are currently running weekly knitting and textiles sessions online, run by our fantastic facilitator Nessa Hubbard. This supports underlying physical and mental health problems. It also provides a social and supportive environment using crafts and peer support. This has continued online during the pandemic.

Children's online activities: Clinicians reported desperate parents stuck at home with children. FSP was able to implement Children's online workshops. Including: clay head sculpture; splatter painting; drawing with rubbings; happy hands collage; kite making; food colour marbling; making a sense journal.

Well-Beeing Garden: Our Patient Participation Group (PPG) helped deliver volunteer gardening opportunities. A staff growing competition -12 different teams competing for the best blooms - was a morale booster during the difficult year.

The FSP team was supported by the Trustees of the Charity. This year we have welcomed Abira Hussein, Hadjer Nasser and Stephen Yaxley as new trustees. Our other trustees are: Sally Higginbottom, Liz Goodburn, Roy Macgregor and Philip Posner.

RAMSAY BROWN

CHARTERED ACCOUNTANTS

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

1ST APRIL 2021

CHARITY NO. 1124077

Ramsay Brown LLP is a limited liability partnership registered in England and Wales. Reg. No. OC425701 Reg. Office: The Brentano Suite, Solar House, 915 High Road, North Finchley, London N12 8QJ

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1ST APRIL 2021

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KENTISH TOWN IMPROVEMENT FUND

CHARITY INFORMATION

TRUSTEES:	Dr. E. A. Goodburn Dr. P. Posner Dr. D. R. MacGregor Dr. S. Higginbottom Dr. H. Nacer-Laidi Dr. S. Yaxley Ms. A. Hussein
CHARITY NUMBER:	1124077
REGISTERED OFFICE:	James Wigg Practice Kentish Town Health Centre 2 Bartholomew Road London NW5 2BX
INDEPENDENT EXAMINER:	Laurence Slavin Ramsay Brown LLP The Brentano Suite, Solar House 915 High Road North Finchley London N12 8QJ
CLIENT REFERENCE:	K223

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

FOR THE YEAR ENDED 1ST APRIL 2021

The trustees present their report along with the financial statements for the year ended 1st April 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

1. REFERENCE AND ADMINISTRATIVE DETAILS

The Charity was formed under a trust deed dated 19th December 2007 and registered with the Charity Commission for England and Wales on 15th May 2008.

The trustees named on page 1 have served throughout the year. The trustees run the day to day activities of the Charity personally and do not employ any staff. Ramsay Brown LLP prepare the annual financial statements using financial records prepared by the trustees. The information shown on page 1 forms part of the trustees' report.

2. STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees consider that the affairs of the Charity are straightforward and do not require a complicated regime of governance. The trustees are regularly in touch and meet formally four times a year. The trustees have in mind the need to provide for trustees' succession and when new trustees are appointed the trustees will ensure that they are properly inducted and trained.

3. OBJECTIVES AND ACTIVITIES

The objects of the Charity are charitable objects or purposes concerned with the benefit of the community living in the London Borough of Camden and the surrounding areas by the promotion of health, the advancement of education and the relief of poverty, sickness and distress.

The Charity achieves these objectives by the trustees making financial grants to organisations. The trustees made a small number of grants to organisations for charitable purposes within the objects set out above. The charity also offers financial support to a range of services at Kentish Town Health Centre including social and healthcare, multi-disciplinary interactive healthcare and education training, and support groups for sufferers of long term conditions.

4. ACHIEVEMENTS AND PERFORMANCE

The trustees are pleased to state that the trust has sufficient funds to meet its current and future obligations, and that such reserves as it maintains are considered to be reasonable.

Risk Management

The major risks to which the trust is exposed, as identified by the trustees, are and will continue to be regularly reviewed, and systems have been and will be established, and where appropriate, professional advisors have been or will be appointed to mitigate those risks.

5. FINANCIAL REVIEW

During the year ended 1st April 2021 the trust received donated funds of £433,244 (2020: £75,007), now presented in the accounts as My Gift to My Community.

Our primary sponsor comments:
"My support to the community stems from a desire to tackle inequality and injustice. The Kentish Town Improvement Fund was set up with a broad agenda. It has delivered targeted help since 2008. It is important this continues."

As a National exemplar we must continue without erosion of our principles. It is necessary to restrict our core funding to deliver the primary care initiatives we have developed. These are unique, as they are Primary Care based, not hospital funded or delivered in Secondary Care.

The Free Space Project now delivers a programme of Arts and Health activity that is a leading example of what can be delivered in Primary Care. The Social prescribing agenda specifically adds to the repertoire of the possibilities for doctors and nurses to prescribe, or direct patients towards. Our research has shown a decrease in antidepressant medication prescribing and fewer GP appointments in the cohort benefiting from FSP funded initiatives.

Continued……

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

Continued...

Community Health Partnerships - a wholly owned Department of Health property section - sights the FSP as a National exemplar across their estate. This now comprises more than 250 Health Centres built over the last 12 years. The FSP intends to show case what can be delivered to tackle difficult community problems, which do not currently have mainstream support.

We intend to deliver an expanding programme of Social Prescribing initiatives. It is important our funding is targeted and restricted to ensure our success.

The trustees are pleased with the performance of Kentish Town Improvement Fund which has net assets of £443,253 (2020: £138,256). There was a net incoming resources of £304,997 in the current year (2020: outgoing resources of £35,726). The trust also continues to utilise a donation of £250,000 received in the year-ended 1st April 2014, another £250,000 received in the year-ended 1st April 2018 and £375,000 received in the year-ended 1st April 2021 to enable it to continue to fund the ongoing implementation of its objectives.

Reserves Policy

In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. This recognises that the income of the trust does not arise evenly year on year and so to enable the trust to plan its activities it is prudent to hold reserves. The Trustees consider it wise to hold unrestricted funds to satisfy ongoing projects for 6 months. This equates to £65,009 as in the proposed budget.(Attached). The policy also recognises that the reserves that represent the fixed assets of the trust are not freely available and thus are to be distinguished from free reserves. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

Investment Policy

The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

6. PLANS FOR THE FUTURE

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Charity's trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The trustees are required under the Charities Act 2011 to prepare financial statements for each financial year which gives a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year (unless the charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

a. select suitable accounting policies and apply them consistently;

b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);

c. make judgments and estimates that are reasonable and prudent;

d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

KENTISH TOWN IMPROVEMENT FUND

TRUSTEES' REPORT

APPROVAL

This report was approved by the trustees and signed on …… 2022 and signed on their behalf.

.....
Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

INDEPENDENT EXAMINER'S REPORT

Independent Examiner's Report to the Trustees of Kentish Town Improvement Fund

In accordance with your instructions we have examined without carrying out an audit, the accounts for the year ended 1 April 2021.

Respective Responsibilities of Trustees and Independent Examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:

   - to keep accounting records in accordance with section 41 of the Act; and
   - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

   have not been met; or

2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Laurence Slavin
Ramsay Brown LLP
Chartered Accountants
Reporting Accountants
The Brentano Suite, Solar House
915 High Road
London
N12 8QJ

2022

KENTISH TOWN IMPROVEMENT FUND

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
INCOMING RESOURCES FROM GENERATED FUNDS:					
Voluntary Income:					
Donations Received		55,000	329,331	384,331	12,307
Grants Received		-	48,913	48,913	62,700
TOTAL INCOME RESOURCES		55,000	378,244	433,244	75,007
RESOURCE EXPENDED					
Grants	2	-	62,457	62,457	58,957
Running Costs	3	-	63,144	63,144	48,926
Governance Costs	4	-	2,646	2,646	2,850
TOTAL RESOURCES EXPENDED		-	128,247	128,247	110,733
NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR		55,000	249,997	304,997	(35,726)
TOTAL FUNDS BROUGHT FORWARD		10,009	128,247	138,256	173,982
TOTAL FUNDS CARRIED FORWARD		65,009	378,244	443,253	138,256

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

KENTISH TOWN IMPROVEMENT FUND

BALANCE SHEET

AS AT 1ST APRIL 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Prior Year 2020 £
CURRENT ASSETS:					
Bank and Cash		65,009	405,885	470,894	163,865
		65,009	405,885	470,894	163,865
CREDITORS AND ACCRUALS					
Amounts falling due within one year	5	-	(27,641)	(27,641)	(25,609)
NET CURRENT ASSET		65,009	378,244	443,253	138,256
TOTAL ASSETS LESS CURRENT LIABILITIES		65,009	378,244	443,253	138,256
CAPITAL					
UNRESTRICTED FUND				65,009	10,009
RESTRICTED FUND				378,244	128,247
TOTAL CHARITY FUNDS				443,253	138,256

The notes on pages 7 to 9 form part of these accounts.

The financial statements on pages 5 to 9 were approved by the board of trustees on ……..…….... 2022.

.....……..

Dr. D. R. MacGregor
Trustee

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

1 ACCOUNTING POLICIES

Basis of Preparation of Accounts

The accounts are prepared in accordance with the current Statement of Recommended Practice 'Accounting and Reporting by Charities' and applicable Accounting Standards. They are drawn up on the historical cost accounting basis except that investments are carried at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued on 16 July 2014 and applicable UK Accounting Standards and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102.

The charity has taken advantage of the exemption in Financial Reporting Standard 102 from requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

The charity has taken advantage of the exemption from the requirements to prepare group accounts on the grounds that it qualifies as a small group.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

Incoming Resources

Income is accounted for as received by the charity. The income is shown gross.

Irrecoverable VAT

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the statement of financial activities.

Grant

The trustees will meet from time to time during the year to agree which charities should continue to benefit from any income accrued in previous years .The Trustees will consider all applications and after carefully scrutinizing the viability of the applicants, select those most suitable for benefit.

Governance Costs

Governance costs consist of expenditure on management and administration of the charity including all expenditure not directly related to the charitable activity or fund-raising ventures. This includes costs of the professional services which enable the charity to function and independent examination.

Debtors

Debtors are recognised at the settlement amount due after any discount. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

ACCOUNTING POLICIES (continued)

Financial instruments

The Charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Critical Accounting Estimates and Judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There were no critical accounting estimates during the period.

2 GRANTS

	2021	2020
	£	£
Aromatherapy Sessions	4,740	4,410
Baby Sing-A-Long	5,225	2,312
Musical Moving	-	2,870
Saber Ali – Arts Facilitator	1,300	-
Rebecca J Vaughan – BSL Video	80	-
Ibrahim Azab – Arts Commission	75	-
Alejandra Picco	-	200
Antonia Attwood	-	150
Beth Hopkins	-	1,500
Caroline Bradley	-	88
Chris Cawkwell	120	300
Dance For Parkinson's	5,185	2,510
Daniel Sumpton	-	140
Liz Orton	-	400
Marie-Louise Plum	-	1,300
Michael Crossan	-	150
The English Folk Dance and Song Society	-	250
The NW Live Foundation	-	850
Tim Boddy Photography	-	160
Citizen Advice Bureau	17,687	32,312
Arts & Health Hub Project	125	9,055
Creative Wellbeing	6,180	-
BP Consulting	2,500	-
Clinical Supervision	1,540	-
Mindful Transformation Exhibition	1,050	-
Intro To Drawing Course	600	-
Virtual Exhibition	2,970	-
On A Scale of 1-10 Exhibition	2,675	-
Freedom to Make Online Sessions	2,200	-
Hulkes Lane Darkroom Studio	230	-
The Support Hub	1,550	-
Zo & Co Consulting	850	-
National Lottery Community Fund Project	175	-
Drawn Together Program	2,100	-

Continued……

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

Continued….

Emily Bradfield	1,500	-
Freedom to Be Project	1,750	-
Vanessa Hubbard	50	-
	62,457	58,957

3 RUNNING COSTS

	2021	2020
	£	£
Advertising and Marketing	396	1,405
Arts Coordinator	15,459	13,119
Arts Director	28,024	22,943
Artist Material	9,405	2,020
Entertaining	-	603
Gardening	926	(853)
General Expenses	384	278
Insurance	836	832
Printing, Postage and Stationery	367	16
Repairs and Equipment	2,357	1,761
Room Bookings	105	2,898
Subscriptions	2,283	1,384
Telephone and IT costs	1,007	895
Training Costs	1,433	411
Travel Costs	162	1,214
	63,144	48,926

4 GOVERNANCE COSTS

	2021	2020
	£	£
Accountancy Fees	804	750
Bookkeeping Costs	1,607	1,607
Bank Charges and Interest	235	493
	2,646	2,850

None of the trustees received any remuneration during the above two years for acting as trustees.

No trustee has received any reimbursed expenditure for services provided to the trust.

KENTISH TOWN IMPROVEMENT FUND

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 1ST APRIL 2021

5 CREDITORS AND ACCRUALS

	2021	2020
	£	£
Loan from James Wigg Practice	34	34
Other Amounts due to James Wigg Practice	32	32
Accruals	27,575	25,543
	27,641	25,609

6 RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

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Signature 1

Signed by Roy Macgregor using authentication code YixnOFF4KTFhV283 at IP address 80.0.167.58, on 2022/01/28 15:26:27 Z.

Roy Macgregor's e-mail address is: roy.macgregor7@gmail.com.