

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2024

UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address during the year was:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn, Deb Priestley and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2023 to 31 March 2024 funds were sent to MySmallHelp Nepal, Marybert School Nepal and Fundasevi Panama. These organisations are separate legal entities, are independent of MySmallHelp UK and each have their own local governance and control structures.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The focus of activities during this period was as follows:

- Finding sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school (section D1)
- Supporting the development of Marybert School in Lalitpur, Nepal (section D2).
- Assisting Fundasevi Panama with a new programme to improve the living conditions and education of under-privileged children in Panama. Fundasevi's excellent work was introduced to MySmallHelp by our Trustee, Lee Forsyth (section D3).

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance

D1 MySmallHelp Nepal





Child Educational Sponsorship Project



Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 20 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 20 children, 17 of them are girls and 3 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Hannah</u></p> <p>Educational Support Year: Since 2007</p> <p>Though Hannah completed her Bachelor's Degree in Theology, she is still finding hard to make ends meet. She is currently teaching at Pre-Primary level at Marybert School. She is also taking Dance Class. MySmallHelp has been supporting for her dance class and also helping her in her accommodation.</p>
	<p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita is in 4th year of her Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.</p>

	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rebika has completed her Higher Secondary Level Education. She has chosen IT in Bachelor's Degree. It is a 4 years course. She is in the 1st year of her degree and MySmallHelp has been partly supporting her for her education.</p>
	<p><u>Rasna</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna completed her Higher Secondary Level Education. She is now doing a part time teacher in one of the school nearby. She decided to join Bachelor's degree in coming year.</p>
	<p><u>Nabina</u></p> <p>Educational Support Year: Since 2011</p> <p>Nabina is currently perusing Diploma in Civil Engineering. It is a 3 years course with 6 semester. She is now in 5th semester.</p>
	<p><u>Sarita</u></p> <p>Educational Support Year: Since 2011</p> <p>Sarita has just completed Higher Secondary Level Education.</p>

	<p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma has just completed Higher Secondary Level Education.</p>
	<p><u>Dipika</u></p> <p>Educational Support Year: Since 2014</p> <p>Dipika is in Higher Secondary Level. She has just completed 11th grade and now in 12th grade.</p>
	<p><u>Smriti</u></p> <p>Educational Support Year: Since 2015</p> <p>Smriti successfully completed her Higher Secondary Level Education.</p>
BOYS (3)	
	<p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan completed her Bachelor's degree in Business Studies and looking forward to doing Master's degree abroad.</p>

	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon just completed his 1st year of Bachelor's degree in Business Studies and now continuing 2nd year. He is also teaching computer at Marybert School.</p>
	<p><u>Manish</u></p> <p>Educational Support Year: Since 2019</p> <p>Manish is in Higher Secondary Level and just completed his 11th grade and now joined 12th grade.</p>

List of Children with School/University			
No.	Student Name	Education	School/ University
1	Rojan S	Bachelor in Business Studies - completed	Grand Academy
2	Rasna G	Intermediate in Science - completed	Sooryodaya Secondary School
3	Nabina B	Diploma in Civil Engineering	Souvenir School
4	Dipika K	Grade 12	Hotland School
5	Smriti R	Intermediate in Commerce - completed	New Ceres School
6	Simmon R	Bachelor's Degree in Business Studies	Grand Academy
7	Sushma S	Intermediate in Humanities - completed	Kavre Multiple Campus
8	Sushmita S	Bachelor in Humanities - completed	Sanjibani Campus
9	Sarita M	Intermediate in Commerce - completed	Nepal Adarsha Sec. School
10	Manish S	Intermediate in Commerce	Baba Batika School
11	Manisha R	Grade 5	Phulchoki Sec. School
12	Rajina R	Grade 8	Phulchoki Sec. School
13	Rebika R	Intermediate in Information Technology	Pravat School
14	Utri M	Grade 10	Pravat School
15	Aliza M	Grade 9	Pravat School
16	Manita C	Grade 9	Pravat School
17	Shristi C	Grade 8	Marybert School
18	Arpana C	Grade 6	Marybert School
19	Rachana C	Grade 6	Marybert School
20	Pratikchya C	Grade 6	Marybert School

From School to Skills: Manish Shrestha's Barista Training Journey with 'MySmallHelp'

Manish, after completing his schooling, received a three-month Barista training from the charity organization "MySmallHelp". This program was designed to provide him with the skills and knowledge needed to pursue a career in the hospitality industry, offering him a valuable opportunity to build a brighter future.



Trustees from MySmallHelp, UK visit to Nepal

Trustees from MySmallHelp, UK, Alistair Williams and Lee Forsyth, visited Nepal in November 2023 to oversee the projects, assess the ongoing work, and explore potential collaborations. One of their key focus areas includes partnering with Marybert School to develop and implement impactful educational programs to support our intended beneficiaries. Their visits not only strengthen the bond between the two organizations but also ensure that the initiatives are effectively addressing the needs of the community.



MySmallHelp, UK Trustee Alistair Williams visit to different projects

Alistair Williams, a trustee from MySmallHelp, UK, visited Nepal in November 2023 to oversee various projects. During his visit, he interacted with sponsored children and students pursuing their education. We trekked to the hilly mountains of Lamjung to inspect a hostel block constructed by a Dutch couple in collaboration with MySmallHelp, Nepal. Additionally, we gained valuable insights

into the operations of Marybert School, a central hub for our activities, and explored opportunities for future partnerships.



"Revitalizing Education: Renovation of Shree Mangaladevi Basic School"

In 2012, a UK citizen named Lee Forsyth raised funds to build a school block with four rooms at Shree Mangaladevi Basic School in Dhurmthali, Sindupalchok, Nepal, a mountainous hilly area. In 2022, during a visit with Deb Priestley, we were asked to assist in repairing and coloring the ground floor classrooms of this building. With a generous fund of 1200 GBP from our trustee Lee Forsyth, we undertook the project to paint the building and toilet block. In addition, we provided the school with a fully furnished and functioning library and computer lab. The project was successfully completed in 2023, enhancing the learning environment for the students.



Before



After



"Connecting Hearts: Annette Berger and Sylvia Alpers Visit Sponsored Children in Nepal"

Annette Berger and Sylvia Alpers from Germany visited Nepal to meet the children they sponsor through our charity, MySmallHelp Nepal. They generously support these children's education, and their visit allowed them to personally connect with the impact of their contributions.



Christmas treat for the children living at the Marybert children homes

My Small Help has been an integral part of Marybert School and Homes. Marybert children home has adopted 10 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education.

MySmallHelp, Nepal celebrates Christmas with the children living at Marybert Children Homes each year. This year too, MSH Nepal celebrated children by providing gifts, cutting cakes with music and dance. There are all together 12 children (11 girls and 1 boy) living at the homes.

Each children got warm jacket, sports shoes along with school black shoes for 6 children, White shoes for 4 children and much needed school stationaries.

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert.





D2 Marybert Project

Brighter Days at Marybert Children's Home!

Thanks to the incredible generosity of Aaron, Charlotte from the UK, and all our wonderful supporters, Marybert Children's Home has undergone a heartwarming transformation! The dormitories have received a much-needed refresh, with fresh paint brightening the walls and cozy carpets adding warmth underfoot.

In addition, new cupboards have been installed, providing much-needed storage space for the children's belongings. Additionally, existing cupboards have been repaired, ensuring everything functions smoothly. This project creates a more comfortable and organized living environment for the children at Marybert Children's Home.

We are incredibly grateful to Aaron, Charlotte, and all our supporters for making this positive change possible. Their kindness directly impacts the well-being of the children at Marybert!



BEFORE



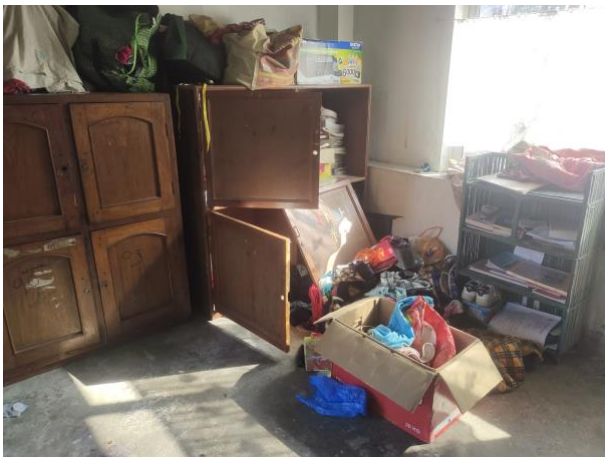
AFTER



BEFORE



AFTER



BEFORE



AFTER

Phase 2 Upgrades at Marybert School

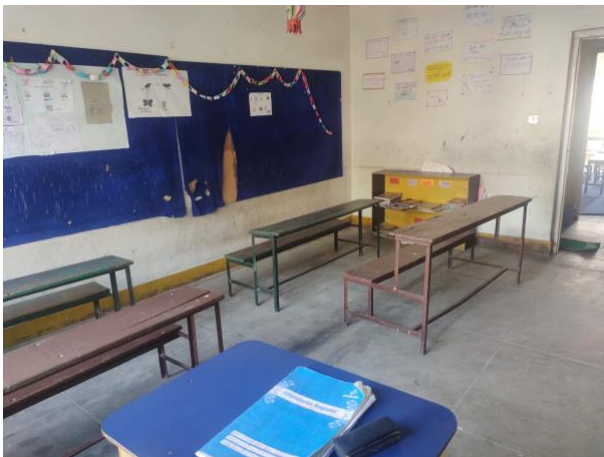
Transformative Upgrades at Marybert School: Completion of Phase 2

In our ongoing commitment to enhance educational environments and support underprivileged communities, MySmallHelp has made significant strides in upgrading Marybert School, situated in Satdobato, Lalitpur, Nepal. This past year, we successfully completed Phase 2 of our four-phase improvement plan, bringing notable improvements to the school's infrastructure and facilities.



Classroom Renovations: A Fresh Start for Learning

One of the major accomplishments in Phase 2 was the comprehensive renovation of all eight classrooms on the first floor. Each classroom received a fresh coat of paint, revitalizing the learning environment and creating a more welcoming and stimulating space for students. This transformation is expected to have a positive impact on students' academic performance and overall school experience.



BEFORE



AFTER



Enhanced Sanitation Facilities

Recognizing the importance of hygiene and sanitation in schools, we also focused on upgrading the toilet facilities. Three toilet blocks were renovated: one for teachers, one for students, and one dedicated to the children residing in the Marybert Children Home. These renovations have ensured that all users have access to clean, safe, and functional restroom facilities, promoting better health and hygiene practices within the school community.



BEFORE



AFTER

Resolving Plumbing Issues

Prior to our intervention, Marybert School faced significant plumbing issues that affected the water supply. Our team addressed these challenges by fixing major plumbing problems, ensuring a reliable and adequate water supply throughout the school. This crucial improvement supports both daily school operations and the overall well-being of students and staff.



Kitchen Floor Plastering: A Safer Space for Meal Preparation

In addition to classroom and restroom upgrades, we also focused on improving the kitchen area. The temporary kitchen floor was plastered, creating a safer and more hygienic space for meal preparation. This enhancement not only benefits the school staff but also ensures that the children receive their meals in a clean and safe environment.

Gratitude to Our Supporters

These significant upgrades were made possible through the generous donations and unwavering support of Alistair Williams, a dedicated trustee of MySmallHelp, UK. His contributions have been instrumental in realizing Phase 2 of our school improvement plan. We extend our heartfelt gratitude to Mr. Williams and all our supporters for their commitment to our mission.

Looking Ahead: Phases 3 and 4

As we celebrate the successful completion of Phase 2, we are also looking ahead to the future. Plans for Phases 3 and 4 are already underway, with a focus on further enhancing the school's infrastructure, resources, and overall learning environment. We remain dedicated to our goal of providing quality education and support to the children of Marybert School and the surrounding community.

Conclusion

The Phase 2 upgrades at Marybert School mark a significant milestone in our journey to improve educational facilities for underprivileged children in Nepal. With continued support from our donors and partners, we are confident that we will achieve even greater success in the upcoming phases. Together, we are making a lasting impact on the lives of these children, empowering them to achieve their full potential.

D3 Fundasevi Panama

About FUNDASEVI

FUNDASEVI (Fundacion Soplo de Esperanza y Vida/ Breath of Hope and Life Foundation) is a Christian non-profit organisation incorporated and authorised by the laws of Panama, Republic of Panama since 2017. Our legal status has been granted by Government Resolution No. 106-PJ-106 of May 18 2017, number 292, RUC 25034388-3-2017 DV 8

The purpose of FUNDASEVI is to help men, women, children and young people living in underprivileged conditions with limited or no access to basic healthcare, food, school, work. As part of our work we conduct medical trips with free-of-cost medical checks, medicines, trips to deliver donations of food, clothes, footwear, personal hygiene items and school supplies. Our assistance is complemented by support and spiritual guidance, which contributes to the empowerment of people thus, improving their living conditions.

We are working towards achieving an efficient and sustainable model of aid that will ultimately empower and prepare members of the communities to achieve financial independence. We also envision establishing ourselves as a trustworthy and reliable platform of collaboration with other organisations national and international that share the same vision, so that through a joint effort the programs have greater scope and become more effective.

Since 2007, FUNDASEVI has received non- financial donations of food, clothing, footwear, school supplies and medicines from local donors for the relief of impoverished communities. We have a team of professionals from different backgrounds part of JEIVI (Jesucristo Imperio de Vida) ministry offering their time and professional expertise to achieve FUNDASEVI's aid programs.

UK Partnership

In May 2023 we partnered with My Small Help (MSH), a UK registered charity that since 2008 works to improve the welfare and education of disabled and disadvantaged children and young adults and their families in Nepal.

From this recent collaboration we are benefiting from the experience of a well-established charity that has a successful record of achieving an improvement in the lives of children and young adults. Through MSH we are receiving financial donations from individual donors (UK citizens) who believe in FUNDASEVI's work and vision.

Background to activities in 2023-24

In Panama, the financial disparity between the rich and the poor is evident in far reaching communities, mostly occupied by indigenous and afro descendants. The impact of poverty means that children and young adults within these communities are soon forced to abandon their education and work in coffee or sugar cane plantation fields to financially support their families. While the situation is well known by the local authorities and publicly denounced by NGO's, the help provided to these communities is usually insufficient and inconsistent.

FUNDASEVI's Main Activities and Achievements - May 2023 to March 2024

During 2023, FUNDASEVI organised various humanitarian trips to different communities within the territory of Panama where families live in extreme poverty. Some of these families walked a minimum of 2 hours to receive humanitarian aid.

The help was delivered in the form of food, clothing and footwear. (see Annex A)

FUNDASEVI also delivered its first academic sponsorship for a young adult with excellent academic grades aspiring to enter the Police Academy but lacking financial resources to buy the essential clothing and footwear required to access the academy (see Annex B)

Since May 2023 FUNDASEVI helped:

- 53 families with bags of food
- 100 children with clothing and footwear
- 1 young adult with supplies to be admitted to professional education

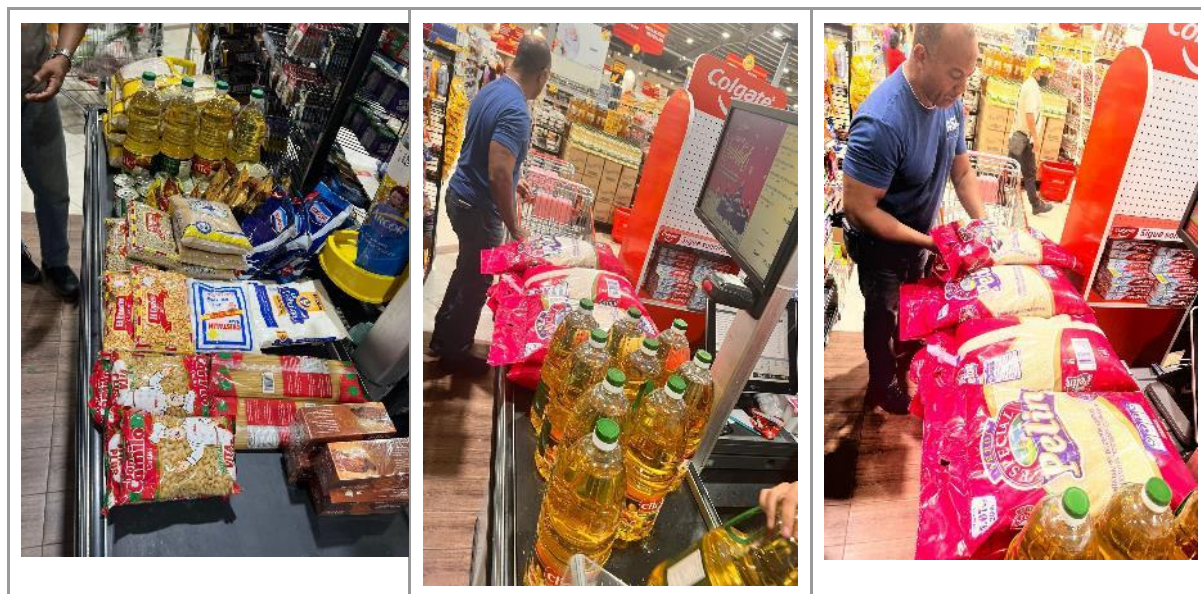
In March 2024 FUNDASEVI initiated 2 new projects that will provide more permanent solution (details in Annex C & D) and that are focused on helping students living in underprivileged conditions as follows:

- The Academic Scholarships 2024
16 students living in underprivileged are benefited with the academic scholarships. These scholarships will cover school essentials and a monthly bag of food during the school term.
- The Student Starter Packs Program
75 children benefited from a one-off delivery of school supplies that allowed them to commence school in time.

ANNEX

A - FUNDASEVI 2023 - 2024 HUMANITARIAN AID TRIPS

Volunteers from JEIVI- FUNDASEVI delivered food, clothing and footwear to various communities in the Republic of Panama, mainly populated by indigenous and farmers living in underprivileged conditions.







B - ACADEMIC SPONSORSHIP



This is Valentin De León, the first young adult whose access to professional education has been sponsored by FUNDASEVI.

Valentin finished high school with excellent grades but due to financial restraints of his family he was not able to acquire the basic clothing and footwear required to initiate a career as a Police Officer.

Members of JEIVI-FUNDASEVI delivered clothing and footwear items.





C - ACADEMIC SCHOLARSHIPS 2024

PROJECT I ACADEMIC SCHOLARSHIPS 2024 ACADEMIC YEAR 2024

Purpose

The Academic Scholarships 2024 Project seeks to create an ongoing platform of collaboration to financially assist children and young people living in conditions of vulnerability to have access to education and opportunities to overcome their financial struggles

Goal

The Academic Scholarships 2024 Project will deliver financial help and food basics to children and young people living in impoverished conditions.
The financial aid will allow the beneficiaries of the scholarships to obtain school supplies to access, remain and take advantage of the academic year.
The scholarship will also support them with food basics which has been identified as a key issue within the households of the beneficiaries giving up on their studies

Project Term

March to December 2024

Target Population

16 children and young adults from the ages of 6 to 21 years

Project Budget

Total USD 7.200.00

Project Plan

The funds will be released to the beneficiaries of the scholarships in 2 phases:

Phase I: March 2024

Total amount: USD 2.400.00

Funds will cover USD 150 per beneficiary worth in school supplies, footwear and clothing and a family food bag

Phase II: April to December 2024

Total amount: USD 4.800.00

Funds will be delivered in the form of family food basket and any required school supplies with a total value of USD 30 per beneficiary/ per month

C.1. DELIVERY OF THE ACADEMIC SCHOLARSHIPS 2024

FUNDASEVI delivered 16 scholarships that will benefit children and young adults living in conditions of vulnerability. These scholarships will cover school essentials and a monthly bag of food during the school term.





D - STUDENT STARTER PACKS FOR ACADEMIC YEAR 2024

PROJECT II STUDENT STARTER PACK ACADEMIC YEAR 2024 JEIVI - FUNDASEVI

Purpose

The Student Starter Pack 2024 Project will assist children and young people living in impoverished conditions to count with the basic school supplies required by public schools for to initiate the academic year and that in their absence students cannot commence school

Goal

The Student Starter Pack 2024 Project will deliver school supplies to to 75 children and young people living in impoverished conditions. The packs will contain the minimum tools required by public schools to be able to commence the academic year

Project Term

One time assistance at the beginning of the academic year

Target Population

75 children and adolescents between the ages of 6 to 17 years

Project Budget

USD 1.500.00

Project Plan

The Student Starter Pack will contain school supplies with a total value of USD 30.
The pack will be provided to the beneficiaries at the beginning of the academic year 2024

DELIVERY OF STUDENT STARTER PACKS 2024

FUNDASEVI delivered 75 student starter packs to benefit children living in impoverished areas.



Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £24,322, which was allocated to the General fund (£658), support for MySmallHelp Nepal (£9,626), Marybert School Nepal (£616) and funds for Fundasevi Panama (£13,422).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £48,279 an increase of £16,196 compared to the previous year. These amounts included donations of £18,194 to MySmallHelp Nepal, £7,450 to Marybert School Nepal and £22,412 for Fundasevi Panama. The General Fund recorded an income of £223. Contributions received by the charity are allocated to the General Fund when a donor does not dedicate the donation to a particular purpose.

Reflecting the charity's success in raising funds this year and in previous years, donations of £15,279 were made to MySmallHelp Nepal, £6,834 to Marybert School Nepal and £12,990 to Fundasevi Panama.

Operational costs for the year were £419, including accounting costs of £183 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 27 September 2024

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2023 to 31 March 2024**

£	General Fund	MSH Nepal	Marybert School Nepal	Fundasevi Panama	Total	Previous year
<u>Unrestricted receipts:</u>						
Donations	100				100	193
Bank interest	123				123	13
Total unrestricted receipts	223	0	0	0	223	206
<u>Restricted receipts:</u>						
Sponsorship		15,486		22,412	37,898	23,980
Projects in Nepal		1,514	5,200		6,714	5,323
Gift Aid credit from HMRC		1,194	2,250		3,444	2,574
Total restricted receipts	0	18,194	7,450	22,412	48,056	31,877
Total receipts	223	18,194	7,450	22,412	48,279	32,083
<u>Costs:</u>						
Just Giving fees	-216				-216	-216
Bank charges	0				0	-35
Website and software costs	-20				-20	0
Accountancy fees	-183				-183	-156
Total costs	-419	0	0	0	-419	-407
<u>Payments:</u>						
MSH Nepal		-15,279			-15,279	-31,699
Marybert School			-6,834		-6,834	0
Fundasevi Panama		0		-12,990	-12,990	0
Total payments	0	-15,279	-6,834	-12,990	-35,103	-31,699
Total outflows	-419	-15,279	-6,834	-12,990	-35,522	-32,076
Net inflow/(outflow) of funds	-196	2,915	616	9,422	12,757	7
Opening bank balance	£854	£6,711	£0	£4,000	£11,565	£11,558
Closing bank balance	£658	£9,626	£616	£13,422	£24,322	£11,565

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

27 September 2024



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
My Small Help

On accounts for the year
ended

31 March 2024

Charity no
(if any)

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

27/09/2024

Name:

Karen Swash

Relevant professional
qualification(s) or body
(if any):

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.