

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2023
UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address during the year was:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed. Deborah Priestley was appointed as an additional Trustee on 16 March 2023, recognising her valuable contribution as a committed volunteer for the charity.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2022 to 31 March 2023 funds were only sent to MySmallHelp Nepal, a separate legal entity from MySmallHelp in the UK, which is independent and has its own local governance and control structures.

During the year an opportunity to support the work of Fundasevi charity in Panama was identified. Fundasevi undertakes some excellent work assisting under-privileged families in Panama. No funds were sent during the financial year, although a donation of £4,000 was received for this cause.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The main focus of activity during this period was to find sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school.

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance





D1 MySmallHelp Nepal





Child Educational Sponsorship Project



Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 25 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 25 children, 19 of them are girls and 6 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

| GIRLS (9) | |
|---|--|
|  | <p><u>Hanna</u></p> <p>Educational Support Year: Since 2007</p> <p>Hanna has recently completed her 3 years Bachelor's in Theology, Karala, India and returned back to Nepal. She is currently teaching at Marybert School for Grade 1 to 6. She is also taking Dance Class. MySmallHelp has been supporting for her dance class and also helping her in her accommodation.</p> |
|  | <p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita is in 3rd year of her Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.</p> |
| BOYS (3) | |

| | |
|---|---|
|  | <p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan has completed his 4th and final year of Bachelor's in Business Studies. He is still waiting for the result.</p> |
|  | <p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon has completed his 2 years Intermediate is Commerce in Grade Academy. He is currently studying Japanese Language to study and work in Japan. He is also taking computer class for small kids at Marybert School.</p> |
|  | <p><u>Smriti</u></p> <p>Educational Support Year: Since 2015</p> <p>Smriti has completed her Intermediate in Commerce which is of 2 years and now waiting for the result.</p> |
|  | <p><u>Rasna</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna is in 2nd and final year of her Intermediate in Science. It is a 2 years course.</p> |

| | |
|---|---|
|  | <p><u>Sarita Magar</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p> |
|  | <p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rasna is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p> |
|  | <p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p> |
|  | <p><u>Nabina</u></p> <p>Educational Support Year: Since 2011</p> <p>Nabina has completed her 10th Grade – SEE and now joined 3 years Diploma in Civil Engineering Course.</p> |

| | |
|---|---|
|  | <p><u>Dipika</u></p> <p>Educational Support Year: Since 2014</p> <p>Dipika has completed her 10th Grade – SEE this year. She is now waiting for the result.</p> |
|  | <p><u>Manish</u></p> <p>Educational Support Year: Since 2019</p> <p>Manish has completed his 10th Grade – SEE this year. He is now waiting for the result.</p> |

List of children with pictures



Rojan Shakya



Hanna Nepali



Sushmita Sundas



Susma Sundas



Simon Rai



Shristi Rai



Rasana Gosain



Nabina Balami



Sarita Magar



Rebika Rai



Manish Shrestha



Dipika Karki



Utri Moktan



Aliza Magar



Manita Chepang



Shristi Chepang



Manisha Rawat



Rajina Rawat

| List of Children with School/University | | | |
|---|-----------------|--|-----------------------------|
| No. | Student Name | Education | School/ University |
| 1 | Rojan Shakya | Bachelor in Business Studies - completed | Grand Academy |
| 2 | Rasna Gosain | Intermediate in Science | Sooryodaya Secondary School |
| 3 | Nabina Balami | Grade 10 | Souvenir School |
| 4 | Dipika Karki | Grade 9 | Hotland School |
| 5 | Smriti Rai | Intermediate in Commerce | New Ceres School |
| 6 | Simmon Rai | +2 Commerce | Grand Academy |
| 7 | Sushma Sundas | Intermediate in Humanities | Kavre Multiple Campus |
| 8 | Sushmita Sundas | Bachelor in Humanities | Sanjibani Campus |
| 9 | Sarita Magar | Intermediate in Commerce | Nepal Adarsha Sec. School |
| 10 | Bardan Thago | Grade 6 | Baba Batika School |
| 11 | Manish Shrestha | Grade 8 | Baba Batika School |
| 12 | Manisha Rawat | Grade 5 | Phulchoki Sec. School |
| 13 | Rajina Rawat | Grade 10 | Phulchoki Sec. School |
| 14 | Rebika Rai | Intermediate in Science | Pravat School |
| 15 | Anjana Tamang | Grade 10 | Baba Batika School |
| 16 | Utri Moktan | Grade 8 | Pravat School |
| 17 | Aliza Magar | Grade 7 | Pravat School |
| 18 | Manita Chepang | Grade 7 | Pravat School |
| 19 | Shristi Chepang | Grade 6 | Pravat School |

Success Stories

Anita working as an Project Development Officer after completing her studies.



Anita has been with us since 2007. She was the first child that My Small Help supported. She was in Grade 6 when My Small Help started supporting. She completed her Master's Degree in Social Work from Ganpat University, Gujarat, India. Currently she is working as Project Development Officer in an NGO.

Bipana working as an Optometrist in India after completing her studies.



Bipana has been with us since 2011. Bipana completed her Bachelor's Degree in Optometry from Christian University, Bangalore, India. Currently working as an Optometrist in India.

Completing the semi-finished school building in rural part of Nepal

Shree Jay Durga Dalit Basic School is located around 160km from Kathmandu near a city called Birjung. The nearby community around the school is home to eighty families with over 100 children coming to study from different places. Families living in the community are mostly so-called Dalits (untouchables) or other neglected communities. Their livelihood is dependent on agriculture and livestock, a lifestyle that has been passed down the generations.

The aim of MSH's project in Birjung is to improve a government school that wasn't properly finished when initially constructed. This left a school in a poor state that was barely adequate for even basic education. The school lacks wall boundary, toilet and water resources.

MySmallHelp, Nepal successfully completed the semi-finished school building in rural part of Nepal. 1 storied building has 2 large classroom which can accommodate 30 children in each class. The building was half completed with brick walls and pillars. It needed covering the roof, plastering the walls, putting up doors and windows, electricity and finally painting the building. MySmallHelp, UK and Australia helped in raising funds to complete the building.

School Name: Shree Jaya Durga Dalit Basic School
Address: Mortol, Nechuta, Parsa, Nepal

These are the achievement made for the school

1. Covering the building roof
2. Plastering walls
3. Fitting doors and windows
4. Painting
5. Maintaining the classroom floors
6. Electric Wiring



Before



After



Matt from Australia and Becca from UK visited the site

Distribution of Educase school bags

MySmallHelp, Nepal distributed over 60 Educase bags to all the children studying at the school. The distributed bags are convertible to table to study and carry books which is very handy mostly in the rural parts where they lack table and chairs to study. The team member demonstrated the process of using bags.



Christmas treat for the children living at the Marybert children homes

My Small Help has been an integral part of Marybert School and Homes. Marybert children home has adopted 10 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education.

MySmallHelp, Nepal celebrates Christmas with the children living at Marybert Children Homes each year. This year too, MSH Nepal celebrated children by providing gifts, cutting cakes with music and dance. There are all together 12 children (11 girls and 1 boy) living at the homes.

Each children got warm jacket, sports shoes along with school black shoes for 6 children, White shoes for 4 children and much needed school stationaries.

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert. We would like to thank Rushcliffe Care and High Grange School for their kind donation.



Marybert School – Toilet Renovation Project Project

MySmallHelp helped to renovate of toilet block and its area for Marybert school. There are 1 washing room, 2 toilet blocks for girls, and 1 large one with commod for boys. The condition of the block was very bad which needed renovation. We helped to in renovating all the toilet block with 4 water basins for washing.

We also renovated kitchen with tiling for Marybert Children home and the play area for the school.



Before



After



Before



After



Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £11,565, which was allocated to the General fund (£854), support for MySmallHelp Nepal (£6,711), and funds for Fundasevi Panama (£4,000).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £32,083 an increase of £2,378 compared to the previous year. These amounts included an initial donation for Fundasevi Panama of £4,000, donations for school construction in Nepal of £3,772 and contributions to the general fund of the charity of £193. Contributions received by the charity are allocated to the general fund when a donor does not dedicate the donation to a particular fund.

Reflecting the charity's success in raising funds this year and in previous years, donations of £31,699 were made to MySmallHelp Nepal. Operational costs for the year were £407, including accounting costs of £156 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 13 July 2023

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2022 to 31 March 2023**

| £ | General Fund | MSH Nepal | Construction projects in Nepal | Fundasevi Panama | Total | Previous year |
|-------------------------------|--------------|-----------|--------------------------------|------------------|----------|---------------|
| <u>Unrestricted receipts:</u> | | | | | | |
| Donations | 193 | | | | 193 | 541 |
| Bank interest | 13 | | | | 13 | 2 |
| Total unrestricted receipts | 206 | 0 | 0 | 0 | 206 | 543 |
| <u>Restricted receipts:</u> | | | | | | |
| Sponsorship | | 19,980 | | 4,000 | 23,980 | 24,267 |
| Projects in Nepal | | 1,551 | 3,772 | | 5,323 | 1,559 |
| Nepal covid appeal | | 0 | | | 0 | 2,135 |
| Gift Aid credit from HMRC | | 2,574 | | | 2,574 | 1,201 |
| Total restricted receipts | 0 | 24,105 | 3,772 | 4,000 | 31,877 | 29,162 |
| Total receipts | 206 | 24,105 | 3,772 | 4,000 | 32,083 | 29,705 |
| <u>Costs:</u> | | | | | | |
| Just Giving fees | (216) | | | | (216) | (216) |
| Bank charges | (35) | | | | (35) | 0 |
| Website and software costs | 0 | | | | 0 | (356) |
| Accountancy fees | (156) | | | | (156) | (159) |
| Total costs | (407) | 0 | 0 | 0 | (407) | (731) |
| <u>Payments:</u> | | | | | | |
| MSH Nepal | | (26,681) | (4,988) | | (31,669) | (38,135) |
| Nepal covid appeal | | 0 | | | 0 | (2,135) |
| Total payments | 0 | (26,681) | (4,988) | 0 | (31,669) | (40,270) |
| Total outflows | (407) | (26,681) | (4,988) | 0 | (32,076) | (41,001) |
| Net inflow/(outflow) of funds | (201) | (2,576) | (1,216) | 4,000 | 7 | (11,296) |
| Opening bank balance | £1,055 | £9,287 | £1,216 | £0 | £11,558 | £22,854 |
| Closing bank balance | £854 | £6,711 | £0 | £4,000 | £11,565 | £11,558 |

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

13 July 2023



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
My Small Help

On accounts for the year
ended

31 March 2023

Charity no
(if any)

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

13/07/2023

Name:

Karen Swash

Relevant professional
qualification(s) or body
(if any):

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.