

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2022
UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address changed during the year to:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2021 to 31 March 2022 funds were mainly sent to MySmallHelp Nepal, a separate legal entity from MySmallHelp in the UK, which is independent and has its own local governance and control structures. An additional donation was made to the Nepal Government's National Disaster Management Trust relating to a Covid emergency appeal.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

During the year the Trustees decided that the charity should concentrate on collecting funds for projects in Nepal.

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The main focus of activity during this period was to find sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school.

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance





D1 MySmallHelp Nepal





Child Educational Sponsorship Project





Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 25 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 25 children, 19 of them are girls and 6 are boys.



Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Anita</u></p> <p>Educational Support Year : Since 2007</p> <p>Anita has successfully completed her Masters' Degree in Social Work from Ganpat University, India with 3.45 GPA on . It was a 2 years course with 4 semesters.</p>
	<p><u>Bipana</u></p> <p>Educational Support Year : Since 2011</p> <p>Bipana has completed her 4 year Bachelor's Degree in Optometry in Christian College in Bangalore, India which includes a year internship. She has started working in a hospital in Bengaluru, India.</p>

	<p><u>Hanna</u></p> <p>Educational Support Year: Since 2007</p> <p>Hanna has recently completed her 3 years Bachelor's in Theology, Karala, India and returned back to Nepal. She is currently teaching at Marybert School for Grade 1 to 6.</p>
	<p><u>Sarmila</u></p> <p>Educational Support Year: Since 2007</p> <p>Sarmila, after completing her Higher Secondary Education in 2017, she learn Germany language A1, A2 and B1 course. She was also working as an Accountant in Finance Institute while learning the language. She has finally left to Germany on 21st Dec 2021 on Aupair. She is very happy and thankful for the opportunity.</p>
	<p><u>Rozy</u></p> <p>Educational Support Year: Since 2007</p> <p>Rozy, after completing her Higher Secondary Education in 2017, she received Barista Training and also learned cooking. She then worked in various restaurant as a Server and cook. With her talent, she got an opportunity to work in 5 start hotel, Annapurna.</p> <p>Because of Covid 19, she was left out of job. She then got an opportunity to work in Dubai in Alici restaurant.</p>
	<p><u>Kalpana</u></p> <p>Educational Support Year: Since 2007</p> <p>Kalpana is in 3rd year of Bachelor's in Business Studies. It is a 4 years course. She is also working as a Teacher in Marybert School during day.</p>

	<p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita has completed her Higher Secondary Level which is of 2 years course. She has now joined Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.</p>
	<p><u>Alisha</u></p> <p>Educational Support Year: Since 2007</p> <p>Alisha has completed her 2 years Higher Secondary Education in Humanities (Arts) and currently doing Bachelor's in Humanities which is of 4 years. She is also working as a popcorn seller in a store.</p>
BOYS (3)	
	<p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan has completed his 4th and final year of Bachelor's in Business Studies. He is currently busy taking extra computer class and IELTS class for abroad studies.</p>
	<p><u>Ashok</u></p> <p>Educational Support Year: Since 2007</p> <p>Ashok has completed his 4th and final year of Bachelor's in Business Studies. He is now looking for further career ahead.</p>

	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon is in 2nd and final year of Intermediate is Commerce in Grade Academy. He will be attending final exam in few month's time and in the future he is planning to be a Soldier.</p>
	<p><u>Smriti</u></p> <p>Educational Support Year: Since 2015</p> <p>Smriti has completed her 10th Grade – SEE in 3.70 GPA. She has now joined Intermediate is Commerce. It is a 2 years course.</p>
	<p><u>Rasna</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna has completed her 10th Grade – SEE in 3.40 GPA. She has now joined Intermediate is Science. It is a 2 years course.</p>
	<p><u>Sarita Magar</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna has completed her 10th Grade – SEE. She has now joined Intermediate is Humanities (Arts). It is a 2 years course.</p>

	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rasna has completed her 10th Grade – SEE. She has now joined Intermediate is Science. It is a 2 years course.</p>
	<p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma has completed her 10th Grade – SEE. She has now joined Intermediate is Humanities. It is a 2 years course.</p>

List of children with pictures

								
Anita Gurung	Kalpana BK	Bipana Thapa	Rojan Shakya	Ashok Lama	Sarmila Sunwar	Rozy Tamang	Hannah Nepali	Anjali T. Magar
								
Dipika Karki	Shristi Rai	Sushmita Sundas	Bardan Thago	Manish Shrestha	Manisha Rawat	Rajina Rawat	Simon Rai	Susma Sundas
								
Rebika Rai	Binisha Magar	Sarita Magar	Sophiya Timilsina	Resna Gosain	Nabina Balami	Jesika KC	Suprim Thapa	

List of Children with School/University			
No.	Student Name	Education	School/ University
1	Anita Gurung	Master in Social Work (BSW) - completed	Ganpat University
2	Bipana Thapa	Bachelor in Optometry - completed	Christian College
3	Kalpana Bi.Ka	Bachelor in Business Studies	Grand Academy
4	Rojan Shakya	Bachelor in Business Studies - completed	Grand Academy
5	Ashok Tamang	Bachelor in Business Studies - completed	Grand Academy
6	Rozy Tamang	+2 Commerce - completed	Arunima College
7	Sharmila Sunuwar	+2 Commerce - completed	KIST college
8	Alisha Thapa Magar	Bachelor in Humanities	Nirvana college
9	Rasna Gosain	Intermediate in Science	Sooryodaya Secondary School
10	Nabina Balami	Grade 10	Souvenir School
11	Dipika Karki	Grade 9	Hotland School
12	Smriti Rai	Intermediate in Commerce	New Ceres School
13	Simmon Rai	+2 Commerce	Grand Academy
14	Sushma Sundas	Intermediate in Humanities	Kavre Multiple Campus
15	Sushmita Sundas	Bachelor in Humanities	Sanjibani Campus
16	Sophiya Timilsina	Grade 6	Garima Boarding school
17	Sarita Magar	Intermediate in Commerce	Nepal Adarsha Sec. School
18	Jessica KC	Grade 5	Garima Boarding school
19	Suprim Thapa	Grade 3	Motherland School
20	Binisha Magar	Grade 10	Shree Kanya Secondary school
21	Bardan Thago	Grade 6	Baba Batika School
22	Manish Shrestha	Grade 8	Baba Batika School
23	Manisha Rawat	Grade 5	Phulchoki Sec. School
24	Rajina Rawat	Grade 10	Phulchoki Sec. School
25	Rebika Rai	Intermediate in Science	Pravat School

Success Stories

Anita Completed Her Master's Degree in Social Work



Anita has been with us since 2007. She was the first child that My Small Help supported. She was in Grade 6 when My Small Help started supporting. Now, she is in Masters. Because of Covid 19 Anita was forced to return back to Nepal from Gujarat, India where she was studying Master's Degree in Social Work from Ganpat University. Through online she took 2nd year of her Master's Degree. She has now successfully completed her Degree with very good grade. She is now looking for the possible opportunities.

Bipana completed her Bachelor's Degree in Optometry



Bipana has been with us since 2011. She completed her Higher Secondary Education in Science in 2017. On November 2017, she left for India to study Bachelor's Degree in Optometry. After 4 years of her studies, she has successfully completed her Degree. She is now working as an Optometrist in rural part of India.

Sarmila left for Germany under Au-pair



Sarmila has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. She was then given an opportunity to learn German Language. Along with language, she also worked as an accountant / Cashier in a small finance company. She completed A1, A2 and B1 course. After much hard work and dedication she got an opportunity to travel to Germany on Dec 2021 under Au-pair. She is now working as Online Data Posting. She is doing good and happy with her achievement.

Rozy left for Dubai as a cook



Rozy has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. Then she did Barista and cooking Training. After working as a cook, bartender for number of years, she got an opportunity to work in Nepal's 5 star hotel as a cook. After covid 19, she got an opportunity to work in Alici Restaurant in Dubai.

Hanna Completed Her Bachelor's Degree in Theology



Hanna has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. She left to Karala, India on May 2018 to study 3 years course Bachelor's Degree in Theology. She has now successfully completed her Degree. Currently she is working as a grade teacher in Marybert School. She was raised at Marybert Homes.

Shreebe's Hearing loss

My Small Help, Nepal did a small fundraising campaign to support a 5 years old girl Shreebe who has a bilateral profound hearing loss since birth. We were able to raise £89 which is equivalent to around Nepali Rupee 15000. My Small Help visited her house and handed the cheque to her parents. This amount will help her do some support in her operation. She is now successfully operated with first internal implant.



My Small Help celebrated Pre-Dashain Festival with Marybert Homes Children

My Small Help has been an integral part of Marybert School and Homes. Marybert has adopted 16 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education. During Nepal's biggest festival Dashain, My Small Help gave a special festival treat to the children of Marybert.



Marybert Children Celebrating Christmas

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert to celebrate Christmas and also helping with their clothing and daily needs.



Marybert Children Received Washing Machine

With the funding from Aaron and Charlotte on Just Giving for Christmas, Marybert Home children received Washing Machine. Now children no longer need to wash their clothes by hand anymore.



Marybert Home water problem fixed

Children at Marybert Home, often faced water crisis and government couldn't source water so Marybert used to buy water which was costly. My Small Help, managed to fix water crisis by filtering the well water for washing and drinking. This has reduced the cost of Marybert drastically.



Shree Jay Durge Dalit Basic School completion

During the year a donation was made to MySmallHelp Nepal to begin completing a partially built government school in the Terai region.

Location: Nichuta, Birgunj, Nepal
Village: Paterwa village

Shree Jay Durge Dalit Basic School is located around 160km from Kathmandu near a city called Birjung. The nearby community around the school is home to eighty families with over 100 children coming to study from different places. Families living in the community are mostly so-called Dalits (untouchables) or other neglected communities. Their livelihood is dependent on agriculture and livestock, a lifestyle that has been passed down the generations.

The aim of MSH's project in Birjung is to improve a government school that wasn't properly finished when initially constructed. This left a school in a poor state that was barely adequate for even basic education. The school lacks wall boundary, toilet and water resources.

We want to achieve SEVEN things for these children:

1. Covering the building roof
2. Plastering walls
3. Fitting doors and windows
4. Painting
5. Maintaining the classroom floors

- 6. Electric Wiring
- 7. Toilet facilities

The initial donation enabled MySmallHelp Nepal to start the project by completing the roof and improving the plastering in the school. The aim is to raise further funds in the current financial year to complete the project.

Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of the beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £11,558, which was allocated to the General fund (£1,055), support for MySmallHelp Nepal (£9,287), and funds for future construction projects in Nepal (£1,216).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £29,705 an increase of £3,446 compared to the previous year. These amounts included contributions to the general fund of the charity of £541. Contributions received by the charity are allocated to the general fund when a donor does not dedicate the donation to a particular fund.

Reflecting the charity's success in raising funds this year and in previous years, donations of £38,135 were made to MySmallHelp Nepal, including £6,590 in relation to the school refurbishment project. Operational costs for the year were £731, including website and software costs of £356 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 27 May 2022

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2021 to 31 March 2022**

£	General Fund	MSH Nepal	Construction projects in Nepal	Total	Previous year
Unrestricted receipts:					
Donations	541			541	364
Bank interest	2			2	4
Total unrestricted receipts	543	0	0	543	368
Restricted receipts:					
Sponsorship in Nepal		24,267		24,267	19,929
Projects in Nepal		1,559		1,559	3,435
Nepal covid appeal		2,135		2,135	0
Gift Aid credit from HMRC		1,201		1,201	2,527
Total restricted receipts	0	29,162	0	29,162	25,891
Total receipts	543	29,162	0	29,705	26,259
Costs:					
Just Giving fees	(216)			(216)	(216)
Website and software costs	(356)			(356)	(21)
Accountancy fees	(159)			(159)	(120)
Total costs	(731)	0	0	(731)	(357)
Payments:					
MSH Nepal		(31,545)	(6,590)	(38,135)	(16,325)
Nepal covid appeal		(2,135)		(2,135)	0
Total payments	0	(33,680)	(6,590)	(40,270)	(16,325)
Total outflows	(731)	(33,680)	(6,590)	(41,001)	(16,682)
Net inflow/(outflow) of funds	(188)	(4,518)	(6,590)	(11,296)	9,577
Opening bank balance	1,243	13,805	7,806	22,854	13,277
Closing bank balance	1,055	9,287	1,216	11,558	22,854

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

27 May 2022



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
My Small Help

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

26/05/2022

Name:

Karen Swash

Relevant professional
qualification(s) or body
(if any):

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.